

INSPIRATIONS

insights on human evolution & transformation



Roy Posner

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Second Edition

Last Updated: 10/2/2015 6:36 PM

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2015

(includes commentary on others' remarks)

INTRODUCTION

GrowthOnline.org founder Roy Posner presents thousands of his thoughts on personal, spiritual, and society's evolution and transformation; the inner workings of life; and the nature of the Reality, including a theory of Creation. Influenced by the Indian sage and seer Sri Aurobindo, as well as the Mother, and Sri Karmayogi, Roy offers startlingly new insights into the human condition, and the emergence of a new consciousness and way of living for individuals and society. The entries cover the period 2012-15.

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2012 ENTRIES

Consciousness of Perceiver Determines the Possibilities and Potentials of the Perceived

Spiritual Knowledge and Quantum Physics are beginning to arrive at the same astonishing conclusion: whenever greater consciousness is brought to bear by the perceiver, the more Possibilities and Potentials arise for that which is perceived.

Requirements for Seeing Mother

To see the Mother visually within or outside ourselves requires a great aspiration; a great intensity; and an inner silence.

God Has Extended Itself into Creation

God has taken on all new forms of Itself in Creation: as Matter, Life, Mind, and Beyond.

Problems of the World and Ego

Most of the problems of the world are due to the separative influence of the human Ego. (Thus all such issues can be resolved through expressions of their opposite, which is Harmony.)

Following Life's Movements Forward

Life keeps moving Forward. It has its Evolutionary Intention. We must learn to keep up with it, understand it, embrace it, let it carry us forward into an ever-more Extraordinary Future.

Asserting Our Part Knowledge Rooted in Ignorance

We enjoy and assert our very partial knowledge of a matter, which is the Ignorance of our exclusive mind.

Power of Personal Values

Perhaps the single key that can energize you to the heights of achievement are your Personal Values. They are the ideals and principles you truly believe in. If you apply personal values to the goals you aim to achieve, you will be securely placed on the road to great success.

Resolving Divisive Issues in Society through Supramental Power into a Higher Harmony

When divisive societal issues arise, the human mind wants to take hard sides. And though the truth may lie more on one side than the other, even the "right" side will be blocking its outlook by not perceiving the truths of the other. Sri Aurobindo says the Mind is exclusive, knowing the part, avoiding the Whole. However, Supermind, Truth Consciousness embraces the Whole, the multiplicities of truths and the essence, which is beyond both sides. It also has a peculiar and astonishing power inbuilt in it that tends to spontaneously manifest that Resolution Truth as a Living Reality in the world. Thus, one who rises above exclusive Mind to integrally-intuitive Supermind and perceives issues this way becomes the instantaneous creator of the Resolution of the contradiction of the two sides into the Higher Harmony, which also suddenly and spontaneously manifest as real entity -- policy, program, institution, etc. -- in

the world. It is the ultimate Process of Creation available to us that is the same Process that evolved a universe from a Divine Source. It all begins by Taking the Other Person's Point of View.

AW: Eventually the solution is in complete transcendence of "any two sides."

Comment: Yes, it's the Higher Harmony beyond opposites.

Staggering Results by Overcoming Repetition through the Mother's Force

Life repeats, and we have to avoid the negative repetition. It is happening in the small eddies of our recent lives; and across the span of our entire life. If we see the negative repetition pattern (as in the case of the photographs taken by one individual of great spiritual individuals who then each died), and consecrate the fact, staggering positive developments can be unleashed. E.g., recently I called Mother into a situation where in my annual lunches with a friend he was always late. As a result, for the first time in 30 years, he was early and I was slightly late (which I rarely am). Also, he then narrated recent events that have resulted in the altering of the course of his life that could send him to a new career expressing his deepest aspirations in life. That is the Life response power of evoking Her into negative repeating conditions for ourselves and others.

Mother Responds to Devotees Highest Aspiration

Often, the Mother responded not to the expressed prayer but to the highest aspiration of the devotee, which was unspoken, and, perhaps, a wish the follower was not even fully aware of.

An Example: 35 years ago, I came to the East West Center in Los Angeles -- founded by a devotee who was missioned by the Mother to open Their teachings to America -- looking to continue my connection to Sri Aurobindo and the Mother at a philosophical and spiritual level. Instead I met someone there who connected me to Garry's company nearby which ushered me into a career where I was able to apply Their and Karmayogi's teachings into the details of my work life. It is an example of where I prayed for one thing, but instead the Mother responded and provided an answer to my highest Aspiration, which was secretly to meld the realm of Spirit to Work, which I have done ever since.

Lower Ego, Not Self-Givingness and Harmony Dominate Our Day

A large part of what we do in the course of the day placates our lower Ego. Ordinarily only small bits are done through self-givingness and harmonic consciousness.

The Mother Indicates Silence in a Dream

Last night I dreamt that I was sleeping, then awoke, and saw the Mother sitting on the edge of my bed gazing out silently without looking at me or saying a word. I understood it was her instruction to remain still in verbal expression, in thought, and in emotion, which would establish the conditions for things to work out best.

Guaranteed Pathway to Success through Spirit and Right Consciousness

Rather than merely asking for an important result through the Spirit, take to the Right Consciousness that will attract such outcomes. It will be different for each person in each circumstance. Knowing what that is -- whether right attitude, belief, decision, etc. -- and then acting on it is a guaranteed Pathway to Success.

Our Unique Experience on Earth that Enables a Richer, More Integral Evolution

The Divine enabled a universe of infinite variety and multiplicity of forms so each could have a unique experience, thereby progressing in a particular way and leading to a richer, more integral evolution on earth, while still knowing the Delight of being in that Discovery in an inimitable, dynamic way.

Silence at Various Planes Regarding a Matter Attracts Its Integral Fulfillment

Withholding verbal expression, mental thought, vital feeling, and physical action in relationship to a matter - such as an opportunity presenting itself, or the undertaking of project, - will raise the Consciousness and therefore the Energy related to it, which will attract its Integral Fulfillment.

Focusing Your Interest on Something Quickly Attracts More of It

As you develop the subtle sense, you will notice that the more you focus your interest on a matter - e.g. on a particular song, an artist, a program, an idea or concept - the more of it you will quickly attract from out of nowhere. This is so common a phenomenon that one might consider it the first indicator of a subtly conscious and aware individual.

Deeper Poise Avoids Judging, Perceives the True Truth

Q: How can we avoid judging things, especially through what we perceive through our Senses?

A: Move to a deeper center within yourself. Then you will be less inclined to judge by what your eyes see; more inclined to observe, consider the situation; more willing to wait until you come to a many-sided understanding, enabling you to arrive at the truer Truth of things.

Constant Error of Judgment of Sense Mind

We are constantly making errors in judgment based on the sense information we perceive, especially what we see. E.g., I gaze over to my friend, and notice she is eating a sandwich I just brought her from the store. I also notice an empty bowl next to her, and conclude that she had already eaten just a few minutes before. I then exclaim, "You have had two dinners!" She replies this is not true at all. It is obvious I have misjudged the situation. We do this countless times; by my estimation at least several dozen per week. It's the error-prone tendency of the surface, Sense Mind, which allows little scope to logically grasp the situation. As a result, our judgment is constantly faulty in small and large matters.

Overcoming the Struggles of Life through the Supramental Power

Normal life is struggle. It is the way of Nature (called Prakriti in Sanskrit). But opening to and benefitting from the spiritual Force overcomes struggle; as well as past and future karmas; as well as space-time limits, the limits of the finite before us, limits of understanding and knowledge, limits of power, etc.

Opening to this supramental power, the Divine Mother overcomes all of these, as life's struggles fall by the wayside.

The only "struggle" is the degree to which we make the effort to substitute "That" for our own ego selves. The more we do, the more our limited self evolves into Self - Individual, Universal, and Transcendent - causing us to live a very different sort of existence; far beyond the normal life of travail, stress, and struggles.

The Higher Divine Maya Principle Where Each Thing Created is Related to the Whole

In one view of the notion of "Illusionism," individual separate objects are said to not exist, and the only thing real is the Whole from which they are part. When humans are attached to the individual object, they are said to under the delusion of illusion ("Maya" in Sanskrit). Sri Aurobindo calls this attachment to the separate objects the "Lower Maya."

But that is not the entire story, for he says that the separate objects indeed DO exist, but we miss the integral relationship of each part, thing to the Totality of which they are a part. He indicates that this "Higher Divine Maya" is in fact the very principle behind the process of creation of a universe from a divine source. As each object is created originally, the intention is for each thing to have an integral relationship with the whole of which it is a part, as well as all other aspects of the whole. In this way, life divides into parts, yet retains a profound relationship to the One; to the integral truth and harmony of being. This is in fact how the supramental truth consciousness develops the forces and forms of creation.

The problem is that we humans miss the whole as we look at each thing as a separate object divorced from the other items of which it is related, and the Whole of which it is a part. Fully "absorbed" in that limitation, we are lost in ignorance. But it is not an illusion; but rather a lack of Integral Knowledge.

Sri Aurobindo says however that when we rise to supramental Truth Consciousness, we see each thing, matter, person, idea, force, circumstance, etc. in relationship to the Whole, which gives us a true view of the Reality. It is to have the View of the Infinite Creator who devised and manifest a universe of infinitely diverse forms for the purpose of infinite Delight when they each discover their higher nature. As a result, our essential Ignorance born of creation falls by the wayside, and is replaced by Integral Knowledge of the Truth of existence.

Full Effort Plus Detaching from Problem Attracts Powerfully

I have seen this dynamic -- making the full effort along with withdrawing bother or concern in a particular area -- dozens of times in my work over the years. That full effort along with the forgetting of the bother solves problems (including that which bothered), attracts money, and (most enjoyably) opens up other unexpected types of new work/projects.

On Freedom

Freedom of all sorts is necessary to allow the full Play of Life; the full unfolding of all possibilities on the way from Unconsciousness to Consciousness in a myriad of formations.

Naturally, misuse, abuse of freedom is included at one end; with the other that people have little freedom to begin with, or don't subscribe to their ultimate freedom, including the ability to determine their own lives and discover their True Self within.

Connecting to the Mother, we widen the scope from the finite to Infinite Freedom: to accomplish, to do, to experience, to evolve, etc. -- but always on the self-existent (no dark shadow) Good side.

How One Can Spontaneously Apply the Right Spiritual Principle to Meet the Conditions of Life

How to *spontaneously* take to the right consciousness -- such as to inner silence or opening to the spiritual Force -- rather than having to remind ourselves, which is unreliable, is the issue at hand.

I believe these Silence and Right Reaction capacities *can* rise spontaneously from one's Being within. But that is the final leg of a journey of knowledge that has moved from the level of an idea (Conception) to an experience of it (Perception) to the spontaneous expression of the body to apply it (Realization).

Assuming we have the knowledge of the principle (Conception), it will be reinforced in our being through constant experience of it. Yet even there (at the level of experience/perception) one must also remind ourselves to apply the principle to meet the situation.

However, when these experiences become *continuous* and thus quite familiar, the principle in us moves to Realization, which is the spontaneous right action of the being (Silence, et al) to the conditions of life. In other words, we spontaneously apply the right principle, which leads to right action and outcomes.

Is there then a way to facilitate this process? I believe there is. It is to create an ongoing Inner Orientation and Poise in our lives. Living in the depths enables more of the spontaneous right reaction of the being in such situations. From the deepest parts, we are sensitive to what is happening around us and therefore can spontaneously apply the right principle to meet life, as in the case of taking to the right attitude, being silent, et al.

Yet to establish the deepest depths in the first place, it is best to engage in constant consecration. That helps establish over time a deeper poise within, and hence the capacity to spontaneously apply the right principle to the current conditions.

Also from these depths, the mind expands to have intuitions of the knowledge of things, which enables us to perceive what to do in any situation.

As a result, you now have the positive influences of the subliminal and soul being percolating from below, and intuitions of right knowledge and actions descending into the Mind from Above.

Hippies Avoided Revolution, and Brought Evolution Instead

Revolution was avoided in America and elsewhere in the 1960s and 70s because the Hippies arrived on the scene. Their creative and unusual ways absorbed the intense revolutionary energies that were fermenting in the world in opposition to reactionary forces. As a result, there was Evolution instead.

Life's Secret Method of Progress: Divine Maya, Real Idea

When there is progress in life, it is the result of Real Ideas manifesting through the power of Divine Maya.

Explanation: As Sri Aurobindo has identified it in 'The Life Divine,' Divine Maya is the power that divides things into an infinite multiplicity of forms and forces, while each retains a connection and unity to all others, the Whole.

In *Pride and Prejudice* we see how various circumstance are created that enabled a great progress for many individuals and aspects of society in the story. Yet the progress of each was dependent on the progress of each of the others they were related to, indicating the Divine Maya power that creates multiplicity of forms that are interrelated in their growth and ascent.

What was the progress to be created? It was determined by the Real Ideas of the Infinite Divine, such as the compulsion towards greater Harmony, Goodness, Truth, etc. in life, including variations and subsets of these, which is what occurred in the story. They all progressed, did so together, and in a multiplicity of ways that depended on their relations with one another.

Thus, we see how the consciousness-raising Real Ideas of the Infinite Divine seek to manifest in life, and do so through the dividing, yet integral relating Divine Maya power. This is the essential method of progress, evolution, and transformation in the cosmos.

[PS: This information could provide science and the world with more of the essentials of a "Theory of Everything," including how the universe came to be, its process of unfolding, where it is headed, etc.]

Humiliation and Evolution

The Mother indicates that the route to evolution and spiritual glory lies through humiliation. How can we take this?

Humiliation can come to an individual as a result of his Ego movements, but also NOT because of it. E.g. A nation can be conquered and he and his family may suffer. It may not be due to his ego alone, but to wider events of the collective, whether induced by a wider ego or a wider social incapacity (e.g. weakness, ignorance, backwardness, etc.). Then there are karmic forces. (Even in these wider and temporal realms, one can perceive a subtle relation to a limitation of the individual's being.)

Yet in normal and to some degree spiritual life Humiliation DOES touch the Ego as a RESULT. Whether it was evoked through the individual, collective ego, or some other limiting capacity, or past karmas, what comes as stings and pains the being -- i.e. Humiliation -- does touch the raw Vital Ego. And yet from that experience one LEARNS. From all of life's pains, whether self-induced or not, one Learns if one has a propensity to do so.

I also believe that Mother is not indicating that ALL progress occurs through humiliation, but those who do progress WILL go through Humiliation of various sorts. E.g. it has been interesting to me that those who truly know a thing -- whether a principle, insight, deep truth -- tend to experience the dark, hurtful, ego-piercing side of it. In this way, they are afforded to become integral masters of that Truth.

And yet even Humiliation (as a result) is not inevitable if one comes to the Supramental Truth Consciousness, opens to Her Force -- as progress there unfolds from Truth to Truth, and Self-existent (only positive) Real Manifestation to the Next. Plus one is in the Right Consciousness to receive whatever comes our way through that Power.

From Mental Fog to Knowledge through Consecration

Consecration removes "mental fog". When struggling to grasp a concept, taking a moment to call for the Divine results in a rapid and complete understanding of the issue and how it can be applied. The quality of the knowledge thus acquired has a type of freshness and one is invested with a spontaneous joy. (NR)

Comment: The spiritual Force invoked clears out obstacle forces, creates stillness in the atmosphere, enabling the clear light of Truth to descend into one's mind. That is the power of Consecration to turn haziness into clarity.

Life Immediately Challenges the Truth of What You Have Espoused

When an individual comes forward and makes a bold statement about some truth he believes to be true, life has a funny way of immediately creating conditions where he is compelled to prove the veracity of his statement. E.g. one man I observed subscribed to a noble ideal about the heroism of an historical character, when life then suddenly challenged him to be heroic in a similar manner! It is a remarkable principle of life.

Problems and Faith

All problems are opportunities to increase Faith.

Enjoying Another's Joy Personifies Goodness that Is Spiritual

K, your statement about the joy you receive from others' experience of your service is inspiring. I hope others see the power of that attitude in whatever field they are in. Taking pleasure in another's joy is one sure sign of Goodness, which is itself a great spiritual quality.

How the Dark Side Compels the Light Out of their Limitations

The Dark side in any conflict compels the side of "Light" to elevate its consciousness beyond its current limited status of ego, disorganization, insincerity, disharmony, etc., to their opposite.

E.g. Fascism in Germany that was at the root of tens of millions of deaths during WWII compelled Europe to abandon the tendency of its individual nations to be isolated from one another, to assert their individuality as ego instead of collaborating, to give up their selfishness that led to financial ruin in the Great Depression that destabilized Germany, to realize the foolishness of sending the Nazis arms before the war, etc. In this way the Dark side compelled the side of "Light" to elevate their consciousness beyond their current limitations. We can see this phenomenon at work in our own society, in the collectives we are part of, in the way we interact with others, in circumstance we encounter, even in the very fiber of our being.

The Highest Aspiration for a Romantic Relationship

The best way to approach the potential of love with a partner is to conceive of it at the highest level of consciousness and connection you can imagine. As a result, you will tend to attract that person, and the relationship will tend to be long-lasting and soul connecting.

Asserting in Romantic Relationship

Don't try to assert and dominate in a romantic relationship. It will diminish the connection.

Non-Insisting is Silent Will that Deepens the Romantic Relationship

Rather than insist on what you want in a romantic relationship, withhold it, which is a form of Silent Will, which will have the effect of raising the level of harmony and depth in the relationship, while potentially evoking other response from life. It in effect raises things from the lower vital ego plane to the mental or spiritual.

Pushing Aside Fear of Doing that Attracts Very Positive Results

You worry about what's going to happen, but then it (normally) turns out quite alright. In another instance, you feel it is impossible to do a thing. But then you do it, and it works out fine. In that way, they share that same fear element that should normally be cast aside. In fact, most of our great accomplishments in life occur by pushing away that fear element and carrying out that which life has put before you.

Supramental Power that Overcome Negative Possibilities by Creating New Positive Ones

There is a plane where there are all the possibilities, and on that level, as there are all the possibilities, there is the possibility also of changing these possibilities. If a catastrophe is foreseen in that plane, one

can have the power of preventing it also. In other cases, even though one is forewarned, one has no action upon the event. And yet there, it depends on the level from where one sees. (The Mother)

Comment: Right consciousness and right use of the Spiritual Force can together create new possibilities, as Mother indicated. That includes overcoming the current possibilities, including impending disaster or any negative karmas that have accumulated from coming to fruition. I have had this experience any number of times, including at the wider level of the collective. Opening to the spiritual Force (consecration) activates the Supramental Power that creates these new positive conditions. It is the same force, power, and knowledge that created the universe from a Divine Source.

An Act of Goodness Turns Family Disharmony into Harmony

If there is general family disharmony and discord, one small act of goodness or goodwill towards one's immediate contact in that collective can quickly set in motion an unexpected chain of events that lead to an atmosphere of deep harmony and oneness.

Harm of Idle Chatter Expressed through Opinions before an Important Work

If before an important work you intensely engage in idle chatter, such as concerning politics or other issues of the day, the activity for which you have gathered will tend to be negatively impacted if not spoiled, often by the very person you expressed your fervent opinions to at the outset.

From Insisting on What You Want to Self-Givingness in Romance

According to Sri Karmayogi, the key to Romance is to give. Insisting on what one wants is the opposite of that. If one gives to the partner, embracing their truths, then truer Love is indicated. If not, then the love is held captive by one's own egotistic need, despite one's feelings of adoration.

A principle that applies here is that when one stops insisting on a thing, that which one wants in the first place comes to be; or something even better occurs. This reflects the phenomenon of "life response," that the outer life reflects our consciousness within, particularly our positive or negative attitudes.

Thus if one removes one's thought of insistence from one's mind, let alone the emotional intensity and need of it (which absolutely must go in a Love situation), positive outcomes will suddenly arise, including the further blossoming of feelings toward one another.

Power of Taking Another's Point of View

Taking Another's Point of View moves one from opinion, preference, and insistence to the many-sided truth of things. It is a Supramental Act.

Are Emotions Helpful or Harmful?

An intense emotion that aims for a higher purpose is useful. E.g. one is in desperate financial straits and intensely wishes to rise out of it, tends to attract benefit. Or one feels intense contrition for the wrong one has done in the past, tends to move life dramatically in your favor. Or you intensely wish for a better humanity, even a divine life on earth, and there are sudden positive developments in your life or that of the collective or society around you.

On the other hand, intense emotions like hate, anger, fear, hurt, disappointment, and jealousy attract negative results from life; often reinforcing the negative life conditions one has reacted to in the first place. Feelings of desire, want, demand, et al can attract results, but they can often be short-lived, causing pain and disappointment, which are negative feelings.

Then there is the practice of equality of being, of not reacting to the intensities of life. This is in essence a non-emotion in the face of others' or life's emotions. Taking to such "non-reaction" tends to attract positive conditions from our surroundings. If e.g. a spouse goes on an emotional rampage, and you do not react, positive conditions can come your way in its wake. It is the silence of one's vital being that attracts the positive (as does the silence of the mind (non-thinking) and the non-movement of the body when it is compelled to move through impulsive action).

Supermind Perceives the Integral Reality, Brahman

Only an integral consciousness, i.e. Supermind, can truly perceive the integral Reality of things, Brahman.

Further comment: E.g. from Supermind we readily perceive how any particular thing that comes to our attention is related to many other things. Or we see how the smallest thing is as important as the largest, and how they interrelate. Or how EVERY detail of life serves a purpose: that nothing is to be excluded. Through intuition, overmind (universal consciousness), and (best) Supramental Truth Consciousness we are able to see these relations, and therefore perceive the Reality (Brahman) for what it truly is.

Wanting in Normal Life vs. Knowing What to Want in Spiritual Life

In normal life, we want something, we struggle to get it, and perhaps do achieve it. In spiritual life, we just suddenly Know something, which becomes our "want and desire," and conditions around it enable it to happen with little or no effort on our part. This is the Life of the future.

Further comment: By "Knowing" I mean direct knowledge that comes from the universal field without thought, as in Intuition. When you consecrate a lot, intuition occurs more and more frequently. Also, non-thinking helps in this regard, enabling sudden descents of Knowledge in a now more Silent Mind.

Negatives India/Indians Can Overcome to Spur Unification

Some things India can work on overcoming (as a people and individually) that could spur federation or unification:

- Dependence
- Dishonesty
- Poverty
- Religious Ritual
- Laziness
- Lack of thinking
- Weakness
- Inability to use its spiritual values, resources
- Wildly mimicking the West
- Inability to value knowledge, education
- Disorganization
- Blaming others
- Lack of Individuality
- Limiting Social Imperatives

Accepting Different Personalities

One sign of an expanding consciousness is the increasing acceptance of different personalities of people.

Why the Indian Subcontinent Issue Has Yet to Resolve Like the Cold War

Question: If the Cold War ended through the initiative of devotees and the action of the Mother, why has it not happened in the conflicted area of the Indian Continent, where the Mother aspired for the unification of India?

Answer: India's Mission is greater than the US's. It is to be the Guru of the world. Aside from the inner reasons, the Soviet system essentially ended because it was an economic failure at the Physical level. America was the opposite.

Beyond the physical is the vital, the mental, and the spiritual. The US is trying vitally, and making tiny efforts mentally. Europe is perhaps somewhat ahead there.

How can India accomplish its spiritual mission of Guru of the World, if she hasn't succeeded physically, materially? The breakup and tension gives an opportunity for that to happen faster. It is a strange logic,

but yesterday I read in Karmayogi's Volume 20 of Messages the following: "Hell is a shorter route than heaven." If we think of it in terms of evolution, it becomes clearer.

We can also say that the multiplicities of partition will enable a richer, more integral experience of physical, vital, and mental development for India, on the way to becoming spiritual, i.e. Guru of the World.

Also all the other nations are evolving too, and the multiplicity and contradictions facilitate a more dynamic resolution once taken to.

In addition, all the other nations are evolving too, and the multiplicity and contradictions facilitate a more dynamic resolution once taken to.

Finally, there is a plethora of religious impediments, not just from surrounding nations' sectarian antagonisms, but in the limits of her own religion that us overwhelmed by tradition that is increasingly anachronistic. Perhaps it repels the Force in some way.

There must be many other reasons, such as the effect of colonialism, the limits of Gandhi's Ahimsa, the need to wait for other things in the region or world to first resolve or be accomplished, etc. I am offering but a few possibilities.

Bringing about the federation or unification of India through our higher consciousness is looking at the same reality from a higher plane. It is to resolve the contradictions of separation through Soul rather than Nature.

How to Develop the Supramental Consciousness

Q: How does one enter into the supramental consciousness?

A: The most direct path is practicing constant Consecration, i.e. opening to the spiritual Force, which has the effect of not only bringing conditions around you under control, but forging a link to your inner being, while opening your mind to spiritual realms, including intuition and supramental perception. Beyond that is required a yogic effort of transformation of all the parts of one's being -- mental, vital, and physical.

Keep in mind that the spiritual Force one opens too IS the Supramental Power. Therefore the more one opens to it, the more the Mind expands to wider realms where it perceives the integral truth of things, garners instantaneous multi-sided integral knowledge, has experiences of intuition and supramental perception, feels oneness with others and life, perceives the subtle unfoldings and laws of life, etc. Also in the individual there is a shift from the vital being of desire, ego, et al to the Heart center where one feels a deeper connection with others, takes to selflessness and self-givingness, etc.

Sri Aurobindo describes the overall process to supermanhood as the "Triple Transformation", which culminates in the supramental change of one's being (including the physical transformation of the body). He explains it in one of the last chapters of 'The Life Divine'.

(He also describes a simpler approach for the devotee who might not accede to making the yogic effort consisting of Aspiration, Rejection, and Surrender. The details are contained in his powerful article called 'The Mother'.)

Focusing Your Attention on Something Attracts More of It

When you focus your Attention on an item -- e.g. a song, an artist, an idea -- life quickly presents more of it, often from the most unexpected sources. This is my very frequent experience.

Taking Up an Essential Work Instantly Resolves a Long-term Mystery

Many times I have seen that a long-term, problematic, unsolvable Mystery is instantly solved by focusing on an unrelated important work that needed more of my attention.

Enabling Dynamic Delight in Life

The Static Delight of the Infinite consciousness creates a universe to experience Dynamic Delight in infinite variation of forms. Each time an individual discovers his Higher Nature or has a higher conscious awareness in his life, he experiences that dynamic delight, and it is his unique experience of it being a

unique form/individual. It is a progressive movement upward, with infinite scope just like Its Source. Our method is constant consecration, as Her power makes this process easier. There is also the Path through the Psychic Entity within. Together they enable ultimate dynamic Delight for the individual.

Continuum of Consecration from Ego to Transcendent

We can perceive levels of relating to work from the Ego-sense to collaborating with the spiritual Force:

1. I work and life gives me what it pleases, based on my capacities. I may or may not succeed.
2. I develop higher capacities (or have them already), and life tends to give me a certain proportional level of success; often very substantial.
3. I ask Mother to give me success in a particular or general area, and she obliges to the degree of my receptivity.
4. I ask Mother for a particular, and then say and feel 'Thy Will be Done', letting Her determine the outcomes, how it takes shape.
5. I don't ask for anything, but constantly remember Mother, bathing in Her, and she lifts up my life at all planes.
6. I offer up and surrender all aspects of my being, all of what I have and do and are limited by in order to transform myself.
7. I Aspire for Her and the Supramental power to descend on earth through my work, offering that possibility to Her through an act of consecration or Surrender.
8. I aspire for the Divine Supramental Life to manifest on earth for its own sake, constantly surrendering to Mother with intensity for that purpose, without it occurring particularly through me or my work.

The Key and the Lock in the Process of Creation

In the Chapter on Divine Maya, he speaks of the lock and the key, which seem to be central to the theory. The Theory of Vedanta know of the Being, Sachchidananda, and they knew that in some way "All this is Brahman" -- the Becoming is of the Being. They were missing the lock and the key, which explain the process by which Being manifests as Becoming. The key he says Involution and Evolution - self-concealment through self-limitation and self-absorption followed by a progressive awakening and emergence of Consciousness in the inconscient Matter.

That is the key. But it is less clear as to what he means by the lock? If a key acquires its power only in relation to a lock, Supermind may be the lock, because Supermind is the power of Being that enables the self-limitation and self-absorption that results in Involution and Evolution.

The distinction between Divine Maya and Supermind are not clear to me. It almost appears as if they are the same. He says there must be an intermediate power between the Infinite and the Finite that makes manifestation possible and says that is Maya, the power to measure out and limit. Later he says that it is a supramental power. In the following chapter he drops reference to Maya and says we will call it Supermind, perhaps because Maya has other strong connotations in the tradition.

This also corresponds to the overall plan of the book. Book I described the Sachchidananda in four chapters and then all the planes of manifestation. Book II focuses on the key, the process of involution to create Ignorance and spiritual evolution to create Knowledge.

Sri Aurobindo distinguishes between the lower and higher Maya. The first is the illusion; the second is the principle by which the one divides into the many while retaining its Oneness.

Perhaps the difference between the Divine Maya and Supermind is that the former is this dividing-retaining-oneness principle of creation, while the latter is the plane and power that creates in the Creation process using that principle. (Garry Jacobs)

Comment: Sri Aurobindo distinguishes between the lower and higher Maya. The first is the illusion of the Tradition; the second is the principle by which the one divides into the many while retaining its Oneness.

Perhaps the difference between the Divine Maya and Supermind is that the former is this dividing-retaining-oneness principle of creation, while the latter is the plane and power that creates in the Creation process using that principle.

Power of Consecrating Negative that led to Current Problematic Conditions

If you sit calmly and review your past errors that have led to your current problem -- whether a wrong attitude, belief, action, decision, etc. -- and with intensity and emotion offer them to the divine Mother for correction, you will attract conditions that dissolve the problem, attracting positive circumstance in their place. This method is unfailing.

Doing the Work For the Mother So Her Will is Fulfilled in Life

The two quotes that I found very attractive that go together were:

"According to some devotees like Mr. Ramesh Kumar prayer is not even necessary for a devotee if the right work values are followed with the necessary aspiration and attitudes of earning money for serving mother. In other words the work itself becomes a sort of prayer by the body and as such other forms of prayer become unnecessary." (N. Ashokan)

(Ramesh Kumar) "My assumption is based on Karmayogi's words: Man working hard expresses his skill to produce a human result. *Man seeking Mother in work makes it possible for Her to express in his work so that SHE will fulfill Herself in life.* Incidentally SHE saturates him with HER consciousness through his work when he brings in any of Her manifesting aspects - particularly self-giving - which starts from particularly giving our-self to HER. Giving our-self to family, to our employer, to our company, to our society, to our nation in that order gives the power of Infinity and prosperity in that order."

If consecration is beyond Prayer, then what is said here is even more than what we normally mean and practice as Consecration. Consecration is normally thought of as a method to call Mother into work. But here we are saying that *work is the very instrument for bringing Mother into life, to manifest Her will in human existence, to facilitate divine life on earth*, not just to elicit a positive personal outcome. It is to accede to the Ultimate Attitude and Value in life.

Miraculous Power of Consecration

One can open to the spiritual Force to bring life under control at any moment and attract startling positive outcomes. We can apply this Consecration method to upcoming events, current activities, to problems in life, to opportunities, and to wanting parts of our being. Life will respond with great benefit, and do so very quickly. I have seen this power at work hundreds of times in my life, with startling results. It is the persistent miracle of life that each of us can experience. This alone can make life worth living.

Causes of Natural Disasters: Example of Katrina

Karmayogi indicates that when people are inflexible and rigid and persist with their foolish and anachronistic attitudes Nature delivers them blows.

Example, Hurricane Katrina:

Life works on many points simultaneously. New Orleans where Katrina hit is in many ways a site of debauched indulgence, made worse by the fact that the city has the highest crime rate (rooted in extreme poverty) of any urban area in the US, which the tourists do not see as they are caught up in partying, while the poor people live in squalor and fear not far away. A society that does not care about poverty, source of crime, will reveal itself at its weakest spot. (The president at the time was famous for these qualities.)

It is also an indicator of the lack of infrastructure improvements in the urban areas of America as the country indulges itself in Laissez-faire economics, which is the freedom of every side to run wild without care of the whole. Thus when the weak levees around the city were punctured by the rising waters engendered by the hurricane, it was an indicator that infrastructure was a secondary priority.

Also, what matters most in that region is the movement and development of oil at all costs, which is in many ways at odds with the progressive movements of society. (Katrina was also a predecessor of the Great Oil Spill that would come in that same locale several years later; also indicative of backwards priorities, including lack of environmental and business controls.)

So yes here we see (as Karmayogi points out) inflexibility, rigidity, foolishness, anachronistic attitudes, etc. They are all there in spades. It is Resistance -- to change and the needs of the present and the future.

The Spectrum of Spiritual Aspiration: Householder to Yogic Effort

Most people who come to Spirit will not give up common personal goals, like success, money, love, etc., but will try to blend the two together. Only at an advanced stage, where the goals are for yogic transformation and a Surrendered to the Divine existence are common personal goals and aspirations shed.

Karmayogi likes to make the distinction between the Householder taking to Spirit and the full Yogic Effort of mental, vital, and physical transformation. The former opens constantly to the Force to enable great achievement, harmony, well-being and prosperity in the family or self. The latter surrenders his entire existence to the Divine, the Divine Mother, to follow Its Will in the world, and to transform his self into the highest Spiritual and Supramental nature.

Each one of the followers, devotees of the Mother will find himself somewhere along that spectrum of Aspiration, even as that position will be constantly changing as our lives unfold.

Man is Physical Valuing Doctors Over Teachers

That the least paid people are teachers and doctors earn the most itself is an indicator that MAN is physical. (Karmayogi)

Comment: I believe what Karmayogi is pointing out here is that the human individual is still mostly physical, not mental or spiritual. By physical consciousness, he means that Man values his physical relationship to the world over the subtle. He is dominated by what the senses show him, not what the depths and soul perceive; let alone the rational thoughts and deeper insights of mind. So he values the doctor over human wisdom and knowledge that comes through education and teaching. However, as Man becomes mental he is increasingly valuing such knowledge.

Physical consciousness as Sri Aurobindo and The Mother mean it also expresses as an unwillingness to change, fixidity, resistance, possessiveness, even brutality and war.

Having doctors is a great thing, but education is far greater, for it is infinite in scope beyond the physical. One SINGLE RIGHT IDEA can change the course of Man as it has done continuously, whether it is freedom, democracy, individuality, or spirituality.

Also doctors do not perceive the True Man, only the empirical and measureable, with a bit of the psychological. Thus he does not perceive the deeper laws that cause man to be ill -- or be well -- and therefore help in their True recovery. He helps Man cope, but not grow. Like scientists they are fixed in their material-based belief systems; often worse than scientists, for the latter at least are beginning to perceive ultimate truths in the universe. There are doctor exceptions of course, but they are in the small minority.

Likewise, America is a very physical consciousness nation, as it is obsessed with what it sees, views; not the deeper truth of things. As mentioned in another post, it is difficult for Her to embrace an idea. That is because Her consciousness is centered in the senses of her body. In fact, Sri Karmayogi says the US "thinks with the body." It is not yet a mental country, let alone spiritual. That is what gets it in so much trouble in recent decades, despite all its great material successes. It acts first, thinks later; another attribute of physical consciousness.

Not Telling the Truth When It Matters

In our hearts and mind we feel it is risky to upset the apple cart by telling the truth when it matters. It is a foolish approach and a sign of psychological weakness.

The Mother as Our Ultimate Destination

If our firm and final destination is the MOTHER then we can enjoy our drive. If it is struck with selfishness, EGO, and a superiority complex then we are struck in Life's Traffic jam. (Priya Mahesh)

Yes, we need to know what our ultimate aim in life is. For those devotees who have that aspiration, the Mother can be thought of as the final destination and goal. It is a Surrendered life beyond even our ordinary, personal goals, and is for those who sincerely aspire for it. Mother herself said: "A life consecrated to the Divine is the only life worth living." If that is our belief, if that is our destination, then we can truly enjoy that Ultimate Ride, while always being vigilant and mindful, as you say, of ego, selfishness, and all the other pitfalls of our nature. Your Driving analogy is very apt!

Power of Silence of Mind

When the mind becomes silent, when it stops judging, pushing itself forward with its so-called knowledge, one begins to solve the problem of life. One must refrain from judging, for the mind is only an instrument of action, not an instrument of true knowledge -- true knowledge comes from elsewhere. (The Mother)

Comment: Yes, ordinary Mind over-relies on the senses, perceives a tiny part of any matter, not the integral whole, and insists on the little or single side of things it knows. It therefore misjudges, is prone to great error, and simply does not know the integral truth, leaving Man helpless in his knowledge capacity of any subject or matter. On the other hand, true integral, many-sided, multi-faceted penetrating Knowledge of a matter originates in the stillness of Mind. From that poise of stilled thoughts, information and insights come to us as flashes of Light/Truth, through intuitions of knowledge that just appear in our minds without thought, and through supramental perception where the information and insights come to us as flashes of Light/Truth, through intuitions of knowledge that just appear in our minds without thought, and through supramental perception where the truth of a matter enters the mind complete, integral, while also demonstrating the truth of a matter enters the mind complete, integral, while also demonstrating the propensity to manifest as real in the world. to manifest as real in the world.

Divine Will, Sanctioning and the Mother's View of Acute Problems in the World

Perhaps we can say that the Divine does not Will for calamities and other problems in the world, but only Sanctions it as necessary means for the integral development of life. That sanctioning includes perceiving the utility of suffering, pain, ignorance, contradiction, negative, evil, etc. to allow for the multiplicity of possibility in the upward movement of existence.

Also as we consider Mother, we can imagine a further softening, as She is the means of sweetness and compassion that urges us on to see things in their right context, understand the utility of current conditions for our personal growth, and thereby supports us in our attempt to evolve from where we are to something higher. She even makes Her Force available to us to make that transition to our Higher Nature that much easier.

Developing an Inner Life that Protects from Hostile Influences

Developing an Inner Life in the Depths, culminating in our connection with Evolving Soul, we are protected from the negative forces of the world, while continually feeling vibrations of Delight, Love, Oneness, Truth, and Peace. Karmayogi indicates that constant consecration of daily activities will help forge the inner life where there is the sweetness, light, and peace that no external hostile force can disturb.

Experiencing the Thoughts of Others We Think Are Ours

Often the thoughts we have that jump into our minds are actually those of others that are circulating in the atmosphere that we pick up on, and think of as our own.

Further Comment: There are Ideas that exist in the cosmos that we are each tapping into. It formulates in someone's mind, and then others pick up on it. (That's how great ideas often rise spontaneously on various sides of the world back when there were no means of communication.) We pick up on theirs and that which is in the universal plane. And they do the same of ours as we embrace ideas in the cosmos. Knowledge is thus subtle and impersonal at the Universal plane, which becomes personal when our mind opens to it. We pick up on theirs and that which is in the universal plane. And they do the same of ours as we embrace ideas in the cosmos. Knowledge is thus subtle and impersonal at the Universal plane, which becomes personal when our mind opens to it.

Also everything, including all circumstances and everyone are interconnected in a Oneness. When certain individuals have certain experiences, we tend to have related ones, especially when we are closely associated in consciousness. This includes common or similar experiences and mental perceptions. People call such things coincidence, but it is not so. It is an expression of the subtle Oneness that binds us.

Spontaneous Arrival of New Idea In Different Places Indicates Evolution (Spurred From Above)

I believe that ideas which seem to arise at different places at around the same time may be part of nature's evolution. The idea which will contribute may appear in several individuals with potential but only one or two may follow through. We, human beings, are after all part and parcel of nature's yoga. What I'm alluding to is that there is a higher intent as it were, in the distribution of these thoughts. (NR)

Response: N, you are right about the spontaneous arising in multiple locales of great ideas as one of the methods of Evolution. This indicates that the Idea is coming from "Above." Sri Aurobindo says that the Above (superconscious, transcended) influence (in this case of a new knowledge or possibility) stimulates the involved Conscious Force in ourselves, releasing a higher plane or aspect of progress in ourselves, which in this case means the expression of a New Idea that engenders progress and Evolution for ourselves and the world.

Previous Tensions that Provide Fuel for New Ones

Often when two people disagree, or otherwise come into conflict in a harsh manner, you can observe that they were already upset by something else, providing the fuel for the current conflict.

Enjoying Routine Blocks New Success

Karmayogi indicates that when we enjoy the routine, we lose touch with results, and therefore creating success.

Comment: We can make the act fresh by remembering to do so. It's easier however when we consecrate it, i.e. offer it to the spiritual Force, to the Mother. It then tends to automatically move to freshness; in the act; in the (life response) result.

Message for the New Year

The Mother's Force is Causal. It always brings the New. May we constantly and integrally open to Her unpredictable, astonishing, dynamic Power, which will refresh all aspects of our being, as well as all life around us.

Nature's Neutrality

It is Nature (Prakriti) not the Divine that is neutral, non-moral. Nature/Life/Prakriti just responds to energies, positive, neutral, and negative. It has no particular munificence, or cares one way or the other about things. Purusha-based existence (Soul) has these, consciously working to enable the Big Divine Plan.

(Ultimately even Nature, and her circuitous, difficult, painful route of progress is following the Divine Plan, but that can only be ascertained at the level of Supermind. It is the view of the All, the Reality, Brahman.)

On the Influences to Establish World Governance

Q: What would be the best model of World Governance to avoid it becomes a negative influence?

A: The United Nations is certainly a good model, but world governance needs to go beyond it. The UN though great in so many ways is not democratic because a single veto on the Security Council can negate a great world benefit. Also the UN has no teeth. It has great ability to address the issues, but not to come up with common policies that can be implemented.

I have recently associated with The World Academy of Science (WorldAcademy.org), which is a prestigious body working with many others, like Club of Rome that are coming up with progressive plans for greater levels of collaboration in the world. The intellectual framework amongst these and other organizations is a movement from the bottom up of high consciousness insights into the particular needs and challenges of the world.

Sri Aurobindo has written extensively on this subject, and Karmayogi has devoted most of his life to Indian development and global issues, including World Governance. The momentum is rapidly building, as nations see the futility of trying to resolve problems on their own.

In my view, The Mother ended the Cold War through agencies such as these, including MSS, and there is a movement of consciousness with staying power and influence that is guiding us to more collective decision making, even as all the energy of these developments have very decentralized roots. A commonality of purpose is the first step forward, and policies debated and implemented can follow.

There is always threat of cooptation and asuric forces stepping in, but that does not seem to be the vibration and policies that are in any way being advocated. Europe is dead set against dominating power, as is the US increasingly. Most energies in Asia are on the need to develop; to bring several billion out of poverty. The world energies as Karmayogi calls them are ripe for the deeper global association that Sri Aurobindo envisioned in his many writings on social development and human unity.

Global Warming and World Government

Sri Karmayogi stated that global warming would stop if a world government was formed.

Comment: The problems of the world are so vast and cannot be solved by individual nations. Though there are many global institutions that have formed since WWII and especially in the last ten years, there is nothing yet comprehensive enough to coordinate the solutions to the problems of the world that cross all nations' boundaries. (Immigration, poverty, war, unemployment, pollution, financial stability, coordination of resources, security, etc.) Something along the lines of World Parliament would help immensely in this regard.

And yes we see that this movement would have the life response effect of stopping Global Warming. I wonder if he meant it would stop on its own somehow (as the response), or as a result of the global governance, or BOTH.

Of course, World Governance would usher in human unity and a divine life on earth. Therefore, Mother Nature and her growing global warming calamity (as an instrument of Nature/Life) offers the world an opportunity for the world to move in that Higher Direction.

In fact all serious global problems are the means of pushing the world to higher harmony through deeper coordination and collaboration, which entails a form of governance that directly addresses and helps solve the problems of the earth.

Seeing the Opportunities Behind Nature's Calamitous Movements

The earth is evolving. She wants progress. It can happen through difficulty (Prakriti), which is its normal method, and through Higher Consciousness (Soul/Purusha). Because Life/Nature wants to progress along with the nations of the world, She will take on the role of Mother Nature when there is resistance in a particular society. The calamity is the response; a negative one, to the resistance. The impacts are multi-fold, since She seeks many outcomes and benefits around the world. We saw that with Japan disaster, September 11th, Katrina, and even the second War in Iraq.

The disequilibrium (spurred by some sort of resistance or inner conflict) compels Nature to put things back into equilibrium through calamity -- natural, manmade, or otherwise. This is Life Response. It can happen positively or negatively. Global Warming, assuming it is real, is really Global WARNING. So is the financial crisis of the last several years. It also reflects multi-fold, almost infinite-like resistance.

But it is also Opportunity, since negative are positives in disguise; are in fact most often occasions for great progress. The world could come together in a thousand non-environmental related ways just in relation to the environmental issue. The financial crisis is compelling nations and national identities to change, even compelling world unity behind the scenes. Will those nations, peoples awake to the possibilities behind the crisis?

Crisis is opportunity when taken in the right spirit. What are we learning from our own calamities, or those shared by the community? Also do we see the multi-pronged impact that is actually positive? Do we also see that which is negative on our part or others that spurred it in the first place?

The whole world is at play -- Lila -- with infinite change that enables infinite opportunity if we are willing to look behind the curtain and gaze at the multi-sided truth of things. Simultaneous knowledges and changes is what Nature (Prakriti) compels.

Beyond that is Self-Existence; positive-only producing influence and results of Soul (Purusha) through the Force when adopted by Man.

Our Stage of Development, Money, and Its Movement from Forces of Darkness to Light

People are at different stages of development. What is best as related to money (or anything for that matter) depends on their nature and needs for progress. For Indians who are poor to become prosperous is a gain in of itself. A more conscious person can gain money to support the family, working to help them. Another still perceives the power of service to the collective, company, society, etc. beyond the family. Beyond is service to the Divine, to the Mother that can incorporate all the previous ones.

To truly understand the nature of Money, rather than merely work for it and want it, would be a great knowledge for humanity, and would result in bringing it out from under the sway of Dark Forces (selfish, greedy, unscrupulous, possessive, jealous, etc.) and towards those who are in the Light of increasingly higher consciousness (self-giving, does work as service, willing to share, generous of spirit, wishes others to succeed, etc.).

Forgetting the Problem + Thy Will Be Done

Turn your mind completely away from your difficulty, concentrate exclusively on the Light and the Force coming from above; let the Lord do for your body whatever He pleases. Hand over to Him totally the entire responsibility of your physical being. This is the cure. (The Mother)

-This "forgetting the problem" + "Thy Will be Done" approach has worked dozens, if not hundreds of times in my life. The problem is cancelled or resolved very rapidly or quite soon - whether for myself or the world around me.

-Though the Mother's statement is referring to a devotee's physical problem, the principle applies to any difficulty. Giving it added attention often energizes it (negatively), while forgetting it, (particularly when also offered to the Force) tends to quickly dissolve it. Over the last several years, I am increasingly finding that forgetting a problem is a great strategy to make it disappear! Detachment has that effect.

Ultimate Faith Required in Sri Aurobindo and Mother's Path

It is said that in practicing Sri Aurobindo and The Mother's path that one has to be metaphorically willing to be hanging over a cliff on the edge of a mountain by one's fingernails, and still have the faith that the Divine will save one. And of course it does, ALWAYS. This is when Faith is profoundly deep ... with corresponding overwhelming to be hanging over a cliff on the edge of a mountain by one's fingernails, and still have the faith that the Divine will save one. And of course it does, ALWAYS. This is when Faith is profoundly deep ... with corresponding overwhelming positive results for one's self and the world around us.

To Just Be, to Experience 'That' Without Process

We dwell so much in 'process', and too little in just Being the infinity that's already there, and what Mother and Sri Aurobindo wanted most of all is for us to 'be That' fully. (Alicia)

Yes, I really see your point. I believe there is a fine balance between experiencing Beingness, and having an aspiration of some sort and following the processing of realizing it. Or for that matter any other process of becoming. E.g. to open to and bathe in the warmth of the vibration Mother, or to simply walk and be, or to clear the mind to clearly see, or to simply share and care. There are so many ways to be, from inner to outer, without an objective or goal, without following a process. It soothes the vital being, opens the mind, and refreshes the body. So if you do take to process, you will be in the best conditions to do so. Or we can simply Be just for its own sake!

One other thought: What then is 'That'? There are any number of explanations and experiences. A few I have felt: To commune with God, to feel the Divine Presence within, to dissolve into the Divine Mother, to merge into the Omnipresent Reality (Brahman) that is all things, to be open to a universal consciousness and beingness, to be one with the Field (Bagger Vance); to connect with the Transcendent, utter Stillness, Utter Release, communing with one's Soul, Blissful Joy, Infinite Love, Oneness with Others, etc. etc.

Evoking the Infinite from the Finite is a Practical Concept

We know that out of a single atom split can arise massive, atomic energy. Infinite physical energy is held in that finite. The same with our potential. We can evoke that infinite from life in a second by discovering the right inner lever to make it happen --evoke that infinite from life in a second by discovering the right inner lever to make it happen -- whether a change in attitude, an opening to the Force, a widening of our world view, an extraordinary effort, etc. Life responds, and the infinite, or infinite-like results replace the current finite. This is the Practical Concept of Infinity Sri Aurobindo has offered the world; whether a change in attitude, an opening to the Force, a widening of our world view, an extraordinary effort, etc. Life responds, and the infinite, or infinite-like results replace the current finite. This is the Practical Concept of Infinity Sri Aurobindo has offered the world.

Ways to Evoke the Infinite from the Finite

We can evoke the infinite from the finite-

- when we perceive our infinite potential and reach for it, instead of limiting ourselves to what our ego-sense tells us.
- when we move beyond the external limits and influences placed on us, and express our true individuality

Starting the Transformation in Sri Aurobindo's Integral Yoga through Mind

Our synthesis takes man as a spirit in mind much more than a spirit in body and assumes in him the capacity to begin on that level, to spiritualise his being by the power of the soul in mind opening itself directly to a higher spiritual force. (Sri Aurobindo, the Synthesis of Yoga)

Comment: It makes sense to begin the yoga the transformation of the mind, before the vital and before still the body. When the mind opens to the spiritual heights of deep insight, illumination, and intuitions of truth without thought it garners the many sided knowledge of what life is, what the truth of the situation is, who we are, what to do in a given moment, and so forth. Now we have the knowledge to act or not act, what to do and what not to do; a perception of the myriad of possibilities rather than limited ones. In sum, we perceive the infinite potentials of life through a wide opening of Mind to the universal truths of life.

Somewhere in this yogic process we "descend" from mind and begin to overcome the limits of the vital being, including its wants and ego-sense; and we also discover and bring out the higher emotions to loftier possibilities and truths that the mind perceives -- including the potentials toward and realizations of goodness, love and delight. Through those higher vital experiences, we develop new, higher relations with others around us.

Finally, the body's limitations can be overcome in His Yoga through further opening to the Force, which transmutes its tendencies toward illness, disease, decay, and death. Through an opening to the supramental plane, which is the ultimate mental plane, the physical body is energized to no end, and thereby avoids many of its eventual failures. (Immortal existence, or willed desire to live as long as one wishes is a step beyond.)

By starting with mind, i.e. spiritual mind, we begin with the widest picture, which we can now apply to the details of life; to the vital and physical aspects of our being; to the collectives we are part of.

Also as Sri Aurobindo indicates, Mind opens us to the spiritual heights, particularly the supramental Force and Power which is the apex of spiritual mind. There we have not only full integral truth and knowledge of things, but the power to instantaneously make them real in the world. It is Knowledge and Power together in a mental plane, or at least Knowledge and a corresponding Will for its complete effectuation. Thus if I want to achieve something, and I open to that Power, and all conditions are ready, the supramental Force, which is actually ultimate MIND power, will instantly make it real.

Practical Concept of Infinity

From the chapter 'Reality Omnipresent' from Sri Aurobindo's 'The Life Divine' come statements regarding the power of the Infinite consciousness, and therefore the infinite power we have in life.

Out of his understanding, Karmayogi offers the principle of the Practical Concept of Infinity. That means that since an Infinite Consciousness is the source of all things, It also seeks to manifest his Infinity infinitely in the forms of creation, including us. Thus it is practical for us to evoke that infinity in life because that was the Intent of the Infinite Divine.

How then do we do this? There are many ways. Amongst those that come to mind: calling the Spirit from the Psychic, calling the divine Mother (the spiritual Force) with all our being, changing our essential wanting attitude as Darcy did in *Pride and Prejudice* that evoked infinite love for him and infinite prosperity for the Bennets, by catching the wave of social change as Bill Gates and Steve Jobs did ushering in massive adoption of technologies, and in many other ways.

In these ways, Infinity is and becomes a Practical Concept.

Further Comment: We know that Sri Aurobindo turned around the view of spirituality in many ways from a static to a dynamic and evolutionary process of spiritual unfolding and other forms of progress in life. This is at its most dramatic when he indicates that the infinity of the Divine can manifest infinitely in life, which can be viewed as the ultimate evolutionary process. Whether the idea is there in the Upanishads and Vedanta I am not sure. We know that Sri Aurobindo turned around the view of spirituality in many ways from a static to a dynamic and evolutionary process of spiritual unfolding and other forms of progress in life. This is at its most dramatic when he indicates that the infinity of the Divine can manifest infinitely in life, which can be viewed as the ultimate evolutionary process. Whether the idea is there in the Upanishads and Vedanta I am not sure.

In the material world, as science understands it, it is easy to see this Infinite, as the universe goes on seemingly forever. And now they say we are but one of billions of universes! So infinity can be understood in the world of sense and material existence at the astro level. Even at the quantum level there seems to be an infinite level of levels down to the smallest.

Also if we look around, stunning developments are occurring in the world that were not there before, as if new infinite-like results replace a finite or non-existence there before. Recent technology developments are like an infinite relative to our existence 50 years ago. And the same with the future relative to today.

Once I was flying right over downtown San Diego, and noticed that a series of new very tall condos had arisen there, even multi-colored. It reminded me a bit of a cartoon where things just "spooning" out of nothing. That is the Infinite that we can harness, once we understand the means that the Infinite Consciousness has given us in life to bring that out.

Every time I experience a Life Response incident it is an instance of a something coming out of nothing. So the practicality of the concept of infinity is very real to me.

Karmayogi has written so much about this, in so many utterly new and fresh ways, with so many applications in life. His Mind alone is an Infinity; an infinite Fountain pouring thousands of pages of many more thousands of new truths and insights into life never before expressed in the world. There is no more perfect example of the Infinity pouring into life at the level of thoughts and mind.

Then there is the infinity at the vital and material level. At the spiritual level, Sri Aurobindo insists it is already there, so we must reverse, and bring that Spirit into the details of life through moment-to-moment Consecration, by Surrendering our being to the Infinite Divine, and all other forms of elevation of our consciousness. As a result, new things will constantly emerge out of nothing, as the current finite suddenly becoming Infinite-like - at the physical, vital, mental, and spiritual levels.

For Sri Aurobindo, the Mother, Karmayogi, et al is the very essence of what the Evolution is all about.

Cosmic Encounter with Steve Jobs

In a great cosmic moment in the late 1980s, I reached out my arm to hand Steve Jobs an envelope containing a paper by Karmayogi on the 'Consciousness Approach to Business Management' that if he had adopted would have made him aware of the vast attraction power of Life Response and the Spiritual Force, which if implemented would have created more Balance in his life, enabling him to live a full life

to a ripe old age, instead of a premature death. (This was Karmayogi's view.) Though Steve seemed about to take the envelope from me, instead the exchange was intercepted by an aid who told me that his boss was too busy just now to be distracted, or words to that effect.

Bearing the Burden of Others through Inner Poise that Comes from Yogic Practice

The question as I understand it is how to handle the problems of others that fall into our hands; whether they ask our advice on difficult matters or in general express their wanting qualities in our presence. In other words, how to bear the burden of others. The question as I understand it is how to handle the problems of others that fall into our hands; whether they ask our advice on difficult matters or in general express their wanting qualities in our presence. In other words, how to bear the burden of others.

In light of this question arising, it is ironic that yesterday I read a quote from Sri Aurobindo that the practice of Integral Yoga is not just for one's self, but for the world, including the people we interact with; and so a follower of that path must bear the burdens of an increasingly wider life.

This being so, each of us can find the ways to absorb the karma and energies of others -- whether at the level of thought/ideas, or emotions, actions and interactions of life, or even as it affects the physical body.

Each of these can be dissolved by tossing it into the flame of the psychic or by offering it to Mother without expectation, and with full confidence.

There are also various methods of protection.

Ultimately the Integral Yoga requires that we are firmly stationed in the depths, from which nothing can affect us. There we are immune from the negative inputs and effects of others, yet able still to broadcast vibrations back out that can help them, fulfilling the social/collective aspect of the yoga.

Few of we devotees have taken to such Yogic effort yet, as we are practicing the bare essentials discipline of the householder as Karmayogi has conceived it. Till then we can cope and perhaps have modest successes, but not fully enjoin and transmute the offending karma and vibrations of other parties.

Only when we transcend the limits of ego, time, finite, and mind through integral yogic practice, -- from the depths within and through complete Surrender to the Divine Force above -- can we truly absorb the intensities of the people around us and turn them into Gold.

The New Radical Change in Consciousness

Nothing but a radical change of consciousness can deliver the world from its present obscurity. (The Mother)

Q: What is that radical change of consciousness? A few examples?

A: The first, and I would say fundamental change required is the acceptance of the spiritual dimension of reality. This is increasingly being accepted by scientists. E.g. Fritjof Capra, David Bohm, Francis Crick etc.

The second shift must take place amongst the spiritual people; there must arise an acceptance and understanding of life/creation as a valid and useful reality as opposed to an illusion that must be escaped or transcended.

Thirdly, both parties need to grasp that the Spirit, being the subtlest of the subtle, and thus the most powerful force, is capable of solving any and all human problems and of creating new opportunities for humanity.

The last change would be to cultivate a willingness to abandon older mental patterns and behaviours that stand in the way of a new creation.

Satyamaya, Anandamaya, Chaithanyamaya Param will then follow on earth. (NR)

Change Ourselves Instead of Criticizing Others

Before we criticize another, we should first consider the defects we have in our own selves that others see quite clearly. Long ago Jesus told us to first take the timber out of our own eye, which will enable us to see more clearly and therefore put us in a better position to help remove the speck from another's.

Consecration and Free Will

Consecration is the ultimate Free Will Choice.

Non-Reaction Power to Another's Deficiency

Being bothered by another's deficiency will only worsen it. However, remaining calm and not reacting to it will cause the problem to dissipate on its own.

The Highlight of My Day

The highlight of my day is remembering, opening to, and feeling the rich Silence and Presence of the divine Mother and Her Force, as well as experiencing the startling small and large miracles that ordinarily follow.

Self-Givingness that Attracts in Romantic Relationships

When in a romantic relationship we shift our attitude from one of needing and taking to one of giving, life brings astonishing results. This is a prime principle followed by Karmayogi, the "expert system" behind the RomanceEternal.org web site.

To illustrate: In a recent TV episode I watched, a woman was involved with a man for several years. They both loved each other. However, after he cancelled a romantic vacation in order to participate in an important race (both to him and his organization), she began to express her frustration with the relationship. She felt he loved her, but could not derive true commitment from him.

However, in the midst of her turmoil, a good friend suggested that instead of complaining, she take an interest in her boyfriend's interests, included his involvement in the upcoming race. Not only did she listen to the friend's advice, but went a step further and collaborated with him to try to win the contest.

As it turned out, during the course of the competition, he confessed that he very much loved her, and wanted to be closer, but he thought that all along she did not want such affection. Shocked by his confession of true love, she was further startled when he actually proposed to her, to which she accepted!

It was a prime example of how when in a relationship you shift from wanting and demanding to being truly interested and giving, startling positive developments unfold. Just as in real life, the two friends' relationship had moved to an even higher level of love and mutual respect through her inner and outer reversal. Or as Karmayogi would say, through self-givingness, the couple had ascended to a higher level on the Scale of Romance.

The Genius of the Indian Mind to Influence the World

The Indian mind is able to embrace ambiguity, subjectivity, emotion, and infinite possibilities, serving as a great model for a world, especially in the West, trying to adapt to rapid change in business, economics, and other aspects of society.

Bringing About Perfect Change in the World through Perfection & Connection to Our True Selves

"It is only by the perfection of the soul within that the outer environment can be perfected." (Sri Aurobindo)

He evoked the independence of India by connecting with his Psychic Being (true self, evolving soul) and acting from there. This is an extreme example of his principle. We can do the same in small ways by overcoming our limited, surface nature and connecting to the Depths within, and from that poise of True Self bring about powerful, positive, perfect change in the world around us.

\$100,000 Short Story

For a fantastic short story involving an individual who tosses the darkness of his being into the flame of his Soul, attracting startling results, please read \$100,000. It is a story that Karmayogi adores, even as his personification is a character in the tale! It is a must read for all those on the spiritual path and

wishing to evoke miraculous-like response. A very poetic, humorous, deeply spiritual, and beautiful tale based on a true event in the life of the author.

Returning One's Lost Energy in Uncertain Times by Embracing the Work at Hand

A businessman's energy had been sapped due to competitors coming in and taking away most of his market. He wondered what to do. Here was my response:

There are monumental shifts and pressures occurring in the economies of the world. People take advantage of openings, whether moral or not. Governments let things be, until they are pressured to seek redress. Here in the US we see the same. In this sense, life appears beyond our personal control. And yet we have several positive choices before us: to engage the current reality, to embrace Mother, to see that Mother is actually bringing answers to our prayers even when they think they are not, that we can develop new strategic plans for the new reality (including products/services, market and competitive analysis)

Lack of energy is often due to not embracing the change, fighting against it. We must instead go with the flow, embracing uncertainty, be the change. Then we will see that all of this is an opening to even greater possibilities. It is said that everything that is occurring is for our own personal growth. What is that in your case?

Lack of energy is the Will sapped out of us. Embracing the Becoming returns that energy. Doing the work at hand as best we know does that. Though there may be reduced funds and apparent paucity of opportunities, when we embrace the current work with a positive attitude, and deep faith in Mother, Life Opens Up right there, based on the limited current conditions. The Infinite begins to emerge from the Finite, even a dwindling finite.

Collaborating With the Divine Will

There is a Divine Intention and Will on the one side, and our alignment and collaboration with that Aspiration from our side.

For example, the Divine Mother has blessed and given me the opportunity to write about the principles of life. It is there in Her Will and Desire, in the Cosmic Intent. I then sensed that, and through my relations with others, including Garry Jacobs and Karmayogi of Mother's Service Society, I developed Growth Online and wrote books on Life Response and related subjects, which are several of the ways I have aligned and collaborated with that Divine Intent.

Naturally, along the way, I have also had to personally experience the many points of consciousness I have presented the world. It is the personal yoga behind the public knowledge. Most of that road still lies ahead.

In that way, we can each sense what our personal and societal mission is in life that is in tune with the Will of the Infinite consciousness, of the Divine Mother, expressing the Brahman in its progressive and evolutionary movement on earth.

In that light, why not consider what that collaborative mission is for you, or what it could be in future. Often it comes out of one's personal values and beliefs. They are spiritual skills descending from the heavens, expressing the Divine Will in mental forms that can lead to great collaborative actions.

Consecration and Free Will

Q: I believe that our reason for being is so that we can make choices which affect the world and thus give us a role in co-creating in an evolving Universe. How then does surrendering ourselves by Consecrating something that needs to be done affect that process? Is it possible that Consecrating facilitates our choices?

A: You have posed a very interesting question. Here is one line of thought:

We can take to consecration in many ways. E.g. to solve an existing problem or before an event that is going to occur. Let's say we consecrate an important meeting we are about to have. The choice of partaking in the meeting is ours. It is also likely that we would like the best outcome. By consecrating the upcoming event, we insure the very best outcome.

Now one could argue that we should not consecrate and wait for the event to occur, hoping that the choices we make in the meeting will turn out to be the very best ones. Or we could reason that the act of having the freedom to make the right choice at each moment in the meeting (without consecration) is paramount; i.e. our taking to conscious moment-to-moment decisions and action is what ultimately matters.

But that is risking that life itself will present the best outcomes. That of course is not guaranteed, since e.g. the other party may act opposite to our intention; or the environmental vibrations surrounding the meeting may be non-conducive to a positive outcome, even hostile to it; etc.

Thus, when we choose to open to the spiritual Force, we are not only expecting powerful positive outcomes, but we are making a conscious choice to evoke this Power on our behalf. In other words, *Consecration is in fact a freewill choice we are making based on the faith we have in its effectivity to create positive outcomes.*

Therefore, the more Faith you have in the Force's power, the more it becomes a conscious choice to evoke it.

Keys to Maintaining High Levels of Energy

To maintain continuous high levels of energy, give your all in your work, be self-giving to others in the extreme, and keep up a continuous connection to the Spiritual Force. Streams of new physical, emotional, and mental energy will emerge in your being from out of nowhere.

Supramental Power to Know Everything in a Given Moment

In ordinary mind we have little knowledge of what others are doing or feeling in a given moment; the details of circumstance of events happening around the world; the full truth of what is happening around us and influencing; etc. We wait on time for reports of the many facts, which can take time, if we ever receive such knowledge. Even when information comes -- whether from the outside or through our thinking about the matter, -- we garner paltry, flimsy facts that block any real understanding.

In Supermind however -- i.e. Truth Consciousness -- we instantly have the integral knowledge of anything we put our attention on; including what is on the mind of others in a given moment, or the detail of the unfolding of events in the world at a distance at this very second, or the many-sided understanding of what is occurring and influencing our lives earlier, right now, and projected into the future.

It is an evolutionary leap of Knowledge perception from our current ordinary mind steeped in an essential Ignorance of things to an instantaneous, moment-to-moment integral perception of the truth of any matter or thing through Supermind.

However, this new nature awaits humanity in the deep future. In the interim, we can open to the Supramental Force (the divine Mother's Power) which will give us that same knowledge capacity in our daily lives, but in a somewhat limited form; that is, until we develop the full supramental power in our nature.

Still, that constant opening to Her will reveal a staggering moment-to-moment many-sided, deep Knowledge of a matter that overcomes constraints of distance and time, bringing full, integral awareness and understanding of anything in the eternal Now.

Invocation to the Mother

Morning invocation: (while holding blessing packets) "Guide me Mother this day, and may I follow your Will."

Offering Money to the Divine Mother in Right Proportions

The issue is why people do not give in the right proportions of their incomes in their monetary offerings to the divine Mother, especially in light of the fact that Her Force has brought enormous benefit to their lives. This seems especially true amongst those who are wealthy who are too-often tight-fisted in proportion to their income despite the enormous boons -- often lifesaving -- garnered from the action of Force.

In fact, there appears to be no right relationship on earth between what is good and money to support it. Money instead flows in the direction of the vital energies of Man. This presents itself in a myriad of ways. Why is this sad dynamic so?

Since money is a vital Force, its flow depends on the vital nature of individuals, which is in many ways not evolved. As Man's vital moves from desire, want, need, -- i.e. ego -- to a deeper heart center (of gratitude, generosity, oneness, etc.), as well as toward higher values and a many sided integral knowledge of things (i.e. Truth awareness), money flow will be in the right proportion.

If we also consecrate the act of Offering itself, we will see that Mother will tend to help us perceive the right proportions of things along the way, thereby influencing our giving habits. The choice however still remains up to us.

There is also the dynamic that over time we tend to forget the Benefactor, whether Mother and Her Force, Karmayogi, MSS, or anyone else who has helped bring betterment in our lives. We even forget the benefactor at the outset of the boon! In that light, there will be little will to give in right proportion or increase the stipend.

Then there is the fact that we give in response to past boons, forgetting the possibility of future boons through the Offering to the divine. Or the other way around.

There is also the thought in the rich person's mind that giving e.g. a \$500 offering is so much vaster than a \$25 from a less off person, so there is no reason to go beyond that, even though the well-off person is paying at a 2% rate of his income and the poorer man 10-20%. It is the "mathematics of Ignorance and Selfishness."

The bottom line is that Man is Selfish, Ignorant, and has little Faith.

What Makes a Great Giver of Advice

Giving correct advice is a great talent in itself. It requires an excellent understanding of human nature,, a deep knowledge of the subtle principles of life including life response mechanisms, intense goodwill towards the people seeking advice, and the right alignment with the spiritual Force so that it can flow thru the advisor to the other person concerned. Sri Karmayogi fits all of these requirements, and has given beneficial advice to countless individuals with startling, life-changing results, of every type imaginable. (paraphrase of N. Ashokan of MSS)

Source of the Inner Voice

An "Inner Voice" can arise from a variety of sources..

There can be an inner voice that rises from one's inner, subliminal being, guiding one in the right direction or giving useful instruction. The subliminal is after all in touch with the superconscient, which knows all things, and past, present, future combined..

There can be an inner voice from other sources as well, such as the Mother speaking to and guiding you after following the method Karmayogi advocates.. ("Inner Voice arises when Mind falls silent and inner visions arise. This is a yogic state not easily attained, but for an intense inner effort with respect to one issue where one is intense, it can be heard..")

Then there are the less conscious influences of the subconscious that are wanting. Interestingly, the subliminal (mostly positive) sits at the apex of the subconscious (often-negative influence). Sri Aurobindo indicates that a key to the evolution is transform the subconscious, allowing the Inner Guide of the deeper subliminal (the psychic being) to guide one's actions.

So an Inner Voice suggestion can originate from a variety of sources..

Power of Individuality, Selflessness, and Hard Work -in Sports and Life

In basketball, scoring is Individuality personified. Passing is Selflessness; being self-giving to others. Rebounding is hard work.. A combination of the three creates great results in that sport, as it does in most aspects of life. At that integral point, accomplishment rises to infinity.

Beyond Dualities to Reality/Brahman and Mother Consciousness

From the perspective of the Reality, Brahman, there are no dualities in life, only complementarities. Each apparent negative serves a purpose, just as each positive. If we perceive that in our own life, we will see that everything is part of a forward movement of progress. From the Supramental Consciousness, we have this vision of the necessity of All; what Karmayogi calls "The Marvel."

We can also open to the spirit through the Mother and enable the transformation of the darker side so from hence forward there is a more evolved consciousness in the mutable aspect of Brahman; i.e. in life here on earth.

Bringing the Timelessness of the Eternal into the Moments of Time

As a result of the Involution of the Spirit, the Eternal Timelessness of the Infinite Consciousness is experienced as divisions of time by sentient beings. This occurred for the purpose of creating the greatest multiplicity and possibility of discovery in the difficult divisions and details of time. Now our mission is to bring the Timelessness of the Infinite, the Eternal into the detail moments of our lives to make each division a blissful, still, dynamic experience of Eternity in time. From the depths, culminating in the Psychic Being, the Evolving Soul within this is made possible, as it is where the two dimensions meet. It is where we experience the past, present, and future in the Eternal Now, giving us a great power over life.

An Idea Will Lead the Future

What will lead the world hereafter will not be a person but an Idea. It will be an idea that exceeds the human personality. (Sri Karmayogi)

Comment: Until roughly 100 years ago Man was essentially vital, not mental. Now he is increasingly mental. In a vital world, leaders and great personalities lead. Churchill and Gandhi are examples in the political arena. Being more mental now, society can more easily be led by an Idea or an Ideal. E.g. Internet is based on the Idea of connecting the world, we humans electronically. We are also ready for PURE Ideas, Ideals, and Human Values that can drive the world forward. Belief in True Individuality is one, as is putting the Human Individual at the center of economic life. There are spiritual Ideas as well, which await a further development of Man from his current hard-churning mentality to spiritualized mind of intuition. This could be a spiritual Idea advocated and practiced in education, with say an Einstein as a role model.

The Root of Consciousness

God becoming conscious of Himself in the world is consciousness. (Sri Karmayogi)

Comment: As we become more conscious in our own lives, we add to Consciousness, which from a wider perspective is the All, Brahman, the Reality becoming more conscious of Itself in Manifestation, in Time.

Overcoming Physical Illness, Dissolution by Following Same Approach to Rejecting Wanting Mental and Vital Aspects

If we start with the mind and vital first, it will be easier when we get to the physical. That is, not accept the negative effect of our fixed habits, our wanting attitudes, our limited perceptions, etc. Through the rejection of these limiting aspects of our being, we see that we have a power over life's conditions, not to mention that they attract positive outcomes in their wake. When we see that these mental and vital wanting aspects of our being are "not inevitable," we build up an inner power that is more readily available to tackle the physical defects and the inevitability of dissolution, disease, and death. As an extension of dealing with the limiting mental and vital qualities, I take the approach to the physical. E.g. when a pain arises, I ignore it - just as I would detach myself from a negative feeling I have. Or when a physical problem arises, I would correlate it to a limit in consciousness in my being. If I change the limit, the body will react positively. Etc. The process is the same - whether mental, vital, and physical.

Of course, the cessation of dissolution and decay is another matter still, and the Mother attempted this great experiment in the last 15 years of her life. She scolded, even yelled at the cells for reacting in dissolution when they did so. She called in the supramental power to alter their programming. She opened to the Divine Force to overcome the detrimental influence of the pessimistic subconscious,

etc. etc.; with the ultimate goal of changing the programming of the cells so they could become immortal.

She succeeded in part, but realized in the end that a new supramental being must somehow spontaneously arise on its own. She suggested once or twice that it could be Sri Aurobindo born into a new body. She also had many visions of this new physical being, and several times became it herself. All physical organs would be replaced with centers of consciousness, there would be a new substance in its makeup, it would be tall, and very svelte without gender, etc. etc. It's all there in the Agenda; too fantastic to believe.

Brahman Consciousness and the Force in Dealing with Negatives

-When a negative occurs in one's life one can have the perspective that everything is the Divine intent, positive or negative. This is the of Brahman consciousness (of the omnipresent Reality); that All serves a purpose. However, the Force can permanently change conditions so that no negative ever appears again along that line. It is Transformational. Perhaps we can call it the Evolving Brahman.

-It is best to have both powers; that of Detachment that sees no negatives, only unfoldings in a divine movement; as well as the Supramental power that permanently changes. This is the essence of Sri Aurobindo and The Mother's approach. To embrace the All, even as we use the transformational power (the same supramental power that evolved the universe) to hasten the evolution into a divine life on earth.

Restraining from Criticizing Attracts Positive Conditions

When you restrain yourself from criticizing another's error in judgment, a positive will quickly come your way; often from that same individual.

True-life example: My friend made a mistake. I could have reacted and criticized her, but I didn't. I held it within, even dissolved it emotionally inside me. A moment later, she comes up to me and surprised me with a gift.

Anticipate, Not Predict, Except ...

"Our is not to Predict, but to Anticipate."

In other words, for any matter we can perceive trends from past to present and on to future, while allowing for change.

And yet If one truly knows the laws of life, including life response phenomena, one CAN predict future events. I have done it myself, with increasing frequency. The caveat is that one should be humble, and not let that capacity tickle the Ego.

Liberation of the Jewish Psyche

I am not inclined to say that the long tradition of the Jews is of spiritual experience, but is rather mostly religious in nature, with perhaps a mystical core of a very few. When the 6 million died in the holocaust, the race in essence shed their old religious superstitions (dogma, ritual, etc.) for that of rational, logical mind, as they believed if there were any God, it had failed them. Now they are great accomplishes in every field, whether in the US, Israel, and elsewhere. Their mind has been freed, and many have taken to intuition, as well as the variety of emerging spiritual teachings.

The Mother being born Jewish could be interpreted as a foreshadowing of a New Life for the Jews.

Now if the remainder of the Jews could shed their physical consciousness that is overly attached to family, security, and faith in material reality alone as some are prone to, the race would truly be liberated.

Americans Valuing Marriage Less, Love More

American society and its values are changing fast, reflecting the increasing freedom of the individual. Marriage itself is a social institution, meaning it can shift in significance as society's values change. In America, marriage is losing its value, even as Love is increasingly cherished.

Conviction through Strength Breeds Success

Conviction that reflects through psychological strength is a great key to success in life. It is knowing what you want, what you truly believe in, and having the inner strength and power to overcome all obstacles to see it through to its achievement.

Happiest People in the World

In a recent poll highlighted in the magazine *The Economist*, it was revealed that Indonesia and India were the countries with the happiest people in the world. Perhaps it is due to the Spirit that is there in the fiber of their being. Sri Aurobindo says the Spirit, Light is there in the body of the Indian, where it is mostly darkness in the Westerner.

Further Comment: The 10,000-year culture of the Spirit has provided this Light to the Indian, garnering smiling faces, despite great hardship, including poverty. The Westerner is absorbed in mind and technologies; his vital being brittle; and his preoccupation with the material-only stultifying to Spirit. Still the two sides are bound to move closer together, which will be good for everyone.

New Creation that Exists Outside and Inside Brahman, the Individual

N. Ashokan of MSS raises a question as follows: "With human creators no creativity is possible unless the subjective inspiration is given an outward form. But all this logic disappears when it comes to God's own creation. He can give his subjective creation a full objective form and appearance while still holding it within Himself."

The Reality is both the Unmanifest and the Manifest, in an integral relation, and in one of unity. From our perspective we can say that first Brahman was unmanifest, ineffable, immutable, and then It extended itself to Manifest, mutable form, as creation, the universe. It IS the new. The new Body of Itself. It is the new, extended Reality, Brahman.

Similarly we can say that when I write a poem, it is an extension of myself. It is an objective form of ME. And yet both that object and everything that exists in my current self make up the true Me who I am. It exists simultaneously outside of my "lower self," but Inside my Truer Self and Being.

We can also see this in the creation process of Supermind. Supermind is both a Comprehending entity that conceives of Real Ideas to manifest in life, but through its Apprehending capacity makes these Ideas real in an emerging universe. It is that Totality. First Supermind conceived of Knowledge, Love, Delight, etc. and then made it real by creating a subject-object relations; i.e. the Lover Loves the Beloved, the Knower Knows the Knowledge, the Discover Delights in the Discovery, etc. These are potentialities released in the universe that we human can realize.

(An aside: This makes me wonder how that dual nature of Supermind expresses every moment. And that if by opening to Mother we are making the comprehending potentiality of an Idea in Supermind into an Apprehending manifest real in life. It is a kind of collaboration and alignment with the Grace of the Supramental Creation Power. Again we see that I then become a subjective Creator who manifest an objective reality that is an extension of Me. I then become not just an Individual being, but a Universal one as well, which Sri Aurobindo indicates is our secret purpose and destiny.)

Power of Considering Another's Needs

When you think of another person's needs over your own, unexpected positive developments quickly present themselves, -- often from that other individual.

Ascent and Descent in Conscious Evolution

In the elevation of Mind to spiritual Mind, vital to higher vital life, and physical to higher material response, we see an Ascent and Descent. When I have a deeper, multi-faceted knowledge of a thing, I can then apply it at a lower level.

E.g. normally I have a limited awareness of a matter. But rising to Silence in the Mind and beyond to Intuitions of Knowledge without thought, I garner the deeper truths such as the real cause of one's diabetes or stress. Now that individual can turn it around in the lower vital and physical plane, by

garnering the intensity of the Will, and taking to the right emotions and actions there to overcome his illness.

The process of Conscious Evolution can begin anywhere, at any point of one's being, but in Sri Aurobindo's Yoga it is a higher movement of Mind that then descends and purifies the lower plane. Once we have developed a level of awareness (through Mind) we can consciously change the vital and then the physical. The vital is predominantly of the attitudes and emotions, and the physical is of the sensations and the physical substance, in addition to its movements and actions.

The expression "Conscious Evolution" is a synonym for the term "Integral Yoga." It is also a way of indicating that we are consciously improving ourselves, rather than waiting for the exigencies of life to force us to change (i.e. the way of Soul/ Purusha vs. Nature/Prakriti).

Though we can progressively make the mental, then the vital, the finally physical change, there is often a mixture in one's growth or sadhana; a spiraling movement of effort, or an ascending/descending unfolding at these planes.

Sri Karmayogi fortunately gives us daily routines for facilitating Sri Aurobindo's process through practical, powerful methods of non-reaction, self-givingness, standing in another's shoes, etc.

A continuous opening to Her Force greases, facilitates, heightens, and improves life's conditions every step of the way.

Practically speaking in my own life Karmayogi has given me knowledge (mental), which I have then tried to apply to my vital being, down to the physical at the level of action.

It is overall a conscious choice to practice a Conscious Evolution of rising/ascending to knowledge, and then descending into lower planes to facilitate the improvement. It occurs at the level of Progress, Evolution, and Transformation; each a higher formation and densification of the Yogic Change.

It is the process and means by which we change ordinary life into Divine Life.

Relating to Mother From Remembering to Surrender

At what level can we relate to Mother? Constant remembering of Her is sufficient, say hourly, or before undertaking a major activity, etc. E.g. a thought in Her direction, or a feeling of Her inside; or the self-offering of an act. Further still one can have an Aspiration for Her power to come into one's life; to feel one is living for Her, which is at a more advanced level. There is thus a difference between remembering or calling Her, and Surrendering to Her -- to Her Force, Power, Will, and Intention.

Stages of Conscious Evolution and Life Response

The transformation of the material substance, including the physical makeup of the human individual is an advanced stage of Conscious Evolution. Before that we are seeing the purification and perfection of the vital/emotional being including our social interactions; as well as the elevation of our mentality from its surface view of existence to true rational thinking, and above that to intuitive knowledge without thought.

Supramental perception of the All related to any object that is fused to a propensity for that thing to manifest as real; a supramental Life in which one is one with life conditions and others around us, enabling a divine social existence; and the supramentalization of the physical body into a higher form or even a new species are further stages still.

In the meantime consistent opening to the spiritual Force, to the Divine Mother (the act of Consecration) hastens these changes, as it brings in an ultimate, creative Power to instantly shape and transform life - mentally, psychologically, vitally, socially, and physically.

Life response occurs at each point in this upward movement of Conscious Evolution, both inwardly and outwardly.

Parallel Events of Chinese Leader and Sudden Emerging Star Athlete

It is cosmically interesting that just as future Chinese leader, who loves to watch basketball, was in New York for his great meeting with the US president, the phenomenon of Jeremy Lyn, the sudden, completely unexpected basketball star of Chinese origin was taking place for the pro team in that city. These sorts of synchronicities or parallelisms occur all of the time, but are below the radar of normal human

consciousness. We can perceive them however if we make the inner effort to look around and see the corresponding links between events unfolding around us near and far. It is but one clue of the integral connection of all things in life, seen and unseen.

The Body is Conscious; It Knows

The physical body has a consciousness. It knows what it wants and what it does not want, and acts/reacts accordingly.

The Mother's Power is Greater Now

It seems likely that the Mother's Power is much greater now than when in Her body. This indicates that little of it goes a long way if we make the sincere effort to call Her into our lives. Another way of saying this is that the Supramental Power has leaned further down on earth and is continuing to saturate life. If we call It/Her into our being - individually or collectively - it will further densify the atmosphere with Her Grace, and dramatically improve the inner and outer conditions.

How Man Can Adopt New Consciousness and Shed the Old

[The question is why Man readily adopts new appliances, technologies, et al; but not so easily new attitudes and behaviors.]

Man is physical, so he will tend to make the physical change, especially when the value is obvious, as in taking to new appliances, technologies, which are easy to adopt. He has not however yet developed the awareness of his own being, including an understanding of the constraints his Vital Ego has over his life. How can he switch to a different Frequency of Being, when he doesn't even recognize the limits of his own lower nature? He does not see that his attitudes, urges, opinions, habits, beliefs, actions are dominated by his lower nature, so where is the scope to change and shed them for something better?

Even our thinking is fully absorbed by our own vital wants and needs; not to mention the physical urges. These are not easily given up, like to a new toy, appliance, or technology.

And yet when we take to Spirit, we detach Mind from its lower physical and vital moorings, our Ego Self, see the world in a new light, perceive the truth of things, and as a result develop higher values and new energies that enable us to progress. Life then cooperates with our efforts, inwardly and outwardly.

Man is just entering that non-vital influenced stage of mentality; of rational thinking where he can engage in reason and discard that which is harmful for that which is better.

Fortunately there is also the Sprit, the Mother and Her Force to facilitate, speed up that evolutionary process. Through our connection to Her, we develop a deeper awareness of life, and are less impressed with the superficial, the alluring, the foolish, the mistaken, the error-prone that lead to failure and pain. From the poise of spirit, whether in the Depths or surrendering to Her Force, we are more likely to shift to that which is Right and True.

Sri Aurobindo thus tells us to add REJECTION to Aspiration and Surrender; to push aside all that which is false and adopt all that is right until the Mind fully evolves into its higher, spiritual dimensions, and the heart is turned towards something deeper, more meaningful, and harmonic.

Maintaining the Staying Power of Values

Q: While personal, business, and social values are key to success in life, often they become diluted in the course of time to the point that they no longer provide accomplishment power. What to do?

A: Core values have staying power when they are implemented deep into a thing. If a company has several core values it believes in at the top, but it is not implemented in the details, such as in the standard operating procedures, activities, systems, et al, it will have little sustaining power. If it is implemented at these levels, the power released will be great -- for the organization, the people in it, and the customer. Even the society is enriched.

E.g. the value of Tolerance needs not only be something management subscribes to in general, but be applied to every phone conversation a staffer has with a customer; to every repeating procedure involving interaction with others.

The same general principle applies to the individual, family etc. The deeper the value is applied, i.e. in the deepest details, the greater the power generated.

Even when applied in these depths, it needs to be implemented with richness, dedication, intensity, and aspiration. Success will follow, and flow from everywhere.

If the values don't maintain, it is only because one (the organization, nation, family, individual) have lost sight of the forest for the trees by unfortunately counting the rewards.

It thus takes constant rededication until it reaches a point where the core values are perfectly implemented, and thus become institutionalized forever.

Levels of Silent Will and Corresponding Life Response Results

Here are three levels of Silent Will in increasing levels of difficulty, but corresponding increasing degrees of life response power:

First level: Don't SPEAK out your thought, which will cause the other person to soon after say it instead.

2nd level: Stop THINKING the thought, causing the other person to speak it out or think it through more deeply.

3rd level: Stop FEELING it, i.e. the urge to say or think, and the other person will embrace the notion enthusiastically, or otherwise vitally and emotionally.

There is also the possibility of further response from life (not just the other person/party) to your physical, mental, and vital effort of restraint of expressing, thinking, feeling an idea or thought.

Beginning Negative Indicating Final Outcome Can Be Consecrated, Dissolving the Karma

A problematic outcome is often indicated at the beginning. It is best therefore to offer the matter to the Spiritual Force when it first occurs when any negative occurs) to avoid its repetition or the final outcome of that circumstance. The negative karma gets dissolved for that particular thread.

Reactionary Force Can Aid Progress

A reactionary Force can help enhance a higher consciousness development. E.g. the Church by opposing his views helped Copernicus' heliocentric view of the world spread throughout society. In Pride and Prejudice, the reactionary Lady Catherine tried to interfere and block the relationship between her nephew Mr. Darcy and Eliza Bennet, but instead ended up providing the key information that brought the two together in romance and marriage.

A Thing and Its Opposite Are True

The spiritual individual realizes that anything and its opposite are true.

E.g. I perceive that there are Evil Forces in the world. I oppose it believing it serves no purpose other than destruction. But then I realize that these Evil forces serve a purpose in that they have the effect of binding humanity together in ways that would not have occurred; or the non-evil side realizes their own complicity in creating the evil in the first place; and so forth, which leads me to see the Utility of Evil. In this way, we come to see the truth of a thing and its opposite. This principle can be applied infinitely across all manners of thinking, understanding, etc. It also reinforces the perception of the ultimate truth of the Reality, Brahman, the All, which incorporates all truth in its movement forward -- including each thing and its opposite.

Confluence of Forces, Aspects in a Life Response Incident

Life Response occurs when a confluence of forces meet, and it is in that context that a response can occur. E.g. in a given moment someone takes to a higher attitude relative to the current conditions, which is higher than his normal view, but only occurs because of the intensity of the situation. In addition, there are other forces at play, such as the social atmosphere, the karmic necessity impinging on the individual, the particular law of acts (like repetition) that has come into play; not to mention the Cosmic intent, the interrelationship of particular things in the world that create impacts, etc. These confluences

of forces and aspects of Reality come together in a moment, whose effect ripples out across and beyond space and time.

Arrival of Hippies Presage Spiritual Age

The arrival of the Hippies was perhaps the single greatest Glimpse of the future spirit ever given to the mass of humanity. A core of tens of millions and perhaps a widening base of billion on earth turned in this direction. It then suddenly disappeared, and was absorbed in wonderful ways -- giving birth to values-based business management, the personal computer, the Internet, new social values, liberation of women, the New Age movement, etc. etc. Mother indicated it was the Force that had descended on earth (~1965-1974), but whose power could not be held by the recipients.

Resolving Child Conflict through Psychological, Social, and Soul Knowledge Related to the Child

[The issue: dealing with conflicts between two children, and the growth and education of the child.]

When we get at the root of a child's behavior, we will begin to know him. E.g. how he is like his parents, or what he is bitter about, etc. This will help. Deeper still is to know what the child's Soul seeks from this person's growth, which itself can relate to first level. When the teacher, parent, etc. himself goes deep within, he will perceive his own being in terms of the child's being. There he can discover intuitively the way forward for the child and himself. Constant Consecration will forge the link to the Inner Being.

Beyond this is the social context. I addressed this a bit in my comments of the recent film "In A Better World," which similarly involves the (near tragedy of) friendship between a compliant and a manipulative, vengeful child. These forces have a great determining power, and thus also have to be addressed. Bullying, peer pressure, et al are several aspects.

At the deepest of levels, only intense self-offering to the Force can fully and integrally right these conditions - at the personal, local, and even wider collective levels.

The one attitude that is paramount is Taking Responsibility. Each individual can function from that level, and then see what occurs. It tends to forge greater harmony, which releases the necessary energies that attract substantial Progress.

Several Methods of "Concealment" that Evokes Success and Delight in Work, Life

By withdrawing our sense of self in situations, we are not only able to be creative, dynamic, innovative, etc., but attract great success, expressing as intense Enjoyment. Among the methods of concealment are:

- Not broadcasting news impulsively or excessively
- Not initiating outer action unless necessary
- Reduced speaking, including number of words and loudness
- Utilizing Silent Will power
- Modesty, Self-effacement, Humility
- Embracing the work at hand
- Eliminating expectation in the result
- Staying out of Ego
- Silently wishing benefit for others
- Not dominating a discussion
- Listening first
- Not being sarcastic, deprecating
- Being self-giving
- Taking great interest in another's work
- Taking great joy in another's success
- Detachment, Non-reaction to others', life's intensities

- Moving to the depths to be silent Witness of all
- Resting in the divine Mother and Her Force alone

Expressions of the Playful Creator -- in Work, Life through Concealment -- that Elicits Delight

Playfulness in neither expecting an appreciation for past or reward for the future and living in spontaneity of the moment. This in work reflects as creativity, innovation and developing as psychological strength experiencing the Ananda hitherto inexperienced, which correlates somewhat with idea of divine, Ananda by self concealing.

Excessive cheerful energy can be a playful creator. It is liveliness by self-concealing (our capacity, our skill, our opinions and preferences to come out of our limitations) to experience a new Ananda. (paraphrase of Karmayogi)

All Life Is Yoga

"All Life is Yoga" is the basis of Sri Aurobindo's approach. Life is everything in creation; all aspects of existence. And it is for us to connect those aspects of Life -- mental, vital, and physical -- to something Higher; to lift it up to its greatest possibilities, that is the goal before us.

The Emerging Perception of the Laws of Life Response

In ordinary life we do not perceive the laws of Life Response; though through hard knocks we do often learn certain life lessons. As a result, our inner and outer behavior has now changed, though we still miss the subtle causality behind things. A certain group do however perceive that a certain Law of Karma is in effect, even if its ways remain unclear; or that we somehow do sow what we reap, and so forth. In its lower, trenchant form, it is observed as simply Gods will, and that is all there is to it.

Gradually in this New Age we are coming to realize the subtle connection between things. People speak of synchronicities, psychic experiences, visions, and such. The book and film *The Secret* is a near global phenomenon amongst the New Age intelligentsia and their followers, and has ushered in the beginning of a new knowledge coined the "Power of Attraction."

However the Laws of Subtle Existence as we devotees have come to know it through Life Response phenomena go far beyond that, and have not been grasped by the general public. It is a newly perceived phenomenon for a now more-developed human mind. I.e. it has waited till the current, emerging mental age for its first blossoming.

Garry Jacobs has elegantly explained why it is easier to grasp material laws and difficult for the public to grasp Life Response and its subtle laws. The former has a simple cause and effect dynamic and can easily be perceived by the senses. The latter is far more complex, as it involves all of life, and can only be perceived through a subtle sense.

As we open to Mother on a regular basis, we develop that subtle sense. In tandem with understanding the Life Laws as presented by Sri Karmayogi, we have the entire realm of consciousness at our fingertips. What is then left is our human choice to follow this subtle Life, and use it to uplift ourselves, the people around us, and the world at large. This is the great opportunity placed before us.

In a marvelous statement, Sri Karmayogi reminds us that in effect ALL of Life is Life Response. That alone can turn the heads of thinkers and influencers around the world. Others will then follow.

Life Response living is then a bridge -- perhaps THE bridge -- between our current human existence and a Divine Existence that Sri Aurobindo and the Mother have imagined, laid out for us, and pioneered for the world.

Nothing Succeeds in Negative Atmosphere

Karmayogi indicates that nothing that tries to grow in an atmosphere of disharmony and violence will succeed. (One prime example is the tragedy of Romeo and Juliet.)

Life Response Laws are Unfailing Too

Karmayogi indicates that just like physical laws of life, the laws governing Life Response are equally unfailing.

Yielding on Money Differences Attracts

If you give an honest person the benefit of a doubt in relation to a money matter, those funds will quickly come back to you from another source in spades.

Power of Seeing the Divine Mother in the Client

If you pretend that you are about to meet the Divine Mother in the person of the client, then what will follow will simply amaze. Recently I did the same, and upon meeting the client, she exuded such tremendous enthusiasm about the glorious series of events that have transpired in the past year that I was left speechless.

Not-Asserting, Yielding To Another Attracts Overwhelming Results

When you come to a crossroads with another about the direction to pursue, and allow the other person to assert their will over yours, stunning positive developments will occur in that work, project, etc. in ways unimaginable. The other day I did the same, and a client on her own immediately came up with a tremendous solution that "accidentally" attracted the complete resolution to a multi-dimensional, intractable problem. It is the power not to assert, but to stand down in silence, which attracts miraculous like results.

Spiritual Approaches for Becoming Calm and Composed

How to find the deeper calm and composure on an ONGOING basis may require a deeper center of Being, which can be aided by constant Consecration. Discovering the Witness consciousness that calmly and silently looks out on life (like Sat on its creation) is a lifelong pursuit of Sadhana. Taking to non-thinking, non-reaction, non-complaining are the "outer" controls, which will be very useful. The inner ones need come from a deeper orientation. Karmayogi indicates that constant consecration will enable this deeper poise (of Concentration). Constantly remembering the Mother is the bridge between all these approaches and realms. This can culminate in the Psychic connection, and attitude of Surrender to Her.

As a result, calm, composure, even bliss will be there far more often. In the status of Silent Witness, we will then be able to accurately relate to and gauge situations, enabling us to take the best actions that attract the best results.

In addition, we may have to develop greater inner strength, or less ego, greater organization, change a virulent attitude, etc. -- depending on the person -- to gain ongoing calm, and prevent wrong reaction to the vicissitudes of life.

Taking Delight in Others' Success Attracts Wealth, Divine Living

Life evolves when form interacts with form; humans with other humans. It happens positively or negatively; i.e. through Nature and its contradictory method or Soul (Purusha) that is higher consciousness.

The best way to interact with others via Soul is through SELF-GIVINGNESS. Taking a deep interest in others' successes and enjoying the joys of others is a prime example; perhaps the apex of Goodness.

Such acts of spiritual Goodness vastly increase the vital and spiritual energies we generate, attracting great benefit back to us like a magnet, at the same, corresponding planes. Since Money/prosperity is an expression of both the vital plane and a spiritual power of the Divine, when we take to the vital/spiritual Heart movement of Goodness, we can attract considerable wealth.

In this way, Money of Light comes to us through acts of goodness, love and affection, bringing great Delight to all parties, while fostering Divine existence.

Growth through Interaction with Others

Through our interactions with others -- positive or negative -- we grow.

Progress through Interaction of Forms

Form interacting with form is the basis of our progress.

Enjoying the Ride through Her

At any moment, open to Her and let Her set up the right conditions, allowing you to "sit back and enjoy the ride."

Speaking Ill of a Person Attracts Negatively

Do not speak ill of any person, lest you suddenly find yourself in an awkward position vis-a-vis your remark.

Seeing Anything in Terms of Physical, Vital, Mental

One essential for following the teachings and worldview of Sri Aurobindo and Karmayogi is to consistently perceive any matter, principle, or thing in terms of each of the three central planes of being - Physical, Vital, and Mental. This will dramatically clarify your understanding.

When Time Goes Fast & Mental Interest

Time going by fast often indicates one's interest in a thing. It is the absorption and preoccupation of the mind unfolding as enjoyment.

True Security

In one sense hankering for Security is of the lower, physical consciousness. True Security is based on Pure Faith. When one can hang by a fingernail at the edge of a mountaintop and smile because of Faith, then one has moved from physical to spiritual Security. We devotees live somewhere in between, hoping for physical, vital, and mental security in various shadings. E.g. vital security is created by the Trust and Faith that all life circumstance we engage in will work out well. It's a psychological state of well-being based on life's cooperation. The Mother's Force enables such Security, as she does all the other kinds.

Naturally physical security comes first - money, house, career, possession etc. It is something humans have hungered for since the dawn of time. Mother will provide these of course. But that surely cannot be enough for Her Life, for Supramental Living. When we stop looking for physical security (even that which She can provide) and instead perform our work to perfection, are self-giving to others, and live for the joy of astonishing moments, then we have the Security of Life; secure that spiritual Magic is always afoot, which is to experience the Ananda of Living.

Gusts of Synchronicities

Synchronicities are now arriving in gusts! At least half a dozen experiences just yesterday. But ONE example: As I drove on the freeway at night after a training session with my client, I was listening to the car radio, and on came an ad for Mercedes. I then looked up and instantly saw that I was passing the most visible Mercedes dealership in Silicon Valley. (Actually as I lifted my head, I felt in my bones something special was going to happen, and it did). Then immediately I looked to the left and there was a Mercedes car moving parallel to me on the highway! At that point, I could have allowed more iterations of this dynamic, but it was getting too intense and I said to myself "Enough, it's too much!" And this was but ONE synchronicity incident I experienced yesterday.

Such intensifying and increasing incidents must be due the growing effect of the Force, the supramental power in the atmosphere. Gusts of parallelisms, life responses, synchronicities, and simultaneities must indicate that a radically new way of living is now at hand. Constant consecration, effort, self-givingness, et al releases the Power, enabling us to increasingly experience these extraordinary phenomena of life.

Good Fortune Coming Indicating Being in Right Consciousness

When unexpected good fortune comes to you, know that you are doing the right things; are in the right consciousness. Think back from the point of that unanticipated benefit, and you will see the connection.

Sarcasm's Negative Attracting Effects, and Overcoming It

Sarcasm constantly attracts ill-fortune. Positive, non-judgmental attitude the opposite.

Application: The following took place just minutes AFTER I issued the above post: I met a person today who I thought was sarcastic because I thought he mildly criticized something I had done. In a roundabout way, I was sarcastically indicating that he was sarcastic. Confusion then reigned for a minute. I caught my slight sarcasm, and became silent in his presence. Life then settled in nicely. In fact, he proceeded to become my most valuable ally amongst all my students in the class I conducted. Giving up the slight sarcasm and silently embracing the conditions without reacting enabled him to be my hero today.

Power to Complete Halted, Incomplete Projects

Karmayogi indicates that if you have to halt an important project to take up something else, there will still be a powerful vibration in the future that will compel you to complete it; and if you do take it up, all of the original intensity and power of it will be there, as if no time had passed.

(This also suggests that we try to complete all unfinished work related to past opportunities, even if 30 years old.)

Anticipating and Making the Future Positive through Subtle Sense and Life Principles

When we have developed the subtle sense from within that is Silent Witness to events, and know well the life principles determining the conditions, we can anticipate certain outcomes, circumstance in the future. If we consecrate, it will work out in our favor. I.e. the future will conform to the spiritual power elicited in the present -- actually the ever-Present; the Eternal Now.

On Spending, Wasting Money

Q: So what does wasting money entail? And what about giving to the poor?

A: Wasting money is where you spend on things that are wholly unnecessary or harmful; or spending too much on a thing when a more reasonable price was available; or overspending compared to your money inflow, etc. It's mostly a common sense issue.

Issues like giving to a poor person on the street are more complex as they involve several factors, including moral judgment. It also involves the consciousness you bring to bear. Doing things for the sake of self-aggrandizement is certainly a lower value than doing it for their sake. It's the difference between Ego and Goodness/Generosity.

Then there is the "life response" effect. I.e. if you give or spend money and life returns with a negative response, then you know that is not a path to continue on in the future. Likewise, if the response is positive, then it is with continuing. E.g. one man was tight with money. Whenever he overcame this and spent on his spouse, equal or greater sums of cash suddenly came to him from out of nowhere.

Non-Expectation of Silence at Various Levels that Attracts Success

Q: "So basically we must rid ourselves of expectation?"

A: We CAN have an aspiration for achieving a goal. However we should move to Silence to prevent it from failing or dissipating, enabling it to expand to its full, integral achievement. To do so, minimally do not speak it out or broadcast it to others. Even better, do not think of it in terms of expectation. Best of all is to not feel it that way. In coordination with offering the entire matter, goal, condition, etc. to the spiritual Force, it gathers a vast power for success. Life will respond overwhelmingly in your favor, often very quickly.

Restraining Yourself from Expressing a Benefit Until the Thing is Complete

When a fine benefit comes your way, try to restrain yourself from gleefully speaking it out. That way it will gain power and expand.

Or to put it another way, when you outwardly go on about your benefit, it tends to dissipate or even be cancelled. E.g. braggart athletes can destroy their team's final success through unbridled expression. Or a work on its way to a successful conclusion can attract its ruination by speaking out too soon and much about the current level of success.

Even after the benefit fully comes, it is worth being silent, as it will have carryover power for the next round or the next thing we apply ourselves to.

Evoking the Consciousness of an Object through Our Higher Consciousness

Everything has consciousness: it's just a matter of degree. The higher the consciousness we bring to bear, the more the consciousness of the object, person, thing comes out. Thus if from the depths of my being I connect with Soul of the object such as a machine, it quickly responds. Reality is thus determined by the level of consciousness we bring to bear as viewer and witness, something quantum physics is beginning to, such as a machine, it quickly responds. Reality is thus determined by the level of consciousness we bring to bear as viewer and witness, something quantum physics is beginning to understand.

Consciousness of Perceive Determines Possibilities, Potentials

Spiritual Knowledge and Quantum Physics are beginning to arrive at the same astonishing conclusion: whenever greater consciousness is brought to bear by the perceiver, the more Possibilities and Potentials arise for that which is perceived.

Spirit and Making the Abstract Concrete

One of the great powers of the Spirit is its capacity to rapidly make the abstract the concrete.

Further Explanation: By evoking the Spirit, an idea (the abstract) quickly becomes a living reality (the concrete). If e.g. I want to create a new service, have the inner focus and intention to do so, and call in the spiritual Force, it tends to rapidly move to fruition. This mirrors the process by which Real Ideas of an Infinite Consciousness emerged in the universe as forces and material forms, culminating in us.

Non-Wastage of Money Attracts

As soon you restrain yourself from wasting money, even the smallest amount, more of it comes to you. This applies to any resource, whether in short supply or not.

Taste of Ignorance

People enjoy the sound and expression of their own Ignorance. Karmayogi calls it "Taste of Ignorance."

Daily Opportunities for Personal Growth

Every day provides fresh new challenges -- even difficulties -- that are secretly opportunities for further personal growth.

(I had this thought as I was going through some problematic moments in work. I perceived that dealing with my reaction, attitude, etc. was more important than the actual problem that was occurring. Thus, when we do the higher consciousness thing in that moment -- whether not reacting so vehemently, being patient, etc. -- it is truly a rewarding experience, affording us an opportunity for personal growth, despite the difficulty and pressure.)

Life is to Become More Conscious

The point of Life is to continuously become more Conscious.

Perspective of Things from Various Planes of Mind

The explanation and evaluation of a thing, matter, or phenomenon depends on the consciousness/plane of experience of the viewer. The Spiritual tradition of India has known this for thousands of years, while Science is just coming to realize it.

Thus from the plane of Brahman, the All, everything simply exists; each thing is necessary, including positive and negative, right and wrong, small and large, etc., transcending normal human conception.

From the plane of Mind, life divides into opposites. It sees only sides; or parts; especially from the perspective of the surface sense mind. Even rational Mind struggles to see all sides of an issue. Intuition succeeds where mind does not. Supermind exceeds all, and perceives through Brahman consciousness, embracing the integral all.

Practical application: One arrives on the scene of an apparent crime. Sense mind judges the situation from the physical facts it sees, which prove to be woefully faulty. Rational mind stops to think about the possibilities, but is still limited to its emotional and mental biases. Intuition knows directly certain truths without thinking, but not the totality. Supermind knows all aspects, and their integral relation. It even sees the benefits of the tragedy on the way to future greater benefits. It is the view of the All, Brahman, the Reality. The latter view is to have a stupendous advantage in life, and is the direction humanity is likely headed in its evolution. Opening to the spiritual Force, the Mother Power on a regular basis facilitates this dynamic. Already a core group of individuals are having powerful experiences in this area, opening the door for others.

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Embracing, Not Reacting

From a Deeper Consciousness there is less reacting, and more Embracing.

Appreciating What Society Has Provided

Too often, and especially here in the West, we don't appreciate what society has given us; instead take to complaining at every turn. Ironically, if we felt a deep appreciation for the benefits we have inherited, Life would respond and self-correct one or more of the ills of the society.

Life Compel You to Revisit What You Have Revolted From

If an individual storms out of a situation due to a negative attitude or other psychological defect, sooner or later Life will compel that person to return to the witnessing party in contrition. (Ironically, a positive new development is likely to occur for the returnee as a result of making that shift.)

Example: In the episode of the legal serial tv show of 2002, an attorney working for a social service organization is angry at the head of the org because he feels they are not giving their support to his adoption of his violent nephew. They see the attorney himself acting too violently in his dealing with the boy. He thus storms out of the department and secures a job at a higher-paying law firm. However, after a short time, he runs into a situation at the large company where he is forced back to the social service organization to ask the man who he ran out on for a \$10K loan. Eventually he is forced back to that original organization as he realizes the falsehood of his demands about his nephew. Not only does he secure his old, stable job, but he suddenly finds a girlfriend who has the potential to be his partner for life!

Health Problems Compel Deeper Center

Physical health problems compel you to move inside and discover a deeper Center.

Willingness to Change a Mistake Attracts Opportunity to Do So

Life will give a person conscious of and willing to change a mistake an opportunity to do so.

Power of Material Well to Enable Deeper Life

It is ironic that Material well-being can be the great support for the development of personal character, human values, and spiritual experience.

World Unity that is Blocked by Ego

The major obstacle to World Unity is Ego. Ego of individual nations, peoples, races, beliefs, etc. Overcoming these brings Harmony, which is the basis of Human Unity.

Spiritual Pioneers vs. Religion

The pioneers of the Spirit are making traditional religion seem increasingly worthless.

Experiencing Divine Reality without Religion

The Divine Reality can be experienced by anyone directly without the need of religion or similar institution.

Do Not React to Irrationality of Another

Normally, one should not try to reason with someone in an irrational state of mind. Instead remain still and silent. It is likely that they need to go through their discord, anger, etc., to discover the truth of the situation and the falsehood of their ways.

Drawing Down Our Daily Mis-Knowledges from 50 to 0

We constantly jump to erroneous conclusions about things, based on the limited information we perceive. Supermind (Truth consciousness) is the opposite, as It perceives the absolute truth of things gathered from all angles.

Further Comment: I have seen myself and others I interact with make at least 3-5 erroneous judgments daily based on what they visually see and hear (i.e. sense) in a situation. Then there are the endless opinions people take in discussion, which only expresses one side of a matter that they are attached to. Sri Aurobindo indicates it is due to the normal mind's tendencies to adopt views that support our own vital and emotional prejudices. You combine this with misinformation around us, in the work place, family, etc. (e.g. wrong gossip, wrong circulated data, limited understanding), and you have the average person making 10-40 errors of knowledge per day. Interestingly, most people don't perceive a single one! A conscious person progressively perceives all of them. This is why Sri Aurobindo dedicated over half of his philosophical opus *The Life Divine* to this very issue of mis-knowledge. (It is solved by having a deeper center of awareness, which tends to embrace more of the truth of any matter. Sri Karmayogi also asks us to take the other person's point of view as much as possible. Obviously education, truth in the workplace, open-mindedness, et al will contribute to a greater, more integral knowledge. Constant consecration creates the best conditions for all of these methods to be implemented. It is actually the accessing of the supramental Truth Consciousness itself, which draws in an integral, unified, many-sided, knowledge of the issue or matter under consideration. Our conscious evolution therefore turns the 50 mis-knowledges per day into zero, accelerating out capacity to draw the infinite out of the current finite.)

Beyond Progress through Contradiction

The oppositions, conflicts, contradictions we experience in life are the central means by which we move forward and progress. Without them, there is little compulsion to evolve. This is Nature's Way (Prakriti). However, a greater method is evolution through Consciousness and Soul (Purusha), which is advancement not through division, but from Good to Greater Good.

Matter & Involution/Evolution of Consciousness

From out of the Involution of Consciousness, Matter takes shape, which then begins its Evolutionary journey back to Consciousness.

True Reason of Logical Mind

Karmayogi distinguishes between two types of reason; normal and True. Normal reason thinks logically, but only at the point where it agrees with its vital and physical needs and desires, its opinions, its proclivities, etc. True Reason is pure logical thinking, devoid of prejudice. A programmer or a philosopher engages in this sort of reason. We are capable of doing the same, especially if we have an open mind, see another's point of view, have a center of awareness that is not separative and exclusive, etc. Sri Aurobindo calls it the center of Mind or Mind proper or Logical Mind.

Hard Work Compulsion Presages Rain

The compulsion of life to make an extra-difficult physical and emotional effort will often presage abundance of rain in drought-like conditions.

The Reemergence of the Light within Indians

The Light within acquired by Indians is due to the country's long-standing spiritual culture. If they can avoid the excessive materialism of the West, while still embracing prosperity and their own spiritual values, the embedded, hidden Light will reemerge for Indians and India, and She can gradually fulfill her destiny as Guru of the World.

Principle of Loss Precedes Major Achievement that Can Be Learned

"What looks like a loss may be the very event which is subsequently responsible for helping to produce the major achievement of your life." (Srully D. Blotnick)

Comment: Absolutely true! A lesson all youngsters should be made aware of, so that when they go through a difficulty, they can see it in context so the difficulty is softened, and yet their new, forward movement left unimpeded.

Opening to the Divine Mother Overcomes Influence of the Asuric Influence Over Time

Sri Aurobindo indicates that the asuric forces, entities, beings seek to throw one off course in our spiritual pursuit and yoga.

The attacks - whether experienced as a violent inner conflict, abnormal depression, compulsions to abandon the spiritual path, suggestions of calamity, irrational impulses, etc., - will gradually fade as one maintains a close connection to the Mother and her Supramental Power.

He says that we should not trouble ourselves and worry about the hostile forces; only we should keep our aspiration and faith and connection to the Divine constant. Through constant self-consecration and opening to Her Force, a settled peace comes in, and so when there is an assault, one is more readily aware of it, and can therefore more easily cast it off and not give in to it.

Being Vigilant of the Dark Forces, Asuras

There are Dark, Asuric forces, beings, powers, entities that compel us to feel, think, and act our worst. We should constantly be vigilant of their influence, especially when our own emotions turn negative, such as when we become angry, hostile, depressed, fearful, et al. It is then that they seek to reinforce our wanting disposition, creating great mischief, even calamity. Fortunately, constant opening to the spiritual Force, to the Divine Mother's Supramental Power will keep these at bay, securing a clear path to a more spirit-oriented future.

In Supermind Knowledge and Will, the Theoretical and Practical Are One

In Supermind, there is Knowledge and Will (for that idea's manifestation) together. In the same way an Idea has real power when it both an ideal and when practically applied.

In human life there is normally one without the other. A theoretician has an unproven concept; a worker executes an Idea, but has no understanding of the ideal behind what he is doing.

Through knowledge, experience, etc., the two come together slowly. There are thus shadings in between. However, when opening to Mother, they tend to arrive together; the principle and the manifestation together; or the integral knowledge that also has the commensurate Will for its execution. One Knows, and One Sees, One Chooses, and One Acts all in one motion. Or it is simply executed for us on its own. The theoretical and the practical are then one and the same.

On Multi-Tasking

What enables a good multi-tasker?

It depends on the character and capacity of the individual. Someone who is strong, decisive, clear in thinking can multitask successfully; while for another it is best to concentrate on one or a few things. The same with decision making. Someone with a strong, focused mind can weigh a variety of options and make a decision. Another with less capacity may need to focus on only several in deciding, or asking others help, reducing the scope, etc.

How can one become a good multi-tasker?

First of all, it is not how many things you do at a time that matters, but how you make the things you do evoke the best response; i.e. attract the maximum benefit for the least effort. Then life will require far less multi-tasking. Second, to develop multi-tasking ability is to develop one's mind. How to do that is a great inner science. It requires a sincere and dedicated yogic effort. Third, one needs to ask if you should be doing so many things simultaneously, and whether others should take up the slack; or otherwise know how to delegate one's time and actions. Fourth, one may need to reduce the scope, and concentrate on the essentials, get the benefit there, at least at first.

Cleanliness, Orderliness and Power Outage

Efforts of greater cleanliness and orderliness tend to attract resources in short supply - whether fresh supplies of money, new opportunities for work, or even the return of electricity when there is a power outage.

Patient Expression in Group Influences

He who waits patiently and speaks last in a collaborative environment often has the most lasting influence.

Making a Full Effort Returns Unexpected Beneficial Results

When you make a full effort of self-givingness toward others, you are pleasantly surprised when they invariably do something highly beneficial for you.

Overcoming Reluctance Attracts

Doing a thing one is stubbornly or ignorantly reluctant to do will invariably turn out magical.

Cascade of the Miraculous

One minor miracle after another is occurring as I consecrate particular events and conditions on my current trip. Instant solutions to problems, instantaneous appearance of things that could have taken a while to appear, sudden unexpected support of individuals, startling interventions, things taken care of before they were supposed to -- all within one or two days. This is no longer normal, human life, but a step into divine, supramental existence. I invite my friends and acquaintances to tread the same miraculous-like path.

Depend on Mother, the Force; Not Life

Do not depend on Life. Depend on Mother. I.e. the Supramental Force.

Inner-Based Choice Is Best, and Attracts

Human choice that issues from our deepest and loftiest consciousness is the best of all choices, attracting the most perfect inner and outer conditions.

Values Shape the World

Personal Values shape the world; especially the Future World.

Gratitude that Attracts Greatly

Gratitude is a profound spiritual attitude and value of the soul that has the side effect of attracting the universe to you, bringing the infinite into the finite.

Awareness of Self through Deeper Consciousness

From a deeper center of consciousness within one is able to see one's self in full and right context.

Keeping an Upper Mind with Wrong Individuals

I have noticed that individuals who are so often utterly wrong in their opinions can on occasion be utterly correct in certain key situations, indicating that we have to always be humble and maintain a very open mind.

Psychic Being that Experiences Simultaneous Time

The Psychic Being is the evolving soul within us. It is the transcendent divine embedded in our being that is at the crossroad of Time Eternity. Connected to it, we experience past, present, and future as one continuous stream of time existence, giving us a vast knowledge and power to understand and shape the events and details of our lives.

The Reality Does Not Hide: It is Everywhere, and In All Things

Someone asks, "Why does the Divine not remind anybody that He is there? Why does He keep secret, only showing himself through miracles, calamities, in times of extreme strain, etc.?"

The truth is that He is always reminding us that He is there, in every single aspect of Life, in every turn in our own individual lives. It's just that our Physical Consciousness is too dense to notice, our Ego too strong to embrace Him, our Ignorance too persistent to perceive the Truth that He is. It is as if we were wearing dark glasses to block out the Divine Sun that is always shining. Only an effort of elevation of consciousness will make his Omnipresent Presence fully known.

Cause of and Inner Means of Overcoming Ego

I have been developing a detailed summation on *The Life Divine*, and have recently come upon the following related to Ego that may lend itself to the solution to the tricks of Ego. (These are my paraphrases of Sri Aurobindo.)

The human reason identifies the individual self with the Ego and the exclusions of consciousness that arise when absorbed in it.

Ego tends to internalize the workings of life Nature/ Life, viewing it from its own limited perspective. Thus, we perceive only the small part of things; i.e., those we identify with; only a part of any or the entire Truth.

To overcome Ego, we have to see beyond this individualization of ego to our Greater Self and World Being. We have to come to see that this self of our individuality is not only an ego self, but one that embraces the whole world and all other beings.

How do we move towards this wider self?

When we move to the soul and Self, we move towards this wider existence.

This Self and Soul connects us to other souls, individuals, and the cosmic. This is the unity of being; in Self.

[I would add that constant Consecration and repeated efforts of self-givingness, deep respect for others, taking the other's point of view, etc. will facilitate this process.]

The Body is In Touch with, Reacts to Future Circumstance

The body is subconsciously in touch with the future. E.g. if it suspects you are going to move in the wrong direction three days from now, it can suddenly fall ill or feel a pain in the present. That is because, as Sri Aurobindo indicates, the subconscious, which has a profound influence of the physical, is conscious. Its subliminal aspect is in touch with the Superconscious that is beyond past, present, and future, or rather embraces all of them simultaneously in the Ever-Present. This has increasingly been my experience.

The Divine Constantly Reveals Itself, but Our Limited Consciousness Prevents Us from Perceiving It

Someone asks, "Why does the Divine not remind anybody that He is there? Why does He keep secret, only showing himself through miracles, calamities, in times of extreme strain, etc.?"

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Being Content with Nature and Threatened Compulsion for Progress

That which is content with the harmony of Nature lacks the psychic impulse for Divine perfection. Then it requires an external threat to awaken its urge for progress. (Garry Jacobs)

Comment: We see that in the film Avatar where the Navi are content being in harmony with Nature, but are forced to change through an external threat. In that way they progress, as they are forced to collaborate with their fellow races on their shared planet. There are similar circumstances throughout human history, particularly amongst the more primitive peoples, though it is not exclusive to them.

Rapid Development of Collective Consciousness and Power through Supermind, the Mother

I found it interesting in the film Avatar that only when they made contact with other races on their planet, did they rise in power and collective consciousness, and throw out the aggressors. While the Navi had a great degree of Oneness on their own, they lacked something in consciousness that they could only solve by connecting to the surrounding peoples. It is a bit like Lord of the Rings and the collaboration of the fellowship, or the nations of Europe finally collaborating to fight the aggressors in WWII.

I suppose this relates to the need for a greater universality in the creative instinct. Supermind seems to have the individual, the universal, and the transcendent all linked together in knowledge and power of consciousness. Left to our own devices we are ruled by the exigencies of Nature (Prakriti), at both the individual and collective level, as there is a slow, painful climb to the integral truth and power. But that is readily released through the Creative Power of Supermind, which for us is facilitated by opening to the Mother.

The Consciousness of the Body, Health, and Life Response

The body has a consciousness and mind of its own. When it perceives that something is amiss, such as taking to the wrong work or moving in the wrong direction, it tends to fall ill. If ill, when one makes the necessary positive change, e.g. doing the right thing, taking up the right work, shifting an attitude from the negative to the positive, etc., the body spontaneously heals itself.

What Goes Wrong is an Opportunity One Should Seize

In the strange, but profound Logic of the Infinite, when something goes wrong in the course of your day, a greater opportunity has actually risen on the horizon. Therefore there is no reason to brood or complain. Instead perceive the hidden message, seize that truth, and make the necessary change. Life will quickly move towards the positive, and anguish will be replaced by Ease and Joy.

Embrace the Flow, Avoid Simply Repeating Out of Habit

Every day has its own unique flow. Perceive its subtle signs. Embrace it. Opt for adventure, not habit and repetition. The latter are limits of the lower, physical consciousness that does not want to change, to learn, to experience fresh energies, only to repeat ad infinitum on its way to decay and dissolution.

One Great Effort that Takes One to the Next stage

Often Life waits for you to make one great, exhaustive physical and psychological effort to usher you into the next phase of your existence. Until then, there is stasis.

Further comment: It is a kind of Rebirth, but while IN this life. It is a difficult "birth" indeed, but necessary until we are able to Surrender our mental, vital, and physical consciousness to the Infinite Divine's Force.

How Enjoyment Takes Shape

The Mind perceives something that it interprets as favorable. The Vital being acknowledges and endorses it, releasing energy that is experienced as the sensation of Enjoyment.

Power of Distinguishing Between Physical, Vital, and Mental

Making distinctions between the physical, vital, and mental plane of a thing or matter makes it so much easier to understand reality, life. You can define anything in the world so much more clearly by making these distinctions.

Spiritual Aspirants Should Embrace Thinking

Many explorers of the Spirit reject thinking at the expense of their Subtle experiences. Yet these two aspects complement one another very well. After all Truth is a spiritual quality, perhaps the First one, and Mind, especially its rational and intuitive forms allow us to "experience" it directly.

Becoming Calm and Composed Like the Supreme

The ultimate status of the Supreme is timeless, spaceless, unchanging (immutable), indescribable (ineffable), etc. There is nothing to react against as there is no embodiment. When there is an embodiment, i.e. when Brahman extends to creation, He is Silent Witness observing infinite manifestation of form of infinite Energy. He maintains that poise in Sat, as Silent Witness even as the universe emerges from Sat, as Creator. Whatever He creates, He creates in Stillness; no matter what status the forms take, positive or negative, big or small, etc. You could say that Sat (Pure Being) has the consciousness of Brahman, the Absolute that it is the first extension of.

We start from the opposite direction; in the inconscience of Matter, and our constant reaction to the emergences and becomings of life; first as physical sensation, then as vital intensity and recoil, then mental assertion and exclusivity.

Our need is to go within and discover the Silence, the Witness, that calmly observes, even as the world rushes forward in the Becoming. Constant consecration will facilitate this process.

Taking Pleasure in Others' Success, Happiness

When you regularly take great pleasure in others' success and happiness -- instead of feeling envy or jealousy or ego of any sort -- then you are well on the path of Goodness and Self-givingness, attributes that are simultaneously Heartfelt and Spiritual in nature.

Perceiving Problems in the Right Spirit

Problems arise in life to announce a future progress. Taking it in the right spirit creates the bridge. Examples: A man's computer suddenly failed, putting him and his business in a precarious position. However, he then purchased a new one, which was magnificent, with new, state of the art software that made everything he had before seem paltry in comparison. The same individual saw his beloved business fail, yet it opened the door to a new, wonderful career that has been the center of his life for decades. In both cases he had a secret faith, despite the obstacles that quickly created the bridge to the more positive future that was a great progress.

Life Confronts One's Self-Righteousness with Opposite

Those who assert their righteousness about a matter will be confronted with the truth of its opposite.

Example: Listen to a sports talk radio show. The lower conscious host will rant and rave on a point of view he holds dear. Then a while later, life will reveal just the opposite. He then becomes silent or is defensive. He is perhaps humbled for a short while, until he returns to his old habits. Only blows from life will likely reverse his self-righteous beliefs.

Power of Value of Simplicity

The product of the value of Simplicity gives power, ease, and joy to the recipient.

Example: Apple's wonderful products - Mac, iPod, iPhone, iPad, etc. - were the result of the values founder and CEO Steve Jobs had of Simplicity and Ease of Use. It gave great power, ease, and joy to the user.

Difficulties and Lack of Conscious-Force

Difficulties at the physical, vital, or mental plane are due to insufficient Conscious-Force at that level.

A reader asks: How to overcome that?

Answer: Changing your nature in a hundred ways to the more positive will increase the level of Conscious-Force. (I.e. the amount of energy steeped in consciousness.) Also developing a new center of awareness within, and continually opening to the Mother's Force (consecration) will add to the same.

Evolution = Movement Within + Surrendering to Force

Sri Aurobindo indicates that there are two simultaneous movements we can make to hasten the Evolution: Moving the center of our consciousness into the Inner Being, culminating in the Psychic Center; and surrendering to the supramental Force, the Divine Mother.

Service and Joy

The more we forget ourselves in service of others, the more Joy we experience in life.

Movement from Lower Mind to Spiritual Mind

Man moving from mind preoccupied with sense inputs, and dominated by limited, exclusive points of view to one of true, multi-sided rationality through thinking, and beyond to knowledge through intuition without thought are hallmarks on the way to spontaneous integral knowledge in identity with the object through supramental perception.

The More Money Circulates, the More It Comes In

We are aware that the more money that comes to us, the more we can spend. However it is also true that the more we spend, the more that comes to us. Spending and therefore circulating funds, rather than hoarding it, attracts much more of it. Of course what we spend on should not be indiscriminate and wasteful.

Examples of Non-Circulation: Indians foolishly hoard gold, preventing circulation, and thus more money coming in. Japanese do the same with their tremendous savings, creating stagnancy there.

Examples of Circulation: Banks immediately lend out money that comes in from depositors, causing circulation half dozen times of more, creating inflow of money for everyone who borrows, plus stimulation of economy. A man spending his last \$10 on necessities rather than holding onto it will attract the inflow of much money from out of nowhere.

Environmental Degradation and Material View

The root cause of rampant environmental degradation is obsession with the material/physical plane of existence.

I.e. at the expense of the vital, the psychological, the mental (e.g. human values), and the spiritual (e.g. Truth, Goodness, Harmony).

Releasing the Conscious-Force through the Within and the Force, Hastening the Evolution

As the involved Conscious-Force progressively awakened, life in the universe evolved from matter to animated life forms to mental Man. Now he must awaken further, through his evolving Soul within and the Truth Consciousness power above, further releasing the Conscious-Force, accelerating our evolution to spirit-based beings, and the arrival of a divine life on earth.

Opening to Supramental, Releases Conscious-Force, Enables Progress

Opening to the divine Supramental power stimulates the hidden, involved Conscious-Force in our being that spontaneously generates new development and progress within and around us.

Linking the Outer Material and Spiritual Worlds

We are fascinated by accomplishments in the outer, physical world, but are oblivious to the far more vast, enriching, and helpful realms of the Spirit. How to make these two live ends of life One is a great challenge before us.

Mother's Force that is Grace and Luck

Opening to the Mother and Her Force evokes Grace that descends into our lives and is experienced as pure Luck - i.e. sudden good fortune.

Knowledge of All through Divine Mother

By focusing on, opening to Her, I can truly know the nature of the universe and beyond.

Being World Catalysts through Mother

By opening to the spiritual Force, we become catalysts and change agents for the World.

Ego and Infinite Consciousness

The Ego self has lost contact with the ocean of infinite consciousness we are part of.

Further Comment: Through constant opening to the Force, we progressively connect with our True Self, the Psychic entity, enabling us to feel the blissful waves of the infinite ocean of consciousness that is the essence of the Reality.

Interconnectedness of All and Life Response

Since everything is related to everything in the universe and beyond, a thought or emotion of ours will have a vibratory effect on other things, forms, individuals, collectives, forces, et al outside ourselves. When that effect reaches us or comes into our purview, we experience a "Life Response."

Embracing the Work at Hand and Life Response

Fully embrace the work at hand, no matter if it is to our liking or not. Life will respond in a positive way, which may compel you to love the current work, send you to another work, or provide some other positive surprise.

Seeing All is Necessary Is to Perceive the Marvel

For the All, the Totality, the omnipresent Brahman, all and everything that is happening is absolutely essential on its way to a higher Becoming. Sri Aurobindo calls this "The Marvel," and it can be perceived when we rise above mind proper to spiritual Mind culminating in Supermind (Truth Consciousness).

Sri Aurobindo discovered Power of Creation and Means to Change the World

Our eternal Gratitude to Sri Aurobindo who discovered the Supramental Truth Consciousness, which created this universe out of the Infinite Divine, and whose Power we can now access to transform our lives as well as life on earth to their ultimate possibilities.

Enjoy Freedom of Unconsciousness

Man enjoys the freedom of his unconsciousness.

Math as Measure of Reality, Brahman

Mathematics is a symbolic representation of reality. It is the omnipresent Brahman quantifiable in numbers.

Perceiving the Oneness of Life

Our body is an amalgam of integrated system that makes up the Oneness of being that we are. We perceive that oneness and recognize it in the form "I am this one individual." And yet we miss the Oneness of Life, where everything too is integrated and unified, but where we instead see fractured, separative existence. Life for us is a constant carving out of manageable parts, of division, of separation, without perceiving the integral unity behind. And yet from the Spirit within or the supramental Truth Consciousness "above," we can constantly perceive that harmonic view, even as we go about the details of our lives. To make that possible we can take to constant consecration, which will elevate our consciousness and allow us to see the Marvel that Life truly is.

Future is for Ideas Not Great leaders

The time of great leaders is coming to an end replaced by the age of great Ideas.

THE USA and India in the World's Future

The USA, the leader of the world, how magnificently organized she is at the material level; but barely adolescent at the psychological, as her physical consciousness blocks entry there.

Further Comment: Fortunately, USA is not mentally rigid, is in fact open-minded, and therefore can change. But will she do so, and will it be enough? If not, she will have to retire her mantle as world leader, allowing others to step in. India is eminently qualified as she can have the perfect combination of a rich mental and spiritual life once it is married to an increasingly organized and sophisticated material existence.

Discovering Higher Harmony Beyond Contradiction

From within ourselves we must discover the higher harmony towards that which we are in contradiction with.

Example contradictions where a higher harmony needs to be found:

- I don't like my job.
- She is constantly complaining about me.
- We are almost out of money.

- My health is failing me.
- My view of things is different than my boss.
- I have the knowledge if it, but not the will to achieve it.
- I have the will, but not the knowledge and skill.
- Christianity and Buddhism have opposing views.
- Nations X and Y are locked in a trade war.
- Our government is paralyzed because the parties pull in opposite directions.
- We want the benefits, but refuse to pay taxes.
- We pay taxes, but the agencies squander it away.
- I want to go to art college, but I haven't the funds.
- My heart says yes, but my head says no.
- I give her freedom, but she abuses it.
- Etc.

Each of these have solutions through appropriate movements of higher consciousness.

Peak of Faith and Mother

At the peak of Faith is the Mother crystalline.

Receptivity Beyond Wishing for Thing

Wishing for a thing is good, but inner receptivity enables it to happen. It occurs in the measure our mental, vital, and physical consciousness is organized.

Faith in Mother's Force and the New World

In this New Divine Existence, Faith in the Mother's Force is what ultimately matters, and where our attention should be focused. By surrendering to Her supramental power, we will progressively be carried into the New World.

Power of Freshness, Not Routine

When each day is fresh, not routine, with unexpected outcomes and bright new vistas, then you know you are on the spiritual path.

Aspiration to Be Instruments of Divine Force

Let us every day aspire to be instruments of the Divine Force, so we can collaborate in the elevation of consciousness of life on earth.

Imagining Another as Divine Mother

When you imagine the person you are about to meet or otherwise engage in as the Divine Mother, they tend to act in a wonderful and engaging manner.

All is Lost Springboard

The "All is Lost" moment or occasion is often the great springboard to higher consciousness and achievement.

Conscious of Moments' Thoughts, Feelings

At any moment, we can turn within and consider if we are thinking the right thing, feeling the right thing, and if not, stop it in its tracks. It's a very conscious way of living.

Higher Consciousness and Aspiration for Growth

An elevated consciousness always seeks, aspires for new inner progress. In this way, the scope of our potential growth is infinite.

Beyond Dull Repetition to New, Infinite Possibilities

At a deeper consciousness there is less of a tendency to blandly and dully repeat, which creates regression. There is more of an opening to the New, to the Infinite Possibilities, which enables progression - i.e. progress, evolution, transformation.

Mother's Power that Energizes Conscious-Force Within

When we open to the Mother's Supramental Power, it energizes and releases more of the hidden, absorbed, involved Conscious-Force - the Source Cosmic Energy in us - enabling our further progress, development, evolution, or transformation.

Perceiving the Unity of Everything

Mind cannot perceive the Unity of everything (of Brahman), but Supermind can.

Further comment: By Unity of Everything I mean that all forces and forms at all planes - physical, vital, mental, spiritual - are inextricably linked in a profound Oneness. Everything happening, every detail - positive or negative, large or small, in the unmanifest and the manifest - is linked to every other. Mind however does not see this Oneness and Unity of this All, this Brahman - perceiving things in life as unrelated, fractured, divided, contradictory - whereas the Supramental Truth Consciousness does. The more we consecrate, opening to the divine Mother and Her Shakti, the more we step into this extraordinary supramental state, giving us a profound understanding of the unity of life, and therefore a great power over it.

Ego is Root of Falsehood and Evil

Falsehood and Evil have their roots in the emergence of Ego in the human experience.

Ego as Step Toward Individuality

Nature allows the half-lit, ignorant Ego to emerge in Man as a temporary step on the way to true individuality, and further still to soul-based Spiritual Individuality.

The Force Overcomes Negative Results, and Source Inner Cause of It

The Supramental Force intensely invoked not only can quickly overcome a problem, but can negate the source wanting attitude, motive, etc. that precipitated it - whether within us or outside ourselves.

Pay, Collect All Money Debts

One principle of money is to pay off all outstanding debts, and collect all funds due you. That will quickly attract more money, including new opportunities to earn.

Overcoming Hard, Mental Rigidity

Sri Karmayogi indicates that mental rigidity and hardness rooted in ego is worse than mental unconsciousness, as the latter can simply become conscious by surrendering to the spirit. Even a stupid mind can evolve by passing through confusion. But a hard, rigid, mental Ego reaches consecration by dismembering itself by heavy unconsciousness; i.e. which entails severe difficulty in life.

Some examples of rigid mental ego: Severe ideological point of view, dogmatic moralism, maintainer of rigid rules, protecting to the point of squelching, religious fanaticism, philosophic rigidity, persistent sarcasm and criticism, mind that insists on its position, mind that turns away from other's thought and points of view, hardened attitudes about others and life, mental resistance to change, insistence on material or mechanistic causality, etc.

A reader asks: "How can one overcome such a condition? By tuning his rigid mind to the Mother?"

Yes. The more Her Force enters our being, the more we open in the depths and experience oneness with others and life - instead of the separateness of ego, and therefore the exclusivity, hardened views of mind. Also through consecration, the mind opens to its higher formations like insight, vision, intuition, etc. where hardened, fixed, egotistic mental viewpoints have little or no play. When we rise to supramental consciousness, we embrace and capture the knowledge of a matter from all sides, and there is a power of that knowledge to materialize as real in the world.

Another practical method advocated by Karmayogi is to constantly take the other person's point of view. I.e. seeing things from their perspective. Practicing this on a consistent basis will break down the barriers created by our ego-based hardened and rigid mentality.

Fulfilling the Cosmic Determinates, Spiritual Aspects in Life

Sri Aurobindo in 'The Life Divine' indicates that out of Sat-Chit -Ananda (pure Existence, Conscious Force, Delight) came the universe we live in. Also "cosmic determinates" emanated from It that It seek to manifest in the world through the details of life. Among the central ones are Silence, Oneness, Truth, Knowledge, Goodness, Power, Beauty, Love, Delight, Eternity and Infinity. As the world evolves, indeed as we as individuals evolve, we progressively experience each of these spiritual qualities. By experiencing these qualities, we are also bringing them further into the world - for ourselves and others - thereby fulfilling the Divine Intent for their manifestation in Life.

Mother's Supramental Power, Conscious-Force, and the Evolution

We hasten the Evolution by calling in the Mother's Supramental Power which stimulates the involved Conscious-Force, the Spirit in things.

You and Others Receive Same/Similar Good News

When you unexpectedly receive good news about a matter, others closely related to you (e.g. spiritually) will spontaneously have the same or similar result.

Multi-Culturalism, World Unity, and the Problems of Society

What is called multi-culturalism closely relates to the subject of Human Unity. It has its live end in problems of social inequality (as we see in Paris, London, etc.). These are the sorts of issues we are quite a ways from solving. They (global poverty, etc.) were masked during the Cold War. Now it is coming out as friction between nations and co-mingling groups within nations. In many ways it is the necessary obstacles out of which further unity will be formed.

At the heart of the matter is the virulent Ego of individuals, peoples, and nations. It is a sorting out process. In the US we have succeeded in many ways in the coming together of the races, though if the economics fail, so will that social cohesion. The US is the melting pot all the world can emulate, or is at least one reasonably successful model. Even she struggles with it. It is interesting to observe how readily the Asian nations accept the citizenry of one another. In Europe intention and values are good, but Ego rules the day, just as it did before the two great world wars.

Still I think Europe will work it out, especially when she perceives successes elsewhere. When the world collectively addresses poverty, unemployment, disease, etc. these issues will ease. But that takes a big change to some sort of parliamentary world governance, which is desperately needed. The movement to World Unity is a multi-faceted and complex process; one that is well underway and one that I believe cannot be stopped.

The Movement of the World Energies and Application of Spirit to More Diverse World

Karmayogi indicates that the World Energies have taken many circuitous turns in history, and expressed in a variety of directions and fields, especially in the modern era, so that the indwelling Spirit, the Conscious Force within could express in the greatest diversity and variation.

He tells us that from out of Africa, Spirit was born in India. From the Middle East came religion. Then Life, i.e. the leading edge of the World Energies moved to Europe with the rise of thinking man, science,

organization, etc. From these roots came America, and its freedom, individuality, technology, etc. This movement has now continued and moved to Asia. As a result of this meandering movement of the World Energies, a far more complex society has risen, enabling the dormant Spirit born of India to now be applied to an infinite variety of fields, forces, and forms.

Evolution from Mental Man to Supramental Being

Sri Aurobindo tells us that Mental Man has to evolve out of himself the fully conscious being, a supramental nature which shall be the next product of the evolution.

Revelation of Indwelling Spirit and Terrestrial Existence

Sri Aurobindo indicates that revealing in forms including us, the hidden indwelling Spirit and Conscious-Force is the central motive and purpose of terrestrial existence.

Higher Consciousness that Handles the Intense Flow of Details in Daily Life

Life comes at us fast, hard, and strong. How to cope with all of the inputs? A psychologically weak person will be overwhelmed, confused, frozen. A reluctant person will be unable to accept the givens life puts before him. A third will take the course of least resistance, or follow the instincts of his lower Ego at the expense of others or his own best interests. This is the challenge we meet every day. And yet from our highest consciousness, our deepest poise, we readily accept all possibilities, filter out what is unnecessary, while being guided by our highest values and conscience. In other words, Spirit turns the onrush of life events into a blissful, harmonious, symphony of order and progress.

Infinite Creation from Silence

From Silence came the universe. We can practice the same to create infinitely.

What Science Misses of the Total Person

Science sees only the surface of life, missing the infinite powers of the inner person. Science misses the emotional being of man, his psychological nature and capacities, the social and interactive dynamic, his powers of intention and will, his human motives and values, and his spiritual heights and depths, to name a few, instead focusing solely on his and life's physical/material and mechanistic existence.

Intention + Values = Great Success

Human intention driven by deep personal values is what achieves in life.

True Individuality and Opportunities

True Individuality will always see new Opportunities that others miss. Its ultimate power - Spiritual Individuality - issues from the poise of the psychic being, the evolving soul within.

Overcoming Wrong Attitudes that Ruin Our Lives

Our wrong attitudes - about others, life, and ourselves - ruin our lives. Discovering what they are and reversing them, opens the door to great achievement, success, and inner fulfillment.

Supermind, Conscious-Force, and Evolution

The Supramental Power above awakens more of the hidden, involved, sleeping Conscious Force within us, in things, evoking new progress and change to those forces and forms. This is the process of Evolution that Sri Aurobindo perceived in the cosmos, which we can facilitate through the development of our higher consciousness.

My Aspiration and Mother

I aspire for the Mother's Force to be the Leader of my life, while ushering in a new Divine-based existence for the world.

Ending Drought through Consecration

A month or two back California was on its way to its lowest rainfall totals in 50 years. At the time, I consecrated the matter intensely. Not only was there suddenly a big storm the next day that seemed to come out of nowhere, but the following month - the March just concluded - had the highest rainfall totals in the state for that period in 80 years!

Developing the Subtle Sense

As you awaken in consciousness, you naturally develop a subtle sense of which situations to avoid and which to pursue. E.g. you sense that a line in a store should be avoided because of a certain brewing conflict or other intensity, and when you then go elsewhere, everything works out fine. By being sensitive to the outer conditions and vibrations (as well as your own), you can avoid difficulty and maximize positive outcomes. Constant consecration and knowing the subtle laws of life will facilitate this moment-to-moment decision making process.

Another Example of Subtle Sense: I go to the local library, where I daily venture to the newspaper rack to read the two local papers. However, this time they are not there in their location, as others have obviously gotten there before me. What then will I read? I then see in the lower racks multiple copies of a magazine. It is the monthly *India Currents*, which almost seem to be glistening, calling to me. I then pick up a copy, settle into one of the sofas, and begin reading. There I see a half serious article about Food that substitutes for Love in Indian families, which makes me start thinking about a consulting project I am in the midst of that involves an Indian woman's aspiration to start a food concern based on her cooking abilities. I then check out the various services offered there for Indian food (restaurants, catering, etc.), giving me many ideas for the project. In retrospect, it was clear that the absence of the newspapers, lured to me to the beckoning magazine that had something important in store for me. That is an example of how through a subtle sense one can follow the becomings of life to bring about good or great positive reward.

Put Issued in Hand of Mother

Put every issue in the hands of the Mother. Each will work out surprisingly well!

Repetition, Habit Limits Field of Possibilities

Absorption in bland repetition and habit causes one to lose touch with the field of Infinite Possibilities.

Life Response and Harmony

Positive Life Response is due to vibrations of Harmony coming together from the various sources and parties. By 'Harmony' I meant that the parties are in deep Alignment.

Knowledge Beyond Technology

Technology is the container, not the Knowledge. It is the vessel, whereas we are looking for the integral Truth to fill it.

Conscious vs. Subconscious Life Response

Life response, synchronicity, parallelism, etc. are either consciously intended (as in consecration or other shift in consciousness that one perceives will likely attract) or subconsciously so.

All Works Out is Divine Life

Divine Life is where everything works out in the course of your day.

Supermind as Creator and Method of Our Transmutation

Supermind, the extended nature of Sat-Chit-Ananda, is the Lord and Creator of the universe. It is also the spiritual Force and Power we can access through the divine Mother to transmute all aspects of our being and all life on earth into their ultimate possibilities.

Mind Led by Lower Planes to Mind Becoming the Leader of Our Being

The body's routines and habits, the vital's wants and desires dominate the human Mind, and therefore our lives. As we become more conscious, this process is reversed, as Mind leads the way and determines Life's direction. Embracing the Spirit expands the Mind in all directions, enabling us to perceive and fulfill our infinite potential.

Problem Solved, Not Repetition, Takes One to Higher Plateau

People want the same pleasant things to repeat. When there is a problem, they want it to go away. But the problem solved creates a new plateau of the positive previously unimagined.

Truth Power

Karmayogi indicates that nothing attracts the positive like Truth; embracing it and living it in all facets of our life. Sri Aurobindo indicates that Truth is the objective status of the unmanifest Being (i.e. Sat of Sat-chit-ananda). When we move in the direction of Truth, the universe quickly and abundantly moves toward us.

Further Comment: When one reveals the truth that one was previously embarrassed to present, or when one adheres to the truth when others pressure and advocate falsehood, a great positive windfall will follow for that individual. E.g. in one incident, a woman finally accepted the truth of her situation, and then revealed it to others. As a result, her husband suddenly secured the biggest victory of his life. In another episode, a woman adhered to the truth when others around advocated skirting it. As a result, life suddenly responded with a big windfall for her. That is the power of taking to Truth in life. It quickly attracts the infinite to one's doorstep.

Nurture, Not Possess Children

Parents are normally overly possessive of their children. It is an Ego movement of the worst kind. They should instead nurture their children without the physical consciousness of possession. It will be beneficial to all.

Exclusive Nature of the Mind

People love to insist on one side of an issue, avoiding all others. It is non-rational exclusivity of the mind that is supported by our prejudiced vital needs and wants which make up our separative Ego.

Oneness and Unity by Connecting to Mother

As soon as I connect with Mother's consciousness, I feel a heightened sense of oneness and unity with everything and everyone around me.

The Evolving Reality

The omnipresent Reality, Brahman can be said to be evolving to the degree the universe is evolving, which occurs through our elevation of consciousness through the Psychic Being. At another level - from the perspective of Supermind - the Reality, the All is beyond evolution.

Power of Expertise as Devotee of the Mother

When you are an expert in a matter and a devotee of the Mother's Force, a problem your client is having often clears up instantly upon their contacting you.

Avoid Initiating in Awkward Situation

Often when you initiate an action in an awkward situation, it ends up backfiring on you. It would have been best to remain still and silent.

Catching the Micro Negatives

It is getting to the point where I am catching even the tiniest negative thought, feeling, emotion, and action of mine, and halting it in its tracks. It is a micro precision, reflecting a further development in consciousness.

Consecration of Problem Quickly Resolves It

When you consecrate a problem expected to take several hours to resolve, it often gets solved in mere minutes.

Non-Reacting to Silliness Attracts Intelligence

When you refrain from reacting negatively to another's silliness, they soon come back to you with their intelligence.

Embracing Other Side Fulfills Ones Intent

When you embrace the other side, instead of insisting on your own, you end up getting what you wanted in the first place; or more.

Sri Aurobindo's Involution

Perhaps Sri Aurobindo's greatest contribution to the theory of creation is "Involution." In it, He explains how God, the Divine became the universe by withdrawing Its divinity in the forces and forms that emerged for the purpose of infinite diversity, possibility, and discovery.

From out of the Involution emerged/is emerging the Evolution, which he too explains, as the progressive movement of life to increasingly higher levels of consciousness, knowledge, truth, oneness, perfection, beauty, love, and joy, culminating in a New Spirit-based Humanity and a Divine Life on earth.

Divine Source of Our Infinite Potential

Because the source of everything, every person is an Infinite Consciousness, each individual is capable of expressing that Infinity. Practically speaking that means each individual has unlimited potential in life, including the ability to express it uniquely.

Dealing with Opposition to Our Initiatives

Any great initiative to the positive will tend to attract serious opposition, even outright hostility, thereby testing one's strength and perseverance. Consecrating the effort at the outset can negate that which opposes, is hostile, insuring a successful outcome.

Ascent and Descent in My Yogic Practice

The spiritual method of progress I employ follows an ascending and descending movement. I aspire, call to, offer myself to the divine power, the supramental force, the Mother; and then That descends into my being. The result is life cooperates; mind intuitivizes knowledge without thought; one feels closer, even One with others and existence; attitudes and habits turn fully positive; joy abounds; and even physical pain and illness is overcome.

Balancing Act in the Play of Life

Life is a like Play in which we are required to balance focus and intention on the one hand with spontaneity and uncertainty on the other. When we are centered deeply within, we maintain that balance, become one with that Play, and therefore becomes its most successful and realized Player.

Interconnectedness of All

The Divine is perfectly interconnected, then why not everything in His creation. This explains life response and many other such cosmic phenomena.

Nature's Evolution to Places of Non-Ego, Humility

Sri Karmayogi indicates that Nature evolves by moving away from places of ego to those of humility. For hundreds of years Europe developed trade, economics, science, and in general material well-being. However, She became proud, and the evolution moved to the US, shifting from the science of Europe to emerging Technologies practically applied. Now Nature is moving on to Asia, one outcome of which is that India can become the Guru of the world - especially if She gives up Her spiritual rigidity and egotism for the humility of applied spirituality through the details of life.

Greatness of Leaders by Abandoning their Position

The greatest leaders are often ones who while in office contradict some of the very principles they believed in when elected. Like when Gorbachev brought down the very system he was put in office to uphold. Such reversals of one's own self or the government self in the name of what is right, just, etc. appears to be a shift from Ego to Truth, even if it means swearing off the very beliefs one brought into power. Imagine if all of the reactionary leaders of the Arab Spring and such had taken this approach.

We can thus think about where we can reverse out of upholding the false that supports our Ego-self in our current work position, even if it contradicts the current reality.

Doing that which is Right, Instead of Wrong Attracts

If when in pursuit of something desired, you shift away from that which is expedient, illegal, and therefore selfish, life quickly rewards you, far exceeding your original intent.

(Basis of this entry: I was looking for a background photo for my FB timeline. I found an excellent photo on Google Images. However, it was proprietary. Part of me said, "such things are not really enforced." I then listened to my better angels, reversed myself, and didn't use it. Very soon after, a magnificent photo of my town appeared, far exceeding the one that I pushed aside. Hence the principle I described at the outset of this thread. (I try to base most of the ideas I develop on real world experiences I have that suggest the principle.)

Overcoming Individual Ego of Nations and Need for Increasing Global Collaboration

The individual nations of the world assert their Ego and refuse to engage in collective efforts to move society forward. Meanwhile the social problems are increasingly acute and cannot be solved within individual countries, but only through global collaboration. It is this petulant assertiveness of individual nations that block the inevitable movement toward Human Unity, itself a presage of a higher consciousness, spirit-based human existence.

Man as Money Slave, Instead of Master of Life

Man is the Slave of money, while missing the inner power he has to become the Master of life.

Danger of Financial Speculation

Rampant, unbridled Financial Speculation is the Darkness in the heart of a wavering economic system that has the potential to unleash a Great Depression for us all.

Connect to Others' Inner Person, Soul

The next time you meet with someone try to feel their Inner Person, not their physical form or the surface personality you ordinarily perceive. Sense and connect to their Inner Being and Eternal Soul, and know them always that way.

Non-Reaction to Childishness Attracts

By not reacting to or scolding child-like behavior amongst adults, one or more will suddenly respond with maturity bordering on wisdom.

Ecstasy from Serving Others

At the end of a day of intensely serving others with heartfelt sincerity, ecstasy shines from the face.

The Factors that Make Up Who We Are, and Evolving Them

Who we are is a product of our physical makeup, our individual character, our personal values and beliefs, our attitudes (towards others and life), our knowledge and skills, our level of energy, our aspirations, our experiences, our achievements, and our spiritual nature, amongst others.

Conscious Evolution (Yoga) is to raise all of these to their ultimate possibilities in the course of one's life. Thus, Sri Aurobindo refers to it as the INTEGRAL Yoga.

Power of Intentionally Forgetting

Forgetting about matters you were overly absorbed in attracts marvelous results related to them.

Jesus, Buddha, Krishna

Jesus offered Love to the world; Buddha the way out of Suffering. Krishna showed us the way to the True Self and Soul within, linking us to the Infinite Divine.

Silence and Infinite Creativity

Silence awakens one to the gifts of the universe, igniting the spark of infinite creativity.

Self-Employment as Adventure

Working for others may mask a need for security, while working for self and employing others often indicates an aspiration for the Adventure.

Connecting to Soul that Divinizes Life, Compels Oneness

Our Soul is the Spirit given to us in life. Our goal then is to connect to it and live from that poise, which will help us perfect and divinize all aspects of our being, while perceiving the Oneness of the Reality underlying all existence.

What Enables Success

Success comes about by having targeted goals, intense will for them to come about, rich enthusiasm for the work, and perfect execution through high skill and right attitudes.

The Unique Importance of Each Work

Each work, project, important activity, etc. comes to us to teach us a particular lesson, to show us a new way, to garner a new skill or knowledge, etc. To do the work just as we did the previous ones is to not take advantage of the lesson life is offering, but rather to work out of habit, out of routine of the physical consciousness that merely wants to repeat. A keen mind will perceive that subtle life lesson as it arises in that particular work or activity, rummage it around in our minds, and incorporate it in our storehouse of insights that we carry forward in our journey of ever increasing life experience, knowledge, consciousness, and delight.

Overcoming the Critical Dominating Negative Attracts

The elimination of a single dominating negative element can open the flood gates of enormous success, even for an otherwise mediocre organization.

Interrupting Another Attracts Negatively

When you interrupt another from expressing fully what is on their mind, then what you hope to present of importance thereafter will tend to get spoiled, drawing your irritation and ire. It is a negative response from life to your earlier ego-based behavior.

Example: A woman on a hybrid radio/tv show prevents the host from fully expressing the wonderful experience he had on his recent trip to Scandinavia. Five minutes later when she begins her presentation to the international viewing audience, she realizes that the service she is demonstrating does not include important features, causing her to be upset on the air.

Brahman Reality is Infinite of Quality, not Just Quantity

How could God become the universe? Since the Infinite (Brahman, the Absolute) is not just an infinite of quantity, but of quality, It could take on infinite formations, textures, forces, powers, etc. indicating it could extend itself and become this multifaceted, multi-dimensional, complex, ever-evolving universe.

Nature's Progress and the Spiritual Humility of India

Nature needs humility to continue its progress ... The feeling that Indians have discovered everything, found all subtle secrets, deserve greater luck or better treatment is there in many ways. It is expectation. For Nature- to raise India's spiritual stature to that of the Guru of the world- India should part with spiritual ego and acquire spiritual humility. (Karmayogi) (If India can find ways to come out of her spiritual ego and change that to spiritual humility -she can become the guru of the world in a very short time.)

Supramental Consciousness and Colors of the Rainbow

The Supermind or Supramental consciousness is like the spectrum of colors of a rainbow. In Supermind, one perceives each and all aspects of a matter or thing (like the spread of colors of the rainbow), but also sees each thing in relation to the Totality of Truth from which it emanates (i.e. each color is perceived in relationship to the white or clear Light from which it originates). Moreover, in Supermind, each individual aspect of a matter or thing is perceived as being in unity with each and every other, since it shares the same Essence and Totality. In essence, Supermind is Unity Consciousness; the reverse of normal life of contradiction and division.

E.g. Joe has his knowledge about a subject. Mary does too, but it a different knowledge than Joe's about the same subject. Each person asserts their point of view. There is no understanding of the other person's position, nor the Totality of truth from which it originates. In Supermind, one has all the knowledge at once; each individual thing is perceived as being in integral relation to every other; and each thing is perceived in relationship to a higher/greater Totality of Truth of which the individual truths have their origin. This existence is far beyond human functioning, yet is where we are headed.

In Supermind, the Totality, the Details, and the Unity all come in a flash, or at once. Plus there is an intense compulsion for that entire Knowledge or Truth to manifest in the world. Often it does manifest.

When we open to the Mother's Force, we take a step into the supramental plane and consciousness. Frequent consecration will keep us there forever. Our lives will be an endless unfolding of the miraculous, catapulting us to the top of any work or field applied to. Even to the "non-field" of ultimate yogic attainment.

Creation Process in Supermind and How We Can Integrally Know through that Power

Let's see if we can now tie the idea of the Creation Process of Supermind, and the process by which we can integrally Know and Manifest by connecting with the supramental power.

In the Supramental Process of Creation -- as explained in the Life Divine chapter 'The Supreme Truth Consciousness' -- the Knower Knows the Known. The Subject is thus in identity with the Object. Whenever something will seek to know something, it simply will. What it does know is everything about the object under consideration. Hence it is in Identity with it. In addition, Supermind seeks to have that vibration be embraced throughout the universe. It wishes to see it manifest as Real in Life.

Likewise, when we enter the supramental consciousness and Force, we too Know the Known under consideration. We too are in Identity (One) with it. I.e. when we consecrate and enter into the supramental consciousness, life returns us the favor and gives us all that which needs to be known. Thus, the Knower (we) Knows the Known. We as Subject are in Identity, are One with, have full integral knowledge of the thing or matter (the Object) under consideration. Thus in our metaphor, each color of the rainbow is one with, in unity with, in deep association with the Totality, and in each and every other particular color. And it too has the tendency to Manifest as something real beyond Knowledge as a new development in Life. (I.e. life responds not just with Integral Knowledge, but Life Action.)

A Double Response to Seeing Things from Another's Perspective

Normally we think of another person in terms of ourselves, of our relation to them. Rarely do we think of what they are interested in, what they are preoccupied now with in their work and other aspects of their lives. If we do think about that, life quickly responds, and emanations of them suddenly appear before us -- such as email from them arriving unexpected from out of nowhere, or new information about them coming into one's field of awareness, or even their sudden appearance instantaneous before our eyes. That is the power of putting ourselves in another's shoes; looking out from their perspective of what interests them and seriously occupies their time.

I wrote the above entry several minutes after I had this exact type of experience involving the manager of my building complex. It was a stunning moment. For a moment, I concentrated and thought about what she really does in her work and what normally occupies her working time; not my mere association with her or my opinion or attitude about her, etc. At the very INSTANT I completed that 10-second thought, she suddenly appeared, walking past me, as if coming out of nowhere.

Moreover, just as I finished writing the above entry on evoking the response, something flew off my metal cabinet and landed right in front of me on my keyboard. It was a small poster I had made several years ago on which is printed in large letters. "EXPERIENCE INSTANTANEOUS MIRACULOUSNESS!" It was yet another miracle to behold; this one even more startling than the first!

These events were due in large part to looking at things through her eyes; her interests; what preoccupies her time, not my limited feelings and opinions about how she goes about her business. Life then instantly responded ... twice.

Further Comment: In essence, it is a movement away from the Subjectivity of Ego to the Objectivity of the Truth of the situation - as e.g. Darcy did relative to Eliza did in *Pride and Prejudice* in his self-examination of his own character. Often life overwhelms us and we are forced to be objective, and see things from another's perspective; or the absolute objective Truth of the situation. However that is Nature's way. The way of Soul or Higher Consciousness is to be in that deeper, higher state that compels us to constantly be honest with ourselves, with life. In the depths we are far more likely to be this way, as Ego tends to get annihilated there. Constant consecration makes that possible, as well as yogic effort of a certain degree to discover those depths. In the interim, we can constantly monitor our objectivity, our attitudes, opinions, etc. and deeply focus on the other person's interests, concerns, etc. from their perspective alone, not our own.

Divine's Calmness in the Face of Our Ungodly Behavior

Why does the Infinite Consciousness remain calm and equal in the face of unGodly human behaviors?

In *The Life Divine* Sri Aurobindo says there is a boundless Energy of infinite existence, movement, and activity that is pouring itself into Space and Time. And yet behind this movement, there is Stability. It is pure existence; eternal, infinite, indefinable; not affected by the succession of time, not involved in the extensions of space; beyond form, quantity and quality. It is immutable (unchanging), inexhaustible, and unexpended; without beginning or end; not acting, not moving, though containing all this action; not energy, but pure existence behind it.

Also the Being knows that for his Real Ideas to manifest in all its possibilities, It needed to create a universe of Infinite forms, with infinite possibilities, including all of the dark sides, all the impurities, and unGodly actions. He buried Himself in unconsciousness in the Involution to accomplish that, which we arise out of in the Evolution. So perhaps we can say that He knew that such behavior was part of the process. He thus remains unmoved, perhaps even amused, as Silent Witness in the face of human indignities.

Then what of us? We know nothing, live in divided consciousness, are Ignorant, have an unevolved, unregenerate vital nature, and so react to everything. Also, to the Mind, stillness seems like unconsciousness. It's the last thing it wants. However, when we move deeper within, and eventually discover our True Self, the Psychic element within, we move to stillness and calm like Sat/Being, and also become Silent Witness. Constant Consecration makes this possible.

At a practical level we can remember to practice non-reaction, non-complaining, non-initiating, non-opinions, etc., which will keep us held back so we can express Sat, the unmoving Stability within us.

Thoughts on Delight in Life and Spirit

- Delight comes from Self-discovery of our higher nature.
- Connecting to True Self, the Psychic Being gives ultimate (dynamic) Delight.
- Ananda/Delight is the natural state of the Being (Sat), relishing in Its aware of its Existence and the Force that issues from Its self-Consciousness. We can have that same experience.
- Delight rises when pain decreases, which is caused by ego and separateness from others, dualistic experience, ignorance, and unbridled need and desire.
- When we evolve, the Conscious Force is energized within us, releasing fresh forms of Delight.
- Feeling the Mother's Presence gives blissful Delight.
- Consecration and the wonders that issues from it expands Delight.
- Delight is long-lasting, whereas human joy is fleeting or ultimately unsatisfying. Giving up human joys and Surrendering to Her brings ultimate Delight.
- When our mind expands beyond sense and even rational thought to intuition and truth consciousness, there is Delight in the experience of integral Knowledge and Truth, including the recognition of the unity of the Reality, the All. (I.e. the experience of the Marvel gives Delight.)
- When there is detachment, equality of being, non-reaction, etc. then we remain undisturbed, preventing sorrow and pain, supporting the expansion of Delight in our lives.
- Delight is always there through Self-Givingness.
- A community of individuals who feel Delight creates an atmosphere of Delight that others can partake in.

Chant, Mantra for Mother that Overcomes Hostile Forces

Repeating the chant "In the name of the Mother, for the sake of Mother, by the power of the Mother, with the strength of the Mother, etc." overcomes hostile forces outside us or within us.

The Spreading of the Knowledge of Sri Aurobindo's *The Life Divine*

"The Life Divine is supposed to have answers to many of the questions listed above. But the problem is that the number of people who read this book is very few in numbers. Disseminating the knowledge found in this book to the common man on the street and the public at large will be a very difficult task. Unless the general public is enlightened and awakened, the transition to the next higher stage in evolution may not take place fully. In that case only a small enlightened minority may even be fit to pass on to the next supramental stage leaving the vast unenlightened majority where it is now." (N. Ashokan of MSS)

Most educated people now understand Darwin's Theories of Evolution, though I doubt more than a few have actually read his books. It has become part of the popular knowledge base and lore. Sri Aurobindo's teachings are actually quite simple when explained in terms of Involution and Evolution. His knowledge has however remained a secret to the world, except for a few. Perhaps the time has not been ripe for it to spread. Or rather only now that time is coming about.

Who knew of the Internet twenty years ago! Now it is in the fiber of our being. Someone's dream has become an omnipresent reality. Sri Aurobindo is known, though Life Divine and the knowledge contained there is hardly mentioned or understood at all. But it is only a small shift or twist of circumstance (or sudden evolutionary leap!) that can make this real.

When we devotees and others take the next step, then Life Divine will take the next step to the world. When serious insight and wisdom valued instead of the triviality of physical hatha yoga in America, or Sri Aurobindo's teachings (including Her Force) are employed in business, organizations, politics, and the likes, people will see life response results, and will want to explore further. Then Life Divine will serve as a beacon.

Garry Jacobs' The Book gives a full explanation of how Life Divine is applied in work and the institutions of society in a dramatic work of fiction filled with astonishing characterization and plotline. It has brought alive The Life Divine.

From all these roots, we see the possibilities for His teachings to spread, even if only a few venture to wade into the actual reading of his cosmic masterpiece.

Getting in Habit of Moving Outside Life from Within through the Force

From within we can move anything on the outside by opening to the spiritual Force that is in the atmosphere. It is just a matter of getting in the habit of doing so.

Life Reverberations of Focusing Our Attention

If we look around we will see that life is constantly reverberating back to us iterations of a thing we have just focused our attention on. It is a wonder and joy to behold these echoes that appear from out of nowhere.

E.g. yesterday a friend was given a gift of a new type of cake, which we shared. A few hours later it popped up in a Facebook entry -- on its own, without her looking for it -- where she had never seen such a thing before. Other reverberations will likely follow. This phenomenon happens to me very frequently, and is part of my normal modus operandi. The phenomenon is sometime referred to as simultaneity or parallelism. It indicates that our focused attention to a matter goes out into the field of life and attracts related circumstance. Or we can say, we move into alignment with our focus, or we with others. (It is a subset of life response, or an aspect the wider Character of Life.)

On Withdrawing Our Opinions

Spiritually, all opinions constitute a limitation because they impose our limited and ALWAYS ignorant understanding on the infinity of the Unknowable. That is why it is ALWAYS best to withdraw our opinion and rely on the Mother rather than our understanding or belief. (Garry Jacobs - MSS)

Further Comment: I have noticed that at the point I assert an opinion, I increase division, diminish the energy, attract negative circumstance, or otherwise lessen the essential experience or work I am involved in. Thus, as Garry indicates, it is best to withhold expression of our opinion, and further still offer it to the Force, letting the Silence and Power work THROUGH you instead.

Technology Enables Us to Focus on Higher Mental Capacities of Knowledge

Computers, the internet, and the like can fulfill the more mundane knowledge processes of Mind, freeing us to engage in true, multi-sided rational thinking, and beyond to intuitions of truth without thought in order to resolve life's problems in dramatic new ways.

Growing as a Person through a Problem

The problem you are having is an opportunity to grow. If that is so, then what are you more interested in: growing as a person or solving your problem? When you look at the problem from the perspective of one's growth, it becomes much easier to solve, for now the knowledge of what is really going on relative to some limiting aspect of your character and being presents itself. As a result, the right inner or outer solution comes into focus. When the understanding matures, it's just a matter of carrying it out. The problem then rapidly moves toward solution.

Increasing Team Spirit through Soul Connection

Q: How can we increase Team Spirit in work and other aspects of our lives?
A: If we feel our Soul, and experience that as the same Soul that is there in others, and feel that too, Team Spirit will be increased. That Soul connection will dissolve ego, open our hearts, and put us in identity with others. We will see, feel, and act as if their needs are our own. Generosity, self-givingness, etc., will naturally follow. Our harmonic energies will spread, and Team Spirit will suddenly be on the rise.

Making Contact with the Soul and True Self

The Ultimate Reality has given us a gift. It is the Soul and True Self. When we make contact with it, all parts of our being that seemed at odds irrevocably fall into place, even as our relation with others and life shifts from ego and separateness to profound unity and love.

Learning the Lesson Each New Work Presents

Each work, project, important activity, etc. comes to us to teach us a particular lesson, to show us a new way, to garner a new skill or knowledge, etc. To do the work just as we did the previous ones is to not take advantage of the lesson life is offering, but rather to work out of habit, out of routine of the physical consciousness that merely wants to repeat. A keen mind will perceive that subtle life lesson as it arises in that particular work or activity, rummage it around in our minds, and incorporate it in our storehouse of insights that we carry forward in our journey of ever increasing life experience, knowledge, consciousness, and delight.

Further comment: It would be useful to keep a diary or some such thing, and as we make our way through a work, project, major activity, experience, problem, etc. write down what Life Lesson we were presented with, and how we can implement it further in the future.

Cosmic and Individual Choice

We have Choice because the Many was created by Self-Conception (choice) of the One, which is retained in the universe.

Further Comment: Or to put it another way, because the Divine had/has Choice (to create), so do we. And Choice is really Free Will.

Unity of Brahman Includes Creation

The Absolute, Brahman, the All is One, and has never lost its Unity in creation.

Further Comment: All planes of the omnipresent Reality (Brahman) - Sat (spirit/truth), Chit (conscious-force), Ananda, Supermind (truth consciousness), Overmind (universal consciousness), Mind, Life (energy), Matter -- are integrally one; i.e. they are deeply bound up with one another, are simultaneously at work in our lives -- something we do not see.

Spirit/Transcendence, Soul/Cosmos/Us

What is Spirit in Transcendence is Soul in the cosmos, in us.

Only Some, Not All Have Developed/Evolving Soul

Every person, like everything in the cosmos, is made of Spirit; but only a few have a developed Soul, that also is evolving.

Further Comment: The developed Soul is the Psychic Being. A "ripe soul" is one whose Psychic Being is well developed (across multiple births), and is continuing to develop in this life and beyond. Hence within him is an active evolving Soul.

Cosmic Mind and Atomic Division

Cosmic Mind, a dividing instrument, divides the Force (of Chit) until the atomic stage is realized.

Further Comment: Matter, the consummation of the Involution, is divided down to the level of atoms. Of the original Conscious-Force (Chit) of the Supreme, all consciousness is lost; only Force (of atom in matter) remains.

Seeing Beyond Division to Its Complementarity

The conflicts, divisions, and dualities we perceive in life are not so, but are rather appearances conceived by the lower mind. In Supermind (truth consciousness) they are seen for what they truly are - complementarities on the way to a higher harmony.

Further Comment: Thus we can say that through the other party, or aspect of things, we are in the best position to evolve. Thus the adversary person, idea, life experience, etc. is really a complement in disguise. E.g. an arguing couple in division have the widest scope to evolve their character by changing their ways relative to the other person. Thus they are complements to one another in disguise. This is the Supramental view of things.

Altering the Human Body and the Supramental Change

The question before us is can we radically change the physical attributes of our being that we have inherited (skin color, heights, etc.)? And what about possibilities beyond that -- i.e. the supramental physical transformation?

One stage of the Force working is curing incurable illnesses, which it can. It puts the equilibrium back into our lives. What we are addressing is much more hard core physical limitations; to change something very materially into something that it is not.

The Mother in The Agenda wondered how to make the transformation to the next species, for how can we transform e.g. bodily organs and systems into their supramental equivalents of centers of consciousness. That was Her challenge for a new species that could be immortal (i.e. to live as long as one wishes).

As we increase the material density, the workings of the Force appears to have limits; or at least we do not know how to become pure vessels of the Force to overcome those limits.

In The Agenda, Mother's experimentation with reprogramming the Mind of Her Cells was to enable the current bodily structure to change leading to a more vibrant HUMAN existence. However, to change it into something else, i.e. to manifest new Centers of Consciousness, replacing current organ and system functionings, with their subtle, non-material equivalent, was/is much more problematic. Changing from short to tall, etc. is somewhere in between the Human change and the Supramental, New Species change, though it appears closer to the current human side of things.

Perhaps if we learn how to direct the Force to change these human traits (like skin color), it will give us clues to the transition to the new species, where breathing, circulatory system, sex, etc. will be replaced by subtle, non-material centers of consciousness.

We know Mother's Force can make one more beautiful. We need to collect experiences of devotees and others with and without the Force to see the progress, and the possibilities it points to - for human change, and change to the new species that is the Supramental Being.

Taking to Force Speeds Up Evolution

We can speed up Evolution - for ourselves and others - by taking to the supramental Force of the Divine Mother.

The Pioneer and Social Evolution

Social evolution takes place when the Pioneer Individual takes up the subconscious urge of society.

Involution and Evolution of Consciousness

Out of an infinite Consciousness came Cosmic Mind, out of which Energy emerged, from which Forms took shape, leading to animated Life, and finally Man, who is on the way back to Consciousness in the

particulars of his existence through his progress, evolution, and transformation. This is involution and evolution of Consciousness.

Taking to What Requires Attention Attracts

When you emotionally focus on something you realize requires more of your attention, life immediately responds with related benefit.

Further Comment: This thought was as a result of something that happened to me today. I checked FedEx on the web to track the status of a payment due. It indicated that I would receive it in 8 hours. For some reason I for a moment intensely focused on the fact that I needed to generate new income for the coming months. A moment later, there was a knock on the door. It was the FedEx deliverer with the payment I was expecting to come in 8 hours, now having come in around 80 seconds! That's the power of focusing on things deserved of more of your intention. Life responds instantaneously.

Non-Insistence, Forgetting Attracts

Not insisting - rather even forgetting - attracts the fulfillment of one's desire.

E.g. I am working with another to pick out some furniture. There is tension, in part due to my intensity and insistence. I realize what I am doing and back off. I forget the matter completely. An hour later I am astonished that my friend has taken an initiative on her own on this very matter, producing a wonderful result, much to my liking. In essence, forgetting the matter attracted that which I hoped to achieve earlier.

Nature is Amoral, and Is Attracted to Strength

Nature is neutral, amoral. It responds to the vibration that emanates strength, whether positive or negative. It is best then to emit the most positive attitudes, avoiding the negative ones.

Consecration and Attraction

Consecration enables constant Attraction.

Ultra Hard Work and Luck

Hard work beyond one's threshold attracts Luck.

On Overcoming Dishonesty and Deceit

The Divine Will allows for honesty and dishonesty, and all points in between to accommodate the greatest possibility and variety of experience of growth in consciousness, which in turn engenders dynamic Delight.

Dishonesty is thus there in our human nature. It is a form of Ignorance and Falsehood on the way to Integral Knowledge and Truth, which is the arc of where we are headed.

Ego is the essential lever in this dynamic that needs to be turned into Oneness with others and life, which will eliminate such false behavior. Constant consecration will create this new harmonic state, dissolving ego and its formations, including dishonesty and deceit.

The Divine in the creation process allows for error, darkness, pain, etc. to enable the widest and most varied possibilities of experience of our higher consciousness, giving us Dynamic Bliss in that discovery beyond the static bliss of the Infinite. Thus error opens the way to knowledge, perfection, etc. in the evolutionary process.

Soul in Us that is Spirit

The form Spirit assumes in the cosmos is Soul. (Sri Karmayogi)

Comment: I.e. the Soul /Psychic Being inside us, which is the Soul in Nature.

Non-Insulting and Yogic Restraint

Not insulting those who deserve it is yogic restraint.

Solving Society's Problems through Spirit/Force, Not Mind

The problems of society are becoming far too complex for the human mind to resolve. That is why we must take to Spirit and Its Force, which will allow our minds to expand to light, intuition, and supramental truth consciousness, providing instantaneous knowledge that resolves societal problems and conundrums in one fell sweep.

Untitled

Virtually every important thought I've presented publicly have roots in specific ideas expressed by Sri Karmayogi or other members of The Mother's Service Society.

Applied Spirit in a More Complex World

The experience of applied Spirit will be so much more rich and dynamic now that the world is infinitely more complex.

Love for Mother and Gratitude

Love for Mother IS gratitude. That spiritual affection contains an all-encompassing recognition and appreciation of what she has done for us in our lives, and what she will do for us in future.

Sincere Will Accomplishes

It's only a small step from turning one's dreams to reality. It requires Sincere Will for accomplishment. Will generates the Energy for accomplishment.

A Thought Expands through Mental Silence

Not thinking about a thought causes it to expand.

I.e. when you have a thought about a matter, and then instead of expressing it or thinking more about it, you move to mental silence, a few minutes later, you suddenly see the issues from a number of new sides. I have had that experience many times.

Connecting with the Universal Mind

There is a universal, Cosmic Mind where all knowledge exists; where all knowledge can be known. However, we live in the limited Mind of our senses, dominated by the lower nature's needs, wants and prejudices, cutting us off from the Cosmic Mentality. However, through steadily increasing Consecration - i.e. opening to the spiritual Force - we develop a deeper center of awareness and our mind expands to that Cosmic Mentality where all is known. Now we have constant bursts, flashes, intuitions of pure knowledge, deep many-sided truth of things (without thought) descending into our field of awareness from the All Knowledge of Cosmic Mind. As a result, we garner great insight, wisdom and power to affect life - in fact, to become its Master.

Overcoming Self-Doubt through Consecrated Effort

You "suffer" from Self-Doubt. I would suggest that every time doubt appears in your mind (whatever the cause), you offer it with faith to the Mother. It will dissolve that tendency over time, often very soon, plus it will attract positive conditions. You can also explore the deep-seated cause of your constant self-doubt. Try experiments of changing self-doubt into supreme self-assurance.

Doubt is due to uncertainty about one's knowledge, one's course of action, one's capacity, etc. Such self-Doubt appears in the mind as a thought, and in the emotions as a feeling. Both can freeze the body from action. It is therefore best to catch yourself in those moments, and offer it to Her Force. Over time, or quite soon, self-confidence and happiness will be the result.

Process of Surrender

The way from our Ego state to complete Surrender to the Divine Spirit and Force is through the Psychic Being, the evolving soul within. Constant consecration makes that readily happen.

Here is the process: Constant consecration > Causes you to move within > You discover the psychic being and experience all its wonders > You open to the spiritual heights of knowledge > You surrender to the Divine Force (Mother) as the whole basis and meaning of your life.

Inner Always Prevails

If you say or do one thing, and your vital nature believes in or clings to the opposite, the inner will eventually prevail.

Further comment: It's what you really believe in (positive or negative) that will attract corresponding results from life. People have harsh things happen to them, even though on the surface they said or did the right thing. They don't understand why. Looking deeper they will find the inner negative emotion, attitude prevailed, as it sent out dark energies that found willing vehicles, circumstance, conditions, people, etc. for the negative response one has become aligned with.

Patriotism of Paying Taxes

Companies avoiding paying taxes break the contract between citizen and government that is the basis of advanced, modern societies.

The contract the citizen has with the government is that the latter provides basic benefits and services (roads, education, defense, social security, etc.) and we pay taxes to enable that to happen. If we don't pay taxes, then it cannot happen, voiding the contract, causing the system to come undone. Sri Karmayogi says that paying taxes is a great act of patriotism. The opposite in for not paying, as is often the case of late here in the US and elsewhere, as companies find loopholes, ways to offshore accounts, etc. to avoid taxes at all costs. Concern for the society is left behind. Many individuals do the same, in their own way; rich or poor.

Values in Business

Values are spiritual skills that dramatically uplift life. Among Business values that have propelled companies to the heights are:

- Simplicity, ease of use (Apple)
- Cleanliness (MacDonald's)
- Trust (Sears)
- Silence (Northwest Mutual)
- Innovation (Samsung)
- Maximum Value (Hyundai)
- Social change (Facebook)
- Practicality (Berkshire Hathaway)

Not Worship, but Spiritual Experience

The age of worshipping another's spiritual experiences (as in religion) is coming to an end, and the age of having those experiences ourselves is on the rise.

Causes of Life Response

Why does Life Response (sudden good fortune) occur?

- because of our shift in consciousness.
- because the inner and outer are One.
- because two or more corresponding entities have moved into alignment.
- because each thing in the universe is related to every other.

- because a vibration causing disequilibrium compels a reaction back to equilibrium.
- because the Oneness of life overcomes limits of space and time.
- because of a Cosmic Intention behind existence.

Lower as Conflict that in Higher is Complementarity

Where the lower consciousness sees division, contradiction, and conflict, the higher perceives complementarity on the way to higher harmony.

Perceiving the Marvel

To see the utility of everything in the universe - positive or negative, large or small - is to perceive the Marvel of existence.

Man's Thinking Process Poisoned by His Lower Nature

Man's thinking and reasoning processes are poisoned by his lower physical and vital needs, desires, preoccupations, prejudices, and attachments.

Until he gives them up, he will never know the integral knowledge and truth of things that enables great decisions that lead to great outcomes.

We can therefore ask: how do I express lower consciousness in my reasoning process?

Some examples: one sided political views that blocks truth awareness, ambition at the expense of truth, selfishness that side steps the rational and logical, how things benefit my family above all else, rationalized dishonesty, looking for the easy way out in grappling with issues, disregarding others' needs in the decision making process, rationalizing selling things the customer doesn't need for one's own financial gain, hiring someone based on vital attraction, etc. etc.

Evolution that is Speeding Up in Modern Mental Man

People usually speak of Evolution in terms of the shift from animal to prehistoric man to modern human, but refer little to the fact that humanity has evolved more in the last 500 years than all time previous, and more in the last 50 than the previous 1000. Evolution is now further accelerating as Man is becoming increasingly mental, bringing about overwhelming changes in power, production, values, organization, and knowledge in the world. And yet that is modest compared to the potential status of an emerging spiritualized mental humanity who experience through intuitive mind and supermind the many-sided truth and knowledge of things at any moment, while having access to the newly discovered and descended supramental Force that can shift the conditions of life around us to the positive in the blink of an eye.

Limits of Our Opinions and the Nature of Mind

People assert their opinions based on their limited experiences; not the multi-faceted truth of things. It is an indicator of the limits of mind, and its inability to make direct contact with the object of inquiry -- i.e. by Identity, as in Supermind.

Spiritual Evolution in Ascent and Descent

The Evolution takes place not only by the Lower evolving into the Higher, as in matter evolving to animated life forms and onward to their mentalization, but of the Higher consciousness descending into the Lower, as when the Mother's supramental Force and Power is called and descends into the aspects of our being - mental, vital, and physical, and all planes in between. These two movements in tandem foster evolution of life on earth, on its way to the great Spiritual and Supramental change.

The Supramental Beyond The Overmental Change

The Mother wanted to gain the cooperation of the various Gods, and through them evoke an integral power of the Spirit that would usher in a new age and a Divine Life on earth. In essence it would be the change at the Overmental plane -- otherwise known as Universal Consciousness.

Sri Aurobindo indicated this was not enough, that they should aim to bring down the Supramental truth consciousness -- the power that created the universe -- into the earth's atmosphere to effect the monumental Change.

The Mother agreed, and they both set out to bring about a divine life on earth through that power.

The Supramental is now very palpable force that is everywhere around us, and which can easily be called into our lives to bring life's conditions under control (Life Response), as well as change our current limited human nature into a divine-like Supernature.

Trace Backwards Real Ideas of Infinite Divine

The Infinite Divine intended certain cosmic Real Ideas to manifest in Creation through forces and forms. Now that they have - at least in part - we can examine the current subtle principles of life (like life response), which will enable us to trace back their Real Ideas, Cosmic Intent source.

Real Ideas, and the Spiritual Aspects manifesting One Earth

Anywhere there is Peace, Silence, Oneness, Truth, Integral Knowledge, Goodness, Power, Beauty, Joy, Love, Timelessness, and Infinity in creation, there is manifestation of Real Ideas, for these are what Real Ideas are to begin with.

Of course since the world is unevolved, these positive manifestations are in contradiction with their corresponding negative opposites of discord, division, disunity, ego, falsehood, ignorance, weakness, ugliness, sorrow, hate, the limits of time, and the limits of the finite before us. Seeing our way forward beyond these dual pairs becomes the secret to our evolution.

Furthermore, consciously connecting to and living from the poise our inner being and Self (subliminal and Psychic Being), and opening to the spiritual Force enables the positive determinants in life to be fulfilled, melting away the corresponding negative influence.

It also strikes me that any individual one realized further enables the others to blossom and become real in the world. E.g. If I gain understanding of the way life works through life response principles (which is the real idea of Knowledge), then I will tend to be more giving (i.e. the real ideas of Oneness, Goodness, Love), furthering the evolution for myself and the world around me.

Untitled

Everything is on the way to becoming what it should be.

Several Rebirths in a Single Lifetime

One can be reborn several times in a single lifetime instead of having to go through corresponding physical rebirth. Each birth in one's lifetime is initiated by a great obstacle overcome; either inner or outer, that ushers in a new stage of progress, even evolution of consciousness for the individual. E.g. in the novel *Les Misérables*, Jean Valjean experiences three or four rebirths in a single lifetime.

The Psychic Being as Basis of Form of the Supramental Being

The Mother understood that it is the Psychic Being (the evolving soul within us) which will receive the Supramental Force and acquire a solid form and emerge as the Supramental Being, the next species beyond the human.

Mental Rationality Preceding Spiritual Progress

Mental individuals that we are, we should be logical, rational, embracing all points of view, instead of being weighed down by our vital preferences, desires, and needs, and our bodily rigidities and fixities. For before we can be spiritual, we need to at least be rational; meaning logical, open, and clear thinking.

That will provide the rich fertile soil through which the Divine Force can plant its life-response evoking, evolutionary seeds.

Following a Plan to Overcome Our Limited Nature

We may want to change several of our wanting qualities, such as certain negative attitudes and habits, but unless we have a sincere plan to do so, our wish will remain unfulfilled. The process to follow then is (1) what do we want to change; (2) how are we going to do it; and (3) where and when will we make that effort. Following that process will accomplish the goal, while evoking powerful positive response from life.

How Mental, Vital, Physical Individuals Respond to Ideas

Individuals are predominantly mental, vital, or physical. A mental person readily learns from ideas and others. A vital person, from the idea, only if others take it up first, i.e. following the social compulsion of the herd. A physical person - fixed, rigid, or stupid - doesn't want to learn anything. Life beats on him until he changes.

A reader's comments: I think I am a combination of mental and vital.

Response: Yes, most people are. There are of course further in-between degrees, favoring one of the two (vital, mental) to a lesser or greater degree than the other. E.g., most of the people I interact with in my work are quite mental, with a vital that is not overly pronounced, though in some it is. Obama is strongly mental, but somewhat vital (particularly as leader).

Every Five Minutes Consecration

I have been practicing every five minute consecration and it has produced incredible, miraculous-like results thus far. How can one practice this intense method? When problems loom large, one is compelled to do so. It puts one in touch with one's deepest Faith. Also, the benefit of practicing it is not only to resolve a serious problem, which it surely does, but to put one far more deeply in contact with Mother. Thus far it is having that effect on me.

Listening and Being Guided by the Inner Voice

"One sure characteristic of the inner voice is that it never presses, never insists, never gets angry, never disturbs. It is a still small voice of clarity and joy." (Garry Jacobs)

Often when conditions are pressing this way and that and a decision needs to be made, one can subtly perceive that the way of calm is almost always the right way. If we look behind the turmoil, contradictory elements, ego, etc. there is a quiet voice barely heard that knows which direction to head, and which to avoid.

It also takes knowledge of many other truths and principles of life, such as work over indolence, silence over speech, humility over boasting, etc. As we master these, the voice within becomes clearer.

Then there are the signs from the environment that are subtly pointing in the right direction beyond the "noise." Understanding its nuances and suggestions will be of great value.

And there is also the Inner Station rather than living in the outer consciousness that can recognize the inner voice. We can work to develop this inner poise over time.

Remembering Mother constantly keeps us in the right space for all of these other elements to fall into their right place, plus it has its own great affecting power.

Overall, we come in touch with the superconscient that is beyond time; that gives us direction from within, leading to right knowledge that enables us to make the best decisions that lead to wonderful outcomes.

Four General Determinates of Life Response

Life Response is the reaction of life to our shifts in consciousness. In general, it is precipitated by changes in Attitude, Intention, Decisions, and Action. There are also spiritual causes. The phenomenon occurs due to the principle of inner-outer correspondence. It indicates that the inner and the outer are one

continuous field of existence. Therefore, if the inner shifts to the positive (at any of the four levels), the outer instantly responds in kind.

A true life example: One man was reluctant to work weekends in his sales job. After wrestling with the issue, he shifted his Attitude to willingness, which also established his new Intention, leading to a firm Decision to work weekends. When he then made the physical effort and arrived at work that day (Action), he immediately attracted the biggest sale of his life, which led to an enormous pay check, which in effect changed the course of his career. It was a special case of life response, where all four general determinants -- shifts in Attitude, Intention, Decisions, and Action -- were at work. It is also true that the spiritual Force he had frequently engaged was working behind.

Inner-Outer-Inner Life Response

Life response occurs as a result of the principle of inner-outer correspondence; which we normally think of as shifts in consciousness within evoke corresponding results from the outer life. But in one sense that is not always the case. E.g. if we want to change a wanting attitude (within) through an aspiration (within) for the Divine Mother to help us, that Force then moves (the "without"), touching us and transmuting that part of our nature (within), without necessarily producing an outer result. Thus we can say that inner-outer correspondence really means that there are no divisions between the inner and outer, i.e. they are one continuous reality, and therefore each "part" can affect the other. In other words, there are forces -- from material to spiritual, gross to subtle -- that are awakened that then activate corresponding ones, producing the life response effect, whether the cause is within, without, or both simultaneously.

Manners to Behavior to Character to Personality to True Individuality

Sri Aurobindo indicates there are 5 levels of being for the person. One who acts merely to mimic the MANNERS of others. One who behaves and acts through his or her own compulsion, yet without a distinct and recognizable character or nature (BEHAVIOR). One who has a readily identifiable and formed CHARACTER and nature, as that person has a special uniqueness other people can perceive. One who is a PERSONALITY, who has unique character, but also an innate ability to transcend his nature and do things special in the world. Personality exists mostly as potential; not really fully formed. And then there is TRUE INDIVIDUALITY, who is one that has cast off all of the norms of society, enabling him to succeed in any domain through the power of his own unique insights and gifts. He is also capable of connecting to his Soul within that sends further signals of individuality into his being for unique living and accomplishment. So the continuum of depth of being of people is Manners - Behavior - Character - Personality - True Individuality. Most humans are somewhere between Manners and Character. Very few are a Personality, developed or otherwise. And True Individuality is extremely rare.

Call the Spirit in Objects

Everything has Spirit or Essence within it, even objects. Then call to the spirit in a thing, whether machine, auto, or other, and it will respond in kind, much to your benefit.

Thinking, Experiencing, Realizing Oneness

Oneness happens not merely by thinking that I, the subject am in complete identity with thou/life, the object, but by experiencing that fact, and further still, by realizing it in full in the very fiber of my being.

Imperfect Evolving Brahman of the Manifest

God, Brahman, the omnipresent Reality is perfect in the Unmanifest; but is imperfect in the Manifest, the phenomenal. That is why Life is evolving.

Further comment: And there is a higher level still that is beyond perfection and imperfection, as all exists, is perceived to be in an integral Oneness and Unity. Sri Aurobindo calls this the experience of "the Marvel," where each and all, positive and negative, small and large, pleasurable and painful serves a purpose. One has this view in Supermind (truth consciousness).

Differences and Richness

Differences give richness to life.

Further comment: Differences was/is the intent of the Infinite consciousness so that our discoveries in creation are infinitely varied and wondrous, leading to infinitely dynamic bliss for the discoverers. To enable infinite variation, the divine allowed for the negative, painful, ignorant, etc. in addition to all the positive aspects, and all points in between. The process of discovery of our higher nature amongst those points is the intent of the Infinite consciousness for us in creation, which is on an evolutionary path.

Trial, Tribulations and Spiritual Growth

All the trials and tribulations we have experienced in our lives have served to progressively move us inward to our True Self, and upward to the Supreme Grace.

Speak Less to Know More

Spiritually, the more you speak, the less you will come to know.

True Happiness and Self-Givingness

True happiness' greatest indicator is constant self-givingness, rather than self-absorbed ego expression and selfishness.

Wisdom of Perceiving Interrelations of all Subtle Life Principles

Ultimate Integral Knowledge and Wisdom is to see every subtle life principle in terms of every other.

E.g. I know a principle of life response such as inner-outer correspondence. But now I also see it in relationship to the Oneness of the omnipresent Reality (Brahman). Then I see them both in terms of having integral, multifaceted knowledge of the truth of a matter, which I then perceive in terms of the keys to accomplishment in life, and so on and so forth ad infinitum. Now I am able to think and write and act on such things as a seamless totality. As result one has profound insight into a matter, and can thereby evoke the best from life, experiencing deep delight and fulfillment along the way.

Silent Mind Expands Knowledge

When you garner an insight or knowledge of a thing, let it settle in a quiet, thought-less, silent mind. Soon after, the knowledge will expand in all directions.

Consciousness as Objectless Pure Existence

Consciousness is pure Existence, undivided, without subject and object.

Oneness of Subject and Object

In Satchitananda there is no subject and object. There is pure consciousness that is One. In Supermind (on the way to creation) there is separation of consciousness into subject and object. E.g. the Knower (subject) Knows the Known (object), and yet the subject and object are One, in identity.

In the human mind, subject and object are separated and divided. E.g. the knower only knows the known in part. There is thus Ignorance, the opposite of knowledge.

As we discover the depths of Soul within, and rise to spiritual mind and beyond to Supermind, the subject and object remain, but are perceived as one integral thing in unity. Thus, in those depths/heights one knows the known in full, which is Integral Knowledge. One loves the beloved totally, which is True Love. One delights in the delightful completely, which is True Bliss. And so forth.

Conscious as Source of All in Involution

We believe that Consciousness is a product of matter evolving into life forms that then develop mental intelligence, which is of course true. Yet it is also the case that Consciousness is the Source of everything

in the universe from energy to matter to life forms to us. The operation of Consciousness in the former is in the Evolution (the ascent). In the latter, it is in the Involution (the descent).

The Observer Determines the Reality

We the observer, determine the reality that exists in the universe. It is our consciousness that determines the possibilities, not simply just what is out there. This is what the ancient Indian tradition and quantum physics tells us. Life response therefore is due to increase in consciousness on our part that created new possibilities out of nothing.

Oneness of Subject-Object from Highest Consciousness

The subject-object split that we ordinarily perceive in life -- e.g. between the knower and the known; between the lover and the beloved, etc. -- is an illusion. They are simply one thing, undivided from the perspective of our highest consciousness. In Supermind, which is unity consciousness, we perceive the world this way. In ordinary mind, the subject is split from the object, and thus trying to truly come into identity with it is a futile gesture. Let us then overcome our limits and open to the spiritual Force so we rise to the heights of spiritual Mind and to the depths of True Self where we are one with the object in terms of Peace, Power, Truth, Knowledge, Goodness, Creativity, Beauty, Love, Delight, Timelessness, and Infinity.

True Love, True Knowledge and Identity

True Love is being one with, in identity with the object of love. True Knowledge is being one with, in identity with the object of knowledge.

Untitled

To enjoy what gives others true enjoyment is Love.

Matter is Spirit to Supermind

To the supramental consciousness, the material world and its objects are perceived as Spirit itself.

One interpretation: In Supermind, one knows the true nature of the Reality including all its planes and their integral relation. Therefore, when in supramental consciousness one perceives matter as just another form that the original Spirit, or the Conscious-Force has taken in creation.

Mocking Gives Other Side Strength that Becomes Success

When you rudely mock an opponent -- whether in sports, business, or other fields of life, -- you transfer strength and therefore success into their hands.

Further comment: What compelled me to write the original post above was a similar incident that occurred a few hours before. This time I heard someone on the local team's side mock the upcoming weak team it was about to play. It was blatant boasting. I therefore knew that the opposing team, though a heavy underdog would prevail. The next morning I learned that the opposing mocked team did in fact win the game, and did so in a most painful way for my local team, whose affiliates did the mocking. It was a perfect example of the negative life response power of boasting, as indicated in the original post. What compelled me to write this post was incident that occurred a few hours before. I heard someone on the local team's side mock the upcoming weak team it was about to play. It was blatant boasting. I therefore knew that the opposing team, though a heavy underdog would prevail. The next morning I learned that the opposing mocked team did in fact win the game, and did so in a most painful way for my local team, whose affiliates did the mocking. It was a perfect example of the negative life response power of boasting, as indicated in the original post.

Computer Empowers Individual; Internet Universalizes Him

The computer gave individual empowerment, which then extended to the universal of Internet. Thus Man is now on his way to becoming a True Individual, and further still to a Universal Being. Both in the current Hour of God, which is pressing down its Influence from above.

Descent from Above, and Ripening from Within Enables a Great Development in Society

When a great new development or period occurs in society - such as the Renaissance and Reformation; or the liberation of India and Africa from colonial rule -- there is a dual movement occurring: A descent from the Superconsciousness above, and a ripening of society for that possibility from below. It takes place in what Sri Aurobindo calls an "Hour of God."

Perhaps the computer and the Internet are several ripenings below in the current Hour of God, whose greater possibility is a dramatic change in the consciousness of Man by means of psychological effort towards greater self-awareness, facilitated by an opening to the Spirit and Its Force.

On Consciousness

Consciousness is the ground of all being; the source of infinite possibilities; the creator of all in the universe.

Non-Initiating in Group Compels Another to Do So

If in a collaborative environment - whether of work, learning, or other - we withhold initiating an action we are eager to pursue, another party will step forward and do it for you.

Heeding Advice Attracts Unexpected Response from Them

When you reverse yourself and heed the advice of someone who you mistakenly wronged long ago in that same context, they suddenly come forward out of the blue and provide energy and benefit to a current undertaking.

Further Comment: It came out of a true story. I was going to copy some content from a friend's organizations' site to my site. I thought they would not mind, and the content would be invaluable to my readers. Then I read their security requirements, and realized I shouldn't. I also recalled that long ago I disseminated some info from that same person that slightly got him into trouble. With those two things now in mind, I removed the copied content from my site. As soon as I did, from out of the blue I noticed that he had come forward and contributed mightily to my new site, now the dominating entry there. It was an absolute miracle in my eyes! (By the way, this happened the other day, causing me to write the entry in the first place.)

Ego vs. Harmonic Consciousness

Ego is separative consciousness that divides itself from life and others, thereby acting negatively in an infinite variety of ways. Harmonic consciousness and behavior - Ego's opposite - is what we should be after.

The Mother Acts in Silence

The Mother tends to act when silence abounds - whether of non-thought, non-speech, non-imitation, non-stirring of the emotions, non-reaction, etc.

Beyond the Ego that Does Not Want to Learn

When you learn what you can from an event, it never hurts. What is hurt is ego that refuses to learn." (Sri Karmayogi)

Interpretation: We can either learn from circumstance - positive or negative - and grow as a person, or we can be oblivious to the lessons presenting themselves, which is a sure sign of the Ego at play, which does not want to learn.

Withholding Scolding Another Attracts

When you refrain from scolding someone for their mistaken action, they tend to soon understand their mistake on their own, and come back to you in a state of contrition; even with deep praise and positive effort on your behalf.

Further Comment: The thought came out of a true story. I was going to copy some content from a friend's organizations' site to my site. I thought they would not mind, and the content would be invaluable to my readers. Then I read their security requirements, and realized I shouldn't. I also recalled that long ago I disseminated some info from that same person that slightly got him into trouble. With those two things now in mind, I removed the copied content from my site. As soon as I did, from out of the blue I noticed that he had come forward and contributed mightily to my new site, now the dominating entry there. It was an absolute miracle in my eyes! (By the way, this happened the other day, causing me to write the entry in the first place.)

In Pursuit Of Our True Anchor

For decades, centuries, millennia we have been told what we should and shouldn't do; what we should or shouldn't be. The authorities of the SuperEgo laid out the dos and don'ts for us -- whether religious, social, parental, moral etc.

Then more recently we've been freed from the shackles of that which has limited us, and as a result, a great freedom was unleashed for the people of the world. However, now as a result of experiencing that which we were earlier denied, we have gone too far - too caught up in our indulgence, obsessions; in the mindless pursuit of that which is ultimately ephemeral and unfulfilling. For it is not the fulfillment one finds in the discovery of our True Self, our True Personhood and Individuality within, but that which is alluring and attractive to the surface view of things, to the lower nature.

As a result, we find ourselves betwixt and between: untethered and free from that which dictates and commands, but lost in a sea of indulgence without a spiritual direction or anchor.

Until we discover our Inner Anchor, our True Personhood, our Psychic Center and Spirit, we will be lost in an ocean of suffering; cast here and fro on a sea that is unforgiving. We will be lost to that which gives pain to every pleasure; that confuses as much as it teaches; that leaves us cast adrift and ultimately ship-wrecked on the shore of the lonely island from which we once began.

The Role of Asuras (Dark Forces) in the Context of the All, the Reality

Q: We generally say that all emanates from the Divine. But if that is the case, does the Divine generate the [dark] Asuric forces, and therefor fight with its own creation?

A: In one sense Brahman, the All is beyond the Divine. Brahman/the Reality includes the Divine, and even that which is adverse to it. The All incorporates the positive and negative; the small and large; all planes from spirit to matter; every act we are experiencing; etc. The Infinite consciousness allows for all the shadings, including the worst dark ones so there could be the greatest variety of possibility, experience, and discovery, enabling dynamic delight in that ascent.

In Christianity there is the story of the Devil. In it he is doomed to Hell; to rule over it. However, he does so not out of hate and evil, but out of his Love for God. He is willing to live in purgatory forever in the darkest depths if that is what pleases the God he adores.

This interpretation can be taken that All and Everything serves a purpose in the unfolding. The more variation -- including the negative and dark -- the greater the variety of our ascent and our experience of our higher nature, which was/is God's Intent.

Mother and others may take up the inner fight against the Asuras, but from the perspective of Brahman, it is all part of the Play of Life, His Play (Lila) that allows His static bliss to now extend and incorporate the dynamic bliss in the seen and unseen universe.

Why We Can't Evoke Positive Response in a Negative Social Atmosphere (e.g. Bribery, Money Obsession)

Q: Why can't we evoke a positive response from life when we decide to not give in to a bribe in India? It seems that the Life Response phenomenon is not at work here.

A: There seems to be an environmental vibration, in this case a negative one related to bribery, that issues from the society as a whole. Though one may be honest, or seek honesty, it is difficult to make a dent in the overbearing social atmosphere. Only a deep aspiration for something different, while using the Mother's Force can penetrate this darkness and evoke the positive response that changes things. It can even cancel good portions of it, say in one's district. (I now wonder whose aspirations evoked the movement of the Indian gentleman who has pioneered anti-corruption in India.)

Still what Garry Jacobs says is true; that our intentions, attitudes, beliefs, etc., indicate our truer colors, is subconsciously supports the tainted environment, and therefore limit our ability to evoke the positive in this environment is limited. You could call it "Subconscious Insincerity." We need to search deeply, sincerely, objectively to perceive what that corresponding limitation is in our nature. In America, the plight of blacks lies still unresolved in many ways. But what is the average American's true sincerity about trying to overcome that problem, as well as poverty, stagnant wages, high unemployment, high cost of medical care, etc. He lives too much in the physical to bother. And what of financial obsession in the country that endangers it? The average American watches the stock market like a sporting event, cheering it on. Then he wonders why the whole system nearly collapsed. He blames "them." But in his heart of hearts he is too much like them at some level.

Therefore, wherever we see that we cannot penetrate the resistance of the negative environment (such as bribe in India, or money taint or obsession as in US), we can check our own corresponding qualities, reverse them, while also developing a deep, intense aspiration to change such things, while using Her Power to make it happen. Life will then move. Society will soften in its negative propensity. We will be instruments of change in the world. Also somehow we will personally benefitting from the fact.

How Great Spontaneous Developments in History Arise (Hour of God + Ripening from Below)

Q: I was wondering when the Divine works DIRECTLY ON ITS OWN in the world, takes to an action that is Grace, as opposed to when it works through individuals, our consciousness in which we are instruments. E.g. was the sudden unfolding of the Renaissance or the Hippy Movement or other similar spontaneous occurrences a direct Divine Initiative, irrespective of the individuals? Can we even say that Mother working as agent of the Divine in this instance with India-China is an instance of the divine working on its own directly, or is it somewhere in between? How do we draw the lines, and what are some examples?

A: Creative moments in earth's history could be occasions when the Hour of God was active. It is the ripening Hour that precipitates the emergence of such splendid events as Renaissance and Enlightenment in Europe and liberation of Asian and African countries in the 20th century. It is more like an upwelling from below than any conscious initiative from the surface. One can say the inner divinity ripens enough and expresses at some point as mental and vital creativity and dynamism etc. Below the surface it is pure divinity trying to come to the surface while on the surface those giving expression to the divine urge for creation can be viewed as the intermediaries. So it is partly direct and partly indirect. (MSS)

Comment: This is the same as the process of Evolution, where there is an Influence from the Superconscience above/around us, that compels the Conscious Force within (in this case of the society on earth) to come out, hence taking a new, higher formation (such as Renaissance).

Silence at Various Planes

Silence at the mental level is non-thinking. At the vital level it is inner calm and equality of being. At the physical level it is non-action and initiation. Also there it is non-speaking.

Taking to Silence vs. to Action/Full Effort

Q: When should I be silent, and when should I act and make the full effort? I am confused.

A: It depends on the person, the time, the conditions. Sometimes silence is needed. Other times action and full effort.

Full effort is certainly helpful when taking any action. Going the extra mile often evokes the response. Knowing what you want, going after it with energy, having a plan, and executing with right attitudes and skills is the process.

Interestingly, we can also develop inner silent power that can evoke results from the world, without having to make an effort.

Confusion -- such as whether to be silent or make a full effort - is never a good thing and must be cast aside. It is mental limitation that keeps one from evoking positive results. Not thinking of the matter (turning to silence) and offering confusion to the Divine Mother with "Thy Will Be Done" is a first step. Answers and clarity will come.

After a while all of these blend together and you know what to do, what not to do, what right state to be in, etc. It comes from progressive personal growth. Meanwhile always be cheerful, patient, and optimistic.

How to Apply Supramental Consciousness Practically in Our Lives

Implementing the supramental consciousness at the physical level of day-to-day will involve essentially introduction of three major aspects of the supramental consciousness. Its chief distinguishing marks are a total and unified point of view, fusion of Knowledge and Will into a single entity which results in instantaneous accomplishment and a sense of perpetual freshness. Acceptance of these three features in our daily lives will necessitate following changes in our thinking and feeling and acting.

1. A widening of our mental outlook so that apart from our point of view on any issue, the viewpoints of others and the total picture is always considered.
2. A fusion of our knowledge and Will cannot be possible in the finite egoistic consciousness that we live in. The Psychic lives in the Infinite and unified consciousness and so he or she who moves to the psychic consciousness can hope to acquire an ability to achieve instantaneous accomplishment. Mother's grace is also functioning in the infinite dimensions and so he or she who is in alignment with grace can also acquire this capacity for instantaneous accomplishment. But again alignment with grace demands such spiritual accomplishments as surrender, liberation from ego-consciousness and absence of egoistic initiatives etc. As a minimum it will demand complete faith in the power of grace to act on the physical plane.
3. The supermind is perpetually fresh while 99% of our acts are routine, habit-bound and mechanical. He or she who can free himself or herself from the fixity of habits and routine.

Experiencing Satchitananda Without Passing through Supermind

Satchitananda is above Supermind. Supermind came out of Satchitananda; is its Nature; manifest its Real Ideas in the creation process. You can reach Satchitananda without going through Supermind. I read the other day that the great Indian mystic woman Anandamayi Ma had according to Sri Aurobindo the direct Satchitananda experience and embodiment without connecting to Supermind.

Supermind vs. Satchitananda's Power of Creation

Supermind is the only plane with the power of creation; with the knowledge and power that transforms the being. Have you ever consecrated and seen the benefit of Mother's Force? That is the Supramental power. It is very real and alive in the world. Calling down Satchitananda to change one's being is just not as practical and effective. I am not sure it is even possible. By opening to the supramental power, we reenergize the consciousness-Force of Satchitananda that is buried, hidden, involved in our being, which causes that plane or part of our being or nature to progress and evolve.

On the Rishis and Supermind

The ancient Rishis knew of and experienced Supermind as a plane of existence; perhaps they rose to experience it. Sri Aurobindo said it can also be called down into the earth, and thereby transform life to its ultimate potential. And he did that very thing on his own, and later also through the Mother.

The Rishis were not interested in or capable of bringing Supermind down into the details of life. They just did the Ascent to, not the Descent of the Force into themselves and life. They hardly began to become supramental beings, only to melt their consciousness into it; not to transform their being at all planes.

It is not even certain that the Rishis reached Supermind, only the higher planes of spiritual mind, culminating in Overmind, the universal consciousness. Perhaps they even reached Satchitananda, skipping Supermind.

Also, they understood the One and the Many, but not how the One became the Many. The One became the Many through the action of Supermind working in tandem with Satchitananda.

They also knew of the Oneness of existence; of the omnipresent Reality, of the All that contains all planes, the unmanifest and the manifest, all the details of existence, and their integration. Through Supermind one can perceive this Integral reality, as Supermind is an integral knowledge capaciousness. This is Sri Aurobindo's explanation. But did the rishis have the same view of the Integral Reality, and did they experience Supermind to know it by identity. Or was there their experience somewhat less?

Moksha is liberation of the being by connecting to and experiencing the Bliss of the Spirit and remaining there; oblivious to life; not bringing down the power of the spirit to transform life. Maybe the rishis experienced liberation though ascent to the planes of spiritual Mind, where they experienced unity of knowledge, plus delight/bliss in the experience.

Attention Evokes More

Wherever you put your attention, more of it comes.

The Construction of the Levels of Mind, Spiritual Mind in the Indian Tradition

Q: Who made the levels of normal human and spiritual mind, and their degree of attainment of truth?

A: The ancient Vedas, Vedanta teachings, etc. describe the planes of cosmic mind, which came from out of Satchitananda of the infinite divine. Sri Aurobindo refined them as he experienced them all. From Supermind down to Overmind to Intuitive mind, Illumined Mind, Rational Mind, Sense Mind, etc. His epic poem Savitri is filled with such creative visions and knowledge from these planes, as is in his opus on existence in the universe 'The Life Divine.' we each occasionally have experiences from these planes. Sri Aurobindo simply mapped out in greater detail what was already known in Vedanta. He also put them in an evolutionary context. In addition, the higher amongst the planes we rise, the closer we come to the original truths of cosmic mind and beyond, where all knowledge is infinitely multifaceted, as well as profoundly integrated and one.

Three Poises of Supermind

Q: I wonder what exactly is meant by "Supermind."

A: Supermind is actually three things; or it has three poises. It is a plane of being of spiritual mind in which all knowledge exists and is in an integral unity. Second, Supermind is the force that created the universe out of a Divine Source, turning the original Real Ideas, spiritual aspects (of peace, knowledge, oneness, goodness, power beauty, delight, love, timelessness, infinity, etc.) enabling their further formulation as forces and forms in creation. Third, Supermind is a force and power that we can open to through consecrated and surrendering efforts that sets right the conditions of life, evokes the positive instantaneously, cancels past karmas, overcomes limitations in our being, and enables us to evolve into our highest mental, vital, and physical status, culminating in gnostic, supramentalized beings; i.e. the next human species.

Self vs. Supermind

Q: What is the relationship Between Self and Supermind? Are they the same?

A: Self can be the Soul and essence of our being, but Self also refers to the Being, the Existent, the first step the Infinite Consciousness (Brahman) takes out of itself. Self is thus Sat of Sat-Chit-Ananda. Supermind is an extension of this, whose mission is to carry out the Real Ideas and cosmic determinates of Sat. It is to manifest a universe out of the Real Ideas/Spiritual attributes of Sat. This is the Involutionary process in which Supermind divides the Conscious Force (Chit of Sat-chit-ananda), on the way to creating space and time, energy, and then matter. At that point the Evolution begins. Supermind can also aid in the evolution by our opening to its Force to transmute and master life.

Attracting Life from Within in Yogic Life

The yogic approach is not to go after life, but for life to come to you.

Further comment: From within we gain access to a stillness and a supramental power by which our inner aspirations are fulfilled, as life comes to us from all directions without lifting a finger or making a move. It is the way of life in the next stage of human existence, what Sri Aurobindo calls the Divine Life.

Involution/Evolution is God's Plan

Evolution is God's Plan, which is preceded by Involution, also His Plan.

Raising Consciousness, Yogic Practice to Maintain Consecration

Q: Though Life Response has brought many good fortunes, how can I continuously keep it up, sustaining its momentum over time, instead of it flagging in the middle.

A: One must progressively raise one's consciousness overall to maintain life response power. Constant consecration (self-offering to the supramental Force) can do that for you; helping establish an inner poise and outlook that will enable you to push the right Life Response levers for different conditions and situations. Or to put it another way, Life Response is an opening to the much greater world of Conscious Evolution (yoga), which ironically has one effect of releasing far more Life Response Power and therefore a continuous stream of remarkable experiences and benefits.

Mental, Vital, Physical Persons and Learning

A mental person will tend to want to learn. He is open to all manner and sides of ideas. An emotional person, learns less so; only when it is found enjoyable or supporting their needs. A physical person does not want to learn at all. Darcy and Eliza in *Pride and Prejudice* are mental, and so learn about their own personal deficiencies from life. Mrs. Bennet is physical, thus too obstinate to learn anything. Life only improves for her through a pounding; through the wild, confounding, contradictory vicissitudes of daily existence.

Learning Instead of Expressing Our Knowledge

It is relatively easy to express what we know; much more difficult to remain silent and eagerly learn from others what we don't.

Q: How about a spiritual person....

A: Spiritual person is one with others in all regards; learning, emotionally relating, being in tune physically in time and space, etc. True, integrated, multi-faceted spiritual person is constantly alive and open to everything, even as that individual has a vast discriminating capacity.

Not Reacting to Another's Anger Attracts

When you restrain yourself from reacting to someone's anger, whether or not pointed in your direction, they are likely to return sometimes soon in a state of contrition. In essence, your silence and stillness within has turned their upsetness upon itself, revealing the vibration of falsehood in their action, compelling their apology.

Imagining a Person as the Mother Upon Meeting Them

One of the most powerful ways to insure a wonderful outcome in a meeting with a client, colleague, friend, relative, etc. is to imagine them as the Mother when you first engage them. Wonder will follow.

True Fulfillment through Self-Giving Accomplishment

True fulfillment comes not by mere achievement, but by achieving through complete self-givingness.

Divine's Plan of Involution & Evolution

Involution is the foundation by which Evolution can occur. When Involution is reversed, Evolution takes place. The Divine's Plan then is to establish Involution to enable Evolution.

Upsetness Hides Wanting Quality Within Us

Reacting with upsetness indicates a lurking limitation in one's being.

Further comment: How often in a TV show, film, etc. do you see people getting upset with someone or a condition, which is either caused by our attitudes about that matter directly, or by something else inside bothering us that too indicates a limiting attitude, opinion, belief, habit, etc. Upsetness, no matter how "valid" on the surface, is invalid when we consider its negative underpinning. Thus, our obligation is to see the problem at its source, and make the necessary adjustment in consciousness. Life will then respond in our favor, and we will grow in the process.

Catching My Ego Movements

I am starting to catch each Ego movement that rises inside me.

Stop Waiting Attracts Them

When you stop anxiously waiting for someone when they have not yet arrived - not just physically, but in your thoughts and feelings - they come to you.

Embracing the Subjective, Unpredictable, etc. Beyond than the Physically Real

While we need the knowledge and truth of the physical real, we also need to embrace the subjective, the spontaneous, the unpredictable, the immeasurable - reflecting the wider, changing, creative nature of Life.

Know Involution that is Basis of Evolution

If you want to know the true nature and potential of the Evolution, you need to understand the Involution, for the latter is the Source of the former, containing the Consciousness towards which we are headed.

Don't Self-Give to the Undeserving

It is not advisable to be self-giving, generous, and goodwilled toward everyone, but to those deserving of it. To be discriminating in that regard avoids serious pitfalls, including negative reactions from others. That power can come from developing a subtle sense within, including an intuition about the true nature and motives of others.

Esalen: Case Study of Sustainability of an Organization

[Esalen is the great Big Sur, California institution that helped spur the New Age movement around the world. Now various influences are in conflict about her soul and future. Here is my brief comment:]

Institutions rise, mature, and then either sustain at some level or collapse. Esalen has had a great influence on the world, which many other institutions and services are now taking up. Esalen was and may continue to be a spawning ground. When there are conflicts on both sides of issues as there is now at Esalen, it indicates a limitation of consciousness of each side. If both sides can look deep within themselves, and discover what it is, then the organization will flourish. Unyielding Ego is normally the main culprit. Less than that will be a compromise, which will mean she will lose her great influence in the consciousness space, and the world.

Overcoming Conflict Between India and Pakistan at Border through Harmonic Initiative of Soldiers

[On the border standoff between India and Pakistan at the icy Siachen Glacier:]

Aside from the diplomatic ego of national leadership, I wonder what can be done at the very micro level of soldiers there on the scene. In a famous true story several dozen Allied and German soldiers made a pact and crossed the intense war zone in WWI to celebrate Christmas together! Their hearts then went out and touched one another in collaboration of the spirit of their Lord. How much trust they must have evoked to create this short peace holiday in the midst of horrible trench warfare in which millions were killed. Can a few from India or Pakistan in Siachen Glacier, or for that matter in any similar situation around the world summon up similar local Trust based on their common values and faith? Or perhaps I am dreaming, and the truth is that the greater social force of hostility and contention will overcome all such positive vibrations and harmonic initiatives.

Involution and Evolution

Sri Aurobindo indicates that in the Process of Creation the Involution precedes the Evolution.

Involution begins with the unmanifest Reality that extends itself to Sat (Existence), Chit (Conscious Force), Ananda (Delight), whose Real Ideas are rendered by Supermind into aspects of integrated Knowledge and Will, that then further lose their consciousness and becomes Energy, that then moves and formulates into fully unconscious, nescient Matter. Now the Evolution begins. In essence, the Divine Reality (which experiences static Delight), has absorbed Itself in the Involutionary process, losing its consciousness for the purpose of infinite diversity and possibility of force and form in a created universe in order for us to rediscover our Higher Nature enabling us to experience dynamic Delight in life.

Sri Aurobindo's Yoga that is Conscious Evolution in the Context of the Integral Reality

Sri Aurobindo's Integral Yoga (conscious evolution) is not simply the sum of or the integration of the other yogas (jnana, bhakti, raja, dhyana, tantra, etc. etc.), nor even the addition of western thought (i.e. these yogas, plus evolution, plus kant, hegel, etc.; and their integration), but is a method of consciously evolving ourselves in the context of, to meet the needs of the Integral Reality.

Grace and Super Grace

When will is shifted from karma to faith, it brings in Grace. Will withdrawn from one's capacities changes Grace into Super Grace. (Sri Karmayogi)

Comment: Consecrating activities brings Grace from the Force. withdrawing limitations in our capacities (personality, or, character, or being) in the execution of acts or work attracts Super-Grace, particularly for something consecrated.

Infinite Power into Finite World

We are trying to bring the infinite power of the Force into this limited world.

Inner Work Over Outer Work

We continually engage in outer work, which produces certain finite results. Yet we spend little time engaged in Inner Work - changing our nature, opening to the Force, broadcasting goodwill, feeling gratitude, etc. - each small development of which produces tremendous results. Where then should we place our priorities?

Mother Initiates Instead of Ourselves

When we initiate in life, there is a limited chance of success; actually quite low. When the Mother initiates through us and we follow -- e.g. as a result of consecration or Grace simply descending -- the success rate is far higher, and unfolds in the most creative, dynamic, and unexpected ways.

Consciously Aspiring to Live the New Life in Her

The great challenge for devotees/followers of Sri Aurobindo and the Mother is that on one side we wish to live happy, ordinary lives; on the other there is the requirement to continuously open and Surrender to the Mother and Her Force in order to rise in consciousness and collaborate in bringing about a new

world, a divine life on earth. We therefore live in the tension between these two poles.

Thus, there is a choice for devotees to either ascend from ordinary to divine existence through the exigencies and difficulties of life, or by CONSCIOUSLY aspiring to be Her child; putting Her at the center of our lives, which is the Sunlit Path that leads to never-ending growth, adventure, and delight.

Goodwill and Life Response

Goodwill is one's wish for the best for another; for their happiness, success, and well-being. It is a higher vibration and emotion, related to spiritual aspects of Harmony, Goodness, and Love. When we feel and express our goodwill towards others, not only do we help establish a more positive atmosphere that lends itself to their further success and well-being, but we also tend to attract positive conditions back to ourselves. For example, one person felt goodwill for a business associate of his over several years. Then sometime later, he discovered that through that company he had earned the biggest referral fee of his life. That is the power of goodwill towards another. It raises the consciousness of the atmosphere and in the process attracts sudden good fortune from out of nowhere for the recipient as well as the benefactor. Another individual inwardly sent vibrations of goodwill and gratitude to various clients and friends through the air. Soon after, there was an avalanche of good news from each of them in terms of sales, money, and other forms of good fortune.

Approaching the Work Within, in Silence, Consecrated to Divine

Receive the work in the inner consciousness, grow inwardly in Silence and Peace and when they are able to saturate us inwardly, to consecrate - dedicate - the work to the Divine. It fetches not only work results but spiritual results. (Sri Karmayogi)

Comment: Imagine you show up at work. Your mind and emotions are still and silent. You now feel the inner purpose and importance of the work. You then go a further step and see the work not just as a vehicle that serves your interests, but is a work that can be dedicated and utilized by the Divine. You now pause every hour or so and dedicate and then rededicate the work to the Divine -- i.e. the act of consecration -- to the Mother. As a result, your daily work existence unfolds miraculous-like with all manners of wonderful developments; with unanticipated opportunities arising; a wondrous work life of inner spiritual richness and joy-filled adventure.

Evil, Wickedness That Is Separation from the One Reality

Ignorance in its deepest sense is a lack of knowledge of the one integral Reality that is the All of things. In Ignorance we lose the sense of oneness with others and life. We limit ourselves to our finite self, which expresses as separateness and Ego. Now our notions are limited to our mind that sees partially, exclusively, missing the integral, multi-sided truth of things. When we feel these limited or false truths with emotion, it leads to falsehood. When we then act it out to the detriment and harm of others, it becomes evil, wickedness. We are now completely divorced from the Oneness of Life, from the All, where each and everything serves a purpose, only focusing on our very limited, cutoff knowledge and purpose. We're in complete darkness. Evolving our consciousness brings us out of this Ignorance, Falsehood, Evil bondage, bringing us to Truth and Light and Harmony with all; with the All that is the Reality. When you overcome a resistance and instead make the necessary effort of psychological strength, life quickly and magnificently responds.

Injustice Hypocrisy

We are outraged when an injustice has been done to us, but remain callously silent, indifferent, or even mocking when that same injustice has been done to another to our considerable advantage.

Faith, Knowledge, Power

Faith converts knowledge into power. (Sri Karmayogi)

Interpretation: I may know what I want; even know how to achieve it. But that does not guarantee success. It still remains as Knowledge. Even acting through that knowledge guarantees nothing. But

Faith in the spiritual Force, the divine Mother, causes life to move, fulfilling our heart's desire. The knowledge has thus been converted into Power by our aspiration for and trust in the Divine.

Speaking the Absolute Truth

To speak only the precise factual Truth is an extremely difficult task requiring a great objectivity. The mind distorts the truth for a variety of reasons and in a variety of methods. It has been said that if one were required to speak only the absolute Truth, he would not be able to speak at all, since man's mind almost always distorts facts. (Sri Karmayogi)

Comment: Why is this so? A variety of reasons:

For expediency's sake. It is convenient to not have to think through the truth of things; i.e. be objective. Subjective expression is reflexive, automatic, even mechanical. (In a high consciousness individual, it can be the opposite; intuitive and highly perceptive.) It's like Al Gore's expression of "an inconvenient truth."

In addition, there is also a form of lying or withholding of truth to protect others, or to prevent danger to one's self under duress, or to counter another's deception as in war. These are somewhat more justifiable forms, especially if they originate in goodness

Positive Sports Developments in Negative Times for Community

When an acute problem faces a city, area, or nation, it is so often the case that it wins an all-important sporting event; very often the championship. In the Euro zone, Spain's dire predicament of vast debt and unemployment has grabbed the world's attention. So today it is no surprise that Spain has won the European football championship concomitant to that economic reality.

Sri Aurobindo's Yoga and Surrender

The whole of Sri Aurobindo's Yoga can be thought of as surrendering to and being carried forward by the spiritual Force of the Divine Mother.

Love and Self-Givingness

Love is self-giving without asking anything in return. (The Mother)

Comment: Human love is 99% the opposite; i.e. we require, even demand something for something. However, sincere efforts of Self-givingness can begin to move us beyond these limits.

Great Significance of Vedic Discovery of the Reality, Brahman

Sri Aurobindo, a Cambridge scholar, said that the Vedic discovery of Reality, Brahman -- which he expanded on -- is of greater significance to the world than the scientific discoveries of Copernicus or Galileo. (Sri Karmayogi)

Comment: Sri Aurobindo's view of Brahman: Each and every thing in the Manifest (universe), as well as every cosmic/spiritual aspect of the Unmanifest are simply different shadings of the same omnipresent Reality.

PS. Science is looking for a theory of everything. They are lost in the material, mechanistic view. The omnipresent Reality, Brahman IS that Everything. It is that which expresses in infinite variations of consciousness from Spirit to Matter, from the Unmanifest to the Manifest, from the Being to the Becoming.

Subtle Priority of Things

There is an outer priority of things one is compelled to follow. However, there is an even-greater, subtle priority of things that one can become aware of from within that puts one directly in harmony with the higher intentions and unfoldings of life. When followed carefully and spontaneously, one experiences an existence of perpetual miraculousness.

Outer Accomplishment, Inner Preparedness

All outer accomplishment is determined by inner preparedness at all planes - mental, vital, psychological, and physical; even spiritual.

Vital Plane

Q: In simpler terms could our Vital being be the SIXTH sense, extra sensory perception, GUT feel, Intuition or INSTINCT?

A: The Vital plane or being in us is emotions, feelings, needs, wants, desires, etc. It also includes our attitudes. It is the plane between our physical body and our mind.

Gut Feeling, Intuition, Occult Phenomenon

Gut feeling is inner intuition that comes from the subliminal being, a higher aspect of being in touch with the superconsciousness that sits astride the generally dark subconscious within us. The subliminal being sends up guidance from within (that is in touch with the cosmic plane), giving helpful, positive intimations of what to do and what to avoid. Inner intuition and gut feeling originate from here.

Intuitions of truth can also come into the mind as sudden knowledge from the universal plane of mind. ESP and similar phenomenon is an occult capacity in one's nature to see beyond the normal means. Inner intuition, gut feeling is related to ESP but the intuition can also come from the mind as well as sudden light, illumination, intuition.

Vertical and Horizontal Scale of Our being

Overall we can say that there are two scales of the makeup our being; vertical from and horizontal. In the vertical plane there is (from lowest to highest consciousness) the physical (material) body, the vital being, the mental being, and the spiritualized mind (of light, intuition, etc.).

There is also another scale from outer to inner; from the outer superconsciousness of the universal mind, to the human surface mind to the inner (dark) subconscious, which includes the subliminal (inner light connected to the superconscious).

Subtle Knowledge Needed by the West

The West has released the infinite in matter, but now has come to the end of the line because the physical alone can't solve their psychological and social problems. The subtle wisdom of the East however has all the inner answers for the West, if only they care to listen.

Forms Initiatives Take Shape

There are various sources of Initiative in life. Here are some possibilities:

Subconsciously from Within -- Many decades ago, I seriously came to Mother when I was subconsciously compelled to go to the East-West Center in Los Angeles where I immediately hooked up with Garry Sir. Darcy and Eliza meeting on the hill in the film version of *Pride and Prejudice* is another version.

Consciously from the Surface -- This is ordinary human initiative. It too often fails. It succeeds to the degree we are in the right corner of the four quadrants of Sri Karmayogi's magnificent scheme.

Compelled from the Outside -- as in the MCC story, which Sri Karmayogi rightly claims is not initiative, but a mission asked to be carried out. In WWII millions of soldiers were conscripted, compelled to serve from the outside, and they were often very happy to oblige.

Consecrated Effort -- We initiate, but offer it to the Mother. She acts for us when it is a valid initiative, otherwise holds back.

Grace Acting -- Not our initiative, but a Divine initiative which we can collaborate with. Maybe all human initiatives, conscious or otherwise, are merely subsets or surface formations of the Divine initiatives of Grace.

Process by Which the Formless Takes Form

Q: How does the formless take form in the universe?

A: We could say the formless takes form when there is a separation into subject and object. I.e. a subject perceiving an object. E.g. a knower knowing the known (rather than just mere knowledge); a love loving the beloved (rather than just pure Joy). Thus, a thought becomes conscious in or being when we the thinker think the thought. In a related way there is also we the observer observing the observable. Etc. These separation into subject-aspect-object are also points where space and time is enjoined, where they become real in an emerging universe (real ideas, energy, forces become forms), but for us also in an unfolding event, in new aspects of our consciousness, etc. Thus, in a way, separation, division, disaggregation, analysis, etc. are means of making concrete the unmanifest.

It is Apprehending Supermind that causes subject-object relationship to arise, while still maintaining their unity as explained earlier. In this way, Real Ideas, which are cosmic determinates/spiritual aspects, take shape in space and time. This is what the Supreme Ishwara wishes to manifest in creation.

And yet the goal of yoga is to move from separation to oneness; as in when I am one with you, with others, and life. It is where Ego (which is separation) is overcome. It is where the object of knowledge and I the perceiver are in Identity, as in Supramental perception that has Integral Knowledge. Then subject and object merge, space and time disappear (or are overcome), and we move from limits to the limitless.

Further on in the process, out of the Conscious Force comes cosmic Mind and from that Energy, which is the plane of Life. When the Energy further divides (by further losing its consciousness, becoming mostly Force), Matter is born. (The material is ultimately divided entity into atomic divisions without consciousness.) Evolution is the way forward in which through the Consciousness and the Force are rejoined for the purpose of discovery of our higher nature and the delight that ensues.

The overall process is called the Involution, and involves principles or formations of Self-Conception, Self-Limitation, and Self-Absorption. The Supreme conceptualizes what it wants to be, limits itself on the way to a creation of divided forms, and hides its spiritual nature in the process to enable that micro division that culminates in Matter out of Energy. In our lives we can follow this same process to accomplish in life.

Power of Shifting from Demand to Silence

When you shift from demand to Silence, enjoying it, the intention gets fulfilled.

Involution, Evolution

The Source of Involution is the goal of Evolution.

Mind Replaced by Supermind

Mind is a transitional entity and means of functioning in the human that will gradually be replaced by Supermind, which is Truth Consciousness and its Force/Power. All knowledge, power of affectivity, and action in life will be derived through that supramental plane and power, rather than through the current thinking/knowing methods and processes of Mind. A number of individuals are increasingly experience their lives this way, through this Knowledge Force and Power. They are pioneers of a new way of human functioning; the Next Step in our Evolution.

Comment: E.g. you want to know something, and that knowledge simply appears in the New Mind and Center, complete and integral. You want to accomplish something, and from within you access the power that attracts it from the outside. Thus, all power of knowledge and effectively is from within in that center of supramental force, power, and knowledge that gains complete mastery of the outer life. (We gain access to this supramental knowledge and power in the first place by surrendering to the Mother who is its channel and broadcasting mechanism, to the point where it takes over our very being and is the new basis of our New Supramental Nature.)

Wanting to Work Attracts It

When you REALLY want to work, opportunities to do so quickly arise.

Life Coming To You

Life coming to you is the goal. It's a success indicator; both in attracting it, and when taking it up.

Rise, No Fall through Her Consciousness

A rise unaccompanied by a fall is Her consciousness. (Sri Karmayogi)

Comments: In Mother's consciousness - including when we engage it- there are only positive results. In ordinary life and consciousness however a positive is often accompanied by a negative. E.g. science discovers the wonder of the makeup of the atom, which also allows for the dark side of atomic weapons to be developed. On the other hand, Her Consciousness and Force is Self-existent, producing no deleterious side effect, dark shadow, only infinitely and ever-expanding positives. It is in essence the supramental TRUTH consciousness.

A related explanation of the original quote: When we connect with Her Consciousness, we move up in the world, quickly, infinite-like. So long as we maintain that consciousness, we will never go down, fall. In ordinary life, we may rise, but there is always an opening to fall. This is the way of Nature, which has a dualistic, contradictory imprint. Steeped in Her Way, Her Consciousness, which is of Spirit, Soul, Truth, rather than Nature, the dynamic is a rise that maintains, increase, or accelerates. No chutes and ladders, only a highway to the sky.

Logic of the Infinite and Consecration

Human logic is steeped in Ego (separateness from the truth) and Ignorance (limited knowledge, very partial truth), and in future must be given up for the Logic of the Infinite. Consecration (self-offering to the spiritual Force, the divine Mother) allows for the emergence of that divine logic of the Infinite consciousness in the details of life.

Infinite Power of the Smallest Finite

The ability of the Infinite to be derived from the smallest finite is always there in potential, and can be realized when we have the right attitude toward that minutest thing. Life then bursts forth out of the limits with illimitable results. That's why we must hold sacred the smallest detail in the unfoldings of life. But why does this happen? It is because even the small, the finite has the consciousness of the Infinite Source, whose Infinity can now be realized in life.

Deep Poise of Calm Attracts

When the poise is deep, one has the calm to wait on life, for it to come to you. And as a result, it does. Normally, we are far too impatient, not recognizing or attracting opportunities, but lurching into initiatives.

Consecration and Self-Givingness, Self-Forgetfulness

Consecration is an act of self-giving and self-forgetfulness in the Mother.

Comments: I interpret the remark as give it up to Her, and forget yourself in that process. To the degree you do so, life will move - within or without - through Her Force/Supramental Power. (from DK:) Yes Sir as thoughts or circumstances come to us we can consecrate to Her without even giving a tinge of our own emotion or thought, thus we transfer the issue to Her. It clears all the blocks we would have put in the way.

Perceiving the Subtle Workings, Organization of Life

When you become aware of the subtle workings of life and its principles, rather than the mere mechanical, you will see how life truly moves, including the phenomena of life response. You will perceive that the world is subtly organized through interrelated forces and energies across space and time because all of existence has a Spiritual source in which everything by definition begins in integral Unity, and now in the life plane in creation continues that profound oneness and unity. It is something that we can truly perceive, experience, and realize when we rise to our higher and deepest consciousness.

Comment; From within, you can garner a power that attracts life to you without having to take any outer action. A related explanation: The spiritual Force is the Power you can develop and marshal from within that will bring life to you without you having to initiate. Attracting all of life from within through the Force, the Divine Mother is the real Power.

Makeup/Planes of Our Being

Q: In simpler terms could our Vital being be the SIXTH sense, extra sensory perception, GUT feel, Intuition or INSTINCT?

A: The Vital plane or being in us is emotions, feelings, needs, wants, desires, etc. It also includes our attitudes. It is the plane between our physical body and our mind.

Gut feeling is inner intuition that comes from the subliminal being, a higher aspect of being in touch with the superconsciousness that sits astride the generally dark subconscious within us. The subliminal being sends up guidance from within (that is in touch with the cosmic plane), giving helpful, positive intimations of what to do and what to avoid. Inner intuition and gut feeling originate from here.

Intuitions of truth can also come into the mind as sudden knowledge from the universal plane of mind.

ESP and similar phenomenon is an occult capacity in one's nature to see beyond the normal means. Inner intuition, gut feeling is related to ESP but the intuition can also come from the mind as well as sudden light, illumination, intuition.

Overall, we can say that there are two scales of the makeup our being; vertical from and horizontal.

In the vertical plane there is (from lowest to highest consciousness) the physical (material) body, the vital being, the mental being, and the spiritualized mind (of light, intuition, etc.).

There is also another scale from outer to inner; from the outer superconsciousness of the universal mind, to the human surface mind to the inner (dark) subconscious, which includes the subliminal (inner light connected to the superconscious).

Limits of Overmind that Supermind, Supramental Life Resolves

Overmind is the plane of universal consciousness, where each or any thing exists and is known in perfection. However, at that plane each perfection known has lost touch with other perfections of other things. Thus, there is the original basis of Ego (separateness) and Ignorance (missing integral knowledge). (E.g. at that plane each God represents something to perfection, but has lost touch with the truths of the other Gods.)

In Supermind, each thing is in perfection, but also maintains its unity with all other things, as well as the totality and essence. It is a Super Perfection. In Supermind, supramental life, there are no beginnings of Ego and Ignorance, but instead there is Harmony, Unity, and Integral Knowledge that is Truth at all points.

A world on this firmer foundation would be Self-existent, i.e. thoroughly Positive without any dark shadow, which still remains even in Overmind, the universal consciousness.

Collecting Debt through Strength and Consecration

It takes a certain detached inner strength to ask for payment on a due bill, doing so without demand, insistence, or threat. If you have done your best in that regard, I have seen life respond with other unexpected benefits coming in, as you say, especially if the matter is offered to the Force and then forgotten. Then the original overdue funds also come in at a later, wholly unexpected time. When it arrives, you smile. There are many variations of course.

Inner-Outer Indicates Oneness of Life and Attraction Power

Life response occurs as a result of the principle of inner-outer correspondence; which we normally think of as shifts in consciousness within evoke corresponding results from the outer life. But in one sense that is not always the case. E.g. if we want to change a wanting attitude (within) through an aspiration (within) for the Divine Mother to help us, that Force then moves (the "without"), touching us and transmuting that part of our nature (within), without necessarily producing an outer result. Thus we can say that inner-outer correspondence really means that there are no divisions between the inner and

outer, i.e. they are one continuous reality, and therefore each "part" can affect the other. In other words, there are forces -- from material to spiritual, gross to subtle -- that are awakened that then activate corresponding ones, producing the life response effect, whether the cause is within, without, or both simultaneously.

How Mind and Spirit Compare

Q: How does Mind and Spirit compare?

A: Mind is focused on knowledge and truth. Spirit includes that and much more. However, there is a spiritual dimension of mind, where the two overlap.

There are various levels of mentality. Surface mentality dominated by sense input is certainly lesser than someone who lives in a deeper poise and perceives life from there. Being a rational thinker who goes after the truth of things rather than merely what his lower vital needs and wants dictates is a better thing. At the mento-spiritual level one can go even further, and perceive knowledge and truth through light, intuition, and beyond. It is instantaneous knowledge without thought, and is where mind and spirit overlap.

And yet this advanced knowledge capacity of spiritualized mind is but one aspect of spirit according to Sri Aurobindo. There is also being aligned to truth, having multi-sided knowledge, feeling deep peace/witness consciousness, a harmony and oneness with others and life, constantly expressing goodness, great inner strength and power, deep delight, indomitable love, great powers of creativity, capacity for perfection and beauty, living in timelessness in time, capacities for evoking infinite results, etc.

The spiritual domain's experience also includes connection to the universal consciousness, or further still to the transcendent, or a deep connection to the soul within, or feelings of peace and serenity and bliss, or feeling of a divine presence within, and so forth.

Mentality has only the beginnings of these capacities; an opening and possibility to perceive them, not a fundamental ability to experience them. With one exception: Mind does have the potential to realize the spiritual aspect of integral knowledge and truth in life.

Prosperity of Mother Devotees By Changing One's Nature

Prosperity for followers of the Mother and Her Ways comes down to sincere willingness to change one's nature relative to the factors that breed prosperity and those that repulse it. Identifying what those are and then acting on it is paramount. Also, with the Mother and Her Force entering the earthly plane with increasing intensity, there is no excuse for a follower not having substantial monetary success. Money is after all one of the means divine life evolves out of ordinary life for followers of Her Path, especially when earned by changing our limited nature and surrendering to Her infinite Force.

Involution, Ignorance, and Wickedness

Q: What is the cause of Wickedness? Sometimes this question comes to mind when listening to world news and news backgrounds around the globe.

A: The Divine sanctions, allows for good and evil, and all points in between so there can be the widest possibilities of experience in the world, and therefore the greatest variety of discovery of our higher nature and consciousness, and the Delight that issues from it.

In the involutionary process described by Sri Aurobindo, Man is born a divided, in many ways unconscious being, rooted in his Ego self that is separated from others, and steeped in Ignorance, which is the very limited, partial knowledge and truth of things he possesses.

When that Ignorance rooted in Ego turns to passionate action, falsehood and wickedness (i.e. evil) arise.

Thus Life is a field where such ignorance, falsehood, and evil play out to enable the higher nature and consciousness of each of the players to emerge.

Allowing for the negative (in addition to the neutral and good) enables the greatest diversity and variability of delight of the players, when they discover that higher aspect of being.

It's Nature's indomitable methods forward out of the Darkness in its march towards increasing progress, evolution, and transformation.

Divine Allows for Evil, but through Mother True Good Can Be Attained

The Divine allows for the Negative and therefore Evil of all sorts in creation, which from the perspective of the omnipresent Reality (Brahman) serves a great purpose, is a means of progress. The Infinite Divine sanctions the negative in order to create the greatest diversity for higher consciousness discovery and delight.

But the Mother's Way is different from Nature's. Hers is to shift from progress through Prakriti (Nature) to that of Purusha (Soul) -- creating Self-Existent, non-shadowed GOOD in an emerging divine existence.

On Worrying About Your Problems

Emotionally worrying about a problem usually intensifies it. In many cases, forgetting about a problem resolves it on its own. Bringing the spiritual Force to bear on a problem, and saying "Thy Will Be Done," and forgetting the matter with trust in the Divine can solve it easily and quickly. Sometimes the problem is deserved of more thought, greater insight, which breeds practical solutions that one can act on to solve it. Vital/emotional worrying about it however never serves us well. Therefore, the best status for resolving a problem is calm, positive attitude, cheerfulness, and patience.

Spirit into Life, Not Spiritual Life

Sri Karmayogi speaks of bringing the Spirit into Life, instead of spiritual life.

I.e. we apply the Spirit to the details of life to evolve it, divinize it to its greatest perfection, consciousness, power, possibility. Spiritual Life is rich connecting to the spirit apart from life that has no lasting effect on the daily activities of existence. It is the old way, instead of the new evolutionary spiritual approach.

Life Response Makes Impossible Possible and Force

Life Response makes every seeming impossibility Possible, especially when the supramental power is brought into play.

Cause of What You Attract Positively and Negatively

You attract what you are - positively and negatively and in between -- in terms of your attitudes, motives, feelings, decisions, actions, intention, beliefs, etc. The world around you is therefore in many ways a mirror of yourself.

Relate to Another's Inner Person, Soul

The next time you meet with someone try to feel their Inner Person, not their physical form or the surface personality you ordinarily perceive. Sense and connect to their inner being and eternal soul, and know them always that way.

From Expectation to Consecration Attracts Best

Shift from expecting an upcoming activity to go a certain way to self-offering it to the spiritual Force, which will take it in the best direction.

Conflict Between Parties are Really Possibilities from Higher Consciousness

"Conflicts in a relationship arise when people believe they know each other, whereas the fact is they don't." (DTK)

It is the problem of human Ignorance, where the human mind just has a partial understanding of the world around them - whether other people, outer events, circumstances, issues, etc.

We tend to judge others very quickly because we live on the surface of life. We do not use the mind to consider all possibilities; to wait until we have more understanding before judging. It is a "Rush to Judgment." I.e. quick to judge, slow to learn.

Also there is a certain tendency in human nature to enjoy conflict, to assert one's self; to take pleasure in the outbursts and assertions of our Ego.

As we develop a more conscious life, we are more open to the many-sided truth of things, whether concerning life issues or others.

It is the problem of the world, and why human need to evolve further from their animal-based humanity to a deeper sense of things, to a higher awareness and consciousness that sees beyond the surface into the deepest depths where Truth lies.

Irritation Toward Injustice Increases It

When you get irritated about an injustice, it grows.

Q: Well... shouldn't one be informed about the injustice...(e.g., Corrupt Government)...in those situations. How should one think to change the situation to a peaceful one..

A: Recognition is good; even very good. Irritation isn't. Its negative energy that attracts negative circumstance, including the intensification of that which you do not like. Or to put it another way, having an inner aspiration for these things to change is very good; getting annoyed at them just attracts more of it. To know the difference makes all the difference in a positive outcome.

To change an issue such as this, you should be very informed about it, know in detail all of the salient issues and possibilities for change, have an intense, ongoing, sincere desire for it to change (not just ephemeral) and then offer the entire matter to the Divine Mother with intensity and emotion. Life will then move.

Thinking of Mother Before Activities and Great Outcomes

Before you engage in any activity, think of the Mother. Things will work out exceedingly well.

Beyond Mind's Thinking to Knowing Intuitively

Mind's unnecessary thinking blocks direct, instant Knowing of the object intuitively. It is the difference between searching haphazardly for the Truth of something, and instantly coming into Identity with it.

Transcending Comfort Zone that Attract the Infinite

When you go beyond your comfort zone, you leave behind your current finite - in terms of achievement, consciousness, fulfillment, etc. - and come to its infinite counterpart.

Q: What does infinite counterpart mean?

A: Greater success, achievement, consciousness, fulfillment, delight, up to Infinite of these.

Benefit of Indian Brain Drain of 1960s

The apparent "brain drain" migration from India of the 1960s and 1970s proved to be a great boon for the country, particularly in the field of technology where she has blossomed.

Soul is Unassertive, Passive, Timid

The Soul is unassertive, passive, and timid. It will not emerge in the forefront of our being until the Mind stops thinking and our Ego movements are overcome.

Black Problem in America and Killing of Native Peoples

America has suffered the great problems of the African American community (poverty, unemployment, crime) as karmic response to its ruthlessness against the Native Peoples a century earlier.

Sports Successes and Negative Events

Great sports achievements are often synchronous with significant negative events in that community.

Q: Why? That's so interesting!

A: I am not sure exactly. I suppose the energy in a given environment reaches a critical point, and expresses negatively in the macro (as intense general negative), but that has an avenue for fulfillment of the positive in the micro (like the sports event). The sports outlet also often serves as a positive outlet for the negative feelings of the population of the time.

Several years ago as Detroit, Michigan, USA was falling apart during the Great Recession- particularly in terms of producing autos which it is famed for -- the Detroit Red Wings hockey team had a sudden run of championship success it never had before. The New York Yankees won baseball championships around 9/11 after stagnating for years. Yesterday here in the San Francisco Bay Area, the rapid transit system collapsed due to a local fire, just as the pitcher for the local professional baseball team had the greatest success for the local franchise in 130 years - a perfect game! (The latter precipitated the original entry in this thread.)

To look into life this way is a great thing. To come up with the cause and effect relationships in such positive-negative scenarios and synchronicities requires a sharp inner eye to the deeper principles of life. In Shakespeare there is the main story, and often a parallel minor story. They work in tandem, and have related results. Sri Karmayogi says (in accounting for life response) that forces move together; however there is a major force that determines all of the others. Perhaps that is a clue to answering why sporting events reflect major difficulties for a community; only in the reverse.

Speaking Past Difficulty Gleefully Repeats It

When you gleefully and unnecessarily speak out a problem or challenge from the distant past, it suddenly starts happening again (within seconds), even after a dozen years since its initial and only occurrence!

Spiritual Evolution of Universe through Psychic Beings of Individuals

The universe is undergoing its spiritual evolution through the growth and maturity of all psychic beings inhabiting individuals across multiple births.

Effort of Perfection Attracts

When you try to perfect a thing, new unexpected benefits or opportunities suddenly arise.

Initiative from Life, Rather than Our Own in E.g. Sales Succeeds Greatly

Q: Sri Karmayogi indicates that fresh initiatives on our part are highly unlikely to succeed, whereas when life come to you and you take it up, it will far more likely succeed. But what about a sales person or a marketing effort by a company? Should they halt their action, because it is their own initiative, not coming to you by life?

A: People who are in sales and ask for orders have in one sense already been compelled by life to move in that direction already. They are in that career path, whereas undertaking fresh new initiatives where life has not indicated anything to us is different, and is less likely to succeed, or succeeds through difficulty. I think we can make that distinction.

In that light, we can see the difference between opportunity and initiative. Opportunity comes our way from life. Initiative is our attempt to create life. Unless we follow the process to perfection (Karmayogi's "The Complete Act"), it will not succeed, or probably have not been worth the bother. In that sense an opportunity coming from life IS a complete act already, at least in potential. Then it is up to each of us to take it up (which unfortunately many do not), as well as consecrate it so the opportunity is truly a good one, so the momentum is maintained, and that it can further expand beyond its initial possibilities.

Victory at the US Open through Collaborative Knowledge

The biggest annual Golf tournament in the US just completed in Northern California. It is called the US Open. An upcoming player (Webb Simpson) won the tournament in a surge in the last round. The man

in the lead throughout the later stages was a veteran who is well-liked and respected. However, in the end the upstart prevailed. Why?

I noticed the cause early on in the last round. Simpson discussed nearly every shot with his caddie (Paul Tesori), and together each time they came up with a strategy. The golfer then executed it nearly each time to perfection. He knew he did not have all of the knowledge, and so deferred to his caddie for his viewpoint and expertise. The caddie too respected the golfer. They were a superb team that took them to the top as champions of the US. It was one of the great expressions of the power of collaboration, and an openness and willingness to learn, which will take one to the top. Even the TV commentators noticed it.

One other point: In Supermind all knowledge is known about a thing. We can attain it to a large degree by incorporating all points of view. There are other individuals at our disposal who can inform us of the widest possibilities. The more open we are to others' inputs, the more we garner the multi-sided truth of things, as in Supermind. Sri Karmayogi calls it "taking the other man's point of view." It lands us closer to an integral knowledge, at least for the issue at hand.

Such Supramental power has another side beside integral knowledge. It is Force and Power and WILL for the thing/the knowledge to be executed, to occur at the highest level. In that way, Webb by moving in the direction of integral knowledge by taking another's views was also propelled to VICTORY, which is Supermind's actualizing Will; it's power of manifestation. It achieves overwhelmingly. Life responds beyond our wildest dreams.

Process of Creation/Accomplishment that Garner the Cooperation of Life

Intention that has a targeted goal and where the vital will is engaged; a firm decision made for action, a full persevering effort, right positive attitudes relative to the situation, application of one's highest skill, patience, strength, calm, and opening and surrendering to Spiritual Force (the Mother) will all help garner the cooperation of life and manifest what is intended (and then some).

From Complaining to Appreciation to the Society We Are Born Into

People are unappreciative of the civilization they are born into. There is a fundamental lack of Gratitude for the benefits one has at birth; for the great developments that human ingenuity and effort have produced. True it is moreso in some nations than others, or in certain areas more accentuated in one place vs. another, yet there still remains this fundamental unappreciativeness.

It is easy to complain about all the problems. It is more difficult to silently will for their change, and make efforts, inner and outer in that direction. Too many are left to complain, while showing no appreciations for the positive givens they are born into.

New Remarkable Mind-Bending Insights of Science

Quantum (micro) and macro science have revealed a number of remarkable truths that baffle the mind of the logical, empirical, physical-oriented scientist. Among them:

An object can be in two places at once.

One object can affect another instantaneously, even if it is on the other side of the universe. (This is a proof of the phenomenon of Life Response.)

A pain is recorded by the human brain before it is inflicted on the human body!

There is not just this universe, but billions and trillions more; not just parallel but sequential.

When one returns after a journey at the speed of light for a day, life on earth has aged a thousand years. The properties and makeup of that which is being seen in the universe is determined by who the viewer is, what their consciousness is, not just what is being viewed. (Possibilities and potentials in the universe are determined by the consciousness brought to bear.)

It was believed that consciousness emerged from matter, but now there is proof that it is also the other way around. Consciousness is the source of energy, matter, etc. in the universe corroborating the ancient India mystics.

Dark Energy may be, or related to the Energy that originated in the Conscious-Force (Chit) of Sat-chit-ananda, the first step out of the Infinite Divine on its way to creation.

Infinitely micro Strings, the foundation of reality (to be proved) arise out of Nothing.
A truth and its opposite can both be true.

Unassertive, Unheard Voice of the Soul is Perceived When Mind, Ego Are Withdrawn

The problem with the soul who is the rightful owner of the body is that it is amazingly unassertive. This silence leads to other entities such as the mind and ego to exaggerate their importance and claim all credit for themselves as if they alone create anything of value here.

The voice of the soul that is almost never heard goes totally ignored.

The importance of the soul that is so unassertive will be known only when the Mind and Ego withdraws and not otherwise. (MSS, reoriented, paraphrased)

Problems are Small from Perspective of Higher Consciousness

From our highest consciousness, the things that bother and stir us seem slight. To reach that status, however, one must make a yogic progress.

Further Comment: The Mother was fully realized at the plane of mind and the vital being. Her yoga was predominantly at the physical plane, i.e. transforming it. Thus the fears worries, pains, problems etc. we experience are nothing for Her, as they fall from her like water from a duck's back.

We are hardly anywhere near that. Taking to yogic practice (conscious evolution), like Sri Karmayogi and others, enables this to happen.

Yogic Stillness

To remain always still inside, not reacting to a fear, a worry, a regret, a problem, a pressure, an intensity, a pain, etc. is the goal we seek on the way to yogic purity, strength, and power.

Further Comment: From our highest consciousness, the things that bother and stir us seem slight. To reach that status, however, one must make a yogic progress.

The Mother was fully realized at the plane of mind and the vital being. Her yoga was predominantly at the physical plane, i.e. transforming it. Thus the fears worries, pains, problems etc. we experience are nothing for Her, as they fall from her like water from a duck's back.

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Higher Attunement to Life from Depths

From an ongoing status of living in the depths culminating in soul, psychic being, the ego interferes less, we are more open to others and their insights, more in tune to what life is telling us, more eager to discover the essential knowledge needed, more apt to listen to the Inner Guide, etc., which gives us far greater access to the true Truth of things.

Sincerity toward the Inner Divine as Totality, Perfection

Sincerity to the Inner Divine is like a totality of being, an identity with perfection that is like the objectivity that is Truth.

Truth is Truth

Truth is not what you believe, or what I believe. Truth is Truth, and that should be what we aim for.

True Individuality from the Deepest Depths

True Individuality is to live your life from the deepest essence of who you truly are.

Further Comment: The deepest essence from which we can express our Truest Individuality is from the Psychic Being, the evolving soul within, which we can arrive at by Surrendering our very purpose and existence to the Divine Mother. Now we are continually being informed from there what to do and what

to avoid, enabling the very best, the most dynamic and creative intentions and actions, personifying our status as a True SPIRITUAL Individual.

Forcing a Child's Destiny

Forcing a child's destiny -- whether in terms of interest, values, career, romance, marriage, etc. -- is to abuse them and deny their freedom to become themselves.

Mother and Ishwara Power

When we call the Mother through our consecration efforts, we evoke the Creator power (Ishwara) behind the universe.

Beyond the Possession of Marriage

Marriage is possession. Romance on the other hand is freedom, as one is engaged in the Adventure of Life. And yet partners in a marriage can move up the scale of romance and discover their own further Adventure.

Consecrating so Another Overcomes Conditions

You can consecrate that another individual who is struggling figures out the right method, or comes up with the right attitude, etc. in a situation, which will enable them to move in the right direction, attracting good or great fortune for all parties.

One Man's Perfection Can Save the World

One man's perfection can still save the world if that is perfect perfection. The world knows thousands of men who have scaled the heights of fame by virtue of possessing ONE skill in perfection. (Sri Karmayogi)

Comment: -In essence when we perfect something, we move it from the human to the spiritual level, where the infinity of that thing breaks out.

-To perfect something we must examine it (e.g. a skill, a work, a project, etc.) from every angle and raise it to its maximum possibility. At the point we reach that, vast success rushes in propelling one to the stars. If it involves a work affecting society, it can change the world. Thus, one man's perfection can save the whole world.

Faith in Mother

Faith in the Mother conquers all.

Your Negativity Used Against You

Whatever negativity you put out will one day be used against you.

Further Comment: E.g. a father interferes in his daughter's ability to freely determine who her husband should be. She thus marries another who she does not love. In that marriage, her bitterness goes out constantly to the father, who adored her beyond all things in life. Now he is miserable having lost the affection of his beloved daughter.

One man in the old American West sought to kill criminals who did harm to others. He was obsessed with getting revenge on these bad people, to the point that he cared little if they actually and truly committed the crimes in the first place, or they were committed so long ago that the law no longer holds. Then one day, he himself is accused of a crime that he did not commit, and so he is forced on the road to be hunted like a dog. Thus, the negativity he put out of getting revenge against criminals whether just or not, he himself is forced to experience.

It is just another way of stating the Law of Karma; i.e. negative action/reaction. What you sow is what you reap.

Individual-Society Caring Dynamic

As the society should care deeply and work for the complete fulfillment of each individual, we each individually should aspire deeply for the well-being and complete fulfillment of the society.

Embracing the Reality Practically

The practical application of knowledge of the omnipresent Reality, the All, the integral Brahman is that we should embrace everything that is happening in our lives - positive and negative, big and small, pleasurable and painful - and perceive it as a means of our further personal growth.

Strength and Faith

Inner strength builds up through ever-increasing Faith.

Cosmic Real Ideas and Our Original Ideas

There are Real Ideas of the Infinite Divine that have been set loose in creation. When we rise in consciousness, we become cognizant of them, or spontaneously express them in our original thought. Thus an original Idea brought forth into the world is really the Divine taking a creative step forward in the universe.

Restraint from Expression Draws Others' Actions

Whatever you hold back from expressing builds up energy, compelling others to make an unexpected material effort or progress on their and your behalf.

Comment by PR: To hold ones' expression is not a joke for a person like me who likes to voluntarily go and help people around whether they ask or not! After reading Karmayogi's works, slowly I started holding my expressions and it really works wonders!

In my office, I always had the habit of giving new ideas as to how to improve our methods by trying new efforts in the system. Very few appreciated; rather they did not want to improve at all. I used to get so depressed. Slowly I started changing my nature. I kept quiet even if I knew where the problem is or the mistake is, unless and until asked for, or that is the last resort for the organisation to be helped. Within a few months I was transferred to the Zonal Office where we have all the rights to guide the Branches or even instruct them to follow certain methods strictly to improve the work culture and become more accurate.

Everything I was trying individually in a small branch to make housekeeping perfect is now implemented by the H.O. and Branches directed to do so compulsorily. The Zonal Office Authorities give me a lot of authority to suggest anything good to the Bank, discuss all issues with every one of us, and really make use of all our skills to improve the Bank's working methods!!

Utility and Limits of Competition; Inner Directedness Instead

Competition is helpful in that it can wake us from our slumber of limited consciousness. Still it is the way of Nature (Prakriti); a compulsion from the outside with its own difficult terms. Better is the Inner Compulsion that originates in our Being, taking shape as sincere aspiration, highest values, persevering effort, true individuality, deepest poise, and the power of the Spirit applied at each point along the way. It is the way of Soul (Purusha) in which our motivation and power originates from within. There is no limit to the success that will follow.

Further Comment: The great achievers are inner directed, and care little about the competition. Inner-directed Mother devotees have the inner strength and wisdom to prevail, without having to give the competition a thought. Perhaps the only "competition" is between their old nature and the emerging New One.

Avoiding Unnecessary Chatting that Attracts Negative Response

If before a work, presentation, talk, etc. you engage in unnecessary, idle chit chat, negative circumstance will quickly present themselves. Best to stay silent as much as possible, and then engage the work. Things will tend to flow much more smoothly, doubly so when the act is consecrated.

Further Comment: It's easy to forget. When you experience several times the bad results that come from such unnecessary dialogue, it becomes easier to remember! Since over the years I trained others very often, meeting with a different group every morning, I had the opportunity to see the negative results from idle chatting, as well the positive from restraint.

Unprecedented Knowledge New Generation Knows

Each new generation knows something critical about life that the previous one can hardly fathom. To understand what that is would refresh the older group into the new.

New Thoughts are Best

The best thoughts are New Thoughts, instead of ruminating old ones in endless cycles.

Non-reaction and Identity with Others

Reaction is to treat another as a rival. Non-reaction is to treat him as oneself. (Sri Karmayogi)

Comment: Reaction to another creates dualism, separateness, contradiction with that person. Non-reaction enables harmony and oneness. Practicing non-reaction towards the anguish and other intensities of life - whether from others or circumstance - is to follow the first spiritual principle of life. It is the consciousness of Silent Witness, emulating the Divine Source of all things who looks out on His creation from this non-dual, non-reactive perspective.

Non-Thinking to Intuition and Supermind by Sadhak

The sadhak aims to gradually eliminate all thinking, substituting intuition and supramental perception of knowledge.

Imagining Brahman as Twisted Egg that is the Integrated All

Imagine taking an egg and twisting it in the middle, creating two interrelated, interconnected parts; one the Unmanifest (the Source of all things, the Divine), the other the Manifest (creation and all its details). The totality of this - including the integral relation and unity of all aspects, parts, forces, forms - is the Reality, Brahman, the All. It is a vision of the ultimate conception of Existence given to Man - the integrally unified Cosmic Egg of Brahman.

Psychic Being and True Spiritual Individuality

The deepest essence from which we can express our Truest Individuality is from the Psychic Being, the evolving soul within, which we can arrive at by Surrendering our very purpose and existence to the Divine Mother. Now we are continually being informed from there what to do and what to avoid, enabling the very best, the most dynamic and creative intentions and actions, personifying our status as a True SPIRITUAL Individual.

Giving Attracts Return Gift

If you are subtly observant, you will see that each time you give, life gives back something in return.

Irritation and Personal Growth

Small things you are irritated by represent corresponding limits in your consciousness you can outgrow.

Seeing Truth in Another's Point of View

What another person observes and expresses to you may not seem true at first, but if you examine it more deeply, you will find a grain of truth in it that can be quite useful. Thus, always be ready to see the truth in another's remarks, no matter what your own reactive logic dictates.

Further Comment: When you see such truths in another's remarks you might have shunned, you open up positive possibilities from life; from them, from elsewhere.

Infinite Joy Available in Each Moment

There is an infinity of Joy contained in each moment, if only we knew how to release it.

Further Comment: Withholding ego, self-givingness, taking another's point of view (putting yourself in their shoes) by offering all possibilities, Silent Will (the same) were all there, and brought joy in the moment. Result is the wonder she brought the one you had in mind, and that she also stepped forth and expressed it so wonderfully. Beautiful moments of Joy.

We do see ways to release the infinity of Joy in many moments; that joyfulness, sweetness, power which is always 'involved,' hidden, ready to come out in that tick of time.

Surrender beyond Consecration Stage

Continuous opening to the Mother and Her force - Consecration - is one stage. Surrendering one's very life and being to Her, to the Divine is a further one. The former can lead to the latter which is taking to Yoga proper.

Sri Aurobindo as Portion of the Lord

Sri Aurobindo came on earth to announce the advent and realization of the descent of Supermind, thereby abolishing pain, suffering and death from the face of the earth. A PORTION OF THE LORD CAME AS SRI AUROBINDO. Those who came to Him saw a Rishi in Him. Later others thought HE was an Avatar. Mother declared HE was not an Avatar but the Lord. HE was a portion of the Lord. (Sri Karmayogi, Spiritual Opulence, slight modification)

Untitled

She is the Force, the inevitable Word,
The magnet of our difficult ascent ...
(Sri Aurobindo, Savitri)

Comment: The Force = the supramental Force She embodies, that She is a vehicle for. The Word = She makes real the Real Ideas, the intentions of Satchitananda for manifestation on earth. The Magnet .. = through Her alone can we rise in consciousness beyond our limitations; otherwise it is impossible to do it on our own. Thus, She compels us, we are attracted to make this difficult ascent and transformation through Her Power and Intention.

Solving the Problems of the World From Within

Wherever you discover Truth lacking in the world, find the same or similar in yourself, change it, and life will respond and follow suit. As followers of Him, attractors of Her Force, and knowing Sri Karmayogi's micro principles, we can have that impact on the world from within. Once you truly experience such results a few times, that you CAN move life around you from inside, you will have the power to solve the problems of the world rather than merely observe them.

Trust as Basis of Enormous US Success

In the US over the decades there has been a high level of trust amongst the people over money matters; whether the borrower or lender. Hence their enormous 100 year run of success. Honesty is highly valued and practiced. We have to have that same value despite the culture around us. It will attract the best in others.

Original Thinkers of Original Ideas

-The essence of knowledge comes to us as Original Ideas. One who is able to get at such essences and expresses it succinctly is an Original Thinker of Original Ideas.

-Individuals who have gone beyond personal character to the realm of true personality and true individuality tend to express them, and thus become original thinkers.

Q & A on Consecration

1. What is the difference between consecration and "let thy will be done"?

--Consecration is the overall method. Thy Will Be Done is offered at the end of the consecration, putting all faith in Her and detaching ourselves from the outcome.

2. To what extent is detachment necessary while consecrating?

--Detachment is expressed as Thy Will Be Done. It is detachment from the act; our impulse, feeling, thought etc.

Can we consecrate if we are still very identified with something? Like grief or anger?

--It is best to consecrate when we are as still and calm as we can be. As a separate consecration effort, you can consecrate both grief and anger, so they go away and never come back.

3. What in us consecrates?

-- Whatever plane we are in. If we are in thought, we get mental results, such as clarity or perceiving new ways to organize things. If at the level of will and emotion, we get vital/life results, such as a new opportunity, more work, more money, more affection, etc. If at the level of both non-thought and non-vital/emotional/will, we get physical results in the body, like increased physical energy and physical pain going away.

4. If consecration is always from the most conscious part of ourself, then most of the time it is the mind right? How can we ensure that this consecration reaches the vital and the physical planes as well?

-- See above.

5. Sometimes during consecration, (especially regarding an interaction or relationship or act that is confusing) the outcome can just be knowledge and clarity can it not? Greater knowledge into the why's and how to progress through the situation? So my question is does consecration help us evolve and progress?

-- Yes, it depends on what our aspiration is. Whether to accomplish something, when we are in need of that accomplishment; to understand better; to overcome/change our attitudes and motives; to discover the spirit within or without; etc. Depending on the level of our aspiration will determine the level of our growth – whether material, social, mental, emotional, and spiritual. They are all forms of progress at their corresponding plane, which can intensify to evolution and transformation.

Keys for Accelerating Job Success

To insure ever-accelerating success in one's job, marked by powerful positive life response results-

-- perform the work with the highest consciousness you know how, unconcerned about results.

--consecrate it to the Spirit, the Mother; including at the beginning of the work day, for ongoing situations, for major activities, for any opportunities that come up, for problems that arise, for limits in your consciousness you perceive, per time period (such as every hour) etc.

--think about what in particular has brought you r level of success so far; accenting the positives, and reinforcing your previous holding down of the negatives.

Applying lessons from Token Work to Larger Work Attracts Great Success

If in an experiment, we can call it a "token effort," you find the inner and outer keys that unlock some important truths and results, and then apply it to a larger, more significant work, you can attract overwhelming success there.

Mother's Non-Interference in Trying to Cure

[On Mother's non-interference in trying to cure certain devotes, allowing them to pass on.]

Sri Aurobindo in Life Divine speaks of the need for rebirth of the soul through multiple consecutive persons to enable the ongoing growth, evolution, and transformation of the (evolving) Soul that

inhabited that individual. It is a growth from Ignorance to Knowledge, and in many other ways. If Mother realizes that a particular soul in an individual can grow further in another birth and body (or needs to rest) Mother does not interfere in curing them.

I therefore suppose other individuals She believes can be reborn, have a rebirth in the current life without leaving, She supports and makes it happen. Karmayogi has revealed that Jean Valjean in Les Misérables and perhaps three or four births in the same life, as the soul perceived it could learn from the ongoing developing situations in his life.

It would be interesting to identify what our Soul is seeking in our current life, and what we can do to help It realize Itself.

What "Infinite" Means to Sri Aurobindo

Sri Aurobindo seems to use the term "INFINITE" the same as the omnipresent Reality, Brahman, the All, the unmanifest and manifest; and every detail.

What "Brahman" Means to Sri Aurobindo

According to Sri Aurobindo, BRAHMAN is the One and the Many together. The unmanifest and the manifest. It is all planes from spirit to matter, all things, everything we experience and don't experience, and includes and transcends Sat-Chit-Ananda. It is also all these things existing and interacting in perfect integral unity (which can only be perceived through Supermind). Another way of putting it is there is one Reality (Brahman) that expresses in infinite ways: including as and through Sat, Chit, Ananda, Supermind, Mind, Life, and Matter.

Sri Aurobindo's vs. Vedantic Views

Sri Aurobindo's views are somewhat different than Vedanta. He utilizes its basic tenets but then extends it, more fully develops it through his inclusion of the processes of involution, evolution, the role of supermind, and the evolving soul, amongst others.

Progress of New Species Beyond Human on Earth

Q: Has the next species [beyond the human] descended on earth with its form, and has it started working....any indication as per Agenda or otherwise.

A: To the degree we change our consciousness at the mental, vital, and physical level we will be aiding in the development of the new species. Whether there has been a spontaneous outbreak of a new type of individual as forerunner of this new species is unclear, and hasn't presented itself yet to the best of my knowledge. Certain individuals have had experiences that overcome illness and physical decay, which is promising. Whether this is helpful in the forerunner of a new supramental being is unclear. The Mother said the possibility for immortality at will in our current body would be 300 years. A new species could come out of this, or have its own fresh form with the new body. Mother said Sri Aurobindo could be born into a new divine body. From our side, we have to prepare and do our part for such possibilities to take hold by elevating our consciousness to the highest degree.

Evoking a Response by Speaking to the Spirit of an Object

Every object -- material or otherwise -- has a soul and essence. If we address that Spirit in the entity, we can evoke a powerful response from the field of life. Here is a true-life example

An individual's mother told him that few days back the AC stopped working. The AC repair person told her that he would be back the next day, but didn't show up for 3 days. On the third day, his mother shifted the whole issue to the spirit- i.e. spirit of the AC. She spoke to it saying "I do not know what the issue is. The repair man is taking so long and hasn't even got back to say what the problem is and how long it is going to take. I am not sure how much he is going to charge either. I request you to handle this whole situation and work well."

MIRACLE! Within 2 minutes of her heartfelt spirit prayer, the AC person called to say that he had found the parts, had finished repairing. and that he was bringing it on the same day.

What Can Be Consecrated

Consecrate-

- an upcoming event
- a wrong attitude realized
- important daily activities
- hourly or even every fifteen minutes
- a problem or difficulty
- an opportunity that has arisen
- the current situation or condition.
- a goal undertaken.

Vast Wealth, Prosperity Potential of 1B Indians

Imagine the effect of one billion plus Indians using subtle life knowledge and the power of the supramental Force to attract vast, unprecedented wealth and prosperity. She would leave the rest of the world behind, and bewildered, while garnering great respect and realizing her destined role as Guru of the World.

Consecration as Act of Self-Givingness and Self-Forgetfulness

Consecration is to shift from one's preferences to Faith in the Mother. It is an act of self-givingness (to the Divine) and self-forgetfulness (of self and self-want), surrendering to Its/Her Will and Intent. It is a movement away from Ego and toward Faith. It is captured in truly feeling "Thy Will Be Done" in the consecration process, and then forgetting the matter, fully trusting in Mother. It is Faith.

Untitled

Consecrate, Consecrate, Consecrate. Your day will be a Wonder.

Peace of Mind in Mind vs. Silence

Mind disturbs peace of mind. Silence enhances it.

Body's Illnesses are a Product of the Mind

The body is a place for divine habitation. Its natural tendency is to be healthy. To be diseased is not normal to it. Primitive people who live in conformity with nature are a good proof of this. When the body forgets its natural tendencies and becomes enslaved of the mind, it starts to get affected by the latter's fears and worries, which leads to illness. Only one out of a thousand afflictions is a real illness. Only that one requires medication. The rest are disorders generated by the mind. (Sri Karmayogi) [including psychological disturbance, attitudinal issues, mental tension, fixidity in the nature, karmic influence, etc.]

Changing Fear to Faith

Wherever there is fear, turn it into Faith.

Q: can you please explain how exactly one can do this? A process would be very helpful.

A: Let's say you are about to have an important interview. There may be a moment you feel afraid you may not secure the desired result. At that moment you can instantly shift to faith in the Mother, which will create the more positive energies for success. This can be applied to any fear or worry that suddenly rises. It also can be applied generally to an ongoing attitude of fear, worry, and the like. Also consecrating each shift to Faith would support spontaneous outpourings and feelings of Faith in future.

The Divine vs. the Reality/the All

We can perhaps make a distinction between the Divine and the omnipresent reality, Brahman, the Infinite as devised by Sri Aurobindo. The latter is the All. So everything, all planes, or movements, acts, etc. is an expression of the Reality.

The Divine is there in the Involution, at Its Source, whose consciousness is lost, or absorbed at the outset of creation in Matter, and returns through our higher consciousness in the Evolution. In that sense "Every thing begins from Divine - Every thing ends with Divine." But in ending with Divine, it occurs through an infinitely variable, created universe of forces and forms, now filled with the Conscious-Force lost in the Involution and discovered in the Evolution.

Perhaps we can therefore say that the Divine is the highest consciousness of the Reality that seeks to move from its static to dynamic expression through a manifest universe.

What Attracts Money, And What Doesn't

There is more than one factor that determines whether money is attracted to a person, just like there is more than one determinant of health -- exercise, nutrition, constitution, psychological disposition, life style, occupation. You cannot explain health solely on the basis of any one of these factors. -- Money comes to those who are hardworking and enterprising is a fundamental truth that Americans, Germans and other high achievers everywhere illustrates.

- Money does not come just because we long for it. Wickham in Pride and Prejudice is an example.
- Money is attracted to those who value something higher than money, i.e. they are not mercenary. Elizabeth, Mr. Bennet, Mary Thorne illustrate.
- High energy and strength attract money, not weakness, dullness, laziness
- Enterprise attracts money
- Organization attracts money
- High level of skill applied diligently in work attracts money.
- Passionate quest for money driven by ambition or the desire to accumulate can win money in the measure it is accompanied by other positive characteristics.
- Wishful thinking, day dreaming, vain hopes of a windfall, gambling, borrowing, asking or expecting gifts, resentment at others' prosperity do not attract money.

Formless Created Infinite Variety of Energized, High-Motion Forms

A formless, immobile, and static being has created and empowered an infinite variety of forms, an entire manifestation full of energy in high-motion.

Suggests for Harmonious, Intimate Relations

Several suggestions for better, more harmonious and more intimate relations:

- don't criticize
- don't complain
- don't react with negativity
- don't try to one up the other person
- don't try to impose your will
- don't try to change the other person
- compliment on small things
- give for its own sake
- try to raise the level of harmony
- treat partner as you would an honored guest

Taking up these methods will cause life to respond positively for both parties!

Companionship to Friendship is Sensation to Emotion

When companionship matures into friendship, sensation ripens into emotion.

On Friendship That Sustains, That Fails

Sri Karmayogi says that Friendship is a rich human relationship that does not permit calculations, mercenary conditions, or profit or loss. Friendship is simply friendship, as it knows no other consideration. Therefore, we can hypothesize that if one or more of these attributes has been violated that friendship can sour or turn into an enemy relationship.

However, Sri Karmayogi also indicates that the Mother gives friendship Her Touch and makes it noble, magnanimous and divine. Perhaps from that status it is far less likely for a friendship to break its binding attributes and turn into an unfriendly or even hostile relation.

The Omnipresent Reality as the Unifying Principle, which We Can Perceive

Science is trying to discover a unifying principle of the universe. However, the omnipresent Reality, that which permeates all planes of being is that unifier. We can perceive it by rising in consciousness beyond mentality to the planes above mind; i.e. spiritual mind of intuition, light, and supramental perception. Living from a deeper poise and constant opening to the spiritual Force enables this vision of Brahman.

All is Part of, Is Needed for Progressive Unfolding to Life

Everything is part of the Reality; positive and negative, big and small, pleasure and pain, matter and spirit, etc. And all those things are needed for the progressive unfolding of life. Therefore see the utility of everything, including that which you are oblivious and callous towards. It may be the means that opens the infinite physical, vital, and mental realities in your tomorrows.

Take Up Life's Initiatives, Not Your Own

Normally we take initiatives to accomplish in life. But our research has shown that when one initiates on one's own, it is more likely to fail than succeed. Is there a way out? Yes, it is by responding to LIFE'S initiatives. When life comes to you with an opportunity and you take it up, success is almost always guaranteed. One man moved across country with the idea of starting a house painting business. It was a self-driven initiative, and it ultimately failed. A while after, a friend of his family asked him to work at one of his chain stores. When he did, an astounding series of positive successful outcomes followed; and his life was changed forever. That is the power of responding to Life's initiatives rather than taking one's own. It is a power of stillness and silence in which we wait for life to take us to the next level.

Matching Our Goals to that of Our Evolving Being

Just like your ordinary consciousness, the normal you, your Inner Being and Soul also has a secret Aspiration of something to be achieved. It is what you are meant to achieve or come to know or realize in your life that It seeks to absorb the Essence of. Therefore, when you are clear about your own goals, pushing aside what is not relevant, you align more with the Inner Being, the Soul within. Your Intention and Its (including what it wishes to know through your growth, as it is an EVOLVING soul) connect with one another in close association.

Of course what you want should be what is truly necessary in your life for accomplishment and growth, not merely what one's ego dictates. To perceive the difference is wisdom.

Then do you know what your own evolving Soul particularly wants out of you?

Life's Initiatives and the Aspiration of Our Soul

Elsewhere there has been discussion about the importance of not taking initiative, but rather waiting on Life's initiatives. Can we therefore say that one clue to what our Psychic Being aspires for in this birth is what Life is calling us to do. Doubly so when we know Mother is behind that Intention as devotees.

Thus, we can recollect everywhere Life compelled us to move in a new direction, and develop a map of consciousness that we are and have been moving through. E.g., one man's soul needs to understand the benefit of hard work that can be a dynamic instrument for Mother's Grace. Another individual is a ripe

soul in terms of kindness, generosity, and affection, but has little knowledge, and therefore much understanding of life to gain. And so forth. And it can be for several main aspects.

This also applies to problems we encounter in life, for by going through each one, we learn something; something our Psychic has longed to discover through its latest instrument.

Furthermore, if we develop this knowledge, we can now consciously apply it in work and the rest of our lives, to accelerate our evolution, and that of the interest and intent of our Evolving Being.

Changing Our Impossibility into Possibility that Vibrates through the World

The Mother said we each represent an impossibility that can become a possibility. This is why we are here, what our evolving Soul yearns to more fully comprehend through our progress.

And what we change within will also vibrate out and change the corresponding aspect(s) in the world.

And there also may be a Universal Soul that too is evolving, which through our development we partake in. In that way, we play an integral part in a universal process of Becoming, which itself is an instrument of a Transcendent Will that seeks manifestation of its spiritual qualities in the universe.

Sri Aurobindo says the universe evolves through the evolution of the psychic in Man, thereby fulfilling the Divine Intent.

The Mother's Power is Greater Now

On the notion that the Mother's Presence and Life-affecting Force is more powerful now than when she was on earth:

- The world is evolving rapidly, especially at the level of technology, which is a subset of the evolution of Mind or mentality that is accelerating, especially in the last 20-50 years. We, i.e. the Earth are more open to possibilities, as a more rational, mental world sheds more of its superstitions. Her Force can thus work more effectively at the global level, which can also affect individual receptivity to a degree.

- She ended the Cold War, which might have destroyed the earth. She did so from the subtle physical plane. Has there ever been a greater preventative achievement in earth's history?

- Individuals, including superconscious ones like Sri Karmayogi, are calling in her Grace increasingly, even in floods. So the more we call, the more She Answers. It may be a trickle compared to the future, but is a breakthrough compared to the past.

- Sri Karmayogi indicated that though they tried, Sri Aurobindo's disciples were unsuccessful in practicing Integral Yoga. Maybe most did not even consecrate in a pure form. Now people are doing the latter in increasing numbers, evolving powerful outer response and elevation of consciousness.

- There is a world consciousness brewing as well, as many have taken to paths that lead to integral approaches to personal and spiritual growth; unprecedented in history. This enables greater receptivity from Her.

- The supramental Force has its own momentum, thus is progressively descending on earth now after Mother left. It is a movement downward without even our evocation from below.

- Mother said that sometimes her body was an obstacle in the way of the Grace. That obstacle is no longer there.

Cosmic Sense Beyond Common Sense

Common sense and practicality are very useful in life. However, there is a higher truth; for a greater, infinite-like Life. It can be stated as: Beyond Common Sense is Cosmic Sense. It gives us ultimate power of discrimination. To gain that power, one needs to progressively attain a cosmic consciousness, perceiving the universality and interconnection of things; and beyond that, the supramental truth and power. As result, the Infinite and all its truths open before us. Now all we need do is follow and apply it. The world then unfolds as a Marvel.

Karmayogi also refers to this dynamic as the "Logic of the Infinite," which is something we can perceive in the Unfoldings of our lives, and then apply it, evoking the infinite from the finite. He also tells us that the Logic of the Infinite is a PRACTICAL concept, as it creates vast, practical results when applied. It

occurs to the degree we own our conscious; e.g. through constant consecration and realizing the Laws of Life, with Surrender a stage beyond that.

Inner Life, True Individuality, Another's View, Initiative of Life

We can also see a relationship between Taking Another's Point of View and initiating only through Life, not our self-initiative. When we respond to the initiative of Life, we ARE taking the others' point of view, as we open to its opportunities. On the other hand, following our own initiative is in general not to take the other's view, but to insist on our own way.

By the way, taking the other's point of view does not mean we give up Individuality, for the view of the herd. True individuality, of the spiritual kind originates from the depths of our being, to the Psychic where we garner deep subliminal insights on what to do and not to do, also putting us in harmony with others. From there we can't help but follow another's view, as they are perceived as us. Thus, we have the Inner Guide of true spiritual individuality, and the outer person's to take us forward. It is not simply following the herd.

So perhaps we can generalize and say we have two opposite lines:

-Psychic Being/depths, Spiritual Individuality, Taking Another's View, Initiative of Life

-Surface Living, Herd's View, Avoiding Another's view, Self-initiative

The former leads to infinite success and joy; the latter finite success and failure/pain.

Contrition for Ego-Based Negative Undoes the Result

When one feels contrite for and consecrates an Ego-oriented action that attracted a negative, it will have the effect of cancelling that which was taken away, while moving things back in the right direction.

Example: A man was earning through his web site via on-page advertising, but seeing a rise in income, wanted even more. He asked others' for their advice on how to make that happen, which was given. A while after, the site suddenly started LOSING 25% or more of the income, with an equal drop in viewership; the reverse of what he intended. When he understood his greedy, ego-oriented action and unnecessary initiative -- as things had been going well, growing well on its own, -- felt remorse for it, offered it to the spiritual Force, and FORGOT about it, the site soon regained all that it had lost in terms of money and viewership. Now it is quietly and nicely moving up.

Another's Point of View and Their Happiness

To truly take another's point of view we have to know what will make them happy. A debt collector would like to receive payment; even double payment from the debtor. This makes them happy. An apartment manager would love to collect all the rents on-time, so she can report it to the owners as such. A parent would like to know their children are listening to them and are thereby being kept out of harm's way, etc. To know what would make another happy is to psychologically relate, is to have the other person's perspective of things.

It is a movement of IDENTITY. It is imagining what it is to be in their shoes relative to the issue at hand and further still. It is to want what they want. It is to be motivated in their direction with what makes them feel joy. It is a supramental movement; i.e. of unity consciousness. It is Oneness, being one with another in terms of interests and motives.

We can see it at increasingly psychological levels. At each point we go further towards them, we take a step away from our Ego, which is separateness. At each point we relate deeper, their potential joy increasingly becomes our concern. And in that context we increasingly take to their perspective and view of things.

Example of Taking Another's Viewpoint

An example of taking another's view that attracts:

In my (ego) view I am struggling to learn the lessons for my upcoming class for my students. From their viewpoint, they will gain pleasure from their understanding when they are taught. Shifting from my view to theirs will make my learning of the lessons easier and enjoyable, their experience in the class exhilarating, as well as attract other unforeseen positive developments.

Untitled

Discovering what gives them pleasure - mentally, vitally, physically - is to take their view.

Why Satchitananda was Easier than Supermind to Reach

The question raised is why was it relatively easy for Sri Aurobindo to attain to and realize Satchitananda, but it took him 10 years to discover Supermind, which is Satchitananda's objective status

Sri Karmayogi answered by equating the subjective and objective versions with the Indian governor and Indian chief minister. The Indian governor appoints the Chief Minister and so is a higher official than the politician. The position of the governor is like that of Satchitananda. While any retired IAS Officer can become a governor, it is not same with the Chief Minister who has to be popular though the whole state to become the CM. Becoming the CM is like attaining the Supermind while becoming the Governor is like attaining Satchitananda.

I added the following additional thoughts, though admittedly speculative:

Supermind renders and carries out in detail the Intent, the Real Ideas of Satchitananda. The process and result is therefore practical, objective.

A good sports team will have a team philosophy. It will have a coach to realize it, and players to carry it out. This can be likened to Satchitananda, Supermind, and we individual humans. It is a movement from subjectivity to objectivity of the infinitesimal. The final score is objective; it can be ascertained.

When the outcome is created, the subjectivity of Satchitananda through the action of Supermind and the Evolving Spirit in the individual is fully objectivized; which is the end game and divine purpose of life on earth.

Perhaps Supermind was more arduous to discover because it is younger. And out of Supermind come those things that never existed before. In addition, it may have been harder to find because there's little Indian tradition of its existence to make it easily realized. (Even Overmind has Gods to make its universal consciousness understandable and reachable.)

Now through Their experiences and their evocation of It on earth, we can easily draw on the Supramental power. As a result, we are Lucky, and infinitely grateful.

Influences On, Experiences of Sri Aurobindo

Sri Aurobindo's teachings are a synthesis of, yet transcend the spiritual influences that he came to know and personally experience. Among them are:

- the one Reality, Brahman, which is both active and passive; beyond existence and existence itself (Vedanta)
- the oneness of the spiritual dimension, of God (Monism)
- the existence and powers of gods (Indian tradition)
- the oneness of the divine and life (Non-dualism)
- the cosmic energy, shakti of creation; the divine mother (Tantra)
- the supramental truth consciousness as creator of the universe (via Vivekenanda)
- the planes of spiritual mind above mind, including intuition (Vedanta)
- the unity of all spiritual approaches that discover the one divine (Ramakrishna)
- Real Ideas and divine intent unfolding in creation (Kant and eastern influences)
- yogas of knowledge, works, and devotion (Bhagavad Gita)
- the personal divine (Bhagavad Gita)
- the psychic being (?)
- experience of the negation of all in transcendence (Buddhism)
- the attainment of moksha, liberation in the transcendence beyond this world (Rishis, the Vedas)
- involution (?)

-evolution (modern western thought)

Integral Perfection in Work

An integral, many-sided perfection of a work takes it to supramental status, where one attracts vast, infinite-like possibilities and results. Perfecting every detail, in every dimension is perhaps Sri Karmayogi's central approach to work. His method is to list out half a dozen scales of measure by which one's work can be perfected; e.g. in terms of accuracy, timeliness, responsiveness, level of organization, intensity of effort, maximum utilization of resources, etc. Then act to move the work higher in each scale. Positive life response will break out; as the infinite replaces the current finite.

Making Real Doing Work for Divine's Sake

Do your work for the sake of the Divine, not yourself, which only leads to temporary happiness, instead of true, inner Joy. This requires a different orientation. How will you accommodate that; make it real in your daily life?

Indian Corruption, Dishonesty

If the Indian people could give up corruption and dishonesty, it could attract wider prosperity, and the direct or indirect reunification with its former lands.

D: If the leaders of India are strong and determined against corruption or people themselves have something inside them to stop them from indulging in corruption it will bring a change is my thought. My husband says if India is administered by westerners it will be corruption free.

Response: Yes. Devotees can practice scrupulous truthfulness in their own lives and attract these possibilities. But do we each know where we are lacking? One form of truthfulness is to accept the truth about ourselves where we know we fall down; such as unpaid debts.

... or holding a grudge, or a truth about things we do not accept, or our exaggerated claims on matters, or favoring one child over another, or manipulating events to our advantage. or slavishly following what our ego demands, etc. Changing these will attract the end to corresponding discords; whether corruption, conflict, war, or whatever.

Perfection in Work and Infinity

When a work rises to perfect perfection, infinity breaks out.

Perfection of Spiritual Qualities in Creation

To perfect every possibility -- of which there are an infinite number set in motion by an Infinite consciousness -- is the goal of Creation. It does so through the application of spiritual values, including Silence, Peace, Oneness, Truth, Knowledge, Goodness, Beauty, Love, and Delight. We fulfill the Supreme's aspiration to perfect every possibility by realizing these cosmic determinate in our own lives, and applying them to every matter, from the largest down to the infinitesimal.

Expansion and Contraction in the Process of Creation

The process of creation -- for the Supreme and for us -- is to go wide to allow for the broadest and most varied possibilities, and then to narrow down and perfect through an effort of organization and higher consciousness.

Supramental Descent and Earth's Aspiration

Supramental descent is the will of the earth's aspiration. (Sri Karmayogi)

Q: When Karmayogi says this, does he mean Prithivis? The Earth as a sentient Being?

A: Just as we have an aspiration during our lifetime, the earth has an aspiration during its existence - as its source and basis is a life force, has a will of its own, and originates from Spirit/Soul. It is thus an aspiration of the earth's essence and being. So yes it seems to be what you indicate.

In every physical object in the universe, there is an Essence we can come in contact with. If we do, that person, place, or thing comes alive; responds to our interest and will. Sri Aurobindo indicates that the Essence and Spirit has been buried, is involved in creation, is hidden in the object or form; yet is nevertheless there. This is what we can evoke, bringing the subtle, hidden, involved essence and being to the surface of life. Essentially, make it come alive.

Supramental Perception of the Reality

Supermind is the faculty that enables us to see the whole of the Reality, the All, Brahman. From there we see the Spirit and Life as two expression of that same Reality.

Nature and Our Progress

Nature gives man the experiences he needs for progress.

Moving to Higher Plane by Saturating Current One

When you saturate the plane you are in, you are taken to a higher plane. For example, if you are in sales, do moderately well, but then are able to make the exhaustive, maximum effort suddenly demanded of you, life responds overwhelmingly and you are taken to a new plane of success. The same is true when you saturate a positive attitude, goodness, aspiration, skill, knowledge, psychological strength, determination, and so forth. In essence, by maximizing in any of these areas, your energies spill over at the plane you are in, attracting your entrance into a higher one.

Further comment: The breakthrough to the next plane is also in terms of the work you are doing. E.g. from sales to sales manager; or from researcher to partner. The latter is what happened to Erin Brockovich after her monumental physical effort that helped secure a \$400 million settlement for her clients.

In addition, had you consecrated the effort, you would receive not just Grace but Super Grace.

Mind and Supermind

Q: What is the role of mind in creating supermind; just like body to mind, what is its role to higher mind?

A: Withdrawing mind from preoccupation with outer sense information, and silencing the mind from thought moves one to spiritual mind, including supermind. Constant consecration does the same. Connecting with psychic enables direct connection with supermind. The deeper we live, the higher in spiritual mind we go.

Movement from Limited to Spiritual Mind, and Role of Consecration

How little our poor little Mind understands. It is such a poor instrument for absorbing the countless truths, events, and circumstance affecting us and relevant to us in a given instant in time. And yet in the future we can know all such things through intuition and supramental perception which gathers all germane truths of that moment instantly and at once. Our paltry, inadequate little Mind is like a small solitary pail catching the waters of a monsoon downpour, when an entire vast landscape is required.

Further Comment: It is why Consecration is so important, as it gives us the knowledge we need from moment to moment, plus it sets right all life conditions. Our current Mind thus increasingly becomes an obsolete instrument, replaced by spiritualized Mind of illumination, intuition, revelation, and supramental perception, the latter of which is the ultimate power of integral knowledge and truth, as well as of creation and manifestation.

Accelerating the Arrival of a Divine-Oriented Life

Humanity does not seem to be cooperating with the Divine Intent, pulling in the opposite direction, making it seem like it will take forever for a Spirit-oriented life to come about. Is there a way out of this conundrum? Can we accelerate an opposite dynamic, evoking powerful positive response from life?

Imagine if an increasing number of individuals in important, influential positions of power -- in government, business, global relations, etc. -- evoked the Mother's supramental Force. There could be

sudden leaps of progress in those areas/fields, infused with a deeper, dynamic, creative consciousness. This would surely accelerate Sri Aurobindo's, The Mother's, and Sri Karmayogi's Divine-oriented goals.

The Mother in The Agenda also spoke of how society's views change very swiftly; how it was just a matter of a current of thought, emotion, or belief suddenly altering course; spontaneously shifting from one direction and view to another. One day, people are thinking one way; unforeseen events occur, values change, causing the current to shift, and suddenly people are thinking in an entirely new way. In an Internet Age, this dynamic will only occur that much more swiftly.

Perhaps in the end it comes down to changing ourselves, which can have the effect of changing the world around us. We have that divine-like Power within us. To accomplish that, first we need to ask ourselves what we would like to see changed in society. Then we can find the corresponding limited qualities in our own being, reverse them, and the outer world will quickly be affected. I.e. a wider, collective response will suddenly come about. We really do have that power to affect life. To test our sincerity in this regard, we can begin with a few small experiments of our own.

Distain for Another's Success

Not wanting others to succeed is a very ugly and very common human quality. Its life response effect is to hold our own selves back.

Subtly we express this quality far often than we realize. Sometimes it's in the form of jealousy. Other times competitiveness. Regardless, it always issues out of Ego, which personal awareness overcomes.

Another's Point of View that Enables Integral Truth and Personal Growth

When you are with another, put yourself in their shoes, and see things from their perspective. You will instantly move toward integral truth consciousness in that interaction. You will also grow as a person as your being widens and opens to a deeper knowledge and understanding, while creating more harmonic associations and relations with others and life.

Sri Aurobindo's Yoga

In Sri Aurobindo's Integral Yoga, you Surrender to the Divine, which rids one of Ego, which connects one to the Psychic Being, which universalizes the person to others and life, and which calls down the Light and Force into all planes of one's being, transforming them, enabling one to become a gnostic, supramentalized individual, forming the basis of a Divine, Supramental existence on Earth.

Collaborating in the Ascent to and Descent of Spirit

The Ascent is the evolutionary movement to Spirit. The Descent is Spirit descending into life. We can collaborate in this dual movement. Sri Aurobindo's Integral Yoga enables this to happen. Its method is Surrender - to the Divine Mother; the supramental force and power

The Other Man's View Puts Him at One's Disposal

The other man's point of view is the all-comprehensive power of life that puts the other person utterly at your disposal. To take the other man's point of view, to take the view of life, is to move to Mother's life. If one does so selflessly, one becomes a devotee. (Sri Karmayogi)

Comment: By taking or seeing things from another person's vantage point and view - a very difficult thing for the average person - they immediately respect you, which leads to their willingness to do for you, which in essence puts them at your disposal.

Also, by putting ourselves in their shoes, we move to the integral truth of things beyond our current limited view. It is supramental perception and consciousness, which not only sees the whole of a matter including the salient details, but attracts positive psychological and material results related to that knowledge - i.e. life responds!

To put it another way: When you are with another, put yourself in their shoes, and see things from their perspective. You will instantly move toward integral truth consciousness in that interaction. You will also grow as a person as your being widens and opens to a deeper knowledge and understanding, while creating more harmonic associations and relations with others and life.

Question by Reader: But this knowledge and perspective of what the other man feels and wants -won't this be distorted by our own mental & vital egos? How to avoid this?

Response: Yes, it can be. But let us first make the effort, and see the enormous (life response-evoking) benefit. Just the tendency to do so puts one in a Truth Consciousness, which garners integral, many-sided knowledge and attracts positive conditions. It is far better than the ego that only cares about one's own opinions vs. another's. The more we listen to another, the more we will be pulled out of our own ego. In any case, try doing it, it will be quite enjoyable and refreshing.

The Limited Good vs. True Goodness

What we know to be good belongs to the lower hemisphere of Ignorance, and is the opposite of evil, not pure Goodness. (Sri Karmayogi)

Comment: The good we know is truth mixed with falsehood. Positives and negatives issue from it. The True Good only has positive consequences, avoiding any dark shadow. Constant consecration and dependence on the higher Power puts us in touch with the True Good in many different ways. The Supramental power elicits integral Truth, constantly revealing the True Good. Consecration, opening to the Mother IS that supramental power.

Overcoming Inner Resistance to Grace from Consecration

Inner resistance prevents the Grace from acting for one's benefit when the Force is invoked through Consecration. Identify and overcome the limit in one's being, and the Grace will act on our behalf; life will suddenly and abundantly respond.

E.g. one prays, calls for substantial increase in one's salary, but nothing comes due to resistance of unwillingness to pay off old debts. When you then change the attitude and take the necessary action, the salary increase consecrated comes, and much more.

Untitled

Take pleasure in another's enjoyment.

E.g. when they come upon a new success, feel joy in their joy. Practice this with each person you come upon.

On Worry and Relationship

What you worry about, you forge an intense relationship with.

On Helping Others vs. Raising Our Consciousness

Our first responsibility is not to help others, but to raise our consciousness, which enable the truest and most effective relations with the world around us.

Grievances and Awakening of Our Deficiencies

Grievances towards others is a sign of awakening of our own deficiencies.

Further Explanation: When we complain about others, it indicates corresponding deficiencies in our own nature, which we need to change. E.g. Instead of complaining about a spouse, examine why you have to resort to complaint. It could indicate your own lack of strength, self-givingness, etc. Change yourself, i.e. in these lacking areas, and the outer - the person you complain about - will then change in kind. In any case, the first law of spiritual life is non-reaction (to another's intensity, wrong doing, etc.). Positive things always happen when we take that tact; certainly we avoid further negatives ones.

Devising a Positive to Replace a Negative Attracts

Rather than be disturbed by an apparent negative that comes your way, devise a related positive to replace it.

Further Comment: When that negative comes, it will be accompanied by closely related potential positives, which we can come to quickly know if we have the subtle sense to perceive it. E.g. there was a faulty photo placed by another that unexpectedly appeared at an administrator's web site. Rather than be bothered by it, he had the right subtle sense of things, and created an extraordinary new, more beautiful photo than anything that had appeared before. Thus, the entire dynamic and cycle proved quite valuable.

...and a corollary: Shifting your perspective from reaction toward that which could disturb to non-reaction attracts instant positive results - that resolves, uplifts, creates new possibilities, etc.

Money as Foundation

Sri Karmayogi tells us that prosperity creates the best foundation for personal growth and higher consciousness.

Yoga of Money

Man has lived in fear for tens of thousands years. He carries the fear in all its varieties in his subconscious. His subconscious reinforces disease because it remembers past disease pralayas. It is the same for going to war, and other physical consciousness propensities.

Money is the means of exchange that connects all realms of life. It should be based on trust fully, but it is so partially as it is also covered by layers of fear, insecurity, et al. This too is in the subconscious. It weighs on us. We must therefore engage in a Yoga of Money, to shed the old beliefs and falsehoods, and come into the True Knowledge about its nature.

Sri Karmayogi calls money a social force, and beyond that a Divine Force. And we think it is the means of past sufferings that we carry in our subconscious being. We need to do the Yoga of Money to bridge the gap between Ignorance and Truth, which will further help us prosper in the world.

Life Responds to Giving Up Pet Peeves

Everyone has certain gripes and pet peeves. However, if we give them up, life will soon reward us at the corresponding or a related plane.

Aspiration for Improvement in Mother Is the Minimum

An associate of mine raises a very important philosophical and practical issue. We call to Mother to the degree that we have had past positive life responding experiences to that call, and yet we have those experiences to the degree we call to Her. Some people readily get the response, and so are more likely to call in future. Others call, and they do not get results, and so they don't call any more. It is the chicken and egg scenario personified.

There must be a dynamic, a formula, an energy exchange, etc. that differentiates one person for another. Obviously intensity of aspiration, receptivity to the Force, limited negative attitudes, faith in the Force acting instead of demanding what it should be, past karma, past lives (!), etc. are likely to be in effect.

From the perspective of Brahman, all just is. At the given point in time, it is imply the truth and right that one person should not get results, and the other does. This is the view even beyond reasons I've enumerated above.

Given these perspectives, we may conclude that we must minimally have an aspiration to improve ourselves, and have a dynamic relationship with Mother in that regard. With that sincere (and hopefully intense) level of aspiration for inner and outer improvements, the "hopeless determinism" of the chicken and egg scenario discussed at the outset is broken, and we are able to periodically, if not always, break into the next plane of consciousness, awareness, happiness, and success.

Living in the Ever-Present

Living in the Ever-present, the Now, one is not disturbed by the past or future.

... and as a result we are more sensitive to, i.e. aware of the past's influence on the present, and thus where things are likely to go or can go in the future. The ever-present is therefore an excellent status to be absorbed in for right decision making!

Expansive Levels of Delight

When Life Responds there is great enjoyment, Delight. When it is shared with others so they can experience the same, there is greater Delight. When we (each of us and everyone around us) rise to our highest consciousness, there is Ultimate Joy and Delight through the discovery and experience of our Higher Nature.

Power of Belief

"Since what you achieve in life depends on what you first conceive, and this depends first of all upon your deep, inner, subconsciously founded belief--you see that your life depends upon your power to believe." (Napoleon Hill)

Yes, the ancient Indian Upanishads said "You become all that you believe you can become." The author Rhonda Byrne of *The Secret* was influenced by several men from the previous century who received their knowledge of the Power of Attraction (Life Response) by reading the ancient wisdom in the Bhagavad Gita and Upanishads (and elsewhere) that spoke eloquently about the power to attract that which we believe we can become.

Money Force, Social Power

Money organizes social force into social power that enables progress in life.

E.g. there is an emerging education system. But it needs funds to realize itself. When it does get funded and is built, it provides education for a great many people, who now have a knowledge that otherwise would not have been available. In this case, the urge and aspiration of society is a social Force that is turned into a social Power through the use of Money. The educated individuals are then able to accomplish more, become more aware and conscious, enabling further progress and development in the world.

Scale of Depth of the Person

Individuality enables the sense of I, which can range from ego to true individuality that issues from Soul. Most people live merely at the level of Manners and Behavior, where there is little individuality, where even a true sense of ego is not well formed. Such individuals, probably over half the population, don't possess a formed Character, which is a further development of individuality beyond a life determined by mimicking the Manners of others, and Behavior, where one just lives and acts without a real sense of self.

Darcy in *Pride and Prejudice* has a formed Character and thus his ego is developed, which is then destroyed in pursuit of winning over the woman he loves. Eliza's consciousness is at a higher level; at the beginning levels of Personality, where she takes her cues from within, not the herd, and thus expresses an exceptional degree of individuality.

A great sage or seer can express ultimate individuality, as he is in touch with his soul, and therefore messages constantly percolate up from his Being to his conscious mind urging him to act or not act.

Thus, the scale of Depth -- from outer to inner -- is from Manners to Behavior to Character to Personality to True Spiritual Individuality.

Process of Creation

The process of creation is Energy directed into a Force that is organized into a Power that is executed and Manifests as real.

Further Comment: That's how the universe came to be from a divine source (involution), and that's the energy conversion process of how we create in life (evolution).

Sense Input, Reaction, Non-Thinking, and Error

Reacting to sense input - such as a sound or a visual appearance - causes us not to think, thereby leading to false conclusions and error.

Further Comment: It is a very very common experience for all of us. It occurs for each of us at least several times a day; very common for small events, but is also there for serious ones.

E.g. I hear my spouse make a noise while cooking that seems destructive, but it is actually helpful. I take out the milk for a friend, who overhears it and accuses me of drinking it and wasting it, when it was in fact to pour a glass for that individual. I see the fire engine up ahead and assume it's a fire but it is actually for a life rescue. I witness sees what seems to be a murder by someone, but in fact it was an accident. A vigilante group wants to string up a wanderer in the old American West for killing a man, when he was actually trying to tend to him while he was dying. In Shakespeare's 'Much Ado about Nothings' witnesses see a to-be married woman engaging in relations with another man, thereby cancelling the engagement, and blaming her for treachery, when it fact what they saw was set up and due to someone's evil. Mind is quick to judge, but slow to learn. Fast to jump to conclusions, but slow to exercise itself and think of the possibilities.

It is the physical consciousness of the surface mentality absorbed by the domination of the five senses. When we rise in consciousness, we move from the surface to the depths, avoiding such errors, as the subtle mind is active.

Perfecting in 20 Ways that Attracts

Sri Karmayogi says we can take any work and identify at least 20 ways we can move it towards perfection. If we then act on it, we will change the unconscious to conscious, the limiting to the limitless, while raising our attitudes and values. Life cannot help respond to that in a really big way. Because the Source is perfection at its own plane, we too have that capacity in our own selves, especially through work details, as well as in our relationship with others.

Negatives as Positives

Negatives are positive in disguise; i.e. a more intense, more difficult to fathom form of the positive.

This New Great Moment in the Universe

We are today all simultaneously moving forward in this new moment that has never existed before for the earth and the universe. It is an uncharted existence that we together as the human race are concurrently embarking on, carrying forward the burden and magnificence of the past into this new Now.

Withholding Builds Power of Accomplishment

What you hold back from verbalizing or otherwise communicating builds up tremendous power for accomplishment.

Necessity of Ego

In The Life Divine Sri Aurobindo indicates that Ego was necessary for the involution; for the multiplicity and variety of forms and individuals to manifest and express themselves. Likewise, overcoming ego is necessary in the evolution; in our lives, to arrive at a higher consciousness, mirroring the Origin and Source.

Losing Ego takes Us to Next Level, New Ideas

Sri Karmayogi indicates that losing our ego in relation to our capacities and skills takes us to embracing the next level of talents. Likewise, losing our ego in relation to our opinions and prejudices takes us to accepting new ideas.

Ego Allurement to Prestige

Sri Karmayogi indicates that of all aspects of the vital ego of the individual, the most difficult to overcome is "prestige" in social & personal life. Life dominated by the vital ego in practice is a life whose central goal is prestige.

Procrastination

Procrastination is the laziness and put-offness of the physical consciousness that does not want to heed life, and therefore moves one out of True Time.

Life Response Power of Taking Another's' View

Taking the other person's point of view, whether true or not, has the life response power of soon attracting the full support of the other party. It defies logic, but that is the consistent experience of those who have practiced it.

From Finite to Infinite Logic

In his current status, Man perceives the logic of the finite. But to go to the next stage of his evolution, he needs to grasp the Logic of the Infinite.

Full Effort Brings Energy/Consciousness

Elevation of energy and consciousness occurs after making the full effort of giving to others.

At the physical level you move into harmony with another with what they do; at the vital level with what they want; at the mental level with what they think; at the spiritual level with who they truly are.

Good Judge of Character

By being a good judge of character, you perceive the right psychological approach to take with each person.

Aware, Sensitive to Another's Nature

By being aware of and sensitive to another's nature, you bring out in them what will be beneficial to you.

Keys to Accomplishment

Though there are many factors that contribute to great accomplishment, some of the key ones are high Energy, intense Aspiration, indomitable Will, clear and focused Direction, psychological Strength, positive Attitudes (including absence of negative ones), persevering Effort, Non-Ego, Self-Givingness, perfect Skills and Knowledge, and applied Personal Values.

Subtle powers of Accomplishment include Soft Speech, Silent Will, Equality of Being (to life's intensities), Non Reaction to others' intensities, Non-initiating (wait for Life's signals), Taking the Other Person's Point of View, and opening to the Spiritual Force.

Any of these, plus the earlier practical ones taken to in higher order attract powerful response from life; often instantaneously.

Re-evoking a Negative of the Past

Any serious, unnecessary discussion of a negative of the past tends to re-evoke it.

Further Comment: I had that very experience again yesterday. I thought back at a negative travel incident and discussed it with another, and it suddenly raised itself again the very next day! Avoid speaking negatives, lest you are forced by life to repeat it.

Delight Out of Consciousness

Delight issues out of Consciousness. The greater the consciousness, the greater the joy in being alive.

Further Comment: This dynamic can also be seen -- actually originates -- in the cosmic planes. Out of the Infinite came Satchitananda, which is Existence/Being (sat), Consciousness-Force (chit), and Delight (ananda). When the Being became conscious of Itself, it released a Force/Power. Now experiencing its own Consciousness and Power, the Being Delighted in it. We experience the same process in our own lives.

Consider Motives of Another

When friends, relatives, associates, etc. contact you, it is helpful to consider and be sensitive to their underlying motive.

Further Comment: When an incoming call arrives, there will be extensive conversation, only for the receiver of the call to discover the real motive of the individual who called much later on in the interaction. One can feel a little surprised, even ashamed that one missed this need of the calling party after such delay. If the receiver however considers the motive of the caller from the outset, one can more readily get to the intent of the caller, which saves a lot of time, but more importantly indicates that the receiver is truly interested in the caller's concerns and issues.

Grace Comes for Transformation

"What Mother needs is an evolution in our personality that leads us to becoming the spiritual individual. In its peak it is seen as fully transforming man into a supramental being. SHE WILL SEND GRACE ONLY FOR THAT. We initially rely on prayers, and Grace comes. That should develop the faith in the Grace's principles that goes to develop the personality that needs no prayers in the future. Skill should accrue capacity to attract Grace, and goes on to surrender that capacity at next level." (Ramesh Kumar)

This statement is so true to life, and yogic experience. We adore the Mother, worship her, ask for things, pray, hope, etc. etc. But in one sense they are all irrelevant to Her Higher Purpose. She, the Divine has an Intent for the world, for each of us, and we must be receptive to that descending Grace.

We first call the Grace for our own individual purposes, but then it reaches another stage where it just come to us non-stop, and then the only question is how receptive we are to letting it in, to express through our lives.

At that point, clearing out all the blockages, and full surrender is all we need from our side. The Grace will come. No need to ask for things; other than being in touch with our highest aspiration in life. Just Surrender, Surrender, Surrender; in every detail, in every act, in every feeling and want and need. The Grace will just keep pouring in. Positive life response will occur in so many ways, at various planes and dimensions and fields of our being and lives.

We just have to identify our resistances as they occur, consecrate them, which will cast them aside. The Grace will still keep pouring down, as Her Intent is realized through our ever-rising consciousness.

Three Increasingly Ascending Levels of Being

"When you live as a single-faceted creature, you become deeply mired in matters of the body: Money. Sex. Power. Possessions. Physical stimulations and satisfactions. Security. Fame. Financial gain.

When you live as a dual-faceted creature, you broaden your concerns to include matters of the mind. Companionship; creativity; stimulation of new thoughts, new ideas; creation of new goals, new challenges; personal growth.

When you live as a three-part being, you come at last into balance with yourself. Your concerns include matters of the soul: spiritual identity; life purpose; relationship to God; path of evolution; spiritual growth; ultimate destiny.

As you evolve into higher and higher states of consciousness, you bring into full realization every aspect of your being.

Yet evolution does not mean dropping some aspects of Self in favor of others. It simply means expanding focus; turning away from almost exclusive involvement with one aspect, toward genuine love and appreciation for all aspects." (Conversations with God, Book 2 by Neale Donald Walsch)

Comment: The last few paras reminds me of the reality that "every ascent is fulfilled in its descent." E.g. in the ascent we move from money preoccupation to higher values. Yet as we achieve that higher

consciousness we bring down higher values into our use of money. Thus the ascent is fulfilled in the descent. Rising from the physical to vital to mental, we need to dive down into the lower of these three for anything of the higher order to be integrally realized.

Ascent Fulfilled in Descent

Every ascent is fulfilled in its descent.

A practical example of this is a person who is not physically healthy. He becomes aware somewhere down the line that changing certain eating habits will improve his condition. This is thus a movement upwards in mind toward a higher, mental realization. And yet it will only be fulfilled when he applies it at the physical level. I.e. when he starts eating right. The ascending movement of higher knowledge and consciousness is only fully realized when one descends and applies it at the lower (material) plane of the physical body.

Intensifying Complaint

The more you complain, the more there will be to complain about.

Negative of Self-Congratulation

At the point you congratulate yourself is where you go down.

Underlying Causes of Illness

Most illnesses have psychological and karmic causes, not physical ones.

Further Comment: Inner Causes of Serious Illnesses:

-Incurable illnesses will have corresponding rigid attitudes in the afflicted person. Greed is connected with cancer according to Mother. Insecurity is connected with diabetes, B.P and ulcer and persistent loose motions etc. Migraine is associated with a strong streak of falsehood in the personality according to Mother.

If the underlying psychological factor such as greed, insecurity and falsehood are given up, what seemed impossible to cure will start retreating. (N. Ashokan for MSS)

-The body is a place for divine habitation. Its natural tendency is to be healthy. To be diseased is not normal to it. Primitive people who live in conformity with nature are a good proof of this. When the body forgets its natural tendencies and becomes enslaved of the mind, it starts to get affected by the latter's fears and worries, which leads to illness. Only one out of a thousand afflictions is a real illness. Only that one requires medication. The rest are disorders generated by the mind. (Sri Karmayogi) [including psychological disturbance, attitudinal issues, mental tension, fixidity in the nature, karmic influence, etc.]

Growth in Ascent, Development in Descent

Sri Karmayogi indicates that Growth -- such as taking to higher consciousness, more intense aspiration, etc. -- is in the ascent; whereas Development is in the descent, where these qualities are applied in the lower planes of life. Thus, the higher endowments of the ascent express in the lower planes in the descent, thereby raising the latter's performance.

Upward is Growth, Then Greater Development as Descent

When we go up in consciousness, there is Growth. But then it is applied, through multi-faceted, integral descent into the lower planes of our being (life, material), which is Development.

Calling Mother in the Ascent, Her Answer in the Descent

When we call to Mother through Consecration we ascend in consciousness. When Mother answers for us and applies it, there is descent, which exceeds in its scope and integral application at all planes beneath.

Change Visible with Invisible Higher Consciousness

To change the visible, raise your consciousness in the invisible.

Further Comment: I.e. in attitude, values, mind, and spirit.

We are Universal Beings that Can Effect It by Changing Ourselves

We are not just Individual beings, but Universal ones with the capacity to extend to and affect increasingly wider collectives. Thus if one gets rid of all that is wrong in one's self, the correspondingly element in the world around us is also changed.

Organizing Consecration into Surrender

If we consciously shift our thinking to the Mother whenever we think about a problem, we will be organizing consecration into Surrender.

Goal to be Aligned with Her Intent

My one overriding Goal is to be aligned with the Mother's Intent.

Comment: Yes Sir, I think it is the safest and surest way to ever be in Her consciousness. (D)

Yes. Infused with Her right consciousness one is led to do the right thing for the right reasons bringing the very best, right results for one's self and the world.

Faith Instead of Certainty of the Now

We want knowledge of the truth of the now; i.e. certainty. But life does not always afford it. So instead we are offered Faith, which is certainty that all that is occurring serves a higher purpose.

Overcoming Others' Deceptions

A question arose to the effect asking if it is fairly easy and quite common to be deceived by others, is there anything we can do about it? I answered as follows:

When there is supramental perception we see into the integral truth of things, and are not likely to be deceived. Constant consecration also protects us for the most part this way, while building up supramental perception. It is the integral truth of things that constantly appears in the mind, while correcting the outer life in our favor.

Karmayogi has also given us many outer life hints about people's deceptions. Going through so many books in depth and perceiving life around him, he has defined subtle principles, which we can follow so we are forewarned of others' deceptions. Some are life indicators; others are physical perceptions. E.g. a deceiving person will make us tired.

If we have subtle sense developed, we can sense deceivers somehow being out of step with things. Then we can back off from enjoining them, or accepting their view. I suppose Karmayogi knows it simply by examining the face, e.g. dark or light, the aura they give off; when they appear on the scene, i.e. the life moments in terms of the totality unfolding; and so forth.

Perhaps if we ourselves are completely transparent without any malicious deceptions of our own, all deceivers outside ourselves will come forward with their deception or run away! I am sure there are a number of real life examples that have been captured by devotees as well as those seen in literature or film or history.

The BOOK by Garry Jacobs

Garry Jacob's book 'THE BOOK' is a 500+ page novel of what would happen after a consciousness based Expert System (based on the teachings of Sri Aurobindo and Karmayogi) were created for the world. The novel focuses heavily on solving society's problems, not just business or personal issues, though it includes them. It reveals the deepest principles of life with great detail of explanation, and application for the institutions and nations of the world. In one sense, he took the story The Journey with its expert software app that evokes life response and turned it into an expert system that can cure all of the ills of

world. He reveals a startling, top-secret decision making application for human progress. In the final analysis, the book is really a thrilling ride, a great adventure of heroes and villains, of the conscious and unconscious making their way forward in building a new consciousness-based future for the world.

Ishwara, the Creator and the Unreceptivity of His Creation

Q: When a CEO broadcasts what he desires, it is clear to the workers what should be done. And yet when the Creator, Ishwara broadcasts Its Intent, it is not perceived by Man. Why is this the case?

A: The Lord of Creation is fully letting us know his intent like the CEO, only we do not have the faculties to perceive it. And yet He knows that he has created a world of mixed truth and falsehood to enable the divine current to reach the greatest number in the greatest variety of forms for infinite variation in the experience of Bliss.

Now however we have a contradiction that he is fully broadcasting his Intent to a species he has helped render as non-perfection who he knows cannot receive his Intent! That is, Man is born a divided, ignorant being. Through the Divine Intent, or perhaps we can call it Divine Sanction, he begins his existence in this status of non-perfection as a result of the Involution to enable the greatest multiplicity and possibility. Thus how can he be rendered in imperfection if he is to receive the perfect, divine Word of Ishwara in full. This is the contradiction.

But this may only be an argument of Mind, and that from the perspective of Supermind looking out on Brahman, it all fits together.

Today I happen to read that in Life Divine he says that contradictions are the best way for the Spirit to descend on earth. It enables an intensity of aspiration that draws it down. So that might be the answer. He has an Intent that is fully Broadcast, while knowing that contradiction is the best way for it to be realized.

On India's Rampant Materialism

Q: India is experiencing excessive, rampant materialism as she ascends. What happened to her famed spiritual nature?

A: India is experiencing rampant materialism as we did here in America in the 1950s and 60s, as the society finally emerged from the Great Depression. America then took on organizational and other higher values that allowed her to ascend. She is still stuck however in materialism and physical, empirical, mechanistic thinking inherited from Europe. The one value she sticks to above all else is Freedom. But it is only freedom at the physical level, with the psychological and spiritual slowly peeking out.

India is going through a similar unfolding as the US in the 50s and 60s. She is becoming wildly material in many ways. Then where is her famed spirit? It is buried within. When she discovers a modicum of economic well-being, the spirit will come back. It can even come back while in the materialization process, which will enable her to reach the super-material that is balanced by spiritual values; by Mother. That is what Karmayogi has been offering us.

Also the Spirit in India will come back and be applied in better ways than before, as she will now have a spectrum of diversity and interests – from the material to the psychological and the social -- to evoke a plethora, of increasingly diverse realizations. Static Spirit above will become dynamic spirit below in this, the divine Mother of all nations, enabling her to become the Guru of the world

How to Become a Genius

You can become a GENIUS in any domain or field when if you develop -- your inner being; your capacity to observe life; a profound knowledge of its workings; and the will to seek out the essence and true truth of what you are focused on.

Man Has Changed Little in the Depths in Millennia; but He Can

Psychologically, man has changed mostly on the surface in the last 5000 years. Routines, needs, wants, motives are mostly the same. Little change has occurred in the psychological depths. Though Life normally compels that to happen on an individual basis, it is not formed in human personality. Thus, the

possibility of further evolution of life on earth awaits that change. Personal Growth awakens it. Conscious Evolution/Integral Yoga accelerates it.

The Secret's Origins in India's Upanishads, Vedas

Wallace Wattles garnered much of his teachings from the Transcendentalists of his time, including Emerson, whose major influence was the ancient Indian texts of the Upanishads and Vedas. Rhonda Byrne called it "The Secret," but that "secret" has been well known in India for over 3000 years! She in large part learned it from Wattles. Now the Indians are being reminded of their own knowledge from the West!

Values Prevent the Herdal View, Inviting Individuality

There is a subtle but intense pressure on each of us to think and act like everyone else, preventing us from expressing our true personhood. Only deep values that are alive in our conscious being can hold off this herdal instinct, and propel us toward infinite possibilities.

Further Comment: I think, Roy, that this is true, and possibly more powerful a statement than appears at first glance. We all have a "reaction" - at least at the surface - when someone says something (heck, anything!) to us. That may be that "subtle, but intense pressure" that you mention. I believe this happens at our "everyday level" of consciousness.

However, as you mention, "our deep values that are 'ALIVE IN OUR CONSCIOUS BEING'" (my emphasis) is our most beautiful Life Within (aka our SUB-conscious) that propels us past those moments when we may "sit and ponder" that which comes our way and which may catch our momentary glance or make that "pressure" felt. Thoughts on this anyone? In the meantime, back soon! (Kathy)

-Yes that totality of common influence that establishes a kind of natural setting for the reactive dynamic is so primal. How to take a step outside it? That is why practicing non-reaction and consecration is so valuable. It's a way out. Applying right attitudes or higher values does the same. (Roy)

- The subtle intense pressure is some hidden emotions of us to act and live like others. It is a phase which we cannot avoid in life as everyone wants to get linked and stay in touch with their fellow beings. But Life gives some pressure or dry moments to come out of this herdal living. When we sense this instinct and we realise that we are in the wrong atmosphere it is evolution. Even in the midst of 100 people if we can live a life or stay in our uniqueness it is a magical moment as we have touched our inner and expressing it as individuality. (D)

Undoing a Negative through Unbother

When you stop worrying or being bothered by a perceived negative, that thing can cease from ever having been in the first place.

Gratitude toward Prospective World Changing Project

It is rare to have the opportunity to express one's deepest aspirations, values, and ideals in a project that can help change the world. It is a privilege to partake in that descending and ascending Grace.

Ego in TV, Film, We Cannot See in Ourselves

If you watch TV, film, etc. the majority of the unfoldings of life for the characters involve the expressions of Ego or the compulsion of life to overcome it. It is true for us as well, but it is more difficult to turn the camera on ourselves.

Comment: Yes we always like to watch others and not see ourselves. (D)

Focusing on Other's Needs, Concerns Attracts Positive to You

When you focus on the needs and concerns of others, you not only create benefit for the other party and greater harmony in your relationship, but you attract sudden good fortune back to yourself.

Taking Pleasure in Future Personal Growth

We feel great pleasure when we learn of circumstance that reinforce our emotional ties. If only we can feel the same about conditions that would bring about our further personal growth.

A Prayer

Whatever You want me to do, I will do.

Whatever opportunity You wish me to take, I will take.

In whatever way You want me to grow, I will grow.

In these and other ways may I be progressively receptive to Your Grace.

Ambition vs. Aspiration

There is a subtle difference between ambition and aspiration. The former comes from want, desire, and is never really fulfilled. The latter contains something higher, a thing necessary and wholesome; that also leads to growth and inner fulfillment.

Untitled

Unnecessary, excessive talking evokes negative response.

Positive Effect of Eliminating Negative Comments

Withdraw unnecessary negative comments about particular conditions. Doing so tends to dissipate the problem.

What Matters is What You Value

They say it's what you do, not what you say that really matters. But what ultimately determines is what you truly value.

Small Men Can Achieve what Great Souls Cannot

What great souls cannot achieve small men can. (Sri Karmayogi)

Comment: One interpretation: An ordinary person who Consecrates can elicit power in life that changes the world around them in ways even a great soul may not have utilized. Ordinary men have access to the increasingly descending Force in this Hour of the Infinite. Small men also focus in areas great ones do not, and so they can attract new possibilities in new fields of life not attainable by great souls who are preoccupied elsewhere. Similarly, in the New Age, the leaders have increasingly less influence, as the small man increasingly -- from the bottom up -- becomes the determinant of change in the world.

From Resistance to Fluidity

When you resist, things go wrong. If you have a sense of fluidity, there are no clashes. (The Mother)

Comment: ... and things go right. Life works in your favor.

On Ego and Personality

Ego gives one the sense of, and the illusion of one's personality.

Patience, Peace Within Leads to Right Action

When we are patient, and when we are receptive by living in the peace of the inner consciousness, we tend to know what to do and how to do it.

Global Disasters Indicate Man Must Cooperate

Sri Karmayogi indicates that the Economic, Financial, Environmental, Natural, War, Terrorist-induced, Disease-oriented, Poverty, Unemployment disasters shows that Man needs to cooperate to solve the

world's problems. He advocates a World Parliament or similar. Everyone pulling in their own direction is only attracting worse conditions. The time is ripe for collaboration and further human unity.

God and Evolution

God's plan unfolds through Evolution.

Stock Market Speculation and Lack of Control Attracts Negatively

Stock Market emphasis of Wall Street has been attracting very negative circumstance to that region for over a decade.

Further comment: The problem is that they have passed no laws to rectify the problem, which means it could happen again -- in an instant. This is why Hurricane Sandy came to the US; because of her lower consciousness inability to do something -- i.e. take action -- about an extremely serious matter that threatens the world economy. The US is far too indifferent and nonchalant about this issue. With extremely rapid trading of derivatives and such, the world can quickly be brought to its knees.

Collaboration Brings Many-Sided Truth

Multiple individuals working to solve a problem or garner an opportunity brings us closer to the many-sided Truth of a thing, which is one of the primary, if not THE primary spiritual attribute. To the degree one is in unity with each and all others, one creates Unity, which is a divine attribute of Truth.

From Mental to (Higher) Satchitananda View of Things

[Satchitananda is the first poise the Infinite, the Beyond Knowable takes on its way towards emanating a universe out of itself. It is the highest plane we can rise to. It is the experience of Spirit, Truth, and other spiritual aspects.

Satchitananda is actually pure Existence/Being (Sat), that then becomes conscious of its being, which releases a Force (Chit), a Conscious Force; which Delights in its existence and force (Ananda). Space and time and creation emerge from the conscious Force.

Here N. Ashokan, son of Karmayogi explains the difference between the experience of life through Satchitananda vs. our ordinary Mental consciousness. Thanks to www.karmayogi.net]

Reversal of Consciousness

Reversal of consciousness is what happens when you shift from lower mental consciousness to higher Consciousness of Sacchidananda. For example, when you are in mind, everything appears divided, but when you shift to Sacchidananda everything appears as a whole. In mental consciousness one sees everything from the present perspective only. But if you operate at Sacchidananda, you see everything not only in the present, but in the past and future also.

What looks to be a great evil, from a higher point of view may not look all that evil. For example, war is looked upon as a great evil from the mental point of view. But for a person at the Sacchidananda level. war will appear as a great act of purification of human consciousness like the refining of crude ore into a pure metal. The death of a close relative leaves the ordinary mental man in great distress. But the man at the Sacchidananda level sees that the journey of the soul in this body is over and he accepts calmly its decision to shift to a new body without the grief that the mental man is plunged in.

The partial, time-bound and duality-ridden ordinary mental consciousness changing into the whole, eternal and duality-exceeding consciousness of the Sacchidananda is what is called a reversal of consciousness. The man operating at the higher consciousness sees the world as a marvel while the man operating at the lower consciousness sees it as full of poverty, evil and suffering.

Non Attachment & Interference Guidance Succeeds for Sports Team

It was enjoyable guiding the local San Francisco Giants baseball team to the world championships from within; as they overcame seeming impossible odds and adversity. My main strategy and approach was practicing Non attachment and Non-Interference. When I did, life cooperated out of all proportion on

their behalf. In this case, to be a fan meant withdrawing desire from the result, which in the end attracted that very thing.

Take Responsibility for Everything

Take personal responsibility for everything in your life. Even the worst actions of others around you. Even war. Never blame. Change the world outside yourself from within by changing yourself. The outer will then change in kind. It really does work this way!

Remembering Higher Item Reconstitutes Itself

When we recall something of higher consciousness or formation, that quality instantly reformulates itself in some form before our eyes. E.g. earlier today I thought of the fact that a 2-page proposal a group of us had developed had turned out so utterly perfectly. At the very instant I looked up from having that thought, I saw a sign in front of a store that said they do perfect work, with the word PERFECT standing out like something highlighted.

Negative Attitudes, Emotions Dynamic

A negative attitude can trigger negative emotions, and negative emotions can reinvigorate a negative attitude. It works both ways

Offering Negative Emotions

For every negative emotion you feel, offer it to the Divine Mother. Your mind will be soothed, outer conditions will ease, and long-term benefit to your psyche will be felt.

Inner Keys for Change in Complex World

Unless we discover the keys to inner peace, and the subtle, spiritual methods that set right outer conditions from within, people will increasingly fall apart in an ever accelerating, ever more complex world.

Experiencing Satchitananda in Our Nights

Sat-chit-ananda -- pure existence, consciousness that is a force, and delight -- is the source of All and is also hidden, involved in the essence of our being. However, we can come in contact with it during our nights. One moment of connection to that ultimate stillness of being can completely refresh us for the next day. Dreamless sleep is one indicator of its presence.

Freedom and Responsibility

Much of what we consider personal freedom is really TAKING at others' expense. E.g. I want to be free to do what I want when I want it in work to the point of irresponsibility; which hurts the group. I want to be free to engage in all manner of relations, even if it means taking advantage of and disturbing others. I want to sleep in late, even if services are diminished for those who depend on it. Etc.

Freedom and responsibility go together. It is fundamental to human existence. It is something we subconsciously learn from childhood onward, yet it is easy to forget.

Ego is at the root of Taking in the name of freedom. Higher consciousness -- including connecting to spirit, to our depths, developing a high moral sense, deeply engaging in human values, etc. -- overcomes the separateness of Ego, which in turn makes us both truly individualistic, as well as highly responsible to others.

Hurricane Sandy & US Economy

Unconscious nations and people invite blows from Nature to wake them up. In this connection, we can examine why the US has been subjugated to hurricanes that inflict enormous economic damage.

The question is why would an advanced economy like the US still be inviting blows from Nature? What is in them is still unconscious? They are still unconscious about why their economy has faltered and is in so much trouble. Though unrestrained speculation has ruined their economy, neither the people, nor the banks, nor the government is truly aware of it or taking it seriously. So long as this unconsciousness persists, the blows from Nature in the form of hurricanes and other formations will continue.

Power of Spiritual Values

Spiritual values are the highest, and have the most lasting effect. I.e. goodwill, harmony, non-ego, appreciation, etc.

Technology and Expressions of Consciousness

Technology offers us a chance to interact and collaborate and express higher emotions and shared positive values including those of the spiritual type.

On Reluctance

Reluctance is the inability to see the true, overall direction of life, instead insisting on one's limited view of what that course should be, based on the need to repeat what one is already comfortable doing. Examples:

- I don't want to work weekends (when it will be the key to attracting a great success)
- I don't want to go there (when it will prove to be much different and more positive than one anticipated.
- I don't want include that in my plan, when in fact without it life will not allow the plan to go forward.

Offering Wanting Quality to Divine

Rather than offering, consecrating a difficulty to the Divine, try offering the wanting feeling or emotion you have in relation to it. It can have a more instantaneous effect.

Upsetness Indicates Being in the Wrong

When you are upset somehow, you know that you are in the wrong relation to an issue. Change the upsetness -- including its source cause --, and the problem will have a far more solid basis for resolution.

Progress and Our Attitudes

Aside from Aspiration, progress is virtually all about one's Attitudes; i.e. overcoming the wanting ones.

Comment: I have identified nearly 200 negative attitudes. Most of us have at least a dozen or two which we embody negatively to a high degree.

My Whole Life

In one sense, my whole life is a progressive movement from what I want to what They want.

One Who Loves You the Most

Often the person who loves you the most is not the one you are with, but the one who admires from a distance.

Further Comment: We each admire certain people greatly that can express as feelings of love. These can exceed the love we feel for the person we are with. And there are others who secretly feel the same way about us. It's not always this way, but it occurs at least fairly often. We also frequently do not know who the admirer is, or we may know them but not know the degree to which they feel genuine love.

By the way, even though they may love you does not mean, you feel the same. Or if you secretly admire another, they feel the same.

Keep in mind that often there is infatuation, which is not necessarily an indicator of love. In my quote I am referring really to someone who admires at a distance through a deeper, multi-faceted love.

And yet we can say that what truly matters is who is with you, not others who live a distance. I.e. it is in our best interest to make the very best of one's relationship; actually, rise it to a higher level of Romance as is explained at www.romanceeternal.org

The major elements is constant self-givingness, not trying to change another, not trying to gain the upper hand, or the final word; offering freedom and tolerance and respect that are the best conditions for elevating a relationship.

WTC Attack & Hurricane Sandy

The attack on WTC Towers was a rude shock that the US received that was meant to jolt them out of the fundamentalist mentality that the nation has slipped into with respect to US role in global affairs and its thoughtless attempts to maintain American hegemony in economic and political affairs of the world. (MSS)

Comment: Yes, US diplomatic insincerity in the Middle East in the name of propping up its own strategic and resource interests over many decades attracted the terrorist fanatics.

Now she has received another blow through hurricane Sandy, which is due to US utter inability to address the issue of rabid financial speculation that has seriously wounded the US economy and almost brought down the world economy. Not taking seriously this issue, and developing laws and controls so that it won't occur again is what attracted Sandy to US shores; right there at the power centers where these critical issues are being ignored.

Nature responds to our unconsciousness with physical blows, until we change.

Attracting a Grievance through Anger

No matter how right you are in your grievance, if your anger accompanied it, then you likely attracted it to your person.

God Sanctions, Not Plans Suffering

It's not so much "God's Plan" when a person suffers but grows through the experience. It is more like the Divine accepts, sanctions this difficult method as one means of evolution in the world.

Truth Knowledge without Thought

What we seek is direct knowledge without thinking. Where we simply Know the object in its totality, and garner a power for its complete and perfect manifestation. This is to have the Supramental Truth Consciousness, a plane towards which we are evolving.

Reconciling Divisions Enables Progress

We must discover the reconciliation between all contradictions, dualities, and conflicts in our lives and being. That alone enables rapid progress.

Low Consciousness of Nations, US Attract Negative

Countries do not realize that their low consciousness and the actions derived from it attract negative outer conditions. Examples:

- US unwilling to dramatically reduce nuclear weapons attracts Iranian development of nuclear weapons.
- US diplomatic insincerity and imposition of its will in the Middle East for decades attracts 9/11 attacks from terrorist fanatics.
- US unwillingness to take seriously and implement laws to curb financial speculation that nearly took down the world economy attracts Hurricane Sandy directly to its power centers.

By the way, this dynamic is just as true for each of us as it is for nations.

Complaining, Non-Complaining, Weakness, Strength

Complaining indicates weakness; even when you are in the right. Non-complaining in such situations shows strength, and therefore attracts; even cancelling what originally bothered.

True Individuality and Personal Values

Man's true individuality comes when he discovers his True Self or the spiritual Force or both. Now he does extraordinary things beyond the herdal view, taking his cues from deep within, from his subliminal and soul being, which percolate up and continually tell him what to do and what not to do, always with spiritual values and Intent behind. When he acts on them, life responds overwhelmingly. He thereby becomes an instrument of the Divine Will. He is unique through deep spiritual Guidance and Experience. Before we reach this stage of True Individuality based on the spirit, we can attain normal True Individuality by practicing the deepest values we believe in; not being determined by the herdal view.

Implementing Our Deepest Values and True Individuality

Then what are our deepest values? How are we implementing them in our careers; in our daily lives? How do they demonstrate our individuality? For example, Steve Jobs' believed that each person could be empowered and have a personal computer, when the prevailing view was the opposite.

Also, how much are we independent, self-determining, not dependent, not trapped by others' expectations and viewpoints about what is possible? These are some measures of your ability to express your true individuality. They are in essence values of individuality.

The scope for implementing personal values and true individuality is great. Won't you take a further step in that direction?

The Failed Old Compels the Radical New

Failure of the old ways of doing things compels radical innovation and change. It can be a distressing transition, yet is very necessary. Its benefit will surely be perceived in hindsight. Having faith and being open to that change will be of great psychological benefit.

Inter-Related Life Response

We perceive a life response, even its cause if we are subtly perceptive. What we miss is that several responses occur that are parallel to our own, yet are somehow related. In other words, these response "move together," yet are seemingly independent and apart.

For example, Mr. Darcy in *Pride and Prejudice* solves the elopement problem winning Eliza, but Mr. Bennet's change in consciousness in which he shifted from indifference to a promise to take care of his daughters, attracted Darcy resolving the elopement, which saves Mr. Bennet and his family from shape and economic ruin. Meanwhile, Eliza comes to realize that her younger sister Lydia was out of control, and her infatuation with Wickham were misguided, which attracts Darcy after the elopement, who then proposes to her when she had given up all hope that he cared. She accepts, and her and her family derive great benefit.

Thus in these situations many life response move in parallel or together and are related to one another. Karmayogi indicates that one particular response is the Leader of all the others. In this case, it is the role of Darcy, as his love for Eliza drives him to change his nature and prove it by overcoming the mess of the elopement, which enables all other life responses to take shape. Darcy is thus the driver of a series of life incidents that move together, are related to one another.

Can we see such a set of responses moving in our own lives when we evoke a single response? Not easy to see, as we are not privy to all of the people and events surrounding the immediate party that we aligned with, whose response came to us through our shift in consciousness. A Jane Austin or Shakespeare can create these realities of multi-faceted, interconnected, related responses because she is creating the reality of the story from "above," perceiving all the players in the intricate web that is the Play of Life. Still, if we look around we might be able to see this multi-dimensional effect at work in our own lives.

Sri Aurobindo's Integral Yoga Is Also For the Earth

Accepting life, he [the seeker of the integral yoga] has to bear not only his own burden, but a great part of the world's burden too along with it, as a continuation of his own sufficiently heavy load. Therefore his Yoga has much more the nature of a battle than others'; but this is not only an individual battle, it is a collective war waged over a considerable country. He has not only to conquer in himself the forces of egoistic falsehood and disorder, but to conquer them as representatives of the same adverse and inexhaustible forces in the world. Their representative character gives them a much more obstinate capacity of resistance, an almost endless right to recurrence. Often he finds that even after he has won persistently his own personal battle, he has still to win it over and over again in a seemingly interminable war, because his inner existence has already been so much enlarged that not only it contains his own being with its well-defined needs and experiences, but is in solidarity with the being of others, because in himself he contains the universe. (Sri Aurobindo)

Comment: This indicates the triple burden on the practitioner of Integral Yoga; individual, universal, and transcendent. The gnostic, supramental being -- the end result of the Integral Yoga -- comes to embody these three in his person.

Moving to Spiritual Planes of Mind that Accelerate Creation

Mind of Man through his thinking process evolves and moves toward and attracts the Original Energy that created Cosmic Mind that created material life in the first place. When Mind of Man moves to intuition and beyond to ultimate Supermind (Truth Consciousness), this process is radically accelerated, as he now embodies Cosmic Mind and thereby becomes the Creator Source himself in his life.

Power of Leadership

Leadership is not just about the ability to convey an idea, but the ability to marshal others to embrace it. It is thus a power of the Vital/emotional being, rather than Mind. Great leaders have not just leading ideas, but vital/emotional energy that attracts others to follow along. Naturally it is best that the idea is a positive one they are following.

Life Response Power of Goodwill

There is perhaps no greater power on earth to evoke good fortune than by welling up feelings of Goodwill towards others. That includes moving from general ill-will for someone to neutral, or even positive feelings; or small feelings of bother about an individual and turning that into pure goodwill. The result will be astonishing, quick evocation of positive response for that person, as well as yourself.

Further Comment: There has been a very important project I have been working on. The key moment had been delayed and delayed. It looked like things were still moving in that direction. Recently I felt occasional twinges of bother about the views of one of the principles. Not related to the delays, but simply due to certain ego movements on my part. (I ordinarily feel very positive towards him.) Finally, this morning I caught it, I said enough, and replaced it with goodwill. Several hours later I was surprised to find out that the undertaking had suddenly launched. After many weeks, the delay was finally over! Goodwill had evoked good fortune for him and other interested parties, including myself.

Idea and Realization Together through Supramental Force

An example of the supramental, consciousness at play is not only where you discover that there is a wonderful means of creating a personal web site for yourself as a budding author (that includes every dimension you were seeking out in such an environment), but you are told that the site has already been built for you in toto! It is both the Idea and its Realization coming together. That is the character of the Supramental Force in Action. (Consecration, goodwill, overcoming negative attitudes, etc. are means of evoking it.)

Integral Yoga and Surrender

Sri Aurobindo's Integral Yoga (conscious evolution) is the transition from consecration of circumstance to the Divine Mother to Surrendering one's entire life and purpose to Her.

What Consecration Is, Results In

"Consecration" is Allowing for, Calling in, Opening to the Spiritual Force and power that permeates the universe. It can take the form of "Thy Will Be Done," and then detaching and forgetting the matter. Life conditions are then set in right order, and there can be overwhelming positive response. Creation is the result; and without the restrictions of time and space; where the infinite replaces the current finite.

Living in the Eternal Now

To live in the Eternal Now is to be unconcerned, and therefore unfettered by the past and future. Thereby one is in the eternity of this moment, fully absorbed in it. Ironically, taking this tact gives one great power of insight over the past and future; including the ability to marshal their influences -- of what occurred in the past and what is coming in the future -- to perceive the true nature of the Ever-Present. It comes through intuition, without thought; not dwelling on them.

Power of Being One with the Reality

When one is One with, in communion with, in identity with the Field, the omnipresent Reality, one embraces all things -- big or small; positive and negative; helpful or harmful; pleasurable and painful, spiritual or material; visible and invisible; etc. -- as necessary for the unfolding of life. That gives us clarity, insight, right decision-making capacity, leading to action that ends in perfect outcomes. Ultimate living is the result. Delight is the never-ending experience.

Thus, when we are one with, in identity with the Field, the All, Brahman we have ultimate Knowledge of it; of all of its aspects; of what is necessary to be known at each and every moment. Hence Lord Krishna's remark: "I am the Field. I am the Knower of the Field."

Surplus, Not Deficit Income Required for Devotion to Mother

The first proof of our devotion to Mother is surplus income. If after coming to Mother income remains inadequate then it means there are still elements within our personality that are against the action of Grace

We have to find out what those elements are and remove them immediately. Once they are removed insufficiency will disappear and abundance will set in.

Devotion to Mother and insufficient income are unacceptable contraries. Devotion and surplus are the proper complementaries. (Sri Karmayogi)

Comment: E.g. one individual, apparently very devoted to Mother had little income, even great debts. He then realized he had the wrong attitude about paying back his credit cards. When he contacted all his creditors and began to pay them, an enormous opportunity suddenly arrived at his doorstep. The Grace now had a receptive instrument for abundance.

US Financial and Economic Malaise

An astonishing statistic showing the utter stagnation of US wages in the last 50 years, and why so many are falling into poverty: the median male worker makes \$32,137 in 2010, and made \$32,844 in 1968!

Further Comment: The USA almost brought down capitalism for the entire world. It not only has problems, but is such that it can infect the entire global economy in a dramatic way. People around the world must wake up to this danger. Asia is beginning to inoculate themselves from this influence by adopting a more moderate form of Capitalism (not so speculative oriented). Eventually, US will put in power people of integrity who will want to collaborate with all sectors to remedy its problems. The global economy has similar problems, and they too must collaborate and even integrate to resolve the great economic and social issues of our time. The Old Way no longer works anymore. This has to be acknowledged.

Anguish Attracts Negative

Anguished reaction instantly attracts negative life response. (Non-reaction, the opposite.)

Outer to Inner in Yoga

In Yoga we shift the center of our lives from the outer to the inner.

Further Comment: One aspect: In ordinary life we make outer efforts to bring about outer results. In Integral Yoga we Surrender to the Force and attract from within anything we aspire for, whether for ourselves and the world.

Another aspect: in ordinary life we live on the surface of things, dominated by sense input, leading to ego, error and difficulty. In Integral Yoga we live in the depths of Silence and True Self, where we perceive the many-sided, true truth of things, and from that experience harmony, success and well-being on the outside.

Yet another: living inside we perceive that the entire universe resides within us, giving us infinite-like power over life. Living, focused on the outside, the surface, we perceive ourselves as finite being beings, subject to the limits of space and time, and the whims of Nature.

No End, No Beginning

That which has no end, has no beginning.

Further Comment: Take the universe. It is continuing forever, in both space and time. That means according to the above principle its basis has no beginning, which is in fact the case since creation emerged from an Infinite Source beyond space and time. Or to put it another way, "from Eternity nothing begins; and from it nothing ends." It is Eternal in all directions.

This also indicates that the Big Bang as the original source of creation is flawed. Perhaps it is the source of material form, though even that we can no longer be sure. E.g. there are now indications that there has been a chain of hundreds of billions of CONSECUTIVE universes (!), of which the currently known Big Bang is only the latest; meaning even the MATERIAL source of creation (forgetting the spiritual) is Eternal, or at least Eternal-like!

"Normally we believe that the universe has a beginning and an end and the earth is somewhere in the middle of the universe. It seems God has made that the universe has no beginning and no end."

We can say that time is eternal, space is endless, and energy is infinite in the universe. Matter however is time-bound, fixed in space, and confined in energy.

Matter then does have beginnings and ends. However we can bring out the divinity in matter, thereby making it timeless, spaceless, and infinite.

Purpose of Rebirth of Soul

The procession of rebirths of the soul into new bodies is for the purpose of its own Evolution, as well as that of the individuals it inhabits, as well as the world and universe.

Infinite in Finite

The infinite can suddenly emerge from the smallest finite. It is so because the entire universe is embedded equally in the smallest or the largest. Thus be on your guard at any moment; for the key to your future may be in the very tiniest detail or circumstance that has come your way.

On Beginning, End of Eternity

From Eternity nothing begins; and from it nothing ends.

Harmonizing Organization with Spontaneity/Freshness

Q: "How can we harmonize the qualities of organization with spontaneity/freshness in life in business? They seem to be two fundamentally opposed principles"

A: I am not sure they are so much fundamentally opposed, as different from and even complimentary of one another. E.g. both male and female are not opposed to one another, but rather need and complement each other. How then does this apply between organization and spontaneity/freshness?

Well one thing we can see is that more organized the environment, the more positive the atmosphere for spontaneity to thrive without going off on negative tangents.

Likewise, the more spontaneous and fresh the environment, the more people are amenable to change dictated by others, as they feel they are respected in their freedom and individuality.

Apple is an extremely organized environment that allows for great spontaneity, and vice versa.

So to have both these two qualities, like any 2 or 10 or 100 values is a good thing. They reinforce one another, when applied at the highest level. E.g. the best forms of organization allow for insight from all levels of employees, and have procedures for acting on them. Likewise, the best organizations allow for greatest freshness and spontaneity by creating standards that allow for such things. At Google 10% of all employee time can be used to develop their own (non Google-specific) projects, some of which Google may use.

Values on the surface may seem in contradiction, but from the perspective of their widest application, they tend to reinforce one another. It is so because they have original Spiritual Attributes, Real Ideas at its core, in common -- including peace, silence, harmony, knowledge, truth, goodness, delight, love, timelessness, and infinity. And at the Source level they all integrally related. It becomes more obvious from the perspective of Supermind, a direction I believe we are gradually headed.

Reality Is Pure Potentiality

The true nature of Reality is that it is waves of potential. And there are infinite potential outcomes in these waves. Matter, on the other hand, is where these waves collapse into only one perceived outcome, and is therefore then perceived as a particle. (thanks to Deepak Chopra)

Time, Timelessness, Eternity

The Eternity of Time exists because of the Eternity of Timelessness.

Further Comment: I.e. the Time we live in can go on forever. It is limitless, eternal. That is so because it is an outgrowth of the Timelessness originating beyond this world, which too is an Eternity. In fact, the Time Eternity we live in came about because the Timeless Eternity of the Being decided to extend itself into moments of time. Our job then is to experience that Timelessness in every moment of Time. Then time becomes rich, blissful, infinite in scope.

Musings on Consciousness

- Consciousness is the ground of all being.
- When the Being became aware of Itself, Consciousness was born.-Consciousness is awareness of Self.
- Consciousness is self-awareness.
- Consciousness is awareness of being.
- Consciousness is awareness of Truth.
- Consciousness originates before space and time.
- Consciousness exists in space and time as background potentiality.
- Consciousness exists in foreground to the degree we develop it in ourselves.
- Identity with the true nature of Reality is Consciousness.
- The more we relate to the true nature of Reality, the greater our consciousness.
- When the Being became conscious of Its Self, Force was generated; a Conscious-Force.
- The Conscious-Force became the Energy of creation.
- Consciousness generated a Conscious-Force that produced Energy that formulated into Matter and Life in the cosmos.
- Consciousness of the Being is the source of all in creation.

Universe, Infinite Energy

A universe of infinite possibilities is one of infinite energy.

Principles of a New, Consciousness-Based Education

Education should seek out the soul in each student.

Education should give the student the freedom to discover his/her own soul and thus his/her deepest interests.

No memorization, no testing.

The teacher is there to guide, not to instruct.

No punishment at any level, including psychological is permitted.

The teacher must find his own inner being in order to recognize the true self of the student.

Each student by realizing one's Self can very rapidly acquire knowledge.

Each student can in this way become a genius.

Schools organized around these principles will produce endless geniuses in their communities.

These approaches will give students enormous advantages in life.

Students can learn to bring the spirit into the becomings of their lives, instantaneously releasing the infinite potentials of life.

Evolutionary Crisis

We are not in a moral or psychological or social or political or economic or environmental crisis, but in an Evolutionary one.

The Next Step in Our Inner Selves and Growth

The great question facing humanity is whether we are ready to take the Next Step and fulfill our evolutionary destiny. At issue is whether we are ready to make the conscious effort to discover our True Self, whether we are willing to uncover our deepest purpose, and whether we have the aspiration to rise to our highest consciousness and make that the center of our lives.

Change Without Chaos and Crisis (Self-Existent)

"Change is always constant and preceded by chaos and crisis." Yes, very true -- for the ordinary life. We want to create a New Reality where change is "Self-existent." where the shifting points are not chaos and crisis but by consciously willed movements toward the positive. In Indian terms it is shifting/ascending through Purusha (Soul) rather than the difficulties and pain of Prakriti (Nature).

(Still it is true that one who embraces chaos when it occurs will be better able to cope with and master life.)

Worrying vs. Taking to the Mother

Q: How can we take to the Mother when we are intensely worried about a thing? The latter seems to negate the possibility of taking to the former.

A: It is obvious that when a devotee is worrying that is not the only aspect of his consciousness he is able to access. He can easily take to non-worrying and to Mother if he stops and considers the situation. He has had many, if not a lifetime of experiences of not worrying, of being saved by Mother, of using his reason to overcome the wildness of his emotions. He has even had many experiences where life turned around when he practiced such approaches; i.e. where the cause of worry was cancelled. It is thus not impossible for a devotee who is worrying to take to non-worrying. It is in fact his common experience.

Now of course worry and fear can reach such an intense level that one is not able to tap into any of this 95% of positive consciousness. Then it IS quite serious because the person can do untoward things: take to irrational actions, harm others, even commit suicide. Even there Mother watches over us, or if we have doubt, we can call in protection against our own selves or some vital force trying to destroy us somehow. But these are rarer occurrences.

I believe the key here is that if we are consistently calm, are living from a deeper poise rather than the surface, are consistently opening to Mother, then when troubling circumstance come up, we can more easily access our more positive nature, and take to right inner and outer solutions that negate the worry. So let's practice these more often, and as a result there will be less reason to worry!

Spiritual Methods to Do Work as Service

It is a similar message as the Gita. I.e. do the work as service, forget the results. Not easy! But ridding ego enables this. Again not easy! Living an inner life enables loss of ego. Not Easy again! Consecrating activities to the Force creates an inner life. Ah, much easier; and enjoyable.

Inner Presence is Greatest Joy

No joy is comparable to the feeling of the eternal Presence in one's heart. (the Mother)

Comment: What Mother says here is in one sense her ultimate statement about our spiritual lives.

Refusing to Ask Attracts

When man refuses to ask, life gives him what he needs more copiously. (Sri Karmayogi)

Comment: It is best not to ask others for things; whether money or help accomplishing a thing, etc. Try instead to carry on yourself as best you can. As a result, life will now conspire to fulfill your aspirations. One man never asked others to help him built a super, dynamic version of his successful web site. He held it in close. Several years later, several individuals stepped forward from out of the blue and were absolutely determined to accomplish what he had dearly wished for. They never knew it was in his heart!

Siddha Day

Today is Siddhi day which honors the descent of the Universal/Overmental consciousness (as represented by Krishna) into Sri Aurobindo on November 24, 1926, clearing the way for the Supramental descent through Him later on. It was the day when the Mother said the Divine Lord, the Supreme consciousness had descended into Sri Aurobindo, which would pave the way for the Supramental descent that came later. (The Mother took the initiative to request Sri Krishna to descend into Bhagawan's body to help him on the way, and Sri Krishna obliged.)

It also appears to be the time when the Mother began to take over the outer action, as Sri Aurobindo retreated into confinement to make his monumental inner effort to bring down the Truth Consciousness, the supramental Force on earth, which would be the basis of human transformation, and a new, Divine life on Earth.

-The Universal Consciousness (Overmind) descended into Sri Aurobindo on November 24, 1926, paving the way for Him to evoke Supermind/Mother's Force for the world (1956 was the big breakthrough).

Sri Aurobindo took the descent of Sri Krishna into his body calmly and continued with his writing as usual. Mother celebrated the event as a great spiritual victory and named the day as Siddhi day and turned it into a darshan day.

Limits of Ourselves to Universal Around Us

There is a dome of consciousness surrounding us stretching to infinity and eternal that we can access to ennoble our lives; yet we are satisfied with the limited skull-cap of ego and our petty sense-oriented interests.

Full Effort Here Attracts Somewhere Else

When we make a serious, sincere, and exhaustive effort in one area, we often produce, i.e. attract success in an entirely different one.

Further Comment: It's a common life response experience.

Strategies to Affect the World from Within as Universal Beings

As Universal Beings we can affect anything in the world from within. One strategy is to use the spiritual Force; the Mother's supramental power. Another is to change a wanting corresponding element in ourselves. A third is to forget the societal issue in the first place, giving up our attachment to it. Life will move - in the collective, in the society, in the world, in the universe.

Biological Urge Limits Us

The biological urge in Man - in its various aspects - dominates, overwhelms his life, leaving limited scope for inner growth and progress.

Knowing subtle Changes in Others, Events Enables Predicting Future

As you become increasingly aware of the subtle shifts in character in people, and the shifting and turning of events, it becomes that much easier to predict future outcomes for all involved.

Further Comment: I had this experience once again yesterday. Often for me it relates to sports, but to other things as well, like story lines, literature, film, politics, world events, etc.

Thoughts Coming In Rather than Thinking

Thoughts coming in on their own is preferable to the hard churning of thinking.

I.e. as intuition of knowledge without thought; or beyond to supramental perception through the Mother's Force. These non-thinking based knowledge waves come percolating up from within, from the subliminal being; and from the cosmic planes of mind. This is how humans will increasingly know, garner knowledge in the future. Thinking will become unnecessary. (That's why Sri Aurobindo says Mind is only a transitional instrument of knowledge. Supermind would replace it.)

Cause of Inability to Attract Abundance

People who do not experience abundance either do not know how to attract it, or don't really want to. Further Comment: "really want to" = SERIOUSLY want to

Experiencing Soul in Self, with Another

You can experience Soul by discovering the blessedness of your own True Self, or by merging with the heart and soul of another.

Perceiving the Reality, All through Supermind (Vision of Brahman)

From the perspective of Supermind, one perceives the All, the omnipresent Reality; that which expresses at each plane; and therefore one sees how each thing -- big or small, positive or negative, pleasurable or painful, -- is important in the practical and cosmic scheme of things. It is to have what Sri Aurobindo calls the "Vision of Brahman," an ultimate status of being. Practically speaking this means we should value the tiniest detail in our lives because the infinite can break out from that micro finite.

What Worry Indicates, and Offering it to Mother

Worrying indicates lack of strength or power relative to the situation. That we are not the determinant of events. However, we can offer our worrying to the Mother, placing it in the hand of a higher consciousness. Emotional relief will follow, and if necessary we will be guided in our mind of actions to be taken.

We Live In Many Planes Simultaneously Which We Experience In Our Dreams

Understand that these experiences are not mere imaginations or dreams but actual happenings.... It is a mistake to think that we live physically only, with the outer mind and life. We are all the time living and acting on other planes of consciousness, meeting others there and acting upon them, and what we do and feel and think there, the forces we gather, the results we prepare have an incalculable importance and effect, unknown to us upon our outer life. Not all of it comes through, and what comes through

takes another form in the physical - though sometimes there is an exact correspondence; but this little is at the basis of our outward existence. All that we become and do and bear in the physical life is prepared behind the veil within us. It is therefore of immense importance for a yoga which aims at the transformation of life to grow conscious of what goes on within these domains, to be master there and be able to feel, know and deal with the secret forces that determine our destiny and our internal and external growth or decline. (The Mother)

Comment: Sri Aurobindo in the first section of Savitri describes in great poetic detail many of these realms. (See BOOK TWO: 'The Book of the Traveller of the Worlds,')

Mother said in Agenda that she had visited these realms, and Sri Aurobindo described them in great detail without Her ever explaining it to Him.

Utility of the All

This world was not built with random bricks of Chance,
A blind god is not destiny's architect;

There is a meaning in each curve and line.

(from Savitri by Sri Aurobindo)

Comment: From the perspective of Supermind one perceives the All, the omnipresent Reality, That which expresses at each plane; and therefore sees how each thing -- big or small, positive or negative, pleasurable or painful, -- is important in the utilitarian and cosmic scheme of things. This is what Sri Aurobindo calls having the Vision of Brahman, an ultimate status. Practically speaking this means we should value the tiniest detail in our lives because the infinite can break out from that micro finite.

On Premonitions in Dreams for the Devotee/Seeker

Something else will strike the seeker by its almost daily recurrence. He will find, after the fact, that he has had, during the night, the exact premonition of all the important psychological events that will take place the next day. First, he may believe this is pure coincidence, or deny the connection between one event and the other, but after the same thing has reoccurred hundreds of times, he will begin to be on guard; and finally, once he has completely awakened to the fact, he will use this foreknowledge to take protective measures beforehand. For example, we may have a spell of depression that day, or go into a rage, or feel a movement of rebellion inside us, or a sexual impulse, etc., or even, to take another example of a seemingly different nature, we may trip on the stairs two or three times and almost fall headlong, or contract a violent fever; then we notice that each of these small, very trivial daytime incidents corresponds exactly to another incident, most often symbolic in nature (symbolic, because it is not the fact itself, but a mental transcription when we wake up in the morning), which we experienced the night before: either we were attacked in a "dream" by an enemy, or we were involved in an unhappy turn of event, or else we saw, sometimes very precisely, all the details surrounding the psychological scene that would take place the next day. It would seem that "someone" is perfectly awake in us and very concerned with helping us identify all the whys and hidden mechanisms of our psychological life, all the reasons for our falls as well as progress. (from 'Sri Aurobindo or the Adventure of Consciousness' by Satprem)

Comment: Around a decade ago, for almost every night for six months, my dreams would clearly indicate the psychological and actual conditions that would occur the next day. It was a startling set of experiences for me, as one who ordinarily does not have such supernatural realizations. (At the time I used to joke that I had already read the morning paper for the next day before it actually happened.)

What Blocks and Supports Our Receptivity to Fulfill Our Aspirations

Our Receptivity determines whether and to what degree we realize our spiritual aspirations, such as our desire for peace or light or inner joy. There can be various negatives factors -- such as certain wanting attitudes -- that block full absorption of the incoming grace; and there are various positive -- such as an open heart, sincerity of aspiration, and pureness of spirit -- that support and attract it.

Mother Is Determinant for Devotees

For followers, devotees of the Mother, She is determining the Big Picture for us. All we need to do is be aware of what that is, and follow.

Stepping Out of Comfort Zone Makes Us More Comfortable

We do everything we can to make our lives more comfortable and pleasurable. It is a great physical and emotional effort. And yet if we were to simply step outside our comfort zone and do things a little differently according to higher principles of life, things would suddenly be far more comfortable and pleasurable, as unprecedented positive conditions would now present themselves. This indicates that a good portion of our efforts are wasted, and are going in the wrong or inoptimal direction.

Receptivity to Ideas by Different Types of Individuals

Most people are not mental. They are mostly vital; centered in their emotions and needs. Ideas are nothing until they are experienced in life. And yet the ideas were true before they had such experiences. Conscious individuals who are open to new ideas and also experience them are receptive at the mental and vital planes of the spirit. If they are really passionate about the ideas, then they become pioneers of consciousness; forerunners of a new way of living.

Beliefs Matching Desires Creates Reality

A belief is only a thought you continue to think; and when your beliefs match your desires, then your desires must become your reality. (Abraham)

Comment: Example: Steve Jobs had the twin beliefs that individuals, not just organizations should have access to a personal computer, and that computers should be easy to use. These were his values/beliefs. He also intensely believed it to the point that it became a great passion that was matched by an intense desire for its fulfillment. He then went ahead and worked hard to make both real. It then manifested out of all proportion and changed the world on both counts. Life cooperated with his efforts at almost every step, expanding it to infinity. He had engaged in the Process of Creation to an ultimate degree.

Giving Up the One Habit that is Ruining Your Life Attracts Overwhelmingly

As soon as you give up the one habit that has been driving your life down in an ever-increasing spiral, good or great fortune will suddenly descend on you, often from a most unexpected and unlikely source.

Further Comment: At a stadium in the US a man caught the baseball of a very famous home run hit. He later sold it for a fortune instead of relishing it, which then began a downward spiral of losing money, borrowing, inability to pay, which eventually put his life in danger from a thug creditor.

Now at an upcoming meeting he was likely to be eliminated by the creditor's strong man. However before the meeting, moved by an emotional situation, he decided to give up his life of borrowing and degradation.

When he arrived to meet his fate, the thug creditor suddenly got a call from his son asking his father if he hurts people. Mortified that his son had found out his vocation, he decided to stop this behavior. When the first man in debt who felt contrition for his past faced the thug creditor, the latter smiled and let him go, as he no longer could do something that would reinforce his son's beliefs.

The indebted man walked away happy that his life had been saved, and that he was going to follow a new course of right living.

When you break a long term bad habit that has sent you downward in a spiral of ill-fortune, life brings forth astonishing positive circumstance that work on your behalf.

Seeds of Evolution

"The greatest achievement was at first and for a time a dream. The oak sleeps in the acorn, the bird waits in the egg, and in the highest vision of the soul a waking angel stirs. Dreams are the seedlings of realities." (James Allen)

Sri Aurobindo explains it like this: Higher planes are hidden, involved in the lower plane. When the lower plane gets organized, the higher comes out. E.g. in matter was involved the potential for animated life forms, and in animated life forms the potential for mentality, thinking.

Why is this case? It is because the Divine Reality in the involutionary process from Spirit to Comic Mind to matter, hid its higher attributes in the forms of creation, as a kind of seed, waiting for the right time to come out. Evolution is that right time. When the form gets organized at its current plane, the involved hidden consciousness comes out, allowing it to move to a higher plane. The corresponding plane above also compels that progress. It has various Intents and Cosmic Values that it seeks to see manifest in the world.

Thus in the scene in 2001: A Space Odyssey when the ape realizes he can use the bone as a weapon, his mental consciousness is further engaged, which already existed hidden, embedded within him as a seed. Now do to the battle with an opposing collective, he is compelled to reach into himself and discover what is necessary to gain an advantage and succeed. In the meantime, the Spirit in the Mental planes Above are pressing down on him for his and the collective's further evolution. This same process is occurring throughout life, including the way we humans are evolving.

Mother as Fulfilling Our Needs to Becoming Our Center and Purpose

At first one ordinarily relates to the Mother as One who fulfills our personal needs. Gradually we move on and relate to Her as the spiritual center of our lives. Eventually, if our soul dictates, we surrender to Her, as our very purpose in being is to give ourselves to Her and realize Her Intent in the world.

Mocking Another's Fears Attracts It to Self

When you mock, make fun of another's fear, you may attract circumstance that cause you to be fearful of the same thing.

Further Comment: E.g. in the film 'Indiana Jones and the Last Crusade', Jones Jr. makes fun of his father's fear of rats; and immediately attracts hundreds of rats that put him -- and his female partner -- in grave danger, frightening them to no end. It is but one somewhat extreme and dramatic example of this subtle yet profound principle and truism of life.

Mind is Greater than Ego-based Emotion

Mind is superior to raw uncontrolled, ego-based emotion, which is out of sync with the unfoldings of life.

Reverse to Taking Another's Point of View Attracts

When you find yourself in difficult, conflicting situation with another party, and you reverse yourself and take the other person's point of view -- no matter how right or wrong or even absurd -- one's emotions quickly calm, and life suddenly presents you with positive conditions.

Further Comment: I was in a conflicting situation with another party. I remembered Karmayogi's method of taking the other person's point of view, even though the other party was clearly in the wrong, even absurdly so. When I did, I immediately calmed down, and positive conditions quickly presented themselves.

On Negatives of Politics

Politics, as it is practiced, is a low and ugly thing, wholly dominated by falsehood, deceit, injustice, misuse of power and violence; because to succeed in politics one has to cultivate in oneself hypocrisy, duplicity and unscrupulous ambition. (The Mother)

Comments: "THIS PRACTICE OF DECEIT, HYPOCRISY ETC. HAS COME INTO NOT ONLY IN POLITICS BUT HAS ALSO INTO CAREERS IN PRIVATE COMPANIES."

Yes, but less and less in the US and Europe where values have evolved in the workplace. . Honesty and transparency is increasingly highly valued. Corruption is low for the most part. In India it is the opposite.

Lack of regulation in the speculative financial sector in the West has been however a dark cloud over the rest of the economy in recent years. Greed, over the social good, has reigned unfettered.

Universe Setting Our Priorities

We must have our priorities in the right order. It should not be determined by what we want or that gives us pleasure, but what the universe requires of us now -- practically and for our progress. Therefore, think about your own life. Are your priorities in the right order? If not, what needs to change? If you know what that is and how to do it, fully commit to making the necessary adjustments. When you then make that effort, life will respond and support you at every turn.

Further Comment: It is good to be flexible to another's time. Still it is good to be organized and focus on what is most important in one's life; yet always being aware that change is normal. If one has a deeper poise that allows for inner calm and to be "Silent Witness" to all that is occurring around one, you will always be alert to what should take priority.

Buddha's and Jesus' Messages as Avatars

Buddha brought a level of inquiry into the cause of human suffering that was never there before in such a profound manner. Attainment of Nirvana and overcoming attachment to things was His way out. Compassion towards others was the human behavior he thus advocated.

Jesus brought Love to the world in its highest form in a broad way at that time when it was so lacking and necessary.

Hence they were both Avatars; bringers of something new for the world that is so needed by that culture in that time.

Shifting from Attention to Spiritual Means that Overcomes Illness

The more attention you give to your illness, the more you energize it; the worse it gets. Move to a deeper poise of calm, and the cells will relent; illness will give way. Visualize light or the rain of the Divine Force in that area and it will disappear.

Remain Humble in Your Role in Success of Group

If you are the cause of a success in a group, and seek to make it known, you reign in the chances of future success for everyone. Stay humble, accomplishment will accelerate.

Developing a Universal Consciousness

We only perceive things relative to our own selves. We do not readily know how moment-to-moment or ongoing circumstance affect the wider sphere of life and people around us. It is due to the limits of our ego and the finite capacity of our minds. However, a Universal consciousness perceives just that: all things, entities, forces, and forms in relationship to whatever is occurring. A Supramental consciousness goes a step further and perceives a deep unity among those things one universally comes to know.

Attracting Success through Various Means of Higher Consciousness

Success depends on your innermost values, including how one values effort in space and time. If you believe you can overcome space and time from within and attract great results without intense effort but through inner consciousness of focused intention, right attitudes, and spiritual force, then you will.

Success Merely through Positive Attitude

Many individuals without unique skill, capacity, or creative ability have succeeded greatly just by the power of a positive attitude; through their optimism; as a result of simply remaining cheerful.

Consecrating Before an Event Is Minimum, and Attracts

Before you engage a client, or meet someone, or otherwise partake in something important, try to offer it to the Spiritual Force. All will work out for the best. This is the minimum we can do to live a spirit-

oriented life. It is the act of Consecration, which never fails to quickly produce a uniquely creative, positive result.

Comment by Radha: Mother's Grace... Awesome Sir !.. I would like to share the experience of one of our Mother Devotees.. in this regard...This gentleman had some problem mainly regarding his retrenchment ...Yesterday he was called by his Boss for a meeting.. Before seeing his boss he consecrated to The Mother about this problem and went for the meeting... The meeting went on almost for an hour, but to his surprise the Boss was talking to him casually only and nothing connected with his job or any problem!!!!!!!!!! THE EFFECT OF SPIRITUAL FORCE

Withdrawing Complaint at Levels

Withdrawing complaint from expression at increasingly deeper levels -- not speaking it, to not feeling it, to not thinking it -- attracts tremendous positive response from life.

Untitled

Through each of us, the Infinite Consciousness is looking out at Itself.

How Our Consciousness Perceives Problems

The problems that come to us are the means for our further progress. In a lower consciousness, they are perceived through intensity of experience. In a higher consciousness, they are perceived as opportunities and means of delight.

Seek Psychological Cause When Mother Doesn't Respond

If you offer a problem to the Mother and conditions don't materially change, then it is likely that you need to seek out the psychological cause of the issue, and make the necessary inner change there.

Growing as Person Is What It's About

It is not about accomplishing, but about growing as an individual, which invariably attracts the necessary opportunities and success.

Comment by Padma: It is Divine's way to give us an opportunity to evolve when our prayers are not answered in some issues. We are lucky to have Mother and Karmayogi's works which help us understand such difficult philosophies which we may not attempt to learn otherwise.

Knowing the Process Eases

Once you know the process of something, its execution is immeasurably easier.

Comment: The process is its underlying, inherent, internal organization and truth.

Remove Ego, Don't Try to Elicit Praise

When you remove that sense of Ego when examining information from others so that you are not trying to elicit praise for yourself about your involvement, but simply care about the issue at hand, you quickly get feedback that in fact supports your positive role in the matter.

Subjectivity, Relativity, Objectivity, Absolute

Subjectivity is relative; objectivity is absolute.

Comment: Subjectivity is not absolute fact. It is one's impressions; one's subjective view of things. The truth is then Relative to the person experiencing it. On the other hand, things that are absolutely true, are fact, that truly exist are Objective. It does not depend on the person experiencing it. It is Absolute.

Acceleration of Consecration Resolving Problems

One difficulty, challenge, issue after another is being resolved in MINUTES through Consecration -- instead of the normal hours, days, weeks or never. It is a wonder that is accelerating!

Consecration, to Psychic, Supermind, Perceiving the Reality

Through constant Consecration one reaches the Psychic Being, thereby dissolving ego, enabling the mind to soar and experience Supermind and its unity consciousness that perceives the true nature of the omnipresent Reality, the All.

Irrational Rationality and True Rationality

What people call being rational is to think with their vital and physical needs, wants, desires, urges, and compulsions built into their logic. Pure rationality is above these. It is to engage in logical reasoning based on the true truths of things, not inner psychological prejudices and demands. Spiritual mind is above these still, where knowledge comes without thinking.

Recreating the Unity of the One and the Many

Out of the undivided One came the divided Many. Together in their unity, they make up the Reality, Brahman, the All. Our role on earth is to open to the higher consciousness in order to bring the One, the Oneness – as aspect of its divinity -- back into the multiplicity and infinite diversity that is the Many.

Unprepared Rising in Negative Atmosphere Annihilates

If you try to rise up in a negative atmosphere where you also are not inwardly prepared, life will bring forth circumstances that can crush you out of existence.

Shifting Away From Attention to the Negative

When we focus our attention on something, it gets energized, whether the condition is good or bad. Therefore avoid focusing on problems, otherwise they will get intensified. Focus instead on solutions, or not thinking about it at all. Best to open to the spiritual Force, offer the issue to the divine, say 'Thy Will Be Done,' have complete faith in the solution, and forget about the matter. Life will respond exactly as necessary.

The Unfolding Of Consciousness in the Planes of Life

Matter is not the basis of creation. Rather, a conscious-force or a formless consciousness is behind all visible creation. According to Sri Aurobindo, that formless consciousness has inverted itself and became matter in the universe. Out of this matter it has slowly evolved and manifested life and then mind. Life and Mind could evolve out of matter because they are already buried in it.

Life is a limited expression of consciousness. Mind is a partial and divisive expression of consciousness.

Spring to Top from Depths

Often when sports teams and other organizations rise to and dominate at the top, they had just sprung forward from the depths of absolute rock bottom. This is also true for all collectives, and us.

Peace Inside Overcomes Social Problems

Peace inside, not anger will overcome a daunting social problem in the very best way.

Consecrate Negatives as They Arise to Avoid Future Consequences

Immediately consecrate any negative that comes up, even the smallest thing, because it is likely to repeat or be a predecessor and indicator of something wanting to come, which can be much worse. Through that consecration effort, you catch and overcome the mischief of tomorrow.

Power of Non-Insistence Over Insistence

Bothered insistence delays, cancels, or is not responded to. Better to practice non-insistence and forget about the matter altogether, which quickly evokes response to your surprise.

Difficulties that Make You Strong

Confronting and resolving difficulties makes you psychologically stronger. Such inner strength and fortitude is key to success in life.

Looking for India Discovered America

European explorers in the 15th century looking to find a shorter passage to India instead discovered America. Can we therefore say that India played a vital role and subconsciously helped America realize herself?

Nature Allows the Negative for It To Be Rejected Outright

Nature keeps/allows negative forces to remain in power so that their philosophy/modus operandi can be understood for what it is and rejected outright once and for all.

Outrage Attracts the Negative

Don't be too outraged by a social injustice, for a dog may suddenly come upon you and try to bite your leg!

Holding Back Moves One Forward

The more you hold back, the more you go forward.

Comment: It's the power of non-initiating which attracts overwhelmingly. We know the power of initiating. It's how we live our lives. Yet most of our initiatives we instigate fail, as they are not given by, sanctioned by Life. However Life's own initiatives that come to us, like opportunities, rarely fail when we take them up. In fact we should do everything we can to insure we embrace those movements of Grace from the plane of Life.

Comfort Zone

Stepping out of our comfort zone makes us more comfortable.

Leveling Off After Making Progress Due to Old Consciousness

[Sri Karmayogi in an article says -when there is an idling or leveling off in an otherwise progressive life or even persistent problems is the reflection of persistent old consciousness rooted in us. ...]

When we ascend to a higher plane, a descent is necessary to saturate the lower planes for the completion, the fulfillment. Thus when we rise and level off, we might not have saturated the lower planes. Or the original rise was not integral, wide or deep, in the first place.

We have a physical consciousness. It drags us down. Devotees of Sri Aurobindo used to complain about flatness that followed inspiration and spiritual progress. He said it was normal; as the being settles back into the physical consciousness, where it feels as if the original inspiration that first propelled us upwards never happened. Bhagawan asked the followers to be patient and cheerful, and the higher consciousness would return and then some.

There is the possibility then that the physical consciousness flattens out the progress we make. But that may be due to the fact that the ascent is not full to begin with or the descent of that higher consciousness/values as related to that development has not penetrated and saturated the lower planes.

Consecration that Evokes Supermind that Perceives the Reality

In Supermind there is the unity of Action, Knowledge and Love, and thus the omnipresent Reality is established, and we experience the eternal Now. It is established through Consecration, where our consciousness touches the psychic being within and evokes Supermind.

There the ever present reality is established and we instantly we get result. When our focus is in our result, we get intermittent glancings of the supermind. Instead, if our focus is only towards super mind expectations, the ever-present reality is possible. There the work is called surrender instead of consecration. (Thanks to NR)

Training vs. Education

Training and education are synonymous. The word training is used more in the physical plane. Education is used in the mental plane. Sri Aurobindo says the present civilisation itself is a revival of a past civilisation destroyed. Therefore, all the faculties we need to develop hereafter are there in the subconscious memory of the earth. So, training is only a process of bringing to the surface what is there in the subconscious.

There is a difference between education and training. In education, we give the idea to the mind. Mind on its own internalises the idea. Then we say mind is educated. In training, we compel a man to repeat a thing until it settles down as a fixed habit. Training is the education of the body; education is the training of the mind.

Training vs. Teaching vs. True Knowledge Garnering

Training is a physical method. Teaching the mind is a mental method. Evoking the Spirit and allowing the child to Grow in knowledge is a spiritual method.

Training vs. Guidance

Training is for Methods; Guidance is for the soul that shapes

On Training

Making the training during this minimum period less rigid, authoritarian and dogmatic is necessary.

Affection and Training

As cheerfulness is a greater foundation than discipline, affection is greater than training. Our school gives the child cheerfulness issuing out of affection. It is one thing we aim at affection and succeed in getting it. It is another thing affection sprouts in the atmosphere.



2013 ENTRIES

Basis and Cause of Lapse into Ignorance

- Division of consciousness is the basis
- Exclusive concentration is the cause
- Ignorance essential for Divine Life in material body

Methods of Ascent Beyond Mind

1. Go within from surface to the subliminal
 - Discover inner mental, vital, subtle physical being
 - Psychic Being comes to the surface
2. Rise above
 - Realize the Silent Self
 - Self can ascend to Spiritual planes of Mind

Dimensions of Division and Separation in Involution and Evolution

- Four above separate from four below
- Essential knowledge separates from Totality & Individuality
- Being separates from Consciousness from Ananda
- Knower separates from Knowledge & Object of Knowledge
- Being becomes Transcendent, Universal and Individual
- Consciousness becomes multiple planes of consciousness
- Knowledge separates from Will in Mind
- Force separates from Consciousness in Life
- Form separates from force in Matter

Descent into Inconscience – including Division and Separation

- Involution creates Inconscient Ocean of Rig Veda
- Complete separation occurs in the Inconscience
- Each being, idea, force becomes completely separated from all others
- Consciousness and Force become completely separated
- Mind, Life and Matter become separated
- Consciousness gets absorbed in Form and Force
- This makes error and falsehood inevitable

Origin of the Dualities in Our Being

- Our fragmentary separative existence and consciousness emerges from the Inconscient

--Ignorant struggle to know creates falsehood & error
--Ignorant struggle to live engenders wrong & evil
--Egoistic struggle to enjoy creates joy, pain, suffering
--Existence expresses in dual terms of life & death
--Forces of Darkness assert to maintain the Ignorance

Life Response Power of Accepting the Givens of Life

(I had told a young Facebook woman friend who did not like sales to accept what is coming to her from life. She preferred another career direction. Here is her private message to me today.)

"Hi Roy, hope you well! I would like to share something with you. After our chat the other day, I began accepting a career in sales (one which I have been closed off to because I didn't want to do sales). And I have also been sending my cv for jobs in drama and media (my two passions). Yesterday I have attended a sales training, a part time sales job that I have accepted. And was excited as well, when I've gotten 2 emails for part time job interviews. And you guessed it; one was for a part time online editor post and the other, a radio drama audition. I had to share it with you! Will consecrate those new jobs now."

(And now a followup to the story above about the young woman: "I just went for the audition for the drama and the lady loved me! She said she wants me to act for their show. It's a radio drama. I'm so happy! Thank you Roy thank you!")

Comment: This is excellent news and feedback!

Acting in a Cultured Fashion

One sign of a cultured individual in these times is that when engaged in an online discussion he exercises his mind and thinks before he reacts. (It actually applies to all human interaction)

[A viewer: Very true Roy but the fact is at times if thought consecration, is not in practice words fall out from us before they are analyzed by us.]

That is why we need self-control, which is what culture is, as we move in full deference to the needs and thoughts of the other person. Through personal growth and even yoga, we move our mind to silence. Practicing Non-Reaction, silent will, taking another's position, as well as consecration all enable us to develop the right cultural capacity to properly engage in these dialogues.

[A viewer: Roy your comment goes well with an individual with a Spiritual opening. Can u be specific for say a common man? There are many personal occasions, our communication which was done quite friendly and openly, invokes an otherwise response from the other person.]

For the common man he can practice simple acts of culture, such as being pleasant, respect for others, listening, thinking before reacting; not abusing another, "do unto others as ..." etc. in other words self-control. All forums ask this as a minimum. If this is too much for the average man, then perhaps he should aspire to move beyond the common.

If another person acts unfriendly or even hostile to us, we can link it to a wanting aspect of our being, and change that. When we do, others will tend not react in an unfriendly way.

Why Focusing on a Thing Attracts More of It

By focusing on a thing, you align with its vibration and even intention, which is why more of that thing suddenly comes to you. More energy between you and it take place, which pulls in corresponding additional subtle and material formations of it. Their sudden arrival seems miraculous-like.

Innovation vs. Implementation

Innovation is individual. Implementation is collective. (Karmayogi)

Comment: We see how great pioneers in a field, driven by subtle values, creates new innovation, whether an idea, concept, principle, form, service, product, technology, etc. Then the result is implemented by others -- by the group, the institution, organization, business, government, the society itself, or any other form of collectivity.

Expressions of Planes of Work and Accomplishment

Work can be in one plane. Accomplishment exists in all planes whether it is visible or not. (Karmayogi)
Comment: E.g. you are a carpenter and do the work diligently at the material level. As a result, someone calls to inform you that your book on that craft is suddenly selling big time in Europe, a completely unexpected outcome. Also you are asked to give a speech on the subject that requires an explanation of several principles you have to devise. The work was at the material level, but the accomplishment – through life response phenomena -- was at the physical, vital, and mental levels.

Enjoying Another's Misfortune

Callous enjoyment of another's misfortune will surely return as negative life response.

Hiding Money to Not Pay Taxes

Hiding is deceit. Hiding money to avoid taxes is financial deceit. It is easily condoned as a means of creating efficiency in business, and simply the nature of the global environment. That is insincerity. Deep down it is a form of unpatriotism, as the contract the people have with the government is that It will protect us and provide stability, and we are obliged to pay our taxes to support that effort. That is the basis of a democracy. Deceit and insincerity coopts that contract, creating instability in the world. The financial crisis that nearly took down the world economy is another form of the same perversion of monetary values.

Reader: Then what we will do for basic necessities like home loan, bike loan, etc.

Response: I am mostly speaking of hundreds of billions of dollars not paid by large business concerns many of whom are swimming in cash. Still everyone should aspire to pay their taxes, and do the best to do so. Likewise the nations should do all they can to uplift their country. People should work together to do so too. Not paying tax is like not paying one's debt. It is our citizen duty to do so.

Organization and Harmony to Solve Income Gap

People recognize and wish to overcome the huge gap in income distribution in society. It is a laudable goal. E.g. here even in the US it has completely gotten out of hand. The problem is that there is not enough organization in the society to make it possible. Instead of cooperation, collaboration, and systems that organize the effort, ego predominates at all levels, as people and parties pull in their own direction. In other words, there is a lack of Harmony that prevents Organization that can help resolve such social challenges. Sri Aurobindo says that all problems in life are essentially problems of Harmony. Organization creates Harmony. Harmony creates Organization.

Knowing More than One Thing at a Time through Spiritual Mind

There is a Tamil saying: "The Divine has limited our vision. We can perceive only one thing at a time." It is the Essential Ignorance of the Mind born of creation. It is the result of the Involution. However, through intuition, light, and supramental perception we move out of this limitation, as the Mind embraces and knows the many-sided Truth of things from moment to moment. Constant consecration opens us to the Depths where this is made possible. It is a movement of the Evolution.

Avoiding those Who Seek to Tear Down

There are certain individuals whose first instinct is to tear down any positive development they learn about, no matter how magnificent and practical. Let us learn to listen to them without reacting, not give them credence, and move on.

Consecration Before and After Problems Arise

Anticipated problems dissolve before they happen if you consecrate them.

Reader: What about unanticipated? How to consecrate problems beyond our limitations of mind?

Response: Before each act, consecrate. Then the chance of problems occurring greatly diminishes. Another approach is hourly consecration, which helps positive flow on a continuous basis.

Sincerity

Sincerity is being true to your vision, no matter what it is. Insincerity is to act otherwise or opposite to one's aspiration and claim.

Power of Applying Values in the Details

The key to Values in business is not just having them and including them in your mission and strategic plan, but to implement them in every activity, system, project, and procedure in the organization, with specifics and standards of how that value is to be applied there. In this way we push values deep into the heart of the organization, creating maximum practical and life response effect.

Spiritual Determinate/Values and their Subset Human Values

Mind perceives the cosmic determinates that emanate from the Divine as Spiritual Values. Silence, Peace, Harmony, Truth, Knowledge, Goodness, Beauty, Love, Joy, Timelessness, and Infinity are among them. They are what the Divine seeks to manifest in creation. Below that are a hundred key human values, such as openness, freedom, collaboration, honesty, creativity, perfection, simplicity, reliability, justice, organization, and dozens of others. When we apply a value, we are actually employing a spiritual skill, reflecting one or more cosmic determinates of the divine Reality, fulfilling Its intent in creation.

Myself, Steve Jobs, and Simplicity

Since 1982 I have followed Steve Jobs' career very closely. As if he were a second me. The essence of his values is Simplicity. Making the complex simple, while retaining all of its power.

Further comment: Today ironically I am down the road in Silicon Valley, which in many ways Steve Jobs' single-handedly made into a vast power through his vision of Simplicity.

Gladness in the Unfolding

For the Seeker there is no "payoff"; only ever-increasing moments of Gladness.

Finite from the Finite and Details of Life

The infinite can emerge from the finite, so respect the tiniest detail that comes your way by perfecting it in action and by recognizing it in one's heart and mind.

Power of Going to Their Source to Solve Problems

We normally solve problems by dealing with the effects. To go to the source that attracted it, is to cancel it instantaneously.

Example: A sports team is having troubles performing. Physically and psychologically. Morale and performance are low. The team leader thinks about replacing members, moving things around, trading with other teams. The leader looks deeper and discovers that one player is disruptive, has been spreading discord for a while. They release him of duty. Suddenly the team starts doing spectacularly. As soon as they discovered the underlying problem and changed it, life responded overwhelmingly.

Enthusiasm to Aspiration and Spiritual Life

Life begins to be Spiritual when enthusiasm changes into aspiration. (Sri Karmayogi)

Comment: Enthusiasm of the vital is harnessed and focused into the heart and mind's aspiration, reflecting our deepest values and purpose.

Aspiration, Potentials, Actualities

Aspiration converts potentials into actualities. (Sri Karmayogi)

When we focus our intent that expresses our deeper values and beliefs, then the potentials of life manifest as real for us.

Perfection of the Small Evokes the Infinite

The greatness of the greatest emerges in the precise perfection of the little wonders of the small significance. (Sri Karmayogi)

Comment: The infinite can emerge from the finite, so respect the tiniest detail that comes your way by perfecting it in action and by recognizing it in one's heart and mind.

Ultimate Power in Life

The Power that can accomplish anything directly having no urge for action is the real Power. (Sri Karmayogi)

Comment: (one of my favorite messages of his.)

Consecration is that Power. The Mother's Force. The depth of its use eliminates action attracting ultimate results.

Remove Cause of Problems Attracts Its Instant End

To remove the cause of a problem is to solve it at once. (Sri Karmayogi)

Comment: We normally solve problems by dealing with the effects. To go to the source that attracted it, is to cancel it instantaneously.

Psychic Being/Evolving Soul vs. "Standard" Soul

The Psychic Being is essentially the Evolving Soul within us. That is different from the "regular" Soul or spark of the Divine. Sri Aurobindo said that the Psychic Being was his greatest discovery. The same one travels through many lifetimes; i.e. rebirth.

Purpose, Will, Values, Faith and Ultimate Accomplishment

What can surpass unity of purpose, intensity of will, highest of values, and faith in the spiritual Force (consecrated effort) in accomplishing a goal among a group of individuals?

Gradually Unfolding of Lessons for the Conscious Individual

For the conscious individual life unfolds gradually in such a way to reveal a few things at a time so he may absorb all of the smaller lessons critical to his development.

Intensity of Will and Values Overcome Opposition

Intensity of Will amongst a unified group motivated by high values overcomes the opposing force.

Widening Attracts Beneficiary from the Widened Group

When you widen the scope of benefit to embrace a wider collective beyond your own, you tend to attract support from some party of that broader domain from out of nowhere, enabling the expanded aspiration to manifest.

Unity Attracts Disunity, Discord from Hostile Opposition

In a conflict or contest between two sides, a new, higher level of Unity on one side tends to attract disunity or other forms of discord from the other, hostile side.

(It also works from disunity of one side creating unity in the other.)

Do It Yourself, Don't Wait for Leaders

Don't wait for leaders to solve the problems around you. Do it yourself, from within; by aspiring for the particular change you seek, and offering it to Her; to the supramental Force. Life on the outside WILL move.

Exaggeration of Claim of Vital Influence

The vital/emotional being exaggerates our conclusions.

Example: One hears a song that stirs our emotions and we are compelled to say it is the best piece of music we have ever heard. (Except we have said that many times about many other pieces.)

On Vegetarianism

Vegetarianism is not required according to Sri Aurobindo and the Mother, though later if one comes to sahdana and the practice of the integral yoga one will tend towards vegetarian diet as one is less inclined to the more gross type foods.

The Mother indicated that control at the physical level comes much later in the course of conscious development, and that raising one's consciousness at the vital and mental level comes first. Therefore vegetarianism has little consequence for most who are undertaking the more fundamental stages of personal growth, such as controlling the ego, one's negative attitudes, wanting habits, false beliefs, etc.; and even for those who practice spiritual-like methods like silent will, meditation, consecration, non-reaction, self-givingness and so forth.

Joy/Delight/Ananda from Psychic Poise

Sri Aurobindo indicates that the Joy of the Spirit, of the Source -- which is the Ananda of SatChitAnanda -- manifests in the individual at its highest level through one's Being and True Self. From that depth one knows in all directions, and experiences the pure Joy of being. It is actually blissful to live from that Psychic Being, as everything we do and act out becomes a means of expression of that Joy/Delight/Ananda.

Science Can Perceive the Spiritual Truth of the Reality

Science is very slowly but surely discovering the truths of the Vedas, Upanishads, and Sri Aurobindo who communed with the Reality directly. If science can give up their material empiricism, embracing all planes of being, they would discover it All much more quickly.

Mind is Transitional Instrument Only Knowing the Part; Spiritual Mind Surpasses It

Our Mind knows only a small portion of any particular thing or matter, and even these can be faulty. Contrast that with the ACTUAL multi-sided Truth of things. These two are miles apart. That is why the Mind is only a transitional instrument that according to Sri Aurobindo is destined be replaced by Supermind (which is a Truth Consciousness that knows all sides of any particular object within its purview, including their integral relation, while also having a Will and Power to manifest that which it comprehends).

Changing Life through Human Values & Spiritual Power

Organizations that bring a social consciousness to their works is a positive development in the world. E.g. nearby here in San Francisco Twitter has their headquarters. They put it in a somewhat rough neighborhood intentionally. The workers go out once a week or more and help the homeless on the street and clean up things in the area. It is the value of the man who started Square and Twitter all by himself.

The idealism and values that enabled the creation of those companies he is also attempting to do in the physical area around two of his companies. One result is that other businesses are moving into the area. They saw a successful man putting up a headquarters in that rough area because he wanted to improve the environment. He had a high social value, echoing the 1960s hippies but now applied to business.

Now many more businesses are rushing into the area turning it into a mini gold rush. Will the homeless problem be cured in the area?

A higher method still is to use the Force within, which attracts sudden developments such as a potential National Homeless Eradication bill that is suddenly passed by Congress from seemingly out of nowhere. Miracles can happen. That is our chosen path.

How Individuals from Within, Using the Force Have Changed the World's History

We can do inwardly much faster for the world what individuals can do outwardly. Sri Aurobindo shifted from outer method to inner means to bring about the independence of India, which was a mirage when he began the effort. Several decades later it occurred for 1 billion plus souls. Karmayogi deeply believed in the potential prosperity of India in the 1970s when virtually everyone believed they were a basketcase as they were impossibly mired in poverty. As a token gesture he created the International Commission on Peace and Food for it to be a channel of that Force. Five hundred Indians then moved out of poverty in the four decades since, a miraculous turn around that is still accelerating. Both spiritual sages used the Mother's Force to attract powerful, macro forces that allayed the problems for tens or even hundreds of millions.

The Force as Spiritual Organization/Technology

The Force that descended in 1956 can be called Spiritual Organisation or spiritual technology. It gives us, ordinary people, what was the close preserve of the Rishis, yogis, munis, tapasvis. (Sri Karmayogi)

Controlling Our Sexuality

Vital sexual attraction is an almost irresistible force that is there in our very makeup. It is Nature's powerful means of propagating the species. Through sexual control and elevation of our relations to higher levels, we overcome Nature's compulsion, allowing us, not our urges to determine our actions and the course of our lives. The average individual can start with moderation. The advanced individual directs his energies elsewhere towards higher pursuits.

Reader: it's not very easy to achieve ...

Response: It is one of the latter things to achieve. Mental and vital control of our bad attitudes, bad habits, false beliefs, comes first. This is conquering at the level of the mind and vital. At the level of physical we control gluttony, addictions (alcohol, drugs, etc.), physical actions that harm, etc. Sexual control gradually is developed along the way. The average person, the householder can at least move to moderation, and gradually reduce. The yogi who practices Integral Yoga does all of these things simultaneously at the outset, surrendering his life and being and purpose and actions to the Divine Mother.

Life Response Power of Making a Decision

Making decisions attract life response. It is one of the Key Four that Attract the most. Attitude shift out of the negative, intense Aspiration, coming to a Decision, and taking an Action have extra power to attract sudden good fortune. The depth and intensity of each determines the speed and power of the response.

Examples: A man finally makes the decision to work weekends when asked to do so. Within five minutes of doing so he attracts the biggest sale of his life. That same man decided to stop travelling the world, and work, and quickly attracts an opportunity that forever changes the course of his professional career and his own personal happiness. A second individual makes the firm decision to be involved with the rearing of his daughters, instead of being aloof, and attracts the sudden end of a scandal that had been brewing in his family. Finally a woman who had been hiding it made the decision to tell the truth about her family, which suddenly attracted enormous success for her husband. In fact, the greatest success of his life.

Decisions attract, and do so at the speed and quantity and quality based on the intensity of the decision made.

Shedding Our Interest for Another's When in their Space

When we enter another's space, it is challenging to shed our current interest and embrace theirs. This is an indicator of the poise of one's consciousness; in a range from being absorbed in ego to a harmonic status. When we embrace them and their interests, they tend to readily do the same.

All is Opportunities to Soul

All things your heart and mind measure as positives and negatives in your life are simply opportunities to your Soul.

Easier After Walking through

What seems so difficult to understand or achieve appears so much easier once we walk through that door.

Repeated, Subtle Signs of What Took Place

If you look closely you will see that life is subtly presenting signs of what has taken place, is taking place, and will take place, near and at a distance.

I went by the site of an accident, and suddenly there were subtle reminders that started appearing around there that had nothing directly to do with the accident. These were various echo synchronous reminders to what had occurred the day before. A tow truck suddenly appearing there for some other matter completely, the sudden appearance of a police car again for another purpose, etc. etc. This is a quite common experience for me. It is something anyone can experience if they observe conditions of life closely.

Mother's Protection in Threatening Situations

In dangerous, teetering, and other threatening situations, it is best to seek out the Mother's protection.

Intense Sexual Experience and Negative Life Response

Intense sexuality tends to attract accident, theft, money problems, failure, and other negative circumstance.

Further Comment: Vital sexual attraction is an almost irresistible force that is there in our very makeup. It is Nature's powerful means of propagating the species. Through sexual control and elevation of our relations to higher levels, we overcome Nature's compulsion, allowing us, not our urges to determine our actions and the course of our lives. The average individual can start with moderation. The advanced individual directs his energies elsewhere towards higher pursuits.

Severe Negative Life Response of Intense Anger

Intense anger tends to quickly attract negative circumstance including failure, accident, calamity and tragedy.

Strength that Spiritual Individuals Lack

Often the one element that spiritual oriented people lack is psychological strength. Persons with spiritual inclinations value goodness, harmony, and peace, even as they suffer for lack of psychological strength, power, and even basic levels of personal organization. Naturally there are no set rules in this regard, as there are infinite variations of expression; though certain combinations of traits tend to stand out among the spiritually inclined.

The Evolving Psychic Being

We know that when we exit the body, the psychic being leaves and rests in the "intermediate zones," shedding vital and mental sheaths, and then prepares for and then takes on a new birth. It does so as it is seeking new experiences through the new person in its own journey of progress. Hence the psychic

being is an evolving being; i.e. the evolving soul. As all psychic beings evolves, the universe evolves in Its own "journey." If in our daily lives we connect to the Psychic Being and from that poise Surrender to the Force, the Mother then we attract powerful results for ourselves and the world, speeding up the Evolution. This is in fact the method and object of Sri Aurobindo's Integral Yoga.

Personal Values and Success in Life

One's personal Values are the single key to success in life. You see it everywhere; in every successful undertaking, in every major development in society, in the progress of history, and in the raising of consciousness of the individual.

Success by Following What Life, Not What You Want

For the conscious individual, the devotee of the spirit, or for that matter anyone, the quickest way to success is the way Life wants you to move, not the way we want to. The former succeeds 90%, the latter less than 50%. Later as we more fully develop our higher consciousness, we perceive that these two have become one, giving us ultimate power in life.

Further comment: Decades ago when I worked as the organizer of 50 franchise outlets, I decided to help some members get trained on several software applications. Suddenly out of the blue two women arrived and asked me if I would like to do training for their organization. I accepted, and that was the beginning of a 30 year training career. Life summoned me, and when I followed the opportunity, it succeeded, creating a life-long career. Other times I have initiated projects, as I did one several years ago on my own in an attempt to revive a flagging sales effort I was involved in decades earlier. After a few small successes, it utterly failed. Success comes almost always when one follows the opportunities Life brings. It succeeds far less often when one initiates on one's own.

Qualities of Evolving Individual

Several indicators of an increasingly evolved individual are:

- You worry less, things bother you less.
- You become light-hearted.
- You are filled with joy.
- You have ever-increasing, more meaningful powerful life responses, coincidences and synchronicities.
- The miraculous is on the increase in your life.
- You are much calmer and less reactive.
- Your faith takes on new dimensions and nuances.
- You move from the local, ego plane to the universal one of harmony with others and life.
- You perceive the utility of all things.
- You tend to be in the right place at the right time.
- You initiate less, waiting on life to move first.
- You increasingly move life from within.
- Your knowledge grows in all dimensions.
- Self-giving towards others is increasing.
- Speech and mind and emotion are increasingly moving towards stillness.
- Patience is developing, as is cheerfulness and positive attitude.
- Others value your influence and knowledge and goodness.
- You perceive life's signs and portents at a higher degree.
- Inner richness is growing; as are feelings of connection to the Higher Power.
- You increasingly sense your Higher, True Self.

Society Seeks Openness for Ultimate Variation. Possibility

Society consciously or subconsciously demands a more open environment to allow for maximum variation and possibility.

Values Taking Form Drive Evolution

New human Values taking on the form of products, services, technologies, organizations, principles, etc. are what is driving the Evolution.

Experience, Observation Beyond Slogans

Slogans, aphorisms, and inspirations are fine, but it is when they are personally experienced or observed in others or in life that they really gain power.

Closed environment and Market share Loss

If a great innovating organization has closed views on the market, its market share can be taken right from under them.

Further comment: This has happened twice to Apple and it's great, but closed environment. Microsoft 30 years ago did it to Apple in the PC era, and now again so far with Google/Android in the Mobile era.

Divine Sees Harmonies, not Contradiction, Conflict

Everywhere we see contradiction and conflict, the Divine perceives higher harmonies working themselves out in the evolution.

Goodwill Not for those with Ill-Will Against Us

We can have goodwill for anyone who does not have serious ill-will against us or unconsciously carries that vibration for others.

Viewer: Is it not safer to have the goodwill towards the negative person and to consecrate their ill-will towards you?

Response: I would avoid the good-will, and add the consecration.

Evolving through Difficulty with Another

If a soul constantly gives us trouble, and we evolve through that soul, taking it as Mother's Grace, at one point in life the same soul will come to us and apologise. At that moment we will realize it is only by her/his acts and effects on us that we have grown. This is the height by which we can feel the bond inside us. (paraphrase of DC)

Wonderful remark. I wonder if there are examples. Perhaps it is Darcy and Eliza in Pride and Prejudice, when she confesses at the end her gratitude to him for what he has done, while herself apologizing. He too apologizes. It is a dual apology actually. They both subconsciously realize that they have grown from one another. Soul to Soul, reinforcing D's remark.

Parents Originated Children's Faults

Often when parents blame their children for their misguided actions, they themselves had an originating hand in it which they are unaware of.

Conscious Evolution instead of Karmic Progress

Ordinarily in life people will change because they set in motion negative conditions and then receive the results. It is the Law of Karma. That is not conscious evolution however. That demands an examined life; self-awareness, which is psychological and spiritual growth.

How to Deal with Negative People

Q: How does one handle individuals who hurt with their words, belittle others, find fault in them, back bite, etc.

A: Ignore them. Practice Non-reaction. It will cause them to change their ways or disappear.

Calm in Tense Situations through Non-reaction, and Ego Elimination

Q: How does one cultivate calm in tense situations? It seems difficult to control.

A: That is what spiritual growth is all about. Learning how to cultivate spiritual values like calm, patience, harmony, etc. When spiritual qualities become the center of your life, it becomes much easier to control these aspects of your being.

The first spiritual law of life is Non-Reaction; i.e. controlling your reactions to tense situations brought on by life conditions or by others. You move from a reaction state to that of Silent Witness, calmly observing the world. It takes practice and positive experience. Why not begin cultivating it from hereon in as situations arise?

Another way to measure your state is Ego. If the Ego rises, i.e. focusing on your needs, wants, inclinations above and beyond what the situation demands, then you are in the wrong state.

Non-Reaction and Non-Ego are two methods and reference points you can begin today.

Western Ingratitude for China's Products

The West has never shown any sincere gratitude for the high quality, low cost products from China and elsewhere in Asia that have dramatically improved the lives of western citizens.

Eliminate Negative Person to Turn Things Around

Eliminate one key negative element or party creating mischief or otherwise blocking harmony in a struggling organization, and fortunes will quickly turn around.

Further comment: -Here I am mainly referring to one particular negative person in the organization, but it can be in the attitude of the company, or within one's self if say we are the leader.

-One's boss can be the key problem; or it can be the subordinate of the boss.

-Here's an example: In the powerful American baseball film of last year 'Money Ball,' the team was doing very poorly. The manager of the players was not prone to fire people, as he had a somewhat soft heart. However, he saw that one staffer was rebellious and a clear trouble maker to many. He garnered the inner strength and then released the player. Now Life took over and the team suddenly soared near to the championship level! That is the power of an organization ridding itself of one problem worker. He can be at any level, subordinate, peer, or boss.

Persevering Negatives in Others, Self

We perceive so many of the negative attitudes of others -- but not of ourselves.

Cosmic Determination and Free Will

Within the determination of the Infinite Divine we have free will; i.e. free will to collaborate with Its evolutionary Intent.

Attitudes is the Main Problem

90% of the problem in people's lives are in their attitudes -- about themselves, others, and life.

Changing by Responding to Karma vs. Conscious Evolution

Ordinarily in life people will change because they set in motion negative conditions and then receive the results. It is the Law of Karma. That is not conscious evolution however. That demands an examined life; self-awareness, which is psychological and spiritual growth.

Supermind, and Space-Time Coming Together

In Supermind space and time -- in terms of acts, knowledges, results, etc. -- tend to instantaneously come together at spaceless, timeless points/moments.

Rise in Consciousness and Attraction/Alignment

When we rise in consciousness, -- by overcoming a negative attitude or focusing our aspiration or connecting to the spiritual force -- we attract and align with newly-emerging corresponding positive conditions in the world. Thus we have the power within us to change any aspect of life on earth.

Our Evolution as Mental Beings

Some people respond predominantly to physical things they can see or touch or hear. Others respond only when their emotions are stirred. These are vital centered people. They need practical examples or personal experiences to understand concepts and learn. Then there are those who respond directly to ideas. They are more of a mental bent. They engage in pure thinking, and can grasp ideas without examples.

Most of us are predominantly physical and vital beings, with a touch of the mental. Sri Aurobindo says we are evolving in our mental capacity from the surface mind dominated by visual and auditory sense input to a deeper center; from the domination of our vital and physical needs in our thought processing to rational thinking, where we perceive things from many angles using logic and reason.

The spiritual realms of mind lie beyond these. Here we garner knowledge DIRECTLY without thought -- as light, illumination, intuition, revelation, and supramental perception. Sri Aurobindo says that to obtain knowledge this way -- with its tendency to know the many-sided truth of a thing in an instant -- is the destiny of humanity.

Aspiring for Cleanliness/Orderliness Can Attract It from Another

If you are one who does not so easily take to cleanliness and orderliness, and you focus your intention to get things done along those lines, you might find that before you begin, someone else has suddenly and most startlingly done it for you!

Super Synchronicity

I believe I had my first quadruple instantaneous, simultaneous synchronicity, all occurring within several seconds. Stunning moment, as there was a confluence of several things from entirely different directions, yet were exactly related in subject matter.

This is not what occurred, but imagine this: You are walking along with a friend and he starts talking about peace. At the instant he does, you look down and see a tee shirt on the ground advocating peace, and when you look up at the giant tv screen there is a TV commercial about peace, and at that very moment the iPod you are carrying starts playing a song about peace. All of this happening within 3 seconds. (Note that this is just a random point in time, where you are going about your business, and where no one had been talking about or interested in or in any way focused on the subject of peace.) Now you have the flavor of what occurred to me, as a quadruple instantaneous synchronicity; albeit under different circumstance.

I believe the Mind would become unhinged if this were Man's constant experience. The current basis of mentality could not handle it. A new basis and functioning of the brain would be necessary. It would require a non-mental mind that embraces such blizzards of super-intuitional knowledge. Sri Aurobindo calls it Supermind.

Further comment: Focusing on a matter and getting more info about it from out of nowhere is a very common experience for me. Also experiencing synchronicities of two simultaneous events. But focusing on a matter and getting instantaneous results from three additional simultaneous sources was something new. A blizzard of spacelessness and timelessness in a single moment.

Give Up Expectation; it Draws the Negative

Karmayogi asks us to give up every form of Expectation we experience, as it tends to delay, cancel, and ruin the object event under consideration. E.g. one sports franchise that had experienced 30 years of failure, finally rallied against a rival. The fans began over-expecting results from the team for the rest of the series. Immediately, they lost, and their star player was injured. As we see, expectation from one in a weak position can be ruinous. On the other hand, non-expectation for a coming event will attract surprises; forms of good fortune one never would have imagined.

Big World Inside

It's a big world out there. It's a much bigger one Inside.

The Play of Life for Divine's Enjoyment

It never occurs to us that we are all players in a Great Play acting out our individual parts for the sake of enjoyment of the Infinite Divine.

It is 'Lila,' the Play of Life.

Asking for Funds vs. Surrendering to Mother

At one level we can ask the Mother for new sources of money when we need it. It will work, is a sign of a certain level of faith, but not necessarily of yogic growth. The latter occurs when we increasingly give ourselves to Her, Surrender our very nature and being to Her, which will inevitably be accompanied by dramatic increases of money if that is what we aspire for.

Preventing One's Obnoxiousness, et al from Spreading

If you are obnoxious or in any way untoward, then that vibration will spread, and others will adopt it; so why not catch yourself when it arises. Moreover, its consecration will insure its reduction or elimination in future.

Ego and Tragedy

Ego movements invite tragedies.

Problems are Opportunities for Personal Growth

Every problem, difficulty, challenge that arises is a perfect opportunity to develop higher consciousness and engage in further personal growth.

Ancient Sanskrit Alone Describes the Aliveness, Essence of Life

Life is alive in so many subtle and astonishing ways, and yet a supposedly dead language Sanskrit is perhaps the only one that can clearly explain it or at least get to the very heart and Essence of it.

Ways to Have Positive Interaction with Others

Here are several ways to insure harmonious unfolding and a positive outcome in your conversations with others

- Be concerned foremost in what they have to say
- Focus on creating harmony, over one's Ego-interest
- Be agreeable and friendly. Avoid arguing of any sort
- Take the other person's point of view
- Speak the minimum & in a soft voice
- Consecrate the interaction beforehand
- Listen first. Be a patient listener
- Avoid judging

- Try to stay with the direction the other person is going in
 - Don't interrupt
 - Don't anticipate what the other person is going to say
 - Be patient
 - Avoid trying to constantly change the conversation in your direction
 - Imagine their soul and yours are interacting, and are one
 - Try to understand the motive of the other individual
 - Avoid speaking negative about others
 - Avoid gossiping as much as possible
 - Be truthful. Do not lie or exaggerate
 - Think before you say something
 - Imagine you are before the most esteemed individual in the world
- One more: Take joy in other person's joy.

Resistance and Opportunity

Pushing through resistances creates opportunities.

Further comment: Have seen this dynamic at work many times! Has been very helpful for myself personally, given my nature.

Intuitional Insights

Trust in your intuitional insights; i.e. when knowledge suddenly enters your mind from out of nowhere without thought.

Outrage vs. Strength

Outrage is weakness. Power to change the conditions from within is Strength.

Sweet Nature for Depraved Indicates Opening

Even the worst, depraved individual can have a sweet nature; reminding us that there is always an opening somewhere.

Knowledge when there is No Mind

Mind, Mind, constantly wants to know. When there is no mind, Knowledge flows.

Power of Token Positive Effort Beyond Resistance

Making a small token effort in a positive direction that has been previously resisted by the majority can open the floodgates to new support from most unexpected sources. People may complain about the original initiative, but they are deafeningly silent when the world suddenly rushes in to support it.

Ultimate Individuality is Service

The ultimate form of individuality is to dynamically and creatively serve others.

Freedom Allows for Infinite Variation, Possibility

As the spiritual sages have said, the first principle of life is Freedom. It allows for and includes the positive and the negative and everything in between to enable ultimate variation and possibility.

Fruits of Work in Higher Consciousness

We want the fruits of the work, but the higher consciousness experience of the work is the fruit.

Untitled

The other side of reluctance, resistance, stubbornness is a world of infinite possibilities.

Untitled

Give an inch; receive a mile.

New, Old, New

Everything that's new gets old. Everything that's old gets new.

Power of Focusing Mind

Focusing our mind concentrates our mental energies, putting us in greater alignment with the fulfillment of our aspirations.

Being Your Absolute Best, Imagining Mother for Each Person You Meet

Imagine you are about to meet a revered person, and therefore you are on your very best behavior. Now imagine regularly doing the same with your spouse, your children, your parents, your peers, your subordinates and all others you normally interact with. Maintaining that quality of interaction is a sign of a spiritually awakened individual.

Related: -Sri Karmayogi asks us to imagine we are meeting the Mother when we meet with any individual.

-"Always behave as if The Mother is watching, as she is indeed always present." (Sri Aurobindo)

Mind Divides for Navigation and Loses Touch with the Whole

Mind divides Reality into parts in order for us to navigate the world, making life livable. But Mind also gets lost in one or more of those parts, losing touch with the Whole, and therefore with the Oneness of existence.

Further comment: This is one of the central dilemmas of life that Sri Aurobindo addresses throughout 'The Life Divine,' especially Book II.

Living in the Now and the Psychic Being

There is a world of difference between getting caught up in the present and living in the Now.

Further comment: One gets caught up in the present due to the tyranny of the Mind which asserts in one direction or is lost on the surface; the pull of the Ego which wants things according to one's own vital and physical needs; our limited, Finite view of things; and the pressure and strain dictated by Time.

In the Now we are beyond the limits of Mind and experience identity with the needed Knowledge; we are free of Ego, instead experiencing Oneness with other and life; we perceive Infinite potential instead of finiteness; and live in the timelessness of the current moment, unburdened by the pull of the past and the wants of the future.

Sri Aurobindo tells us that when our poise is centered in the depths within in the Inner and Psychic Being, we move from Mind, Ego, Finite, and Time; replacing them with Intuition/Supermind, Oneness, Infinity, and Timelessness.

How do we experience the Psychic Being? Through constant Consecration; i.e. self-offering of the details of our lives to the spiritual Force; the divine Mother.

Love as Ultimate Truth and Mother's Experience of Creation as Love's Pulsation

"Love is the only reality and it is not a mere sentiment. It is the ultimate truth that lies at the heart of creation." (Sri Aurobindo)

Comment: The Mother had a powerful experience of Creation where each movement of Creation of the universe was accompanied by a great wave and Pulsation of Love. It shows Love is the power behind creation; behind everything.

(It's a powerful experience of Hers explained in detail in the Agenda -- her 13 volume dialogue with her main disciple Satprem covering the last 20 years of her life in 5,000 pages.)

Further comment: It is Mother's experience of April 12, 13, 1962, further explained in May 1962.

Additional: Love is the basis of all other spiritual attributes.

Work Perfected as Key to Success and Life Response

Perfection in work is key to evoking great and sustaining success - in terms of the details, one's attitude, fortitude, values, skill, knowledge, effort, etc. When the work reaches a certain level of perfection, through a combination of these, life takes over and responds overwhelmingly.

Cause of Yawning

-When the body cannot keep up with the mind it yawns.

-When the thought is blocked by the reluctance or inertia of the body it yawns.

Negative Response to Neglect

Neglect causes the negative to spread widely and vociferously.

(The Great Plague of London during the Restoration is an example.)

Untitled

Every turn in the road is another means of progress.

Changing Yourself to Change the World

If you want to awaken all of humanity, then awaken all of yourself, if you want to eliminate the suffering in the world, then eliminate all that is dark and negative in yourself. Truly, the greatest gift you have to give is that of your own self-transformation. (Lao Tzu)

Comment: This is literally true in terms of life response phenomenon; i.e. the instantaneousness of the response.

Additional: Sri Karmayogi has explained so many of the subtle laws of life, in an unprecedented manner. Lao Tzu was also focusing on the subtle ways of life in his works (Tao te Ching - Way of Life/Dow) That's why he made such powerful statements above.

Vibration and Tone towards Others Returns in Discussion

Have you ever noticed that the quality of the energy one puts out in a discussion (from positive to negative) returns at that same level of consciousness from the other person? E.g. if you write something to another person with a slight offensive tone, then no matter the quality of the idea, the offensiveness will come back as an undertone effecting their argument. It is as if the ideas being exchanged are secondary to the level of goodness or lack thereof being put out.

Forward and Back-Tracking View of Life Response Event

You can see any life response event from two different perspectives

1. I think or do something untoward, and a negative response ensues. (forward looking view)
2. I have a negative life response experience, and trace it back to an earlier untoward thought or feeling. (back-tracking view)

The same for positive life response events.

Mocking Comes Back Negatively

As soon as you mock a competitor, either they or another rival will come along and knock you down a peg. That is one reason humility is always in order.

Finite Resources Become Infinite through Harmony

People say resources are finite. But resources are infinite in potential. When we move from separateness to harmony, finite resources become infinite.

Paying Unpaid Taxes Can Reinvigorate US

Unwillingness of American businesses to pay taxes has punished the country, sending it into debt and slow growth. (We see similar dynamics in Greece, Spain, and other countries, though there more spread amongst the people.) If this is the case, then willingness to pay will change the economic performance of America in a dramatic way.

Limiting Views Indians Can Reverse

Q: there is a feeling in India that god will take care of the wrong doers [such as tax dodgers] and hence they remain passive. Playing safe. Is it the right attitude?

A: God CAN help them overcome the wrong if the Indian people are receptive in their consciousness to Its Force. But that will only occur if they change their attitude about a whole host of things, enabling that receptivity. They can start with loving work, making the full effort there, being scrupulously honest, developing real skills, becoming dynamic and entrepreneurial, casting off religious and social superstitions, stop hoarding gold and jewelry, etc.,. etc. With such reversals of consciousness, the Force can act as they will now be a far more receptive vehicle. Life will thereby respond with overwhelming good fortune.

Life Can Straighten Another More than Our Doing It

Life will assert itself more powerfully on others than the demands we make of them.

Further comment: E.g. if instead of complaining about another, you hold back, then life will compel or aid that person in making that change.

Subject and Object Merge in Higher Consciousness

The higher the consciousness, the more subject and object merge; becoming one with the other. In fact the distinction between the two doesn't even exist.

Further comment: E.g. I become one with you. I know, am in identity with the object of knowledge I wish to know. The work and I are one. Two nations have mutual agendas. I am one with the universe. The Source Consciousness and Being is this way. Ego, i.e. separative consciousness is not there.

Pioneering the Higher Consciousness Shifts in the Society through Spirit

Every day, week, month, and year the world inches forward in consciousness, in new thinking, in technologies, in historical developments, etc. Our part is to make the corresponding adjustment to keep up.

And yet those who have taken to the Spirit can leap beyond merely adapting to these shifts, and can become pioneer leaders for the world around us. Utilization of and ultimately surrendering to the spiritual Force can readily make this possible.

The History of an Organization and Its Way Forward To Ultimate Success

History reveals the limits of an entity or organization, and hence what values and action to adopt to make its way forward toward ultimate success. It applies to any form of organization -- whether a family, a business, an army, a municipality, or a nation.

E.g. one sports organization at its peak did very well in its offense capacity, but failed to win championships because another team with superior defensive capacity constantly bested them, securing

several world titles. Years later that same offensive-minded team remained so and again nearly secured the title, but once again fell short. Unfortunately, it once again occurred several times.

However, one day the team, consciously or subconsciously aware of the dynamics of its failed history as an offense power took the opposite approach and became defensive oriented. Immediately they secured two championships after 50 years of failure in its adopted city!

We see that when we examine the history of an entity, we see trends of success and failure. The dynamics of that history will be very telling, indicating success and failure tendencies of the organization, which reflect the character and values of the owners and founders. When the core values are reversed, whether due to a change of heart in one's beliefs or based on the reality of the outer conditions, that organization quickly moves toward fulfilling its maximum potential. In that way, history becomes a signpost of our past and the method to adopt to make our way forward to attract ultimate success in life.

Further comment: Naturally, this also applies to the individual.

Negative Behaviors Reflect Secret Inner Bothers

Many of our negative outer behaviors are due to semi or subconscious disturbance caused by other matters and concerns in our lives.

Further comment: E.g. we act with hostility to our staff members because we are bitter about our financial status or a divorce or something else disturbing. (This is a specialty area of psychiatrists and psychologists. Yet we can explore these undercurrents and self-monitor them in our own lives.)

Dwelling on Negative Outcomes Makes Them Real

Avoid anticipating or dwelling on potential negative outcomes, for you will only make them real.

Scan for Negatives and Turn them Positive

Scan your mind regularly for any negative thoughts, inclinations, feelings; and cast them aside. Rich, positive emotions will take their place.

Terrorism, Poverty, Unemployment

Terrorism has its roots in poverty and unemployment, yet there is hardly any discussion on those aspects. The media enjoys broadcasting the sensation, with insight an afterthought.

Injustice in Society Matched by Other Negatives

A society that has poverty, high unemployment, violence, etc. will invariably have injustice, plus many other negative values.

Connect a Problem in a Project to a Limitation in One's being to Reverse It

If a negative event has come to the fore that delays a project, undertaking, or similar, and you know its outer cause, look within yourself to discover a corresponding wanting aspect of your own being, and then reverse it. When you do, the outer problem that was seemingly "beyond your control" will give way and resolve itself.

E.g. a key associate and partner cannot keep up in a critical project because of poor relations with his wife, placing the outcome in jeopardy. You then realize that you are having similar problems with your own spouse. You thus decide to change your attitude toward her -- shifting from reaction of her intensity to non-reacting and from complaining to non-complaining -- causing life to suddenly reverse, dissolving the problematic outer condition.

Problems Originating in Semi and Subconscious Disturbance

Many of our negative outer behaviors are due to semi or subconscious disturbance caused by other matters and concerns in our lives. (This is a specialty area of psychiatrists and psychologists. Yet we have the ability to explore these undercurrents and self-monitor them in our own lives.)

Reemergence of Conscious Force (Consciousness)

Sri Aurobindo says that the universe emerged from a Conscious Force. I.e. that an Infinite, ineffable Being became conscious of Itself which emanated a Force, a conscious force. That Conscious Force began to fade in the creation process, became the Energy of the cosmos, culminating in matter where it was hidden, invisible, fully absorbed, involved. It was nowhere to be seen on the surface.

This is the involutionary process. In the evolutionary process that followed the Conscious Force has gradually re-emerged as animated beings appeared, who then further evolved mentality, culminating on earth in the human. At each point, the hidden, Conscious Force reemerged at a higher level.

As we evolve in our individual consciousness, it emerges even more. In each higher formation of our being -- physical, vital, mental, supramental -- that Conscious-Force takes new forms in us and in the world.

The Conscious Force -- i.e. Consciousness -- originates in the Infinite Source, becomes energy and then matter where it is lost, and reestablishes itself in the higher formations of our individual being; in the ever-emerging, increasingly conscious forces and formations of life.

Scale of Depth of Being and Level of Individuality

When we live on the surface, dominated by the visual and auditory, we tend to conform. We accept things at face value. Deeper, in rational mind, we begin to move to individuality, taking a few unique steps. Deeper still in the Inner Being, we access our true personhood, guided by the inner spirit that is connected to the superconsciousness. From there our thoughts and actions are creative and unique - in every direction; everywhere we turn. There we become a spirit-based True Individual.

Supermind and Facts Above Opinions; Integral Truth Beyond Ignorance

We have our opinions. And then there are the facts. Truth Consciousness (Supermind) gives us the facts and the Essence as one. There one moves from Ignorance of opinion to truth of Integral Knowledge. Constant consecration is the means.

What Sri Karmayogi Has Given Us

Karmayogi has made the deepest principles of life accessible, practical and easy to understand. He has given us thousands of case studies, real world example of these life laws and characteristics from novels, film, and history. Then we also see it occurring in our own lives. In this way the powerful knowledge is reinforced through practical experience. Thus, it becomes very much alive in us. And therefore it becomes relatively easy to retain.

We constantly discuss these powerful ideas at karmayogi.net forums, with our customers and clients, and through the articles we write for public web sites like Growth Online and all other MSS-related sites, where the knowledge is organized, distilled, and presented in so many ways; through text, audio, video, live presentations. Then there are the books we have written that cross-pollinate one another. Thus an integral view of existence is developed; continually churning, expanding; becoming more varied and rich.

In one sense, I and others are merely librarian and custodians for the infinite knowledge and experience Sri Karmayogi has provided the world.

I believe there has never been anything like it in world history; Sri Karmayogi connecting the cosmic wisdom of Sri Aurobindo to the many disciplines of life including education, science, philosophy spiritual growth, economics, history, current events, etc. etc., through thousands of detailed principles and hundreds of practical methods, expressed through an infinite variety of real life examples in which the miraculous came about.

Overall then it becomes a magnificent education system, revealing the infinite ways higher consciousness expresses; a magnificent means of keeping these deepest truths of life out front and in the minds of many.

On the Supramental Life

It's as if our entire spiritual life were made of silver, whereas the supramental life is made of gold – as if our entire spiritual life here were a silvery vibration, not cold but simply a light, a light that goes right to the summit, an absolutely pure light – pure and intense – but in the other, in the supramental world, there is a richness and a power that makes all the difference. This whole spiritual life of the psychic being and of all our present consciousness, which seems so warm, so full, so wonderful, so luminous to the ordinary consciousness, well, all this splendor seems poor in comparison to the splendor of the new world. (The Mother)

Comment: This is a magnificent statement. The Mother's Force gives that extra richness and power that changes life instantaneously. This is supramental existence; a new dimension of spirit discovered by Sri Aurobindo. Supermind is the Creator aspect of the Divine that manifest forms out of the formless in the creation process enabling this multifaceted universe, and has now descended into the earth's atmosphere, available to anyone who opens to it. This is a leap beyond earlier conceptions of the spirit.

Love Deeply Felt Held Back is Expressed by Another

If you hold back the outer expression of love of something deeply felt, another will express that same love outwardly when shared.

Americans' Openness, Transparency

Americans are open, transparent. That is why it is relatively easy to see through them.

Qualities of Americans

- Friendly
 - Transparent/Forthcoming
 - Generous
 - Shallow
 - Materialistic
 - Empirical (believe only in what they see)
 - Non-intellectual
 - Industrious
 - Entrepreneurial
 - Independent
 - Rise to challenges
 - Patriotic
 - Organized
 - Values Freedom
 - Allows problems to fester
 - Violence-oriented (e.g. guns)
 - Optimistic
 - Disingenuous (foreign affairs)
 - Problem Solvers
 - Practical
 - Form over substance
 - "Thinks with their bodies"
- (Visual-oriented, not ideas)

Consecration, the Psychic Being, and the Now

Constant consecration, e.g. hourly, progressively moves one closer to the psychic being, the True Self and evolving soul, where you tend to live in the Now, constantly perceiving its guidance, its lessons, the direction it is pointing to.

Past is Only to Learn from

Life is moving forward, forward. There is no need to look back; unless one learns from the past.

Low Consciousness at Outset Results in Negative Ending

When you enter with low consciousness, you pay the price on the exit. Arnold Schwarzenegger ascended to the governorship of California as a result of a false smear campaign against the incumbent. When he exited, California government was in the worst financial shape in its history. When George Bush Jr. won the presidency, it came after a dubious victory in which the Supreme Court acted expediently on his behalf. On Bush Jr.'s departure the US was embroiled in its greatest economic crisis since the Great Depression. Thus the beginning indicates the final outcome. In these cases, low consciousness beginnings.

Consecration and Change in the Mind

Constant consecration softens the mind and makes it malleable, logical, and open to all knowledges and truths, instead of the ones our senses and lower vital being insists on.

Conception, Perception, Sensation/Realization

We can see three ways by which knowledge is garnered, apprehended: through Conception, Perception, Sensation/Realization.

Conception is when we conceive of an idea. It is pure thought. Perception is when we have the experience of the idea in our lives. Realization is when we simply know the concept as it is part of the core knowledge of our being. I.e. it is second nature to us.

Some people can learn just by Conception (of the idea). E.g. a philosopher or programmer. Most people need examples of the concept explained before they know it (Perception). Some people will not even learn this way. They simply have to have experiences of it in their own lives before the concept becomes real. (Sensation)

From Separative, Lower Mind To Mind of Light

Normally our mind is dominated by the lower vital being, including its desires wants, negative, attitudes, habits, etc. that prejudice it, that prevent it from seeing the integral truth of things at any moment; that interferes and block reason and logic, not to mention higher formations of mind as light and intuition. Thus, the mind dominated by sense and the lower vital being is a dual mind, separated between what it wants and needs in its thought processing and what the truth of things really is. This separative consciousness is ego-laden and is the basis of our dual view of things.

Rising in consciousness, the mind is not dominated by sense, by the lower vital being, by need and want, by habit, by ego, and sees things, sees life for what it truly is. Through higher level of consciousness and awareness the mind begins to perceive all sides of a matter, not just the part it is attached to, incorporating other viewpoints, other truths. Now the mind overcomes the dualistic perception that separates itself from others and life and is replaced by a harmonic one. Sri Aurobindo calls this the movement from Ignorance to Integral Knowledge and Truth; from the separative lower mind to the higher Mind of Light.

Don't Give Attention to Small Pains

If you feel the occasional small pain, try to ignore it completely, as giving it more attention will only energize it.

Expect Nothing from Others to Get their Best

If you are overly prone to anticipate or demand outcomes from others, try to expect nothing from them, and they will give you and the world their very best.

Life Coming to You Indicates How to Act

One of the most powerful ways to know what to do next -- such as when trying to determine which particular content to add to a web site, or which action to take in a problematic situation, etc. -- is to notice how life is coming to you on its own, revealing direct or indirect signals of how to proceed.

Moreover, when your life is oriented around regular practice of consecration, i.e. self-offering of acts to the spiritual Force, then this dynamic becomes almost second nature.

Consecration Beyond Meditation

There are many reasons one comes to spiritual life, such as to overcome physical problems, or to surmount emotional issues, or to find clarity where there is now confusion, or to find meaning and purpose where there is doubt, or to discover something greater than our normal selves -- whether transcendent beyond us or within -- and so forth. Thus, the aim of spiritual life is to overcome a limitation or rise to a higher level at the physical, vital, psychological, and mental planes through divine methods and means.

If such aspiration is the goal of coming to Spirit, then spiritual life is useful at the point we fulfill one or more of these. However, if we meditate and do not achieve any of them in any substantial way, then what purpose does it serve? It is here that consecration is eminently effective, because it always achieves at any plane of our being, fulfilling our deepest spiritual aspirations at each. Thus consecration is progressive and evolutionary, rather than a static power. After all, we are here to make progress -- for ourselves and the world -- which is an ascending movement, not a static one.

Still one can meditate and overcome so much of the negative of life enabling us to grow and evolve. E.g. through meditation or similar disciplines we can experience the Present Moment and not be so caught up in the past pull and the future allure. We can have a direct experiences of the divine reality, of ananda, and the like, which we may have never had before. There can be so many benefits.

And yet when it moves to the point where we experience such beingness without any substantial external or behavioral or psychological effect, then it loses its true spiritual significance. One is lost in the Essence, like the rishis, yet are unable to apply it to life. Mothers' Force on the other hand enables us to fulfill any aspiration at any plane, while providing all of the spiritual aspects of meditation -- from peace to harmony to love and delight. It's the Creator aspect of Spirit and its Silent Witness wrapped in one; the creative dynamism of Supramental action and the silent stability of Sat/Being working together.

Mother Intervenes After Mistake

It appears that the Mother sometimes intervenes after you have made a mistake or done something untoward or that She otherwise does not approve of, cancelling it from manifesting in Reality, and saving you from embarrassment or something worse.

Take Time Before Judging

Give others plenty of chances to make mistakes before you judge them.

Impatience and Faulty Outcomes

Impatience can be due to the excitement or the weakening of the nerves. In either case, the Balance has been disturbed, leading to faulty outcomes.

Gain Skill to Avoid Repetition of Small Mistake

One tends to make the same small mistake a hundred or thousand times before one is willing to gain the minor skill that will prevent its repetition in future.

Anger Indicates Chink in Us

When we get angry at someone or something that has wronged us, it reveals a hidden chink in our armor.

Further comment: It is the anger I am referring that is the chink, not the alleged wrong done by the other. The anguished emotion normally attracts negative response, as if something subconsciously negative in us has been pierced and let loose, and that often has little direct relationship to the outer "wrong." Thus anger is always revealing a negative quality inside us, despite the outer condition one is troubled by. Moreover, by coming to grips with that inner limitation evokes instantaneous response from life.

Man and God Complaining

Man complains. God, the Divine complains about Man.

Our Own Consciousness Matches the Media's

We complain about the media and its frivolity and mindless obsession with stories that allure rather than inform, but we rarely consider our own drone consciousness that is fully willing to accept the superficial and banal in deference to the hive mentality.

Power of Pushing Beyond Your Limits

Pushing yourself beyond the bounds of what you are accustomed to doing is one of the keys to success in life.

Further comment: -It is to go beyond what we perceive as our current limits of what we can do, especially in terms of inner or outer effort, and push beyond that. We know where, at what points, and when we are reluctant to make the special effort beyond our comfort zone. However, when we do; when we cast that aside and prevail, entering a new threshold of effort, we move to a higher plane, release powerful energies, and attract and align with the infinite potentials of life. I have seen life respond to that dynamic so many times in my life!

-When you push yourself and have had the experiences of life responding as a result of making the effort, bringing astonishing results, you are motivated to do so again and again. Experiencing the life response power of going the extra mile lifts you into a whole new level of life. If you cannot do it a first time, consecrate the limitation you perceive that way, offering it to the divine Mother and that mental or physical block to go the extra mile will dissolve, which will sooner or later allow you to walk through that door and experience instantaneous miraculousness.

Negatively you can look at it as that you have so far failed to achieve at a higher level in your life precisely because of this factor. You are being held back. And who wants that. Until you have reached that level of intensity that "I no longer want this to be the case in my life," you may not be able to push through and enter the new realm. You are compelled to break through precisely because you can no longer tolerate being held back in your life. Again self-offering to the spiritual Force this aspect of your being will loosen things so you can fulfill your infinite potential.

Soul Connects with Soul in Supramental Life

When the Soul in you experiences the Soul in each person you meet, then you have been transformed. Sri Aurobindo calls it the "Supramental Transformation."

Supramental is Unity Consciousness

The Supramental Consciousness is one of unity; of you with life, with others, and self. It expresses as peace, harmony, truth, knowledge, goodness, beauty, delight, love, timelessness, and infinity.

Fortune and Aspiration

Fortune comes through seeking, formulating, and focusing our deepest Aspirations in life.

Ingratitude to Gorbachev

Ultimate ingratitude: Gorbachev saved the world and is rebuked in his own nation. (The beneficiary abuses the benefactor.)

God's Plan, Involution, Evolution

Evolution is part of God's plan. The earlier part or basis was/is the Involution.

Rationality and Intuition Can Solve world's Problems

Our normal mentality, with its brittleness and ego-oriented underpinning can no longer solve the problems of the world. Only pure rationality and better yet intuitions of truth that come through Supermind can devise creative, unprecedented solutions to problems, while simultaneously manifesting as a living reality, i.e. a done deed in the world.

Preventing Life Repeating that Apple Can Realize

Life will keep repeating the same thing until a counter force - from within or without - interferes. 30 years ago Microsoft offered a common OS platform that dozens of computer manufacturers utilized, while Apple only had 1, itself. The PC garnered 95% share and Apple less than 5. This dynamic is developing again with Google's Android OS and its smartphone hardware builders, as again Apple is limited to itself. Android is up to 65% share and Apple 20% and falling. Life is repeating for Apple. She can change or suffer the same fate once more, as life energies come round again with the same essential conditions.

Freedom and Romance

The first law of romance is Freedom. In that space romance can blossom to its widest possibilities and deepest depths. Often our need from another interferes with the allowing of that freedom, as we make selfish demands on the partner. That only exacerbates conditions, leading to trouble.

One man was unhappy that his partner started working at a new job in which she arrived home late. He not only complained, but took foolish actions that utterly backfired. Had he allowed her the freedom to do her work as necessary, it would have attracted positive conditions, enriching the relationship, instead of nearly destroying it.

Forget Problem to Solve It

There are times when the best strategy for dealing with a problem is to simply forget about it. That can attract its easing or resolution.

Observing Life Response in Film

Watch most any film, particularly a good one and you will be able to observe a half dozen or more life response instances in it. Tracing the positive (or negative) response back to the source behavior of the character that precipitated it increases one's knowledge of the ways of this startling phenomenon.

From Divine Allowing to Our Taking Responsibility for Our Ill-Fortune

IS: Why has God, the Divine, the Mother allowed ill fortune to descend on me?

SHOULD BE: Why do I persist in the negative attitudes, habits, behaviors, actions that attract such things?

Learning About Our Limits of Attitude When We Are Young

Viewer: When you are the problem [e.g. through wanting attitudes] you cannot see the problem so the answer is well hidden but close by. I think many lifetimes can pass before the treasure is revealed to the seeker while the solution is seen to be outside of oneself. Such a conundrum.

Response: If we learn to see such problems at an early age and that process is institutionalized in society it will make it much easier -- like learning math.

Poverty Spreading from Lower to Middle Class

When a prosperous country avoids addressing the long-standing poverty of the lower class, it creates conditions that allow it to spread to the middle class.

Further comment: Likewise, when one does not address a serious, problematic area of one's being, it spreads to the healthy parts.

Giant Miracles in a Name

The San Francisco Giants baseball team recently won two world championships in 3 years. It was a victory of consciousness, particularly of unity, that unfolded through astonishing, miraculous-like series of events. I have referred to it in several posts.

One thing I neglected to mention that adds to their startling feat of harmony is this: In the second championship season they secured a new player named "Cabrerra," who quickly became the leading batter on the team. In fact, he was leading the entire league. However in the midst of his great success it was revealed he was taking drugs. Immediately he was suspended by the league. However in the playoffs he was eligible to play again. Not to disturb the harmony and the goodness of the team, the Giants did not take him back. Now handicapped without that excellent batter, the Giants carried on.

In the playoffs they were continuously in deep trouble, yet miraculously in each series came back from the edge of collapse. In the final series, on the final at bat for the other team, that player struck out giving San Francisco the world championship. The name of the player who struck out? Cabrerra! No, not the player who was suspended, but another player with the very same name. It was a subtle hint from life that the Giants did the right thing in consciousness to keep up the inner harmony above all else by not bringing back the reckless player. It was another powerful life response reminder of the subtle, yet startling ways life unfolds.

Attraction Power of Caring about Another's Values

When you care deeply about another's values that made them who they are, they suddenly start taking a similar interest in your own.

Attraction Power of Expressing Deep Values

Expression of deep values, such as believing in the importance of Self-discovery in education attracts unexpected iterations of it from others.

Harmonic and Attraction Power of Agreeability

Agreeability evokes harmony which attracts sudden good fortune.

Being Enables Harmony and Oneness, vs Ego

In Being there is harmony and oneness with life, others, which is opposite of when we are stationed in ego.

Human Happiness vs. Spiritual-based Joy

The human point of view us to feel happy when things are going well. The spiritual perspective is to feel joy all the time, regardless of the conditions.

How Knowledge and will Fused Creates Ultimate Results

Sri Aurobindo tells us that in the plane of Supermind Knowledge and Will are fused. In that Truth Consciousness there is an integral Knowledge of things that simultaneously willfully effects, creates; and a Will that simultaneously integrally knows -- creating universal order out of infinity. And we have that

same power at our disposal when we consecrate and open to the Divine Mother, who is the vehicle for that supramental power.

Generosity of Spirit

"Generosity" is not just being free with money, but being generous of spirit.

Learning From vs. Winning the Game

We say that winning is the object of the game. But isn't it learning?

Effect of Living in the Present

When not working, just try to be in the Present Moment, without thinking. It is soothing, clear, blissful.

Fully Engaging the Acts of Life

There are hundreds, even thousands of acts we engage in the course of the day. Though each requires a certain amount of time and effort to perform, from a millisecond to hours, we tend to move out of balance with it and its needs. Often that has to do with our inability to give the act the proper level of attention; the compulsions and influences of our lower vital/emotional being; and the tendency to move out of alignment with the Present by being overly influenced by the push and pull of the past and future.

And yet if we develop a subtle sense and observe closely, we will see exactly how long each act should take, how much of our attention is required, the patience or determination necessary, and the meticulousness needed to produce a perfectly positive outcome.

E.g. as you engage the act of washing the dishes, you sense if you are giving it your proper attention; whether you are rushing it in the name of some future action you wish to get to; etc.

Now your mind stands back for an instant and senses how long that act should take; what level of your attention is required; what degree of patience is demanded, etc. As a result, you reengage the act and move forward with the right rhythm, creating a result that is nearly perfect. Moreover, the actions that follow it tend to flow harmoniously from that point forward.

Through the smallest act, you have discovered the rhythms of the universe, which you have now moved into perfect alignment with.

Small Irritants Can Indicate Big Differences

Often beneath small irritants between parties can lie big differences; whether current or emerging. Hence the expression "tip of the iceberg." Moreover, Sri Karmayogi says that things are always indicated beforehand. Thus, a small irritation at the outset of the Mahabharata indicates a coming great war between adversarial parties.

Wanting Attitude of Nation Draws Hostility from Another

Understanding how the attitude of one's nation attracts negative from the outside from another nation is indicative of the inner condition of the former. If they change that attitude to the positive, then the outer will change as well, including the non-cooperation or hostility from the adversary country. It is one way to create harmony among the peoples and nations of the world.

Creating Higher Harmony to Resolve World's Problems

The egos of nations pull in opposite directions instead of cooperating and collaborating. There are serious problems to be solved -- including global unemployment, poverty, debt, disease, instability, terrorism, weapons proliferation, and environmental degradation -- whose solution is not so much in the details, but in the level of HARMONY among the countries.

Sri Aurobindo said that all problems in life are essentially problems of harmony. It is not a problem of resources, or of similar alleged material limits, but of limits of consciousness that exist in the minds of nations that see the world through their own individual lens, instead of embracing the other.

Putting yourself in another's shoes and seeing the world from their perspective, as well as giving up your hardened position and taking their point of view are two spiritual methods that enable Higher Harmony. If nations can truly and sincerely do that, all problems of the world will quickly attract their resolution.

When Vital Lessens Mind's Control Over Body

When the lower vital emotions gain control, the mind loses the ability to control the body.

Elevation in Consciousness and Receptivity to the Force

At each essential point of reversal from our lower to our higher consciousness, we open up and become a more receptive vehicle, allowing the Force to work through us, which causes life to respond in the form of something new blossoming, or something or someone coming to us, taking us another step toward the fulfillment of our deepest aspirations in life.

We are Born Divided, Ignorant Beings

The negative attributes of our being originating in the physical mind and elsewhere are certainly habits that are enhanced by what we learn from others, but Sri Aurobindo indicates that we actually come into this world that way. He says we are born divided, ignorant beings. It is in the very fiber and nature of our being, transferred through the genes through birth. It is the legacy of the lower animal, inconscience, and material nature in the evolution.

Mother's Inner Movements in Agenda

In Mother's Agenda -- Her interaction and diary with Satprem over the last 20 years of Her life captured in 6000 pages of dialogue, -- She would often go into a meditation-like state for a half hour or so, sometimes longer, and the atmosphere would become suffused with sweetness and tremendous power. She would often Surrender to the Supreme Consciousness in that inner movement, which She often referred to "The Lord." Other times she called in the Force to overcome particular problems around her or to transform the recalcitrant parts of her being. She often called in the Supramental power so that the cells of her body would give up its inherent programming, enabling her to overcome the aging process, illness, and even death.

Mother's Use of Mantra Om Namó Bhagavathe

Viewer: The Mother found that the holy "Om Namó Bhagavathe" mantra had a transformative effect on her body down to the very cells.

Response: Yes, she did. It was her secret for a long while. One day she offered it to Satprem. I tried it a few times, when I walked through a small tunnel in downtown San Francisco, creating an echo effect.

I remember she explained it something like this:

Om = I invoke the universe, the Divine, the All

Namó = I offer myself to Thee so the Divine Force can descend into me

Bhagavateh = I call that supramental Power into my being

Here she explains:

"I will tell you my old mantra. It keeps the outer being very tranquil: OM, Namó, Bhagavateh.... Three words.

To me they meant:

OM: I implore the Supreme Lord.

Namó: I obey Him.

Bhagavateh: Make me divine.

(silence)

This, I found, has the power to calm everything."

Viewer: Thank you for this Roy. Sri Karmayogi has written a short article on the mantra as well...I would love to see your comments on it at some point. It is a mantra I have been trying to work with.

Response: I believe it is his interpretation that influenced mine. Mother was constantly dealing with very intense experiences and situations. Often unprecedented in earth's, let alone spiritual history. She thus required a great calming influence, which is what the mantra provided Her.

Mediation and Consecration

Meditation is great, but consecration, i.e. opening to the Force has a much greater power still to overcome the limits of our being, in that it makes the change permanent.

When our group used to do meditations together, there would be great peace and bliss. Now many years later I would probably have been served better if I had called to the Force to enter my being during the meditation. In fact we often now refer to it as "Callings." Daily meditations can certainly be very valuable, but most of the people I am in close connection at the spiritual level with instead do daily or even hourly consecrations, as well as consecrating conditions, as life the cooperates from all sides. Meditation can be effective for overcoming the negative influence in our being, but only when the Force is activated can they truly be transmuted.

In any case, all paths -- meditation, consecration, calling, prayer, manta, shaktipat, rejecting the negative, devotion, love, works, etc. all are valid paths to help overcome our divided nature, turning it into integral knowledge, a purified vital being, a happy, joyful heart, and great energy and physical well-being.

Restoring the Calm and Peace on the Other Side of Disturbance

On the other side of the disturbance is always calm and peace. When each time fear, worry, doubt, confusion, impatience, depression, et al arise, and you simply push it out of mind, stillness and clarity quickly establish themselves on the other side. You are restored to your normal nature, and you are somehow surprised that you are back in your old self once more. Moreover, the more you remember that this dynamic is a reality and easily attainable, the more readily and quickly you push away the momentary negative when it arises, having confidence in a quick reversal, which invariably comes about.

Millions Die and there is Little Concern

20 million people die a year in the world due to non-age related illness, including a shocking 1.2 million in traffic accidents. Yet people are riveted and react aghast when 3 people die in a terrorist attack in America, while shrugging their shoulder at the 20 million a year who need not die. Our priorities surely need straightening, as sensation needs to be replaced by common sense.

Assertiveness Attracts the Opposite Idea from Others

You can be exuberant, even passionate about a matter, but when it spills over into assertiveness, one is bound to soon attract the opposite of one's belief.

Ignorance of Unity of Relation of Objects; Not Illusion

It is not that all objects in creation are an illusion as Buddha and Shankara explained; rather that these objects are real but we have lost sight of their integral oneness and unity. In other words, it is Ignorance of the true nature of Reality, as Sri Aurobindo explains it.

Erroneous Conclusions Based on Sense

At least a dozen times a day we come to erroneous conclusions based on what our senses tell us, especially our sight. We jump to conclusions about what we see and then have to backtrack to correct ourselves when we discover the truth. It is a VERY common negative phenomenon, yet we hardly recognize it!

Limitations of Sense Mind

A child sees a white cow and believes it gives white milk. It sees a brown cow and perceives it gives chocolate milk. It is the logic of many grown up individuals as well. In the West, and especially here in the US, we are dominated in our thinking by what we see and hear. Our mind is obsessed by the visual sense input and the material, which prevents us from using our mind for what is made for; to think things through using logical discourse. Sri Karmayogi says Americans think with their bodies (i.e. via the sense input of the eyes and ears, and other senses) rather than using mind proper for rational discourse that gets at the multi-sided truth of things.

Media's Restraint Based on Limited Evidence

The media is gradually learning not to jump to conclusions based on flimsy evidence in an unfolding event. (They have been burned too often; appearing foolish and mercenary.) It is a movement towards Silence; one that will surely benefit all parties involved.

Contradiction between Terrorists and Insincere West

Darkness of terrorists meet the falsehood of the US, UK and others, e.g. in diplomatic insincerity over the years, is subconsciously working out a resolution and higher harmony beyond the contradiction. It often takes the negative of two sides to interact to work out human progress.

Moving Out of Time, Ego, Finite, and Mind to Overcome Limits of Knowledge

Why do we have the incomplete, fragmentary knowledge which limits us? Sri Aurobindo says we are divided beings born of Ignorance, and our goal is to attain its opposite, the Integral Truth and Knowledge. How do we do this? We must move out of time, ego, finite, and mind. How do we do that? By aspiration to rise to a higher consciousness, by rejecting the various aspects of our lower nature, and by opening ourselves to and surrendering to the supramental power; the divine Mother. As we do, we come out of time, ego finite and mind, and we develop the capacity to know the integral truth of things at every moment. In addition, we experience constant peace, harmony, truth, wisdom, goodness, creativity, love, joy, timelessness, and infinity. We meet life perfectly, becoming Its Master; for our sake and that of the world.

What Can Assuage Doubt?

- Catching it and casting it aside as it rises.
- Doubt is like fear in the mind; a mental sensation that is primal-like, which can be pushed aside.
- Turning it into the Faith as it arises is be a great movement.
- Gaining knowledge of the truth of what is under inquiry.
- Developing integral knowledge beyond our Ignorance can eliminate it permanently.
- The physical consciousness naturally disbelieves the new -- i.e. doubts -- can be overcome through recognition of that tendency in ourselves and consecrating it.
- Patience that waits on the knowledge and the truth to come that answers doubt can eliminate it.
- Doubt often arises when we are tired or sleepy. Knowing that, we can simply cast it aside.
- Doubt can occur as a form of intellectuality that, like argument and skepticism enjoys itself. Moving beyond mind's assertiveness of its position at the expense of another's reduces the tendency to doubt.
- Doubt is a weakness of the mind supported by the fear of the vital which can be overcome by silencing mind, taking to faith and garnering the underlining knowledge and truth of that matter.

Expressing Sweetness to Adults

We love our little children with deep sweetness. If we only felt that way towards the adults in our lives.

Consciousness Approach to History that Perceives the True Cause of Things that Attract

A Consciousness approach to History needs to be blended with the current history, providing the world with deep insight so we can take right action in the future.

Further comment: Consciousness approach perceives true inner causes that attract the positive or negative. E.g. FDR wished the US entry into WWII. The people blindly rejected it. Life then responded negatively when the US was attacked at Pearl Harbor, forcing its entry into the war.

Attack at Pearl Harbor and Consciousness Approach to History

FDR begged the government and populace to enter the war against the Axis. They refused. As a result the US was attacked at Pearl Harbor; a negative response to American indifference.

Further thought: This is an example of a "consciousness approach to history." Sri Karmayogi has provided this in great detail, with hundreds of original insights on history, revolutionizing our view of the past. What a tremendous service he has provided the world in this arena, if only we learn the lessons and apply them to current events.

Anger vs. Righteous Indignation to Attract Negatively

Anger almost always attracts negative life response. How about "righteous indignation"? Though partially rooted in the good, it too can attract negative response; sometimes positive.

Doing the Right Thing Moment to Moment that Attracts

Moment to moment be mindful of what you are doing and what is occurring, and DO THE RIGHT THING. You know what the right thing to do is; what the right choice is to make. And each time you choose in the right direction, life will respond in your favor; right then or soon after. Follow this approach and you'll be constantly energized, and so very happy to be alive.

Lack of Gun Control in US and Negative Events

The unwillingness of US Congress to pass effective Gun Control legislation, and the mindless dominating belief of the people to accept guns as a right attracts negative circumstance like the recent Boston massacre. Like attracts like is the principle.

Further thought: the culture got used to it long ago in defending themselves against Native Indians. But where is that threat now? It's another product of a material oriented culture, and the abuse of our freedom. Also cultural values are very limited in many segments of the nation.

Perfecting Our Being to Be Receptive to Mother's Force

The Mother's Force works through us to the degree we chisel and perfect our being. It is Her power working through our level of Receptivity.

Affecting Past, Present, Future in the Ever-Present

We can control the outcome, quality of events -- past, present, and future -- through our right actions in the Ever-Present.

Deeper Truths Portrayed in Film that We Can Perceive

Hollywood takes many liberties with space and time in its wide variety of stories. It often delights the viewer, while acknowledging it is artificial, even superficial. And yet behind the highly questionable realities portrayed lies deeper truths and laws of causality that completely eludes the authors. It is subconscious truth masquerading as surface, material gimmickry. However, to perceive the deeper truths behind is wisdom. One can therefore make the mental effort, look deeper, and intuitively perceive the subtle unfoldings and truths of life, even as one patiently observes the often-childish hocus-pocus unfolding on the screen.

Changing the Events of the Past in the Present

I would like to posit this question: Can the actions one takes in the future affect the outcomes of the present? E.g. It is now conceded that the US used heinous torture to elicit confessions from alleged

terrorists after 9/11. Can that low attitude have attracted the vile attack itself, which occurred long before? According to laws of consciousness, and now of quantum physics this does seem to be a real possibility.

Further thought: - Sri Aurobindo says that when in the Psychic Being one can experience the state of the Ever-Present, the Eternal Now, where past, present and future are indistinguishable, not only in consciousness but in action.

- We can control the outcome, quality of events -- past, present, and future -- through our right actions in the Ever-Present.

Good Only From the Good

Positive developments in life emerge from the positive as well as the negative. When during WWII the German submarines were destroying the US supplies headed to Europe to help the Allies, the great American industrialist Henry Kaiser had dozens if not hundreds of liberty ships built around San Francisco Bay in an extraordinarily short period of time that helped save Europe from being destroyed. Thus, out of darkness of the German advance came the great good of Kaiser's efforts.

Now Kaiser was firmly established as a great and influential company in America. Moreover, out of his concern for his now plethora of workers, Kaiser developed a health care system within his firms to support their well-being. Out of it came Kaiser Permanente, the largest and perhaps most progressive and influential health care concern and hospital system in America.

In the first case, the positive came out of the negative. In the latter case, the positive came out of the positive. We see how life works both ways.

Now through the Mother's Force, the Supramental Power we can evoke the positive from the positive alone. Unlike modern science and other contemporary advancements, from that spiritual Power only comes the Good; meaning It is Self-Existent, never throwing off dark shadows of itself.

Involution & Evolution

-Without involution, there is no evolution.

-Evolution to the higher occurs because the hidden, buried, involved Conscious-Force in all things resulting from the Involution comes out.

-Evolution follows Involution in never-ending cycles.

-Evolution is due to the push from within of the Conscious-Force seeking to come to the surface as new, higher formation, and from Above due to the influence of the Infinite Consciousness.

Evolution through Positive and Negative

Life evolves through both the positive and negative.

From Morbid to Psychologically and Spiritually Enriched Art and Life

People enjoy the morbid -- in culture, art, and life-- because they cannot imagine positives beyond what they perceive as banal happy existence. And yet we know psychologically rich and spiritual-based life is infinitely powerful and moving, and can absorb the morose interests of the disenfranchised.

True, Spiritual Individual, the Psychic Being, and Surrender

The "True, Spiritual Individual" lives from the poise of his Psychic being, takes his cues from Its inner Guidance, has surrendered to the Divine, enabling infinite creativity and possibility to spring forth.

True Individuality from Deepest Depths

The ancient Vedas, Upanishads and Gita focused on the very deepest aspects of Individuality -- True Individuality -- which we experience when we move from the surface to the depths and come in touch with our evolving Soul. From there springs forth infinite creativity, infinite original thinking, and infinite guidance from the supracosmic planes.

Negative People Can Attract Wealth, but Dark Money Ensues

People with low values in many regards, such as being greedy and unscrupulous can still attract money, even vast quantities, because they have at least some positive values in them, such as strength, being highly organized, honest to suppliers, punctual in manner, a desire to support and uplift one's family, and an intense aspiration and desire to move ahead. The result of his efforts are a mixture of positive and negative which creates a somewhat Dark form of money. To turn such Dark-oriented money into Money of Light, the individual must become positive in all aspects of his being. That money of Light will then self-multiply, benefitting others.

D: That is the difference between a smugglers' organisation and a Pioneer's dedication. The smugglers may have some values like harmony but it is the Pioneer and his creations which exist for many generations in spite of his one and only effort. Dark money is easy to earn and it disperses very fast without any accomplishment but the Money of Light establishes it firmly on earth serving humanity. Shri Karmayogi says money has the characteristics depending on how and whom it is earned through

Comment: D, thanks for that very insightful point about the long-lastingness of the positive value; here as applied to money.

Producing as Darkness or Light

Belief of any type, intensity, etc. can produce for sure. The quality of what it produces depends on one's intent, attitudes, motives, and values. That makes all the difference -- between a world of dark, semi-dark, and light.

Begin Where You Are Now to Rise in Consciousness

You don't have to go where you don't want to be to get where you want to be. You can go from where you are to where you want to be. (Abraham)

Comment: Yes, in Sri Aurobindo's teachings he says that to grow in consciousness we begin from where we are.

Creating Our Own Infinities

Imagine if each person in the world could manifest something as powerful as undertakings like MSS and Evolve!/BonVibes in their own domain or field of interest. Then it would be a breakout of infinities. Each individual creating an infinity, a multi-verse that would be beneficial to all. That is the power that Individuality guided by the Evolving Soul or Psychic Being within us is capable of.

Supramental Power that Creates Harmony that Resolves Problems

Sri Aurobindo indicated that all problems of life are problems of Harmony. That means if we create the higher harmony, any problem will be resolved. Well, it turns out we have the Supramental Power, the divine Mother, to make that happen.

Scientific Outcomes Based Material, Empirical vs. Supramental View

The consequences of Science rooted in just the material, empirical view is to create negative outcomes for each positive. The entire industrial revolution has been like this, and it continues till this day. When higher values come to the fore, the negative side is reduced. Supramental power creates no negative side. But hardly anyone uses it yet, as it awaits humanity.

From Ape to Man to Supramental Life

Our moment-to-moment consciousness, and perceptions of space, time, and possibility is much closer to the ape than to the supramentalized beings we are on the way to becoming.

Further comment: The ape perceives physical possibilities, as well as some developed in the mind. The human the same, but more in the mind, though limited to single-line, limited mental perception. Supramental gives all necessary knowledge in each moment, plus it concurrently gets materially realized

in life. This is a startling change that is on the way to being realized by pioneer individuals, after which it will spread.

Viewer: Well said, from being much closer to the ape we've a long way to go to become a supramentalized being !!!!!

Comment: Yes, but time is accelerated when we move from mind to spiritual mind. Supramentalization, at least at the level of knowledge, can happen very quickly.

The Ape was material-oriented; very slow to change. We were like this till the last few hundred years. Mentality has been accelerating in the last 50. It takes a certain subtle but decisive shift into this new consciousness to cross the bridge to this Truth Consciousness. Plus we have a full-throttled vehicle for its realization: the Divine Mother and Her Force and Power, which has fully descended into the earth's atmosphere for our evocation.

Another way of saying this is that we can evolve much more quickly now that we are more fully mental beings.

Mentally a good number of us can be supramentalized within 100 years or even less. Physically it will likely take much longer. Mother's monumental effort and work in the physical cleared the way for us there.

Mother as New Species and Her Force

The Mother while in Her body was the beginning of the New Species, and Her Force is the means by which we can follow.

Money and the Spiritually Inclined

Money flows to greedy people and to spiritual people, and to everyone in between. The question is whether we want it Dark or Light or in between. Spiritual people want it Light, which may require special qualities. Also many who come to the Spirit are predisposed to not knowing the rules of money; are less than mindful in this area. Also many who come to the Spirit simply do not care for money.

Karmayogi asks us to tie the two ends together; of money and spirit. Those fully predisposed to Mother and also have the Money aspiration will discover it in buckets. They will receive the Money of Light, which will aid in bringing about the New Dawn.

Core Education Values to Learn

One's motivation, inspiration, meaning of life interest, and self-exploration are among the core education values that create the will to learn.

Further thought: And it's not just will to learn, but will to become.

Overmental-based Gods Surrendering to the Mother

The Mother had many powerful experiences with the Gods, including Durga, Shiva, Krishna, Ganesh and others. They would appear live before Her and she would request that they surrender to the original Goddess, the Divine Mother.

She understood that each God was perfect in its own domain, but was ignorant or even at odds with the other Gods. This indicated they were at the universal plane of Overmind. In Overmind each thing is integrally perfect and knowledgeable in its own field, but has in its individually separated from the other perfections and knowledges embodied by other Gods. This is resolved by surrendering to the Divine Mother and Her Force which is at the plane of Supermind, where each individual truth is not only perfect and integrally embodied, but is in complete harmony and unity with every other truth. It is where each God would be perfectly aligned with every other, instead of merely asserting its own capacity. That could only happen in Supermind by their surrendering to the supramental Shakti of the Divine Mother, the Conscious-Force source of creation.

Similarly, we in life can come to know and embody the integral truth of things beyond our limited capacity, thereby attaining the Truth Consciousness in all planes of our being by self-consecrating and surrendering to Her in our daily lives.

From Goal to the Deepest Context of Inner Aspiration

"In the measurement world, we set a goal and strive to achieve it. In the universe of possibility, we set the context and let life unfold." (B. Zander)

Comment: Magnificent. There is a gradation from one to the other based on our level of consciousness. The Old world is to set a goal with mind and go after it. Time, space, inner resistance, ego, and imperfection are among the obstacles. The New world is to have an aspiration in our deepest parts, and life brings the result (i.e. the achievement of the goal) through instantaneous miraculousness. Consecration is what enables us to transition from the old way to the new.

Solving Us Problems

On why the US has difficulty solving its problem of poverty, stagnant wages, skewed income distribution, etc.

The US is a land of liberty and freedom. It is less so a land of cooperation among its parts -- i.e. the government, its businesses, its institutions, and the citizens. They rarely work together because cooperation is less of a value in the country than freedom, individuality, entrepreneurship, etc. As a result there are not comprehensive solutions to problems, such as poverty, in which all of these sectors work together in harmony.

When the problem is not addressed it spreads. It can eat at the fiber of the nation.

There is always a chance to reverse course. For that to happen, values need to change. Psychological values must replace material ones. They need to expand beyond freedom to cooperation and harmony.

Sri Aurobindo says all problems in life are problems of harmony. Harmony here is the cooperation and collaboration of the segments of society. The American must stop thinking with his body (i.e. material only view), but with his heart and mind. That will bring the harmony among the parts and resolve all pending problems.

On Discord Between Women

"One big inner struggle for man is between two women — mother and wife — later mother and sister." (Karmayogi)

It can be related to a kind of possessiveness and rivalry of women; about the man, the children, material property, -- taken as "mine is the best and what I possess" and don't you interfere -- thereby "guarding the gates" from other women rivals. Verbal spats and conflict are the other expressions of the vital and physical possession.

Also the vital is more developed in women than men and she is therefore more likely to feel such possessiveness and rivalry and express it outwardly when interacting with other women. (When multiple vital feelings are expressed, it has more potential to lead to conflict, even as it also leads to spontaneous positive emotional bond and sisterhood between them from the other side.)

Questions of History

(by N. Asokan of MSS, with my responses)

1. What is it in Jews that brought on them the holocaust that made some 6 million of them lose their lives. Is it the karma of killing Jesus centuries ago or something else? What was their God Jehovah doing when his worshippers were being gassed to death? If he was only a helpless mute spectator, then how does he deserve to be called the One and only True God?

-- He was a dark force, one of the four Mother identified as the great asuras. I believe Karmayogi said something to the effect that the Jews went through hundreds of years of transformation in a few, as the terrible ordeal of the people enabled them to give up their superstitions, enabling them to become a more fully rational people. Compare this to the superstition still of many Muslim and even Hindu followers.

2. What was special about the city-state of Rome that helped it to form an empire? One city forming a whole empire sounds incredible. But that is what happened and it demands an explanation. --There were many city states in what was ancient Italy. She then garnered great power and

overwhelmed neighboring city states, regions, peoples, while still being autonomous. In essence, Rome became the capital of her empire. Why she gained such power to begin with would be an interesting study. I read that she made strategic alliances with neighbors, then broke them, and conquered them. Why she followed this and similar dynamics to be so expansive is likely explained.

3. Napoleon has been estimated to have killed off at least a million French Soldiers by his military campaigns. By today's human right standards this is a serious crime deserving exemplary punishment. Still Sri Aurobindo calls the work that Napoleon did as "wholly admirable". How can an act viewed as a serious crime be described as wholly admirable. What could Sri Aurobindo have meant by his statement. --Napoleon helped bring democracy and freedom to many nations of Europe, although it can be seriously questioned whether it was necessary to do so by force. It is interesting that his birthday is the same as Sri Aurobindo's, and he may have been Him in a previous birth.

4. Mother describes Russia as being mystical in her essence. If so how come a mystical country took to God-denying communism for nearly seven decades.

--Communism was caused by a mental ideal going sour. Such "isms" tend to rise in a mental age, but as Sri Aurobindo indicated they are too often too rigid to be successful (as a higher consciousness still is needed to deal with issues of modern times). Russians have a mystical bent, but also a violent bent, and an unorganized consciousness in various ways. Mysticism is not the same as spirituality. It has occult powers, which does not automatically imply goodness and stability, or even divinity.

5. Mother describes Shankara, Buddha and Swami Vivekananda as incarnation of Lord Shiva. If so in what ways are these great men incarnations of Shiva who is described in the puranas only as the God of Destruction. How can a philosopher advocating illusionism be connected with the lord of destruction?

--The god of destruction is really the Force that clears out the old to make way for the new. It is not an evil, destructive power, but one that enables regeneration. There are natural forest fires that help clear out the old growth allowing for a more fertile environment for the new. Perhaps these great spiritual figures are doing the same, each in their own way.

6. Both the Kennedy brothers died a violent death. John Kennedy was a young and very charismatic American President who was responding to suggestions for nuclear disarmament. But he was killed off unexpectedly. Can we see that forces maintaining nuclear power removed him from the scene?

--Mother in Agenda indicated that Kennedy and Khrushchev had the right consciousness to bring about Détente in the world. It did not happen as both were destroyed; one through assassination, the other by being rudely forced out. She indicated or at least hinted at that there were invisible dark forces that compelled or were behind the real forces/individuals in the world that drove them out of existence. Also those were very violent times in terms of civil rights, the war in Vietnam, etc. and there were various forces aimed at getting rid of the Kennedy brothers who were in opposition to these reactionary beliefs.

7. Mahakali is described as mother's emanation of Force and Power. But Mother describes in the Agenda that the attack on the Ashram during the anti-Hindi agitation of the 1960s was her work. If so how can an emanation of Mother Herself work against her own ashram?

--Perhaps the ashram was in darkness somehow at that time. Mother often saw that people around her were in opposition to her goals, but she remained quiet and worked to overcome it from within.

8. Both the apostle of Non-violence Gandhiji and his disciple Martin Luther King died by violence. What should we learn from this?

--In violent, changing times anyone can be a victim. There were many forces against them and the change they represented; whether the means of the two was violent or non-violent. We know Gandhi's non-violent tactics delayed independence for India and directly contributed to millions of death, partition, and now potential nuclear confrontation.

9. The Divine chose to bury himself in ignorance and slowly evolve out of it in which process he unavoidably faced suffering, evil and falsehood. Instead of sinking into ignorance from knowledge why it did not occur to him to evolve from Knowledge to greater knowledge by which he would have only enjoyed greater delight and greater perfection instead of facing suffering and evil? --It would have limited variation, possibility, multiplicity of joy of discovery.

10. Life Divine says life on earth has a purpose which is the progressive manifestation of the Spirit and that earthly life is purposefully leading to the emergence of the supramental being. But biologists say that they cannot detect any purpose in biological evolution as it is being guided only by random

mutations selected by natural selection. How to reconcile the divine purpose with the scientist's view of random mutations guided by natural selection.

--Scientists are only looking at the surface of life, not the depth. Supramental beings will be so at all levels of being - spiritual, mental, psychological, vital, and spiritual. At most of these levels scientists are asleep and ignorant for understanding normal human life, let alone for spiritual and supramental beings. Also the supramental change at the physical level may be the last (of the planes) to occur. So even if scientists could detect something here (which they don't seem capable of now), there may be not much to detect amongst people of the earth at this point.

Thoughts on the Physical Mind

(by N. Asokan of MSS, with my comments)

1. The physical mind goes by external form and appearance only and rarely looks for inner content.

--It has no deep values, such as content over form.

2. It knows only its point of view and will insist on what it knows and hardly listen to any other point of view.

--The lower part of mind is deeply connected to the lower vital nature, which is ego-oriented, insisting on its position in the mind.

3. It has great faith in the power of money and position and will hardly believe that values have any equal or greater power.

--It sees that only the rich and famous and powerful determine things, but it is deep values, or will or aspiration that enabled them to achieve, which is a deeper aspect they do not see.

4. It believes only physical proofs and won't believe theoretical claims and inferences.

--Living on the surface in sense mind, it only believes what is physically presented to it. The thinking process is left behind. The film '12 Angry Men' is a tremendous demonstration of this.

5. When it comes to treating illnesses, it relies only on medical treatment and will hardly attach any importance to psychological therapy.

--People see that the medical solutions often work to a degree to treat people, not knowing that the source causes of the illness is psychological, and thus inner solutions are far more direct and effective. Spiritual solutions are unknown to them.

6. It cares only for results and not for the means or how the result has come about.

--The physical consciousness wants shortcuts, as it is lazy; does not want to move to make the necessary, commensurate effort.

7. Even after seeing the power of grace successfully demonstrated, it can doubt again the efficacy of grace the next time a similar problem arises.

--There is no mental mechanism for the experience to be internalized. If it wants to learn however, or rather it sees in plain daylight the truth of its action, the physical can adopt the Grace even faster than the vital and mental individual.

8. It cares only for short-term solutions and hardly has any long-term perspective.

--Living in the outer sense mind, and dominated by vital wants and needs, and physical urges of the body, it demands solutions now. It cannot wait.

9. It relies on sensory evidence and gives only secondary importance to higher types of evidence such as that given by mind.

--Truth is at all planes - physical, vital, mental, and spiritual. It does not embrace all of these as evidence, and when it does it takes the lowest common denominator of each of them.

10. It is easily fooled by verbal assurance and does not distinguish between external assurance and inner intention.

--Individuality is nowhere to be found. It is like the stupid character Lenny in Steinbeck's 'Of Mice and Men,' who utterly depends on his friend for assurance and truth.

Money and the Spiritually Inclined

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Money and Spirit Together

Karmayogi asks us to tie the two ends together; of money and spirit. Those fully predisposed to Mother and also have the Money aspiration will discover it in buckets. They will receive the Money of Light, which will aid in bringing about the New Dawn.

Mother, Gods, Overmind, and Supermind

The Mother had many powerful experiences with the Gods, including Durga, Shiva, Krishna, Ganesh and others. They would appear live before Her and she would request that they surrender to the original Goddess, the Divine Mother.

She understood that each God was perfect in its own domain, but was ignorant or even at odds with the other Gods. This indicated they were at the universal plane of Overmind. In Overmind each thing is integrally perfect and knowledgeable in its own field, but has in its individually separated from the other perfections and knowledges embodied by other Gods. This is resolved by surrendering to the Divine Mother and Her Force which is at the plane of Supermind, where each individual truth is not only perfect and integrally embodied, but is in complete harmony and unity with every other truth. It is where each God would be perfectly aligned with every other, instead of merely asserting its own capacity. That could only happen in Supermind by their surrendering to the supramental Shakti of the Divine Mother, the Conscious-Force source of creation.

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Untitled

"In the measurement world, we set a goal and strive to achieve it. In the universe of possibility, we set the context and let life unfold." (B. Zander) [thanks to Martyn Green]

Comment: Magnificent. There is a gradation from one to the other based on our level of consciousness. The Old world is to set a goal with mind and go after it. Time, space, inner resistance, ego, and imperfection are among the obstacles. The New world is to have an aspiration in our deepest parts, and life brings the result (i.e. the achievement of the goal) through instantaneous miraculousness. Consecration is what enables us to transition from the old way to the new.

Solving US Problems

On why the US has difficulty solving its problem of poverty, stagnant wages, skewed income distribution, etc.:

The US is a land of liberty and freedom. It is less so a land of cooperation among its parts -- i.e. the government, its businesses, its institutions, and the citizens. They rarely work together because cooperation is less of a value in the country than freedom, individuality, entrepreneurship, etc. As a result there are not comprehensive solutions to problems, such as poverty, in which all of these sectors work together in harmony.

Unaddressed Problems Spread

When the problem is not addressed it spreads. It can eat at the fiber of the nation.

Higher Values and Changing Course

There is always a chance to reverse course. For that to happen, values need to change. Psychological values must replace material ones. They need to expand beyond freedom to cooperation and harmony.

How Americans Can Create Higher Harmony that Solves

Sri Aurobindo says all problems in life are problems of harmony. Harmony here is the cooperation and collaboration of the segments of society. The American must stop thinking with his body (i.e. material only view), but with his heart and mind. That will bring the harmony among the parts and resolve all pending problems.

Expansion of Neglected Problems in US

When you neglect a problem, it expands. E.g. US has not dealt with extensive poverty among the lower class for over 50 years. As a result, many in the middle class have now fallen into poverty as well.

Mind's Activity and Intuition

Mind's incessant activity drowns out the Intuitional thoughts that well up from within (the Subliminal being) or "without" (from the planes of cosmic Mind).

Life Response and Supramental Age

Life coming to you with sudden good fortune from out of nowhere is the hallmark of the Supramental Age.

Thoughts on World History

The following thoughts are based on a "consciousness approach to history."

--Gandhi brought independence and a nation state to India, yet through his non-violent tactic prevented the British from leaving in the 1920s, which gave time for partition to develop, culminating now with India and Pakistan as cross-border nuclear enemies. (This was Sri Aurobindo's and the Mother's view of Gandhi.)

--Europe and the US meddled in the Russian Revolution, which helped shift the revolutionaries to radical communism, leading to the a militaristic state led by Stalin threatening the world and creating the state of Cold War with the West that could have led to destruction of the world through nuclear weapons.

--Mother's power moved through Gorbachev who dismantled the dark Soviet system from within and ended the Cold War without anyone dying, creating perhaps the most miraculous turnabout in world history. (Indicator of the Supramental power)

--The Cold War did not end because of Reagan, but despite him.

--9/11 was in one sense the culmination of 100 years of meddling and interference in the Middle East and Arab states.

--In the evolution of history the Middle East was left behind, and reduced to its current pathetic state. (Out of Africa religion came to the Middle East, and spirituality in Asia. The energy from the Middle East was left behind as it entered Europe which evolved and prospered, and whose dynamic energies then went to the US. From the US, the East has been energized, leaving behind only the Middle East nations in dire straits, including poverty, unemployment, fundamentalism, and terrorism.)

--The Mother predicted the end of Communism in 1973 when the West was certain the communist state was beginning to prosper. Only a few years later, in the 1980s Gorbachev explained to the world that the Soviet system was economically bankrupt, which shocked nearly everyone.

--The series of natural catastrophes visiting the East Coast of the US from 2010 to 2013 is in direct proportion of the people and government unwilling to rein unregulated financial speculation.

--The West's Great Depression and its monetary speculation and greed was the primary cause of the rise of the Nazis as their country's economy system was radically disturbed, allowing the Fascists to step in. The West therefore was complicit in the rise of the system that would lead to the death of over 50 million in the Second World War, including the horror of the holocaust. Money greed has that power to destroy the world, as we nearly saw again in 2008 during the financial crisis instigated by unregulated financial speculation.

-The Mother also in 1973 predicted the end of Capitalism. (The old Capitalism of low social values is certainly dying, with socialistic values replacing them. It may become a socialistic capitalism, or some other hybrid or form we are not yet aware of. The financial crisis almost ended money-oriented Capitalism as we know it, and can repeat and do the same in future.) What is needed is a human-centered economics, not financial/money oriented.

Things that do not work will tend to come back again, and when we try them out are bound to fail once more. It is because their energy and consciousness remains the same. And yet our interference through higher consciousness can break the negative life-repeating cycle, and either neutralize it or turn it into a powerful positive.

The solution to a problem suddenly appearing in the mind without thought is Intuition.

Mind's incessant activity drowns out the Intuitional thoughts that well up from within (the Subliminal being) or "without" (from the planes of cosmic Mind).

Sri Aurobindo and Cosmic Mind

Sri Aurobindo incarnated, Embodied the Cosmic Mind; the Mind of God.

Further Comment: He often wrote and otherwise lived from the poise of Silent Mind (clear thinking by silencing the mind), Illumined Mind (vision perception), Intuitive Mind (intuition of knowledge appearing in the mind without thought), Overmind (perception of all at once w/o thought), and Supermind (integral knowledge of all that is necessary to know with all aspects in unity, w/o thought, and with the propensity to manifest as a real form in the world).

The Life Divine and Savitri were written with a combination of these spiritualized mind capacities.

They are increasingly higher formations of the highest Consciousness and Cosmic Mind of the Infinite Divine, God.

What Makes America Great

- fresh waves of eager immigrant populations
- practical organization that systematizes, automates everything
- liberty and freedom
- true Individuality
- entrepreneurship
- application of science as practical technology
- intense physical and vital energy
- increasing application of social values

Can She maintain these, as well as overcome her limits, including her material orientation that needs to move to higher vital and psychological planes? This will determine her future and influence in the world.

Additional: Yes their generosity is an expansive quality that has surely contributed.

The vast virgin land they first came to was an open opportunity. The fertile soil, the abundant resources, the resourcefulness of the people are additional factors. Europeans coming here who already knew how to build an advanced civilization was also advantageous.

True Individuals from Below Replacing Great Leaders

The age of great government leaders is coming to an end, replaced by the upwelling of True Individuals among the masses having breakthrough, pioneering influence on society.

On Evolve!

At the Psychic Center of Evolve! lies 'The Life Divine.'

Religion vs. Spirit

Religion is lesser or greater degree a distortion of the original spiritual founder or inspiration. People fight in the name of religion because of this distorting undercurrent. The Spirit is far beyond this influence and Ignorance, standing in the light of shining Truth of being.

Context of Cosmos and Out Human Potential

To know what our human potential is and what our higher consciousness can be, it helps to know the context of the Cosmos and beyond. Sri Aurobindo makes that abundantly clear. Karmayogi brings it down to the details in every conceivable direction, through thousands of case studies.

The Idea Beyond the Material

We tend to believe that the material is only what is real. In 'The Life Divine' Sri Aurobindo says that the IDEA is more essential and real than the material, as it is the seed of the material real; it's cause. He tells us that all we conceive as an Idea, a vision will become real in the world. That all the great things that have been achieved began with an idea; and the material manifest aspects of it. And that the universe itself began with the Real Idea of the Infinite Divine. They are in fact the spiritual principles of the universe that we express through our individual values and beliefs.

From Predicting to Humility, Silence

Making sure predictions of success almost always guarantees its failure. Humility and silence has the opposite effect.

On The Right Pursuit of Our Curiosity

[On whether one's probing into another's business is based on one's own healthy or unhealthy curiosity.] In any given moment; in any given situation we can have or develop the subtle sense of which curiosity is permissible to pursue and which is not. E.g. if we sense that a partner or associate is doing some harm, we can find out more from others what may be behind it. But is our perception of the situation correct or it based on a misreading of the situation, an ego movement, or a serious falsehood?

As we rise in consciousness, the subtle capacity to read into the truth of situations improve, and we are more likely to take right actions of curiosity rather than wrong ones. If we have per chance made the wrong one, then we can consecrate it, which will put us in a higher state in relationship to the curiosity dynamic for the future. Also by perfectly consecrating such situations as they arise, rather than initiating curiosity seeking actions on our own, we can attract the knowledge we seek, if indeed it is meant for our perusal to begin with.

On Karmayogi

Karmayogi has explained in great detail what is needed for the complete transformation of India, as well as the world. His thoughts are very original and cross many fields simultaneously, which is why I sometimes refer to him as the multi-dimensional original thinker and spiritual genius of our time.

The Play of Life

All the world is a play of Him. It's His Play.

God as Creator and Destroyer

"It Is Said That God Is Both A Creator And A Destroyer."

He destroys not for its own sake, but to clear out that which is outworn in order to make way for the vibrant and new.

Beyond Emotions of Self-Satisfaction and Failure in a Work

If after a success you wonder how you could have done things better, instead of being self-satisfied; and after a failure focus on the opportunity to improve yourself, instead of being sorrowful and bitter, you will be well on your way to a life of great outer achievement and inner fulfillment.

Money Circulation and Self-Multiplication

Money circulation not hoarding or holding it tight is one key to attracting money. (It multiplies money on our behalf.)

Karmayogi adds that money is beginning to self-multiply in the world, indicating it will be available to all of us at our discretion as much as we need in the future.

Further Comment: "Money and Good Will should be shared to self-multiply." (D) Yes, trust, which comes from goodwill, causes the multiply effect - for society or ourselves.

Difference Between Mind and Spirit in terms of Duration, Effort, Distance

Mind dwells in space and time. Waiting (duration) and effort and accommodating distance are its modus operandi. Spirit, more particularly Supermind (the Force, the Mother) eliminate these, enabling instantaneous miraculousness.

Life Coming to You

Life coming to you is Life Response.

Farther Comment: The old way is you going after Life.

Consecration brings life to you instantaneously. No long wait, no effort, no initiative. Results just suddenly appear at your doorstep. It's a New Way of Living.

Rising Self-Multiplication of Money Paralleled by Movement of Dark Money

The recent financial crisis showed how vulnerable we are: especially with no regulation of financial instruments traded. Hadn't the Federal Reserve in the US moved swiftly in 2008, the whole system would have come crashing down wiping out all the gains by China, India and the rest of the world in the last several decades in a matter of hours.

And yet this threat in general comes parallel to what Karmayogi considers a new age of the self-multiplication of money, which readily makes infinite-like amounts of money available to everyone in the world essentially at no cost. The hundreds of billions of dollars in the coffers in Apple and Google and the like is but one expression of this unfolding phenomenon. This is a progressive upward movement just beginning to take shape in the world in the last few decades.

When there is such a positive potential upward there invariably develops a negative counter force. The spectacular speed of infinite-like financial instrument transactions that are unregulated is one expression of the negative counter force.

Approaches to Waste & Other Environmental Abuses

(On the outrage one feels about the waste of natural resources in the world and related misuses of the environment.)

The earth has not yet learned to organize its improvements in its standard of living; i.e. the bi-products. That comes with higher values. People are at different points in adopting such values; from little to some to a great deal. So are nations. Maximum utilization of resources is a value of organization. Organization is a value of the mind. We mostly live in the vital realm of enjoyment. Cleaning up and other forms of organization are secondary. We develop the mind through education and becoming self-aware. When we are educated and self-aware we perceive efficiencies that can be brought to bear.

If we want the world to change, we ourselves have to change. In this case we must discover our own inefficiencies. When we do that the inefficiencies of the world will change.

Another factor is that all that Science, Technology produces normally is accompanied by a Dark side. The dark side of prosperity is pollution, waste, and the like. When Man takes to higher mind and Spirit,

technological or scientific inventions will tend to be Self-Existence, i.e. have positive outcomes without mirror dark ones.

For Science itself, it has to change from material view of the world, to include all of the planes of existence. Being material, empirical, Science produces negative bi-products for every scientific breakthrough. Nuclear weaponry, pollution, computer-driven financial speculation, waste of natural resources, etc. are the dark bi-products of positive developments. Science needs to evolve from physical Science to Science of Life, with the Human Being at the center. Then the good, which also produces the negative, will be replaced by the self-existent, only Good.

One's own outrage of these matters only energizes it. Calm, as well as discovering and overcoming one's own corresponding inefficiencies, disorganizations, and related lower values will attract and accelerate the outer positive change we seek for the world.

Unmanifest and Manifest Brahman

God, the Divine is the unmanifest Brahman (Reality). Creation, the universe is the manifest Brahman (Reality).

Consciousness and God

The consciousness of God IS Consciousness.

Difficult Progress through Low Consciousness

The lower consciousness -- in the form of corruption, speculation, gambling, etc. -- FORCES the issue of progress in one's favor, yet unleashes a regressive, negative movement towards that progress.

Thoughts on the Nature of Consciousness

- Consciousness is the ground of all being
- Out of consciousness came the universe, whereas we think it is the other way around
- Through its infinite consciousness God became the universe
- Consciousness is non-local. It exists everywhere in space and time and beyond
- Consciousness is the realm of infinite possibilities
- Our higher consciousness enables us to create: to activate the possibilities of the universe
- Higher consciousness accelerates creation
- The Divine is ultimate consciousness and creator
- We can rise in consciousness and become the same
- In consciousness all is interconnected; aligned
- In consciousness there is no separation between subject and object; they are one
- Consciousness is one continuous stream of existence
- In consciousness one perceives that the outer and inner are one
- Consciousness is non-dual
- Ego makes it dual, local, bound by time
- In Supramental consciousness Knowledge of a matter and its power to manifest as real are fused
- The observer of the universe determines what the universe is
- In higher conscious we turn the infinite Possibilities of consciousness into realities.
- The result of higher consciousness is endless Joy
- Out of Sat (consciousness-force of the Being) comes Delight (Chit)
- The Being (Sat) realizing Itself is Consciousness (Chit), which emanates Delight (ananda)
- Our purpose is to fully realize that - Sat-Chit-Ananda - in our lives
- Opening to, surrendering to the Supramental power, the divine Mother accelerates consciousness and Satchitananda in our Being

-The ultimate consciousness in our being resides in the Psychic Being
-Surrendering to Her from the Psychic - the evolving Soul and True Self - enables ultimate consciousness and therefore ultimate possibilities

Being in the Now and Non-Thinking

When you are able to, focus on the present with no thoughts of past and future. Also empty your mind of all thinking. You will begin to melt into peace. Things will go just right. Now Mother may appear in your emotions, giving added richness.

Stock Market and Dark Money

The stock market and its puerile values is at the heart of Dark Money that threatens global financial and economic stability.

The Body of God

Life and the universe within it are the Body of God.

Further Comment: The Infinite Consciousness, for the purpose of Delight enabled an Energy which became the forces and formations of creation.

Why God became the Universe

God, the Divine, the Infinite consciousness became the universe for the purpose of discovery of infinite variation of delight through infinitely variable forms.

Effect of Negative Means to Create a Business Result

While you can use lower vital means (unethical, deceitful, intimidating, abusive, sexual, etc.) to secure a business result, it will arrive simultaneous to a crushing blow for the organization from another area.

Utility of the Negative

All serves a purpose in the world, including the negative, since we can learn from it.

E.g. a sadhak once asked the Mother why She patiently answered all silly questions of Her devotees. She replied that everybody's question in some way gives Her the experience She needs to receive; i.e. for her consciousness and growth. Thus the silly questions never appeared as such for Her. In that way, truly enlightened people do not find fault or perceive negatives in the world.

US as Policeman of the World

The United States remains the policeman of the world because the other nations are as yet unable to collaborate and create a World Army or similar to relieve the burden of the Americans.

Pain, Illness, and Inner Resistance

Pain and illness are often due to some resistance in one's nature and the conditions.

Namaste

The Indian greeting "Namaste"

(The soul in me honors the soul in you.)

Cosmic Source Connection to Our Benefactors

We have karmic relationships with others who have seriously helped us. It is easy to comprehend in one sense as we have experienced their critical support along the way, yet somehow our relationships are undetectable across eons of time and any number of lives.

On Mistrust

The more mistrusting you are, the more you will have to mistrust.

Effect of Sarcasm and Silliness

Adding sarcasm or silliness to an exchange, like a purchase, disturbs the flow and creates lesser or greater negative life response.

From Buddha's Detachment to Sri Aurobindo's Transformation

Buddha above all others till his time was the first to address the issue of Impermanence of Life from an infinitely lofty perch. His solution was not to be attached to the forms, which would release ourselves into the silence of the void where there is no such attachment.

Sri Aurobindo went further and asked that life be transmuted so there would no longer be suffering, as well as the absence of death itself; i.e. through willful immortality. He tells us that the mind and the vital first need to be consciously transformed through the aid of the Spirit before the spiritual Force could transform the body and its cells, culminating in a new supramental being and race.

Reviving Flagging Aspiration and the Physical Consciousness

"I am not addressing any issue in particular just feel empty inside...and my aspiration is turning into desperationi want to feel the constant presence of Mother inside me...so i dont need anything else...i want to be alive inside. But all i have is a wall...dont know what's beyond. Its suffocating. What will ignite a constant light within me?"

Comment: Ask Mother to discover your deepest aspirations hidden within also that you are consciously aware of it. If it comes, it will energize you to no end.

Also note that often on the path we go through dry periods where the physical consciousness takes over, creating feelings of blahness, of a kind of ordinary and mechanical existence, without real purpose or meaning, as if one never knew the spirit to begin with.

Patience and faith that all will come in due time will accelerate the process. Calling Her to restore the feelings of being on the path, of feeling Her presence, of purpose and meaning will certainly help.

Most people take their sustenance from their vital/emotional existence. When that does not serve them anymore or if the emotional realities are not there in the current cycle we are going through, we can feel empty. Still, the same solutions outlined above will serve us well.

Beyond Illusionism to Immortality of the Body; Timelessness into Time; The Force and a Divine Life

"Roy, I have this impression that our bodies of matter are here in the moment and time is an irrelevant illusion other than to our body failing. Our body is simply a focus of energy of the soul for a time of body life on Earth. Once that body has served it's finite purpose and fails it changes form while our essence - formless and expansive as the Universe itself returns to the mother"

What you say is fully true at its own level. It is profound and eloquent.

However, Sri Aurobindo indicated the body is not an illusion and can attain immortality, so that all of the qualities our Soul and Being experienced before and after life (in its ongoing journey of discovery), can be experienced and fulfilled in Life.

As for passing of time Sri Aurobindo again asks us to bring the timelessness of the Infinite into the moments of time in creation, thereby divinizing life, giving us in life all the higher perceptions and powers of timelessness in the unfoldings of time. It is the basis of what he calls "Instantaneous Miraculousness" -- life results happening instantly in time and space -- and which I call "Life Response."

Similarly he indicates we are here to bring the transcendent power into the details of life to create a new divine life on earth through transformed individuals, including a transformed supramental body; i.e. willed Immortality of a New Species beyond the current human.

Learning from Unhappy Customers and Others

Your most unhappy customers are your greatest source of learning. (Bill Gates)

(or friends, associates, family members, bosses, superiors, co-workers, subordinates, spouse, etc.!))

Discover the corresponding negative quality in ourselves in our attitudes, motives, habits, beliefs, thoughts, decisions and actions. At each point we make a change, life will suddenly respond in our favor.

Lack of Electricity and Missing Harmony

Lack of (electrical) power (in India) indicates lack of Harmony in the collective.

Right Consciousness Qualities

All that matters is your right consciousness - optimism, cheerfulness, faith, and patience. Everything else will take care of itself.

The Learning and Expression Process

As you learn new things and have new experiences, then your explanation of an idea or phenomenon takes on new dimensions that when compressed lead to diamond-like statements of truth.

Avoidance Harmony vs. True Harmony

Often we take to avoiding situations, such as meeting with other in order to create more harmony with them. But this is not True Harmony but avoidance harmony.

I have seen this problem myself up front in dealing with perspective partners for new ventures. It is easy to step back from disharmony and avoid it. It is better still to find the inner limitation in one's self and change it, or discover the related inner change necessary that matches another's' negativity. Either way, we develop the inner strength to move to the resolution of the contradiction.

Also taking this tact will enable life to respond. E.g. when I returned to the sessions after several months of reluctance due to strain and disharmony I was shocked to see how far life had progressed. It was like a hyper jump from what I expected; and something told me that my higher conscious return was synchronous and in alignment with it. My inner shift to true harmony rather than avoidance harmony attracted tremendous results.

Spending, Circulation, and the Means of Paying

"People who come here [India] after visiting the states say that they don't have savings habit and by spending they want to enjoy life. The opposite of India."

Response: Spending and circulation (as in the US) is a very good thing. It enables money circulation which expands it for the collective., causing self-multiplication effect. However, if we spend without the means to back it up, such as on credit with the hope of earning in the future to meet match it, it can lead to vast debt. Also financial calamity that comes as a result of the unregulated speculator's action create conditions that expose the very narrow margin Americans live off of due to exuberant spending using credit card without the means to repay. US is learning balance in this regard. In addition, credit card companies (banks) made using their credit cards almost irresistible for Americans. Then the financial crisis hit, and the banks were in dire straits. A lesson for them too about the need to not wildly offer credit. It is all about balance. Indians have a number of different issue, are at a different stage; have other factors affecting their financial condition and economies.

What Is Ignorance?

What we ordinarily mean by the term "Ignorance" is lack of education or lack of knowledge about one or more issues. What Sri Aurobindo means by Knowledge is far more comprehensive. Ignorance for Him is:

- Lack of or very limited part knowledge of any issue we are dealing with or any subject, matter, or thing
- Lack of understanding of who we truly are
- Lack of knowledge of our purpose in the world

- Lack of knowledge about the true nature of reality
- Lack of knowledge of the nature, character, and principles of life
- Lack of knowledge of the different parts of our being and how they interact
- Lack of knowledge of our soul and being
- Lack of understanding of the nature of Spirit; of the universal & transcendent Realms.
- Lack of understanding of the Purpose of existence, and where we are heading.
- Etc.

From Out of Ignorance to Integral Knowledge

For Sri Aurobindo Knowledge is INTEGRAL Knowledge. And we humans are mostly steeped in its opposite, what he calls "Ignorance." Ignorance is our status born of creation, expressing in the ways listed above.

The ascent from Ignorance to Integral Knowledge (moving from logic to the planes of spiritual mind like intuition, culminating in Supermind) is the reversal from that Ignorance to an Integral Knowledge. It is the realization of Truth Consciousness in all aspects of existence for the individual.

When and How to Consecrate (Engage the Spiritual Force)

Q: What are the best ways of creating a daily plan of consecration to the divine? Should I make a particular statement to the divine when I consecrate? Your advice will be gratefully received.

A: 1. WHEN should I engage in the act?

There are many approaches: Some people like to consecrate before certain activities, such as before the start of work, before important meetings, gatherings, etc. Others like to consecrate on a regular basis such as every hour. Others still will consecrate when there is a difficulty; or when we express a wanting tendency and we offer it up; or even when an opportunity arises. Many do various combinations of the above.

2. HOW should I engage in the act?

If there is time, such as at the beginning of starting one's daily work or before a major activity or event, one can settle in before the act of consecrating. E.g. try to be silent for a moment, and then think of the coming day or activity (or problem), including its circumstance and in your mind say I offer this (xyz) to you. Then let your aspiration of offering soar to the Divine, to the Mother. Then after a moment, say and feel 'Thy Will Be Done,' indicating you have no particular expectation of precisely how things should go or what should happen (or what the solution to a problem should be). Then release from that effort, even forget about it, and carry on with your life.

All Indicated Beforehand

Sri Karmayogi indicates that everything that happens is indicated beforehand. And there are no exceptions.

Further Comment: If we develop a keen sense of observation one can verify the absolute truth of this principle. E.g. a study of Pride and Prejudice will show that every event is indicated somewhere before; often in the smallest, subtlest form.

One aspect of this is that if there is negative circumstance occurring, there were then one or more indicators of it happening earlier. This means that if at that earlier time we recognized a negative when it happened, no matter how large or small, and consecrated it, then the negative that followed it would never have occurred. That's why constant consecration is so powerful.

Small Suggestions Presage What's to Come

Every small suggestion you receive is an indicator of something big to come. So take everything seriously.

Other's Comment: it means god lies in detail. from micro to macro transformation is needed.

Response: Yes It means that the slightest nuance of circumstance is actually pointing to much larger things; and its quality will indicate in which way to decide, act, or not act, what attitude to take, etc. relative to that much larger matter. All around us are small signs of what is taking place about larger events, matters, concerns, activities in our lives.

You develop this subtle capacity by raising your consciousness, as E indicated above. It is also helpful to know the subtle laws of life.

Psychological Pain to Strength through Consecration

Consecrate every psychological pain you feel in the course of your day. It will build up psychological strength.

How to Help Your Favorite Team Win

If you can avoid vital need and desire for the team you love to succeed, they will win it all. (Remaining positive at each point will support that approach.)

Focus on Inner, Not Outer Determinism

Don't be bothered by the outer. Take to the right inner status - in terms of calm, non-reaction, patience, aspiration, attitude, faith, consecration - and the outer will change.

What Will Is

Will is the urge of the vital to execute an idea of the mind through the action of the body.

Avoid Beating On Ourselves

We can consciously come to know our defects and change them, but it serves no good to batter and heap great pity on ourselves in that process.

Expressions of Cosmic Determinates/Values in Life

The cosmic determinants of the Infinite Divine express through spiritual values -- including peace, harmony, knowledge, truth, goodness, creativity, love, and delight -- in limitless combinations in space and time; in endless events and circumstance; in never-ending types of people; through their ceaseless interactions; through boundless combinations of aspects of our being, including our changing nature; all for the Infinite's play of Delight to manifest Itself in infinite variation of forms.

See Macro from Micro

From the smallest micro event, you can determine the direction of the macro. It takes a subtle sense to perceive those signs.

Power to Become God-like

We really are capable of being God or God-like; through technology ... and of course higher consciousness. It is the empowerment of the individual to become universal; a universal being.

Positive, Conscious, Proactive Way to Progress

Usually it takes a big negative to make us change. Consciously determining life, including overcoming our negatives is not normally in our nature, so it festers until the big Problem arrives. That is the old way. We want the new conscious way, to be proactive and deal with the inner correspondence with the outer negative and change our nature now, before it blows up in our face.

Ordinary's Effect on Conscious Life

We are too busy with ordinary life to dedicate inner resources to conscious life.

Negative that Precede Great Positives

Often as a result of a negative event we see our limitation, fault, wrong attitude, action, etc. which has a great power for us to now do the right things, take new right actions. Thus negative events, circumstance, etc., often precede great positive developments and outcomes.

Outer Correspondence to Inner, which We Can Change

Our outer circumstance -- good, bad, and in between -- are exact, corresponding projections of who we are inside.

Remark: it sure is difficult to find the exact correspondence between inside and outside.

It takes honest introspection of matching all of the positive and negative conditions outside to who you are.

Take each wanting aspect of your being; success, career, money, relationships, happiness, love, etc. and see what is lacking or missing. It can be lined up to corresponding deficiencies in attitude, capacity, skill, intention, focus, organization, etc. etc. It requires an honest evaluation of your condition, and what enables you to forge ahead, and what holds you back.

Others Know You

Others know very clearly about your strengths and weaknesses.

Unraveling the Knot that Projects Us upwards

To unknot the innumerable knots of problems we have made in our confusion, one single pull of a particular knot will solve the problem. Knowing what it is, is only going to take us to the next level of life. (DC)

Comment; Magnificent statement. This subtle cause and solution is known by one who has developed subtle consciousness.

Truth vs. Mind and Society's View

Truth incorporates all sides of the matter; good and bad. Mind likes to take one side, at the expense of the other. Society, a product of mind does the same.

Tracing nuances of good and bad requires a serious mind and person. People are too preoccupied to be serious or just don't know how; or if they are, assert their limited side, view of things.

There is also the evolutionary movement. What seems bad in one time is not perceived so in another. And vice versa. Social views are like perturbations of water on the surface. The deepest nature of things lies below where the body of truth resides.

Aim of the Integral Yoga

Integral Yoga does not aim to accomplish in the ordinary human sense. Rather it is to Surrender to the Supramental Power, to the Divine Mother, enabling one to attain one's highest nature, which in turn helps the world move forward on its way to a Divine Life on Earth.

Untitled

Intensely willful execution of our vision accomplishes.

Upanishadic Expression of Our Becoming

The ancient Indian texts known as the Upanishads declare, 'You are what your deepest desire is. As is your desire, so is your intention. As is your intention, so is your will. As is your will, so is your deed. As is your deed, so is your destiny.'

Knowing When Things Will Happen

Life has hundred eyes. We too can stay over attentive and watch for opportunities, like when the milk van or post man will arrive. If we are true individuals we will know the exact moment even when we are not watching. On the other hand if we are real opportunists we will be watching all day our neighbour's supplies only. (D)

Comment: "If we are true individuals we will know the exact moment even when we are not watching." Very true! I can verify the truth of it through personal experiences.

Openness of Indians vs. Westerners Need for Proof

Indians have the Light in their bodies. Westerners are dark in their bodies; in their essential makeup, even as they are mental and highly knowledgeable at the material level. The Indians have just forgotten a lot of the wisdom and light that is there in their being. A little prodding and it will awaken. Westerners are more skeptical. You know, the scientific method, and all. You have to prove spiritual and universal and transcendent things to the Westerner, and then they want more proof and more proof, until its dry and lifeless. Indian for the most part are more like "oh, sure." They recognize the wisdom when it is described; spontaneously. Not all, but many.

Indians Not Hording Gold; Spending Money

Indians should not hold onto their gold, but spend it. Money or money value circulating creates more money; 3, 4 or 10 times or more. We Americans have known this for several hundred years.

Encouraging Indian Dynamism

Indians encouraging entrepreneurship and dynamism in their children will make them wealthy without the acute need of self-sacrifice of their parents. Education can teach them that.

Suffering, Buddha, and Sri Aurobindo

Buddha got to the heart of the suffering of the world. Sri Aurobindo showed the way out - permanently, for all generations to come.

Politics' Way and Beyond

In politics each side knows the truth about some aspect of the other side's falsehood, ignoring one's own. Beyond politics is to evolve that dynamic into all-encompassing truth, which will be beneficial to all.

Untitled

The ancient Indian texts known as the Upanishads declare, 'You are what your deepest desire is. As is your desire, so is your intention. As is your intention, so is your will. As is your will, so is your deed. As is your deed, so is your destiny.'

Beyond Accomplishing

You reach a point where one does not seek accomplishment; only continuation, and the blissful experience of the unfolding of moments.

Predicting Future Outcomes

When you perceive the subtle movements of life – of events, circumstances, shifts in outcomes, ways people are behaving and reacting, higher purposes emerging, etc. – it is not too difficult to predict future outcomes. It is one aspect of the spiritualized mentality of the supra-mental species gradually emerging from the human.

Expressions of an Evolving Individual

Several indicators of an increasingly evolved individual are:

- You worry, things bother you less.
- You become light-hearted.
- You are filled with joy.
- You have ever-increasing, more meaningful powerful life responses, coincidences, synchronicities.
- The miraculous is on the increase in your life.
- You are much calmer and less reactive.
- You faith takes on new dimensions and nuances.
- You move from the local, ego plane to the universal one of harmony with others and life.
- You perceive the utility of all things.
- You tend to be in the right place at the right time.
- You initiative less, waiting on life to move first.
- You increasingly move life from within.
- Your knowledge grows in all dimensions.
- Self-givingness towards others is increasing.
- Speech and mind and emotion are increasingly moving towards stillness.
- Patience is developing, as is cheerfulness and positive attitude.
- Others value your influence and knowledge and goodness.
- You perceive life's signs and portents to a higher degree.
- Inner richness is growing; as are feelings of connection to the Higher Power.
- You increasingly sense your Higher, True Self.

Fulfilling the Universe's Destiny through the Psychic and Mother

The ultimate purpose and destiny of the universe is the bringing of the spirit Being into the Becomings of life. It is accelerated infinitely through our connection to our Psychic Being, the Evolving Soul, which calls to and attracts the supramental power, the Divine Mother into the details of our lives.

Involution & Evolution

Involution is the movement from the One to the Many. Evolution is the movement from the Many to the One.

Outer Defects of Others and One's Own

Perhaps the highest spiritual approach for dealing with the defects of others is to see them as defects in one's own self. Correcting them inside will automatically correct the defect in the other individual.

Higher Consciousness Selling

In higher consciousness Sales – as indicated at the site www.TenFoldSales.com -- all you care about is what the customer needs; nothing more, nothing less, not to sell what I want; even if it means smaller initial sale; or no sale at all. It is one aspect of self-givingness that ends in Customer Delight. Essentially, it is the complete abandonment of Ego in the sales process and after sale. Yet life responds to our self-givingness with more sales there or elsewhere or with something else positive.

Goodness Disguising Weakness

What we too often see in others as goodness is actually disguised psychological weakness. True Goodness is a spiritual principle that resides beyond one's strength.

Further Comment: One example: some timid people seem good in that they don't react unpleasantly, but that can come from weakness, lack of psychological strength as much as timidity.

Embracing Life's Opportunities

Life is always throwing up new opportunities, but we miss them, enjoying the current conditions.

User Comment: And when we try to get the attention of Life, it evades.

Response: Yes, we must take to what Life brings. Not chase after it to satisfy our wants. The latter as you say is often futile, whereas the former is a never-ending fountain of opportunity

Self-giving to Customer Attracts

Aspiring to be more self-giving to the customer (or by the instructor to the student or the relative to a family member, etc.) in specific ways attracts: more work, opportunities, money, energy, harmony, and joy.

Paying Attention to Life

Life is constantly trying to get our attention, but we are oblivious or too busy to notice.

Act When Not Tired

Avoid acting when you are tired. It will produce wanting results. Wait till energy returns; then act. The result will be far greater. Your increased energies will now align with positive developments in life.

Shift from External to Internal Determinism

Look at all places in life where you are constrained by the external environment and don't accept it. Shift from external determinism to internal. Life will respond in your favor.

Right Attitude Far Greater than Mere Action

Right attitude, avoiding its negative iterations has 100 times greater power to accomplish than mere action.

Strength Accomplishes, Attracts

Psychological strength, not weakness accomplishes; determines the result; attracts positively.

Good Fortune Preceded by Right Consciousness

Good fortune suddenly coming one's way can always be directly traced back to a previous movement of higher consciousness on one's part.

Past Consecration Overcomes Problem's Effect on Present

"Past Consecration" is a marvelous method of undoing any existing problem. You think back on the causes -- including one's wanting attitudes, behaviors, decisions, et al; and then you offer it to the spiritual force, the divine Mother, which then moves and acts on your behalf overcoming the burden of the past on the present either directly related to the problem or in related ways.

Negative Can Presage Positive

Often a negative event precedes an opening to great positive circumstances thereafter. It can even be a seeming tragedy.

Power of Intuition Beyond IQ

Einstein's intuition, not his IQ alone, changed the world. Same with Ramanujan, the famous Indian mathematician of many decades ago. Intuition is a spiritual quality of the mind, and has infinite-like power to quickly secure the object of knowledge under inquiry.

Aspects of What Comes to You Should Be Further Investigated

If people are coming to you on their own, asking for suggestions, seeking your advice, offering opportunities, etc. and it is helped along or resolved through a particular article, principle, etc. one should immediately want to give that item or aspect more attention. It goes back to the principle that Life's Initiatives that come to you are very important, and should be responded to without hesitation or delay. Thus, when another party initiates by contacting you whether with an opportunity, an inquiry, etc., one should improve/elevate anything -- articles, content, ideas, priority of work, allocation of resources, etc. -- related to the Life-initiated contact. There will now be benefit for an ever-widening number of beneficiaries.

Further Comment: Often when people arrive this way I discover that the very piece of content that relates to their situation has a serious flaw in it that needs upgrading. I then fix it, and then say to the Divine thank you for bringing it to my attention! This happens quite frequently.

Fully Embracing the Work at Hand and Income

If you fully embrace the work that comes your way, whether low paying/profit or high -- treating them the same, with equal level of attention and self-givingness, goodwill, etc., -- your income will skyrocket.

Current is Best for Growth

The life conditions you find yourself in are the best for your personal growth.

Man's Evolution to Spiritual Being, Life Response, Consecration

Man is rapidly evolving as a mental being. Greater education, Internet content, higher values, and psychological complexity are signs of that movement. However, Man does not yet know how to evolve spiritually. The Secret and Life Response knowledge are steps in that direction. Consecration, opening to the Spiritual Force is a greater step still, as are adoption of spiritual values like harmony and self-givingness.

Divine's Sanction of the Negative

The Divine does not seek ignorance, pain, and evil, but does sanction it as necessary in the greater scheme of things.

Others Reflect Our Defects

The negativity of others (on us) reflects our defects.

Involution, Evolution, Subjectivity, Objectivity

The Involution to the Evolution is a movement from subjectivity to objectivity.

Comfort Zone & Success

Moving out of our comfort zone opens the door to great success.

Habitual Nature and Success

Our dull, habitual nature blocks potentials for greater success.

Making Full Use of What We Have in Various Ways Attracts

Let's make the most of what we have, i.e. inner and outer resources and that will help attract what we don't.

Further Comment: We can do that by taking to higher levels of organization, effort, perfection intention, will, attitudes, personal values, decisions, actions, appreciation, harmony, goodness, goodwill, self-

givingness, etc. etc. related to that which life has currently put before you. The future will then take care of itself; as we will attract more rapidly and intensely whatever is meant to come next.

Opportunities of Life Taken Succeed 90%

Opportunities that come from Life are far more important than what we want. These Openings originate from, are attracted by our True Self and Being. Responding to them brings success 90% or more of the time, whereas our own initiatives alone evoke success far less often; more often failing than succeeding.

Benefits of True Self Status over Vital Attachments

Our vital attachments to others bring happiness and joy. The joy of the need fulfilled; and the pain of it not. Buddha explored this topic in great detail. Stationed in True Self one is mostly immune from the negative consequences. There Ego has no sway.

Moving the World by Changing Our Consciousness for the Smallest Act

If you change your habit or attitude towards the smallest, tiniest act it has a power to vibrate out and affect corresponding wider collectives of individuals; including world events. Let's say you decide not to be bothered by a certain political story you are watching on tv, you might discover in the days and weeks to come that this particular issue of turmoil has been resolved at the macro level. In that way, each micro act contains the power of the macro. In the finite that is buried the infinite, like the way vast atomic energy comes from the manipulation of a tiny array of atoms and molecules. At whatever plane involved – material, emotional, psychological, social, mental, and spiritual, the infinite is buried in the finite waiting to come out. We can make that happen by changing ourselves, by shifting our corresponding consciousness upward from within.

In True Self We are Immune from Negatives of Vital Attachments

Our vital attachments to others bring happiness and joy. The joy of the need fulfilled; and the pain of it not. Buddha explored this topic in great detail. Stationed in True Self one is mostly immune from the negative consequences. There Ego has no sway.

Untitled

Be happy, be patient, be positive, be cheerful. Life will take care of all the rest.

Untitled

Being patient, positive, cheerful, and giving to others brings long-lasting happiness.

Spiritual Means of Perpetual Happiness; What Generates the Opposite

Constant Self-givingness, discovering one's True Self, and opening/surrender to the Spirit are three powerful means of attaining unflagging long-term happiness. Their opposite – selfishness; ego-orientation; and absorption in the surface and material -- generate long-term unhappiness.

Stillness and Calm in Difficulties

Stillness and calm takes one through a difficult problem much more swiftly, as life aligns with our more positive emotions.

Technology Irony in China

A startling irony: China has mostly banned Google's search engine from the country fearing the spread of truth at the expense of their leadership, and yet smartphones based on Google's Android operating system are flooding the country. China's attempt to meddle and interfere is attracting the opposite from a related area. (Higher consciousness seeks at outlet of expression despite attempts to block it.)

What Mother Wants is Surrender

Surrender is "Mother what do you want me to do in my life."

Limits of Mind to Pick Up Cosmic Vibrations

Mind is a low-level interpreter of vibrations, thought waves, real idea pulsations that circulate throughout the cosmos and beyond.

Further comment; Low-level because Mind is a very incomplete instrument of knowledge as it is able to garner only a fragment of the integral truth of a matter circulating the cosmos. Intuition - knowledge without thought - is much better; with direct Integral Truth Consciousness of Supermind best of all.

Feeling Pleasure in Another's Success

To feel pleasure in another's success is one great expression of the spiritual trait of self-givingness.

Sudden Good Fortune Coming from Others

When we experience sudden good fortune it often comes because of others' actions; whether they did something inwardly or outwardly directly on our account, or because they rose to a higher plane or level of being that aligned them with positive developments that spilled over into our domain or sphere.

Achieving Our Goals

Focusing on a goal attracts its accomplishment. The conditions are:

- intensity of will for it to be achieved
- making the full persevering effort to carry it out
- maintaining a generally positive attitude throughout
- holding down negative attitudes, ego, etc.
- watching for signs of which way to move
- embracing the opportunities life gives in return

Also, consecration (opening to the spiritual Force) will take it to the next highest plane.

Absorbing in the Needs of the Now

Fully absorb yourself in the needs of the Now, not the past or future. You will thereby gain power over all time from that Ever-Present.

Adopting Spiritual Values Makes Us Receptive to the Force

All things we do that promote the highest spiritual values -- of Peace, Harmony, Truth, Knowledge, Goodness, Love, Delight, Timelessness, Infinite, etc. -- will make us more receptive to the Force of the Divine Mother, causing life to suddenly and abundantly blossom before our eyes.

Goodwill, the Mother, & Accomplishment

If you have intense goodwill for others, take it for sure that The Mother will be with you, you will accomplish what you want irrespective of whether you have great talents for accomplishments or you have good judgment of people. If on the other hand you do not have goodwill for people around you or worse have active ill will for those whom you declare to be your rivals and competitors then you can equally be sure that The Mother is not with you no matter how talented you are, how well you understand others, how many books you have read, how often you visit centers and offer flowers and make prayers etc. Your performance will always fall way short of your expectations. So the final word on these matters is Goodwill is Mother, ill will is the Asura. Let us make a sensible choice and stay with The Mother by choosing to express Goodwill and not invite the asura to step into ourselves by exhibiting ill will. (N. Asokan paraphrasing Sri Karmayogi)

Comments: At least I know one man whose heart overflowing with goodwill unconsciously increased his income 10-fold and by the time he was about to realise it, it became three times higher. Good will even in small measures has the quality of having saturated fullness and acts as an agent to touch the divine aspects of life, e.g. an extraordinary luck. (Karmayogi)

Not Fulfilling Desire Greater than Fulfilling

To not take of the fruit can be more satisfying than taking it.

Further Comment: Restraining yourself from a desire can bring inner fulfillment of higher consciousness.

Gratitude Instead of Beneficiary Abusing Benefactor

The beneficiary abuses the benefactor. Society abuses the pioneer who worked on their behalf.

Comment: That is why gratitude is more stressed in Integral yoga (D)

Response: D has described the solution exactly.

Aspects of Non-reaction

Let us be detached and practice non-reaction to our urge, need, want-

-by withholding its verbal expression

-by not thinking about it

-by withdrawing all emotions and will related to it

-by not acting on it

Further Comment: Life will quickly respond positively to such efforts.

Manners that Indicate Honoring Divinity on Others

Holding the door open for another can be more than good manners. It can indicate that you subconsciously honor the divinity in others.

Organization of Energies of Adults and Children

In adults the energies in the physical and vital planes are often well organized, but too often for lesser or greater degree of falsehood and darkness.

Energies of Young Children

Except for the very rare exception, the energies of young children are not yet organized.

Negatives to Use Correspond to Negatives to Others

Because we are lost in time, it is difficult to perceive that most negatives that come our way correspond to negatives we have done to others. Like attracts like is the principle. Those wanting energies simply return in fresh forms; even as we are oblivious to and ignorant of their origins.

The Pioneer Individual

It is the pioneer individual who brings forth what the society subconsciously yearns for. He leads them by becoming his True Individual Self unfettered by the limits of the herdal view.

Subtle Signals from Life

If you are about to engage in an activity and at that very moment you are interrupted, you can be sure that this is an indicator of the need for an adjustment of sorts. E.g. a man was about to record an audio. And that very instant he was about to begin, his associate called. When he then tried to record the audio, there were some problems. He then realized that it would be more appropriate for the associate who called to do the audio, which he more than willingly obliged to do. As we see, the earlier interruption

was a signal of that fact. These are the subtle signals that we can become aware of that will enable us to become Life's Master.

Expressing Spiritual Values that Enable True Self to Grow

What can be incarnated in our human hearts as the Divine should be Truth or Sathiyam, Honesty, Goodness. These positive thoughts will only make the Divine or Trueself in us grow.

Using Spirit Over Politics to Create Results

Politics is too much engrained in falsehood. Our mission however is that through Spirit we tend to and evoke Truth for ourselves and the world.

Further comment: Sri Karma says people of Truth using the Spirit going into politics can have a huge impact on that collective.

Bothered by Negative of Another

The more you are bothered by a negative of someone, the more they will do it to you.

Reverse Source of Negative Attracted

Discover what in you attracted the negative and reverse that.

Create Inspirations Based on Life Response Analysis

To develop aphorisms such as I am providing, think about the outcomes that are occurring in your life and around you and try to devise the subtle life response principle behind.

Church's False Belief in their God alone

God is beyond all churches; yet churches insist that God approves of theirs alone. What a farce of falsehood.

Negative by Association in Business

When you hope to emulate a successful company that has now begun to sink by a competitor, you too will be annihilated by the same firm. (E.g. Steve Jobs of Apple expressed admiration for Sony, wanting to emulate them. Soon after Sony began to fall, mainly as a result of Samsung's emergence. Now recently Apple has been being beaten in the market by Samsung.)

Further Comment: It shows the subtle association of things; and indicators of future outcomes.

Insisting on False is Opposite of Future's Destiny

When people insist on the false -- the opposite of what is true in the current conditions -- you can be sure that the opposite is the destiny of the future..

Service at Various Levels

It's service for me, it's service for you, it's service for us, it's service for the collective, it's service for society, it's service for the world, it's service for the universe, it's service for the divine. (They are service at increasingly higher levels of consciousness. And for each ascent to the next plane upwards, there is a descent and fulfillment at the planes below.)

Forget It to Perceive What Cannot Be Fathomed

One powerful way to understand or realize something is to forget about it.

Comment by reader: How it is powerful?

Response: When you forget about it, the answer often suddenly comes.

Women More in Tune with Values than men in the West

In general, women here in the West seem to be more in tune with progressive values and unfoldings than the men. Their views more often turn out to be right compared to their male counterparts.

Making Unpleasant Pleasant and Being in Now

Making the unpleasant current moment pleasant is the way to continually live in the Now, the ever-Present.

On Strategies

1. Right strategy makes the impossible possible.
2. Strategy is the method to reach the goal quicker and surer.
3. Knowledge of the whole programme, and its theoretical explanation will help fashion the right strategy.
4. Strategies can be physical, vital or mental.
5. Strategy is a device to save time, money, material, space, and energy.
6. Strategies and systems are correlatives.
7. Strategies sometimes enable us to accomplish even when an essential is missing.
8. It can degenerate into a trick or ploy in a mean character.
9. In extreme circumstances great strategies will assume the appearance of stupid folly.
10. Nature is the greatest of strategists. (by MSS Research)

Comment: 10. Nature is the greatest of strategists." This can be taken several ways. For myself what jumps out is the principle that we should follow the initiatives of Life, not our own. Taking up the former succeeds 80% or more; the latter succeeds 50% or less from my experience. Nature is Life, Life is nature. Thus the Comment that Nature is the greatest of strategists.

Priya: Roy, Nice to read your elucidation. But how will you focus Nature with a given Business Strategy? You mean to say Nature decides the same?

Response: We can develop many strategies. We may decide to develop certain ones by carrying out all of their corresponding goals. We will take initiatives, but life will present its own initiatives and opportunities in response that may or may not follow our strategies! It does not matter; follow those initiatives presented by Life. They nearly always succeed when adopted. In other words, follow the process of accomplishment with direction, strategies, implementation, et al, but keep a keen eye on how Life Responds. It may be different than expected. Regardless follow it. It may also be AS expected, follow that too. Spirit facilitates the entire process.

Taking the Other Person's Point of View and Life Response

One of the most extraordinary principles of Life Response is that when we give up our own view of things -- however much correct -- and embrace the other person's position -- however much in error or at odds with our own perception -- life responds out of all proportion. This mind twisting truth is no mere concept, but a lived experience that conscious individuals have had throughout time.

Further comment: It is the way to what Sri Aurobindo calls "Truth Consciousness." (I.e. Supramental perception of the integral truth of any matter.)

Truth of One as Mere Perceptions

The truth of most truths is that they are perception and not, in fact, true. (Simon Sinek)

This is one sense the basis of the second half of Sri Aurobindo's The Life Divine. I.e. how to evolve from our essential Ignorance of being, born of creation, to true Integral Knowledge of ourselves and life's ways.

Expressing Opinions and Ego

People take great pleasure in expressing their Ignorance.

User question: Why?

Response: It is the ego movement of believing what one knows is the truth, whether or not it is. A great pleasure in expressing it, even if fully false.

User Question: Just by expressing what one believe (whether it is true or untrue) is ego movement?

Response: Not caring whether it is true or not and repeatedly expressing it with unabashed abandon and glee, is to be lost in Ignorance supported by the vital Ego.

Have you ever listened to a foolish person gleefully expressing a backwards political or social view? Well we do the same in other areas of life where we think we know the truth, but we don't, and take great pleasure in the expression. It's the 'Taste of Ignorance.' Others see through our Ignorance in these areas, but we do not.

Don't Speak Out Negatives of Past

When you speak of a negative that has occurred, you invite its repetition.

User Question: What about the case of 'injustice' (human rights and duties)?

Trying to improve things by calling out a problem is somewhat different than reminiscing about a negative in casual conversation, or indulging our emotions by bringing up the intensity of a past negative, etc. etc.

Hollywood does something similar with disaster movies. It stimulates the lower vital consciousness. It also attracts variations of the negativity which it portrays.

Fear to Faith

Fear converted to Faith is one of spiritual life's great transitions.

Power of Full, Exhaustive Effort

Put in the full, exhaustive effort for the work given to you; Life takes over! Completing the work for you, or attracting unexpected money, or new possibilities, etc.

Further Comment: Putting in the last ounce of energy and emotion and care and self-givingness into the work attracts the powerful positive life response benefit.

Divine, Real Time vs. Our Time

We want things to move in our time, but there is Divine time, which is the Real time. Patience is a key to make that happen. Another is consecrating the activities.

Retention of Vibration, Condition in a Place

A vibration in a place will retain that vibration for the next party, leading to the same or similar outcomes. Only higher consciousness can intervene and halt the repetitions.

Ego, Greed of Sheltered Taxes

The Economist magazine reports that \$26 trillion dollars of income is currently sheltered around the world in order to avoid payment of taxes. It is ego and greed; unpatriotism of the worst sort; detrimental to the world economy; all told, a reflection of the evil of Dark Money, plain and simple.

Law of Karma/Life Response in Action:

-US gets cyber attacked, but that is what she herself has been doing to others in recent years.

-US is attacked in 9/11, but she has meddled in the middle east region for 60 years in its own self-interest, mainly involving oil.

- Rogue nations are developing atomic weapons; but US and Russia have an enormous number of unnecessary weapons they have been reluctant to part with.
- US Northeast has had a horrific hurricane and other natural disasters recently; but she has made no substantial effort to curb financial speculation that can bring down the world economy literally overnight. (which originates in those cities/areas).
- The outer is a reflection of the inner. Here the inner negative of the US has attracted corresponding instances of the same in the outer.

Perfection in Work that Attracts vs. Its Opposite

The goal is Perfection in work, which attracts the infinite, replacing the current finite. The main spoilers are lack of patience, expectation, and self-initiatives instead of those that come from life.

All, Even Suffering Serves a Purpose

All the suffering in the world serves the development of multiplicity of possibility for the purpose of infinite variations of dynamic delight. Thus we can say that all of these parts, positive and negative, including poverty and misery, serve a role in that possibility, unfolding. From that perspective, each part plays a vital role, even the negative ones. It is life splitting and splitting into infinite variation, so Divine delight can spread into the ever emerging hyper-details as they overcome their contradictions and discover their higher nature. This is the view of Brahman, the Reality, from Supermind's perspective; not of ordinary mind. It is to perceive the Marvel of existence.

Darcy's Rise in Personal Consciousness that Affected the Collective

The story of Pride and Prejudice is essentially the tale of how one individual, Darcy, evolves from pride and ego to higher consciousness that not only elevates himself, but through his courageous inner and outer actions does the same for several families, the community at large, even the society as a whole. His is thus a movement of Soul in the world. And he does it all in the name of Love for another.

Shed Ego and Perceive Soul of People We meet

To shed ego and perceive the soul in the people we meet enables us to experience and feel the boundless Being, Energy and Activity behind all existence. (paraphrase of Sri Karmayogi)

There is a process by which one can cross ego and see the world as boundless energy of infinite existence, infinite movement, infinite activity. The process explained in the article "Unshakable Power" written by Sri Karmayogi is to bow down to the divine within every other person. When taken momentum it will lead one to be an observer when some thing from within does the job of bowing down. After a while all the people, movements and actions will be seen as one boundless energy of infinite existence, infinite movement, infinite activity which is explained by Sri Aurobindo as "When we withdraw our gaze from its egoistic preoccupation with limited and fleeting interests and look upon the world with dispassionate and curious eyes that search only for the Truth, our first result is the perception of a boundless energy of infinite existence, infinite movement, infinite activity pouring itself out in limitless Space, in eternal Time, an existence that surpasses infinitely our ego or any ego or any collectivity of egos_ _ _" (N)

Author's Further Comment: Bowing down i mean here as Namaskaram

Comment: An extraordinarily powerful experience to have. To shed ego and perceive the soul in the people we meet enables us to feel the boundless being, energy and activity of existence. I wonder if perceiving Mother in others would enable something similar.

Progress through Contradiction in Prakriti vs through Purusha, Positive Only

Without negativity, higher positivity would never have occurred has been the human condition so far. This is the difficult way of Nature (Prakriti in Sanskrit) via contradictions to higher harmony. The way of Soul (Purusha) is the other way of Life. It is a direct conscious movement to the positive through Spirit. And yet even for ripe souls it is usually a mixture of the two because the world itself is so infused with darkness.

User Comment: Unless the negativity we will never understand positivity.

Comment: Yes. But we want to change that in future; for a more conscious, divine-like existence. We want positive leading to positive. It is assured through consecration.

I should add that there have been rare moments where a positive drove a further positive. E.g. the European Renaissance of Leonardo and many others is one. Their works drove things up positively for the most part. But one wonders if even the Renaissance would have come about in its particular positive form had it not been preceded by the Darker Ages before it. In any case, it appears that there will be a gradual evolutionary movement of increase in the movement from the positive leading to positive, and away from the negative leading there.

Solving Thorny Problem through Consecration and Effort Settles Other Issues

When you are struggling with a thorny problem, consecrate it, and then patiently try your best to work your way through it, you will not only discover answers that resolve the current issue, but they will also settle related problems that have been lingering.

Receptivity at Various Planes of Our Being

When you are open and receptive physically, emotionally, psychologically, and mentally rather than experiencing negativity at any of these planes, the Force can operate best in them. They are thus the planes of, that which determine our Receptivity.

Consciousness for Settling Family Conflict

All anger, rancor and bitterness will only exacerbate a family, business, or relationship conflict. The cure is non-complaining, non-reaction, and withdrawal of all ego-based thoughts and feelings, which will attract the very best conditions for all concerned.

Deeply Appreciating a Value Attracts

I am taking "Business Ethics" for my students this academic year and I was going through a study guide from IAM UK. It was so interesting and was offering me some new insights in the field of ethics. I started comparing it with the Values of Business put forth by Garry Jacobs and Inner Outer Correspondence view by Roy Posner and it had given me a kind of silence this morning. I was really seeing at least for a moment the importance of ethics and its connectivity with the sustainability of a firm. I came out of my thoughts with a call from Vinay, a Bangalore based person whom I had done a business some 6 months back and was yet to make a payment.., which I never asked. I was exactly understanding the concept of prompt payments as a Value for progress and sustainability through my readings and the moment I realised the concept in depth for my class to students, Mr. Vinay offered me Rs 25,000/- (just now). (Sreejith)

Comment: Wonderful. Deeply appreciating the value of ethics elicited the response. When it moves from the mind to the emotions, the ideal is energized, and thus attracts the result. The response from the person who owed you and from whom you did not demand (as I understand it) was the result. Your behavior towards him was at an even higher level than ethics. It was as patient witness that is spiritual.

Author: Yes., I never demanded my share and true that I was very patient and was genuinely appreciating Mr. Vinay's efforts in that business. I had understood couple of methods in full and were experiential.

Technology vs. Higher Consciousness

Technology is wonderful, but Higher Consciousness must come first.

Randomness Can Be Known in Consciousness

Embracing of randomness is a spiritual characteristic. And yet even randomness, the unpredictable CAN be known in consciousness, making the random KNOWABLE. It happens through consecration and

intuition. Through these means we move in alignment with the subtle connection between things that are the profound indicators of the future.

Melting into Her, Not Asking for Something

One measure of the quality of our faith in Mother is that on a regular basis we are not simply asking for something from Her, but are just seeking to melt into her Being.

Perfection, Patience, and Response

Perfection comes through patience, attracting infinitely.

Emergence on Surface of Spirit in Matter

The material world is the manifestation of spirit in form.

Further Comment: You see, matter through technology and the like is becoming Spirit-like - i.e. infinite and timeless, -- which it always was underneath.

Sarcasm and Negative Response

Sarcasm is an unworthy attitude that tends to attract negatively no matter how much truth there is in the idea expressed.

Indians Inner-based Happiness

Indians are often happy inside because it is in their nature. A recent documentary film I watched on happiness showed how miserably poor Indians are often very happy. There is a fundamental deep cultural sense and essence in them.

Patience as Spiritual Aspect

Patience is a spiritual attribute. It also attracts. We notice it particularly when we shift from impatience to patience, and the positive result appears before our eyes.

Comment: Tolerance has got a limit. Patience doesn't have any limit as it is a spiritual attitude. Like perfection, patience can be raised to any level. Even Nature is considered to be patient. Nature responds to peoples' collective evil attitudes in the form of Tsunami or Tremor once in a while. Patience is beyond Nature's response also and in that sense it is spiritual.

Response: Thank you. Not having limits of what patience can be raised to is eye-opening. Thus Infinite patience can express deep spiritual richness.

Indian Doctors and other Professionals Get at the Essence of Things

Indian doctors - at least in theory - are highly capable of seeing the Essence in the patient, in his problem because Indians have the Light in their body to begin with.

Further Comment: Indians doctors and other professional can and increasingly are expressing that light through deep knowledge and warm smiles has been my experience (in the US). I and some friends have seen firsthand what a certain quality of Indian doctor can perceive.

In the realm of programming, entrepreneurship, and management they have an uncanny capacity to see the deeper truth and light in things, as I have experienced here in the San Francisco Bay/Silicon Valley area. (Ironically) India must catch up! They have forgotten the Light that burns brightly within.

Self-Awareness and Consciousness

Self-awareness is consciousness. Greater self-awareness is greater consciousness.

Spirit is Completed in Form

Spirit is not complete until it manifests as some form, material or otherwise.

E.g. spiritual precepts of personal growth and higher consciousness manifests as a software program.

Surrender to Mother from Silence of Our Being

It is one thing to connect with Mother through our thoughts and emotions; another when we associate with and surrender to Her from the silence of our Being; in essence, have a Soul-connection.

Doubt, Confusion, and Accomplishment

Doubt and confusion spoils accomplishment. It should be shunned, halted in its tracks and offered to the Spirit.

Ego Act Reversed Attracts

I withdrew a hasty and ego-driven action with an unaware contact, recognizing the wrong consciousness behind. As soon as I did, someone else INSTANTLY appeared with great praise (about my book on Life Response, he was now reading), and the possibility of association in future. It was a mirror image in reverse of my original misguided act.

Awareness of Current Problem to Past Indiscretion

Relating a current problem to a past indiscretion or hard feeling is a great awareness; one that comes especially to those related to and applying the principles of Mother and Sri Karmayogi.

Relating Current Problem to Past Indiscretion or Hard Feeling

Am working in a private concern and the cab will pick and drop us from the point on everyday. It's almost a year back, by mistake they have allotted more than capacity on one day. That day we were in the situation to adjust and sit, to reach the office. Both myself and another girl adjusted, but little bit I got irritated how come this happen? Why it's like that? Everything sorted out that time.

But today I faced the same situation that inadvertently they removed the name and happened to go in the same cab and people in the cab given space like the earlier what we did...

Mother made me realise today through the same situation for my bit irritation earlier. (PP)

Comment: Relating a current problem to a past indiscretion or hard feeling is a great awareness; one that comes especially to those related to and applying the principles of Mother and Sri Karmayogi.

Two Types of Intuition

The intuitive mind is a sacred gift, and the rational mind is a faithful servant. We have created a world that honors the servant, but has forgotten the gift. (Albert Einstein)

User Comment: people who have listened to their intuition have achieved success.

Response: Yes, there is inner intuition from the subliminal being within that percolates up positive, helpful insights and feelings, as well as external intuition from universal mind, including silent, illumined, intuitive, universal, and super minds.

Facts to Process to Essence and Revealed Knowledge

When you move from the facts to the process to the Essence, critical details and necessary courses of action increasingly reveal themselves.

Divine Sanctions, Not Wills the Negative; Supermind Perceives All as Necessary

I am not sure that the Divine WILLS for the negative to take place in life, but SANCTIONS it as necessary for the unfolding of Truth in infinite variation and possibility. From the level of Supermind one sees that all that is occurring is necessary. It perceives the true nature of Brahman, the Reality.

The problem is that we are attempting to address this issue with our limited minds. When we rise up higher to intuition and beyond, we begin to recognize the complementarity of such dualities, the resolution beyond the contradiction. At a certain level, we only can be still, surrender, and smile.

The Lower vs. Higher Good

User Comment: I cannot recall the exact quote but Mother says something to the effect of it is not the Good as people understand it that ultimately triumphs but rather the Truth, which is something very different from what commonplace humanity thinks it to be. (N)

Response: Yes, the good (lower case) is filled with its other side (the bad), or attracts it or it emerges from this lower good. The true Good (upper case) has no dark side. E.g. scientists create "good" products, but they often have negative results (e.g. pollution, nuclear bombs), but the Self-existence Good never produces the dark side. Truth is then a manifestation of that Good, or maybe its source. The supramental Truth Consciousness (accessed by opening to the divine Mother) manifests this Good. It has the capacity of perfect Truth creating.

Step Away from Confusing, Unclear Matter, and Get at Essence, which Attracts

When things are confusing or unclear about a matter, step away from it, be still, and at the right time after think about the deeper aspects and Essence of the conditions. Now profounder solutions about the issue will appear in your mind. When you then apply the answer, you will be amazed; not only about the new tactic and positive result, but about the consciousness process that enabled you to get there.

Consecrated Act Takes You to Its Intention

When you consecrate at the outset of an activity, you are taken to where life wants to go beyond your own intention.

Solution, Formula, Essence Was there before We Came to It

We never invent the solution or formula of that which we discover. The solution is actually flowing all around us. And if we move really deep, and the frequency matches, then the thought transfers into the mind, even as we think we have made the discovery.

Thus invention is really an historical event which has already occurred in the past, but was found again in our present human life.

Further Comment: Another dimension to this is that the Essence of a thing is often invented hundreds of years before, but then it hides, goes into hibernation, waiting for the right time and social context to express itself. So the modern inventor is not quite the genius he is made out to be.

Thought vs Psychic Focus of All-Inclusive Concentration

The entity Abraham suggests that when we focus on a single thought for 68 seconds continuously, it builds up so much momentum as to quickly materialise. An experiment I have begun is to do this hourly (as of this morning) with the most powerful thought i.e. The Mother. One can feel an immense build up and pressure and lightness in the mind, 8 hours work was abridged to under 4 hours (my consecration was very unfocused in between those working hours so it would likely have been more), and the whole day has generally flowed better. (N)

Comment: This is somewhat similar to "all-inclusive concentration" mentioned by Sri Aurobindo in Synthesis of Yoga and elsewhere, though there I believe the focus is completely at the gathering point of the psychic being or perhaps of the Divine Mother or both; i.e. from one's poise of the psychic, focus on Mother. The experience and life response results that come from there can be overwhelming.

My Calling Method to Mother to Evoke Vast Opportunity, Income

I have been practicing the technique of repeating Mother's name till it self-repeats on its own. Then I offer my Aspiration up till it reaches a level of intensity, which is followed by a descent of Joy that can culminate in it reaching the heart center. It can lead to the attraction of a quarter to half million dollars

per day. Then one can do it again and again. I was practicing it for a while, producing marvelous, even life changing results, including a Vast Opportunity.

User comment: Is the offering of Aspiration in this method to be done during activities or during a meditation-like calling period?

Response: The latter.

Amazingly, the information you gave above is exactly what I was looking for.

Intuition of Cosmic Truth Abridging Time

If one is intuitive, as was Einstein and Ramanujan, then one apprehends Cosmic truth knowledge of the "past" in the present for the sake of the future.

Further Comment: Ramanujan was apparently shown cosmic mathematical and scientific truths by the Divine Mother.

User comment: May be he dug deeply inside than rearing his mind higher.

Response: Yes, the Subliminal is in touch with the superconscious.

Seeing a Difficulty as an Opportunity

The best attitude about a problem is seeing it as an opportunity to learn something new. Conditions will then quickly improve.

Further comment: I had that very experience today (which compelled me to write the comment above). Here it is:

The program I was working on had some problems. There was suddenly error messages. I contacted help support, but more importantly I took the entire situation as a learning process. I thought that maybe I would learn something new as a result.

An hour or two later when I returned, the help desk said they could not recreate the problem in the first place in order to diagnose and solve it. I then went to my computer, and alas there was no problem anymore. It had in essence self-corrected.

It is the life response power of seeing a difficulty as an opportunity to learn something new.

If there is a resistance outside, then there is one inside.

Fulfillment is in One's Eternal Self at Any Age

An elderly man stands before his 56 grandchildren and ponders who it is better to be, the child or the grandfather. He wisely exclaims that there are advantages and disadvantages to each. But then he adds that what is key to fulfillment at whatever age is that one is in touch, feels deeply connected to one's Eternal Self rather than one's limited self.

Power of Force to Overcome Snow Obstacles

Another example of Life Response... This morning we have had more Snow including a Blizzard! I had to get my wife to work with a drive into the city centre, I told her that we would wait for the blizzard to ease off which it did and then make our way carefully to work. Whilst waiting I consecrated all worry of mishaps and disasters on the journey and asked the Divine to guide us safely there and me home. The main roads were not that good even on low levels but we travelled there with traffic lights on steep hills remaining on green so we didn't have to stop whilst going up them! We eventually arrived at the city centre and the gridlock that was apparent started to clear and flow in the direction that we were going in. We arrived safely at our destination passing abandoned cars and other mishaps. The journey home was even better totally stress free with hardly any traffic and clearer roads with teams of gritters working on them! (Martyn)

Comment: Very indicative of how the spiritual Force operates. It was your own personal magic carpet ride, where all obstacles are removed.

It's a New Way of Living.

Congratulations, again!

Predicting the Future

Through an awareness of the subtle confluence of events one can predict the future.

Teaching Sri Karmayogi's Knowledge to Another in Short Period

Sri Karmayogi has indicated that all the essential knowledge he has -- which is infinite beyond anyone's imagination -- can be taught to another in less than a year, maybe even a month or two. Of course, the aspiration for such knowledge must come from that other individual.

User comment: I read that statement by Sri Karmayogi. It must be through some sort of Shaktipata that this could be accomplished.

Response: He has organized the essential knowledge in his mind very clearly. Garry Sir can easily present it to anyone on Karmayogi's account. E.g. in half a dozen 2 hour sessions in 1996 over several months Garry Sir and his business partner provided me with the essential of everything I know.

Non-Positive Attitudes toward Money Repels It

You do not have to have money to attract money, but you cannot feel poor and attract money. The key is, you have to find ways of improving the way you feel from right where you stand before things can begin to change: By softening your attention to the things that are going wrong, and by beginning to tell stories that lean more in the direction of what you want instead of in the direction of what you have got, your vibration will shift; your point of attraction will shift—and you will get different results. (Abraham)

Comment: Wonderful quote. Positive relation and attitude toward money and our current monetary condition will certainly attract more of it.

Opportunities Come to Others with Problem You Have Dealt With

Life will constantly present situations where you are given the opportunity to help another overcome a problematic condition you have already gone through, understood, and even overcome. This is one of the dynamics of personal growth.

Sri Karmayogi's Original Insights

Sri Karmayogi has had thousands of original insights about life that the rest of the world has not yet realized -- in totality and in specifics.

Mind vs. Inner Poise Flexibility Along Line(s) of Thought

The mind being an inflexible instrument tends to move along one line, and if it is interrupted, forcing it into another, it becomes irritated. However, developing an inward-oriented poise enables our mind to fall silent and be more flexible, allowing it to embrace more things, more possibilities that come our way. Furthermore, when we perceive how that which came along another line actually complements and enhances the first one, then we will be well on our way to perceiving the true nature of Reality.

Solving Difficulties Reveals Unexpected Possibilities

Trying to solve a difficulty or challenge reveals unexpected new possibilities, often fulfilling aspirations we may have forgotten.

Further comment: Example: A man was struggling a bit to overcome a technical hurdle in building a web site. He pushed forward despite the obstacles. While trying to solve the problem, he suddenly discovered how to do something he did not expect to accomplish with his current software and knowledge. He thus fulfilled his forgotten aspiration to include these very features.

It is the life response power of intention and effort and positive attitude (not being disturbed by the problem).

Premature Celebration Ruins

Never celebrate or glorify before a work is accomplished, or you risk complete failure in that endeavor. Further comments: Humility and silence makes all the difference.

I just recently saw this unfortunate dynamic of one sports franchise (and their pundits) who celebrated before the game, preventing them from doing so after.

On Dealing with Life Repeating Negatively and Positively

Life repeats negatively until we break the habit or aspire for a different direction or simply recognize the repetition and not want it anymore. Positively we can reinforce the repetition by becoming aware of what in us created it positively. It repeats because the energy set in motion comes round and round again as it is not hindered, until there is an inner change one way or the other.

User comment: How we can aware negative change positive?

Response: To change negative to positive, we need to first identify how life repeats negatively in our own lives, and then take to corresponding new behaviors & consciousness, which will avoid negative repetition and make things positive

Ego and Problems We Attract

Ego overwhelmingly dominates so much of our moment-to-moment lives. And we wonder why we attract so many problems!

Focusing on Others Overcomes Ego and Selfishness

Our ego and selfishness towards others can truly begin to wane when we imagine at any moment what the other person is feeling, what is on their mind, what would be best for them, not one's self.

Connectedness of All and Synchronicities

We think that things in the world are disconnected, chopped up into unrelated pieces. But everything is connected with everything else which is why synchronicities are such a common experience of life.

Predicting the Future and Current Subtle Events

Through an awareness of the subtle confluence of events one can predict the future.

Needs if Body Tether Us to Time

The appetite and hunger of the physical body holds one in the grip of time, not timelessness.

Movement from Flimsy Religiosity to More Compelling Spirituality

As people become more educated and therefore more mental, the flimsiness of the spirituality of traditional religion will progressively reveal itself, leading to their decline. Yet that opens the door for a richer, more encompassing, more profound spirituality; one that any individual can experience, and on one's own terms.

The Secret vs. Life Response

The Secret as presented in the video and film is a subset of the Life Response phenomenon. However, the True Secret (which Garry Jacobs explains in his site and articles) is the same as Life Response.

On Short Film 'Validation'

It's a wonderful and clear little film that brings out so many things
-about our sense of self-worth

- about what determines how we feel about ourselves (whether outer-determined rather than inner)
- about the need to develop a greater depth of being rather than having a facile positive view of life
- about our ability to change ourselves, from say a surface orientation to something deeper, when we perceive our limitations in our happiness and being
- about how we often go through a period of darkness to make that transition
- about how if we make that inner change and express it (whether through greater depth of character or through self-givingness), we suddenly attract positive results from life
- about how Romance can compel us to become better persons if we seek out that possibility when it presents itself.

The Positive Influences of the Subliminal Being Within Us

Sometimes when you wake up you discover you have the complete solution to a problem, or you awake with something new in your mind that is of considerable benefit that you can now implement. This knowledge comes from the Inner Mind, also called the Subliminal. The Subliminal is a very positive part of the subconscious nature that percolates positive thoughts, insights, and suggestions to the conscious mind. It is also in touch with the superconsciousness that surrounds all and everything, and which knows all things beyond space and time. That is why from the Subliminal you receive indications of new possibilities, of what you could do or could occur in the future, or what the truth and necessity of things have been from the past.

The Subliminal, the Inner Mind sits astride the Subconscious being, which is a vast container of lower consciousness elements, including acute pessimism, unwillingness to change, and in general the seat of darkness in our being. However, as we rise in our own consciousness, such as by connecting to the spiritual Force, the Subliminal garners a more heightened connection to the superconsciousness, which causes it to percolates even more positive influences and information to our conscious mind. And that includes messages that come to us through our sleep process that causes us to awake with new insight. In addition, this heightened connection of the subliminal to the superconscious enables the lower consciousness Subconscious being to become more conscious, shedding its lower elements. Thus, the subconscious becoming conscious is one of the keys steps for growth, evolution, and transformation of our being.

Non-Reaction Reversed Negative Situation

An individual I know practiced non-reaction after a great business opportunity suddenly soured. As a result, a few hours later all that had fallen apart had come back together, and then some. When you remain very still when negative circumstance present themselves, Life has a way of quickly righting itself.

Ignorance, Knowledge & Sri Aurobindo's Yoga

We must move from Ignorance to the Integral Knowledge. This is a foundation of Sri Aurobindo's Integral Yoga.

Seeing Other's Position as Diverted, Not Opposition

From the physical perspective, most of you believe that your beliefs are the right ones, and if you disagree with someone then they must be wrong. But from the Nonphysical standpoint, it is not seen as right and wrong. It is seen as the powerful diversity that stimulates thought, and from the Nonphysical perspective, you enjoy that diversity. (Abraham)

Comment: Excellent and very true thought. It is the omnipresent Reality beyond our perception of reality.

Dark to Light to Divine Money

Money can be dark or divine in the extremes. When money is considered greater than Man, it becomes Dark. When it becomes an instrument of man, it sheds this quality and becomes Light, refined. When it becomes an instrument of the Spirit, it becomes fully Divine Money. (paraphrase of Sri Karmayogi)

Validity of the Justice System and the Law of Life Response/Karma

[A question has been raised as why we need the justice system as negative karma will come upon the person who has acted wrongly or evil. I.e. life will respond and he will receive his just deserts.]

Life Response dynamic is due to Energy change that is then neutralized and put into equilibrium by the response. It can happen positively and negatively. Psychological strength is one of the determinants of life response. A person can take to strength positively or negatively. Life will respond to that strength; including the strength of evil. In that sense, life response is neutral, amoral; not moral.

At another level, or from a different perspective, negative energies come back on one. It can occur in a short period or a very long one. Many can suffer in the process if it takes a long-time. It is the Law of Karma which is another way of describing Life Response.

Such distinctions can help us decide if the justice and prisoner system doesn't mean anything; i.e. justice will come to a bad man anyway through karma process. The fact is that the justice system is there as much to protect the citizenry from bad people or bad actions as much as it is to punish the criminal. This will be critical if we consider it may take a long time for a negative action to come back on the perpetrator through the law of karma.

Mind's Ignorance, Not Illusion

Sri Aurobindo indicates in The Life Divine that there is no such thing as Illusion as the Indian tradition has it. Rather it is the Mind's Ignorance. And we must move from Ignorance to Integral Knowledge.

Matter as Substance of Consciousness, Conscious-Force

Matter is substance of consciousness. Matter is actually substance of the original Conscious-Force (Chit of Satchitananda) that is Consciousness.

Intersecting Negatives and Tragedy

Two or more intersecting negative forces at odds creates tragedy.

Lost in Past, Instead of Ever-Present

As I was coming from the other direction, a man walked by me and in a friendly manner with wide smile said hello. I did not fully respond, as my attention was elsewhere. I was lost in the past instead of being fully engaged in the Now; the ever-Present.

Life as Cosmic Play of Coincidences

Life can be likened to a cosmic play of "coincidences" put on for our benefit.

Matter, Division, Atomic Existence

Matter is extreme division of Energy into atomic existence.

Learning the Keys to Success from Our Current Status

It is fully true that individuals learn from their experiences. A successful undertaking will reveal many of the processes and capacities that enable success. Thus we can learn from such achievements. It is also true that people learn from their failures. It is in fact often reported that their utter failures was absolute keys to future success, as they learned new lessons and what to avoid.

I would like however to suggest a third possibility beyond learning from one's success and failures. It is to learn from our current limited achievements. Namely, we can educate ourselves as to why we are

currently unable to achieve at a higher level, and then devise strategies and make efforts to overcome them. As a result, we will be lifted by Life to a much higher level.

We know that aspiration, will, effort, right attitude, personal values, psychological strength, and skill ensure success. Thus, if we sincerely examine ourselves relative to these, we can fairly easily identify those specific areas where we are lacking. It will be there particularly there in our attitudes. Once we identify the limitation and make the sincere, persevering effort overcome it, we will rapidly move upward -- in terms of achievement, personal growth, and joy. In that way, we don't have to wait for some great success or difficult failure to learn the keys to accomplishment, as we learn from the conditions and status of the Now, directly applying them in the present.

If we also open to the Spirit and its Force at each stage along the way, we will not only accomplish at a higher level, but we will be taken to the stars. All told we will have turned the Inner Levers that shift us from our current finite levels of success, consciousness, and joy to its infinite-like counterparts.

User comment: Many of us still have an abiding belief in the power of externals such as degree, contacts, money etc. Even though we "surrender" to Mother, we still expect Her to act through these agencies. The expectation leads to losses.

Response: Yes. Thousands of years of internal programming compel us to believe in, trust in Life and its methods and resources – including degree, money, social position, status, other people, circumstance, even luck itself. It's very difficult to transition from these more surface, life planes to subtle/causal ones and have trust and faith in the divine Force, the Mother alone. This however can be achieved through Integral Yoga (conscious evolution process). And yet as devotees/believers we are fully capable of making small, steady strides in this direction without fully engaging in yogic effort.

When we are energized and joyful from the life response of the Force we will be compelled to trust further in that Higher Power. Sometimes, we are put in the position of being fully out on a limb, and asked to have faith. This will be the great test, and when we pass, we will be ushered into new, unprecedented levels of consciousness and joy.

Consecrating Generally Before and the Details After Meeting

Two ways to consecrate a short term endeavor, like a meeting: At the outset consecrate what is to come in general. "I offer this meeting to the spiritual Force, to you dear Divine Mother." Another is to consecrate the accumulated details at the end of the meeting. "We have now decided on x, y, and z, and I offer them all to You. May Thy will Be Done." Such approaches all but guarantee right or best results thereafter. It can be done verbally or silently, matching the temper of the occasion.

Apple Repeats Negatively

Life has a character. One of its principles is that things tend to repeat. They repeat until the consciousness changes, positively or negatively.

Apple, the founders of the computer revolution in the 1980s lost out in its competition with Microsoft Windows based PCs. It has become the PC with 90% market share; Apple less than 5. Now in the Smartphone area where Apple again pioneered, she is being dominated by phones based on Google's Android software. The market spread is rapidly moving into proportions mirroring the disparity between PCs and Apple Macs. Life has repeated, as the consciousness at Apple has not changed.

What did not change? In both cases -- Mac vs. Windows, and Mac vs. Android -- the founder Steve Jobs was unwilling to open the platform to allow other companies to manufacturer based on Apple software. Why did Jobs take such tact? He believed in the integration and hardware and software for sure. But it may be closer to the truth that he was possessive in nature, and would not allow anyone else to use the Apple family jewels other than Apple itself.

Why was Jobs possessive? It is not certain, but one reason points to him being raised an orphan, leading to his highly insecure nature, and therefore the need to hold things close. That possessiveness and closeness threatens Apple once again. However, if she breaks out of the mold that Jobs established, it will overcome its repeating problem and thereby take to new, uncharted heights once again.

Anger Not Justified, Reveals Flaw in One's Nature

Anger always show a flaw or limit in one understands or power (i.e. weakness) hidden below that which we are angry about. No matter how justified anger seems based on what is occurring on the outside, it is an indication of one or more obvious or hidden flaws or limitations of one's being inside.

Consecration and Peace

Consecration done in the right spirit quickly brings deep peace.

Ego and Negative Life Response

Every Ego movement is instantly or soon after followed by a corresponding negative response from life.

Several Advanced Consecration Methods that Evoke the Miraculous:

- Consecrate wayward, negative unfoldings, events.
- Consecrate wanting emotions e.g. in a difficult situation.
- Consecrate a thought as it arises.
- Consecrate another's intensity.
- Consecrate anything that comes to one as "sharp" in life, whether physically, vitally, or mentally.
- Feel contrition and consecrate one's false past actions.

We Create and Accomplish Like the Creator

Just as the Creator created an infinite universe with its infinite diversity and multiplicity; its infinite potential of forms and possibilities, we can follow a parallel process in our own lives to accomplish infinitely and to experience infinite-like joy.

Moreover, the more closely we follow this process of creation and accomplishment, the greater and more joyful the results. I.e. the more life will respond to our efforts. And that response from seemingly out of nowhere will never fail to amaze; heightening our joy and delight of being to the nth degree.

Lesson from The Matrix

In the film 'The Matrix' earth civilization was actually an illusionary program created by robots, behind which was the real civilization that had been destroyed in their war against humans. Likewise, in life we live in and look out on a material world that is a clouding illusion of the true multi-faceted, integrated, unified Reality that is All things.

And just as an adventurer like Neo can learn from the visionary Morpheus to see the world as it truly was, we can learn from the spiritual prophets around us and discover the Reality as it truly is. In that way, we not only gain powers to dodge bullets, but we garner spiritual power that puts the entire world at our disposal.

Two Sides of Organization

Organization is great in that it creates the solid basis from which life can thrive; where creativity and success can expand endlessly. And yet organization can grow stale and wither, and thereby become an obstacle to our and the collective's further progress.

Uncertainty and Possibility

Uncertainty opens the door wide to possibility.

Finding Harmony Beyond the Contradiction to Enable Progress

One side takes a view on an issue. And the other side takes a counter view. Yet both sides need to find the resolution beyond the contradiction for ultimate harmony and the highest form of progress to prevail.

On Reactionary Forces In the World

Reactionary forces hold on, are allowed their full play by Nature so what they represent can be summarily rejected for all time.

Further comments: This indicates that one should never get angry with current conditions, as they are there for a purpose. We can do everything we can to improve them, especially through the spiritual Force, but not be bothered to the point of negative emotion.

In politics we see this dynamic. We blame the reactionary or foolish politicians, yet it is our anguish about it that is the root knot that prevents its resolution.

As we evolve we realize that the entire world is inside us, but we need to create the right inner condition to change it. It will then vibrate out, and the reactionary and backward forces will lose their grip.

The reactionary forces also hold on so we can see their backwardness from many different angles; in its multiplicity and variety. This is Nature's way of presenting "the Richness of their Falsehood." Then when the positive change comes it will be that much more integral and sweet.

Life Response Power of Clarity & Focus

As you clarify in your mind that which you want to achieve, focusing on the specifics to be attained, life suddenly brings forward corresponding opportunities for that to manifest.

E.g. an individual now more clearly realized he wanted to do a certain level of web development for his associates and partners, he now found a teaching tool that made that possibility far easier. In the past when he had searched for such a tool, it was hard to find or did not quite live up to his expectations. Now that he had greater clarity of the end goal, what he needed suddenly presented itself with equal clarity and specificity.

We want certainty, security, but the Adventure and Romance of Life is to embrace uncertainty and insecurity; all the while clinging to the Infinite Divine.

Education and How to Learn

The single key to education is not learning, but learning how to learn.

Sri Aurobindo Embodying Mind of God

Sri Aurobindo named Buddha, Krishna, Rama and perhaps Jesus as Avatars. But He Himself was beyond Avatar, as He embodies the Mind of God, being a messenger and direct instrument of an emerging Divine Life on earth.

Joy and Expressing Forms of Goodness

Joy is created most abundantly by being Self-Giving. Its forms are goodness, generosity, goodwill, and gratitude. They attract infinitely, and in the act of their performance bring fresh new sources of Joy and Delight.

Untitled

You meet the people you need to meet in order to become the person you ought to be.

Means of Understanding without Thought

Through silence of the mind and light and intuition, understanding comes directly without thought.

Unity in Diversity

The truth is neither in separation nor in uniformity.

The truth is in unity manifesting through diversity. (The Mother)

Comment: There are two ways to look at life. One from a sense of ultimate freedom of possibility. This can be restated as diversity or variation. Another way to look at life is through oneness or unity. It is connectedness and harmony amongst the parts.

To combine these two aspects into one thing is very difficult for the mind. It can understand or be attached to freedom, without unity; or to unity without freedom's diversity. The world struggles with this too.

And yet for the individual and the world there is a compulsion for the two sides that is Unity and Freedom/Diversity to come together. In fact, this is the living ideal of India, which is expressed in its national motto of "Unity in Diversity," which is captured in the Mother's quote above.

Spiritually for us it means we can explore our infinite possibility as freedom, while seeing the unity of all part, peoples, and principles of life.

Ultimately in fact the two sides depend on one another for their expansion and fulfillment.

Ascend and Decent in Our Growth

Ascent followed by Descent are the dual movements of the process of the unfolding of evolution in creation. E.g. I ascend in mentality and come to know as an idea that it is important to take care of my body through healthy eating and right exercise. It then descends into the lower, physical plane when I actually materially, physically act on it, and then see the benefits.

System of Ideas Become Untruth Beyond their Time, Place

Each idea (or system of ideas) is true in its own time and place. But if it tries to be exclusive or to persist even when its time is over, then it ceases to be true. (The Mother)

Comment: This is the dynamic of anachronisms emerging in life - in ourselves and others. In the novel Pride and Prejudice the aristocratic Lady Catherine is a perfect example.

'The Vital Corporation' and the Soul of the Company

Throughout Garry Jacobs' and Fred Harmon's book 'The Vital Difference,' they refer to the Essence and Psychic Center of the company. In fact the entire book can be thought of as a meditation on the Soul of a company and how that Essence is built up.

Essence, Soul at Heart of Company

At the heart of an organization is an Essence and Soul of being, which defines its purpose. When that is either not well defined, or if defined is no longer followed, it begins to die, just like an individual.

Thoughts on Our Potential To Achieve And Grow

- You become that which you believe you can become.
- Our potential to achieve is infinite, but we only perceive the finite.
- All accomplishment is Inner; is made possible by the determinants of consciousness within our being; not the outer effort, circumstance, etc.
- We can accomplish at the level of survival, growth (more of the same), development (at a higher level), and evolution. We determine which levels we achieve at.
- There are psychological and spiritual qualities within us that determine outer achievement -- from aspiration, intensity, will, attitudes, values to silence, right perception of life, and opening to the Spirit.
- Knowing the inner subtle laws of life and living by them is what ultimately achieves.
- Achievement and growth has as much to do with what we aspire for as what we need to shed of our limited nature.
- As we develop in consciousness, our ability to achieve and grow increases proportionally.
- We can achieve and grow the most with the least effort in the shortest period of time by raising our consciousness. It is the great Efficiency of Life.
- Often when the outer responds to the inner, it occurs as sudden good fortune; i.e. as a Life Response.

The Transcendent Mother and the Gods

This ["The Transcendent Mother"] is what is termed the Adya Shakti; she is the Supreme Consciousness and Power above the universe and it is by her that all the Gods are manifested, and even the supramental Ishwara [Creator] comes into manifestation through her – the supramental Purushottama of whom the Gods are Powers and Personalities. (Sri Aurobindo)

Comment: Thus Overmind (where Gods originate) and (higher still) Supermind are manifestations of Her. She is thus born previous to these, in the Conscious-Force (Chit) of SatChitAnanda.

Items that Quickly Attract Positive Conditions

- Taking to a higher value.
- Shifting from ego to non-ego.
- Shifting out of a wanting attitude.
- Acts of goodness and self-givingness.
- Feelings of goodwill towards others.
- Silencing unnecessary emotions and thoughts.
- Higher levels of cleanliness and orderliness.
- Embracing the work before instead of what you want.
- Intensity of aspiration and will.
- Taking to greater psychological strength.
- Withholding initiatives.
- Practicing non-reaction to another's intensity.
- Shifting away from blaming others.
- Taking responsibility.
- Remaining calm in a difficult situation.
- Practicing Silent Will.
- Feelings of gratitude.
- Making the full, exhaustive effort.
- Coming to an important decision.
- Taking a necessary, decided action.
- Embracing the truth of things, instead of covering it up.
- Feelings of contrition for past mistakes.
- Taking the other person's point of view.
- All manners of self-offering to the Spiritual Force (consecration)

Valuing the Essence of the Company Attracts Good Fortune

An exceptional personal value expressed in the right situation can attract overwhelming results. Two brothers owned a music recording concern. The first brother Crosby deeply believed in the studio and the services it was providing. The second brother Adam wanted to sell the company for a high price he was offered because his family expenses were piling up. However, the first brother Crosby expressing values of the Essence of the relatively new firm refused to sell. Suddenly out of nowhere his estranged girlfriend who he was once engaged to returned to him, proposed and they were then married. Crosby's higher values toward the studio attracted the girlfriend who had broken his heart, but which was now mended, and then some!

Attitudes Distorts Our View, Reflects in Outer Life

Our wanting attitudes - about others, self, life - distort our view of existence; of the conditions, of others. Also what manifests before ourselves is a reflection of these same attitudes and beliefs -- positively and negatively.

Outer Mind Makes Snap Judgments vs. Inner Mind Patience for Truth

We make snap judgments about others based on first impression qualities that remind us of, relate to others we have known, similar conditions, and the like. But that is the method of the outer, sense mind. The inner mind waits patiently for more truth to present itself, and it does.

Stationary Life Overcomes Space, Mind Living in Present Overcomes Time

Stationary life that needs no shifting of places is overcoming Space, through its nearest expression. Mind that refuses to go to the past or future is its counterpart that overcomes Time in a similar measure. Overcoming Time in the right sense of the word is to be ecstatic in the present. (Sri Karmayogi)

User Comment: Sir, in the book "Autobiography of a Yogi" it is stated that Kriya Yoga as stated by Lord Krishna "Offering the inhaling breath into the exhaling breath and offering the exhaling breath into the inhaling breath (I presume this is the process by which everpresence is practiced), the yogi neutralizes both breaths, thus he releases prana from the heart and brings life force under his control". Before Sri Aurobindo, the process of consecration was vaguely explained in Gita like this and the resultant control of life force is the outcome of consecration. This is my understanding.

Response: Perhaps we can say that the self-cancelling of the breaths in the method of the Gita puts one in the ever-Present (from which consecration is activated and therefore past and future karmas are overcome).

Power of Being in the Now

Today my car was blocked by another auto very early in the morning when people were asleep. Thus I could not get to a very important meeting. It looked grim. I put these thoughts aside, and took to what I could do. There was a number to call that I saw, which I did. Suddenly the person blocking appeared from out of nowhere resolving the problem. I then turned on the radio in the car and the first word out of the announcer's mouth was "consecration." I was astonished and joy-filled. When you focus on the details of the Present, the Now and not worry about the past or future, miraculous-like conditions quickly presents themselves. Calm consecration aids the process.

When Physical Person Changes

A physical consciousness type person tends not to change until Life smashes him to bits.

Controlling Ego to become More Rational

When we are rational we are open to the many-sided truth of things, of a matter. When we are irrational we only consider a tiny, small part of things, as our lower physical and vital nature acting through the ego blocks out all other parts of the truth. Thus control Ego and you will become more rational, and perceive the truth of things, of a matter as they truly are, from its many sides. It is as Sri Aurobindo calls it a movement from Ignorance to Integral Knowledge.

Benefits of Focusing on the Present Conditions; Being in the Eternal Now

Ordinarily in our moment to moment lives we are thinking of things relative to present conditions, as well as past ones and future ones. It creates a huge ongoing burden on our nerves, psyche, thoughts, etc. However, if we concentrate only on the present conditions, on what life has put before us, what the needs are now, our mind tends to be more focused, more relaxed, will tend to do more things in the right way, and there will be less tension in the nerves as we are not so burdened by concerns of the future and past.

Also, ironically and most interestingly, if we watch closely we will see that this new center of awareness will put past and future at our disposal as results from them start changing, and therefore affecting the

Now. In other words, life will respond in our favor in the present, as it relates to existing past and potential future conditions and circumstances.

We can thus think of living in the present as the Eternal Now. We are focused in the present, without being bothered by other time concerns. So it is a form of timeless living, unburdened by time, yet with the ability to garner all of the necessities from All-time -- past, present, and future -- into the Present.

I also find focusing on the now in tandem with silencing the mind very calming and refreshing, whether in the midst of work or when taking a walk. As a result of these two, our mind opens to vast knowledges through inspiration and intuition, and our center inside is much more aware of life's conditions and its unfoldings.

(I have been making some experiments lately in this domain and hope to report back in future in terms of the experience and the life response evocation. E.g. in my walks I just focus on the steps I am taking and that moment to moment existence and nothing else. In tandem with silencing the mind, it creates a very nice condition for just "being" and if motivated to do so for calling the Mother for a particular purpose, or for no purpose at all. It becomes a great part of the day. Let's then see how life responds.)

Practical Ways to Attain Supramental Consciousness

- Consecrate often and for all conditions
- Take the other person's point of view
- Live moment to moment in the eternal Now, forgetting the past or future
- Take to Silence of thought in the mind
- Conceive of Infinity in the current finite
- Have complete faith in the Mother that is Surrender

Consecration Gives One Access to One's Knowledge Across Multiple Births

While consecrating, one will be able to access the essence of the knowledge gathered over various births as sparkling ideas for the present problem (an aspect of ignorance). The knowledge available to any individual on any aspect of ignorance may even go beyond the essence of experiences of various births. But if this Bounty of knowledge descends to a person, it may be called as Brahma Jananam, the divine grace. (Nedumaran; paraphrase of MSS)

Comment: My inquiry is about the multi-birth acquisition of the knowledge (which has become integral). Sri Aurobindo addresses this in the two chapters on rebirth in Life Divine. I.e. it takes multi-births to acquire integral knowledge and move out of the Ignorance. That is why there are born geniuses. Here at the outset of this thread we are saying that Consecration does the work of multiple births, giving integral Truth knowledge through Truth Consciousness (Supermind) which the consecrating opens us to. This is one thought.

Author: Yes sir, Consecration is capable of enabling us to access the integral knowledge what one would take many births to acquire.

Intuition; Subliminal Influence of Inner Mind

Intuition is where knowledge comes into the mind from the universal plane without any thought on our part. Einstein perceiving $e=mc^2$ occurred as an intuition of knowledge without thought.

Besides Intuition there is the subliminal influence of the inner mind which guides one on the right direction and avoids the negative, as in the case of your business example. When we experience life on the surface, the inner mind and vital have a deeper perception of what is going on at that moment. It sends these messages to our surface consciousness, which we can utilize for right understanding, perception, insight, and decision making.

Rational People, Ego and Truth

Rational people shift from Ego to Non-ego in the light of truth. Irrational people sustain it.

Attracting Prosperity through Self-givingness and Maximum Effort

How to increase our prosperity? If in our paid work we can rise to the point of utter self-givingness towards others while exhausting our physical efforts, life will present us with never-ending opportunities, matched by a vast rise in wealth.

Consecration Deepens One's Consciousness

As you consecrate more often, your center of consciousness deepens, and as a result you become more aware, enabling you to catch ego movements, and thoughts and acts of selfishness.

Harmony and Life Response

In a problematic situation, movements from ego to harmony attract enormous positive response, resolving the problem and then some.

Two brothers were trying their best to support their first client under difficult circumstance. The siblings each pulled in their own direction, and the client now seemed likely to cancel their engagement. However, the two brothers, resigned to the fact that they had lost the client still made the effort to resolve their personal differences. Suddenly and most unexpectedly the client arrived on the scene and proceeded to have a wonderful engagement with the two brothers utilizing the new firm's services. Now the partnership had secured a very solid first client, and was well on its way to success.

True Scientific Method that Embraces all Planes

Scientific method is a good thing. Just perceiving the material plane as first cause without examining any others -- whether vital, mental, psychological or spiritual -- is to abuse the scientific method, which is to be open to possibilities and to test and verify them. Thus too often Science is not practicing the method it preaches.

Taking to Another's Side in a Debate Is Harmonic, Opens Possibilities

When people debate issues their egos dominate. Either by taking a side and being closed to another's knowledge; or holding onto to a point of view based on one's experience alone; or as the result of the influences and needs of one's lower vital and physical nature. Truth begins when one opens to the other side, to what one does not know. Harmonic association with the other party opens the mind to wider possibilities, including additional knowledge from without, and intuitions of knowledge without thought from within. All are steps to acquiring the many-sided Truth of a matter. They are points of the spiritual evolution of the mind.

Awakening into Knowledge that Brings Continuity of Earlier Experience

Awakening from ignorance is like waking from sleep. Ignorance in particular aspect is like sleeping. When you get the touch of knowledge in that particular aspect, you have the continuity of the earlier experience in that particular field like how we continue our affairs of previous day or previous time before sleep. Consecration will bring the awakening. (N; paraphrase of MSS)

Untitled

Reorienting our lives around Her is the great daily challenge.

Living in Now

Living and focusing on the Now and its needs relieves one from the tension of addressing the future.

Askance View of American Capitalism and the Rise of Socialistic Values

Many in Asia are now saying they want US prosperity but without the great instability that comes from the US due to its rampant financial speculation and other limits. A material-based economy short on values is a disaster waiting to happen. That is why socialism rose, as it knew these dangers. The salvation

of capitalism may very well be the adoption of higher, socialistic values. Then it might no longer be capitalism, but something new in the world.

India Rising in Prosperity, but with Higher Social and Spiritual Values

Sri Karmayogi tells us that India should value prosperity without taking on the lower US money values, but instead engage in wealth creation in tandem with its own deeper spiritual values. He has explained it in great detail in his book 'Spiritual Opulence.' I think anyone would love this volume if you have not seen it before. It covers much about India rising out of its poverty in tandem with high spiritual values.

Value of Goal Setting Instead of Habit, Mindlessness

Since the setting of personal goals can change from day to day, it is a way to focus and take us out of repeating bad habits and meandering mindlessness.

Pioneer Advocates Values Society Subconsciously Embraces

Great leaders, organizations are often committed to new or elevated Values that the society is subconsciously waiting on and ready to embrace. The leader, forward thinking organization pioneers this and the collective follows.

Not to Be Respected by, but to Learn from Others

The right consciousness is not yearning to be respected by others, but a sincere desire to learn from them.

A Work Abandoned Out of Necessity Blossoms Greatly Later On

Sri Karmayogi has indicated -- and I have seen it in action a number of times -- that when we take up a work, such as a great opportunity, and cannot finish it then, due to e.g. other more pressing needs that have come up, that when you enjoin it later on, even decades later, the whole work starts blossoming before your eyes with enormous power despite the long passage of time. It is because the Essence is there, which does not leave, but remains waiting to be restarted. When it does, all the original energies are released, and then some. I am experiencing this dynamic right now in a big project.

Low Financial Values Threaten Stability of US

(on how the US and capitalism can possibly collapse economically and otherwise like the USSR, as indicated recently by Michael Gorbachev)

US is very material. People who control money have vast power. Uncontrolled power. That lack of control pulled down the West the last three years to near depression levels. It can happen again, even worse. The Great Depression brought the West to its knees in the 1930s during a time of plenty. It can happen again. It almost did three years ago. Controls are still not in place. People with money have power and leverage; blocking control; deflecting the issue. The people being ignorant of these complex details follow blindly. The nation values money above all things. They must bring their higher values to the fore and make them dominant. The whole financial system can come down in several hours the way it is now rigged without speculation controls. It's a very dangerous game all hinging on uncontrolled financial speculation.

Opportunities that Advance vs. Frivolous Ones

(on taking up opportunities that present themselves)

One must discriminate between those opportunities that come to truly advance your life, that seems to be targeted by the Higher Consciousness for your growth and progress and those that are frivolous or not really targeted to the needs of your being. If one is sincere about where one is in their development and what is helpful for their growth, such discrimination will be easier. One also needs to be aware of the subtle ways opportunities present themselves. Often they do not shout out, but quietly whisper.

Potential Complete Collapse of USA, Capitalism

Michael Gorbachev has recently warned the US that it could be on the verge of a complete collapse similar to the disintegration of the former Soviet Union. Keep in mind that the Mother several times in the 1970s mentioned the likely coming collapse of Communism and Capitalism. The recent financial catastrophe may be a first indicator of the latter (which incidentally has been followed by various environmental and natural disasters that have visited the country). Of course this could all mean that the US will evolve into Something Else, which might not be a bad thing at all.

Life Response and Making Right Cross-Road Decisions

Life response can simply be about making the right moment-to-moment decisions by bringing the right consciousness to bear; i.e. taking to what is helpful over what is harmful; what is beneficial to others over one's own self-interest; what is positive and upbeat over what is negative and pessimistic; and what engenders calm and patience over what is rash and impulsive. That turns one's existence into a life of micro miracles throughout the day, which will energize one to no end, creating a life of absolute wonder.

In addition, if you are constantly consecrating activities, then life will either show you at once what to do or will bring the right conditions for you. In other words, it's a shortcut to right crossroads decision making, as it is made for you.

Affecting Global Events from Within as Universal Beings

We can influence world events by opening to the spiritual Force and by changing corresponding wanting attitudes, reactions, and feelings. It is so because we are not only Individual beings, but are secretly Universal beings as well, with that inherent cosmic power over life. In this way, we can quickly and comprehensively overcome problems in the world, rapidly accelerating human development.

Financial, Economic Crisis Forces People into New Attitudes, Values

Due to the acute financial and economic stress over the last four years, here in the West we are beginning to see vast changes in attitudes and values with regards to money, jobs, employment, and wages. These changes are causing people to look at new ways of resolving current problems -- individually, collectively, cooperatively and harmonically. This is happening at the Macro level.

At the Micro level Individuals are realizing that by elevating their own consciousness in various ways they can rapidly attract creative, dynamic, and even unprecedented solutions to the economic and social problems that have arisen.

Together the macro and the micro can usher in a new level of psychological and spiritual maturity in the West beyond the mechanistic, the empirical, the material, and the surface that has almost exclusively guided her till now.

Take Up Serious Initiative from Life

If something comes to you that reflects a serious initiative from life, then you should take it seriously.

Miracles are Just Not Understood Phenomena

There is really no such thing as miracle; only phenomena whose processes we do not understand.

Squandering Our Energies at Various Planes

We squander our energies in so many ways, which express at various planes of our being. E.g. we waste MENTAL energy by engaging in needless thinking, when at those moments our minds can be still and at rest. We waste VITAL energy by wanting and expecting too much; by holding onto our negative attitudes; by engaging our ego; and by involving ourselves in too much superficial association and emotional interaction with others. We squander our PHYSICAL energies by indulging in unwholesome activities or even involving ourselves in certain so-called wholesome acts. Not only do we exhaust our energies at

each of these planes, but if the reduction is substantial enough, we can evoke negative response from the world around us.

With this in mind, examine your own life, and consider which mental, vital, or physical activities -- whether inner or outer -- are sapping your energies, preventing you from accomplishing at a higher level, and radiating happiness and goodwill toward others. Once you gain control of that wasteful behavior, you will see your energy level take a sharp turn upwards, providing you with a new spring in your step, a greater flare for life, and a more-permanent smile on your face.

Untitled

Disregard a negative that bothers, and that problem will soon evaporate. (In that way you can affect the life of the community.)

What Divine Wants

Not what I want, but what You want of me.

Difficulty to Rise Above Made Easy through God Contact

All things seem hard to man that are above his attained level and they are hard to his unaided effort; but they become at once easy and simple when God in man takes up the contract. (Sri Aurobindo)
(It's a situation familiar to most of us, and yet what a wonderful solution!)

Supermind

Imagine if the current mind you know is replaced with another one that is far vaster than anything that has ever existed. That knows all things, all individuals, all ideas in any combination instantly. That is what Sri Aurobindo calls "Supermind," a plane beyond rational mind, and even light and intuition. It is Truth Consciousness; that simply knows what it wishes to know from within instantaneously. An omnipresent Universal Consciousness of Unity within.

Consecration that Enables Depth/Soul that Opens Mind to Spiritual Mind

Consecration, i.e. opening to the spiritual Force facilitates the process by which we experience the attributes of spiritual mind. That act causes us to move to a deeper poise, culminating in the evolving Soul (the source of the "inner flame"), which in turn causes our mind to expand upwards to the spiritual planes of mind of light, intuition, and supramental perception where we tend to know all there is to know about a matter in a flash, thereby overcoming limits of space and time, bringing the infinite into the finite.

Proselytizing and Teaching

The greater the proselytizing, the shallower the teaching.

On Trusting

Whom you don't trust will become untrustable, or related.

Freedom in Romantic Relationships

The spiritual perspective of relationships is to allow for maximum freedom and space for the partner. It is a powerful concept and ideal, difficult to realize, but well within our grasp.

Freedom of Women, and Potential of New Relationships with Men

Karmayogi says that modern man, as the masculine principle, is only now surrendering authority to the woman and granting her full freedom. He wants the woman to serve the needs of his ego and has used authority and dependence to enforce it. Now woman is becoming economically and socially free and independent. She is no longer bound by compulsion to a single man. As the creative principle of delight,

she loses the restraint and offers delight to the cosmos as a whole, no longer to the individual ego. Man feels the loss of authority, yet he consents. Why? Because he aspires for the love freely given by a fully formed individual like Eliza Bennett [in *Pride and Prejudice*], not the clinging dependence or subordination of a half formed personality. He can only have that when woman is completely free and developed in her own right.

Marriage, Freedom, and Types of Relationships

Karmayogi has suggested that marriage itself is a mere social institution, without having any fundamental Truth basis. Thus, we are free to have any types of relationships we please; and that freedom will increasingly express itself in the course of human evolution.

India, US, and Marriage

Karmayogi has said that America is doing everything to destroy marriage, while in India there is a certain need to reinforce the family for greater security and richness. Different societies are at different points in their development, requiring different forms of progress.

How the Mind Tends to Judge in One Direction

We are usually ignorant of a fool's good qualities. Mr. Collins in *Pride and Prejudice*, being a fool in many ways has several virtues we are ignorant of, including his punctuality, his determination to make a place for himself in the world, his loyalty (though gone to a ridiculous extreme), etc.

More generally, we tend to be ignorant of negative individuals' positive qualities. E.g. brutish Nixon, who created so much mischief, went to China and opened doors there.

That's why we need to be very humble when judging others. E.g. imagine if none of the Bennets had negative feelings (contempt, fear, sarcasm, etc.) towards Mr. Collins when he was visiting. They could have avoided the turbulence caused by the threat of his inheritance of Longbourn. Life would have responded more positively – and likely through him.

Ignorance does not see the total picture, let alone the deeper truths. Our mind tends to run in one direction. If someone is perceived as negative, then the mind stays only along that line. (The same towards positive people.) Also, the mind is not discriminating, as the vital feelings get in the way, and again leads one's thoughts into narrow places. That's why coming out of Ignorance is so essential in Sri Aurobindo and the Mother's teachings and yoga. It opens our minds to the many-sided truth of things - - which enables right understanding, feeling, decision making, and actions, -- culminating in the unity consciousness of supermind that perceives the utility of all things and all qualities.

Determining Our Next Birth

(extracted from 'An Analysis of Sri Aurobindo's 'The Life Divine' -- chapter 44: Rebirth and Other Worlds; Karma, the Soul and Immortality -- by Roy Posner)

What determines the character of the New Birth [our next birth after physical death and we are ready to take on a new birth]?

Sri Aurobindo says that the character of the new birth would be decided by the Soul itself.

Just as the mental, vital, and physical have their assimilation and resting places (after physical death), so does the Psychic Being; the Soul of Personality accumulated. Therefore, from its psychic resting place in the Intermediary Plane, the (evolving) Soul would draw back into itself and await its new stage in the internatal evolution.

But then how then would the Psychic Being, the Soul of Personality prepare Itself for the new birth? What would be the basis of its future actions in new births?

Sri Aurobindo answers that the Psychic Being prepares for itself whatever is needed for the next step in its evolution, the next formation of personality; the step in growth of the being towards its destined self-unfolding in Nature. [Based on the latest status of the Psychic Being, there is a determination by itself of what would be a further evolution of its being, the next step of growth of its own soul of personality in its evolutionary journey.]

Once that is determined, then in each return to earth, the Person, the Evolving Soul makes a new formation, builds a new personal quantum suitable for a new experience, for a new growth of its being. Sri Aurobindo also indicates that the next stage of the development of the evolving soul, the psychic being is not purely dependent on that soul being, but other factors that come into play. To this point, he indicates that since the action of the cosmic Energy is complex, there is also the effect of circumstance, the need of the being, and the intention of the cosmic Power in determining the future action for the psychic being, the soul of personality.

[When the personality has assimilated and is considering a new birth, the universal energies including circumstance and the cosmic forces and needs play a role in determining (beyond its own self-aware needs and intentions) if and how the new birth of the Soul of Personality would take shape.]

He then clarifies the point about the impact of cosmic forces and says that there is a logic that the Infinite divine follows, and it has a bearing on the future direction and growth of the Psychic entity and soul. In particular, it is Conscious-Force (Chit of Sat-chit-ananda) that also determine the nature of our rebirth.

Imaging Who You Will Be before One's Birth

Before you can live anything, in what you are calling physical manifestation -- you have to have conjured it in vibrational form. You have to have imagined it before it can become a reality. Everything that you are living here in this physical body, you have imagined the essence of it before you are living it. (Abraham)

Comment: It explains the points of consideration between rebirth.

What Love Is

Attachment is not Love. Love is Love.

Marriage is not Love. Love is Love.

Fidelity is not Love. Love is Love.

Infatuation is not Love. Love is Love.

Possession is not Love. Love is Love.

Then what is Love?

It is the Adventure of the Heart.

It originates in Freedom, and consummates in the intermingling of two Souls.

Parents' Interference with Children

Interference by a parent of a child's relations often attracts negative circumstance.

Reappearance of Negative by Recalling It

Gleefully recalling a negative of the past will cause it to suddenly reoccur in the present.

True Service in Work and Self-Givingness

How can we take the work we are engaged in and make it a greater expression of true service that matures into self-givingness?

Life Plan Based On Serving Others

Build your Life Plan from the starting point of "how can I better serve others."

Think About Serving Not Earning, which Will Attract

Thinking about ways to earn more money can repulse it. Thinking about ways to serve others tends to attract it. The former can be an ego movement; the latter a harmonic one that evokes positive response.

The Integral Yoga Process

Sri Aurobindo and Karmayogi indicate that there is an outer mind and an inner mind. The outer is our normal consciousness. Through the inner mind one can reach the transcendent Spirit, which can occur through intense meditation or other means, as occurred for the ancient Rishis.

However, we do not want to be lost in moksha/liberation apart from life. We want to experience the spirit IN LIFE. How can we do this?

Behind the inner mind is the Subliminal being, which sends up positive influences that guide us, as it is in touch with the superconscious throughout the seen and unseen universe. Deeper still is the Psychic Being, the evolving Soul and True Self within; behind the Heart in that center of being. From the Psychic, the integral yoga and its ensuing transformation can begin; though it is ultimately realized and fulfilled at the Supramental plane. How to arrive at the Psychic Being to begin this process?

Sri Aurobindo and Karmayogi offer consecration. When we consecrate, our consciousness moves to the subliminal and deeper still to the Psychic Being, which then causes our mind to expand to Supermind and its consciousness. Now we receive the benefit of that plane continually, including its Force which evokes the infinite into the finite, and perceive the true nature of Reality, which is the Vision of Brahman.

Beyond consecration is Surrender; of our Psychic Being, as well as our very purpose of being to the Divine Mother. This accelerates and deepens the above process of evolution and transformation, enabling us to become true Supramental, Gnostic Beings at all planes.

This is how I understand the Integral Yoga process just now.

Right Balance of Energies through Conscious Growth and Use of the Force

We need the right Balance of Energies in our lives. At every level – physical, vital/emotional, psychological, mental, spiritual; and across all of them. It creates the Harmonious, Integrated, Dynamic, Successful, Peaceful, Fulfilled individual we are meant to be. Those who engage in a path of continuous personal growth and make use of the spiritual Force at each step along the way will insure this Right Balance of Energies in their lives.

Universal Consciousness

Universal consciousness is to live in everyone else's world at the same time as our own.

East and West

On the view that "East is East and West is West and never the twain shall met."

This was the view of an English writer (Kipling) at the time, not of the Truth for all time. He saw the two worlds as utterly different, which they were then. His idea spread. Now the East is prospering and looking more and more like the West (e.g. megacities developing in China), even as the West moves to humility, an eastern value. Yet each will bring its own unique truths; e.g. from the East emotion, and spiritual insight; from the West dynamism and practical organization. Already each is sharing what the other side has uniquely.

Two Great Dangers

While individuals rightfully focus on the environment, two great dangers lurk in the world: the still unregulated financial speculation system, which threatens to bring the world to its knees at any moment as it did four years ago; and the proliferation of nuclear weapons, which are bound to be used if they still remain deployed. These have the potential to make most of our current concerns seem like quite trivial matters.

Stable and Spiritual Life

Stable life is the solid basis for spiritual life.

Prospects for Progress in 2013 & Beyond

The West has gone through an economic shock, while the East is darting ahead. If the East develops the psychological capacity and complexity of us in the West, and we the spiritual qualities of them (which they themselves have somewhat forgotten), there will be real progress in the world.

I see big movements ahead at the macro level of collaboration amongst nations and peoples to solve problems. We just can no longer do it alone. Too many disasters, and they are increasing – political, financial, economic, environmental, natural, etc. There is also the threat of nuclear and other arms overhanging the world

I also anticipate further cooperation between government, institutions, businesses, and individuals. Working separately can only lead to disaster, unemployment, inequality, and a lot of suffering.

At the other end, i.e. at the level of the individual, the Internet is making education available to everyone which will accelerate world knowledge and hence awareness and consciousness. The smarter Web is coming about spontaneously due to the continued evolution of technology as well as through conscious decisions and actions of entrepreneurs, developers, and others.

Also individuals want fulfillment in life. They will not wait. The "Era of Rising Expectations" is at hand, and nothing will stand in its way. People are demanding a stable life now, and all the institutions of the world need to accommodate.

Overcome Ego to Overcome Problem

The way out of most of our problems is to shed our ego formations relative to that situation.

Complaining Reinforces

Complaining about others, matters will reinforce that which you are complaining about.

On Reluctance

Reluctance = resistance = failure.

Overcoming Ego

Overcoming each ego movement opens the door wider to a brighter future.

Difficulties and Growth

Where difficulties reside are points of potential growth.

Harmony Beyond Contradictions

We must find a way to the higher harmony and resolution of each of the contradictions and divisions in our lives.

Spirit, Problems, and Opportunities

Spirit sees problems as inner or outer opportunities.

Expressions of the Character of Life

Like the individual, life too can be said to have a character. Life's character can be described by the way events unfold, as well as by the factors that determine such outcomes.

Moreover, the character of life is governed by subtle laws and principles, which we can observe if we closely examine its unfoldings. We can perceive a number of these principles at work, which in turn can supply us with profound insights into the nature of life.

Inner-Outer Correspondence and Life Response

The law of "inner-outer correspondence" indicates that the separation we normally perceive between the world outside us and our inner condition is an illusion of our limited consciousness. That, in fact, the

inner and the outer are part and parcel of the same contiguous reality. Therefore, if I change the inner me -- such as reversing a negative attitude to the positive -- the outer world instantly responds in kind with good fortune. This miraculous like phenomenon is known as a "life response," a term coined by Indian spiritual teacher Sri Karmayogi in the 1970s. It is the instantaneous response of the outer life to changing our consciousness within. It can occur positively, neutrally or negatively, depending on the nature of the shift in consciousness that precipitated it.

If we examine life closely -- whether our own life, the life of others; as well as in history, literature, or film -- we will find many such incidents, as well as the principles that stand behind them. Let's then explore several of these, and see how they are instrumental in the outcomes of life.

Overcoming Negative Attitudes Attract

Life responds with sudden good fortune when we raise our consciousness to a higher level. E.g., when we overcome a negative or a limited attitude, emotion, or feeling, life tends to quickly respond in our favor. Here's a true life example:

A man's young son died in an auto accident and his wife left him. For a long time, he was morose and sad. As a result, life around him essentially remained static and unchanged. Then however, something special occurred. When he made the inner effort to get out of his psychological malaise, he met with a string of positive circumstance -- including his first encounters with his wife to be, as well individuals who would be instrumental in the dramatic change and success in a new-found career.

In other words, when you overcome a limited attitude or emotion, such as sadness, depression, anger, bitterness, etc. life cooperates from all quarters. That is the power of shifting our inner condition to the positive.

Accepting the Givens of Life Attracts

Life responds positively to embracing the givens that life has put before us. When we shun what life has put before us, we remain as we are, or even fall backwards. However, when we take up the current needs, the current work we are obligated to do -- whether to our liking or not -- good or great fortune tends to quickly follow.

For example, one man had failed to live up to his own expectations in his career. However, rather than give up, he showed a willingness to do whatever took to survive. At one point, he accepted the lowest, most menial of jobs that was offered him. As a result, an individual suddenly appeared on the scene who changed his life forever -- elevating his life to the pinnacles of success.

Because he was willing to accept the current conditions of life by performing the lowest of jobs in order to move out of his miserable condition, he attracted a powerful positive response in the form of an unknown individual who helped him achieve his fondest dreams.

Acceptance of Others, Self-Givingness Attracts

It is a truth of life that embracing the needs and wants of others attracts good fortune. In particular, when we are self-giving to other individuals, not only do we experience a new level of happiness and joy, but lady luck tends to follow. E.g. if rather than criticize another's action, you accept and understand that person's plight in full, life quickly respond in one's favor.

A sports figure had gotten embroiled in a physical altercation with his competition, which caused him to lose focus. As a result he ended up being defeated in the match. However, rather than scold him in the aftermath, the owner of the organization remained calm and accepted the situation. In fact, the owner went a step further and tried to understand the source of his problem. In particular, he sensed an overall level of anger in the athlete and therefore asked him why he was so angry. That in turn compelled the athlete to consider his own inner condition in life.

The next day he told the owner about his lack of money, and asked him for a loan, which the owner was more than happy to oblige. As a result of now feeling better emotionally and psychologically, the athlete suddenly attained the first great athletic victory of his life, which also had the effect of finally establishing himself as a champion in his field.

As we see, because the owner accepted the athlete's plight rather than criticize him, because he was generous, life not only brought victory and a new solid footing of success for the athlete, but brought the owner great success as well.

Such gestures of care, concern, acceptance and generosity are indicators of the power of self-givingness in life. When we give to others rather than take, when we accept them rather than scold, when we act out of our high concern and compassion rather than through the foggy lens of our own ego, not only will the other person be uplifted and energized, but powerful positive conditions are likely to come our way as well.

Attention Towards Others, Objects Attracts

Everything in life responds positively to personal attention - whether people, objects, stocks of inventory, or money. When we increase the attention we give, that person or thing will not only be energized, but life tends to quickly bring luck back to our own selves. E.g., out of the blue, machines will start working better, orders will suddenly pour, and unexpected sums of money will move in our direction. There does not seem to be any obvious correlation between such things, but that is in fact the way life works.

A horse-racing jockey perceived how a new horse he was riding had been abused in the past, and how he "needed to become a horse again." The attention heaped on the animal by the rider then attracted a wonderful result when the horse suddenly and most unexpectedly shed his lethargy, and bolted through the countryside in a dramatic ride, something he had never demonstrated before. This turned the tide for the horse, as it was now not only cooperative, but showed the great speed that would be the basis of his great victories in the future.

In another example, a manager in a struggling company had ignored a machine for years, which gathered dust without any attention. He did not think it had any use. One day, through the advice of a consultant, he decided to clean it and get it in some working order. Suddenly out of nowhere business started booming at the company, and even the machine started mysteriously working at double its rated capacity! It was a miracle of life response that came about by giving greater attention to something that had been ignored.

Verbal Silence (Non-Speaking) Attracts

One astonishing principle of life involves how we communicate with others; in particular the level at which we express ourselves through speech. When we reduce the amount of speaking we do in the presence of others, we tend to attract positive conditions from life.

A family business was failing and one of the brothers suggested that the company reduce the amount of and the volume of their speaking. They took up the suggestion, and within two years the principals were so successful that they could have retired for life.

Why does conservation of speech have this power? It is because speech expresses our life energy. When we speak too much, we tend squander our energy. But if we reduce the amount of speaking we do, we conserve our energies, which causes it to further build up, which then attracts magnetic-like corresponding positive circumstance from the field of life.

Power of Intention Attracts

One truth of life is that our level of intention to accomplish something is key to bringing it about. A corollary principle is that when we take our intention to a higher level, feeling it with great intensity, life tends to quickly fulfill or even surpass that which we hoped to achieve.

For example, one man in evaluating a situation felt that if he could relax his staff and train them in a new skill, they could become productive employees. This was his aspiration and intention. Well, right after that he suddenly realized that he had something common with the students that would enable them to better work together in the future. This newfound awareness came as a response from life to his intention to improve things. Because he wanted it to happen, life presented him with the opportunity for its realization. In his mind, he now suddenly intuitivized the solution to the whole problem.

This is an example of a life response solution that appears as an idea in response to one's intention. Very often the response from life appears on the outside.

For example, one man was desperate to succeed and was willing to do anything to bring that about. He was even willing to take on the most menial of jobs. When he did, he suddenly attracted someone from out of nowhere who gave him the opportunity to fulfill his lifelong dream. Because he so intensely wanted to succeed and was willing to do anything to make it happen, he quickly attracted the vehicle that fulfilled his deepest aspiration.

Making the Full, Exhaustive Effort Attracts

One of the more interesting principles of life is that when you make the full, exhaustive effort to accomplish a work, life takes up where you left off and completes it for you on its own.

For example, one individual made an all-out effort to organize dense training materials. When he put the last ounce of energy, he suddenly realized that the three chapters remaining had already been done before. In another case, that same individual made an all-out effort with other materials, and then soon received a call that he didn't have to cover the remainder of the course. That is the power of making the exhaustive effort in any undertaking.

In yet another example a woman had to gather hundreds of signatures in order to win a case. She did so despite a pretty severe illness. Despite these obstacles, every fiber in her being was driven to achieve her goal. When she was done, she went into a restaurant, and in a state of near collapse, she was greeted by a man who told her he knew the key to the legal case she was championing. As a result of this information, she was able to win a titanic, several hundred million dollar legal case for her clients. Because she made the exhaustive effort to the nth degree, life returned the favor in the form of an individual who provided the incriminating evidence that secured the biggest victory of its kind in history.

Energies of Surrounding Atmosphere Determines

An interesting principle of life is that when the outer atmosphere surrounding a work or endeavor is positive, life tends to cooperate with one's efforts. On the other hand, if it is negative, it tends to block or delay results.

For example, in a famous race in US history, the owner of an underdog horse was able to rally a good proportion of the nation to his side. That created a very positive atmosphere that enables him to win the race against its arch rival.

If we examine any circumstance around an event we can gauge the surrounding atmosphere. If it is positive, it will support the successful outcome of events. If it is negative, it will retard it. For example, in the Shakespeare play Othello, the atmosphere was so negative that a small handkerchief revealed a bit of information that led to the death of the principals.

The best conditions for success occurs when both the person and the outer condition are both positive. On the other hand, if both are wanting, then no matter what one does, life will not cooperate, and the outcome is likely to fail.

Negative Life Response

Just as life responds positively to movements of higher consciousness, so too life responds negatively to wanting behaviors and actions -- such as a poor attitude, or a premature celebration, or a movement of ego, or something that is out of step with the prevailing external environment.

Poor Attitudes Attract Negatively

One way life responds negatively toward us is when we express a negative attitude - whether towards others, ourselves, or even life itself. For example, at a corporate Christmas party a woman was upset when another person won the big prize because she had a long-term grudge against that individual. As a result, she soon learned of the misfortune of close relative.

An individual was mad and bitter because his parents have not contacted him over the years, and because of his continual failure in his career. Right after that, we see how terribly wrong things go for him in his work life.

In another incident a man got embroiled in an argument with another person at work, which caused him to lose focus. As he was preoccupied with that matter, another sales rep and rival stepped in and took over

one of his critical accounts, a terrible blow to the argumentative sales rep. Once again we see that negative attitudes and feelings -- in this case his anger and hostility toward another -- quickly attracts a negative outcome to his person.

Premature Celebration Attracts Negatively

An interesting behavior that attracts the negative, blocking accomplishment is celebrating a success before it has actually come to fruition. It turns out that when you prematurely celebrate unfinished business, you squander your energies, and life tends to either delay or create difficulty or even cancel success in that endeavor.

For example, two baseball players who had hit home runs in the game acted cocky when on the bench and spoke ceaselessly about the flights of their own balls, only to see their team lose the game in extra innings in a bitter defeat. Or a basketball team is overly-excited in the middle of the game as a result of a comeback rally, only to see it squandered away later on in a stinging loss.

When our ego takes hold before the outcome is assured, we squander energy and attract ill fortune. However, if we were to remain calm and silent in such situations, controlling the need to express our success so far, we build on those energies, and attract conditions that work in our favor.

Anachronistic, Trailing Edge Acts Attracts Negatively

In life there are often leading edge, forces-for-progress individuals partaking in events, as well as trailing-edge, regressive ones. One interesting life principle is that life often responds negatively to individuals who assert their anachronistic tendencies when the currents of life are moving in another direction.

For example, in Jane Austin's 'Pride and Prejudice,' we see how when the aristocratic, haughty, old guard Lady Catherine tries to interfere in a potential marriage between her nephew Mr. Darcy and Elizabeth Bennett, it utterly backfires on her. In fact, that attempt at interference becomes the very instrument through which Darcy and Eliza come to understand that they still feel love for one another, leading to their coming together, their engagement, and marriage!

We see something similar in the film of the true life events about the race horse in Seabiscuit. There at one point in the story, we see the effects of the actions of the trailing edge figure of the eastern owner of the horse War Admiral. In response to the request from the owner of the underdog Seabiscuit for a race between the two horses, the Eastern US owner responds that it is absurd to have the race because of his horse's obvious superiority in terms of speed and breeding. He then goes a step further and mocks the entire Western horseracing scene. The end result of his reactionary taunts is that he is humiliated when his horse loses to the underdog Seabiscuit before a national audience.

When trailing edge figures act in conditions where positive, progressive forces are emerging, their actions at critical points tend to work against them.

Success through Life's Initiatives, Not Our Own

I would like to discuss a rather startling conclusion I have come to regarding the way we achieve in life. If we closely examine life situations, we would see that we are far more likely to attract success when we follow life's initiatives and take up those opportunities than when we initiate action on our own.

For example, at various points in his career one individual was asked to take up important works by different outside individuals. Virtually each time he did, it led to success; in many cases long-term success. However, when this same individual took up his own initiatives, based solely on his own volition, without any external compelling signs -- whether to start another business or to attract people at a web site, etc. -- the results were successful far less often.

It appears that when life approaches you with opportunities, there is something in your nature that is attracting them for your own well-being and personal growth. There appears to be a kind of cosmic compulsion and guidance that is urging you to embrace these in order to elevate your success, as well your level of consciousness. Though uninvited personal initiatives can do the same, very often they do not. In fact our own conclusion is that such initiatives fail as much as they succeed, whereas "life-driven initiatives" coming from outside or others seem to succeed nearly every time.

With this in mind, try to be acutely aware of opportunities coming in your direction. Take them all seriously, no matter how small or how subtle they appear; for they can be openings to a new, wonderful stage of success and well-being in your life.

Life Progresses though Negatives as Well as Positives

An important principle of life -- one that is philosophical in nature -- is that human life not only progresses through positive means, but through negative ones as well. In fact, we often move forward the quickest through the negative circumstances that befall us. For example, if a young Indian boy who is the victim of poverty and hardship is forced to flee his beloved family for the city, and then as a result is driven to become a multi-millionaire, then we can muse that his earlier difficulty was an instrument of his great accomplishment. I.e. the negative served a great purpose in his success.

Though it might sound harsh, in another case we see that a man might never have risen to his enormous success if his son had not died and his wife had not left him. These difficult events created an opening in his being, which he filled by shifting to a new direction in life, which opened the door to vast opportunities that culminated in his overwhelming success.

From this vantage point, we can conclude that often the greatest successes in life come about as a result of the greatest negatives. Another way to put it is that a negative is simply a more intense version of the positive. Or that a negative is a positive in disguise.

Contradictions Between Dual Pairs Enables Further Progress

A philosophical yet practical principle about existence is that life evolves or can evolve through the contradictions between two parties -- whether spouse or family members, business associates, organizations, nations, etc.; even schools of thought and ideas.

E.g. a man felt that others did not listen and respect him. In particular, he was bothered by the fact that his wife tended not to ignore him when speaking, as she was constantly absorbed in other matters. Also when the man would ask her to do something, she hardly listened causing the man to become irritated. This was his constant dynamic in life.

From a consciousness point of view, we see that he must evolve out of his insecurity; and she out of her unresponsiveness. This can only occur through their association and interaction. Though they may not recognize it, Nature has put them together to serve this evolutionary purpose.

In fact, most of life evolves or has the potential to evolve through the contradictions of two parties; of such conflicting pairs. If that is so, then goal then should be to perceive those relationships, and aspire to go beyond the contradiction to its resolution. That occurs by overcoming a corresponding limitation in our nature. When we do, we progress and grow. Also by taking this approach we can evoke a powerful positive response from life.

From a higher consciousness and perspective, we perceive that the contradictions between parties is really not so; but is in fact a complementary relationship on the way to a higher harmony. Our goal then is to discover what we can learn from the other side, and change the necessary wanting aspects or element in our being. When we do, life moves forwards and we grow. This dynamic is true for ourselves and for everything else in the world.

Readiness of World to Adopt Sri Aurobindo's Teachings

[On the issue of why society did not adapt our -- MSS' and affiliates -- insights before, and their readiness to do so now.]

Garry' Jacobs' and my writings based on Karmayogi's thinking based on Sri Aurobindo's Theory of the Process of Creation were pioneering efforts. By its failure to expand beyond our worldwide clients, we had a chance to learn more deeply in other areas, giving an even wider basis. Now all energies, forces from our side are far more ready, and is much more synchronous with an increasing readiness from the outside, the collective. Global business development, emergence of poor nations, accelerating technologies, the need to find meaning, competition, getting the upper edge, acceptance of the concept of personal and human values, etc. are all driving forces that make this material (which is now further developed) more amenable to current society.

The fact is that a human based humanity is on the rise, in particular in the wake of all sorts of disasters - environmental, financial, and so forth. People are more ready for New Thinking, new approaches to success.

The aspiration in countries like India is astonishing, pushing things forward. They have the deep insights of the past and now have the best opportunities to relearn them in a prospering environment. The same elsewhere in different degrees.

Business Entrepreneurs, Others Open to New Consciousness-Based Understanding

[on whether the business world is open to new thinking as presented by MSS]

In an entrepreneurial environment, there is more openness to such innovative new age business ideas. RH at LinkedIn is but the tip of the iceberg of such an entrepreneurial spirit of openness to change that is here in Silicon Valley and is spreading worldwide. They are open to such ideas. Steve Jobs read Autobiography of a Yogi, Swami Yogananda's Life, the biggest selling spiritual book from India ever, every year. He created the most highly valued company in history, having TURNED IT AROUND when it was on the precipice. TEDTalks and the like are full of innovative thinking. It is spreading worldwide too. TedTalks in Chennai India! In Search of Excellence started the whole wave intellectually. Merging Peter Drucker's thinking with freedom and self-expression for the individual in the workplace, a product of the hippy 60s. Now it is snowballing in all directions.

Living in The Ever-Present

If one lives in the ever-present -- i.e. not concerned about the past or future, but is absorbed in the needs of the Now -- one is much more sensitive to true Time, including the true nature of events of the past, such as feeling gratitude for past deeds others have done for us. Those who don't live in the Ever-Present and have this munificent "time memory" and feeling are caught up in time, feel the pressures of the past and future in the current moment, and thereby live in psychological pain. One must come out of that state and live in the Ever-Present, the eternal Now, where one is fully absorbed in what needs to occur in the current moment, and yet where all necessary truths of the past, present, and future reveal themselves and come into our field of awareness so we can better understand life's conditions and take right actions.

Overcoming Limited Quality in Devotees that Block Money Coming In

[On why devotees find themselves not making money, even though they work hard.]

We devotees are each here to overcome a deficiency. Each one has one or more, and often it expresses through money. E.g. insensitivity to paying back debts, or jealousy of another's success; etc. The depth of the problem is equal to the magnitude of the opportunity. The mirror image of this dearth is something ordinary non-devotes cannot reach - in terms of wealth, in terms of effect on society, change in consciousness amongst our peers, friends, collectives, and the world itself.

At every point we are deficient is a point where we are absent from Mother. If we change that wanting attribute in our nature, Her Force and power can rush in. Up till then it deflects the incoming grace -- whether it comes as money, opportunities, physical well-being, etc. Once we identify the issue(s) life Her Power takes over. Till then we are in stasis, or may grow in consciousness but not in security and wealth, or go backwards.

Devotees Bringing the Passion for Money for Sake of Divine

Devotees being spiritual in nature - at least in part - are not ordinarily as life affirming as non-devotees and tend not to chase after money, possessions, et al as much. Thus that aspiration for such things is less there, hence attracting less along those monetary and material lines.

If however Mother's devotees also had the passion to bring money to the Divine, plus practice as spiritual aspirants, they would attract equal to if not FAR MORE than their non-devotee contacts.

Also taking money out of the hands of the Asura requires that combination of Aspiration for both Mother and money; without being attached to the latter, while being supremely Devoted to the former.

Human Conscience vs. The Logic of the Infinite

For the average individual, conscience is a great thing. It is a sign of humanity, of taking responsibility, of questioning life, of seeking truth in things, etc. Hamlet is a prime example; who as Sri Karmayogi says is an unprecedented character in the history of the world, even though fictional. He was great because he had both individual and social conscience; being the first of that kind.

The world today is rapidly evolving in conscience. It is a great thing: a sign of the further emergence of rational thinking, as well as the further arrival and spreading of human values.

And yet relative to the Spirit, the Divine, the Mother, conscience offers little, as the Logic of the Infinite takes over, with its Higher Truth and Insight into life's conditions. It knows precisely what is and what to do in space and time. When we then follow its Subtle, Truth-filled Guidance, the outcomes are magnificent. Conscience can only sit on the sidelines and observe the Cosmic Insights of the Infinite Divine into the Play of Life.

Likewise, the results of Consecration, of self-offering acts to the Divine, trumps conscience; though there will be times when we will need to evoke both powers simultaneously since we are not fully conscious and divine ourselves.

Limits of a Particular Spiritual Method

Sri Karmayogi indicates that any spiritual method - however powerful - will not be good or perfect in every occasion. (Ramesh Kumar)

Example: Calling Mother repeatedly will be of less use when the physical consciousness is resisting the Grace. Shifts in one's psychological condition of the underlying cause often has a greater power in such situations.

Reluctance and Suffering

Everything I have been reluctant to do has been the cause of my suffering.

Focus and Intensity on Beauty and the Beast Elicits Response

For a month now I have been watching the 1987 TV series Beauty and the Beast, 25 years since first seeing it. I was reminded of the spiritual values in the series that is equivalent in its own way to the people I know who have gathered around Karmayogi's teachings, Mother, et al. They too called the leader "Father" in the series.

As I have been approaching the last handful of episodes, I wondered what the series would be like if they remade it now. I also had anticipated that I would be finished viewing the current episodes by about the first week in October. I had really been enjoying the show, especially after the first 10 episodes of Season 1 onward, and the intensity has been building up. The deep, heartfelt values of the community and deep abiding love of the principles has warmed me on many occasions. I was regretting to see it end.

However today I opened my Apple TV on my television and discovered something astounding. On October 11th, a new Beauty and the Beast series was scheduled to be aired around the world (something I had no idea they were making), and with the same basic characters and plot arrangement! Almost to the day I expected to complete the old series, a new series had suddenly appeared out of nowhere and was presenting its first episode precisely when I was completing the old one!

Apparently my identity and deep affection for the values and community had created a level of focus and intensity that evoked a new show to my person. Now that's the way to create a remake!

QUOTES FROM 'THE MIRACULOUS PHENOMENON OF LIFE RESPONSE' BOOK

Inner-Outer Correspondence

Why does life suddenly respond on the outside with good fortune when I change my inner condition? The answer is that there is no "inner" and "outer" to begin with. They are not two separate entities as we have come to believe, but are parts of the same continuous stream of existence. Though our senses tell us that there is a world outside us that is separate and apart from our own selves, from a deeper perspective there is no such division. And because we share this same contiguous reality, when I change the inner me, the outer -- which is really inseparable from myself -- instantly responds in kind. In other words, the inner and the outer are One.

Non-Local Connections of Science and Life Response

Extraordinary findings in the field of quantum physics -- i.e. the study of the very small -- confirm that there can be an instantaneous connection between physical objects that are extremely far apart. For example, for over half a century scientists have known that a shift in the "spin" of an electron of an atom can instantly affect the spin of another electron of that same atom even if the two particles are on opposite sides of the world -- or the other end of the galaxy! Like the principle of inner-outer correspondence, the phenomenon of "non-local connections" between objects corroborates the fact that there is an extraordinary, super-subtle relationship between objects, defying our commonly held beliefs about what is possible; of how cause and effect interrelate; and the nature of space and time.

The difference, however, is that whereas the scientific view of non-local connections indicates that changes in material properties -- like the spin of atoms -- can affect related properties of objects thousands of miles away, the principle of inner-outer correspondence extends that to include non-material changes as well, including variations and fluctuations in our feelings, emotions, attitudes, thoughts, and beliefs. Thus, if I change my emotions and attitude here, it can instantaneously connect with and attract good fortune from another object or individual from anywhere on earth.

The Nature of Existence that Enables Life Response

Here are five insights that describe the substance, medium, and power that binds the outer world to the inner person, accounting for the extraordinary life response events we experience:

1. Energy

The first insight is that in every life response event, the individual initiating the response generates a certain amount of energy. That energy then moves out into the field of life and connects with related energies, elements, individuals, and circumstance across space and time, enabling the life response effect to occur. Thus, energy is the essential binding force between the inner me and the outer world in every life response incident.

2. Four Types of Energy

The second insight is that any of four types of energy are at play in any life response event - physical, vital, mental, and spiritual. For example, when I move my body and act, I generate physical energy. When I express a desire for something special to happen, or feel an intense emotion during a concert, I generate vital energy. When I exercise my mind and take an interest in a subject matter or think my way through an important issue, I generate mental energy. And when I have inner experiences of deep calm, serenity, and well-being, I generate spiritual energy. In every life response event, one or more of the four energy types are released by the individual, which connects with corresponding energies of related people, objects and circumstance at the receiving end.

3. Required Intensity

The third insight is that for a life response event to occur, a certain minimum amount of energy needs to be released by the individual commensurate with life's conditions at the time. I.e. in a given instance, our change of consciousness needs to reach a certain pitch or level of intensity -- a threshold, if you will -- for the life response incident to occur. Anything less will not produce the desired results.

4. Common Purpose and Intent

The fourth insight is that as these powerful energies flow out from our being, they link up with individuals, objects, and circumstance with whom we share a common purpose -- whose intentions we are aligned with. Thus, when I reverse my negative attitude about my work, I align with the intentions of those individuals, objects, and circumstance with whom I share a common purpose, which formulates into an act and movement of life that crosses my field of vision as an experience of an instance of life response.

5. Coordinating Action of the Web of Life

The fifth and final insight is that these pulses of energy are able to flow between the initiating and receiving parties because there is a fundamental communication and transport system at work in the universe. Imagine that the energies we generate move out across a kind of cosmic highway -- a "web of life" if you will -- that correlates and coordinates related elements and circumstances along those pathways. Thus, e.g. when I change my attitude from a limited view of the marketplace to a broader one, I set in motion a burst of mental and vital energy that move out along one or more of the strands of this cosmic system, connecting and aligning me with the intentions and movements of corresponding energies, elements, and circumstance.

Just as a telecommunications system coordinates currents of electricity that allow sound waves to be transported between particular points on a grid, so too energies produced by our change in consciousness are directed and correlated with corresponding elements and circumstances along specific pathways through this cosmic web of life.

The Mother, the Web of Life, and Life Response

Mira Alfassa, known to her followers as "The Mother", and the partner of the Indian sage and seer Sri Aurobindo, commented on this apparent cosmic transport system in the early 1970s:

"I have a curious impression of a kind of web -- a web with ... like very loose threads, I mean not tightly meshed, connecting all events, and if you have power over one of these webs, there's a whole field of circumstances that apparently have nothing to do with each other but which are linked together there in such a way that one necessarily implies the existence of the other ... And I have the impression it's something that envelops the earth.

And it's not mental. They are circumstances that depend on one another, in a completely invisible way outwardly, without any mental logic, and yet as though connected to one another.

If you are conscious, really conscious of that, that's how you can change circumstances."

If this extraordinary cosmic transport system really exists, then one wonders what could account for it in the first place. It is my view that behind this cosmic web -- in fact, behind all existence -- there is a fundamental spiritual plane of existence. That spiritual Reality in turn provides the ultra-Intelligence and Power behind the cosmic web of life, giving it its subtle power to bind and coordinate all activities, purposes, intentions, and circumstances among individuals and objects in the universe.

Life Response Aspects: Inner-Outer Correspondence, Energy

There are actually two fundamental aspects of life response. The first is captured by the principle of "inner-outer correspondence," which states that the world outside is not separate from our inner selves, but shares the same continuous stream of existence. Therefore, if we change our inner condition, the outer instantly responds in kind. Thus, inner-outer correspondence provides the cosmic foundation by which every life response event is made possible.

The second fundamental aspect of life response is the generation, movement, and association of energy. It is the essential force, substance, and media that moves and flows in any life phenomenon event. Without it, life would not respond, for there would be nothing to respond to.

And so we begin to see the emergence of what might be called a "physics" of life response: a conglomeration of factors and a variety of processes that allow it to take shape. In concise terms, we can conclude that life response takes shape through an energy flow process that occurs within the context of a universal Oneness.

Inner-Outer Correspondence and Life Response

-The way you act towards life is how life will act towards you is captured in the aphorism "what you sow is what you reap," and in the "law of karma."

-In this principle, we recognize a flow of events that are logical in sequence, and that lead to a reasonable and just end.

-And yet a shift in one's consciousness -- such as a change in attitude -- can also bring about instantaneous results, not waiting for the normal lengthy chain of events to unfold.

-The instantaneous nature of life response is made possible because of underlying principle of "inner-outer correspondence."

-This law indicates that the inner and the outer are not two separate entities, but share the same continuous stream of existence. Therefore, when I change my inner condition, the outer instantly responds in kind.

-Inner-outer correspondence thus indicates the fundamental Oneness of life.

-Nonlocal connection of quantum science confirms that there can be an instantaneous connection between physical objects that are infinitely far apart.

-Inner-outer correspondence extends that to include non-material changes as well, including variations and fluctuations in our feelings, emotions, attitudes, thoughts, and beliefs.

-Energy is the binding force between the inner person and the outer world in every life response event.

-Any of four types of energy are at play in any life response incident -- physical, vital, mental, and spiritual.

-For a life response event to occur, a minimum amount of energy needs to be released by the individual commensurate with life's conditions.

-These energies flow out from our being, and link up with individuals, objects, and circumstance with whom we share a common purpose; whose intentions we are aligned with.

-These pulses of energy are able to flow between the initiating and receiving parties because there is a fundamental communication and transport system at work -- a cosmic web.

-Behind everything, there is a fundamental spiritual Reality that provides the ultra-Intelligence and Power to the cosmic web of life.

-Life response takes shape through an energy flow process that occurs within the context of a universal Oneness.

Life Response and Equilibrium of Energy

Here is another way of looking at a "physics" of Life Response. Imagine that the universe is an ocean of energy that is in a state of equilibrium. When we make certain changes in consciousness, we "disturb" that equilibrium and smooth flow of life relative to the point we are involved. (This can be a positive or negative disturbance, and points in between.) The universe however always seeks to restore energies back to a state of equilibrium. It does so through a fresh act. That fresh act is the life response coming back to the individual from a corresponding element across space-time (as a positive, negative, or neutral response). As a result, the equilibrium is restored; or we could say that a new equilibrium is created. Life then waits for the next cycle to unfold ad infinitum throughout the seen and unseen universe.

Deeper Awareness Beyond the Sense Enables Right Action that Attracts Life Response

If we examine how we function, we will see that we are normally caught up in the visual and auditory influences taking shape in front of us; by the surface information that is streaming into our minds through our five senses. As a result, we tend to focus on objects, colors, and motion; instead of concepts, ideas, and insights. With limited knowledge of the current conditions, we are unable to make the right choices that will trigger life response events.

If I am at the checkout line at the supermarket and focus only on the physical movement of the people in front of me, I will miss other information presenting itself in that moment. E.g., I may not catch the fact that I am getting impatient, or that the person ahead of me is having trouble loading items onto the conveyer belt, or that the cashier is overwhelmed with too many customers. That in turn prevents me from taking to inner or outer actions that can evoke a response.

However, if I were stationed in a deeper poise within -- in a state of stillness and calm -- I would be less likely to be taken in by the surface influences and more attuned to the truths unfolding before me. With this more complete understanding, I am more likely to take right actions that will attract immediate response. E.g., I would allow the person behind me to move ahead of me, or suggest to an elderly person that they use the empty adjacent checkout stand, or I would take control of my own irritation. As a result of these inner and outer behaviors, life will tend to quickly respond: e.g. the jammed food conveyer belt suddenly starts working; or several extra baggers suddenly arrive on the scene; or an expensive product I put in my cart now turns out to be on sale.

Making the Right Choices from the Depths That Enables Life to Respond

- At any moment, there are infinite possibilities before us.
- The more we are cognizant of the possibilities, the more likely we are to make the right choice.
- The right choice tends to evoke instances of sudden good fortune.
- When we live on the surface of life, dominated by the auditory and visual, we perceive few possibilities.
- When we live in a deeper consciousness within, we are more mindful and aware, which helps us perceive the possibilities that can lead to conscious choice that attract powerful life response results.
- At various points in time, we are confronted by crossroad decisions. When we make the right choice in those moments, life instantly responds in our favor. The wrong choice can instantly attract the opposite.
- The best life response-inducing behaviors are those that are helpful (over that which is uninvolved or harmful); those that focus on the needs of others (over that which serves our own self-interest); those that are positive and upbeat (over that which is negative and glum); those that engender calm and patience (over that which is disturbed and impatient)
- Even a single, well-formed decision can attract circumstances that change our lives forever.

Life Response Seen in Great Literature, Film

-One of the best ways to observe life -- including the miraculous-like phenomenon of life response -- is to read the great literature of the world. From such works, not only are we privy to the many fascinating experiences of its characters, but with a sharp eye, we can detect a number of powerful life response results as well.

It turns out that there is one great work of literature that I have found particularly compelling when it comes to life response. It is Jane Austin's masterwork *Pride and Prejudice*. Its rich story, its variety of fascinating characters, and its several dramatic turns not only contribute to an absorbing read, but also reveals a cascade of powerful life response incidents.

-Great literature as well as great cinema can serve as an invaluable instrument for perceiving and understanding the phenomenon of life response. By presenting us with a diversity of characters navigating their way through an array of situations and circumstance, these fictional forms not only help us observe the subtle and not so subtle unfoldings of life, but are windows into the inner and outer behaviors that attract these miraculous-like results.

And yet great literature and cinema will only reveal these profound insights if we are willing to penetrate the surface narrative, delve deeper, and discover the subtle causality at work. Then these works will reveal all of life's marvelous secrets, so we too can quickly attract the miraculous.

-The next time you watch a film, look out for one or two life response incidents in the story. For example, if there is a sudden positive development in the plotline, see if you can trace it back to a person's shift in attitude, or a decision or action taken, or the expression of intense desire or intention.

Do the same for negative life response. When ill fortune arrives, trace it back to a wrong movement on the part of that or another individual.

The next time there is a positive or negative development in your own life, see if you can relate it to a previous behavior on your part. If there is a positive result, try reinforcing the behavior that precipitated it. If it is negative, try avoiding it in future.

Four Determinates of Life Response: Right Attitude, Aspiration, Decision, Action

-There are four major determinants of life response -- having the right attitude, aspiring for something to come about, deciding on a course of action, and taking a physical action.

-In every life response incident, one or more of these are at play. Often, two, three, or even all four are present.

-The most common cause of a positive life response is overcoming a negative attitude -- whether towards others, one's self, or life itself. Common examples are overcoming reluctance, and shedding disdain of others.

-There are dozens of negative attitudes that we are capable of expressing. We each have a propensity towards particular ones. Overcoming them invariably attract powerful positive response.

-Expressing wanting attitudes attract negative circumstance.

-If you stay fully positive in a situation or otherwise raise your level of cheerfulness and enthusiasm, you attract positive conditions.

-When we focus our thoughts, interests and emotions on anything, life tends to bring more of it.

-When we deeply aspire to achieve something, life conspires to quickly bring it about.

-When we commit ourselves to a course of action -- i.e. take to a decision -- life moves in our favor.

-Life also responds to taking a physical action.

-In an event where all four determinants are at play, we can attract overwhelming, even life-changing response.

Life Embracing Strategies that Attract

-Accept the work before you in full, rather than what you want.

-Be positive, cheerful, and optimistic in everything you do.

-Do the work in ways that generate unbridled enthusiasm and joy.

-Make the full, exhaustive effort to accomplish the work.

Astounding results will surely follow!

Powers of Organization that Attract

- Higher Levels of Cleanliness
- Higher Levels of Orderliness
- Systematizing Life's Activities
- Organizing Facts into Ideas
- Maximizing Use of a Resource
- Giving things Greater Attention

The Great Secret that is Organization

-To know what organization is not is to know what it truly is. To imagine an existence without structure and order is to appreciate how organization has shaped every aspect of our lives.

- Organization is the ordering mechanism that coordinates and integrates all aspects of life, providing a foundation for stable existence.
- Organization is a power that turns unruly, unordered, disparate existence into manageable, utilitarian reality so life can thrive.
- Taking to higher levels of organization not only creates practical results, but powerful life response results as well.
- Life has a particular tendency to respond to higher levels of cleanliness. It is perhaps the quickest way to evoke a positive response from life.
- Cleanliness reaches its apex and perfection when accompanied by higher levels of orderliness.
- Whereas cleanliness makes objects more presentable and appealing to the eye, orderliness puts them in recognizable patterns for easy access.
- To systematize a thing is to organize that object or matter into orderly and logical patterns that maintain themselves and repeat. When taken to in greater degree, it tends to evoke good fortune.
- When we take facts and turn them into organized knowledge, life responds to that effort; often attracting more or greater knowledge in that domain.
- When you make the maximum use of a resource, you attract more of it, as well as other positive developments.
- Giving an object or individual more attention energizes it, brings out its full potential, and attracts powerful life response results.

Strategies to Connect with Others that Attract

- Overcome your negative attitudes towards others
- Focus intently on the interests & concerns of others
- Take to acts of selflessness and self-givingness
- Embrace the other person's position and point of view
- Give deserved individuals more personal attention
- Feel sincere goodwill to another party over time
- Consciously send others vibrations of goodwill
- Express sincere & heartfelt emotions of gratitude

Example Expressions of Psychological Weakness

- Lacks strength
- Lacks fortitude
- Lacks toughness
- Lacks courage
- Lacks resiliency
- Lacks conviction
- Lacks will & determination
- Feels helpless, powerless
- Is in a weak position
- Has no sense of control
- Is overly deferential
- Is easily swayed
- Is dependent on others
- Doesn't know what to do
- Is incapable of acting
- Is indecisive

- Is shrinking, cowering
- Is fearful
- Is timid, shy
- Lacks self-esteem
- Lacks focus, direction
- Cannot deal with problems
- Has no power
- Is uninformed, gullible, naive
- Accepts abuse
- Has no energy
- Shirks responsibility
- Procrastinates

Expressions of Psychological Strength that Attract

- Takes action instead of avoiding it
- Deals with problems head on
- Takes up the challenge
- Does what is necessary
- Makes the hard, tough decisions
- Is forceful when necessary
- Is determined and persevering
- Expresses an intensity of will
- Show toughness and resiliency
- Is fearless, courageous, and brave
- Maintains emotional equality
- Is unflinching in face of adversity
- Doesn't back down
- Has a never-say-die attitude
- Sticks to one's beliefs
- Stands up for what's right
- Avoids being at the mercy of others
- Is not bullied by others
- Avoids procrastination and delay
- Is able to think for one's self
- Is self-confident, self-assured

Is able to lead; direct others

Trace Backward

One of the most powerful life response techniques worth practicing is something I call "Trace Backward." It is actually quite simple. Every time you come across an instance of good fortune, -- such as a client calling after years of being out of touch, or the sudden, unexpected arrival of money, or an opportunity arising out of nowhere -- trace it back to a recent shift in your behavior, such as a change in attitude, or a decision made, or an action taken. That way you will consistently connect the life response outcome with the change in consciousness that precipitated it. (You can also do the same when you watch a film or read a novel or review news events in the media.)

Taking this approach will enable you to see life response more often and more clearly. As a result, you will tend to take to these corresponding right behaviors more often, which means you will experience life response more frequently, leading to greater success and fulfillment in life.

By the way, the same approach can be used with negative life response. If a negative event occurs in your life and you trace it back to a wanting inner or outer behavior -- such as a lack of inner strength - you will be more motivated to avoid it in the future (and thus avoid additional negative response).

Trace Forward

An even more advanced technique is something I call "Trace Forward." This is in essence the ability to predict when a life response will occur in the future! Though this method usually requires several years of life response knowledge and experience, there is no reason you cannot acquire in early on. In essence, in any given moment, you sense how life is unfolding, and therefore where it is leading, which enables you to determine where, when, and why a life response will occur. You can even predict the precise moment that it will happen! Here is an example:

One day rather than take my afternoon walk, I decided to wait at my office for a FedEx package to arrive with my new HP laser printer. For several days, I tracked the package and therefore knew that it would arrive soon. But I still couldn't say if it would be today or tomorrow.

Then it struck me that rather than wait around, I should instead (at 2pm) vacuum the floor. And so I took out my new, month-old vacuum cleaner and began the task. Unfortunately, the dirt was not being sucked up into the machine! Then I recalled that the previous three or four times I used it, the same thing happened -- i.e. it spit out dust balls even as I seemed to be picking things up.

When I then opened the machine to see what was wrong, I discovered that the bag inside was not collecting the dirt. It turns out that I had not installed the hose properly when I assembled it, causing a lack of suction. When I then went ahead and fixed it, the vacuum worked perfectly.

Now comes the best part. I vacuumed for ten or fifteen minutes, but I was concerned that I would miss the delivery of the printer because the vacuum would be too loud. Then it occurred to me that as soon as I finished the cleaning, the delivery would arrive.

As I finished the vacuuming, I was now all but certain that the delivery would arrive at the moment I completed the task. It just seemed right considering the flow of events. A minute after finishing, I walked over to the window, had that thought again, and instantly saw the delivery person with the FedEx package containing the printer walking up the pathway! He arrived right on cue!

In essence, I had predicted the exact moment, down to the second, the delivery would take place based on the flow of events and my life response knowledge and experience.

Though it is indeed very powerful, there is one caveat to this approach: you should not let the effort stroke your ego. You must remain perfectly humble when using it. If not, you will be inviting trouble. On the other hand, if you use the technique properly, it will not only be a fantastic and fun experience, but further proof that you can determine the future from within.

Trace To Beginning

In a closely related phenomenon, spiritual sage Sri Karmayogi tells us that the ultimate outcomes of a project, work, circumstance, etc. can be seen at the very beginning. At the outset of a related chain of conditions there are acts that are indicators of the final outcome of that life flow, whether a project in a business, a home purchase, even a marriage.

Mother's Service Society researchers including myself have traced many instances of this startling phenomenon. E.g. in *Pride and Prejudice* Mrs. Bennet announced at the very beginning the arrival of two young, handsome, very rich, eligible bachelors, which is in fact what happens at the very end, when they marry two of her own daughters, sending her middle class family to the heights of wealth and social status.

What good are such perceptions? It can help you anticipate, if not predict the future (the final outcome). A crime investigator, or a doctor, or a businessperson with that subtle sense can make decisions and take actions that abridge space and time through that knowledge; by either moving in the opposite direction of a negative event up front in that chain, or reinforcing any positives that arose at the outset. Developing a Subtle Sense to see that will facilitate the process; i.e. paying attention to the flow of life;

as will an ability to make the correspondence between the outer conditions and one's own attitudes, motives, beliefs, decisions and actions.

Thus through this startling phenomenon of Life, you can become Its complete Master. It is thus an ultimate Life Response power.

Here are some examples of the phenomenon:

-One individual I know was desperately trying to meet some people in a suburb of Los Angeles for a crucial, potentially life changing meeting. He ended up getting utterly lost in a maze of suburban streets. Though he would later find the place and create a business relationship that would last several years, that undertaking ended in bankruptcy. (Had he calmed himself and opened to the Spirit to cancel the negative there and then - something we'll discuss in a later chapter - he might have overcome this disastrous eventuality.)

-An individual was desperately trying to get some sun tan lotion before taking a cruise on a tiny riverboat in Sacramento, California. His effort was intense and confused, though he and his friend managed to get on board just a moment before the little boat embarked. Twenty minutes into the trip a super, modern speedboat zoomed by, nearly cutting the boat in half. What happens at the outset indicated the thing to come. (Again, had he caught his emotions and remained steady, he never would have attracted the near disaster.)

Sri Karmayogi indicates that if you want perfect success at the end, trace its path to its earliest beginnings. All those events will be of the same character; with the same motive, attitude, opinion, etc. of the individual precipitating them. Once identified, withdraw the negatives that created the wanting outcomes at the start and presently, and reinforce the positive ones. Life will respond overwhelmingly in your favor.

You can also make that change at the very beginning, by catching the smallest or largest negative that appears. You can readily identify these by seeing the correspondence between the inner you and the outer conditions. Taking this approach at the outset will change the course of life relative to those circumstance. It's a way of insuring perfection in the outcome; avoiding considerable effort and the meanderings of life. In other words, it creates the greatest efficiency of space and time.

Perceiving the Consciousness of the Individual Collective By How Things Start

is also worth noting positive outcomes that occur at the start -- such as workers being always on time, the firm passing quota the first week, much smoother running of machines, passing deadlines earlier than anticipated, and so forth. Whatever their nature, they too are indicators of our own individual consciousness and/or that of the collective. Identifying and reinforcing them at the beginning as well as along the way will ensure the final outcome is great, far exceeding our initial aspirations and projections.

Spiritual Expressions in Life

- Silence/Being
- Oneness
- Creativity
- Knowledge
- Truth
- Power
- Goodness
- Beauty
- Love
- Delight
- Eternity
- Infinity

Silence Strategies that Attract the Positive and/or Avoid the Negative

- Withhold expressing ideas, desires when conversing.
- Avoid forcing yourself on others; be patient & wait.
- Avoid initiating action, letting life come to you.
- Avoid engaging in wasteful conversation.
- Avoid talking loudly; speak in a low, soft voice.
- When a positive occurs, avoid wasting that energy.
- Quiet the mind when over-stimulated or disturbed.
- Avoid vocalizing negative thoughts and feelings.
- Remain calm & equal when serious difficulties arise.
- Practice non-reaction toward others & life's intensities

Underlying Source Influences on Life Response

The Spiritual Reality > The Oneness of Life > Inner-Outer Correspondence > Life Response

Life Response Outcomes Generated by Opening to the Force

- the seriously ill return to health
- those at the bottom rise to the top
- items lost are suddenly found
- families near ruin experience a windfall
- groups coming to blows, suddenly relent
- decades long feud are diffused
- those who are poor come into wealth
- tornadoes destroy all homes but theirs
- pilots shot down float safely to earth
- nations about to attack are mollified
- the many-years sick become well
- the unattractive become good-looking
- a court case hopelessly lost is reversed
- oppressive bosses become compassionate
- emergencies turn out to be nothing
- those ready to die find reason to live
- babies with defective hearts are healed
- criminals on the loose are apprehended
- families in discord find harmony
- years-long enemies become friends
- the forlorn find reason to live
- the unloved find love
- heavy rain replaces drought
- solutions arise for intractable problems
- resources appear in times of scarcity
- individuals are saved from embarrassment
- electrical power suddenly comes on
- an entire life's work presents itself
- lost individuals find their destination
- small sales turn into huge ones

- lost wallets and purses show up
- long empty stocks of inventory are filled
- difficult medical operations go smoothly
- people near death come back to full health
- difficult to sell properties are purchased
- bitter rejections turn into acceptances
- disagreements turn into agreements
- obstacles of every manner & type disappear

Spiritual Results from Opening to the Force Include-

- a feeling of serenity and calm
- a feeling of richness and fullness
- a sense of utter well-being
- a buoyant, uplifting energy permeating the atmosphere
- a sense of harmony and oneness with the environment
- a feeling of deep connection and bond with others
- a perception that all and everything is utterly perfect
- a deep and abiding joy and delight of being
- a deep faith that all will work out well
- a sense that any and all things are possible

Response from Consecrating Life Activities

- The conditions of life are brought under control
- Everything works out just right (and then some)
- Life is free of interruptions and disturbances
- Life unfolds smoothly and effortlessly
- Perfections shows itself everywhere
- New, creative possibilities reveal themselves
- The seeming impossible is made possible.
- Magical-like events take place
- There is a feeling of serenity and well-being
- There is a joy-filled and delightful atmosphere

What We Can Consecrate

Acts/Activities

- Minor or Major
- Individual or Collective

Aspirations/Intentions

- Short or Longer Term
- Individual or Collective

Situations/Problems

- Small or Large
- Mild or Acute
- Past or Present
- Yours or Others
- Individual or Collective

Results of Consecration

- Life Comes Under Our Control
- Negative Conditions Evaporate
- Positive Situations Arise
- Unprecedented, Creative Outcomes
- Spiritual-Like Experiences

Keys to Consecration

- Clear Focus of What We Are Offering
- Intensity in the Act
- No Insistence on a Particular Outcome
- Faith That Results Will Come
- Accepting the Results in Full
- Gratitude for What Does Come

The Process of Accomplishment; Direction, Organization, Action

Direction - You become aware of the possibilities > You narrow down the possibilities > You envision what you want to accomplish > Your emotions endorse it > You make the decision to make it happen.

Organization - You consider strategies to accomplish the goal > You choose the best strategies > You develop time bound action to dos to make it happen.

Action - You execute the to dos in a timely manner > You execute with intensity, skill, and right attitudes > Life responds overwhelmingly!

Sample Wanting Attitudes that Block Achievement/Response

PESSIMISM, INCAPACITY

"That is just too difficult"

"It's just too much to take on"

"It will never work out"

"It will take forever"

"There are no solutions for that"

"What's the use of trying"

"I can't do that"

"I don't have the energy for that"

"I can't do it all alone?"

RELUCTANCE

"I don't want to do that"

"I don't want to get involved"

"Let someone else take care of it"

"This is new; I cannot accept it"
"Leave me alone"
"I'll do it another time"

LIMITS

"5% growth is more than enough"
"The market is limited"
"There are limits to X"
"Let's play it safe"
"We only have limited funds"
"Resources are always tight"
"I must hold on to my money"

OTHER PEOPLE

"I'll have nothing to do with them"
"He's the cause of the problem"
"They'll just ruin things"
"They cannot be trusted"
"They're always trying to cheat me"
"They are impossible to control"
"They just won't cooperate"
"It's my way or the highway"

Envision & Create Your Future

- Envision the goal you want to achieve
- Make sure it is clear in your mind
- Passionately desire for it to come about
- Make the decision & commitment to achieve it
- Organize the details, including right strategies
- Develop time bound to dos to make it happen
- Carry out your plan in a timely manner
- Make the full, determined effort
- Remain positive, optimistic, and enthusiastic
- Overcome corresponding wanting attitudes
- Execute your plan with the highest skills
- Focus on its attainment as exclusively as possible
- Aim to achieve the goal by your target date
- Open to the spiritual Force at every stage

Life Will Respond in Overwhelming Fashion!

The Infinite Power of Creation

There is a process by which individuals create and accomplish in life. Interestingly, this process is not limited to acts we as individuals engage in, but to all planes and field of life -- whether it is a business, social institutions, or society as whole.

For example, when a business does a strategic plan, it follows this same process from vision to decision to execution to manifestation. When followed diligently, meeting all of the conditions described earlier, the company will not only accomplish its goals, but it will come about through powerful life response

results. The same is true for a family, a community, a nation, or any collective or aspect of society. When that entity diligently follows the steps of the process, it not only accomplishes what it intended, but far exceeds it through instances of sudden good fortune.

We therefore see that the process of creation is actually a universal in nature, and applies to any aspect of life. In fact, that process also reflects how the universe itself came into being from a divine Source. I.e. an Infinite consciousness conceived of a universe of forms of its own Force, and then organized and executed Its intent, bringing about the cosmos we know and live in. Thus, when we follow the process of creation and accomplishment in our own lives, we are following the same essential method of the Infinite - from vision to direction to organization to manifestation. And like that divine Reality, we are able to create infinite-like results in the very shortest period of time.

Indicators of a New Way of Living

- Good fortune continually comes your way
- Luck comes on its own without outer initiative
- You constantly move life from within
- Your orientation and poise is inward
- You see life through a 'witness consciousness'
- You are in harmony with the unfoldings of life
- You feel a deep sense of oneness with others
- You are consistently selfless and self-giving
- Life inside you is calm, silent, and equal
- All of your aspirations are fulfilled, and quickly
- You follow a universal process to fulfill them
- You constantly open yourself to the Force
- The Force constantly works on your behalf
- The conditions of life are under your control
- The creative and dynamic constantly unfolds
- The seemingly impossible is made possible.
- The infinite moves into the current finite
- The future takes shape in the present
- Space and time are overcome
- Cause and effect are seen in a different light
- You live an ultimate efficiency in living
- You sense a deeper purpose in life
- You feel an intense joy in being alive
- You feel a spiritual presence above and within
- You are constantly growing and changing
- You are a pioneer of a new way of life

Key Human Behaviors that Attract

- Be positive, optimistic, and cheerful
- Give up a wanting attitude or belief
- Turn negative emotions positive
- Try to make any situation better
- Choose what is positive and helpful
- Make a decision about something

- Take the necessary physical action
- Embrace what life has put before you
- Overcome any reluctance you have
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Give people/objects more attention
- Implement money-attracting strategies
- Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength
- Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Eliminate thinking in intense situations
- Move from agitation to stillness
- Be calm and equal when problems arise
- See negatives as positives in disguise
- Hold back initiating; drawing others
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen
- Plan, implement, and execute a goal

7 Key Strategies to Make Life Respond

- Look Around, Be Aware, and Choose in the Right Direction
- Take to one or More Human Behaviors to Continually Attract
- Apply the Right Human Behaviors to an Upcoming Event
- View a Negative, Correlate it to Yourself, & Make the Necessary Change
- Apply the Right Human Behaviors to Resolve a Problem
- Open to the Spiritual Force for any Aspect of Life (Consecration)
- Follow the Process of Accomplishment to Achieve Your Heart's Desire

ACCUMULATED THOUGHTS:

Matter in the Descent and Ascent

-Matter is last word of the descent, first word of the ascent

- All the higher planes are capable of evolving out of it
- Therefore material world does not begin and end with gases and chemical compounds, physical forces and movements
- It evolves life and mind and must eventually evolve Supermind

Mother Takes Responsibility for Our Souls

Mother says she takes responsibility for our soul's progress. She can do so because our souls are conscious of Her and surrendered to Her.

Comment: Perhaps we can say that Mother supports and protects us to the degree that Her higher consciousness is more effective in helping us evolve than the progress we make by experiencing pain and difficulty that comes as a consequence of our wrong attitudes, behaviors and actions.

The Mother's Protection as We Move Toward Greater Success

[The subject has been raised as to why Mother does not always seem to give devotees protection when we attempt to achieve at a higher level, as we still run into difficulties.]

Perhaps we can say that we have protection from Mother, but then as we rise we do not have that commensurate protection because our consciousness has not made that same gain within. As a result, we are not receptive to the Force at this higher level attempt at accomplishment. We therefore need to prepare inwardly to match the outer rise to garner Her protection and power to enable us to fulfill it difficult-free and to its highest possibility and perfection.

Sometimes the rise upward can begin in the subconscious, which aspires for something the conscious is not aware of. Now if the conscious personality is not up to snuff as the subconscious is acting, then there is outer difficulty.

Sri Karmayogi indicates that in Yoga, the movement is INWARD FIRST. Once that is prepared, the outer moves, and tends to do so difficult-free. But we normally start with the Outer and then we pray that the Force backs up our efforts.

Therefore taking to constant Consecration, -- especially as it relates to the details of our effort to move to a higher level of accomplishment -- will build the bridge between these two approaches (of Inner First and Outer First); enabling a level of success that tends to be difficult-free.

Qualities That Quickly Attract Positive Conditions

- Taking to a higher value.
- Shifting from ego to non-ego.
- Shifting out of a wanting attitude.
- Acts of goodness and self-givingness.
- Feelings of goodwill towards others.
- Silencing unnecessary emotions and thoughts.
- Higher levels of cleanliness and orderliness.
- Embracing the work before instead of what you want.
- Intensity of aspiration and will.
- Taking to greater psychological strength.
- Withholding initiatives.
- Practicing non-reaction to another's intensity.
- Shifting away from blaming others.
- Taking responsibility.
- Remaining calm in a difficult situation.
- Practicing Silent Will.
- Feelings of gratitude.
- Making the full, exhaustive effort.

- Coming to an important decision.
- Taking a necessary, decided action.
- Embracing the truth of things, instead of covering it up.
- Feelings of contrition for past mistakes.
- Taking the other person's point of view.
- All manners of self-offering to the Spiritual Force (consecration)

Expressions of the Character of Life

Like the individual, life too can be said to have a character. Life's character can be described by the way events unfold, as well as by the factors that determine such outcomes.

Moreover, the character of life is governed by subtle laws and principles, which we can observe if we closely examine its unfoldings. We can perceive a number of these principles at work, which in turn can supply us with profound insights into the nature of life.

Controlling Speech, Silent Will

Controlling what you want to insist on saying and then forgetting about it completely, quickly leads to its expression by the other party.

Additional: It is a form of Silent Will.

Surrender and Best Conditions

Surrendering to Her that brings about the very best conditions is my continual experience.

Integral Awareness of Conditions

To be simultaneously aware at the physical, vital, psychological, mental, and spiritual levels of ourselves and life in a given moment is to have Integral Awareness of the conditions.

Agreeability Elicits More Truth

Agreeing with someone rather than narrating any flaw attracts more helpful truth from them.

Absence of Pain as Bliss

The experience of absence of pain amidst incessant pain is literally blissful.

Detachment and Success

Inner detachment attracts success.

Additional: Detachment = being calm and not needing and wanting in the face of something intense occurring. Letting it just be, even putting it out of mind and forgetting it, which in turn attracts the best of conditions.

Karmayogi says: "Concentrating on our responsibility fully is detachment."

"Detachment from another person or any act is detaching from our own opinions, expectations, prejudices on that."

Reader 1: Inner detachment can be explicitly shown as attachment with detachment. For example worry on the future or relatives, hurry or impatience on results or showing that we are very punctual, taking every instinct as a knowledge and not understanding that it may be intuition are all some ways in which we are too attached to outer circumstances and our own self. Mrs. Bennet or any one do not understand that circumstances are tools for attracting prosperity or Darcy. We have a saying in Tamil that we are having the Butter in hand and searching for Ghee. likewise with power of consecration and Non reaction we can attract infinity or wealth. But now with wealth in hand managing it has become big problem as we always spend it on all our projects and experiments. Mother's mission of Transformation and

developing the children of today as Future Global citizens of the Supramental world can be some of our vision. How to make it possible and not how not to make it possible should be our realm. But because of the few undertakers who carry out this mission we drift from them because we do not see eye to eye with them. It is Mother's ideas and not theirs, will give the inner detachment. My very first down load of Non reaction paper form Roy Sir's site was a great eye opener in a very difficult time where i had to switch from life to yoga .It seems to help me till now . To bring the inner detachment we can take Non reaction as the first poise.

Reader 2: Detachment from thought is silence.

Detachment from feeling is equality.

Detachment from impulses is power.

Detachment from capacity is accomplishment.

Mother and My Growth

Through Mother's will and guidance, I am being swept here and there along a path that is best for my growth and success.

Over-Expectation Based on Current Success Cancels

Rooting for local team is fine so long as the expectations don't get ahead of themselves. Teams constantly go downhill through their own or public's over-expectation of "we'll easily wrap it up" after a fast start; especially against a formidable opponent. It's a startling negative life response movement. On the other hand, strong, solid will and calm married to great skill, teamwork and positive, non-egoistic attitude normally wins the day.

Spiritually Discovery Exceeds Searching

Discovering is spiritually superior to searching in the sense that the former can offer results without our even trying.

Additional: Life response is discovering, finding, manifesting; life coming to you. Ordinary existence is searching; your going after life.

Mocking, Immaturity, and Limited Argument

Mocking others who do not agree with you is a sign of immaturity in the development and communication of one's argument.

Keeping Up with the New of Time through Consecration

Time keeps marching on, casting off past experiences, hungering for the New. The question is can we keep up? Rising in consciousness, especially through consecration, we increasingly make that possible. There we move in alignment with and create the causal New.

India's Corruption

[On the corruption in India:] Let us overcome the limitations in our own being which correspond to their corruption. Then as we change, they will change correspondingly.

Power of Consecrating Decisions

When we consecrate a decision to be made, we will make the right decision, as seen from the perspective of the future.

Spiritual Love in Self and Divine Beyond Partner

For so many a life without a loving partner is empty and not worth living. This is not the spiritual view however. Though they can live without a loving partner, they cannot live without relation to Self within or in another, or the infinite Divine.

Supramental Perception Along Multiple Lines Simultaneously

Our mind can only perceive along one or two lines in a given moment. But life is happening at hundreds or more cross-currents relative to our own personal moment to moment existence. Only Supermind (truth consciousness) can navigate ALL of these simultaneously at every instant. It is the future mind, available to us now through constant consecration.

Duty, Givens of the Now

Enjoy the duties of the now, instead of daydreaming about the future. That way the present (and the future) will work out for the very best.

OK vs. Yes in a Response

"OK" often implies a certain level of resistance

... as opposed to responding with "yes" or "very definitely" or "absolutely"..

Insistence vs. Silent Will

Insistence attracts resistance; silent will - cooperation.

Additional: Silent will = holding back expressing a thought or wish, causing another nearby to speak it out for you.

Power of Extra Patience

It's that extra little bit of patience that makes all the difference.

Do for Others

Do things for others' sake, not your own. Miracles will follow.

Love is Giving, Not Receiving

We believe that Love consists mainly of receiving good thoughts, feelings, and physical actions from the beloved; but that is incorrect. Love is actually GIVING these without expecting anything in return.

Overexpectation and Negative Response

When you over-expect an outcome, it recedes into the distance. Overcoming expectation manifest the intention as real.

Example: An individual was hoping that his national team would win the championship as they seemed near to victory. He was anxious to see them complete the last rounds and sew up the win. Unfortunately, the next day things were held up due to the elements. Then it happened again, and yet again. The more he was expecting the wrap of the victory, the more it receded. It was not just true for him, but for his country.

Romance as Adventure of Life

Romance between two is the Romance and Adventure of life. It is all encompassing, thrilling, the joy of the soul. Two souls growing, experiencing. It is the Divine found in another. It normally comes to an abrupt end in marriage, unless one elevates one's consciousness vis a vis one another. (from RomanceEternal)

Not Blaming

We often blame others for disappointing us. But with a little more forethought, research, analysis, inner scrutiny, etc. we could have done more to rectify or avoided the disappointment. That is the higher

consciousness approach. Or to put it simple: Don't Blame, Take Responsibility. Life will then be your ally and friend.

Reader: Employees also instead of blaming their employers should focus on their job and produce quality products. The motto should be create wealth and then try to share.

Comment: Yes. If the workers scan their attitudes toward the work and reverse that which is wanting, - e.g. laziness, being overly demanding, not making the necessary effort, lack of organization, lack of punctuality or reliability, not embracing the work before them, doing things haphazardly and without care, being dishonest etc., etc. -- they will never have reason to complain about their employers as life will constantly respond favorably in their environment.

Opposition Rises to One's Attempt to Go to next Level

When you come upon a significant new positive development in your life -- such as a great business opportunity, or a means to help society or a way to rise the next level of success, -- often an opposing force will rise to counter it. However, if you aware of such a thing, person, group, etc., navigate around its harmful influence, use its negative force as a means to move forward, while consecrating at each step along the way, you can reach your intended goals that much faster. In fact, you are likely to attain a level of achievement far beyond what you originally perceived or intended.

Reader: Right at the moment I have adversaries that are standing in front of me getting a residential site

Response: Adversaries may not be the same thing as hostile forces working against you, and which require different strategies to pursue to enable success. Often such opposition, adversarial forces may simply be a reflection of a limitation within ourselves; whereas hostile forces are more universal in nature, working through individuals and tends to want to destroy any work that leads to higher consciousness. (Often the individuals serving the hostiles have no knowledge they are doing so.) You will have to judge which is which in your case.

Subtle Signs of What to Do or Not for the Future'

All around us are subtle signs of what is currently planned for our future -- positive and negative. With this knowledge, we can ascertain what to pursue and what to avoid, enabling optimal outcomes in our lives.

E.g. an individual realized that each time he associated with a particular person there was signs of imminent danger to him in the form of what he suddenly glanced at in the paper that was harmful that had had his surname on it; by ominous references to what news had suddenly broken out that had been discussed in a friendly manner with this person; by a dangerous police action that occurred in the area they had spent time in; and by a dozen other signs over the course of several months. He thus had the wherewithal to disassociate from that individual, thereby enabling him to avoid harm. In fact, that individual may have been a force that was counter to a very significant positive project and career development in his life.

Divine Mother Entering the Mother

Calling the mighty Mother of the worlds

To make this earthly tenement her house.

As in a flash from a supernal light,

A living image of the original Power,

A face, a form came down into her heart

And made of it its temple and pure abode.

(from Savitri by Sri Aurobindo)

Comment: As She narrates in Agenda, at one point the Divine Mother entered into Mother, and remained there.

Additional: "Sri Aurobindo writes of this in Savitri – Savitri lives always on earth, with the soul of the earth, to make the whole earth progress as quickly as possible. Well, when the time comes and things

on earth are ready, then the divine Mother incarnates with her full power – when things are ready. Then will come the perfection of the realization. A splendor of creation exceeding all logic! It brings in a fullness and a power completely beyond the petty shallow logic of human mentality."

Focusing on Something Attracts More of It

Wherever you focus your attention, more of it comes; and from seemingly out of nowhere.

E.g., for no particular reason you think about a singer with a certain amount of emotion, and suddenly from out of nowhere you see news reports and other iterations about this person. This is a very common cosmic experience that we mostly fail to notice in full.

Spiritual Individual's Pleasure of Not Fulfilling a Desire

For a spiritual individual not fulfilling a desire brings more pleasure than fulfilling it.

Further thought: It is a movement from short-term outer-based pleasure to longer-term inner-based ananda (bliss).

It will increasingly be the way of the Evolution.

Avoiding Waste Attracts More of Resource

At each point you avoid waste (of any amount), you receive more of it from out of nowhere in the same, similar, or new form.

E.g. an individual did not go to a restaurant in order to save money. A short while later he discovered that an unexpected delicious meal had been cooked that he was now invited to share in.

Intense Feelings Attract

Intense vital/emotional feelings attract life response instantaneously - positively or negatively, depending on the source expression.

Protection

"Protection" is the Divine, the Mother shielding you from untoward, hostile, etc. individuals and circumstance. It also protects you from yourself, including that which is subconsciously negative within you.

Desire Opens Up Life

When desire overwhelms reason, life opens up in a thousand directions - both positive and negative.

Being Alert to Mother's Guidance of Opportunities

For those on Her Path, Mother is constantly guiding our life; providing us with great opportunities. Therefore we should be very alert to them, taking them up whenever possible.

Unseen Association, Not Coincidence

There are no coincidences; only deep cosmic and terrestrial associations unseen.

Ego Movement

An ego movement occurs each time you experience separative consciousness from others or the world. Additional: Catch and shift each instance to harmonic.

Reaction to the Negative, which Happens Infrequently

95+ percent of the time things go well, and yet it is how we navigate the remainder that often determines which direction life responds.

Additional: The remaining 5% depends upon whether or not you give into your negative side -- whether in your attitudes, opinions, beliefs, behaviors, actions. It is to this that life readily responds to.

Complaint, Not Appreciation for Social Amenities

We have little appreciation for the social amenities around us. Our main reflection on them comes as complaint.

Further thought: I.e. for business, government, education, transportation, internet, communications. social welfare, medical, food supply, etc. etc. While there is vast scope for improvements (and we can work towards that possibility), we rarely thank these for existing in the first place; from the time of our birth It's unconscious social ingratitude; lack of appreciation for great efforts of the past that have made possible the present conditions.

Irritation

Irritation is reaction to the flow of life that is not compatible to what is in your mind.

Further thought: From a deeper poise of calm and patience such reactions do not arise. Constant (e.g. hourly) consecration makes that possible.

Positive Change through Negative Circumstance

Normal Life: negative circumstance is the most powerful means of positive change.
Supramental Life: unexpected, creative, unprecedented positive change that continually cascades.

Examples: The unity among nations (UN, etc.) that developed after horror of WWII, and embarking on new career after bankruptcy are examples of Normal Life. The Renaissance, the Internet and results of consecration are examples of Supramental Life.

Science Sees Surface, Not Below It

Science has the knowledge of the surface. Then there is the rest of existence behind that material facade.

Finite, Infinite

Your area is a tiny dot in the world, yet you almost feel as if it is the entire world. The same with you inside your one body.

Adhering to Truth, Mother, and Protection

Adhering to Truth is the greatest protection in life. Adhering to falsehood puts one at the mercy of negative karmas.

Additional: "Protection" is the Divine, the Mother shielding you from untoward, hostile, etc. individuals and circumstance. It also protects you from yourself, including that which is subconsciously negative within you.

Infinite Consciousness in Involution, Evolution

From an Infinite Consciousness emerged the universe through an involutionary process. Now through an evolutionary process we are evolving from a limited to an Infinite consciousness and being. Thus the creator and creation become integrally related and One.

Additional: Involution: Infinite Spirit (Satchitananda)> Supermind > Cosmic Mind > Energy > Forms/Matter

Evolution (in the universe): Forms/Matter > Vital Life > Mind/Mentality > Spirit (and Divine Life on Earth)

Environmental Catastrophe and Negativity of Guns, Lack of Financial Regulation in US

The two or three major environmental catastrophes in the US in the past few weeks have their roots in the use of guns and lack of gun control. At Yosemite National Park, the massive fire was started by a hunter. A similar dynamic occurred for a local fire. The calamitous flooding in Colorado came just after elected officials who advocated gun control were recalled.

Last year the major catastrophes on the East Coast of the US (hurricane Sandy, earthquakes, and others) had their subtle roots in an unwillingness of officials to set rules on financial speculation in the US, thus threatening another world financial crisis.

Environmental calamities reflect conflict, unwillingness, resistance, and the like among a given population.

Education and Discipline

Reader: One of my boss told me that education gives discipline.

Response: Yes, it disciplines the mind to think, which it can also be applied to control and better direct other aspects of one's life.

True Understanding in Educating Ourselves

--True understanding comes from understanding, not memorization.

-Understanding comes from thinking.

--Thinking tells us why

--"Why" is to penetrate the deepest aspect of the subject

--One aspect is how does it relate to our lives

--The best form of understanding comes when we experience the veracity of the truth of the idea. It becomes real to us.

--Real life examples, case studies make knowledge more real to us

--A mental person can learn directly from theory. A vital person, learner needs real world examples to know. Most are in that category

--What one learns is what one feels deeply compelled to learn, that issues from one's Inner Self.

-One should learn that which one has an Aspiration for learning

--One should learn that which relates to one's own interests and values

--The best education is what one learns on one's own

--No testing

--Internet provides a great vehicle to learn what one wants; that which we deeply aspire; in our own time; at our own pace

--A mentor can help us when we are stuck or need further knowledge and encouragement; yet the predominant learning thrust should come from our own will, interest, values.

Life, Not Photos, Videos is Life

Photos aren't truly life; nor are videos and such. Life is Life.

Inner Being as Guide

"Your Inner Being is always guiding you toward what you are wanting." (Abraham) Very true and profound! It is the ultimate perspective of the purpose and meaning of our lives.

Addictions Intensity vs. Intensity of the Reality

We take to alcohol, drugs, and other intensities because we are not satisfied with the current reality.

Additional: And yet the current Reality has every intensity one could possibly want, though they exist hidden in the subtle plane within us.

Wasting New Surges of Energy

As soon as we feel a surge of energy, our first tendency is to seek ways to waste it. Preserving and enhancing it is never a thought.

High, Energy, Positive Attitude Together

With high energy and non-egoistic positive attitude life is a never-ending wonder and dream.

US as Representative of Future World

US is the melting pot of the world; a microcosm of the macrocosm of the peoples of the earth. It represents the future unity of the nations, now gathered in one special place.

Additional: It must evolve its consciousness to become the model for the world.

Loving the Wife is God-like Experience

A man who loves his wife ceaselessly over many years has found god in the heart.

Russia Aiding in Policing the World

Russia sharing the burden with the overtaxed US as Policeman of the World is a great development; a benefit that was promised by the end of the Cold War, but until now little realized. Now a wider group of nations can increasingly join and share in that necessary effort.

Limits on US Military and Russian Oil-based Economies

US cannot afford continuous high military spending to meet the needs of a world policeman, as its infrastructure is aging and crumbling in many places, and there is need for more and better public education, and other beneficial services from government. Russia, is a one dimensional economy, focusing on oil, which is threatened by natural gas, and needs to connect with other nations to create a more diverse economy. That will happen when it has better relations with other countries, enters the international political theater, etc.

Sri Aurobindo's First Tier Poets

In remarks from his work 'The Future Poetry' Sri Aurobindo listed Shakespeare, Valmiki (author of Mahabharata) and Homer (Iliad, Odyssey) as the greatest epic poets, with Virgil (Aeneid) and others just below in a second tier, with many other in the third. I would say Sri Aurobindo's Savitri places him also in the first tier, though it may be in a tier higher still, as it is a work of 25,000 lines of unprecedented mystic poetry, perhaps 1000 years ahead of its time.

Interacting with Others Forces Our Change and Enables Progress

It is when we interact with others that we are forced to confront our own limitations, as life puts us in opposition or contradiction with the other party through which we must rise in consciousness to create the higher harmony. It is Nature's slow and difficult way of progress. Thus, Sri Aurobindo indicates that it is form interacting with form that brings about the evolution; a continual movement from unconsciousness to consciousness.

Overcoming Conflict with Another Has Universal Effect

If we give up a small conflict with another and turn it harmonious we may see corresponding positive rippling effects in the collectives around us -- from friends and family to business to the world. In this way we can affect the macrocosm (the universe) from the microcosm (ourselves).

Rising to Level of Consciousness, Above Unconsciousness

We rise to our level of consciousness. Beyond that requires overcoming our unconsciousness.

Demanding Beyond Entitlement

When you demand from life something you are not entitled too, life will take from you in proportion.

E.g. a woman demanded a special sauce she was not entitled to at the current price. After pushing hard on the matter, she got what she wanted. A moment later she found herself in a slow-moving line with the person in front of her having problems, which caused the woman frustration and irritation.

Rising to Next Highest Level Attracts Oppositional Force

When you try to establish the next highest level of consciousness for yourself or the world, there will normally rise a force in opposition that will try to destroy it. Learning how to navigate your way through this opposition by dissolving its power from within or making use of its force for your advantage will enable you to rise to that desired next level of being.

Example: A small group of individuals in an organization quietly tried to raise the body's level of consciousness, knowledge, aspiration, etc. Over time there was an extreme opposition from a regressive force which sought to block the party who wished to implement the new. Court cases and the like followed. Yet because of the calm of the higher party, people in the organization became more aware of them and their progressive ideas. In fact, they were soon voted to head the entire august organization, implementing many of their values! In essence, the negative force rose up to block the positive, but the higher party carefully utilized the events perpetrated by the negative side to rise to the very top.

Another example: In the Jane Austin novel *Pride and Prejudice* the Bennett family aspired to rise up in prosperity and well-being. Immediately a nefarious scoundrel rose up and instigated shenanigans that almost ruined the family. However, through the personal growth of several members, they overcame the oppositional force; enabling marriage of the daughters to wealthy men, enabling the struggling Bennett's to rise in prosperity and social status.

Levels of Physical Transformation from the Force

Consecration makes the consciousness flexible, increasing one's energy, and therefore giving greater power to the e body. A stage beyond this is the transmutation of the cells of the body so they lose their programming to fall ill and die. Beyond that is the replacements of the organs of the body -- breathing, fluid circulation, digestion, etc. -- with corresponding centers of consciousness. This is the supramental body and existence in which we can live as long as we wish.

Overcoming Causes of Illness and Aging

Illness and aging are due to the body's inability to keep up with the demands of life. When it does, we will take a major step toward unbounded health and living as long as we wish.

Solve Problems by Consecrating, Forgetting

One of the best ways to solve a problem is to consecrate and then forget about it. Life will then offer you a solution or implement it on its own.

Withholding Expression of Another's Breaking a Rule

When you hold back and dissolve the emotional urge to tell another they are breaking a rule, they tend to come back into line on their own.

Life Iterating One's Thought is Supramental

When increasingly each time you have a thought about a matter and an iteration of it instantaneously appears before your eyes from out of nowhere, you know you are on the way to embodying supramental (truth) consciousness.

Religions Limits Compared to Spirituality

Religion can help a person live a moral life, but is generally inadequate for living a spiritual one.

Religion is to honor and worship the spiritual founder. Spiritual life is to embody those and other spiritual qualities in our own being.

Regressive Forces Overcoming Positive Development Attract Natural Disasters

The cancellation of a progressive development (such as government legislation) by regressive forces can attract the sudden onset of a natural disaster for that community.

E.g. the state of Colorado in US in a forward-looking movement passed gun-control legislation. Soon after the individuals who helped put this in place through legislation are recalled from office through a nefarious process in an attempt to overcome the law. Within a few days the worst floods in 100 years threatens the lives of thousands of Coloradoans.

Parallelism

When two things come on their own from out of nowhere at the same time, look closer and see the way they are related in consciousness.

E.g. after not hearing from an individual for months, an email comes to me response to an earlier message I sent him. It comes as a conference he represents on education is about to take place to which I have been invited. In the inbox is only one other email message. It is from an online education system of the very type that is to be the very focus of the upcoming education seminar. These two messages, which have no outer association to one another, came simultaneously and are thus related in consciousness.

It is interesting that I virtually never receive such message related to new education system, but here they come together in an instant and are the only ones in the inbox.

It is also worth noting that such associations also point to future relations that will occur between the parties of these two messages, as well as to the person who received it. (It is one way to anticipate, if not tell the future.)

These and dozens, even hundreds others are examples of life association laws that are indicated by such synchronicities between parties. We refer to them as "Laws of Life Response."

Embracing What We Dislike in Work Attracts Positively

It is often the thing that we least like of our work that attracts our future success. Therefore it is best to embrace in full the givens life has put before you. If you do, you will be taken to the next level of success in life!

E.g., an individual disliked sales as her job, but then reversed her attitude, and as a result suddenly attracted the job of her dreams.

Severely Unbalanced Income Gain in USA

Life out of balance: In the United States 95 percent of the income gain since 2009 have gone to the top 1 percent.

People's Unaware of Other Areas; Provincialism that is Ignorance

People in a given country are little concerned with the issues of other nations, being absorbed in local and national matters alone. As a result of this rampant ignorance, people are unaware of important global developments, innovative solutions to problems, and how we can work collectively to uplift our own nation as well as the world. In the age of the Internet, such shameful ignorance is inexcusable. Let us then wake up and learn about the condition of our neighbors worldwide, and we will all be greatly enriched!

US as Capitalist Country

Reader: The US is truly a capitalist country.

Response: Yes, where "capitalist" indicates a focus on money and financial speculation first, regardless of fairness; the human being second. If America can turn from "capitalist" country to being human-centric, it would serve as a model for the rest of the world. (like the Scandinavians and several others) Right now, with unbridled speculation she is virulently the former; money centered. But things can change; usually through pain.

How to Change the Course of World Events

Any individual learned and absorbed in the issues, and deeply, sincerely open to Mother can from within change the course of world events.

Living Unendingly and Soul/Psychic Connection

Q: Can we live unendingly through intense life summoning desire, which organizes, creates more Life Force?

A: In theory if you were to aspire for what your Evolving Soul (Psychic being) aspires to know in its cosmic Journey, then you could live a very long life. (One lives so long as the psychic entity sees the possibility of its growth in this life. Otherwise, we die and it move on to further rebirths) And yet the degradation of cells would still persists, which is only curable through the action of the supramental Force, which invariably would replace all of our organs and such with a higher representative functioning. In other words, it would be the means of a new type of Individual, making up a New Species of human with the ability to live life unendingly; as long as one wishes through movements of consciousness within.

Connection with Mother and Avoiding Life's Obstacles

Only our deep association with Mother enables us to successfully navigate the minefield of Life.

Summoning Your Highest Value that Evokes Response

Think about and feel the highest value you can imagine to uplift a problematic situation. Life will positively respond to that higher consciousness aspiration, offering creative means for its implementation.

Resistance Overcomes Attracts Sooner Completion

When you give up resistance to go down a certain path, the completion date of its achievement occurs much sooner than planned.

One Change in Our Limited Consciousness, Usually Attitudes, Moves Us to Next Level of Accomplishment

We try to move to the next level of accomplishment in our life, but nothing happens; life does not cooperate. But then if we change one small aspect of our being, usually a limiting, negative attitude or a missing level of will or effort, and suddenly a golden opportunity appears from out of nowhere, that when taken propels us to the next level of success in life. Knowing what that inner change needs to be is the key to attracting Life's initiative that takes you to the stars.

Reader: How to know?

Response: One needs to evaluate aspects of one's being and discover and then change those that are wanting. The biggest problems are normally in the attitudes. There are a number of negative attitudes, from which you can identify your own. If you change even one, life will quickly respond with good fortune:

Another approach is to perceive all of the negative situations that have come to you and see the negative quality inside that precipitated it. (You can still reference the same list in my previous comment.) The key is of one is truly sincere in doing this, in discovering the weakness and making the change; or is it just an idea or passing fancy.

Hoping for Collaborative Effort Evokes New Solution in Syria Crisis via Gorbachev

At the beginning of the Syria chemical weapons crisis and threat by US to retaliate for its use, I went to a news story in which Michael Gorbachev spoke of how this event can be used as a means for forwarding relations between Russia and the US, which has sorely been neglected since the end of the Cold War. I hoped for this naturally, as it would change the smaller circumstance of the Syrian gas to one of the potential of world unity and collaboration. No one of significance was speaking along these lines. Several days later from out of the blue the Russians made their overture to the crisis by inviting the Syrians to give up those gas arms. As a result, at least for the moment, the situation has radically changed. It should be noted that Gorbachev ended the Cold War almost single handedly, and without a single death. It is one of the great events in history, and one that surely had Her Force behind it. It is a power of Non-Violent peace.

Additional: I perceived Gorbachev's as the higher consciousness approach, connected with that reality, and life responded along those very lines. (It was also synchronous to members of MSS entering the country via Washington DC for conferences on this sort of and other social development topics.)

Developing Inner Poise by Developing Inner Life

You develop the peace within that is untouched by outer circumstance by establishing an inner life. That inner poise can become real and permanent by practicing constant consecration, non-reaction, taking another's point of view, silent will, self-givingness, etc. It will over time establish a deeper poise in the subliminal being, the inner mind vital, and physical, from which to consciously observe and be unaffected by the world. Deeper still lies the Psychic being.

What Mother Is, Does in Life

Mother is the spiritual Force of the Infinite Consciousness poised to further evolve the world through our collaboration.

Individuals Ensconced in their Opinions

Individuals who assert their opinion vociferously will often cower and shift to the opposite in the face of truth. This indicates a somewhat open mind. Those who do not shift in the light of true knowledge are ensconced by the physical consciousness. They only change when life beats them to a pulp.

Immersing Ourselves in the Present Conditions and Its Perfection

Since every moment has its own character, we must be fully immersed in the present conditions -- unconcerned with future or past -- to engage it perfectly. Too much of the time we let our minds drift to other things, other wants, causing faulty engagement in the needs of the present moment.

Further comment: Please note that such 'ever-present engagement' tends to enable perfection in the act, which theoretically evokes powerful life response in return. We could gather examples, or watch ourselves to prove. Sri Karmayogi and associates likely have such real-world examples that verify the hypothesis.

Changing Corresponding Inner Condition to Evoke Response from Collective

Life Response not only relates to evoking good fortune for one's self from within, but also for the collective. One aspect is to discover the corresponding quality in one's self that relates to an outer problem of the collective. E.g. if you don't want a particular war, discover a certain irritation or sarcasm or something in your nature that gets energized when the subject of that war comes up, and reverse it. Life will then take over, and do the right thing about the conflict. In a similar way we can overcome poverty, disease, and many other social ills. This approach can also work more locally relating to your country, region, company, family, or interpersonal relationship.

This shows that ultimately we are not just individual beings, but universal ones as well.

The Success of Leader Who Listens to All Sides, and Then Decides

One great quality of a leader is the ability to listen to all sides of the issue, e.g. from subordinates, and from out of these determine the best course of action. Having been involved in the decision making

process, the staff will now be motivated to follow through with determination and positive attitude. Through this process, the chance of success is greatly enhanced.

Knowledge through Non-Thinking in Supramental Life

In normal human life knowledge comes through thinking. In supramental life, knowledge comes by NOT thinking, -- through intuitions of knowledge. That is made possible when we move to a deeper poise of stillness within, which itself occurs through constant consecration, opening to the supramental Force of the divine Mother.

Dead Habits vs. Doing in Freshness

Q: Please clarify meaning Dead habits?

A: Dead habits are routines we engage in repeatedly over and over, never changing them. This is opposed to doing things differently, with freshness, which elicits new-found energies and successes:

Shedding Lower Consciousness Aspects Will Attract Opportunities as Life's Initiatives

Constantly move from lower to higher consciousness – by shedding negative attitudes, dead habits, false beliefs, ego movements, etc. -- and life will come to you with good or great fortune. Thus, you will never have to initiate actions for success, as Life's initiatives will come to you as Golden Opportunities. Embrace them and you will be taken to the stars.

Power of Moving from Insistence to Putting Out of Mind

When you refrain from insisting on a truth you observe, putting it out of mind completely, it tends to manifest with vigor in the world.

Not Waiting on Things Delayed

Not waiting on a thing delayed, and doing what one can with what one has, attracts the delayed thing to arrive during the new course at just the right time.

Catching and Consecrating Ego Movements Enables Harmony

Each time an Ego movement arises catch it and then consecrate it. Your life will then be filled with Harmony -- towards others and life, which will be the source of unending Joy.

The English vs. French in Past and Future

In the last century or two the British have demonstrated towering strength against its adversaries, as opposed to the French who were soft and cowardly, taking to wine, women and song. And yet the French have a much finer intellect, and subscribe to high forms of idealism that the English do not aspire for. The Mother even indicated that the French would be instrumental in the spiritual evolution. Sri Karmayogi says this will happen only if she moves from intellectuality to the Spirit. UK on the other hand seems to be out of the evolutionary picture as the US has taken up that role.

Opening to the Wider Mind to See the Big Picture

We are hemmed in by the small dome of our mind, causing us to perceive a haze of truth, a bare minimum of knowledge. But there is a vaster Mind that stretches out in all directions that enables us to truly see the Big Picture of existence. By moving to a deeper center of being within, we are enveloped by that universal and cosmic Mind, garnering its infinite knowledge and success benefits in our lives. (Constant consecration, and practicing non-reaction, taking the other person's point of view, and self-givingness, will move us to our subliminal and psychic being within where this dynamic is made possible.)

Not Wanting, but Accepting in Mother

In Mother you don't want anything, but you do accept everything that comes.

The Way Out Of India's Woes

(My entered comment on today's NY Times article on the very recent economic troubles of India:)

This is likely to turn out to be the best thing to happen to India. It will wake her up in all of the areas she has been asleep, negligent, and backwards. This will also allow the prosperity to spread from a core 20% to the rest of the nation. After all 66% of all Indians make \$2 a day, which is pathetic. By the way, it is not just the government, infrastructure, et al that must change in India, but also the poverty mindset of the individual people has to change; developing entrepreneurial spirit, a work ethic, shedding caste, often mindless rituals, a reconnection to her spiritual wisdom in a modern context, etc. That is the real key to long-term success.

Sri Aurobindo on Destruction of Europe's Organization

"Europe prides herself on her practical and scientific organization and efficiency. I am waiting till her organization is perfect: then a child shall destroy her." (Sri Aurobindo, Thoughts and Aphorisms)

Sri Aurobindo's quote may be referring to the logical mind of the European that is the basis of how organized its society is through mental constructs. However there is a power of truth much greater than the mental; that is the spiritual. Spiritual being spiritualized mind of intuition and supramental perception. Einstein intuitivized reality breaking the bounds of the traditional Newtonian view. But that is just the start. We can intuitivize the truth of anything, which gives us a far greater power than mental logic. Opening to Supermind (the Mother) gives us vast integral knowledge plus instantaneous capacity to change reality. How can science and organization of the mind as in Europe compete with this new formation of human experience? Perhaps then the child represents individuals who will perceive this capacity, which will shake the foundations of European "logic" and organization.

Underlying Attitude and Illness

Change the underlying negative psychological attitude, and one's serious illness will soon disappear.

Solution to Middle East Problems

Until there is a comprehensive ECONOMIC solution for the Middle East and North Africa, civil war, terrorism, flaunting of democracy, coups, and general violence and misery is likely to continue there unabated. The underlying angst is caused by poverty, high unemployment, feelings of little opportunity, etc. The world should work together in collaboration with these nations to create a viable economic solution. Otherwise, the madness among the nations in that region there will go on for the foreseeable future. The rest of the world will not tolerate this for much longer, as it jeopardizes their own progress. To create such an economic solution a World Parliament or similar should be created to pass legislation that can be enforced. Also a World Army should be deployed to troubled areas as needed, not dependent on the US alone as is now the case.

Existential Question

It is estimated that ~100 billion people have lived on the earth. Then how does one feel significant in the face of this startling reality is the question I am raising. I invite your responses.

Higher Harmony Beyond Various Contradictions

Progress and therefore Evolution occurs through infinite pairings of contradiction -- between husband and wife, boss and employee, two rival nations, etc. etc. -- who through their difficult interaction discover a higher harmony beyond their current contradictory state.

Anger and Knowledge

Anger indicates lack of knowledge of all the facts.

Nations as Policeman of the World

The nations of the earth need to collectively take over the role of policeman of the world from the United States who no longer has the capacity and will to sustain it.

Steve Jobs and Indian Spirituality

A few thoughts on Steve Jobs relation to Indian spirituality.

--He went to India seeking spiritual enlightenment, but after a difficult experience, he turned around, feeling he needed to develop his technological visions.

--It has been reported that ever year Jobs read saint Swami Yogananda's book 'Autobiography of a Yogi' and was therefore influenced by ancient Indians spirituality.

--'The Journey is the Reward,' a pet phrase of his, is advocated in the ancient Vedas and Upanishads texts of India

--Seeking the Joy of Work and Service over Money is what Lord Krishna taught in the Bhagavad Gita. It is the Karmayoga of the Indian tradition.

--Think Different/True Individuality -- a deep view of his that is again deeply ensconced in the Vedic, Upanishadic and Gita traditions.

--Much of the Apple advertising and marketing over the years had a touch of the Zen (Buddhism) in it. I.e. filled with irony and a dash of that which goes beyond mental logic.

Unfortunately Jobs did not lead a balanced life despite his philosophy, being too focused on accomplishment at the expense of his own serenity and well-being. He was also insecure and possessive. As a result, he turned ill and died. In this regard, he was not able to practice the knowledge he had perused.

Reader: It is unfortunately the case of so many other gifted people

Compulsion from Within, Above

There are two compulsions that drive the evolution: one from Within Ourselves; the other from Above.

Attention Energizes It

Whenever you give more attention to something, it gets energized. E.g. illness (begets more illness), upsetness, a problem, cheerfulness, aspiration, machines (better performance), people (more responsive), information and ideas (more of it comes), etc.

Utility of Negative in Life vs. Supramental Life

Without negative circumstance life almost never moves forward.* It is normal human existence. Supramental Life on the other hand overcomes this dynamic.

* "moves forward" = progresses

Reader: It is also 'negatives are positives in disguise.'

Comment: Exactly!

Reader: When one finds getting rental accommodation difficult, he starts thinking why not build a townhouse for himself.

Catching Negatives Prevents Response; Better Yet Consecrate It

Catch every negative thought and feeling you have in the course of your day - whether towards others, life, or self. That avoids further negative response from life. Better yet also offer it to the spiritual Force which will tend to reduce or eliminate its occurrence in future.

Need for World Parliament to Solve World Problems; Human Unity Formations

Only a World Parliament of collaborating nations or similar can overcome the acute cross-nation problems of the world - including conflict, war, poverty, unemployment, skewed distribution of wealth, environmental concerns, terrorism, and other forms of political, economic and social instability. These

problems are too great for any individual nation to solve on its own. Global parliament policies can reinforce Harmony, instead of nations each pulling in their own direction as they are doing now. Sri Aurobindo saw such collaboration as necessary for ever-increasing Human Unity. And yet the solutions themselves can percolate from the bottom up.

Further thought: It is rapidly happening, Since WWII there have been a plethora of world organizations from UN to G20 to ASEAN, to global environmental and economic gatherings, and many many others, as never existed on the earth. These are now accelerating as people realize they cannot solve problems alone. From 1 or 2 before WWII, to many dozens now, and increasing even faster since end of Cold War.

One Mind, Vital, Body

There is only one body, one mind and one vital though outwardly we see so many different bodies. (MSS)

Comment: E.g. there is Cosmic Mind, which is universal. Our own mind (and its knowledge) is only a tiny eddy in the sea of Cosmic Mind. Similar for other planes mentioned.

When All is Lost, All Returns

It is when all looks lost, that everything will be returned back to you. (MSS)

Comment: Only when you move to intense hopeless state, calling out in desperation, and there is soon an answer to your prayer. At such moments one's being is wide open, so the Grace comes unobstructed. Life responds with new opportunity, development, clarity, answers, funds, etc.

Remembering Past Births through Psychic Being Connection

Q: Can we recollect our previous bodies thru Aspiration?

A: What I understand, if you connect to your psychic being you can recollect experiences in past births where you were in touch with that (same) psychic being within one's self. This is what Sri Aurobindo and Mother experienced. E.g. in Agenda Mother remembers specific moments she experienced as Taia, queen to Amenhotep III and mother to Akhenaton in ancient Egypt. She also had any other experiences as Joan of Arc, Mona Lisa, and Catherine the Great of Russia.

US on the (Negative) Cusp

Most in the US did not upgrade their skills for the new economy as they were asked to do over the last 20 years, and their wages stagnated terribly. Meanwhile all recent wealth increase since the financial crisis and ensuing near Depression has gone to the top 5%, leaving the remaining reeling beyond stagnant wages, as they are also burdened with lack of funds and saddled with debt. Tax decreases for corporations and sheltering and offshoring of money avoiding taxes further depleted the governments financial base and there has been little infrastructure development and funds for education in the nation. The unregulated financiers recklessly abused money ushering in the Great Recession. A perfect storm of problems have ensued and people are pointing in various directions to blame. The entire society has to work together to get out of the mess that has been created. Lack of cooperation among the sectors and mindless laissez faire style capitalism need our attention. A new way out is required with people at the center, not money with its tendency for greed and indifference. The cash flushed and innovative tech companies can play a vital role in this process. We need to work together. Individuality without cooperation leads to anarchy. We are on the cusp of that, so we must work together and take serious actions soon.

Giving Freedom in Human and Spiritual Life

(MSS) We know very well that when we are given total freedom in life we don't use it properly and mostly end up issues in it. For example, when parents give a lot of freedom to children the children spend most of the time in play only and end up neglecting their study which hurts them later on. Similarly, when a company gives freedom to its employees they come late, waste the time in gossiping and not doing work and insist on leaving earlier than the scheduled time. All these only leads to the

financial loss to the company. Therefore, traditional wisdom is always insisted on a full and proper discipline for achieving any progress in life.

(response) In business it is essential to establish discipline first. That is the authority implicit in the job position. Once that is established, then giving subordinate staff members freedom – whether to be creative, innovative, taking initiative, etc. -- will produce highly beneficial results. It is a psychological growth for the manager to release himself of egoistic control. The same basic dynamic is true between parents and children.

(MSS) Now we come to integral yoga. The basic principle of integral yoga is that the psychic being grows only under conditions of true freedom. It is to give this freedom that the Mother has freed Sadhaks from the control of rituals, from the authority of the shastras and the necessity of having an external spiritual guru. When people misuse freedom in ordinary life, why won't they misuse the same freedom when it is given in spiritual life?

(response) The starting point of Spirit is freedom, the play of Life, Lila, in which the Divine can do anything He chooses; including not creating a universe. Spirit is organized around trust, actually faith, not authority. In that way it is different than business and family life, which still have the element of duality embedded and require a certain foundation of authority to function properly. The true authority in spirit is the Soul which is the spark of the divine, which is Free as it wishes. The play of Lila is thus inside, as well as transcendent to us in the spiritual life.

(MSS) Therefore, I am honestly puzzled by the philosophy of Integral Yoga that insists on the freedom given to Sadhaks for achieving substantial spiritual growth. Commonsense says that freedom is invariably misused. If so, how will any Sadhak of Integral Yoga achieve any real progress under conditions of freedom from rituals, shastras and guidance of the Guru. Surely, this demands an explanation. Perhaps hidden beneath the external appearance of freedom there is a greater discipline in Integral Yoga which alone is responsible for the spiritual progress achieved by the Sadhaks.

(response) Yes, I believe so. It is self-discipline, not authority/compulsion.

Thoughts on Substance by Sri Karmayogi:

--Substance is deeper than consciousness.

--The substance is more real than the consciousness.

--The substance readily reveals the natural strength.

--One's evolutionary progress or even potential is seen by the measure of his own uncompelled willingness to respond from his physical substance.

--To reach the substance and to act from the spirit of that substance is to evolve spiritually.

--The change accomplished by Elizabeth [in *Pride and Prejudice*] is from the vital to the mental, by Darcy from mental revulsion to vital acceptance. It was not enough for life. It needs to be repeated in the substance of the vital so as to be permanent. Lydia completes it.

--[In *Pride and Prejudice*] Pemberley possessed her [Eliza's] feeling with a deeper appreciation. That feeling having reached her substance, evoked the Response of bringing the owner [Darcy] to meet her.

--The thought in the Mental consciousness moving down to the Mental substance becomes the thought of understanding of the body. Hence the instantaneous action.

--[On making the choice to come out of poverty} Making a positive choice he makes a progress in consciousness unaccompanied by a similar progress in his substance. In life, it is for him to cling to the higher opportunity and fill up the substance.

--Humanity may cover only the consciousness excluding its substance which is earth.

--Home is the consciousness, the house is the substance.

--The ideal is the consciousness, the organization is the substance.

--The highest work of reason is to find the one substance, the one law, the cementing latest reality connecting and unifying the many, the different, the discordant and disparate.

--Moving from thought to mind, it is vast. Rising to Silence, Light, and Knowledge, it is more and more subtle and more powerful. Descending into the vital, the physical and further reaching the substance, Mind becomes profound, whole, mighty and discovers itself as the Absolute dissolving itself in the Process.

--The outer atmosphere is like a cloud. The inner atmosphere is like a flood. Beyond is the substance of the person.

--If the atmosphere is undisturbed and calm even without a mental effort on your part, it means your substance is calm.

--One has touched the substance if nothing in him moves.

Overcome Power Problem via Communication with Mother

Reader: When I was coming back from work, reading article of life response. Suddenly came to my mind that nowadays we are not facing power cut problem in tamil nadu. I thought we , tamil nadu people , are not showing any gratefulness. No praise for the concern govt /persons for giving power. After reaching home, suddenly power failure in home after a very long time. I silently went within me for the cause. Suddenly remembered I have not thanked mother for solving the power problem . Felt ashamed .. thanked mother. Same second, power has come.

Comment: Wonderful reversal from complaining about others' lack of gratitude to overcoming one's own that evokes instantaneous response.

From Irritation to Consecration Before a Meeting that Elicits Success

If you arrive at a presentation you are giving in an irritable mood, unexpected negative conditions are bound to present themselves during the performance. It is therefore best to consecrate the event (and the irritation) to avoid such outcomes. (Avoiding the cause of the irritation in the first place is a further, long-term solution, which requires examination of one's consciousness, behavior, actions, etc. related to it.)

Example: before a woman's presentation, she showed signs of irritation. A half hours into her demonstration a key component failed to operate properly, causing her to be upset and lose touch for a while with her audience.

Relation to Our Children

Dominating our children is as big a sin as ignoring them.

True Selling to the Customer

True Selling is the act of being lost in the customer's aspiration.

Self-Control in Difficult Situations

Self-control prevents a bad situation from becoming worse.

Negative Effect of Anger, Irritation

Anger, even irritation exacerbates any problem.

Reader 1: Very good quote for Anger Management. let me follow that 1. Will not get an Angry, if i get, i will call Mother to remove it from me. 2. Will stop to blame others 3. Will treat : children nicely without dominating. Thanks Uncle.

Reader 2: It's very true, Roy. Since I've been working on expanding my consciousness and awareness, I've become more attuned to when I begin to feel the discomfort of anger/irritation.

So, these days, if that happens, I am almost instantly consecrating it. Followed by a quick thought of "peace & harmony...peace & harmony...peace & harmony." It helps, and I can FEEL the irritation begin to pass.

Changing Another Person

Trying to change another person is normally a waste of time and energy. On the other hand, helping others when they ask can be very helpful. Even there proceed cautiously.

Blaming Attracts Negatively

Blaming others attracts more problems.

Additional: Perceiving your own limitation or culpability in such situations is higher consciousness, and attracts the positive.

Sizing Up Another Person

A psychologically rich or ripe soul can readily size up a person they meet. A person living on the surface has little of that power.

Further explanation: Understand what type of person this is. His nature and character. Also a sense of his current and on-going motives and intent.

Supramental vs. Human Life

Supramental life is as distant from human life as human life is from animal life. (And yet supramental is in certain ways readily available to us now.)

Comments about the Subliminal Being Within

Here are a few statements on the subliminal being made by MSS, and my response.

"At the subliminal level we are all one and that is why when one man corrects himself at the subliminal level the whole situation gets corrected even though many others are in the picture."

--The subliminal is in touch with the superconscient, which has a consciousness of oneness of all things. E.g. oneness of past present and future. Oneness of the inner and outer. Oneness with another's soul and being. Etc. When we take actions from the subliminal we are taking right actions since there is a universal knowledge and will at that plane.

--How then does one correct one's self at the subliminal level? The more we consecrate, the more we will find ourselves in the subliminal; or the more the subliminal influence will send up right indications of what should be done, or not done. These knowledge influences percolate into our surface consciousness, subtly making their suggestions. Silence, non-reaction; even self-givingness also connects us to the subliminal.

"The amazing feats of hypnotism are possible because the hypnotist awakens the subliminal part of the person subject to hypnosis and the subliminal sees things clearly even when the person's eyes are closed."

--Yes, the mind's influence is held in abeyance, suspension, allowing the subliminal influence to percolate its superconscient knowledge (steeped in oneness) to our surface awareness.

Devotees Restraining from Initiative

The more devotees restrain themselves from taking initiative, such as urge to call a friend, tell others about a success, share some information, etc. the more the positive energies build up, releasing LIFE'S initiatives and success (Grace) for all parties. It is also helpful to consecrate the urge as it arises or after you have controlled it, which will reduce the likelihood of one moving on the urge in the future.

Reader: I see it as allowing life to flow, by non-response to egoic urges...therefore making way for the highest possible outcome...being in the flow of life, consecrating all activity, brings the optimum soul growth.....we basically don't stand in our own way. My life ten yrs ago was extremely different and difficult, now....its effortless, just by adopting the attitudes of being in the flow, all are mirrors so we go within to fix, and there no such things as mistakes or accidents, all is meant to be as it should be, in perfect order, and everything u need will come to u at the perfect 'time/space' sequence for ur growth.....I used to be an obese, type 2 diabetic, on medication for an underactive thyroid, and battling fertility issues with polycystic ovarian syndrome.....all GONE, by the adoption and realisation of the above truths....I am in perfect health, off medication, and I have Two kids... lesson learned...do not bow to egoic need....it serves ONLY the ego.....

Response: "Non-response to egoic urges." That's it. And thank you for a very inspiring personal account that can give others strength.

Ways to Move to the Psychic Being

We move to Psychic Being (True Self, evolving soul) by becoming humble, sincere and truly self-giving. Consecration, non-reaction and non-initiative are essential methods. (MSS)

Benefit of Financial Crisis in India

The financial crisis facing India involving the drop in the value of the Rupee is secretly a driving force that will lead to greater positive change in the government, in business, and amongst the people. In that way, negatives are positives in disguise.

Goodwill toward those You Don't Love

It is easy to show goodwill and affection toward those you love. It is more difficult to express them to those you don't. In that way, the latter is the interpersonal challenge of our lives.

Additional: I.e. it is a great key to our personal growth.

What Americans vs. Indian Value

The American values the Outer. The Indian, the Inner. What we need is to infuse the Outer with the Inner, enabling a divinized material existence.

Unfinished Projects Returning Strongly

An important project abandoned in deference to other priorities will come back with a vengeance once its time has arrived to be taken up again.

Grace and Values

"The incoming grace can be greatly magnified when it joins values." (MSS)

-Grace is more effective, powerful in an atmosphere of spiritual values like Aspiration, Goodwill, Harmony, et al. Or it can be basic human values like freedom, tolerance, etc. Or both. (Roy Posner)

-A non-devotee and a devotee both practicing values in their business can have very different effects. Let us say a non-devotee is running a restaurant in a very clean manner. This value of cleanliness is bound to give him a very good business. A Devotee running a similar restaurant also in a very clean manner will get even more business since the combination of grace and cleanliness will magnify the results many times more.

Any value such as punctuality, honesty, quality, perfection, on-time delivery, safety and customer service when combined with grace will fetch more results than when operating singly is my understanding. Grace is expansive and so when it acts on a value, the effect of that value is equally magnified also. This can be verified by studying two companies practicing the same value, but run by devotees and non-devotees alike. For example Federal express, the courier service practices the value of on-time delivery. It has become a leading player in the field. Now imagine the CEO becoming a devotee and stressing the same value. Surely the effect would be even more. (MSS)

Role of Supramental Force and Divine Life on Earth

The supramental Force that rendered creation from an Infinite Source is destined to evolve the earth and its inhabitants to their ultimate capacities, culminating in a New Human Species and a Divine Life on Earth.

Additional: We can collaborate with such by opening to Her regularly. It is that same supramental force, with Its Divine Life Response Action.

Repeating Same Mistake

Apple lost the market to Microsoft in PCs in the 1980s (92-4%), and is now losing the same to Android in the mobile space (80-13% in most recent quarter). Apple's, actually Steve Jobs' possessiveness prevented their OSs to be used on other manufacturer's devices. Apple can reverse that trend, not just by making a wider variety of devices (which will help somewhat), but by opening their OS to other manufacturers. Then it can become e.g. Apple 80% and Android 13%. Otherwise it is likely going to repeat again as 92-4% against them as in the 1980s.

After all, those who don't learn from their past mistakes tend to repeat them. Then what mistakes are we repeating that we have failed to learn from?

What MSS Is

Wherever I mention "MSS" as an author source, I am referring to 'Mother's Service Society,' which I have been involved with and a contributor for 30+ years. They have a number of source authors including Sri Karmayogi, Garry Jacobs, and N. Asokan.

Successful, Vitally Fulfilled People and Coming to The Spirit

People who attain vital success normally don't seem to go to the spirit very often, as their vital is full, but there are exceptions. It depends on their karma and the readiness of their soul. E.g. a renown successful actress in her 30s began a lifelong spiritual quest. There are also many from the upper middle and upper classes who look for more meaning than the wealth and prestige they have attained. They therefor go on to spiritual retreats and take to different teachers. There are successful managers who have learned of higher techniques and they follow teachings that border on spiritual. Then there is the traditional religions that serve a certain if limited spiritual role in the life of successful people. But these appear to be far in the minority, not the majority. Most who have come to the Spirit do not seem to have attained full success, and are seeking Spirit in part to attain it; in part to find deeper purpose and presence.

We know money is in the hands of the Asura, so it would make sense that those on the spiritual quest would do so through the exigencies of money and wealth, so they can be instruments of it for the Divine while rising in economic well-being and stature.

One interesting trend is that many who are struggling to attain money for Mother come from well to do families, and are willing to sacrifice a certain professional work for other types of work that initially pay less, and thus have a somewhat lower starting point. We could say it is to learn the spiritual ropes; the methods of accomplishment and inner growth.

The goal Mother seeks is to give our vital in full for the Spiritual Quest. And that is no easy chore. Some are ready and seem to be pushed from within or above. Some are on the cusp, only an onion skin away, yet must make one decisive change to become "a member" of Mother's Corps.

The minimum we can all do is to discover that one decisive element that will allow us to move forward. If we do that, the entire universe can open up before us.

Levels of Coming to the Spirit

Every person is at a certain level of development. They have come here to go further. There are the Divine Influences that compel him to do so; to Collaborate with Its Intent. Whether he takes up the Call is his choice. He may choose at any level of Spiritual Adventure. And that depends on his outer awareness, as much as any inner push.

If a person is only ready for spirit when there is trouble in his life that is where he is at in his consciousness. Then the depth of the problem can determine how far into spirit he goes. Whether just to call the Spirit to resolve the problem without changing any aspect of himself; or to call the Spirit plus change a corresponding wanting element related to the problem, such as a negative attitude, or go further still. Sometimes such individuals will feel a spark to go further, to truly take on the Spiritual Adventure of consciousness.

If he is a riper soul, to begin with -- whether with problems or not, -- his psychic aspiration will be stronger. It could take shape as a mental ideal, such as being inspired by Auroville and its ideals, or it can touch something deeper in his being, such as recognizing Mother as the ultimate power of power and delight.

Then the question is how far he is willing to go; e.g. as devotee or sadhak; as something key in his life but not ultimately dominating; or taking up as thing such as integral yoga, where surrender is paramount.

Occasionally there are even people who aspire to these loftier heights and venture deeply onto this road, but then fall back.

Listening and Agreeing Instead of Debating and Disagreeing Attracts

It is a waste of time to debate and disagree, as people will tend to assert their own positions. On the other hand, Deep Listening and Taking the Other Person's Point of View are primary spiritual methods for communicating with others. Interestingly, they quickly attract very positive conditions for all parties.

Becoming of the Subconscious that is Moving Your Life

Your subconscious is constantly making you act in ways you are not consciously aware of. The goal then is to make your subconscious more conscious to you. That way you will have greater power over your life. And that can occur through personal and spiritual development, particularly when you connect to your inner being, culminating in the Psychic Center and True Self.

Spending on What is Necessary Attracts Positively

When you overcome reluctance to spend on what is expensive but necessary, money is made up on its own through purchases that follow.

Additional: There was something pressing that needed to be purchased, but was expensive and a bit beyond my budget. Knowing the subtle law of spending and circulating and necessity, I made the purchase. The next item I had to purchase ended up being far less than I thought; in fact the savings was almost exactly equal to the extra amount I paid for the first item. In essence, the end result was just as I originally intended. I have seen this dynamic many times in my life, reporting on it often.

Soul and Body

We are not a body with a soul inside. We are a Soul with a body outside.

Power of Accepting a Formerly Unacceptable Truth

Embracing the truth that you were reluctant to accept suddenly makes you an instrument for revealing truth of a related party.

E.g. a woman finally came to terms with the truth of her relationship with a man. As a result, she soon discovers that she has now through her actions opened up the doors to new revealed truth for a close friend of hers.

Hardship that Brings out Psychic/Soul Aspiration for Mother

Your whole life is geared to awaken and strengthen your aspiration for Mother and that every hardship and every difficulty is precisely designed to bring out the psychic aspiration in you. Once you understand this, your life will take on a wholly different meaning. (MSS)

Comment: Psychic = soul

Violence of Revolutionaries

Sometimes the forces that seek to overthrow the old backward order can become as abusive and violent as those they seek to dispose. The French and Russian revolutions are cases in point. We see this now in the Middle East and for years in Africa, as they only know violence as a way out of their troubles.

Go In to Go Up to Descend in Evolution of Consciousness

In evolution of consciousness you have to go in to go up, and when you go up, you must come down and perfect the lower planes.

Additional: (in other words) Move from surface to depths (soul space), which causes your mind to soar to spiritual mind (e.g. intuition and supermind), which enables super-realizations and knowledge, whose ideas now have to be applied to the lower planes (mental, vital, and physical) for full implementation.

Intelligence vs. Consciousness

Intelligence is the capacity to know. Consciousness is the degree of Knowing; and much more.

My Being is in Consciousness, Not in Me

My core consciousness is not in my body, my mind, or the universe. They are rather in my core consciousness.

Additional: Core consciousness = soul, psychic being

Clear Up Intermediary Planes Before Rising to Supramental

... when the pioneer of mental evolution suddenly emerges in the Supramental, his discovery is not a feat of magic that upsets all the former laws. He does not leap to the complete supramental being any more than the Neanderthal man leapt to Plato; he must first "supramentalize" all the previous levels. ... The pioneer must therefore clear up the intermediary mental, vital, and material levels so that the two poles can actually meet. (Satprem)

Comment: In evolution of consciousness you have to go in to go up, and when you go up, you must come down and perfect the lower planes.

Her Power Remedies, so No Need for Fear

No matter what the problem, you should not live in fear, as there is always an answer to be discovered by opening to Her Power. Ordinary life does not offer this solution.

Purpose of Creation and Delight

The purpose of creation was/is to extend the static Delight (Ananda) of the Infinite Source consciousness to dynamic Delight of infinitely variable forms in the created universe.

Deeper Poise enables Higher Capacities of Mind

The deeper the orientation of one's consciousness, the more the mind soars and experiences inspiration, which is an inner vision of a vast possibility. It would precede motivation (to act) in the creation process.

Non-Initiating Life Response Outcome

If you withhold initiating an action towards another party, they will in turn initiate a very positive action back towards you related to the original or another matter.

E.g. in the past I had a relation with a company that did not end in success. However, recently I had a new design that I thought they could make a beautiful object out of. This time however, I restrained myself and did not forward the design to him because (a) I remembered that things did not work out in the past, and (b) I recalled that initiating tends not to work out (whereas Life initiating works out better). The next day I saw an entry in a discussion forum where this same individual responded very enthusiastically to a post I had recently made, something he had never done over the course of half a decade, even though I had made hundreds of such posts before!

By not initiating to an individual in an area, that individual quickly responded positively in a wholly different area. It is a profound truth of life we can all learn from.

Goodwill Attracts for All Parties

Intense, sustained Goodwill towards another individual or group never fails to attract Grace as great reward for both parties.

Involution and Evolution of Mind

(my comment today in the NY Times on the subject of Mind in the universe)

The Indian sage and seer explains that (cosmic) Mind first appeared in the Involutionary process from out of an original Conscious Force. It then was involved, hidden in the energy that was the basis of matter. In the Evolution, life emerges from matter, and mind from life through we sentient beings, although the plane of Cosmic Mind remains behind the visible universe.

Sentient life, including we through an evolutionary process come to embody a very partial and limited aspect of Mind, though as we grow in consciousness we can perceive the wider cosmic Mind which we can eventually enjoin in our own being.

In that overall evolutionary movement we perceive the potential of our higher nature and therefore are able to consciously overcome the limits of our physical, life/vital, and mental existence and attain an increasingly higher consciousness at each of these planes of being. The result is a process of growth and transformation.

Through Nature alone this dynamic is extremely slow. However, through our conscious collaboration we speed up the process of evolution, including our ability to connect with Cosmic Mind, through which we experience knowledge as light, intuitions, and revelations of truths without thought, as Einstein, Archimedes, and many Indian sages have in the past.

Power of Tiny Positive Gestures

In collaboration with the Force, it is the sum of our tiny positive gestures that will attract the universe.

Nature of Speaking and Power of Withholding, Reducing It

Speaking expresses life/vital energy. Holding back unnecessary speech, speaking softly in a low, soft voice, and consecrating when we are to speak increases life energy; i.e. vital power. All of them bring us closer to Mother at that plane.

Additional: They each also attract positive conditions, while their opposite repulses them.

Universalizing Ourselves

To be universalized is one of the evolutionary goals of life. It is to feel all possibilities inside one's self, as one expands and envelops the universe and beyond within.

Unhappiness and Not Being in Tune with Present

Why smiles often quickly turn to frowns: being out of touch with the needs of the current moment.

Envy on Facebook

An important recent survey found that the most common emotion aroused by using Facebook is envy of others.

Lesser Negative with Others and Relation with Greater Negative

One person's large negatives are linked with the lesser negatives of an actively engaged and interconnected spouse, friend, associate, etc. The universe evolves through their interrelation; i.e. the lesser and the greater cannot move forward without each growing in a particular way. Thus in the greater scheme of things the tiny and the vast are equally important.

Not Changing Others Attracts their Change

Overcome the desire to want to change others, and they will begin to change if they are ready to.

On Trying to Change Others

Don't try to change others. Instead change yourself.

Reader: I discover when we change "self", we tend to appreciate others much better.

Response: Yes, for sure. Higher consciousness sees the world from higher view, including appreciation and even gratitude towards others.

Also when we change ourselves, others tend to mysteriously change as a response from life. This is especially true and readily seen when dealing with a significant other, children, friend, etc. Instead of changing them, when we change ourselves, they unexpectedly change.

On Disappointment After Marriage

One reason for disappointment immediately after marriage is the unreal understanding that romance once won will last forever if secured by marriage. It is an ordinary ignorance of a rule of life. That courtship is to be intensified AFTER marriage is not a palatable thought soon after wedding. (Sri Karmayogi)

Additional: Romance essentially ends with marriage, though one can overcome this through higher consciousness movements between the parties.

Energy of Source and For in Creation

Energy of the source spirit becomes the substance of the forms of creation.

From Animality to Psychological Depth in the Evolution

Surface inherited animality to psychological depth and richness is a key aspect of the evolution. (MSS)

Further explanation: Animality expresses in us as survival, physical domination, procreation orientation, hunting, desire, sense only view and orientation to life. This is surface physical existence inherited.

The opposite is inner psychological (vital and mental) complexity, revealing character and personality, culminating in spiritual awareness and psychic depth.

Positive and Negative of Divorce

Q: Is the enormous social freedom in America to divorce, go to other partners, etc. a blessing or disguise to attain spiritual growth?

A: Depends on the person and their situation. For one person, a relationship are key to their growth; for another it can block their growth. There is also the situation where an individual repeating the same kind of relationship is not helpful, and the new relation needs to be of a higher order. Etc. The Spirit originated in ultimate Freedom. We too have that. Then it depends what we do with it in our own lives; how it relates to our growth. If we use our freedom as license to indulge in lower consciousness activities, then it is unlikely to help our growth.

Family in India and America

India is trying to build up prosperous family life. Americans are destroying it, perhaps moving on to higher vistas.

Further comment: Divorce rates are soaring in America as couple's interests easily diverge, even for the smallest reasons due to culture of individuality and rampant choice. India is trying to build up prosperous family life that America essentially had from the 1950s forward, but which is now being destroyed in US due to divorce and lack of harmony as each side pulls in different directions. This may be simultaneously a negative and a positive. Negative because it has harsh effects on children and creates great stress; and positive as it may be a sign of freedom, that she is overcoming the shackles of the normal determinants of life (marriage, family, having children, etc.).

Mind and Emotion in the World in the Evolution

Mind emerged in Europe. Emotion in India and Asia. Combining the two is part of the evolution.

Nature Works many Fronts Simultaneously

-Sri Karmayogi says that nature works on many fronts simultaneously in order to bring about the evolution. While Mind was developing in Europe, emotion and spirit were developing in Asia, particularly India.

Black Americans and Beneficial Emotion

Black Americans in high political office in America adds beneficial emotion to the entire society.

Further comment: African Americans are an emotional people. Whites have a certain dullness of emotion, inherited from European stock. When whites experience the emotions of blacks and others (e.g. Indians), they can grow from that experience. They feel energized by their emotion, and will then be less likely to give it up. The Americans now have Obama. When it comes to leadership, white Americans might not want to give up those sorts of emotional energies that are there in him and his people.

Not Ignoring Arrived Opportunity

Life coming to you with an opportunity should never be ignored.

Asking Life What It Wants One to Do and Success

Life, what do you want me to do; not what I want to do without life's signals and sanctions. That way I am far more likely to succeed.

Dominating Poverty in India

August 15, 2013 is a glorious independence day for India, but keep in mind that over 2/3rds of the population makes 125 rupees or less a day. This is a sorry state that must be overcome by the masses shedding their poverty consciousness.

Sri Aurobindo and August 15th

Sri Aurobindo's birthday is August 15th. So is Indian Independence Day. He worked in the subtle plane to bring it about. He succeeded and it occurred on his birth date.

Vast Benefits of Integrating One's Life with Another'

An aspiration to integrate one's life and existence with another reveals every meeting point as a point of celestial creativity. In form it is beauty. In sensation it is joy. In expanding perception it is infinite. (Sri Karmayogi)

Comment: He is speaking here of two people in love, sharing romance, and what their ever-expanding experiences release. In form, it is as beauty, in the emotions it is joy, in knowledge/wisdom it is infinite.

Widening the Context of Joy towards Beauty in Romance

Any occasion of joy enables one to widen the context of joy, the field of experience turning into joy, at which moments the expanding borders give out sparks of beauty. (Sri Karmayogi)

Comment: This is written in the context of romance, and the increasing joy that is released as the relationship widens, deepens.

Harmony, Joy, being, Higher Consciousness and Being in Romance

As our view becomes finer, we see the discard receding, accord arising, maturing harmony, their meeting lines giving out sparks of celestial beauty, and at the integrated stage we feel the force entering force generating joy, form meeting form creating consciousness, consciousness melting into consciousness maturing into Being, Being disappearing in existence on meeting Being, existence elevating into Self-existing Absolute.

One who aspires for Romance Eternal can trace this path. (Sri Karmayogi in reference to Darcy and Eliza in Pride and Prejudice)

Comment: This is poetry and inspiration of language of the highest order encompassing the spiritual.

Altruism as Ego

Altruism can be a form of Ego, that in effect will not benefit others.

Problems of Harmony Not Scarcity

Poverty, hunger, food supply, and the like are not problems of scarcity but of harmony of purpose among the participating parties. (Sri Aurobindo says all problems in life are problems of harmony.)

Love Begins with Self-Givingness

Love in its various forms begins with small and ever-widening acts of self-givingness.

Consecration that Overcomes Error, Discord

Unless you consistently consecrate, -- i.e. self-offer activities to the supramental Force, the divine Mother, -- your work will tend to be littered with errors, difficulties, false starts, and misfortunes. Depending on your level of receptivity, regular consecration eliminates most if not all of these.

Not Progressing By Rejecting Advice of Others

If you constantly ignore or reject the advice of others, there is little chance of ever getting ahead.

Higher Consciousness in Old Age

When we live an active life, thinking, doing, aspiring, not just retiring in older age, we keep alert, are energized, and live much longer than those who don't. The soul and being wants to learn from our being which is now still growing in older age, and thus does not depart, which means we don't!

Taking Another's View, Personal Progress, and Life Response

Each time you embrace another's point of view, and then another beyond your own in a given situation, you invite personal progress into your being, as well as sudden good fortune. E.g. Darcy in *Pride and Prejudice* accepted Eliza's view of him, and then took responsibility for Wickham debacle, and thereby attracted her, the one he so desperately loved, to marriage.

Further comment: When you take this multi-faceted view, you move from the part to the Whole of Truth which opens you to universal powers that act in your favor.

Harmony of Two Things is Greater than Sum of Parts

The coming into harmony of two interrelated positive parts -- whether people, events, ideas, emotions, etc. -- creates something far greater than their sum. E.g. Darcy and Eliza in *Pride and Prejudice* finally seeing eye to eye not only brings deep love between them, but prosperity for her family and the community, and even progress between the classes. In this way sum moves to multiplication.

Overcoming Illness and Proper Balance of Life

If you are not feeling well -- whether physically or psychologically -- do those things that will put your life back in proper balance.

Living Differently Each Day Rewards

Whenever you can, make that day a wondrous new day by looking out on the world with fresh, new eyes. See things differently. Feel things differently. Behave and act differently. The world will invite you in and be your very best friend.

Gratitude and Higher Atmosphere, Better Circumstance

Intense gratitude toward life is a very powerful way to attract positive atmosphere and circumstance over the course of your day.

Ascent from Human to Spiritual Values

Life unfolds progressively from lesser to greater consciousness. Capitalism was a significant start at the lower end. Now it must evolve or die. Social evolution is also occurring from lower to higher. Human values mirrors that. As human values ascend, it creates the ripe condition for spiritual values and behavior. Thus spirit awakens for the world after a modicum of prosperity and humanity has been established. It is the fertile soil for spirit to truly emerge in all its variety, beauty, and magnificence. And yet for certain pioneer individuals and groups they can integrate spirit early on in the social evolution process.

Create Greater Harmony at Current Level by Going to Next Higher Level in Society

To create greater political harmony, take to economic cooperation. To create more economic harmony take to higher cultural harmony. In other words to harmonize at the current level, create relations at the next higher level. E.g. to overcome political tension between India and Pakistan, or Israel and Palestinians create more economic integration. The planes in ascending order of consciousness are political, social, cultural, spiritual.

Improvement of Distribution of Profits in the World

The profits of the planet are increasingly going to be distributed amongst the peoples and classes of the world compared to now where it is concentrated mainly among the rich. It will be part of society's ongoing progress and evolution.

From Feud to Taking Another's View

In a feud above all take the other person's point of view; see things from their perspective. Thereafter all will work in your favor.

From Capitalist to Human to Spiritual System

We need an alternative view beyond the capitalist system that is a Human system. Beyond that is the Spiritual.

See Each New Day with Freshness to Attract the Positive

Whenever you can, make that day a wondrous new day by looking out on the world with fresh, new eyes. See things differently. Feel things differently. Behave and act differently. The world will invite you in and be your very best friend.

Gratitude towards Life Attracts Powerful, Positive Results

(Reader) One day I was keep on Thanking the universe for every step I take. That day was wonderful & happy, successful

Comment: Yes, intense gratitude toward life is a very powerful way to attract positive atmosphere and circumstance over the course of your day.

Ways of Perfecting Work

Perfection in a work attracts the infinite (as life response) from those micro perfecting changes of the finite. Then what the various ways you can make your own work more perfect, attracting startling positive results from life?

Reader: Perfection is achieved by exhausting the physical exhaustion, subtle attitudes and causal invisibles.

The physical exhaustion is done by work, subtle attitudes are exhausted by silence and the causal invisibles are exhausted by reversal of consciousness.

Here Sri Karmayogi says, dissolving through silence is - by taking that all is coming for evolution and progress in consciousnesses, non-reaction, neutrality, calmness in nerves, accepting everything without subjection.

Enjoyment of One's Negative Expressions

Certain people enjoy their complaining, pessimism, sarcasm, and contempt for things. Even when issues are resolved in their favor, they are more than happy to be troubled again -- about anything. That is their nature, which they enjoy in the extreme.

Reader: I have seen this happen.

Depth Emerging in Surface is Progress

Man's progress is the depth emerging into the surface. (Sri Karmayogi)

Comment: E.g. the deepest spiritual knowledge applied in everyday experiences; the feeling of timelessness in the depth experienced on the surface (as instantaneous miraculousness, life response); the feeling of deepest harmony within expressed through harmonic gestures with others; etc. etc.

Knowing What's Coming via Spiritual Perception

A spiritually perceptive Man can more or less know what is coming. (Sri Karmayogi)

Comment: It is to know the laws of life (such as predecessors and repetitions), from subtle to obvious; to perceive the subtle signs around him; to be consciously aware not subconsciously; to project the arc from past, to present to future; to consecrate and get Mother's guidance, etc. etc.

Overcoming One Limitation Reverberates to Others

If you overcome a particular weakness in full -- such as lack of punctuality, procrastination, dishonesty, etc. -- many other limiting qualities and aspects of your life are bound to be overcome as well. It is because each quality is tied to many others. In this way a single full change in a particular wanting attitude, quality, belief, or habit can transform that person; i.e. raise him up to an entirely new plane of consciousness and being.

Further thought: Punctuality in particular has this quality, perhaps because it is so tied into space and time. I.e. being in sync or out of sync with the demands of life.

Absorption & Concentration in a Work

The Spiritual approach to life is full absorption and concentration in a work in the present.

(cont. of my original comment)

This means (in the work):

- focusing on this at the exclusion of all other matters
 - not thinking about the reward
 - not being bothered by future benefits, outcomes
 - perfection in the details
 - patience and steadiness
 - vision of what is to be created backed by total will to execute it through the highest attitudes and skills
- The result will be very positive response from life. If we add consecration, results become infinite-like.

Bringing the Original Consciousness into Life

There is the Original Consciousness that permeates all, that is the source of all, that is hidden in our being, even though we emanate from it. And then there is our evolution in which we increasingly gain

that Consciousness in our being and in the details of our lives bringing it to the surface of existence. That is the Great Adventure of Discovery; the secret of why we are here on earth.

Additional thought: For devotees (of Sri Aurobindo, the Mother), it is the spreading of Her Consciousness all over the earth.

Benefit of Perceiving Utility of Past Life Perils Issues

If you see how perils of the past led to your current personal growth -- i.e. seeing the positive in it and feeling a kind of gratitude for it -- life will respond and you may never have to pray for anything again.

Multi-Tasking Hinders

When you multi-task, you tend to not do any one thing well. It also leads to errors or misfortune occurring. Therefore, as much as possible focus on one thing at a time, which will allow for greater perfection in the activity, as well as your being more in harmony with the unfolding of life.

Reader: When you go out and try to do 4 or 5 works in a single trip results in mistakes.

Comment: The Spiritual approach to life is full absorption and concentration in a work in the present. Too much multi-tasking takes one in the opposite direction, with errors, imperfection, accident, etc. in the results. Americans e.g. cannot be still for a moment, so they multi-task in the extreme. They enjoy the intensity of busy-ness. It's almost comical to observe. Even mother's (of any land) can overdo it.

On Procrastination

Procrastination has at its root a combination of insincerity and conscious or subconscious fear. Weakness is its hallmark

To overcome procrastination –

- one has to know and decide if the thing is something one seriously wants
- one has to decide to do it
- one has to have the strength of will inside to do it, to act
- one has to have the determination and perseverance to see it through

Procrastination is overcome by sincerity of purpose, decision, strength, and determination. A lack of any of these creates procrastination. Building these up eliminates procrastination.

Additional thoughts: Procrastination is tamas, inertia; the pull of the physical consciousness. The Mind's recognition and the vital's will leading to action is the process out of procrastination.

Also life responds to movements out of procrastination.

Soul Seeking Ocean Source

The Spirit inside, the Soul, the estuary of being within us is seeking its ocean source, the Divine.

Changing One Weak Spot & Psychic Opening

[On the suggestion that changing one element of one's being, one particular weak spot -- such as shifting from being tightfisted to generous -- can open one's Psychic Being; i.e. enabling contact with one's True Self, Evolving Soul within.]

Yes, overcoming the weak spot opens the entire being to the universal forces. In the business book 'The Vital Difference,' Garry and Fred explain how overcoming the single habit of being late leads to a series of positive circumstance that opens his life in all directions. They call a person who makes such a change - in this case a manager - a "Significant Individual." He becomes Significant because as a result of his change from lateness to punctuality, not only he himself, but all around him in the firm, including the people and circumstance change for the better. Being Significant could in that way be equated to a Psychic connection.

Darcy in Pride and Prejudice becomes Significant by giving up his proud demeanor, and instead becomes soft. His face radiates with a glow of humility. We can perhaps say it is a psychic experience, initiated

by his love for Eliza. He is ushered into a new existence, in the depths that also radiates out universally to others. All around can benefit from his new deeper center of being.

Various Methods to Reach the Psychic Being

As I understand it another powerful way to reach the psychic is to practice constant Consecration, plus taking the other person's point of view, practicing non-reaction, etc. This combination moves the center of our consciousness from the surface to the depths, and can begin yoga in earnest as one has penetrated the subliminal and reached the Psychic Center. All possibilities of spiritual experiences, infinite success, and inner fulfillment can radiate from that center. It is a significant starting point of His Integral Yoga.

Human vs. Subliminal View of Difficulties

-What is pain on the surface is the greatest enjoyment to the depth, to the subliminal. (Sri Karmayogi)
[E.g. in *Pride and Prejudice* the pain of Eliza perceiving she had abused Darcy, and the same for him on being rejected in marriage after he had abused her. Yet the pain brought inner progress and great success for both, culminating in their marriage. This is what the subliminal sees, perceiving universally and beyond space and time, whereas the surface only perceives the short-term difficulty.]

-The long term good is a short term loss for the myopic human view. (Sri Karmayogi)

Perversity in Delving into Life of Public Officials

In most cases the delving into the personal lives of politicians and celebrities is far worse than the indiscretions they are accused of. The perversity of the popular media knows no bounds, and the common man's willingness to follow is shameful.

Limits of Forgiveness

Forgiveness is not quite a spiritual principle in that it avoids the Truth of things, including-

-the deeper lesson to be learned by the offended party

-why the offended party attracted the problem

-how all events related to the offense are means of progress for individuals involved
In a certain way forgiveness is an ego movement, as it shifts all the blame to the offending party, not the multifaceted truth of the unfolding and progress of circumstance of life. Forgiveness is however a valid spiritual principle when it occurs as a complementary means of self-growth.

Remembering Another's Folly Repeats it

If you do not react to and instead forget another's short-term folly, they tend to come around.

On Karmayogi's Genius

Is Sri Karmayogi the greatest creative thinker the world has ever known?

Reader: The only issue one could have with calling him a creative thinker is whether his knowledge process can be deemed thinking, or is it something vastly different...or to put it in another way...does Supermind think?

Comment: It sees in every direction, in all the details, and how they integrally interrelate. So he is at that plane in his thinking process, though as you suggest there may be an automatic quality where knowledge just appears in the mind without thought.

What I meant to say at the outset is that he is the greatest ORIGINAL thinker. I.e. new thought out of nothing, where it never existed before, endemic of Supermind.

Opinions that Suit, Not Truth

People like to express an opinion that suits them. When it doesn't, even if fully true, they will abandon it. It is human folly personified!

Goals on the Spiritual Path of Adventure

For those on the spiritual path there is no goal other than an ongoing, never-ending Adventure in Consciousness.'

Learning about Subconscious, Subliminal

I am studying the nature of the subconscious and subliminal being as explained by Sri Aurobindo, Mother, and Sri Karmayogi in order to understand what my higher nature intends, so my conscious mind can follow. Success and self-realization is the object.

The Subconscious That Drives Our Lives

Often the motives for why we do things, such as going certain places that bring great success is subconscious to us. However, the subconscious knows, and its urge upon us took us there. Eliza going to Darcy's estate Pemberley in *Pride and Prejudice* is one example. It would sow the seed of their romance and future marriage. She subconsciously knew it was the place to go to enable this, even as her conscious mind had no knowledge of the fact. The subconscious urge compelled her to go there.

Our Great Events Egged On by Our Subconscious

Many of the great events of our lives have been egged on, urged, determined by our subconscious. For example, many decades ago I was compelled to visit the East-West Center in LA and meet with the people of MSS that changed my life forever. I had an urge to go there, but I did not know why, or its true purpose that my subconscious knew

Making the Subconscious Conscious

One goal then of personal growth and evolution is to make the subconscious conscious to us. Then we will know what we are supposed to do, as our now conscious subconscious -- in touch with past, present, and future simultaneously -- indicates which directions to take to enable ultimate accomplishment and fulfillment. Integral Yoga (conscious evolution) makes that transition possible.

Further Thought: Here the subconscious influence is a positive thing, so the body is being led in the right direction. The body is led to the truth and one's destiny. In fact, the body is very compliant, serving as a positive agent, moreso than even the mind! On its own, without the subconscious influence, the body would not be led there, losing the opportunity for exceptional progress of that person. The key however is to make this process conscious. Then the mind and body would continuously work together in the pursuit and fulfillment of that individual's higher nature. Integral Yoga makes this possible.

Experiencing Negative to Learn to Overcome It

To consciously experience a negative quality in one's being is to truly know that limitation, and therefore readily develop the means of overcoming it.

Spiritual Attributes Precious to the Aspirant

What is precious for the spiritual aspirant are those things that consistently bring silence, peace, presence, harmony, knowledge, truth, goodness, aspiration, strength, power, perfection, beauty, creativity, love, delight, timelessness, and infinity into our lives.

Jealousy in Another's Success

Jealousy instead of joy in another's success is a leading human impediment.

Our Receptivity to the Force

The supramental power (Mother's Force) has descended deeply into the atmosphere. The question then is if we are aware of it, if we aspire for it to enter our lives, whether we have faith in its action, and whether we are able to hold down the lower consciousness (negative attitudes, ego, false beliefs, etc.) so that we are more receptive to Its Grace and action. Then we become right instruments for its spiritual qualities to be realized in our lives, furthering our own growth and aiding in the evolution of life on earth.

Significant Events in Recent World History (A Consciousness-based Approach)

Here are some significant dates in history that had great impacts on the world, and also includes spiritual influences when known:

- With Depression accelerating around the world FDR garners confidence through his Fireside Chats with the public, which ends the panic and even deeper world recession
- Churchill rallies his country and the world to fight the Nazis and defeat them, when all public been oblivious or given up hope. (The Force of Sri Aurobindo was behind him.)
- Indian independence obtained on August 15th, on Sri Aurobindo's birthday, who worked inside to bring it about.
- Kennedy takes an innovative tact to end the Cuban Missile Crisis, rising above the warnings of the warlords, saving the world from potential WWII.
- Gorbachev ends the Cold War from within, eliminating the chance of world destruction through nuclear holocaust. (The Force of the Mother was behind.)
- Chinese Premier Deng moves China from disastrous economic and social policies to new era of cooperation and open economy.
- Mandela brings freedom to South Africa, which has begun to vibrate around the continent.
- Obama acts decisively to stop the crash of the financial system that threatened the entire world.
- Steve Jobs and Bill Gates usher in the new era of the PC, followed by smartphones and tablets.
- The rise of Asia in all walks of life, beginning with the economic.

Ascent and Decent in Accomplishment and Spiritually

Our aspiration expresses through mind's vision, which is in the ascent, but is implemented and realized through our vital will and physical action in the descent. In spiritual life, it is realized through further ascent via consecration, which automatically generates the necessary descending action, but without space and time, and with infinite-like results.

Conscious Choice to Embrace Growth Circumstance

Life is constantly throwing up circumstance for your personal growth. What you do with them is your choice. Conscious choice in the right direction for the conditions presented enables great accomplishment and therefore evolution.

Embrace Life Coming to You

Do not go after life. Let life come after you; embracing what comes, rigorously following. Luck will be the result.

Relation of Involution and Evolution

Involution is the basis of Evolution, as the former divides things in endless variation, only to be unified by the latter.

Evolutionary vs Involutionary

That which is harmonic, brings together is evolutionary. That which is divisive, separates is involutionary. Our goal is to change divisions into harmonies; involution to evolution.

Utility of Pain

Pain wakes you up from making things worse, and taken in the right spirit is also a means of making things better.

Holding Things Under the Hat

It's best to keep things under your hat until done, instead of impulsively revealing prematurely, which tends to cancel the remainder.

Expressions of Involution and Evolution

Involution is infinity changing into the finite. Evolution is finite turning into infinite.

We have to see every moment whether we are using all our time, skills and capacities to its fullest utilization. Then it is evolution. If we don't use all our time, skills and capacities to its fullest utilization it is involution.

All our attachments to falsehood in day to day life are involution. It is the dividing mind, in the process of involution. How it can act as the instrument of evolution.

Our every step towards falsehood is involution, but it also comes with provision for evolution. To know that helps one to understand The Life Divine. Involution reversing itself as evolution is the secret of transformation.

Seeing the cause in outer is involution, seeing the correspondence in inner is evolution.

Power of a Thought Applied Vs Ordinary Things

One true thought applied has more long-term power than ten thousand ordinary things seen or actions taken.

Instant Life Response

What has the greatest power to quickly attract positive conditions is overcoming that aspect of your being where you are weakest -- whether a specific poor attitude, lack of focus, undeveloped intention, psychological weakness, lacking energy, limited effort, poor organization, missing skill or knowledge, etc. etc. Within minutes or hours of changing one of these, life will respond with good fortune. Often it occurs instantaneously. It can even occur just by sincerely feeling one really wants to make that specific change.

Others Point of View and Life Response

If you take the other person's point of view, even if it seems dead wrong, good things quickly start happening to you.

Rely on Mother, Not Capacities

The key is to rely on Mother, not our capacities in our work. Then everything is set right, as her Supramental power arranges all, brings continuous good or great fortune into every activity.

We Become the Lord of Creation as The Creator Himself

We can connect to the Divine through the spiritual mind (Manomaya Purusha) as the Rishis did, but then we are disconnected from life, lost in the Divine. You do not affect the world. However when you start by first connecting to the Psychic Being, the evolving soul within, your mind/being soars to the supramental plane where you access the power of the Divine Mother to enable ultimate creation through your life in this world. You thus mirror the Ishwara/Creator (an element of Sat/Being) who created the universe in the Involutionary descent from Supermind to Mind to Life/Energy to Matter, whereas, when we begin with Psychic to Mother we engage further the Evolution, the creation process from Matter to Life to Mind to Spirit.

Consecrate Negative to Avoid Repetition

Best to consecrate a negative condition to prevent its repetition or iteration.

Not Caring and Difficulties

Reader: Based on Karmayogi - we can put it in other words. Life is asking us to take conscious responsibility. It is to understand one's part to understand one's future. Practically it means successful monitoring of life.

Great Difficulties Source of Great Strength

When seen in the right light, our greatest difficulties have been the source of our greatest strength, to rise and fulfill our aspirations and dreams.

Determinants of Long-term Happiness

Key determinates of long-term happiness include self-givingness, generosity of spirit, joy in another's success, appreciation and gratitude, openness and tolerance, embracing uncertainty, being emotionally open, positive outlook, agreeability, not reflexive to intensities around one, achievement of goals, spiritual connection, and feelings of meaning and purpose.

Feeling Joy in Another's Success

Feeling joy in another's success is one indicator of one's ability to forge positive relationships, as well as an indicator of one's long-term happiness.

On Our Habitual, Fixed Nature

Our habitual nature does not want to develop new skills; learn anything; embark on new opportunities, etc. Breaking the habit requires enormous energy, so we don't embark. Those who do are propelled into new dimensions of one's field or new fields.

Further comment: Our fixed nature is there when we are born. It's the nature of the "physical consciousness" that does not want to change. It is inherited from the unconsciousness of matter that expresses through the inertia of our physical body. Fixidity, habitual nature, routine, unwillingness to change are expressions. Some people are less prone, depending on the propensities they have inherited from their parents or grandparents. Cultures can have this "physicality" in different ways. Eg Indians are a bit prone to laziness. Westerners, especially Americans don't like to believe things unless they see it or it is measurable (empiricism, materiality). That determines whether or not they are moved to action, or change.

The mind can be aware of these tendencies and throw them off. Each time we do sudden good fortune tends to follow.

Integral Yoga (conscious evolution) practice enables the person to use psychological and spiritual power to overcome these tendencies that hold one back

A complaint sends out energies that create conditions for more things to complain about.

Sri Aurobindo Has Explained Creation in Detail

Can God, the Divine be known in detail, including his methods of creation? Religion says it cannot, but Sri Aurobindo has explained it clearly in vast detail.

Fortune Favoring the Good, True Good Behavior

Does fortune favor the good? Yes, but only when it is accompanied by psychological strength.

Reader: Spiritually goodness means possessing knowledge of truth and the first qualification for a pious or good man is truthfulness. That is the ultimate strength to invite the fortune awaiting. In society harmless people, people endowed with no talents are considered good, as they do not meddle in others'

affairs. It is behaviour but not real goodness. Many of goodness of people is because of inefficiency or laziness or loving monotonous tasks, fear of getting caught, fear of rejection and related behaviors.

Plethora of Ego Acts Engaged In

We each engage in dozens of ego acts every day, not realizing we are doing so.

Human Rationality that is Ego

What we call "rationality" is really ego, as our thought patterns are dominated by our lower vital and physical nature (i.e. our wants, desires, opinions, prejudices, ignorance, etc.). True rationality is pure and logical, which is above these. Spiritual mind (as in silence, light, intuition, etc. is above true rationality still).

Reader: Sri Karmayogi says, human, rationality and ego - all is one. Because greatest joy for the human is to "be the ego". Then how can that be anything except selfish, irrational, unjust, and narrow? Ambition by comparison, victory, domination, success, destruction of enemies, meanness, perversity, joy in betrayal are the areas our rationality hungers for and justified as natural human.

Mothers life demands relating to another as a soul. The grades of aspiration that lead to it are scales of rationality. Evaluation of oneself on that scale reveals one's rationality

Reader 2: People do not see the "positive" role of terrorism. It is forcing countries, especially in the West to work together and collaborate, instead of pulling in various directions. It is another push towards Human Unity and World Governance.

Reader: Terrorism is only a manifestation of exploitation of a group of people.

Response: Yes, it is a combination of an exploited culture that also happens to be a backwards and false one. To bridge the contradiction is the aspiration of Nature.

Destiny or Choice in Our Romantic Relationships

Q: What about Destiny? Are we destined to marry or be with a particular person, and should that determine what actions we take?

A: I would say there is something above destiny. It is Human Choice. It is our decision that determines all. It was the Divine's decision to extend itself to a universe of forms. It is our decision to take our lives in any direction we choose. It is Ultimate Freedom.

There may be a destiny at an ultimate level, and our ability to collaborate and further the Intention of the Infinite Divine; but even there it is our choice whether or not to participate, and how.

Our Individuality is the essence of who we are, and should be the determining factor of how we direct our lives.

Spiritual Individuality is deeper still and takes its cues from the Psychic Being in determining one's directions; for making those important choices. There are few who are able to live and choose from that poise, unless one has taken to integral yoga to reach one's True Self within.

The real question is What Do You Want? That determines your destiny. If you can answer that from your own deepest center, then you will know what your life stands for, and therefore what choices to make in the world.

Spouse Psychologically Equal to the whole World: The Challenge

One will find that one's spouse is psychologically equal to the whole world. One will expand by self-giving positively. It can take a negative turn, and then we find to meet a spouse is more difficult than to successfully meet the whole world.

It is important to remain positive, though it is difficult. Self-giving at home makes a house a home and a home a centre.

Self-giving practiced at the centre by all will make the centre a paradise on earth. (Sri Karmayogi)

Showing Life Response Precipitates Additional Life Response

While someone eagerly was showing me their life response, we both simultaneously experienced another life response.

Further comment: In fact, her original life response that she showed me was in relationship to her earlier reading an episode where she experienced a life response many years earlier!

Leaders Sincerity to Help the People

"Those in power crave for praise from the rich and it makes them happy. This attitude seems to be universal."

It depends on who is in power. I.e. the values they subscribe to. Yesterday I saw a wonderful film about the ancient emperor of Korea called "Masquerade." In the film a lowly commoner becomes an imposter replacement for the king who has been incapacitated. However, he brings great human values to the kingdom, shocking all who think it is the real king who has now suddenly changed. The imposter was absolutely sincere in his wanting to help his society. Through high, deep, sincere values of the people, he implements great changes that remain, even as he is discovered and the real king is put back in power. The real king then goes along fully with the progressive policies of the imposter, who now sails away to disappear in other lands.

It is based on a true story.

So here is a leader who is opposite of the too often greed of those who hold power.

People Attract the Betrayal of their Leaders

People are betrayed by their leaders because they are worthy of being betrayed. Their consciousness is mirrored in their leaders. Let the people change their consciousness to a higher level, and their leaders will follow suit.

Financial Crisis Roots

When George Bush Jr. gave vast tax breaks mostly to the rich, it helped attract negatively the financial crisis thereafter that nearly brought down the world economy into Great Depression II.

Further comment: Financial crisis was due to excesses of the rich, who were coddled; left to their own devices uncontrolled. It is where the "capital" in capitalism - via rampant speculation - nearly ruined life for everyone on earth.

Future Effect on the Present

We readily perceive how past events bear on current circumstance. What we don't comprehend is that future events bear on the present as well.

E.g. the Superconscious that permeates everything seen and unseen knows past, present, and future, including their integral relations. Our inner being, also called the Subliminal is in touch with the Superconscious. Therefore the Subliminal compels us to take actions that meet the knowledge of the future the Superconsciousness knows. On the surface we hadn't any clue of why we took that action, other than we were compelled to move in that direction. Only in hindsight do we come to understand why we acted in the context of the result.

Great Value of Downs in Life

The downs in life are usually more valuable than the ups in advancing our progress.

Current Knowledge vs. Knowledge Mother Can Bring

My mind knows nothing compared to the Integral Knowledge and Truth the Mother and Her Force can provide me with moment to moment.

Eliminating Complaint By Seeing into the True Truth of Things

We are bothered when visually we see conditions that support our complaint. Yet there are other factors that we don't see that actually created the problem in the first place. If we had access to these, we would not have complained. That is why the spiritual method of Non-reaction is so powerful and important as it calms us and puts us in closer touch with the truth of things even if we don't have all the facts at our disposal. Non-reaction also tends to attract the cancellation of the problem on the spot. It's one method among others that enable 'A New Way of Living.'

Divine and Human Intent to Manifest Ideas

The Supreme Consciousness had an urge of the Being, which we call a Real Idea. It is a vibration that wills to manifest itself. This vibration expresses the awareness of a possibility and a seeking for Delight through that. Now that urge, awareness and seeking take a form of a Real-Idea representing what the Divine wants to accomplish. With human mind we can do this as:

- An aspiration or urge of the being, a desire to accomplish.
- There must be a vibration of awareness of a possibility, a way for us to do it.
- There must be a seeking for the enjoyment of that accomplishment.
- We should give a form to it; convert that decision into a plan of action that will release the energy of the vital.
- Then we should set ourselves into action to achieve it to get the enjoyment we wanted through it. (teachings of Sri Karmayogi; thanks to Ramesh LifeNext)

Comment: And if personal and spiritual values are added to the creation process; to what we want to create, we align with corresponding Real Idea-based spiritual values (like peace, silence, harmony, truth, goodness, beauty, love, etc.), fulfilling the Divine intent.

Diana's Death, the End of Royalty, and England's Decay

The tragic death of Princess Diana heralded another step in the demise of the reactionary English monarchy. Still it persists, inviting further degradation and tragedy.

(Comments by Sri Karmayogi related to this topic):

-Diana's popularity. This signifies that the royalty is held in esteem, only that people want the royalty not to be aloof, but to come down to the widest cross-section of population. Here is a clue for all the royal houses to dissolve themselves honourably, without being violently overthrown or contemptuously pushed aside.

-Britain where democracy was born, unable to outgrow its sentiment to Royalty, lost its right to found the world government.

-England, the mother of democracy, ruled over the seas with an empire where the sun never set. Having undergone subjection under the Romans, Normans, and French for centuries, Britain cherished democracy and the values of democracy. That built up a leadership of courage and character. They could save democracy for the world or the world for democracy because they were men of character. Had their character sprung from spiritual roots, it would not have become rigid as it has now done. So, she cannot be in the evolutionary race any more. It is a character from physical hard work. By definition it will ossify and lead to rigidity. We see them worshipping the rigidity for permanence, not realizing that it has no life. Their Royalty is the symbol of their decay.

Work May Replace family as Primary Source of Growth & Relationships

It may be that in the future the family will gradually shrink and shatter (as in US now) and then disappear in influence as the work environment becomes the primary means of growth, relationships, and progress. It would be a step towards wider freedom of possibility and individuality, and therefore a step into supramental life.

Not Asking from the Divine, but Surrendering to It

True Spiritual life is not what we desire, seek to gain from the Divinity, but the manner in which we experience and surrender to It -- enabling our growth in consciousness, as well as serving as an instrument for Its Intent to manifest in the world.

Reader: Intent to manifest:

Sri Karmayogi says this as highest accomplishment with human mind. The Supreme Consciousness had an urge of the Being, which we call a Real idea. It is a vibration, that wills to manifest itself. This vibration expresses the awareness of a possibility and a seeking for Delight through that. Now that urge, awareness and seeking take a form of a Real-Idea representing what the Divine wants to accomplish. With human mind we can do this as:

- An aspiration or urge of the being, a desire to accomplish.
- There must be a vibration of awareness of a possibility, a way for us to do it.
- There must be a seeking for the enjoyment of that accomplishment.
- We should give a form to it; convert that decision into a plan of action that will release the energy of the vital.
- Then we should set ourselves into action to achieve it to get the enjoyment we wanted through it.

Every situation has a part that is unmanifested. Every product has an unmanifested part. The part that is unmanifested is the potential for higher product or for higher consciousness. Often the unmanifested part is greater than the manifested part.

The Involution and Self-Discovery

The greatest of Delights is the delight of Self-discovery.

Self-discovery is at its height when one forgets oneself.

In pursuit of that Self-discovery, God the Eternal and Infinite has hidden Himself in Himself, that is, he became the very opposite of what He is - the finite, Time, in an inconscient form.

This process is involution.

His Self-discovery is evolution. (Sri Karmayogi)

[At the point we reverse in consciousness, in which our emotions change to something higher out of the lower, including out of Ego and Ignorance, we becomes the means of His Self-Discovery.]

On Taking Offense

People are easily offended. It indicates brittleness in their attitudes, weakness in their nerves.

Mothers Comments on Nations, Peoples

The Mother said or indicated that:

- England would go under the sea
- Communism would end, and then Capitalism
- India along with France would usher in the Spiritual Age
- US individuals would be the vanguard to bring about the New Age
- India would become the Guru of the world
(after she reunited, after she emerged from poverty, and Asia had risen)
- the Chinese have lunar origins
- the Russians were great mystics and therefore had no need for Orthodoxy
- the Japanese should give up their sense of superiority
- the Jews went through holocaust to evolve & shed their religious superstitions
- India should focus on personal spiritual development, not rituals and Gods
- the Greeks disappeared because their great mentality did not evolve into spirituality

(many of these were expressed in Mother's Agenda, her 14-volume, 7000 page discussions with her disciple during the last 30 years of her life)

Reader: That sounds interesting but what about my poor Africa. Maybe sinking into poverty

Comment: Sri Karmayogi indicates that all the poor nations, whether being poor by domination or their own doing, including India and Africa, will become rich. Africa has a very bright future, despite its poverty, strife, war, disease, etc. There are many positive signs there.

-Note: The comment on the Greeks is actually what Sri Karmayogi indicated. Perhaps it originated with Sri Aurobindo.

Capitalism Adopting Socialism Benefits

All the social benefits of Socialism are being adopted by Capitalism; or rather what Capitalism is now turning into.

Emotional Inner Change Evokes Life Response

A drastic change in emotion is a moment of self-discovery. Life Responds at such moments. (Sri Karmayogi)

Reader: Sir can you please elaborate on this point with example.

Response: Eliza in *Pride and Prejudice* while at his Pemberley mansion changed her negative view, emotions about Darcy to positive, which attracted him from out of nowhere back to his estate early causing them to meet up, leading to their marriage. She changed her emotions and Life Responded overwhelmingly.

Reader 2; Sri Karmayogi says, reversal of consciousness is the beginning of changing of emotions that is starting point of self-discovery.

Change of emotions due to other man's point of view is the law of oneness with others, and coming out of law of oneness with their ignorance. This point of change in emotion is point of self-discovery.

Any change that brings a skill in physical, pleasantness in vital, comprehension in mental is overcoming the prejudices, opinions and preferences, and so it is self-discovery.

Comment: This is a great set of related points.

Reader 2: Emotions accepting our mental ideas and convictions makes the idea more powerful but does not to the path of self-discovery. As it is not yet compelling. When the Force in the emotion becomes conscious and integrates with it so as to allow each- a right to compel the other, an emotion changes as self-discovery point. We are at present in the grip of irresistible desires and so we constantly look for the world of the outside. If we forget the world in the grip of aspiration it is self-discovery.

Spiritual View of terms "OK" and "Yes"

- "OK" is generally a somewhat reluctant Yes.

- Taking Another's Point of View, no matter its truth or agreement with your view is in its fullness a "Yes"

- Taking Another's Point of View is the spiritual view expressed as "Yes" that attracts.

Reader: It is a mechanical utterance. It is usually used by big bosses to their subordinates after they accomplish a job.

Requirement for the New Force to Manifest

Until a dragging force bows out, a related emerging one cannot truly manifest.

E.g. there is a new project in which two parties efforts are required. The first party is having problems in the endeavor, and the second party cannot even get started because there is a defect in the communication system. Now the first party bows out indicating that other work commitments have had to take precedent, which now suddenly evokes a response from life, eliminating the problems the second party had with communication system. As soon as the first force retired, it energized the atmosphere, allowing the second force to take root.

Non Reaction Evokes Life Response

Not being bothered and irritated in a situation where you are put behind schedule evokes response from life that puts you ahead of schedule.

Realisation of Sri Aurobindo's Teachings in the Current Era

Sri Aurobindo's teachings were held back in the world for 75 years, awaiting a type of globalism of culture and communication, which it now has.

Further thought: His Integral approach, melding Eastern and Western currents, awaited at least the beginnings of a more integral society, which we are at the dawn of now.

Popularity of Buddhism over Hinduism in Western Countries

Westerners take far more to Buddhist rather than Hindu teachings because what they really want is to discard the baggage of the Judeo-Christian tradition. Buddhism casts off that baggage, while Hinduism has an enormous scale of Gods and cultural icons to support the underlying Spirit.

Further thought: Sri Aurobindo's teachings are often arrived at for Westerners after going through the Buddhist or Zen teachings, but where the seeker sees there is little of the knowledge of the underlying reality, creation process, and evolutionary tendencies that they long to understand, and which He clearly and in great detail provides.

Reader: can u pls elaborate on this

Response: In religions such as Christianity and Judaism prevalent in the West, there are many rituals, formalities, dogmas, etc. Teachings like Zen Buddhism popular in the West are free from these, which is appealing to the Westerners. Its teachings are also simple: to clear the mind in silence. In essence, there is virtually no religion. Also Westerners read books by Buddhist spiritual teachers like Trungpa Rimpoche, which is purely about spirit, not religious ritual. It is liberating for the Westerner. On the other hand, Hinduism is ripe with ritual on top of its vast spirituality. Westerners of Judeo-Christian background often see this as more (much more! e.g. Gods and all) of the same of which they already have in their own tradition. Still some number of Westerners see beyond Hinduism as just religion, and appreciate the source wisdom of Vedas, Upanishads, and Gita, as well as modern evolutionary spiritual teachers and personalities like Mother and Sri Aurobindo, and take to them. Thus, the spirituality section of Western bookstores has Buddhist books at perhaps 3 to 1 over Hinduism-related texts.

Reader: Just as u have gone ahead and embraced the teachings of Mother and Sri Aurobindo

Expansion of Buddha's Statues in Contrast to his Teachings

It is startling to view the abundance of statues of Buddha, even though he was not an advocate of idols and their representation, as they are additional forms of illusion that one should not be attached to.

Reader: it could be the work of latter day Buddha bitchus as an effort to spread buddhisim. I like your comment that idols are additional forms of illusion

Response: Yes, indeed. Spirituality turns into religion. People say they go to Buddha after death in heaven. Buddha subscribed to no such ideas.

Emergence of Spirituality over Religion

90% of what people advocate as spirituality is really religion, where spiritual experience has been lost in deference to ritual and dogma. It is however the dawn of the age of personal experience of the Spirit in all its richness and wonder, so following religious tradition has by and large lost its reason for existence.

Attitudes (both positive and negative) Evoke Life Response

Life response as we know it occurs primarily at the vital plane -- the plane of Life. For us, the vital plane expresses through our emotions, which is the source of our skewed attitudes. Thus Life Response responds to our attitudes -- especially the negative ones, or coming out of negative ones -- above all other life factors.

Further thought: Positive gestures -- like self-givingness, goodwill, generosity, gratitude -- life also responds to with sudden good fortune ; though these are more spiritual attributes than attitudes; or spiritual attitudes, values. We have many dozens of case studies that show the wondrous response.

Values and Attitudes Evoke Life Response

Your skill, talent, effort, will, focus, knowledge, intensity, etc. appear to have less effect than the quality of your Attitude and Motive for creating an ongoing, positive and successful life. Life Response's primary order of business is responding to these.

Further thought: So many of our attitudes are negative -- towards work, others, life, ourselves -- which holds us back, or brings corresponding troubles when we do have a level of success. Life responds to these negatively, and responds to overcoming these positively.

Also the more our motives are steeped in high personal values, the more we accelerate to the pinnacles of success.

Power of Attitudes

Life Response's first order of business seems to be responding to our Attitudes; whether a negative attitude (negative response), or shifting out of the negative attitude (positive response). Nothing elicits Life Response's attention more than these.

Mother's Realization as Supramental Being

In her vision of the new body that she became for a few minutes that being was neither male nor female, had no sexual organs, had no digestive system, was tall, tapering at the midriff area. Most of its physical organs and functionings were replaced by their equivalent in consciousness. This the Mother became in the subtle body for several minutes; a forerunner of the new supra-human species of the future.

Silent Mind Solves Problems and Attracts Positive

Forgetting, not thinking about a matter attracts positive developments related to it, and others.

Further comment: -Often this is the case when you are overly concerned with a matter. Consecrating and forgetting in these situations is even more powerful.

-Also if you can't think of the answer, forget about it. The answer will then come. It is the power of a silent mind.

Silence Saves Energy for Accomplishment

Don't initiate conversations unless there is a need to. Practice Silence. Save your mental energies.

Ego's Jealousy

People are often jealous, or look on it with not much favor when friends or acquaintances experience good fortune and success. It is the recoil of the human Ego.

Mother's Displeasure with Sri Aurobindo's Photos

The Mother indicated in the Agenda that She was not pleased with the (now famous) photos of Sri Aurobindo taken near the end of his life when he was in physical pain. She said it lacked his normal state of sweetness, of deep compassion, in which he had a continuous smile on his face.

Difference between Rationality (Ego) and True Rationality

What humans call Rationality is just the logic built on the framework of our preferences, opinions, prejudices, wants, and desires: in other words, Ego. True rationality is the ability to reason and see the multi-sided true truth of things, which includes the constant embracing of others' points of view.

Reader: At-least we have to strive for what Karmayogi defines as rationality: It is coordinating all intelligence that we have in highest available faculty. Though it can give highest logical and reasonable

conclusions, it still egoistic. But as here the ego is taking an intermediary status that has the capacity to shed itself.

For example When we think that every man must get married, get employed, must survive etc, as rational logical and reasonable, what we have to understand is it is social goal developed as social intelligence. But our highest faculty or self intelligence knows that is not true in a wider context. It is difficult to accept but that is how we can come out of ego to see not only others point of view but Mother's point of view too.

Response: So True Rationality requires a progressive Coordinating All Intelligence using our highest available faculty that is simultaneously consciously aware that what it knows may be limited by social and other milieu influences and factors.

Limitation of Mind

Mind cannot perceive the Unity of the Reality, but Truth Consciousness, Supermind can.

Reader: Mind cannot perceive the Unity of the Reality. For example in obstacles in life or work we don't see the opportunity. We find that or understand that over a period of time. To see that in the beginning itself is to expand the limited mind to see all aspects / unity of work . The limited mind keeps us tied to the present time - not even in past or future, but always thinking of the obstacle. We feel leveling off and contented due to partial look or ignorance and after some time when others progress, the gap seems widened. Here coming out of our opinions, prejudices and justification, like lack of business, social environment, persons, market - is truth consciousness.

Response: "Mind cannot perceive the Unity of the Reality. For example in obstacles in life or work we don't see the opportunity. We find that or understand that over a period of time. To see that in the beginning itself is to expand the limited mind to see all aspects / unity of work . The limited mind keeps us tied to the present time - not even in past or future, but always thinking of the obstacle. ... " Excellent example.

Importance of Living a Conscious Life

Love, happiness, wealth, abundance, status, truth, knowledge, skill, beauty, creativity, goodness and many other attributes are not as important as Life; i.e. following the flow of life, perceiving its subtle signs, of what should be done moment to moment. For if you consciously follow Life, are in harmony with its unfolding, with the Reality, all of the other attributes will be given automatically, as life response, as necessary.

Reader: Yes living in the now and enjoying every moment of the flow of life.

A negative situation approached with the necessary psychological strength can attract overwhelmingly positive conditions in and outside of that domain.

Power Of Psychological Strength That Attracts – Case Study

One man we know of developed and handed in some content for a project that was getting under way. He did not know yet what the evaluator thought of it. It was the content provider's very first submission for the project. In fact, the very first submission among all the content providers!

When discussing other matters with this same evaluator, our content provider friend was asked by the evaluator if he (the evaluator) should pursue a certain course of action with a new client. The content provider felt a little uncomfortable discussing this subject as it involved serious personal issues. However, he overcame his hesitation, welled up the psychological strength, and stated his opinion on the matter.

One minute after doing so, the evaluator told him that by the way the content he had provided earlier to kick off the project was wonderful! The content provider was naturally thrilled to hear this news!

He also understood that because he earlier overcame his hesitation to discuss a tense issue and acted from strength by giving his asked for opinion on the matter, he attracted the wonderful news about the content from the evaluator. As a result the project had now gotten off to a tremendous start!

We see that when we overcome our hesitation and weakness and exercise our fortitude and inner strength, we attract the infinite potentials of life.

Power of Supermind

From the perspective of Truth Consciousness (Supermind) everything is exactly as it should be on the way to something greater.

Evolution of Consciousness

Each time we are calm, patient, silent, self-giving, do not react, withhold ego, consecrate, etc. we awaken the divine consciousness within. When we move to a deeper poise in our lives, culminating in the psychic being this process is accelerated. When we then Surrender our very existence to the Divine, it accelerates even further. There is thus a progressive scale of realizing divine consciousness -- from beginner to advanced. With each step, the Divine moves to the surface of our lives -- mentally, psychologically, vitally, emotionally, physically; in our attitudes, emotions, beliefs, actions, physical makeup etc. It is the means of evolution of consciousness, culminating in Divine consciousness and life in earth.

Faith in Mother Accomplish When We Withdraw Faith On Capacities

The secret of highest accomplishment is to withdraw our faith in our capacities. Shifting from activity to Silence is the basis for highest accomplishment. (from The Book by Garry Jacobs)

Reader: Yes! That why Sri Karmayogi says, 'even in life, many of our success is more so by our character, attitude, motives -not by our capacity. If we analyze we can see, often it is in spite of our capacity. When we withdraw our faith from our capacity, grace becomes Super grace. A very simple spiritual truth, which is equally true in life, is that our capacity stands in our way as much as our incapacity does.

Comment: So capacity is basically our skills, talents, and knowledge?

Reader: Karmayogi says in Pride and Prejudice Lizzy got Grace through marriage to wealthy Darcy as she had many virtues, whereas Jane had few dynamic qualities and therefore got Supergrace through marriage to wealthy Bingley.

Comment: I understand as: Essence of knowledge accumulates as skill. Many such skills accumulate as capacity. Planning, executing, painting, meditating, mediating, speaking, organizing etc., each collects its essence behind a knowledge, skill and capacity. In human level consciousness - (as listed by Sri Karmayogi)

He asks us to be at least to get the 3rd level , where mind that makes the body act according to its efficiency by converting all knowledge and skill into capacity. At this stage only man can lend a character to his actions - by his motives, attitudes, aspirations.

Sri Karmayogi gives two examples: On the negative side to understand more: Sakuni character of Mahabharata . His knowledge and skill acquired about dices construction, constitution and probability made him to exactly bring the number he wants to accomplish. On the positive side: He asks us to see the capacities displayed by those who became multimillionaire in a short span.

Shift in Consciousness Shift out the Problem

When there is a very problematic situation, even the tiniest movement in a fresh, new, creative direction can have an enormous effect. I.e. life will respond enormously to that small shift in consciousness.

Reader: Whenever there is a problematic situation I just start praying to Mother for helping me shift from within so that all the hurdles or evils in me which have attracted such a situation may leave me and let me become more and more clean and pure. When the prayer becomes deep and intense right from the heart something melts in you and gives way for a turn, a change in the situation that slowly the intensity of the problem reduces and you feel a little resolved and liberated. Whether I am aware of the shift always, I don't know. But something moves from within is sure! Thank You Sir!

The Importance and Power of Token Act

The whole universe can be lured inside us, as we are in essence already that cosmos within; a microcosm of that macrocosm.

Reader: That is why Sri Karmayogi defines "Token Act" as the universe is represented by an act - the macrocosm in the microcosm. An act is the unit of life. It is a microcosm of the universe that is macrocosm.

Response: Yes, in Garry Jacobs' book 'The Book' he explains how the process of creation is the same for the Divine, the society, the business, the family, and the individual. It is the same essential act of creation; involving same essential process. In addition, when we execute an act perfectly (as a Token Act), we not only mimic the divine in the creation process, but we elicit results from It as well.

Thus if we execute the act perfectly as Karmayogi envisions it – through aspiration, intense will, and persevering execution through high skills and values-- life responds overwhelmingly. We lure the infinite from the universal into our lives, which means we attract the macrocosm result through the microcosm act.

This means that the smallest thing done perfectly as a Complete Act – such as cleaning our room or office –can attract results that not only affects our own lives, but also that of our family, the company we are part of; even the society and the nation.

On Seniors

Rather than vegetate in old age, Seniors can be a national (international) treasure, bringing forth unheard of new insights about life (cross-pollination of their greatly varied experiences), while being deeply involved in solving the problems of the world through their acquired wisdom and maturity. What a titanic resource they can be for humanity!

Reader 1: There is much we can do to encourage spontaneity among the elderly.

Response: Very true. Once they experience the eye-widening Consciousness, that will release the energies in their emotional and mental being that can be infinitely creative.

Reader 1: Re-engaging our senior population is a cause unto itself and quickly becoming our largest population segment.

Response: Yes. Our generation already went through the Hippy phase, and so already knows about higher consciousness, even if we have forgotten it. If we reignite it, but now on a higher ground, we can lead the way for other seniors.

Reader 2: Many times it is the wisdom/experience of the seniors is guiding at times of crisis.

Response: Yes, very true

-We think of children helping the elders as they age and fall into ill-health. However, it can be the reverse, where elders can help shape the unshaped or out of balance lives of their children and their children's children.

- It has been my joy to do in one sense this very thing on Facebook every day for the last year or two; not with my children, but with my Facebook "children," i.e. the Indian youngster friends in their teens, 20s, and 30s. It is one model of possibility for the elders giving support and advice to the younger people.

Soul's Command

Last night I closed my eyes and asked myself "what do I want?" I then heard a voice within that said "follow Mother."

Consecration Shares the News

Consecration is the companion who constantly shares the news as it happens. (Sri Karmayogi)

Comment: Wonderful remark. Supermind (Truth Consciousness) via consecration does that. It provides essential, comprehensive information as needed.

Romantic Partner as Complement Who Can Help Us Grow

I believe that each of us is searching for the perfect complement which will help us become complete. But I don't regard it in static terms. I don't think that a person is a fixed piece of a puzzle in search of another fixed piece to make it whole. I think we human beings are dynamic, growing, evolving. Our

complement is the person who can help us evolve most rapidly to discover our own inner wholeness. (from The Book by Garry Jacobs)

Comment: This is the thought of the character Dan in the story (in chapter 72), perhaps not exactly Garry's view; or maybe it is.

Universalizing Ourselves Through Romance

According to The Book, every soul is an expression of the One and is fulfilled by universalizing itself to re-attain the wholeness of that One. In a sense the whole universe is a complement of each of us, since in the process of individualizing ourselves we push aside or deny so much of what is also part of our true self. Our perfect complement is a microcosm of that universe, who by presenting to us all that we are not, can help us overcome the limitations of being separate. And the process of interacting with our complement is the adventure of romance. For some it may come in the form of perfect harmony and compatibility, for others in the form of constant conflict and contradiction. It depends on what we need. Ultimately, all life is a romantic adventure and every person, circumstance and event life presents to us is a complement that comes to us for our growth. When we meet life with this attitude, it reveals its ultimate secret as the MARVEL. (from The Book by Garry Jacobs)

Comment: This is the thought of the character Dan in the story (in chapter 72). The Book is actually a character in the novel "The Book." It is essentially The Life Divine, and serves as the foundation for the expert system that the software company that the four main characters (including Dan) run.

Accomplishing One's Aspiration

Aspiration is the awakening of the soul.

Awakening aspiration never fails to achieve.

Its accomplishment is guaranteed when consecrated and surrendered. (Sri Karmayogi)

Sri Karmayogi s Poet of Life Knowledge

Sri Karmayogi is the great poet of subtle life knowledge expressed in its myriad details through dynamic language and expression.

What our Schools, Society, Human Choice Bring

Our school and college give our manners and outlook.

Our society decides the stamp of our career.

Human choice determines the scope of our progress. (Sri Karmayogi)

Comment: This beautifully captures the influences on and (infinite) possibilities of our lives!

Relationship of Past, Present, Future

Past reflects the present as well as future. (Sri Karmayogi)

Comment: What is happening and will happen is indicated in the past; and vice versa.

Subconscious Decides the Outcome Prior to Surface Action

What you consciously perceive as good fortune on the outside, you were already predisposed to in your subconscious inside. (E.g. in Pride and Prejudice Eliza was shifted and accepted Darcy after seeing Pemberley because inside she was already subconsciously disposed toward him. Her subconscious which was in touch with their future relationship compelled her to take the trip.)

Further comments: -When I went to East-West Center in LA in '74 and found out there about people in the valley who turned out to be Garry, MSS, and all changing the course of my life forever in terms of Sri Aurobindo and Mother and Karmayogi and my work, it was because my subconscious compelled me to go there. I had no conscious intentions long these lines when I went to the Center, only to meet interesting people related to SA and the Mother. That's all. But the subconscious knew better and sent me there.

- The subconscious, particularly the subliminal and soul are in touch with the past, present, and future.
- The subliminal sits on the edge of the subconscious, and is in touch with the superconscious, which includes access to all dimensions of time and space.

Science tells us now of the integral oneness of the brain, including its cells, its pulses; its organization and interaction; and that mirrors the oneness of all things in the universe, and beyond. In that way, it is, we are a microcosm of the macrocosm.

Melting Away the Negative is What Our soul Wants

No one is asking us to change our character and nature; only to melt away the negative aspects that we each have virulently in specific areas that we are mostly blind to.

In one sense, that is what our Soul seeks most from us, as It wants to learn through our growth experiences in its Journey through time.

Attitudes Evoke Life Response

Maintaining positive attitude energizes, keeps the atmosphere buoyant in a work, while attracting positive conditions from out of nowhere.

Further comment: An important part of this is to see the opportunities hidden behind the negatives that crop up; which enables you to consistently maintain a positive attitude.

Mother, Perfection, and Simplicity

Mother's hallmark is the descent of Perfection through integral Simplicity.

Integral Simplicity and Supramental Action

The essence of Supramental action is direct, integral Simplicity.

It creates the exact perfect solution with simplest knowledge and manifestation, yet beyond anything we would have conceived.

Best Answers from the Spiritual Force

The most Perfect solution to anything -- elegant, creative, appropriate, all encompassing, long-lasting, integral, simple -- is one that comes from the spiritual Force; Mother, Supermind, Consecration.

Inner Stillness Moves the Outer

Inner stillness effortlessly negotiates the most difficult situations.

The Power of Supramental Force

Utilizing Supramental Force everything dovetails.

World in Need of Harmony, not Authority

The problems of the world -- environmental, military, economic (including unemployment, poverty, and stagnant wages, etc.) -- transcend any individual nation's ability to solve it. Global collaboration is desperately needed. Unfortunately, the Veto vote in the United Nations holds the world hostage. One country can cast a veto, negating the passage of any bill or action. This is fully undemocratic. It holds back the type of collaboration, legislation, and joint ventures the world so desperately needs. In its place other forms of world union need to be developed; perhaps a World Parliament that has teeth, and no veto; that can legislate and thereby enable the nations of the world to work together to solve its ever-mounting and ever more dangerous problems.

Corporate Growth in Width and Height

A company grows like a pyramid, expanding its base and raising its height simultaneously. Each time a company rises to a higher level, it has to grow horizontally to handle the larger volume of work and rise vertically to higher levels of efficiency and complexity. (from The Book by Garry Jacobs)

Reader: Heaping sand to raise it to a good height, we find it slides down to spread in a wide circle forming a foundation at the bottom. Only when the bottom is sufficiently large, does the centre rise slowly. Ascent is a higher plane, horizontality functions like a lower plane. Exhaustion of potentials, intensity, perfection, and uniqueness are important concepts to saturate every plane below to widen the base to form a crest.

How We Awaken the Divine Consciousness within Us

Each time we are calm, patient, silent, self-giving, do not react, do not blame, do not initiate, withhold ego, open to the Mother (consecrate), etc. we awaken the divine consciousness within us.

Tolerance, Openness, Uncertainty, Fresh Moments for Adventurous Spiritual Living

Be increasingly tolerant, be more open, and embrace uncertainty, allowing each moment to be fresh, unexpected, creative, and dynamic. Then you will be fully engaged in the Adventure of living; instead of being asleep in the habitual and routine.

Living Within, Without Forgetting the Divine

Being confined by life is helpful in that it forces you inward to discover a deeper and wider center of being.

Reader: Initially it was said the aim of Sri Aurobindo is "Profound Simplicity". I could not get the meaning of the same till I came through Sri Karmayogi's inference:

Narada in heaven is the greatest of devotees. The householder is reminded of Narayana by his distress. When Narada expected Narayana to declare that he is the greatest bhakta, Narayana chose the farmer in the field who chants his name nonstop amid his works. Einstein and Newton were great scientists, but Edison rose to be the greatest scientist from being a worker. Sri Aurobindo enjoins on his disciples to realise the Brahman in life here in the fourth dimension so that it would combine the realisation of the rishi and the householder at its divine height in the simplicity of domestic life.

The Past Decides the Present and the Present Decides the Future

Unfortunately through our visual sense we only see and therefore judge a thing or matter in the present moment in time, when it actually has a history going back seconds, minutes, etc. from past till now, and is in a state of unfolding which we completely miss. This dynamic occurs dozens of times a day to each of us, leading to equal number of false conclusions on our part. However, withdrawing from the surface sense inputs, in a deeper consciousness, we are far less likely to quickly judge based on current visual or auditory input, and are more likely to consider a greater variety of possibilities about that thing or matter. Thus our conclusions are far more likely to be correct. This is the great moment-to-moment ignorance that is occurring in our lives, that we fail to acknowledge, and yet is happening tens of billions times a day on earth.

On Writing for all Time

Use the language of your time, but write for all time.

Reader 1: "To write in our mind" with inner consciousness!! Is it correct Roy sir.

Reader 2: In using language in write or speech form- should express "HIS WILL" with the understanding that all our expressions has our opinion, preference, urge, or impulse. We may make real advances in the journey towards the Divine and implementing "HIS WILL" but the leading motive being egoistic, they subordinate the gains of the real advancement to the purposes of the ego. Thus the progress even when it is there, serves the opposite purpose To write for all time first we have to disinherit our will with preference to preference to the Divine Will.

Sri Karmayogi says to understand this we have to see in this context Vol. 12 and 13 of Agenda and Mother's words and actions which is going to be there for all the time.

Response: Thank you reader 1 for your fine point about the necessity of inner consciousness in writing. And thank you Reader 2. Very well said.

One way to consider this is that our writing should reflect underlying values that will be relevant well into the future. There are dozens of these, from openness to simplicity to the social good to efficiency and organization, etc. etc. The highest of these values are spiritual values, such as peace, harmony, goodness, beauty, love, delight, etc. So if the writer, speaker advocates these, then it has a lasting power. Moreover, it has greatest power when expressing 'His Will,' especially if we consecrate. But as you say these will have greater effect when the ego is held back. One example, it to hold back ego even as when one expresses our experiences.

What Supermind Sees

Supermind sees all sides, the deepest cause, the most lasting solution, the widest universal effect, with a great will and determination for its implementation.

Consecration and the Process of Reaching Psychic

Through consecration, one goes increasingly deeper; Inquire Mind, Supermind begins to take shape, gradually becomes the leader, sees the totality not just the part, has power of both integral knowledge and will to manifest any result, resolves any contradiction, brings all planes of our being (mental, vital, physical) to their highest possibility, revealing ananda/delight in every aspect of our lives, taking us deeper still to the Psychic being, expanding our mind's further upward, transforming us still, ultimately fulfilling the Human Aspiration for light, love, and immortality that was previously unfulfilled. (Thanks to Ramesh Kumar for inspiring these thoughts)

Sri Aurobindo, the Mother, and Spiritual Evolution

Sri Aurobindo and the Mother came to accelerate the process of Spiritual Evolution.

Added: ... from current vital and mental dominated life to spirit-oriented one.

Openness and Non-Expectation Attracts Best Solution

Though it is helpful to be prepared for a meeting, it is also beneficial to keep an open mind and not have too many expectations. That way the best will follow.

The Divine's, Individual's Attaining, Conscious and the emerging Conscious Force

The Divine Goal is the evolution of consciousness in the Individual so that the Divine buried in the Inconscient can awaken, evolve and manifest in every individual center of consciousness. (Garry Jacobs, Mother's Service Society)

Reader: To awaken the divine consciousness in individual is a Herculean task whether this can be achieved in this birth or another, because from animal to human it takes millions of years to evolve again man still has animal instinct which Sri Aurobindo has already said how the transformation process can happen at the earliest is there any simpler method to transform ourselves to divine consciousness. I need some guidance in this regard.

Comment: Each time we are calm, patient, silent, self-giving, do not react, withhold ego, consecrate, etc. we awaken the divine consciousness within. When we move to a deeper poise in our lives, culminating in the psychic being this process is accelerated. When we then Surrender our very existence to the Divine, it accelerates even further. There is thus a progressive scale of realizing divine consciousness -- from beginner to advanced. With each step, the Divine moves to the surface of our lives -- mentally, psychologically, vitally, emotionally, physically; in our attitudes, emotions, beliefs, actions, physical makeup etc. It is the means of evolution of consciousness, culminating in Divine consciousness and life in earth.

Reader: Excellent message which I was longing thank you sir, I will practice

The Spatial Strength of Americans vs. Intuition, Light of Indians

Statement by Reader: US are pioneer in spatial intelligence a short step before existential.

Comment: Very well put. Spatial > Existential > Spiritual. It's really a movement from surface to depths. As more Indians are educated you see this dramatically in relation to Americans. I.e. Indians are much more intuitive; much more attuned to Life Response, Attraction phenomena, as if second nature. Not all are of course.

Sri Karmayogi a teacher extremely knowledgeable of Eastern and Western ways says that Indians have the Light inside them, while the Westerner is filled with darkness. It is mainly because there is little direct relation to the spirit in the Westerner.

Science needs to Expand its Materialistic View to Life Response View

Scientific, material, empirical view dominates in the West, which leaves little scope for subtle phenomenon like Life Response. Still there is a certain body of individuals in the West who are open and awake. If only science itself could broaden its view of reality as what only can be measured and perceived. That view is beginning to die off, as the nature of the universe at both the quantum and macro level is discovered to have "spooky" qualities (like "entanglement") that are truly indicating the fundamental oneness of life. It is actually scientific proof of the Life Response/Attraction phenomenon. When Science broadens from material science to a Science of Life it will really make some great strides for the world.

America's Reality in the Process of Evolving from Physical

"America is a vast country where material comforts are plenty. They think that life is for enjoyment. Why should they bother about religious discipline? That is why it is said east is east and west is west." Yes, America is so successful materially that they do not see the need to be successful elsewhere. The material success has been so enjoyable. But now that is changing as the Middle Class there falls into poverty-like state due to financial crisis, 20 years of stagnant wages, very shaky economic conditions, new coming financial and economic shocks, etc. Life is forcing America to change its world view. The physical blows of Nature through economic uncertainty, natural disasters, etc is driving out the physical consciousness that does not embrace anything but material view of reality.

Ego is the Obstacle of Science

"Science has a taboo to go beyond limits. It put value for discovery i.e., measure to convince and prove. This 'ego' stop them to go beyond." Yes. It is an ego rooted in Ignorance of the multi-faced truth of things. Science and Americans are dazzled by the surface. The depths are covered over, which can be seen as the ego of the Material/Physical consciousness.

US Closed to Life Response, Spirit, et al in Heartland

Reader: It's also possible that a lot of people are mired in communities or jobs where anything "different" just isn't easy to introduce or discuss. For example, try discussing all of this with the person down the street who attends a typical or more-or-less accepted place of worship seen in most towns throughout America. I, for one, have almost no one I can talk about this with other than my husband, one of my colleagues with whom I work online, and you! And, fortunately, Roy, I can contact you anytime!

Response: Yes Kathy, it's just not in the culture, at least in the rural and suburban areas. In the urban areas, there is more possibility. Here in SF/Silicon Valley area you feel it is just an onion skin away. Very close, yet somehow impenetrable. Even many spiritual groups cannot perceive Attraction power! It just takes making that little experiential connection.

It's going to happen. The Secret WAS a breakout. It is in the undercurrent of the world, discovered by the ancient Rishis of India and others. So it can happen again and again, progressively. Also because the Force is increasingly penetrating the earth, we have access to the ultimate life response creating power. Even the surface Americans will perceive it. We Users are childlike, unrigid, so we can accept.

PS A substantial life response knowledge push is likely coming soon, so stay tuned.

Reader: And, if I might add, Roy - the whole thing about the spiritual beliefs and knowledge that we're discussing being somehow "different" or "scary" to those who have grown up in these doctrines/dogma/sin-hellfire/whatever beliefs is that - if people were to truly look at some of the things Jesus (for example) taught in the context of Life Response and more Eastern and ancient teachings - they would find so much peace and joy!

"Religion" holds no fear for me. Of course, there are things I don't yet understand, but the unfolding of a lot of what I've come to learn over these last several years has been nothing short of remarkable.

And, I've been searching for my entire life for a system of belief or teachings that makes sense - because, frankly, none of the stuff taught by people in churches or elsewhere ever made any sense to me.

Oh... the old saying, "If only I had known then what I know now..." But better later than never at all!

Response: Thanks Kathy. It is difficult to hold the atmosphere of the Mother without some group to reinforce it. And even then it is dependent on the soul's aspiration and destiny.

Breaking through Physical Mind in America Has Precedence

They [Americans] are open-minded and childlike. But physical mind of sense input blocks things. There are pioneers who will move things forward. Then the society will follow. Atmosphere for the American pioneer is very positive, as it is rooted in freedom and individuality. The society will not move unless the pioneers move first. That is what we are doing.

During the Hippy Era the entire society moved at once; unprecedented in modern history. Then it disappeared, as a wider foundation was needed. Still those values hold deeply -- e.g. many businesses have developed open, individualistic, people-oriented values. The development of PS and mobile technologies comes directly from the Hippies (note Steve Jobs and Silicon Valley). These came from the Hippies. If Hippies were possible in the US, as an explosion of individuality creativity, open values, then anything can happen.

Collaborating Work of India and America will Lead the World's Evolution

The Secret was very popular for several years with Americans out front leading the way. But then it sort of faded, as we became caught up in the mass culture, materiel, surface orientation once again. (Karmayogi says Americans think with their bodies; their visual and other senses dominating their perceptions.)

Indian Upanishads, Vedas, et al believe deeply that you can change the outer from WITHIN. It is in their very being, even though most have forgotten it. They KNOW The Secret in their bones. This is not there in Western culture, as they believe only the outer -- hard work, enterprise, etc. -- can bring about the outer.

Still I know a core of Americans who have spearheaded Life Response, which is ironic, and perhaps an indication of the future conversion of America. The Mother said in The Agenda that the great change would happen first in America. The Secret was a first burst. I have a feeling there will be new and very different iterations in future.

The US is despite the superficiality a magical country after all, where the majority of the major changes seems to happen first. We just need a little guidance and direction in what we believe and do, which I believe will come from India, the future Guru of the World. Together they will lead the evolution. They will pioneer the power of instantaneous miraculousness that is at our fingertips; that can be evoke any time we choose from within.

America's surface Consciousness and Life Response Retention in USA

I have been wondering why interest and therefore ongoing experience of Life Response phenomenon does not seem to stick with my American friends. They take interest only sporadically. Here are several possible reasons (and I invite others to contribute):

- they have so many material and entertainment things to preoccupy them.
- they are very sense oriented, dominated by visual and audio, therefore have little inner wherewithal to perceive the subtlety of life and life response.
- there is nothing in the traditional culture to support interest in this area.

- Religion discourages in the sense that they turn everything into God's will, when we also know changing attitude, self-givingness, etc. attracts sudden good fortune.
- they are workers, achievers, mass producers, organizers, with little desire to stand back from life.
- they can't be still for 15 minutes, constantly having to jump into action.
- though educated, they are not deep thinkers, except for the intelligencia who tend to frown on "power of attraction non-sense."
- technology, though a great thing, has become their religion, when it is only a means to serve. Indians are in large part opposite of this, and are thus far more receptive on an ongoing basis.

Consciousness as Creator, Transformer

Everything was/is created from Consciousness; therefore through Consciousness we can transform ourselves. (thanks to Deepak Chopra)

Root Cause of Complaint Exist in Bother from Other Matters

Complaining means you are already bothered before the complaint; by other matters. That should be investigated and overcome.

America's Policing World is Changing

America as policeman of the world is nearly over. She can no longer afford it; nor has the appetite for it. Yet something MUST take its place. A World Army, rapid reaction force or similar is suggested. Probably US will engage its' allies to help lead in problem areas. But will that be enough?

Re: Egypt Situation

Until the nations of the world collaborate to reduce unemployment and poverty in this region and elsewhere, the types of problems -- and absurdities -- will persist in the Middle East and elsewhere. The problems of the world are too great to be solved by individual nations. International collaboration is needed. I would go a step further still and develop a World Parliament to pass legislature to enable policies that would overcome these dire economic conditions in these and all other nations.

Opening to the Divine Mother Reveals Supramental Possibilities

Before Creation the plane of Supermind rendered the Potentialities and Possibilities of what we could become, including Real Ideas of Peace, Harmony, Knowledge, Wisdom, Goodness, Love, Delight, Timelessness, and Infinity. Through our elevation of consciousness we can increasingly realize these in our life, enabling us to shift from our current limited consciousness to supramental consciousness. The quickest way of attaining these is to consistently open ourselves to the Supramental shakti of the Divine Mother.

Supermind as Creator, Can enable Life Response

Supermind rendered the universe, and is the same plane we can open to as the Mother's Supramental shakti and power, enabling instantaneous miraculousness in our lives.

Unthinking Mind Attracts Intuitive Thoughts

Karmayogi asks us not to think and have thoughts of our own, but to let thoughts come to you. Such thoughts will turn out to be perfect, infallible thoughts, filled with truth and power.

Further Comment: These are descents from planes of spiritualized mind -- including intuition -- where no active thinking occurs, and where the thought that appears in the mind is a perfect truth.

Wide Scope for Contractions Resolved in Romance

Romantic relationships have the greatest scope for contradiction, and therefore self-improvement and fulfillment as the conflicts are resolved.

Harmonizing with Other Souls

Spiritually, we know that a romantic relationship between two individuals is really of two souls connecting. We can engage our own soul as a way to connect to spirit; also connect with another person to do the same.

Further Comment: The higher the level of relationship, the greater the inter-soul relationship is realized.

Soldier's Taking to Jane Austin Novels

[Recently it was reported that Jane Austin's novels proved popular with WWI soldiers.]

Jane Austin showed, especially in *Pride and Prejudice* that through greater awareness and higher consciousness a person could overcome major obstacles and attain great success. This plus the romance, humor, and many characters in the story with a variety of interests resonated and inspired the soldiers. These men too had great obstacles; ultimate obstacles of life and death, and they (the Allied side) also eventually prevailed. Of course, too many on all sides did not make it.

The Individual, Society, and the Universal

Society fulfills itself through the uniqueness of its individual members. The individual fulfills itself by universalizing to identify with the whole society. Both give expression to something beyond either of them which is trying to manifest. (from *The Book* by Garry Jacobs)

One Man's Aspiration Can Change the World

[On the individual's ability to create great change at any level of society] One person, totally determined, thoroughly motivated, identified with the wider interests of the entire society, rather than merely selfish, narrow interests, could make the difference between victory and defeat, high accomplishment and failure. (from *The Book* by Garry Jacobs)

Comment: Michael Gorbachev and Steve Jobs are two examples of individuals who fulfilled this.

Equilibrium and Breaking Equilibrium Needed for Accomplishment

On the one hand, there is the importance of balance, equilibrium and harmony as the foundations for all progress. On the other, there is the need for continuously breaking old patterns, disrupting the existing equilibrium, confronting and absorbing the impact of new challenges. (from *The Book* by Garry Jacobs)

Element of Truth Exist in All; Even the Negative

Ignorance is partial knowledge. There is an element of Truth buried even in the most extreme error and falsehood. (from *The Book* by Garry Jacobs)

Response: E.g. Nazis ruled over the world, causing death of tens of millions. People accept this as final and absolute. Yet Allied imposition of severe fines against Germans after WWI, shipments of weapons from Europe to Germany before WWII, and financial speculation in West that destroyed Weimer Republic and led to rise of fascism in Germany, are the other aspects that led to rise of Nazi Germany, indicating there is a partial truth in the Nazis point of view. (If we examine history we will see that the good side was not absolute; neither the Evil side.) In the Indian epic Mahabharata the good Pandavas ruined themselves when their leader Yudhisthira squandered away their entire empire through reckless gambling.

Thus we can be humble and see the Truth buried even in the most extreme error, falsehood, and evil.

Every Event Unfolding in Front of Us for a Purpose and Progress

Nothing happens by chance. There is a meaning to every event, a deeper significance and causality. (from *The Book* by Garry Jacobs)

Reader: Quite True Sir! In how many incidences we are aware of it is a big question! The more we are in touch with the Divine and such true devotees like you the increase in clarity of the event.

Response: Yes, very true.

Reader 2: Nothing happens by chance. Nothing will happen to a person without its being in him somewhere in the being.

It is theoretically, Consciousness perceives a certain Truth or wishes to experience a certain truth in itself and directs its force of creation along the line of that Truth.

Darcy's calling her tolerable is subconsciously a marriage proposal—he recognizes his soul mate. When Eliza says she could be mistress of Pemberley her perception has power to bring him home one day earlier.

The Power of Calm, Non-Reaction to Intimidation

The calmer you feel when in the presence of a person bent on intimidating you, the more likely that party will falter. This principle applies in many different directions.

Life's Initiatives (i.e. Opportunities) Succeed

Life initiatives are ones that come to you, usually from out of the blue, out of nowhere. They come to you as opportunities. They almost always succeed when we take them up. On the other hand, our own initiatives fail as much as they succeed, maybe worse than that.

Divine Life on Earth as Goal of World

The goal of creation and where we are progressively headed is toward a Divine Life on Earth, where we will emerge as a new species, omniscient and immortal; divinized in all parts of our being.

The Reason for the failure of Self Initiative and a Personal Example

A READER "One may ask why self-chosen initiatives fail when life-chosen initiatives succeed. It could be probably due to the fact that most self-chosen initiatives are taken impulsively and thereby become foolish initiatives. ... When however life takes the initiative, such impulsiveness is missing and therefore the attempt succeeds. "

MY COMMENT: I think you are on to something here.

There was e.g. one initiative where I started a new enterprise, which seemed to have a lot of possibility. I received encouragement from various sides, though in the back of several minds was the idea that it would be difficult for me to succeed as the product was past its time. In the end it failed, in part because of resistance of the past, in part because I did not follow through as I might of, etc.

In this case there is/was a kind of wanting personality in that thing/opportunity that made it difficult to succeed. I knew of its limitation at the outset, but still tried. In any case, it did not come to me, it was not offered to me, it was not an initiative from life. I was a little desperate to succeed, since normal work was low (recession). We know Mother overcomes forces like recession and could have made the current work blossom even during hard times.

If I had applied the principle of embracing Life's initiatives instead of my own, I might not have taken up the project in the first place.

From this example, we can devise why initiative driven projects fail. And this is only this one case. Each case will have its own flavor, revealing the wanting personal attitude and relationship to the object (the project), as well as the nature of the object and atmosphere itself. Inner and cosmic purposes are additional factors that are steps beyond.

Our Initiatives and Life's Initiatives

Life initiatives are ones that come to you, usually from out of the blue, out of nowhere. They come to you as opportunities. They almost always succeed when we take them up. On the other hand, our own initiatives fail as much as they succeed, maybe worse than that.

Negative Consciousness Attracts Negative Events

Your intense lower consciousness movements can be synchronous with disasters or other significant negative circumstance locally or at a distance.

Q: Examples for better understanding?

Response: Acts of violence, intense feelings of hatred or anger, sexual intensity, powerful drug experiences, etc. can attract/align you with corresponding major negative events at the local, national or international level.

Benefits of Consecration

For attracting the greatest good fortune on a daily basis we recommend you consecrate, i.e. remember Mother once an hour at the top of the hour. As a result your day will be filled with wonder and good fortune, and over time your consciousness will rise to the Nth degree, shedding each of your wanting qualities one by one while discovering your true self and psychic center (soul). Opening to Mother's supramental power at the top of the hour has this overwhelming effect on your daily and long-term existence. There is nothing more powerful for the spiritual seeker and aspirant.

From Ego to Harmony with Others and Life

In Garry Jacobs' novel *The Book*, he defines ego as a view of reality in which each of us feels separate from everyone and everything else. It's the view in which each of us stands at the centre of the universe and we look out on the whole world and everything in it from our own point of view. We relate to everything in terms of our needs, our understanding, our values and beliefs. The ego's view of the world is false. It is an illusion.

Thus, we should make the effort to recognize it when we experience it; when it rises in our being; and then halt it in its tracks, shedding any identity with it. One way to do that is by becoming unselfish and regarding all other people as I regard myself. E.g. if my friend receives a promotion I should feel happy for them, not jealous. If I have an agenda I would like to narrate and my friend has something else to talk about, I should defer to him. In other words, instead of giving supreme importance to my own needs, priorities, preferences, my skills, accomplishments, I can recognize that other people are as important as I am in the scheme of things.

Spiritually we can say that Ego is separative consciousness; as we are divided from others and life. The opposite of ego is Harmony, where we are one with Reality around us. Anything that creates this harmonic feeling and experience overcomes ego. Sri Karmayogi has recommended non-reaction, taking the other person's point of view, self-givingness, goodwill, and other means to create feelings of harmony and oneness. Employing these will shed ego short and long-term.

When you recognize the Soul in another and the Spirit in life, then you truly exit Ego. That is made possible when you live your life from a deeper poise, culminating in the realization of your own soul and being. Through consecration and the methods above, you develop this deeper poise from which you come in alignment with others and the conditions of life. Doing so you move from a confined, local existence to a wider, universal field, where you not only experience rich joy, harmony and love, but you are able to attract the infinite potentials of life.

Even the Great have Flaws that can be Transformed

You can expound the greatness of someone, one who is a hero for the world, and still reveal his great, even fatal flaws.

Further Comment: Gandhi and Steve Jobs come to mind.

Overcoming Tainted Money When Money Serves Us, Not Vice Versa

Money falsehood is expressing all over the world, in different ways in different regions in different domains of society. Dark or tainted money needs to turn into money of Light that lifts all of society. That will happen when the Human Individual is put first in our economic systems, with money serving him, rather than the other way around.

Q: Can u pls explain this

Response: Let's say there is a work you need to accomplish. At first you feel hurried by it, as there is a firm, tight deadline. There is a degree of reluctance developing on your part. You then shift your consciousness to fully embracing that time limit, deadline. As a result, life quickly creates conditions where the deadline, the constraint of time is eased.

Embrace Current Time to Be Relieved of Time

If you fully embrace the current time demands on you, life will turn around and relieve you of the pressures of time.

Sri Aurobindo and Gandhi

Sri Aurobindo believed that Gandhi's philosophy of Ahimsa (non-violent thought and action) was a disaster for India. In fact, it delayed Indian independence as Gandhi would not ask the British to leave when the Indians forcefully rose up against their masters in the 1920s and 30s, which gave time and to and led to the eventual partition, millions dead in the aftermath, and two nuclear armed neighbors pointing weapons one another. Though Sri Aurobindo admired Gandhi as the savior of India, he repeatedly stated throughout the 1930s and 40s that Gandhi's philosophy would create great pain for India even as it led to independent through Gandhi's great efforts. Thus Sri Aurobindo viewed him as a great, but flawed leader, couched in what Sri Aurobindo calls the narrow "mental" view of Ahimsa, instead of the deeper truths of the forces affecting life including India's role and being. Sri Aurobindo was further against Gandhi's neutrality in fighting the Nazis and Hitler. By the way, Indian independence day occurred on Sri Aurobindo's birthday, August 15th, which indicated how He had worked inwardly for 40+ years to bring about independence. Now Sri Aurobindo works inwardly with Mother to bring the two or three divided powers back together in federation or even reunification, and then for India to take its rightful place and become the Guru of the world.

Reader: Bhagavan was himself the liberator of India. He did it in 1910...failure to accept the Cripps plan messed everything up, and resulted in partition.

Response: Yes inwardly he realized independence back then. The receptivity was then distorted somewhat by Ahimsa.

Further Response: Sri Aurobindo warned early in the century against certain "isms"; mental construct formulations like fascism, communism, capitalism and even Ahimsa. While many thought Gandhi's Ahimsa was spiritual in nature, Sri Aurobindo saw through it as another mental construct that flew in the face of the realities of life.

Forces of Life are the ways of the Reality, the dynamic Brahman that Sri Aurobindo perceived. He saw into the deepest currents of existence, while Gandhi's spiritual or even Life understanding was limited, even flimsy.

Still one cannot deny the greatness of the Mahatma, and Nehru too, despite the limits, holes in their views.

The mental "isms" need to be replaced by integral Truth as we ascend beyond the mental age to the dawn of the spiritual.

[On this America's July 4th, Independence Day]

Now the journey is shifting from physical liberty which has been largely attained to the next stage of Inner Liberty, freeing ourselves from the bounds of our limited consciousness, releasing the infinite potentials of life.

Sri Karmayogi's Methods and Practices

In my own words I have put together this list of methods and practices that Sri Karmayogi has asked us to follow. It can be used like a daily checklist.

Relations to Others

- cultured engagement with others; good manners

- do unto others, as one likes others done to you
- nonreaction to others' intensities
- not blaming, complaining
- listen first
- take the other person's point of view
- giving over taking
- concern for others and their situation
- sense what other party really wants
- constant self-givingness
- feel joy in another's success
- gratitude and appreciation toward others
- inner and outer goodwill toward others
- give attention to others deserved of it

Relations to Life

- don't initiate, wait for life's initiatives
- always take responsibility
- patience and cheerfulness
- continuous optimism
- feel gratitude and appreciation towards life
- see positive in the negative
- see opportunities in negatives
- embrace opportunities that come
- see current conditions as best for your growth
- perceive subtle signs of what to do, not to do
- resolve contradictions by finding higher harmony
- avoid expectation, anticipation
- embrace change, uncertainty
- seek adventure not comfort

Relation to Work

- embrace the work at hand, instead of what wants
- make the full, persevering effort
- apply values to work, in every detail
- perfect the work at hand
- the complete act to accomplish (aspiration, will, organization, action)
- aspire for higher capacity for success instead of success
- develop all the necessary skills and knowledge
- care for employees customers, etc.
- keep open to opportunities
- follow the emerging social wave for opportunities

Money

- pay off all debts; collect all monies due
- think of work first, money after
- raise your level of aspiration, energy, effort

- self-giving raises opportunity, finances

Relation to Things, Objects

- take to higher levels of cleanliness and orderliness
- give attention to things deserved
- maximum utilization of resources
- connect to the essence of inanimate objects

Personal Values

- discover, apply, adhere to one's most cherished values
- be honest and forthcoming
- discover the essence, the deepest value behind anything

Human Choice

- in crossroad moments choose what is helpful, positive
- chose the higher, deeper rather than the expedient, etc.

Life Response

- notice how the outer reflects one's inner
- move the outer world from within
- spacelessness and timelessness over space and time

Relation to Spirit

- constant consecration
(opening to Mother hourly; for events, problems, one's wanting qualities, opportunities, etc.)
- seek Mother in everything
- continuous abiding faith
- move from surface, visual and auditory inputs, to deeper poise
- discover one's psychic being, evolving soul
- shed ego

Spiritual Silence

- mental silence (non-thinking)
- withhold thought so others express it (silent will)
- reduced and soft speech
- refrain from unnecessary speaking of a matter until it is accomplished
- refrain from expressing one's opinions

Knowledge

- take the other person's point of view
- always seek the truth, rather than the part or what is expedient

General Negativity

- catch all ego movements
- shed negative attitudes we feel -- toward others, self, life
- avoid repeating dead habits

Only Collaboration of Nations Will Solve World Problems

The problems of the world are too great to be solved by the individual nations. Only collaboration amongst the countries can make this possible.

One Nation's Problem is a World's Problem

Egypt and other like nations cannot solve their severe economic problems including vast poverty and unemployment by themselves. The problems are too vast. The international community must come together through a regional or global parliament to solve them. The time for regional and global economic unity is clearly at hand.

Severe Floods In India & Further Impacts

Chittaranjan Rajaratnam: Scientists say that like the cloud burst that happened in Uttarkhand (India) which resulted in massive rainfall in two days leading to floods and disaster, such cloudburst can also happen in the western Ghats where 22 rivers originate and most of them flow into Tamil Nadu to join the Bay of Bengal in the east. This is due to the destruction of natural wealth here, occupation of lake areas by towns etc.

Comment: Lack of harmony between the states and regions along the course of these rivers is a central cause. It is the various parties involved only looking out for themselves.

Sri Aurobindo says that all problems of life are problems of Harmony. How to create that harmony is something to consider. We can begin by creating greater harmony in ourselves, in our own being, as well as with others. The outer harmony in society then starts developing as a result. It is life response of the outer due to our shift to the positive in our inner. This is the spiritual method of change.

PS People in position of authority can practice this approach, in tandem with offering the conditions to the spiritual Force, the Divine Mother, which would have a real outer impact on the corresponding outer social conditions.

Focus on Aspect Evokes Life Response on that Thing

When you focus on a particular teaching or person or thing, instantaneously out of the blue individuals you know pop-up, call, appear, etc. who very much subscribe to that specific teaching, person, or thing. What a wonder to behold, even if it is has occurred to one for the thousandth (or is it the ten thousandth?) time.

E.g. you think of a particular aspect of a spiritual understanding, and the person you closely identify with suddenly pops up from amongst dozens of people you know that he has just gone online to the service you subscribe to.

Hourly Consecration

For attracting the greatest good fortune on a daily basis we recommend you consecrate, i.e. remember Mother once an hour at the top of the hour. As a result your day will be filled with wonder and good fortune, and over time your consciousness will rise to the Nth degree, shedding each of your wanting qualities one by one while discovering your true self and psychic center (soul). Opening to Mother's supramental power at the top of the hour has this overwhelming effect on your daily and long-term existence. There is nothing more important for the spiritual seeker and aspirant.

Comment: also others are doing it at the top of the hour, so the consciousness gets enhanced.

Deference Moves You Ahead

By yielding to others you are more likely to end up in the right place.

E.g. you and another individual have entered a store at the same time and are vying to be the next person in line. But rather than try to get the lead, you defer to the other party. While you are now waiting you receive a phone message where you are informed that it is no longer necessary to be in that line to make that purchase. You thus leave for the better situation elsewhere.

Domination of Ego, Self-Need in Physical Consciousness Person

Physical consciousness individuals have little tolerance for the truth of conditions that require thoughtful consideration, as they are overwhelmed by their ego and needs.

Further comment: A physical oriented construction or maintenance worker who is hungry has no tolerance for the food service that is being delayed. Rather than looking around and perceiving that there is delay for many others there as well, not to mention not taking any interest in why there is a delay in the first place, he lashes out at the server. This is an example of a physical consciousness individual, where truth is kept in the background, and ego-oriented force and demand is in the fore.

Supermind, Ego, and Unity Consciousness

Supermind is opposite of Ego. It is Unity Consciousness.

Consecrating a Small Negative Prevents Its Repetition

If a small negative comes to you, such as a bent package arriving in the mail for an upcoming event, it is best to consecrate it as it is likely a predecessor of difficulty to come. By opening to the Mother and Her Force, the negativity of the future is cancelled.

Q: please give me an example on how to consecrate it in such manner.

A: Just think about the negative condition and say to Mother "here, you take it, to be transformed."

India's Economics

We can say that India is transitioning from a socialistic-oriented country to a neo-capitalistic one, though it would like to avoid the extremes of financial orientation of the US in the light of the great crisis, even if it itself gets caught up in the same. India subconsciously wishes to be a HUMAN centered country beyond capitalistic at the core of its economics. That will gradually emerge from the depths and be seen on the surface of life. Right now it is still shedding the restrictive parts of its socialistic legacy and adopting capitalism's benefits, even as it tries to hold onto the good parts of socialism that is aligned with a Human-centered economics. Perhaps the West's -- especially the US's -- greatest contribution to India is not so much capitalism as the way to Individuality and entrepreneurship.

Learning from Others Experience to Avoid Pain

Most of us just want to enjoy life, unburdened by the dos and don'ts that learned and experienced people offer. But sooner or later our wanting propensities will attract the negative as a series of gut punches that will send us reeling. Therefore why not be a bit more proactive and consider what changes in our attitude and behavior we can make to prevent such painful outcomes; what inner methods we can employ to avoid these difficult consequences. That way while your friends play blindly, obliviously in their temporary happiness, you will have the means of being joyful always and forever.

Don't Broadcast the Negative

Unnecessarily broadcasting of negative circumstance will attract more of it.

'The Life Divine' By Sri Aurobindo

The Life Divine is Sri Aurobindo's major philosophical opus. It combines a synthesis of western thought and eastern spirituality with Sri Aurobindo's own original insights. The Life Divine covers topics such as the human aspiration, why it remains unfulfilled, the individual's divided nature, the nature of the divine reality, how the universe emerged from a divine source (aka Involution), the role of Supermind in the creation/involutionary process, the nature and methods of evolution from matter to spirit, the means of overcoming our divided nature through higher consciousness, the nature and boundaries of human ignorance, the transformation from our divided nature into a supernature, and the emergence of a gnostic supramental being and a divine life on earth.

Solutions to World problems from Macro and Micro Levels

Governments are not responsive to the people, not so much because of wrong tactics, corruption, lack of resources, bureaucracy, and the like but because the problems of society have become global in nature and cannot be solved by individual nations. Fresh ideas percolating up from below can increasingly provide global solutions to problems that cannot be solved locally. As these powerful, new ideas rise, a degree of world governance is necessary, such as world parliament, that can pass legislation to make them concretely available to the world.

Sri Aurobindo explained this dual process that takes shape from above and below. Thus he would likely have been happy with the EU, ASEAN, and the many other macro developments and associations that have taken root since WWII, as he saw them central to furthering Human Unity from above. From the other end, he saw the rise of True Individuality, even soul-based individuality leading to pioneer individuals who would drive the world forward from below, completing the integral process of social evolution.

Further comment: Egypt turned to democracy, but now it is unravelling because it is unable to solve its extremely bad economic problems, including very high unemployment. An international approach to resolving the destitute of the Middle East nations is necessary to lift up that region, even as individuality and entrepreneurship can help from below.

Judging Prevents Wider Truth Known

Constant judging of others blocks one from knowing the wider and deeper truth.

Give Criticism Only When Asked

Avoid offering constructive criticism to another unless they ask for it first or seem open to such.

Seeing ego in Others, Not Self

We each express Ego in many different ways, however we normally only see it clearly in others.

Taking Other Man's Point of View as Movement from Part to the Whole

Very often we will discover that the suggestion or point of view of the other person proves to be the correct one. That is why it is suggested that at the outset you always take the other person's point of view. Spiritually it is a movement from the part to the whole of the Truth, which is the Supramental view of things. Besides, taking the other person's point of view tends to instantly or rapidly attract sudden good fortune.

Matter/Universe as Spirit?

Q: Is the universe indistinguishable from spirit?

A: Vedantic-based teachers view things a bit like this. So do a number of mystics of various sorts. Sri Aurobindo suggests that matter is ultimately really spirit, indicating the universe is too. But that is only a partial understanding of his teaching because when you bring in evolution, then the universe is not fully spirit, but on the way to becoming spirit, is being spiritualized. Certainly consciousness or spirit underlies everything in the universe. Sri Aurobindo says that the Conscious-force (chit) that is the source of creation is involved, hidden in all things. The question is then to what degree it is realized integrally and in full on the surface; in the frontal aspect of things, forms, individuals, forces, etc. That is what the Evolution is all about.

Threat of Non-Regulation of World's Financial System

Non-regulation of the world's financial system and its rampant speculation may very well be a greater threat to world stability than our environmental, nuclear, and terrorist concerns combined.

Our Opinions are Only Partial Truths

We gleefully express our limited and error-filled opinions. If only we knew the truth of things; in which case we would be fully embarrassed.

Utility of Negative Expression to Overcome the Negative

Negative people are often needed to broadcast their negativity so that the virulent strain of falsehood they represent can be rejected once and for all.

On Shankara

Shankara was a great figure in the history of the Spirit, who in many ways went even beyond Buddha, as he acknowledge the divine reality, which Buddha did not.

One key difference between Shankara and my view is that Shankara indicated that Brahman, the Divine exists only beyond this world, and that the life existence is fundamentally an illusion. My view is that Brahman, the Reality is not only the Spirit beyond this world but also immanent in this world as well, including all its material formations. Moreover, there is a power we can access that has the ability to transmute this world further into divinity by accessing it. (The supramental power/shakti of the Divine Mother.) This helps explain not only the evolutionary movement of life, but a theory of creation that relates Sat-chit-ananda "above" to the forms of creation "below."

Sri Aurobindo explains it this way:

The Shankara knowledge is, as your Guru pointed out, only one side of the Truth; it is the knowledge of the Supreme as realised by the spiritual Mind through the static silence of the pure Existence. It was because he went by this side only that Shankara was unable to accept or explain the origin of the universe except as illusion, a creation of Maya. Unless one realises the Supreme on the dynamic as well as the static side, one cannot experience the true origin of things and the equal reality of the active Brahman. The Shakti or Power of the Eternal becomes then a power of illusion only and the world becomes incomprehensible, a mystery of cosmic madness, an eternal delirium of the Eternal. Whatever verbal or ideative logic one may bring to support it, this way of seeing the universe explains nothing; it only erects a mental formula of the inexplicable. It is only if you approach the Supreme through his double aspect of Sat and Chit-Shakti, double but inseparable, that the total truth of things can become manifest to the inner experience. This other side was developed by the Shakta Tantriks. The two together, the Vedantic and the Tantric truth unified, can arrive at the integral knowledge.

Absorption in Current Times Limits Us From Seeing Bigger Picture

We often get so caught up in the issues of our time that we lose touch with the much Bigger Picture.

Savitri Saves Satyavan in Poem which is Occurring in Our Lives

In Sri Aurobindo's epic mystical poem 'Savitri', Satyavan, representing the earth is doomed to die. However, his lover Savitri overcomes all the limits of creation, rises into an ultimate consciousness, overcomes death itself, becomes the Divine Mother, and saves the world, enabling Satyavan to live, ushering in a new divine life on earth. In essence, the Mother has saved the world.

This is what actually must happen in our lives. Her supramental Force and Power is the means of earth's salvation and evolution. Thus, we must open to Her in all aspects of our lives to collaborate in this process, overcoming the limits of life and ushering in a new Golden Age.

Mother Can Save the World (which We Can Collaborate In)

Only Mother can save the world.

Further comment: We need to constantly call Her Force into our lives to make that happen.

Non-Locality, Entanglement, and Life Response

Space is extension; time is movement or change in extension. In Life Response, space and time are overcome, as they resolve into instantaneous miraculousness in the current moment and place.

In physics life response phenomena is explained as the principle of "Non-Locality," also known as "Entanglement," where two objects at opposite ends of the universe from one another instantly interrelate to change or mirror the state of the other. E.g. a shift in the spin of an electron changes the spin of another instantly, even though the second is at the other side of the galaxy or universe. Thus, what affects each is occurring from beyond locality and thus the two are entangled with one another.

This is similar to how in Life Response two objects are interconnected across-space time, overcoming locality and are in an entangled relationship. E.g. if I shift in consciousness to the positive, a person from around the world instantly contacts me with good news, though I have never communicated with or known them before. Our consciousnesses shifted one another, causing us to move in alignment, which we experienced together in a moment in a common space.

Life Response is thus a non-local entangled phenomenon that physics has begun to trace. However, physics does not yet know the many hundreds of laws governing the Life Response phenomenon, which we have traced for over thirty years.

My Life Response Statements and their Experiences

Virtually every life response related statement and principle I enter in this forum is based on an experience I just or recently had, or, somewhat less frequently, witnessed in another. Thus these are hopefully not merely hypothetical ideas for the reader, but have a liveliness in them that reflects true life experience.

Life Response Power of Shifting from hesitation to Reluctance

When you shift from hesitation or reluctance to solving the problem, certain novel solutions will suddenly present themselves.

Difference between Worry and Concern (Love)

You cannot worry about someone and love them at the same time. Most people mistake the emotion of worry for the emotion of love. They think that worrying about somebody means that you love them. (Abraham)

Comment: It is a thin line between concern and worry for loved ones. Non-Reaction and Consecration works well in this area. Non-reaction is remaining absolutely still and not reacting to another's situation, intensity of feeling while remaining concerned. This attracts the very best results for both parties. Consecration is to open to the spiritual Force, in this case to ask the supramental power to do the best for the person concerned about, which also creates rapidly improved and optimal conditions for that person, while also calming one's self down in relation to the matter.

Related Terms to "Life Response"

When we speak of "Life Response," we have been known to use related terms, such as:

"sudden good fortune"

"power of attraction"

"evoke luck in your life"

"the cooperation of life"

"you can evoke the miraculous"

"instantaneous miraculousness"

"instant success"

"something out of nothing"

"grace"

"Mother's grace"

"moving in alignment"

"synchronicity"

"overcome space and time"

"the inner moves the outer"
"inner-outer correspondence"
"instantly change the outer reality from within"
"oneness of life"
"non-local connection between things"
"you can make life instantly respond"
etc.

On Global Prosperity

All economies are increasingly interrelated with one another. They can no longer easily rise independent of each other. This is increasingly the case. Thus nations need to drop their egos and cooperate. Better still, perceive, care about, and abide by the interests of other, even rival countries. Without such cooperation, all will fall together. With it, they can rise to infinity, individually and collectively.

Sri Aurobindo said all problems of life are problems of Harmony. It certainly applies here as harmony of purpose is a key to global prosperity.

In addition, a Human rather than a money centered economics is the key to an ever-expanding, dynamic prosperity in future.

Conscious Person Always Embraces Change

The conscious person is constantly open to change, uncertainty, even contradiction, as his being is centered in a deeper and wider poise where everything and anything is readily accepted as part of the unfolding. His modality of being is always open to the new.

Taking Other Man's Point of View vs. Your Side of Argument

From a spiritual perspective, taking the other side's point of view is a greater feat than prevailing in your side of an argument.

In Difficulty Focus on Essential than Negative Attracts Resolution

In a difficult situation let go of your untoward feelings, desires, expectations, fears, etc. focusing only on what is essential. The problem will tend to correct itself, especially in an overall positive atmosphere.

Life's Initiative Brings Us the Right Choice for Lifetime Partner

When considering a long-term partner -- of any type; romantic, business, or other -- try to refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

Though Limited, Manners is Beneficial

While manners is not as great as character, everyone can benefit from practicing them.

Stillness in Tense Situation Self-Corrects It

In any tense situation be absolutely still. Things will quickly self-correct.

Via Consecration, Knowledge & Will Are Fused, Accomplishes Infinitely

In Sri Aurobindo's view, we have most power when Knowledge and Will are both there; i.e. they are One. One can have knowledge and vision, but without will and action, it remains an idea. We can have will and do, but without knowledge and vision we will do what is in error or wrong or incomplete. Thus, Knowledge (and vision) and Will (and action) together is what truly accomplishes.

Again in His view, Knowledge and Will are fused in Supermind. When we Consecrate something, we gain the full knowledge and there is the full will and action that reflects it. Actually Life does it for us. We

ourselves don't have to do anything! When we open to the supramental power, Life has the knowledge of what to do what is best to do and does it for us. Vision and Action are accommodated, manifest in one go. It is instantaneous miraculousness; aka Life Response.

Moving Out of Ego Evokes Life Response

Each time you step out of Ego in the course of the day, life responds in your favor.

Wrong Perception of Chopra vs. Ignorance of Sri Aurobindo

What Deepak Chopra calls wrong or subjective Perception of the object of inquiry (whether it is physical like a vase or a rose or a planet, or otherwise, such as an emotion or idea), Sri Aurobindo calls Ignorance.

Thoughts on the Equilibrium Dynamic of Life

Life constantly tries to come back into equilibrium. E.g. if someone does something negative, life responds with negative fortune returning to that individual sooner or later. The original negative action is movement out of equilibrium to disequilibrium, which life brings back into equilibrium via the negative response to that person. The same holds true for positive, neutral, and in between behaviors and actions.

The "action" can originate inside such as a shift in emotion, attitude, belief, decision, intention, etc., or outside through a physical act.

The entire world, actually the universe itself is constantly shifting from equilibrium to disequilibrium to equilibrium in trillions and trillions of inner and outer actions and responses. Moreover, all of the movements occur within an interlocking system of infinitely related individual, actions, and forces, meaning that the dynamic not only occurs trillions of times a moment, but are interconnected within one another and are thus affecting one another in that moment.

Note that after each iteration of the equilibrium dynamic, the entire system that is the cosmos or the universe or the earth, society, etc. evolves, creating an even more dynamically interlinked global entity of force, energy, power, and knowledge. In other words, Reality in creation is becoming more conscious, or advancing in degree of consciousness through this dynamic, yet is always subject to it.

There are also other influences on this dynamic including the role of the human subconscious, movements from the environment including the society and other collectives, influences of forces from subtle realms, including the role of the Spirit in life. Even they are subject to the equilibrium, disequilibrium, equilibrium (though now at a higher level) dynamic.

Exhausting Efforts with Perseverance Enables Life to Take Over

When you make that final push in a work that requires an extra level of effort and energy and perseverance, Life Takes Over and carries you across the finish line with a tail-wind that enables the completion to occur so much easier than you thought; or takes you so much further than you anticipated, both as startling unexpected "finale" results.

Higher Consciousness of Managers, and Business Success

Many problems in a small or large business can be attributed to the limited views - attitudes, habits, beliefs, values - of its principals. If that individual(s) identifies and changes only one significant one, life's conditions will suddenly right themselves or new opportunities will quickly appear from out of thin air.

Uncertainty in the Hour of God

As in the Heisenberg uncertainty principle, anything can happen at any time, and things can quickly and dramatically change at a moment's notice. New developments can spring out of nowhere. Out of failure or lack of movement or stagnation can suddenly arise a great opening. This is what the spiritual-oriented individual embraces. As Sri Aurobindo said "It is the Hour of the Unexpected."

"He who can stand up on the truth of his purpose is he who shall stand; even though he fall, he shall rise again; even though he seem to pass on the wings of the wind, he shall return. Nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected." (Sri Aurobindo "The Hour of God")

Change from Within What You Don't Like Outside

Keep what you don't like to yourself as much as you can. Instead work inwardly to seek its change.

Learning from Other Side in Argument

In an argument, each side has something to learn.

Wrongfulness in Argument

In an argument all sides are wrong, each in their own way.

Negative Attitude Attracts Negativity

Complaining about others, a situation quickly meets with others being displeased with you.

Life Coming to You Indicates Spiritual Life

Life coming to you without initiative is an indicator of spiritual life.

Further comment: Consecration and related methods enable this to happen.

Complaining reverberation

Being bothered by another's complaining is another form of it. Instead take to non-reaction.

Making Fun of Another reveals Negativity Within

Consistently making fun of others reveals a troubling deficit in one's being.

Complaint Attracts More to Complain About

The more you complain, the more you will have to complain about.

Learn from Complaint; Life Will Cancel the Object

Instead of complaining about a situation, learn from it. The object of complaint will then mysteriously dissipate.

Vedanta's Wisdom and Science

How extraordinary it is that a fundamental ancient spiritual philosophy and mode of living, Vedanta, which includes Upanishads, Vedas, and Gita -- had realized for thousands of years a good part of the knowledge that science is now just beginning to discover.

Vedanta's essential teachings is that there is one essential Reality, and that all things -- seen and unseen, from matter to spirit -- are various manifestation of it; and whose origin is a Consciousness and Power that each of us can realize in our own lives.

When science considers how things spring out of nothing as is indicated in quantum physics, or what the source of the Big Bang was, or how non-locality/entanglement occurs, it is increasingly required of them to consider the Consciousness that underlies and links and relates all things.

Generally speaking a System is more powerful than a thing in isolation. A Holistic System is a further advance. When the Essence and Consciousness of that holistic system is recognized, valued, and implemented, then that system moves to infinity -- in terms of power, benefit, result, progress, satisfaction, enjoyment, fulfillment, etc.

Creating Infinitely Out Of Consciousness through Supramental Power

From out of the source Consciousness (Conscious-Force), Supermind engaged the process of creation formulating Divine Attributes (peace, harmony, knowledge, goodness, love, joy, etc.); creating in succession Space and Time, Energy, Matter, and the universe we know of, and its life forms including us as its inhabitants.

We too can create infinitely by utilizing that same source Consciousness -- that surrounds us, that permeates all, that is an infinite potential and possibility, -- by opening to that very same Supramental power (the Mother) that enabled the universe, that is powerfully in the atmosphere readily available to us.

Overcoming Most Illnesses through Consciousness

95% of human illnesses can be overcome in consciousness. Likewise, 95% of the programming of our genes can be overcome by the same.

Consciousness vs. Matter As Ground of Being

The traditional Indian spiritual view is that consciousness is the ground of all being. Science has it the other way around, indicating that consciousness evolves out of matter. Both are true. Thus the two views need to be reconciled. Sri Aurobindo's Involution and Evolution of consciousness resolves the contradiction.

Q: Thank you for your post Roy Sir. And, can you explain a bit more in detail about how consciousness evolves from matter? Thank you:)

A: Matter is animated and becomes living things as water, as plants, as animals, as humans. With the advent of human, mentality dramatically increases. Greater mentality means greater knowledge. Greater knowledge is more awareness, which is increased consciousness.

Taking Your Romantic Relationship to a Higher Level

If you are engaged in one, try to constantly raise the level of your romantic relationship. E.g. if it is based primarily on physical attraction, try to focus more on compatibility and one's emotional feelings towards your partner. If it is predominantly emotional, try to focus more on being affectionate and feeling admiration for one another. If it is mental, try to make it more devotional and spiritual. One can ascend up the scale of romance to deepen your relationship, making it more satisfying and longer-lasting. Here are the details on how to rise in your relationships at Romance Eternal, I site I helped develop, focusing here on the article on Scale of Romance which includes the choices and strategies you can take with your partner, as well as examples from film and literature that make the ideas more understandable.

Choosing Happiness

Developing an ongoing deeper center and poise of being enables one to have the wherewithal to detach one's self and examine life's moment to moment situations, evaluate one's state of mind, and therefore make the right choices in the positive direction, including the decision to be happy vs. being unhappy. Developing that deeper consciousness that allows for such awareness requires taking personal and spiritual growth, and can be attained through various practices such as meditation, prayer, and consecration (opening to the spiritual Force).

Another shortcut to happiness is simply being self-giving, instead of constantly focusing on one's own self and taking through the influence of the separative ego. The happiest people in life are always giving rather than taking.

Methods that Take One to the Psychic Being

Constant remembrance of Mother, plus practicing non-reaction, non-initiating, and taking another's point of view will take one to the depths, even to the psychic being, enabling deep peace, inner silence, guidance from within, harmony with others and life, heightened awareness, mind's expansion and

revelation of profound knowledge and wisdom, right decisions and action, feelings and acts of goodness, self-giving urge, joy in being alive, experiences of timelessness in time and the drawing of the infinite from the finite (life response), and others.

Seeking Mother's Help and Taking Helpful Actions

If you are going to ask Mother for help in any area, minimally you should do the things that you know would be helpful in that matter.

Self-Multiplication of Money and Society's Aspiration

Karmayogi indicates that money Self-Multiplies when there is an increase in the intensity of aspiration and will of the society for productive economic gain. An example of the self-multiplication of money is the over \$400 Billion in cash without debt in the coffers of Silicon Valley companies, whose products and services met the increasing aspirations and needs of society.

Taboos Change With Time

What is taboo in the past can become beloved in future generations. Breaking arranged marriages in India is one example. There are a thousand others. One current one is this: not needing to engage in family life.

Financial Speculation and Eventual End for Capitalism

Why are financial investors in stocks, derivatives, and other speculative instruments determining the economic fate of the world? Is this presaging the collapse of capitalism or similar, to be replaced by something unknown, yet more humane?

Further comment: Mother said in 1973 that collapse of Communism was imminent, which is what occurred 15 years later. She predicted the same for Capitalism thereafter. We may be approaching that time.

A Note on Silliness

Silliness does not hold up as well as clarity of expression that is self-giving.

Results of Following Our Lower Vital Being

We are driven in a whirlwind by our lower vital being, only to crash and burn.

N: This is why we have to aim for vital immobility.

From Opinions to exploring Issues Further to Intuition

Rather than feverishly rushing to an opinion on a matter, driven by the lower vital being, be patient and take the time to learn all sides of the issue. Now add deeper spiritual perceptions you have realized along the way, and watch for intuitions of knowledge that enter your mind from out of nowhere. As a result, you will have the many-sided, integral knowledge of that matter or issue that is worth sharing with the world.

What You Attract Over What You Do

It's not what you do of itself that matters, but what you attract. And whatever attracts is what you should do.

Provincialism of West Not Reporting Certain Nations Calamities

Thousands may have perished in Northern Indian floods and yet for the entire period there was virtually no word of it on the front pages of the New York Times online edition, as if it never had occurred. Even in the International edition! Now we see how far apart our own interests and interests of others lie. What

an immense gap to bridge. This dynamic also suggests the point in the future where India will become far more relevant and the US and Western influence correspondingly diminished in the eyes of the world.

Focusing on Insight Attracts Related Individual

When you review an insight that has touched another individual, don't be surprised if that same person suddenly appears at the very instant you revisit it.

From Not Being Enemy to Harmonious Relationships in Business

We try not to create enemies in order to preserve our self-interests: e.g. to maintain positive business relationships. This is good. But we should try to maintain harmonious relations in all cases; whatever the benefit to us.

Micro We Experience in relation to Macro Reality

At one extreme the micro live end of our being that we experience at any given moment through our thoughts, feelings, actions, etc. is integrally entwined with the macro Reality that is the All and Everything at the other extreme.

Results Come When Effort is Forgotten

Results may not come while the effort to achieve something is being made, but a while after when you have forgotten about it. It reflects the uncertainty of life that the spiritual-oriented person comes to embrace.

Perfection of One to Save the World

Sri Karmayogi persistently reminds us that one man's perfection can save the world.

Untitled

We are moving through a phase where we have become inter-connected with one another to an even higher one where we are inter-dependent.

Each Illness Has Specific Inner Remedy

For virtually every illness known to Man there is an inner remedy.

Further Comment: The illness has a corresponding psychological deficiency of our being that causes us to move out of balance in life. Discovering what that is will put the body in balance, bringing the cure. Also the Force of the Divine Mother invoked intensely will add to that healing power.

Sri Karmayogi tells us that the Supramental Force not merely cures the disease, but dissolves the basis of the disease in consciousness.

Being Conscious in Life Will Guide Us Rightly

Observe life, watch it very closely. It is always suggesting what to do, and what not to do. Separate your desires and needs from these observations. Keep out Ego, be objective, and let the subtle signs guide your way.

Unique Value One Can Contribute

The key to survival in this new interconnected world is to ask one's self "What is the UNIQUE value contribution I can make in society?" Less than that will almost certainly guarantee mediocrity, limited success or even failure. In a rapidly emerging, hyper-connected global environment, with all of the tools available to anyone for practically free, you better be offering something uniquely unique, otherwise you are likely to get buried by others or lost in the shuffle.

Risk of Discussing Negatives

When you discuss negative circumstance with others, you attract repetition or reiterations of it. And not just suddenly occurring in the present, but unfortunate word of its occurrence in the past. E.g. a group of people were discussing the fact that losing one's wallet can be a rather trying experience. Immediately, one of the four individuals indicated that just last week her husband lost his wallet, which was a very trying experience. Then another negative matter was discussed, and someone else mentioned that they had just that situation happen to them recently. Thus we see by discussing a negative, not only can we attract its repetition now or in the near future (a phenomenon I have discussed elsewhere), but we tend "attract" word of its occurrence in the recent past! Therefore, best to keep such thoughts to one's self.

Life Response and Yoga

Life Response is the first step into Yoga (Conscious Evolution), which is an infinite Journey of self-discovery and realization.

Life Response Aspiration & Experience

Life Response is a wondrous phenomenon, but it is also a Fun experience. Who has not felt the thrill and joy when it happens and when we recognize its cause?

There are various levels of Life response experience we can identify. Sincerity is whether we seriously want to elevate our consciousness and life through life response means. Integral Yoga is a step beyond to Surrender of one's self to the higher Power, and the complete transformation of one's self -- mentally, vitally, physically, and spiritually. Here Fun becomes never-ending Enjoyment; i.e. Ananda/Bliss, while attracting the universe to ourselves. Only a handful have ever seriously trod this path.

Not many are even interested in evoking life response on some steady basis, as we are content to simply experience the phenomenon whenever it occurs, which is unfortunately all too rare. Where then do you stand in this continuum of life response aspiration and experience?

Indicator of Right Relationship/Partnership

Refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

Level of Consciousness of Individuals I Am Familiar With

(This modest first attempt is not based on Dr. David Hawkins Calibration Scale, but my own, which is stored in my mind, and includes factors of wisdom, spiritual attributes and attainment, innovation, influence, etc. Note that the numbers actually expand exponentially as one moves up the scale; so that an 800 individual is not just 200 points, but far beyond a 600.)

Sri Aurobindo 800

The Mother 800

Sri Karmayogi 750-800

Garry Jacobs 700-725

Deepak Chopra 675-700

Vivekananda 675

J. Krishnamurti 675

Ramana Maharishi 650

Satprem 600

Eckhart Tolle 575

Joseph Campbell 575

Andrew Cohen 575

Steve Jobs 550

Maharishi Mahesh Yogi 550

Mohandas Gandhi 500
Ken Wilbur 500
Rhonda Byrne 500
Jane Austin 500
Dale Carnegie 500
Steven Covey 500
Michael Gorbachev 500
(most people are around 300)

Solution to Problem in the Cause

We often seek the solution to a problem by trying to reverse the effects, but we are better off examining the causes and finding solutions there.

E.g. an engineer ran into a serious problem in the system and tried to solve it from there. But a person of greater wisdom suggested that they look into the fundamental cause of the problem, which he provided. Though the engineer could not see into the cause as clearly as the wise man did, it made the engineer see a practical solution based on that deeper causality. The engineer made the necessary adjustments and the problem was instantly solved.

US and China

US and China are in one sense mirror images of one another. US needs more cooperation among the segments of its society, whereas China needs more freedom and individuality amongst its people.

Solution to Problem in the Cause

We often seek the solution to the problem by trying to reverse the effects, but we are better off examining the causes and finding solutions there.

E.g. an engineer had run into a serious problem in the system and tried to solve it from there. But a person of greater wisdom suggested that they look into the fundamental cause of the problem, which he provided. Though the engineer could not see into the cause as clearly as the wireman did, it made the engineer see a practical solution based on that deeper causality. The engineer made the necessary adjustments and problem and the problem was instantly solved.

Power of Consecrating a Mistake

'(Padma) I pursued my post graduation through correspondence, in that we have to submit project in the Final year. I did the same but by mistake I mentioned the enrollment number wrongly hence the same is mentioned as absent in the marksheet. I tried from my end but somewhat it got delayed. I knew the mistake is from my end and surrendered to Mother. Last month, I came to know a member on this forum who is working there and sought help and now everything had been sorted out and got the revised mark sheet. I understand the power of surrender and reversing the mistakes. Thanks so much for the member who has helped me a lot...

Response: Congratulations!

The InnerNet

There is the Internet, which is astonishing. But far more so is the InnerNet. It evokes instantaneous miraculousness.

Fulfilling Our Soul's Purpose in One Life

We are here to fulfill our Soul's Aspiration in its Journey through time through our experiences in the physical body it now inhabits. The Soul continues on from there to new births. If however we are conscious, we can speed up that process, enabling the Soul to fulfill its aspirations quickly in this life. If we discover our evolving Soul within, the psychic entity we facilitate that process. That is what Yoga,

aka Conscious Evolution, is all about. If we do that and apply it to the field we are working in, whether intellectual or practical, we will become geniuses in that domain, and be appreciated for all time.

India's Vast Population

[In response to the idea that India's population is too large to sustain itself.]

Sri Karmayogi indicates its great population is India's strength. Everyone thought the population could not be fed, but then the Green Revolution came about refuting that. Its huge population can reflect as a blossoming of infinite possibilities in infinite variation. Plus just the numbers can allow it to rise to super-productivity and prosperity. Contrast that with China now who is worried about a stagnant or dwindling population! (Note that the youth population of India is overwhelming in number, and can be the basis of a tidal wave of prosperity and innovation in future. Again, the power of her Great Numbers. Let India give up her stagnant mindset, her corruption, her provincial ways and religious dogma, her wrote education and lack of entrepreneurship, and take to the Spirit she owns inside in a modern context, and she will be fine. Actually more than fine, as she accedes further to prosperity, enabling her to be admired and respected, eventually becoming the Guru of the World.

From Ego to Service Self

It's been a long journey from the Ego self to the Service self that reflects the Spirit inside.

Appreciation someone Who Tries Attracts Problems Resolution

If instead of being upset with another party who has failed to resolve your problem, you summon up appreciation for their efforts, the problem will be resolved, one way or another, through this same or a related party.

Anachronism Holding On and the Negative: Princess Diana

When anachronisms stay on, it leads to tragedy. (E.g. witness Princess Diana's fate in the light of the persistence of the English monarchy.)

Infinity of Life Responses that are Unacknowledged

Perhaps tens of billions of miraculous-like, synchronous outcomes are occurring every day, and yet only a very very few are ever acknowledged.

From Limits to Focusing on Current Issue to meaningful Issues of All Time

Almost all of the issues of your time that you hold so precious will be mostly irrelevant to the next generation(s). So why not consider the deepest ongoing issues of life -- e.g. why we are here, what is our purpose, and where we are all headed. Then your efforts to come up with fresh answers and your unprecedented experiences will be appreciated for all time.

Embodying Spiritual Values in Our Lives

We can embody all the spiritual aspects in our being in the present, such as Peace, Calm, Harmony, Oneness, Truth, Wisdom, Goodness, Creativity, Delight/Joy, Love, Timelessness, Infinity, etc. that are the Real Ideas, the Spiritual Values of the Source Consciousness that the Gods and the avatars embodied in various combinations.

We can embody them in our being and all around us by Surrendering to the Divine Mothers' Force, and by practicing certain spiritual methods such as Non-Reaction, Non-Initiative, Self-Givingness, Silence of Thought and Speech, Taking Another's Viewpoint, Avoiding Ego, etc. as advocated by Sri Karmayogi. Then we embody all of the spiritual aspects on the way to becoming realized, transformed beings at all planes -- mental, vital, physical, and spiritual.

Moreover, from the Psychic Being we are fully in the Now, the ever-Present and is the best place to open to the Mother's Force and practice these methods, creating ultimate results for ourselves and the world, helping lead the Evolution towards a new way of living; a Divine Life on Earth.

On Ultimate Freedom

Freedom is the first law of the universe. The Divine could do anything it chose, e.g. to manifest the universe or not; and so can we. Freedom is also the source of our greatest Individuality. We are free to choose as we wish unfettered by the herd. Ultimate Freedom is to discover the psychic being inside and be guided by its Soul-based extremely individualistic suggestions. Now the ultimate freedom we are given to choose formulates into action and service that helps the entire world move forward.

From Gods to Surrender To the Mother

Each God represents a different vibration in creation; a manifestation of the universal consciousness in a different direction. When we perceive the underlying Reality, we can begin to know the specialty of each God. Sri Aurobindo and the Mother ask us to forget the Gods, and surrender to the Divine Mother, the universal Shakti.

When the Mother was in Her body she communed regularly with the Gods, and one by one they agreed to Surrender to her or the underlying Divine Mother nature. The Mother and Sri Aurobindo explained that the Gods were of the Overmental plane, meaning they were each perfect of themselves, but did not know how to interrelate in unity with the other, thus a higher power was necessary for the evolution, which they identified as the Supramental (or Truth Consciousness) plane. This is the Unity Consciousness beyond the universal.

New Self-Multiplication Power of Money in the World

Money is undergoing a startling transformation in the world. It is beginning to Self-Multiply. It is doing so because hidden from view, there is increasing, accelerating social will, trust, and confidence of society in its own total productive capacities. The more that happens, the more intensely and faster money circulates, and thus creates more money. An example is the hundreds of billions of dollars that Silicon Valley and related companies have accumulated as cash without debt. It is more than they know what to do with! Where has it come from? And how is that dynamic of sudden masses and multiplications of money occurring in other areas of society?

On the Internet there is constant self-multiplication. Internet information begets more information each time it is accessed or processed in new ways by human beings. It self-multiplies. Money is the same way, the more it circulates, the more it self-multiplies.

The circulation is dependent on the increasing will and drive of people, society to act for productive purposes; on the increasing willingness of human beings to relate to one another in productive ways, including our increasing capacity to trust. As long as these social aspirations are expanding, the potential for money creation will continue to expand at an accelerating pace. That is precisely the Self-Multiplication dynamic that is increasingly happening in the world.

Since there is no limit to human will and aspiration and action, there is no limit to how much money can move and circulate and be created in the world from seemingly out of nothing. Thus Money is not a limited resource, but an Infinite one that can greatly aid in the evolution of the world.

The Personal and Impersonal Experience of the Divine, the Reality

Buddha, Jesus, Krishna, and others are our Personal experiences of the Divine through avatar beings. There is also the "Impersonal," the Reality itself; Satchitananda being its first expression in non-physical creation. To know that Reality, Satchitananda, the Spirit, and how it became the universe is to know the Involution as described by Sri Aurobindo, which is followed by the Evolution. From that perspective we can better know the context of these Personal embodiments of the Spirit.

This process of how the universe came to be occurred through the creative power of Supermind, Truth Consciousness, which was unknown by Jesus and not touched on by Krishna. Sri Aurobindo intuitivized it fully and could explain all of the details of the Reality, Satchitananda, the Spirit, the Supermind, the Energy, etc. that is the source of creation, plus where creation, including we are headed. This was never Buddha's or Jesus' or even Krishna's mission. The world was not ready for that knowledge then, so there was no instrument; but it is now.

Thus, to know the “impersonal” nature of the Divine and reality enables us to perceive the Personal divinity of these avatars. Of course, there is also the Mother, who in Sri Aurobindo’s scheme is the personal divinity we surrender to, i.e. to her Supramental Shakti and Power to further our own and the world’s evolution on its way to a new species and a divine life on earth. She herself is the embodiment of the Chit (Consciousness-Force) of Satchitananda, and plays a role to further enable the evolution through her supramental power, which is the same force and plane that enabled a universe to emerge from a Divine Source.

Supramental Consciousness Soon Gives the Answer Complete from Other Parties

In supramental consciousness you can ask any question (with a certain intensity) and Life itself will soon give you the answer through appropriate known or unknown parties without taking any outer action of your own.

The Best of India in Future

India's rich cultural and psychological heritage will enable her to eventually carve out her own path that takes the best of other countries, and leaves the worst behind. This dynamic is likely to accelerate over time.

Animal and Human Habit to Repeat

The animal's way is to repeat the same thing over and over, as it is locked into its habitual nature. Hence, the expression “a creature of habit.” The human's nature is also to repeat but to come out of it on occasion through higher awareness of mind. The supramental being never repeats, as all that emanates from him is dynamic, unprecedented and new.

Jealousy of Others’ Success

"I have no jealousy or fear of the accomplishments of others." This is a great problem in our human nature. We often feel bad when others succeed, as it subconsciously showcases what we believe are our own deficiencies. It is an ego-movement of ill-will. It can be controlled however by being more conscious of our reactions.

Comments on the Subject of China’s Espionage

On China's Espionage, As Well As Legitimate Means to Acquire Technology from the Us
(my comment in the NY Times)

There is enormous pressure for China to innovate, as low paying jobs alone will not sustain the country due to competition from even lower wage countries that can produce the same products. Thus China is compelled to acquire technology to move to that higher plateau. Therefore the temptation to acquire it via espionage as well as by having agents in the US to copy and acquire it is real. The US and other nations need to monitor and when necessary contain China in this regard, even as it welcomes China as a legitimate competitor, which American ego is sometimes reluctant to do.

Acknowledging both the positive and negative in China will be the best tact for the US, even as China and other nations (such as India) perceive both the positive (innovation, individuality) and the negative (obsessive greed through financial instruments threatening the world, munitions supply, gun obsession, etc.) of the US.

Consecrating Activity Evokes Response of Aspiration from the Past

Consecrate an important upcoming meeting and you might find that cherished goals long forgotten or put on the back burner suddenly present themselves through another. That is the Divine Mother's power to rejuvenate the past in the present for the sake of the future.

Taking Other Man’s Point Of View is a Path to Integral Knowledge

Unfortunately we live in an either/or world, instead of all of the above.

Further explanation: We tend to take one side or the other, instead of seeing the many-sided truth of things. Sri Aurobindo indicates it is due to exclusive nature of the Mind that is focused or prejudiced in one direction out of the many that make up the integral truth of things.

This limitation of the mind has many causes, including living on the surface of life where we are dominated by the input of the senses, including the visual; being overly influenced by our own lower physical and vital propensities, needs and desires which limits our perspective; lack of the essential, multiplicity of facts; the fact that the mind tends to follow along one trend of thought without considering others; etc. Thus we assert either this way or that way, often counter to another's perspective. We rarely aspire to take in all of the truths of any matter, which is the "all of the above" approach.

Sri Karmayogi indicates that practicing true listening, non-reaction, and taking the other person's point of view will open our consciousness beyond either/or to "all of the above" consciousness. It's the path to Integral Knowledge, which is a supramental capacity.

Krishna and Sri Aurobindo in Terms of Consciousness

Krishna's is universal consciousness. Sri Aurobindo's consciousness is Supramental.

All is Divine (from View of Supreme)

From the perspective of the highest Supreme Consciousness, everything that was, is, and will be is Divine.

Jesus, Krishna and Sri Aurobindo in Terms of God

Jesus was a son of God. Krishna was God incarnate. Sri Aurobindo is turning the universe into God.

Changing Unconsciousness By First Perfecting It

How can certain unconscious individuals change their ways unless they first perfect their folly. (Comment: When the negative results of one's consciousness gets so bad, then people are compelled to change.)

Happiness is Within, Not from Others

Depending on others for our own personal happiness is one of the traps of human existence. Enduring, endless happiness can only come from within, from our deeper Self, where the exigencies of life have no substantial influence.

Doing Another a Favor with Good Intent, and Life Response

When someone asks a favor of you and you overcome any resistance and do it fully with good intent, life may quickly create the very best conditions for it to occur.

On Aspiration vs. Ambition

Aspiration is different from ambition. Aspiration is what is good and wholesome; that originates in one's highest motives and values; that aspires to move up in one's life and/or in one's consciousness. Ambition has lower, less pure motive that is rooted in ego; often fulfilled at the expense of others.

One is patient to fulfill one's aspiration, whereas ambition is urgent and blind, demanding quick fulfillment, and when it fails, is irritated. With ambition the vital is fully engaged, and higher personal and social values are left behind. Ambition can be ruinous to a career as well as to one's peace of mind. Aspiration in its deepest sense is aspiration for the Divine; to connect with it, and bring the Spirit into the details of one's life.

On Aspiration vs. Ambition

Aspiration makes you feel good and puts you in harmony with the Now. Ambition has the opposite effect.

Deep Values Applied at All Levels Enables Vast Success

All great success in life stems from application of deeply formed personal and social Values. Simplicity, Others' Progress, Fun/Enjoyment, Harmony, Sharing, et al are such values. When they are applied at every level of detail possible, then the entity gets truly energized, which is the basis of enormous success.

Know Life Response Once One Experiences It

Q: When will the knowledge/inspirations we are providing here become addictive to the reader?

A: When the viewer has a life response experience of his own, -- even of the very smallest type, whether he realizes it on his own or we point it out, -- he will begin to become a hard addict to this knowledge, and will increasingly seek out more.

Evolutionary Movement of Love

The evolutionary movement of Love is from body to body, to heart to heart, to soul to soul.

Defer to Others at Outset of Conversation

Begin every conversation by allowing the other person to speak first and set the tone. It will help create goodwill and ironically establish the best conditions for getting your own points across.

Focusing the Efforts Fully in Present Issue

Try to be fully engaged in, absorbed in the work at hand. Keep your focus here, not on other things, or the later completion of the work, or the rewards that come at the end of it. Keep focused in the task, losing yourself in the small details of the current moment, and life will respond positively accordingly.

Life's Initiative vs. Our Initiative

Any initiative one undertakes is fine. It's just that the opportunities that come to us on their own from Life have a far greater chance of succeeding than when we initiate them. In fact, they often come as a response to our own conscious or subconscious aspiration for improvement.

Consecrated Aspiration Manifests as an Initiative of Life

Having a deep aspiration to improve ourselves is an excellent thing. If we also consecrate that aspiration to the spiritual Force -- i.e. to the Divine Mother, -- then it tends to manifest through an initiative of Life that comes to us as an opportunity. Best to take it up when it arrives, as it has a great power for success.

Avoid Discussing negatives Else It Repeat

When you recall and verbalize a negative experience of the past, it tends to present itself again in the present. Thus, it's best to recollect such things only if it is helpful to your understanding of your current life.

Mocking Attracts Negative

Every mocking remark will soon return to you negatively in some form.

Criticizing Before Others

Criticizing another before others is the greater offense.

Cheerfulness Attracts Unexpected Solutions

The person with a cheerful disposition will present the best and most unexpected solution in the most conflicting situation.

Soul Cares about Our Changes in Consciousness

Throughout our lives we are focused on the realisation of our cherished goals. But the evolving soul in you cares less about the goals than the changes in consciousness required of you to realize them.

Life's Initiative is Luck

When Life initiates and you take up that thread, the results are incredible.

Don'ts that Attract

Don't react, don't complain, don't initiate. Life will then cooperate and be your friend.

Harmony Overcomes Poverty

Poverty is not a problem of scarcity, but of harmony amongst the peoples of the earth. Technology, especially Internet, is a step in this direction. A further step is in the higher consciousness of individuals, which has an exponential harmonic effect.

Current Human Values vs. True Truth

Unfortunately, current human values determine what is acceptable, not the true Truth of things.

Millions Dead in Congo Not Cared About

5 million have died in the current war in the Congo, the greatest number of any conflict in a nation since WWII, and hardly anyone knows of it. The media's priorities, or for that matter the values of the average citizen are once again demonstrated.

Cleanliness, Orderliness and Discovery

Higher levels of cleanliness and orderliness lead to the discovery of things beneficial that were hidden.

The Psychic Reveals and Guides Our Purpose of Existence

Our elevation of consciousness, including connecting with our Psychic Being, the Evolving Soul puts us in touch with the reason and purpose of our and Its birth, enabling the involved Truth of Being, Consciousness of Being, and Delight of Being – Sat-chit-ananda -- to further emerge in our lives and the world.

Americans Unwillingness to Pay for Benefits

Americans want so many things from its government -- education, defense, social welfare, infrastructure improvements, etc. -- but are in large part unwilling to pay for it. Then they blame the government for its inability to come through.

On Frustration and Life Response

Frustration prevents or delays clear solutions from presenting themselves. Withdrawing it while keeping the intention allows for the very best resolutions.

Consecration in the Ascent and Descent

You can offer your deepest aspirations to the spiritual Force, the Mother, which is a movement in the Ascent. The more intense the aspiration, the greater the result in the Descent, especially when you have touched the heart center. It will be matched by increasing Joy washing over you. Results will be overwhelming, as unprecedented opportunity, amounts of money, etc. will present themselves. It can be practiced every day to attract additional vast openings and additional huge amounts of funds.

Shallowness in Taking Offense

Taking offense indicates the shallowness of the understanding or teaching.

Connecting Souls & Social Life

Connecting souls is what social life is ultimately all about.

Eternal Now

Now is the moment that never ends. (Deepak Chopra)

Comment: From the psychic being we experience this simultaneous time (of past, present, and future in the Eternal Now)

Self Within and Above

Through the Self within one is able to resonate with and fulfill the goal of the Self above.

Higher Consciousness Heals 90% of Illnesses

90%+ of all non-age-related illness can be overcome through higher consciousness, instead of drugs. Through higher attitudes, habits, beliefs, and the action of the spiritual Force all of these can relatively easily be turned around.

Verbalizing Cancels

Excessive verbalizing, talking about something -- e.g. an opportunity or nascent undertaking; with a third party -- tends to delay or cancel it. Verbalization has that negative propensity, whereas Silence enhances the opportunity, enables it to expand endlessly.

People Blame ...

--People blame their politicians and leaders for all of their problems, not seeing corresponding weaknesses in their being that put them in power.

--People blame their children for untoward behaviors, not seeing corresponding or related weaknesses in their own being that their children are reflecting.

--People blame or complain about their partners or spouse, not seeing that blaming and complaining is a limitation in of itself.

--People blame their bosses for abusing or ignoring them, not seeing corresponding weaknesses in their being that enabled this to occur.

--People blame the problems of the world on forces outside themselves – environmental, conflict, economic instability, etc. -- not seeing corresponding limits inside their being that match the outer difficulty.

These and other examples suggest the truth that if we wish to see the world around us change, we should change ourselves inside at a corresponding level.

Transformation to Another Species

It's not easy transitioning to another species.

Vital's Mis-Knowledge a Bar to Perceiving Real Truth

Individuals will vehemently support a position even as the salient facts point in another or opposite direction. It is vital interference from knowing the Truth. Often it is only when they are seen as fools will they relent, and even then they may simmer in their irrational resentments.

Apple Repeating Same Mistake

A wise man said that life repeats unless someone consciously avoids the conditions that can prevent it. Apple lost the PC wars by 90 to 5% market share to Microsoft in the 80s and 90s, mainly due to the fact that the DOS/Windows system was an open one, even though in a number of ways Mac was superior. That same dynamic seems to be happening again, as Android has 70% market share to Apple's 25%, and the numbers seem to be getting worse by the day, again due to a closed system, as opposed to Android's open one. And again Apple's solution is somewhat superior, yet it is being annihilated by the opposition again.

In my own view this goes back to Apple's brilliant former leader Steve Jobs, who changed the course of technology history on several occasions, yet was an insecure individual who was possessive, establishing the psychological roots of his unwillingness to open things up. His counter claim that only Apple can make the perfect machine that blends software and hardware falls flat on its face when everyone is overwhelmingly using the opposition's devices. (E.g. Windows is 95% as good as a Mac; even superior in some ways.) Apple though now without its great guiding hand can overcome this three decade old mistake, and dominate the market at every level if it gives up its specious arguments and opens the system to the world. The people will then follow, instead of once again walking away from it as it is now apparently beginning to do for a second time.

Embracing the Now that Attracts the Future

Embracing the current conditions of what life has put before you is to live in the Now. And when you take care of all business required by the Now, instead of doing what you want to be doing, life has a funny way of supporting that effort by suddenly bringing positive conditions to you from out of nowhere.

Opinions vs. Way of Knowing the Truth

Opinions swirl and swirl; outside one's mind by others, and in one's self. How can one come to the true Truth of things? Rationality and logic, balance and patience, discarding ego from the equation, and silence and inner poise that allows for intuition of knowledge all can garner the multi-sided truth of things, replacing wild, leaping assertions and opinions of a prejudiced mind.

Inner Attracting without Action the Outer is Future method

Wanting something to be, from inside without taking any outer action, producing the desired results is the dynamic of tomorrow we are after.

Exhausting One's Efforts Initiates Life Response

When you push yourself and get through something that requires a great physical, vital, or mental effort, life quickly takes over from that exertion and rewards you with unexpected positive things; often taking you to an entirely new plane of possibility and success.

Intense Aspiration, Will, Efforts is Triple Means of Attracting

When we focus on something intensely, we attract more of it. So if one's goal is intensely and willfully aspired for and planned for and acted on, life tends to magically support that effort. We are in essence developing and progressing through this mental, vital, and physical concentration effort.

Silent Will Dynamic

Remain silent about things you wish to verbally express, and others will speak it out for you.

Both (Materialist and Ascetic) Views are Indeed Necessary for Evolution

People nowadays are engaged in a heated debate between God and natural phenomenon (represented by Science) as the cause of things. Both sides bring good arguments, though they are ultimately at cross-purposes. Religious people insist on God as first cause to exclusion of all else, including evolutionary theory. Science does the same in terms of advocating the principle of evolution as the cause

of all that has developed in the universe, mostly excluding God, the Divine. Therefore my ironic statement that "God's Strategic Plan is the Evolution" is an attempt to make a synthesis of the religious and scientific view. I.e. the Divine and evolution are fully compatible. God is the Source and first cause, and evolution is the means by which His nature spreads throughout the cosmos. It's the Divine method of progress. What then is evolution? It is increasing higher consciousness amongst the forms in creation, including us. Each time we evolve -- and here is another irony (!) -- we become more like Him.

Science Will Embrace the Truth of Spiritual Reality

Science is very slowly but surely discovering the truths of the Vedas, Upanishads, and Sri Aurobindo who communed with the Reality directly. If science can give up their material empiricism, embracing all planes of being, they would discover it All much more quickly.

Doing Things Differently Can Attract

When things are blocked or failing or otherwise not moving in the right direction for yourself or you firm, just doing something different, whether unconventional or not, will compel life to suddenly start moving in your favor.

Additional: When one is stuck at the current level of doing things, one can widen one's self and open to a wider field and existence. From there energies are able to flow, and connections are made to it. It is like unclogging a dam. Just looking for a solution on one side of the dam when it is clogged may get you nowhere, but by unblocking the dam many more possibilities can flow. Psychical one opens to wider energies in the universe, which enables you to align with more possibilities and solutions.

Borrowing Money from Opposing Person

When you take or borrow money from anyone at cross-purposes with you, those funds will work against your interests.

External Circumstances --e.g. Checkout Line -- Exposes Your Inner Nature

All of life is alive when you are at a busy checkout counter at a grocery or other outlet. There you see quite clearly your true nature and who you are.

Thinking Stupid Thing Attracts Negatively

Even THINKING a stupid thought attracts a negative response.

E.g. while in line at a fast food store a man childishly started thinking about onions being put in the ice cream sundae he had ordered. Instantly the worker preparing it dropped it on the machine, spoiling it, and forcing her to create another.

Imbalance Create Illness

95% of all illness has a "living out of balance" cause, not mere material, biological.

Greatness and Limits of the Rishis, And the Way Beyond

- They Experienced Transcendence
- They knew the Reality/Brahman that permeates all in different forms
- Division between Matter and Spirit is thus reconciled
- They are both forms of the one Reality
- They intuitivized directly the Truth of the Reality/Brahman
- However, they did not bring transcendence down into life
- They did not engage in the planes of life and matter with their vision
- As a result their realization was only partial
- They also not know how to bring their experiences into life

- Bhagavad Gita indicates how; through soul connection and yogic approaches
- Sri Aurobindo goes further and explains it in evolutionary terms
- He indicates that through the psychic one Surrenders to Supramental Power, the Mother, transforming life
- Thus the transcendence is brought into all planes
- His method was the transformation of the Whole (of existence) into their highest consciousness, not just the part of experiencing the transcendence apart from life.

Additional: -The Rishis realized Satchitananda; had Vision capacity of spiritual Mind; knew the Reality; perhaps realized Truth Consciousness/Supermind, but not in life, thus not its full power.

-Sri Aurobindo took up the Rishi's quest, seeking the realization of Supermind, the Divine Mother's Force and Power, but in the details of life

-The Vedic Rishis never attained to the Supermind for the earth or perhaps did not even make the attempt. They tried to rise individually to the Supramental plane, but they did not bring it down and make it a permanent part of the earth-consciousness. (Sri Aurobindo)

-It is left to us to realize it.

The Roadmap to Psychic and Beyond Transformation

As I currently understand it, in the integral (purna) yoga of Sri Aurobindo one connects to the psychic being (evolving soul) and from there perceives and is able to Surrender to the Divine on the way to spiritual and supramental change/transformation. How to reach the subliminal, and further to the psychic? Sri Karmayogi indicates it is through constant consecration, non-reaction, taking the other's point of view, silence, reduced speaking, self-givingness, overcoming ego movements, etc. enabling the depths to come to the fore; i.e. one develops the deeper poise of True Self. From there one experiences constant guidance, peace, oneness, truth, goodness, love, delight, timelessness in time, and instantaneous miraculousness (infinity).

Levels of Knowledge Without Thinking

Thought is division in mind. It is thinking through logic that stitches knowledge together. Beyond thought is direct experience of knowledge without thinking. Sudden experiences of Light (as when Archimedes exclaimed "Eureka, I've Got It" while in the bath), or intuition of truth that just appears in the mind (as Einstein had on occasion), or complete revelation and supramental perception, where one knows the entire thing in the mind are examples of knowledge without thinking.

A deeper poise and center of being enables such thought-less knowledge. That inner status is developed by taking to spiritual methods such as opening to the spiritual Force, taking another's point of view, non-reaction and equality of being, and self-givingness. The deeper the center of being, the greater the knowledge descending into the mind without thought. Here there is no division in mind; only oneness with the object of knowledge.

Further thought: Each of these techniques brings us to the thoughtless state. They each shift the mind out of thinking. The effort of each does involve a small degree of thinking of each; at least to initiate them; though when they are a deep part of our being, they are spontaneous experiences without thinking. If you practice each you will know what I mean.

Inner Poise to Psychic Being

You develop the peace within that is untouched by outer circumstance by establishing an inner life. That inner poise can become real and permanent by practicing constant consecration, non-reaction, taking another's point of view, silent will, and self-givingness. Over time you establish a deeper poise in the subliminal being -- the inner mind vital, and physical, -- from which you consciously observe Reality and are unaffected by the world. Deeper still resides the Psychic Being.

Gratitude to Rishis' Spiritual Experiences

I felt a wave of such gratitude for the ancient Rishis who had these wonderful spiritual experiences that are the basis of Vedanta and the profound knowledge of Reality issuing from it.

Contraries are Compliments

Difficulty is Opening, Opportunity. This is hard to see, as the nerves are focused on the difficulty alone. From a deeper consciousness, the awareness is clearer, and negatives are perceived as positives in disguise.

Life Response and A New Way of Living

Life Response -- including the methods that evoke it and the startling results that follow -- is the bridge to A New Way of Living; supramental life beyond the current human form.

Joy in Another's Progress

There is no joy greater than enjoying another's inner and outer progress.

God's Strategic Plan

God's Strategic Plan is the Evolution.

California's Bold Action Can Change the Financial Fortunes of the World

So many nations around the world have been worrying about their financial deficits and mass long-term debt. They have been cutting back on spending in the name of austerity. California recently took another, even opposite approach, focusing not on outflow but inflow. She passed a bill that collected masses amounts of taxes that had not been collected in the past -- especially from companies. Now she has gone from a basket case financially to having a surplus in a few months! In fact, She has so much money now that she doesn't know how to spend it! It is an unprecedented turnaround, overcoming limits of space and time.

Now this approach can spread around the globe, as we see it happening concurrent with the realization of mass tax avoidance by the corporations of the world. While the media and the leaders of nations, especially in the West, were focusing on outflow, we were targeting the inflow, i.e. collection of taxes due.

Now California has taken a bold step that in many ways can help lead many parts of the Western world and beyond back to prosperity.

Wall Street's Financial Problem and Its Darkness

Wall Street is fully in Darkness. It precipitated the Great Depression and the rise of Hitler with tens of million deaths; and five years ago nearly destroyed the world economy in one swift blow in the great financial crisis. It is now poised to wreak havoc once again as it is still unregulated to trade in derivatives and other poisonous financial instruments in the name of greed. It is the citizens' obliviousness that is another form of Darkness making Wall Street's Darkness possible. And yet the Forces of Light wait in the wings to fully utilize and realize Money's highest purpose -- to uplift Man and every individual on earth.

Orienting Life Around Mother

When your orientation is around Mother, you have now moved out of ordinary life.

Conscious Personality Takes Responsibility

For the conscious person the universe doesn't cooperate by complaining, but by taking responsibility for what is indicated about one's self.

Scientist Can Invoke Spirit to Know Mystery of Creation

The scientist who is searching for the Mystery of creation can persist in invoking the Spirit. If he succeeds, he will not merely know the success of a small act, but he will know the Mystery of creation as both are the same. (Sri Karmayogi)

Comment: The success of a small act is intention, will, focus, right attitude, persevering execution that enables its perfect execution. The Divine created the universe in a similar fashion. Real Ideas of Satchitananda, Supermind enabling them as real, space and time created, energy created, forms emerge from energy beginning with matter, emergence of life and man, and then the evolution continues. Both the act and the universe begin with an Idea, an intention, a means of execution, and then a formation that is manifestation.

Spirit Invokes Only the GOOD; No Dark Side

Spirit invoked offers GOOD unfailing success that is everlasting. (Sri Karmayogi)

Comment: Offering each activity to the Force creates everlasting success that creates only the GOOD side without the corresponding negative that ordinary life brings. E.g. the scientist creates nuclear energy which is source of great power, but is also turned into bombs that can destroy the world. Consecrating activities, such as R&D will not create dark side to any new development and discovery; only the GOOD will come out of offering such activities to the Mother.

Identifying with Essence of Work Abridges Time

Capacity to move away from the love of details [of a work] to the significance of the ESSENCE enables one to do in one day the work of seven days. (Sri Karmayogi)

Comment: Essence is essentially the deeper values behind things. When you touch on your deepest beliefs and values as it relates to the work, it energizes it, and aligns with the very best conditions of life. Positive conditions rush toward you, and you accomplish in a day what would ordinarily take a week. Another way of approaching this is to feel the Essence of that work and identify with it. I.e. what is its true purpose, how and who is it helping, what are my attitudes to it that are blocking the flow of its essence, etc. etc. That too evokes powerful life response results related to that activity, overcoming limits of space and time. You can even connect with the essence of an inanimate object so that it (machine, mode of transportation, system, etc.) works much better than before.

Being Conscious of Social Opportunity Brings Abundance

One who is fully aware of all his social potentialities, if not possibilities in life, will be ushered into abundance and opulence. (Sri Karmayogi)

Comment: Society is constantly throwing up new potentials, If we know, identify, and catch the wave of social change and emerging possibility, we can be carried by it to the peaks of success. But we have to take our head out of the sand, stop doing things rote, look at opportunities that are knocking at our door and respond to them instead of being reluctant, see each point where there is a new possibility and embrace it. Doing so one will be taken to the highest heights.

Syria and Iran Dynamic of Life Response

Positive life response: the day after Obama and others decided to give up their reluctance and intervene in Syria by arming the opposition, the first moderate, friendly government in Iran was elected in nearly 40 years. (Note also that Iran was a great supporter of the Assad government in Syria.)

Additional: Also it was extremely surprising that the moderate won, let alone by such a huge margin, after he had been very far behind.

Evolution Only Possible through Psychic Being

Mother says the further evolution is possible only by the instrumentation of the involved psychic being coming forward. It is not any of the human faculties or endeavours that can accomplish the further evolution, but the Mother Force, the Shakti in the evolving consciousness. (Sri Karmayogi)

Comment: At this point I am consecrating (opening to Mother and Her Force) and practicing non-reaction, non-initiating, et al as a means to reach the Psychic, the evolving soul entity within in the first

place. When I do, from there I will be able to Surrender to Her in the yogic path as advocated by Sri Aurobindo and explained in vast detail by Sri Karmayogi.

Inner Organization Determines Outer Realization

For you to realize what you are asking for one needs to rise to the necessary level of intention, will, right attitudes, skills, knowledge, psychological strength, and effort. In other words, the inner organization and preparation determines the outer realization of your heart's desire.

Selecting the Right (Romantic) Partner

Selecting the right partner and living together peacefully in a lasting relationship are not easy. Is there a way to select rightly? Is there a way to ensure that a peaceful relationship lasts? The answer to both questions is 'Yes'. The short answer is patience and good manners.

Eagerness for relationship and intensity of emotions often make us rush into relationships that later disappoint or end painfully. Patience in selecting a partner works far better. Better still, refrain from taking initiative and wait for life circumstances to indicate whether the relationship is really meant to be. Unhurried non-initiative is the secret of making the right choice.

Once you have chosen a partner, maintaining harmony depends entirely on how you behave. In the beginning both partners usually bend over backwards to be at their best. Later they often drop even the effort to maintain good manners. Good manners that always aim to please unconditionally is the basis for lasting harmony and fulfillment. (Romance Eternal, based on spiritual principles of life)

Further thought: This applies to any type of partner, such as one in business.

Steve Jobs and Utility of Utter Failure

The Heisenberg theory of Uncertainty in life is amply demonstrated by the utter failure of Steve Jobs' NeXT computer in the marketplace in the 1990s and the fact that it's underlying technology was alluring to a failing Apple computer who then purchased it and brought its former leader into the fold bringing about the greatest corporate turnaround in history, jettisoning it to the all-time leader in market capitalization.

Additional: -As we know, the higher consciousness aspiring individual embraces uncertainty in his life. That openness to possibility of all sorts allows him to become an instrument of great success through instantaneous miraculousness (life response).

-In addition, through faith and consecration we will be more balanced to make our way through the cosmic-like exigencies of uncertainty.

-Also perceiving that all negatives are really positives in disguise would be helpful.

The Power of True Individuality and Values for Future Economic Development in the World

Steve Jobs' genius demonstrates the power of True Individuality that is and can increasingly be the primary mover and means of vast economic development in the world.

Further thoughts: Jobs' True Individuality manifest through his intense commitment to perfection, simplicity, clarity, and ease of use, among other values he deeply subscribed to. From that came products that changed the course of the history of technology and its use by hundreds of millions around the world. Thus it had a vast economic impact. In sum, True Individuality > Great Values > Vast Economic expansion and prosperity. In any model of economics, the role of Individuality and human values needs to be understood. The current economic system, models, and theories place emphasis elsewhere.

Sarcastic Nature and Its Cure

Sarcasm often has its roots in lack of understanding or knowledge of other sides of the issue. It can also be coated with strident petulance that sticks to its own viewpoint. Affability and patient desire to get at the many-sided truth of things that is devoid of ego and irritability is a solid antidote.

Similarity of Mindset of Generation

The mindset of a particular generation of a nation is pretty much similar.

Further thought: This makes thinking out of the box among one's peers in that time of that nation a challenge. Yet that is where geniuses often emerge, for the current or future generations.

Opposite Reactions to a New Knowledge

It often happens that when there is a further knowledge that one has discovered that goes beyond another's, it creates conflict. The old pulls back and asserts its old ways, often trying to drag back the forward-movers to the previous state. It is an Ego movement rooted in Ignorance.

Shifting to Another Matter When Bothered by First

One powerful way to not being bothered or irritated by the current condition, is to simply focus your attention on another matter. As a result, the original matter tends to dissipate, and therefore lose all hold on your nerves.

Everything Is Announced Beforehand

One extremely fascinating phenomenon of life is that every major (and minor) problem or disaster is announced beforehand; before the actual problematic event occurs.

E.g. yesterday I opened my iPhone and was requested to update two apps; one being the KGO radio app. Since this occurs fairly often, I took no notice. But then as I looked at the KGO icon for the app something got telling me to give it attention, including uploading the app. I gave it some heed since the station often announces important occurrences in the community, and maybe I thought something critical might occur soon. Still I moved on.

The next morning I was rudely awakened to the sound of one or more extremely loud helicopters right over my residence. This happens once every several years for a few moments, but then the copters would fly off. This time the copters hovered right over the area for several hours straight (!), and I knew something serious was occurring, perhaps a police emergency or a problem on the nearby highway.

I then recalled my KGO app that was "urging me" to download it the day before. And so I now grabbed my phone and uploaded it. Immediately I opened it up, and the radio announcer began announcing the traffic report in the San Francisco Bay Area. The very first thing he mentioned was my small town's name and indicated that a multi-car carrier truck had caught fire not too far from my home on the highway, backing up traffic for miles during the busy morning commute.

The KGO app had in essence announced the event the day before when it sat there on my phone "insisting" that I download it. Every major and minor event in our lives has this quality. Just as an examples; thousands of people around the world had this premonitory experience through certain details in their lives before 9/11, each in their very unique way. This phenomenon is occurring to us all of the time, but is too subtle for the average person to perceive it. However, those with a developed consciousness, who take notice, we see that it is occurring all of the time.

Which leads to one last point: If we consecrate the portent, offering it to the spiritual Force, then we can prevent the negative outcome that it is pointing to from ever happening.

Non-expression of Beliefs Expressed by Others

If you withhold the intense urge to express your beliefs on a subject, it is often the case that immediately after you will discover that someone has already expressed it for you.

E.g. I witheld the urge to explain in the comments area what I believed to be uniquely true about concerning an article above it I had just read. Instead I scrolled down and then most surprisingly noticed that someone had entered precisely what I had thought. (It was not such a unique idea after all!) That is the power of withholding one's urge to express one's opinion. It is done for you; now, or even previously in the past!

Psychic Enables Us to Become Supramental

The Mother indicated that the Psychic Being in us is to become the Supramental being.

Attitude toward Difficulty is Problem

90% of the time the difficulty itself is not the real problem, but rather the attitudes we have toward it.

Negative Feelings Ripple into Others

Negative feelings on our part, such as impatience and irritation have a ripple effect causing others to act or do the same. From another perspective we might not perceive that we were experiencing a negative ripple from someone else when we were disturbed in the first place.

Several Ways to Be More Conscious in Your Thinking

Here are several approaches to take to elicit the very best results when exercising your mind:

- Don't just go by what you see and hear; think about the matter in some detail before concluding or responding.
- Consider if your own vital/emotional wants, needs, urges are the basis of your conclusion, instead of the true truth of things.
- Be patient and wait on things, rather than being rash and impatient. Then use your mind to rationally think about what is going on, what the truth of things really is.
- Consider if your Ego is out front in that moment of thinking, restrain it, and if necessary begin again.
- When in conversation, try as often as possible to take the other person's point of view. Be very open to others' perspectives, and current interests and concerns.
- Let your mind go free, instead of being confined to one narrow train and tract of thought.
- Try to combine ideas into new ideas that are true Insights, revealing things startlingly creative and fresh.
- Keep your mind silent, so intuitions of knowledge and truth can appear in your mind without thought.
- Listen without judging, but as a means of understanding and learning.
- Think about what the Essence of the matter is under consideration, and begin further assessment from there.
- Be aware of the life conditions, the subtle hints unfolding, the various life responses occurring in and around you.
- Think creatively, taking your mind in new directions unthought-of of previously.
- From moment to moment let go of limiting attitudes, dead habits, and outworn beliefs, freeing your mind to explore the unknown.
- Consecrate to the spiritual Force every thinking session or thought-related act you are engaged in.

Informed Decisions Based on Many Viewpoints

Listen to as many points of view as possible on a matter, and then make an informed decision. Adding consecration to the mix can give you infallible knowledge that can be the basis of precisely right actions that lead to astonishing results.

Finding Right Values and Applying It

Discover your deepest personal values and beliefs inside, and then find the right outlet outside -- career or otherwise -- to express it.

Guidance of Our Inner Depths, Consciousness

The deeper we go in consciousness, the more we feel our uniqueness. And from those depths we receive inner Guidance on what direction to take, and how to express ourselves individualistically in our careers and otherwise.

The Hidden Purpose of Problem: Faith

Problems come to us to test our current level of Faith.

The Powers of MAHALAKSHMI and MAHASARASWATI

Whereas MAHALAKSHMI contains the powers of Harmony, Beauty, Delight, and Love, MAHASARASWATI is the power of Organization, Patience, Persistence, Skill, and Perfection. We can emulate all of these powers in our own life, enabling ultimate consciousness of being.

Taking Right Decisions Indicate developed Consciousness

Taking the appropriate action at precisely the right moment based on the subtle signs that has the maximum life response effect is a quality of a developed consciousness.

Overcoming Ego through Developed Inner Life, Evoking Response

We express our ego many times a day, rarely perceiving it, let alone its ongoing negative effects. However, when we develop an inner life, our Witness consciousness perceives that self-absorbed movement each time it arises, and halts it in its tracks. Let us then make the smallest periodic effort to look inside and control our Ego; that separative consciousness that divides us from others and life, evoking so many short and long-term deleterious effects.

Levels of Effort for the Spiritual Aspirant

Sri Karmayogi asks us as devotees to exhaust our physical, vital, and mental efforts, and surrender the rest to the Divine Mother. Infinite-like results will follow, exceeding our imagination and aspiration.

And yet there is a way of living beyond taking outer effort, replacing it with Inner Effort that is spiritual in nature. From the depths we can practice certain techniques which can quickly create positive outcomes in life. E.g. by withdrawing from the surface of things, connecting to the soul within, and surrendering to the Mother and Her Force we can evoke instances of instantaneous miraculousness on the outside.

What then are the boundaries between these two overall approaches; from physical, vital, and mental effort to spiritual effort from within? Sri Karmayogi tells us that so long as Ego is there, we need to make the human exhaustive effort and offer the remainder to Her Force. However, when we cross beyond Ego in our development, we can fully practice Inner/Spiritual Effort, surrendering our very lives to Her Force, and thereby moving life on the outside exclusively from within. Now we are fully engaged in Yogic Life.

Revisiting Our Source Inspiration

Every so often we need to revisit the source Inspiration that sparked our heart-felt Aspiration to follow the path of Sri Aurobindo and the Mother, including their Vision and Dream for a New Humanity based on a New Consciousness that each of us can help manifest by increasingly opening to the Supramental Power in our lives.

Being Grateful for Good Deeds of Others

Take no good deeds of others for granted. Be appreciative, whether inwardly or outwardly.

What Man and Woman Seek from the Other

To a large extent, men seek psychological security in women; women seek physical, material security in men.

Timelessness in Time Evokes Life Response

From within you shift from being time-based to timelessness in time. Instances of instantaneous miraculousness is the result.

Health, Cure of Diseases

(by Karmayogi from book 'Life and Teachings of Sri Aurobindo and The Mother')

Sri Aurobindo says that the body cures itself. He even says that doctors create disease and then cure it. The doctor is able to cure the patient more by the patient's faith in him than by his treatment. The body needs medicine for its cure because over the ages the body has become used to taking medicine and has come to believe in the medicine.

Sri Aurobindo and The Mother have cured hundreds of people who have prayed to them. Cancer, TB, and diabetes are no exception. Several people who had lost their sight regained it by the Grace of the Mother and Sri Aurobindo. Mother says when Sri Aurobindo's Grace acts, a hand of blue light goes to the diseased part and wipes out the disease. Mother's complaint is that the patient's faith in the disease (that it is an incurable one) impedes the effectiveness of the force.

Mother advises us to imagine a cocoon of white peace around us before we sleep. The cocoon ensures restful, good sleep. When we sleep like this, our sleep is replaced by a luminous peace. On waking up we feel as if we are coming out of dhyana (meditation).

Of the millions that suffer from various diseases, Mother says, one in a thousand is a real disease. Mother has a novel cure for any disease. The method involves speaking to the cells and removing the disease. She explains that cells are very conscious of what they are. Their being self-conscious is a way of life with them. They go their way as long as we do not pay any attention to them. The moment you examine an aching part, she says, the cells receive the attention and respond fully. Their way of response is to increase the disease which brought them the first attention. If we show the ailing part to another person the cells enjoy the attention very much and increase the disease greatly. So, Mother's way of curing any disease is to speak to the cells directly, "You idiots, keep quiet, shut up." When repeated, the cells obey the order and give up the disease. I personally know several cases where disease was cured in this way.

Our [Indian] tradition says that a disease can be cured by three methods: medicine, mantra or a gem. Each has its own process and differs in effectiveness. Cure by supramental force has the hallmark that the disease is unable to recur. Supramental Force not merely cures the disease, but dissolves the basis of the disease in consciousness. Whether it is karma or swabhava or a desire or whatever, the supramental force eliminates the basis and the disease has no further possibility of recurring.

Seniors Attracting Wonderful Opportunities

"A person past age 65 may feel it is too late for him at that age to work again and recover lost wealth. But if his consecration is sincere, he will attract some young people to work for him and recover all that lost wealth. It is not necessary that he alone should have to work."

Out of one's deep intention over the years in an area one can attract individuals who desire to take your work to the next step. It can come to those who are middle age and seniors and have deep debt, yet also have deep aspiration that attracts such persons. Positively responding to these developments, opportunities can attract others, such as the young people A mentioned in his response. It is never too late for such things to happen.

Mother envisioned Auroville fully in the 1960s and the world came to her and made it real. She was in her 80s when she developed the official plans. She responded to an opportunity to acquire the land and the urging of others to further her earlier vision.

If we have a vision of something special inside, and have the deep aspiration for it, consecrate it, then fresh opportunities will arise no matter what the age or the state of our finances. When we take it up, life will cascade for us. Tens hundreds, thousands, even millions can take up the cause. In India the vast masses of population are skewed dramatically to the young, which can be an enormous advantage over time.

In addition, we now as leaders in a suddenly rising venture and group are also afforded the opportunity to go deeper in consciousness and move our organization and life's circumstances around us from within. What an exciting and profound yogic prospect!

Sarcasm Spoils Opportunity

Sarcastic humour despoils the atmosphere of its potential generosity. (Sri Karmayogi)

Comment: Life offers positive opportunities, but if we look on the negative side of things we destroy that possibility from emerging, which tends to happen when we are oriented around our skepticism and sarcasm.

Even in the case of Mr. Bennett (in *Pride and Prejudice*) there was the opportunity for the newly arrived in town very rich bachelors Bingley and Darcy to meet his daughters, but his ongoing insistent sarcasm concerning the foolishness of his daughters was not helpful. It was however when he gave that up, that life responded and cancelled the elopement scandal that threatened to ruin his family.

Some people are so sarcastic and skeptical in nature that even the most basic positive atmosphere and environment for good things to emerge can be squashed.

Note that there is a difference between rational criticism of a situation that dispassionately analyzes a negative condition and the sarcasm that emerges from vital dissatisfaction or an ongoing propensity in the personality to start with the dark side of things.

Married Life and Domination

Married life is a field where one tries to dominate the other. (Sri Karmayogi)

Comment: Rising to a higher level of Harmony between the two overcomes this dynamic.

The Process of Consecration to Psychic that Surrenders to Ishwara

As we consecrated the thoughts and feelings to the psychic, the psychic surrenders itself to the Ishwara and grows into it. Thus from thought which is Becoming we move to the psychic which is the Being of the Becoming. (Sri Karmayogi)

What does this mean? One interpretation is that we can offer our wanting thoughts and emotions through the psychic being. E.g. in the short story '\$100,000' (based on a true-life incident) the protagonist one by one tosses his wanting attitudes, behaviors, beliefs, etc. into the flame of his evolving Soul, the Psychic Being. That way those elements are perfected in him, and eventually enables him to attract from out of nowhere the \$100,000 he so desperately needs.

How then is the Psychic surrendering to the Ishwara (the Creator) in this dynamic? Perhaps that is the way the sudden good fortune is created, manifests, comes about. I.e. the Psychic offers the wanting elements that has been tossed into it to the Creator, or the Divine Mother, which manifests the creation of good fortune. As this dynamic is constantly engaged in, the Ishwara increasingly surrenders to the Ishwara.

Being of the Becoming means we bring the Spirit (Being) into the Becomings of our lives. When we do so we overcome limits of space and time, which we experience as Instantaneous Miraculousness. Through our connection to and tossing the wanting elements of our being into the flame of the Psychic, we bring Spirit into the becomings of our lives, thereby overcoming space and time, evoking the response.

Faith in Mother in Human and Spiritual Life

Human life is to have faith in the Mother in the worst or most pressing of situations. Spiritual life is to actively court and have faith in Mother on every occasion.

Detachment through Psychic and Work

Detachment through Psychic Connection that Enables Ultimate Accomplishment

Psychic connection enables us to shed the limiting mental, vital, and physical influences in a work, which is detachment, and perceive our right relationship to the work which enables ultimate accomplishment. (By the way, psychic connection is brought about through consecration, taking another's view, non-reaction, etc.)

Here we see the effect of the work with and without the psychic being in terms of our mental, vital, physical detachment:

Equality of being (silence in mind, quiet heart in vital, calm nerves in physical)

Inequality of being (desire, want, need, attachment to, expectation of result)

--

Fully absorbed in the work

Scattered in concentration

--

Maintains steady aspiration (including awareness of the higher needs of the work, and the will to see it through)

Dwindling or scattered aspiration (leveling off tendency)

--

Profound integral knowledge and insight comes (including the process behind)

Missing knowledge of the whole, details, and process

--

Perfection

Imperfection

--

Joy

Strife, irritation, etc.

--

Accomplishment and life response phenomenon is maximum

Accomplishment and life response phenomenon is minimal

On Why Trevor Dies In Film 'Pay It Forward'

[Pay It Forward is a 2000 American drama film based on the novel of the same name by Catherine Ryan Hyde. It is about a boy who based on his teacher's ideal and urging launches a good-will movement that spreads around the world.]

The story is true to life. Trevor is taking on acute negatives in the world. In that environment one is bound to suffer. In 'Gone with the Wind' Scarlett O'Hara while driving a stage coach in the midst of chaos tries to save several blacks. As a result she is almost killed, which would have changed the entire story and outcome. Her good intention almost destroys her. (The atmosphere is very negative which turns on her good efforts.)

One needs a very high consciousness to keep at a distance the negative forces, not to mention self-control that does not rush into anything foolishly. Trevor was young and did not have that capacity in full; though very few do.

It is the way of the world.

Jesus experienced the same when he was crucified.

We can emulate them, though if we want to take on such burdens we need deep psychological strength and spiritual protection. Consecration would have saved Trevor from being stabbed to death.

Why Mother Resolves Problems for Non-Devotee

Q: Here it is mysterious that Mother blesses and resolves problems instantly for a person who is not a devotee in full-fledged but takes longer time to grant a prayer of a person who has accepted Mother in full. (based on facts which cannot be shared to protect the interests)

A: Where the intensity and freshness is there, She acts; without them, She may not. Also Mother has a more integral plan for us, so She may take Her time to insure that various aspects of our being are changed before the Grace acts. Likewise, She is asking us to overcome certain fundamental resistances in our nature, which is one reason we have come to Mother and her to us. Again as a result, Grace may wait before giving the boon. On the other hand, other people who are not devotees, are very open and intense at this one sore point where they need help, are not on an integral development plan, so it often comes quickly.

On Sexual Relations for the Individual, Devotee, Sadhak

Please understand that the comments of Mother's I earlier posted are mainly for those who are seriously engaged in or seek to engage in the path of Sri Aurobindo and his Integral Yoga. Few of us are at that point. For the average person, even the devotee whether married or not, sexuality is to be modest and kept in balance and perspective. As one grows in consciousness, the relationship with the partner changes or should evolve to higher connections between the two marked by self-givingness and affection, where the sexual needs recedes.

There is no formula for an individual, as every person is at a different stage. One can only look within to see what is necessary for our own growth. If one sees that sexuality is detrimental to one's business or work success through Life response awareness (of loss, theft, accident, etc.; in terms of money, or otherwise), then one is already aware of what one should or shouldn't do, or to what degree. As one creates deeper bonds with the partner, sexuality tends to fade in importance relative to the Love. As one ascend to the plane of yoga one sees that sexuality and connection to the Force are mostly if not completely incompatible. There even relationship with a partner may no longer be compatible with union with Mother, the Divine.

Values as Cultural Forces of Society Imparted to Next Generation

Values are the organized capacities of the cultural forces of society imparted to the next generation as an individual possession.

World University Consortium as Vehicle for Enabling Education Impart Values

Values are the organized capacities of the cultural forces of society imparted to the next generation as an individual possession. Education that imparts values is an evolutionary social organization seeking to be born. The World University Consortium can be the vehicle for that accomplishment.

Education is Second to Yogic Growth in Society

Sri Aurobindo called yoga an organized influence designed to take life to its maximum height by the shortest route. 'All life is yoga' is his mantra. Education is the next best.

Economics – and Values, Money, Development

Economics is a reflection of the values of the society, where we place money, and the development that arises from its use.

Other Man Point of View

Some interesting views of Janani Harish - taken from her speech on P&P:

1) Taking the point of view of another person:

It is move from selfishness and self-centeredness to appreciate the egoistic needs of another. Recognizing the importance of another's ego perspective helps destroy our own. Placing the selfish interests of others above our own, taking interest in their interests, helps us outgrow selfishness. We become pleasing to everyone and harmonious in all situations. We give people freedom the way Mr. Bennet did, freedom to grow and express themselves without interference, criticism or conflict.

2) Taking the wider view of society which is universal:

Instead of being lost in our own little personal world of preferences and conveniences, we recognize the demands and requirements of society and life. It makes us more mature and responsible. Such a person can become a leader and accomplish at a high level, like an entrepreneur who perceives a need in the market.

3) Taking the view of our soul or psychic being:

Why did it take birth, what does it seek and aspire for? Our view is egoistic. The view of our psychic is spiritual based on spiritual values of self-giving, goodness, truth, harmony, humility. Taking the soul's point of view enables us to see the soul in other people and only that to accept them as they are and worship them as Darcy worshipped Elizabeth and accepted all her words even her errors and

misconceptions as Divine Truth. When we take our soul's point of view, everyone else is right and everything they do to us is right, is a help to us along our path of spiritual evolution.

4) Taking the view of the transcendent Divine:

Why did the Divine create the universe? What does it seek to accomplish now? How can I truly be in harmony with the Divine Will Thy Will, not my Will. This viewpoint opens our being for highest spiritual accomplishment. But it is most powerful when it is taken at every moment in relation to every other person and every act. (Ramesh Kumar)

An Adventure Novel about Higher Consciousness – The BOOK

'The BOOK' by Garry Jacobs is a monumental-length novel (~600 pages) that portrays a Silicon Valley-like startup that has developed an ultimate Artificial Intelligence Knowledge Base that contains the wisdom to solve any social problem on earth. This knowledge is garnered from the deepest insights of Western and Eastern philosophy; i.e. it is an integral approach that can be customized to create insightful solutions for any issue for any organization or entity. Multiple parties try to steal this knowledge for their own self-interests. The software company goes through all of the usual startup issues as it attempts to secure clients from various fields of life -- from the military to UN negotiators to high growth companies to those trying to improve the environment and end global poverty.

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One of the central themes of 'The BOOK' is the power of individuals to change outer conditions of life through their shifts in consciousness, also programmed into the AI system born in this Silicon Valley startup, actually from Berkeley, CA.

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'The BOOK' is actually the story about this Book of knowledge that everyone wishes to possess for their own needs, and how the dynamic company consisting of half a dozen modern Steve Jobs-like principals thwart various international conspiracies to obtain it. It is both a novel of adventure and profound wisdom, especially useful for those wishing to build their startup into something world changing.

Interpretation of Lines about Mother's Nature

(from Savitri from Sri Aurobindo)

"If this is she of whom the world has heard,
Wonder no more at any happy change.
Each easy miracle of felicity
Of her transmuting heart the alchemy is."
"Wonder no more at any happy change."

We never know what is going to happen in life. We are at the mercy of Nature (Prakriti) for good, bad, or in-between results, though in the long-term it is an upward movement. (Opening to Mother changes the movement from Nature to Soul (Purusha), which is only positive, occurs rapidly, and manifests as the unfathomably new in the world.)

"Each easy miracle of felicity"

She will respond and bring us wonderful results, which for Her is easy as she is the divine shakti carrying out the Will of the Infinite. She has been granted that power, the Supramental power to manifest the Real Ideas, cosmic determinates of the Infinite Divine (as waves of peace, power, truth, goodness, love, infinity, etc. that will manifest in our lives). AND each life response result She originates and makes real in the world we experience as deep Joy.

"Of her transmuting heart the alchemy is."

Her nature is to bring about change, improvement, betterment, the unprecedented, the unexpected to the world. That is the value that is in Her heart; that She is passionate about: to transmute, transform the earth. AND it is miraculous-like, almost seemingly conjured out of nothing, which is her alchemy; Her magical, mystical means of transformation of life on earth.

Mother's Origins in Conscious-Force

Out of an Infinite Consciousness emerged the Force of creation that manifest the universe through an involutionary and evolutionary process. The Mother originates in that Consciousness-Force, and by opening to Her Shakti power we can manifest that same infinity in our own lives.

Superiority is Inferiority

Feeling superior is to be inferior.

Comment: I guess feeling inferior is inferior too, right? Humility is altogether a different feeling. Humility is natural once you get a glimpse of the truth in things... Correct me please...

Response: Yes, feelings of inferiority is also an ego movement.

Supporting Negative People Brings Negativity to You

If you bend over backwards to assuage someone who is clearly in the wrong, what you do or say can turn against you. Best to refrain from going too far.

Feeling Inferior is Egoistic Too

Though it's easy to see for superiority, it's harder to perceive that feeling inferior is also an ego movement.

Further comment: Feeling less than others, sorry for one's self, self-hate, etc. are self-indulgent movements that are separative (from others and life), and are therefore egoistic in nature.

Fear Turns to Faith By Mother's Force

Fear is fear of the unknown; an acute feeling of powerlessness in the face of perceived negatives. It is an intense expression in the nerves that can be controlled through higher mental and spiritual consciousness. If the Mother's spiritual force is called into fear, it can disappear in an instant, and even turn to faith. Positive conditions, often unanticipated, are bound to follow.

Desire Vs Levels of Aspiration

Desire is normal human want. Aspiration comes from a deeper, more positive, less egoistic center. "I want a fancy car" is desire. "I need a functional car for the well-being of my family" is aspiration. It is more wholesome than desire. There is also spiritual aspiration. Eg "I would like a functional car so I can better serve Mother," or (even higher) "I aspire to do what Mother wants of me." In both cases we call to Her Force.

The level of intensity of aspiration determines the quantity and quality of the result. The more intense, the greater the positive response from life.

Hourly Consecration

A question: If you use this method, how do you do Hourly Consecration? Eg do you stop what you are doing immediately? For how long? What process do you follow? Etc.

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Reader: I stop if I can but if the current of remembrance is there, it is often possible to consecrate in the midst of an action; driving for instance. I try to include some words of a prayer or mantra that She has given as well...to tune into Her consciousness behind the words.

--

Reader: I don't think there is any single "correct" way, save that we are open to Mother. The only point that I noticed Sri Karmayogi stresses is that it's important to consecrate at the same time if we seek to awaken the Spirit for transformation of personality.

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Additional: I am adding these comments of Sri Karmayogi on the subject that are in English. (He also has Tamil content that may shed additional light.)

- Hourly consecration alerts the surface and helps break the crust for those who desire to cross it. Having crossed the surface, it is not such a great help as it needs attention periodically.
- Hourly consecration achieved by prayer of remembrance, achieves not by constant remembrance but by faith in prayer.
- People who miss an hour in hourly consecration can fully compensate for it by maintaining the consecration during that full hour.

(extracted and modified from a Karmayogi.net post)

Sri Karmayogi is very fond of suggesting the practice of hourly consecration to any devotee who is facing serious problems in health, work and income and family relationships etc. He also recommends the same when any devotee receives information about some big opportunity coming so that the opportunity becomes a reality.

During the last 6 months or so Sri Karmayogi recommended hourly consecration to 4 people with health disorders. It worked for an elderly devotee in his seventies who took it up in a serious manner and the extent of his recovery surprised even the doctor he was consulting. Another devotee is also reporting good recovery from her physical disorder.

An enterprising and hard-working devotee eager to expand his business was told to take up hourly consecration. But he expressed his inability to do so and Sri Karmayogi left it at that.

Another wrote to Sri Karmayogi asking for methods to collect 3 crores outstanding dues for the company he is working for. He was asked to take up hourly consecration. He has written back to Sri Karmayogi saying that 1.75 crores had been collected after he took up hourly consecration.

The practice is very demanding and difficult. But for those who enjoy doing it, it can be rewarding in a big way spiritually, psychologically and materially.

Evolution is an Inner Process

Evolution is not just what is happening outside ourselves, but what is occurring inside, and that's what the world does not understand.

Concluding from Many Points of View

Take in as many points of view as possible before jumping to a conclusion. The human tendency is to do the opposite.

Relating to Consciousness in Objects

Relate to the consciousness and being inherent in the objects you interact with. They will then give you their very best.

Further comment: Sample examples of relating to the consciousness and being in objects:

- When you lose your phone, call to its soul and spirit for it to return.
- When a machine has been neglected or abused call to its essence and ask for forgiveness.
- When a device starts having problems, ask it to reveal what is the underlying cause.
- Feel deep gratitude for the great results a device has given, and it will respond.
- Feel the essence of the underlying values in an organization - business, school, etc - and there will be a response.
- Consecrate a long drive by calling the Spirit into the vehicle.
- Recall that all objects have their origins in the Divine.
- Get in touch with the hidden, absorbed, involved consciousness-force in the object, which can be brought to the surface, eliciting its infinite potential.
- Etc.

Not Wanting to Work Repels It; Wanting to Work Attracts It

When people say that they cannot find a job, Sri Karmayogi used to invariably say that such people are not interested to do the work. When full interest in doing work is there, he says that Life won't disappoint such people by not providing work opportunities. (MSS)

Comment: When we don't have a real desire to do the work, we don't attract work opportunities. When we do, opportunities come to us from out of nowhere.

The Steps of the Process of Creation for Ourselves and the Divine

The process of creation consists of the vision of and knowing what you want to accomplish, the intense will for it to come about, and its execution through skilled, persevering effort and right attitudes that attracts powerful positive response from life.

The whole process from beginning, middle, and end is joyful. Like the Divine who followed/is following that same process and set forth conditions that enabled/is enabling the universe, and enjoyed/enjoys every aspect, we too have that same delight in experiencing all aspects of the process -- whether involving the largest undertaking or the tiniest micro act.

The execution and the result unfold as unexpected Discovery leading to unbound Joy when experienced in the right spirit.

Connect to the Divine to Feel Its Presence

Connect with the Divine not just to receive boons as Grace, nor only to express gratitude for what He/She has given you in the past, but to simply feel His/Her Presence in your being, which nothing else on earth can compare to.

Make Way for Her Intention

It's not my intention that seems to be unfolding, but Her's. Mine too often seems to get in the way.

Being Conscious of Our Subtle Associations Among Things

At any moment you can perceive astonishing associations between events and circumstance if you only make the small mental effort to examine what is occurring around you.

Intensity + Calm = Success

Success requires both intensity and calm. One without the other creates imbalance of energies, and therefore prevents sustained high achievement.

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Steve Wozniak on Steve Jobs: "Wozniak noted that Jobs' intensity caused him to fail with some projects, like the Lisa and the early Macintosh effort, and only once Jobs learned patience to complement his intensity is when things really took off."

Threat of Blocking Financial Regulation

The asuric financiers trying to grind down the reform legislation that seeks to curtail speculative abuse that threatens the world's economic security will continue to attract natural disasters from mother nature.

Further comment: In Indian parlance an asura is a dark force. When a financier speculates at the expense of the public good (as we saw in 2008 that almost brought down the world economy), they are backed by unseen asuric forces; i.e. that seek to bring society to its knees.

Beyond Business in Work to Opening to Mother

We are busy, busy with work. But opening to the Force cancels busy-ness, as future outcomes sought through considerable effort occurs at the beginning.

Mother as CFO; Sri Aurobindo as CEO

The Divine Mother is my Chief of Operations (CFO). Sri Aurobindo is the CEO.

Further comment: Through Her shakti She helps us carry out the Divine Plan as understood and willed by the Divine via Bhagavan.

The CFO carries out the CEO's plan.

The Process of Creation of the Divine is In Our Lives Too

The Divine desired to extend itself in infinite multiplicity, and so engaged in the process of manifesting a universe of infinite forces and forms. So too we can have the desire to manifest anything we envision and manifest it as real in the world.

Further comment: In other words, the power of the Creator is at our disposal in creation.

The Human Individual At The Center Of A New Economics

The world economic system is undergoing a severe shock. It was caused to a large degree by Man's ignorance and greed. Though its vast expansion and success has been rooted in the infinity that comes from individual freedom, it was tripped up by missing human values that could make the system Whole. Because the Human Being has not been at the center of our economic system, only the Part could express, which invariably breeds failure.

--

Freedom and collaboration are human values. They represent Beingness and Oneness of the Spirit functioning in creation. One without the other cannot succeed. Freedom is fulfilled through collaboration, and vice versa. Without their integral union, there is only a Part and therefore failure. Thus, Communism came to an inglorious end, and Capitalism is going through its current upheavals. Nature in Her evolutionary wisdom seeks to move from the Part and create the new, the dynamic, and the Whole.

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Human values are not however limited to freedom and collaboration. They are endless. There is also truth, knowledge, tolerance, compassion, love, beauty, delight, and a hundred others. Our economic system has been primarily focused on material values alone -- not the psychological, including the fulfillment of the individual. When we shift our consciousness and put the Human Being at the center of life, then upheaval and convulsion will be reduced, and life will progress smoothly, harmoniously, and infinitely.

From Agenda to Offer to the Mother that Sets Positive All Conditions

Before a meeting with others we tend to have our own agenda in mind; often taking the form of our own little grumblings of what should and should not be. Rather than take this into the gathering, release yourself self of such thought and open and offer the matter to the Divine, the Mother, and then let it go. Now when the meeting takes place, watch what transpires. You may be pleasantly surprised how life unfolds; as fresh, new, unexpected and highly beneficial discussion and direction takes shape.

Reader: Hi Roy I did this 2 hours ago and I now have a new corporate client.

Our Inner Shift Can Subtly Resolve Another's Serious Problem

It is often the case that when people close to us have run into a serious problem and we then change a negative attitude to the positive - whether directly related to their situation or not, - the difficulty involving the individual(s) suddenly clears up. In essence, our higher consciousness aligns with their good fortune.

Stillness in Intense Difficulty Attracts Improved Conditions

The best strategy in a high intensity, conflictive situation is to be absolutely still. It tends to attract improved conditions.

Beyond Evolution through Conflict of Forms

Forms - including we humans - meeting, associating, interacting, conflicting with other forms is how life evolves. Through their higher development, organization, and consciousness, the process becomes more fully positive and therefore infinitely delightful.

Life's Initiatives are Universal

Our initiatives are limited to our consciousness. Life's initiatives are filled with universal consciousness. That's why the latter more often succeed when taken up.

Sexual Indulgence Invites Monetary Loss or Accident

Mother says that when the Sex vibration disappears from individuals and humanity, Money will move from being predominantly in the hands of the Asura (as it is now) to that of the Divine-oriented consciousness, which will give it far greater power for progress. She learned of this in the famous incident in her 'Agenda' where she had a vision of a great Snake who informed Her of this.

(Here is the quote from Mother's Agenda, June 22, 1958)

"... one day I entered into trance with this idea in mind, and after a certain journey I came to a place like a subterranean grotto (which means that it is in the subconscious, or perhaps even in the inconscient) which was the source, the place and the power over money. I was about to enter into this grotto (a kind of inner cave) when I saw, coiled and upright, an immense serpent, like an all-black python, formidable, as big as a seven-story house, who said, 'You cannot pass!' - 'Why not? Let me pass!' - 'Myself, I would let you pass, but if I did, "they" would immediately destroy me.' - 'Who, then, is this "they"?' - 'They are the asuric' powers who rule over money. They have put me here to guard the entrance, precisely so that you may not enter.' - 'And what is it that would give one the power to enter?' Then he told me something like this: 'I heard (that is, he himself had no special knowledge, but it was something he had heard from his masters, those who ruled over him), I heard that he who will have a total power over the human sexual impulses (not merely in himself, but a universal power - that is, a power enabling him to control this everywhere, among all men) will have the right to enter.' In other words, these forces would not be able to prevent him from entering."

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Reader: Sri Karmayogi has written about the link between sexual indulgence and monetary loss or accident. This is likely to be occurring at the societal level as well...man is the microcosm.

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Response: Yes, it is a very common experience for money loss and accident. E.g. I know of one who had an intense experience with someone, after which he found out that his car with his inventory of product was robbed. It is very very common phenomenon -- whether in the form of theft, accident and money loss. For a devotee using the Force, it can also result in physical pain. (From one perspective it is a movement of ultimate human joy to ultimate joy in Mother. The vibrations are for the most part in opposition.)

Social Problems and Opportunity for New Forms of Harmony

Everywhere there is a social problem in the world is an opportunity for new forms of harmony to emerge that never existed before. Problems are thus disguised harmonies waiting to be.

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Reader: I refer an example I remember from pride and prejudice:

Mr. Bennet's decision to prevent the officers is a mental decision. He had not used his mental will till then. Compelled by the enormity of the catastrophe, he did so. He was compelled by the catastrophe, and the catastrophe was created by the Force of the Revolution. Mr. Bennet's decision, in this case, was impelled by the force of the Revolution. It was the supramental force in disguise that brought harmony which laid a seed of accomplishment.

As in Life Divine, necessarily all problems are problems of harmony and all problems takes us to AT LEAST next higher level of harmony and oneness in some aspect of other.

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Response: Your description reminds me that evolution takes place not just from below pushing forward, but from the compulsion Above that seeks its intention and change. In this case Harmony itself pressing on the world and creating human harmony through new-found Will in a man.

And yes, all problems of life as Bhagawan says are problems of harmony; opportunities for parties to come together, cooperate and unite to resolve the problems. It's not so much scarcity of resources, or even the problem itself that is the problem, but the inability, unwillingness, and ignorance of separative egos pulling in their own, exclusive directions.

Process of Evolution from Below and Influence from Above

Evolution takes place not just from below pushing forward, but from the compulsion Above that seeks its intention and change.

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Reader: -In Supermind the force of Prakriti is the force of the Purusha.

-That is Mother- the Shakti of the Ishwara.

-Mother expresses the conscious intention of the Ishwara in Supermind.

-She is the force for the creation.

- all force acting on creation is Divine intention.

From Lectures on Life Divine.

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Response: Excellent. In *Pride and Prejudice*, there is not just the urge on Darcy to change because of his love for Eliza and his own self-analysis of his character, but there is also the compulsion of On High for the society to create harmony between the middle and upper classes, instead of engaging in revolution as in nearby France at the time. Through Darcy's personal growth and evolution (as well as others around him), he won over and married Eliza and allows the middle class Bennett family to marry into and blend with the rich aristocracy of which Darcy was a part. In this way, England avoided revolution and transitioned to democracy much easier than most other nations. In essence the evolution took place from within Darcy's soul and being from Below, as well as due to the influence of the Force expressing the intention of the higher consciousness from Above.

Mother's Shakti, Ishwara Creator

The Mother is the Shakti (divine force) expressing the intention of the Ishwara (creator) in life and beyond as Supramental power.

Negative Indicators of Self-Driven Initiatives

When we initiate an undertaking on our own, there will be eagerness or expectation experienced in our nerves. There will be an urge and impulsiveness to execute things as we decide and actually do it. Such unbalanced, self-driven initiatives tend to fail as much as they succeed. In addition it can be accompanied by a sense of strain or even push back in such an undertaking. On the other hand, initiatives of Life-- i.e. one's sanctioned by higher consciousness, the universal plane -- will not have these qualities, and as a result tend to succeed greatly.

A man undertook an initiative to reenergize an old business that had essentially died out. There was a sense of urge and expectation in him in the undertaking. There was also strain as others were not very supportive of the project, even leading to push-back from certain quarters. Though there was some initial success, things soon petered out, and the project was soon abandoned.

Thus our approach should not be to act/initiate when the urge and impulsiveness rises in us, or to continue to pursue in this direction when there is strain and push-back. Instead we should let such feelings recede, which in turn will allow Life to take its own initiatives, which will appear before us as new Opportunities. When we recognize and take them up, they invariably tend to succeed; often exceeding what we thought would happen or what was possible. (Thanks to Ramesh Kumar for his inputs.)

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Reader: When life took initiative, I resigned from a company in August 2008 – to start my own venture –a pan India company voluntarily called me to give distribution agency without any guarantees and deposits to start at Coimbatore -which was hitherto unknown place for me. I agreed and the development was miraculous.

After two years I thought how any growing company can be without business in Chennai and so I voluntarily took up another product of International repute for distribution in Chennai but till date it runs with hiccups and every time I have to run to Mother to solve the problems.

Similarly, In Coimbatore, I took an office cum warehouse that came on my way, without any conditions attached as I was desperate at the time to start immediately and was ready to accept whatever comes first. But I didn't like that, as it was small and not easy for lorry movement. Nevertheless I took that as I had no other option at that time.

Again after two years, as an expansion plan, I voluntarily decided to open a branch in Madurai. But this time I planned elaborately –in outskirts good location, good for vehicle movement, loading unloading etc and got it, as I wished. But after few months -when I analyzed the business I saw that -that life's initiative -in Coimbatore-is yielding results in different angle. As it is in commercial location and nearest to "town bus stand" small time dealers of nearby towns finding it easy to come, purchase and return by same bus which has developed some sort of retail market –which was not in my business plan at all. But in Madurai it is very difficult to maintain the big office, particularly the cleanliness and difficult to approach as even our labors are finding it difficult to reach, very difficult to generate business in this time of business slow down.

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Response: Ramesh, excellent examples of how life initiatives tend to succeed, and our own unsanctioned initiatives tend to sputter or fail, (though we have Karmayogi's exception caveats when related to social wave, deeper aspiration, subconscious influence, etc).

Problems of Harmony, Not Resources, Issues Themselves

As Sri Aurobindo indicates, all problems of life are problems of Harmony; opportunities for parties to come together, cooperate and unite to resolve difficulties. It's not so much scarcity of resources, or even the issues themselves that are the source of the problem, but the inability, unwillingness, and ignorance of ego-laden individual parties to work together instead of pulling in their own direction.

Further comment: Sri Karmayogi gives us the powerful spiritual method of 'Taking Another's Point of View,' which can be a great step in overcoming one's separative ego sense and establishing the higher Harmony. It also attracts powerful positive Life Response results.

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Reader: Taking another person's point of view is the best instrument to overcome the divided consciousness as first step and see the oneness as final step. At the least we make a Harmony between our higher self and lower self.

Patience and Inner Aspiration for Growth Brings Outer Opportunities

Let us be patient, while also kindling our inner Aspiration for personal and spiritual growth. We will then attract Life sanctioned opportunities, which we can then consecrate and commit to. Great success and Delight of being will be the natural result.

Seek Life Coming to One as Opportunities

Life coming to us is what we seek; an ultimate way of living.

Further comment: The goal we seek is opportunities constantly moving in our direction, which life sanctions for our betterment and growth, instead of us going after life, which is more haphazard and too often futile in its result. When we raise our level of consciousness, life tends to quickly move toward us with new opportunities for growth, success, and joy.

Taking Other Man's Viewpoint and Overcoming Ego

Continuously embrace another's egoistic point of view. It will help dissolve your own ego.

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Further comment: I.e. listen to them, do not interrupt them with counter arguments, perceive even the tiniest truth in what they say; and through that effort you will dissolve your own ego which would otherwise want to assert its preferences, opinions and viewpoints.

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Reader: very true sir... i have experienced it at times... however, i need to remind myself of this at all times... and BENEFIT FROM IT.

Thanking the Rejector Can Evoke Response

Sending a note of thanks to an organization or individual who rejected your application, interview, etc. can attract very good fortune down the line from that same or another party. That appreciation even in the face of "failure" -- e.g. in the form of "thanks, it was an honor applying there and meeting with you, even though I wasn't able to secure the position" -- sends out positive vibrations, which invariably come back as good fortune from that or a related entity.

Offering Our Aspiration to the Spirit to Evoke Progress

We constantly want things in the outer life. We then act to make them real. We are anxious to realize them. But there is another approach, which is to be calm and patient, and think about what we really want out of life, what our deepest aspiration is. We can then set aside some time, and call to the Divine, the Mother, whatever your preference, and express that Aspiration with intensity and deep emotion. Thereafter if it is what is best for you and your growth, life will present opportunities, which we need to be vigilant of and watch for. When we perceive them, and take them up, we will be led in the right direction. They will be life sanctioned, universal consciousness backed, which tend to bring great Luck for one who takes it up in full.

Overcoming Faulty Attitude Attracts Instantaneously

Changing a faulty attitude attracts instantaneous luck.

Further comment: There is very often NO delay in eliciting life response result when you shift out of a negative attitude, making it truly unique. It is deep vital plane shift of the person that INSTANTLY attracts from the vital field of life - such as a sudden new opportunity, an outer success, an increase in money, in paying work, etc.

Ego and Closed-Mindedness

Ego, i.e. separative consciousness, blocks opening to others' viewpoints, and is thus the root of closed-mindedness and intolerance.

Further comment: Sri Karmayogi's method of taking the other person's point of view is a powerful, supramental-like antidote.

Generosity Attracts Positive

Sincere, heartfelt generosity attracts good fortune back to one's self.

Appreciation of Government

"Appreciation for government rises when it's no longer there."

(in light of current US gov't shutdown)

Further Comment: This is meant to indicate that people in the US belittle government, but when their services are cut off they desperately cry out for those benefits. This crisis serves to make them appreciate this boon in their midst that they take for granted. Every 20 years or so events pressure the citizens to give up their false view, whether world war or financial crisis or other.

Reconciliation Process through Nature vs. Spirit

There are forces and facts in society that are true, yet are at odds with one another. Eg vast prosperity in the US, but mostly for the upper tier. Nature resolves these, but slowly and painfully in the course of time. Spirit however, including opening to the supramental power quickly creates new, harmonic conditions out of nothing and nowhere, overcoming the contradictions, which is a wonder to behold.

Living In Mother's Consciousness Invites Logic of the Infinite

When you open to Mother's consciousness, you engage the logic of the Infinite, instead of human logic. Further comment: When opening to the supramental power, life unfold in extraordinary, often unfathomable ways that defy human logic. Yet the Infinite Consciousness is fully cognizant of each turn and consequence. When we rise in consciousness we are able to perceive the movements and whys and wherefores of the Infinite's determination and action in our lives. Regular consecration, learning the subtle laws of life, and practicing certain inner methods of higher consciousness (like non-reaction, taking another's view, silent will, etc.) will enable us to perceive the Infinite's Cosmic Logic.

Examples of Historical Contradictions Which Are Hard to Perceive

Great men can do foolish things: Gandhi practiced (ahimsa) non-violence, instead of kicking British out when they had a chance in 1920s and 30s, delaying independence, which led to partition and nuclear threat.

Negative men can do great things: Nixon's visit to China opened the door to capitalism in China.

Normal human mind has trouble processing this. However, Supermind embraces such historical contradictions.

Our Attitudes and the Past, Present and Future

We are mostly unaware of how our past attitudes created our present reality, and how our present attitudes are creating our future.

Benefit of Mother's Vision of Future to Us

Mother sees into the future so we can be safe in the present.

On Withholding Initiatives

When possible, refrain from taking initiative. As a result others will (unknowingly) do it for you.

Further comment: It's a form of "silent will."

My 'The Book' Comment In New York Times

(the following is from my New York Times comment on an article about the plethora of new novels set in Silicon Valley.)

'The BOOK' by Garry Jacobs is a monumental-length novel (~600 pages) that portrays a Silicon Valley-like startup that has developed an ultimate Artificial Intelligence Knowledge Base that contains the wisdom to solve any social problem on earth. This knowledge is garnered from the deepest insights of Western and Eastern philosophy; i.e. it is an integral approach that can be customized to create insightful solutions for any issue for any organization or entity. Multiple parties try to steal this knowledge for their own self-interests. The software company goes through all of the usual startup issues as it attempts to secure clients from various fields of life -- from the military to UN negotiators to high growth companies to those trying to improve the environment and end global poverty.

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One of the central themes of 'The BOOK' is the power of individuals to change outer conditions of life through their shifts in consciousness, also programmed into the AI system born in this Silicon Valley startup, actually from Berkeley, CA.

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'The BOOK' is actually the story about this Book of knowledge that everyone wishes to possess for their own needs, and how the dynamic company consisting of half a dozen modern Steve Jobs-like principals thwart various international conspiracies to obtain it. It is both a novel of adventure and profound wisdom, especially useful for those wishing to build their startup into something world changing.

Importance of Moving Forward While Shedding Out Old Habits

Every day presents new realities, so we must be prepared to venture forward from where we are, and not get bogged down by old habits and inner resistance to change.

Stressing on Self's View is Defective

People love their own opinions, but are less interested in and effusive about the actual facts.

Further comment: Vital/emotional attachment to certain things clouds the mind into a part knowledge about the multi-sided true truth of things is the problem behind.

Life Reveals Future Outcomes When We are Conscious

If you become learned in and observe life movements very closely, it becomes relatively easy to predict future outcomes.

Leading a Harmonious Life Attracts More of It

When you have been included and participate in new, breakthrough harmonies with various partners, you may notice new, unexpected harmonies suddenly breaking out in wider collectives of society.

The Subtle Truths of Life

They say mystic truths are pseudo-science, but it's more like science is pseudo Reality, or maximally only the surface of things. A myriad of subtle Life truths and laws lay beyond its purview.

Further comment: We need to replace material science with Science of Life that embraces all planes of existence from matter to vital to mind to spirit. Then we know objective reality, instead of science's limited, surface-only, physical based objectivity. Because it is a material only view, our current science creates great negatives for each positive – e.g. atom bombs to atomic research, pollution to new physical factories and methods or oil discoveries, etc. A Science of Life looks at the integral whole of things, this creates less or no dark shadow to every positive discovery made. It puts man at the center of life, not just what can be seen under a microscope and proved empirically.

The Existence of Life and Non-Life

Life is a field of Existence. So is non-Life.

Additional: e Divine, which is non-life is Existence; the source, guiding, intending, creating invisible Existence.

Watching Over the Mind's Movements, Emotions is Critical

Your mind gets mixed up with troubled emotions, producing negative thoughts. Thus it is critical to catch both as you move through the course of your day. As a result, misery will be replaced with cheerfulness and joy, and life will cooperate from all quarters.

The Current Reality of US

The US can no longer by itself be the policeman of the world. It is too expensive, adding to her vast deficit; and it is not just that only her point of view is the all-determining one. Still she can continue to play a vital role in the continued roll out of progress and human unity in the world.

Everything is Interconnected

One outcome of the US government shutdown et al crisis of 2013 is the further realization that the world is extremely interrelated economically and financially. What happens in the US threatens or supports the conditions of other nations, and vice versa. Now the interrelationship can extend to social, cultural, emotional, and spiritual. That intensity of connection between peoples will be further signs of progress and the unfolding of human unity, itself on the way to a spirit-based divine life on earth.

Non Reaction Turns Negative to Positive

If you receive news that disappoints, and in that moment you shift to stillness of mind, non-reaction instead of reaction, you are likely perceive unexpected positive circumstance immediately thereafter.

--

Reader: Its true. One important raw material for our product is not available. As soon as my subordinate who is responsible for this job , told me, I was very calm , silent & not got angry. Within 15 min , we have found some which will be enough for next half a day production. !!!!!

--

Response: at example!

New Generation Perceives and Lives New Truths

Each new generation perceives and lives out something critical that the previous one fails to grasp.

The Positive and Negative Guidance of Subconscious

Our subconscious is constantly compelling us to go here and there, though we are not aware of the fact. To be conscious of our subconscious and its intent requires yogic effort, which opens up channels of the Within so it's wisdom percolates up to our conscious mind. Now our understanding, direction and destiny is fully in our hands.

Additional: Regular consecration, non-reaction, etc. deepens our center, opens the mind above and within (subliminal), causing the superconscient force to make the subconscious less buried, more familiar to us, including its motives and intent. Surrender to Mother makes this fully possible. It makes us understand what is it we want and don't want, which we don't normally perceive. Now through this yogic effort we perceive our buried motivations and intentions.

There is also the negative part of the subconscious including its pessimism and fixed habit and routine that also gets dissolved in this process.

Perhaps in future I will be able to explain it better; more exacting. Others are welcome to chime in here on this subject.

Learning is an Inner Process

People who want to learn rather than constantly express their emotionalized opinion become learned.

The Difference between Emotions and Higher Emotions

Emotions are like flares. They quickly rise up and then rapidly die out. However Higher Emotions - like selflessness, true friendship, self-givingness and gratitude - originate in our deepest being and remain lodged in our hearts forever.

Time Bound Living Perceive Only Partial Truths

We are a product of our times; unable to perceive the deeper, longer-term currents of change.

Children Reveal Parent's Nature

Every complaint about the child from the parent is traceable to a limited quality of the parent.

E.g. we complain that our child does not do their homework, yet we give them little attention that would inspire the child to regularly perform that task. The child 's room is a mess which we complain about, but our own mind and life is in a state of disorganization and discord. Etc.

Parent's Nature Reflects in Us

What we don't like in a parent, we have in ourselves, often manifesting in a somewhat different way. E.g. we perceive our father as a bully, which we don't do, yet we behave sarcastically towards others, hurting them. Sarcasm is our form of bullying.

Expressing Wanting Qualities Attract More Negatives

Wanting qualities we refuse to change will grow worse.

Example: Inability of US to deal with inner city poverty has led now to a large part of the Middle Class falling into poverty as well, as their wages have been the same as 30 years ago, though expenses have risen. The problem has widened, as is a challenge requiring new skills, overcoming unemployment, strain on gov't resources, etc. This is at the level of the society the collective. The same of course holds true for the individual. Putting off dealing with a problem, pushes it down the line, where it gets accentuated, worsens, leading to catharsis and serious difficulties at defining points in one's life.

The Origin of Joy and Ananda

The Joy, Ananda we have as a result of our experience of the Infinite Divine's Knowledge and Love is the reason It has manifest this Life.

The Power of Elevated Consciousness

The right elevation of our own, particular, limited consciousness combined with opening to the Mother's Force will cure any illness.

The Result of Not Seeing from Other Man's Point of View

If you reject or ignore another's practical, helpful suggestion, things can turn troublesome or even fatal, sooner or later.

Supramental Force

Only the Supramental Force and its use by we humans can truly change the world.

Psychic Being Guides Our Evolution

Key to the evolution of Man is the rise of the True Spiritual Individual who takes his cues from Self, from which he is able to intuitivize and create the new world.

Additional: Self = one's Psychic Being, Evolving Soul

He takes his cues from his innermost being, his ultimate uniqueness and purpose for being here, rather than the social norms and expectations of society.

Goodwill toward Others Invite Infinite Happiness

To continuously feel pleasure of other peoples' joy is a means of never-ending personal happiness.

The Power of Inner Stillness

Mother asks us to be very still inside, all of the time, no matter what the circumstance. This is the perfect state for the supramental power and action to have the greatest effect, evoking instantaneous miraculousness in our lives. Ramesh --

--

Kumar: Karmayogi gives another perception. As light is there in fire which cannot be separated - stillness is there in being which has the inherent potential of the soul. For example water and its power cannot be separated. Water rushes from reservoir to produce electricity. Power is the potential of stillness of the water. Public deposits money in bank. Power of money and its potential cannot be separated. So

money when comes out of bank comes as industry or commercial complex. Money is the industry or complex in stillness.

So when Mother asks us to be very still inside, all of the time, no matter what the circumstance - it is probably to concentrate only on potential of the soul in stillness.

Or as practically - not thinking, equality, vitally or emotionally not disturbed etc., silence in every part of the being.

To be able to go to silence in every moment of life until we reach Brahman is to realise Brahman conceptually in the higher realms of the mind which Sri Aurobindo calls the thought reaching the Absolute in stillness.

--

Response: Excellent.

Stillness in Every Parts

Stillness is the frontal view of ultimate power to manifest new creation. It is realized in soul, expressing as not initiating in physical, equality in vital, non-thinking in mental, each attracting the Force that creates infinitely in no time.

Dwelling On Deeper Consciousness Reveal Our True Purpose

Regularly contemplate and dwell on the deeper Consciousness behind life, instead of merely going through surface events and daily routines. It will give you a continuous spark and wake you up to the wonder and enjoyment of life.

The Mother's Force

The Mother's Force quickly puts all that is in disorder and conflict in order and harmony.

A recent example: a woman in a training class became very agitated because she could not find a solution to her particular work problem. It disturbed the class leading to frustration, agitation and conflict. The instructor then called for a break, and as he returned he intensely called to the divine Mother to solve the problem. Within two minutes another student most unexpectedly came forward to help the woman solve her complex problem. Also throughout the remainder of the class there was an unusual amount of collaboration and harmony among the students - to the utter amazement of the instructor!

Everything Fulfill their Purpose

Mother indicated that so long as we have nuclear arsenals they are likely to be used.

Life Challenges Our Beliefs Which Are Partial Truths

The individual resistant to the truth is often required by life to solve a problem by embracing the opposite of his belief.

--

Ramesh Kumar: Beliefs are based on some conviction. Usually the opposite will be true. When I believe that I am affectionate person but nobody shows affection - deep thinking proves that we are not affectionate. Similarly when I say money is secondary and work is first - the opposite will be true when the money flow is intermittent.

One who seeks progress should locate in himself for each act, each type of act, each part of being, the belief structure that stands in the way and its true conviction. Locating it exactly is half the effort. Taking the right perspective is truth.

Karmayogi says changing our belief and conviction is like - to change the typewriter into a computer or a rich nation into one that is spiritually rich.

--

Additional: True recent example of my initial remark: A man was in opposition to his subordinates' methodology for tracking projects, a somewhat prejudiced view compared to the subordinates' knowledgeable take. A problem arose in the project plan, which the subordinate could not solve. The manager then attempted to fix it, which he did by realizing the utter truth of his subordinate's ongoing project position that he earlier opposed!

The Time for the Birth of Supramental Being

The evolution from current Man to the Next Species - the supramental being - is according to Mother as great a change as Man was from the ape. She said it would take 3000 years through Nature's own course, yet can occur in 300, or even 30 with the right forces coming together, including the accelerated integral yoga (conscious evolution) by a group of dedicated sadhaks.

Inner Guidance

Your deepest values and beliefs should guide your way to the future. That alone should be the spark of your Aspiration in life.

On Human Nature of Repeating Mistakes

We repeatedly make the same mistake, as we readily forget the lesson learned.

--

Ramesh Kumar: We make repeated mistakes because we take our strength as life's strength and our weakness as life's weakness.

Life's strength is mainly in psychological development and to some extent in general social atmosphere. We don't take decisions based on our best of knowledge but only through attributes of vital and emotion like impulsiveness, desires etc., We repeat mistake because we have not educated our emotion based on past experiences- to understand the intricacies of life and personality.

Unless we do that emotion / human ego will defy all the knowledge and wisdom already we have or even sometimes defy the Divine.

Human Initiatives Seldom Bring Success

Avoid getting involved in someone else's work unless they first ask or it is incumbent upon you, as the initiative will tend to backfire.

Every Upset has a Reason of our Own Nature

If you are miffed, bothered by something, that object of concern is at least partially your own fault.

Perfection of an Act

Whenever you perfect an act, even of the smallest kind, life creates better conditions for related act(s) that follow, including need for less effort.

Perfection Brings Success

Perfection of the current work invites unexpected positive developments on future work.

--

Ramesh Kumar: Alternatively perfection of knowledge that pertains to that work – in spite of that work going awry or not moving due to many other reasons - also gives positive development in future work.

Response: Yes, giving attention to a n incomplete work can attract new work.

--

Additional: What instigated my original thought above was that I noticed that after completing a very small task I was carrying out, I realized I had just about created a "complete act". I.e. there was a clear vision of what I wanted to accomplish; willful, enthusiastic energy and emotion; and right execution with

skill and positive attitudes. As a result, life responded and the thing I had to do next was made much easier due to sudden availability of more physical space. Thus, that complete act was a kind of perfection, alluded to above, that opened the door to life responding for the next act.

--

Ramesh Kumar: Yes Roy sir. My comment is due to a corollary:

Though I tried to bring perfection in execution of work (a contract epoxy flooring job with a new product imported by client) it completely failed to give envisaged performance. They stopped using that product in other areas. Though client retained just 5% of the contract as performance liability - it was much intriguing to me.

I roughly took it as some were my perfection is 5% less. I completely went through product brochures and application methods but could not find any faulty method. I extensively searched in net and found that these kind of products only performs - when laid in 27 - 30 degree Celsius. I asked to give some more areas and even promised that I will compensate if the product is wasted. I kept it in refrigerated van for some time and then applied the same. This time it gave the performance.

Now I think I have got 100% knowledge of perfection in one particular area / one particular product. Today after Microsoft acquired and Nokia I am one of the few contractors retained by the company along with the international big names like JLL, CBRE, GSH etc.

So the corollary: Alternatively perfection of knowledge that pertains to that work – in spite of that work going awry or not moving due to many other reasons - also gives positive development in future work.

Money and Social Progress

Money is despite Man's abuse of it a Divine force that enables prosperity, well-being, and social progress. Likewise, social progress and development generate more money, and in new forms. E.g. new technologies create new forms of money transactions. This two-way synergy of money and social progress is one of the great powers of life, and one that is accelerating.

--

Reader: Money makes many. But it should be earned in honest ways.

--

Response: Money IS expanding greatly because it is increasingly performed in honest ways in the world. It is based on new forms of increasing trust (e.g. new forms of loans, credit, venture capital), which engenders honesty, just as honesty breeds trust. America became wealthy because of super honesty, even when greedy financiers subconsciously attempt to bring it down. Silicon Valley is booming because people there care little about money benefit, but social benefit, which is a higher value. Money therefore flows intensely in their direction; to unprecedented degrees. India has been poor because its people have been dishonest. It is poverty consciousness.

Mantra – Follow Mother

My mantra is "Follow Mother. Stay open to Her Will. Follow Mother."

Additional: By "Follow Mother" I mean an invocation for Her to lead the way for me, which I will follow. Only this - Her Will - shall guide me.

A month or two ago I closed my eyes and asked the following question. "What is my purpose in life." I then heard a voice inside that said "to follow Mother."

Gratitude, the Quality of Soul

Gratitude is an emotion of the Soul. This morning I felt deep gratitude and appreciation for all that Mother has given to me; that she has been so deeply ingrained in my life. It welled up tears of intense emotion and joy.

Being Conscious – Inwardly and Outwardly

Once you know the process of any undertaking - outwardly AND inwardly, you will be well on your way to great success. Life will surely cooperate with such efforts.

Additional: By clearly perceiving the psychological and practical process in a given undertaking or project, you will have the essential knowledge and wherewithal to succeed greatly in any other one, even if it is of a completely different type.

Sri Aurobindo's Yoga Progresses Us to Become Supramental Being

Through Sri Aurobindo's Yoga, including surrender to the Force, the Mother we are attempting to overcome the inexorable laws of Nature, including life and death, and space and time, on the way to becoming a new (supramental) being and species.

All is Brahman

We think that the Divine is separate from us. But everything is the Divine, including all that is occurring in life, and in our lives.

Additional: It is the All, the omnipresent Reality, Brahman, in its various shadings including all the planes from spirit to mater. This Reality/Brahman, ALL is according to Sri Aurobindo the highest conception of existence afforded to Man, and is the true nature of things.

Perceiving the Reality, Brahman

There is the omnipresent Reality, aka Brahman, which is the All -- including the Divine and the body of the divine (the universe), and everything in it, and every circumstance, physical form, thought, feeling, etc. They are all different shadings, forms of the one Reality, Brahman.

One can perceive the Reality/Brahman in its myriad of formations not from Mind, but from Truth Consciousness (spiritualized mind of Supermind). In Supermind one sees the utility and interrelationships of every individual thing in creation, such as the interconnection between spirit and matter, or the power of the smallest thing not just the largest, or the necessity of both the positive AND negative for the unfolding of life, etc.

We reach Supermind (to perceive the true nature of the Reality) by regular consecration (opening to the Mother's Force), by taking the other person's point of view, by practicing non-relation to others' intensities, and other means. That has the effect of moving our consciousness from the surface to a deeper poise within, which also opens the mind to intuition and supramental perception where we have integral experience and knowledge of existence, of the Reality/Brahman, perceiving life, all things in its true nature. Sri Aurobindo calls it the Vision of the Reality, Brahman.

The Act of Mockery Brings the Reality to Us

If you mock another's plight, there is a good chance you will suffer the very same fate in future.

--

Ramesh Kumar: In P&P the sharp mocking by Mr. Bennet is in two occasions: (From the speech of Ms. Janani):

1. When Eliza tells about Darcy's help.

2. Mr. Bennet's teasing response to news of Bingley's arrival, when he informs the family that he has visited Bingley, his mocking his wife and daughters, teasing Jane about her disappointment over Bingley. Result: Mr. Bennet is completely left out of the picture when the proposals come for Jane and Elizabeth.

Karmayogi says sarcasm and mocking is for psychological survival that gives vital energy to live. He says if that sarcasm and mocking is not there in Mr. Bennet - he would have felt his life as a vacuum and so either he would have ran away or committed suicide. It is pent up force finding its release and naturally it will be negative and mean to bring negative life responses.

After reading this I used to see husband or wife who are constantly nagging their spouse and realized the truth of this statement- particularly when constantly negative things happens in their life.

Inner Methods of Overcoming the Client's Opposition

Q: How can you work with a client whose decision maker works contradictory to your recommendations?"

A: We can work inwardly to make the change. We can see the correspondence between their negativity and something lacking in ourselves. Sometimes it is opposite in character. E.g. a brutish manager manages a person who is relatively weak. When she moves to strength, he changes, and even leaves. She can take to stronger action, or even THINK of doing so, and life can move.

This approach can also work with the client who works against us or does not want to change.

We can take to just the right outer behavior and tact in a difficult client situation, through one's character has to be developed enough to choose the right approach. When our inner being is settled in peace and harmony, we spontaneously offer the same to others who are at odds, which will tend to reduce the opposition and contradiction.

We can also radiate Goodwill to the forces who support our view at the client. They can then step forward with Mother's consciousness and press on the recalcitrant decision.

Spiritual Will Never Go In line with Lower Vital

Spiritual life is incompatible with intense lower vital life.

Additional: Lower vital is carousing, wild living, drinking, doping, gambling, intense sex, ego aggrandizement, violence, troublemaking, selfishness, greed, possessiveness, materialism, hatred, etc etc. Higher vital is affection, self-givingness, gratitude, love, humility, sincerity, etc.

Inner Stillness Turns Problem Into Opportunity

The first thing that needs to be established when there is difficulty is a sense of calm and equality of being inside. Now, when evoked, the Force can readily act to resolve the issue.

... as a result the problem tends to turn into an opportunity or other benefit.

Growth In Consciousness

If you desire something, and it reflects a growth in consciousness, it tends to manifest very quickly. Eg a relatively unorganized individual aspired for better organization in the facilities around her, and it occurred on its own very quickly to her amazement.

Money Expansion In the World

Money IS expanding greatly because it is increasingly performed in honest ways in the world. It is based on new forms of increasing trust (e.g. new forms of loans, credit, venture capital), which engenders honesty, just as honesty breeds trust. America became wealthy to a large degree because of a high level of honesty, even when greedy financiers subconsciously worked to bring it down. Silicon Valley is booming because people there care little about money benefit, but social benefit, which is a higher value. Money therefore flows intensely in their direction; in unprecedented degrees.

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Reader: MONEY EXPANSION IN THE WORLD

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--

Response: It is a very valid point. I believe money expanding as it is through greater trust, honesty, and connection as is beginning to happen in the world is a movement out of the Asura (dark forces in and beyond this world). Not fully, because that would require spiritual means, including greater harmony, inner peace, non-ego, self-givingness, etc. Internet technology is certainly a movement out of Asura as it is a great dual for human advancement. Even there it can be abused, which means that only when developments begin with Soul, or spiritual Force, etc. that no dark side is created.

This movement is very uneven, and most countries are burdened with dark forces in different ways (e.g. dishonesty and bribe in India, drugs and violence in Central and South America, financial speculation in US, forced or abusive labor in China, etc. etc.

Sri Karmayogi says money is beginning to self-replicate on its own, another sign that money is moving out of the hands of the Asura. The fact that an Apple has \$150 billion in cash on hand, and similar companies have generated such a hoard, and don't know what to do with it (!) is a sign of money self-replicating. All of the new forms of loans, and credit are further forms. Human Trust is the ultimate creator of self-multiplication of money in the world.

Of course, the Asura that generates such "Black Money" is also there in each one of us. So if we change that limiting aspect, the Asura relents at that point in ourselves, and often at that point in the society as well. We have that universal power within us.

Values and Wealth

Where there are new higher values implemented in companies, success and money follows. E.g. in Silicon Valley Apple values simplicity, ease of use, and having a deep perception of what the public desires. Innovation based on these values created the greatest money-making company in history.

Self-Replicating Money in the World

Self-replicating of money occurs when it expands exponentially on its own, progressively moving to all peoples in the world. It occurs when people move from the physical and vital plane to the mental plane of higher values, including greater harmony and trust. That adds a new subtle dimension, creating more space and possibility for money to flow, and replicate itself.

E.g. 700 million people in India and China moved out of poverty in the last 20 years, the biggest shift in world history; and it still continues. There the values changed, which opened up new channels of possibility, releasing a tidal wave of prosperity for those entities.

Thus, self-replication of money is due to emerging higher consciousness in the world that has a subtle power to move rapidly and utilize itself to create more of itself. Vast sums of money are generated seemingly out of nowhere, like the Silicon Valley companies that have generated nearly a trillion dollars in cash with little or no debt.

The rich getting richer without their consideration of prosperity expanding to the other classes prevents money from Self-Replicating (i.e. where vast sums spontaneously emerge from smaller ones). It is an abuse of values; a physical consciousness movement of selfishness and possessiveness, instead of expansive sharing and trust.

Inner Guidance Combined With Spiritual Force Gives Ultimate Solution

The strains and problems of the outer life are becoming so acute that only an inner life that utilizes the spiritual Force will be able to discover unprecedented solutions that enable us to navigate to the other side.

Experiences Makes Us Experts

Where we suffer and overcome, we become experts in that or related areas.

Example: Bill Wilson through his faith overcame his severe alcohol addiction, and then went on to found Alcoholics Anonymous (AA), the largest organization of its kind in the world.

The Emerging Sign of Infinity

We have entered a glorious age where any individual in front of his or her pc or mobile device with a great idea can connect via the Internet with others anywhere in the world and change society in his particular field or domain. This was beyond imagination just a generation ago, and is a further sign of the infinity of the Infinite Divine further emerging in the world.

Withholding the Urge of Complaint Evoke Positive Conditions

So often when we complain about another, such as their inaction or wrong action, it is because we instigated it in the first place. E.g. an order taker was supposed to fill an order for a customer. However, he either neglected to do so or was not unaware that it was his duty. As a result the order got delayed, and had to be filled by another worker. The order taker then became upset with that worker because the order taker now needed help from the worker at the cash register since more customers had now arrived, and the worker was not readily available. In essence, the order taker had created the situation that caused him to be irritated. Thus, it is always best to withhold blaming others for difficulties that arise, and instead take personal responsibility. One way to do that is to be still and silent when difficulty arises, which tends to quickly elicit positive conditions that otherwise would not have come about.

Do Not Take the Situations for Granted

If you take advantage of a situation you are not entitled to, that aspect made use of will soon disappear. Eg a man went to a coffee shop and sat outside on the comfortable couches, but did not purchase anything. A few days later when he did the same, he learned that all the outdoor couches had been stolen.

Negative Sign and Outcome

A negative sign will normally precede a negative outcome.

On Marriage, Romance and Higher Consciousness

Normally where marriage begins romance ends. However, through higher consciousness toward one another that dynamic can be overcome.

Our Surrounding Affects Us, Positive or Negative

An urge unfulfilled can be subconsciously passed on to another in close proximity, which can bring them difficulty, including danger.

Additional: It is a truth that vibrations can get passed around among individuals, whether positive or negative. E.g. an opportunity, such as a romantic possibility not taken by an individual is readily "offered by life" to someone else nearby. A study would be in order to gather and review such "force and energy switching" developments. It can be ascertained by studying great literature and film, as well as real life, which very often reveal such life movements, enabling us to understand the movements more precisely and thereby develop life laws and principles in this area. I witnessed a particular situation, which compelled me to write the original quote above. But what that was I hesitate to reveal at this point.

Stillness Solve the Problem Miraculously

Stillness in the midst of trouble is like being in the calm eye of a hurricane, but where the surrounding turbulence quickly dissipates.

Inner Moves the Outer

Harry Potter and friends use magic to change life conditions. In their classroom they learn about the right spell for a given situation to create instantaneous beneficial outcomes. We essentially do the same by understanding the rules, methods, correspondences, effects of the miraculous-like phenomenon of Life Response in order to bring life's conditions under our control; to become its master.

Additional: Sri Karmayogi indicates that children taking to magic (which is not real) are like training wheels for taking to the spirit, with its, multifaceted true enchantment.

Thy Will Brings the Best Solution

One way to solve a problem is to ask Mother to solve it as we would like. A better way is to ask Her to solve it in Her way, as She deems best. That opens us up to the infinite potentials, instead of just the one line we favor.

Concentration and Consecration Brings Opportunity Near

Being fully absorbed in a work that is consecrated attracts the greatest possibilities.

Consecrating Negative Sign Abolishes Its Outcome

Everything is foreshadowed, including the negative. If however we consecrate the predecessor negative circumstance when it presents itself, no matter how small, the greater corresponding negative outcome will be prevented.

Inner Gratitude Turns Negative Situation to Positive

Instead of complaining about someone or something, think about it and well up deep feelings of gratitude toward that person or entity. As a result, that which you had reason to complain about will quickly turn positive. It is a (life response) miracle to behold! If you are a devotee of Their teachings, feeling gratitude toward the Mother for all She has done in your life will have that same effect, and then some.

Life Constantly Reveals To Us By Subtle Hints

At every moment life is presenting us with synchronous signs mirroring what we are currently experiencing. Eg you think of a friend with a serious issue, and suddenly on tv appears a story about someone with the exact same problem. Unfortunately, we live on the surface of life, and therefore miss 99% plus of such occurrences. However, through higher and deeper consciousness they readily appear to us, and become a source of constant wonder and delight. They can also be a subtle, yet powerful means of guiding our future actions in right directions.

Sri Aurobindo's Yoga Guides Us the Path of Evolving Supramental Being

If we learn how to summon the Energy, the Conscious-Force into our cells in just the right way, we can begin to overcome their programming, leading to our capacity to overcome any illness and the decay of the body, and eventually a kind of immortality; i.e. the ability to live as long as one wishes. Learning that process enables us to become a forerunner of a new species beyond the current human. This is the experience and teaching of the Indian seer and sage Sri Aurobindo.

Mother's Force Release Us from Physical and Subconscious Limitations

The subconscient (subconscious) is dark, pessimistic, and lords over illness and our dreams. It is one of the aspects of transformation to our highest nature that need to be overcome. There is also the physical consciousness, which tends to want to repeat, not change, go on indefinitely and in the same manner, which leads to boredom, listlessness, humdrumness, etc. This too has to be overcome in the transformation. Calm, patience, and opening to the Mother's Force when they arrive is the sure means of overcoming their hold over us, so that we can continue on the path of the mental, vital, and physical change of Sri Aurobindo's Integral Yoga, and the emergence of new type of spiritualized individual existence.

Life Coming to Us As Opportunities

Life normally comes to us as new opportunities, developments, and other positive responses when we are not thinking of them at all, and are fully absorbed in the current work or conditions.

Uniting with Mother's Will

Mother is working hard to open the portals of possibility in the world. Let's open to and collaborate with Her efforts!

Avoid Expressing, Feeling, Thinking Negatives about Others

If you don't have something positive to say about a person or entity, it is best to avoid expressing it. It tends to evoke the negative and that which is conflicting. This is at the physical level of speech. We can avoid it at deeper levels still. We can withdraw the critical feelings inside us at the level of our vital

emotions. Further still we can eliminate the criticism as a thought in our mind. Physical to vital to mental we can withdraw all negative expressions, sentiments, feelings, and thoughts about the other, which will tend to attract positive conditions in its place.

It is another form of non-reaction, i.e. equality of being inside that creates harmony and goodwill among the parties outside, or the separation and parting of them as life sees fit; as well as new opportunities and benefits all around.

One final step is to consecrate this process, offering the outer and inner critique of the other person, party, or entity to the spiritual Force at various steps along the way. We can even offer an unnecessary criticism of another person or entity that has occurred in the past, which we call "past consecration," which too will evoke the positive from life.

Moments of Unforeseen, Unexpected Awaits In Front of Us Always

Nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected, the incalculable, the immeasurable. (Sri Aurobindo)

Additional: Whenever the spirit is operating in the world, the infinite breaks out in incalculable, immeasurable, unexpected ways, never experienced before. Therefore, we should always be open and prepared for these unprecedented unfoldings instead merely accepting that which is practical and prudent. The Internet is a great example. So was the Renaissance; and even the hippies. Much more awaits us; things we cannot even dream of that brings the consciousness of the world dramatically further forward.)

Comment: This is such a beautiful statement!

Surface Living Is Partial, Deeper Living Reveals Our True Purpose of Existence

The deeper one goes toward the Soul, the greater the knowledge and wisdom. Living on the superficial surface, dominated by the visual and auditory sense, we have a very part knowledge, itself riddled with error, false assumptions, etc.

Stationed in the Inner being also means connecting to our true purpose; and the attitudes, values, behaviors, and actions that issue from it. The more often and deeper we are stationed within, the more these express intensely and positively in our being, in our lives.

From this deeper poise we see the best way forward. We feel clear, positive, cheerful, filled with optimism and energy for adventure and progress.

Materialistic Judgmental is Always Prejudiced

When an interesting bit of news breaks, observe how people jump to conclusions, such as in their comments to a story on a web site. It is not the mind, but the emotions thinking, which very often means inadequate knowledge, false assumptions, prejudiced view, anguished protest, and all other forms of ego and ignorance presenting the worst of "mental" man.

Further thought: One somewhat humorous aspect of this dynamic is to observe how strongly people feel about an issue, only to take the opposite view a week later! The universe gives us this freedom to reach the truth through any circuitous route.

Values Determine Our Future

Always the key question of your life is "What do you want?", and the answer to that is or should be "What do you value?".

Contraries are Compliments

Mother gives us the profound rule that the greater the difficulties, the greater the opportunities.

The Psychic Guidance

Beyond our outer nature, our surface self, and all that happens to us - past, present, and future - is the psychic entity, the evolving soul within you. It is your True Self. And if you dwell on it, you will see that

it is a flame behind the heart that radiates throughout your individual nature. Moreover, you can access it, experience it any time, enabling a life of deep Peace, profound Harmony, Infinite Possibility, ultimate Adventure, and ecstatic, never-ending, supreme Delight.

Organization Leaves No Gap Behind

Often if we are in rush to do things then something isn't organized in the work; yourself or outside. Urge to do the work is a good thing, but when things fall behind, urge turns into something negative. If it happens often, something is amiss. Organization includes cleanliness, orderliness, systemization, timeliness, punctuality, reliability, proper planning, etc.

Buddha's Statues Contrary to His Teachings

Many of the largest statues in the world are of Buddha or emanations of Him, often rising 400 feet tall or more. Yet Buddha was against the adoration of material objects, as he considered them illusion, not the essence and spirit of life. Thus, these gigantic idols though impressive, even inspiring, seem to be at odds with his teachings.

Infinite Consciousness To Become Infinite Beings

An Infinite Consciousness extended Itself and became an infinite universe of forms, including us. Now we have that same power of consciousness within us to become infinite beings.

Attracting is Alignment

From your perspective you are ATTRACTING the result or another party in a positive life response event. But from a wider perspective you are actually moving into ALIGNMENT with that result or party. This is verified by quantum physics' Entanglement phenomenon, also known as Non-locality.

Spiritual Resourcefulness

Perceiving the positive behind the negative is spiritual resourcefulness.

Indicators Of Success In Work (updated)

What indicates success in work? Let's list some out:

- Accomplishing what was intended, or more
- Goals achieved, even exceeded
- Plan executed as intended, or better
- Work completed on time, or sooner
- Results matched, even exceeded expectations
- Challenges met
- Application of personal, work, organization's values
- New skills, knowledge acquired
- Benefit to others
- Appreciation of others
- Things learned for future work
- Life lessons learned
- Improves the organization
- Is a template for future success
- Learned from mistakes
- Advances the field, craft, industry, etc.
- Spawns new types of work, projects
- Enables the field to expand - in the industry, in society

- Opening of new possibilities, opportunities
- Enables social progress
- Happy, shared connection and interactions
- Commensurate income, or more
- Higher standard of living
- Benefit to family, spouse
- Increased status, prestige
- Personal fulfillment
- Personal growth
- Higher consciousness
- Spiritual fulfillment

Further Comment: As soon as I listed out the factors that make for successful work - I did it because I wanted to attract opportunities - I received a bunch of new work. This focus was telling. This proves one item above about how a successful work enables the learning of (subtle) life lessons; here, life response related. I.e. focusing on the nature of work attracts more of it.

Applying Subtle Life Laws Evoke Joy

Joy is the end result of discovering and applying the subtle life laws and methods that enable greater success, well-being, harmony, peace, and love in our lives.

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Reader: Joy is the end result of discovering and applying the subtle life laws and methods that enable greater success, well-being, harmony, peace, and love in our lives.

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Comment: Yes, that's it. You show the life response power in applying these laws and methods that attracts infinitely in no time, bringing great joy and delight through the experience.

Materialistic Judgmental is Prejudiced

Unemployment and limits of unemployment (low wage, low hours worked) are the root cause of poverty, crime, and decay. Greater education and opportunity are invariably the ways out.

Sense Data Deceives Us

Man in his lower consciousness believes only in what he sees with his eyes. His conclusion is based on sense data alone, and as a result, his conclusions are faulty. He does not think. If he did, he would reason and perceive other possibilities. We each do this many times in the course of our days. We come to erroneous conclusions based on what we quickly see and hear, instead of considering the possibilities. In the famous film 'Twelve Angry Men' we see how this is overcome, avoiding tragedy. A man with a developed, probing mind and intelligence leads the way. From a deeper consciousness, we are less likely to judge from sense, and more likely to reason, and therefore perceive the true truth of things. Such a deeper poise can be fostered by spiritual methods and approaches over time.

Idleness and Aspiration

Idleness exists because our life energies are not absorbed in productive work. What generates aspiration in ourselves will overcome this as we will be motivated to want to work to achieve our goals and dreams.

Consciousness in Various Forms

Accepting in consciousness the infinite variety, variation, multiplicity of things, including each thing's utility - even the negative or small - is to have a vision of the true nature of Reality. It is exactly what the Source intended - both as possibility of forces and forms that emanated from Its conscious Energy, but also for each of us to experience and realize in the details of our lives.

Process of Infinite Emerging from Finite

New realities are created out of potentialities, opportunities seized, which opens the door to new potentials, opportunities, ad infinitum. It's how the infinite emerges from the finite.

The Mother on Faith

- An absolute faith and trust in the Grace is, in the last analysis, the Supreme Wisdom.
- It is when all seems lost that all can be saved. When you have lost confidence in your personal power, then you should have faith in the Divine Grace.
- Have faith and unshaken confidence. The Divine Grace will do the rest.
- Keep good faith in the Grace. She is the doer of all miracles.
- It is only by remaining perfectly peaceful and calm with an unshakable confidence and faith in the Divine Grace that you will allow circumstances to be as good as they can be. The very best happens always to those who have put their entire trust in the Divine and in the Divine alone.
- And this faith--sincere and constant--is at once our help and protection.
- Continue to have full faith in the Divine's Grace, Will and Action and all will be all right.
- The Grace and the help are always there for all who aspire for them and their power is limitless when received with faith and confidence.
- At the very moment when everything seems to go from bad to worse, it is then that we must make a supreme act of faith and know that the Grace will never fail us.

We can overcome our animal nature by being aware and taming our fear, hate, violence, desire, possessiveness, need to dominate, selfishness, ego, etc. Higher consciousness catches and overcomes these.

Further comment: Educated people are aware of these. Psychologically and spiritually educated individuals are not only aware of them but actively change those limiting qualities in themselves.

Dependence on Others is a Bar to the Progress

A key to great accomplishment in life is avoiding dependence on others of various sorts, whether financial, emotional, or other. Independence and self-reliance are spiritual qualities of self. Dependence on others is replaced by giving to others in the process that attracts success.

The Reason for People's Interest in Life Response Topic

People really enjoy reading life response incidents because it is applied awareness, consciousness that gets RESULTS in miraculous-like ways.

A Brief Analysis on the Topic of Sarcastic Nature and its Effects

Sarcastic humor bordering on boorishness gives one pleasure; but life does not like it, invariably attracting the negative.

Further Comment: Anger, feelings of inferiority or superiority, jealousy, narrow-mindedness, destructive need, lack of culture, ego, position of weakness, bitterness, dissatisfaction, meanness, social convention adhered to, disdain of another's position, support of prejudiced view, petulance that simply likes to take the opposite opinion are several causes or underlying aspects of sarcasm. The goal should be to extricate sarcasm in the thoughts and feelings whenever it appears, replacing it with agreement, goodwill, and even silence in words, thoughts, and feelings. Taking the other person's point of view is a powerful spiritual approach.

Sri Karmayogi says "Sarcasm soils the soul."

Mr. Bennett in *Pride and Prejudice* was sarcastic as he was bitter that he was married to such an obnoxious fool and could do nothing about it, and had daughters he was unwilling to properly raise whom he considered foolish and silly.

Karmayogi adds:

- Sarcasm is the petulant perversity of the inhibited freedom by vulgarity.
- Sarcasm in any fashion refuses culture in any shade.
- Sarcasm murders goodness of any description.
- Sarcasm is the result of darkness expressing through intelligence.

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Ramesh Kumar: Excerpts from my article on Sarcasm - written in another forum:

Sarcasm can be classified broadly into two heads:

1. Sarcasm based on formed opinion;
2. Sarcasm based on mean intelligence;

Sarcasm based on formed opinion - is that opinions developed by the society like - fair skin is good (sarcastic expression - blackie - karuppan), height is advantage (sarcastic expression - shortie - Kullan), city person is well mannered (sarcastic expression - village person - Ooru naattan), etc. which can generally be characterised as nick names.

Sarcasm based on mean intelligence - is dangerous version of Sarcasm. It is judgment with a hidden anger, brought to life for a pleasure in punishing - which cannot be gained by a positive expression. It is actually to gain a control of situation which he does not deserve, or which he cannot get. Karmayogi gives an example of an office person - who otherwise cannot be bogged down - can be bundled when he hears a comment on his "childlessness".

To avoid this in us:

1. To recognize the source of discontent that brought this sarcastic utterance.
2. To find - by this sarcasm, what kind of upper hand or authority or official position or social position or image we are trying to project.
3. Why cannot we actually be like that - the insecurity, inability, incompetence behind that, irresponsibility or culpability with a problem or issue.

The results should be -

1. Admiration of that person - who received the sarcastic remark.
2. It should then change to aspiration, as we now know what we lack and initiating to get it. Because one cannot aspire for anything that he does not know - EXISTS.

On Rising to the Pinnacles of Success

We can apply this method to achieve anything: put the urge of our being behind it, seek the enjoyment of that experience, commit ourselves to the idea, work out the necessary plans, and release our full enthusiasm. Then if we add the one extra ingredient of relying on Mother and Her force, rather than on ourselves and our capacities, and with that Force we act, there is nothing in the world that we cannot accomplish. (paraphrase of Sri Karmayogi by Ramesh Kumar)

Additional (from same source): Motivation is one that integrates - the aspiration for the goal, increases level of obligation, sincerity to adhering to the force that helps to attain that goal, understanding the rules of the atmosphere to get necessary strength.

Forget Religion, Gods, and Become Divine-Like

Religion is not the same as spirituality. It is only distantly related. It is mostly rituals, dogmas, tradition, social convention, limited perceptions of reality, outworn beliefs that does not want to go further, fixed in stone mentality, discouraging the follower from experiencing the spirit directly, while merely honoring its character and founders.

Hinduism, being more of a series of widely diverse tenets of existence than a single teaching is somewhat of an exception, but even there the current honoring the Gods -- instead of becoming divine in nature one's self as its great wisdom advocates -- is a serious impediment. Mother and Sri Karmayogi asks us to give up Gods and become God-like; divine, higher consciousness beings ourselves.

Note that Sri Aurobindo rejected the plane of Overmind (of the Gods) as what is to be ultimately attained, instead advocating surrender to the higher plane of Truth Consciousness (Supermind) that Mother personifies to enable ultimate transformation of our being to help bring about a new supra-human species and a divine life on earth.

Non-Expectation Evoke Life Response

Not expecting brings the unexpected.

Additional: When you over expect, anticipate something to come about, it tends to get delayed or even cancelled. This is how life responds. It's a negative response. When you give up an expectation, even forget the matter, life rewards you with unexpected positive results.

Karmayogi says, even in "unexpected" we expect some rewards of the higher plane or higher consciousness. They do not come even for an unexpected attitude of equality.

The finer things in life are to be waited for with no expectation in its integrality. When they come, they come on their own. There are rewards of the higher plane. They wait for the maturity of the plane and satisfaction of the soul expressed as inability to know that possibility. (cannot give explanation for the last line. Nice if you can infer some).

Everything Happens for a Purpose

When you undertake a task and things go wrong, don't get upset, because it could be leading to other developments required that make the act more integral and complete.

E.g. you go to the FedEx center to fax an important set of papers. However nothing works. Yet you do not get upset. When you contact the vendor by phone, you discover that actually much more was needed to be sent. In fact, you find out that a series of things were needed beyond what needed to be faxed. Now you are able to gather all the necessary documents, payments, etc. and send the entire package by post. Had you not done this, and the fax worked, the application would have been woefully inadequate and time-wasting. In other words, as a result of the fax not working and not being bothered of the fact, you came up with an integral solution that the other party required in the first place. Now the activity is more complete. That is the power of non-reacting to the negative; even seeing its value.

Supramental Power Aware of All Possibilities

Why does Mother, the Force set right life conditions when evoked? It is because it is the Supramental power, the Truth Consciousness, which knows what the perfection of the current conditions can and should be, and has the power to make it so.

Mockery Or Making Fun Attracts Further Negative Events

If you make fun of something, life will compel you to be the victim of what you mocked or similar.

Example: a man good-naturedly and jokingly made fun of the limited snacks made available by his training company for the students he was training. Several minutes later he decided to join with several students and have one of the soft drinks. When he then drank it, he was astonished that it was completely flat and had absolutely no taste, which was not only very surprising but particularly irksome since he looked forward to having the drink.

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Reader: this is so true, because words have an agenda, and an energy, with consequences, responding to the good or the evil spoken, or acted out.

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Response: H, beautifully explained.

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Reader: lol! this happens to me all the time. so I stopped making fun of anything, even innocently.

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Response: Congratulations S. May we follow in your footsteps.

New Thoughts Require Empty Space to Get Manifest

The problem is never how to get new, innovative thoughts into your mind, but how to get old ones out. Every mind is a room packed with archaic furniture. You must get the old furniture of what you know, think, and believe out before anything new can get in. Make an empty space in any corner of your mind, and creativity will instantly fill it. (Dee Hock)

Comment: Dee Hock discovered the Visa credit card, perhaps the greatest breakthrough in the history of money. He accomplished this by following the idea of his quote of discarding the old ways that were blocking the new enabling the new to occur. The new in his case was the idea of a universal credit card (that became the Visa card) that any bank could use, instead of each bank creating its own card. It enabled trillions of "trust-based" monetary transactions.

Various Thoughts on How Expectation Cancels What One Desires and the Way Out (By Sri Karmayogi)

- Man's desire for results without effort or responsibility expresses as expectation.
- The only service expectation does is to cancel that particular possibility.
- Expectation brings the opposite results.
- Expectation ends in disillusionment.
- Expectation brings into the realm of imagination what life has denied one in future.
- All accomplishments are made first inside and later expressed outside. Expectation tries to express it outside first without creating it inside.
- Expectation is reliance on the external.
- He who expects should go inward and accomplish there first.
- By expecting people to come or expecting a result, one develops an expectation that leads to frustration. Expecting Mother makes one rich. Still it is better to shed expectation and replace it by aspiration.
- Expectation is a crop that grows without sowing. Diversion is a major help in getting rid of it. When one is so diverted in Mother, expectation dissolves and Mother is the only standing crop.
- Expectation is to be avoided for opportunities to arise. They can be enjoyed only when there is no expectation. Nor can the expectation have any place after the opportunity is fully availed of.
- Capacity for expectation will cease if the capacity for initiative ceases. Initiative expects.
- To lie in wait without expectation is to be moveless in Timelessness.
- Elimination of expectation is to rise from thought to intuition.
- Absence of expectation or calculation is a measure of yogic readiness.

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Reader: It is true that we always find the results better when we focus on Mother without expectation. However, how is the devotee (not yet a sarva amba pari tyagi) to distinguish between expectation and aspiration, particularly when using the methods of the Secret such as visualisation and affirmation with strong emotions?

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Response: N, it's a very important question. Garry Jacobs Sir influenced by Karmayogi addresses your issue head on in this section of MSS's article on The Secret. It is whether visualization works and why it often doesn't, indicating other qualities are required to evoke the response, such as planning, action, changing attitude, will, intention, aspiration, etc. There is also non-initiating and non-expectation and non-reaction to put into the mix. Discovering that perfect blend for a particular person -- in terms of their character, spiritual development -- when they after a particular objective is a subtle science of inner psychology. When I listen to others' problems, challenges, intentions, always a few wanting qualities of that person stand out. That is where I focus my attention and give advice. That often evokes the reasons when they take it up. Once it is known and that person adds Mother as the topper then it is nearly infallible in producing life response results. Doing it for one's self is a greater challenge still!

The Power of Honesty

Honesty attracts more than you expected. Dishonesty less.

Pray for Values Rather than Results

We should aspire less for more money, success, love, etc. but for more Capacity (skill, knowledge, right attitude, effort, strength, organization, self-givingness, values, use of spirit, etc.) to generate them.

Perfection Leads to Future Possibilities

When you perform an activity carefully and to perfection -- whether something simple or complex -- out of nowhere an opportunity tends to instantly arrive.

Further comment: The idea came out of today's personal experience: I was doing my taxes, and trying to do it to perfection. At each point I focused on the specifics of that step, aiming to do what was correct, honest, and complete, I found more money to claim, which was a benefit. Moreover, at the very instant I completed the entire activity an unknown potential client called with an excellent opportunity.

Prejudiced Mind Involves Blaming

Blaming is often due to missing knowledge on our part.

Example: You hastily blame someone for a problem, only to discover more information about that person's situation enabling you to understand that they are not to blame at all. It's a very common experience; one that eludes our full awareness.

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RK: The more we blame persons, force, atmosphere, circumstances, the more we turn away from true knowledge and the true solution to our problems or progress. Consciousness responsibility starts from not blaming others for anything,

All irritating, provoking, or negativity that occurs to us is to show the areas that we need to change or need to acquire more knowledge. If we can do this -with each persons, forces, atmosphere, circumstances-, they grow in self-awareness, Purity and humility is the result and starting point of shedding the ego.

Forgetting a Problem to Attract Its Dissolution vs. Giving It Attention

We know that one of the major ways to deal with a problem is to simply forget it. Those praying for rain who did not secure it, stopped praying for rain and forgot it, and rain came. The same with giving too much attention to a pain; as it only gets intensified when given too much attention. The problem can dissipate when ignored in these situations.

When in the consciousness of the depths culminating in Soul, one is less and then not attached to the surface problem, so it has that power to evoke the positive result through detachment. It is related to what Sri Karmayogi calls the method of "non-reaction."

This is an approach that is not appropriate in all situations. If a bus is about to hit you, you should react and take action. If debtors are knocking on your door, you should pay back. It is life compelling you to do so.

Where the boundary lines are between these two approaches is an interesting science, knowledge that perhaps others can comment on.

Soul always know which direction to take, whether action or detachment. It has that subtle distinguishing capacity, which percolates up as guidance from below/within to our surface consciousness.

One must always observe and apply the appropriate life law to the commensurate situation. That occurs through subtle sense. Constant consecration enables this. There is also the array of subtle laws of life, which we can learn as a Life Knowledge, a plethora of which Sri Karmayogi has offered the world.

Consecrating to Spiritual Force Guides Us to Right Decision

It can be a razor thin line between whether a proposed vast municipal project will become a great success vs. a boondoggle and waste of the public's hard-earned money. Looking into the future, it can go either way, based on so many forces. And yet if we develop the power of Intuition or better yet Supramental Perception, i.e. full integral revelation of the truth inside us, we can far more easily perceive what is the right direction to take -- to go forward or hold back -- and have that decision prove to be the absolute right one long-term. Consecrating the potential project, endeavor, work, etc. -- i.e. self-offering it to the spiritual Force-- will reveal the right course of action (or inaction) from that point forward.

10 Essential Methods of Sri Karmayogi to Evoke Positive Response

1. Consecrate to Mother each activity engaged in.
2. Raise your level of cleanliness and orderliness.
3. Do not react to the intensities of others, life, remaining absolutely still.
4. Accept the other person's point of view, suggestions, etc.
5. Try not to initiate actions, but respond to life's initiatives, opportunities coming to you.
6. Withhold speaking out a thought, which attracts others to speak it out.
7. Refrain from giving opinions, wasteful speech, remaining silent.
8. Inwardly shed all negative feelings toward others, even turning it into goodwill.
9. Do not complain about anything, anyone. Always take personal responsibility.
10. Be self-giving, not taking.

Power of Withholding Helping Others

Sometimes we need to refrain from volunteering to give another help when they ask for it, and by doing so evoke the very best conditions for that person. In the film 'Ray' about the life of famed blind American musical artist Ray Charles, the boy as a blind child begs his mother for help to guide him through his darkness as he approaches her. While always accommodating him in the past, this time the mother catches herself and holds back from doing or saying anything. After a short period of anguish, something remarkable starts happening, as the boy now begins to hear subtle sounds of things that he was unable to perceive before. He can now distinguish between many different sounds of many different things, giving him the capacity to now navigate the world as a blind young man on his own, something he would make great use of the rest of his life. That is the life response power of withholding helping others so that they can in essence help themselves, evoking magnificent life response results to that end.

Intense Will

"Where there is a will, there is a way." Life responds to intense will; overwhelmingly to intense will sustained.

RK: Karmayogi says intense will comes from the emotion in other words from the heart. That can be brought by firm decision in mind. The firm decision means – constantly replacing negative attitudes, biased opinions, impatient expectations, confused rambling thoughts on our will and aspiration - with clear, objective goal for a silent receptivity that allows a higher understanding to be born. Intensity of the will is strengthened by rejecting turbulent feelings, insatiable desires, possessiveness and selfish demands.

The effectivity of our will depends on the development of our consciousness in positive manner towards that goal. To the degree that this inner mastery and perfection is achieved, outer conditions and events take on a strongly positive and cooperative character. Now life brings constant all opportunity and atmosphere to fulfil our will.

Human pity is born of ignorance and weakness; it is the slave of emotional impressions. Divine compassion understands, discerns and saves. (Sri Aurobindo)

Key Inner and Outer Behaviors That Quickly Attract Positive Conditions to Your Person

- Be positive, optimistic, and cheerful

- Give up a wanting attitude or belief
- Turn negative emotions positive
- Try to make any situation better
- Choose what is positive and helpful
- Make a decision about something
- Take the necessary physical action
- Embrace what life has put before you
- Overcome any reluctance you have
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Give people/objects more attention
- Implement money-attracting strategies
- Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength
- Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Eliminate thinking in intense situations
- Move from agitation to stillness
- Be calm and equal when problems arise
- See negatives as positives in disguise
- Hold back initiating; drawing others
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen
- Plan, implement, and execute a goal
- Focus on what should be accomplished
- Embrace the truth of things, not shun it
- Forget a problem, not dwell on it
- Change a long-standing negative habit

Asking for Mother's Guidance

Q: Please tell me how can I ask Mother to guide me. I really want Mother's guidance.

A: Sit in a quiet place, and still your thoughts and feelings for several moments. Then Tell Her your situation, what you aspire for (or lack of aspiration). Then say to her "I offer this up to you. Please do as you wish for me, and I will follow your will." Do this with intensity. Then let it go. Do not have expectations. Don't insist on a particular outcome. It is "Thy will, not mine." Watch for signs of response from life in the days to come.

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Reader: But it is very difficult to sit calm in those situations. It is like moving a mountain.

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Response: One strategy is to first relax and garner a level of calm before engaging the act. Know that calm is the foundation of all such consecration efforts. Calm must come first. (Over time, while on Her path, one increasingly in a difficult or intense situation develops the capacity to evoke a certain level of calm through the faith one has developed. Now a very important consecration effort can have a more solid, still basis. Actually ongoing consecration -- e.g. before acts in one's daily life -- helps build up the calm and faith so that when something serious or an intense aspiration requires Her Help, one has the calm basis to engage in the act. Practicing non-reaction and take another's view point also deepens the inner being and the peace that enables one to more harmoniously, perfectly engage in serious consecration moment.)

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Reader: If we find that we need to take a sudden decision we can use a formula She, Herself gave to use in addition to "Thy will be done", which is "Grant that I may do the best I can, the best thing to do", and take action. Also, for obtaining a level of calm, we can sit down and call Her name "Mother...Mother...Mother" or even sing "Om Namo Namah Sri Mirambikayai. Om Namo Bhagavathe Sri Aravindaya. Om Namo Namah Sri Mirambikayai" for a few minutes.

Response: N, thank you for these appropriate spiritual approaches.

Focus On Aspiration Without Expectation

Maintain intense, focused aspiration for achievement, while avoiding expectation, impatience, preference, opinion, and similar movements. Life will respond overwhelmingly, fulfilling your aspiration and then some.

Contraries are Compliments

Life evolves when two conflicting or opposing positions are overcome through a higher harmony that transcends both. E.g. the revelation of NSA security snooping in USA is virulently opposed by freedom advocates on the one hand, a just position; while security officials value the snooping to protect the life of citizens against dangers, also a valid view. These are examples of two things in conflict. However, from a higher consciousness, we see the validity of both sides and the need to discover something beyond that embraces both views. When we are open that way, we are able to discover new ways that bring new solutions that satisfy all contradictory parties. Trillions of such oppositions are in effect in the world at any given moment -- whether a husband with a wife, a boss with employee, two political parties, multiple philosophies of life, two intersecting weather systems, and so on ad infinitum. When we move from surface, even rational mind to intuition of the necessary knowledge without thought, culminating in supramental perception, we are able to beyond the contradictions. We then can become instruments of the higher harmony. Constant self-offering of activities to the spiritual Force, taking the other person's point of view, and practicing non-reaction to others and life's intensities, move us to the supramental, truth consciousness view that sees beyond the conflicts and dualities of life, constantly opening up New Vistas.

Further Comment: From a deeper perspective still, there are no contradictions, as the intersecting parties are actually complements of one another in disguise; each compelling the other side to change and grow through their dual relationship. Sri Aurobindo indicates this fundamental process of evolution in Nature in the first chapter of 'The Life Divine.' Without the dual relationships between forces and forms there would be no progress, indicating that contradictions are actually complements in disguise. This is the vision of Reality (Brahman) perceived from Supermind.

We experience the dualistic nature of progress in so much of our daily lives. Living a higher life one sees it all in right perspective, and we spontaneously come up with creative, harmonic resolutions, moving us, things to the next highest plane.

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RK: I remember an essence of discussion by Mother to a question of a child: The child asked when two persons asks the supreme the same thing but don't like others to get it – whom the god will give. Mother replied- to the one with better attitude and intention.

If I think in that line – If the idea and motives are some in one level for both the parties, and supposing comparatively USA has an iota of idea of spying too- then conflict will go on based on the strength of the convictions. All intentions, motives, attitudes should be at a higher and purified level without a drop of false hood or shade of ego like even rationality. That allows the psychic to create a higher harmony by making the conflicting elements – man, society, world etc., into complements to embrace all views.

In practical it is mental ideas rising to resolve into a higher harmony of accomplishment that generates fresh Supramental ideas. Constant self-offering of activities to the spiritual Force, taking the other person's point of view, and practicing non-reaction to others and life's intensities are some of the expression of it.

Karmayogi says - The same is for employee- boss, husband wife as you say.

Harmony of emotions or thought between two persons can release energy to conquer the world. It can be accomplished with the best of intentions. It is one soul apprehending another, thus releasing Supramental consciousness. This is the first step to comprehend each in all.

Mind growing out of the identification with a part, before dissolving itself in a vision of the total, sees both sides of an issue, perceiving them as contradictions. Fullness of perception of a mind outgrowing obliviousness finds two opposing contradictions - as the vision of the whole.

Feeling of Harmony Releases Supramental Consciousness

Harmony of emotions or thought between two persons can release energy to conquer the world. It can be accomplished with the best of intentions. It is one soul apprehending another, thus releasing Supramental consciousness. This is the first step to comprehend each. (Ramesh Kumar)

Comment: Supramental Consciousness IS Unity consciousness, so this makes sense.]

Taking Other Man's Point of View Attracts Fortune

When we embrace another's point of view, instead of keeping to our own, we can attract startling positive conditions from life. Here is an example:

A man didn't want to work weekends at a retail store when requested to by his boss. He thought he was already working hard during the week. One day he shifted and accepted the boss' point of view. When he arrived that weekend, he was suddenly greeted with the biggest sale of his life.

On The Power of Strategizing

-Strategizing is to consider alternate approaches to a matter in order to accomplish; to make something real in the world.

-Strategizing is an activity, an exercise of the mind, which is subtle, to manifest an intention at the physical plane.

-The choices we make from the possibilities devised by strategizing is determined by-

- the current reality of the life situation
- the logic used that indicates which path to choose
- the nature, quality, intensity of our aspiration and intention
- our level of energy and will
- the values and beliefs we subscribe to
- Strategizing is clouded over by our-
- wanting attitudes
- inability to reason
- our preferences and opinions
- our physical consciousness that does not want to change

- Strategies become comprehensive through cooperative efforts with others, reaching their peak when there is goodwill and harmony among the parties.
- Strategies are best devised when all the facts of the situation are at our disposal, whether positive, neutral or negative.
- Strategies are best when they are creative and dynamic; when they burst through to new possibilities.
- Ultimate strategies embrace the subtle plane; that reflect subtle laws of life.
- Implementing strategies requires a plan of action and its timely execution.
- Strategies leading to action taken that manifests them as real is to engage in the process of creation.
- It is to harness raw energy and turn it into a Power that takes form in life.

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Reader: "To harness raw energy and turn it into power that takes form in life" quote by Roy Posner. An idea sketched as blueprint, with an engaging process, reality is born...it becomes tangible.

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Response: Magnificent, H.

Using The Force In Politics

When people of higher consciousness, of the spirit (not mere religious individuals) enter the realm of politics, they can have life response producing effect for the public utilizing the divine power of the Mother, and will be more effective than those tied to their inflexible ideologies. Her Force can be availed by any person in any institution of society including government, for any purpose, any issue. Dynamic solutions that are helpful for all will spring forth from out of nothing through inner, spiritual methods of such individuals.

Overcoming Clutter Attracts

A friend of mine decided to declutter all the social media that was invading his life today and within 5 minutes got a call from a client he hadn't seen in 2 years who needs a lot of life & serious-illness life insurance coverage which he offers! This wonderful response shows the power of orderliness, as well as focus to instantaneously attract positive conditions into one's life. That being the case, what clutter and other forms of disorderliness are you neglecting? If you give them the proper attention, you too will suddenly evoke a wonderful response!

From Rush to Higher Organization

Often if we are in rush to do things, then it is likely that something isn't ORGANIZED in the work; whether in one's self or outside. Urge to do the work is a good thing, but when things fall behind, urge turns into something negative. If it happens often, something is amiss. Organization includes cleanliness, orderliness, systemization, punctuality, reliability, timeliness, proper planning, maximum utilization of resources, etc. Increasing these not only puts one in the right flow, but evokes powerful, rapid, positive response from life.

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Reader: It is really true. This is the situation what I am facing in my office now. Thanks for the timely message. After paying to mother, I'm receiving this post in fb. Mother is pointing out our problem . Shd only has to guide me to improve the organisation in me

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Comment: Very good!

Keys to Instantly Attracting Success and Happiness in Life

Each of the following quickly attracts good fortune, so why not embrace them in your daily life:

- Don't blame others; take personal responsibility for situations
- Increase your and your environments level of cleanliness and orderliness
- Shift from weakness to psychological strength

- Shift away from any negative attitude about yourself, others, work, life
- Remain cheerful and positive
- Make the full, persevering effort in your work. Go the extra mile
- Increase your level of self-givingness in all relationships
- Don't react to others' intense expressions, actions. Remain calm
- Fully embrace, take up life's initiatives, opportunities
- Accept in full what life has out before you in work, rather than what you want
- Open to the spiritual Force before activities or every hour
- Reduce the quantity of words spoken, and lower the volume
- Remain silent in a conversation, causing others to speak out your thoughts, wants
- Take the other person's point of view, no matter how at odds with your own viewpoint
 - Reduce thinking, consistently clearing the mind of all thoughts
- Express gratitude toward others and life for what it has given, instead of complaining what you are missing
- Give up all forms of ill will towards others; even changing it to goodwill
- Eliminate all forms of agitation and remain calm
- Continually monitor yourself for expressions of selfishness and ego
- See negative circumstance as opening to great positive developments
- Correlate the outer positive or negative conditions to your recent state of mind, attitudes, and beliefs
- Be forthcoming and truthful; avoiding all forms of dishonesty
- Withhold expression of your opinions. preferences, points of view
- Shift from surface view of things to a deeper status to see true truth of things
- Watch for subtle signs in order to make right decisions
- Try to do what is positive and helpful rather than negative and harmful in daily crossroad decisions
- Perceive that the smallest detail can be an opening to the greatest possibility

On The Quietness of Inner Strength

I enjoyed these statements about Inner Strength from Karmayogi. I know of several individuals who live this in their lives:

- Unselfish strength and rightness of the situation make one invincible in all situations.
- Men who are right and strong, possessing their strength quietly will always succeed.
- Strength that craves for no expression is Spiritual Strength.
- Strength is to be able to decide without the desire to be understood. Strength is to be on one's own. (Sri Karmayogi)
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RK: Out of the list, for me based on Karmayogi's writings "Psychological Strength" plays a major role in attracting Success. Karmayogi's inferences on "Psychological Strength" are entirely different than what we think as strength.

Strength comes from general, personal, social and above all psychological. According to him - Psychological strength comes from understanding of other three.

For example – Real romance starts when husband and wife relationship is like relationship of friends. What one understands in a friend, he will not be able to understand in a wife. Similarly strength of general and personal and social nature lies in protection of wife which leads to jealousy on wife's men friends. It may be even for his wife's lady friends. Then the social context changes – he gets used to it and accepts it. This is social strength. Developing "Psychological strength" is invert change of attitude towards individuality of his wife in all facets. That leads to "Romance Eternal".

It is educating the emotions –i.e., emotion, understanding the essence of physical and mental strength.

Karmayogi says this as -man moving from physical and mental understanding to emotional understanding. Mother in Agenda says when the body and mind understands evolution in emotions, he can start doing yoga.

So, this kind of Psychological strength to find the essence of our personal, social and cultural strength will achieve all we need. This psychological strength qualifies one for great luck.

Karmayogi says suppose you understand this fully in principle, start acting at the easiest point of life and you will see life pushing you ahead. At the minimum – knowing one's greatest strength will find himself successful. Knowing his own greatest defect, he will be very cautious in character. He who knows both is of "Psychological Strength". Failures are rare for him.

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Response: R, perhaps if you gave a business example it would be a little clearer to me.

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RK: Creativity in mind and related work by physical when understood properly results in liveliness and playful disposition in emotion always. That is psychological strength in this situation.

Mental gratification and physical drain is psychological weakness in emotion that cancels the accomplishment.

I could not correlate any business example at present. I am giving one of Karmayogi's example: Let us see our own life. That we are Mother's devotee and its superior status in mind. Some what it reflects in physical doings too. Our job is to feel really not superior egoistically. The question is how to do it. To know humility of emotions is sincerity to Spirit helps. Further any sense of importance is a weakness — a psychological weakness. One who is not weak has no need to assert, to exhibit, even to know he is superior.

Really superior people over the generations forget their superiority. What they do by efflux of time, we must be able to do by the richness of Her consciousness – is psychological strength.

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Comment: Yes Weakness in the sense of whatever degrades us at the psychological such as ego sense, sense of importance, and many others. It is psychological weakness of any of the many negative aspects of the psyche, as opposed to (only) lack of toughness/strength, fortitude.

Mother Devotees Are Instruments to Facilitate the Evolution

We are instruments of the Mother and Her Force to bring about a new consciousness in the world to facilitate the evolution of the species beyond its current contradictory nature.

Changes in Business Management Environment

-Four decades ago Peter Drucker gave a comprehensive view of the nature of the business entity and the proper methods of management.

-Then Tom Peters in the 70s and 80s described the emerging empowerment of the individual within the corporate environment, reflecting the social liberation of the times, which continues till this day.

-In the last several decades the waves of change have only accelerated. Among them are:

--the power of the Internet that changes the nature of the individual and business in so many fundamental ways.

--the true age of entrepreneurship, with the ability to be individualistic and create new businesses as never before.

--the nimbleness of small entities to topple larger ones.

--the acceptance and development of business values, and their implementation at all levels of the organization, energizing and accelerating opportunity and growth.

--through expanding media, the increased awareness of the waves of change in society.

--the internationalization of business in so many fundamental ways.

--the flattening of the organization in terms of structure and authority.

--projects based business, where teams come together to create solutions and break up; where one's point in the hierarchy keeps shifting according to the project.

--the dramatic increase in the role of women.

--the rapid changes in technology that can make or break a company in an instant.

--the Uncertainty principle due to accelerated change in the nature of business, and the demands and need of a rapidly changing society.

This is the whirlwind of change and challenge a business is up against, that is resolved by helping the entity discover its essence, its core values, its purpose, its vision, its strength and weaknesses, and develop and implement its action plans of change on the way to becoming a dynamic, highly energized, ever-expanding, joy-filled Living Organization.

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Reader: Thank you Sir But being an entrepreneur who strictly follows the values taught by Karmayogi and Garry sir I feel whatever may be the situation values which the organisation stands gives the final result or rather management by consciousness or soul will be the future of any organisation in the world. After all business is ethics.

--

Response: Yes, values have that power. And yes the evolution of business management is on a course of increasingly discovering the realm of higher consciousness and soul.

The original quote is meant as a perspective for my management consulting business clients consisting mainly of the general public. Your statement is the way for devotees, and perhaps those we bring along to the beginnings of that status. In certain cases they go further still. We use Karmayogi and Garry's ideas whenever possible.

Values is the bridge among all these levels; from practical ones like punctuality and reliability and simplicity for any client; to more spiritual and subtle ones for the devotee-like clients, such as adopting powers of silence.

Anticipating Outcome through Speech Cancels

Do not speak out the accomplishment of an outcome until the deed is done, lest you delay or cancel it. A man spoke confidently about winning a contract at an upcoming meeting only to discover at the last moment that the meeting had been cancelled and rescheduled to a much later date.

On the Importance of Settling Outstanding Loans; Even a Decision

Outstandings, loans are grave diggers. If you have GREAT goal and are willing to do your honest best with dedication, liquidate your loans. When the last rupee is returned the goal will be realised. A real deep decision has the same power of returning the loan. A thought DOES what an act alone can do. Decision is decisiveness. (Karmayogi)

Comment: This is a critical one in my life. Have been working on, concentrating on the Deep Decision Karmayogi mentions above. It is critical for fresh, abundant funds to come into your life through your career goals over time. Otherwise, debt-laden money will come slowly, reluctantly. Wealth is almost out of the question. However reversing debt as explained above can even attract enormous wealth.

Right Methods, Attitudes to Prevent Becoming a Debtor

(a reader) In a way business can be dangerous as it can throw a person from prosperity to a debtor.

(response) Yes, by knowing the laws of money and right methods and attitudes in work one can avoid these dangers of business failure. 90% aren't cognizant of these things, especially in under-developed nations, putting them at risk when undertaking business ventures. In other words, the conscious knowledge of what creates success must be commensurate with the mere effort in a work to accomplish - business or otherwise. Education can help gain that knowledge, which can then be successfully practiced in the field. We at Growth Online and various sites and members at MSS and affiliates provide this insight for success, including its more subtle laws, leading to infallible business accomplishment.

Laws of Money for the Individual

Here are some principles and methods that attract money instead of repulse it:

- Circulate the funds you have rather than hoard it.
- Keep accurate and up to date accounting of money.
- Collect all debts owed, down to the penny.
- Pay every debt owed from your past.
- Practice high levels of cleanliness and orderliness.
- Avoid dependence on others. Be a self-starter.
- Make the extra effort in work. Go the extra mile.
- Shed negative attitudes toward work, such as unwillingness and imperfection.
- Focus intensely on what needs to be accomplished; your key goals.
- Create an atmosphere of trust and harmony with others.
- Take up initiatives presented by life.
- Raise your knowledge and skill levels.
- Avoid wastage of money of all kinds.
- Bring down costs wherever possible.
- Make maximum usage of resources including money and materials.
- Speak in a low, soft voice. Avoid excess speaking.
- Be generous (to the deserved), instead of tight-fisted.
- Remove any ego movement in relation to money.
- Be truthful and honest, instead of deceitful.
- Avoid over-anticipating and expecting.
- Embrace the current work conditions instead of what or where you want to be.
- Be still, calm, positive, and patient when in the face of money challenges.
- Avoid when possible energy depleting activities, like drugs, alcohol, excessive intense sex, wild partying, etc.
- Perceive money as a divine force for the purpose of expanding the individual, society, life.
- Avoid dark money risk of gambling, financial speculation, and the like.
- Avoid greed and avarice in all forms.
- See money as a means, not an end.
- Do not worry about money, instead take to the required inner or outer laws.
- Consecrate every money-related matter that comes to your attention.

Subtle and Practical Cause of Circumstance in World History

In history we can perceive deeper causality and associations between things at play. E.g. the Civil War in the US in the 1860s in which more Americans died than in all the wars combined that followed including WWII had its roots in its egotistic, callous destruction of the native peoples during those and previous decades. Likewise, the US was confronted by the formidable negative Soviet Empire in a tense and potentially devastating-to-the-world environment of the Cold War because decades earlier she and Europe meddled in the affairs of the Russian Revolution.

History has direct causes, as well as more subtle ones rooted in the level of consciousness of the parties and the atmosphere. We can also see where there is a confluence of both: e.g. where the unregulated money speculators in the US and Europe brought about the Great Depression and as a result the collapse of the democratic and progressive Weimer Republic in Germany, allowing Hitler to take over, leading to the death of many tens of millions in Europe during WWII. Thus, Greed sparked the near ruination of the world. In this way, we can discover not only obvious, practical but also subtle causality in the movements of history; or for that matter in any aspect of life.

Listen to their Interests Before Communicating Your Own

It's best to communicate laws of consciousness not by starting out instructing others, but by listening to their current interests and concerns, discussing these and gradually working your way to the deeper insight that the other person can benefit from. It is even better when they ask along these lines in the first place, as it is life's initiative rather than your own, which tends to succeed and have greater life response benefit and effect.

Prayer for Intuition of Knowledge

Mother, let my Intuition bring in the required knowledge automatically without thought of what to do after consecrating and following Thy Will and Grace.

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RK: Excellent prayer.

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Ramesh: Reminds me of theory of self perfection in synthesis of yoga. Based on Karmayogi's view on that my idea to see intuition after consecrating is:

According to Karmayogi institutive knowledge is as big as universe or universe in itself.

As intuition necessarily consist of four parts suggestion, discrimination, inspiration and revelation.

- Seeing what Mother is suggesting through universal knowledge point of view or divine consciousness view.
- Discriminating all that prevents us from doing it including the attributes that Sri Aurobindo in ""Mother"" or something coming to give it to us.
- Inspiration to evolve in consciousness through that.
- The revelation of Ananda through that.

This practice will induce intuition.

Karmayogi says after consecration of anything – a thought raises based on our own knowledge, prejudices, opinions, preferences and experience . If we consecrate the moment it rises in the mind, we can see flash of thought in the subtle mind which we often miss.

The Power of Restraint in Not Revealing Work Until It Is Done

Restraint in revealing the work until it is done, solidifies, expands it, attracting good fortune in connection with it. On the other hand, revealing the work before it is done because of an inability to control one's self, one's compulsive need to share, short-circuits the work, delays or even cancels it; negating its potential positive effect.

An Example: Garry Jacobs has written this outstanding novel called 'The Book.' There is nothing in the world like it, melding profound wisdom in an adventure story related to society's evolution. It is astounding detailed, like 10 novels in one. Why do I mention it? I had been interacting with him regularly for years, including during the period 2008-9. One day I found out that he had written this 600 page extremely detailed novel. He had never even mentioned it to me, or to anyone else, but one or two people for proofing. But there it was completed before me. He had held back all pronouncements about it, including his enthusiasm and buried himself in the work, producing a masterpiece of untold proportions. He was able to contain any vital urge to broadcast, and had created the fictional masterpiece of our time; a superjourney portraying an evolving group of individuals in an organization who had created an ultimate expert system that could solve any problem in the world (which it did in abundance), based on the infinite-like inner wisdom of Sri Aurobindo, the Mother, and Karmayogi. That is the power of restraint to produce infinite-like results out of thin air.

Synchronicities and Birth of Supramental Life

Experiencing synchronicities everywhere. It's the birth of the supramental life.

RK: yes mainly seeing it slowly reducing the distance i have between inner and outer happenings and correspondence.

Attracting the Market through Inner Methods

Hold tight to your core beliefs, work silently to accomplish the work, perfect it to a tee, do not broadcast or boast of developments, consecrate it at all points, and if you do life will come to you without the slightest outer effort to seek markets or followers. The inner will determine, attract, manifest the outer.

Common Men is Driven by Money, Power, Social Status

Money, power and social status is what drives most men to act. Only a tiny minority respects values more than the lure of money and Power. (N. Ashokan MSS)

Connecting to the Spiritual Force at Pauses

At any pause in your activities, try to get in touch with the invisible Spiritual Force that is in the atmosphere. Silence will descend and life will cooperate from various quarters.

Meaning of Feeling Overwhelmed

A feeling of being overwhelmed is your indicator that you are denying yourself access to all manner of cooperation that could assist you if you were not disallowing them. (Abraham)

Comment: Yes, being closed, fixed in one's way, not nimble to embrace the new causes one to feel overwhelmed by abundant circumstance, instead of being infinitely energized.

America Adopting Socialistic Values

America is one by one adopting socialistic, human-centered values while remaining essentially a capitalistic economy, mirroring what is occurring in Scandinavia and elsewhere.

Greater Knowledge and Skills Addresses Global Economic Issues

Greater knowledge and skills acquired through various forms of education is a critical solution to most of the economic issues facing the world.

Beyond Social Status to Self-Givingness

Above all things we seek social recognition through our work. Yet the evolved individual seeks no such thing. He only tries to be of service, to help and benefit others through his highest values. Ironically by doing so he gains the deep respect and recognition of others. E.g. Karmayogi seeks no social recognition, but through his profound knowledge and self-givingness elicits ultimate admiration from his followers. In this light, we can do the same. It is an approach of humility and silence; a kind of anonymity and disappearance into our highest values and deepest self.

Breakdown in Health Before Big Accomplishment

Often before big positive development or change there is a breakdown in one's health, such as onset of flu.

Vision of a Living Business Organization

One can imagine the Living Business Organization as a clear, crystalline 3d globe, in which people, customers, products and services, market, structure, activities, projects, finances, etc. are dynamically interrelated, pulsing with energy, producing infinite-like results resulting in ecstatic joy for all. When you zoom into any part of this business entity you see its dynamic interrelationship with other parts, sparkling with creative energies, always manifesting the fresh and new. This institution, personified as a globe of ever-expanding consciousness and force, also touches the society around it, energizing it as well.

At the core of the Living Business Organization are its deepest values and beliefs; its soul and psychic center, which is nowhere and everywhere, permeating all aspects of its being. It is the secret Source and Purpose of things that makes all aspects of this Living Organization pulsate with life. It is what generates aspiration, will, energy, vision, knowledge, perfection in this dynamic, infinitely growing entity.

It is the soul of this Being; mirroring the soul of all things in the world, even the cosmos. It is a formation of conscious force expanding in the world, constantly revealing itself and experienced as never-ending progress and joy.

Further comment: Sri Karmayogi has described in detail in various places the concept of the Living Organization. He in essence is describing what an organization like a business can ultimately become. The above statement of mine is but one way of visualizing and conceptualizing his various profound ideas on the subject.

By the way, this same visualized conception also applies to the individual; what Sri Karmayogi calls the "True Spiritual Individual." And the two can intersect:

"Man is really a spiritual Individual in quest of a living organization. Organization is an arrangement to get work done. Such organizations are physical, vital, mental and are known to dry up, be fixed, or even dead. A living organization is a spiritual organization which will stay fresh forever to accomplish any work he undertakes. A spiritual Individual is fashioned by a living organization. He functions through a living organization. Any organization he functions through becomes living. Spirit cannot become fixed or dry. A living organization becomes an organism whose organizations modify themselves according to requirement. It is due to harmony, mutuality and unity. Unity with all, harmony with the member one is dealing with, mutuality is the principle of relationship." (Sri Karmayogi)

Organisation and Coordination Evokes Sprit of Time

Organising Time in work evokes a higher Spirit of Time. Time in one work that honours Time in another work is co-ordination. Co-ordination extended all over the company evokes the Spirit of Time of your company. (Sri Karmayogi)

Comment: Spirit of Time overcomes limits of time; even evoking life response that eliminates the wait and extended duration of time.

Punctuality Abridges Time and Attracts Abundance Prosperity

Punctuality at all levels of a company that co-ordinates work is the highest Spirit of Company Time. Work done in an average company in 6 1/2 days' time with pride can be done in a company that employs punctuality all over in half a day, a saving of Time which is money. Here is a 13 fold savings. Any company that resorts to punctuality with full understanding and commitment will increase its profits five or six times, as Time will be saved to that extent.

Consecration Can Change the Negative Habitual Behaviour of Others

From within through consecration we can change the negative habitual behavior of others.

Example: every time a man got together with a friend, the friend was late. He had been habitually unpunctual for 30 years. One day the man decided to consecrate their upcoming get together at a restaurant. When he arrived he realized that in fact HE HIMSELF was late, as his friend had arrived on time for the first time in all the years he had known him. Moreover, a startling, almost miraculous-like set of circumstance were revealed by the friend during the remainder of their get-together. That is the power of the spiritual Force to overcome the negative behavior of others -- in this case, the virulent, repeating tardiness of a long-time friend.

Organization and Integration

ORGANIZATION: the parts, their functioning related to other parts in sequence or work significance to complete the work is organization. ...INTEGRATION: through integration an organization matures into an organism. Each part in its existence and functioning is directly or indirectly related to every other part and to the whole. This interrelation is known to be integration. (Sri Karmayogi)

Comment: (I would add that Integration is the supramental view of the ultimate possibility of a business. The question then becomes how each part of a company can be made to directly or indirectly be related to every other part and the whole. This an ultimate challenge for building the ultimate living organization. The Vital Corporation gives a number of examples of companies that have done so.

Sincere Decision Need Not Physical Action

Even a sincere DECISION to act, without actually taking ANY outer action can quickly attract that which you seek or something otherwise beneficial.

Rain is Grace

Rain is Grace. Sri Karmayogi provides me with future direction last night and rain suddenly occurs here this morning after long dry spell. He brings Grace to everyone he touches.

When Good Individuals Suffer

In 'The Count of Monte Cristo' a very good man is duped due to his naiveté, and sent to prison in isolation for years. He then learns the keys to life from a priest, also incarcerated, escapes the prison, finds a vast treasure and becomes the richest and most powerful man in France. By coming to terms with his weakness, life responds, drawing the priest, and then the will and way to escape, that takes him to a treasure and as a result a much much higher station in life, influencing many. Sometimes a Good man has this sort of fate, especially if his soul and being is open to further progress.

Additional: Good individuals often suffer because they are often psychologically weak. Goodness and weakness frequently come together in people. Naiveté is one form of weakness, as is cowering before others, a feeling of powerlessness, an acute shyness, a willingness to be under the thumb of others, an inability to present one's rightful position, etc. Many of these people are considered nice, even sweet and giving. And yet they are also weak, which can attract the negative as in the case of the naïve Count. Even a divine being will suffer. Karmayogi has suffered. On the other side of that suffering is the greatest possibility of upward movement. It is often caused by the unconsciousness and darkness of outside forces. Yet they appear in our lives, and for some deeper purpose. The Reality has placed it before us as part of our growth. Yet it is also true that taking to spiritual consciousness will tend to avoid much of this suffering, depending on the level of one's openness, receptivity, and spiritual sincerity.

Play of Life

Life often seems illogical, moving haphazardly in one direction or another. We see good people suffer, and villains thrive. It then shifts, and works the other way; twisting and turning on the way to some fathomable or unfathomable resolution.

It's all a great Play of Life. What is called "Lila" in Sanskrit. I.e. the Divine Reality is the player, the play, and the field; and He enjoys the Dance, even if it goes in all sorts of directions and confounds the human mind. It all may seem illogical, but that is His prerogative. He is free to be anything He wishes to be. After all, He is working to solve many problems simultaneously, though for Him it is mere Joy in the expressions of his multi-faceted nature in the Dance of Life.

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Reader: Sir If the world is lila then why we need liberation or why do we aspire god, light, freedom and immortality, can we take life as like that why do we see life response why do we think about karma why do we think about values in life?

--

Response: The world does not perceive Lila, the Play of Life. Lila is however perceived by the Divine Reality. He is above all conceptions, positive or negative, big and small, smart and stupid, helpful and harmful, etc. as he sees all as necessary in the Divine Play. And yet we as humans have infinite scope to attain all of the positives of existence, without the problems. This is our purpose and destiny, as willed by that same Source consciousness. This is what we should aspire for in our lives if we wish to grow and remain on the spiritual path. And yet from an ultimate perspective, Supermind, Truth Consciousness, which is essentially similar to the Divine view of Itself, we see that everything serves the purpose of the Evolution -- the good and bad, the small and large, the painful and pleasurable, etc. -- i.e. the Play of Life, Lila -- even as we aspire to get there through the very highest, most positive means.

Universe Accepts Both Good and Bad

The universe is not moral, but amoral; accepting both the good and the bad, and responding to whichever Force is stronger.

On Punctuality

Punctuality is not just being on time, but doing everything in a timely manner, as required by life.

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Reader: Ok. Think Punctuality is a Concept of Mind. (Time, space, business, Is Irrelevant Here)

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Response: Yes, it is a human value of the mind. Human values can be thought of subsets or recombinations of spiritual values. E.g. punctuality is a human value, and can be seen as a combination of the spiritual values of Timelessness and perhaps Infinity. Both come from Sat-chit-ananda, the first step the Divine takes towards creation, which is also the source of spiritual values ("Real Ideas"), which then descend and are captured by man as human values like tolerance, openness, individuality, honesty, and many dozen others. Spiritual values include Peace, Harmony, Knowledge, Truth, Goodness, Power, Beauty, Love, Joy, Infinity, Timelessness, etc. This is the view of Sri Aurobindo and Sri Karmayogi.

Praying for Capacity than the Result

Instead of asking the Divine for more money, ask for greater capacity to earn.

On Selfish Moments

Our moment to moment selfishness knows no bounds.

Additional: If we are on the path of personal or spiritual growth, we can catch it at least half dozen times a day.

Supramental Force and Our Ignorance

The Divine has descended into this world, especially since 1956 when the Mother opened the gates to the Supramental Force. Unfortunately, we have been oblivious to that fact, and have done everything in our power to avoid Him.

Higher Consciousness Attracts Positive Response

Higher consciousness interaction with our spouse or significant other is a powerful way to overcome our selfishness, as the scope for it - not to mention ego, dominating, and complaining - is vast! Thus a yoga of "interacting with our partner" is a powerful means of becoming aware of and overcoming our deficiencies, which we can then apply to other areas of our lives, including work. As a result, not only will our relationships improve dramatically, but we will tend to attract positive response from life, eliciting non-stop, never-ending Joy.

Punctuality and Other Spiritual Values

Human values can be thought of subsets or recombinations of spiritual values. E.g. Punctuality is a human value, and can be seen as a combination of the spiritual values of Timelessness and perhaps Infinity. Both come from Sat-chit-ananda, the first step the Divine takes towards creation, which is also the source of spiritual values ("Real Ideas"), which then descend and are captured by man as human values like tolerance, openness, individuality, honesty, and many dozen others. Spiritual values include Peace, Harmony, Knowledge, Truth, Goodness, Power, Beauty, Love, Joy, Infinity, Timelessness, etc. This is the view of Sri Aurobindo and Sri Karmayogi.

Additional: Eventually Sri Aurobindo gives us a fuller array of cosmic determines, including Timelessness, Eternity, Infinity, Silence, Harmony, Truth, Knowledge, Goodness, Power, Creativity, Beauty, Love, and Delight. Some come right out of an aspect of Satchitananda, such as Timelessness, Eternity, and Infinity coming out of Sat (which are expressions of Sat), while others like Goodness come out of a recombinations of items. (In the case of Goodness, it is the determinant of Truth interacting with the Chit (Consciousness) that creates it.)

The Divine Mother and Human Nature

The Divine Mother Knows and Guides all.

We however are lost in the Mystery.

And yet we can bridge the gap between these two realms through our sincere, intense, never-ending Faith.

Finite Opens to the Infinite

It is how we relate to the little things psychologically that make the big things possible; that attract them.

E.g. if instead of complaining about my job, I decide to do the current work happily, the next day I discover that an opportunity of a lifetime has presented itself. Thus the finite is an opening to the infinite.

On Sri Aurobindo's Yoga

Adoring the Guru is not the aim of Sri Aurobindo's yoga. Rather it is to experience the spirit in all facets: to Surrender to Her Force, which guide our lives and sets right life's conditions, while transmuting all parts of our being - mental, vital, and physical, - ushering in a new type of Spiritual Individual, culminating in Divine life and existence on earth.

On Aspiration for the Divine

Our Aspiration for the Divine to enter our lives is the starting point of Conscious Evolution; of Sri Aurobindo's Integral Yoga.

On the Work of The Divine Mother

The Divine Mother brings the absolute consciousness of the Father to the world as fresh forces and forms.

On Sri Aurobindo and the Mother

Sri Aurobindo and the Mother are beyond avatars, as they are direct manifestations of the infinity, stability, and cosmic ideas of the Supreme (Him), and the creative Power and Force to make them real in the world (Her).

The Festival of Lights

Good morning! It's the festival of Light: Christmas is the festival of the return of the Light – it's much older than Christianity! – when the days were beginning to grow longer (She laughs). (The Mother, December 25, 1971)

Comment: Yes, -21st of December is the winter solstice, where a good part of the earth is tilted furthest from the sun, and there is more darkness and shortest daylight of the year. Thus there is now the beginning of a return to the light of days with increasingly longer illumination from the sun. It is therefore also a symbol of a New Dawn, a New Beginning, a return to the Light of consciousness and being. In addition, January 1 is celebrated as the New Year, but the solstice of -Dec 21 is the true beginning of the year, the deeper truth known scientifically and spiritually long before Christmas ever existed. This is the universal truth behind the holiday season.

On Christmas Story

Regarding Christmas, I'll tell you a curious story.

For a while, there was a Muslim girl close to me (not a believer, but her origins were Muslim; in other words, she wasn't at all Christian) who had a special fondness for Santa Claus! She had seen pictures of him, read some books, etc. Then one year while she was here, she got it into her head that Santa Claus had to bring me something. 'He has to bring you something for Christmas,' she told me.

'Try,' I replied.

I don't know what all she did, but she prayed to him to bring me money. She fixed a certain sum. And on Christmas Eve, exactly this sum was given to me! And it was a large sum, several thousand rupees. Exactly the amount she had specified. And it came on that very day in quite an unexpected way.

I found it very interesting. (The Mother, from Agenda, December 20, 1960)

Comment: This sort of thing often happened to Mother, where money would come at the very last possible moment to overcome a money deficiency. While others around her thought it was hopeless that money would arrive in these circumstance (eg to pay off huge debts or receive due funds to run the huge ashram), She had deep faith, and things would arrive just at the very last moment, as in the above Christmas-related true incident.

Cleanliness Evoke Life Response

A messy area formerly ignored, now cleaned can evoke instantaneous miraculousness. Eg after a minor accident that left a cup shattered on the floor, a man noticed how filthy the floor was and decided to clean it up there and then, not waiting for the maid to arrive. Within a minute of completing that task his friend came over to him and showed him through her phone that a very important, large payment, not expected for a day or two had suddenly and most unexpectedly arrived early. It was a joyous experience for both, occurring on Christmas Eve, and indicating once again the overwhelming power of higher levels of cleanliness to evoke good fortune, often related to money.

Our Deeper Consciousness Decides the Surface

What manifests positively or negatively on the surface originates in the depths of our being where there is a deeper purpose at work to bring about our further growth and ascent.

Joy In Creation

Joy/Bliss is the fundamental state of the Divine itself. And He wishes us to have that same Joy in creation, each person in his own way; each when we discover our higher nature, culminating in discovering our True Self and Soul, one's Divine being within, mirroring and emulating the Supreme himself, now extending His Original Joy, Bliss through our own individuality and uniqueness.

On Silent Will and Non-Initiative Attitude

Silent will and non-initiative are the best way to move from the ego to the psychic. (Garry Jacobs of MSS)

Comment: Comment: When we explain what we believe or want, it is in essence an expression of an ego urge and movement. Silent Will is refraining from speaking out what is on our mind, causing another to speak it out. It is not or much less of an ego movement.

Taking an initiative is really an ego movement as well, as we are asserting our own compulsion to accomplish something. However, not initiating and instead only moving based on the compulsion of Life or Mother or both is not an ego movement, but one of being in harmony with the universal and divine rhythm and will.

Any movement away from ego is a movement to our True Self (instead of our egoistic false self). The psychic being is our True Self; our evolving entity and being within that is the expression of the Divine Spirit in our lives.

(Continuous Consecration puts us in right rhythm with taking to both Silent Will and Initiating only through Life's/Divine's compulsion, not our own.)

Inner Moves the Outer

Shedding an obsession about another's alleged wanting behavior, skill, attitude, knowledge etc. causes one to quickly experience the opposite quality from that individual.

Eg a man thought that a colleague of his did not respond to the issue at end, going off on wild, non-related tangents. He began to obsess about this one night, but then caught himself and said to himself

"enough is enough; I will not obsess about this anymore!" When he then read the most recent statement of the colleague, he realized it was perfectly in accord with the issue at hand. In fact, it took the issue to a much deeper level!

Perceiving the Totality of Truth

We make so many assumptions about other people and situations and circumstance that prove to be very limited, often wrong. We are blinded by what we see and hear, by our limited opinions of things, by our wanting attitudes, and by our fixed worldview and beliefs. This is our normal state: what Sri Aurobindo calls our "essential Ignorance."

This is opposite to the Integral Knowledge of things, where we perceive the many and essential truths related to any person, place, or thing. This is attained when we rise above sense mind to rational mind, and beyond that to mind steeped in silence, to intuition of knowledge directly without thought, to bursting of light of wisdom, to supramental (truth) consciousness where all is known that need be known in an instant, with the added power that it tends to manifest as real in the world.

This is the journey from Ignorance to Knowledge that awaits humanity; that Sri Aurobindo suggested is our evolutionary destiny.

If this is so, then how can we make it real? As we grow in consciousness, we move deeper within, culminating in soul, which causes our minds to soars, enabling us to scale the spiritual heights where all is known, and where all that is known automatically has a tendency and will and power to become real in the world.

This process accelerates as we increasingly offer situations and circumstance to the spiritual Force; -- i.e. engage in the act of Consecration. This dislodges us from the surface of things to a deeper poise within, enabling our minds to scale the spiritual heights, allowing us to see the true, multifaceted, infinite-like nature of Reality.

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Reader: This is how misunderstanding is created in relationship with people.

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Comment: Very true.

Our Ignorant Limitations

What is it that keeps us in the Ignorance, as opposed to having the multi-sided Integral Knowledge of any person, place, or thing? It is-

- the limits of how Mind functions
- the limits of how Ego dominates
- our limited view of Time and Space
- our Finite view of what is possible

Mind, Ego, Time, Finite are overcome when we open ourselves to the spiritual Force, the Mother, and engage in a lifelong process of conscious evolution and change (yoga).

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RK: Life Divine says - The origin of Ignorance is the point of separation from Supermind. In practical we can say it is point of our distance from Mother.

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Response: Thank you! Supermind has all, integrated knowledge of a matter and thing, and a propensity for it to manifest in life. Ignorance is the opposite of that. It is the normal human state of radical incapacity of access to knowledge and truth, countering Integral Knowledge of Supermind (truth consciousness). The goal of evolution is a movement from limited mind to Supermind; from our essential ignorance born of creation to integral truth and power in life. It is facilitated by surrender to the Force, Mother.

Soul's Aspiration Decides Our Life Span

People who live longer have a continued urge and will to be, a willful intention, a meaning and purpose for existing deep into old age; plus good genes from others who had some of those same qualities in their lives. At a deeper level, it is their Soul's aspiration to carry on into old age in this life in order learn new lessons in Its cosmic journey through time spanning multiple births/lives.

Surrender Shifts from Ignorant View to Supramental View

Supermind has all, integrated knowledge of a matter and thing, and a propensity for it to manifest in life. Ignorance is the opposite of that. It is the normal human state of radical incapacity of access to knowledge and truth, countering Integral Knowledge of Supermind (truth consciousness). The goal of evolution is a movement from limited mind to Supermind; from our essential ignorance born of creation to integral truth and power in life. It is facilitated by surrender to the Force, Mother.

Avoid Acting During Tiredness

When you are tired, avoid acting if you can. When your energies return, then you can act once more. Acts taken when there is energy attract positive conditions. When acted on from state of fatigue, it can attract the opposite. To move from fatigue to energy, relax the body and empty the mind. Be peaceful and happy. Now you are ready to move on, and life will be your friend.

Life Response Power of Taking Responsibility

Taking responsibility has a number of life laws. One is that one should not blame others, but instead take responsibility for the cause of the problem. One father did this when confronted with his child's elopement, not blaming her but taking personal responsibility, and quickly attracted its happy resolution from out of nowhere.

Another form of taking responsibility is not to depend on another to resolve a problem. A man had hoped that another person would help him secure an acceptable living situation in a new location, but it did not happen. Then the man took full responsibility and decided to do everything he could to earn income on his own. A few days after he made that decision and took action, his friend called with very unexpected news that he had secured a living situation for him.

Taking responsibility thus has the peculiar tendency to evoke extraordinarily important positive conditions from life.

and the process of objectification, the process of creation reveals to Man. (Sri Karmayogi)

Concentration vs. Consecration in Terms of Ultimate Time

It is by concentration that Time becomes Timeless and by consecration Simultaneous Time.

On Monetary Offerings (to MSS)

Money is a life force, even a divine force; a concentration of the original conscious force and being. When spent, circulated, etc, money has a propensity to benefit and elevate the person, community, society etc. Money given for the divine enhances these in an even more significant way, in that it creates spiritual benefits all around, such as harmony, power, timelessness, joy, etc. for individuals and among collectives. It is the life force directed by the spiritual force for divine-like results. Since MSS leaders align themselves with Mother's Force, the money coming enables infinitely creative, fresh, and dynamic opportunities and outcomes all around. For the individual it is an urge and offering to receive blessing in his life as well as to participate in something higher to further the work of divinizing all aspects of life for various undertakings, projects etc.

Thoughts from Sri Karmayogi:

Offerings are made not because the Divine needs money, but man needs to offer his own to the Divine. To offer money to The Mother because She needs it is SERVICE, not offering.

Offering of money when given and received from the depths is an act of pure Love of the soul for the Soul.

To give is to receive. To receive is to give. Offering is to receive blessings.

The Spiritual Individual

Both Sri Aurobindo and Sri Karmayogi indicate that one can become the Spiritual Individual by taking to Integral Yoga, which is to surrender ourselves, our lives, our very purpose to the Divine Being and Its Will - for us devotees the Divine Mother - which strengthens the Psychic connection and Its Ultimate Individualistic influences that guide our aspiration and action. That Guide also constantly monitors us, preventing us from expressing wanting qualities, attitudes, and behavior in the yogic process.

In addition, the Psychic Influence of the Spiritual Individual has a universal and transcendent aspect. I.e. the Psychic Guide is indicating what actions one can advocate for the world, for society, to improve them in a great way from within. Thus through spirit-based Individuality, you are releasing energies, advocating projects, works that have power to change the world. This is e.g. what I have seen from Sri Karmayogi for many decades; in his teachings, his programs, associations, his subtle influence that has in certain areas influenced the course of world progress and events.

And then there is the fact such universal power and activity is actually fulfilling the Transcendent, the Divine Intent behind it.

Note that in a way the Spiritual Individual (#5 in our scheme) is similar to the True Individual/Personality (#4) in that in both one can render great works, great service to society; except for the Spiritual Individual the cues are from Self that has surrendered to the Infinite Consciousness, the Divine Mother, and Her Will in the world. Here the progress one initiates inside for society is not just material, but spiritual - i.e. to bring forth the spiritual dimension in the details of life, furthering the Evolution. It's the work of the Avatar or similar, who is in essence a realized Spiritual Individual.



2014 ENTRIES

Sri Karmayogi's Subtle Insights and Principles

Knowing Sri Karmayogi's subtle insights and principles of life and applying it to the world around us makes it relatively easy to predict the future. Only caveat is to keep the ego in check.

Reader: What are these subtle insights and principles?

Response: It is most of the hundreds of entries I have been making in Facebook over these last few years.

Reader: I collect positive results by using his entries and applying them in life.

Reader: I had felt Roy Sir is giving Karmayogi's messages and also tailor made for me (may be my own perception). But it gives a boost and Roy Sir gets such messages by touching Karmayogi's consciousness and Karmayogi too willingly coming forward to give these messages. A sincere American and a Dynamic Indian are working every day to make our Life Divine or life next.

Love at the Heart of Creation

People know of love in their families and relationships. People even know of higher love emanating from their spiritual teachers - like Krishna, Mother, Jesus, etc. But to know that Love is at the heart of creation is at another level still. Mother had an experience where each wave of creation of the universe from a Divine Source was perceived as an overwhelming pulsation of Love. It was one of the great experiences of Her life.

Supramental Power to Perceive the Reality

By opening to Mother we gain Supramental mind power to perceive the utility and purpose of each thing in the play of life (Lila). Thanks to NR

Taking Another's View is the Supramental View of the Whole & Power of Manifestation

A cardinal rule of Sri Karmayogi is to take the other man's point of view. He says it is a movement toward the Whole of a matter, as it goes beyond our own view which is of the part. It is in essence the supramental view beyond our own limited mental perception. It also should be noted that any supramental perception or experience is accompanied by the tendency for it to manifest as real in the world. Thus taking another's viewpoint has positive life response evoking power built in. So why not try out this powerful inner spiritual technique today and experience the profundity of Sri Karmayogi's marvelous method.

Taking Another's Position Attracts Your Intention

If a difference of opinion arises with another and you consecrate the matter while taking the other person's point of view, the other person will tend to suddenly take your position, which will benefit you with absolute precision down to the smallest detail, to the penny, etc.

Example: A man had been staying at a motel for three weeks, and had no difficulties in making payments for each night. Now the boss appeared, and he seemed to want to raise the rate. The man felt an impending confrontation with the boss. The man then caught himself, consecrated the matter offering it to the spiritual Force, and also decided to take the boss's point of view no matter what. Instantly the boss gave the same rate that the man had been charged previously down to the penny, and exhibited a softness in his manner that he ordinarily did not demonstrate.

Reader: When in family especially on property matters how we can take others point of view and again if it is going to happen in a landlord and social standing family how things are going to be right because the family members are all highly value based people but cannot understand mother's values please guide me sir

Response: It doesn't matter if other party is completely wrong, or has lesser understanding. By taking their point of view, you move out of ego, which causes others to suddenly come around to your position, or something else unexpectedly positive will occur. It is engaging supramental power (Mother's Force) that always rewards the highest consciousness of the players. It supersedes common sense.

The English, French, and Americans

The French are an idealistic people, and that is why Mother said they could take to spirit. However, they have to give up their indulgences (wine, women, song, and weakness). The British are not idealistic so much as practical. They ruled a great Empire, and helped save the world from tyranny, but as mental beings never took up Spirit, so they are out of the evolutionary picture. Forty years ago Mother said that the next burst of opening would happen in America, and it did in the 60s and 70s, and again now through Silicon Valley and technology. But beyond individuality, military power, and prosperity does she have other higher values to contribute anymore to the world? The Indians have their own spiritual values buried deep down that are the profoundest on earth. No wonder why she can become the guru of the world. First however they must come out of poverty and achieve a modicum of prosperity.

Further comment: I was watching Les Miserables by Victor Hugo that triggered these thoughts.

First Generation out of Poverty and Obesity

Karmayogi indicates that the first generation coming out of poverty turns to eating (which had been denied) and therefore obesity, including diabetes issuing from it. In America we have seen it recently in the Latino community. I saw it too in the previous generation of my family, as well with a number of their friends.

Power of Taking Responsibility Inside

Moving from focus on outer circumstance -- social, economic, business, etc. -- to taking personal responsibility for your life releases a power that quickly attracts the miraculous.

Avoid Gleeful Verbalization After Success

When you have overcome a great obstacle and have attained what you had hoped for, avoid gleefully telling it to the world, as you will invite trouble, such as part of what is new suddenly going wrong. Best to keep things under one's hat till things are well sorted out.

Original Thinking

There are thinkers and then there are Original Thinkers. Thinkers use logic of rational mind to think and arrive at new understanding and insights. Original Thinkers go beyond mind proper and garner not only insights but intuitions of knowledge without thought. They come up with ideas, principles, methods, etc. that have never existed before on earth. Sri Karmayogi is an original thinker. Since he is aligned with Mother, he thinks rationally, but also supra-rationally through intuition and supramental perception, where all is known in a flash inside. Sri Aurobindo wrote his great treatise on the spiritual origins and evolution of life -- 'The Life Divine' -- through spiritualized mind of light, intuition, universality, and supramentality. He did the same in unleashing the vast creativity and cosmic beauty in his epic 700 page spiritual poem 'Savitri.'

Power of Consecrating a Failing System

When a system is failing, such as a computer, consecrate it to Mother (the supramental Force in the atmosphere), and in no time after a few token actions it will be completely revived. It also works for the human system, including our physical body, our level of knowledge, our psychological status, our

relationship with others, and so forth. We can consecrate their problems in order to rectify them or to otherwise make them whole.

Thought and Manifestation

Manifestations come on the heels of what you've conjured in thought. (Abraham)

Further comment: An Indian woman once wrote to me elliptically: "Whatever is in the Mind comes out." (It is a great spiritual truth known there for a very long time.)

Subtle Means of Overcoming Delay

Often we wait around for people to do the things they promised. The human approach is to be anxious and do nothing. This only delays things further. The better approach is to take any actions that you can, which will attract positive condition.

A property owner promised that a kitchen stove would be fixed. The tenant waited for several days, but nothing happened. Then the tenant changed his thinking and decided to use what was available. Exactly as he was completing this, the property owner called and said he was sending over the person to fix another major problem that also had been delayed. By doing what he could the tenant attracted the positive result within 1 minute of completing his action. Life responds to taking action where we can, which tends to overcome delays of time.

Challenge of Moving To the Next Level

If you want to move to the next level, which let's say is a much higher than the current one, then best to make sure that all is well at the lower plane. Let's say you see the opportunity for a big deal involving several parties which you are responsible for organizing. That deal would establish a great new organization of which you too would significantly profit. However, if among the partners you have in the past felt resentment or there are any other untoward feelings or forms of unresolved business, then the larger deal will not come together.

Therefore all needs to be harmonic, resolved, perfected, etc. at the current plane of any matter in order for one to move to a significantly higher level. Psychological reversals of wanting attitudes and beliefs can make all the difference, meaning that this is a great opportunity to rise in consciousness and thereby meet the opportunity.

RK: Karmayogi gives a simple example on saturating the previous plane. Take an act of negotiating to buy or sell something. He says, "Instead of becoming engrossed in bargaining, go inside yourself, examine the earlier negotiations that failed and identify the reasons for failure. Avoid those errors now, or at least decide to avoid them now. During the next negotiation, you will be conscious of your failures and the chance of failure will become less". This is evolution in consciousness.

Particularly Karmayogi asks us to see our prejudices, convictions and opinions which are bound to express sometime later in our actions that spoils the higher plane we are moving.

This can also said as evoking the inner knowledge and discovering the potential in ourselves, rather than waiting years for it to emerge as experience based knowledge to outer actuality is knowledge coming out of ignorance- which is yoga.

When we shed ego, the higher consciousness in us surrenders the falsehood of the lower consciousness. (MSS)

Planes of Ego and Detaching from Them

The ego consists of physical, vital, mental and spiritual parts and each part consists of many strands, opinions, beliefs, attitudes, sentiments, urges, desires, habits, etc. Each time we detach from or reject one of these strands we are moving away from that element of ego. Each time we consecrate one of those strands, we are surrendering it to Mother. (MSS)

An example: Take Mr. Darcy's pride and arrogance in *Pride and Prejudice*. Mentally he perceives the dignity and refinement of the upper class, and the gross qualities of those under. But then it becomes a fixed, hardened attitude that lodges in his vital being, even his physical. The way out is for him to mentally acknowledge the deficiency, pushed forward by his higher vital love for Eliza. He then makes

the decision to change, which is a mental act backed by his vital will, which is achieved as a personal growth, which can be considered spiritual in nature.

Strength of Substance Beyond Consciousness

Ramesh Kumar describes how moving from Consciousness to SUBSTANCE at the physical, vital, mental, and spiritual levels creates ultimate Strength, and therefore ultimate power, success, peace, joy, etc. (You can think of Substance as the form or formation where consciousness more fully gathers in one's being.)

"Strength gives peace - but it depends on how much strength he has in his being.

Based on Sri Karmayogi's teachings I envisage as follows:

We know we have physical, vital, mental, spiritual parts. Being can be said as person + personality. As being is split into two all others too have two layers – 1) Consciousness and 2) Substance. Strength can give peace when it is from substance.

For example, if a trader accomplishes based on some strength in all parts – that is in consciousness - he will continue to expand his sales till he becomes the number one in his trade in his town. Consciousness has the power to take you to the limits of your trade and to the borders of your town. There it stops. Beyond this consciousness does not have power. Substance has greater power. When one who has strength in his substance becomes the number one trader (e.g. textile shop) in his town, he has the capacity to move up either to a bigger town or to becoming a wholesaler.

How is consciousness different from substance? Simply consciousness is on the surface, substance lies deeper. In the mental plane mind belongs to the consciousness; brain, belongs to substance,. In the emotional plane, consciousness lies in the vital, substance lies in the nerves. In Matter it is physical consciousness and substance is body.

In Physical:

If his nonstop work beyond 12 hours is strength in consciousness as his hard work - if it is extended beyond 18 or 20 hours with the same physical energy it gives peace to the body with over flowing joy. It means the element of willingness has entered into substance.

In Vital:

Readiness to give up likes and dislikes in preference to work is the first condition of strength. The more you come forward to reverse your dislikes and do the very opposite, the greater will be the peace which means that you have got that in substance. Doing the opposite of your dislikes, your family's tradition and human preference sends the strength of consciousness to the substance in the nerves. The indication of peace is -increasing pleasant human relationships, particularly rivals and enemies turning friends.

In Mental:

Willingness to exert the mind to understand more of the work we are doing is consciousness. Knowing the work point of view and other man's point of view is the substance.

In Spiritual:

Spiritual consciousness is all-pervasive. Its seat is the soul, self or Spirit inside. The substance is in the seat. Truth, Consciousness, Force, Will, Bliss, Delight, Knowledge, Beauty, Love, Joy, Power, Infinity, Eternity, Immortality, Light are its aspects. Silence and Peace are its central aspects. When a work is done or we read, speak, think, if Silence or Peace descends we are doing it spiritually. So also for other aspects. In speaking if we become more and more truthful, by being frank and factual we grow into spirit.

In Personality:

The whole being carries OUR CONSCIOUSNESS. Its substance lies in our body, nerves and brain. Calm, quiet, stillness, absence of restlessness, passivity, motionlessness, patience, equality are the attributes of BEING. In work if we endeavour to be calm or patient etc., strength in the consciousness of being collects. When it goes down deeper still, we feel like a rock. Then it touches the substance."

Substance vs. Consciousness

Making a positive choice, he makes a progress in consciousness unaccompanied by a similar progress in his substance. In life, it is for him to cling to the higher opportunity and fill up the substance.

- Humanity may cover only the consciousness excluding its substance which is earth.
- Home is the consciousness, the house is the substance.
- The ideal is the consciousness, the organization is the substance.
- The highest work of reason is to find the one substance, the one law, the cementing latest reality connecting and unifying the many, the different, the discordant and disparate.
- Moving from thought to mind, it is vast. Rising to Silence, Light, and Knowledge, it is more and more subtle and more powerful. Descending into the vital, the physical and further reaching the substance, Mind becomes profound, whole, mighty and discovers itself as the Absolute dissolving itself in the Process.
- The outer atmosphere is like a cloud. The inner atmosphere is like a flood. Beyond is the substance of the person.
- If the atmosphere is undisturbed and calm even without a mental effort on your part, it means your substance is calm.
- One has touched the substance if nothing in him moves.

Movement at any plane from consciousness to substance (where the consciousness gathers in form) instantaneously attracts. Substance in the vital is sensation.

Examples presented by Sri Karmayogi:

- [In *Pride and Prejudice*] Pemberley possessed her [Eliza's] feeling with a deeper appreciation. That feeling having reached her substance, evoked the Response of bringing the owner [Darcy] to meet her.
- The change accomplished by Elizabeth [in *Pride and Prejudice*] is from the vital to the mental, by Darcy from mental revulsion to vital acceptance. It [the shift in consciousness] was not enough for life. It needs to be repeated in the substance of the vital so as to be permanent. Lydia [and the elopement] completes it. [It causes them to change forever.]

On Substance

My (RK) understanding of substance:

- Substance is consciousness experiencing itself as OBJECT.
- As the consciousness varies, so does the substance.
- Substance takes on multiple expressions from matter to spirit.
- There is an ascent amongst the planes from gross substance (of matter) to pure spirit substance.
- As we move from matter to spirit, substance changes from gross to subtle.
- As we move from matter to spirit, the consciousness rises, and the substance becomes less gross/material and more subtle.
- The physical plane is dense in substance (and has little consciousness); vital substance is less dense, more subtle, with more consciousness; mind substance is less dense still, even more subtle, with even more consciousness; spiritual is the most subtle of all, culminating in being causal. It is ultimate consciousness.
- The substance of matter is the physical density of atoms.
- The substance of the vital is sensation.
- The consciousness of mind is knowledge; the substance of mind is a thought or thought wave.

Substance and Life Response

- Life responds when there is a rise in consciousness (an ascent) at a plane(s); but it responds the most when there is also a descent of that consciousness into the substance of that plane(s).
- When Eliza saw the Pemberley mansion of Mr. Darcy in *Pride and Prejudice*, the vital emotional shift she had towards him descended into the substance of sensation, making the conversion complete, which instantly attracted the love of her life and husband to be, Mr. Darcy.

Who Sri Aurobindo, Mother Prayed to

Q: We know Bhagawan and Mother to be divine. Still they did yoga and prayed to the Divine for transformation. If they are themselves divine, then who did they pray to?

A: Sri Aurobindo did not pray to anyone. He is the Lord. Mother prayed to Sri Aurobindo. In her Prayers and Meditations, She identified with the human consciousness and prayed to Her own Higher Being as Divine Mother. (MSS)

Negative As More Intense Positive

It never occurs to us that a negative is not a bad thing, but actually a more extreme form of a positive. Let me give you an example.

I was driving my car and came to an intersection near my home. Unfortunately I was unable to see the cross-traffic very well because there was a large van interfering with my view. I therefore slowly made my way into the intersection. However, just as I did, a car came speeding by. I immediately put on the breaks and the car zoomed by with no damage. However, as the driver of the other car drove through the intersection he shook his head at me as if to say I had made a big mistake. I knew I had to tread gingerly because my view was blocked, and yet I still razed the wrath of the other drive whom I almost ran into.

And yet, if we take this incident in the right light we will see that it is a cautionary tale. It is an indication that I have to be even more vigilant in the future as I approach this area. And it is also an indication that had I not learned this lesson I might have easily had a crash at the location in the future.

So the negative of that event was really a positive in disguise; a more intense form of the positive, as it has potentially saved me from a lot of grief.

Reader: Interesting that the other party preferred to highlight that you nearly made a mistake than highlight that you corrected yourself in time. A form of duality maintenance of supposed superiority.

Response: Yes, he had no knowledge of my attempt to correct. He thus reacted in part through truth (of the danger); in part through ignorance (of my attempt to do what was right). As you suggest, in a lower consciousness one is stuck in this duality. If he was calm in his being he wouldn't have reacted that way, which he was not. He did not see that his own limited consciousness attracted this or other such events. With exceptions, this is the general condition of humanity.

Reader: When we approach that sensitive area it is indicated that all senses are vigilant and in practice we will become used just like consecration arising on its own .Life indicates while driving alertness is needed and in yoga awareness about what is happening inside us is needed.

Drought "Benefit"

People say that when something very difficult and challenging occurs it is necessarily a negative thing. But is it? In 1977 California faced one of the driest in its history, a drought that would turn out to inspire a water conservation movement, along with low-flow toilets and showerheads, water-saving washing machines and dishwashers, drip irrigation and recycled water. This affected tens of millions not just locally, but around the world. Thus can we say that the water condition in 1977 was truly a negative circumstance? Rather we can say that it was a more intense positive that people at the time could not perceive. The same is occurring today in California, as the drought here may be the worst in recorded history. What new, breakthrough measures will come out of this challenging scenario, benefitting people enormously once again; not just locally, but around the world?!

Reader: God wants to remind people that no resources are always available in abundance and conservation has to be exercised even in a country of plenty as the USA

Response: Yes, very true. It is actually a global issue, that will be increasingly coming to the fore, with this event a potential harbinger of change.

Right Reaction When Things Go Wrong

We easily get upset when something does not go as intended. Often it simply means that the mind has a missing knowledge. What goes wrong does not however have to disturb us. In a mind and vital/emotional being that is calm and still, where the activity has been offered to the Mother as a consecrated act, we will be far less bothered when things go amiss. In fact, we are liable to have the

patience and presence of mind to seek out the cause of the problem, which not only can resolve it, but provide us with new knowledge we did not have before.

New Illnesses Due to New Pressures in the World Unmet by Higher Consciousness

As the pressures of life increase and the consciousness of people is not able to rise to meet these, new forms of illnesses arise.

Further comment: Mother said that the new forms of cancer and the like are of these kind. There are also new forms of nervous-oriented disease. We see that the mind is not able to keep up with the changes in the world, with the pressures put upon us, so the body falls in in new ways. It is indicating that our consciousness needs to expand beyond mind. Though being rational is certainly desired, formulating a deeper consciousness within allows our mind to expand beyond its current limits so that we are able to intuitively pull in knowledge which leads to deeper understanding and therefore better solution to resolve the problems of the world, relieving it and ourselves of the mounting strain.

Revelation of Knowledge that is Grace

Sudden bursts of revelation of knowledge are signs of Grace descending in the atmosphere.

Purpose of Evolving Soul in One's Being

Your soul has entered your body in this birth because it wants to grow. It senses that through your interests, your career, relationships, experiences, etc. it will grow, learn new lessons it itself seeks. After all, it is an Evolving Soul, just as you are evolving. Thus there is a double compulsion at work upon life entry: the soul's urge as well as your own. They are inextricably intertwined. Once it discovers and assimilates what it wants from our birth, the evolving soul leaves and enters a new body, or if it has found what it seeks, it rests. Rebirth then is our human self and our higher self's growth, evolution in consciousness – from limitation (ignorance, incapacity, etc.) to integral realization.

Shared Thought in the Atmosphere

When several individuals who are apart, not in touch, and who independently share the fact that they started thinking about the same thing though recently this subject was on no one's mind, -- whether in the form of a sudden thought, a vision, a dream, a life circumstance, or otherwise -- indicates that the matter had been circulating in the atmosphere, and was simply picked up via our inner antennae. In this way, so many of our thoughts and feelings are not truly our own, but are simply borrowed from the universal plane.

The Reality that is What Is, and What Isn't

We say "life should be ..." But life is bigger than that and also includes what "shouldn't be." Together they allow for infinite variation and possibility in preparation of a higher, more positive, more integral Reality that is sure to come.

Ego and Slavery; Spirit and Freedom

Ego is a slave to our lower nature, so in that sense we are marionette-like. Spirit on the other hand gives us total freedom to be whatever we choose, which is the opposite of being a puppet.

Integral Faith

We can have trust in the Divine, in Mother in the outcome of a challenging situation in our thoughts, but still be disturbed by this reality in our emotions, our vital being. When that is calmed and smoothed over and we feel emotionally confident there through our association with the Higher Power, we have gone from mental trust to mento-vital Faith. One stage further is where the certainty of a positive outcome to the challenging condition via Higher Consciousness moves to the substance of our body. It is where faith springs forth spontaneously as it is integrated into the very fiber of our being. This we may call Integral Faith.

Results of Willingness vs. Unwillingness to Embrace Given Conditions

When you embrace the current conditions before you, you progress. Life affords you unexpected opportunities. On the other hand, unwillingness to embrace the present conditions holds you back, and golden opportunities recede into the horizon.

Reader: When golden opportunity passed, how to attract it again?

Response: (1) By embracing fully the work before you is one way. (2) Past consecrating the missed opportunity is another. If you are avoiding doing the current work in a happy way and/or spend much time thinking about doing something else, try the first method first.

Non-Action that Accomplishes

By non-action everything can be done. (Lao Tzu)

Comment: Similarly Sri Karmayogi says: "The Power that can accomplish anything directly having no urge for action is the real Power."

Fully Accepting Current Condition

If you are on Mother's Path, fully accept your current condition with inner silence - mentally, emotionally, and physically, - so you may be fully receptive to the Force, and at the right time will be catapulted to the next highest level, inwardly or outwardly.

What the Spiritual Individual Gives Up and What He Spiritually Embraces

The spiritual individual gives up his preferences, opinions, wanting attitudes about others and life, all ego movements, repeating dead habits, and instead does his work silently, cheerfully, while continually opening to the Mother's Force. He increasingly, progressively lives from within, from his Inner Being. As a result, life continually works in his favor, cooperating from all quarters. And in that environment the one emotion he feels above all others is a continuous sense of Wonderment.

Sri Aurobindo's Experience of Existence

Sri Aurobindo experienced existence just like the Divine does. Thus He came to explain, realize, and embody all its attributes fully.

Knowing All Sides of a Person

To truly know a person we must be able to perceive all sides of his nature. Our preferences prevent us from seeing these. In developing a personal growth program we have seen that it is helpful for the individual do a self-analysis of himself one subject at a time, which will reveal various aspects of his character. If he is in the least bit sincere he will recognize his strengths and weakness of personality and make necessary adjustments. Whether he seeks to depart from his current nature depends on his aspiration and will in life. From our side we perceive others better when we too rise in consciousness -- e.g. are still inside, alert to others motives, watch for the subtle signs that reveal the other person's true nature, shed our prejudices, overcome ego, constantly monitor our thoughts and feelings, etc. etc.

US on the Cusp

Most in the US did not upgrade their skills for the new economy as they were asked to do over the last 20 years, and their wages stagnated terribly. Meanwhile all recent wealth increase since the financial crisis and ensuing near Depression has gone to the top 5%, leaving the remaining reeling beyond stagnant wages, as they are also burdened with lack of funds and saddled with debt. Tax decreases for corporations and sheltering and offshoring of money avoiding taxes further depleted the governments financial base and there has been little infrastructure development and funds for education in the nation. The unregulated financiers recklessly abused money ushering in the Great Recession. A perfect storm of problems have ensued and people are pointing in various directions to blame. The entire society has to work together to get out of the mess that has been created. Lack of cooperation among the sectors and

mindless laissez faire style capitalism need our attention. A new way out is required with people at the center, not money with its tendency for greed and indifference. The cash flushed and innovative tech companies can play a vital role in this process. We need to work together. Individuality without cooperation leads to anarchy. We are on the cusp of that, so we must work together and take serious actions soon.

Untitled

We are Divine but have forgotten the fact.

Nature, Climate, Weather

(California is facing severe drought, the worst in its history. With that in mind (I am a resident here), I am publishing here one of Sri Karmayogi's statements on evoking rain through Mother.)

Mother says the weather is under the control of some little entities. They all obey her. When children in the Ashram school pray for no rain during the games, these entities answer positively. It is a constant experience of our school children.

Indira Gandhi was in North India, touring parts that were affected by drought. A devotee was there in those parts by chance. He met the Prime Minister and told her that a prayer to Mother would bring rain. She instructed a telegram to be sent to Mother by the devotee. Rain came in copious measure in response to the prayer.

Pondicherry and its environs have never suffered the negative effects of drought. From a certain village, a group of workers were coming to an ashram factory. They complained of water scarcity in their village. The news reached Mother. Mother asked the villagers to pray. Rain descended in torrents and would not stop. Too much rain now caused a problem. News again went to Mother. She smiled and the rain stopped. Mother easily tunes herself to nature and nature responds to her readily. It is the experience of several devotees that, in answer to their prayer, several times a cyclone that was predicted to hit in the next few hours moved away. Even in cyclone-devastated areas, devotees have reported that their properties, even an advertisement board, have been left intact though surrounded by several damaged buildings.

Robert was someone who brought rain wherever he went. Even in a desert he visited, there were unprecedented rains creating a flood. Robert was fond of Sri Aurobindo's Gayatri mantra and started chanting it. The temperature reached peak levels as in dog days. It was Robert who constantly complained about the heat. When he suspected a relation between his chanting and the rising heat, he suspended the chanting. The heat came down. But the Gayatri he was chanting would not stop. It started repeating itself inside him without his initiative. The heat rose. With great effort Robert succeeded in stopping the Gayatri and maintained that control till summer passed away.

Reacting To Others Who Ill-Treat Us (prune down this item or subdivide)

Q: When our employer or relative or even a friend ill-treats us or has a tendency to be sarcastic, etc for unjustifiable reasons, the receiver develops enmity and begins to curse him internally. Does our inner curse or retort affect the other person's behavior, or should that not be done. For everyone cannot be a Gandhi.

A: Cursing or otherwise acting hostilely toward others in response to those who ill-treat us will attract additional negative circumstance back us including exacerbating the conflicting relationship with the other party.

Intensity of response to another party always strengthens the relationship we have with them: here negative.

We must see what in us attracts ill-treatment from others. Once we identify it, we can overcome it and consecrate it to Mother for it to disappear. Then the outer will respond in kind. Sometimes an outer action is required after one has identified the corresponding limitation in our being to shift conditions to the positive.

We can also learn to practice Non-reaction to others' negative expressions, which if done sincerely, and rises to the point where our thoughts and emotions do not react, then there will be an outer positive change here too.

Such conflictive circumstance are opportunities to grow. That is the purpose of problems in life.

Reader: Nice to hear sir. But it's also difficult to follow when we are unable to find the cause inside us, what to do sir?

Response: Think about it deeply.

E.g. one person was being abused by one boss after another. She then realized that she was weak as a person. She then decided to stand up to her boss. But not by confronting her, but by considering other means such as talking to higher ups. Before she mentioned her problem or solution to anyone else, another individual stepped forward and talked to higher ups about this boss on the woman's behalf. The boss was then scolded, and left soon after. It was a miracle of the inner power to change outer circumstance; in this case because she first discovered the correspondence of the problem with our inner self, and made an effort at fortitude and strength.

If one cannot see such correspondence between the outer and the inner, one can intensely consecrate the fact to the Mother asking her to reveal it. The answer will come in some form shortly after.

Reader: Fabulous, Roy. Using this type of technique, I, too, have been able to unearth some long-forgotten idea/feeling/action/attitude/or whatever that, once I recognize it, I've been able to see the connection. Releasing/consecrating it almost NEVER fails to make me feel better instantly.

I have an example: 2 years ago, in front of a produce stand in Florida, I slipped on some gravel in the parking lot, and seriously hurt my knee. The owners in the shop said, "We saw you FALL out of your truck. You didn't SLIP!" I was stunned at their reaction, and felt a flash of anger towards the people.

I vowed never to shop at that produce stand again.

I sort of put it out of my mind, but in actuality, it really did NOT entirely exit my mind. Which means it stayed within.

While I was thinking of my knee a few months ago, which still hurts (it really was a nasty little fall), my husband & I were talking about it, and he said, "Kath, do you REALLY think they were happy you slipped?"

It then occurred to me that they reacted to my fall in their parking lot out of FEAR. Fear that I might sue them or something... Not sure.

But I instantly realized that they reacted out of FEAR, and I had INVITED their reaction by MY INTERNAL reaction at the time - which was this: "I cannot BELIEVE they have this slippery stuff in their parking lot! What is WRONG with people? Don't they know someone could hurt themselves??"

Now, all this was internal, mind you... But, once I recognized it for what it was a couple of months ago, I instantly - and I mean INSTANTLY reversed my thoughts - sent prayers mentally asking them for forgiveness for my ridiculous thoughts...Also forgave myself, and offered it up to the Force/Mother.

The moment I did that, I felt relief - and even though my knee isn't really 100% better, I can tell you that it has definitely improved!

We're now back in Florida for the winter, and yes... We're still going to that produce stand where the people are as friendly as can be.

I'm sorry this is so long, Roy, but I really wanted to share it. It may only be a small example, but I hope it's helpful to someone

Response: Yes Kathy, thinking on such things from a higher consciousness perspective can be very helpful to get at the truth of things. Once you accept the truth and consecrate it, you can release many positive things and overcome negative ones.

I recall a spiritual book I went through long ago. It was called "The Knee of Listening."

Power of Values Added to Our Goals

It is important that in formulating our goals, we include the deep personal values we believe in. Steve Jobs did not just want to make computers for the masses, but he aspired that they should be friendly and easy to use. This is what he believed in, which are our values. When we add values to our goals, the latter are energized, enabling us to succeed at both a higher and deeper level. By putting meaning behind our goals, life returns the favor and gives benefit that is filled with purpose and meaning.

Reader: Values is eternal. We teach values to our children for survival but we never teach values for life values for survival is falsehood I believe

Response: Very true! Values in work, that the company subscribes to and we follow can teach us some of that; but it can be done so much earlier on in a person's life, as you suggest. That would have an enormous positive impact on that person's life. A course in personal values in high school level, not to mention college would be extremely beneficial.

Consciousness as Self-Aware Energy

Sri Karmayogi says that "Consciousness is self-aware energy." What does this mean? Here's my understanding: When an individual becomes conscious of his higher nature, it releases energy and joy within him. Likewise, when the Unknowable became Being, the pure Existent, It became conscious of Its existence and therefore released a Force, a conscious-force, that became the Energy that would become the source of creation starting with Matter. In simpler terms, every time we rise in consciousness we are becoming more self-aware and therefore release energy that is stimulating and joy-filled.

On Cross-Border Terrorism in India that Shows Karma and Life Response Phenomenon

India has ill-treated its Harijan population ("Untouchables") in a big way for many centuries. This has resulted in them flocking to Islam and now the same ill-treatment comes back to India through cross-border terrorism which appear totally unjust. Recognising past atrocities towards the Harijan population and making amends for it now by giving them a decent treatment will see a sharp reduction in terrorist attacks from across the border and perhaps the eventual reintegration of Pakistan with India also. (MSS) Further comment: To take this approach is similar to what we call "Past Consecration."

We see a similar dynamic in US where the abuse of the Native people's by whites (perhaps several million wiped out through battle and disease) led to attracting all the problems with blacks including the Civil War (where vast numbers of whites had died), not to mention all the problems with blacks in urban areas for the past 100 years. Like in the suggestion above for India, future problems along this line can also be reversed when there is an inclusive, comprehensive approach for lifting America back up through cooperation of all its sectors.

Non-Wastage Response

Once again I had the experience of the phenomenon of getting back exactly the amount one did not waste. I came to a coffee shop/restaurant, but decided not to needlessly spend money on a particular thing I desired. The next day I looked at my bank account and noticed that a deposit was made there from a book publisher of mine that was EXACTLY equal to the amount I decided not to needlessly spend the previous day. This has been a persistent theme in my life: don't spend wastefully on something you desire, and you will quickly receive that same amount back in return from seemingly out of nowhere. And very often down to the very penny! It's the life response power of non-wastage, one of the keys to attracting money and opportunity into your life.

Communicating With Objects Evokes Response

We know that objects respond to very personalized attention, including communicating with them. E.g. if you talk to the object, you can evoke a response from it because you are acknowledging and respecting its essence and being. One woman we know of spoke to a leaky drum, and soon after it stopped leaking! In that way, we can develop a deep repoire with anything -- object or human -- by relating to, connecting with its essence and being.

Above the Line Individuals in a Firm

What are the best types of people to have in an organization? They are individuals that Karmayogi's describes as "above the line." I.e. are energetic, positive, knowledgeable, skilled, involved, interested, helpful, and from a good background. On the other hand, people below the line are those that have opposite qualities, and therefore tend to pull the organization down.

Reversing the Corresponding Negative Inside to What is Outside

Whatever negative that has happened to you on the outside is a reflection of something wanting in your consciousness inside. To recognize specifically what that correspondence is the first step. The second is to reverse that wanting attitude or behavior. And last is to consecrate it, offering it to the Mother with intensity so it never happens again. Taking to all three also tends to quickly evoke good or great fortune.

On People Watching Soaps and Nighttime Conflicting TV Shows (prune as necessary)

People (in India now, especially housewives) are stimulated by these domestic quarrel type serials (soaps) as they have not found any higher consciousness activity to give them inner sustenance; whether work or other, to absorb their psychological energies. The on-screen domestic conflict creates a little bit of spice in their life, as they increasingly feel bored or other such things at home.

These "soap" (as in selling soap in the advertisements) used to be watched avidly by an enormous number of housewives in decades past in America, but now women are increasingly working here with careers and are away from the homes to watch tv. Yet such daytime soaps are replaced by their night time versions which are more sophisticated as they involve stories in which people are at work in some manner. In that sense, India is 30 years behind the US as it is only now discovering the beginnings of middle class life.

A reader: Watching these domestic quarrel scenes in the night time in TV can also result in giving disturbed sleep.

Response: Yes, very definitely! It may even be worse than day time soaps. Though the scripts are well-written, and acted, with cinematography that grabs the viewer, (and is far beyond just domestic quarrels, but conflicts in work and society) it has an effect on the lower and inner vital emotions which can disturb sleep. Americans can't be still for a moment. They constantly need information. Instead they should close their eyes and empty their thoughts in the hours and minutes before sleep. They would then wake up refreshed and peaceful.

Reader: May I add that such people watching these sad scenes regularly may develop destructive attitude.

Response: It can definitely happen. I would say it can open up the lower vital, emotional being to intensity that they then can mimic in their lives.

Q: Why does life punish us?

A: Life does not punish. Life responds to what we are and most especially to the nature of the energies we express in thought, feeling, urge, action and deeper subliminal consciousness. Its response needs to be understood in the totality of our being and also in the prevailing social-life context in which we live. (Garry Jacobs)

Great Progress After a Negative

Negatives are simply more intense forms of the positive; seen in the right light, even greater opportunities to grow.

Further comment: Often the most progress people make in life occurs after a very negative situation. It is in fact what compels them to make a great effort or reach high for success and achieve it, etc. We see that for the individual and in society. So in that sense the negative was not negative at all, but a great positive that enabled enormous progress for the party. It was a more intense form of the positive that we do not recognize as it also causes pain.

Initial Occurrence Portends Final Outcome

Often we see that the final outcome of a relationship is intimated by the initial connection. For example, a consultant worked for a client intermittently and was paid well. He performed his work admirably. Then one day the client started complaining about the computer environment that the consultant had been working on over the course of several years. The consultant responded that the computers were too overloaded with applications and were thus causing the system to intermittently break down. The client was dismissive of this view and turned angry. The consultant could do no more and stepped away from their business relationship.

Well it turns out that when the future consultant met the future client several years earlier, the to-be client was arguing with the technical support people over their inability to solve his computer systems problems! And they too saw that he was pushing things too far. The consultant watched this from a safe distance!

In other words, the final outcome conflict between the consultant and the client was intimated when the former first came into contact with the latter. That is one of the subtle yet profound principles of how life works. Moreover, if we develop a deeper awareness things not only will we discover this initial occurrence - final outcome dynamic to be the case, but we will now have access to a deep knowledge of what actions to take and what to avoid to insure positive outcomes now and in the future.

Visionaries See Before the People See

Steve Jobs indicated that Apple made products and services for people that they didn't even know they wanted! This is what visionaries in their respective field are able to do. It often issues from an intuitive sense of the future.

On Religions Devolution from Spiritual Origin

Religions ordinarily have a spiritual source in the form of a divine teacher or entity or teaching. But then it devolves into ritual, and then dogma and superstition. All followers of religion can emulate the spiritual founder in their own lives and withdraw from much of the rest. They can then become divine-like and whole in their own being. This is after all the age of direct spiritual experience, rather than being subject to the dictates of an organization and its power. Religion has in that sense run its course.

On Impatience

Impatience is the inability to accept time and its truths on their own terms.

Reader: Also impatience shows that there is no faith in divine

Response: Yes, it really does.

Sri Aurobindo's Role in Manifesting the Force We Can Open to

After He left in 1950 Sri Aurobindo worked in the subtle plane to enable the Supramental Force (Supermind) to descend into the earth's atmosphere, which occurred on February 29, 1956. Now we can partake of that spiritual Power, also called Mother's Force at any moment to create instantaneous miraculousness in any endeavor or situation. When that activity or condition is consecrated using the Force, life cooperates from all quarters. In this way humanity can be transformed, ushering in a new supramental species and existence. We thank Sri Aurobindo for fully manifesting God/the Divine in his being while on earth and then bringing the supramental force and action -- aka Truth Consciousness -- into the field of life. It is now up to us to use this wondrous evolutionary Power that is readily at our disposal.

Life Evolves by Working through Mistakes Vs. Right, Positive Consciousness

Reader: We seem to only learn through our mistakes; i.e. the hard way.

Response: That's the main way life evolves; through difficulties we encounter which we learn from. Only in rarer cases does life progress through right, positive consciousness to begin with – examples being the onset of the Renaissance or the birth of the Internet in the history of society; or personally when without difficulty's prodding we fulfill our intense aspiration to lift our lives to a higher plane.

Limits of Western Mind in Interacting With the Guru

"Questioning is an established Western mode of interaction that can cancel the transfer of knowledge and inspiration from the guru in a thrice. One has to know when questioning generates further knowledge and when it cancels inspiration. Most questioning is of the physical mind that cancels. Genuine questioning by the thinking mind creates." (MSS)

Response: We see how in Mother's Agenda that Satprem often asks the right question or makes the proper comment, and Mother takes up the thread and discussion; and just as often if not more he interferes with the flow of Mother's focus and intent. In his later books (with possible exception of Mind of the Cells) he seems to have lost connection with Her vibration and his own personality dominates. He is a kind of microcosm of the western mind that on the one hand uses rational thought to probe and ascertain the truth, but other times goes against the grain of the discussion for some individualistic and vital reason. It is a kind of surface or sense-based view of things instead of the true truth of it. Karmayogi calls this "intellectuality." I as a westerner have had to grapple with that; i.e. move from the higher plane of intellectuality to one of being in tune with the other person and his interests, and therefore the true truth of things. Silence in the mind, deep listening, taking the other person's point of view, and simple catching of ego drive are various means of overcoming the limits of the Western Mind, or any mind for that matter.

So we see that it is both the need to question and avoid the truth through the physical mind, as well as the surface view of the truth through our intellectuality.

Using Mother's Force to Bring Rain to Drought-Stricken Area

"Pineapple Express" is bringing torrents of rain into California from Hawaii for many days just after people, media were worried about the state being in a 500 year drought. The whole thing is reversing suddenly out of nowhere. Devotees' actions are definitely having an effect, beginning two weeks ago when they began addressing the issue and the drought was at its absolute peak (no rain for three months during the rainy season with reservoirs falling towards empty).

Further comment: One interesting aspect of this is that if you look at a drought map of the US, you see the area of California highlighted where the drought had been most severe. Well that is PRECISELY where the rain has been coming for two weeks, with none of the others areas immediately around it receiving any significant rain! The Mother and her Force has an amazing precision! It is because it is Supramental.

Creative Response from Life to Turning Consciousness Higher

When you shift your consciousness higher -- whether making an important decision, overcoming a wanting attitude, taking to silence, opening to the spiritual Force, etc. -- Life suddenly turns Creative, bringing about the imaginative, the innovative, and the totally unexpected.

Appreciating Rival's Skill Instantly Attracts

Appreciating a rival's skill instantly causes life to appreciate yours.

Example: a man had a slightly competitive relationship with a long-term friend of his concerning their musical capabilities. One day the man was listening to the music player on his iPhone, which contained nearly 1000 songs. Surprisingly one of his friend's songs came on through random play, and rather than be jealous of his friend's skill, he fully embraced it and enjoyed its quality. When it ended, one of the man's OWN songs suddenly came on next, a very improbable occurrence given that there were 1000 other tunes. It both stunned him and made him smile because he knew he had evoked that response from life. He understood that because he embraced his friend's music rather than think of it competitively, Life instantly returned the favor and brought forth his own.

Ego as Attachment to Weakness and Insecurity Too

We ordinarily think of Ego as proud, haughty, selfish behavior, but it also expresses as virulent attachment to one's weakness and insecurity.

RK: Yes Garry sir used to say - whenever I say I am upset for some weakness or insincerity in following the principles - you should be never sorry for any apparent failures or defect, because then it is more likely that we will be proud of our positive factors and achievements. Both are movements of ego.

Rain Downpour Amidst Drought Due to Force and Rain God

Nearly 8 inches of rain fell in last 24 hours very near my friend Bob's place in Napa, who is an incarnation of a rain God and who has been doing something right since I spoke to and implored him two weeks ago -- along with other devotees (and the one Goddess we adore) -- to put a dent in the '500 year drought' in California. The rains have not ceased in various parts of Northern California (including its vast reservoirs) for two weeks straight after the historic, unprecedented utter lack of rain during the first three months of the rainy season.

Mind, Psychic = Finite, Infinitesimal

Mind concentrates on the infinitesimal while the psychic being sees the infinite. (Sri Karmayogi)

Soul Connection to Others

When we are in touch with our own Soul, we feel no separation from other souls; rather an identity and inextricable oneness with them.

Keep Negative Under Control to Not Attract Corresponding in Outer Life

The smallest, slightest negative emotion on our part can quickly attract a negative condition from any party we are related to, from anywhere in the world. Best then to keep such feelings under control. Better yet, consecrate it, offering it to the Mother.

Not React to Complaints of Others

To the rightful or wrongful intense complaints of others it is best to be still and not react; otherwise you will attract more negatively, inviting more trouble on your hands.

Calm in Difficulty Attracts Unexpected Opportunities

When you calmly work your way through difficult circumstance, life returns the favor and rewards you with new unexpected opportunities.

Human Emotion short-lived vs of the Heart

Being enthusiastic and excited about something is an emotion, of the vital plane. It can easily turn around to its opposite. Gratitude, on the other hand is of the heart, which is a spiritual quality that tends to last.

Overcoming Outer Problem that is Traced to Inner Negative

Every problem you experience on the outside can be traced to something wanting inside.

Further comment: Thus if you shift the wanting inner quality to the positive, life will instantly do the same for the corresponding aspect on the outside.

Life on The March; Making Absolute, Creating the New

It is fascinating to see how life is constantly on the march relegating certain things obsolete -- whether businesses, organizations, beliefs, values, theories, -- while ushering in the unexpected and the new. We miss marking such movements as we are caught up in the tide of life, merely participating in its ongoing effects.

Perfection and Deep Values in Work Attract

If you do your work to perfection, while applying deep values of helping your organization succeed and being self-giving to others, life will reward you with popularity and prestige among your peers; not to mention ever-increasing levels of personal success.

Untitled

This consecration is not for anything in particular, but simply to be open to You and follow whatever You wish of me.

Done Deal Overconfidence Repels

Overconfidence about a potential outcome as a "done deal" tends to cancel or delay its realization. Best to hold it inside as much as possible, or humbly express it as a solid possibility rather than a certainty.

Premature Talk of Success Repels

Talking about the potential success of a thing before actually doing it decreases the chance of it coming about as life responds opposite of our intention.

From Conscious Force to Energy to Matter in Creation

According to Sri Aurobindo Supermind divides the original Consciousness (Chit) of the Being (Sat) into the plane of cosmic Mind, and out of it the ENERGY that becomes the basis of matter in creation, i.e. the universe that follows. [Perhaps Dark Energy discovered by science is something similar.]

Further comment: Sri Aurobindo has explained how creation came about in great detail. The scientists still have hardly a clue, except the material results.

On Understanding Sri Aurobindo's Teachings

Karmayogi indicates that Sri Aurobindo's teachings may not be fully understood for another 1000 years.

Deep Insights that Have Greatest Power to Move Society Forward

There are those who see the problems of society. They are abundant, ranging from pundits to thinkers to average people and simply complainers. There are also others who are doers and continually attempt to rectify the social challenges. They are hailed as heroes and are glorified when they succeed. Then there is a third category of individuals, very rare indeed who consider various aspects of society, its progress and deficiencies, its future trends, and offer deep philosophical and practical suggestions to move the world forward. These are the forces that have the greatest long-term effect, and yet are by far the least appreciated. They offer the world subtle knowledge and powers that stimulate great change, that enable great progress, even evolution, yet live quietly, anonymously, in the shadows of notoriety and fame.

Not to Feel Frustration Beyond Non-Reaction

Non-reaction achieves vastly. Not to feel frustration is more powerful. To know that what now frustrates us is a source of our inner rapture is welcome. (Sri Karmayogi)

Further Comment: Yes, the frustration is the negative expression of the inner rapture. Two sides of the same coin.

Each time you consciously overcome frustration life responds positively.

Weakness, Failure, and Potentialities

Every weakness or failure sounds the depths of life's potentialities. (Sri Aurobindo, The Life Divine, p. 406)

Sense's vs. Intuition's View of a Problem

Sense (eg hearing) reacts and perceives a problem. Intuition, on the other hand perceives the truth and positive behind.

Sri Aurobindo's Integral view of Existence vs Science's

Sri Aurobindo has explained the process of how creation came about, its current nature and status, and where it is headed -- all in great detail. He thereby perceives the Whole of existence. Science on the other hand knows little but the material results, and are therefore lost in the part.

Calling Mother, Calm, and Great Results

Through Calling to Mother, a day or two or more of very good news is preceded by a feeling of deep calm and serenity.

Gratitude Before Spending Money Coming In

When money comes in, first feel gratitude -- toward its source, what earned it, etc. -- and only then consider how to spend it. Otherwise, a financial arrear may suddenly appear.

Example: A man received a gift. Rather than inwardly feeling thankful to the benefactor for its receipt, he thought about ways to spend it. Two minutes later when he checked his bank balance, he noticed an overdraw on his account.

Remaining Quiet About a Development Expands It

Remaining quiet about a development helps it expand.

Comment: This is a regular experience of mine over the years. Sri Garry is a master of this. Apple practices it in the form of extreme secrecy, and as a result so many in the world want to know what they have to reveal on the day their new products are finally presented to the public.

Untitled

Happy Birthday Mother.

Power of Embracing Minor Irritants

Often the minor irritants that when embraced rather than ignored turn out to be the doorways to our future.

Being on Best Behavior on All, Not Just Special Occasions

People will be on their very best behavior when they are trying to impress someone who they seek to derive benefit from or otherwise impress, but will not act the same way towards the people who are normally around them. Often in fact quite the opposite!

Criticisms of Others Reveal Own Flaws

People gleefully point out the alleged deficiencies of others, but through their irritated or virulent expression reveal their own faults worthy of criticism.

On The Original Cause of Success of America

What Karl Marx aspired for the working class and Lenin endeavoured to achieve through dictatorship, Nature offered to the entire population of Europe in America if only they were willing to quit the class system and discover the infinity in the physical material plane. America was an occasion of work, a productive work, not a field of thought. The American borrowed the European science and converted it into scientific technology of the society which was at pains to be born at a higher level of prosperity. The abundance of opportunities around and the American's willingness to work endlessly needed one more factor, the practical organisation that forges results out of labour. Mother says the Americans have excelled in practical organisation. Andre Siegfried writing about the characters of various population - Latins, Germans, French, British, Russian - speaks of the American dynamism. Nature gave them compelling circumstances that were opportunities to be creative. Hence their enormous productivity. (Karmayogi)

Further comment: We see technology (the practical application of science) again leading the way in America and therefore the world through internet, world wide web, smartphone, tablet, solar and other alternate technologies, etc. -- and the vast wealth generated by it. (It will of necessity need to spread.)

Goodwill Power

When you inwardly feel and project best of luck and goodwill toward someone engaged in an activity or undertaking, unexpected good fortune will quickly descend on that person. Plus you too will partake in that joy.

E.g. a man wished that a woman have the best of times at an activity she had sorely missed for a number of months. When she arrived back, the man discovered that the woman had unexpectedly secured a very important art-related machine that she had been yearning to use for a very long time. And now he too was able to share in her joy.

Shiva and Shakti

Shiva represents the unmanifest and Shakti the manifest; Shiva the formless and Shakti the formed; Shiva consciousness and Shakti energy, not only in the cosmos as a whole but in each and every individual.

Though one is manifested and the other unmanifested, they are in the ultimate sense one and the same. One is the principle of changelessness and the other, the principle of change - Shakti is change within changelessness while Shiva is changelessness as the root of change.

The experience of perfect unity of the changeless and the changeable, the dissolution of duality, is the aim of Tantra, and thus of Yoga.

Everything you see around you, whether physical, psychic, mental or whatever, is Shakti, both individually and collectively. This includes everything from a pebble to the sun. All manifestations of Shakti come from the underlying substratum, Shiva.

The aim of Tantra is to invert the process to retread the path of creation as it were, back to union with Shiva or the Paramatman (supreme). (Swami Nischalananda Saraswati)

Thanks to SS.

Comment: This understanding is close to Sri Aurobindo's view. The Divine Mother is the Shakti force, the power of creation which we can collaborate with. Her origins are in the Being (Sat); in particular, the Creator who is supreme, beloved and adored (Ishwara).

The tantric view of Shiva and Shakti as the Stability and Force of creation is adopted in Sri Aurobindo's metaphysical view as expressed in The Life Divine. It is a large part of the puzzle that describes the ultimate cause of reality, that includes the workings of the plane of Supermind (Truth Consciousness) in the creation process; the utility of the Spirit inside, i.e. Soul/True Self and its connection to the transcendent as given by the Gita; the one omnipresent Reality in many forms, and the connection to Self that enables the mind to expand to intuition and beyond of Vedanta; the integration of the 4 main yogas, again of the Gita; etc. Based on his direct experience and realization of the Divine Sri Aurobindo has seamlessly developed his own Integral view that incorporates the profound teachings of Tantra, Gita, Vedanta, and merges it with a western-like evolutionary view that posits an ultimate transformation of the individual, society, and life on earth into its spiritual equivalents.

Two Startling Parallel Ukraine-Related

On the week the government of Ukraine in Kiev was cast out a Ukrainian immigrant from Kiev escaping misery and oppression there years earlier, and who had come to America to build his startup company secured \$19 billion in the US by selling his phone app called WhatsApp to Facebook. The confluence of these two simultaneous events is indeed a startling one. As it turns out Life continuously, daily, every moment presents these subtle and profoundly meaningful associations, but we do not normally have the wherewithal to perceive them.

Reader: Can u explain the inner meaning of these parallel events please Sir

Response: It's a very good question.

There is now an intensity surrounding Ukraine. She is trying to change from negative to more positive political and social environment. Jan Koum was an immigrant whose parents tried to get away from repression there years ago. As he came to the US he found freedom, including freedom of infinite opportunity. As Ukraine changes to the positive, he gets a positive boon of \$19 billion. Great positive meets great positive; reflecting the same vibration. They come in pairs, actually with many other iterations we do not see.

There are always events occurring in our lives that reflect our own movements in consciousness. It reflects in social events, like a change in the community or nation. It also works in the opposite direction, a social change that reflects in a change in us.

If you read the newspapers and magazines frequently you constantly see this correspondence between two significant events. It's there to be read about every day. People do not see such associations, or if they ever do it is prefaced with "coincidentally ..." There are no coincidence, as everything is interconnected in space and time – at the gross and subtle planes.

It is also notable to Ukrainians that he did not succeed in his homeland, but did so greatly in the US. They subconsciously know that his homeland failed him, and had it been more open, he could have had a great success there instead.

Reader: Thank u so much Roy Sir for the wonderful explanation. The more conscious we are the more aware we can become about such parallel incidents

Response: Very true!

Humility and Accomplishment

--Humility is the inner knowledge that MAN is a trifle before the world, Nature or God.

--The moment one becomes truly humble inside, life and its abundance rushes towards him. That is the point of transition from a life of misfortune to one of good fortune.

--Humility makes failure into success.

--Humility is the conscious awareness of one's potentialities and not appropriating them to one's ego.

--Humility is the capacity to act without the knowledge of anyone.

--Humility not only recognises we are part of the whole, it enables the whole to offer the efficiency of it to the part.

--Awareness of the whole administers to the sense of humility.

--Humility or self-awareness is described as the capacity not to interfere in another's affairs.

--One sure mark of humility is the willingness to learn from inferiors, and it reaches its acme when the emotions consent to learn from those whom you taught. The best of spiritual humilities is learning from adverse circumstances.

-Humility is the strength of prosperity. (Sri Karmayogi)

Reader: Humility to Mother takes one out of ego. Materially she sanctions the boons to those who are humble. Spiritually she offers experience of one boundless energy in action. One can practice humility by feeling the Mother with in every other person and offering pranam to the Mother with in every other person. - KY.net

Untitled

Why not behave, act towards others as if you were interacting with the Mother.

Power of Humility in Mother

Humility to Mother takes one out of ego. Materially she sanctions the boons to those who are humble. Spiritually she offers experience of one boundless energy in action. One can practice humility by feeling the Mother with in every other person and offering pranam to the Mother within every other person. - KY.net

Role of Government as Leader, Not Implementer

Government should serve the role as leader, that which envisions and gives direction, and less so be involved in the actual carrying out of initiatives. This role of government in right coordination with organizations, businesses and the people will bring about great success for the nation. Through this dynamic relationship, a balance is created amongst the components; a harmony that enables optimal results for that society. Without government playing its modest but important role anarchy and division tends to rise up from within. And yet we also know that the greatest ideas and energies percolate up from below, from amongst pioneering and visionary individuals, secretly reflecting and realizing society's subconscious aspirations.

Comment: (a thought: the nation too has its Engines - as in Garry Jacobs' VitalCorp business book - which need to be balanced and in alignment, and led by its psychic center which are its deepest values.)

Doing Right Thing in Consciousness in Moment Attracts Possibilities

If you do the right thing in consciousness, life will constantly surprise you with new possibilities. In that way, you can follow the thread to infinite-like success and joy.

Further comment: At each point we can make a choice and do what is most helpful, positive, conducive to others well-being, etc. As we do this, life presents opportunities from out of nowhere. Now we can apply the right action in each of these areas. As we follow this path, we are moving along a never-ending path of ever-higher accomplishment. There is nothing to do but follow this golden thread to infinite success.

Money Generating Power of All Taking to Self-Givingness

If all the population takes to self-giving, three thousand times more Money can be generated ... (Sri Karmayogi)

Further comment: Self-givingness to others tends to attract more work, opportunity, success, and money. E.g. Erin Brockovich would do anything for her long-suffering clients. It resulted in a \$100 million settlement on their behalf. If everyone acted in a way in which we are thinking of others first, giving rather than taking, going the extra mile for them, etc, we will attract vast amounts of money. If there is a general movement in this direction money will multiply a thousand times in society as Karmayogi suggests. Youth will be born into a splendor of success, well-being, and infinite opportunity.

Restraining Our Opinions (go through)

Restraint of opinion is a cultural creation of a high order. (Sri Karmayogi)

Comment: Keeping our opinions to ourselves not only avoids negative response, but it enables additional knowledge to be revealed by others, by life. It is the power of Silence.

Reader: Heard in speech "Karmayogi says opinion flows in the plane like needles and it will come back and penetrate "

Response: Yes, very true Kosalai.

Example: An instructor one morning decided to express his strong opinions on a matter with a student who arrived before the rest of the class. An hour or two later, everything began to go wrong in the class and it was mainly sparked by problems related to this particular student. Life had responded negatively through the person that the instructor's unbridled opinions were directed towards. He learned a good lesson from that day onward.

An Opinion vs. a Knowledge

I believe we can distinguish between an opinion and a knowledge. The former is based on one's preferences, which are influenced by the vital being, our experience, and sense. It is kind of rolled up into a ball that we express gladly, gleefully, even asserting it as if it were the final truth. Knowledge is beyond that. It is truth itself. When we are silent we open to the many-sided truth of things which Sri Aurobindo calls integral knowledge. Also, as we grow in consciousness, we begin to hold back expressing our opinions, recognizing it as an ego movement -- whether it happens to be true or false, negative or positive, or most often somewhere in-between.

So yes an opinion can be positive in its truth essence, but the urge to express it is often a false one. Expression of knowledge in the right context, devoid of ego is almost always justifiable.

Assuming the Potential of Something New

Man acts as he is, never takes the effort to assume there will be something new. To assume something new is to shed the coating of habit and take a fresh look. (Sri Karmayogi)

Further comment: In other words, when he casts aside habit, takes the fresh look and does something new, life responds overwhelmingly. E.g. one man simply walked a different way instead of his usual path. He thereby discovered a wondrous view, plus an out of the way bookstore that had a booklet with the name of a woman who would review his own book, causing him to rewrite it with startling inspirational results for many. That is the power of casting aside a habit, and embracing the new. Life rushes in with good or great fortune.

Taking to the New for the Old, Not For Its Own Sake

Man always wants to receive the new to fortify the old, even if the old and new are inimical [unfavorable]. (Sri Karmayogi)

Further comment: It's indicative of the physical consciousness in Man that does not want to change. It wants the new to be the same as the old, even if it is still no good.

The Sanction of Our Soul in All That Happens to US

Sri Aurobindo says that nothing happens in the world without the sanction of the Cosmic Purusha and the Individual Purusha of the soul affected. What happens to us happens with the sanction of our own deepest inner being which has taken birth as an adventure of consciousness and joy in the Ignorance. (MSS)

Further comment: Whatever happens in life is sanctioned by the Conscious Being and Soul (Purusha) above and our true self and being within (Soul). They recognize that what is happening -- no matter how difficult, problematic, painful -- is an opening to better, higher, greater things. Sri Aurobindo describes it as the transition from Ignorance to Knowledge that is sanctioned by the spirit - whether transcendent above or the psychic being within.

Even from Smallest Can Come Infinite Potential Realized

From any activity, even the smallest we can bring out and realize its infinite potential – in terms of knowledge and results. This is the way from the current reality to the infinite future.

Reader: Even sweeping the floor!

Response: Yes. A man cleaned out his refrigerator and upon completion instantaneously attracted months' worth of work when he had absolutely none in site and was near penniless.

Untitled

In the silence of the heart burns the steady fire of aspiration. (The Mother)

Further comment: By "aspiration" Mother means aspiration for the Divine, or for a higher consciousness to be developed in ourselves. Through silence (of mind, emotion), we feel that aspiration emanating from our soul.

Peace and Calm from Consecration

When you consecrate a problem, offering it to the divine Mother for its resolution, one of the first things you notice is peace and calm settling over you.

Reader: true true not only a problem but just offering a task at work or routine errands at home

Response: Yes, thank you for that reminder.

Russian Under Putin & Consciousness Approach To History

[In light of the current Ukraine issue involving the Russians.]

A "Consciousness Approach to World History" indicates that the West attracted the often diabolical qualities of the Soviet Union and the Cold War because Europe and the US meddled in the Russian Revolution in the early 20th century. Brute Stalinism, who killed tens of millions of his own people, replaced idealistic bolshevism. The Cold War was thus a negative response to Western interference to a fundamentally positive development.

Likewise we have seen that the anti-democratic actions under Putin is a negative response to the US and European insensitivity to Russia following the end of the Cold War, counting her out as a world player. Russia is thus asserting herself, her right to be respected through the negative anti-democratic actions of its leader.

In addition western support of shock therapy economics in Russia following the fall of the Soviet system led to vast economic insecurity and the rise of gangsterism in that nation and its expatriates abroad.

As we see, often the most negative developments in history are the response of life to the false actions of the presumed good side earlier on. It is an another indicator of the inextricable connections of all things in life.

Reader: Kerry and the IMF offering Ukraine trinkets would seem to be an attempt to poke Russia with a pointy stick. What economic advantage to the US of destabilization of a grand scale?

Response: It's a complex issue that indicates the need of the various sides to come into harmony with one another beyond their differences. There is plenty of ego and falsehood to go around. If each side sees the other's viewpoint instead of just asserting their own it will help a lot.

Reader: I have often seen that only when Russia shows its military movement the US and the western countries calm down and the international crisis is defused.

Response: The question now on the table is whether Ukraine will hold together or split into two or more nations, or even have one of the potential split nations join the Russian federation or Russia itself. Ukraine has many nuclear weapons. US and the West did not take the best tact when it threatened to extend NATO to countries on Russia's borders (including Ukraine) after the end of the Cold War. Russia is like an angry, violent child who did not get the respect it thought it deserved in the last 25 years. There is little question that the West treated the Russians shabbily after the end of the Cold War. On the other side, Russia also has almost no democratic tradition, as we see again under the autocratic Putin. These differences, contradictory forces, indicate that the two sides (and the ones in between like Ukraine) are inextricably linked together for the purpose of evolution of each out of its ego, hypocrisy, violence, and authoritarianism. A higher harmony in one form or another between all parties is the solution. All life evolves through contradiction and its resolution into higher harmony.

I believe that perhaps the one overriding and counter-balancing influence is that of the Russian people. They do not want to go backwards. A few years ago they almost forced Putin from power. They are happy now to earn, to discover middle class existence and wealth. Like other people who are beginning to prosper, they want stability above all else. Putin knows this and cannot therefore go too far, or else there will be trouble again on the streets of Moscow and elsewhere in the country. They also need to diversify their economy, which is too heavily dependent on oil. The people know this, as they see the excesses of the super-rich there who own the oil. The Russian people are the great force of change in the country that I believe in the longer term nothing can stop.

Unwillingness Expressing at Physical, Vital, and Mental Planes

Negative habits -- i.e. doing the same wanting thing repeatedly, with an unwillingness to change -- expresses through the Body (physical), e.g. as inertia and resistance; through Ego (vital) as e.g. assertion of self; and through Ignorance (mental), i.e. lack of knowledge of the truth, in various combinations. If we want to overcome these dominating influences of habit, we ought to develop a deeper consciousness. Sri Karmayogi has offered us many methods to accomplish just that.

Habitual Nature Prevents from Being in Right Flow, embracing Possibilities

We are creatures of habit, which blocks what the currents of life are presently aiming for. In other words, our outworn and dead habits block spontaneity, preventing us from being in the right flow of things, and therefore the infinite possibilities it is continually presenting.

Embracing Another's View Whether True or Not, and Response of Life

Embracing the other person's view, whether or not it is true has a great power to attract positive conditions. It opens the mind beyond one's own perspective, which is the Part, to the supramental view, which is the Whole and integral truth of things, with an added power to quickly manifest positive results in one's favor.

Reader: I wish more people understand this.

Response: This is a very strange concept to most people. But once you have seen the positive response from life by embracing the other person's view, it will no longer seem that way. We have been conditioned to assert our own perspective of things, especially if we disagree with another's position. But here we are saying that if agree with the truths of another, no matter how small, positive things start happening, including the real possibility that they will completely agree with your position! This has been my ongoing experience.

What You Get from Prayer Is Not repeated by Mother

Whenever I speak to devotees – at some point of time there will be utterances of words that means "Mother is not granting as before" – adding to that saying "may be my receptivity is low now" to show that they are so humble in accepting the same.

Karmayogi in Yoga Vazhkkai Villakkam says: 'Mother Never Grants Prayer in the same level which She granted earlier'.

Mother also clearly says, "Don't expect me to fulfill all that you want or pray. I have a purpose -Evolution, and speeding up the evolution. You don't have to worry about all the prayers based on that. My sanction is there always for that. Grace never fails to act on them instantaneously". But I don't like who limits themselves to worshipping me. It is actually they don't want to do anything more for me".

Karmayogi says Grace is sincerity of Mother towards us -for our sincerity to Her. She never fails in Her duty.

He even lists when our prayers are granted in a moment.

- For prayers that is based for progress to next higher in vital and mental level.
- On reversing the attitude, character, behaviour, opinion, prejudice, preferences that brought a problem. (Past consecration)
- Aspiration for expression of the Divine in any form.
- Attitude that can make life much simpler , without the complexity of the ego and open to the Spirit within, knowing its true purpose and shifting the activities of life, to be a true and authentic expression of that purpose.

If you want hundred times quicker results, you have to change hundred times quicker too. In simple words, a lazy man trying to make his nature as dynamic person will surely be rewarded-to the level and how quick he changes himself. (Ramesh Kumar)

Out of Touch with and Moving Into Alignment with Time and Knowledge

We are often out of sync with life and others in terms of Time and Knowledge. We know when we want things to occur, but it may not be when others want it to happen, which we are unaware of. Likewise, we have a certain knowledge of things, but are often unaware of what others are thinking on matters related to us, manifesting as a knowledge gap on our behalf. As we become more intuitive (as a result of developing a deeper consciousness), we begin to move in alignment with others in terms of Time and Knowledge. Then success and joy is our never-ending experience.

Time Eradicating Power of Education

Great, practical-oriented Education can eliminate having to wait for years of experience to succeed. It can put you way ahead of the curve.

Further comment: A person with a Masters graduate degree in say business administration is mostly hearing, not experiencing it is true. But when he witnesses in the field of experience, he will truly witness

with an educated mind, thus accomplishing in 2 years what it takes the non-educated to experience and learn from in 10-20 if at all. It is thus a matter of degrees. High level education does not overcome experience completely, but does so to a very large extent. The same with vocational training. Or to put it another way what it takes 30 years for a non-educated through experience, occurs through 2 or 3 years of experience through the educated. Also now with online technology one can see videos of many types of experiences of others as well, giving even greater power to the learning process, and thus reducing the experience needs by even less. In company training and continuous education for adults accelerates the process even further.

Tying the Discovery of Spirit in India and Mind in West Together

Spirit was experienced profoundly thousands of years ago throughout India by the rishis and others, much of which is captured in the Upanishads, Vedas, Gita, Vedanta, etc. But then the world, especially Europe ushered in science and materialism, not focusing on spirit, but instead on the development of Mind. Now however, we can tie the two ends together. Because of the infinite developments of the scientific and technological age of the last several hundred years, we can now apply Spirit to a myriad of details, enabling a true all-comprehensive, integral spirituality to make its way across the globe.

Silence Over Restlessness for Attracting Life's Cooperation

Silence is better than restlessness for attracting the cooperation of life. Restraining one's self from taking an outer action, or in Mrs. Garner's case (from *Pride and Prejudice*) she restrains herself from asking Eliza about her relationship with Darcy, which attracts their meeting at Pemberley and their eventual marriage, enabling vast wealth to come to Eliza's family. It is the infinite power of self-restraint; in this case, from butting into another's business.

Attracting the Market in Business

The internal organisation [of the company] is related to market; and therefore a greater internal organisation attracts the market.

Business considers market as an outside sector which the company has to reach by its resourcefulness. Our position is the company is a child of the society and therefore powerfully related -- its values are social values, its organisation is of the type of social organisation, its members are drawn from the society, its texture is of the society's etc.

It is a greater strategy to better organise the company to attract the market than to reach it with ads, price, incentive, concessions etc. The link between the society and the company is the management or the CEO. His own commitment to the company is the psychological link between the market and inner organisation. (Karmayogi)

Comment: If a company's executive can feel one with the society, realize that his business is a child of that society, then that business will be undivided from the market which resides in that society, and therefore he will attract it to him. Karmayogi explains the links we have as a business to that society. The CEO's goal should be to internalize that in his being.

Restraining Broadcasting Accomplishment

The more you restrain yourself from broadcasting your accomplishment, the more the energy and power for its success builds up.

Unrestrained Eagerness to Broadcast Success Is Ego that Attracts Negatively

The unrestrained eagerness to show what one has done emanates from the ego, as well as an indicator that one is out of step with time. It can bring disdain from others, lead to premature error, and worst of all perhaps one loses the capacity for great success. Higher consciousness and therefore a deeper center makes one more patient and therefore more restrained. Also being aware of the principle will tend to compel one to hold back.

Negative Response to Complaining

Complaining normally makes things worse, attracting the negative.

Unwillingness to Willingness Power

Merely changing from unwillingness to willingness to engage in an activity can suddenly attract another person's interest in doing it for you!

Capitalism Adopting Socialistic Values, and Further to a Human-Centered Economics

Capitalism is progressively adopting many of the social values and benefits of socialism.

Q: Then why is it called capitalism?

A: It is fundamentally capitalism, but one by one it is adopting social values of socialism. We see that throughout Europe, especially in Scandinavian countries, even in America -- in terms of unemployment insurance, minimum wage, social security, women allowed to take paid time off for pregnancy, rights of employees, employers increasing caring about workers, safety standards set by government regulation for companies, consumer protection, guaranteed health care, and eventually even right to a job, to a fulfilling education, and others. Also companies themselves are taking to many human values as never seen before.

Free market still dominates, but now social consciousness is rising. It is capitalism enriched. It is becoming socialistic capitalism, and we hope it is eventually replaced by a Human-centered economics, not money centered as now in capitalism (nor government controlled as in socialism and communism). Human values would then predominate, not money (as in capitalism) or control (as in socialism). For now capitalism with certain values aspired by socialism adopted seems to be the way forward before it changes to a true Human centered economics.

(Beyond that is a spirit-oriented society and existence with spiritual values like Harmony, Oneness, Self-givingness, Love, Beauty, Intuition, Goodness, Timelessness in Time, and Infinity as the core of life. Sri Aurobindo calls this a Divine Life on Earth.)

Reader: Adopting social values by capitalism is a welcome move as otherwise it may lead to another revolution.

Response: Yes. It enables stability in those countries. A kind of safety valve. But it is more than that. It is a progressive, evolutionary movement of increasing higher values in society.

Timelessness in Time is Instantaneous Miraculousness (Life Response)

We know what time is. That is what we live in. We also know what timelessness is. It is the eternity beyond time; in this life and beyond. Thus "Timelessness in Time" is the experience of Life Response, i.e. sudden good fortune. It is where time is abridged, overcome, bringing results instantaneously (instantaneous miraculousness). Life response, time negated, is timelessness that occurs within the time we live in. This is one of the key attributes of the coming divine life on earth.

Further comment: Time was necessary for creation, and was enabled through the dividing capacity of Cosmic Mind in a movement from out of the Timelessness, i.e. the eternity of the spirit. But now in creation there is a movement back the other way, from the mere time we live in to timelessness in time, which is life response, -- instantaneous miraculousness -- which is a sign of the emergence of Spirit in life. Or to put it another way, there was a movement from Timelessness to Time in the Involution, and from Time to Timelessness in Time in the evolution. We are thus moving towards a life of never-ending miracles, and in that process the transformation of all aspects of human existence.

Abriding Multiple Births by Connecting to Them

We abridge the time of multiple births to one birth, learning all the necessary remaining lessons at once when we connect to Sri Aurobindo and the Mother.

Sri Aurobindo Beyond an Avatar

Sri Aurobindo's devotees and sadhaks know him as a Rishi. Most think of Him as an Avatar and are satisfied. To describe Him to oneself as an Avatar is to describe the computer as the latest model of typewriter. (Sri Karmayogi)

Psychic Emerges by Overcoming Nature

An Individual overcoming Nature is the Psychic emerging. For that to emerge one must move away from all responses to Nature. (Sri Karmayogi)

Getting Results From Calling The Mother (prune this?)

Calling the Mother is to move to Psychic.

Calling Mother can be from several levels.

Calling from each level will help move away from that level.

It happens when that level is saturated.

Silence descending on him is his quitting the Mind.

Silence, drshti, intuition, knowledge are the four levels one has to cross.

Even on the first level of Silence, the problem will vanish.

The first obstacle is random thoughts.

Next is thinking represented by the censor.

Failure here is certain, rarely one can get beyond. Faced with the failure, don't give up, ask Mother to protect you from the censor.

The prayer must be long, very long and intense before it is answered. (Key)

When answered it will be one time victory, not a permanent endowment.

One time victory is the Governor coming home for dinner.

Permanent victory is to become the Governor.

For permanent victory one has to repeat it in all other contexts successfully.

Usually after one victory, one will lose all patience and would not be able to repeat it even once which means the little faith is exhausted.

Faith is generated by perseverance.

Perseverance is to exercise the physical by the Mental.

One's patience is most tested in such an exercise.

It is for this reason consecration is always forgotten.

It is grace to remember consecration. (Sri Karmayogi)

Reader: It is grace to remember consecration. It is Supergrace to activate Life Divine or application of Life Divine in our life.

Response: Nicely put D. Karmayogi has magnificently explained the process of Calling Mother to solve big problems, capitalize on opportunities, engage in activities, and so forth. We can begin that process from any plane. Here he is explaining the process of calling originating in the mind, where one takes to silence, overcomes the obstacle of the mental censor, and then calls often and intensely from that status, which will bring about magnificent results.

For the last two years I have been engaged in persistent Calling for various reasons which has not only had great outer effects, but has changed the center of my being. He tells us that when we engage in the process, from any plane, here through the still mind, we move to the Psychic, which is the first essential step of the Integral Yoga. (BTW: His words above are taken from his vast commentary on Pride and Prejudice.)

Reader: Thanks Sir. What is obstacle of mental censor?

Response: Here are examples of the persistent mental Censor we each have as Mother explains in Agenda:

The Censor

"Everyone carries with him, in his atmosphere, what Sri Aurobindo calls the 'Censors'; in a way, they are the permanent delegates of the hostile forces. Their role is to criticize mercilessly each act, each thought, the least movement of the consciousness, and to place you before the most hidden motives of your behavior, to expose the least lower vibration accompanying your apparently purest or highest thoughts or acts."

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"Sri Aurobindo had told me that it was a 'censor,' that I had with me a 'considerable' one! It was constantly, constantly telling me, 'No, it's not like that, it's like this ... Oh, no! It's wrong to do that; be careful, don't be egotistical; be careful – do this, do that.' He was right, but I sent it away long ago – or rather, Sri Aurobindo sent it away."

Response: The censor questions every progress we make, positive step we take. I often experience this at the end of the day. It says are you sure that was the right thing to do? Or all that benefit you created may not have been so great after all. Or perhaps I have offended someone. Or what's the whole point of that exercise I engaged in, etc. etc. It wants to deny progress we make. Hence it is a censor. Thus it has the stamp of the hostile forces.

Conversation on Idea that Yoga is for Those Who Seek Danger (prune this)

This yoga is meant for those who love danger.

Danger is energy that can destroy all structures [within].

When all structures are demolished there is endless scope to expand.

Expansion is delightful as creation itself is an extension of the Absolute.

(Sri Karmayogi)

Response: By love danger in yoga I believe Karmayogi means that one accepts, even embraces all possibilities, including all difficulties no matter how severe or extreme (as the yogi perceives that they are means to great positives, and thus to integral transformation).

Reader: Yes Sir but in our spirit to embrace all possibilities we must not provoke others. I am witnessing loss and shakes and wasted time in my house. That's it.

Response: I don't believe he means provoking others, but to absorb the provocation of others or the deep challenges of life, as a means of inner transformation. Thus he is willing to court danger.

Reader: Yes that is correct but all cannot do that Sir. That is nature.

Response: Yes of course, but here he is talking of Integral Yoga, not merely being a devotee. Integral Yoga is only for a very few as Karmayogi mentions often. The Integral Yogin must be open to all external dangers as possibilities, that need to be either ignored, be silent to, transformed, etc. through inner movements. He needs to be an adventurer, even a dare devil, as he allows for all possibilities as means for the transformation.

RK: I would like to mention the reference Sri Aurobindo Has made to "EVIL PERSONA" . there he says every pre destined instrument has in himself a part or a being – that is totally negative to all that he stands for. We don't normally recognise it. If we feel that such a thing is not there, the moment our work begins on our ideals – we can see it inters into our periphery (mostly as subtle inner force) or as a person. In the occult economy of things the shortest route to realisation is - to accept that person fully and work out his propensities in oneself,, as if these or one's own. -BY KARMAYOGI.

Response: So Ramesh it seems that Bhagavan is saying sort of what Mother says that each of us represent an impossibility, and sooner or later we come to recognize in ourselves, or in a personification through another person, and by overcoming that from within is the quickest means for our progress and transformation. So that would seem to be a key element in doing the Yoga, or perhaps something a bit less on the transformational scale.

RK: I am not going into high yoga consciousness. Even I see when a big project comes, the other part of being often lingers on every negativity about that and why I cannot do this or handle at present. Similarly when one of my life time ambitions was blessed by KARMAYOGI – friends and relatives who left me at least seven years back suddenly cropped up from nowhere with all the attitudes and habits that started spoiling the atmosphere.

According KARMAYOGI I should not ignore it or avoid it or run away from my duty – else it will come in higher levels. When the task in hand demands more, truth, the higher consciousness also should be more formed. Should face it by seeing it in correspondence, life response etc.,

Response: Yes, you are right Ramesh. Getting rid of the one or even several impossibilities in one's self does not necessitate the yoga, which is a lifting up of all the parts of the being. The one or several changes one can get through higher consciousness in work can reverse the "impossibility" in one's self, and translate as all the necessary growth one is required in this life.

Remembering Mother, Forgetting Ourselves

To remember Mother implies forgetting all that we are. Turning to Her means commissioning all energy to that. (Sri Karmayogi)

Spirit, Evolution, Mother

The Spirit taking interest in the evolution is turning to Mother. (Sri Karmayogi)

Mother Discusses the Sensor that She Too Has (prune as necessary)

Here are examples of the persistent mental Censor we each have as Mother explains in Agenda:

"Everyone carries with him, in his atmosphere, what Sri Aurobindo calls the 'Censors'; in a way, they are the permanent delegates of the hostile forces. Their role is to criticize mercilessly each act, each thought, the least movement of the consciousness, and to place you before the most hidden motives of your behavior, to expose the least lower vibration accompanying your apparently purest or highest thoughts or acts."

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"Sri Aurobindo had told me that it was a 'censor,' that I had with me a 'considerable' one! It was constantly, constantly telling me, 'No, it's not like that, it's like this ... Oh, no! It's wrong to do that; be careful, don't be egotistical; be careful – do this, do that.' He was right, but I sent it away long ago – or rather, Sri Aurobindo sent it away."

Reader: Thank you for your comments Roy Sir. But I don't understand it clearly. Are these bad? Eg when it tells don't be egoistic, be careful, I don't understand what is bad in it

Response: The censor is constantly over-analyzing, fretting, burdening and shackling one from experiencing a wider consciousness, from being free to be, to discover, to take individual action in joy. It doubts, it questions everything, retarding action, stifling aspiration; preventing any movement of higher consciousness from taking root. This is not being careful, but casting doubt over everything. It even blocks the spirit from taking root; in fact, it questions the spirit itself. This is so because it has cosmic roots in hostile forces.

On the other hand, as we grow in consciousness, we progressively get in touch with our inner, subliminal being which constantly guides us to action in the right direction. That is because it is in touch with the super-consciousness. This is the opposite of the censor. The psychic being or evolving soul is one level deeper still, and the aim of yoga is to get in touch with this True Self. The practical, rational mind lies somewhere in-between.

Reader: Thank you so much Roy Sir. Also could you explain a bit in detail on how to overcome this constant chattering of the censors please Sir?

Response: It helps to recognize it when it occurs, and when it happens you can assert your will, and say "Stop. Let me carry on without your interference and see what happens." The deeper the poise of your consciousness, the more you will be able to recognize it.

One can also consecrate the matter to the Mother. Consecration often brings peace and silence. It also has the effect of deepening the poise of one's consciousness that enables one to catch instances of the censor when it occurs, as well as other mechanical ruminations of the mind. In addition its supramental force and action has an added power to work directly on the censor itself and loosen its hold over us permanently. The question then becomes how much you are committed to consecration in your life that creates the silence and deepen the poise of one's being.

Meditation is another widely known method as it can still the mind and make it sensitive to when the censor or other forms of mechanical thinking take place, and block it from taking hold.

On Mechanical Thinking (and vs. the Censor)

Your comments on mechanical thinking are very true Sir. Most of us have this problem I guess. And the more we try stopping them the more they occur. Also it really drains the energy out when we try harder. And as you have told meditation and consecration are two really effective methods Sir. Let us all try to grow in our consciousness:-) btw guess you have moved your comments regarding mechanical thinking as a new post while I was wondering where your comments disappeared;-)

Response: Yes, mechanical thinking is a little different than the Censor, so I wanted to distinguish between them in a new post.

The censor questions every progress we make, positive step we take. I often experience this at the end of the day. It says are you sure that was the right thing to do? Or all that benefit you created may not have been so great after all. Or perhaps I have offended someone. Or what's the whole point of that exercise I engaged in, etc. etc. It wants to deny progress we make. Hence it is a censor. Thus it has the stamp of the hostile forces.

Consecrate Meeting Without Expectation

When you go into an important meeting, consecrate it to the Mother, and try not to have any expectations. Have faith in Life's outcome, whatever form that takes shape.

Don't Complain, Instead Change Yourself

If you want someone to change, don't complain about them. Instead change yourself in a corresponding way. E.g. if you see that your partner is messy and you feel the complaint coming on, withdraw it mentally and emotionally. You will soon see the other person changing their behavior in the area you desired change, or in some related area you would appreciate. Though this seems counter to human logic it meets the standards of the logic of the Infinite; of higher consciousness, and the laws of attraction and life response.

Further comment: A further stage beyond neutralizing complaint is to turn it into appreciation for that party, and to consecrate the issue.

Haste In Modern Life that Leads to a Crash

... that haste in which people live – they hurtle through life ... where to? ... to end up in a crash! (The Mother, from Agenda)

Comment: Mother sees how the modern individual throws himself into life, into action, with so little thought; desiring so much; caught up in the whirlwind of the lower vital; fully engulfed by Need, only to be overwhelmed by events; taken down by life, ending in a crash.

Reader: Much ado about nothing.

Response: Yes. It is most challenging for young adults who have so much life energy.

My Goal of Taking to Mental Silence

Karmayogi long ago asked me to take to mental silence throughout the day, which I have slowly been adhering to. Naturally that would overcome the mechanical perturbations of the physical mind. It is one of the goals of integral yoga, and thus a life-long task. It requires one to go deep within. Consecration, non-reaction, taking the other person's viewpoint, self-givingness, etc. are ways to accomplish that.

The Cheerful, Plodding Make Greater Progress than the Impatient

It is the fact that people who are cheerful and ready to go step by step, even by slow steps, if need be, do actually march faster and more surely than those who are impatient and in haste. It is what I have always seen. (Sri Aurobindo)

Comment: Yes, over the years I have enjoyed learning one new life principle ever week or month and apply it, slowly gathering up all previous steps, taking it a little further, having the experience, experimenting with it, learning more about it, slowly integrating it into my being. Sometimes I forget that new idea, but then it all comes back with exact appropriate application, and the cumulative effect is wondrous. As a result, one finds one's self so much further along than one would ever have expected.

Upsetness with Someone Increases Relationship

The more you are upset with someone, the more you forge a relationship with them.

Reader: Yes it's true. We're giving more attention to them

RK: There is always a response to attention – positive or negative. . If the person does not respond, Life responds through a vibration representing that person. – Sri Karmayogi.

Habit of Non-Thinking, Silence

The mind needs to get in the habit of reminding itself not to think so much. Eventually when silence takes root, the body itself can spontaneously serve that purpose.

Overcoming the Inconscience that is Behind the Limiting Aspects of Our Nature

Inconscience is every resistance in our nature, every habit that has outlived its time, every attitude that asserts negatively, every action based on falsehood, every thought that is a part. However the inconscience expresses, if we overcome its attributes we bring light into that darkness. Opening to Mother's Force is the Sunlit Path, the easiest and most direct and effective means for that achievement.

Conversation on Why We Express our Opinions

Why do people express their opinions? It's due to the exclusivity of the mind, which asserts its own knowledge, which is a part, compared to the whole of the truth. It is because the lower vital nature, rooted in ego, dominates the mind, causing it to assert what it knows, keeping it closed to the wider truths of others and life. In spiritual development, this reality is shattered, and one is able to continuously open to the wider truths on any matter, to other peoples' points of view.

Reader: In Carnatic music a renowned critic Shri Subbudu gave critics about musicians' performances which was widely appreciated by famous musicians too as review from him itself was considered a tribute. Accepting critics is progress and others expecting our critics is evolution or an evolutionary soul.

Response: Yes, one's opinions are not normally welcome, or they are challenged, whereas helpful advice, taken in the right spirit, is appreciated. From the other side, one can even learn to appreciate others' opinions when one has developed a quiet inner poise, though that evolved individual will tend to hold back and not outwardly verbalize a response.

RK: We (I) make opinions

(1) when our expectations /desires /wishes are not met. It may be due to egoistical or not taking other man's point of view or less knowledge

(2) when we are more knowledgeable than the other person , for eg opinion about our subordinates. It may be due to good will (to make them more knowledgeable) or due to lower vital nature (to show our pride , to make them feel bad).

(3) sometimes, by giving our opinion , we may get correct knowledge in that particular subject(for eg in a panel discussion) .

(4) sometime opinion is used for knowledge and information sharing .

Response: Very good points! There is somewhat of a difference between an understanding expressed in the right environment and context, and offering our opinion unsolicited to others.

The Circumconscient

Circumconscient is the plane of all the energies, factors, etc. in the environment, seen or unseen, that are expressing and can affect the individual.

(Sri Aurobindo) By environmental [or circumconscient] consciousness I mean something that each man carries around him, outside his body, even when he is not aware of it, – by which he is in touch with others and with the universal forces. It is through this that the thoughts, feelings etc. of others pass to enter into one – it is through this also that waves of the universal force – desire, sex, etc. come in and take possession of the mind, vital or body.

Obtaining Knowledge in the Spiritual Planes of Mind

Beyond the human mind lies the mind of Silence – Higher Mind – of the Muni. The Rishi is one who sees visions. Visions are figures of light. That mind is called the Illumined Mind. Intuition needs no thought for understanding. Nor does it need Silence or Light. It gets the knowledge direct without any medium. It is the mind of the yogi. It is known as Intuitive Mind. (Sri Karmayogi)

In Meditation Ramanujan Discovered Theories

Srinivasa Ramanujam did not think. He meditated. Theorems of Geometry sailed into his mind. Once two English Professors of Mathematics came to see Ramanujam while he was in England. After asking them to wait, he went in to cook rice. They waited for a long time. Suspecting what had happened, they went into his kitchen to see. The pot of rice and water were overflowing. He was sitting before the oven with eyes shut. It is in such meditations new ideas appeared before his mind. (Sri Karmayogi)

Comment: Indian greatness is to be able to know the truth of things without thinking. It is called Intuition, and is the way of knowing beyond rational thought. The knowledge just appears in the mind from out of nowhere. It has been known in India for thousands of years. They have a great capacity to know this way. Ramanujam knew this way. Einstein's great equation of material existence came this way. I know of others who are able to do the same in many other fields of inquiry. Sri Karmayogi is one example of knowing without thinking through intuition of knowledge in the extreme. There are others. This is the way of the future, increasingly so for an ever-expanding group of people. It is a key to solving the immense, ever-intensifying problems of the world that normal mind cannot resolve. It is thus a key aspect to our further human evolution.

On Blaming Others

We can see that blaming others is due to lack of knowledge of the facts (mental) or uncontrolled emotion (vital) or the urge of the nerves to lash out (physical). In all cases it is due to lack of self-control, as well as an inability to take responsibility for conditions. The yogic attitude is to take responsibility for all conditions no matter how much others deserve (or do not deserve) blame. Doing so attracts very positive conditions; often for the person who could have otherwise easily and foolishly been blamed. Non-complaining thus offers a golden opportunity for success and happiness in life.

[naming and editing point]

Mind and Body in Right Relation

It is not the body that has developed a mind. It is the mind that acquired a body for its physical expression. (Sri Karmayogi)

Birth and Death are the Two Great Mysteries

Birth is the first mystery in life and death is the second mystery. Birth is the soul's adventure in matter. Death is the victory of the soul over matter. Immortality is knowing the soul in Non-birth and Non-Becoming. (Sri Karmayogi)

Stock Markets Trading's Darkness

Share/stock market is illogical as it is based on the lower vital needs of the investors. Sri Karmayogi calls it Dark Money.

Stock market serves a purpose in helping companies come to market and if done carefully and conservatively as an investment for old age. Otherwise it is based on greed accelerated by intense mania that makes it Dark.

Its collapse led to the Great Depression and (in Germany and its collapse) to World War II, and 50 million dead. It almost destroyed capitalism for good five years ago. Its danger lurks treacherously and maniacally, ready to lash out and ruin the world.

Untitled

These are the "olden days" of the future, and the future of the olden days.

Sudden Benefit Related to Improvement in Consciousness

When a sudden unexpected benefit comes your way from seemingly out of nowhere, then you know you have done something recently in consciousness to attract it. It is the ultimate means of accomplishment.

Enormous Life Response Power of Utilizing the force in Work

We outwardly work hard so life will give us what we want. But that's the slow and difficult way of Nature. We now have the supramental Force at our disposal, personified by the Mother, which garners the full cooperation of life when invoked. All we need to do is offer the effort - whether physical or mental - and life will speed up for us, giving us what we want in a tenth the time. And in those rarer situations where the Force does not give us what we want it will be because It perceives that it is not in our best interest. Or in other outcomes, something wholly unexpected in an entirely different area will come to us as a result of our silent effort of consecration.

Squaring the Misconstrued Contradictory

Things that seem to be in contradiction with one another on the surface, may not be so at all when we examine the underlying facts. E.g. in the US, unemployment has been very high for over half a decade. Even now when the rates have come down a bit, they are not counting those not seeking work. Thus the unemployment rate is still historically very high. And yet on the other side of the coin there is word that there are immense SHORTAGES of workers in the US! How to square the two realities?

It is simple really. There is a shortage of SKILLED workers in the US to fulfill job needing great technical expertise. Along with having high unemployment, the US has a shortage of skilled workers to fill jobs in number of key, growing fields including high tech. The general population of unemployed workers haven't the wherewithal to fill these jobs. Thus simultaneously unemployment remains high, and many jobs for cutting wedge companies remain unfilled.

It seems that the country - and yes the entire world -- needs to work together to fill the skills gap, which will also have the added effect of bringing down the rate of unemployment.

So the next time you perceive things that do not square, take the time and learn of the underlying facts, which will give you the necessary insight and fuller knowledge that the next person next to you may never possess.

Best Decisions Based Our Grasping Multi-sided Truth

It is very difficult for an individual to embrace all sides of the truth as the Mind likes to take a side and fix itself there. It is exclusionary. But through deeper consciousness the Mind opens to all truths of a matter, engendering deeper understanding and knowledge. It is thus the destiny of Man to evolve from exclusive mind to rational, intuitive and super-mind that is open to all of the truths about any matter at any moment. Now when decisions are made they are based on deep truth which provides the most chance for integral success. In this way, the slow and difficult way of Nature is replaced with the Spirit in the Mind.

Reader: Choosing a side in sport is a simple example.

Response: Yes. And yet you can enjoy the game very much if you have this more open view. It's not however something we are used to. For years I would occasionally go to Golden State Warriors professional basketball games in the US. The Warriors consistently lost! I didn't care, as I enjoyed the sport so much. It was wonderful to see the skill, the teamwork, the spectacular plays, the strategies for winning close games, the roar of the crowd, just getting away into another reality, etc.

Reader: Yes that's right, it's good practice at staying loose and enjoying the beauty of skill development.

Then of course you have the mine field of nurtured national pride. So the curriculum collective ego construct! This can rid the earth of Poverty and Pain quickly if harnessed for the good of all.

Response: Yes. It's the same thing, but at the collective level.

Was Socrates The Wisest Of All Men? A Paradox

According to Plato's Apology, Socrates' life as the "gadfly" of Athens began when his friend Chaerephon asked the oracle at Delphi if anyone were wiser than Socrates; the Oracle responded that no-one was wiser.

Socrates believed the Oracle's response was a paradox, because he believed he possessed no wisdom whatsoever. He proceeded to test the riddle by approaching men considered wise by the people of Athens—statesmen, poets, and artisans—in order to refute the Oracle's pronouncement. Questioning them, however, Socrates concluded: while each man thought he knew a great deal and was wise, in fact they knew very little and were not wise at all.

Socrates realized the Oracle was correct; while so-called wise men thought themselves wise and yet were not, he himself knew he was not wise at all, which, paradoxically, made him the wiser one since he was the only person aware of his own ignorance. (from Wikipedia, on Socrates)

Comment: This is Sri Aurobindo's view; that being aware of one's Ignorance of the ways of life is the path to an integral, multi-faceted Knowledge and Truth. That is why Karmayogi so admires Socrates.

From Relying Your to the Grace's Capacities

If you are caught up in and rely solely on your own capacities, you will be blocking the Grace from acting in your life.

Reader: Could you also give some examples Sir, please?

Response: When we try to accomplish a work we rely on our skills, capacities, will, drive, thoughts, physical actions, motives, attitudes, energies, etc. The Spirit in us is nowhere to be found. Spiritual life however is to shift from these qualities to full dependence on the Spirit, to Mother and Her Force. What then accomplishes is a product of Her supramental action. We thus rely on Her alone to create the result, and feel and aspire in that direction. All of the other qualities fall into the background, just as when we relied on our capacities, the spirit was far in the background. It is just where we place our faith in the accomplishment of the work: in ourselves and our abilities, or in Her actions. If we embrace Her as the main focus, as the central motive, then life responds overwhelmingly in our favor; far beyond what we might have achieved through our own individual capacities and efforts alone.

Untitled

Sri Aurobindo's Integral Yoga begins when you give up your own capacity as the center of accomplishment and instead let the Force work on your behalf.

Series of Life responses & Great Success

Great success comes through a SERIES of life response over the course of time.

Life Initiatives vs. Ours to Bring Great Results

Life's initiative always gives the best results when compared to our own initiatives.

Example by GM:

I resigned from a company in August 2008, to start my own venture –a pan India company voluntarily called me to give distribution agency without any guarantees and deposits to start Coimbatore -which was hitherto unknown place for me. I agreed and the development was miraculous. After two years I thought how any growing company can be without business in Chennai and so I voluntarily took up another product of International repute for distribution in Chennai but till date it runs with hiccups and every time high have to run to Mother to solve the problems. First time I took the one that came to me without thinking about unknown area or unknown product. Second time I relied on everything I know.

Similarly, In Coimbatore, I took an office cum warehouse that came on my way, without any conditions attached as I was desperate at the time to start immediately and was ready to accept whatever comes first. But I didn't like that, as it was small lane and not easy for car / lorry movement. Nevertheless I took that as I had no other option at that time.

In April 2009, as an expansion plan, I voluntarily decided to open a branch in Madurai. But this time I planned elaborately –in outskirts good location, good for vehicle movement, loading unloading etc and got it, as I wished. But after few months (in March 2010), when I analyzed the business I saw - Coimbatore-is yielding results in different angle. As it is in commercial location and nearest to "town bus stand" small time dealers of nearby towns finding it easy to come, purchase and return by same bus which has developed some sort of retail market –which was not in my business plan at all. But in Madurai it is very difficult to maintain the big office, particularly the cleanliness and difficult to approach as even our labors are finding it difficult to reach, very difficult to generate business in this time of business slow down and finally closed .

Thoughts that Circulate in the Atmosphere (prune as necessary)

Many of the thoughts that you suddenly think of out of the blue and are then excited about are actually floating around in the subtle plane, being passed around from one person to another and accelerated throughout the collective. It enters our minds, we are energized by it, even think it is unique or original to us, when it has been on a cosmic voyage around the earth, journeying through space and time. It shows that we need to be humble in our pronouncements and insights, as they may have already been there passed around throughout the cosmic ether.

Reader: In this respect Facebook does a great service to express our thoughts.

Response: Yes. But are they "our" thoughts, or thought waves passed around the subtle plane that we have merely gotten in touch with. Facebook and the entire Internet is certainly a great way for thoughts to express - whether they are ours or "the universe's".

When we are connected spiritually then these thought waves, especially the best of them come streaming into our consciousness as intuitions and revelations. We can then take to true original thinking and give things a new turn, which can then float about the earth, and after a few days you will read in a newspaper that another person has just thought of the possibility.

Geniuses and original thinkers like Ramanujan, Einstein, Sri Karmayogi, et al create things never before known in the world, though at the higher planes of Mind all of that knowledge already exists, and they are simply re-expressing it and giving a new turn.

The Mother describes supramental expression which is actually the creation of new ideas that never existed before on earth. This Sri Aurobindo refers to as the causal plane. Even at the causal plane of the completely original there are original cosmic Real Ideas of the Divine that are expressions of these. Supramental expressions are not just ideas, but arrive as life responses where the Idea actually manifests as a real thing, form in the world. It's extraordinary.

Reader: Could be thought waves. One cannot claim that they are his original. Thoughts arise in one of several ways, discussion with people, reading newspapers, magazines TV, radio etc.

Response: Yes, the normal communications channels are certainly means of passing it around. But they are also passed around through the ether. Even Science is beginning to perceive mental energy, and how it moves out into the unseen spheres of life.

Increasingly so in the future we will not have to consult the Internet and other knowledge sources to know something, especially an abstract idea or undercurrent. Instead we will tend to know a matter by merely tuning into the ethereal plane. Knowledge then comes through silence, light, intuition and revelation.

Tapping into the Ethereal Plane to Know Beyond the Internet

Increasingly so in the future we will not have to consult the Internet and other knowledge sources to know something, especially an abstract idea or undercurrent. Instead we will tend to know a matter by merely tuning into the ethereal plane. Knowledge then comes through silence, light, intuition and revelation.

Reader: I think all the search engines available on the internet are an aspiration towards supramental because these engines are designed such that when one types a few words one gets instant knowledge about what one is seeking for

Reader: Sometimes, unknowingly, answer for some problem / situation will come from us, which we don't know how we got it without any knowledge.

Response: Yes, it is a form of intuition, maybe even higher to supramental perception.

On Reasons for Monetary Offering (to MSS)

Money is a life force, even a divine force; a concentration of the original conscious force and being. When spent, circulated, etc, money has a propensity to benefit and elevate the person, community, society etc.

Money given for the divine enhances these in an even more significant way, in that it creates spiritual benefits all around, such as harmony, power, timelessness, joy, etc. for individuals and among collectives. It is the life force directed by the spiritual force for divine-like results.

Since MSS leaders align themselves with Mother's Force, the money coming to them from devotees and well-wishers enables infinitely creative, fresh, and dynamic opportunities and outcomes all around. For the individual it is an urge and offering to receive blessing in his life, as well as to participate in something higher to further the work of divinizing all aspects of life for various undertakings, projects, works, etc.

The amount of the offering is incidental, as even the smallest amount with the right intensity and depth of sincerity behind will produce the best outcomes.

Monthly offering to MSS has been a standard practice for many devotees over the years and even decades.

It has been an integral part of my life.

RK: In my experience - as MSS is full of GOODWILL to every human not only to devotees and wants mothers force to enter every were Offering to MSS it definitely bridges the gap that we left in our work to get it accomplished.

Similarly in past consecration, we find something that we are at fault and if we keep aside / or promise an offering with change of attitude, sure it will clear the problems –depending on the depth of change of our attitude bringing new opportunities, persons of similar higher attitudes.

I have noticed the development in proportion to our attitude while sending the offering.

- Mechanically giving as method for prosperity.
- Display of devotion or commitment.
- Giving it with gratitude for Karmayogi.
- Giving with attitude - I am giving this because I cannot serve your directly Mother and so I giving it who is serving you.
- All this are form Mother and so all is for Mother.

Offering as a method for some accomplishment or for some achievement – should commensurate with their growth, with their goal, with their aspiration, with their prosperity.

Response: Thanks for this excellent addition.

Supermind Does Not Think, Divide, Organize

Mind that does not think, divide, organize is Supermind. (Sri Karmayogi)

Comment: It simply Knows, from moment to moment.

Inner Richness as Measure of Spiritual Life

The measure of our spiritual life is the degree one feels Richness inside as a result of our association with Mother.

Beyond Zero Sum Game

Life is organised in such a way that one Man's gain is another Man's loss. Even at an earlier stage of the divine life, life is organised in such a fashion that one Man's gain is the gain of every other Man. (Sri Karmayogi)

(further comment) Can we think of a work organisation for the world where one Man's good is every Man's gain? Conceiving the coordination, attitudes, strategies of such an organisation in one's own life, one finds his consciousness rising to Her consciousness. Her consciousness generates such an organisation. (Sri Karmayogi)

Reader: In the share market the pundits used to say that one man's gain is another man's loss.

Response: Definitely true in the financial markets, where the lower values can often dominate. Whereas in Education say, there is more of positive and positive. Spiritual life is all positive to positive. We see that in consecration to Mother's consciousness. It brings good for self and anyone else we are associated with relative to the consecrated activity.

Not Yet Titled

Grace is usually what we expect as a result. Supergrace is something not in the usual procedure, or law or something within the realm of possibility. A girl seeking a groom and getting one is grace. Contrary to custom, his coming to her seeking her is supergrace. (Sri Karmayogi)

Not Yet Titled

The ultimate Reality behind creation is Brahman, and this world is nothing but Brahman in physical, vital, mental, and spiritual forms.

Comment: This is perhaps the profoundest knowledge in creation. It is the Indian Vedantic revelation now given greater depth and scope by the ultimate futurist, Sri Aurobindo.

Not Yet Titled

Creation is a divine play engaged in by the Divine for the sheer Joy of the play otherwise known as the Delight of existence. (MSS)

Reader: Yes....I hv personally realized that we do all things in life for enjoyment

Response: Yes, that is its goal. Particularly realizing, experiencing that which we did not know, perceive before, which is a rise in consciousness, which releases energy and therefore Delight in our being. Discovery are the great moments in our lives, enabling growth in consciousness, which is Delight of existence. (Our soul is also delighted because it is for these experiences that it entered into our being. Thus the outer being shares the Joy of the inner, Psychic being.)

Not Yet Titled

Effectivity of the consecration depends upon

- Depth of the consecration
- Comprehension of the problem.
- Absence of mental reservations.
- Intensity of the consecration.
- Thoroughness of the consecration of the problem. (Sri Karmayogi)

Comment: "Depth of the consecration" -- Today I consecrated an issue from a deep place, the soul perhaps. It was done when walking. Perhaps it was the first time like that, or the first time I noticed. It felt deep, deeper even than richness, to a kind of hole in the fabric of my being. It was a softly happy occasion, with the awareness of this deep\space, even while walking in the park. Let us if there is a commensurate result.

Not Yet Titled

The greatest of relationship for Man are that of the Guru and the wife. The Guru starts as the telescope, the wife the microscope. (Sri Karmayogi)

RK: Yes Karmayogi says in all relationship only husband and wife has the greatest scope of fulfilment in physical, vital and mental levels or even all three put together. The one between Guru and sishya has the greatest scope of fulfilment in all part of beings that included these three + soul.

Highly devoted wife knows everything about husband by intuition as she is deeply connected in subliminal by her devotion. Similarly sishya will get all the knowledge directly from the subliminal of the Guru, by devotion - with or without the knowledge of the guru. (Example Elakalyva).

Not Yet Titled

When something important arises, we see for the first few minutes or even several minutes what comes and occupies us. If the call [to Mother] is instantaneous, the [life response] result is instantaneous. (Sri Karmayogi)

Reader: I need clarification about Something become important in few minutes? How we can dfr with something or Important? At what point something migrate to Importance.

Response: If it deeply catches your attention. Often this is in the negative. We can consecrate it even as the feeling is intense, which attracts the instantaneous response that negates the negative and brings the positive. We also do it for an important thing that is very positive, such as a great opportunity that has come your way, which can instantaneously now come to fruition by consecrating it on its arrival.

Not Yet Titled

Disappointment is ego.

Not Yet Titled

Sri Aurobindo and the Mother are ultimate Futurists.

Not Yet Titled

Generally, at least till now, man leans on, relies on woman psychologically; woman on man for security.

Not Yet Titled

We believe that a problem we have just gone through is something to be forgotten and left in the past. However, it is really an experience to be learned from and cherished in the future.

Not Yet Titled

Many people complain that prices have gone up over the decades, and this has hurt or ruined their lives. It can be true, especially if one lives on fixed income and the like. But it is also true that many things have gone DOWN in price relatively speaking. E.g. back 50+ years ago to purchase a computer would have cost the individual \$10 million dollars. (\$50 million in today's dollars.) Today it can be had for \$400. a ways back an advertising campaign would cost in the thousands, whereas now in many ways it can be had on the Internet for free. Likewise, delivering mail can cost hundreds in postage to the sender, and now is essentially free via email. Thus, speed and time are also positively affected, not just cost! When we evaluate cost, value, standard of living, etc., we need to look at all sides of the issue, the totality of conditions, including modern conveniences, as well as vastly empowering new technologies. These modern tools give us great productive power that the normal economic indicators (wages, inflation, GDP, etc.) don't account for. Today we can even get a free education online if we wish! Cost there has practically dropped to zero.

Not Yet Titled

Unwillingness overcome quickly attracts positive, unexpected conditions. E.g. a man was unwilling to go to a shopping area with his spouse because he thought it wasteful in several ways. He then changed his position, perceiving that it was a selfish, narrow-minded view. When he then arrived at the destination he found a store that enabled him to purchase a number of things he really needed, but at much reduced

price. He was very satisfied by this turn of events. Unwillingness turned to willingness and even advocacy brings good fortune to the person making that shift in consciousness.

Not Yet Titled

Beyond Grace is Super Grace, where one receives unexpected boons beyond what was hoped for.

Not Yet Titled

Man outgoing is efficient and expands in the world thus. Man going inside outgrows efficiency and expansion. He is not in need of it anymore. If he remains in life, he creates efficiency in others to expand. (Sri Karmayogi)

Comment: I believe the third case describes Karmayogi himself very well!

He goes on to say something similar for India itself:

Not Yet Titled

India ... must go in and find her own inner value. That inner value is not in rituals or the pure spirit, but in the spirit expressing in Matter, Life and Mind. (Sri Karmayogi)

Reader: can u give one example so that I can understand this better

Response: Karmayogi is referring to India not being like US or UK, (which I cut off in order to create better flow in the quote) and to be guided by her own cherished beliefs and ideals. But she should not take to religious rituals or even just melt into the spirit, but instead discover the spiritual values in the details of life. Bring out the Spirit in Matter, Life, and Mind. When we consecrate an activity we do just that. This is no mere ritual, nor just letting into the spiritual transcendence or void, but to change the details of life through the action of the Force. To divinize them, on the way to bringing about a divine life on earth.

Not Yet Titled

Devotees coming afresh to Mother will gladly accept Her, but shun yoga. Ordinarily in our families there will be no encouragement for deep religious life. They counsel us, "Too much of these things is not good. There must be a limit." In our tradition there is a true belief that if a sannyasi stays at home overnight, that family will be ruined.

Among the devotees of the Mother there is a clear perception of all that She is, that long-standing prayers are now answered by Her. Alongside there is also an unseen fear that all that we cherish in this life has to be given up. This feeling is undefined and imperceptible. It is true that we have to part with all the shams of social life, the appearances, hypocrisies, "keeping up with the Jones", the mercenary motives. It will be good if this is clearly recognized and people walk away happily from the false pretensions and walk into a TRUE way of life – the Mothers way of life. Sri karmayogi.

Response: To live for Mother is essentially Surrender. It comes after we have established a deeper center. This enables us to live for Her. It is part of the integral yoga process. There is an in-between state for the householder and the devotee, where we can practice all that Sri Karmayogi has given us to uplift our lives. Here we are living for ourselves, but through Her. Some will make a token tethered connection to live for Her, which will give sustenance to the Soul, which is fulfilled in its cosmic journey several births beyond.

Not Yet Titled

If you want to know why another person has complained or otherwise presented something negative about you, consider the fact that you might have done the same or similar to someone else.

For example, a contributor to an online forum on personal and spiritual growth is very surprised to learn an individual he admires has complained about him. He cannot fathom why since he seems to have a good relationship. But then he thinks according to the law of correspondence and recalls the fact that recently he has complained about a third individual, and therefore that must be what attracted a complaint from the second person about himself! What comes to us negatively from one party, we may

have done negatively in some fashion to another. It is one axiom among the startling, subtle laws of correspondence.

It is helpful to perceive this negative correspondence so you can avoid complaining in future. It is also helpful to offer it to the Spirit to not only guard against its reoccurrence, but to change your nature in this area for all time.

Not Yet Titled

Q: When someone is feeling in need of personal development in order to complete his business tasks as an employee and the business is not providing due to different reasons. What is the best way to do so?

A: Consider how you can take responsibility for what is missing. Conceive of anything you can do on your own to improve your condition. Inwardly aspire for the result. See it in your mind's eye. Don't be disappointed that the company and others are not giving you what you want. Do what you can on your own. See if there is a change in your situation in the days and weeks to come. This is what I call an inner approach to an outer problem.

RK: I was working in a company whose business was executing government contractual jobs, in what is predominantly noted for corrupt practices and compromising qualities. But when I wanted to follow the Mothers principle and reluctant to follow the regular "govt contractor procedure" for executing the jobs, and concentrated on giving quality by other cost cutting measures as far as I know.

Mother within few months gave abundant jobs in private sector- particularly under foreign clients who is for perfection in execution and transparent dealings. The abundance made the company for whom I worked decided on not to concentrate on government and completely stopped doing those kind of jobs from Chennai branch for which I was the manager.

But the companies Coimbatore branch continued to depend on "such job and those type of methods" where their belief was on societal means.

Response: Confluence of business value of honesty/integrity and Mother. It cannot be exceeded!. It gives the solution to so much of what ails India. Karmayogi would be proud. Excellent. Thanks for yet another powerful example of Life Response in Business and Work that I am collecting.

RK: Yes this is first token act in 2006, that gave me faith on token act and "Swabhava" based changes. Since then I relied more on change in consciousness which in-fact has become barrier to pray for anything and even to consecrate.

Response: Yes. To work on nature and also consecrate/pray/call can be challenging. There are points where they can be worked on together. There the poise is increasingly deepening.

Not Yet Titled

Every act you are about to engage in offers at least a subtle sign on how to proceed, or whether to proceed at all.

Not Yet Titled

Avoid asserting, projecting certainty of outcomes, substituting possibility instead. It generates far greater energies for realization.

Not Yet Titled

True Progress is inner progress that evokes outer progress.

Not Yet Titled

Beyond the Internet is the Inner-net.

Mind Existed Before Man's Thinking Mind

It is the descent of mental consciousness into the physical plane that made the evolution of Man possible and not the other way around. In other words Man did not evolve first and later manifested Mind. Spiritually speaking, Mind descended first and later helped to evolve Man. (MSS)

Comment: Yes, Sri Aurobindo describes the involutionary process, the Descent, from the Absolute to Sat (Being, Existence) to Chit (Conscious-Force) to Ananda (Delight) to Supermind (Truth consciousness) to Cosmic Mind to Mind to Energy, which would become the basis of Matter in the universe.

Not Yet Titled

When Man emerges in the evolution, he develops mind, which already exists as a plane. He simply evolves to the point that he increasingly uses mind, which is already there to begin with as it arrived in the Involution. As Man evolves, he not only makes breakthroughs in mind, but the plane of Mind leans down to enable that compulsion.

When Man evolves to spiritual Mind (light, intuition beyond rational thought, revelation, supramental integral perception), those plane, which already exist through the involutionary process, also lean down and give their influence in Man's (spiritualized) mental evolution.

Not Yet Titled

There is little gratitude for what is; but there is plenty of ingratitude for what isn't.

Not Yet Titled

The way to the future occurs by being fully engaged in the needs of the present.

Not Yet Titled

Holding onto one's opinions (not expressing them) harnesses energy for greater accomplishment.

Not Yet Titled

Stay positive to attract positive conditions; otherwise you will experience the opposite.

Beyond Karma to Resolving the Contradictions of The Reality, The All (prune as necessary)

By "karma" people are usually referring to negative actions of the past accumulating on and influencing the present. Karma is also the positive and neutral aspects as well. This totality of karmic past and the conditions of the present, and for that matter anything else in the world is what Sri Aurobindo calls the Reality (Brahman). It is all mixed together in a soup of interrelated existence. There are harmonies, knots, contradictions, and everything else under the sun, and ALL serves a purpose in the evolution to move things forward. So in that sense (negative) karma is not negative at all, but part of the porridge of the now on the way to the higher consciousness future. Without the negatives there might not be the energy and will to move life forward, and so we would just stand still. So I think it is correct to ask whether it is necessary to dissolve karma, as it is part and parcel of the essential stuff that will enable further progress. When people see the negative, they want to overcome it, which furthers growth, progress, and evolution. This is echoed by Sri Aurobindo's remark that contradictions are (secretly) complements on the way to something higher. And yet at the same time we need to acknowledge that the Mother and the Force She embodies facilitates this process, breaking down the negative side, and bringing about the supramental new.

Reader: Sir but in Hindu rituals karma has a prominent role the past karma and present karmic activities. There are number of theories and essays on karmic effect which nobody deny this, my only perennial quest is to rid of karma how to do this and how to overcome the obstacles I was a staunch savitie and from a traditional orthodox family but after I came to mother I never go back to the old system. Even I stopped visiting temples more than 17 years in spite of coming close to mother I do know how to eradicate Karmic effects. I am sure my family has done karmic acts in the past. Sir please guide me

Response : It is good you have gone away from traditional views of karma, ritualism, orthodox view, temple etc. Compared to the deeper knowledge they are somewhat superficial and mixed with the false.

To answer your own questions about your life situation, you will need to send me detailed information about your condition. (90% of the problems are usually there in the attitudes - towards others, work, self, and life.)

The important thing as devotees to know is that our calling, consecration, prayer, surrender, etc. to Mother (the supramental force in the atmosphere) dissolves karma. I.e. it rids us of our negative qualities, and the negative influences on us in the atmosphere from past and present conditions. Mother is causal power that eliminates all negatives, and creates infinitely creative new positives -- often instantaneous to our opening to Her.

Reader: Karma is subjective. Goodness to all is perspective. Yearning for Good to all Beings is objective. The dimensions to relate above Is RELATIVE!

Response: From another perspective karma can be seen as the very best thing for our growth. Without it there would be nothing to overcome, and we would live a stagnant existence. Karma becomes the challenges of life. The Reality, the All (Brahman) includes all karmas -- good and bad, big and small -- a means to move forward. Practically speaking, pain takes us to pleasure, negative to positive, ignorance to knowledge, difficulty to progress. This is the view of the Marvel of existence; that all serves a purpose in the unfolding, and the movement upward; including the negative and the small. By opening to Mother, this process is facilitated; there is a vastly quicker movement to the positive; in terms of space, time, values, realities.

Not Yet Titled

In higher consciousness, subject and object division melts into Oneness.

Comment: When we are in touch with our soul and true self, this is the experience. It is also the Divine's own experience.

The Divine as the undivided One enabled a universe by creating dualistic subject-object relations. Eg the knower knows the known, the lover loves the beloved. This is what Supermind brought about. It created division out of oneness to enable a universe of distinct forms with distinct consciousnesses. Now the role of evolution is to go beyond the division and re-establish harmony, unity, i.e. Oneness. Subject and object become one thing. No division between knower and knowledge, between lover and beloved, between creator and creation, etc. etc. When we move to the depths within, culminating in the soul, this non-division and Oneness is experienced by the individual.

Not Yet Titled

It is always best to communicate your words clearly and logically, to help the reader understand the essence of what you are trying to get across. Often it is best to wait till that clarity and logic is established before communicating to others. The tendency is to blurt out whatever is on one's mind in disregard of the audience. It also does a disservice to the insight or important point you are trying to get across.

Reader: Very true. Speech with unclear words creates differences among people. In Tamil language also a book has come out Engengu kaninum edaiveligal, stressing this point. This is written by Erama Vairavan. Wherever you look there are differences among people.

Common Sense vs. Faith

- Even when common sense appears to work, it is faith that moves the affairs.
- To willfully choose common sense instead of faith, will be an eternal block.
- Common sense can solve problems, but cannot raise consciousness.
- Faith solves the problems raising the consciousness.
- Common sense or rationality is what Man knows to be valid social experience.
- Faith is the belief of the Individual in the Divine, something higher than himself.
- According to these definitions one is the best of the past and the other is the endless potential of the future.
- Obviously one is severely limited and the other is limitless. (Sri Karmayogi)

RK: Insight by experience -> commonsense by knowledge -> Faith->Trust->Shift->Transformation->Evolution.

The Secret vs. Consecration to Mother

Q: How do the methods of the Secret compare to consecration to Mother for producing the desired attraction result?

A: In the Secret approach, visualization plays a part in the process. I would assume visualization alone will not always work, but does for some people in certain circumstance. The other day in doing some research for current work on life response in business I came across a number of people who did visualization and got some result. However, there is much more to it if it is going to be infallible as in consecration to Mother.

E.g. if we examine the three essential steps of The Secret as outlined in Human Science (shown below), we see that more than mere visualization will produce the desired results. Even with these additional factors (like emotionalize, letting go, aspire and wait, etc.), there are other factors beyond these that come into play for guaranteeing the result -- especially as relates to personal attitudes, intensity, sincerity, trust, faith, the person's karma and destiny in life, what is best for the person's growth, the atmosphere and conditions, etc. (Note that a number of these also come into play with consecration, which can be summarized as "receptivity.")

Here are the three essentials for success in the Secret approach as outlined in Human Science by MSS personnel:

1. ASK: Intensely visualize and emotionalize the goal you want to achieve and continuously concentrate on the achievement of that goal. Avoid all negative thoughts that are contrary to the achievement of the goal. Especially avoid focusing attention on the problem or situation that one wants to change, since according to the law of attraction, attention to the problem reinforces the existing situation.
2. BELIEVE: Wait for the universe to respond. It is not necessary for you to know how your goal can be accomplished. Do not dwell on 'how', only on the goal itself. Your task is only to intensely aspire and wait for circumstances to turn in your favor.
3. RECEIVE: Align and attune yourself to the universe. Put your thoughts and feelings in harmony with what you want to accomplish. Express only positive feelings. Feel cheerful and enthusiastic. Avoid all negative emotions of any description. Try to feel now as you will when your goal is achieved. Feel gratitude for what you already have.

RK: I think it is mostly faith in any system, principle, divine - that works basically than any other parameters in all prayers visualization etc., In fact all others are intrusions.

I have seen many a times the faith of village people on their family deity – bringing many things that they ask in desperation – from health, snake bites, and cursing the wrong doer. My neighbor girl who was very introvert and never interact with others always displaying irritation – due to her inferiority complex on her dark face ridden with marks of chicken pox. Few month back she visited a Religious Preacher - who asked consistently told her that , he can see the divine cleaning her face and when she started believing that – I can see in past two months her face getting brightened and the marks slowly going off.

For me too- few years back, before knowing about principles, life response, inner outer correspondence etc., I used to visualize Mother, sending Mother before all that I do. I always wonder when other person behave in the way exactly I visualized. Many a times the person using the same word or sentence I articulated in mind, many are unique to vernacular slang and dialect-in all probability the persons from other states don't have chance to know.

But that is not the case now – as I am unable to send Mother without thinking on the other principles I know and how life or Mother responds based on that. And naturally the success is not as before.

Not Yet Titled

Faith & Trust in anything including on our capacity, skill, goal, ideal plays maximum role in an accomplishment.

Not Yet Titled

At each point where you have a choice and choose in the higher consciousness direction, life cooperates and sends you forward as in chutes and ladders.

Eg a man had a choice whether to update a somewhat frivolous app. If he did, it would use precious bandwidth that others were sharing. He decided to update other smaller apps but not this one. After the others updated, he soon discovered that somehow the big frivolous one updated as well, saving time and effort for himself and the parties involved. By making the right, higher consciousness cross-road decision, life instantly cooperated in everyone's favor.

Attitudes, Values, & Methods for Human Transformation

Attitude and values go together. Often we see that the wrong attitude not only has its corresponding right one, but also related human value -- whether personal, business, societal, or otherwise. In turn, very one of the values have their higher spiritual equivalent.

Example: The intolerant attitude of a boss becomes tolerant, which is a shift from negative to positive attitude. Now the company (including that boss) adopts the value of tolerance and open-mindedness.

These are human values. Tolerance and open -mindedness is actually related to two or three spiritual values, including Harmony, Goodness, and Love.

Sri Karmayogi also gives methods or strategies for becoming tolerant. Taking the other person's view and not reacting to another's overly-intense speech or rage are two. These methods are more often accessed when we have developed a deeper consciousness, and when we consecrate intensely and often the issues involved.

Therefore, to see relationships between these factors -- attitudes (positive and negative), values (human and spiritual), and higher consciousness methods, -- and then applying it to ourselves on an ongoing basis, enables us to become a living laboratory of progress, evolution, and transformation.

Not Yet Titled

Perhaps the first thing one needs to learn is not reading, writing or math, but simply how to think. The first lesson on thinking is that reacting is not thinking. Thinking is to dwell on the object. Such proper thinking is key to learning, to great education, and therefore to be fully armed within to take on the exigencies of life. Spiritual knowledge and application is a further step beyond rational thought, as you knock on and open the door to light, intuition, and supramental perception.

RK: Sri Karmayogi says that we are in the clutch of vital. Our thinking should be at least on coming out of that. By thinking only individuality emerges.

He says only those who start thinking that –why I am like this-is the starting point of progress at higher levels. Because –we are today what we are – because this is the position we can attain by choices we made based on our thinking in different stages of life-which we ourselves now agree is based on utter stupidity.

He who thinks of past –connect it to present happenings-and predict what will happen in future-can be called as “tiri kala gyani”. Because thinking comes only when we come out of emotions, opinions and beliefs which make us to think of other alternatives-accumulating wisdom.

When True Thinking Comes

True thinking (and therefore true knowledge) comes only when we come out of emotions, opinions and beliefs.

(thanks to RK)

Not Yet Titled

Thinking is superior to dullness of not thinking. Yet silence of the mind is preferable to thinking. Acquisition of integral knowledge progressively increases along this line.

Reader: Mere intense thinking can result in mental tiredness, and thus resting our mind is preferable as you say.

Response: Yes. Resting the mind is very helpful. It leads to right thinking thereafter.

Mr. Darcy's Great Soul-Based Change of Nature

No greater growth in consciousness in literature is seen than Mr. Darcy in *Pride and Prejudice*. In the name of Love he ventures to become opposite of his lower nature. He succeeds, making the 180 degree reversal. It is an astonishing achievement; a connection and movement of the Soul, the Psychic Being, as his soul yearned to move in alignment with Eliza's.

Compared to Darcy's 90%, if an individual makes a 1% change in a lifetime it is unusual. Even then he complains when the tiniest habit or attitude or belief is threatened. No wonder he hardly changes; and as a result merely takes up space.

It is because our Aspiration for true self-improvement is limited, weak, flimsy, brittle, or non-existent. Even when we decide to uplift ourselves in the name of that bit of Aspiration, we struggles mightily; we fall back easily.

Perhaps like Darcy we need someone or something or some event or circumstance to awaken us out of our slumber; to shock us into making the Soul connection, which seeks to change our lower into its higher equivalent, enabling transformation of our very lives.

Reader: It is true that we need someone / something /some circumstances to awaken & transform us

I came to know one man 3.5 years back. I started like him a lot .I never spoke to him , but I was attracted by him , That time only P&P sessions speech started in MSS centre, I started changing myself like anything , non-initiative , harmony , sweetness, silent will, etc. whatever taught in MSS. After 6 months, that man changed his job and went somewhere. He was the inspiration to follow KARMAYOGI's P&P principle till today. I don't know where he is. But thanking him to make me to move in the path of progress.

Thanking KARMAYOGI for the P&P sessions in MSS

Response: A lovely application of the idea.

Not Yet Titled

The question I am asking of you this Easter morning (symbol of new birth) is what is God, the Divine's Strategic Plan?

Reader: Good question. GOD is a power which drives the entire universe thru his presence in all his creations.

Response: Yes. And that is kind of what I believe the painting above illustrates. The Divine's One Light, Power diffuses into infinite shadings, colors, in the manifestation. His strategic plan then is to bring about His Consciousness into the universe, into the details of existence, which is a process that is continually occurring. We are then the vehicle to make that happen from our side; to be conscious of and collaborate in that process if we so choose.

Then what are the attributes the Divine seeks to manifest of Himself in creation? Sri Karmayogi lists among them Peace, Harmony, Knowledge, Truth, Goodness, Power, Abundance, Creativity, Love, Delight (Joy), Timelessness, Infinity. We can each experience any and all of these, and also bring them out in life around us through our higher consciousness aspirations, feelings, thoughts, and actions. This would then fulfill God, the Divine's Strategic Plan.

Not Yet Titled

Instead of being irritated about a person's particular wanting attitude or behavior, best to forget about it; or better still consecrate and forget. Better relations will soon follow.

Cleaning Up the Mess

If you do not react and remain still and patient when a problematic situation arises, it will get resolved by life on its own, and in the most interesting way.

A man who shared garbage disposal bins with his neighbors saw that it was overflowing with junk due to the slovenly ways of the neighbor's daughter. Rather than get upset about the mess, he remained very calm, still, and patient.

About an hour later the girl's mother came out and strongly scolded her daughter about the mess she made and ordered her to clean things up immediately, which she did. The daughter was even aided by a friend who suddenly appeared on the scene. Just like that the entire matter was resolved. The man did not have to lift a finger. In fact, he had practically forgotten the matter until he heard the mother speak out so vociferously.

That is how life responds when we practice non-reaction. It not only does so quickly in its own time, but in the most interesting of ways.

Not Yet Titled

There are likely two to five key attitudes or beliefs of yours that are fully in error and are holding you back in life. What are they, and what are you going to do about it?

Reader: There are many here who believe that mere prayer can remove all the mistakes one has, God will do the work for them.

Response: Very definitely, if done in the right way. But you must want to change those too intensely as you ask God's, Mother's help.

Not Yet Titled

The man normally depends on the woman for psychological strength. Woman normally depends on him for physical security.

Reader: In this respect the East and the West are the same.

Response: Yes. It goes back to primordial humanity.

His [Darcy's] need is love and romance.

Hers [Eliza] is Pemberley and status.

Romance is a complement to status.

There will be no romance for Darcy if she had had no mercenary needs.

Elizabeth's need for Pemberley subconsciously rises as romance in Darcy.

The woman's romance is for security.

That Man can emotionally expand into a woman's personality is his fulfillment psychologically.

The woman by expanding herself safely in security of a property is her fulfillment.

One becomes the complement of the other as the nut fits into the bolt serving a wider purpose.

Not Yet Titled

When a person aspires to move upward, whether in business or other aspects of life, it is really, secretly a growth process. That is why we are here - to grow and rise in consciousness. It occurs in business and every other field or endeavor; even love. Sri Aurobindo thus presents his great maxim: "All Life is Yoga."

Higher Forms of Love and Divine Love (review)

Reader: I was reading some material about Bhagavan and Smt. Mrinalini Devi; one gets the impression from letters He wrote to her after at least two of His major realisations that there are many higher dimensions of love that are yet to be understood.

Response: I would think it begins with ecstatic love of self-givingness between two people, and beyond that to unconditional love, then further still to soul to soul connection (psychic love). Then there is love of God, and further still becoming God's Love in one's self (like Jesus), and beyond that ... I cannot imagine.

Mother has had the experience that each movement of creation is of Love, when she had her remarkable experiences of Pulsations of Love in the universe as explained in Agenda.

Sri Aurobindo and Mother have both mentioned that if Love descended on earth with all its majesty, we would be overwhelmed, crushed. Thus truth must come down first, to give us more understanding and balance, which would enable us to become more receptive instrument for the descending Divine Love.

Reader: The love that Shri Aurobindo expressed to Mother may be the formation of Divine love. That is he gave her all and that made Them. Spiritual reality is always seek Thy will and see Divine in all. Then even the least squirrel gets the divine acknowledgement .By accepting that a person has some potential and allowing them to express it freely is also Divine love. For us it is encouraging others creativity. Those who receive that Divine love should pass it to all thus giving a meaning for the grace we have received in our life.

Not Yet Titled

Yoga is conscious evolution.

Further comment: Normal life is unconscious evolution -- slow and painful, if at all.

Not Yet Titled

If you do not have the capacity, skill, talent, strength, will, focus, right attitude, etc. you can offer it to Mother and Her supramental Force, and She will soon help you in that regard.

Standard And Spiritual Keys To Success

As Sri Karmayogi often reminds us the keys to success in life are aspiration, intention, will, effort, capacity, knowledge, skill, strength, organization, attitudes, values, and energy, among others.

Each of these has its sub-components. E.g. within organization there is cleanliness, orderliness, systemization, non-wastage, clarity of thought. Within intention there is intensity, depth of belief, focus, etc. Effort, another key, can be physical, vital, and mental. It can be focused, persistent, unrelenting, going the extra mile, etc. These in total can be considered the Standard keys to success.

Beyond these are the spiritual-level keys that bring about ultimate success. I.e. greatest results in the shortest period of time with the least effort. They include self-givingness, silence and silent will, reduced speech, taking responsibility instead of blaming, seeing negatives as positives, following life's opportunities/initiatives vs. one's own, power of intuition and vision, non-broadcasting a work till it is completed, non-anticipation and expectation of a result, knowing and following the subtle principles of life, consecration (instantaneous miraculousness), powers of harmony, heartfelt gratitude, making the right crossroad decisions, taking the other person's point of view, etc. etc.

Indians Seek the essence of Things

Indians are by and large Essence Seekers. If they can tie that subtle capacity to material reality and life's activities, they will be enormously successful as well as fulfill their destined role as Gurus of the world.

On Sensationalist News and Gossip

News has always a tendency to become sensational in the hands of characters who are trying to exhaust in themselves the sensationalism of the day. Through this route news become entertainment. It will be a glorious day for humanity when Man as a reporter, editor, reader refuses to entertain sensationalism, as he has overcome in the last few centuries the entertainment of torture or execution. That was to overcome physicality. Overcoming sensationalism is to overcome vitality. It is certainly a cultured gathering if no one there feels free to release a piece of such gossip. If the ranks are hesitant to carry a sensational gossip to the leader or the top echelon, we can certainly say, it is a cultured cross section. (Sri Karmayogi)

Not Yet Titled

Cosmic life is Soul relating to soul without egoistic barrier to penetrate the infinity of the other as a step to universalize himself. (Sri Karmayogi)

Comment: An extraordinary statement on the nature of ultimate relationships that enable us to fulfill our universal nature and purpose.

Not Yet Titled

A devotee makes psychological progress by consecration. A sadhak has no such necessities as all outer contacts are under his control. His world is inside. (Sri Karmayogi)

Comment: Yes, whatever the Sadhak [practitioner of integral yoga] aspires for occurs on the outside without him lifting a finger. He has the universe inside him, and moves it from there. Eg Sri Aurobindo intimated the French Revolution originated in the Himalayas.

Not Yet Titled

The greatest victories are the least noisy, the manifestation of the new world is not proclaimed by beats of drum. (The Mother)

Comment: Sri Karmayogi is the greatest example of this principle I know of.

Not Yet Titled

Each time we express Ego we separate ourselves from others and life, and the truths they and the world have for us that we are shunning due to our self-absorption in our own selves

Not Yet Titled

Not only can we be true Individual beings who express their ideals and individuality, but as a result become true Universal beings serving and uplifting others. It is our dual mission in life.

Unregulated Financial Speculation: The New Global Nuclear Threat

Until recently it was the atomic and hydrogen bombs that threatened to destroy the world in an hour or less. More recently terrorism was perceived as the great threat. Now there is a threat as great as nuclear war and a thousand simultaneous terrorist acts. It is imminent economic collapse due to unregulated financial speculation. At infinite speeds, it can go awry in five minutes and bring down the entire economic system that was built up over the course of the last five thousand years.

There are warnings all around, yet there is obliviousness to the fact that financial collapse can occur in the blink of an eye. Greedily crawling over one another to extract the most financial benefit, speculators are the new conjurers of darkness. Their mixture of greed and accelerated technology can bring down the entire system in an instant. As a result every person would lose every penny he possesses, all property he owns or rents would quickly disappear, all savings gone, his or her job eliminated, his skill no longer needed, his home and family decimated beyond belief. The entire economy and society lying in ruins; the global nuclear threat of speculation turned into a holocaust and reality.

And yet this threat can be avoided through increased global regulation of the financial speculators, both nationally and internationally, as well by the repudiation of this dark element that resides in the heart of man. That way we can avoid this new form of nuclear nightmare; one that increasingly seems imminent.

Reader: Huge mistakes cost a big loss. Mistakes become huge if flow is in the wrong direction. Science or money flow should occur in the right direction

Response: If you study history you will have seen four or five major financial crisis in the US. Based on these you would have learned certain lessons. Now if you consider the new times, you would be able to anticipate new iterations of the problem. Instead history was ignored. It is still being ignored, and it is right in our face! Yesterday I read that financial speculators have been given some new freedoms. Their lobbyists are powerful. I am often reminded of composer Richard Wagner's Ring Cycle based on an ancient story where people climb over one another to reach the top of the mountain of gold. It's the darkness in the heart of man. Sri Karmayogi calls speculative based finance "Dark Money." Through our higher consciousness we turn the dark and neutral money into a positive, even divine Force. It comes down to how we value money. He has taught several dozen key attitudes and behaviors toward money. That will turn so-called dark money into instruments of Light.

Reader: Those running it see no harm. After all, they defend it as their own and so are oblivious to the danger they have created through their perceived superior minds.

Response: It is true, yet US leaders and its citizens sanction it as being un-American to be regulated by government, creating the potential for the worst conditions. Americans' only memory is the pain they suffered from the Great Recession of 08-09, which is forgotten amidst the porridge and complexities of daily life. Citizenry obliviousness meets financiers greed. Lethal combination. It is the reason WWII got going in Nazi Germany after the Great Depression and the collapse of the Weimar Republic there.

Not Yet Titled

"All experiences without exception—thoughts, feelings, emotions, desires, even physical sensations and urges—are forms of energy, vibrating waves that move from one person to another, radiating out from centers of generation and spreading by a process of contagion. Fear spreads in that manner. So does joy and love. The contagion of any vibration in any situation is subject to precise laws that depend on the nature of the relationship, the attitudes and receptivity of the persons involved."

(from THE BOOK by Garry Jacobs, Chapter 82 'Contagion')

Comment: Some pages later (p.305) the following is stated:

"when you feel love for your children, you are releasing a life force that cannot be detected by any scientific instrument. But it is intensely real to you and very real to your children as well. Even if you do not express that love in words or actions, your children still receive it and feel it. It nurtures and protects them in life as surely as any physical force."

Avoid Saying a Thing Before It Happens (review this)

It is best to avoid saying a thing will happen before it does. Over the course of several months a man continually verbalized that such and such a thing would definitely happen, especially regarding potential clients; and each time the opposite proved to be the case. When you gleefully or emotionally speak out an outcome before its occurrence, you drain all energy from it actually occurring.

Reader: It happens in our life so many times. But we take pride in telling the outcome

Response: Yes, it is related to pride isn't it. That's a helpful thought for me Kosalai. Thanks.

Reader: I think it causes "confusion energy" which so does not 'allow' any 'natural' enfolding process. The "reason" why the man in the given example did so, is maybe because of some sort of "rigid bossy boss" that he -in whatever way- sensed?

Hi Roy, I meant trying to see 'why' the man in the example would feel to express "in front" of the actual outcome already "how it all would turn out", so then if he/anyone feels such a need, then there must be some "reason why", else no need; for example "the man" may feel to have to 'please' some "boss" (or anyone else he wants to "please"), so some sense of "having to please" then leads but to straying away of his inner focus, so a lack of inner focus, the "energy" that comes along with this is but "confusion", eventually the entire process becomes "forced" instead of 'natural' and the (later) outcome then the result of the force of "confusion".

Response: Yes, the need to please is an interesting possible cause. Often that has roots in insecurity; sometimes not. It is an interesting subject!

There is another possibility. By emotionalizing the possibility it makes you feel better. It gives you a shot of energy. It stimulates you so that you will see that it is carried out on a wave of emotion. However, the emotion can give way at any time, and the reality (positive, neutral, or negative) of the actual situation sets in. So it's like an emotional high, working of adrenalin in the mind and emotions. Some salespeople are like this to keep them stimulated, though it can seem a little buffoon-like. The whole approach sidesteps thinking and the natural flow and fate of life. It can come from a parent, or be developed in childhood due to emotional conditions of being raised. So we are back where we started again, asking "why?"

Reader: The "salespeople" approach how you put it, Roy, I find an interesting observation, as such attitude can never be based in real shared 'mutuality', eventually is an illusive "one man's show", and a person that "buys" whatever based on but "salesperson confusion", will first of all not 'become' that particular "salesperson", just because s/he 'bought' the whatever "buy", yet the "salesperson" can feel "good" about the illusion of having "sold" whatever it is, and may --albeit for a limited time-- feel it is

because of his/her "selling emotions" that way, but the person that "has bought" the whatever "buy", will possibly enjoy what s/he "bought", or not at all, but --in both cases-- will likely forget totally about the particular "salesperson", as 'after all' it is the quality of the product (=the whatever "buy"/"bought") that is what it is about and not the whatever "salespeople emotion confusion". A natural flow in a 'mutual transaction' however would be that someone can ask questions or ask for more information where the other one provides fact-based answers and gives helpful insights that way, so in this situation the 'confusion' that the deviation strain on "emotion" (confusion) of "selling" would but only bring, is not there so the whatever outcome for both just is completely 'free' as supported by the 'natural flow' of mutually shared infinite space, just the flow of life.

Response: Thanks A. The salesperson aspect is interesting. As you suggest it is not true sales; whereas listening and gathering knowledge is more what it is about.

Another take: In the individual post the person involved is garnering the reward of the future in the present in order to feel better now. But that drains the future of its positive expressions. Why the need of the shot of that "future victory" in the present. One thing that comes to mind is that experiencing the emotion of victory of the future in the present is an emotional wave that particularly stimulate an emotional type person.

Not Yet Titled

Silent Will is one of the most powerful ways to elicit results from life. That does not mean there shouldn't be communication among parties. Rather it means holding back in your speech the things you want to see happen, which has the subtle effect of causing others to say it or bring it about.

Reader: Yes. Have experienced the power of silent will during every day of my life. But due to the urge, many times, silent will is not applied, because of that problem arises.

2 days back, one of my fb friends posted mother pic in his timeline. In the pic , flower vase was hiding mother smile. I thought of posting the comment. Then I didn't do and the thought was gone inside. Just 5 min after, one of the other friend is posting the same comment , requesting to move the vase so that we can see mother's smile.

Response: That's a perfect example of Silent Will power as devised by Sri Karmayogi. It often requires great restraint from action or expression. Congratulations if you are able to do this regularly.

Not Yet Titled

Every psychological advance in human nature requires an alteration in the existing structure of human personality and evokes a force of resistance from those elements which are organized at the previous level and refuse to change.

(from THE BOOK by Garry Jacobs)

Comment: Ramesh Kumar said this in response:

Yes, the higher consciousness we get that ascends one level, descends to saturate the previous levels, when a force of resistance comes mostly into the levels we left behind or we supposed to have left. The stabilisation of our move to next higher level is determined by saturation of our lower plane with our will and determination.

Sri Karmayogi says we can achieve the same object by past consecration.

Comment: A man started having even deeper connections with Mother. He felt it - this richness inside - rising frequently from within. Just after that began his physical well-being (health) began to deteriorate, and in part this was related to huge unpaid debts of past years matched by current dramatic lessening in work. The Force coming in was deflected as pain due to these money issues. There was likely other issues involved as well. In essence, his consciousness and being went up, but then went down and met resistance, which he has been working on for several years. Progress is slow and steady. He also has deep aspiration to move out of his difficulties and take up and fulfill the great opportunities that are now appearing before him. He uses Calling to overcome the various limitations as well as the fruition of the vast opportunities. It is somewhat of a yogic effort. It is Ascent and Descent dynamic as you have described.

Not Yet Titled

Every positive social advancement requires a change in the subconscious organization of society. The force for progress has first to overcome the inertial resistance and active opposition of reactionary forces that seek to move in the opposite direction. The faster and greater the social progress, the greater the intensity of the resistance. (from THE BOOK by Garry Jacobs)

Comment: This directly explains the cause of the increase in fundamentalism in recent years.

Going Back and Raising the Consciousness of What You Wrote

It is often very helpful to go back to what you wrote and not only correct it for accuracy and clarity, not only eliminate any harshness and over-assertiveness, but respect and write to the emotional needs of the audience. It is one expression of what Sri Karmayogi calls "culture" in life. I.e. making the other party feel comfortable and at ease.

Not Yet Titled

The ideal attitude of the sadhak towards Time is to have an endless patience as if he had all eternity for his fulfilment and yet to develop the energy that shall realise now and with an ever-increasing mastery and pressure of rapidity till it reaches the miraculous instantaneousness of the supreme divine Transformation. (Sri Aurobindo, Synthesis of Yoga)

Not Yet Titled

Just as there are subtle reasons for thing happening that we can come to perceive, there are also subtle reasons for things NOT happening that we can come to perceive.

Comment: Example: There is a story called Silver Blaze in Sherlock Holmes. There he recommends to the Inspector to know the significance of the dog that did not bark in the night.

Further explanation: In knowing the truth of things we can make use of Sri Karmayogi's vast insights into the subtle nature of life and its workings. This is the greatest knowledge ever available into the meaning of what is currently occurring. We can apply those principles by first observing the evidence. The evidence is what appears, but it is also what does not appear. Now using the subtle principles we can perceive what is really happening and the arc of life into the future.

E.g. a man has suddenly appeared after six months. Why did that happen? Sri Karmayogi says it is because you changed your consciousness. It is inner-outer correspondence. Your higher attitude instantaneously attracted him. Now suppose he had never have come and there is failure as a result. (I.e. what did NOT happen). There too you can observe an absence or negative consciousness that created that condition of failure.

Not Yet Titled

Man ordinarily takes an initiative to succeed, which often accomplishes; but almost equally fails. When he does achieve, it is ordinarily solid, though modest. Sri Karmayogi indicates that to achieve at the very highest levels, one should not take any initiative, rather aspire for and await for life's opportunities and initiatives to appear, and then take them up in full. Doing so results in extraordinary, super accomplishment, beyond our wildest dreams.

Further comment: -"Aspire" can be consecrating to the Force something dear to us that we want to accomplish.

-Often what comes will be different than what one wants, but we should still embrace it, as it is what the Mother, the Divine wishes for us, for our growth. Embracing that in full can enable other aspirations to be fulfilled at a later date.

--Sometimes what comes will not be due to our conscious aspiration, but to the aspiration of our subconscious.

Not Yet Titled

If I can make my way to Surrendering to the Force and then accepting what comes instead of taking mental initiatives to make it happen, then the result will be extraordinary in terms of consciousness and accomplishment.

Limits of Mind for Accomplishment

The mind is filled with an array of limitations that can prevent life from blossoming through the action of the Force. There is also another aspect: Mind or mental activity itself does not accomplish according to Sri Karmayogi. For us to accomplish we must also be at the vital plane of Will and life movements. Mental activity or action only attracts more mental knowledge. Will is absent when mind alone work. E.g. to attract sales you must have not only the skills and knowledge, but also intensity and opening in the vital plane of interaction, association, energy, will, etc. Knowledge alone won't do the job. Plus it won't attract as in life response phenomenon. On the other hand Supermind, above mind, accomplishes because it has both the Knowledge and the Will for manifestation together.

Not Yet Titled

Q: We know that knowledge and will together enables the work to blossom. And yet we may have the knowledge to do something, but not the will to accomplish it. How to generate the Will?

A: First of all consider what your personal values are relative to the work. If those values really excite you, then you will have the urge and will to implement the work. This is on the positive side. On the negative side there are limiting attitudes we have about others, life, self, and the work itself that block the will from properly taking shape. These too should be considered, and then overcome. Implementing the personal values that are meaningful and pushing away the attitudes that are harmful allow the Will to join with, fuse with the Knowledge to enable great accomplishment.

Not Yet Titled

It's best not to butt into or meddle in another's affairs unless you are asked or there are indicators of some necessity for you to do so. If you do butt, meddle with the wrong motive, you can exacerbate problems, lower the atmosphere, attract negatives, etc.

Not Yet Titled

When you are open to Mother, your subconscious - in touch with the superconscious - sends up signals to your conscious mind of what to do, helping you avoid problematic situations. Thus you are blessed with Her guidance and protection.

Eg a man in touch with Her heard an inner voice to go to place X instead of Y, which he did. A few minutes later on the radio he learned that a crash and fire incident had just takes place near Y.

Not Yet Titled

Sri Aurobindo indicates Man is born ignorant, divided beings. Yet he has the ability to overcome his ignorance by raising his consciousness to a higher level. In that way he can begin to realize an integral knowledge -- the truest truths about himself, the spirit, and the ways of life.

Armed with Truth Consciousness he continually possesses the right knowledge that allows him to make decisions that lead to creative, dynamic, perfect outcomes. His Integral Yoga is the method and practice that make that transition possible. It is the means of bringing about human progress, evolution and transformation

Not Yet Titled

Though people will change when life presses, they will often go back to the same wanting habits or limiting interests, as the physical consciousness returns them to the same place.

Reader: True. But pain can be changed to joy.

Response: Yes. It often occurs if the problem is perceived as intense enough for them, and they have an opening to learn from life.

On The Need for Rationality

The problem of human evolution is not just to know what is right. The problem is to act on that information. You might say the challenge is for human beings to become rational. We need to move from the vital consciousness of the animal which acts out of sensations and desires, and evolve to become rational mental beings that respond to what the mind knows is to be logical and reasonable. That requires first of all that we become mentally conscious in thought, no longer swept away by our physical sensations, impulses, emotions, fears and desires. We have to be able to detach ourselves from the compulsions of the physical and vital impulses that drive us to act without thinking or reflection. We have to be able to detach ourselves from social opinion and pressure to conform with the thoughts and actions of others, for as long as we are social we can never be rational. Finally we have to detach ourselves from our own personal egoistic way of looking at things and view them from a wider perspective that takes into account every other possible viewpoint. If we can do all that, then we can evolve consciously.

(from THE BOOK, p.328, chapter 91: The Pyramid Scheme by Garry Jacobs)

Comment: This is essentially the method of Yoga (conscious evolution) of Sri Aurobindo. Just add surrender to the divine Mother and Her Force.

Not Yet Titled

Though you may be intensely upset that someone has wronged you, let us not forget that it is something on the surface or deep within you that attracted the result; that enabled it to happen. In that way we can learn to take responsibility for any of the negatives that come our way. Such a conscious approach will have an enormous positive effect on our lives.

Not Yet Titled

I am embarking on a new phase of my life. One way it expresses is "increasing knowledge through decreasing thinking."

Not Yet Titled

The capacity to accomplish is infinitely multiplied by shifting from the outer to the inner and from there to the inner which includes the outer. (from THE BOOK by Garry Jacobs)

Comment: This is overwhelmingly profound. It indicates that from within ourselves we can cause outer events in the world to change in an instant, as the universe is held within us. If we put the Force on the problem in the world, it will change. Or if we change a corresponding wanting aspect of our being to a problem around us, that problem will change. We have that power within us. The universe is in our hands. It is our evolutionary destiny; i.e. to be not only true individual beings, but universal beings.

Accomplishment, Decisions, and Life Response

Accomplishment is by consciousness.

Accomplishment is the process of conscious creation.

Consciousness creates by Real-Idea.

Real-Idea is an intention that carries within itself the power for its realization.

A decision is the mental counterpart of a Real-Idea.

A decision is an act of mental will that carries within itself the power for its accomplishment.

A decision has the capacity to evoke life response. (from THE BOOK by Garry Jacobs)

Comment: A friend of mine made two important decisions recently. As a result, an astonishing array of opportunities have suddenly come to him unsolicited.

Not Yet Titled

It is one's attitude and inner aspiration that determine the result in life, not external circumstances.

Not Yet Titled

Twice recently there were serious disruptions in my area. People were acting extremely irrational. I could have called the authorities, but did not take action; instead I practiced non-reaction and non-attention, focusing my attention elsewhere. Soon after in both instances the authorities came on their own and resolved the issue.

When you get involved you can aggravate a problem; whereas by detaching yourself from it you are practicing Silent Will that causes others to work on your behalf, as they did here when others contacted the authorities. Thus, the problems instantly disappeared. This is how we move the outer life from within. It is a magical and mystical way to become Master of Life around you.

Reader: Please elaborate on what causes them to be irrational in a rich and prosperous state.

Response: The problem involved the children. One where the child in a family was autistic; the other where the parents failed to control their children while they were away celebrating holidays. I am currently residing in a not so prosperous part of the state; at least for the interim.

Reader: the main thing here is... I think that we must have lots of patience and faith in Mother's Grace.

Response: very true. Patience is critical, and is the backbone and support of practicing non-reaction and silent will in the midst of intense or otherwise problematic situations.. Consecrating gives that additional support; or perhaps ultimate support. The result is Life takes care of everything for you.

Not Yet Titled

Sri Aurobindo was the Divine Lord dwelling in a human body.

Response: Roy, I think of Him as a specific 'function' of the Divine Lord in a human body, a

Sri Aurobindo's Compassion, Love

The Mother said that the compassion and love Sri Aurobindo normally showed on his face was nothing she had ever experienced in her life. It melted all before him. Hardly anyone saw him who could judge, as he was solitary for 30 years. I believe he embodied all of the essential spiritual qualities in the extreme -- including peace, light, truth, wisdom, goodness, love, joy, infinity, and eternity. He aspired to bring all of these to the world as expressed in his evolutionary philosophy. He knew how creation came about and explained it in great detail. Only God/the Divine could know this. Sri Karmayogi has indicated that Sri Aurobindo was God on earth plain and simple. The Mother felt the same and called him Lord after he left the body. They both insist that he was not just an avatar, but rather the Lord Himself embodied on earth. Even now he has great influence over events and the progress of the world.

Not Yet Titled

What people call "problems" are often the very things that accelerate progress.

Not Yet Titled

When you are confronted with doing what you want vs. doing what another person wants, and you defer to them, they will surprisingly bring you benefit that is most unexpected, such as what you initially desired!

Not Yet Titled

Srinivasa Ramanujan, the great Indian mathematician indicated that Zero is God, Infinity is Manifestation. This corroborates the ancient Vedic view that the unknowable, ineffable, immutable Divine (zero) became a universe of infinite variation and possibility of forms (infinity).

Conscious-Force, Involution, Evolution

According to Sri Aurobindo out of an Infinite Consciousness emerged a Conscious Force that became the Energy that is the source of creation including matter. This is the Involution.

Life in the universe then evolved from matter to animated life and life forms to mentality and upward to spirit, of which we humans are the crown of creation. This is the Evolution. Involution thus precedes evolution.

Whereas the original Conscious Force gradually was reduced, involved, absorbed and finally disappeared in the involution in order to create unconscious energy that then subdivided into infinitesimal, atomic existence of matter, that Conscious Force begins to reemerge in the evolution from matter to animated life forms to mentality to spirit, accelerated by a rise in consciousness on the part of we humans.

In other words, we bring the original Conscious Force that is the source of the universe back into creation through our higher consciousness, which is Evolution. The Conscious Force/Spirit emerging in life is according to Sri Aurobindo the destiny of universal existence.

Ramanujan and Mathematical Value to Infinity

Reader: "I think Mr. RAMANUJAN trying till his death to define A Mathematical Value to INFINITY.."

Response: Infinity for him was the Manifestation (that originated in Spirit). So we could say that all actualities, plus all potentialities and possibilities in the universe and beyond is infinity. $I = A + P$

Reader: Excellent. ACTUAL vs Possibility Is ACTUARY science which rules the Whole universe.. Next is SPIRITUAL Science!

Response: If it is understood that Consciousness/Spirit is anterior to the actuary/universe, then the science of spirit and of the universe can be correlated. Dr. Goswami has done interesting work in this area in quantum physics, heavily influenced by Vedic and Sri Aurobindo's teachings. His videos are readily available on web, YouTube.

Reader: Potential leads to Possible. Regarding impossible our time is limited to understand all Possibles. Lead to a negative IMPOSSIBLE

Response: We are here to rise in consciousness so we can see all the possibilities, potentialities, and turn them into actualities, which is what enables progress, development, evolution, and transformation for ourselves and the world.

Patience

Patience with family members is Love.

Patience with others is Affection.

Patience with self is Confidence.

Patience with Divine is FAITH.

Not Yet Titled

By remaining as silent as possible in a conversation with another when there is much to say on both sides tends to attract unexpected good fortune for both parties.

Example: A man was having a conversation with his partner. Things recently hadn't been exceptionally bright, so when he heard the partner drone on about minor circumstance that produced little results, he became somewhat restless. However, since this was a period where he was committed to practicing mental silence, he reversed course and simply listened without reactive thought or judgment.

Suddenly the partner mentioned a positive new development, and then another and another! Good news came in solid waves of accomplishment from the lips of the partner. As a result, the conversation turned around and was now filled with energy, especially when a new dimension to their work was revealed, exciting them both to no end.

What started out as humdrum continuation of an uneventful and even somewhat down time turned into one of great enthusiasm and joy about the future. That is the power of taking to mental Silence. It can turn dullness to ecstasy of higher accomplishment.

Not Yet Titled

Life is an amalgam of positive, neutral, and negative. Those who see all of these as necessary given the current conditions will be forever happy and wise.

Reader: But the wisdom to segregate is the Key

Response: That's the traditional answer. However, to see negatives as positives as disguise, as opportunities is the higher consciousness approach. It is how life evolves; from contradictions and conflict, and differing views to higher harmony resolutions. Of course, from this point forward we can act as positive as we can, so there is more positive in the future.

Beyond Positive and Negative

From the highest perspective there is no positive and negative in creation; only forces and forms intermingling in equilibrium and disequilibrium and back again within the universe and beyond. We call this "the Reality". The All. It includes Spirit and Matter and all shadings and planes and possibilities in between. There is only one Reality expressing in infinite variation among forces and forms in creation and beyond to the Source. It is the highest conception of Existence afforded to Man. To perceive the Reality and its workings requires one to rise to a Truth Consciousness beyond Mind; also referred to as Supermind.

Not Yet Titled

A decidedly new phenomenon for myself has been occurring: Mother is instantaneously blocking a post or other act that might trouble or offend, or "deleting" a message that contains a problematic possibility if acted on. Sometimes an app will suddenly crash before I hit the Post button. Extraordinary. It is very close to a material miracle -- of the substance as touch -- as I have experienced. It is different than the Force acting and creating a life result that sets right all conditions or cancels negative situations. Here my hand is literally being blocked, or forced to slip, or prevented from taking action by the Mother before I had the chance to act erroneously. What can we call this extraordinary material-based, spiritually-induced phenomenon?

Reader: I've had something like that happening, maybe two times in the last 10 years, but I know what you mean

Response: A, it is interesting to learn that you have experienced something similar. It's like it's skipping the life plane and one's relation to it, and gone directly to affecting physical movement. We know the Force can heal. It can even alter the programming of the cells on a permanent basis. This feels like something else, though related. It feels like there is another driver behind the wheel; i.e. behind myself. That's it. We shall see where this leads.

Reader: I have experienced this in forums when inflow will exceed mind limits and the urge to make entry will be very fast. But suddenly the post will crash. Then came the facility of auto save where we could retrieve the contents. Consecration was done when the crash took place. Perhaps the Divine wanted to establish power within us and then only outer manifestation. Same with FB as when thoughts are blocked by others consciousness the post stops. In movements of energy flow we face such as long as technology is believed upon. That is why Karmayogi says to do subtle work as it is more powerful.

Response: D, you have explained it well.

Not Yet Titled

When you put the Mother's Force on something that isn't working or is otherwise problematic, it instantly or very quickly self-corrects itself.

We see this with a file that has corrupted information, a computer that won't restart, a bank statement that doesn't seem accurate, an object that one cannot find, a disrupted line one is standing in, etc. In each case, remembering Her or putting her Force on the situation tends to very quickly reverse the condition. It is also helpful to be as still as possible in these situations, which enables the environment to be receptive to the incoming Grace that resolves.

Not Yet Titled

"There is no greater courage than that of recognising one's own mistakes." (The Mother) Thank you Malar

Not Yet Titled

Though we know of Mind in creation, in the evolution we live in, we do not recognize Mind previous to it, in the involution. Thus when Man develops Mind in himself to a higher level, he is actually clearing away the obstacles to the Mind, including cosmic Mind that is already there.

Not Yet Titled

The main obstacle in understanding the other man's point of view is our attitude and eagerness to prove that the other person is wrong and we are right. (The Mother)

Comment: Yes, it is the Ego, which is separative consciousness. We don't want to learn, absorb from another, just because it is coming from another. We instead want to assert our own position which has its root in Ego. The Ego formulates as vital and physical-based preferences, needs, and wants, which hardens us, causing us to assert our own limited view, that turns into an eagerness to prove the other person wrong and we right.

Responding to Life's Subtle Suggestions for Improvement

One phenomenon I have observed over the years is that if an item suddenly comes into my field of awareness, such as a particular article referred to by someone else -- whether for discussion or a question asked or an error in the content -- it tells me that I need to go to that item and improve it. I take this tact not simply because I want to make it better, but because Life is telling me to do so. Invariably when I do, I find problems in it, or ways to make a vast improvement, which others then tend to quickly respond to and benefit from.

It is also another example of the power that is generated when Life initiates, and you respond to that opportunity. In a recent situation life initiated when a friend of mine sent out a reference at LinkedIn to a new article of mine, which I responded to, seeing it not only as an opportunity for improvement, but something life was compelling me to do. It was then enjoyable making the changes, whose outcome benefited others. There was a kind of Intention behind the whole thing!

It is essentially to develop the Subtle Sense of what life is indicating. It's one of my favorite themes that I have been writing about over the years. When we perceive such normally under-the-radar small circumstance, we invariably sense what to do with it; which leads to decisions that create benefit all around. Developing the subtle relates to several aspects of consciousness -- including living from a deeper poise, developing a certain inner quietude, paying attention to the minutia of life, seeing the interrelatedness of events, circumstance, and people, and so forth. Naturally that all relates to life response, decision making, creating successful outcome, etc.. It truly is a New Way of Living!

Four Drafts to Perfection

I notice that I normally go through four drafts in writing something, such as an inspirational thought, an article or essay, or even a book:

- the first gets the urge of knowledge down into an initial form, capturing the original inspiration.
- the second draft smooths it all out, creating clear flow and right language and tone for the benefit of the reader
- the third eliminates small mistakes, creating an effective whole that is presentable to the public
- the fourth attempt to get as close as one can to absolute perfection, and if one achieves that, powerful response tends to follow.

What Initiates the Compulsion to Write

My writing usually occurs after I or another have had a particular experience, and there arises a desire to share the meaning behind; or it originates as an inspiration of knowledge that I wish to share; or it comes as a response to another's inquiry.

The latter is perhaps the most challenging as it asks one to think anew on an issue, yet is the most stimulating, as it tends to tap into the new and unexpected. This can be a wonderful thinking and relating experience. E.g. often I have heard Garry Jacobs Sir make a presentation which itself is wonderful, but then it turns sublime when he responds to a question from the audience. Now the response opens up to

the entire universe, lending itself to marvelous expression and inspiration, integrating an array of thoughts and experiences into a dynamic whole that answers the question, and much more. It is an exhilarating experience for the speaker and the audience when the expression is just right.

Often writers or thinkers or gurus are "waiting for another to ask a question first," which triggers the original thinking process. The response may be crude in expression in the first go round, depending on the capacity of the responder, but has the essence of meaning and inspiration behind it. This attempt to explain can then be reconstituted as a new thought or idea or inspiration to offer the public at a further stage, or perhaps just kept on file for one's self to measure one's understanding progress, or keep as reference material for new writings.

Bringing Timelessness into Our Time-Bound Lives

Time does not exist in the higher plane; only in the lower one. And yet the yogic goal is to experience that timelessness in the details of our time-driven life. It is to bring timelessness into time, which essentially divinizes life.

To do this we can feel that we are not bothered by time; that we have all eternity to accomplish something, yet take those necessary steps and make right use of our energies to accomplish it in a timely manner. That is the yogic poise Sri Aurobindo asks of us. It is a means to divinize life.

Short of that we can practice the following to bring timelessness into the details of time, which can have the life response effect of creating instantaneous miraculousness, which overcomes space, time, and finiteness.

--Having all the patience in the world

--Living in the depths not the surface

--Not forcing things; waiting on life to initiate

--Taking care of the needs of the present, while not bothered by the needs of the future or the drag of the past.

--Consecrating which brings peace as well as time relaxation; and also overcomes time by bringing the future to the here and now. It is life response; instantaneous miraculousness.

Not Yet Titled

What to leave out is as important as what to put in. This was continuously on the mind of Steve Jobs of Apple as he proceeded to develop wonderful new products and services for the world. We too can keep that in mind in our own work.

Reader: Wonderful. There is something in the universe that connects everything. Today only I hv read (again) Garry sir article in Cadmus journal about Steve Jobs.

Response: "There is something in the universe that connects everything."

The Divine is One, so out of it emerged a universe that is also One, though our normal human consciousness is unable to perceive the interrelatedness and Oneness amongst all things. However, people occasionally perceive startling connections and relations between things as a synchronicity of two events (as you have done here). One law of life is that when you take an interest in a thing, focus your attention on a specific subject or aspect or quality, you attract more of it, as occurred to you. I.e. focusing on information of a type attracts more of that specific type of info.

Also, the more you perceive the value of the Oneness of things, the more you will perceive Oneness events in future. Thus taking an interest in the subject of "life response" or "synchronicities" will attract more of them!

Not Yet Titled

God, the Divine does not punish. Rather Man "punishes" himself when he attracts commensurate results to his negative behavior.

RK: Sri Aurobindo says that even Mother's punishments are Grace. The Divine Mother only has one thing that She can do. She has only one weapon in her arsenal: Grace. She does not give Grace to some and punishment to others. She does not have that capacity to punish. The only thing She has is a creative

power. Even what we take to be a punishment is Her power coming to us. Why it appears as a punishment is the secret we have to discover in the next few days.

Sri Aurobindo goes further and say, it is not only true that Divine cannot punish anyone; it is also true that you cannot punish yourself, because you are the Divine.

Response: Ramesh, maybe it is lack of receptivity that appears as punishment.

Reader: Lack of mental acceptance of Life Divine may appear as punishment.

Response: Still Ramesh there is the question of whether negative deeds attracts Grace. At one plane this appears in error. At another, correct. From the point of view of the Reality, the highest conception, there is no good or bad, just information; where all is necessary for the unfolding of the Play (Lila).

Reader: Yes. But negatives should not come is everyone's wish. Man can build dams to avoid floods then why not he stops his mental creativity so that negatives will stop.

Space and Time

-Space is extension. Movement in extension is Time.

-Space is objective. Time is subjective and relative.

-In Spirit there is no time - timelessness. In universe there is time.

-The goal is to bring timelessness into time. Doing so brings out life response -- i.e. instantaneous miraculousness; i.e. space and time are overcome as what is at distant is suddenly before us, and what requires duration is negated.

Reader: Timeless beings in a time control space.

Reader: Yes. Through our higher consciousness we bring in timelessness into the details of life (time). We thus become non-time bound beings; where we are now pretty much the opposite.

E.g. Consecration, opening to Mother's Force does this directly. Events are aligned just right for us; overcoming the barriers of time, making us less time-bound beings. Likewise, when we go to a deeper center and act from there, there is a similar effect on time. Such higher consciousness approaches overcome the duration of time, making us less time-bound.

In one sense time is an illusion of the mind. There isn't really time, but our minds think so. And yet when we bring timelessness of the Source into time, we are overcoming the mind state that adheres to it. Infinite possibilities are now released as life responds.

Not Yet Titled

An ideal turning into the practical is the essence of what brings about progress and evolution in the world.

RK: Yes. Probably the process is:

Our knowledge becomes practical when it turns into an Ideal.

The Ideal becomes practical when it inspires one's, will & determination.

Will & determination becomes practical when it moves us to action.

That action is essence of ideal for progress.

But in "Practical" – over a period practical dominates and the ideal goes to the background, and the progress, evolution in consciousness stops.

Not Yet Titled

We should move forward one step at a time, with patience, as if we had all eternity to accomplish, yet harnessing our energies in such a way that we attract an ascending series of opportunities that bring ever-increasing success.

New Paradigm of Existence – Now

There is a rising tide of discontent in many nations of the world among many people who do not want to wait, seeking solutions to their economic and social problems here and now. It is the era of Rising

Expectations where people's needs demand to be met, and very quickly; otherwise in its place will be increasing instability, even revolutionary fervor. The solution is a New Paradigm of Existence spearheaded by new ideals that have at its core a Human-centered society. It is thus time for the peoples across the globe to come together now and solve the world's problems.

Not Yet Titled

The beauty and power of Indians is that are so readily open to any perspective of life, including the unconventional, even the atheist, as their own faith and belief system (predominantly Hindu) already embraces so many aspects of the spirit. That is the status through which spiritual truth can enter, in all its dimensions and variations. No wonder Sri Aurobindo indicated that India would become the Guru of the world.

Not Yet Titled

Sri Karmayogi says every salaried person should become self-employed / an entrepreneur. Also, if the entrepreneurship takes form as being a merchant, or trading, or distribution, the next development should be to manufacture those products he is dealing with. It is a step up in consciousness. (Ramesh Kumar)

Comment: Yes, it is a powerful point. Manufacturing something (as opposed to just moving it) is to know the item in greater detail; like knowing more of a person's nature; instead of the surface character. As a result there is more essence and therefore more energy that can be released by engaging it. E.g. compare Amazon to Apple to see that difference. Amazon ships things for self and others, has big sales, but razor thin profit margin. Apple invents, makes things that are supremely innovative, and has huge profits, including \$150 billion in the bank with no debt! Its meticulously designed and manufactured inventions have seriously changed the world. Likewise, the telecom companies enable data to be transmitted along its line, moving electrons and bits from place to place, but the millions of dynamically created web site (that are "manufactured") release the Internet's true communication and knowledge power.

Response: Exactly. I could not do it but the fact is I influence my children also in this ...My daughter who is an interior designer is very dynamic and creative in nature. But when she tries to do something on her own it does not pay her well and consumes a lot of time and energy. Moreover a liability of a housing loan is also scaring as EMI is quite high which requires a permanent income at least from one member of the family! I feel the fear in me is making my kids also not come out of the salary shell!

Reader: Sometimes we need to fully embrace the current work and do it as perfectly as one can, which will cause life to give us opportunities that when undertaken will prove successful. Self-initiatives without life's sanction fail as much as they succeed. I don't know your daughter's situation. If you wish a detailed explanation of several paragraphs (sent via email or Facebook messages) will help me see the big picture, which can lead to strategies I can offer. It depends on the individual's situation, their temperament; issues often beyond being entrepreneurial and whether to be salaried or not. It comes down to which life laws to apply. (Like the AI system in Garry's novel THE BOOK is able to determine to evoke the best response from life.)

Reader: Being salaried but taking risks in investments or creative ventures or passion turning to work or investing in potential markets may also be business ventures. In India Tupperware, Amway many small scale industries like making traditional snacks and supplying it to stores is becoming more and more popular .What was all considered not as a honour is valued now as money necessity is increasing. What we need is a skill ,perseverance and good public relations. Market when becomes big the employed under someone can be discontinued .It all takes place in the heart to bring the entrepreneurship which Karmayogi says as even without being an entrepreneur we can earn like one. Say Luck may bring shares of a company where we work or percentage allotment of profits or an annual flight ticket for a holiday free. Let us earn for that linkpoints from Mother.

Reader: In my Experience tuning yourself with the Divine makes you float in the air in business. As Roy has put, as Indian house wives, we have some duties and restrictions. But if we offer at Thy feet, business dealings come unasked for, without we straining much, but the sole condition is, opening ourselves to the Divine.

Not Yet Titled

Americans have trouble staying still for even 15 minutes, as their physical energy for action, doing, viewing, reading, thinking, talking dominates their being. As a result, they lack the inner poise to see into the deeper, more subtle aspects of life.

Reader: The extra energy should be spent only in sports activities and after its exhaustion, they may have inner poise.

Response: Yes, that could help. They also need to develop their vital/emotional and mental energies; build them up, so it does not all go into the physical. E.g. being still for a little bit can enable them to be more thoughtful. Living too much on the surface of life, of the visual and auditory (the senses) makes them appreciate too much the physical. As they develop more of an inner consciousness, they will be less physical-oriented with non-stop motion, and move up to rational thought, higher values, and a more overall subtle approach towards life. As a result, they will grow in consciousness and they can continue to be leaders of the world. Otherwise, if they are just physical, the world will stop appreciating them as in the past. The financial crisis made them look inside and see that the outer material is not all there is to life. It made them introspective. But they will need to do a lot more, to develop the consciousness to lead the future. They will need to develop a true inner and outer culture

Not Yet Titled

In Supermind, each individual thing is perceived as a necessary part of the truth, the whole, while still recognizing the distinction of each. Nothing is to be discarded as unhelpful or distained, as in Mind.

Not Yet Titled

In one sense to be Enlightened is to be aware that you know nothing, that you have no real capacity, and that everything is failing.

Not Yet Titled

Mind cuts up, divides life into infinite parts and pieces so we can understand and navigate the world. However in that dividing process, Mind loses touch with the Whole, the Oneness of things, and so Ignorance is born

Not Yet Titled

I believe India will rise because Indians themselves deeply aspire to, and for no other reason. Government can harness that energy; even lead its citizens to a degree. But ultimately the drive forward comes from the aspiration of the people, of individual Indians. That inner flame can grow into a power that releases a torrent of energy that can lead to vast accomplishment for the entire nation.

Not Yet Titled

There is no such thing as "luck" as we know it. Luck is simply the result of doing the right thing inside.

Not Yet Titled

It is not personal reward or gain one should seek from the client, but their progress and success that comes about through our self-givingness.

Reader: As I am coming to understand it, if we are giving all we can of our services or products to truly benefit our customers, clients, readers, etc, then we shall receive. But our first thought should be "what can I give of value?" (At least that's what I'm thinking in my whirling thoughts...) Giving before receiving. The receiving will be a natural result. That's some of what is coming to me.

Response: Yes. Personal reward in any shape or form should be forgotten. It is absence of ego, where we put ourselves in the other person's shoes; losing ourselves in their concerns.

A higher form of this is offering that process to the Spirit, which means consecrating it. Then the benefit to the other party (and to ourselves) will tend to expand exponentially, often in unforeseen directions.

One caveat is that we should give to the right persons; the ones that life sanctions or is pointing to; where the other person seems to be responding, positively. To perceive that requires a certain degree of discrimination.

Not Yet Titled

Luck is instantaneous miraculousness on the outside due to a shift in consciousness to the positive on the inside.

Reader: Finding the connecting thread between the outer luck and inner consciousness is knowledge / consciousness

Response: Yes

Reader: Luck is the other thread of connected inside to Universe. By holding we Can Invite Luck.

Response: Yes

Reader: Luck is connecting to LUCK that is everlasting consciousness which makes Life Divine.

Not Yet Titled

Q: How do you win the game of Monopoly in reality?

A: For one, you must have luck in the "rolling of the dice"; which begs the question how does one CREATE luck in one's life? Second you have to have a strategy based on conditions, and willfully employ it. Third, you have to be strong, persevering, have the necessary skills, make a full effort, and be fully positive in all of your attitudes.

You create Luck in life by raising your level of consciousness, especially overcoming limiting attitudes, whether towards others, life, work, or self. You also do it by opening to the Spirit in the details of one's life. It is known as "consecration." You thereby attract good fortune from the world around you - i.e. Luck.

(thanks to S)

Response: When we bought a car the numbers in the numberplate was used by a Chinese friend of us in Toto and he won a hundred bucks on the same day evening. When we expressed this in the monthly meeting a friend of us immediately said do not aspire for the raw fruit of today but aspire for the ripe fruit of tomorrow. Although we do not believe in lottery till now I could not know why she said so and what does it mean. I can only say that it was not said with goodwill but rather to settle our mind. Many people who by just uttering few words which they consider as knowledge just pull our mind and push their thoughts on us just changing the course of our life. Luck thus gets postponed and others by touching our growing consciousness evoke luck. Whatever we had aspired would be got by others. Alertness may even not help as things go beyond our reach. Our consciousness influencing others is grace making others get luck or preventing it is an obstacle in human evolution.

Not Yet Titled

Act without expectation. (Lao Tzu)

(thanks Kosalai)

Reader: Yes sir. Many of my good things got spoiled because of expectation. Heard in MSS P&P session "Expectation postpones the result, sometimes it cancel the result also". Ego expect, vital desire, soul aspire. We should aspire instead of expect or desire

Not Yet Titled

Our destiny is written in double terms:

Through Nature's contraries we draw nearer God;

(from Savitri by Sri Aurobindo; the Book of Fate)

Reader: Can u please explain this

Response: Life evolves through forces and forms coming in contact with one another, working out their differences, and moving to a higher status. We see that often in our lives, as we invariably make progress

by going through contradictions and conflicts -- e.g. between two different aspects of our nature, between what we want and what life gives us, between ourselves and our boss or colleagues or subordinates, between ourselves and our spouse or our children, between one strategy espoused and another, between two points of view, between two nations in conflict, etc. etc. We and thus Nature (i.e. Life) evolve by working through these dual pairs towards a higher harmony. Thus "destiny is written in double terms"; these dualities and contradictions and conflicts worked out. They are Nature's slow and difficult method of progress. Thus "Through Nature's contraries we draw nearer to God". It is the means of our progress; towards an increasing higher consciousness, which in its highest form is God, the Divine itself.

Not Yet Titled

We can achieve Sri Aurobindo's vision through consecration (opening to the Mother) that establishes a deeper center, including discovery of our soul and psychic being, which compels our mind to soar above sense and rationality to intuition and revelation of truth. And through that supernal light above and the re-awakened Conscious-Force within, the various parts of our being are transmuted into a supernature, culminating in a new supramental existence and divine life on earth. (This is essentially his Integral Yoga)

Results of Reversing Anger

An artist explained that there was so much anger in the world, and he was seriously bothered and troubled by the fact. However, it never occurred to him -- nor practically anyone else who shares such feelings -- that by sincerely shedding such rage, it can vibrate out and alleviate a good amount of anger in that world.

Reader: In no way we must stop from being angry as long as we feel it is right anger. For social and psychological purposes nowadays we wear a mask and just let go our anger. If only we have time to think and express our anger or pinpoint others' defects too there will be unity of consciousness. But there is a threshold and if we can evoke anything in others or ourself then it is right anger in right amounts. Instead we all indulge in damaging others personally. Those persons grow tall while we become small men watching others 24/7 giving quick food that is always producing energy spheres by being jumping jacks and the wise men grow when we sleep.

Response: There is a difference between righteous indignation and anger. The former is to see the wrong in the world and to call it out with intensity that can seem like anger. It is a vital reaction mixed with beliefs and values. Anger is more of a lower vital expression, even lower physical. It indicates incapacity, powerlessness; sometimes missing information or knowledge; and surface living. Karmayogi calls anger "emotional ignorance;" the vital's claim of a non-existent right. He goes on to say that Unity banishes anger. That one who has realised unity with the world has nothing to be angry against.

Reader: Anger developed against some person should not be released towards another person, treating him as shock absorber. A husband whose anger was caused in his office may release it towards his poor wife. The wife in turn releases it towards her son. The son may release it towards the street dog by throwing a stone at it.

Response: Yes, it continues to vibrate. That is why it must be held in check. A deeper consciousness overcomes it for most life situations. Ultimately only yogic effort can completely eliminate it.

Approaches to a Meeting

In attending an important meeting, consider incorporating the following:

- Imagine you are going to meet the Mother.
- In your mind shower the locale with Her light.
- When possible, keep your mind empty of all thoughts. Appropriate knowledge will then come into the mind more swiftly (as intuition).
- Try not to assert. Wait on life or others on what to do next.
- Think less about what you can get and more about what you can give.
- Listen, and listen some more.

- Be open to the unexpected.
- Perceive that from the smallest thing great positives can arise. Don't discount anything.
- Perceive challenges as opportunities.
- Wherever possible, hold back the urge to express one's self. Practice Silent Will.
- Hold back negative attitudes.
- Put the ego on the backburner.
- Show deep consideration towards others through the highest manners.
- Be always at ease. Be yourself. Enjoy the situation

Taking to any of these will elevate the meeting, and draw out the unexpected and the very best from life!

Perfecting Work

"In every act or work we do, the degree of perfection depends on degree of our consciousness." (The Mother)

Comment: Perfection is to perceive the work from every conceivable angle and fulfill the demands of each. Angles can be external (the work itself in all its facets) and internal (our perception of it, including all attitudes, values, skills, etc.). E.g. Sri Karmayogi asks us to take any written document we are working on, whether a short story or a research paper and perfect it in 20 different ways (spelling, grammar, flow, rhythm, intensity, tone, voice, etc. etc.) till there is not even a scintilla of error. Likewise we can take any other work, and come up with several dozen categories of ways to perfect it. When we do life responds in astonishing ways. E.g. one man perfected a document he was working on for a mailing to elicit support for a project, sent it off, and instantly received a response from an entirely different client within 5 seconds that brought him substantial financial benefit for a year.

Another way to approach perfection is to look at the work from physical to vital to mental. Physical could be the dexterity of our handling or the maximum utilization of a resource; vitally is our attitudes about the work as well as our right relations with others; mentally can be to clarify in detail the right order and logic of things, our strategies for implementation, and such.

Yet another powerful way to insure the perfection of the work is to add spiritual methods like doing it patiently; getting at the essence of the thought or idea; silencing the mind so the integral knowledge will flow into our minds as intuition; practicing restraint from communicating information about the work prematurely; perceiving the tiny as an opening to the infinite; see difficulties as opportunities; consecrating it at all points along the way, etc. etc.

When the work reaches perfection through any of these or other means, supramental vibrations are released, (since supermind is Integral Truth consciousness; unity of all the positive details), and, as a result life rushes towards us with good fortune in most unexpected, creative, and dynamic ways.

(thanks to RK for the post of the Mother)

Not Yet Titled

One man's perfection can save the world. (Sri Aurobindo)

Reader: Tamil sage Thiruvalluvar has said that bountiful rain occurs when nature perceives that there is even one good man .

Response: Such a beautiful statement Sir. It perfectly illustrates how one man's perfection can save the world.

The Rate at Which We Consciously Change

People normally change very slowly. When we learn something profound, we are shaken in a positive way, but then more often than not we circle back to our old ways, perhaps with a bit of extra spark. Whether we acquire and implement further wisdom that comes our way -- such as the knowledge of the spiritual powers we have within us -- is determined by our own conscious choice. In that way, each of us creates our own destiny. We alone decide whether our growth occurs slowly at a snail's pace through Nature's difficult course, or rapidly and progressively like an ever-expanding flower garden of delight.

Connecting With Our True Self

It is said that our deepest self craves for our supreme purpose, which in turn compels us to partake in the perfection of life. How then do we get in touch with that deepest element within us? There are many spiritual approaches. Ours is consecration; opening to the supramental Force, the divine Mother power that is there in the atmosphere. Each time we consecrate, in the background our consciousness moves to an increasingly deeper poise, until it comes upon the True Self, the Soul and Psychic Being. That enables us not only to experience spiritual qualities of deep peace, silence, harmony, truth, wisdom, goodness, love, joy, and timelessness, but it gives us a profound feeling of purpose that gives direction to our lives, including an aspiration to participate in humanity's progress, evolution, and transformation. By touching the Soul that is the divinity in ourselves, we open the door to infinite possibilities that is there in the Infinite Consciousness.

Reader: Sir, how can one settle in this deeper poise and how can one make consecration purer and intenser?

Response: Consecration creates concentration (deeper poise). Consecration becomes purer and intenser through increasing SINCERITY in wanting to be connected to and guided by the Mother in one's life, instead of living mere ordinary, outer life.

In other words, consecration can be purer and intenser by developing deeper Aspiration for the Divine, for Mother in one's life.

Reversing a Long-term Negative

At each point where you shift from a wanting element of your consciousness to its positive equivalent, life instantly responds in your favor.

Yes it can happen even after 20 years. A devotee who was cheated by his cousin 20 years back, by which he lost all his rights over the properties he was about to inherit. Though he is well off now, he always had a grudge and till last week he used to fume whenever he think of that and even he said, I should have killed him.

Last week when school final results came, when the whole Tamilnadu got very good marks and pass percentage, the cousins sons failed even to pass. He was so happy in hearing that telling that only his "curse" brought that as that boy was more than average. After a moment, he suddenly started telling that, what that poor boy will do for the things their father has done. Why I am like this, Mother has given me more than what I have lost. I pray Mother, the boy should get passed in re-totalling.

After one week, when he was visiting a bank where he applied a loan for a project, he met another person who applied for similar project and after discussion they found that their ideas were similar and the other person lacked the technical expertise. He said he is applying loan only for accounting purposes and so he can invest nay amount if the devotee can join him, and ready to give major stake in that. The devotee agreed and within a week everything filled its places.

When we were talking about the antecedents of that person, his native etc., we found that he is the relative of the person who cheated this devotee 20 years back and the money he got for investment is that persons money on my as new investor married sister of the cousin, and they are no more in good terms or in contacts.

The investment he got and proposals were four times than what the devotee thought. The boy got good marks in re-totalling.

The change of consciousness never fails.

Attention given to anything – (here the property) never fails to show their gratitude.

Mothers answer will be good for all concerned.

Astonishing story that shows the power of reversing a long-term resentment, even to the point of hoping for the best for those persons in tandem with self-offering to Mother's consciousness enables the most extraordinary, creative response imaginable.

Developing Inner Poise

Q: How can one settle in the deeper poise within?

A: Constant, ever-increasing Consecration -- self-offering of the details of life to the supramental power; the Mother -- deepens the poise, the inner perspective of existence for the individual over time. Now he experiences all of the attributes of the spirit -- peace, silence, harmony, oneness, truth, goodness, love, delight, timelessness, infinity, etc. -- on a regular basis. From there one also feels deep meaning in life, one's purpose in the larger scheme of things

Quality of Consecration

Q: How can one make consecration purer and intenser?

A: Consecration becomes purer and intenser by increasing SINCERITY in wanting to be connected to and guided by the Mother in one's life, instead of living a mere ordinary, outer existence. In other words, consecration can be purer and intenser by developing deeper Aspiration for the Divine, for Mother in our daily existence

Not Yet Titled

Among the first realizations one has on the spiritual path is that "I am selfish and self-absorbed, and I really have to change."

Apple's Negative Repetitions And Ours

Android is the Windows of the modern generation, with Apple relegated to a niche player with decreasing and eventually insignificant market share. IOS may loom large in the US, but the world is rapidly jumping into Android. It's a repeat of the PC wars which Apple lost to Microsoft. The reason? Apple's closed system (IOS) that other manufacturers cannot make products from.

The only other way forward for Apple to do well in this Android tidal wave environment is radical innovation. And yet Google seems even to be a bit ahead even there. And yet we know that things can change because people can change. Steve Jobs didn't want to open iTunes and the iPod to Windows users, he changed (Hell freezes over episode), and the fate of his company changed along with it. He didn't want an iPad mini and its form factor, but he changed. He said "no one reads anymore," but he changed there, etc. etc.

Radical innovation plus opening IOS to other manufacturers may be the only way for Apple to reclaim the market. Otherwise, it will be a slow descent as Apple slowly becomes isolated from the needs of the world, even with all the cash in the bank. Estimates now have Android at 80% worldwide smartphone share within 1-2 years, and Apple at 10% and slipping, with the remainder being Windows Mobile (8%), and a few others.

The lesson is simple: If you don't learn from history, you are doomed to repeat it.

Preventing Negatives from Repeating

"If you don't learn from history, you are doomed to repeat it." This phenomenon fits perfectly with Sri Karmayogi's theory of ACTS; specifically that they tend to go on repeating over and over until a different consciousness is brought to bear.

E.g. Apple is repeating the same mistake it made in the 1980s with a closed system for its software so others cannot use it to manufacture products like smartphones, tablets, etc. Thus Android is dominating the market, just as Microsoft did with PCs (over Apple) in earlier times. Apple is once again being relegated to a small or even tiny share of the market. Since there seems to be no compulsion on their part to change their repeating negative action, they neatly fit the statement that "If you don't learn from history, you are doomed to repeat it."

Of course, we tend to do the very same things in our own lives. Recognizing such repetitions, especially of the negative sort, -- whether in our work and our relationships; whether taking shape as wanting habits, attitudes, beliefs, and action -- would surely be helpful. Catching the negatives from repeating (as it will always tend to do) will help us dramatically increase our level of success and happiness in life, instead of stagnating and falling back.

Eg one man reacted with a wrong attitude every time an opportunity arose, causing it to escape his grasp each time. If he were to recognize this repeating negative and catch it when it presented itself,

he would not only reverse the repeating tendency, but turn the new opportunity into an enormous success!

Not Yet Titled

True Love is an Adventure of Romance that is never fully realized, yet we are compelled to seek it forever.

On Overconfidence

Overconfidence tends to quickly attract failure. An example: A sports team was very doing well during the season. It had several games coming up against a weaker team. Several fans abused that team, indicating how poor they were and therefore the home team would easily beat them. They said it with emotion that bordered on contempt. Immediately that day the degraded team pounded the successful team into submission.

In another example, a man was always confident that he would secure the work from potential clients coming up that work. However, each time he expressed that opinion, which was often, the work never came about. It is yet another example of the negative life response power of overconfidence.

On Inflation

Inflation of the normal (non oil-shock) type is considered a negative phenomenon, yet there is increasing evidence that it is due to increases in wages, which is a good thing. In America inflation has been hardly detectable for 20 years, matching the lack of gains in wages in that same period, a shocking development. In India inflation is high, matching the rapid rise in wages in the country in the past decade. Let us therefore consider inflation in terms of its cause -- wage gains of the populace -- not just to its alleged harm on spending power.

Comments of Karmayogi and associates on inflation:

- The movement toward a more egalitarian society has raised the expectations of lower income groups, increased wage demands and consumerism, and thereby spurred inflation.
- Rising prices were a direct result of the greater dignity and social value extended to the common man. Inflation was only a mechanism for reestablishing harmony at a higher level of prosperity and social equality.
- Inflation acts as an instrument for shifting money from the centralised powers (of the rich men and companies) to the individualised consumer.
- Inflation, in my view, is an instrument of development.

Not Yet Titled

Humility elongates and expands current success; ego withers and destroys it.

Not Yet Titled

Almost all serious illnesses have psychological causes behind the physical ones. Thus they can each be cured by making the right adjustment of the psyche. Adding Mother's Force to the equation ensures it.

Not Yet Titled

Illness is the physical indicator that one's life is out of balance, and therefore one needs to make the corresponding psychological adjustment to bring things back into harmony, but now at a higher level.

Steve Jobs' life was not in balance; he was not able to make the corresponding psychological adjustment, and so he left us. Had he done so or taken to Mother, he would have continued to thrive. So indicates Sri Karmayogi. I was about to hand him a booklet of Karmayogi's on consciousness approach to business management at his office at NeXT in the early '90s, but one of his aids intercepted me just one second before I was going to put it in his hands.

Not Yet Titled

People do not realize that there is a Divine Intent in creation. The Divine evolved a universe out of itself so that its attributes -- like truth, love, delight, etc. -- could spread throughout the world, and a divine life emerge out of vital and then mental existence. As that unfolds, there is evolution. We are naturally the means of that change. We hasten progress and evolution by coming in touch with, surrendering to the Divine Will.

Not Yet Titled

It may take a half dozen life experiences of one of Karmayogi's principles for it to enter the substance, making it permanent in our being.

Not Yet Titled

The best way to bring OUR inner potentials out is to recognise in others talents they are unaware of. (Sri Karmayogi)

Not Yet Titled

For the householder, mind and its thinking is the means to knowledge and therefore success. For the spiritual individual, mind and its thoughts is the bar. There Knowledge and Truth come through intuition and its variations.

Same Outcome, Different Cause

We can see the phenomenon of two entities sharing the same problem, but for very different reasons. The San Francisco Bay Area (which includes Silicon Valley) is a very unaffordable place to live due to very high home prices, though wages are also very high in the region due to tech and other booms there. On the other hand, the Los Angeles basin, in California as well is also very unaffordable, but there it is because wages are low and stagnant (like much of the US), and therefore only a small percent of people can afford to buy a home. In one case unaffordability of homes is due to prosperity; in the other it is due to stagnant wages. Thus when we study issues and see outcomes, we must be careful to identify the underlying cause rather than merely lumping things together in the same category. That little extra mental effort of curiosity, of bringing out the subtleties will be very helpful to others, and can be the difference between true knowledge and mere information.

Not Yet Titled

The problems of the world are too large and complex to be solved by individual nations. The countries need to come together and cooperate in ways that have never existed before. For World Unity to take shape a form of world governance needs to come about where nations can legislate solutions to the problems of life -- whether economic, social, and environmental. If the human individual is placed at the center of that movement, made the cornerstone and core value of that new cooperative effort, then the results will be extremely beneficial to the peoples and nations of the world.

Serenity Amidst the Bustle Attracts

With fast food, ATMs, instant Internet response, et al we have entered an age where people are expecting more in less time, which is creating ever-increasing impatience when engaging in the activities of daily life. And yet it is exactly the opposite that Nature is seeking; i.e. us to be still amidst the hurry; to be calm in a line, while still enjoying the benefit of a fast life. In fact when we are patient, life responds positively and quickly thereafter, making the Internet and the like seem slow compared to the instantaneous miraculousness that occurs when we are still amidst the hurry. It is the astonishing shortcut to success, as life's conditions are immediately rearranged and set right for you as if by a magician's hand. As a result, you now long for that stillness on these sorts of occasions, as it brings both inner calm as well as outer magic.

Not Yet Titled

If you point out a deficiency in another while also suggesting the right spiritual attitude to take its place, life will tend to quickly afford you an opportunity to prove your own proficiency in that same area, but at an even higher level.

Not Yet Titled

He determines what He wants for the world. We determine if we wish to collaborate in bringing that about. Or to put it another way, we have free will within the determination of the Divine.

Reader: But why His will and our will is not same. When we are Divine, then why we wish against his wish or why He wish against our wish.

Response: When we are Divine-like in consciousness His wish and ours become the same. We can discover that Oneness, instead of living in the duality where ours and His Intent are out of alignment. Ego creates the big divide; mostly through our negative attitudes. Overcoming these helps greatly. So does Consecration, which is supramental -- the consciousness of Unity. Through these approaches our and His aspirations move into complete alignment. We become the Master of life, which always responds in our favor.

Aligning Our Aspirations with the Divine's

When we are Divine-like in consciousness His wish and ours become the same. We can discover that Oneness, instead of living in the duality where ours and His Intent are out of alignment. Ego creates the big divide; mostly through our negative attitudes. Overcoming these helps greatly. So does Consecration, which is supramental -- the consciousness of Unity. Through these approaches our and His aspirations move into complete alignment. We become the Master of life, which always responds in our favor.

RK: Everything comes or expresses – the fundamental will of the divine – perfection in creation. To know the holistic view or aspiring to know that or to do that is aligning with the divine. It is divine evolving within our personality to align with the divine in ourselves to manifest the perfection on earth as per His will. That urge, awareness and seeking take the form of a Real-Idea representing what the Divine wants to accomplish.

Response: "To know the holistic view or aspiring to know that or to do that is aligning with the divine." Yes, very true. It is the opposite of the ego view that creates division and non-alignment.

Perhaps we can say that embracing the Reality, the All, the variation of moment to moment conditions, to see the necessity of all facets whatever they are, is to have the alignment consciousness. It is not just alignment with the Divine, but with the Reality, the All of things that life presents -- at any level, from spirit to matter, positive or negative, big or small, painful and pleasurable, etc. Karmayogi says to have this view is to perceive "the Marvel."

Not Yet Titled

To accept and embrace all that comes our way is to perceive the Marvel. It is to have the unity consciousness in which we align with the Reality in all its facets.

Not Yet Titled

The more you hold back from expressing an opinion or preference, the more it-

--proves true over time

--is accepted by others

--spreads throughout the community

--is verbally or otherwise expressed by others

--attracts even greater truth on the matter

--ripens into a deeper perception

--attracts positive conditions for oneself

It is the life response power of Silence in action.

Reader: Is it true of expressing our emotions like our affection or love for somebody also? I doubt that.....

Reader: Sometimes expressing our love or affection also becomes disastrous as those who receive it may not be reciprocating the same. Higher love that is if you know the way show it or rather live and then preach so that Mother in you acts to them through you i.e. your consciousness, may be an ideal one.

Response: Opinions and preferences are two of a number of forms of mental and vital expression. They often take shape through an urge to express itself, where one is in essence offering a Part knowledge in the context of a fuller Whole truth that is there in the atmosphere. Opinions and preferences tend to be filled with the desires and urges of the lower nature. Thus they are often an expression of Ignorance, as opposed to the integral Truth of things. Holding back their expression tends to attract any of a variety of positive conditions.

Affection or love is of the Heart, and is therefore different. Though related to the vital it has less of its lower nature, and (depending on the relationship) a touch of the spiritual. And yet even here, by holding back in one's feelings, one can attract certain positive conditions, such as its ability to draw out the feelings of another, the creation of an even deeper bond with that individual, its ability to set right other conditions, cancel negative situations, create new opportunities, and so forth. The purer the inner motive, the more positive the outer effect.

Reader: I am trying that but sometimes become impatient and lost. Perhaps I must be more sincere. Can we hasten the process and improve the result in any way ? Than.

Response: One approach: Each time you are impatient etc. consecrate the fact. It will gradually give way.

Opinions, Preferences vs. Expressions Of The Heart

Opinions and preferences are two of a number of forms of mental and vital expression. They often take shape through an urge to express itself, where one is in essence offering a Part knowledge in the context of a fuller Whole truth that is there in the atmosphere. Opinions and preferences tend to be filled with the desires and urges of the lower nature. Thus they are often an expression of Ignorance, as opposed to the integral Truth of things. Holding back their expression tends to attract any of a variety of positive conditions.

Not Yet Titled

Affection or love is of the Heart, and is therefore different. Though related to the vital, it has less of its lower nature, and (depending on the relationship) a touch of the spiritual. And here too by holding back one's feelings, one can attract certain positive conditions, such as the intensifying of the bond between the individuals, the ability to draw out the feelings of another, the ability to set right other conditions including the cancellation of the negative, the attracting of wholly new positive situations, and so forth. The purer the inner motive, the more positive the outer effect.

Not Yet Titled

The key to the transformation is to shift from reliance on our own capacity to that of the Mother and Her Force, which will accomplish all that we desire, and so much more.

Not Yet Titled

We are oblivious to and ignorant of our on-going folly, but others perceive it quite clearly.

Not Yet Titled

How often do you feel that spiritual Richness radiating from within? How often do you feel Her Light and Love and Peace welling up inside, permeating every fiber of your being? How often do you look out on the world and feel Her Joy washing over you, permeating every movement of your life?

Benefits of Non-Thinking

Non-thinking-

- brings greater awareness, knowledge, and understanding
- enables us to get at the heart and essence of a matter
- allows for greater clarity; overcomes confusion
- enables us to perceive the many-sided truth of things.
- enables true rational thought, unprejudiced by our lower nature.
- indicates what to do and what to avoid
- allows new possibilities to emerge
- accomplishes at a higher level
- helps overcome problems
- attracts good fortune
- causes one to be less reactive
- enables better relations with others
- is soothing to the emotions and the body
- enables possibilities to emerge instead of being deflected
- enables the Force to function through our being
- opens to the doors to light and intuitions of truth

Not Yet Titled

Universal consciousness is to perceive the world through any number of other people's eyes simultaneously.

RK: We can reach the universal consciousness through values. The first one is other man point of view. and finding the oneness in that. - Sri Karmayogi.

Response: Yes, it is a powerful means of creating that oneness with all and everything.

I started compiling a variety of edited statements from The Life Divine Sri Aurobindo's view of Universal Consciousness. I have included it in a new entry at my page.

Not Yet Titled

Fully embracing what you don't like but is necessary quickly elicits Luck from the universe.

Not Yet Titled

When you are troubled that you are not getting what you want, the first thing to do is to push that feeling away. A better perspective will now tend to take its place.

Power of Intuition

Life is moving too fast and is getting too complicated to solve problems by merely thinking them through. We need to develop the capacity to elicit knowledge, strategies, et al complete in our mind instantaneously without thought. This is the spiritual power of mind known as Intuition.

Intuition garners knowledge that can get right at the heart of a matter, to a necessary solution, as the cosmos provides us everything we need to know in a flash. Two methods that elicit intuition are Mental Silence (non-thinking) and Consecration (opening to the spiritual Force). Both tend to attract intuitions of knowledge and truth without having to think of anything. In these ways space and time are overcome.

What rational mind strains to do over long periods of time, intuition does in the snap of a finger without engaging the thinking mind.

Reader: this is so timely...just thinking about "not thinking" and allow the universe give the answers...just to speak and let it be...to obey is spontaneous

Response: Thanks H. After reading your comment, I considered the issue some more and then updated my original comment a bit.

Not Yet Titled

One needs to develop a certain level of psychological strength and toughness in life so that when things don't go as planned or someone says something untoward about you or when any of a number of things presents themselves that could disturb, it simply falls away from your consciousness and you are easily able to resume your normal poise.

Reader: Mr. Posner, 2 days ago I had an experience, where I felt the (psi) pressure squeezed individual began to surface, and with quick response to the conscious (gps) governed purpose self, the situation was under control...again a timely comment.

Reader: An unshakable Peace that is incapable of reaction, unending Patience and ever expanding Cheerfulness!

Response: Yes that is the basis of that inner strength. Deepest poise enables these, which itself is arrived at by constant consecration.

Sri Aurobindo's Role in Accelerating the Evolution

God seeking delight arrived at a moment of fruition which Sri Aurobindo calls the Hour of God. This is the moment the Godhead buried in the darkness of Ignorance can wake up and hasten evolution. Should man respond to that, That will respond as the descent of Supermind abolishing pain, suffering and death from the face of the earth.

Sri Aurobindo's Integral Yoga

(Below is the opening of chapter XI. 'Sri Aurobindo's Integral Yoga' as presented by Sri Karmayogi in his book 'Spiritual Opulence'.)

"Sri Aurobindo's yoga is of importance for this book because it makes Spiritual opulence possible. As yoga is the antithesis of family life, this aspect of Sri Aurobindo's yoga is relevant and is of interest here. He calls His yoga Integral Yoga. It is so called because this yoga is integrated with life. In Sanskrit it is called Purna Yoga, meaning everything in creation is included in this yoga. He has also said that this is a yoga of Self-Perfection. The Self that is known to be aloof, perfects itself by emerging through our minds, lives and bodies. Hence the Yoga of Self-Perfection. In perfecting life, this Self enriches life, makes it spiritually opulent. There is one more description of this yoga. It is the yoga of spiritual evolution. We know our tradition describes the Spirit as unchangeable and immutable. But Sri Aurobindo has perceived the evolution – change by growth – of the Spirit in all planes. The Spirit that evolves in life makes life,

--invincible, unailing

--one of ever-growing abundance

--conscious by the force and consciousness that are
separate joining together

--capable of prolonging life at will, conquering death

--ascend and integrate itself with consciousness

--evolve its Psychic Being

--enter the third dimension of Time from where it is now – in successive, processive Time as we always know it."

Not Yet Titled

The more one is willing to change, the greater will be the change he can effect on others. (Sri Karmayogi)
thanks to R

Reader: We should set the precedent.

Response: Here is one application of Sri Karmayogi's principle: We are often trying to change others. We do it by the force of our personality. It is in large part ego-driven. However, there is another way to change others. When we refrain from criticizing them and instead change ourselves correspondingly, we see that the things we wanted changed in others begin to happen on their own, as if by magic. It is the power of taking inner responsibility for the outer deficiency.

We are wary of criticism from others, yet by embracing it our capacities expand and our personal growth takes on new dimensions.

Reader: If one has the attitude that nobody should say anything about me, he can never progress. Some times when one reflects back criticism made by certain persons on certain occasions prove to be correct and acceptable latter.

Response: very good insight.

Reader: Sol arivu or sua arivu i.e. in Tamil they say either you have your own knowledge or follow others words .In a moment we brush aside others comments even though said with good intentions, but later we realise those were the best words to be said or best moments.

Reader: absolutely...at times it seems harsh, and you know it is true, anger brews within, later when truth evaluates and you are honest to digest, your personal growth and views take on a new dimension.

Response: Nicely put H. We can develop a non-egoistic, non-reactive spirit so that all criticism becomes a means of joy for ourselves. This would be a real advance in anyone's personal growth. At that point you would say and feel "Thank you for that helpful criticism!" Criticism experienced as gratitude.

Not Yet Titled

We are often trying to change others. We do it by the force of our personality. It is in large part ego-driven. However, there is another way to change others. When we refrain from criticizing them and instead change ourselves correspondingly, we see that the things we wanted changed in others begin to happen on their own, as if by magic. It is the power of taking inner responsibility for the outer deficiency.

Not Yet Titled

The profound and subtle principles we are advocating and experiencing do not conform to human logic, but to the Logic of the Infinite.

Not Yet Titled

A hypothetical of the supramental age: You wish for 10 particular things to be accomplished at work. When you then come into the office, you are informed that these, as well as several other items have been completed, even though you never informed anyone of your intentions.

Not Yet Titled

If you stay positive and consecrate an emerging possibility in the midst of others' skepticism and doubt, you can attract the best conditions for that collective.

Negative Response from Over-Celebrating

When an individual or collective (such as a team) cannot hold the energy of recent success and allows it to spill over through intense vital celebration, immediately thereafter things go downhill for that person or group.

Example: A baseball team (San Francisco Giants) had won a game in the last inning and were celebrating wildly. The player who caused it, began to take off his outer garment in celebration and let out some wild gestures of celebration. (The player was the best player on the team over the course of several months. Also the team was leading all others in both league leagues in terms of victories.) From that point forward they lost a number of games in a row, dampening their spirit and perhaps making them just a bit more humble.

Reader: Nice example. Things done for fun even in moments of celebration may cause pain or hurt. We can see in films or real stories where only one person is affected while enjoying the sea or wild fun. While in the burst of emotions we tend to spill our energies those who sense it and realize a fear inside will calm themselves. Things too around will indicate that. But the psychologically weak person normally they may have an emotional strain or physical problem will be affected or loser. Over celebrating or just being in the crowd causes a problem means as world solution providers the MSS acts through all of us and if course through its publications to bring to the collective the necessary energies to bring forth such beacons of light. For Karmayogi and all our mentors value human beings and their evolution more than their personal work or accomplishment. Through each of our own mental understanding or works Karmayogi says we have become like that. For this day we understood a life support of knowledge to the awakening souls rather than a google search engine for the mentally elevated ones is the dire necessity. Bhagawan's dream in forward mode

Response: D, thanks for those solid and helpful examples.

Cat Crunchies

Life is at every moment presenting subtle signs of what you should do or not do. If you then follow them, you will be directed to just the right place or life will present you with opportunities from seemingly out of nowhere.

For example, today I was going to go to my usual afternoon location for a cup of coffee or the like and then a walk to the library. However, when in my car I approached that area I saw a bevy of police cars and fire engines. Obviously there was commotion up ahead. I could have waited and waded through the troubled area, but instead took it as a sign to do something else. Since my cats were out of their crunchy food, I immediately pulled out and drove to the supermarket. When I went to park I found the very first slot, a very unusual occurrence!. Then when I entered the store, I was amazed that from among 20 isles in the store, I was standing exactly in front of the food isle for cat food. I then found several items on sale and purchased just what I needed. When I returned home, the cats quickly gathered around me, sensing that I had brought the food they required, which proved to be exactly the case.

When you examine the conditions around you, and then move in the right direction, life has a funny way of guiding your steps, leading you to the very best of conditions. It was a joy and a privilege to see that dynamic in action once again.

Not Yet Titled

The apparent Inconscience of the material universe holds in itself darkly all that is eternally self-revealed in the luminous Superconscient. (Sri Aurobindo)

Comment: I.e. in the heart of Darkness there is buried the Light.

Not Yet Titled

The sincere DECISION to shift from being blasé to seriously engaging a work, no matter how trivial or small, quickly attracts unprecedented results.

The Shutdown

Consecration of a problem works best when it is accompanied by taking any positive action you can to remedy the situation, while remaining very still in your emotions.

A couple apparently had their Internet service permanently shut off which they had been sharing with others nearby. It was a serious moment. However, they spontaneously consecrated the situation, offering the problem to the Divine Mother. They also remained quite calm considering the severity of the situation; plus they creatively thought about alternative solutions and contacted the local supplier to find out what was possible. Five minutes later, they were astounded when the service came back on, and they were able to use the service just as before.

The Training Class

Consecration is calling to the supramental Force, which is Unity consciousness. I.e. wherever there is separation, harmony, oneness, unity is evoked through the consecrated act.

For example, many years ago I was conducting a training class. The morning session was chaotic, even conflictive. During the lunch break I called to Mother intensely. Then in the afternoon session with that same group a profound stillness suddenly came over that room. A sense of harmony and well-being permeated all. The chaos of the morning session was gone and forgotten, as if it never happened. Harmony reigned supreme.

Spiritual Alertness is always having an accurate perception of events in terms of what the Higher Force is trying to bring to the situation. (paraphrase of Ramesh Kumar)

Comment: I truly cherish this thought.

Not Yet Titled

Sri Aurobindo's Integral Yoga requires Surrender of one's life and purpose to Her Force, while discovering one's Psychic being (evolving soul), which in turn attract transformative benefits to ourselves and the world.

Not Yet Titled

Frustration with the situation masks an opportunity to grow in consciousness.

Not Yet Titled

One can engage in a powerful transformative yoga of life by simply making the persevering effort to eliminate Ego movements from all aspects of one's being.

Not Yet Titled

True courage is marked by inner strength that does not complain about one's life conditions.

Not Yet Titled

Love can emerge from hate because hate is inverted Love.

Further comment: The Israeli-Palestinian situation is an example of such relationship and possibility, as they are from the same ancient kin.

Not Yet Titled

Q: Mother has said meditation is not necessary for Integral Yoga. However, I think meditation may help to quiet wavering mind and focus energies on right path. So, I'm thinking to learn some meditation which may help to discipline my mind. How to know which may be right one for Mother Devotees?

A: For Mother's devotees on-going consecration is best as it creates a soothing, peaceful effect like meditation, while maintaining its power and force to set right life's conditions. But if you also add stilling the mind of thoughts, it will be even more powerful. I.e. simply catch and halt all wasteful thinking when it occurs in the course of your day. Also as Mother does in Agenda, you can try be still for ten minutes at a time, say several times a day, where you can just BE without thinking. The cumulative effect can be soothing and sublime.

Not Yet Titled

Make your case, but do not to insist. As a result, others will tend to come around and value your point of view.

Not Yet Titled

Discovery is inside. Confirmation is outside. (Sri Karmayogi)

Thanks to Kosalai

Comment: One interpretation: Inside we discover the methods of moving life from within or otherwise relating to the Reality behind existence, without the necessity of taking outer action. Outside is the life response result that is the confirmation of the application of our approach.

Not Yet Titled

Despite great efforts to discover and realize the unwavering deepest principles and truths of existence, the spiritual individual is also fully comfortable with Uncertainty in life.

Not Yet Titled

The same broken records play over and over in our minds. How do we break the influence of these incessant, limiting tunes?

Reader: Mind replays what the heart can't delete - fb page

After I read yr post, thinking about the answer. Suddenly one more post from one of the FB page which I liked

Response: Yes, very true.

They tend to originate in our lower nature. In our vital physical sensations and habits, our vital attitudes, and our mental beliefs. Offering the broken record, specific fixed quality to the Mother can begin to dissolve its automatic response and repetition. Eg "Mother please take away this useless, never-ending recording!"

What then are some specific examples to change the tune?"

Some that come to mind:

- I don't want to have the same old reaction to him/her.
- I won't react in fear to this upcoming event
- I will hold back complaint that I am not doing the work I want.-I will not grow impatient when things don't go according to plan.
- I will not blame others, holding back its expression.
- I will not react to others' intensities toward me.
- I will not fall into silly behavior with certain people.
- I will not react to a song by getting melancholy and seeking more iterations of it.
- I will not engage my mind for the least important of reasons.
- I will not react with emotion to silly headline or other media information.
- I will not react or lay blame when a system doesn't work right.
- Etc.

I will consecrate each of these, offering them to the Mother and Her Force as they arise or soon after. As a result, they will dissipate as it becomes easier to identify and hold them in check when they present themselves.

Inner Detachment from a News Story

If you restrain yourself from taking umbrage and arguing with a fact or statistic -- such as presented in the news online that seems to be at odds with reality, -- soon after life tends to lure you to a story or other place that fully confirms your earlier position. It is the power of inner detachment, a subtle, spiritual method in action.

Example: An individual came across a news story that made a bold statement. Based on all that he knew, he felt the main argument was faulty. It also bothered him that this foolish point of view could be headlined in the first place. But rather than continue in his righteous indignation, he decided to detach himself from the situation and not be bothered it. An hour or two later, when the issue was the farthest thing from his mind, he opened his smartphone and there suddenly was another story about the same topic, but now without the foolish conclusion, and fully confirming his original point of view. By detaching one's self from that which causes anguish often attracts results from out of nowhere that are in harmony with one's original position.

Not Yet Titled

When 100%, the consecration effort brings so much stillness that nothing moves, and there is no urge to move. It is total non-doing and total acceptance of whatever happens. In a perfect state of Oneness. Life now fully cooperates through the action of Her Force, as She deems fit.

(thanks to P)

Not Yet Titled

In yoga one knows without thinking.

Not Yet Titled

Yoga is the process of shifting from human life to Mother's Life.

Middle East, Evolution, & Collaboration

In the evolutionary history of the world, the nations of the Middle East and environs were left behind by Asia and the West - economically and culturally. Now the world needs to cooperate to help resolve the issues of this area, especially economically so those backward and often fanatic nations can join the family of Man. Needless to say, the West can no longer play games and engage in diplomatic insincerity in the name of self-interest, which has only exacerbated problems in the region. By cooperating to help solve these issues, the West, Asia, and the rest of the world can grow in consciousness as well.

Reader: Diplomatic insincerity. That is the word. They prolong the issue by this activity.

Not Yet Titled

Life keeps repeating until a different consciousness is brought to bear.

Additional comment: For devotees, they can see how they are repeating negatively in one or several areas in their lives. Now they can offer a prayer to the Mother. "I don't want this to happen again. Please let me develop a higher consciousness in this area to avoid its repetition."

Reader: Absolute truth...The pattern repeats until the soul learns the lesson. ..

Consciousness View of History

A lack of consciousness in one area can attract a negative result in a very different area. E.g. the Americans brutalized the native people in the mid-19th century, and as a result a few years later the Civil War raged, threatening to bring down the entire nation. We can see this dynamic throughout history, in the lives of others, and even in our own life if we are willing to be honest with ourselves.

Opposition to a Major Step Forward

There is a principle of Sri Aurobindo that all serves a purpose, even falsehood. More specifically we have seen that if one tries to rise to a new plane of consciousness, like bringing something new to the world, whether an individual or organization, an opposing power will invariably rise to block it. When people I have known took up an array of higher consciousness initiatives over the years, forces in the form of certain individuals and institutions arose to block their progress, even destroy it. Yet my colleagues have come to embrace this dynamic and are now able to utilize the opposing energies for their direct benefit.

Non-Reaction Method at Various Planes

Non-reaction is the spiritual method of not reacting to others' intensities or the difficulties of the current situation. By remaining still, one is able to maintain one's own calm, as well as calm the situation itself. It can even attract astonishing positive conditions from life.

I believe we can speak of non-reaction at various planes from physical, vital, and mental. At the mental level it is relatively easy not to react to some intensity, as the mind doesn't feel intensities. It just turns away from the disturbance.

At the vital level, one can also practice non-reaction somewhat easily, and quickly ease the situation, even attracting positive circumstance. E.g. not react to someone's disorganization and attract a bank who takes full care of that person's accounts. It takes steady practice and regular consecration to reach this level of non-reaction consistently.

At the physical level it would be most difficult, as in the cases where the body itself is threatened. We could say that defending ourselves calmly without emotional reaction is a physic-emotional formation. It is the vital's non-reaction in a physical circumstance. Arjuna learned to do this at Kurukshetra. Many World War II pilots also had this "ice in their veins" capacity. If one has great consciousness as Satprem did in Auroville canyon, then even the potential murder can be held in check, turned away without any outer action. How to do this requires a deep center of consciousness, and great support from Above.

Negative Self-Fulfilling Prophecy

The power of attitudes is most easily demonstrated in the negative. "I had a deep fear that something would turn out bad and it did ... I told them it could not be done that way and I was proven right." How many times can we catch ourselves saying or thinking "I told you so ... This task is beyond my capacity." "They will not understand me." When we anticipate the negative outcome of an event, our attitude has the power to fulfill itself in life, like a self-fulfilling prophecy. Every problem and constraint we meet in life has its counterpart in our own attitudes. (MSS)

Reader: Doubts and fears always manifest and manifest faster.

Not Yet Titled

Because truth is not linear, but global, and not successive, but simultaneous, it can therefore not be expressed in words: it must be lived. (The Mother)

Examples:

- Past, present and future are being impacted in the Eternal Now.
- There is no past, present and future. Only the Now.
- Life response is the truth of existence, where the future happens in the present, time is overcome; normally perceived successiveness is obliterated.
- The American Civil War can be attributed to US mistreatment and annihilation of native peoples. Normal causal view once again transcended.
- Methodology for a technology does not lead to its being built in that time but many hundreds of years later.
- Mother spoke of a universal web of existence. If we "pluck" a strand here through our higher consciousness, it brings about a reaction from various quarter anywhere on this cosmic stream of existence in the seen and unseen universe.
- Quantum science says the observer determines the objective reality of what is being observed.
- One can change the actual events of the past in certain instances of "past consecration."
- etc.

Not Yet Titled

We can think of "truth" as "how life really works." The subtle principles of existence. It is exhaustively described by Sri Karmayogi in his Pride and Prejudice commentary. Eg Darcy and Bingley arrived on the scene because of Mrs. Bennet's intense aspiration to marry off her daughters to wealthy men. This does not conform to normal views of causality. Likewise, Darcy's transformation and actions allowed the middle and upper classes to live together (global influence of the actions of a single individual)

Linear causality, time notions, individual thing not connected to universal, etc are out the door.

Synchronicity Perception Heightened On Internet

We see life response all around us. E.g. hours go by and we see no response from a colleague. Now we go to a website that he is involved with, and within two seconds his name pops up that he has just gotten online. The fact that we went to a site he was related to is synchronous to his sudden appearance.

Not Yet Titled

As we see the Internet heightens the life response phenomena as it gives real time clues of synchronicity. Life outside Internet does the same, but our dense physical consciousness prevents us from seeing it very often. On the web, it becomes common place, humorous, joyful!

Reader: It happens to me too many times! Net life responses faster.

Response: You are lucky and blessed to see it!

Not Yet Titled

Mother says forget religion, Gods, et al, and instead open to, give yourself to Her Force, the supramental power that descended on earth in 1956, and every aspect of your life will quickly improve. The time has come to use that divine power to rapidly change the conditions of one's life and the world around one. All other means are half measures that are slow to bring about change. The Force instead enables instantaneous miraculousness.

Reader: Means to surrender ourselves totally to Her Will? To be in total consecration?

Response: Yes. Do not consecrate to Gods. Forget temples, rituals. In Agenda She narrated how one by one several central, renown Gods came to Her and surrendered to Her. We should do the same, in order to further our and the world's evolution.

And so, yes, the Yoga is complete surrender to Her, our very purpose and being, while discovering the psychic being, ushering in a divine life for ourselves and the collectives around us.

False Assumptions About Others

People assume what they know of another person is the truth, and then think and act in relation to them from that reference point. And yet due to our resistant or egotistic nature, our understanding of that individual is often but a tiny sliver of the truth, and when we discover the fuller truth we are embarrassed by our false assumptions. It is but one way Man evolves from Ignorance to Integral Knowledge.

Here's a recent incident that precipitated this thought:

A friend and prospective client of ours was so caught up in his own product that he hardly listened to the presentation we made of our services when we got together. He was so taken with his own scheme and was so skeptical of ours that he related to us at a very shallow plane.

And yet we remained patient and over several weeks provided information that enabled him to see the profound depth of our solution. He finally responded with "Wow, this is extraordinary." Unfortunately he had to go through a dozen exchanges with us to arrive at this conclusion, as we patiently dealt with his tendency to interfere with success.

Because his ego dominated, expressing through a deep-seated inability to listen to others, he arrived at faulty conclusions that in effect excluded us from a perspective big project. For too long a period his resistant nature held him at a partial understanding of what we knew and who we are.

Not Yet Titled

Through consecration 70-90% of all personal problems are eliminated for the individual.

Additional comment: I.e. they do not happen in the first place.

Not Yet Titled

Sat-chit-ananda is the first step the Infinite Consciousness took on the way to Creation.

Not Yet Titled

Refrain from speaking out what is on your mind, and soon after the other person will say it for you.

Additional Comment: "silent will" is a powerful way to elicit what you want from others.

Not Yet Titled

Sarcasm, even in its most subtle forms, tends to quickly attract the negative.

RK: The following are the finer points on Sarcasm based on Karmayogi's view:

Sarcasm can be classified broadly into two heads :

1. Sarcasm based on formed opinion
2. Sarcasm based on mean intelligence; Sarcasm based on formed opinion - is that opinions developed by the society like - fair skin is good (sarcastic expression - blackie - karuppan), height is advantage (sarcastic expression - shortie - Kullan), city person is well mannered (sarcastic expression - village person - Ooru naattan), etc. which can generally be characterised as nick names.

Sarcasm based on mean intelligence - is dangerous version of Sarcasm. It is judgment with a hidden anger, brought to life for a pleasure in punishing - which cannot be gained by a positive expression. It is actually to gain a control of situation which he does not deserve, or which he cannot get. (Karmayogi gives an example of an office person - who otherwise cannot be bogged down - can be bundled when he hears a comment on his "childlessness").

Another is subtle forms as passing comments – what we call as "tongue in cheek expression"(a simple asthiramalla – vasthiram, a tongue in cheek expression by Droupathi, which seems to be harmless and just a joke, led to disrobing her vastra).

To avoid this in us :

1. To recognize the source of discontent that brought this sarcastic utterance.
2. To find - by this sarcasm, what kind of upper hand or authority or official position or social position or image we are trying to project.
3. Why cannot we actually be like that - the insecurity, inability, incompetence behind that, irresponsibility or culpability with a problem or issue.

The results should be –

1. Admiration of that person - who received the sarcastic remark.
2. It should then change to aspiration, as we now know what we lack and initiating to get it. Because one cannot aspire for anything that he does not know - EXISTS.

Not Yet Titled

Man who adores the body of a woman invites poverty consciousness. (Karmayogi)

Reader: but how??

Response: When you are mainly at the sexual level in your relationship, your energies are depleted, physically and psychologically, which has a repulsion vibration, negating opportunities coming in and also causing money to be delayed, depleted, or eliminated. It also invites theft and even accident. Depending on the person and circumstances it will tend to drive you into financial strain, a lower standard of living; even poverty. An individual who develops a full romantic relationship at a higher level creates an opposite type dynamic, attracting benefit instead, especially as he makes the concerted effort to move from the lower to the higher.

Not Yet Titled

Intense sexual activity has a tendency to attract money depletion, theft, or accident.

Additional Comment: We have seen this phenomenon many times over the decades.

Not Yet Titled

Sri Aurobindo directed the Force into Winston Churchill, which helped win WWII, while Mother directed the Force into Gorbachev which helped end the Cold War.

Additional Comment: Two articles by Sri Karmayogi on how Sri Aurobindo directed the Force into Churchill to win WWII, and how He withdrew of It in order to overcome English colonialism, including Indian independence.

Not Yet Titled

People want things they don't have, but they won't make the effort to perfect what they do. What they don't understand is that the latter is the quickest way to attract the former.

Not Yet Titled

Oh Divine Lord, this whole world is your Playground!

Power of Silent Concentration to Accelerate Career Development

There are even higher spiritual methods available to rise further and faster in your career. The greater your capacity for concentration, the greater the knowledge you will extract from any situation, the faster you will learn, and the deeper the insights you will perceive. Try to suspend your thinking processes and imagination and enhance your capacity for concentration. Try concentrating on what you have learned from the experiences of others in order to extract the essential knowledge that they have acquired. Try concentrating on your own past experiences in order to feel and sense the truths life was revealing in these situations which you missed or only partially at the time. Nothing requires greater energy and concentration than thinking and it generates far greater results. This method can abridge years of study and experience into a few weeks or months of effort. (Mother's Service Society)

RK: In another article Karmayogi says, concentration can be base for conscious evolution.

In life, concentration can be used as means to do integral yoga method.

Every moment, every happening, every person we come into contact , every thought that arises, every feeling, desires and wanting, every movement of the body however trifling should be is used for this work. Concentration on all above - to see the corresponding planes and points, connection between the events, our acts, attitudes and motives. In this way, even the most repellent suffering, becomes a step on the path to evolution in consciousness.

This is actually a base for self-awareness. It is a gathering up by concentration of the movements dispersed and loosely combined in the involution.

This will give the integral realization that we are the divine being. This realization of the one in its indistinguishable unity with others.

his will put in the path of surrender.

Not Yet Titled

I experienced another life response "Blizzard" episode yesterday. Perhaps 5-10 interrelated synchronicities occurred within 2-3 minute period. You are stunned, thrilled, and dazed by the rapidity of these psychic events. You are tempted to call out "stop, it's too much!" Such attraction blizzard phenomena occur several times a year for me, and is increasing in frequency. It is likely related to the supramental action.

Not Yet Titled

When another party makes a suggestion for improvement, we might react defensively, and refrain from taking proper action. However, if we accede and take it up in full, we are liable to discover OTHER areas that need improvement, requiring your immediate attention. Now instead of being defensive, honing our ego, we feel grateful that potentially embarrassing mistakes had been found and avoided.

Reader: Going to other end. Normal human being will avoid taking suggestions from other party. Thank u Roy Posner sir.

Response: Yes, the tendency of humans is to not want to learn from others. We subconsciously want to learn on our own, which unfortunately is the slow, difficult, and painful way to knowledge and success.

Reader: Excellent thought Roy. Suppose I say that a plot of land is available here for a low price and it has high growth in value in the future, people refuse to listen because it has been said by somebody.

Response: Often people will react, accept, and take action only when there is social pressure to do so. Decades ago Karmayogi helped establish via Bank of America a means of funding water wells in arid Indian villages. None of the farmers took up the opportunity, save one. However, when these individuals

gathered at social events and noted that this person was gathering the praise and respect of others, a number of the other farmers reversed and secured the water well loans! As we see, people are vital and social, not mental and rational.

Not Yet Titled

So much of our life we are stuck in ego, wondering what others think of us, whether we are appreciated, and the like. No real good can come from such ruminations, so best to halt it in its tracks. Another approach it is to shift the pattern by gathering yourself and feeling sincere, heart-felt gratitude and appreciation for the capacities and accomplishments of others around you. It releases enormous energy, and attracts positive conditions for all concerned.

Not Yet Titled

Along with valuing creativity, openness, wanting to change the world mentality, Silicon Valley also prides itself in tolerating failure. If someone fails in a business there, it is not looked down upon, but is seen as an experience one has had that can support future success. Does this have a deep philosophical basis? I believe so. It is to see that negatives are actually positive in disguise; conditions we can learn from that can help us rapidly rise in consciousness, outlook, and station in life.

Not Yet Titled

"Brahman" is the one, omnipresent Reality, the All, that expresses as all forces, forms, things, planes, beings, acts, possibilities in creation, and transcendent to it. Thus, everything we experience in life and all that occurs beyond this world are different shadings of that same one Reality, Brahman. On the other hand, Para Brahman is the mystical core of Brahman; the Godhead, the ineffable, unknowable source of things; the Supreme.

Not Yet Titled

The Mother indicates that Man has a more conscious connection with the Supreme than the Gods, because he has a psychic being, an evolving soul within.

Mr. Darcy's Great Soul-Based Change Of Nature

No greater growth in consciousness in literature is seen than Mr. Darcy in Pride and Prejudice. In the name of Love he ventures to become opposite of his lower nature. He succeeds, making the 180 degree reversal. It is an astonishing achievement; a connection and movement of the Soul, the Psychic Being, as his soul yearned to move in alignment with Eliza's.

Compared to Darcy's 90%, if an individual makes a 1% change in a lifetime it is unusual. Even then he complains when the tiniest habit or attitude or belief is threatened. No wonder he hardly changes; and as a result merely takes up space.

It is because our Aspiration for true self-improvement is limited, weak, flimsy, brittle, or non-existent. Even when we decide to uplift ourselves in the name of that bit of Aspiration, we struggles mightily; we fall back easily.

Perhaps like Darcy we need someone or something or some event or circumstance to awaken us out of our slumber; to shock us into making the Soul connection, which seeks to change our lower into its higher equivalent, enabling transformation of our very lives.

Not Yet Titled

Thinking is superior to dullness of not thinking. Yet silence of the mind is preferable to thinking. Acquisition of integral knowledge progressively increases along this line.

Not Yet Titled

True thinking (and therefore true knowledge) comes only when we come out of emotions, opinions and beliefs.

Not Yet Titled

Perhaps the first thing one needs to learn is not reading, writing or math, but simply how to think. The first lesson on thinking is that reacting is not thinking. Thinking is to dwell on the object. Such proper thinking is key to learning, to great education, and therefore to be fully armed within to take on the exigencies of life. Spiritual knowledge and application is a further step beyond rational thought, as you knock on and open the door to light, intuition, and supramental perception.

Not Yet Titled

Attitudes, Values, & Methods for Human Transformation

Attitude and values go together. Often we see that the wrong attitude not only has its corresponding right one, but also related human value -- whether personal, business, societal, or otherwise. In turn, very one of the values have their higher spiritual equivalent.

Example: The intolerant attitude of a boss becomes tolerant, which is a shift from negative to positive attitude. Now the company (including that boss) adopts the value of tolerance and open-mindedness. These are human values. Tolerance and open-mindedness is actually related to two or three spiritual values, including Harmony, Goodness, and Love.

Sri Karmayogi also gives methods or strategies for becoming tolerant. Taking the other person's view and not reacting to another's overly-intense speech or rage are two. These methods are more often accessed when we have developed a deeper consciousness, and when we consecrate intensely and often the issues involved.

Therefore, to see relationships between these factors -- attitudes (positive and negative), values (human and spiritual), and higher consciousness methods, -- and then applying it to ourselves on an ongoing basis, enables us to become a living laboratory of progress, evolution, and transformation.

Verbalizing Negatives of The Past

One of the more remarkable phenomena I have noticed (and experienced) over the years is that if you reminisce about a negative circumstance from the past, there is a good chance it will instantly start happening again! Therefore it is always best to avoid going down that road, and hold back speaking, feeling, and thinking about negative experiences from times gone by.

It was in fact that very approach that I practiced a week ago when on line at the motor vehicle bureau for registering my driver's license. There was a bright fellow who was in line next to me who reminisced how bad things were at the DMV in decades past. However, I caught myself and did not pursue that line of thinking, knowing that if I did, the line would soon come to a screeching halt or related! So I held my tongue, and the rest of the activity continued on as it had before -- very well!

"One God" Misnomers

Hindus are condemned by Christians and Muslims for not worshiping the one God, yet it is only Hinduism that fundamentally believe in the One Reality of the one Spirit, while the Semitic religions are actually according to the Mother worshipping asuras who claim to be the one God.

Sri Aurobindo's Negative View of Gandhi's Ahimsa (Non-Violence)

Sri Aurobindo condemned Gandhi's Ahimsa (non-violence) as it blocked Indian rebellion, let critical time go by that led to partition, millions of death, and two countries India and Pakistan squared off at one another with nuclear weapons.

How the Cold War Ended

In the 1980s the militaristic Ronald Reagan and the aggressive Soviet military counterparts were on a collision course towards World War III. However, Mother intervened through Gorbachev to end the Cold War and the potential destruction of the world.

Not Yet Titled

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Revolutionary Fervor in the United States?

A question some are asking is "Is it possible for a revolution or revolutionary instability to occur in the United States?" With 95% of the income gains of recent years going to less than 5% of the population, a very worrisome statistic; with no real income wage gains for 90% of the people in the last 20 years, another startling fact; and the country at the mercy of the stock market and other forms of speculation that could bring down the system in 24 hours, the American public might be ripe for taking to the streets. It is not just in the undeveloped countries where we see such instability, but now the economic leader

of all nations -- the United States -- may be ripe for that same movement, unless she devises innovative solutions out of her conundrum.

Further comment: It is interesting that even corporate CEOs in America are asking how they can help overcome the vast wealth inequality in the system, as they fear instability as well (not to mention stagnant markets). The resolution of this problem obviously needs a broad and deep outlook on the best ways to get all Americans to participate in prosperity. Greater affordable education is one means that increases skills is one; as are corporations paying their due taxes; and most importantly the development of a new Human-based economy, instead of a Money-centered one. Money should support humans, not the other way around. It is increasingly time for a New Paradigm of existence for our economic, social, psychological, and spiritual well-being.

Reader: It is said that money has a tendency to attract money. Only the people in power should act fair. They should work towards an equitable distribution of wealth.

Not Yet Titled

During the course of your day continually scan yourself for Ego movements; catching and then stopping them in their tracks. As a result, conditions will quickly become calmer, smoother, and increasingly cooperative. Also, each movement away from Ego brings you a step closer to your own personal evolving Soul.

Reader: From Garry Sir's speech, some of the practical steps to move away from ego are taking other man's point of view, good will for other's progress, non-reaction etc.,

The challenge is when we try to move one step up by following one of the principles, our mistakes induced by vital nature or Swabhava pulls us down 10 steps or even below. A persevering effect is required every day, every moment. However, the mistakes are kept on adding the karmic effect. Continuous rising up in this spiritual journey may be possible for people who are on the mental plane and quite hard for those who are vital or physical nature.

Response: One's personal nature and its propensities (swabhava) pull us down. E.g. if we want to get rid of ego or a poor attitude, and we have the tendency to mock certain friends or people on tv, we will be pulled right down again, and our efforts to overcome ego or poor attitudes will be cancelled. It's like chutes and ladders, where we slip way down. Or we can say it's like a dog chasing its tail, where the effort to say get rid of ego is prevented by our unique propensity toward ego, such as sarcasm or selfishness when it comes to food or money.

Our vital and physical nature expresses differently in each person. We each have unique negative propensities in our nature that negate our efforts to raise ourselves in consciousness. Becoming very aware of these wanting aspects is yoga, as is overcoming them when they arise, and offering them to the Mother's Force for transmutation.

Not Yet Titled

Many of the difficulties facing the world could easily be solved through greater cooperation and collaboration among the nations. Instead of each country pulling in its own direction, problems that are common throughout society can be overcome by sincerely working together. Thus, let us not forget Sri Aurobindo's famous dictum "that all problems in life are essentially problems of Harmony."

Power of Cleanliness, Orderliness

How could McDonald's have become so successful while selling relatively mediocre food compared to its competitors? It is due to their extreme dedication to Cleanliness - an obsession at the company. Customers feel reassured about the spotlessness of the place and therefore come in droves.

Those familiar with the principle know the startling "life response" power of taking to high levels of cleanliness and orderliness. It quickly attracts money, opportunities, and success from seemingly out of nowhere. For McDonalds it has become a deep value that has been institutionalized at all levels of the firm, attracting the masses, and hordes of money, catapulting it to the pinnacles of success.

With that in mind, consider your own level of cleanliness and orderliness. How can you upgrade them so you too attract the cooperation of life and be jettisoned to the stars?

Not Yet Titled

The spiritual-oriented person does not blame the world, other people, and events. Instead he/she takes responsibility and changes the corresponding limitation from within. The world then changes in response.

Social Influence on Our Decisions

Often people will react, accept, and take action only when there is social influence and pressure to do so. E.g. decades ago Karmayogi helped establish via Bank of America a means of funding water wells in arid Indian villages. None of the farmers took up the opportunity, save one. However, when these individuals gathered at social events and noted that this person was gathering the praise and respect of others, a number of the other farmers reversed and secured the water well loans! As we see, people are vital and social, not mental and rational.

Sustaining Higher Consciousness

Q: Why are we not able to sustain higher consciousness movements -- like practicing non-ego and other spiritual methods? What is preventing its continuous realization in our lives?

A: Understanding is only the first step in realizing a higher knowledge. The knowledge has to go deeper into the emotions, where we are moved by it and have the intense will for it to come about. Then further still we have to carry it out and sustain that inner or outer action for it to have a lasting effect.

Then there is another issue: it's that our physical consciousness, steeped in nescience pulls us back down to our former selves, negating the higher movement; even making it seem as if it never happened!

That is why integral yoga was conceived. Yoga is the persistent method of turning spiritual knowledge into living reality by overcoming the pull of the lower consciousness and by bringing to bear a higher power for its permanent, integral realization.

Non-Thinking on the Yogic Road

One of the essentials of integral yoga according to Sri Karmayogi is taking to non-thinking. I am trying to list out some thoughts in this area as I make the effort of non-thinking as part of a yogic attempt:

- Yoga and non-thinking go together.
- An active mind limits the integral truth from coming in.
- By not thinking, the necessary things come in.
- By not thinking you will more readily catch the great possibilities that are coming in that can take you to a higher plane, including higher level of success.
- Thought is more effective when it comes from a silent Mind
- The road to non-thought comes by giving up different types of unnecessary thinking in the course of one's day. These types can be dissipated one by one.
- Non-thinking lets the Mother's Force work optimally to set right all conditions.
- Practicing mental silence in the presence of another is a great starting point for fruitful, creative, dynamic conversation.

Thoughts on the Power of Organization in Life

- To know what organization is not is to know what it truly is. To imagine an existence without structure and order is to appreciate how organization has shaped every aspect of our lives.
- Organization is the ordering mechanism that coordinates and integrates all aspects of life, providing a foundation for stable existence.
- Organization is a power that turns unruly, unordered, disparate existence into manageable, utilitarian reality so life can thrive.
- Taking to higher levels of organization not only creates practical results, but powerful life response results as well.

- Life has a particular tendency to respond to higher levels of cleanliness. It is perhaps the quickest way to evoke a positive response from life.
- Cleanliness reaches its apex and perfection when accompanied by higher levels of orderliness.
- Whereas cleanliness makes objects more presentable and appealing to the eye, orderliness puts them in recognizable patterns for easy access.
- To systematize a thing is to organize that object or matter into orderly and logical patterns that maintain themselves and repeat. When taken to in greater degree, it tends to evoke good fortune.
- When we take facts and turn them into organized knowledge, life responds to that effort; often attracting more or greater knowledge in that domain.
- When you make the maximum use of a resource, you attract more of it, as well as other positive developments.
- Giving an object or individual more attention energizes it, brings out its full potential, and attracts powerful life response results.

Not Yet Titled

An effort that you undertake sends out a vibration that calls forth related information even though you have not communicated your work to anyone or even been in contact with the other party on this matter for months! It comes INSTANTANEOUS (i.e. less than one minute) when the portal of communication is opened, such as checking one's email or the like,

It shows that everything in the universe is interrelated, instantly communicating with one another, and eliciting synchronous results behind the scenes, even though NO outer communication is taking place, and long periods have passed -- e.g. weeks, months, even years! -- since last interaction. It is the synchronicity of life you experience in this New Way of Living.

Not Yet Titled

To be able to see the good in bad people, and the bad in good individuals is a step toward wisdom. E.g. the brute Nixon helped bring China out of darkness, while the great hero Churchill who saved the world was a blatant racist and colonialist. We can see the same in friends. E.g. a bad person in many regards may demonstrate great strength, while a very good person may be weak and unable to stand up to the vicissitudes of life. We can do the same in recognizing our own strengths and deficiencies.

Right Crossroad Decision Attracts

When you make the right crossroad decision, life immediately cooperates.

E.g. say you make the decision to make a needed purchase, instead of whiling away the time. Or you decide to make that purchase by going to a place with the best price, rather than the most expensive which might be nearby. Life will then cooperate with you by causing all of the lights to be green enabling fast passage, or someone will let you pass while on line at checkout, or some other form of positive condition that is immediately put before you. Doing the right thing in a given situation evokes the full cooperation of life for its execution. To be cognizant of and practice this ushers you into A New Way of Living.

Reader: How to know the decision we are going to make at any crossroad problem would be the "right" one?

Whatever decision we may end up with on that situation has its own merits and demerits, which we will come to know later in Life as experience.

Wish we all have a tool for that....that helps to avoid detour by our "wrong" decisions at that moment.

Response: (from chapter 3 'The Power of Conscious Choice' from my book 'The Miraculous Phenomenon of Life Response')

"... it would be helpful if there were a set of simple guidelines that we could follow when we find ourselves in these sorts of crossroad situations.

While there are no hard rules, the best choices are:

1. those that are helpful (over that which is uninvolved or harmful)

2. those that focus on the needs of others (over that which serves our own self- interest)
3. those that are positive and upbeat (over that which is negative and glum)
4. those that engender calm and patience (over that which is disturbed and impatient)

The key point is that if you make the right crossroad decision in a given situation, you will immediately attract the cooperation of life. For example, in the lens incident I described earlier I actually made several crossroad decisions. First, I shifted out of turmoil and anguish to a state of calm (guideline #4 above). Then, I shifted out of ego and opened to the influence and recommendation of my friend (#2). Finally, I did something helpful by acquiring the lens, rather than avoiding the matter (#1). The net effect was to instantly attract a cooperative and friendly sales rep; the availability of an obscure filtering lens; an immediate improvement in the output of my camera; and years of happy picture taking!

There is also Sri Karmayogi's Decision Making Matrix, explained in chapter 23 'The Matrix' of Garry Jacobs' 'The Book': This method examines the inner and outer factors in the decision, whether they are positive or negative, and therefore if and when a positive result will occur by making that decision. It too helps determine the potential for life to respond in favor of the decision. This is a powerful tool for the Big decisions you make in life.

Nature Works On Multiple Levels Simultaneously

It is interesting how Nature through its conflictive dynamic of progress solves multiple problems simultaneously.

E.g. a landlord sees that the garbage has been spewed all over the place by a slovenly tenant, indicating that he has to be more forceful with them in future. And yet he too realizes that he has not provided enough receptacles for their storage, and so makes a commitment in that direction. Meanwhile this forces the littering family to discuss their own unhygienic actions, including the wayward behavior of their children who are out of control. And so on and so forth vibrating out among a number of parties and circumstance.

Thus from one perspective the garbage problem is not really a negative at all, but a core means of rectifying a series of problems amongst interrelated parties. Sri Aurobindo says this is Nature difficult method of evolution: She works on multiple fronts simultaneously to improve things through a common conflictive situation.

On the other hand, had one of the parties taken to the supramental power, the Mother's Force in this scenario, life would have unfolded far differently, yet retain its capacity to change positively multiple, related circumstance simultaneously.

Sri Karmayogi indicates it is the difference between the way of Nature (Prakriti) and that of Soul (Purusha).

Not Yet Titled

Each person around you who you complain about represents a deficiency in your own self. Discovering what that is and reversing it, will have beneficial effects all around.

Not Yet Titled

A profound event took place last night. A hurricane, quite early for the season, passed over Boston last evening, as it was celebrating July 4th Independence Day. It was in Boston that the American revolution began over two centuries ago

Further comment: I believe that this is further sign of instability in America; how there is deep economic and social conflict behind the scenes, indicated by the huge income inequalities revealed by the Great Recession and building over recent decades. It is another event, like the earthquake in Washington DC two years ago that shut down the Washington monument for repair, and the devastation of hurricane Sandy that hit NYC indicating the deep conflict and despair fomenting in America. The financial crisis precipitated by uncontrolled financial speculations threatens once again to bring down the country (and the world) economically in an instant. There is revolutionary fervor beneath the surface that the ironic hurricane over Boston on July 4th Independence Day could represent.

Nature (Life), including Mother Nature is constantly reflecting the vibrations of the people and events of the times through natural forces and circumstance.

Not Yet Titled

Scientists have observed that a tiny particle can spontaneously appear from nothing and then disappear as if it had never existed. It may very well indicate that matter originates from a hidden Energy that is the final product of a Conscious Force whose source is the Supreme.

Not Yet Titled

An intense effort of greater cleanliness instantaneously attracts something deeply desired.

Not Yet Titled

Nature (Life), including Mother Nature is constantly reflecting the vibrations of the people and circumstance of the times through natural forces and events.

Not Yet Titled

Intense hostility of another towards you will be represented by negative circumstance in the surroundings related to that person -- such as from his community, or a group he subscribes to, or a popular artist he likes, or to some mutual acquaintance, etc. etc. If you observe life conditions closely, you will see correlative negative events or unfoldings from the world that reflect another's ill-will towards you. From there you now have a subtle knowledge that will enable you to take right, necessary actions.

Eg an intense ill-will from a perspective client towards a consultant was highlighted when just after receiving an email from him the consultant opened his News app and there at the top of the page above all was a huge national story of a violent shark attack originating in his small beach community.

Reader: True sir. I have experienced it many times. How to get rid of those attacks?

Response: Non-reaction, and consecrating the circumstance and forgetting

What Are You Searching For?

(from Growth Online website)

Have you ever wondered what were the keys to extraordinary accomplishment, success, and happiness in life? If so, Growth Online has come up with some startling new answers for you. Have you ever asked yourself questions like -- how can I turn my deepest aspirations into a living reality? Or how can I elevate my business to the pinnacles of success? Or how can I find meaning in the world and make a real difference? Or is there really a spiritual dimension to life, and how can I get in touch with it? Growth Online provides fresh, compelling new answers to these and dozens of other important questions in the areas of personal, business, and society's growth and evolution.

If you would like to take your life to a whole new level; if you want to view the world and your existence from a dramatically new perspective; if you want to gain a profound knowledge and wisdom into the workings and meaning of life, Growth Online can provide you with powerful insights to help you on your way.

We believe that these unconventional new ideas -- some of a truly mystical bent -- are not likely to be known by the general public for years, if not decades; yet, we invite you now to discover how they can elevate your life to undreamed of levels of happiness and success.

With that in mind, we welcome you to the ultimate adventure of consciousness and joy!

Not Yet Titled

Not to react is discipline. NOT TO HAVE THE CAPACITY TO REACT IS EQUALITY. One is mental, the other is spiritual. (Sri Karmayogi)

RK: Karmayogi says – Insistence on non-reaction is also reaction. It will explode in another area.

Actually it starts from developing the capacity to make our temperament untouched. It starts from balanced temperament when others provokes, ridicules, accuses when we are right. This is also an egoistic identification but can be seen as self-restraint towards a higher goal – “non egoistic functional”. And this capacity for self-restraint decides level of accomplishment

Response: What R is describing in second para -- "when others provokes, ridicules, accuses when we are right, etc. -- has been almost exactly my recent experience with one individual who was a potential client. It's bringing out several interesting life lessons.

Not Yet Titled

Sri Karmayogi indicates that if you think back on all your associations and try to elicit the essence of them, what their deeper meaning was for clients, yourself, etc. it can have a power to attract your higher future as it relates to them or otherwise. It is the energy gathering and attracting power of inner Concentration.

Reader: By "essence" do you mean the lessons that the associations has taught us Sir?

Response: Yes, as well as the values that enabled success, or even the poor attitudes that prevented it.

Reader: It requires deep thinking.

Response: Yes.

Not Yet Titled

There is a subtle difference between quietly feeling solid and positive about the outcome of an undertaking you have initiated and having emotionalized expectation that it will end up as you want. The former creates positive energy that supports superb outcomes; the latter tends to deflect or cancel it.

Not Yet Titled

Surrender is the conscious act of forgetting all the layers of your Personality so that Mother takes it up. (Sri Karmayogi)

RK: Probably, It is from P's favourite book "saranagathiyin aanmeega sirappu"

Karmayogi says, when you forget something, it is taken up by the next layer of your personality, which is more powerful. For example when a part of my personality has fear in anything – surrendering that fear to Mother – takes us to next side of that courage – which is best channel for Mother to act. That is a layer of personality is taken over by Mother.

In the same line Karmayogi says – surrender is not ordering anything to Mother. She will take your personality if you forget to order or request Her. Mother takes you to the substance non-stop, if you do not choose to interfere. Surrender is non-interference with Mother.

Not Yet Titled

Concentrate your consciousness on your deepest values looking back across your life to the present, and dwell on them. Gather them together into an Essence of your beliefs. Now aspire for them to occur increasingly from hereon in. It will have a power to produce results that change the course of your life - always for the better.

RK: Karmayogi gives check list for – looking for the values that we believe / essence of beliefs – within us. Concentration those to fortify it and bringing it to surface will accomplish a lot. .

- Values that we think as our culture, family tradition and brought up.
- Values based on what we know as conscience.
- Values based on what we know as spirituality.
- Values based - how we want others to behave / treat us.
- Values based on our knowledge of privacy and comfort zone for us - and giving the same to others.
- Values based on skills / capacity- that others or other manufacturers needed -that can give a product, a social value, optimum use value, conceptual value.

Several Ironies of History

Here are some ironies of history I discovered over the years.

- Napoleon spread democracy through Europe via brute conquest.
- Stalin who killed 30 million of his own, the greatest evil in history to one's own people, is adored in Russia.
- Gorbachev who saved the world from nuclear annihilation and brought down a failing Soviet system without a single person dying is vilified in Russia.
- Clinton was condemned for minor tete a tete, while Kennedy's much greater physical indiscretions are ignored.
- Gandhi's non-violence (ahimsa) led to millions killing each other at partition and two nations - India and Pakistan - with nuclear arms pointed at one another at their borders.
- The brute Nixon, who also illegally bombed, lied and cheated opened the doors to new economic liberalization and better relations with China.
- Americans who possessed guns to hold off the American Indians, kept hoarding it to the tune of 200 million today, while the Indian have long been vanquished and annihilated.
- The Republican Party of Lincoln that current conservative Republicans like to associate themselves with in the US, were actually great liberals who soon formed the Democratic Party!
- A black man with a Muslim name - Barack Obama - came to power seven years after the Muslim-based attack of 9/11.
- 9/11 is the same number as the emergency phone system in America - 911.
- Jefferson and Adams who helped shaped the US Republic and were adversaries became deep friends in old age and both died on the same day July 4th 1826, Independence day.
- Jesus who advocated love was killed on the cross. His main disciple John the Baptist was decapitated.

Consciousness Approach to History – Sample Entries

Here I present a few examples of deeper causality in history; the subtle inner relations between things that the history books are unable to fathom. (Based partially on the words of Sri Karmayogi)

- The US Civil War was a negative life response to the virulent oppression of the native peoples by the US government.
- All of the problems that America has had concerning African Americans is a negative response to the oppression of the native peoples.
- The rise of a dangerous USSR was the result of the US and Europe meddling and trying to prevent the Russian Revolution.
- The Japanese attack at Pearl Harbor was the best thing that could have happened; enabling the US to win the war in Europe and vanquish the Japanese from Asian aggression.
- Sri Aurobindo projected his Force on Churchill to help him win WWII, but withdrew it after so the British Empire would come to an end.
- The American financiers ushered in Hitler in Germany through their speculation that led to the market crash, the Great Depression and destabilization of the Weimer Republic.
- From one perspective radical Muslim fundamentalism is a negative life response to Christian fundamentalism.

Not Yet Titled

Nearly all of the cultural and artistic achievements we find so fascinating in our generation, that fully absorb our emotions are virtually forgotten in the next.

Further Comment: That might be a depressing thought to some. It tells me however that we need to keep to eternal things, which will be lasting and appreciated in following generations. That does not mean we exclude ourselves from the current cultural and its attributes. After all, we live in these times. It just means that as we navigate the culture of our own generation, it would be helpful to see it in an

evolutionary context, of where society is and is going, of the deeper meaning behind things even as we enjoy them; while always having one eye on the increasingly emerging spirit in the world. Such things will always be appreciated down the road.

Not Yet Titled

Obesity occurs for the first generation that moves out of poverty. Much of the repressed hunger is let loose.

Reader: Interesting principle Roy Sir. So is there not a way out of it?

Response: Sure, be conscious of the dynamic and then take to right health approaches.

Reader1: Thank you Roy Sir. This is a completely new principle that I have come across:-)

Reader2: And likewise for other repressed feelings??

Response: Good question. First note that the comment above on weight gain is the insight of Karmayogi's. I suppose closely related to weight gain there is onslaught of type 2 diabetes and similar. We see that a lot amongst those in the Latino and African American community in USA who have come out of dire poverty.

Usually in poverty there is not so much repressed feelings, but indulging them. Moving out of poverty often brings a certain level of civility. A middle class ethic that contains a certain moral sense. An educated outlook. And yet sudden poverty exit could cause mindless shopping if one had the money, obsession with video games and the like, etc. etc. Perhaps someone who has or whose family has come out of poverty can speak of these. We know there is the tendency for rampant materialism when there is movement up into the upper middle class, say in India -- mimicking Americans. "Keeping up with the Joneses" mentality, et al.

If one is not careful, debt accumulation can happen, though often because people were once poor, now that they are better off, they "count pennies," so to speak. There can be a certain loss of innocence and purity of the rural life when moving up and when moving into the city.

It is worthy of study by sociologists. Eg I am sure there are articles on the same on the web, even narrowed down to tendencies for the Indian, or any ethnic and social or economic group. If you are a devotee who is moving up, then there is no need to release repressions as the urges for excess or acting on repressed feelings tend to melt away in the higher consciousness.

RK: Karmayogi says, Obesity is symbol of - Poverty consciousness becoming Prosperity consciousness. He even says, when we say we like foods that can be kept for days - (like dried meat, dried fish or even dried rice balls as is custom in India as well as our own "Vatha Kulambu" and fired papad) all reminds of our poverty consciousness and guiltiness of misuse of prosperity consciousness for sensual pleasures. Generations that have missed food, compensate the loss when food is available.

But that is not the only rule. When the mind is fully developed, to that extent that obesity is less. (We become health conscious, as we understand that it is only for energy).

There is an interesting note on Mothers Volumes. When Lal Bahadur Sastri requested the nation to forego one meal a week, he asked people not to eat on Monday evenings. Eating establishments were closed all over the country on Monday night. Mother did not agree with him. She said the body has a way of adjusting. It eats more before and after. There is no real savings of food. To miss a meal without that compensation is possible only for yogi.

No doubt Lal dropped the plan as it didn't yield nay result or savings.

Response : "But that is not the only rule. When the mind is fully developed, to that extent that obesity is less." Yes. It shows that through education or at least knowledgeable self-discipline most of the indulgences can be brought under a reasonable amount of control. Through Spirit, they are absorbed into nothingness, as the higher energies are found to be more attractive.

Reader: Every third person in America is obese. It would be interesting to link that to what you mention...

Response: The definition of obese can be someone only a few pounds overweight. Truly obese, say 20 lbs or more overweight, where diabetes is truly a threat is a smaller number than one in three, but still significant. Perhaps one in 5 to 8

Reader: OK... Thank you! Would like to know what's it in Asian immigrants. They are coming out of poverty too, so to speak...

Response: Good question. Most East Asians are not obese in America. Many are educated. South Asians in US are mainly obese in the older generation, who are less educated and active. Maybe some older East Asians are that way too. Younger generation of Asians in are hardly obese here, as they are educated, now in second generation out of poverty, etc.

Reader: Thank You...Like you pointed out...Our Food is a source of Energy... Is it possible that the place (restaurants) we eat or the Nature of food we eat decide WHETHER WE RECEIVE POSITIVE OR NEGATIVE ENERGY. So we should choose place and the food based on such factors ???? and not based on our LIKING FOR TASTE etc.

Response: These certainly have their place in the scheme of things. We want to eat wholesome, nourishing food, and do so in places with a pleasant atmosphere if we can. However, positive energy also comes from many other aspects aside from what and where we eat. The consciousness of the proprietor and people serving us, the quality of our feelings and attitudes, our relationship with others if they are there, the quality of the people we are dining with, how we conduct ourselves relative to others, the things we are presently occupied with, etc. etc. More powerfully still is the spiritual energy that we bring to the experience, through such means as reduced speech, inner silence, eating in quietude, having patience, as well as any consecration efforts we bring to bear to the activity.

Reader: Thank you very much. I have been keenly observing these aspects and certainly felt it. But when I CONSECRATE before the act, it is always a pleasant experience and we could draw more positive Energy. For example, the place becomes cleaner than before or those with negative attitude avoid dining with you for whatever reason, etc. All that adds up and comes to us as a Pleasant experience. If one is keen on observing, we can certainly feel the change (for better or otherwise) in our physicality.

Response: yes, very true

Preventing Negatives from Coming Your Way

Get out into the sunlight — out where everything is — with a vibration that is so dominant that those who annoy you; those who don't agree with you; those who make your life feel uncomfortable don't come into your experience, because your vibration — through your practice — has become so clear, so pure, so clean, so in keeping with what you want, that the world that revolves around you just feels like that. That's what you planned. (Abraham)

Comment: Yes, it is a great thing to have the inner power not to attract all of these negative people and circumstance. Consecration and other means enable this to happen. So does an intense positive aspiration for something you wish to accomplish or believe in, as you say. A third way is that by not reacting to these negatives when they do arrive, -- i.e. practicing equality of being, non-reaction, non-complaining, non-blaming, taking their point of view, etc. -- it causes them to arrive less frequently in the future.

Right Perspective of a Problem

There is an ascending scale of consciousness that starts with the lowest level, the physical, that rises up somewhat higher to the vital/emotional plane, and higher beyond that to the mental, and then to the highest level of all, the spiritual.

Take a problem that has arisen. From the physical consciousness perspective, everything seems terrible; difficulties are everywhere. From the vital consciousness of emotion one sees good or bad, shifting between the two, depending on how one feels about the matter. From the mental consciousness one sees and recognizes the problem for what it is, at least somewhat. From the spiritual plane there is no problem, as one realizes that everything that's occurring, good or bad, is necessary for the unfolding and progress of life.

Not Yet Titled

Anyone faced with a multitude of problems can pray and solve them. There is another method. Let him look at what recently came to him by Grace and offer gratitude to it. All his present problems will disappear. (Sri Karmayogi)

RK: Karmayogi says – we all think we have gratitude towards grace. But what we actually have is recognition of grace. A belief on grace. A devotion on grace.

But true gratitude shows as joy in the emotion and thrill in the body. Ready to do anything for Divine. If it can happen nobody can ever lose an endowment – health, wealth patronage, etc. –if he feels true gratitude to Grace. Our gratitude should be examined, analysed, rationalised, subjected to close scrutiny in this context. Should a devotee do that by going back in his life and feel gratitude at every instance he had failed so far, the grace will follow him and there will be no occasion for him to pray in future.

Not Yet Titled

Even when we have acknowledged their harmful effect in our lives, we circle back and make the same mistakes, take to the same negative attitudes, and stubbornly hold onto the same wanting opinions. The habitual physical consciousness drags us back down to the same level, unless we are vigilant and stay fully engaged in our aspiration for higher consciousness.

Reader: Habits are difficult to change for which one requires strong will power.

Response: Yes

Not Yet Titled

In the process of evolution, does the psychic being have to cross through every habit in one birth or the other? For example, a person who has developed a very good habit might have undergone a negative trait of that same quality and mastered it probably in his earlier life. Similarly, a person who has developed a very bad habit has to overcome it with the help of Divine in the same life or probably in his future life

But, do all human beings have to go through all the habits (Good and Bad) in one life or the other?

Response: I believe that in a given birth that person has the opportunity to elevate several aspects (not necessarily all) of his wanting nature. Occasionally someone has many negatives and overcomes many or fundamental ones, like Darcy was able to do in *Pride and Prejudice*. When we say that a person has a "ripe soul," he has already come into his life with most of the consciousness qualities highly developed. Now he can go through and elevate himself on several more as necessary. His life circumstance will afford him the opportunity to do so. If a person cannot complete all of the consciousness attainments, which is normally the case, he comes back again (rebirth) to do so. In some case he does not come back, but just rests in the ethereal planes. Sri Aurobindo says that the movement from Ignorance to Integral Knowledge (Truth), which is the foundation of the evolution for the individual, occurs through multiple births. In fact, the very reason for rebirth is to complete the gains in consciousness required to move from Ignorance to Integral Knowledge. From the other side, the psychic being is the instrument that enables the continuous rise in consciousness as it enters each new person (rebirth) in its journey of discovery. Before it enters the person, it considers which person to enter, evaluating their consciousness and their potential life circumstance so it can obtain what it yearns for. It too has "aspirations" for wholeness and integral realization; though perhaps at a more cosmic level.

Gathering Up Your Cherished Values for Future Success

Perhaps the simplest and most effective approach to building one's future from within is to think deeply about the expression of your cherished values in your past work. Consider the best of them; including its application and the results obtained. Now roll them into a tight ball and think about the very best ways those values can be applied in future. This is your values-saturated Aspiration. Consecrate it intensely, and see what happens. Life can respond quickly and overwhelmingly to such an approach. This is Sri Karmayogi's view.

Silent Will vs Inner Silence

Though used interchangeably by some, there is a fundamental difference between Silent Will and Inner Silence. The former is the method of withholding expression of a thought compelling others to express it for you. The latter is where the mind is silenced of all thought, where there is no intention, other than the experience of pure emptiness or Being. It creates the best condition for right thinking, right doing, right feeling and connecting. It is an experience of the Self and Soul that tends to attract the best conditions from life.

Reader1: What are the methods for achieving inner silence Roy Sir? Meditation is one of them I believe. What other steps can we follow to silence the mind?

Reader2: Consecration of thought word and deed throughout the day...the mind is silenced. Everything takes on divine meaning and becomes grace filled..give worry and troubles even, to God...if all good and bad belongs to Him...and we are instruments of His will...what is there for this egoic self...but to experience "nothingness"...I have not known anything holier than just being in the flow of life in its current moments...there isn't anything more than feeling this alive ness...the light ness of being...

Response: "Consecration of thought word and deed throughout the day...the mind is silenced. Everything takes on divine meaning and becomes grace filled.." (Sandy) Beautifully put. This is my ongoing experience.

Accessing the Infinite Database Of Consciousness

It is said that there is an infinite realm of consciousness surrounding us that can be viewed as a kind of fount and database of knowledge that we can tap into. But how to tap into that database? The human mind as people ordinarily use it cannot tap into this. They must move to a higher means of accessing it. It can come from the silence of the mind from which the mind opens to wider sphere, it can come as light of revelations of truth, it can come from intuition which is knowledge without thought that comes in, and one can have direct identity with the knowledge as an integral whole, as in truth consciousness, supermind. The western teachers and gurus do not know how to do this. Even the Eastern ones have limited knowledge, with partial exceptions like Deepak Chopra, and of course people like Karmayogi, Sri Aurobindo, etc. We advocate constant Consecration (opening to the spiritual Force, Mother), which moves the consciousness deeper, from which the mind opens to the spiritual planes, enabling the infinity of consciousness to pour in. Meditation, concentration, prayer, etc. are other means, though less effectives compared to the Force which instantly acts to bring us whatever is needed in a flash, including knowledge and consciousness from any and all spheres. Here Sri Aurobindo and the Mother have given the means of fulfilling the aspiration of the Vedas that sought the realization of consciousness from the universal spheres through the spirit in the mind.

Taking Responsibility for Our Bad Habits

There are many causes of our bad habits: from the family we are raised in, to the society we are born into, to one's own self and beyond. E.g. a spoilt child will develop certain bad habits. The society that teaches materialism, aggressive behavior, etc. can affect one as well. The difficult, bad experiences one has had along the way is yet another. The negative people we associate is a cause as well. The wanting attitudes one builds up over time about others, life, self, and work is another central reason. There is even genetic inheritance of negative traits from relatives, and the fact that man himself is born with a number of wanting attitudes and habits that comes from the unconsciousness inbuilt into human nature. Then there are the karmic, cosmic, and past life influences. There are more factors beyond these.

On the other hand, it is also true that the conscious individual takes responsibility for his bad habits, not blaming one's upbringing, family conditions, the society, others' influence, etc. A conscious person does this as a normal part of his/her growth process. He regularly considers who he, what are the limiting aspects, and tries to overcome these and elevate himself to a higher level. It will prove useful for every aspect of our lives, from our relationships to our work to our happiness and well-being. We could say that this constant elevation of our consciousness is the very reason we are here on earth: to grow and evolve, and enjoy the experience of discovery of our higher nature.

Elevating Our Consciousness through Rebirth Process

Q: In the process of evolution, one grows in consciousness. It is said that it occurs through a number of births. Does a human being have to go through all the good and bad habits in a single life, or just several of these?

A: I believe that in a given birth that person has the opportunity to elevate several aspects (not necessarily all) of his wanting nature. Occasionally someone has many negatives; or has one great fundamental limitation, and overcomes them/it -- like Darcy was able to do in 'Pride and Prejudice.

When we say that a person has a "ripe soul," he has already come into his life with most of the consciousness qualities highly developed. Now he can go through and elevate himself on several more as necessary. His life circumstance will afford him the opportunity to do so. If a person cannot complete all of the consciousness attainments, which is normally the case, he comes back again (rebirth) to do so. In some case he does not come back, but rests in the ethereal planes.

Sri Aurobindo says that the movement from Ignorance to Integral Knowledge (Truth), which is the foundation of the evolution for the individual, occurs through multiple births. In fact, the very reason for rebirth is to complete the gains in consciousness required to move from Ignorance to Integral Knowledge. From the other side, the Psychic Being (evolving Soul) is the instrument that enables the continuous rise in consciousness as it enters each new person (rebirth) in its journey of discovery. Before it enters the person, it considers which person to enter, evaluating their consciousness and their potential life circumstance so it can obtain what it yearns for. It too has "aspirations" for wholeness and integral realization; though perhaps at a more cosmic level.

Not Yet Titled

Each time you gleefully or nostalgically recall a negative event in your past, you dramatically increase the chance of its reoccurrence -- even instantaneously.

Reader: Sometimes people tell their past sad events to others if they suspect the other person has envy towards him and to show that he too has had bad experiences.

Response: Yes, it's true. Still one must be careful not to go over them for no good reason. If you are truly trying to learn from your mistake, then going over the past and reviewing it can be very helpful. If you then identify the underlying cause -- such as a wrong attitude about things one had -- commit to changing it now, and then consecrate your past errors in deed and consciousness to Mother, you will quickly attract enormous benefit into your life in the near future. Sri Karmayogi calls this powerful spiritual method "Past Consecration."

Not Yet Titled

A woman on the radio was sure that her team would win the World Cup final. Someone for the other side disagreed, but was not insistent. She became very persistent in her opinion, the kind of egotistical insistence I have seen many times portending failure. Soon enough her team the Argentinians lost to the Germans in a close match. As Americans are keen on saying, "you could see it coming a mile away."

Further Comment: -The energy of expectation is capable of activating a formation that is undesirable. -Intense expectation yields unexpected disappointment. -Congratulation in anticipation negatives the outcome. (Sri Karmayogi)

Reader: After all Football is a game only and hence why so much persistence.

Response: Persistence and insistence of any sorts is counterproductive. People do it in all facets of life. Football is just an outer, collective formation for the purpose of enjoyment and competition which in the greater scheme of things is not all that important. People like to hold onto a team as much as an attitude or a belief. Thus it certainly has an ego element. On the other hand, one positive aspect of sports -- individual or team -- is that it not only demonstrates considerable physical skill, but with the right attitudes employed can build up character.

The other aspect is that we can see life responding in anything -- from the most superficial like football to the deepest aspects of life. That is the true magic to witness. I.e. the workings of the subtle ways of life, and then harnessing them for ultimate success. Eg a single attitude shifting his attitude from the negative to the positive can attract wonderful results, such as great new teammate coming to the team, or even great success in the following games. I have observed the latter many times. It is fascinating!

(re: the Brazilian team that was humiliated by crushing defeats earlier and were the host of the world cup, this quote from the NY Times: "If the soccer team's collapse teaches us anything, it's to remember: You can't win before the game is played.")

Not Yet Titled

-In contemporary times, where Christianity is predominant, it tends to be (not always) in an area of poverty, matched by an urge to come out of it. South America and Africa are examples. Islamic-oriented countries are somewhat similar.

-Middle and upper classes increasingly discard religion altogether, except as ritual. For these individuals, success and its rewards become new twin gods.

-Where one moves out of poverty into prosperity, religion generally begins to lose its grip; especially orthodoxy and fundamentalism.

-Prosperity loosening the grip of religion opens to greater knowledge through education and also begins to open the door to spirituality.

-Spirituality is the Essence, whereas religion is a cover layer.

-The best foundation for spirituality is prosperity.

-Spirituality is fulfilled in the material plane, through wealth, new technologies, new possibilities, applying spirit to the details of life, etc.

-Spirituality culminates in the divinization of life on earth, including the emergence of a new divine-like species.

-Low income/poverty, religion, prosperity, education/knowledge, spirituality, divinization of life are several progressive stages.

-The order can vary depending on time and place.

Reader: Great sir...this is only from the supermind. ..no need of evidence. ..it is felt!!!

Not Yet Titled

Surrender in Sri Aurobindo's yoga is where you give up human life for divine life.

RK: Integral yoga starts as surrender:

-From changing selfishness to selflessness and grows as substituting SELF for the self.

-Egos views changing into souls views.

-Thoughts of mind changing to light the Spirit,

-Gradually becoming fully conscious of divisions (of ego) and unity of soul(holistic).

-Fulfilling the very highest and earliest of human aspirations, than present human ambitions.

Response: Thank you. These are keys.

I think the process of the yoga can be stated for us as -- regular consecration and practicing Karmayogi's methods (equality of being, self-givingness, others' point of view, etc.) that takes one deeper, which in turn sheds ego, which opens the spirit in the mind and its greater knowledge, continuing to the depths to the psychic, and surrendering all aspects of one's life and being from there to Her (true Consecration of the being), awaiting on Her Will, which we act on from within. We are transformed; society, the world is impacted. Supramental existence, all the spiritual aspects are embodied (peace, harmony, truth, goodness, love, delight, timelessness in time, infinity, etc.) supramental beings, divine life on earth.

Not Yet Titled

When you hold at bay a party who is conflictive or has ill-will towards you by keeping them at arm's length or better still by putting them out of mind, the same opportunity can instantly arise somewhere elsewhere, but now in a positive context. It shows the miraculous-like power of garnering silent strength in a difficult situation.

Not Yet Titled

There is a world of difference between explaining the potential of a thing to succeed and gleefully saying it's a done deal.

Evoking Mirror Image Business Situations

When you revisit and make a request of a party through whom you had a success or failure in the past, instantaneously you may receive a communication from an unknown party from out of the blue who had or is having nearly the same experience. It is an astonishing, synchronous association to witness. Moreover, when you see the correlation between the two circumstance, you will know how to address the issue of the second party even though you hardly know them or their condition, as the subtle principles and rules guiding the original situation of the past will tend to closely apply to the new one.

Example: A man contacted a manufacturer in India about a spiritual booklet they supplied. He had done work for the company selling gift items many decades before successfully. However in a recent endeavor the initiative failed. It turns out that the very instant he made the booklet request, he received an email - the only one in the Inbox -- from a proprietor seeking advice on a nearly an identical business situation (selling gifts) to the original initiative of the booklet requester that failed! Also, the essential details were also very much the same. It was a powerful synchronicity that occurred within one second of the booklet request. A mathematician might calculate the chance of this occurring as 1 trillion to the trillionth power. That is the life response power of reigniting a connection from the past -- positive or negative -- which attracts back a virtually mirror image situation from out of nowhere.

The Guitars

"A student of mine A of Chennai wanted to buy a Fender Strat Electric guitar and asked me to find out the price which I came to know was very much above his budget...

Watching him play the guitar in the U tube and Fb impressed me so much that

I observed that he has a wonderful style and potential..

I decided to give my Fender Strat to him as a gift and informed him accordingly.

He was so happy that he became emotional and started crying with joy ..

I remembered The Mother's saying "The happiness you give makes you more happy than the happiness you receive.",,,

To my surprise a couple of days back V , another student of mine bumped in to M and gifted me a CORT CUSTOMIZED guitar with my name in it !!!!!

What else can I think of this other than Mother's Grace and Life Response ??????" (RV)

Response: Comment: Self-givingness, in this case in the form of generosity, always attracts things back to the giver in equal or greater amount. That is one of your strong suits and deep-seated values that has given you much success in your field.

Another way to look at it:

It can be seen as an attitude of goodwill. Perhaps we can call it an attitude of the heart. I once admired a man for his genius in the software field he was in when I met with him several times at a monthly gathering of the local Microsoft community. I had very good will towards him, recognizing his great intelligence, skill and potential that lasted for several years. One day his accountant spoke to me and indicated that I had generated a giant client for him (AT&T) through a referral that I hardly remembered, that would go on to generate nearly \$1Million for my friend's company and a vast commission for myself (\$50K or more). Garry Sri said it was my goodwill towards him which was to see not only his skill, but his potential. There was that mental recognition that had an enthusiastic quality.

Life Initiatives That Spread, and Succeed

We know that when life initiates and you take up that opportunity, it tends to create successful outcomes, whereas when you initiate on your own it tends to fail as much as (or more than) succeed.

There is also this corollary: If a party responds to a life initiative and is required to take another initiative related to it, and then another party responds to that initiative, which requests action to be taken (in essence a life initiative to them), then that second party will also succeed. In other words, life initiatives can spread to others, and likewise attract very positive outcome when that opportunity is seized.

Example: A fast growing organization was afforded an opportunity to offer training, which was a life initiative to them, which they took up, leading to the development of an event, which they developed successfully. For that to happen, others had to be informed for marketing purposes, so they sent out notices to various parties. One of the parties received the invitation (it was a life initiative to them), took

it up, and their efforts of design and implementation went smoothly, ended successfully. Thus we see that responding to life's initiatives successfully (first party) vibrate forward to other parties experiencing the same.

Not Yet Titled

Often by merely shifting from indifference, ignorance, etc. to sincere intention, will, and (especially) a decision for something to come about, it can suddenly happen on its own. I.e. life gives you what you want before you even act on it! That is one of life response's extraordinary secrets.

Attracting the Right Romantic Partner

How to attract the right romantic partner? The key is to really know what you want in another person, from the relationship -- to think about it deeply, dispassionately; with the highest ideal you can sincerely feel and believe in -- and to silently and intensely aspire for that to happen. That person will come, sooner or later; often quite quickly.

Not Yet Titled

Your body will take you where you don't want to be. Your heart and mind will take you where you want to be. The spirit will take you where you should be.

Reader: About Soul?

Response: Soul is the transcendent Spirit encased in the individual.

Reader: How the soul manifest or allow to body/mind/spirit?

RK: Fit to be a chant

Power of Decision and Action That Attracts

When you have a problem and then overcome your hesitancy to take action to solve it, not only will you move things along in a positive way, but information can suddenly arise that reveals that you do not have that problem in the first place! This is particularly true if you first offered the issue to the spiritual Force. The changed attitude, the decision, the action, and the consecrated act in tandem can overcome what seemingly was a fact.

A man had a serious physical problem, but he was hesitant to act on solving it. He waited for "time to heal," but it got worse. Then one morning he changed his attitude, made a decision to act and made that effort, offering the matter to the Divine Mother. When he arrived at the medical facility, he found out that his self-diagnosis was faulty, and he actually had a much lesser problem, which was a great relief. He also unexpectedly learned of other health programs that seemed just right for his future physical needs.

In yoga one realizes that 75%+ of all physical illnesses are due to ill-will from others, grace coming in that is blocked inside, some unwillingness on one's part, breakdown of one's psychological balance, nerves overwrought, general negative atmosphere, breakdown in material conditions such as lack of funds, resistance of the physical consciousness to grow further, etc. Outer conditions just reflect that.

Reader: Is it safe to assume that the other 25% is karmic?

Response: Or material, biological. Our normal view. The Mother says they are probably less than 10%.

Power of Accepting Another's Point of View on Money

If you are having a disagreement on the status of what is owed, and you completely withdraw insistence, even taking the other person's viewpoint in full, very soon after you are likely to receive word from the other party that your perspective was the true one, and you will benefit.

An instructor had an amicable exchange with his referral agent on a significant bit of money he was owed. The issue was examined from various sides, and the exchange went back and forth. The consultant then told himself that he was not going to press the matter further, he would not insist; in fact he would accept the agent's position as the true one. The next day he received an email from the agent who said

that the consultant's view was in fact the correct one, and the important money due was being sent and would arriving soon.

Not Yet Titled

Soul is the transcendent Spirit encased in the individual.

Not Yet Titled

Keys to an expanding Knowledge: The more points you know, the more you are capable of making new connections among them. Innovation, creativity, revealing of the unprecedented follows. This is also true of the subtle laws of life given by Sri Karmayogi. Bridging, connecting these truths and methods in new ways reveal the hidden Infinities the can come into one's existence.

RK: Expanding knowledge is to know the - completeness.

The knowledge in individual is concentrated within its limits. It limits its formation- barring Innovation, creativity etc., Seeking completeness or holistic view by expanding the knowledge leads to self-awareness. Awareness on atmosphere, opportunities, functioning, and everything we need. Expanding knowledge to recover his own truth of himself - is not discovery inventing or creating, it is manifesting.

Not Yet Titled

HE is the player, the play, and the playground.

Further comment: Yes, this describes the Reality; Brahman as Sri Aurobindo means it.

Our Social, Psychological, Spiritual Personalities

We have several personalities lying in layers inside us. The social personality acts according to circumstances. Here the reward is for your social standing, not for your capacity. Deeper than that is the personality of psychology. Life rewards here for your motive, disregarding capacity. Deepest is the Spiritual Personality which seeks spiritual experience. There, only GOOD exists. It is above life. Ability to invoke our inner Spiritual Personality overcomes our social circumstances, our motives and even our capacities. Here rewards arise according to what you are inwardly, not what you do. (Sri Karmayogi)

Not Yet Titled

An individual who is steeped in the Spirit, opened to the spiritual Force abides by a different rule than the average person: It is that the higher the result aspired for, the quicker it comes. Also, what comes is more perfect in the measure it is higher. This is the fundamental wonder of the Spirit flowering in life. (paraphrase of Sri Karmayogi)

Not Yet Titled

The Spirit is Infinite and Eternal. Indian spiritual wisdom knows how the entire infinite universe is compressed into the infinitesimal and how one can release that infinite from the infinitesimal. (Sri Karmayogi)

Further comment: Eg Einstein accomplished it in matter via a formula, as the bombardment of a few atoms can create vast, nuclear power and weapons. Likewise, the smallest detail in our live can produce a vast result when its embedded infinity is released by consecration, the spiritual Force. In that way an infinite can emerge from any finite; even the tiniest idea, act, condition, aspiration, hope, dream, etc.

Not Yet Titled

Anxious to illustrate Sri Aurobindo's theory of Spiritual Evolution through a great work of literature, we chose 'Pride and Prejudice' and studied it for some time from the angle of the Spirit. (Sri Karmayogi)

Further comment: Yes, Karmayogi has given many thousands of page of commentary on P&P in relation to Life and Sri Aurobindo's 'The Life Divine.' Each single line is a jewel, in this case over 25,000; and in

my view an unprecedented study of a work of literature -- and practical application of Spirit in life -- in the history of the world.

Self-Givingness

The opposite of selfishness is unselfishness or selflessness. Self-giving is of a higher order. What is it? Giving one's all to the OTHER person because he is a Self, is Self-Giving. It is a spiritual connection of soul with soul. (Paraphrase of Sri Karmayogi)

Not Yet Titled

Any activity, however exalted it is, can become an addiction if one outlives its need. (Sri Karmayogi)

Further comment: Examples: constantly reading light novels when one can do better, endless tv watching, obsessive facebooking (!), repeatedly looking for the same type of mate, always trying to help losers, expressing the same consciousness observation like a broken record, obsessive gargling, always reading the same section or website in the morning, perpetually praising others that gets tired after a while, thinking for the sake of keeping the mind occupied, meditating as a stale routine when one could consecrate to get that effect and much more, constant worrying about one's child, butting into another's business like Jane Austin 's 'Emma', etc. Other examples that fulfill Karmayogi's criteria?

Reader: I think we are all spending much time on facebooking. No harm in it I suppose.

Response: Yes, it is a new format of communication, so it is pretty exciting. Aside from the expense, I wonder how much people listened to the radio or talked on the telephone when they were first commonly available. I suppose there too people indulged and it became obsession-like. As new technologies came along like TV, the dynamic changed again, and again now with the Internet. The key in using any of these, as Sri Karmayogi suggests, is whether you have outgrown the need. If you have and still use it, it becomes an obsession, or at least a seriously outworn habit. Either case, it causes people to stay where they are or even go backwards in terms of their personal growth.

Psychological obsessions are the worst. Like repeatedly waiting on a former girlfriend's return at a particular place when she has long forgotten you, we each have our own unique set of psychological obsessions. Best if each are methodically shed.

Not Yet Titled

To obey the immediate MASTER, whoever he is and whatever the consequences is a spiritual value that hastens the best final result. (Sri Karmayogi)

Further comment: In WWII as depicted in 'Bridge Over On the River Kwai,' after first resisting him the English colonel obeyed the ruthless Japanese colonel in charge of the prisoner of war camp, and with his men built a magnificent bridge across the river. The English soldiers made the bridge perfect, as the English colonel valued duty and its perfection. Soon after the bridge was blown up by the prisoners, leading to the downfall of the Japanese there. That is how life works. Obeying the immediate master -- positive or negative -- has this extraordinary positive consequence of hastening the best final results. It is perhaps a form of taking the other person's point of view, no matter what, which will bring about your most cherished desires through Life's confounding, yet astonishing logic.

An extraordinary thought that seems to run counter to rationality and opposite of what we believe, especially in the West, but is in fact how life often acts, unfolds, responds.

Reader: I have one immediate admin boss who is 10 yrs younger to me . I was not happy to report him. I used to bye-pass but life puts situations before me to obey him /listen to him. After reading this post, my mind is changing. Thank u sir

Response: The combination of obeying and adhering to the needs of the superior and feeling no malice inside can attract splendid results. It will be a very good experiment for you!

The original post here reminds me of how Karmayogi in his review of Herman Hess's novel Siddhartha said that had Siddhartha given in and surrendered to his father's will, he would have attained spiritual realization quickly instead of having gone through a lifetime of spiritual tapasya, struggle to attain it.

Not Yet Titled

Shedding is as important as acquiring -- of the inner and the outer.

Reader1: Also more difficult, I would add. For the accumulated energy to get dissolved, a monstrous effort is required!

Reader2: Especially, Shedding our own Ego and offering that to HER, can work miracles!

Response: "For the accumulated energy to get dissolved, a monstrous effort is required!" Yes, that is why people practice spiritual-oriented yoga. To shed these. It requires great self-awareness and great self-control. That is what many are learning to do and practicing to various degrees.

"Especially, Shedding our own Ego and offering that to HER, can work miracles!" Yes, very true, especially as they express in our negative attitudes about others, life, self, work, etc.; our narrow-minded opinions, our fixed habits, false beliefs, etc. etc. Each person has a solid dozen of them that they express in the course of the day. Catching them and then offering them to the Mother is the best way to overcome them, which allows the True Spirit, the spiritual Force to now circulate throughout your being, creating the wonderful inner and outer positive results.

Power of Silent Concentration to Accelerate Career Development

There are even higher spiritual methods available to rise further and faster in your career. The greater your capacity for concentration, the greater the knowledge you will extract from any situation, the faster you will learn, and the deeper the insights you will perceive. Try to suspend your thinking processes and imagination and enhance your capacity for concentration. Try concentrating on what you have learned from the experiences of others in order to extract the essential knowledge that they have acquired. Try concentrating on your own past experiences in order to feel and sense the truths life was revealing in these situations which you missed or only partially at the time. Nothing requires greater energy and concentration than thinking and it generates far greater results. This method can abridge years of study and experience into a few weeks or months of effort. (Mother's Service Society)

RK: In another article Karmayogi says, concentration can be base for conscious evolution.

In life, concentration can be used as means to do integral yoga method.

Every moment, every happening, every person we come into contact , every thought that arises, every feeling, desires and wanting, every movement of the body however trifling should be is used for this work. Concentration on all above - to see the corresponding planes and points, connection between the events, our acts, attitudes and motives. In this way, even the most repellent suffering, becomes a step on the path to evolution in consciousness.

This is actually a base for self-awareness. It is a gathering up by concentration of the movements dispersed and loosely combined in the involution.

This will give the integral realization that we are the divine being. This realization of the one in its indistinguishable unity with others.

This will put in the path of surrender.

Not Yet Titled

Not to react is discipline. NOT TO HAVE THE CAPACITY TO REACT IS EQUALITY. One is mental, the other is spiritual. (Sri Karmayogi)

RK: Karmayogi says – Insistence on non-reaction is also reaction. It will explode in another area.

Actually it starts from developing the capacity to make our temperament untouched. It starts from balanced temperament when others provokes, ridicules, accuses when we are right. This is also an egoistic identification but can be seen as self-restraint towards a higher goal – "non egoistic functional".

And this capacity for self-restraint decides level of accomplishment

Response: What R is describing in second para -- "when others provokes, ridicules, accuses when we are right", etc. -- has been almost exactly my recent experience with one individual who was a potential client. It's bringing out several interesting life lessons.

Not Yet Titled

Nearly all of the cultural and artistic achievements we find so fascinating in our generation, that fully absorb our emotions are virtually forgotten in the next.

Further Comment: That might be a depressing thought to some. It tells me however that we need to keep to eternal things, which will be lasting and appreciated in following generations. That does not mean we exclude ourselves from the current cultural and its attributes. After all, we live in these times. It just means that as we navigate the culture of our own generation, it would be helpful to see it in an evolutionary context, of where society is and is going, of the deeper meaning behind things even as we enjoy them; while always having one eye on the increasingly emerging spirit in the world. Such things will always be appreciated down the road.

Not Yet Titled

Often by merely shifting from indifference, ignorance, etc. to sincere intention, will, and (especially) a decision for something to come about, it can suddenly happen on its own. I.e. life gives you what you want before you even act on it! That is one of life response's extraordinary secrets.

Not Yet Titled

One of the approaches to attract something you deeply desire is to forget about it completely. It then tends to come to you on its own, in its own time.

Reader: I had a doubt Sir. But according to Rhonda Byrne THE SECRET, imagine about the thing that what you deeply desire. If I am wrong correct me.

Response: There are many ways to attract results to us. To follow The Secret's method is one way. Visualize, Ask, Let the Universe take over. It works perhaps 25% of the time. We have discovered many of the reasons why it fails. Often our negative attitudes -- towards others, life, work etc. -- prevent us from being receptive to what the universe can give us. Also being overly attached to the result can prevent its attraction. There are a number of other reasons we have documented.

There are dozens of laws of Life Response that determines the power to attract in any situation. The Secret knows but the basics; has a limited understanding, though still powerful compared to our normal human approach. Sri Karmayogi has explained dozens if not hundreds of laws of life response. When he is given the details of a situation, he has the encyclopedic knowledge of attraction in his mind and therefore knows exactly what inner behavior will attract the result. Results are then 90%. The Secret is 25% and then only doing it exactly as prescribed. Most don't, so it has a 10% success rate.

Consecration is in a way all approaches in one, and is the most powerful way to attract one's aspirations in life. If you explain the issue, opportunity, or problem to the Mother, offer it to Her for Her help, and then say "Thy Will Be Done, Not My Will" good things almost always take place. Life responds, often overwhelmingly and in very short order.

Even there one is limited to one's receptivity, which is the product of our attitudes, opinions, and beliefs. Still the result is 80% or more guaranteed; as the Force that is very strong in the atmosphere, Her Force, has this power.

The Secret is an important step into the attraction and response space, but only a first step. The Laws of Life Response and knowing which ones to apply is a step far beyond, and gives one great power to become the Master of Life.

Consecration is the most powerful method, but also there is the power of Silence, of Silent Will, of Non-reaction, of Taking Another's viewpoint, of shifting out of Ego, of Self-givingness, of making a decision instead of inaction, having the deep aspiration for something to come about, Forgetting, and many others. The more one practices these, the more one becomes the master of each, applying the right one in the right situation.

Not Yet Titled

My current method of consecration to Mother is after awakening in the morning to think about each major upcoming activity or situation or condition for the day, and offer each one individually to Her with intensity. It has definitely produced positive results. From there in the course of the day I also try to consecrate as activities and circumstance, foreseen or not, warrant it.

Reader1: Thank u sir. My way of starting most of my activities / thoughts / wishes is - telling "mother pl guide me" She makes my life happier & lovely for this simple sentence. If I start consecration, I think miracles will happen

Reader2: This is the method described as "Half an hour with Mother"?

Response: Yes, N, I believe it is Sri Aurobindo's suggestion to concentrate one's self daily, focusing on Her to make one more receptive for that day. I only spend 5-10 minutes however in my approach.

Reader: We should thank you for your open mindedness in raveling your success stories. These days I find that many of my relatives don't speak from their heart though they may move with you, and have the highly selfish habit of, that they alone should progress and remain happy, wishing the other person to suffer. But soon it is found out as one's intuition guides him properly.

The Way Out of Poverty Consciousness

Poverty Consciousness is to not to be cognizant of the means of getting ahead in life; to instead only perceive limits, obstacles, roadblocks. It is to be unaware of the laws of success, including -- the power of aspiration to perceive possibilities and develop goals; the willfulness to achieve those goals; cleanliness, orderliness and other aspects of personal organization; right attitudes towards others, life, and work; the knowledge and skills to take one further; the simple experience of success that energizes and brings joy; not being bound by old, dead habits; overcoming the social barriers we perceive around us; not obeying rituals like a slave; a heightened sense of individuality instead of following the herdal view; the application of personal values we deeply subscribe to; the willingness to make an all-out, persevering effort to succeed, etc. Adopting these in our lives -- as well as spiritual methods of non-ego, soft speech, inner silence, taking the other person's point of view, self-givingness, and consecration, -- takes us from poverty consciousness to great, even infinite-like success.

Parenting, Standard Of Living, and Child Success

As a result of reviewing recent research on the subject, here are some thoughts on parenting, one's standard of living, and their relationship to a child's eventual success:

- Genetic propensities toward accomplishment -- inherited from a parent or grandparent -- normally have a greater effect than a given parent's influence on the eventual success of the child. That is why the parent should not hound them into being what they want them to be. It will usually make little difference.

- Also the wealthier parents are, the more effective they are as parents. Poor parents are the least effective. Thus, becoming more prosperous, and therefore more educated, is one of the best ways to be more effective parents. But even that may not work if the child has been born before that improvement of the parents, as the "poverty consciousness" has already likely been passed down through the genes.

- A great change in the consciousness of the poor parent can in certain instances overcome a child's inherited propensities for limited success or failure.

- A parent choosing the right partner can greatly help influence the child's success if that helpful partner parent partakes in conceiving the child. Somewhat less if child was conceived before.

- These are some general observations based on recent research, as well as an understanding of inheritance principles based on certain laws of consciousness in that area. The conclusion needs to be verified through case study evidence.

Reader : Sir! would you explain "Poverty Consciousness" of parents in detail because they always wish success and prosperity for their kids? And how can it be offset in case of families with humbler beginnings?

Response: Poverty Consciousness is not to know the means of getting ahead in life. To only perceive limits, obstacles, roadblocks. It is to not know the laws of success, including -- the power of aspiration to perceive possibilities and develop goals; the willfulness to achieve those goals; cleanliness, orderliness and other aspects of personal organization; right attitudes towards others, life, and work; the knowledge and skills to take one further; the simple experience of success that energizes and brings joy; not being bound by old, dead habits; overcoming the social barriers we perceive around us; not obeying rituals like a slave; a heightened sense of individuality instead of following the herdal view; the application of personal values we deeply subscribe to; the willingness to make an all-out, persevering effort to succeed, etc. Adopting these in our lives -- as well as spiritual methods of non-ego, soft speech, inner silence,

taking the other person's point of view, self-givingness, and consecration, -- takes us from poverty consciousness to great, even infinite-like success.

(parents must also give up domination, control and possessiveness of children (especially starting with adolescence), obsession with social prestige in terms of their children's achievements, and other attitudes that hold back the child.)

Not Yet Titled

Shifting from rejecting to accepting your current position tends to attract good fortune -- either in that place or in relation to where you long to be.

Not Yet Titled

The ordinary person eats for pleasure. The spiritual individual, to garner increased physical energy

RK: We Tamilians – (Indians?) need full stomach to get the satisfaction of eating. Even a kg of glucose cannot give that energy. One favourite item should be there always.

Karmayogi says the man who eats a great quantity of coarse food does not enjoy it half as much as the one who eats a fourth of that quantity of an essential meal. Enjoyment increases as the level of consciousness increases. To grieve for the absence of heavy meal, fuller meal or native food is lower consciousness and at lower levels is a biological superstition.

Energy and enjoyment (Rasa) from eating rises in proportion to man's ability to wean himself physically and emotionally from craving and to the extent he understands the necessity of food and its purpose..

It's always good to consecrate a meal. Also to be as quiet as possible during the eating, and if possible to think of Her during that time. Feeling the food being tasted and absorbed and being turned to physical energy would be an additional interesting experience.

Not Yet Titled

Behind every collective activity of long established social activities--marriage, agriculture, games, festivals, cooking, stealing, wishing--there is a being which when reached will be able to act miraculously. (Sri Karmayogi)

Reader: how do we reach this being?

Response: The being is the spirit or essence or value or highest truth inside everything-- whether a person, a thing, a circumstance, or a social activity.

Not Yet Titled

Karmayogi was earlier in this discussion describing how each of the Gods represents a power of some sort in the world; that can give a particular benefit -- whether overcoming obstacles, providing wealth, giving security, attaining beauty, enabling high achievement, etc. When we connect to the power through offering and such we can attract such boons from that God. (But Karmayogi asks us to forget Gods, and surrender to Mother instead, who is all those Gods in one, and integrally related.)

Well it also turns out yet we can also connect to the being or spirit inside anything, including the various social attributes explained in Karmayogi's quote DIRECTLY without going through a God.

One way to get in touch with the being is to think of its highest aspect, or its deepest spirit. What would be the highest value of marriage? Let us say it is giving without asking anything of the beloved in return. Even we connect to such things, we evoke the spirit of it, in this case of marriage, and a boon related to it comes our way. In the same way we can relate to the other social activities. An athlete who believes in teamwork and ever-increasing improvement of skill over competition and winning at all costs will come closer to the being or values of the social activity of Games. And so forth for the other items Karmayogi has mentioned.

Another approach is to relate to Mother in the activity, which also will bring out the being, the spirit. Through consecration She does it for us, without us having to know what the deepest value of that activity is. Perhaps taking up both together -- getting in touch with the highest value and outcome possible in the activity, and offering it to Mother -- would evoke the most powerful life response result.

RK: How to reach the being – essence that brings joy:

Seeing everything – work , ideas, motives, attitudes – in Mother's 12 manifesting point of view and trying to take it to next higher level. In initial years every move of Mother – was based on " To bring Supramental Force" as Sri Aurobindo said to Her only that "Supramental Force" can manifest a new world.

Response: So for the attitude of the individual player in the Game, it is to reach the higher level of the 12 attributes: Here are 4 of those attributes with examples of going to higher level.

- Team view instead of personal success alone (Harmony)
- The deepest secret ways of overcoming the opponent (Knowledge)
- Enjoying the game instead of just winning to win in a state of anguish (Joy)
- Embracing others in affection instead of merely having a competitive relationship (Harmony, Love)
- etc.

Not Yet Titled

This is another approach to discover or release the being of anything, including one's own self.

Not Yet Titled

Sri Karmayogi says if we are oppressed or provoked by others leading to anger or fury – we acquire the viewpoint that all the problems are external and refuse to look inwardly for the cause of the oppressive circumstances. The more we blame other person, external forces and circumstances, the more we turn away from true knowledge and the true solution.

If we accept the formula of conscious responsibility, we see all negativity that occurs around us as a reflection of something in us that needs to be changed. With each circumstance, we grow in self-awareness, purity and humility. (RK)

Reader: The others who oppress us, happen to read the above will they change their attitude and act more humane?

Response: Only if we change our consciousness first as RK Sir explains.

Not Yet Titled

Ingratitude of the beneficiary toward the benefactor is a very common occurrence.

Reader: The receiver of help sometimes fails to appreciate

Response: Yes, very true. He often simply forgets. Gratitude always remembers.

Reader: This is the reason many think what is the use of doing good, when the receivers do not remember it.

Response: That is the other side of the coin. It is one expression of the ego need of the benefactor; a lower consciousness movement. True doing of good is doing it for its own sake, without expectation of a return; without the need of social recognition and prestige. It is akin to true love which is to give for its own sake, without expectation of receiving anything in return. True Giving to others in general is the same. To give for the sake of helping others one cares for is the reward itself, rather than need of good feelings and admiration from others in return, the need for their gratitude, etc. which are Ego movements. The very successful and wealthy industrialist, businessman Andrew Carnegie built many libraries, schools, and colleges with his own money for the well-being of the future of America. He cared little for personal recognition. He had the self-satisfaction of Giving for its own sake.

A closely related form of ego of the beneficiary is to be proud and puffed up that was has given. Many who give this way are doing it to stroke their ego, not for the pure sake of self-givingness. It is important to consider this when engaged in charitable contributions and the like. If it is done for ego's sake, it is best not to give. For the true sake of others, especially those individuals of social collectives deserved of it, is a better, purer, and more long-lasting motive and approach.

Not Yet Titled

Everything in our lives and in the life around us ALWAYS fits together. However, the mind does not see the solved puzzle; only the pieces separated. And yet the higher consciousness does perceive that Oneness. Sri Aurobindo calls it Supramental Perception, which has the vision of the Reality, including how all things within It perfectly interrelate.

Reader: Dear Roy Sir

Is there any technique / advice / practice to avoid this?

Response: This is the outcome of yoga, of dedication to the spirit in one's life. It usually takes two forms; one being the control of the negative, and the other the release of the positive in spirit.

On the negative side we need to remove all of the obstacles of the being that create a sense of separateness. It can begin with continuous observation of self, becoming vigilant and aware, and blocking any Ego movement that arises. Ego normally expresses through our negative attitudes, fixed habits, uncontrolled opinions, and silly beliefs. By controlling these, you will move from separative Ego to a sense of harmony with others and life.

On the positive side we can practice regular consecration, offering our activities and thoughts and feelings and actions to Mother, which will not only quickly create better conditions around us, but will deepen our center of being. From there we will not fall into the trap of living on the surface, of being dominated by the influence of what we see and hear, which tends to miss the many-sided truth of things. From that deeper center you will tend to be harmony with others and the world around you, which will enable you to not only see the subtle unfoldings of life, but how each piece of the puzzle fits together. It is to know and experience the true nature of the Reality.

Not Yet Titled

--Religion is the superstition of the ignorant masses about the Reality. At its best, it shades off into Spirituality.

--Except the discoveries of genius, an examination of every sacred faith of the past is now discovered to be a faith of ignorance. (Sri Karmayogi)

Reader: The politicians who rule us should spread the above message to the masses so they can correct themselves and we will be in a better world. I think most of the people here are not aware that Aurobindo has given us so much wisdom and even the educated are not aware of this.

Response: I am afraid if the politicians said this, they would in large part be driven from office; even physically abused. People give up superstitions for psychological reasons. The best way to give up their religious ignorance is for Indians to rise in prosperity. As a result they can be educated at a higher level, and if they are so compelled can take to modern spiritual, evolutionary teachings like Sri Aurobindo and thereby come to wisdom and Knowledge; instead of ritual, superstition, and Ignorance.

Not Yet Titled

Mother indicates that to "Become Conscious" is to always be conscious of the Divine around us, or to always be conscious of those things within us that bar the Divine from entering.

Thanks to RK

RK: Dear DS.

Even my wife say – if we see all this, we can't even pray to Mother. But actually it is easy. But we are not conscious of it. More so, as Karmayogi says we don't want to do it. Let us see the above quote shared by Mr. Roy Posner. I wrote about preoccupation and thinking of Mother. As I said we visit restaurant we think of menu and we also think of Mother. We order food, offer it to Mother, we consecrate and eat.

But what is remembering Mother and consecration. First of all we should not have visited restaurant for the sake of tasty food. When we say consecration it means exercising Mothers choice. Consecration is telling something to Mother and doing it in Mothers way.

That is taking food not for taste, only for energy. Consecrating is making sacred an act so that the Divine can take over to manifest. That is being conscious of Divine and doing for Divine

Like this we have choice in very moment on what Mother wants us to do in a given situation. Doing that is being conscious for higher consciousness.

Not Yet Titled

Consecration is a movement away from ego that is separateness. It moves us deeper within into the subliminal and psychic being, which breaks down barriers between ourselves and others and life. It shows us that all is part of the Reality, not just what we perceive from our limited separative perspective of ego. Consecration brings one to Self which perceives life increasingly in this harmonic fashion.

RK:

Sri Karmayogi: - When a devotee consecrates, he is actually seeking Mother's manifesting aspects in work.

-He silently secures Mother in the crevices of his subconscious being, where all parts of human instrument unasked will always be there.

-When the mind dwells on Mother, Mother enters the deepest layers of the mind as light and saturates those layers.

-Later it expresses as knowledge, through intuition or incidentally through others by overcoming all limitations of the ego, all barriers of mental, vital and physical. - The new information that he stumbles upon brings in unprecedented result of Infinite dimensions.

Response: Wonderful explanation of how consecration penetrates the various levels of our being within we are not normally aware of.

Harmonious Relationship Expressing Through Evil or Good

"If a husband and wife team are both selfish, possessive and mercenary, and there is a perfect identity of interests as such, there will be a great harmony between them. But it will be very low-level of harmony and consciousness. What is valuable is a harmonious relationship of a higher level. That is, if e.g. both husband and wife are self-giving, happy and out-going, then they will be very harmonious too. But it will be of a higher level. That is what matters." (paraphrase of MSS)

Comment: The very popular American serial (on Netflix) 'House of Cards' is about the first couple alluded to above. They move from (the husband) being the leader of the House of Representative of the US Congress to becoming Vice President of the nation and then to the Presidency itself (and First Lady), which we witness over the course of several dozen 45 minute episodes. They are in many ways perfectly in harmony, like almost no couple one meets, but serve selfish and nefarious ends. There is actually something wonderful to see in the freedom of their relationship, their tolerance and support of one another, their continuous affection, etc. despite their aggressive, evil deeds.

Not Yet Titled

Imagine what you really want. Feel it intensely. Offer it to Mother, noting that the result should take the form of Her Intention, not yours. Thereafter through your subconscious being you will be directed to some place or become aware of some knowledge or opportunity than when embraced will fulfill your original aspiration. Sometimes it will simply come knocking on your door.

Not Yet Titled

Anticipation delays or cancels.

Reader: Yes sir! Expectation always reduces joy.

Response: Yes, it is a false vital movement that feels good, but is transient and ultimately not helpful. It is false happiness, not the real joy, as you indicate.

Not Yet Titled

One can act outwardly and try to produce results. More powerfully one can NOT act and from WITHIN attract life to you.

How to do this? By withholding initiative, by aspiring deeply, by consecrating the aspiration, by considering the deepest values involved, by keeping the mind silent, by being patient, without expectation, while being fully sincere in the inner effort. Life will now tend to come to you, in the right

time, in the right circumstance, as an opportunity or a dream fulfilled, often exceeding your deepest wishes.

Reader: I find if I talk about my victory prematurely will cancel my possible outcome. .but it's so hard to resist. .

Response: Yes, a keen insight. It takes real self-control to prevent such vital urges; an important quality for anyone seeking growth in consciousness.

Non-Wastage of Funds Attracts

One way to evoke response from life is to not waste scarce resources, or for that matter any resource. That includes the resource of money.

A man was eager to have some coffee. He thought of purchasing a cup at the fast food store since there was not any coffee left in his pot at home. However, rather than spend that measly dollar, he decided to return to his house and run some water through the already used grounds in the pot.

However, when he arrived home, he instantly saw that his roommate was making a freshly brewed pot, something she rarely does that time of day. He was a bit startled, yet quickly perceived the subtle principle behind:

When you avoid wasting money, you attract more of a resource -- whether more coffee, food, work, material, or anything else. This goes for the average person seeking mundane satisfactions like a good cup of coffee to a multinational corporation affecting the lives of thousands. Like other subtle laws of money, non-wastage of funds quickly attracts the infinite from the finite, including those things in short supply.

Reader: And what do we call this level of karma?

Response: "Life Response" phenomenon; also called Law of Attraction

Not Yet Titled

When you interact with others in work, think of the deepest value involved. For example, before sending off to other team members your prototype of a potential program, think of the deepest value associated with it, - such as its potential to help people in their lives, to raise their consciousness, or to help the wider society. One can even think of higher spiritual values, like its capacity to create harmony and well-being, or being a vehicle for the Divine to emerge in the world. Devotees can think of its value to serve the Mother in Her Work on earth. This approach will release fresh energies that will spread and tend to attract enormous positive results.

Reader: definitely will raise conscious levels, and influence others to become more aware of the work ethics such as excellence and uniqueness in whatever project they undertake, helps to heighten thought life and how valuable they are.

Response: Thank you H. Very true.

Non-Wastage of Funds Attracts

What is a person made up of? Among other things an individual consists of or is measured by -

- Physical Attributes (outer)
- Physical Qualities (inside)
- Physical Sensations
- Urges, Desires
- Wants, Needs
- Feelings
- Attitudes
- Interests
- Aspirations
- Beliefs
- Values

- Knowledge
- Opinions
- Intelligence
- Capacities
- Skills
- Endowments
- Status (social)
- Accomplishments
- Temperament/Behavior
- Outer Nature
- Character (Nature)
- Spiritual Qualities
- Subconscious Nature
- Other?

Reader: Prejudice

Response: Prejudice is an attitude, maybe a belief.

Reader: Prejudice has a genetic origin.

Response: Perhaps. I believe it is more a trait and attitude acquired through family, friends, society, etc. I am not sure one is born that way through inheritance, but perhaps there can be some genetic predisposition and propensity toward the negative aspects of things.

Reader: Good Decision, curiosity, Adjustment, Self-belief, perseverance, expression

Response:

Thank you.

Decision making is a skill or capacity. It also depends on knowledge and attitude.

Curiosity is an expression of temperament or character (nature).

Self-belief is already in the list.

-Perseverance is also an aspect of temperament.

-Expression is one's temperament or outer nature or even character

-The ability to adjust is a combination of one's attitude and temperament, maybe character.

Reader: The divine spark of consciousness at the core of every being...

Response: Yes, S, thanks for bringing this out. It can be incorporated in the designation of "Spiritual Qualities" listed above.

However, we have also developed a schema that we call "Levels of Personality" that incorporates the spark of the divine, the soul, at the high end. It's one of our guiding methods we follow to evaluate the person. It is in an ascending continuum of consciousness from Manners > Behavior > Character > Personality > the Spiritual Individual. It incorporates an ever deepening being, culminating with the last who lives from his soul and psychic being, manifesting ultimate individuality in himself, affecting the world. Here is a simple overview of the breakdown.

MANNERS is total surface, where the person takes cues from world around him alone. He is determined completely by what others do and say. I.e. the outer.

Then there is BEHAVIOR where a majority of people are, which is just acting and living out one's thoughts and feelings, not too consciously.

Then there is CHARACTER which is a person of substance. They are persons we tend to notice and admire. A minority of individuals are at that level.

Then there is PERSONALITY which is kind of a super version of a person with Character; someone like a Steve Jobs or Gorbachev. Someone who stretches his sense of self and individuality, making a big impact on the world.

Finally there is SPIRITUAL INDIVIDUALITY. This is a person who has discovered his soul and being, takes cues from there and has a vast power to change his being, be in touch with his highest consciousness, and change the world from within. He is the polar opposite of Manners, as he lives inform within; in the Individuality and Guidance of his Soul Being.

This is actually taken from Sri Aurobindo's profound insight on the subject of Human Character.

Not Yet Titled

Mother knows the future, and thereby gives you what is necessary in the present.

Further comment: (utterly bewildering the mind, and astonishing the soul.)

Not Yet Titled

In any event, there are many truths converging. Truth for us then is to know them all, plus the totality and the Essence. This is supramental knowledge. Mind only perceives a few pieces, is therefore mostly in ignorance from moment to moment.

Reader: Perception of the truth at the right time lies one's understanding and success.

Response: Very true!

Reader1: Generally in ignorance and constantly striving to keep ones head above the learned illusion that repeats in order to see the present moments unencumbered focused light.

Reader2: Mind dwells in Prejudice mostly, hence it connect to truth side of a 'big truth' in the track of vision. Prejudice get strengthen in EGO/PRIDE levels.

Response: Very true on both accounts P.

Reader1: P If one continues to entertain prejudice and jealousy in his mind, this attitude itself can destroy his health.

Reader 2: Mind understands what is comfortable for it to accept. Even after reading so much about the Divine Truth mind conveniently filters and takes the best part which is comfortable for you and cleverly hides the remaining. In spite of knowing it we wish to dwell in ignorance because it is more tasty!

Response: Exactly Pad.

Not Yet Titled

RK: According to Sri Karmayogi any act can be made of higher consciousness by adding a bit of expansiveness in it. Even the most ugly attitude of selfishness can be changed as an act of higher consciousness .Even selfish thinking can be changed to ""higher selfishness"" to make infinity act.

He says if in job you are selfish, thinking only about you-be selfish about your company.

If you are a selfish in home, thinking only about you, be selfish for your family.

If you are selfish on your village, town or caste or creed be selfish for your country etc.

Now Infinity reveals itself as a formula for you.

Einstein had so many pros and cons, ifs and buts research, thinking etc. to find something for fame -but the formula revealed itself only when he left his thought of research for a moment and thought that how useful it will be for the world if we can find the reason for gravitation.

Not Yet Titled

RK: Sure way to eliminate the Spirit:

- For one who will repeat his earlier errors surely eliminate the Spirit.
- He who treats falsehood as a way to truth can never invoke the Spirit. If he ever does it, it will lead to no result.
- Scarcity in funds reveals impulsiveness and bad temperament which bars invoking the Spirit.
- Resorting to shortcuts removes one from Spirit.
- Cleverness of any type will eliminate the Spirit.
- One can cheat anyone, even himself but not he Spirit, he cannot invoke it.

- Do not seek Spirit to enrich our life, Seek life for expressing the Spirit. .
- Not giving up pride in ones achievements eliminates Spirit.

Not Yet Titled

When you virulently express a negative opinion, complaining about a matter, that negativity tends to quickly spread.

A woman in a large book store vociferously expressed that she did not like escalators, only elevators. As a result within 5 seconds of saying that she noticed that the escalator was not working - for anyone!

Reader 1: I also like only elevators and not escalators. It is found that most accidents in escalators happen to people who are aged above 60 years and they are not exposed to escalators like in India.(when they travel abroad)

Reader 2: Escalator/elevator/LIFT/OTIS. All these facilities quite zeroed When I find elder one (75 plus) climbing staircase for livelihood.

Reader 3: Quite true. This happened when we were taking a lift to reach the 3rd floor of a hotel along with our family friends. The husband said that he always preferred to take the staircase instead of lifts. But he just joined us as company. But the joke is every time he entered the lift it would not move! In spite of the less number of people in it the lift would not move. So the same husband moved out to check if everything was ok. Immediately the lift started working properly! The same lift would not move when someone else tried the same trick. I felt it is a life response from the lift! Like "If you don't want me I also don't want you!"

Response: Exactly. His negative attitude toward the lift is fulfilled. We do that all the time. We worry about such and such happening, and it does. We fear something will take place, and it occurs. When we abandon such views, life becomes our ally, instead of our foe.

Not Yet Titled

It's best to channel the Ego energy that tends to rise after a success into a focused effort to increase one's Capacity for future accomplishment.

Reader: But we tend to celebrate / inform to all proudly and waste the energy. Thanks u sir. Nice one.

Power of Gratitude

I was faced with a situation of either registering my new company in my home state which would involve an \$800 fee, or register in another state across the country at a much lesser fee.

I thought about the matter and recalled that my own state (California) had recently given me great benefit through free medical treatment. In fact the possibility of that benefit seemed to come out of nowhere.

As I thought about these recent events involving my state, I felt deep, emotional gratitude welling up inside me. I then said to my business partner that I would rather pay the \$800 and register in my home state than take the other option. (It also turned out that the amount of the fee was coincidentally the same amount I saved through medical treatment through California medical, which got my attention.)

Well after a brief discussion, several minutes later my partner suggested that I would not have to register as a corporation at all, but could register as a non-profit instead; and do in my home state which would not only cost next to nothing, but would be a very valuable improvement on the way I originally conceived registering my new organization. I was very happy about this new prospect, as it gave an entirely different perspective and purpose to the new company in terms of its values.

A short while later I realized that as a result of my deep feeling of gratitude towards my home state -- for recent benefit, including my willingness to incur the corresponding fee, -- a vibration went out that aligned me with a new opportunity for registering my organization. I was once again reminded of the enormous spiritual power of gratitude; not only to experience its delight, but its divine-like capacity to quickly attract unexpected good fortune.

Reader: Gratitude towards our home place, our work place etc. gives us a lot of spiritual power. When I took VRS from my Bank many suggested investing the funds in different places to gain more interest. But somehow my conscious did not let me do it. Even though the Bank service is little slow and not up

to other Banks I feel it is not correct to quit my Bank. It is like my mother who have nurtured me from childhood and made me stand erect today by giving me so many facilities. My Bank had groomed me to this level and without my Bank I am no one.

Not Yet Titled

Once when I was ~9 years old in summer camp I walked down the green trail and came upon a barn. When I entered, it was dark, yet with strands of sunlight shining in my face. I then saw a tall shadow in front of me. I walked up to the man who was very tall. I looked closely at his old weathered face. It was Joe Lapchick, the legendary basketball coach and one of the original great players. In that spiritual-like moment all alone with him in the light and shadows, he taught me how to throw bounce and chest passes on that hardwood floor. We passed it back and forth. We were at center court, with the baskets lurking in the shadows. From there began a close association with him down through the years at St. John's. It was a mystical moment in my early life.

Reader: Beautiful! Those moments must be the most precious moments!

Response: Yes, unforgettable, and soul-related.

The Waitress

There was very good, self-giving waitress who noticed that every time she was nice to people she got low tips, but when she was not so nice she got high tips!

She came to the conclusion that it's best to be mean or indifferent to people.

Actually the deeper truth was that she was possessive of tips. When she was nice to people she expected to get big tips. And when she didn't, she got upset. On the other hand, when she was indifferent to customers, she didn't care about tips and therefore got more!

The key for her was not to think about tips at all, which would almost certainly cause tips to come pouring in. It is a subtle principle of life, often referred to as "detachment."

Naturally this principle applies to each of us when it comes to money - in our work and elsewhere.

Reader: Thanks to "This American Life," whose fascinating story I listened to and commented on.

Reader: Yes. This is happened to me also. Whenever I offer the situation to mother, expecting the 100% result, it never happens.

Reader: Thank you... very helpful

Not Yet Titled

When things are tough and there are problems everywhere around you, with plenty of people to blame or rely on or depend on, it is a great thing to take personal responsibility for everything, doing the very best you can on your own, which will tend to attract good fortune soon after. Personal responsibility as such gathers inner power that releases tremendous energy that attracts the very best from life.

Reader: Hard to accept responsibility unless one is fully matured .I just think so.

Response: Yes, it comes through growth in consciousness; expressing as true Individuality; creative viewpoint; urge for progress; embracing life; awareness of life conditions and principles; inner strength; movement out of Ego; etc.

Not Yet Titled

If you are very quiet inside, there is a "silent" voice there telling you what is about to happen.

Not Yet Titled

When someone says or writes something, there is the tendency on our part to immediately respond with our own thoughts, instead of letting the other person's words wash over us, allowing silence to take hold so that we can more fully grasp the significance of what they are saying.

On His, India's Birthday

Indian Independence Day occurred on Sri Aurobindo's birthday, August 15th, which indicated how He had worked inwardly for 40+ years to bring about independence. Now Sri Aurobindo works inwardly with Mother to bring the two or three divided powers back together in federation or even reunification, and then for India to take its rightful place and become the Guru of the world.

Not Yet Titled

One person working with another in FULL HARMONY is not $A + B$, but $A \times B$. E.g. one person has 7 exceptional skills; the other 5. Perfection of work that expresses through harmony is not $7+5$, which is 12, but 7×5 , which is 35. That is ~300%+ increase in efficiency through deep harmony of purpose expressing through exceptional skill. And it is ever-accelerating.

Further comment: ... and in these relations life is constantly responding with sudden good fortune for each person, generating from within and without these spectacular results.

Not Yet Titled

You are a function of what the whole universe is doing in the same way that a wave is a function of what the whole ocean is doing. (Alan Watts)

Further comment: Yes, we perceive ourselves as separate entities, where the universe is outside us. But we are the universe itself, and it is contained in us, just as we are contained in it. Because of that oneness, life response phenomenon is able to take place. What we change in our inner being, such as shedding a wanting attitude or making a decision or opening to the spiritual Force, is reflected instantly in the universe as good fortune because it and us are one and the same, one continuous stream of existence. Likewise we can experience all of the spiritual qualities inherent in and behind the universe in ourselves -- such as peace, truth goodness, love, delight, timelessness, and infinity – through efforts to raise our consciousness.

Not Yet Titled

To determine perfection in work, we can devise several dozen scales of it ranging from imperfection to perfection. When all of the scales are rated to the right, i.e. fully positive, infinity will tend to break out beyond the current finite. Therefore, take the time to analyze the factors in your work that can be measured, and then execute each of them to their maximum potential. Life will catapult you upward. It's the Supramental power (Truth consciousness) at work, engaged by reaching perfection through a variety of means.

Reader: Could you give an example Roy Sir?

Response: Take a work like writing a book. We can devise many factors for perfection, each of which can be in a scale from imperfection to perfection. Examples are clarity of writing, clarity of voice, right flow, power of language and expression, clarity of concepts, enjoyment for the reader, grammar, sentence structure, etc. We and others judge these points in the book. When it reaches near perfection on the scale for all factors, you get a call for an order for 10,000 copies when the most you ever sold was 100 at a time. You - and your publisher - are delighted!

Not Yet Titled

Often when you stop thinking, all the parts tend to fall into place.

Not Yet Titled

On Sri Aurobindo's Birthday, August 15th Indian Independence occurred. He worked inwardly for 40 years to bring it about, abandoning the earlier outer approach as revolutionary. August 15th is also the date the war (WWII) ended in Asia. It is the date of the birth of Napoleon, whom Sri Aurobindo did not deny He was in a previous birth.

August 15th is the birth date of sage and seer Sri Aurobindo who gave us a vision of a new type of human existence, nurtured by a New Force He and Mother brought down into the earth's atmosphere, the Supramental, the same Force that enabled the universe to emerge from a Divine Source.

They brought down this Truth Consciousness Power into the earth's atmosphere so that it would be readily available to each of us. It is this Power which we can access through the Mother that enables us to quickly bring life under control, while engaging in the great change from our human to our super-human nature, foreshadowing the emergence of a Divine Life on Earth He envisioned.

Further comment: In addition, on Sri Aurobindo's birthday the famous Woodstock Music Festival began (1969), marking in popular lore the beginning of the "Aquarian Age" (of peace and harmony). I was happy to have been there for those extraordinary five days, "celebrating His birthday" before I even knew who He was.

Not Yet Titled

The subconscious mind compels us to do things, go to places that can alter the course of our lives.

Reader: Sometimes, when we sincerely aspire for progress, the subconscious acts we do may end up with good results as well. In [Garry Jacobs' novel] *The Book*, as Dan sincerely aspired to formulate AI system based on knowledge, the life led him to it. On that special day, his subconscious walk ended up with Moe's book store where he reached *The Book*.

Not Yet Titled

... the difficulty faced in the right spirit and conquered, one finds that an obstacle has disappeared. (Sri Aurobindo)

Further comment: This is my common experience.

Reader: Can you further explain sir

Response: If you take a problem you are having and are not anxious about it, worry about, fret over it, and remain very still despite its intensity, you will find that either that problem or a related or different one will suddenly disappear on its own.

Not Yet Titled

When you control yourself and refrain from asserting what is on your mind, others, unknowing of your inner decision will ask you to express it.

Reader: So does that mean we should be secretive

Response: I don't believe the above is being secretive. Its intent is to be non-asserting, non-egoistic. By being this way, by being silent, we attract others' interest in what you have to say. Being secretive is different. It can have an element of deceit or lacking truth; through sometimes it is necessary for those who have ill-will towards you. Too much secretiveness enables others to later catch you in lies; causing them to lose respect for you or worse.

Not Yet Titled

RK: According to Karmayogi, The only qualification to speak on a problem or relative progress is - you should be directly affected by the problem. No hypothetical situation, theoretical situation. You should have put a little effort towards that, never mind about results. The wider the emotional identification with what is needed for progress, the wider the qualification to discuss.

Karmayogi Says, in doing so try to remember or even record what you are saying / suggesting / advising to others. Recollect or hear it yourself later, it is actually your subconscious telling you what to do.

Response: Excellent. This can also be criteria for evolve! Life Coaches.

Reader: Everyone is a teacher for others

RK: The one guide line I followed throughout is not to express my ideas or suggestions. I give my experiences based on my acts and its result. I never said what I have not experienced.

Otherwise I say only as KARMAYOGI says, MOTHER Says, for a given situation.

Karmayogi advised in that too – have commonsense and wisdom at the mental level. Not to go into vital / emotional reasons. For example when a lady asked about physical problems of her child what she can do or how to see correspondence, Karmayogi said not to get involved into subconscious reasons.

Response: So if a person says that she has diabetes, and you know that according to Karmayogi that it often caused by insecurity, but you have not experienced that correlation, you would say to the lady "Karmayogi says that etc. Etc."

However if I know insecurity is the cause of diabetes because I saw that correlation clearly in a friend, then I might explain to the lady the correlation without having to preface with "Karmayogi says, etc." as it is my experience (through another).

Virtually every post I make on Facebook comes out of a personal experience recently or previously had (or perceived in another).

Sometimes I post what others say, especially when it is novel to me, identifying the author. Then I might add a comment as I make my way to an understanding. This then becomes more of a learning experience than a teaching one.

"Karmayogi advised in that too – have commonsense and wisdom at the mental level. Not to go into vital / emotional reasons. For example when a lady asked about physical problems of her child what she can do or how to see correspondence, Karmayogi said not to get involved into subconscious reasons."

I wonder how to conduct "Life Coach" this way. I can see starting at the practical (physical) and then working to the vital and then subconscious (only) if there is an opening coming from the other person to explore there. Perhaps only go there as last resort? I wonder.

Not Yet Titled

Most people want something from the Deity and ask for it to happen. Few simply Surrender to It, and follow Its subtle, yet profound suggestions.

Reader: For many people prayer is another means to secure benefits.

Where Does The Power of Jealousy Come From?

Jealousy is the concentrated and condensed form of unfulfilled wishes or prolonged failures in one's personality. It is pent up negative emotion accumulated over a long period. The undischarged negative emotion carries forward to even the next birth or pass from parental gene. The strength of Jealousy depends on the root from where it originates.

The bonding glue of the form Jealousy is ego. Ego gives that energy a negative form. If one is able to dissolve/disintegrate/surrender the ego to the Divine which bonded as jealousy, what remains is pure aspiration capable of achieving great result.

I understand jealousy as a perverted form of aspiration. Removing the ego, it is powerful aspiration. Given a direction, it is capable of achieving any thing in this world. (NR)

RK: We can see even a supposed to be most "good will" person having a jealousy if another crosses the mark, that the good will person wanted another to have. In almost 90% of the an employee's questioning management or HR, it will be always based on that – that fellow got this, this fellow got this, but not me. He never raises questions in first hand.

As jokingly said, as soon as the electricity goes in my house, I just run out and see whether it is out for everybody. Then it is OK.

Karmayogi says the only reality and oneness he saw is: More than one's own progress, to prevent the least little progress of anyone around is of psychological importance for human.

Reader: The mind knows it is wrong and even harmful about Jealousy. But the jealous feelings still comes sometimes, (due to vital clings?) How to train or educate the vital to be free from those feelings and rise above?

Response: People are often jealous of others; reacting to the good fortune and success of friends or acquaintances with ill-favor. It is the recoil of the human Ego.

Ego is the view of reality in which each of us feels separate from everyone and everything else. It's the view in which each of us stands at the center of the universe and we look out on the whole world and everything in it from our own point of view. Its view is false; an illusion.

The opposite of ego's separateness is harmony, oneness. Whatever engenders such feelings overcomes ego. The opposite of jealousy is appreciativeness and supportive goodwill. E.g. if my friend receives a promotion I should feel happy for them, not jealous.

One interesting phenomenon of life is that movements of jealousy can attract ill-fortune. If I am abhorred by a positive development in a friend's life, such as a great promotion, corresponding negatives can happen suddenly in my own life, such as sudden reduction in pay. On the other hand, shifting from jealousy to its opposite – whether appreciativeness, supporting goodwill, or other -- can attract positive conditions back to you.

E.g. man had a slightly competitive relationship with a long-term friend of his concerning their musical capabilities. One day the man was listening to the music player on his iPhone, which contained nearly 1000 songs. Surprisingly one of his friend's songs came on through random play, and rather than be jealous of his friend's skill, he fully embraced it and enjoyed its quality. When it ended, one of the man's OWN songs suddenly came on next, a very improbable occurrence given that there were 1000 other tunes. It both stunned him and made him smile because he knew he had evoked that response from life. He understood that because he embraced his friend's music rather than think of it competitively, Life instantly returned the favor and brought forth his own.

The key with any form of ego is to cast it aside when it occurs. And that includes jealousy. However, longer term one can develop strong harmonic feelings with others we come in contact with by discovering our deeper center, culminating in the soul, the psychic being, where appreciativeness, goodwill, oneness and harmony with others are its natural state.

Perceiving the Progress Lurking Behind Our Problems

Any experience or situation we face, whether good or bad is actually coming for our progress. Our purpose is not to judge from a superficial view, but instead to understand the true knowledge behind that experience. Until we perceive that knowledge, such experiences will repeat in one form or another.

When Eliza rejected and abused Darcy in *Pride and Prejudice*, he neither reacted nor compromised his life. Instead he transformed himself, rectified his mistakes, and evolved into a fine human being. Life then presented him all that he wanted in the form of Eliza. (paraphrase of MSS)

Not Yet Titled

RK: -Life repeats everything in one form or other till we evolve, progress or understand the purpose.

The repetition can occur positively or negatively.

-The quality of the repetition is in proportion to the expression of the consciousness that is required by higher source.

-If the consciousness remains the same, there are more repetitions, and with greater intensity.

-When the consciousness changes, the repetition tends to cease or alter its expression.

-Repetitions express through various subtle phenomenon of life including synchronicities, life response, and karmic movements.

-Mental knowledge truth of things, holistic view, and higher shifts in consciousness, as well as the utilization of the spiritual Force will overcome negative repetitions. Probably from Old Notes of Roy Sir taken in 2010.

Response: -It is the reason often when people go to another place to get away from things, they experience the problem again in the same or a new form; as only the place, not the consciousness has changed.

-Likewise a woman had the same trouble with a series of managers, even though each would often express themselves in a shameful manner. The woman had to go through it -- including the very difficult superiors -- until she learned from the experience.

-Certain men will marry the same looking woman over and over.

-Experiences like these can be measured against Karmayogi's principles, standards.

-Middle East situation between Palestinians and Israelis has this repeating negative quality - almost endlessly. They learn very slowly, if at all. It is an extreme example! (Even MAI in the 'The Book' had no solution; except possibly through the Force. It was said to be the last solvable problem on earth.)

-Darcy took the opposite approach, and is a great model of transformation that overcomes repetition. Even he was repeating in that his boyhood friend Wickham tried to abuse Darcy's delicate sister, and then Lydia, the sister of Eliza. By changing he could avoid such repetition around him in the future.

Further comment: ADDITIONAL THOUGHTS ON LIFE REPEATING (from RK)

When we aspire for progress but when we also want to be in "comfort zone", "life repeats many things". It is not actually life. It is Grace.

Karmayogi says - as when Grace determines to act in a bigger way- Man insists on Karma, Swabhava etc., At those times Grace will wait - for an opening or even a unconscious chink in his armor to enter again - and so the Grace that came continues till it fulfills its mission. The following are some more examples to understand more:

- When we touch any of Mother's aspects or principles of Supermind - it follows us. For example of an office assistant who helped all without expectation and with good will and expansiveness - got all help financially and government support from unexpected quarters to start own business. But he refused that saying that he is not after money and he leads a contended life. Suddenly he lost his job and in-spite of his best efforts he could not get one and forced to start his own business.
- Those who touch perfection can see works / orders coming on its own asking for higher level of accomplishment. It happens often to me. When others get full payment for shoddy work, my payment will be held for miniscule mistakes, making me to go deep into technicalities of the product.
- When we physically come away from a circumstance but the emotions are not severed, the new circumstances will have the same character/factors as the old ones. When I think of some mean cheap low conscious characters which I left long back , but still feel they are good friends, I see them passing me or meeting them in unavoidable circumstances or someone mentioning their name.

Not Yet Titled

If in a panel discussion someone insults you, but you do not react, your idea or presentation will likely turn out to be a hit of the show.

Reader: But it requires mountain high will from us not to react. It is like going from 0 deg to 180 deg

Response: If one has a settled and strong nature and is used to these sort of things, it is not so hard. If the nature is opposite, it will be difficult.

And yet consecrating the activity beforehand can eliminate the possibility of it occurring in the first place. Also consecration helps deepen the nature longer term.

Not Yet Titled

If non-reaction is a principle persistently uppermost in one's mind, then any person can do it, anytime.

Reader: If a person is already having a hurt mind he would take such ridiculing very seriously and feel miserably, but on the other hand if another person's circumstances keeps him always cheerful he would not mind such injuries and would brush aside such comments.

Response: Yes. One can call also develop that latter capacity through rise in consciousness and personal/spiritual growth.

Not Yet Titled

When mind is silenced and one develops the patience of eternity, powerful circumstance arise that can send you to the peaks of success.

Not Yet Titled

Sometimes I feel I am being taken on a magic carpet ride, and the only thing required is to happily show up.

Not Yet Titled

RK: Sri Karmayogi says Grace seeks entry, but man's limiting nature repels it. Still grace seeks a chink of consciousness by which to enter. It is persistent that way.

Not Yet Titled

RK: Karmayogi says we do not even know what kind emotion we let out, and so we don't understand life response too. If we can name our emotions correctly it is half won-for example-we understand anger as irritation, irritation as annoyance, annoyance as dejection, dejection as rejection etc. Jealousy is still in our genes from primordial and animal instincts as becoming head of a group.

Here too we have to first understand our emotion whether it is jealousy or envy. Jealousy involves the wish to keep what one has (prestige, status, upmanship, feeling of importance, fear of losing attention, threat to or position etc., we may have ten cars. But if next house person buys one we feel lost in any one of the above). Envy is the longing to get what one does not have. (when we don't have a car and next house person buys a car. Our feeling is based on our inability to get that as we wished, but he got it. We can see this in children behaviour easily. When elder boy don't like newly born sister, it is jealousy. The same having an enmity with next house boy as he bought new bicycle and prided over it , it is envy. Karmayogi has written about how a daughter didn't like Mother long hair, how a dad didn't like intelligent son etc.,

Karmayogi says, analyze your jealousy / envy based on – capacity, capability, goal, desires, you wanted to accomplish. Karmayogi says in jealousy more than rising oneself, one has a greater urge to crush another. It only strengthens the victim to give you more jealousy and envy. so one needs knowledge of the process of creation of jealousy or envy. That can weaken the reaction or emotion, but cannot eliminate it. First concentrate on origin of your emotion or ill will. Consciously try changing it into compassion or good will or expansiveness. At this point only consecration to Mother is possible.

Not Yet Titled

Virtually every illness and physical difficulty or deficiency has a psychological cause behind it, like selfishness to cancer, insecurity to diabetes, unwillingness to change to heart problems, etc. Even the inability to conceive a child may have deep-seated psychological issues behind it. Since we are not always able to identify the subconscious cause, we can always offer the matter to the Mother, who will work on our behalf.

Not Yet Titled

What science now calls the cosmic phenomenon of "non-local connections" or "entanglement" or "spooky effect" is essentially the same thing as "Life Response," where two parties Align miraculous-like in a single point in a single moment in space-time.

Further comment: Science is starting from the material end, but confronting cosmic truths that make the physical-only, empirical view inadequate. On the other hand, the spiritual people, rather than losing themselves in the bliss of the Divine are seeing the application of that Oneness being applied in the details of modern life, including the material world. (including life response phenomenon)

These two perspectives are thus slowly moving toward one another; on the road to discovering the ultimate integral truth that combines spirit and matter; just the issue Sri Aurobindo addressed in the first few chapters of The Life Divine.

Chapter 4, Omnipresent Reality resolves the contradiction between spirit and matter into the Reality, the All, which is inclusive of both, and even integrative of both.

Not Yet Titled

Often when we advocate a belief -- such as expressed in an article we've written explaining how to overcome depression -- life immediately gives you the opportunity to practice what you preach!

Example: A man advocated methods to overcome negative attributes and feelings, including depression. Soon after a small accident occurred that challenged his emotional state, thereby requiring him to adopt the methods he advocated.

Not Yet Titled

Reader: When we give attention to things that deserve more of it, life appreciates it and smiles back at us, especially when Mother is involved.

A man saw that the Mother calendar with Her daily messages on it was presenting the wrong date. He then corrected it. When he noticed Her message for that date, it now said: "The Divine is in things also and that is why they must be treated with care." – The Mother

Not Yet Titled

Expansiveness is the attitude that there are infinite potentials and possibilities, and one is fully open to them. One opens to the universal plane. Expectation or anticipation is to assert that great things will occur in a given period of time based on one's preferences. It is a local movement of Ego. The former opens the doors to success; the latter shuts them down.

Two Types of Ego to Rid Oneself Of

Ego is separative consciousness that walls you off from others and the world. There are two types we can identify: one of "strength" and the other of "weakness." Both however are lower forms of consciousness, and are thus negative.

When you assert your point of view, or act arrogantly, looking down on others, are selfish, etc., then you are expressing the Ego of strength. It is harmful and toxic to others and one's self. The other type of Ego is one of self-pity, self-loathing, feelings of helplessness and hopelessness, of guilt, shame, and other related qualities. It is Ego of weakness. It, like its cousin of strength walls you off from others and the world; locks you in your own cell of self, and self-decrying attitudes.

When either type of Ego arises in its various forms, it is best to catch it in its tracks and push it away; telling it never to return. If you are of a spiritual bent, you can offer it to the Divine so that it never repeats. From that point forward it will tend to arise less and less, and as a result you will be so much better for it.

Experience of the Soul

When you look at someone who is conscious of his soul and lives in his soul, you feel you are going deep, deep down into the person, far, very far within. While generally, when you look into people's eyes (there are eyes you cannot go into, they are like closed doors, but some eyes are open, and you can enter), well, very close to the surface, you encounter something that vibrates, and sometimes shines and sparkles. You may misidentify this and say to yourself, "Oh, he has a living soul!" but that's not it. It is his vital.

To find one's soul you must withdraw from the surface, withdraw deep inside, enter far within, go deep, deep down, into a very deep, silent, and still cavity; and there is something warm, quiet, of a rich substance, very still and very full, and exceedingly soft – that is the soul.

If you insist and are conscious yourself, you experience a feeling of plenitude and fullness, something with unfathomable depths. You feel that if you entered there, many secrets would be revealed; it's like the reflection of something eternal upon a calm, peaceful surface of water. Time ceases to exist. You feel you have always been and will be for all eternity. (The Mother)

Not Yet Titled

In a difficult situation with others, the first tendency is to blame the other party. Sri Karmayogi asks us to take the opposite perspective by fully embracing the other person's point of view, seeing things from their perspective alone. As a result of eliminating this negative self-justification, good fortune will suddenly arise, including the real possibility that the other person will now start fully agreeing with you!

Negative Response to Colorful Paintings

In one sense, it is not the details that determine the short or long-term success of an activity, but the attitudes and behaviors we bring to bear. When they are positive, we attract good fortune whatever the specifics, and are elated. When they are negative, we attract the opposite, and are disappointed.

Example: A man wanted to show a friend a website of an artist group who create very creative and colorful contemporary paintings. When he asked her to view it, she was busy with another matter. However, the man insisted, and she came over and reviewed it on his PC. The man was sure his friend

would like the site, as the paintings were colorful, creative, created by fine artist like herself. However, after viewing a few of the works, she was anxious to get back to her own work. When the man insisted that she see some more, she reluctantly complied.

A few minutes after, they engaged in conversation about the site, and he mentioned how lovely the paintings were. However, his friend responded that she felt all of the paintings were of a similar kind, which very much surprised the man, as he thought there were a wide variety of styles. In fact, the entire interaction in which she expressed her views on the matter turned out to a big disappointment.

Because he asserted his need to show her the paintings despite the fact she was busy with other chores, he attracted a series of negative responses from her that sorely disappointed. It was not the details (i.e. the quality of the site or the paintings or the artists) that was the problem, but the way he initiated the communication. Had he been more sensitive to his friend's needs, and been more patient to show the site, he might have elicited very different results, including the possibility that his friend might have admired every bit of the online presentation, and indicated that there indeed was "a wide variety of beautiful art"!

Not Yet Titled

For one on the path, egotistic, rambunctious silliness quickly attracts negative conditions.

Reader: rambunctious silliness??

Response: uncontrollably exuberant silliness. Here, especially for one on the path it becomes an overbearing and grating ego movement of the vital being, so it attracts negatively. An evolved, cultured, high consciousness person should not act this way\ no matter how entertaining or well-received, as it pulls him out of his higher consciousness, attracting negative vibrations and therefore circumstance from the lower vital plane.

Not Yet Titled

Because I began making the effort I promised myself of creating more space in my mind for Mother, She quickly came in the form of Blessings.

(thanks to Karmayogi via RK)

Not Yet Titled

Performing an act of goodness is surely a wholesome thing. However, often buried in it are small or larger movements of Ego, which have their negative consequences. When we think we are giving, we should examine our motives, acting only if they are perfectly pure and unselfish. If there is any ego involved, one should refrain from that initiative, at least until one's motives are set right.

Not Yet Titled

Consecration doesn't normally lead to a positive through a negative, but through a positive. Normal life however almost always does.

Not Yet Titled

Each of us think we are good, but according to Sri Karmayogi's view virtually every one of us is fully selfish.

Reader: Mother's Grace Yes, I agree

Which means it is our own preference or feeling or kind of wanted

But how do we overcome? Pls. Advice uncle Is it different that our like or selfish?

Response: We overcome it by first observing it in ourselves; by watching for instances of in the course of our day, especially taking form as Ego movements. If you are sincere, you should experience a dozen or two at least. Also keep an eye out for each time you forget to consider another or other's around you as you act. More selfishness will show there. Even if your thoughts are merely about yourself in the course of the day without thinking of others concerns, it is additional selfishness. Once you perceive 50

instances of it you will see why you, we are fully selfish. Now you can start reversing each of those attitudes to become its opposite - ie Self-giving.

Reader: Mother's Grace. Thanks uncle. Can I know that likes and selfish? Are they related each other? How do we differentiate it? Or all our likes are attaching with our selfish? Pls. Advice

Let me try to work with Mother's Blessings

Response: Like that is wholesome aspiration to improve one's self or connect to the Mother or have deep connections with others or do a work perfectly, etc. are not selfish.

Not Yet Titled

Sri Aurobindo says the glorious Sun is just a shadow of what must come.

Not Yet Titled

One who expresses a positive attitude, is cheerful, and maintains their poise in the face of a difficult situation is an evolved personality.

Not Yet Titled

Intense Aspiration is what is necessary if we want to rise in life. Not self-satisfaction of what we already have. How to build up the intensity of Aspiration is a key question. What creates Aspiration? Some deep motives create it, as in the case of Steve Jobs. How can we find those levers in ourselves? What great achievers have are intensity of values, or urge to achieve what one sees as a possibility, or the force of life that compels one to change, etc. How can we discover those levers of intense aspiration that enables great achievement in our own lives?

Human Personality, Individuality, and Accomplishment

The question of development of Human Personality and its role of human accomplishment is one of Sri Karmayogi's great themes. And that was actually first described in detail by Sri Aurobindo in certain chapters of The Life Divine.

The five levels of personality are just mimicking others (Manners), Behavior (just unconscious self-movement and expression, like Lydia in Pride and Prejudice), Character (that which makes a person seem unique, instead of like others), Personality (highly developed character and individuality like Steve Jobs or Winston Churchill, who can have a big impact society) and Spiritual Individuality (who change the world from within through their soul connection; their ultimate self. They are ultimate individuals).

All told is a movement from non-individuality to complete individuality. Also the more one moves up the scale, the more one accomplishes. Darcy who had Character changed his nature and moved to the edges of Personality (the 4th stage) releasing great accomplishment in his being (in the form of marriage with Lydia).

The scale is Manners > Behavior > Character > Personality > Spiritual Individuality (Soul of Personality). It is from non-individuality to ultimate individuality, enabling ultimate achievement.

Not Yet Titled

After we make a certain progress due to the intensity of our aspiration, we tend to level off. But it really is the start of a slow decline. Where then will come new sources of inspiration and aspiration? One must look deep within and find it there where our most cherished values reside, or we can discover new values from a deeper source still, emanating from the Soul and Spirit.

Not Yet Titled

Energy is the source of the universe, and Divine Conscious-Force is the source of it.

Not Yet Titled

You can silently aspire for the success of another individual without mentioning it, and attract great benefit for that person ... as well as yourself

Not Yet Titled

RK says Unwillingness is our incapacity and inability to cope with a situation or person. Sri Karmayogi indicates it is unwillingness to give up the present faculty. Higher consciousness however perceives that unwillingness and changes it to acceptance; or better yet, embraces it enthusiastically, indicating a higher faculty at play.

RK: Dear Roy Posner

How can we discover those levers of intense aspiration that enables great achievement in our own lives?

1. By becoming so self-aware: By tracing back each of our traits and its origins in our own lives or its inheritance from our parents, brought up, social background, etc., by then detaching from each trait as it arises in our daily experience and offering it, consecrating it to the Divine

When we aspire, we effectively free the being on the present level of personality and experiences a wonderful flow of energy, joy and freshness into the daily activity, a widening of consciousness, and a rising to the next higher level. After achieving that we get satisfaction and on fear of losing that we tend to do "our" best which gives way to gradual emergence of habits and traits from the next deeper level of our psychological heritage, or opinions and prejudices - which dampen the aspiration on accomplishment and reduces the intensity of the freshness and establish themselves as a new routine. Our receptivity and aspiration subside, growth slackens or ceases, we remain in the same plane.

2. By acknowledging the knowledge that: Life is energy of HIS / HER / Divine / Conscious force. We can use that energy only to the attributes of manifesting aspects so that we can find the lever or lever comes out itself- to give Delight to the world.

For example Steve Jobs – knowingly or unknowingly practised other man point of view / customer point of view – an attribute of expansiveness – to the maximum and through that everybody's wish or aspiration on how a hand phone should be came out. (according to Steve Jobs, he gave a product to the world, which they don't even know that they need it). But when the company started looking on commercial point of paid OS / monopoly OS it started declining. So to find the lever or to become instrument to serve world the concise force should be expressed in every of our act.

Group Experiment In Consciousness - Cleanliness & Orderliness

We have begun a group movement to increase the level of Cleanliness and Orderliness in our lives in order to attract sudden good fortune. I have informed a number of people of the undertaking. I started the ball rolling this morning, and instantly got a response!

If you need any guidance, please click on the link below. Otherwise, please begin this group movement of cleanliness and orderliness whenever you can. See if you can attract something very positive very quickly. That is the normal experience of people who make a serious effort to raise their level of cleanliness and orderliness. If you receive the response to your effort, please report back here and describe your experience. Thanks for joining this group experiment in consciousness! Best of luck!

Further comment: Cleanliness and Orderliness Checklist:

My desk

My files

My computer apps

My workspace

My storage space

My to do list

My calendar

My hygiene

My appearance

My wardrobe

My living space

My auto
My storage facility
Other?

Not Yet Titled

When you try to move to a higher plane of accomplishment and success, your weak points will be revealed.

Reader: Thanks. Could you please explain this with an example? I am unable to understand this.

Response: In *Pride and Prejudice* by Jane Austin, Mrs. Bennet the mother of 5 daughters wants them married off to prosperous men so her and her family's status and wealth can improve. However her own obnoxious, churlish nature and her meddling actions deflect, block every chance of that reality happening.

Likewise Mr. Darcy is in love with Eliza, the eldest Bennet daughter, but in trying to win her, all his normal worst characteristics come out, including his pride and arrogance. Yet incredibly he changes his nature, overcoming his negative attitudes. and life rewards him with Eliza's love and their marriage.

The same phenomenon can be seen in business, politics, individual nations, etc.

Not Yet Titled

We take for granted all of the benefits of society we are born into, as we see here in America. We strongly believe in our own individuality, yet obviously relate to the social fabric underlying our existence. It is ingratitude and ignorance; a limited construct and worldview. We should instead be grateful for the wonders society has provided us upon birth. Such a view will give us an added power and perspective of life that will actually strengthen our individuality. Sri Karmayogi says the greatest form individuality takes is when one serves the wider needs of society, not just one's own. Here the individual and the universal join together in the true Person.

Not Yet Titled

Life Response is a mere concept for people until they have the actual experience. Then their lives are changed forever. The degree of emotionally relating to it from that point forward then depends on how vigilant they are in recognizing it, and how aggressively they pursue it and its miraculous-like effect.

Not Yet Titled

Recent revelations of science -- like non-locality/entanglement, which is the basis of life response; and Dark Energy, which may be akin to the Conscious-Force of Satchitananda (chit) which is the basis of creation -- seem more mystical than the ongoing rituals and superstitions of religion who have drifted far from their source teachings. I wonder who is really mover closer to the Spirit, and who away.

Not Yet Titled

"Life Response" phenomenon ultimately becomes the study of what Life truly is.

Reader: Response Is LIFE.

Response: Yes. All of Life is Life Response, and vice versa.

Token Initiative/Do What You Can

One powerful method of attracting good fortune (i.e. Life Response) is that in any difficult situation, including a hopeless one, look around, think about it and DO WHAT YOU CAN, even the smallest thing. It can open up vast opportunities you would never have dreamed of.

A man had just lost his entire business and his home on top of that. He was living at a friend's house who was away for a while. The man did not know what to do with his life. One thing he thought of however, was to look for a job in the paper for a sales position. ANY sales position!

To his surprise, several weeks later he secured a job for an Energy Conservation company nearby to sell energy saving products. Soon after he was made sales manager for that division, and thereby organized a team of sales people to do what he had done before. While on the job he helped develop a spreadsheet program that calculated energy savings for the client if they purchased his team's products. He enjoyed this and as a result he took an interest in the personal computer, a fledgling technology at the time. Several months later, he became a computer sales person, which kicked off a 30 year career in that field that he practices till this day.

By doing what he could in that original desperate situation, by making that token gesture to seek sales employment of any sort, his entire world quickly changed! It was an overwhelming response from life due to a small token initiative for improvement.

Further comment:

When you are in a desperate situation, you need solutions, wherever it comes from. Calling to Mother is always the first option. She can then reveal tiny openings that we should take and not ignore. Or we simply perceive them without having opened to Mother. They are just there.

When something is going to fall on your head, that is Life's Initiatives. If you are in a desperate situation that too is Life's Initiative. In both cases something needs to be done whether or not you open to Mother. In these situations, life always opens a crack for possibilities through which we can act.

A man had limited medicines for a physical problem and was suffering greatly as a result. The instructions told him the dose. But then he looked it up on the Internet and found that he could take the medicines more frequently and if necessary multiple ones per swallow. He followed the former advice, and was therefore now able to navigate his time out of intense pain before seeing the doctor.

He discovered the crack of knowledge and acted on it. It was the Token Initiative that got him out of his intense quandary. He did what he could do.

Not Yet Titled

Life is a Play of energies in which created forms of that force carry out their conscious or unconscious intention, intersecting with one another, revealing patterns and principles that together give it a character.

Not Yet Titled

Sri Aurobindo and Mother say move away from religion and its ritual, and toward direct spiritual experience. Also away from empirical scientific view and toward a Science of Life that includes all planes, not just the material.

Life's Acts Repeat

Life's acts -- whether involving ourselves, others, or the world; whether positive, neutral, or negative - - repeat over and over again, until there is a countervailing force that alters the dynamic.

—
"Buying the very first property in his career, someone paid Rs. 5850/- for a property which had no bidders when auctioned for 1200/- because he wanted a property unencumbered. Eight years later this act exactly repeated its character when he bought a second property. He was alerted. Five years later when he bought his biggest property, no trace of earlier debts was there. His knowledge helped him to overcome the irresistible power of repetition of an act. Not only acts repeat. Names also repeat. The character of the act - rasi - repeats. Occasionally the exact spot repeats; the fixed hour repeats. Repetition is the character of physicality. The earlier one gets rid of it the better." (Karmayogi)

Reader: 1.is our life taken for granted by Life.

2. Will life too act like this.

3. When we analyse our life, many such incidents can be seen in our everyday life. Thanks for sharing.

In the article, overcoming repetition thru Spiritual force, u have been coming earlier than ur friend . U have followed the principle of punctuality, patience , non reaction . But for 25 y times life was repeating the same thing, that is it made you to wait for yr friend . So is life taken us for granted .

Bcos i m in the same kind of situation for many years

Response: K, because one is punctual does not cause another to be. Life owes us nothing. Even when I worked with this person, he was late for meetings. He could have used discipline from the boss which he might have gotten, though he was a top producer. I could not scold him as he was my friend. Yet Consecration changes ALL the dynamics. (By the way, it's also possible I came too early!)

RK: Our part is limited to our acts. Our time is limited to our life. Our space is confined to where we live.

We always have a choice - to choose the truth or aspects of the truth -it is leaving the part of the good for whole good. Till then life repeats so that we turn to that truth. We call that as knowledge.

Mostly we are unaware of the acts repeating in one form or another. Occasionally it strikes us in our life, especially the second or third time. For example, till the age of 37, my qualification was school final (HSC) and proudly said that it is waste to study. Life repeated so many things several times to make me conclude that education is a necessity-and when I took that path-I got masters in management -and the life has returned all that I have lost so far.

Not Yet Titled

Life repeats until the underlying causality is changed.

Further comment: E.g. in the US every summer or two there is a race riot or similar locally in relation to police shooting black individuals as excessive force. The underlying problem is the poverty and unemployment of these people, which has not been comprehensively addressed by all aspects of society. When the news makes a big brouhaha on the latest occasion, they act as if it never happened before, when in fact it happens over and over every year, seemingly infinitum. One smiles at the current ignorance of past iterations. The same with Israeli-Palestinian issue and much more. Even the media is stuck firmly in the repetition, as they too see no way out, or worse yet, do not really care. The higher Knowledge and consciousness necessary to bring to bear to prevent the repetition is absent. On the other hand, on occasions there are big breakthroughs, often instigated by someone or some group seeing a new way out of the travail and repetition.

Reader: The media acts always in the commercial interest by wanting to publish only sensational news.

Response: Yes, that is true, but even the unsensational media is reporting this way in their ignorance of the fact that this has occurred many times in the past, repeatedly over and over, as if it had never happened before. Only a very few outlets actually discuss the underlying issues that have caused the problem to occur again and again, including providing real, tangible, fresh, solutions to resolve it. This is the way forward, rather than through conflict and strife.

Reader: In the end the taxpayers' money is wasted, and the problems are perpetuated which may be gainful to some.

Response: It is a question of harmony of the various parties involved, actually the entire society involved, collectively addressing these issues so they can be solved, enabling all of us to move forward. Each segment tends to be stuck in their own ignorance. Each cares only about its own interests. Yet there are competing interests; and all interests need to be harmonized, which is the essence of what enables progress.

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Not Yet Titled

It's so easy for us to blame somebody else. It is so difficult for us to look deeper and take responsibility for it ourselves.

Reader: It is said that for any mishap we should take 50 percent of responsibility.

Response: I am in the original quote above trying to express the yogic view of life. That everything that is problematic happening around us that we blame others for, we can take responsibility for by

discovering a corresponding wanting quality in our nature that attracts it to us, and overcome that aspect in ourselves. Now life will self-correct through life response phenomenon.

Actually there is a first step, which is absolute non-blaming of others. From a poise of stillness, when the tendency to blame others arises we can catch it and cancel it in our being. It is the first spiritual poise of silent being. A further step is to see into the depths of the issue and take responsibility by discovering and overcoming the corresponding quality within.

RK: Karmayogi says:

Every time we blame others or circumstances – we are discarding a chance to evolve, a chance to progress because every time we blame others, we turn away from true knowledge and from the true solutions. Even a minute of thinking - that I may be a reason too - is starting point of self-awareness and humility that can open a new door.

When you are of a higher consciousness, life is constantly feeding you indicators of what the truth is, what to do or not to do, etc. The end result is indicated at that beginning point. All you have to do is pay attention, discover it, and then follow that path. What you then perceive to be true or act upon related to this matter will be precisely what actually comes about.

Not Yet Titled

When you refrain from asking for your benefit, instead focusing on the needs of the other party, they will soon start asking on your account, about that which fulfills your needs.

Not Yet Titled

Each moment or event in your life offers subtle clues on the right actions to take to derive the maximum result, including instantaneous miraculous outcomes.

Consecration to Mother

A central tenet of Sri Aurobindo is the surrender of the devotee or sadhak to the Mother. She stands as the instrument through which the divine shakti, the supramental power flows. Devotees are asked to open up to Her Power, or simply just to Mother when engaging in all facets of life. That will insure that the supramental force can enter their person and transmute all aspects of their existence, including their own nature as well as the unfoldings of life around them. By doing so, instantaneous miraculousness can occur.

Since Mother has left her body, the action of Her Force seems to be growing, with an ever-increasing power and effectivity to transmute the targeted aspect of life; whether parts of our own nature – mental, vital, and physical -- or the life around us we engage in.

Not Yet Titled

The more you unnecessarily speak or think, the more you block the Grace from coming in and creating good fortune in your life.

Reader: By all means, the unnecessary thinking has been coming just like that while we walk or see if any things whichever happened in our life. How do we avoid or overcome this. Hope it is very important to know. We used to call Mother whenever we start work or any problems arise usually. Looking for your advice uncle.

Response: Perhaps 50% of the speaking and thinking we do is necessary. But if you watch yourself in the course of the day, you will see that the other 50% is unnecessary. It can be replaced with fewer words and softer speech, as well as less thinking. This is a discipline one can learn to follow. It allows good fortune (i.e. Grace) to more readily flow through you. You can try it out as an experiment for proof. Calling Mother regularly also tends to calm the urge to speak and think.

Reader: Thanks uncle for your immediate answer with clear information. Yes I agree with you. Let Keep call our Divine Mother. Let Thy will be done Not my will.

Fulfilling the Divine Work and Intent

There is the Divine work and Intent. The human being is an instrument for fulfilling it. Man however fulfills it unconsciously through the workings of Nature, which is the slow and painful method of evolution through contradiction and conflict we experience in life, through our lower, Ego movements. The Divine itself carries out the remainder behind the scenes.

The CONSCIOUS collaboration with the Divine Intent occurs when we are in touch with our deeper self; the soul and psychic being within. Here we experience peace, harmony, goodness, love, and delight, which enable a dynamic, infinitely positive relation with the world and others, speeding up and perfecting the evolution, enabling the Divine Work and Intent to be realized in the world.

Not Yet Titled

Psychological strength and fortitude in the face of life's vicissitudes is key to success and happiness.

Reader: Pls. Uncle, could you explain?

Response: People who are strong when difficulties arise pass through them and can attain success. People who are psychologically weak when there is pressure, when there are difficult conditions, will wilt under the strain and not be successful.

Not Yet Titled

Success depends on a deep Aspiration to achieve a goal, an intense will and desire for it to come about, the persevering effort to make it real, the psychological strength to overcome problems that arise along the way, the right attitudes and values, and the necessary skills and knowledge.

Reader: I thought desire is not part of Yoga?

Response: Aspiration is the wholesome yearning to improve one's condition; to lift one's self up, which is almost spiritual. On the other hand, "desire" as commonly used means wanting, needing, hungering for something, which is a movement of the lower, vital nature.

Not Yet Titled

The Divine aspired to create a universe, and did. We can aspire to create a better life for ourselves and others, to uplift our world.

There is also an even higher form, which is Aspiration for the Divine. It is a deep seated yearning for the Spirit to increasingly enter one's life. It is pure Aspiration of the soul for ever-increasing peace, harmony, light, presence, goodness, love, and delight in our lives. That aspiration begins as a burning flame in the core of our being that rises to manifest itself as real in the world.

Aspiration vs. Desire

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Perfect Outcomes without Dark Shadows in Supramental Life

In normal life, such as in science, a dark bi-product often emerges for each positive advance. E.g. power stations which supply energy also produce pollution. Nuclear fission created energy, but also bombs threatening to destroy the world. It is because not all aspects are considered when developing the item; here only the material. The same in business, such as we recently saw with the financial crisis, where the increasing fluidity of money to spread (a good thing) led to its abuse by financiers engaged in unregulated speculation that early destroyed the world economy.

In the supramental existence, where one opens to Her Force, no negative shadow is ever created when something new is developed; only the self-Existent Good. Here in Sri Aurobindo's epic poem Savitri, She is experiencing that very thing. As Divine Goddess and Savior of the world, Her spontaneous beingness and actions always lead to perfect outcomes that are devoid of the dark shadow, and as a result each action is an opportunity for Joy to spread throughout the world.

Reader: "She saw all nature marvellous without fault "

Not Yet Titled

On the very day in May of 1985 that CEO Steve Jobs was being fired from Apple by the board, I was at Apple headquarters interviewing for a job there. As my interviewer began to speak, one could hear voices calling out about there something very important going on with Steve. In the tumult, my interview was suddenly halted and then cancelled. As it turned out I never worked at Apple, and on that day Steve Jobs was relieved of his duties. He would return in 12 years and create the most valuable company in business history.

Not Yet Titled

When Steve Jobs was fired from Apple in 1985, he created a new company NeXT, where he developed a computer that many believed was even better than the Mac. But it didn't sell. In one sense, his was a vendetta against Apple for being cast out. Yet when he was convinced to take up a NEW direction in his life by investing in Pixar animation, Jobs had great success. Thereafter Apple invited him back to lead a failing company, using his NeXT software technology, and went on to create iPod, iPhone, and iPad, making it the most valuable company in business history. Accepting a new possibility in a different direction from the old, and thereby shedding some psychological baggage, was pivotal in the turnaround of his life, and the history of technology.

Not Yet Titled

... the Consciousness where the two contraries, the two opposites are united, the nature of both changes. They don't remain as they are. It's not that they unite and remain the same: the nature of both changes. (Mother, from Agenda).

Further comment: Sri Aurobindo tells us that life progresses through contradictions, conflicts, dualities between parties, events, ideas, beliefs, etc. This is the slow and difficult way of Nature (Prakriti). However, to resolve such divisions in a more conscious way, individuals develop higher consciousness relative to the situation, enabling a new knowledge or possibility to present itself, allowing for a meeting of the minds. Note that this is no mere compromise, but a higher harmony reflecting a New Possibility that was not there before. In this process, these newly discovered and revealed possibilities present themselves because both parties have grown in consciousness.

Not Yet Titled

The small thing you avoid with intensity when overcome will quickly open the door to great success in your life.

Not Yet Titled

When a wholesome, cherished value of yours is threatened by another person's lower needs and desires, but you hold tight to what you believe, unexpected, overwhelming good fortune can suddenly appear at your doorstep.

Example: A young man was involved in a relationship. The partner wanted a physical relationship; he desired more than that from romance in his life. After persisting in the expression of her needs, the young man told her that what she wanted from the relationship, he did not. A short while later there was a visitor at the door, and the young man figured it was the girl again. Instead it was his previous high school girlfriend returning after a long time from college with whom he shared a deep romantic relationship. His insistence on his more positive, wholesome romantic value attracted that which he really wanted.

This same dynamic can be seen in all facets of life, including business, sports, family relations, romance, etc. Even in the movements of nations and society. Deep-seated and felt values will trump all; attracting life's boons in the face of others' lower intent.

Not Yet Titled

When the Grace descends, the mind should be still and devoid of all thoughts; otherwise it deflects the Power from Above from manifesting beneficial results.

Not Yet Titled

Often the go-ahead and blossoming of a significant project or undertaking waits on a single small reluctance on our part overcome. Life then rushes in with great benefit.

Not Yet Titled

When another person offers an opinion, the mind rushes to give an alternate one. Embracing and expanding on what they have said occurs only in a small number of cases. It is due to the exclusive rather than the inclusive nature of mind that seeks to express itself.

Reader: If there is a willingness to learn from what others could say then one might listen.

Response: Very true.

Not Yet Titled

What a parent intensely fears might happen to their child moves toward tending to occur. Withdrawing that fear substantially reduces that risk.

Reader: I know this happens but how?

Response: It happens because when we are fearful we send out negative vibrations which align with corresponding negative conditions. This is the life response phenomenon (or power of attraction) phenomenon in action, but from the negative side. There is a famous statement that "Fear attracts the object of fear."

A person can recognize and change a serious wanting attitude, habit, or belief, or instead go through a serious illness or such that knocks that "physicality" out of their being.

Reader: Can u give one example of this

Response: Often we see people falling very ill. If we look closely we will see that it is due to a psychological cause; e.g. a serious negative attitude in their lives. Often life forces them to overcome the psychological cause through illness, which forces them to change, or they can be conscious of the psychological deficiency and change it on their own, avoiding the illness. This is discussed in greater detail with examples here: in the section "Illness and Our Psychological Condition" (you may have to scroll a bit down to see it)

Not Yet Titled

Consecration is shifting your faith from your capacities to Mother's.

Not Yet Titled

To have the right attunement with the outer world, one must move to an increasingly deeper poise within, culminating in soul. Then one has the silent "Witness Consciousness" that can perceive the true nature of the occurrences of the outer world.

On the other hand, fixation with the outer only through the senses (including the visual and auditory) gives that person a surface view of things, riddled with limited information that leads to false conclusions, wrong decisions and failed actions.

From the soul one is calm and peaceful, feels harmony with others and the world, tends to perceive the full truth and knowledge of what is happening, operates from a sense of goodness and self-givingness, feels love in their heart, and, all told, experiences intense delight in being alive.

On the other hand, the surface view can only feel these in small bursts, which is quickly followed by their opposite, leading to continuous oscillation between the positive and negative ad infinite in one's life.

Not Yet Titled

There is an enormous difference between being lost in the moment and being trapped by it. In the former, one lives in a kind of timelessness where one is not burdened by time. In the latter, one is burdened by concerns of the future or the influence of the past affecting the present. The first is a spiritual experience; the latter is normal life.

Not Yet Titled

The Supramental Being that we are destined to evolve into as envisioned by Sri Aurobindo and the Mother is as different from the human being as the human is from the primate.

Not Yet Titled

It's best not to jump to a definite conclusion when one has only limited knowledge of the facts, as it can set you on a very bumpy road.

Reader: Also many people could not express themselves clearly, and this partial understanding could lead to wrong conclusions.

Response: Yes exactly.

Not Yet Titled

In normal life the key is successfully navigating your way through the difficulties that present themselves. In spiritual life the key is successfully navigating your way through the positive openings that continually present themselves ad infinitum.

Reader: Hi Roy Sir, does that mean the difficulties are the positive openings in spiritual life? Or will the difficulties be less in spiritual life?

Response: In spiritual life it is continuous stream of positives. But one must be conscious of those openings occurring and embrace them, which a spirit-oriented person will tend to do.

Not Yet Titled

Negatives will come to a spiritual-oriented person, but they will be understood as positives in disguise. In Spirit one perceives that ALL serves a purpose, including the negative. The totality or Reality includes all things, and their interaction; thus everything must be embraced and included in the unfolding,

It's also worth mentioning that in Spiritual life one tends to create outcomes that have no negative side; only positive I.e. the result is Self-Existent. In normal life, negatives often follow as shadows of the positive.

Naturally it depends on what level one has attained in spiritual life. The greater the intensity of joining the spiritual life (as e.g. being a fully practicing sadhak in Sri Aurobindo's Integral Yoga), the more these aspects are realized as true.

Not Yet Titled

Enthusiasm comes from an intense will to achieve a goal, which releases emotional energy that makes one enthusiastic. The intense will comes from deep aspiration to have something accomplished, including the personal values behind it.

Tolerance and Education Level

It was recently reported that the higher the educational attainment of the individual, the lower the chances of reporting intolerance towards people of other groups - including ethnic, language, religious, national, sexual, class, caste, etc. Tolerance for diversity and education go hand in hand, and is critical for the evolution of society.

-thanks to Janani at World University Consortium

Not Yet Titled

Whereas mind, influenced by the lower vital nature, is generally closed to new possibilities, Curiosity and the knowledge that follows opens the door to infinite-like results.

Further comment: E.g. during a heat wave once notices that the fan is not operating as required. One can ignore the problem and lose the opportunity to resolve it, or take to curiosity and discover how the fan actually works via an online article, providing not only the solution to that problem but to many others; even an opening to the Unexpected.

Embracing the Unfolding Of the New

Our willingness to accept what is necessary to do in the unfolding of the new moment -- whether requiring new discovery, learning, or belief -- is the key to furthering our progress and the evolution.

E.g. an issue or problem presents itself. We may not want to be disturbed from our present situation and deal with it, as the tendency is just to go on doing what we are doing or liking. As a result, the opportunity for progress is lost.

However, if we embrace the conditions of the new -- whether issue or problem, -- rather than ignore it or reject it, we will tend to make the effort to discover the necessary knowledge, ideas, beliefs that will resolve it, enabling positive response and progress all around.

Not Yet Titled

Over-assertion of one's point of view is the wrong point of view.

Token Initiative/Do What You Can

All problems in life are solvable. What is required above all is a higher level of Harmony among the parties to resolve it.

Further comment: Sri Aurobindo says all problems in life are problems of harmony.

Not Yet Titled

Perfection of work is to be utterly absorbed in the details, while observing the highest standards and scales of quality, reaching the highest point of each. When reached, life responds out of all proportion.

Not Yet Titled

Each party shedding Ego relative to the situation is an important first step in resolving life's conflicts and conundrums.

Aspiration That Attracts Grace, But Then Levels Off

Every devotee has a market or potential of Microsoft or Apple. Many may aspire for that. But may fail to grow after an initial growth.

Grace always meets the aspiration through the field of expression. Leveling off, arises when the original emotion is lost and irrational extension of the same is resorted to even in higher levels.

Some of the things we do in higher level or during growth are: Arrears in human effort, hesitation to do all in Mother's ways, belief in falsehood and its ways, extraneous motives, vanity and show off, making money to serve the darkness of the physical and vital, no efforts for value implementation more than earlier etc. (RK)

Further comment: We can say that when there is an upward movement of consciousness, there needs to be a descent as well, otherwise, the lower will reassert itself. R's list of "fall backs" are precisely where the descent has not occurred and the lower fills that space. By being aware of these when ascending, we can be vigilant when there is that tendency to slide. Now the ascent is supported by the a "descending strategies." If implemented then each of the fall backs become opposite of their negative character and

support the ascent. The Ascent and Descent of consciousness are complete. Leveling off and backsliding from the original Grace meeting the Aspiration of consciousness is overcome. (This is one approach.)

Great Transitions in Our Lives

We understand the great transitions in our lives in hindsight, but not so much when they are occurring. Yet we can recognize them if we develop a higher consciousness, as well as a faith in life and spirit. Then we see that all negatives, including great life changes are positives in disguise. We just need to think about it, contemplate the transition, rather than react to it, which often comes as a shock or sting.

If we look back on our lives, we will recognize the wonder of these transitions which seemed so problematic at the time. As far-fetched as it sounds, as a truly evolved being, we can actually learn to feel a certain joy in these powerful transitions instead of being pained by them. It is a subtle recognition that we are moving up in our lives in terms of our personal growth and development. It is actually a spiritual transition sanctioned by our Soul.

Not Yet Titled

What ultimately makes a nation's economy grow is the intensity of aspiration, will and values of its people.

Not Yet Titled

Controlling egoistic-oriented chit-chat is one sure sign of progress on the spiritual path.

Not Yet Titled

Life is going to continually come at you. So be prepared, relax, have faith, and enjoy the ride.

Not Yet Titled

One man's perfection can save the world. (Sri Aurobindo)

Further comment: "One man's perfection can save the world is what Sri Aurobindo laid down. Whatever the problem, if one man in any such field can aspire for that Force to come into his own Perfect Work, that problem will be solved for the world, be it poverty or unemployment or radioactive fallout. This is the spiritual possibility the Force has made available to all men since 1956. When people succeed in such ventures, Mother says it is not announced by the beat of drums." (Sri Karmayogi)

Reader: In Tamil language there is a saying that even if there is one good man in this world for his sake alone rain showers to the benefit of entire mankind. (Thollulagil nallar oruvar ularel avar poruttu ellorkum peyyum mazhai.)

Response: Excellent.

Not Yet Titled

If your emotions well up negatively, quickly control them, as they indicate perceptions likely in the wrong.

Reader: thanks Roy. Controlling negative emotions - is this the same or different from suppression of negative emotions? Please explain.

Response: Very similar. There is perhaps a slight difference which I cannot easily explain.

Reader: thanks Roy. I asked because in psychology, suppression of emotions could lead to various disorders. I'm trying to get a deeper understanding of this topic.

Response: I am not advocating suppression of emotions per say, but of controlling negative attitudes that are harmful to one's self and others. Control is in large part a mental capacity that perceives the negative reaction and tries to rationally put an end to it. Suppression is a stronger term indicates a suffocating of the emotion with less of a mental and more of a forceful control.

Some schools of psychology advocate expressing a negative pent up negative feeling one has toward another so it does not get further internalized and exacerbated. My own view is to make the effort to

understand such negative feelings, such as anger or jealousy, to get at the root of it, and therefore change it. In the interim it is worth controlling our expressions rather than just blurting them out, which can easily intensify and worsen a problem and any relationship involved. I believe this is a more conscious and spiritual approach.

Not Yet Titled

Every negative can attract a corresponding positive when taken in the right spirit.

Not Yet Titled

Regular consecration, opening to Mother will consistently save you from any number of major and minor disasters.

Not Yet Titled

People want certainty in their lives; but there is none. Only Mother, the Divine can bring certainty.

It is said that "God is in the details." One way to explain this dictum is that when we perfect a work against several standards of performance, the supramental divine with its integral perfection consciousness and force tends to rush in, attracting powerful life response results. Thus, God enters our lives through our efforts and realizations of perfection, turning finite conditions into infinite-like results.

Not Yet Titled

The only thing for certain is uncertainty. Embracing it will broaden and enrich our lives.

Not Yet Titled

There is an inherent Oneness permeating all things in the universe and its spiritual source beyond. Though everything is inextricably related and integrated from that perspective, the consciousness of Oneness is hidden from us -- in our relation to life, the cosmos, others, work, circumstance, etc.. It is due to our limited minds and the dominance of our lower vital nature which amplifies the separative ego that blocks our experiences of Unity and Oneness.

And yet the experience of Oneness is available to us if we seek it out. In particular, when we move to a deeper consciousness within and feel the presence of our True Self, the psychic entity, the wall that separates us from the world breaks down, and the Oneness can be experienced. Now we tend to move into harmony with all that comes our way. Life conditions unfold magnificently. Deep Joy becomes our ongoing experience.

For an ungenerous man, every act of generosity brings a wonderful surprise.

Reader: thanks Roy. Could you please explain this?

Response: Say you are a person who does not normally consider others when making a purchase; or is tightfisted about spending on another, as you tend to be preoccupied with your own needs. Now after a friend has expressed her desire for something simple she would like to have, you realize that this is an opportune moment to change your ways.

So you seek to purchase what she desires. You even come to realize that it might be an expensive purchase. And yet when you find the item, you discover it is actually on sale and costs far less than expected! In fact, there is even one available for yourself at very little additional charge! Life has in essence responded to your shift from self-absorption and tight-fistedness to self-givingness and generosity evoking an unexpected, wondrous response for both.

In fact, every time this individual thinks and acts this way, he will receive startling results from the field of life, as he has moved from the local domain of self-absorption and ego to the universal one of self-givingness.

By the way, this phenomenon is not just for conditions where people are tight-fisted, but for any situation where one overcomes a negative attitude and feel and/or acts in the opposite way - such as jealousy, pride, unwillingness, anger, insularity, sloth, tardiness, lack of cleanliness and orderliness, etc. etc.

Through this "reversal of consciousness," life will instantly respond and bring good fortune to all the parties involved.

Reader: Apart from material aspect, Generosity in non-material like time, space to others tend to respond in 'elastic'

Elastic nature of an orientation quite pretty Reactive/responsive. Thank you Sir.

Reader: how do u come up with such beautiful thoughts?

Response: By studying the works of Sri Karmayogi and seeing how his principles are applied in the experiences of others and myself.

Not Yet Titled

Emerging technology is higher consciousness at the material plane.

Reader: Mother disapproved High-tech like Nuclear Fission as it breaks the matter to give energy while approved Nuclear Fusion as it unites the matter to give energy and thus gave an occult or consciousness basis to it. A new emerging technology is neuromorphic engineering in which novel devices are designed to function like brain does and thus be faster, smaller and dramatically power saving. But the most striking featuring is their self learning like brain does. Sir, how do you see these sort of 'conscious' devices?

Response: In one sense technology is neutral. It is the consciousness we bring to bear that determines the benefit. Eg Einstein's formulae led to nuclear power, which can be used positively only if radiation effect on humans can be eliminated. Higher consciousness occurs when people consciously weigh all the effects at all planes of being. This has not occurred for most scientific and technology developments, meaning that it is not Self-Existent, ie it has a dark shadow to its positive qualities. (Nuclear bombs are negative to begin with.)

Any scientific invention and the technologies that issue from it tend to have dark shadows, which are due to Man's unconsciousness as explained above. Manufacturing that enables prosperity brings pollution. Internet brings security breaches, nuclear power can bring world destruction, medicines bring side effects, etc. When Man brings his highest consciousness to these efforts no dark shadows will be created. The result is fully positive; ie Self-Existent. When the vital, mental, and spiritual planes - not just the physical - are considered when the scientific discovery and technology products are developed, the results will tend to be self-existent.

Opening to Mother's Force during the invention and development phases enables the Self-existent Good to emerge without dark shadows. We intuitive the right things even as she rearranges the conditions to enable Self-existent outcomes.

These principles and methods will continue to be the same for any emerging technology - like genetic engineering, neuroscience, neuromorphic engineering, and dozens of others.

The Internet has this Self existent quality to a degree because it issued from mental values of communication and collaboration. The higher the values, the more likely the Good will be created.

Likewise every discipline needs to interact with every other one to create the most dynamic and Good product. Eg science and technology researchers developing a product should be knowledgeable of corresponding pertinent issues related to biology, sociology, psychology, sustainability, etc. etc. Cross-discipline analysis leads to greater perfection and the development of the Self-Existent Good.

Reader: Thank you, Sir!

Avoiding Dark Shadows in Science & Technology

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Not Yet Titled

From the holistic view of Supermind everything that has happened in your life is exactly as it should have been. It is a vision of Brahman, the Reality, the embracing of the All, all things. From the dualistic view of Mind, your life is viewed as a series of circumstance ranging from positive to negative, and all points in-between. From that perspective each and everything is subject to scrutiny and judgment. The perspective of the whole is lost.

Reader: I wish to know sir, what is dualistic view of mind. Could you explain? Is it the positive and negative thoughts that arise in our mind at the same time?

Response: The dualistic view of Mind is to perceive contrast, to differentiate: this compared to that; this is bigger than that, greater than that, better than that, etc. Mind does not readily perceive the Reality before it in its Seamlessness and Oneness, but instead differentiates qualities, always judging them, expressing preferences, favorites; constantly advocating things it likes, and rejecting things it does not.

This exclusive tendency of Mind to differentiate judge, prefer, etc. creates a kind of separation of one's self from life. As a result, we continually come into conflict with others and the world; even are divided in our own selves. Furthermore, Mind influenced by the lower vital nature, including our needs, desires, and egoistic preferences hardens this view, further separating ourselves from the inherent Oneness of existence.

There is an analogy: Mind can view the different shadings and colors of the rainbow, which is a good thing, but then harps on one or several of the colors, favoring it, losing touch with the entire spectrum of existence.

On the other hand, the spiritual mind of silence, light, and intuition tends to embrace Other, all things; not judging, opinionating and taking a stand. It is inclusive, Holistic in outlook; not divided. It accepts others' viewpoints, the various truths of any matter, not just one's own perspective.

Also when we move to our deeper Self within, this harmonic relation with the world increases, as we look out on the world as Silent Witness and pure Being; whereas living on the surface of life reinforces the ego view, the separative consciousness that is divided from the totality of existence, the Reality, the All.

Reader: The truth will set you free Dualistic view shouts out from all today at our children from their very first step, captured by canned experience. Yet the appearance of the truth is more obvious once seen because of this sharp 21st Century contrast of physical man versus spiritual source. IMO

Reader: One should always try to understand a subject clearly. Thank you sir. (Ethayium sariya purinjikkanum)

Not Yet Titled

Conscious restraint from impulsively initiating, engaging in life actions builds up Inner Power.

Not Yet Titled

Where the ordinary mind experiences gaps in causality, the subtle mind perceives deep connections.

From Dualistic To Harmonic View of Reality

The dualistic view of Mind is to perceive contrast, to differentiate: this compared to that; this is bigger than that, greater than that, better than that, etc. Mind does not readily perceive the Reality before it in its Seamlessness and Oneness, but instead differentiates qualities, always judging them, expressing preferences, favorites; constantly advocating things it likes, and rejecting things it does not.

This exclusive tendency of Mind to differentiate judge, prefer, etc. creates a kind of separation of one's self from life. As a result, we continually come into conflict with others and the world; even are divided in our own selves. Furthermore, Mind influenced by the lower vital nature, including our needs, desires, and egoistic preferences hardens this view, further separating ourselves from the inherent Oneness of existence.

There is an analogy: Mind can view the different shadings and colors of the rainbow, which is a good thing, but then harps on one or several of the colors, favoring it, losing touch with the entire spectrum of existence.

On the other hand, the spiritual mind of silence, light, and intuition tends to embrace Other, all things; not judging, opinionating and taking a stand. It is inclusive, Holistic in outlook; not divided. It accepts others' viewpoints, the various truths of any matter, not just one's own perspective.

Also when we move to our deeper Self within, this harmonic relation with the world increases, as we look out on the world as Silent Witness and pure Being; whereas living on the surface of life reinforces the ego view, the separative consciousness that is divided from the totality of existence, the Reality, the All.

Cause & Cure of Illness

Illness is caused by an individual's short or long-term negative attitudes, habits, beliefs, expressions, etc. that attract corresponding negative forces from the field of life that subconsciously penetrate an opening or weak point in the subtle physical protective sheath of the body, thereby negatively affecting particular organs, tissues, fluids etc. that is enhanced by fear and is devoid of spiritual protection.

The cure for illness is remain calm, be patient, stay positive and cheerful, and continually call to the Mother Force, while reversing the negative psychological cause (attitude, belief, habit, etc.) that attracted the illness in the first place. The balance of energies that were disturbed will then be restored, and health will blossom.

Reader: But what if a baby has some illness they don't have any negative attitude or habit

Response: It can come from the parents consciousness, other members of the family, the surrounding general atmosphere, etc. etc. in which there are negative feelings, vibrations, etc. circulating. (By the way, even babies genetically inherit negative propensities from their parents, grandparents, etc.) There can also be karmic influences from past lives, etc.

Not Yet Titled

Opinions are many; Truth a lonely orphan.

Not Yet Titled

Yoga (conscious evolution) is the shift from struggle life to surrendered life.

Not Yet Titled

In yoga you patiently live as if you had all eternity to accomplish, while doing those things inwardly that integrally and rapidly attract the future into the present.

Further comment: This is a personal challenge Karmayogi has given me.

Mother's Startling Experiences of Time Shift

As explained in Agenda, Mother would sometimes stop and stare for a moment or two, and then tell Satprem that She had actually gone through hours of experience in that time period. Conversely, She would stare for 20 minutes and then indicate that only a few seconds had actually gone by for Her. Mother in these and many other situations was living beyond the normal bounds of time, indicating that we have the capacity to do the same.

Reader: Time and space is the perpetual zones to explore. Now is actually related by the Mind Equation towards infinite. Thank you

Response: wow!

Not Yet Titled

Often before we can catch the Big Fish, we need to embrace the practical smaller ones demanded by life. That gives us the solid foundation, strength, and security for our larger endeavors.

Not Yet Titled

We must have a great deal of patience and a very wide and very complex vision to understand how things work. (The Mother)

Further comment: Sri Karmayogi revealing all of life's laws from every conceivable angle has helped immensely in fulfilling Mother's requirement.

Not Yet Titled

The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality. It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognize it. (The Mother)

Further comment: This is Mother's well-known and very powerful remark that vibrates through our time. It is the single great key to the evolution.

Not Yet Titled

Do not legitimize the normal material laws of the body's existence. The Supramental can alter them in a moment. (paraphrase of the Mother)

Reader: Kindly explain in detail PLEASE... I am trying to understand this in particular. Thank you.

Response: In life we normally believe in the obvious cause and effect. If this happens, then that must happen. If that occurred, then it was caused by this. But in Supramental life we see subtle cause and effects that bring us to a far greater awareness of than the normal dynamic. We see subtle causes that brought about a result, such as a person's positive or negative attitude, or the effect of the atmosphere of the surrounding people and community, or the effect of the spiritual Force.

In other words, we perceive the laws of life response and their power to attract events. The causality has shifted from the seemingly rational to the subtle.

When we open to the Mother's Force, the conditions can be quickly rearranged. You expect such and such to occur at a meeting, but then you consecrate it, and when you arrive the conditions are completely different. Where is the normal cause and effect dynamic? It is out the window! One has shifted from the Logic of the Finite to the Logic of the Infinite through Mother, and through other positive reversals of consciousness we have made.

Reader: Thank you very much Sir.. Of course to be able to Live The Supramental Life, one needs to Reverse the (Finite) Belief System installed by the Society... and that's like changing our Nature....I am unable to do that. Therefore I take refuge in The Mother and CONSECRATE the negative thoughts that try to convince me about the cause and effect theory you were talking about. Of course perceiving the Laws of Life Response and following the Principles with COMPLETE FAITH will change even the most negative conditions, to be FAVOURABLETHEREFORE, what helps us transcend from this ordinary Life to the Supramental Life is THIS INTEGRAL FAITH. Hence it all starts with FAITH. Am I Right??

Response: Yes. The more faith we have, the more we consecrate, and the more we consecrate, the more faith we develop. Either way, through that orientation we increasingly perceive the subtle signs around us, the subtle causality behind things, and are thus able to apply the right subtle method that evoke the instantaneous positive response. This IS supramental life.

On How We Waste Our Energy

Human beings don't know how to keep energy. When something happens - an accident or an illness, for example - and they ask for help, a double or a triple dose of energy is sent. If they happen to be receptive, they receive it. This energy is given for two reasons: to restore order out of the disorder caused by the accident or illness, and to impart a transformative force to repair or change the source of the illness or accident.

But instead of using the energy in this way, they immediately throw it out. They start stirring about, reacting, working, speaking ... They feel full of energy and they throw it all out! They can't keep anything. So naturally, since the energy was not sent to be wasted like that but for an inner use, they feel absolutely flat, run down. And it is universal. They don't know, they do not know how to make this movement - to turn within, to use the energy (not to keep it, it doesn't keep), to use it to repair the damage done to the body and to go deeply within to find the reason for this accident or illness, and there to change it by an aspiration, an inner transformation. Instead of that, right away they start speaking, stirring about, reacting, doing this or that!

In fact, the immense majority of human beings feel they are living only when they waste their energy. Otherwise, it does not seem to them to be life.

Not to waste energy means to utilize it towards the ends for which it was given. If energy is given for the transformation, for the sublimation of the being, it must be used for that; if energy is given to restore something that has been disrupted in the body, it must be used for that.

Naturally, if a special work is given to someone along with the energy to do this work, it's very good as long as it is being used towards the end for which it was given.

But as soon as a man feels energetic, he immediately rushes into action. Or else, those who don't have the sense of doing something useful start gossiping. And still worse, those who have no control over themselves become intolerant and start arguing! If someone contradicts their will, they feel full of energy and they mistake that for a 'godlike wrath!' (the Mother, from Agenda July 21, 1958)

Reader: Talking in loud tone is also a sheer waste of energy, besides being annoying to others

Response: Yes, very true. We tell companies and people to reduce the loudness of their voice, as well as keeping words expressed to a minimum, which builds up positive energy that attracts positive conditions such as company near failure turning around to success, success, sudden influx of money from out of nowhere. etc.

Not Yet Titled

For me sadhana consists in loving the Divine more and more integrally, more and more absolutely, with a love so total that it leads to identification. (The Mother)

Thanks to RV

Response: "Identification" means being one with, no separation with something; here with the Divine. It is Mother coming into complete Identity with the Supreme.

Why Are We Here?

Here are several spirit-oriented explanations of why we are here:

-We are here because our psychic being, our evolving Soul has entered this body so it can continue on its multi-birth journey to Integral Knowledge and Consciousness through our personal experiences.

-We are here to realize our highest consciousness, and aid in the transformation of ourselves, as well as the world in the evolutionary process.

-The Divine created this universe out of itself, extended Itself, so that infinite forms like us can also become Creators of infinite possibility as well. We are here so each of us can create infinitely just like the Source, but each in our own unique way.

-We are here to express the spiritual attributes of Silence, Oneness, Truth, Knowledge, Goodness, Creativity, Love, Delight, Timelessness and Infinity in our life, which are the attributes of the Source consciousness Itself.

-There is a Transcendent Purpose and Intent that is fulfilled through unfoldings in the Universal plane, itself through the actions and experiences of Individuals who have discovered their true spiritual Individuality and Self

-We are here to reunite the Consciousness and Force which were separated in the Involutionary process on the way to creation.

-Others?

Not Yet Titled

The true Spiritual applied to life brings out the very best of the physical, vital, and mental.

Not Yet Titled

The inner-oriented individual takes responsibility for the conditions he finds himself in, while the outer-oriented person blames any number of perceived deficiencies of the world.

Reader: Dear uncle, could you explain with some example ? Pls. Uncle Mainly How do we differentiate or identify inner and outer oriented person?

Response: [Situation]

Response from Inner vs Outer individual

[I am currently poor.]

It is my fault and responsibility vs It's the world's fault.

[My project went wrong.]

I made foolish decisions. vs They botched it up.

[Spouse is agitated.]

I will be calm and not react vs Why do you act so crazy?

Reader: Mother's Grace Thanks Uncle Is it meaning as

'Let Thy will be done not my will'

Then We do our best and let us surrender to Mother be continue with calm to progress

Am I saying correctly?

Response: The more you consecrate life activities, situations, take other person's point of view, move to mental silence, etc. the more the center of consciousness moves deeper within, and the more you tend to embrace life conditions as yours - not others - to improve or resolve.

Not Yet Titled

Airports are gateways into other physical realities. Mother and Her Force is a gateway into other spiritual realities; actually all realities guided by Spirit.

Not Yet Titled

Stale, outworn habits tether us to the past, blocking our brighter future.

Not Yet Titled

The more you remain positive and cheerful, taking full responsibility in consciousness when another party has provided deficient resources under a contract agreement or such, unexpected new resources tend to suddenly present themselves.

Accelerating Inequality in America

75% of the wealth of US is shared by 30 million inhabitants. Remaining 300 million people share the other 25%. (And this trend is accelerating.) This is opposite of what the ratios were previously. This makes the country ripe for mass protest and insurrection.

Reader: This revolution is going to happen in India too but for different reasons because total absence of law enforcement. Big crime makers totally escape from punishment in this country.

Response: Perhaps.

Not Yet Titled

In India the revolution will come if the 600 million only making 30 rupees a day get fed up and organize in the street demanding improvement.

Reader: Already land is very scarce and building own house is a Himalayan task.

Response: Yes. India has four times the population and half the land of USA.

India is also in the process of urbanizing into big cities, which is a positive sign of being more aware, educated, and sophisticated.

Reader: With a positive spiritual background perhaps India stands on a different plane

Not Yet Titled

In the 1970s the Mother said communism and capitalism would come to an end. Communism ended and everyone was shocked. Not Mother. It is now capitalism's turn. That system almost ended in 2007 with the extreme financial crisis. Uncontrolled financial speculation and overwhelming wealth concentrated in the hands of a very few sets the stage. The change can happen peacefully, like the end of communism, or through insurrection like the French Revolution.

A Human-centered economics can be an important step on the way to the coming Spirit-oriented Age of Humanity. It can emerge peacefully, replacing capitalism, which is on the verge of teetering, with something great that can serve man.

Reader: I wish to know why not the present leaders try to correct the system there. As the saying goes "Where wealth accumulates men decay"

Response: Leaders do not know what to do. If the people revolt or the system implodes then the leaders (of both parties) will be compelled to stand up and take action. Even then, the leaders may not know what to do.

Not Yet Titled

The values of the world have to change. "Every man for himself" in a dog eat dog jungle environment that capitalism has become has to give way to collaboration.

Also the problem, (including its other various forms like high unemployment, stagnant wages, debt, et al) is really a Global problem. Only global collaboration through strong initiatives can fully save the system; or instead build a new, Human-based one. That's what my colleagues at MSS and their contacts are working on.

Reader: I think the present democratic system compels the leaders to 'adjust to everyone.'

To Be Titled

The truest expression comes out of an absolute Inner Silence. (Sri Aurobindo)

To Be Titled

A relatively small negative occurrence in one area will often indicate a much greater one to come in a different sphere. However, if we catch it, perceive the potential connection, remain still and consecrate the initial small negative, offering it to the Mother and Her Force, the much greater difficult circumstance will tend not to manifest.

To Be Titled

From out of Silence, from the Vision of a "Silent Witness" came the infinite universe. So too we can take to a still and silent heart and mind, enabling infinite abundance to manifest around us.

Focusing On Something Intensely Attracts More of It

When you intensely focus your thoughts on a matter, more of it comes streaming back to you, often in the form of unexpected new developments.

An instructor intensely discussed a media technology he had used for years with several of his students. He hadn't thought of the item in months; plus there had been little technological advances on it in a very long time. The next morning when he opened his favorite tech news site, he was astonished to see this little-reported technology as the lead story, and how it was about to take a huge technological advance for the user!

To Be Titled

One of the key qualities of a great leader is to stay positive in all aspects of his being: from the inner feelings of the heart to the outer visage on one's face.

Forgetting Problem Brings Solution

Often the best way to solve a problem is to forget about it. Then the answer comes. E.g. you have a pressing work issue involving calculations. You have tried hard to solve it, but without success. But then you put it aside. In fact, you forget it. The next morning when you awake, the answer is right there in the mind. You try it out and it works perfectly.

What has happened is that the subconscious has been working on resolving it on your behalf. Or another way of putting it is that because the mind has been stilled, it has become an empty vessel, allowing the intuition of the necessary knowledge to enter from the universal field in the period you have forgotten the matter.

This too can be considered one expression of the "life response," sudden good fortune phenomenon.

To Be Titled

When one opens to Mother and perceives Her Force operating in our daily lives, all the ordinary, fixed laws of life seem rather pale in comparison, as the supramental power overcomes any limits of nature, setting right all conditions in a thrice.

To Be Titled

When you go the extra mile for a party such as a client, other seemingly unrelated things that were moving slowly or were in limbo will suddenly move faster or unexpectedly get completed earlier than expected. It is the life response power of making the extra effort and self-givingness together in action.

Life Response Power of Perfection & Multi-Tasking

Life responds to perfection in a work. When there is the necessary intent, the goal envisioned, the work executed with emotion, skill, and right attitudes, we are well on the way to perfection. This is called "The Complete Act" by Sri Karmayogi.

However, perfection also requires one to measure all of the factors and develop a scale of perfection for each. When one reaches the upper ends of the scale for every factor in that work, perfection is near. Life responds overwhelmingly; even from the smallest work.

And yet when we try to do too many things at once, such as different activities at the same time, we tend to chase away perfection, as each thing never has the opportunity to mature into perfection. It is because we lose the necessary concentration to make original act perfect. Thus, life tends not to respond, as acts become diffused, releasing little energy that can attract corresponding good fortune from the field of life.

Perfection thus requires an all-intensive concentration to engage in a Complete Act in which all of the mitigating factors have reached the high-end of the scale. Now life responds overwhelmingly, as we have reached the supramental plane of perfect perfection.

Behind everything in life there is an Absolute, which that thing is seeking after in its own way; everything finite is striving to express an infinite which it feels to be its real truth. (Sri Aurobindo)

Further comment: This is such a profound statement about the nature of existence and its ultimate purpose and potential.

To Be Titled

Sri Aurobindo asks us to live in the ever-Present, where we have access to the necessary information and energy from past, present, and future in the Eternal Now. By living in the depths of the True Self, the evolving soul within, we have access to this extraordinary time-embracing experience and power.

Non-Reaction to Newspaper Article Contents Attracts

If you refrain from reacting to another individual's obviously uniformed and distorted viewpoint, you often discover a short time after that this individual comes around and expresses changed views that are much more in accordance with your own.

Eg a newspaper journalist had consistently shown bias against a certain region of the state and country in his articles. A reader of the online paper read the obviously incorrect assertions in the article, but was able to keep his emotions intact and also avoided responding with a comment. He just smiled and moved on to other matters.

Several weeks later that same author presented a new article where he greatly admired that very same region he had earlier disparaged. By being still in the heart and mind, the reader attracted the author coming around to his point of view. It is the Life Response power of "Non-reaction" in action.

To Be Titled

Fear has its roots in undivine forces, so we must do everything we can to prevent its occurrence, enabling the further descent of the divine in our lives. Going within and discovering a deeper center, stilling the heart, and having faith in the Higher Power/the Mother are essential counterbalances to fear.

To Be Titled

What keeps life fascinating is the constant creativity of the soul. (Deepak Chopra)

Further comment: When we move our consciousness to the deepest parts within, culminating in the True Self and Soul, the Psychic Being, the doors open to infinite inspiration and creativity. Constant consecration, opening to the supramental force, to the Mother will bring us there, unleashing a torrent of imagined possibility.

To Be Titled

90% of what I personally report in this forum has their roots in the principles of Sri Karmayogi or variations thereof.

To Be Titled

Surrender to what is. Say 'yes' to life—and see how life suddenly starts working for you rather than against you. (Eckhart Tolle)

Further comment: If you continually accept what life is putting before you, -- instead of being aloof from it, or rejecting it, or wanting something else, or in general being unwilling to embrace it -- good fortune will be your never-ending companion, catapulting you to the stars. This has been the very real, and quite startling and dramatic experience of those who have followed this subtle yet power principle of life.

To Be Titled

The supramental by its very definition is the Truth - Consciousness, Truth in possession of itself and fulfilling itself by its own power. (Sri Aurobindo)

Further comment: The Supramental, which is the Force we open to when we self-offer circumstance to Mother is not just the integral knowledge, the full Truth of that thing or matter or condition, but it is also the power of it to manifest itself as real in the world - doing so suddenly, unexpectedly, integrally, magnificently, perfectly.

To Be Titled

Another person's uncommunicated hostility and anger can be experienced as a sudden deep fear in one's self in regard to a related area.

To Be Titled

When a sincere Mother devotee gives the required minimum attention to a problem -- such as a non-functioning machine -- that entity tends to quickly "self-heal."

To Be Titled

A positive opening that can take one to another plane of accomplishment, consciousness, etc. is often opposed by a suddenly-rising external force or party.

To Be Titled

We are vulnerable to the ill-will of others at certain points in our being based on the situations we currently find ourselves in.

To Be Titled

There are fanatic Muslim fundamentalists in Pakistan because there are fanatic Hindu ones in India. And vice versa. Life is a mirror of our attitudes and beliefs. It is the law of Inner-Outer correspondence in action.

To Be Titled

Mother and Her supramental Force ended the Cold War. Various devotees collaborated in that process.

To Be Titled

Supramental (i.e. Truth) consciousness is one level higher than Overmental. Supramental -- Unity consciousness -- created the universe and is the Force we open to through Mother's that sets right all life conditions. Overmental is universal consciousness of Krishna and the Gods that is also great, but has the first signs of division and duality. (This God is unaware of another's power and purpose.) In Supermind all is integrally known about a matter or thing, with an added power for its tendency to manifest as real in the world. Sri Aurobindo and Mother embraced Overmind, but then sought to go beyond it, which is what they discovered in Supermind, which they brought down into the earth's atmosphere for all of us to access and thereby evoke its miraculous power.

To Be Titled

When we are of a higher consciousness and realize we don't have time to do a work and consciously put it aside, often to our amazement someone out of the blue will step forward and do it for us.

To Be Titled

In addition to any obvious ones, there are always subtle signs presenting themselves of what should take priority in our work and activities. Following those signs will always lead to great success.

To Be Titled

When life continuously comes to you with good fortune, providing wonders from all sides, when you hardly have a chance to think, then you know you are on the supramental path.

To Be Titled

As you rise in consciousness, your choices, view of things, and such are increasingly borne out by future events.

To Be Titled

"Romantic love endeavours to please the other on the other's terms, not on our terms."

Further comment: True Love is only giving; expecting nothing in return.

To Be Titled

The yogi moves life from within, not from the outside.

To Be Titled

90% of the problems of the world can be solved collectively; by working together. But Man insists on solving things locally, alone; in isolation. It cannot be solved that way as the individual problems are too big for any country to resolve; as the issues span many if not all nations. The evolution of the world requires this decisive step of global cooperation and collaboration.

For this to happen, each nation needs to give up its Ego to begin the cooperative process. Sri Aurobindo says all problems in life are problems of harmony (not of resources, or capacity, and the like). Harmony between the nations to work collectively to solve all of the political, economic, and social problems is the great global step that awaits us in the evolution of humanity.

To Be Titled

Life is continually attempting to penetrate the chinks in our physical, vital, and mental armor, which we experience as challenges and problems at that level. It is Nature's (Prakriti's) slow and difficult method of progress. And yet, if we are conscious in our being, we can identify the chinks within ourselves and change them before difficulties arise, or consecrate them when they do come to fruition so they fully disappear. This is the way of progress through Spirit or Soul (Purusha).

To Be Titled

Only Mother and Her Force can expedite a complex situation, resolving it into simplicity and perfection.

To Be Titled

True Love is only giving; expecting nothing in return.

Conception -- Perception -- Realization

For most, these inspirational thoughts are mostly at the level of conception; i.e. they are simply inspiring ideas. A level up is Perception of the idea through real life experiences of the inspiration. E.g. you have had several real life experiences in which you have evoked a life response in this area. Realization is a further and ultimate stage. It is the spontaneous expression of one's being of a principle in our moment to moment lives. There we have fully embodied it in our nature, as it is second nature to express this inner or outer behavior. The idea has now manifest fully as real. Thus Conception -- Perception -- Realization is the scale of fully realizing a given idea or truth in life.

To Be Titled

Global cooperation requires not only harmony of purpose but a deep knowledge of the areas under consideration from a variety of points of view, so the best solutions can be devised and implemented. The world thus needs integral approaches for solving so many global problems like unemployment, lack of skills, poor education, stagnant wages, poverty, debt, disease, terrorism, weapons proliferation, environmental degradation, etc. etc. Integral solutions would need to be devised for each area that spans the globe. Single nations cannot develop them on their own as it is too overwhelming for them to solve by themselves. The earth is one body, and requires the involvement of all the parties in taking the society forward. This -- collaboration and integral solution blossoming into human unity -- was Sri Aurobindo's dream; a necessary stage he envisioned for the further evolution of humanity.

To Be Titled

Idealism alone cannot bring about the solutions to life challenges and problems. One must also be aware of the practical realities on the ground. The integration of the two will powerfully move life forward.

To Be Titled

Life response is occurring more frequently, actually accelerating, not only because people are more conscious, are increasingly overcoming negative attitudes, are more often consecrating events, etc. -- i.e. a movement of "Ascent" -- but because the supramental power (Mother's Force) itself is densifying in the atmosphere in an ever-increasing Descent.

To Be Titled

When people get personally abusive in their conversation, such as in an online dialogue, their argument no matter how true will tend to lose its validity and power.

Reader: Can you explain further sir.

Response: When someone is argumentative, the idea he is trying to get across will tend not to persuade others as it is clouded over by emotion. Also life does not respond positively to it. In fact, negative response, conditions are likely to follow.

To Be Titled

Irritation and impatience often go together. Patience rooted in inner serenity can be a powerful antidote.

Reader: In one of karmayogi Appa's writing, he mentions "Irritation is incompetency". Recollected

Response: Yes, irritation is often due to one's incapacity or incompetency. One does not know what to do, or is powerless, or is lacking in the necessary knowledge, or is disappointed, or is outraged by others' behavior and cannot do anything about it, etc.

Perfection In Work

Life responds overwhelmingly to perfection in a work. When there is the necessary intention, the goal envisioned, the work executed with emotion, skill, and right attitudes, we are well on the way to perfection. This is called "The Complete Act" by Sri Karmayogi. Good fortune is almost certain to follow. This can be said to be the vertical view.

Perfection also requires one to measure all of the mitigating factors and develop a scale of perfection for each. This is the horizontal view. When one reaches the upper ends of the scale for each success factor in the work, perfection is near. Life can respond overwhelmingly; even from the smallest work. It is because Perfection energizes the supramental plane (Mother's Force), which is the Truth consciousness, where all things are perfectly blended.

To Be Titled

Aspiration for perfection in one's daily life can be fulfilled by reviewing, correcting, consecrating every negative movement one has made in the course of the day. The life response reward will be in proportion to the depth of our sincerity and feelings.

To Be Titled

When we try to do too many things at once, different activities at the same time, we tend to chase away perfection, as the original act never has the opportunity to reach its full potential. By multi-tasking, we lose the necessary concentration to make the act perfect. It becomes diffused and as a result releases little of the energy that attracts good or great fortune.

To Be Titled

Irritation turns to anger when raw emotions and feelings get the best of us. It is the loss of the mental component, substituting uncontrolled vital sensation.

To Be Titled

An individual with a deep-seated consciousness will tend to perceive irritation when it arises and therefore have the wherewithal to control it. Positive conditions will likely follow.

To Be Titled

Subconscious ill-will can cause one to make misstatements or otherwise engage in errors related to that party.

Example: A highly respected technology commentator and media personality had harbored a long term grudge against a major tech company for not inviting him to their major rollout events. Though he continued to use their products and admired the technology involved, over a period of time he made a number of predictions about the company that turned out to be absolutely false. Being a good and self-reflective man, he even professed shame about his mis-statements on the air. Because he harbored subconscious ill-will toward the company, he developed negative urges that took shape in the form of wrong predications about that firm. Had he been more conscious of his ill-will and shed it, life would not have presented him with the opportunities to make his erroneous assertions.

To Be Titled

If you intensely express a negative attitude or feeling, it is likely that soon after one or more small or significant things will go wrong.

Eg in *Pride and Prejudice* Eliza Bennett is bitterly disappointed that Mr. Wickham has not come to the party, as he is someone she has a crush on. As a result everything after at the gathering goes wrong for her. Her sister's miserable playing and singling becomes unbearable for those gathered, Mr. Collins her cousin acts foolishly in front of important people, and others. The evening thus becomes a complete disaster for Eliza. Had she calmed herself and held in check her feelings of disappointment, many of these things could have been avoided. Her uncontrolled vital attitude of anguish had unloosed these negative events.

In another case a woman was jealous that her rival won a cherished prize at a Christmas party for her company. Not two minutes after, she learned of some disturbing news about her son.

To Be Titled

The deeper you go within, culminating in your True Self and Soul, the less likely you are to engage in separative ego movements, and the more likely you are to experience unity and mutuality with others.

To Be Titled

Often a particular event will suddenly trigger the simultaneous occurrences of related circumstance.

Eg someone makes a request of you to use your presentation, and suddenly thoughts come pouring into one's mind about another presentation due, or one notices an error on one's website on that very topic that you now thankfully have the opportunity to correct, or one receives an unexpected call on this matter from another person whom you haven't heard from in years, etc. It as if the first circumstance came not only to fulfill a request but to get your attention about the others. It's a subtle working of life.

To Be Titled

Every societal disaster when taken in the right spirit offers the opportunity to improve the conditions of the world.

Through Intuition Comes New Knowledge

Kant observed, "All human knowledge begins with intuitions, proceeds from thence to concepts, and ends with ideas." Einstein stated it this way: "The intellect has little to do on the road to discovery. There comes a leap in consciousness, call it intuition or what you will, and the solution comes to you and you don't know why or how." (Garry Jacobs & others, Cadmus Journal)

Further comment: Intuition is to garner a knowledge of or a solution for something without having to think about it. It just appears in the mind complete. Einstein and Ramanujan had occasional intimations of it. For Sri Aurobindo it was His modus operandi of garnering wisdom and perceiving the truths of life.

We can develop the intuitive capacity by regular consecration, self-offering to the Mother which deepens the consciousness that in turns opens the mind to the higher, spiritual planes of mind, including intuition.

To Be Titled

As global problems accelerate beyond the bounds of a single entity, the need for nations, regions, continents to increasingly and seriously cooperate looms.

To Be Titled

When you remove your mind from a stressful situation, life quickly begins to work in your favor.

To Be Titled

The Creator wishes each of us to become ultimate creators, thereby fulfilling His mission in Creation.

To Be Titled

Accepting everything that comes our way is to be one with the Reality.

To Be Titled

When a Mother devotee refrains from engaging the mind, the Grace tends to descend into his life.

To Be Titled

There are no final, absolute outcomes in life. There is only change.

To Be Titled

As we see, we devotees and others are engaged in what Sri Aurobindo calls an "Adventure in Consciousness." We are so very lucky to be taking an active part in that evolutionary movement.

To Be Titled

Key to success in a pressurized situation is practicing detachment of thoughts and emotions; i.e. cultivating a silent mind and a calm heart. As a result, life will now tend to work out smoothly in your favor.

To Be Titled

In fact, from the depths within, our natural state is to continually feel harmony with others and with life, so there is far less chance our separative consciousness in the form of ego, anger, fear, etc. will occur.

Yoga (conscious evolution) is the process of developing our deepest poise (of the Soul) so that none of the wanting qualities of human nature present themselves. Taking to Sri Karmayogi's methods of the devotee listed above is an interim step, which will ordinarily be enormously effective.

To Be Titled

Cast aside any adversarial feelings towards others in your being. Offer them to Mother so they never return.

Consciousness Approach to Anger

Anger is a primal reaction and can only be controlled by an equally powerful force of self-control. It is like an explosion of bright light that envelops you and takes control of your being. There is little power we ordinarily have to gain the upper hand. Only a re-orientation of the nature can bring about the power to control an outburst when it occurs.

So perhaps the more important question is not be so much how to control anger when it arises but how to prevent it from arising in the first place.

For devotees, if one is constantly opening to the Mother and Her Force, continually taking the other person's point of view no matter what, and practicing non-reaction to people's intensities, then anger will occur far less often.

Over time, taking to these methods has the effect of deepening the poise, and therefore one is far less reactive, or if one does react and takes to anger, irritability, and the like, then one is able to recognize it as it arises and handle it better.

In fact, from the depths within, our natural state is to continually feel harmony with others and with life, so there is far less chance our separative consciousness in the form of ego, anger, fear, etc. will occur.

Yoga (conscious evolution) is the process of developing our deepest poise (of the Soul) so that none of the wanting qualities of human nature present themselves. Taking to Sri Karmayogi's methods of the devotee listed above is an interim step, which will ordinarily be enormously effective.

To Be Titled

When you accept all possibilities, including those things that are counter to your interests, life returns the favor and gives you what you really want.

To Be Titled

I continue to engage in experiments in changing the outcome of real time events in society from within, with a handful of dramatic successes. The key is to bring to bear the right behavior of consciousness for that particular changing situation. E.g. recently the acceptance of any possible outcome as well as silencing all thoughts have proven to be two powerful levers, especially when working in tandem.

To Be Titled

A surface view of a situation often leads to a surface opinion about it that is invariably riddled with error.

Overcoming Computer Problem through Spirit

(reader) "I was struggling with our PC at Mirra for the past 30 min, and it could not be started at all. I tried all possibilities using the recovery procedures with my little knowledge, but it was in vain.... I then tried calling our PC Technician but his line was busy and never returned my call... My stupid brain never commanded me to call the Spirit, the Divine Mother.

Just a few minutes ago I realized that core spiritual method, and called Mother by closing my eyes and chanted the mantra "If this she....." I recited the mantra about 5 times. When I then opened my eyes, I saw the PC with Mother looking at me in the Desktop background which was now reset!"

To Be Titled

A combination of each member expressing true individuality in their work and each losing themselves in the needs of the team evokes great fortune for the organization.

The Individual and the Collective

The individual and the collective evolve in tandem. The collective imparts its acquired capacities to its members. The emerging individual acts as a catalyst to spur further development of the collective.

(from abstract of article 'The Conscious Individual' by N. Asokan of MSS; slight paraphrase)

Further comment: Eg Steve Jobs is born into a solid middle class environment in America, where he can explore the possibilities of developing a personal computer for the masses. He does so at Apple, is very successful, and the computer revolution is born. It takes a further step with the smartphones, et al. which he also spurs. The society gave him the opportunity to create, he used his genius to develop something of great utility, which in turn helped spur the further development of the society/collective (through use of the technological tools he spawned).

To Be Titled

Americans do not seem to have any substantive knowledge about the culture, events, and goings on in India; and vice versa. It is as if the nations exist in separate universes. Bridging the gap and turning the contradictions between the two into complementarities will be a fascinating thing to observe in the coming decades. I believe the further progress of humanity depends on it.

To Be Titled

As an organization, business, association, sports team, etc. goes through great adversity yet is able to rise to the top, it has acquired a profound life knowledge which it can far more easily apply in future iterations involving similar conditions. It now garners a knowledge that others do not have, unless they take the time to closely observe and practice the unique capacities that the first org has passed through and realized. We can see this as one process that society goes through in its development. Education then becomes one way to internalize the new knowledge for all.

Garry Jacobs responds: I fully agree with your perception. Everyone fails. Not everyone learns from their experience. Learning from experience is the essence of wisdom and high accomplishment. Much of this learning can be institutionalized and passed on to future generations.

Reader: Learning through experience is the key.

Response: Yes. And learning through others' experience (education) makes that much easier.

Reader: Learning through others experience gets benefits for us and saves us from sustaining wounds in the learning process.

Response: Yes, very true. It relates to why Karmayogi is fond of saying that "education is the yoga of the collective;" that passes on wisdom to the recipient, facilitating progress. That includes the subtle, inner powers that lead one to success, which awaits education in future.

To Be Titled

Virtually all physical illnesses have psychological causes. Mother says it is 95%. Therefore if we discover the psychological limitations of our being -- in terms of poor attitudes, habits, beliefs, etc. -- and reverse it, the body will quickly heal itself.

Garry Jacobs Speaking At Oxford on Global Education

World University Consortium was invited to present its vision of the future of global higher education to an international assembly of university leaders at the Oxford Summit of Leaders in Oxford, UK on October 13-14, 2014. In his address, Garry Jacobs (CEO, World Academy of Art and Science & World University Consortium) highlighted the need for a new paradigm in higher education to address the multidimensional global challenges and the unprecedented intellectual, economic, social, technological and organization capacities now available to humanity. New paradigms in knowledge are achieved by unifying phenomenon that were previously considered separate and independent, as Maxwell unified

electricity and magnetism and Einstein unified matter and energy. There is urgent need for leadership in thought and action to bridge the gulf between the university and the society, to unifying teaching with active learning, and the unifying theory in the social sciences with the realities of social life. Jacobs called for revolutionary ideas commensurate with the revolutionary social forces now acting to shape the future of education. Leadership in education is needed to provide educational leadership to society.

Synchronicity of Thought

When multiple parties in separate places scattered long distant apart have the same thought or express the same idea without anything obvious connecting them materially or otherwise, it is an indication that knowledge traverses the plane of Mind and those individuals have tuned into it through their common interests. Or we can say that due to a certain densification that particular knowledge presses down from the plane of Mind causing several parties to experience it simultaneously. This is sometimes referred to as synchronicity or parallelism, which is one expression of the phenomenon of Life Response in action.

Further comment: It is interesting to note that Sri Aurobindo's first great spiritual experience was to fully realize that all thoughts come from the outside, not inside, which led to utter stillness in His mind that lasted the remainder of His life.

To Be Titled

Subconscious disdain of another party instigates surface errors and mistakes in relation to them on our part.

Reader: Exactly. Mutual deeper understanding or rather accepting the existence of others is a wiser approach. Most of us try to eliminate others or those we do not like from our world but the soul flowers because of them is not understood. If we note many degrees and elevation in status got that kick from those who pricked our ego and not those who fanned us. Maturity of mind comes with age or education. But more with understanding our own life experiences.

Response: Very true and eloquent.

To Be Titled

Irritation is impatient helplessness.

To Be Titled

Sri Aurobindo's first great spiritual experience was to fully realize that all thoughts come from the outside, not inside, which led to the utter stillness in His mind that lasted the remainder of His life.

Further comment: He imparted that Silence on Mother in one minute on the day they first met when She sat at his feet.

The Essence of Diwali

The celebration of Diwali as the "victory of good over evil" refers to the light of higher knowledge dispelling all ignorance, the ignorance that masks one's true nature; not as the body, but as the spirit immanent within us, and the infinite, transcendent reality that encompasses all things.

With this awakening comes compassion and the awareness of the oneness of ourselves with others and the world.

Diwali is thus the celebration of this Inner Light over darkness, knowledge over ignorance, right over wrong, good over evil, harmony over ego, spiritual self over surface being, joy over suffering.

(with some help from Wikipedia)

To Be Titled

The mind must become silent in order to let the Supramental Consciousness take its place. (the Mother)

Comment: Yes, the silence not only allows the supramental Force to bring us the necessary integral Knowledge and understanding of anything or any situation, but it alter conditions of the world around

us for our and others' benefit. When the thoughts are out of the way this dual dynamic of supermind has a clear pathway to unfold. It is one of the keys to successfully navigating conscious evolution/integral yoga for ourselves and the world.

To Be Titled

Most of us try to eliminate those we do not like from our world. However, we do not understand that the soul flowers BECAUSE of them. We should realize that many degrees and elevation in status we received came from those who pricked our ego, and not those who fanned it. (DK)

Reader: Actually we grow as better persons by the criticisms of others.

Response: Yes, very true; if we adhere to their criticisms. We also grow through the long-term goodwill and support of others.

Further comment: D's original post above, which I have paraphrased, is magnificent.

To Be Titled

In 95% of the repeating acts we engage in we take the same basic approach as before ad infinitum back in time. Do we ever stop to pause and consider executing a repetitive act in a fresh, new way, thereby releasing positive energy that attracts good fortune from life? Let's be more conscious during our day, and pause to reflect on how we can perform the next upcoming repeating act better -- perhaps with a new approach, or with a better or deeper understanding, or with more enthusiasm, or with greater dexterity and skill. The process and the likely life response/sudden good fortune outcome will be revealing!

Reader: Thank u sir. Reading the technique itself gives joy. Will implement during the day

To Be Titled

If you don't insist, to the point of even forgetting the matter, others tend to quickly come around to your point of view.

Further comment: It's a form of "Silent Will."

Startling Predecessor-Successor Life Dynamic

Everything we observe is a sign of what is to come even though we see no obvious correlation. However, we can learn to examine a current significant event and look back on how it was presaged by an earlier seemingly insignificant act. Likewise, we can look at a small thing occurring now and have a sense of something significant to come; even anticipate precisely what that will be. Either way, when our consciousness has risen to a certain level, we are not surprised by this correlation between a predecessor and successor event; through we are likely to still be amazed.

Example: On a video podcast technology show in which the guests were discussing various aspects of the scene I was struck by how all of the members were using Apple laptop computers. After all, the industry is dominated by windows PCs. Moreover each Mac laptop was shining silvery, with the Apple logo prominent, which caused me to feel that there was something significant going on. Later in the day, Apple announced its highest sales yet in its last quarter, including a very unexpected boom in Macintosh laptop sales. This was highly significant when you consider that the PC industry had been floundering or barely growing in sales over the last few years. Now in the news the reporters were describing an unexpected boom in Macs for the last quarter.

It was clear that earlier podcast of the reporters and their silvery Mac laptops all in a row with the prominent logo shining presaged the boom in Mac sales that was to be reported later in the day. This phenomenon of events foreshadowing larger events is occurring all of the time, in every single act in the universe; without exception. It is a startling concept that has been brought to the attention of the world by seer and sage Sri Karmayogi.

Reader: Perfection in work, Silent will and Silence collaborating for world change if not inner change attracts responses in advances. Are they indicators or actual results ? Say one morning I saw a particular model car moving in the road. Myself and my daughter started counting and within 10 minutes we counted at least 23 .That was last year.

May be matter 's victory over spiritual mind. Now it may be different. Anyhow spiritual mind should always see things in good view is Appa's constant guidance. May be we see more victory in the world of matter through spiritual mind .

Response: "Perfection in work ,Silent will and Silence collaborating for world change if not inner change attracts responses in advances. Are they indicators or actual results ?" Utilizing these methods we become conscious creators; a step above normal means of Nature where there is non-conscious means of engaging the predecessor/successor dynamic. With these spiritual methods the practitioner is consciously looking forward to create a result. Through their act they envision and create the future, and when that future arrives that person can see the effect, and the cause. These methods are therefore conscious predecessors of outcomes that are successors. But being conscious of it at all points, it all melts together; intention and result; predecessor/successor, subject and object. The main difference is that it is consciously initiated (i.e. Soul/Purusha), not waiting on Nature (Prakriti)'s slow and difficult method.

To Be Titled

When you give up a particular resistance or reluctance in your being, Life does the same for you, quickly working on your behalf.

Eg each time Apple gave up a resistance to offer certain products, it triggered a sudden, unexpected, and overwhelming boom in their business. The same dynamic holds true for the individual. Where then are our resistances? Shedding them can go a long way in determining whether or not we will truly be successful in our lives.

To Be Titled

Not being discouraged by bad news, error, forgetfulness, delay, etc. will quickly attract good fortune.

To Be Titled

Indians in the Unites States are earning more than any other ethnic group in the country; over \$67,000 (4,098,725 rupees) per year.

So in essence emigrants and their family from the poorest county in the world (India) in terms of total population are earning the most of any ethnic/racial group in the richest country in the world (US)! It is an astonishing development, indicating the enormous subconscious aspiration for prosperity among the people of India.

To Be Titled

When your have an intense aspiration to make something complex simpler or something long-term occur sooner, or both, life quickly affords you an opportunity to do so.

To Be Titled

If you overcome your reluctance and do what another requests, you may not take pleasure from that particular activity, but other conditions will quickly arise that WILL provide enjoyment. Then you will see the benefit of the entire engagement, including the importance of acceding to the other person's original request.

Heeding another's point of view will always attract benefit to you in its wake, no matter what their position. The act of accepting has more life response power than the contents.

To Be Titled

It is astonishing that an Indian is now running Microsoft, and another Indian is second in command at Google, and could become its leader soon. That is, 2 of the 3 biggest tech companies in the world are being driven by Indians at the very top. It is also astonishing that over 1/3rd of the companies in Silicon Valley were founded by Indians. Many of these founders and their families and compatriots then went back to India and formed powerful new tech companies there.

If Indians in India can overcome their dishonest and slothful ways, become entrepreneurial and truly individualistic instead of following the herd, there is nothing India cannot achieve. Moreover, if they can utilize the unique psychological and spiritual endowments they are blessed with and apply it to the field of business and other work, they can become the richest country on earth within 50 years. This has been Sri Karmayogi's powerful and profound message to the Indian nation.

If as Sri Karmayogi anticipated 40 years ago that India could bring 500 million into the middle class in less than 40 years, then the country can quickly bring the remainder of the nation forward, including the 700 million poor. If Indians can learn and apply the outer and inner ways to success, they can achieve anything their hearts desire in a very short period of time. Then they can take their rightful place as Guru of the world and through its spiritual wisdom guide the earth forward.

Further comment: Here is sage and seer Sri Karmayogi's free book 'Spiritual Opulence' on the means by which Indians can become infinitely successful.

Beyond The Gods to Mother and Her Power

Mother has asked followers to refrain from worshiping Gods and instead surrender to the Supramental power which has descended into the earth's atmosphere and has vast power to change the conditions of life when opened to.

As she explained in Agenda, Mother worked with several Gods to convince them to surrender to the Divine Mother and Her Supramental power. They would appear before Mother in full view and She would explain how the Supramental plane and force was superior to the Overmental plane of the Gods, where each God, moving along a single line of thought and focus was invariably at odds with the knowledge and power of the others. It is therefore where Ego and Ignorance begin to emerge in the cosmos. Though Overmind (of Krishna and the various Gods) represent the universal consciousness, where all can be known, where the Spirit can be experienced in a thrice, the Supramental power is also a UNITY consciousness, where all forces, powers and knowledges are integrally Unified in an ultimate plane of existence. In addition, the supramental Power has a great tendency to manifest the knowledge it apprehends as real results in the world. Thus it has vast capacity to bring about rapid progress for the individual and the world, thereby furthering the Evolution.

We should also keep in mind that Supermind is the creative power that enabled a universe to emerge from a Divine Source, and yet is also now available to each of us at any moment in our own lives. Many devotees have frequently witnessed astonishing results and miracles take place in their lives by opening to Mother and Her Supramental Power.

Reader: Above the mind there are several levels of conscious being, among which the really divine world is what Sri Aurobindo has called the Supermind, the world of the Truth. But in between is what he has distinguished as the Overmind, the world of the cosmic Gods. Now it is this Overmind that has up to the present governed the world: it is the highest that man has been able to attain in illumined consciousness. It has been taken for the Supreme Divine and all those who have reached it have never for a moment doubted that they have touched the true Spirit. For, its splendours are so great to the ordinary human consciousness that it is absolutely dazzled into believing that here at last is the crowning reality. And yet the fact is that the Overmind is far below the True Divine. It is not the authentic home of the Truth. It is only the domain of the formateurs, all those creative powers and deities to whom men have bowed down since the beginning of history. And the reason why the true Divine has not manifested and transformed the earth-nature is precisely that Overmind has been mistaken for the Supemind. The cosmic Gods do not wholly live in Truth-Consciousness: they are only in touch with it and represent, each of them, an aspect of its glories. For, in the Overmind there is already the play of possibilities which makes the beginning of this lower triple world of Mind, Life and Matter in which we have our existence. And whenever there is play and not the spontaneous and infallible working of the innate Truth of the Spirit, there is the seed of distortion and ignorance. The Overmind, therefore, does not and cannot possess the power to transform humanity into divine nature. For that, the Supramental is the sole effective agent '. (The Mother from Questions and Answers 1929-1931, p. 173)

Those who still believe in Gods can certainly continue to worship them if they feel like it - but they must know that this creed and this worship has nothing to do with the teaching of Sri Aurobindo and no connection whatever with the Supramental Realisation' (The Mother 1964. - from The Words of Mother - vol 3 - p. 13)

To Be Titled

Give in and fully accept the other person's point of view on the small stuff, and life will reward you aplenty with the big stuff.

The New Backup Program (The Force Knows the Future)

Mother, the Supramental Force always knows the arc of our future, and therefore we should trust in it when transitions are demanded of us in life, even forced on us.

I had an online computer backup program that I used for many years. It worked quite well. Then one day it began to falter somewhat; plus there were issues concerning its price. Thus somewhat reluctantly I was forced to adopt another program. I had no choice. I consecrated the matter to the Mother, and let it go as it may.

As it turned out, the new program worked quite well. But what was most interesting to me was the fact that whereas the backed up files of the old program had become a bit of a mess, the new program cleaned that up perfectly in its own backup. Though I had been grappling about other matters when the transition between the two programs was forced on me -- the fact that the older program was having troubles working problem, price issues, etc. -- Mother, the supramental Force knew that the transition was necessary to derive a more perfect backup. She had looked into the depth of the matter and through Her Force compelled a change whose benefit I would only understand in full once the transition was complete.

To Be Titled

There is no use dwelling on the past unless it can uplift your future.

To Be Titled

If in your heart and mind you accept the possibility of any and all outcomes for the current situation, including those that might not seem favorable, you dramatically increase the chance of attracting the outcome you desire.

To Be Titled

Complaining replaced by reasoned argument has greater life power to persuade, and therefore leads to action that achieves. Non-Reaction and Silent Will are spiritual approaches that have even greater life response power in such situations, as the results unfold miraculous-like through the action of the Force.

To Be Titled

Before offering an opinion, consider if it is the right time and occasion to do so. Also ruminate on the truth-value and consequences of verbalizing the remark.

To Be Titled

In a situation where you want a favorable result, withdrawing attachment to it, or forgetting about it completely can quickly attract its achievement.

To Be Titled

When man refuses to ask, life gives him what he needs more copiously. (Sri Karmayogi)

Comment: It is a form of "Silent Will." Actually it is more than that, as the inner desire for any outcome dissolves, opening the door for life to rush in copiously. Eg don't ask the boss for a raise. Don't even silently will it. Instead eliminate all wanting. Life will reward you on its terms and your consciousness of deservedness. The book 'The Secret' says Ask and the universe will respond. Better still is NOT to ask and Life will give to you abundantly.

The book 'The Secret' says Ask and the universe will respond. Better still is NOT to ask and Life will give to you abundantly.

Reader : Roy Posner sir, Sometime getting afraid that if we don't ask , our wish is not get fulfilled.

Also how aspiration differ from asking. For me asking is also a part of aspiration which is expressed thru words or thinking or feeling

Response: Aspiration is the intensity of what we want to achieve. The focus on the deep value behind it is what really counts. Holding true to it attracts. Offering it with Thy Will Be Done is not quite asking, but offering. Holding back asking the universe intensifies the aspiration, which it more readily responds to.

To Be Titled

We learn in hindsight. Mother acts through foresight. If we open to Her and seriously develop our consciousness, we can have that same future-knowing and realizing capacity.

To Be Titled

When you emotionally accept a negative situation - where there is no inner stirring of feeling or bother - conditions tend to quickly reverse themselves.

Life Response Power of Generosity

Acts of true generosity have the capacity to attract extraordinary positive conditions from life.

-One woman loaned a desperate boy a small amount of money and shortly after her long-lost beloved brother of 40 years suddenly appeared at her doorstep.

-A young golfer won a major tournament and offered his winnings to his loyal caddy, and suddenly attracted his estranged father who now for the first time in his life accepted the boy's profession and career.

-A women who wrote on culinary matters selflessly allowed her co-writers to be listed before her on the cover of their new book, and soon after she rose to become the most famous culinary figure in the world, while the others were forgotten.

To Be Titled

Has the center of the world now shifted to Asia as a number of pundits have suggested?

Reader: It could be as no interesting news can come from already developed nations And hence it is turned to emerging economies such as India.

Response: Yes, that's true. And perhaps the Euro-US culture has run its course in terms of higher values. Asia has buried psychological and spiritual values that are reemerging in a modern context. Sri Aurobindo said the rise and re-awakening of Asia is key to the further development of human unity and the gradual emergence of a spiritual age. Naturally India emerging out of poverty and her reunification with her neighbors in some forms are several of His other aspirations for that to come about.

To Be Titled

Evolution - from energy to matter to life to mind to spirit - is the Divine's Plan. Involution - from spirit to cosmic mind to energy to matter, also Its Plan - preceded it.

To Be Titled

"Westerners always think they have to fill that awkward pause, but things left unsaid can have more value than what is spoken." (paraphrase of BBC site)

Further comment: Americans cannot be still for 15 minutes. They always have to be doing something. Their outer, physical-oriented consciousness is intimidated by the silence. It's what enables them to achieve greatly, but at the expense of a balanced life.

Reader: Perhaps they have lot of energy and comparatively free from mental burden unlike here.

Response: Yes. Enormous physical and vital energy. Very surface, material, empirical. They think through what they see; the visual. That stimulates their minds. There is little use of the mind to engage in inner contemplation.

A few are psychological; especially when highly educated. Americans mainly think to achieve; not to garner deeper truths. Thus they don't contemplate the next set of deeper human values required to lead the world forward. However, that COULD change.

Americans are very stressed because they live too much on the surface. Life out of balance. Karmayogi says they "think with their bodies" meaning the sense inputs of visual and auditory dominate their thinking and actions. They need to develop higher values and take to silence and spirit.

Reader: As their higher standard of life is the cause for generation of excess energy it should be directed to physical activities rather than mental activities.

Response: Yes, and toward spiritual "non-activities." - ie mental silence and other inner movements that will enable balance in their lives. This will give them vast power to help evolve the world out of its limitations, and then perhaps they can resume their position as Leader of the world.

To Be Titled

RK: Thank you Very much Mr. Roy for your following comments: I had my own confusion on my angle but you are apt to the point.

Comments by Mr. Roy Posner for my previous post / status:

Yes, Sri Aurobindo, different from the tradition, emphasizes that the evolution occurs through the Mind. Ie from sense to human reason to true reason to absence of thought to spiritual mind, where the spiritual light and supermind descend and transform the other parts - eg lower vital to the higher consciousness of the heart.

So yes, even in taking to higher attitudes, values, it can be for selfish reasons. But as we see the true truth through this evolution through Mind, we can increasingly see into our ego, control it, cast it aside, all the while getting closer to a True Motive.

In the process we go deeper and deeper until we reach the psychic where the Motive is pure. Now the true Self existent benefit comes when we call to Her.

Thus, it's a great journey - for us individually, humanity - from sense/surface to planes of mind to evoking infinite, pure Ishwara-power from the Psychic.

To Be Titled

Try to not to outwardly ask for what you want. Be silent and see if that entity moves toward you. That is the inner method of "Silent Will." It's a common technique of Karmayogi devotees that invariably works.

Reader: Karmayogi devotees. A new coinage of words like Appa's" Life response". I like this Sir.

To Be Titled

Worrying about a problem energizes it, making it worse. Shifting your attention elsewhere to the point where you have forgotten about the issue tends to quickly resolve it.

Yogic-Based Evolution Beyond the Limits of Involution

-Involution is the process by which Spirit became Matter in the universe.

-It is a movement initiated by the Divine from Consciousness to Unconsciousness to enable a universe with infinite variation of possibilities and delight.

-At every step of involution, provision is made for evolution. (I.e. there is a corresponding way to evolve out of the limitation that the Divine has sanctioned.)

-The deep rooted area - the darkest of Matter - is the point where involution and evolution meets at shortest distance.

- That is why Sri Karmayogi says in the yoga to focus one's aspiration to making the change at that deep point.
- How do we do this?
- Existence can be seen as either dividing or uniting.
- As the involution is dividing, evolution is to move from the divided part to the united being.
- What then will enable the uniting, from matter upward?
- Inertia is of ignorance and division standing in the way of matter responding.
- Ignorance can be overcome by knowledge. Division can be overcome by shedding ego.
- Both free inertia from the lock with wings of inspiration and aspiration.
- That is point we aspire to unite with our soul by evolving.
- At the same time this aspiration, which is a dynamic force also releases all that is human in us: all the deficiencies of the mind, all the attachments of the heart, all the refractoriness of our vital emotions and the inertia of the physical body. All these aspects have to be rejected.
- In other words, they have to be given to the human will. As long as there is something to be rejected, the human will has to take effort. The aspiration combined with the rejection and followed by surrender will complete our yoga.

(thanks to RK's explanation of Sri Karmayogi's wisdom based on Sri Aurobindo's teachings, which I have reconstructed a bit. Also thanks to NR for raising the issue in the first place.)

To Be Titled

People of one area do not like to celebrate another region's success, victory, etc. The ego attachment to one's own community does not allow it. It is similar to feeling indifference, jealousy or contempt toward individuals we know of who have recently come into good fortune.

Life Response Power of Making a Token Effort

If you make a small token effort to overcome a seemingly insurmountable problem, life will soon reward you by presenting a relatively easy solution to the entire matter.

A friend asked me to retrieve a very difficult to get at important device held in storage. For months we discussed ways to dislodge it from its location, and then have it shipped back and returned. Then one day I took it upon myself to make an effort to retrieve the item, even if I had to climb over heavy, difficult to move boxes and other furniture-based obstacles. After making a small, yet strenuous effort, I soon realized that I could get to the desired item much more easily than I had thought. And so I was able to quickly retrieve it and then return it via airlines to my friend who was ecstatic when she received her beloved sewing device. Months of anxiety on her part had now come to an end due to one small token effort on the part of her friend.

To Be Titled

GENEROSITY is to find one's own satisfaction in the satisfaction of others. (The Mother)

To Be Titled

SELFISHNESS is to put oneself at the center of the universe and to want everything to exist for one's own satisfaction. (The Mother)

Reader: It seems most humans are like that

Response: Yes, for the most part; in varying degrees.

Reader: I wish I just should gradually shed ego

Response: if you wish it, it will occur. All sincere aspirations for change are answered.

Reader: A good place to start is to observe each Ego movement in the course of our day and then stop it in its tracks. Over time, we will increasingly be able to recognize and then block them when they occur. One will then gradually move from a self-orientation to an harmonic one with others and the world.

Consecrating them to the Mother will further dissolve such negative attitudes and feeling to the point that they will rarely manifest again in the future.

To Be Titled

LOVE is self-giving without asking for anything in exchange. (The Mother)

Further comment: Yes, we call it "unconditional love."

To Be Titled

Divine psychological perfection is a smile in any circumstance. (The Mother)

Further comment: Developing a deep, inner orientation and poise as well as practicing the spiritual method of Non-Reaction to the intensities of others and life helps establish the profound outlook of having a smile in all situations Mother speaks of.

If you badmouth a competitor, such as disparaging their product compared to your own, you may quickly find that your own service suddenly fails or encounters other serious problems.

A famous airlines and outer space technology mogul disparaged similar technology of an equally famous competitor. Within several weeks of that caustic remark his own space device product exploded on takeoff, creating great anguish and embarrassment for him and his organization.

Reader: Thanks for making me understand my mistake

To Be Titled

Everything happening to you on the outside - positive, negative or in-between - is a reflection of who you are inside, including your attitudes and beliefs. Therefore if you want to change the outer negative condition, discover and reverse the corresponding inner wanting quality within yourself. When you do, life will instantly respond in your favor. This is the principle of "Inner-Outer Correspondence" in action, reflecting the inherent Oneness of life.

To Be Titled

At the outset of a meeting with another person make the effort to focus on them, their needs and concerns; keeping yours at bay. It establishes the very best atmosphere for attracting a successful outcome.

To Be Titled

Involution is the movement from Ultimate Consciousness (Spirit) to the inconscience (unconsciousness) of Matter in the universe. It precedes Evolution, which is the movement from unconscious matter to life to mind to Spirit (ultimate Consciousness).

To Be Titled

People want boons from the Mother to solve a problem, but neglect to consider their wanting attitudes that block receptivity to Her Force.

Reader: True. Which should mean we ourselves deny practical infinity. To overcome that denial syndrome inside us we can ask ourselves if we are opting only what we accept or we ourselves do not believe but just be with the movement. Close relatives, familiarity sometimes create a block. That is why Indian spices get recognition worldwide mostly than in India. I remember Appa's words local market will not give best price or rather appreciation.

Response: Yes, we see at least types of receptivity-related issues. One are poor attitudes - like being disturbed, being angry, unwillingness to change, jealousy, selfishness, and a hundred others qualities that block receptivity when we open to Her in particular situations. The Force cannot penetrate our limitation, or perhaps it never really gets engaged.

Another type is that people cannot quite believe in the infinite possibility that is available when we open to Her Force. We fall back to empirical, normal cause and effect view of life that is a fundamental disbelief in the body of the miraculous; of the infinite quickly replacing the current finite.

Reader: One more is people cannot accept the truth about themselves .At one point we must learn or hear remarks about us which is also grace Crossing that line by accepting our fault or mistake is a joyful adventure. May be people think what they hold is wealth.😊

Response: Yes, ability to accept others' criticism or critique takes a brave heart psychologically.

To Be Titled

In general, political elections is to shift from one form of Ignorance to another; even if one side knows a bit more than the other. The integral truth of things lies somewhere beyond in a distant future.

To Be Titled

Societies that lurch from one crisis to the next have not yet learned how to take control of their destiny.

To Be Titled

When people, businesses, organizations, nations, etc. give up their resistance to change, they and society evolves - success-wise, psychologically, even spiritually.

Non-Insistence Attracts

Withholding insistence of one's position compels an uncooperative party to cooperate with one's intent. An instructor was not receiving the attention of three advanced students in the class who were preoccupied with other matters. Though he started to get annoyed, he quickly caught himself, knowing it was not the right, higher consciousness approach. He then went a step further and cleared all insistence from his thoughts. When he returned to the class several moments later, he was stunned to find all three students fully immersed in their classroom assignments.

To Be Titled

If you are tired, try to get the necessary rest. You can also create energy by calling "Energy" into yourself. In a short while you may be surprised by how energetic you have become.

Reader: What is 'calling energy' Roy Sir?

Response: It is calling to the universe for energy to come into your being, which it obliges.

To Be Titled

Sometimes you need to board a bus using polluting gas to get to a destination where you have an opportunity to eliminate it.

Reader: Can you please explain by an example Sir

Response: It means that sometimes you have to make a certain compromise with the current reality and conditions to get at what you ultimately want.

To Be Titled

Politics is the art of enthusiastically presenting certain higher values, but then retracting them in the name of expediency.

To Be Titled

90% of the problems in USA can be solved by the people, the government and private sector working together cooperatively. Now each pulls in their own direction, based on ideology or ignorance or indifference. As Sri Aurobindo says all problems in life are problems of harmony. Each entity egotistically pulling in its own direction is the opposite.

Reader: Towards a goal unity in diversity arises. But when goals become individual aims it tends to disintegrate.

Response: Yes, the individual needs to align his own goals to those of the collective. It is a wider view, emanating from a deeper part of himself that is more deeply in alignment with others and life. In yoga it is called Unity consciousness, as in all for one, and one for all; which is Supramental.

To Be Titled

Society evolves when pioneer individuals take to breakthrough initiatives that are then supported by the public. The pioneer is actually bringing forth new possibilities that reflect the subconscious aspirations of that society.

To Be Titled

When progress is set loose by a pioneer individual, there often arises an opposing, resisting, anachronistic force, which in turn further energizes the progressive person to counter it, releasing even greater success for the world.

To Be Titled

It's not just what you see that is the truth; but it's also what you don't see. In fact, the overwhelming majority of Truth is the latter. It is one reason to be humble in our thoughts and opinions, and be more open to the knowledge and experiences of others.

The Mother's Force is Unity consciousness: through it everything in disarray gets Unified, and scattered knowledge is integrally Known.

To Be Titled

If you keep an open mind and dwell on what another has written, said, presented in detail, keeping your own thought and opinion at bay, the presenting party will unexpectedly describe your own view as well.

It happens when we lose ourselves, are fully absorbed in the thoughts of another; without interruption; being still and patient, with full concentration on their ideas. By focusing exclusively on their content, life responds and presents your view as well.

To Be Titled

In the Silence of our minds, backed by Her Force, the world rapidly rearranges itself to our advantage.

Further comment: I am in a restaurant and they play continuous pop music, mostly of typical subject matter - romantic, etc.. But just after making the above post I heard a song "We are Surrounded By Silence Now", a completely unusual subject matter for such a music station. What a lovely coincidence (life response) and affirmation!

Now just a few moments later, I have heard another song on the same pop-romance radio station where the chorus is "It's Amazing, It's Amazing what we can do!" Repeating over and over; almost like an Indian chant. It is the universe's further comment on the above two entries. It is a startling chain of events! One affirmation after another in this thread. One is left speechless.

To Be Titled

It is focus on the Power of Silence vibrating out in various ways. The repeated quick responses indicate mental silence's monumental potential if we were to seriously take it up.

To Be Titled

By not broadcasting your association with a significant person who has provided key wisdom and important advice, that knowledge expands in multiple dimensions in one's life.

Reader: One obvious way of broadcasting is to boast about it and feel complacent in that but some other subtle or hidden ways are also possible that we don't recognize.

Response: There are indeed subtle ways by which we and others can derive maximum benefit from life by controlling or directing our intention, feelings, thoughts, etc.

Silent Will -- We can inwardly "broadcast" our intention through Silent Will. Here we hold back from vocalizing what we want, would like to discuss, our opinion on a matter, which stores up the energy, moves out toward them, causing the other person shortly after to express the very thing we had on our minds for us. This miraculous-like, subtle life technique and phenomenon works nicely when people are in close proximity, engaged in phone conversations, having meetings, etc.

Goodwill -- We can also silent broadcast our good will towards others, showering them with genuine good feelings and affection, which brings powerful positive circumstance to their person, and over time enables us to receive benefit in return.

Power of Restraint -- Then there is simply the holding back of broadcasting our progress on a matter, project, etc., which intensifies our ability to accomplish much more. Eg suppose you are on a project and want to gleefully express the progress you have made to a colleague or boss. If you restrain yourself, and hold back sending out that information, you will see that you are able to make even greater progress in a short period of time. By holding onto the energy, we concentrate our capacity to create and attract greater results. This we call the Power of Restraint.

To Be Titled

Since, as Sri Aurobindo discovered, all thoughts originate outside one's self in the plane of Mind, within and beyond the universe, when we experience that thought it occurs synchronously to others as well who have also picked up on it. They may then contact about that idea to which you would reply that you were thinking the very same thing. It is because it has become a shared idea in the plane of Mind that both parties have simultaneously picked up on. Thus an idea is really a current, a vibration of mind energy. When the Mind is still and silent, and therefore receptive, this dynamic is especially active and noticeable.

To Be Titled

Space-time began at the outset of the universe when the Divine's Ideas (peace, harmony, knowledge, love, delight, etc.) extended from their non-dual state to subject-object relationships. Eg from Love alone to Lover loves the Beloved; from Knowledge alone to Knower knows the Known; etc. Forces and then forms based on an emerging cosmic energy followed to reflect and embody these Divine Ideas.

To Be Titled

By steadily raising our consciousness we can increasingly perceive and follow the subtle signs life is presenting that can take us to infinite-like abundance and joy.

Response to Appreciating a New Social Value

When you appreciate a higher value and policy of an organization in society such as a business, that benefit suddenly comes to you out of nowhere and at just the right time.

I had heard on the radio that the phone companies had switched from nickel and diming the public for overage charges on their data plans, and now simply gave unlimited coverage. I saw this as a higher social value and benefit. Moreover the commentator said they even warn the user if he is approaching such overages where they do exist.

Well wouldn't you know it but one hour later I received an sms message from my service provider indicating I was approaching my overage, something I do not recall ever receiving before in years of use!

Coincidence? Or rather the result of appreciating a new value in society, that has now turned around and descended into my person as real benefit.

To Be Titled

Religion is exclusive and non-integral in its thought. Each one has only a small part of the truth of spirit, of life, which each believes is the entire truth. They have also drifted widely from their source teacher or teachings, lost in ritual; often caught up in superstition.

Also, religions' fringes are filled with fanaticism (whether Christian, Muslim, Buddhist, and Hindu), which is the crack that reveals the chink in the armor that seals their doom in their current forms.

A New Age beyond these, with deeper and wider knowledge and experience of Spirit and Life awaits us.

To Be Titled

Deeply relating to, believing in a social value and its benefits later brings those same positives to you through unexpected circumstance..

To Be Titled

When you are criticized for something, take it seriously; for what led to the outer problem may have been something very different from what you might have thought, of what surface logic dictates. Discovering the subtle, deeper cause will make you more conscious, helping you avoid such pitfalls in future.

To Be Titled

One sign that you are on the very best track is when the person least interested in your knowledge or advice later becomes the first to ask for it.

To Be Titled

When you mentally and emotionally embrace your mistake, taking full responsibility without anguished remorse, good fortune tends to quickly follow.

To Be Titled

When you make the extra effort to relate to the DEEPER needs of another, whether one of your students, family members, colleagues, etc., good fortune tends to suddenly rush towards you; sometimes from multiple directions simultaneously.

Further comment: The other day that happened; from several directions at the same time there was a blurry blitz of positive developments in front of me, each different from the other, due to the awareness of a deeper possibility for the group which I took. It was a quite startling experience. Like several storylines intersecting and revealing themselves, offering at once a variety of short and long-term benefits.

To Be Titled

When you enthusiastically, sincerely agree to help another person requiring your assistance, you may find that when it comes time to helping them they have already solved the problem on their own.

Further comment: The positive willfulness opens the doors for life to reconfigure itself in one's favor.

Reader: Sir can you please explain further

Response: Life is constantly responding on the outside to our level of consciousness within. One way "life responds" is to the intensity of one's aspirations. Life brings us what we want if we want it intensely enough. Another is when we are self-giving to others. Life brings us positive things when we make the extra effort to help others. Together -- as in this case involving a consultant -- we create a formidable power within us that moves out into the field compelling other related parties to also act from a higher position.

Let's then look at it from the other person's perspective, Here the other person might have e.g. decided to solve the problem on their own, not depending on the first person to help him. That attitude of self-sufficiency is a positive one that was influenced by the positive vibe sent out by the first person. The second person has also create a positive vibe that moves out into the field of life.

When the first sees the second to help him, the second has already solved the problem on his own. It is a life response for the first person, as his positive energy saves him the effort of having to help; as the second person has self-learned on his own. Meanwhile the second person in solving the problem on his own has saved time, not having to wait for the first person. So that's a positive development for him.

Because of the mutual and interdependent benefits, the two parties have subconsciously met at a common point in space and time, where they share their experiences.

If we take the time to observe, we will see that things outside ourselves are always responding to our level of consciousness within -- whether positively, negatively, or in between. If we act or feel in a more positive direction, we align with other positive conditions from other people and circumstance that we experience as an instance of sudden good fortune.

To Be Titled

When an elected leader goes beyond his party line and works collaboratively for the sake of the people it is Patriotism in action

Reader: Rare to find them.

Response: Yes, very rare. Yet there are degrees of doing this. Even a great patriot like Nehru could not fully shed his party line. Roosevelt was close in that he advocated war against the Nazi, which was against the pacifist left wing of his party. Churchill the same against the conservatives of his own party, also advocating for the same war. But integrally going beyond party lines seems almost like an impossibility. Bill Clinton did it in several ways, and he is now regarded as perhaps the best of the last half dozen US presidents.

How to break the bounds of the party of whom you got elected? It takes great courage and advocacy of the Truth; even convincing those on your side that there is a more integral way than just the old party lines. In fact, this is how parties evolve.

Often it takes the needs of the time to enable one to overcome the limits of the party line to become a true patriot. One is forced into that role, as Jerry Brown, the Governor of California was forced into being a physical conservative when the state accumulated so much debt. Then the people voted for a tax that balanced the budget. The people were realistic. He helped push in that direction because he too became realistic.

Overcoming one's mental prejudices and seeing the entire spectrum of the problems of the nation will help one come up with policies that are integrally effective, and that transcend the party line. It is almost a yogic movement of the purification of the exclusive mind.

Perhaps true patriotism cannot come from the top, but amongst all levels of the population of the people below who work with others for the common good. In most nations it begins with happily paying your taxes, which is your fulfillment of your contract with the government. You pay in, and the government protects you and helps organize life so you can thrive. The paying out of the tax is an example of a Patriotic Act. It is a recognition of a wider truth of being a citizen of that country.

Developing such an integral mental awareness of what is most helpful to the society and emotionally seeking improvement for your nation enables one to become a True Patriot. He becomes a pioneer who leads the people into a better and brighter future.

Reader: May be always being in power too gives a lax attitude over the responsibility. If there is difficulty to win the people's support and there is an urge for the politician to win their appreciation then it may be crossing the lines and serving the people and there by the nation

Response: I think it depends. Governor Brown has been in office for four terms, but he saw the need to act. He wasn't lax. (He has vast energy and idealism for his age. (76) He was governor previously in California in his 40s!)

Others will be lax. It depends on the urge and desire to implement high values over time. In democratic system that restricts terms to say 2, there is more of a compulsion to do something positive, yet the party line is sticky.

Politics ultimately needs to be replaced by something else, or evolve out of itself something new. What is it? I once had this discussion with Karmayogi. I gave some suggestions. One was the development of various Parties of Ideas, a Greek like approach.

In recent years Appa said that it is the end of the age of great political leaders. All profound ideas and therefore power is coming from below, pushing upward. MSS's work with its partner organization on the international stage is a testament of such influences. It is the first light of the emergence of a Golden Age of international collaboration. He is spearheading this evolutionary change in the world. We too can collaborate with that effort. It is Service of the highest order.

To Be Titled

When we make assumptions based on what the eyes tell us, without any substantial thought behind, we tend to misread the situation. This is an extremely common mistake we make on a daily basis that almost everyone misses.

Taking Another's Point Of View Attracts Success

If you switch from your position to the other person's point of view, while remaining still inside, everything tends to go right thereafter.

Eg rather than take the same approach to shopping for new clothes, you recall in the back of your mind your friend's suggestion to shop at a particular store. When you take her advice and go there, remaining still and calm at each point, everywhere you turn you find just what you were looking for, and more. You feel like you have experienced the miraculous.

Reader: I think God has made it that we can at any time have only one side of the picture so that people have to necessarily cooperate with others to get the full picture. This is one way to promote human relationship.

Response: It is a profound and true statement. And one that brings up many issues (almost all of which are addressed in vast detail by Sri Aurobindo, Karmayogi, and others).

One is that the Divine wanted to create an endless multiplicity of possibilities in creation, and to do that allowed for Ignorance, which is in essence our very part knowledge. This He calls the Involution.

We can however evolve our mind so that we can develop more of the necessary whole or integral knowledge. This is the Evolution.

It is also true that through this process we can acquire that knowledge through our association with others. And yes through that process, one is compelled to cooperate with them and their understanding, which also enables us to grow as individuals.

Going through this progressive process also causes life at each step to respond with good fortune. That is the extra magic of growth in consciousness, in addition to benefits of experiencing Integral Knowledge, Harmony with Others and Life, intense Joy in being alive, and Love for others and the Divine.

To Be Titled

When someone sends you unsolicited important information on a certain topic or area, it is often a subtle suggestion to look at RELATED areas and discover and overcome errors or other mistakes there. When you correct them, you will smile and see the cosmic-like Reasoning of Life that compelled you to receive the original message in the first place.

America's great success over the decades is due in large part to her continuous waves of immigrant population who refresh the nation with new ideas and capacities. As a living laboratory of this approach, US serves as a model for the world. However, she must find UNITY within that diversity to continue to be a template for the rest of society.

To Be Titled

Indians have a natural tendency to relate to and appreciate others' experiences of the subtle laws of life, while Westerners, with their filtering rationality and mechanistic view of reality have a hard time fathoming it.

Restraint's Accomplishment Attracting Power

The more you restrain yourself and hold back the expression of built-up energy, the more it strengthens and attracts more benefit, including greater accomplishment in a work.

E.g. an individual who is too eager to put out some material he has been working on or feels too much of an urge to express what they have so far accomplished on a project can instead silently hold communication of it inside. As a result one attracts good fortune -- such as more and higher-value work, the earlier completion of a work, or the work taking on new dimensions that are beneficial to all parties involved. That is the power of not broadcasting a work too eagerly, and instead practicing restraint by holding it inside and build up accomplishment attracting power.

To Be Titled

The prerequisite for integral yoga is coming out of prejudices and opinions. Every time we come out of that we will have a minimum of one pleasant experience. (Ramesh Kumar)

Comment: Eg as Ramesh narrates, when he came out of prejudice about the worthiness of an alcoholic associate, he suddenly experienced a powerful synchronicity emanating from that individual. Giving up the prejudice opened the door to a remarkable, pleasant experience.

To Be Titled

Society normally goes through expression and experience of freedom before it learns willful self-control. If we examine the arc of history we can see a progression from rigid control, to liberalizing freedom, to greater self-control within a wideness of culture. Those who short-circuit this process and become moralistic -- condemning society for such things as abortion, promiscuity, breakdown of the family, various forms of wild culture, et al, -- can have the net effect of sending the society BACKWARDS along this scale or worse. What is needed is not moralism, but self-awareness that leads to self-control. It occurs best in an atmosphere of true freedom.

Unusual Impatience & Restraint Incident

Two men were waiting on a long line for their important travel documents to be processed. The first man's number was next, and he was very eager to be called. However, the more eager he became, the longer the delay continued.

Another man standing next to him observed and understood this inner-outer dynamic involving this impatient individual. He could have told the first man to give up his impatience, and thereby unblock the negative energy that was keeping his number from being called out, but he exercised restraint and kept it to himself.

Suddenly, the first man's number got called. It came as a result of the second man's understanding of the wrong attitude of the first, plus his restraint in not saying anything about the matter.

The first man now happily was served, while the second man smiled an inner smile to himself.

Reader: perfect example of inner strength!

To Be Titled

If you don't complain about another's mistake, you will receive more than you asked for.

To Be Titled

If you withdraw all fear when another person is struggling to fulfill your need, the problem will disappear, often through a creative movement of life.

To Be Titled

Even the worst of men can make one helpful brilliant decision.

Further comment: Nixon in China; that help open it up, is one example. Mother called him a brute.

To Be Titled

The moments when great movements envelop one are his most helpless moments. For the same reason, they are the most propitious moments to invoke Mother. (Sri Karmayogi)

Further comment: This is my very current experience.

To Be Titled

Matters from your subconscious that irritate you (e.g. problems of childhood) will keep attracting negative iterations of it in your present life -- such as difficult people who represent it, -- until you consciously recognize it for what it is and reverse it in consciousness. Then if it also consecrated, you will be unburdened from that psychological issue forever.

To Be Titled

"How to perceive the Divine's play as enjoyable as He is playing?"

In Vedanta and in Sri Aurobindo's view there is an ultimate Reality, and each plane from spirit to matter are expressions of it. It includes all things, positive and negative, great and small, every detail in life, every circumstance, everything.

When one develops a deeper consciousness within, culminating in the psychic, one perceives the utility of all these things, including all the problems and challenges we experience in our lives. We perceive the Reality (Brahman) for what it truly is, in all its facets. As a result, we perceive the working of the Play of the Divine (Lila); including its movements and intent.

By developing a deeper consciousness within through consecration, our mind expands from ordinary to silent mind to intuition, culminating in Supermind, where we have a glimpse of this infinitely multifaceted Reality. We see each thing and its purpose. We perceive how all things in our lives and the world around us fit together, and are necessary.

Sri Aurobindo says this Vision of the Reality is the ultimate view of existence given to Man. It is to perceive the true workings of life, as well as the Divine's Play, including Its Delight in the process. Now His Joy becomes ours.

To Be Titled

(response to various questions asked)

America is definitely embracing socialistic values within capitalistic framework. Becoming humanistic is an even higher goal. I.e. adopting human values above all others. Mother also said end of capitalism is on its way, especially in its money-oriented, non-humanistic form.

Obamacare is an excellent initiatives that takes up what Roosevelt initiated, but didn't live to realize. Some of it IS realized in Europe, especially Scandinavia.

The world is changing rapidly. Financial crisis almost annihilated the world economy. More radical disruptions are bound to happen if the nations of the world don't collaborate -- to set policies, establish regulations, and overcome economic malaise such as unemployment, stagnant wages, under development, etc. etc. The time to come together is now. World governance with teeth is necessary to solve the vast global problems that transcend national boundaries.

Reader: We learn by experience after all everyone including Nations are selfish in the beginning.

Response: FDR's Second Bill of Rights Speech which demonstrates some of the Humanistic qualities that could be part of a New Paradigm of existence, and is more relevant today than ever (though he did not live to see through)

Further comment: He was way ahead of his time in a number of areas. Karmayogi says however that he caved in to other interests and did not push that agenda. (Or something to that effect.) Also it was near the end of his life.

The video had been lost since it was recorded, and was rediscovered in 2006. It was ironically rediscovered at the dawn of the financial crisis, the Great Recession, which was the time that so many economic and social issues he addressed in the speech have come to a head.

"Roosevelt's January 11 address was delivered via radio, as the President was suffering from the flu at the time. During the last portion dealing with the Second Bill of Rights, he asked news cameras to come

in and begin filming for later broadcast. This footage was believed lost until it was uncovered in 2008 in South Carolina by Michael Moore while researching for the film *Capitalism: A Love Story*. The footage shows Roosevelt's Second Bill of Rights address in its entirety, as well as a shot of the Six Rights printed on a sheet of paper. ((Wikipedia))

To Be Titled

Lord Krishna broke all rules of dharma He came to establish. To win for truth in a plane of falsehood, a pinch of falsehood is essential. (Sri Karmayogi)

Further comment: It is distantly related to my earlier comment that you may need to ride a bus that gives off pollution in order to get to a conference in which the elimination of pollution is discussed.

During WWII the western spies practiced lies and deception in order to capture the Evil Nazis who practiced it at all levels.

Jesus was angry and threw things around at the money changers in protest of their hoarding of funds, a seemingly unspiritual like action on His part.

The Great Good of Difficulties

The reaction of our mind and emotions to challenging situations and conditions is a distorted view of things. When we are confused, upset, feel helpless, in those difficult moments, our mind has a very limited perspective of the truth of things and our emotions have been overwhelmed by what it experiences.

However, from a higher consciousness and view, it is just more stuff, mote flux, more fact, more reality that is necessary for the unfolding and progress of ourselves and the world. The individual who has developed a stillness within and opens to the Higher Power, to the Mother will see these difficulties in a more positive light as challenges.

He can even go further and see them as golden opportunities. At the highest level he sees them as great goods, and feels gratitude that he can further develop his being and the world's conditions through them.

To Be Titled

Making the extra effort in work, pushing through our inertia, causes space-time to quickly cooperate with our intent.

Reader: True. Not stipulating the time or monetizing the work should give the same benefit.

Response: Yes, they are corollaries of the same essential principle. They often all go together simultaneously. E.g. consultant who makes the extra effort loses himself in the needs of the client, forgetting the clock, as well as the income. When he does, great benefit is attracted, such as the remainder of the work being unnecessary as it has already been done; that the project has been completed much earlier than expected; etc.

Becoming Irrelevant In Higher Education

Recently at a global symposium of education leaders the heads at Oxford boasted that they were in the top 10 colleges in the world, and that they would be at the same spot decades from now by doing what they were doing.

Garry Jacobs, the CEO of World University Consortium (WUC) told me that he listened to this speech, and then stood up before them with his own and then very boldly told them that they would become irrelevant and even disappear if they stay pat and do not embrace the changes that are happening and are going to happen in higher education, such as low-cost online systems, including Moocs, and other dramatically new forms of learning that are in the process of being developed.

To Be Titled

Every difficulty is a knock-on-the-door on how to improve things.

'Interstellar' Film & Life Response

I recently saw this very popular and well-received science fiction film 'Interstellar' and in it, as one columnist says, are instances of non-local connection, entanglement, what I call synchronous connection that is one expression of Life Response.

He says "Nolan introduces the concept of quantum entanglement. That's when two particles that have interacted with each other behave as one even though they might be far apart. He then shows how people in love display some of those same features. They react in the same way at the same time to the same things. [no matter how far apart]

The characters in the movie are frequently experiencing cross-cutting and mystical connections that transcend time and space.

...As the poet Christian Wiman wrote in his masterpiece, "My Bright Abyss," "If quantum entanglement is true, if related particles react in similar or opposite ways even when separated by tremendous distances, then it is obvious that the whole world is alive and communicating in ways we do not fully understand. And we are part of that life, part of that communication. ..."

Further comment on the film: What is made dramatic through a science fiction adventure traversing the galaxies occurs in the most mundane of daily acts if we have the eyes to see them. If the average person can clearly see how the power of Love and other forms of harmonic connection –silence, goodness, truth, etc. -- can abridge space and time, and be experienced as a miraculous unfolding in one's own life, then the society would truly make a great leap in awareness.

To Be Titled

- The more you hold back verbalizing or asserting your success, the more it will rise.
- The more you withhold speaking of you success, the more others will speak it out for you.

Entanglement, Space-Time, and Life Response

The ancient rishis of India experienced that all things are one in space and time. When we raise our consciousness (such as overcoming a negative attitude), we connect with related items in space-time that come to us as a response of good fortune. Space and time are overcome, as the thing comes to us instantaneously.

Science understands entanglement (non-local connection, alignment, synchronicity) where two particles on either side of the universe can influence one another's action. This is in essence Life Response. Science however does not know the Oneness of existence that enables this to happen. It also does not perceive the types of higher inner behaviors that allow this to occur – such as overcoming a negative attitude, intense feelings of goodwill, including love, not reacting to another's negative feelings (non-reaction), making a firm decision and commitment, and a number of other inner behaviors - psychological and spiritual.

Sri Aurobindo and Sri Karmayogi also explain that when we move deeper within in consciousness, we increasingly experience past, present, and future in the Ever-Present. In each moment we know the essential influences of the past on the present, the present conditions, and sense what the possibilities are for the future. This is in essence supramental perception of time, as we know all of the essential details in any given moment.

Also from that depth, culminating in psychic being (evolving soul), when we call to the Mother, to the Force, we evoke ultimate responses of good fortune; also thereby overcoming space-time, as the positive conditions come to our doorstep rapidly or instantaneously.

To Be Titled

What will ultimately convince you of the reality of Life Response is your actual experience of the phenomenon.

To Be Titled

Sarcasm tends to evoke negative response from life. Even being Satirical can evoke problems, as it often has sarcasm built into it.

One man jokingly shared with a friend his mock rewards for his worst purchases of the past year. A few minutes later, he was trying on a newly purchased shirt, and it turned out to be far too small! Now he had to return it to the department store!

Speaking a negative will tend to attract more of it.

To Be Titled

If you make the right crossroad decision at each point, - eg listening to others, taking their point of view, doing what the subtle signs are indicating, holding back ego, applying positive attitudes wherever possible, etc. - you will RAPIDLY arrive at your desired destinations and fully achieve your end goals. It may even appear as if an invisible hand were guiding you at each step along a forethought path to your multifaceted destination.

Reversals of Attitudes That Attract

We have developed a scale of attitudes, with each pair ranging from negative to positive. When you shift from the negative to the positive on any of them, you are likely to attract sudden onset of good fortune.

--Unwillingness to Willingness

--Arrogance to Humility

--Self-Importance to Respect for Others

--Impatience to Patience

--Suspicious to Accepting/Trusting

--Unreliable to Reliable

--Pessimistic to Optimism

--Defensive to Expansive

--Insecure to Self-Confident

--Closed Minded to Open-Minded

--Self-Satisfied to Aspiring

--Resentful to Goodwill, Gratitude **

--Sarcasm to Sincerity

E.g. in Garry Jacobs' novel 'The Book' a key character Anya felt deep anguish and resentment toward her professor, with whom she had been out of touch for a long time. After ruminating on the idea that her current outer problems -- the negative attitudes of the people around her -- were the result of the negative attitudes she harbored toward her professor, she suddenly out of the blue received a call from him in which complemented her as being the most brilliant student he ever had, as well as offering her a very significant new project for her fledgling company.

That is the life response power of reversing from Resentfulness to Goodwill and even Gratitude. Good or great fortune follows.

To Be Titled

When you make an effort and solve a problem, life tends to present you with additional related problems, which you can now easily handle. It is the same for issues and opportunities.

Eg a man noticed that a light was not working. He investigated the situation and discovered the battery and back panel was missing. He then moved shelving out of the way and discovered the two missing parts on the floor. He then replaced them in their socket, and the light now worked. While moving the shelving to find the missing parts he discovered that the floor was filthy there, which he then happily cleaned. That led to additional discoveries, and new opportunities for improvement. The original effort had opened up the doors of multi-faceted change.

To Be Titled

-Mind leading without emotional baggage that holds back from vital accomplishments

- Body immediately taking to action from compulsion of Life is not interfered with by Mind also accomplishes and spreads.
- Doing the right thing in that and every moment always attracts right outcomes, including new possibilities.
- Non-interference of vital and mind (and any inertia of the body) to a necessary activity - where one acts Now - attracts supramental action and power (which is powerful, dynamic, ever-expanding).
- Inner value of 'Continuous Progress' continuously opens doors to new possibilities.
- Overcoming time through immediate action attracts the recognition of issues, problems that can be easily and quickly solved.
- etc.

Every Act Is Indicated Beforehand

Each life event is indicated, presaged by an earlier one.

When a man went to return a shirt that was the wrong size, he had to wait in a lengthy line, which was kind of unusual for that store. It turns out when he first purchased the shirt a week or so earlier, he also confronted a long line at checkout, even though it was a quiet shopping day. The second event was indicated by the first. Karmayogi says that there are absolutely no exceptions to this rule.

On the other hand, if you consecrate the original problem event, it will NOT repeat.

Further comment: By the way, this also pertains to positive events, as well as anything in between. Thus EVERYTHING is indicated beforehand; an astonishing phenomenon!

To Be Titled

Sri Aurobindo said that increasingly the problems of the world will not be solvable by Mind, as it requires solutions that only Spiritualized Mind -- silence, intuition revelation, supramental perception, -- can bring. The Middle East region with all of its conflicts, conundrums, contradictions, and ironies is a good example.

Reader 1: It is like playing Chess game against Ten Magnus Carlsens

Reader 2: Even in my day to day problems...I find that solutions given by mind don't help much...and these solutions are not integral

Response: Yes, exactly.

However, stilling the mind and consecrating the situation to the spiritual Force (the Mother) can bring the necessary integral knowledge for that issue.

To Be Titled

If you get upset with someone else's mistake, you are likely to make a number of errors yourself soon after. (That negative energy disturbs the mind and leads to faulty thinking.)

Reader 1: How do we overcome this situation?

Reader 2: This happens often in office where...people often shout at others without knowing the why such a mistake happened and yes they also commit the same mistake

Also I HV observed that many people consider themselves far more superior in doing a task ... And they often get surprised when someone does the same task better

Response: "How do we overcome this situation?"

One must develop a new center of consciousness; not on the surface, but from a deeper poise. This is one of the goals of yoga (conscious evolution) and a change from the ordinary life. In addition, one can readily practice non-reaction to situations, others, so one does not react when others make a mistake. It takes a commitment to change one's being this way.

Sri Karmayogi also advocates regular consecration, opening to the Mother before events which helps the life conditions so all parties involved avoid the negative and do the right things; plus it has a calming effect inside, enabling one to more readily practice the method of non-reaction to life's and others' intensities, so in this case one does not react to another's mistakes.

To Be Titled

If you are having problems with others - whether spouse, family, friends, co-workers, boss, subordinates, etc. - understand that it is a reflection of some lacking consciousness on your part. Rather than blame or try to change others, discover the corresponding wanting element(s) inside and change that. When you do, the outer conflict, contradiction, or problem with others will quickly disappear.

To Be Titled

Harmony is a key to finding the solutions to entrenched social problems, as it removes Ego from play among the parties, allowing for collaborative answers. It also creates a solid foundation for each individual to develop his own integral solutions via his own unique capacities and genius, while creating a soothing effect that allows each person to gather all the necessary knowledge through silence in the mind and intuition. Together it can have a great power to solve any societal problem.

Power of Organizing That Attracts

When you take several moments and plan out what is to occur and then consecrate it, the work happens dramatically quicker and with more creative action from life than one would have imagined.

E.g. I briefly planned how I would go about organizing some new case studies for my 7-day presentation on life response. I also consecrated the matter, offering it to the spiritual Force. What I originally thought would take perhaps 3 or 4 sessions of perhaps one hour each, occurred in less than a half hour. Matching that swiftness was a sense of JOY of how each thing dovetailed with the next!

Aided by engaging the Force, we see the power of rational Mind to organize and thereby create energizing and deeply satisfying results that overcome space and time.

To Be Titled

There are times when the Mother will not give us what we ask for, as She perceives the totality of conditions that we do not

Moving the concentration away from the act at hand disperses the energy and increases the chances of attracting the negative.

Further comment: E.g. Multi-tasking can have its down side, as no one thing is done correctly.

To Be Titled

The more you emotionally and egotistically insist on your position, the more you are taken astray.

To Be Titled

Before you speak to another, make sure they are ready to be spoken to.

To Be Titled

Reader 1: At every stage of perfection of an aspect or a thing, redefining what is perfection from that stage is called perfection. A stage where it cannot be redefined for that aspect or thing, it is called perfect perfection.

Reader 2: Perfect perfection can also be redefined by past consecration or my mere thought to define something may also be an error. For example I wanted to try my luck in an admission process which I failed to get few years ago. I was confident even on appealing but no was the outcome. May be correcting errors of the past too did not work out as I should have never exercised my energies. Why you want this to happen is the question before us or me now. Contemplatingabout it.

True "Giants"

I have seen the local professional baseball team (San Francisco Giants) win 3 world titles in the last 5 years solely due to team unity and deeply calm yet firm leadership by the manager, though their talent was limited compared to the competition.

And they won in the most extraordinary, unconventional methods; constantly dangling from the edge of a cliff facing elimination.

I have also added my consciousness at each point. My approach: at each point I watched them and they started losing, I withdrew from watching, and they then suddenly started winning! I practiced this technique as well as detachment from the outcome through each of the three championships.

The baseball world is completely baffled by the Giants' extraordinary successes.

Thinking about these events always makes me smile; and who knows, there may be more to come!

To Be Titled

If you study your own life or the lives of great achievers, you will see that enormous opportunities have emerged when small attitudes are rejected.

(from Lectures On Sri Aurobindo's 'The Life Divine' by Garry Jacobs)

Further comment: E.g. Apple's CEO Steve Jobs didn't want to allow the iPod music player and iTunes music store to work on PCs, only Macs. He held very firm on this. It was a foolish belief. But then he changed that small-minded attitude, and business suddenly boomed for Apple, and from that moment on it was set sailing for the stars; the highest valued company in the world.

To Be Titled

The Mother has entered our lives so we can be instruments and pioneers of the New Species, guided by Her Force and Love and Power.

Inner Response to An Opportunity

How should one react when an opportunity comes to us? Karmayogi says the following:

-The very first thing that is necessary is to recognise the incoming opportunity as GRACE and FEEL a thrill of thanksgiving, which is GRATITUDE. It is difficult.

-Mind, at this moment, should entertain ONLY positive thoughts. It should not indulge in expectation. Discourage and eliminate expectation, dwell on whatever is positive.

-Any negative thought entering by itself or initiated from inside is too great an insensitivity which this fresh opportunity and its atmosphere can admit.

One's experience should make him know that this new opportunity is too very sensitive in life and will not survive in the subtle plane the touch of or even the presence of a negative sensation.

-It is possible for us to know that right atmosphere. Silence is not the right atmosphere, but Silence behind the Silence is the region where these secrets dwell. Can you create it inside? Can we give the spiritual support it needs to be assimilated by our awakened spiritual being?

The atmosphere around us is social which is the very opposite of this requirement. To be able to view any social event from this Silence behind Silence is the only possible way.

-What one can receive depends upon the positive, creative sensitivities that can receive and negative sensitivities that can reject the undesirable vibrations.

Reader 1: Yes very informative. That is accept all opportunities in the positive vibe and do not give negative or any expectation. Just like sightseeing enter all fields of life and get the knowledge in it.

Reader 2: Thank you Sir for the post. Could you please further explain:

"Silence is not the right atmosphere One should go silence behind silence to perceive the new opportunity". Thank you.

Response: It is the Silence of Brahman.

There is mental silence of non-thinking.

When before going to bed, we consecrate and empty our thoughts, we can enter the silence of Brahman ie Satchitananda in sleep. Mother says five minutes in that place can give complete nightly rest. This was Mother's regular experience and reality.

The Rishis experienced the Infinite Brahman, and therefore the Silence behind the Silence, but apart from life.

We can achieve the same during the day through connection to the psychic being in the depths, Through regular consecration and taking the others view as much as possible we can move deeper within to the subliminal and then the psychic, where we also experience ultimate silence as well as other spiritual aspects - like oneness, light, goodness, delight. Love, etc.

Silence has been my experience, but rarely the Silence behind it. However I am most interested in attaining it.

USA's Wageless and Top 1% Only Recovery

"Median household income continues to drop [in the US]. This is the first "recovery" in memory when this has happened.

Jobs are coming back but wages aren't. Every month the job numbers grow but the wage numbers go nowhere.

Most new jobs are in part-time or low-paying positions. They pay less than the jobs lost in the Great Recession.

This wageless recovery has been made all the worse because pay is less predictable than ever. Most Americans don't know what they'll be earning next year or even next month. Two-thirds are now living paycheck to paycheck.

So why is this called a "recovery" at all? Because, technically, the economy is growing. But almost all the gains from that growth are going to a small minority at the top.

In fact, 100 percent of the gains have gone to the best-off 10 percent. Ninety-five percent have gone to the top 1 percent.

The stock market has boomed. Corporate profits are through the roof. CEO pay, in the stratosphere. Yet most Americans feel like they're still in a recession.

And they're convinced the game is rigged against them."

(Robert Reich)

Further comment: Conditions are ripe for insurrection unless something is done.

Reader: The underprivileged should make vociferous demands.

Response: Yes, but it is also the middle class that needs to express their voice vociferously. The illness has spread from the underprivileged to the middle class because no serious action was taken by the society over the last number of decades to rectify the problems of the lower class. Now it has spread like an Ebola virus throughout the society.

What is needed are HIGHER skills amongst the population that is coordinated among all parts, including the people, the government, and the private sector, which will bring the higher wages so people will not be on the edge of the cliff as the lower and middle class are now. (i.e. almost zero savings, and strained to pay the bills.)

Further still a new form of Economics needs to emerge. It is just a matter of working together, of harmony not a shortage of resources. (All problems in life are essentially of harmony not resources and the like.)

The irony is that even the upper classes will want to be involved when there is a clear Plan.

To Be Titled

"Our problems and diseases are social conditionings. Break that conditioning, the problem disappears." (the Mother)

Let us examine the ways social conditioning determines in our own individual lives and try to reverse them so life opens up like a flower for us.

To Be Titled

When attending large functions like company Christmas parties and the like devotees and those close will tend to win special prizes is my experience; often sensing the vibration of the win just before it is announced. And when it does happen, it is still startling to them, but somehow not surprising.

To Be Titled

There are times when focusing one's mind on a matter concentrates the energies and attracts a desired result, while other times attracting a result requires the mind to be silent, even forgetting the matter. Perceiving when to use either comes through subtle awareness of the situation.

Reader: Could you throw more light on difference (1) when the mind needs to visualize the result on a constant basis and (2) when the mind needs to consecrate the goal to The Mother and then remain SILENT. Thank you.

Response: The Secret asks us to visualize a result. It can be an effective method if one also addresses other issues that go along with it as explained by Garry Jacob at MSS site and elsewhere. I personally don't use this approach.

If I visualize at all it is visualizing Mother in certain ways as explained by N.Asokan at Karmayogi net forums, such as imagining your debtors each being paid off by Mother, or her touching an afflicted area, or similar types of scenarios.

I generally practice the 2nd method you mention of consecrating situations to Mother, followed by "Thy Will Be Done," which is a kind of silence as you indicate.

To Be Titled

To continuously be in the exact right place at the exact right time is Supramental.

Supergrace That Transcends Our Capacities

Our past is collected in us as our present capacities. Our past is our karma. As long as we believe in karma, Grace cannot act. The moment we move away from our karma, our being is no longer occupied in any fashion. It is fresh. Grace acts at once and allows us to reap the rewards of our own endowments unhindered by the past or karma.

There is a further progress open to Man. It is his ability to give up his faith in his own endowments. Man is not constituted to withdraw from his endowments because he is his own endowment. His identification with his endowments is total. Should he do that, grace at that moment turns into Super Grace. Grace permits you to work unhindered by karma. Super Grace brings the end results in the beginning, as it is not our own endowments that are at work, but Her endowments that do the work. (Sri Karmayogi)

Further comment: An example of Supergrace: You are assembling an important piece of new furniture for your home. You have consecrated the entire effort. Now you are at a critical point, and you are relying on your strength and skill to accomplish the work. However, things go a bit roughly and as a result you remember and decide not to depend on your capacities, but on Her. When you make the smallest effort to go further, all of a sudden the particular difficult action starts working out, which in turn leads to similar successful actions, leading to near perfect execution of the entire undertaking. You have cleared an important milestone in your new home by forgetting your capacity, in exchange for Her life response Power.

To Be Titled

Restraint from commenting is spiritual.

To Be Titled

Research has shown that the best way to be happy is to make each day happy. (Deepak Chopra)

Further comment: Yes, happiness can be viewed as the accumulation of happy moments -- where we seek and increasingly experience a more harmonic existence with others and life. Where there is no dark side, and we are free of want, desire, and ego movements that end in unhappiness.

Ultimate, non-stop happiness comes when we connect to and commune with our higher or deeper self, or with the Divine Itself, collaborating with Its Intent, losing ourselves in its being. Such true happiness is called "Joy" or "Ananda" or "Delight of Being."

Consciousness is experiencing the transcendence and perceiving it everywhere and in everything, including one's self.

Consciousness is the field of All. The Reality. It is non-local, beyond space and time, yet imminent in both.

Our perceptual experience is nearly the opposite of this, as we are caught in our surface, ego self, -- instead of being freed into the unbound Infinite Existence; that All; that Reality we are part of; that we are.

To Be Titled

In a tense, difficult situation, remain calm and still inside, and call Mother. The problem will tend to quickly dissolve.

To Be Titled

Creation emerges from the Force of Consciousness. It begins as unconscious matter, which we inherit and is the basis of our essential Ignorance. In this Involutionary process the original Consciousness is hidden, buried, involved. However, through our conscious progress, we release the involved Consciousness, reuniting it with Its Force (chit), thereby hastening the Evolution.

To Be Titled

The full understanding and realization of a deep principle reaches its peak when it can be expressed with great simplicity, brevity, and clarity to an unintelligent person.

To Be Titled

Complaining about a problem is easy. It is a sign of weakness. Devising an inner or outer method to help rectify it is empowerment, a sign of strength.

To Be Titled

Evolution is the Spirit unfolding in life.

To Be Titled

Karmayogi says that when we discover our Psychic Being (our evolving soul within) and from there surrender to the Mother and Her Force, we hasten the Evolution. It is the essence of the Integral Yoga, which is done for ourselves and the world.

To Be Titled

The more you complain about a matter, the worse things tend to get, in that or a related area, as the negative energy spreads.

Complaint is an understanding or idea surrounded by a negative emotion. Such emotions attract negatively.

To Be Titled

Intense loyalty all around, in every direction builds harmonic power that can attract enormous success, catapulting an organization or other entity to the top of its field. Such "all for one, and one for all" mentality is supramental, delivering the individual and one's group to the pinnacles of success.

Eg the players on a team deeply respect management, and vice versa. The team rises to win three championships in five years even though their overall talent is limited. At each critical point they rise to the occasion and succeed beyond all expectations. Their harmony created powerful energies that attract positive outcomes at key moments taking them to the stars.

To Be Titled

Impatiently waiting for a thing to happen tends to delay, lessen, or cancel it.

Eg in drought conditions an individual impatiently waits for and dwells on the reported coming storm. As a result the storm weakens or is deflected.

To Be Titled

In a positive atmosphere, the negatives are eventually swallowed by the positive. In a negative atmosphere, the opposite.

Eg a man makes a foolish mistake in relation to a conference. Still the conference, bathed in a positive atmosphere is very successful, and even his mistake turns into a plus.

To Be Titled

Karmayogi indicates in ordinary life we reach levels of what we can consider "perfection." But even there we can perceive how we can go higher still. With Perfect Perfection there is no obvious way to improve one's self at that level. It is ultimate perfection. It is Truth consciousness, supramental, the Essence of That which created this world, which we have achieved through our creation.

Further comment: I should add that when we reach perfect perfection in a work, life responds out of all proportion with good fortune, as the infinite replaces the current finite. (Yet ANY movement in that direction will also evoke proportional life response results.)

To Be Titled

When you give up your fear or anxiety or bother about doing a work or activity and fully commit to it, what occurs when you do is either much easier than you thought, or the need to do it at all disappears completely.

The ultimate form of individuality is to use one's capacities to create something unique for the betterment of the world. Examples are Steve Jobs, Albert Einstein, Srinivasa Ramanujan, Mohandas Gandhi, and Eleanor Roosevelt. In their cases, individuality and communality become integrated and one.

To Be Titled

Freshness in our everyday life occurs by being open to new possibilities, by embracing uncertainty and the unexpected, by continually shedding old/dead habits, and by continuously aspiring for something new and wonderful to enter our lives.

Reader: Roy Sir, nowadays I'm consciously changing the habits which gives me energy, enthusiasm

Response: Excellent.

To Be Titled

All of life is life response. There is nothing but it.

To Be Titled

All that needs to be done, gets done based on the logic of the Infinite.

Further comment: (Whereas the logic of the finite, of our reasoning mind has a very limited perspective of what is and isn't necessary.)

Universal Energies and Life Response

Life response can be explained this way: There is equilibrium of energies in the universe in a given infinitesimal space-time moment. Something gets "disturbed," positively or negatively as a result of a shift in consciousness by something, someone. Life however always seeks to restore its equilibrium of energies, so it offers a Fresh Act. That fresh act comes as a Response from life. The equilibrium of energies in the universe is restored in relation to that micro space-time event, but now at a higher level (if it is a positive response). Life continues to unfold endlessly, infinitely, yet progressively according to this cosmic energy-related dynamic.

Each powerful vibration you give off through shifts in consciousness expresses as one or more significant events in the world.

To Be Titled

It is said by the guru that we are not inside our body, but the body is inside us. That would indicate that we are vast, infinite-like beings, even though we perceive ourselves as limited and finite.

To Be Titled

Sometimes we take action, get a result, not knowing why. Only later on do we discover the purpose and meaning. It is the subconscious leading the way forward, compelling our body to act. It is the subconscious that is in touch with the superconscious that perceives all space and time, and therefore the right path to our future.

Reader: Sometimes the things we do are to our ruin

Response: Yes that is mostly due to bad habits, poor attitudes, and wrong beliefs.

Reader: Is it soul's guidance?

Response: Yes, the subliminal and soul receive the guidance from the superconscious, and pass it on subconsciously to the individual. Appa says that the soul exists inside the subliminal which is inside or on the edge of the subconscious.

The consciousness wants the Mind to be still, but it continues unabatedly, so there are headaches. Listening to that inner voice to change replaces it with stillness that expands to soothing peace. Now we become fit instruments for the Force to descend in us and create practical, life-changing results.

To Be Titled

Humility in one's significant achievement opens the door to even greater success.

RK: Appa says humility is a state – where we dissolve our ego or deny the scope of expression of ego or at the least deny the scope of assertion. He also says according to Mother, She know only one person with humility – that is Sri Aurobindo. For us Appa says – awareness of our ignorance in every moment is humility. He gives a formula : humility + determination to have that = Sustained greatness.

We often confuse - our obedience to any one, politeness due to social needs, keeping low profile due to incapacity , being good for some reasons – all as humility. It is not enough to be humble in public or private, because it is only a behaviour. Humility must be acquired as inner character for it to be of value in Spirit. Inner humility is awareness of the divinity in others or inner outer correspondence or the feeling of oneness.

To Be Titled

Often in society charity and other forms of generosity are honored above all other values. Yet the application and openness to Truth -- true Knowledge and Wisdom of the conditions -- has the power to bring about results that rapidly solve the problems that charity and generosity aspire to overcome. It is because Truth is rooted in the Spirit and Its Force, which can take any limited condition, any finite and rapidly turn it into an Infinite; i.e. great abundance that also brings joy.

Success in Life That Does Not Plateau

Most people who rise fast due to their capacity, receptivity, et al, also level off after sometime. As soon as their life rises, all the lower urges -- competition, jealousy, self-assertion, demand, desire, etc. --

rise up. However, through Spirit one can continue to rise if one develops the necessary inner qualities that build up success; such as overcoming negative attitudes and fixed habits, thwarting ego movements, applying high personal and business values, maintaining high levels of aspiration and will to achieve, being open to all possibilities, maintaining inner silence, and calling to the Mother and Her Force. Then one builds up a powerful, magnetic level of receptivity that attracts the Force, evoking ever-increasing levels of success into one's life. (based on thoughts of Sri Karmayogi)

To Be Titled

I am happy to report that my book 'The Miraculous Phenomenon of LIFE RESPONSE' was just favorably reviewed in the Hindustan Times of India. (You may need to expand your browser setting to 250%+ to read it clearly on a PC.)

To Be Titled

The Mechanistic view of life -- mechanical, material, "logical" cause and effect -- and the Life Response view - subtle, causal, nonlinear, overcoming space-time - are polar opposites. Shifting from the former to the latter dramatically elevates one's consciousness, hastening Evolution in the world.

Resolving the Web Of Conflict & Sub-Conflicts

Examine any conflictive situation in the world. There will be different aspects, with a variety of inter-related sub-conflicts, issues, and challenges.

The process of the resolution of the central conflict relates to and is intertwined with the resolution of the subs. This is how the world changes; how Nature works, how the world (slowly and painfully) evolves. Nature works by resolving deeply connected multiplicities of issues simultaneously. It is the Genius of the Cosmic Master who conceived evolution through Nature's contraries.

Eg in *Pride and Prejudice* the elopement episode of the youngest daughter caused or was simultaneous to at least half dozen other interrelated issues. For the overall resolution of the potential scandal to occur, a series of psychological issues, each one unique in scope was required on the parts of the individuals involved. It is Nature's multi-pronged, interconnected, difficult way of progress.

And yet there is a higher form of evolution. It is through the soul, spirit, higher consciousness. In this dynamic evolution radically speeds up, as it occurs not through conflict, but through harmonic actions that trigger others in a chain of never-ending positive response from life.

Trace Backwards & Forwards

If you observe an egotistic movement by a player in a film or novel or in real life, you can sense that something problematic will arise for that person later on in relation to that behavior. When you discover and look back from that point to the underlying wanting quality that precipitated it, you can clearly see the connection; how life responds negatively to that original wanting attitude or behavior. I call this perspective "Trace Backwards" or "Trace Forwards", depending on the vantage point.

Eg rather than being humble and calm, an FBI agent celebrated wildly and with malevolent feeling when he trapped an attorney who was allegedly involved in an underhanded scheme. However, a while later the agent discovered that the attorney was actually a plant, and that instead he himself had been completely duped by the fake lawyer, nearly ruining the agent's career.

In this situation we can see the way the agent originally responded - with lower physical and vital feelings/emotions -- whose vibration went out and then later rippled back to haunt him. In this way, we can take any story or real life experience and watch for signs of negativity that are likely to manifest as instance of ill-fortune somewhere down the line. Likewise we can track back the original malfeasance of an individual or collective from the current negative circumstance.

There are ways out of such dilemma in our own lives. E.g. if we recall that we have acted in a false way in the past, we can consecrate it by offering it to the spiritual Force so that it does not ripple forward and lead to a problematic outcomes in the future. Or we can examine a negative outcome that has come to us and trace it back to a wrong attitude and behaviors of the past and consecrate that so that it will never happen again in the future.

A Problem Flushed Out

Sometimes what we think of as a bad thing is the accumulation of falsehood that has built up, is for some reason no longer allowed to fester, and is then released before us in full view. In other words, it is the forced elimination of an accumulated negative, which is actually a good thing.

For a long time the water in the bathtub of a house renter would occasionally back up and not flow out. It was a minor nuisance. Then one day, the entire system backed up, and it was discovered that the pipes leading into this home and several others were filled with serious debris. On this occasion, the renter of the home quickly took action on a Sunday morning, when usually no one is around to fix such things. However, after a call in, the landlord quickly arrived on the scene, and was beaming that he had brought the best plumber expert he had ever known. Such a response on a Sunday morning when most were slowly rising! The plumber then proceeded to discover the entire mess in the pipe system. It was solved in less than a half hour, which almost seemed miraculous-like.

As it turns out in the days and hours leading up to this problem, the Force was strong and the atmosphere filled with good energy. Moreover, an extra special important positive event in the life of the house renter had just taken place. We can say the atmosphere and conditions forced the system to present its true colors, which was the accumulation and overflow of the putrid water and debris. Now that this problem presented itself in full, it could be solved once and for all in one fell swoop.

It is interesting to note that the owner of the home had remained calm throughout the situation and took direct action when confronted with this difficult situation, which in a very positive surrounding atmosphere "flushed out" the negatives, bringing things to a head, enabling a resolution, which all told meant that it was a positive in disguise.

To Be Titled

Taking to Integral Yoga -- i.e. surrender to the Mother through the psychic to become the Ishwara (creator) in the world -- we are not limited to the one time attainment of material and spiritual progress; to a leveling off. It is instead a never-ending ascent. This is to go far beyond the devotee level in our spiritual aspiration, to the yoga of the sadhak. It is our choice whether to take this difficult, uncharted, infinitely-ascending, ultimately rewarding path to the Future.

Power of Higher Harmony

If any entity or organization wants to achieve at a higher level, it can begin by creating more harmony - amongst its people, its customers, the levels of organization, etc. Harmony enables higher achievement even when there are limited resources, talent, energy, etc. Increasing harmony generates the right atmosphere that can take an individual or collective to the pinnacles of success. In fact each attempt at higher harmony will tend to attract good fortune from out of nowhere.

That being the case, how can you create more harmony around yourself or within your organization?

Reader: By advising them to stop their investments or by taking the authoritative approach on subordinates to get matter fixed quickly.

Reader: Appreciation, positive reinforcement, giving them enough space to share their views.

Response: Very good, Hemi.

Some others that come to mind: tolerance, openness, acceptance, respectfulness, discovering mutual interest, coordinating views and actions, shedding ego, all for one/one for all attitude, not asserting, not blaming, not interfering, crossing over the boundary between us, agreeability, taking the other person's point of view, patience, deep listening, not dwelling on another's weakness or sore point, finding the mutuality of spirit in others, etc.

Reader: Thanks Roy Sir, Now we are implementing these values in our small business. By The Mother's grace we started seeing significant improvement. Thanks for your more points or views. Sure, we will develop these values too. Simply we want our employees to be happy and feel more comfortable at work place. My father always states that point all for one/one for all attitude for family harmony.

Response: "Simply we want our employees to be happy and feel more comfortable at work place." To do that focus on how you can help develop each individual staffer to the max

To Be Titled

It's important to give others the right to be wrong.

To Be Titled

At the lowest level we are anguished by a situation or circumstance. From a level higher we perceive it as a difficulty or problem. Beyond that it is perceived as a challenge. Above that still it we see it as an opportunity. Higher still we recognize it as good fortune. Beyond that we recognize it as Grace.

Reader: "Lydia's Elopement in Pride & Prejudice"

- Mrs. Bennet took that as great difficulty and deeply depressed.
- Mr. Bennet took the conscious responsibility and took that as a challenge and he tried his very best to go to London in search of them.
- Darcy took that as an opportunity to demonstrate his inner change and reversed the elopement to marriage. He did that impersonally though.
- Jane Austen, the author had applied the principle of Luck behind the misfortune knowingly or unknowingly.
- Sri Karmayogi explained the principle behind that misfortune as Grace since that incident accomplished the other 2 marriages (Elizabeth & Jane) and brought everything back to Mr. Bennet's family which they thought had lost. In his commentary He has said. "Lydia's elopement is a marvel"

In practical life problems, one may perceive the issues as challenge or up to opportunity. To perceive it beyond (as Luck or Grace) one will need to know the issue in totality which is usually difficult by the ignorant mind as the mind divide the reality into parts and pieces and perceive that as real. Perceiving till difficulty or challenge is Nature's slow method of evolution which accompany with pain and suffering. Perceiving in higher context is conscious evolution which makes Life to respond in many miraculous ways. One needs to develop his personality in various aspects in order to perceive such higher levels.

To Be Titled

The more you complain, the more life will present you with situations to complain about.

Reader: Roy, if you were a cricket or baseball player, you'd hit the ball out of the park every time.

Additional: Shifting from complaint to non-complaint (and withdrawing the corresponding emotion inside) evokes powerful positive response from life.

To Be Titled

Disappointment indicates wrong original attitude.

Reader: Please explain it with an example. Thanks.

Response: You are over-anxious about something you want to come about. When it doesn't, you are disappointed. The original over-anxiousness cancelled the possibility of the desired thing to take place. Replacing it with calm, steady aspiration would likely have attracted a far better outcome.

There are a number of negative attitudes that attract disappointment and related negative emotions.

Impatience, over-eagerness leads to mistakes; causes one to jump to wrong conclusions. Instead use the mind to contemplate, to dwell on the issue, which will lead one closer to the facts; to the recognition of the true truth.

RK: According to Appa the bottom line to be seen is not to be disturbed by the impatience of others or over eagerness to meet the deadline of others.

Reader: Yes ur right....I have often seen people relating their over eagerness and impatience to their being more dedicated and sincere than others and they feel that faster they do things the better they are however that's not true

Response: Faster is good if one has the patience, organization and capacity to meet that speed. Faster with impatience and other lower movements will invariably lead to a crash of sorts.

To Be Titled

Evil manifests when the regressive, dark forces hidden in the invisible realms meet the lower vital emotional being of the individual whose thoughts are saturated with dark, intense, negative attitudes and feelings that lead to action. The confluence of these two movements usher in evil into the world.

To Be Titled

Before each major activity you engage in, offer it to Mother, with intensity, and without expectation. The conditions will now tend to work out splendidly.

Reader: Yes, I'm doing that. Thank you Roy. I'm grateful for your reminder to continue to offer it to the Mother.

One should not be disturbed by the impatience of others, or be overeager to meet their deadlines. (paraphrase of Karmayogi)

thanks to RK

Additional comment: If we are steady and calm in such situations, the conditions will tend to shift and move toward smooth flow.

Reader: tried, it seems it is really hard

Response: Recognizing it when it happens is a first step. Establishing a kind of inner strength is helpful in these situations.

Also, practicing "non-reaction" is a method we often employ that has great power in these sorts of situations. Would need to know the details (eg via message) to help you.

Response: Thanks Roy Sir, will try it.

To Be Titled

The truest devotee waits on Mother's initiatives to come to him first, and then acts on these alone

Further comment: Success is almost 100% here when the opportunity is taken up. And the results are far beyond one's expectation or belief. Initiating on one's own has perhaps 50% success rate, and tends to be riddled with problems, great ups and downs, etc.

To Be Titled

"God is in the details" is a corollary of the principle that perfection in work attracts the Infinite.

To Be Titled

Each act of self-givingness attracts an unexpected positive result back to your person.

To Be Titled

When you perceive and begin realizing the integral nature of the Reality, of the All, thoughts come pouring in that express it in novel and instructive ways.

To Be Titled

"Sri Aurobindo reminds us that in the involutionary process, Satchitananda (Existence, Conscious-Force, Delight) is hidden, absorbed in nature. That consciousness is thereby also hidden in Man, which is the source of his essential Ignorance.

How then can Satchitananda be brought back and flourish in human existence in the evolution so that Man's Ignorance is overcome?

He says it can happen when Man gains the True, Integral Knowledge of the nature of existence: of his own True Spiritual Individuality, as well as of the Universal (cosmos) and Transcendent (Divine) nature."

(from 'An Analysis of Sri Aurobindo's The Life Divine' by Roy Posner)

Ways to Build Up Psychological Strength

[Here is my response to the question of how we can build up psychological strength in our lives.]

One approach is to start by examining where our weakness lies in a given situation, and then reversing it. If we see we are weak in a situation, we can think about why, and then devise strategies to do the opposite, or at least take a small step out of that weakness. When you do life will open up in several unexpected ways. Moreover, the entire matter will now give you added strength. In the book [The Miraculous Phenomenon of Life Response] I give several stories where the weakness showed, where they recognized it, and then made the conscious decision to take to some action that brought about the response from life. It built up their confidence in that area.

Naturally when you have the positive response from life as a result of the effort to shed weakness, you will be more amenable to express your strength when situations appear in the future.

Often people feel weak because they are in an untenable position or they have no control over the situation. The stories in the book address these. Then there are situations where one feels weak out of fear.

Say some client owes you lots of money, but now you are unable to collect for a while. A key here is not just having the strength to collect, but not feeling fear and anxiety inside. In other words, just by not giving in to the negative sensation of fear that makes you feel so vulnerable, you can attract good fortune. It is like saying no to a naughty child. We can do the same when fear appears. Tamp it down, and try to relax. Again, once that person sees the positive life response results, they are more likely to take to in future. This is in essence the process of developing the capacity of "equality of being," or we can call it "non-reaction." It is a spiritual virtue that can build up over time. Offering difficult matters to the spirit can also give you inner strength and produce astonishing results.

To Be Titled

It's best to turn complaint and assertion of your position to accepting their point of view and even feeling gratitude toward the other person for what they have done on your behalf. When you do, there is a good chance that what bothered you materially will be found to have never existed in the first place.

Reader: Roy, could you please give an example?

Response: A man was complaining to his wife that the tuna he was about to open from a can was not solid but mushy. The title on the can was "Chunk Light." He insisted that she should purchase ones that just said "Chunk" without the Light. She said it doesn't make a difference, that the others were more expensive, etc. Then at one point he decided to shift away from his complaint and position, and feel grateful for the fact that she made the purchase in the first place. When he then opened the can he discovered that the tuna was all solid! -- even though it was called Chunk Light. By shifting his consciousness, what he perceived to be materially a fact actually never was to begin with.

Negative Response to Panelist's Questionable Value

A young, intelligent woman on a talk show indicated that once hackers had broken into an entertainment company, the press had a right to reveal any of the hacked company's secrets to the public; a dubious conclusion on her part.

Well it turned out that right after making that remark she had trouble staying on the air due to technical problems, mainly caused by her husband who was playing video games, disturbing the speed of connection. In fact the discussion amongst the panel members went on about the particular game he was playing, instead of the issues at hand, thoroughly embarrassing the woman on the air in front of thousands of people.

Because she had taken an ethically dubious position about the company that was hacked, believing it was fine to reveal private matters publicly, life returned the favor by embarrassing her publicly on the air with gossip that threatened to ruin her marriage, as she jokingly put it. It was a classic case of a negative response of life to a low attitude and value.

To Be Titled

A persistent effort to overcome a sticky problem will often reveal at the end an unexpected, wonderful new opportunity.

To Be Titled

Karmayogi says that when we shift from faith in our own skills and capacities to Mother we attract Super Grace

Tuna Can Response

It's best to turn your complaining and assertion of your position to one of accepting the other person's point of view; even going so far as to feel gratitude toward the other person for what they have done on your behalf. When you do, there is a reasonably good chance that what bothered you materially will be found to have never existed in the first place!

A man was complaining to his wife that the tuna he was about to open from a can was not solid but mushy. The title on the can was "Chunk Light." He insisted that she should purchase ones that just said "Chunk" without the Light. She said it doesn't make a difference, that the others were more expensive, etc. Then at one point he decided to shift away from his complaint and position, and feel grateful for the fact that she made the purchase in the first place. When he then opened the can he discovered that the tuna was all solid! -- even though it was called Chunk Light. By shifting his consciousness, what he perceived to be materially a fact actually never was to begin with.

Reader: That's really true I experienced it in my life

New Human Species on the Horizon

It is said that as a result of World War II and its outcome humanity sped up its progress by 100 years or more. Such developments as the UN, the EU, global trade, higher education for the masses, the personal computer and smartphones, the mass knowledge and power of the Internet, greater health awareness, artificial intelligence, the vast multiplication of money, billions coming out of poverty in Asia and elsewhere, environmental awareness, new views of personal growth and spirituality, and many others have dramatically accelerated the mental development of Man. They may have taken centuries longer to appear had not the world gone through the calamity of WWII.

Along another line the Mother said it would take 30,000 years for humanity to evolve a new Supramental species and a Divine Life on earth through Nature's normal progression.

However, she said it could occur in 3000 or even 300 years through the supramental power; Her Force. She even mentioned the extreme possibility of it occurring in 30 years if people en masse learned of and took to the Force. She said it would only take a certain current of thought for humanity to switch directions, take to a higher consciousness, thereby accelerating the Evolution.

The Force alone ended the Cold War, the greatest danger to the world in history, in less than a year. A further movement toward Human Unity among the nations can be a great support for the development of a new spirit-based humanity and species.

To Be Titled

Every moment has its very specific needs. The question then is are you able to maintain your connection with them, or are you easily deflected? Being one with life flow of life, with the unfolding of the Reality puts you in touch with the exact requirements of each moment. If you then act on them, good fortune will be your never-ending friend.

To Be Titled

Despite all the shocking daily attention it garners in the media, it startles people when they are informed that violence in the world has radically decreased in recent years. It is now around one tenth of what it was for the average year of the 20th century. It has gone from -5,000,000 deaths a year to well under 500,000, and this downward movement is accelerating . Another way of saying this is that the media is covering each violent death over 10 times more intensely than before.

In his book, Steven Pinker an authority on the subject writes: "The decline of violence may be the most significant and least appreciated development in the history of our species."

Some of the reasons for this change:

- more democratic nations
- more highly educated population
- greater literacy; more mental society
- human life now considered more precious
- higher human values

Reader: Yes the news from far reaches make it into our living rooms in seconds not days or years!

Response: It creates reality distortion field that we fall into. It's not that the facts are not true, but the importance of events in the context of the greater scheme of things is warped. Instead, we need to turn off the media more - especially the visual - and think.

Reader: Warped is a good word choice. Time and distance are flattened to a single concentrated point that misleads.

Response: Yes, exactly.

To Be Titled

When in Mother's consciousness you feel compelled to do things more perfectly. That's because it is supramental, where each and every thing has added significance.

Reader: Yesterday have read in Appa's book Narumanam - when we do a simple / small work in the attitude of doing a big work, it becomes perfect and a way to poorna yoga

Response: Excellent point. Thanks.

Perfecting an Act

The perfect execution of any act requires-

- clear perception of what needs to be done
- an aspiration for it to be accomplished
- the decision and commitment to actually do it
- the persevering will to carry it out
- the knowledge and skills to bring it to perfection
- the necessary resources for it to be executed
- the right attitudes at every step of the way
- the full absorption in the act at the expense of other matters (i.e. focus)
- bringing to bear one's appropriate high personal values (e.g. orderliness)
- bringing the spiritual Force to bear as necessary

Joy will rise up from within as the activity proceeds, and life will frequently respond in unexpected positive ways to such efforts.

You will see the Process of Creation of the universe in miniature.

Reader: Excellent roy, Roy Posner sir. Have analysed some of my activities which was failed. Sometimes "the right attitude " is missing . The attitude behind the act was selfishness, not taking other man's point of view. Thanks for sharing, an eye opener msge

Response: Yes, generally that is the big hang-up.

How to Attract Particular Results in Life

Sri Karmayogi offers these ways to create a particular result in your life:

Need money -- examine your willingness to work

Need friends -- examine your attitudes

Seeking Promotion -- examine how far you are willing to raise your talents

Seeking Popularity -- Initially it depends on how far you deserve it, later how far you do not seek it.

Husband doubts -- purity of thoughts

Disobedience in children -- overcome your uncontrollable mature

Disease -- Faith in disease, medicine, doctor, lack of faith in Mother, unwillingness to give up disease-creating gunam (qualities of your nature).

Marriage -- your opinions, circumstances.

Negative Response to Abandoning One's Highest Values

Abandoning the high personal, business, or societal values that got you where you are tends to attract one's ruination.

Examples:

-A sports team dedicated to teamwork, state of the art execution, and catching the progressive way -- thereby winning title after title -- resorts to machismo attitude, hiring players who advocate such, lack of concern for the community that helped it succeed, which in turn leads to failure in big games, the onset of acute losses, continuous embarrassment in the press by the foolish deeds of its players, and the loss of coherence and faith of the players in their organization and in themselves.

-The largest department store chain in the world, famous for trusting in its customers to return goods without question, as well as utilizing the latest resources and technologies of its time is able to maintain the trusting value, but abandons seeking new methods of offering its products, which leads to its ongoing rush toward imminent collapse.

Evolution of Papacy

As described in detail in Her 13-volume diary "the Agenda," the Mother worked inwardly to have a positive effect on the Vatican, so that its old superstitions would begin to fall away, opening the doors to new social values and possibilities in society.

Well it turns out that just after Her inner efforts Pope John Paul II came to power and played an important role in ending the Cold War; and now Pope Francis appears to be demonstrating human values that are even higher.

If there is no regression, the Mother's aspirations along these lines will have been realized. It is the subtle conversion of the Papacy to higher values, which is probably necessary for the evolution of life on earth.

To Be Titled

A person will almost never change when we complain about their attitudes, habits, beliefs, etc. Though there may be some short-term improvement, soon after they are likely to resort to their old ways. They CAN however change if we consciously withhold our complaint, which tends to quickly attract positive conditions all around.

Life Response Methods Working In Tandem

Non-reaction approach to the intensities of others can elicit a positive response from life as a result of one's Silent Will that follows. Thus the two inner techniques can work in tandem.

Suppose someone is disorganized. One day for the nth time she is anguished when she cannot find an important document she is looking for. Instead of catching her vibration and complain about her lack of organization, I refuse to respond. It is non-reaction. Moreover, in this situation I inwardly aspire that she become more organized, without expressing it outwardly. A moment later she reveals that earlier in the week she actually found someone to take care of all of her papers for a reasonable cost; price which is the answer to her (and my Silent Will) prayers.

Non-reaction, non-complaint, and Silent Will all working together can create such a magnificent response.

Thinking Addiction

Like eating, watching sensationalist tv, playing on the smartphone et al, we are also addicted to thinking. Mental thought gives us mental energy that spreads through our body. The problem is that non-thinking - mental silence - brings ten times the essential knowledge required when we do think, and does so in one tenth the time.

Reader: Hi Roy, so that means that mental silence is better for us.

Response: Yes. A lot of our thinking is wasteful. It competes with rational thinking and mental silence for effective "Mind-space."

Also, thought after mental silence often comes as Intuition and Light, without having to think, where one just knows the essentials of what needs to be known at that point of the day. The knowledge just appears in the mind from out of nowhere.

(Actually it comes from the universal plane of Mind, which is nowhere and everywhere.)

Reader: This is rather interesting. I have experienced this after meditation many times

Response: Yes. Very good.

Forget About It!

If you are bothered by a problem, simply forgetting the issue and withdrawing any anxiety about it can cause the matter to self-correct!

A man was frustrated that he couldn't get his virus protection and backup programs to work in tandem. He had to turn one off to enable the other to work. After various attempts to solve the problem, including calls to tech support, he put aside the entire matter. A week or so later the problem self corrected and the two programs were now working in perfect sync.

In another situation, an individual was trying to make contact via phone to the Indian visa office in San Francisco. He had to wait a half hour or more to get through each time he called over the course of a month. The situation had now reached the point of absurdity as many other issues tied to that office had also failed the man. Seeing that after consecrating the matter, it still remained problematic, he decided to forget the matter completely. A week later he contacted that office twice and in both instances was INSTANTLY connected, without a minute delay. Plus the underlying mystery of what was causing the delay in the processing of the visa was discovered.

In both cases forgetting and withdrawing emotional angst attracted the resolution of the problem on its own.

Reader1: When we forget, our soul take the matter

Reader2: Consecration is the key

Response: Yes, S, in the two episodes there may have been subconscious or background or residual consecration tied into the forgetting.

Yes, K, forgetting is a kind of detachment that allows the subliminal being, the soul to take over in the background.

Part of the spiritual growth process is the seeker seeking ways out of impatience and towards patience. It is a spiritual attribute. These difficult, prickly situations are a test of our patience. It is through these we develop the unmoving "witness consciousness" that silently and without judgment looks out on the world. Forgetting is one means of embracing this spiritual quality.

To Be Titled

One solution to ending terrorism in Pakistan and India is for the two nations to reunite.

Reader1: Roy Sir, thanks for the post. Few days back, u have posted one msge about how mother force ended WWII. When mother can stop world war, she can stop the terrorism in the world. In MSS, we used to pray for rain before meditation for 2 minutes as advised by Appa. I thought of sending mail to Appa to add 2 min prayer to evoke mother for peace, in all MSS meditation. Bcos for the atmosphere in MSS, whatever we aspire, mother sanction the same.

Reader2: Thanks K for the note on prayer and meditation. In MSS what mantra did you use when meditating and praying for rain as advised by APPA Unity of India and Pakistan would mean unity of religions and ushering in of spirituality. Correct or right.

Response: Yes, at least at a later stage. Now there are more Muslims in India than there are in Pakistan, and they get along reasonably well. So social harmony would likely take place in a newly united or federated India/Pakistan before spiritual unity.

K, I believe terrorism will end when poverty (and the unemployment and angst that issues from it) ends. If we pray to Mother for prosperity for the Middle East and African nations then the roots of terrorism can be overcome. This is one approach.

To Be Titled

Since any act in life will repeat over and over, sooner or later, it is best to consecrate each negative circumstance as it arises in order to prevent its future repetitions, including iterations that are exacerbated.

RK: Basically life repeats – to teach you something to evolve. But we don't want some happenings repeat again, that we perceive as negative circumstance. I remember some of Appa's advices.

When we feel the circumstance is negative due to failure in work, instead of lingering on negatives look for number of positive strands for future work that reveals success in higher planes.

- In a negative circumstances, let no negative thought enter your mind or let it find its expression. If you have to express one, try to express it as positively as possible. Best thing is to listen others, not to talk. When listening, keep mind quiet without any prejudice, opinions and preferences.

- Learn to see things in a positive aspect which come to you negatively. In yourself for each positive action, see the negative counterpart and vice versa. Try to station yourself at the core where positive and negative meet, consecrating both.

- Think of how grace acted in similar situations earlier. In negative circumstance or atmosphere - Start with Consecration end with Gratitude.

Response: This is a wonderful approach on how to act, to be in negative situations to prevent repetitions of those circumstance. No negative thought, seeing things in a positive light, see past in light of how Grace unfolded.

Brain, Mind, Knowledge

We believe that Brain, Mind and Knowledge are essentially the same thing, but in reality they are three distinct entities.

--BRAIN is like the physical hardware of a computer, phone or tablet. It is the material entity that is the interface between our body/person and the unseen universe.

--MIND is like the software operating system of those devices, which is NOT physical and does not reside in the brain, but rather exists as planes of mental being.

Each plane of mind we are at determines the quantity and quality of knowledge that can come into our field of awareness. Mind's levels range from sense mentality (visual and auditory alone) to spiritual (like intuition and revelation); from surface awareness to perceiving life from the subliminal/soul depths within.

--KNOWLEDGE is waves of consciousness that permeate the universe surrounding our being. They describe the nature of the Reality from infinite points of view.

Our level of consciousness, the plane of mind we are in, determines our level (quantity and quality) of knowledge. Integral yoga (conscious evolution) brings us integral knowledge where we know the essence, the details and the whole of anything in any moment in a unified oneness. It is known as Supermind.

To Be Titled

English historian and broadcaster Michael Wood called the Tamils the last surviving classical civilisation on Earth, because the Tamil mainstream preserved substantial elements of their past regarding belief, culture, music and literature despite the modern globalised world.

To Be Titled

In romantic relationships trying to change the partner is a futile gesture. In fact, NOT trying to change them has the best chance of changing them.

Reader: According to The Book, "The real essence of permanent romance is self-giving"

Response: Yes, that is the active spiritual element of romance. It is almost opposite or inverse of complaining.

To Be Titled

Helpful, practical solutions are always preferable to complaining. Complaint has the element of weakness, including an inability to solve the problem in a harmonious way,

To Be Titled

When the nerves are weak it is best to remain silent until one recover one's energies.

To Be Titled

Every difficulty is another opportunity to engage in, put our faith in Mother.

Reader: Like when I am facing a disciplinary hearing

Response: Yes

To Be Titled

When the world is moving toward ever-increasing modernity and you hold your ground or move in the opposite direction, you are likely to be pummeled by life somewhere down the line.

Example; Russia has pretty much built its economy on oil alone, instead of diversifying, let alone taking to new environmentally friendly energy technologies. As a result its economy and currency has been pummeled in the downturn in oil prices. The frackers of the American mid-west, the North Sea of the UK, and the like are currently meeting with the same fate.

Anachronistic forces will meet with negative fate -- sooner or later. It can occur at the level of the individual or of the collective - whether families, communities, societies, nations, businesses and organizations.

To Be Titled

Cynicism is best replaced with helpful solutions. Look at the problem from the perspective of overcoming it, rather than being contemptuous and sarcastic.

Reader: I totally agree with you on this!....in my office whenever I try to bring out a solution people try to bring out the negative aspects of it saying that we are being cynical because we want you to overcome these weaknesses but then in this process they ignore the goodness or the vast potential of the idea, moreover (as you said) they don't come up with solutions and instead hinder birth of the idea with their cynicism

Response: If the owners develop a "can do" environment, and hire people who think along these lines, or at least management influences the current culture and staff to be positive, i.e. it becomes a business value permeating the organization, it can help the situation greatly.

Another line of thought: If the ideas you promulgate regularly elicit negative reaction, it might be best to withhold them, or hold them silently within till you see a positive response from life (including from the skeptics).

Reader: yes but if that's not the case in India specially in IT companies, people don't consider the values of the company as their own and keep changing companies or opt for higher education I guess there

are many reasons such as top management not being concerned ,lack of opportunities in the company etc.

Response: If people don't consider the values of the company their own, then either the company isn't hiring people who share those values, or the values are not being implemented deep within the company at the extreme level of details. Another issue is how sincere the company is about the values it says it believes in. This is definitely a problem in India, and a sign it needs management consulting support. She is just coming into success, and the management/employee relationship still has a way to go, especially compared with US, EU, Japan, etc. Still things are starting to improve.

To Be Titled

Perhaps the most foolish thing an individual can do is not learn from their experiences - whether positive or negative; in work, relationships, or other aspects of life.

Therefore why not take the time to contemplate your past and make a list of all your major experiences - whether successes or failures - and what you have learned from each. Now try to integrate those lessons into your current, daily life. If you make that effort, life will blossom everywhere around you.

To Be Titled

Life is the Becoming. Our challenge is to bring the Being (the spirit) into the Becomings of our lives, creating a divine life on earth.

To Be Titled

There have been 10,000 generations before us. And yet ours is the first to have access to the supramental Force, which has the power to instantly set right the conditions in any area we wish to apply it.

To Be Titled

The more unstable our mind, the more unstable our choices. (a proverb)

To Be Titled

Society evolves by increasingly applying higher social values in evermore complex situations.

Several Thoughts Related To Christmas

-Christmas is much older than Christianity, when it was celebrated as the return of the Light, a symbolic and spiritual event.

-Christ humanized Europe.

-Christ was selected as one of the Avatars by Sri Aurobindo, but not quite in the top tier 4 or 5.

-Santa helps children have faith in the invisible, and appreciation of generosity and goodness.

-The Virgin (Mary) was an incorporation of the Divine Mother Goddess of earlier times. Catholicism retained that attribute.

-The Papacy is being converted by the Mother; Pope Francis the latest example.

-The extreme beliefs of fundamentalists of all major religions shows that religion's reign is drawing to an end.

-A new reign of clearer thinking and direct spiritual experience is at hand.

-Santa is a clear thinker; an invisible harbinger of goodness, continually rekindling Jesus' message of Love.

Reader: Perhaps after New year Christmas should be the widely celebrated day crossing religion and boundaries. Is this correct?

Response: Yes it could be. Or the New Year could be recalibrated to occur on the solstice December 21st. I.e. Christmas, New Year and solstice all start on current Dec. 21, but it is converted to a new January 1. Perhaps it is too much to ask of the world!

To Be Titled

Life repeats in order to teach you to evolve some part of your nature.

To Be Titled

The best inspirational Facebook entries are not mere slogans presented, no matter how profound, but are those that are deeply felt and experienced by the person offering the post. That vibrates a truth energy that touches others directly, even if they are unaware of it.

To Be Titled

Living Mother's Life is so utterly different from the ordinary life. As great a change as it was from the human to the animal, Her Life is different than our current way of living.

To Be Titled

The future belongs to Spirituality, not religion, says The Mother. The time of religion is over according to Her. Religion is many following the inspiration of one enlightened person. Spirituality is each one seeking his own illumination. As Protestantism removed the priest between Man and God, Spirituality will enable each man to seek his own God, seated inside. (Sri Karmayogi)

Reader: But when will happen Sir Mixing Religion & Spirituality is the order of the day. When we are bind in religion for so many years how people will realise their divinity

Response: Prosperity often helps people shed religion. Most of acute religion is in poor areas. The world is rapidly coming out of poverty, though certainly not fast enough (as terrorism indicates which is rooted in poverty and unemployment). In prosperous areas where there is religion, it is generally fairly weak as in EU and USA..

Education also helps end religion, as people see the variety of teachings, each of which is utterly insufficient. And Internet speeds this process of knowledge.

In India religion is so entrenched, yet it is mixed with spirituality. As people are more educated and prosperous there too they will take more to an enlightened spiritual view.

In most of the world religion is on the decline, and people associating themselves with a particularly religion is rapidly decreasing. First in EU and USA; then it will happen in Asia in its own way. We see religion in terms of fanaticism, a sure sign that its time is rapidly coming to an end.

Prosperity, education, Internet, personal mobility, movements to urban centers, are among the factors that create the antidote to entrenched religion. Also the rise of Individuality, not following the herd view, and its cousins entrepreneurship., making one's own way economically in the world.

Then there is the Force that is increasingly deepening in society that has its effect, which can breakout new possibilities at any time.

To Be Titled

Responding to another's dysfunction in a negative way creates more dysfunction. Detaching from it evokes the best conditions.

From Criticism to Praise Attracts In the Wipers Times

A simple shift from condemning someone to praising them can instantly attract career-changing circumstance.

An officer heading a troop of soldiers was about to criticize another high ranking official for his sarcasm. Instead he praised his insightful mind and nature. Within five seconds of making that remark, he was informed that a printing press had been found that would enable him to put out a humorous journal that

would entertain the English soldiers of WWI who were stuck in their cold, muddy trenches, risking death from the enemy.

Your ability to progressively move forward in life is proportional to your ability to continuously shed outworn habits, attitudes, and beliefs.

To Be Titled

One who learns and practices regularly the essential 25 laws of Life Response can be the one person in his time who changes the course of the world.

Reader: merry Christmas Roy!

And thanks. Could you please repost the link to the 25 laws of Life Response?

Response: Human Behaviors that Evoke Life Response:

- Be positive, optimistic, and cheerful
- Give up a wanting attitude or belief
- Turn negative emotions positive
- Try to make any situation better
- Choose what is positive and helpful
- Make a decision about something
- Take the necessary physical action
- Embrace what life has put before you
- Overcome any reluctance you have
- Feel deep enthusiasm in your work
- Make the full exhaustive effort
- Take responsibility for a situation
- Increase cleanliness & orderliness
- Systematize an activity
- Organize facts into ideas
- Maximize the use of a resource
- Give people/objects more attention
- Implement money-attracting strategies Shift your focus to others
- Be selfless and self-giving
- Show gratitude to others, life
- Send others good will
- Forgive others when wronged
- Take to greater psychological strength Hold back a thought so others speak it
- Talk less; and in a low, soft voice
- Take the other person's point of view
- Eliminate thinking in intense situations Move from agitation to stillness
- Be calm and equal when problems arise
- Do not react to others' intensities
- See negatives as positives in disguise
- Hold back initiating; drawing others
- Execute an activity perfectly
- Open to the spiritual Force
- Really aspire for something to happen
- Plan, implement, and execute a goal
- Focus on what should be accomplished

- Embrace the truth of things, not shun it
- Forget a problem, not dwell on it
- Change a long-standing negative habit

Further comment: Principles of Life Response:

- The phenomenon of life response reflects the principle of inner-outer correspondence.
- Inner-outer correspondence indicates that the inner and outer are One.
- The inner and outer are one single contiguous stream of existence.
- Inner-outer correspondence also indicates that the entire universe is contained within.
- The outer reflects the inner state.
- If you change, the inner, the outer instantly responds in kind.
- When life responds, the parties come into an alignment.
- When an act creates a disequilibrium, the response creates a new equilibrium.
- Each act that evokes a response causes the universe and its associations to realign.
- Life response creates a constant refreshing of the cosmos.
- Life responding occurs within the context of the constant realignment of energies in the universe.
- Life responds at the gross/material, subtle, or causal plane.
- Life responds because all and everything are interconnected in the cosmos.
- All is connected in the cosmos because of the Conscious Force behind it.
- The Intent of the infinite, timeless, spaceless, immutable Being is behind the alignments in the cosmos.
- Life response occurs in ways that transcend normally perceived limits of space, time, causality, and possibility.
- Life response is due to physical, vital, mental, spiritual energies moving out and aligning with corresponding energies.
- Life can respond positively, negatively, or neutrally.

Reader: Thank you Sir but difficult to remain focused in this hectic world

Response: It depends on what you are committed to; where your priorities lie. If you are deeply committed to several of the life response behaviors, outer hectic life disappears, as life give you what you need in a thrice.

To Be Titled

Most people achieve up to a point and then level off. This is their Comfort Zone. They don't try or know how to go further. Often they are self-satisfied at what they have achieved; what they have become. It is here that they rest. Unfortunately, they don't understand that it is the beginning of the end of their lives.

To Be Titled

Humans are quick to judge, slow to learn.

To Be Titled

Before you can be supramentalized (into the new human species), you first need to be universalized. In practical terms it means that for the Supramental Force, Mother's power to fully act and transform your being and the life around you, you need to first accept any and all things as necessary in the unfolding.

To Be Titled

Non-bother and reaction to thoughts of others that drift off into foolish or unrelated areas, opens up discussion for yourself and your others in the right ones.

People respond to events in the world with the subtlety of an unfettered mob. There is little chance for discrimination and nuanced understanding of the issue. As a result, the society goes through a lot of

pain in that area, only to arrive back at the subtle suggestions originally proposed by those who were drowned out.

Reader: Most people tend to put the horse before the cart without first looking at the issue

Response: Yes S, they think with their emotions, which is not thinking. It is reacting.

To Be Titled

True resolution of contradiction between two parties is not mere Compromise between them. It is rather a Higher Harmony; a synthesis to something new, unheard of, unexpected, creative, and dynamic that is beneficial to both parties.

Example: when the Germans settled with the Allies after WWII, it was not just an armistice that was created, but the United Nations and other global entities, including the EU.

The same Higher Harmony beyond the contradiction can occur at the social level, between two organizations, two people; even two ideas.

To Be Titled

Writing Process: Once you have a sketch or outline of what you want to cover, including key ideas, you can go wide and let expansiveness take over your thoughts. Then examine your draft and compress what you have created with fewer words. Finally, review once more and polish the content to perfection. A final title can now become the crown.

RK: Something I remember, related to this:

- Try to tell the same in few sentences.

- Try to minimise words by using more appropriate words.

- Try not to bring your conclusion, prejudice and preferences.

- Though perception and opinions cannot be avoided, try to

transform your all related consciousness and attitudes from the human to that of Spiritual.

- When reviewing remember Mother in every start of sentence.

Reader: This is the way to make postings in Facebook.

Response: Yes. It is the way I and associates of mine and many others write books, extended articles, create presentations, as well as produce smaller entries as here in Facebook.

Unfortunately people generally don't have the patience or wherewithal to do this. It therefore mars their final output. So much of what people comment on is therefore either incomprehensible or riddled with faulty arguments.

To Be Titled

If you read many of the letters to the editor or comments by readers to articles written in the New York Times, the results are well thought out; mainly because the people commenting are well-educated and reasonably rational.

The authors of the articles themselves, as Ramesh points out, are able to choose just the right word or words that express the idea being raised,, substituting for their rambling expression. They have built their reputation on the ability to compose articles that come out diamond-like. It is a high value of the founders.

Bob sir once told me that the European mind has developed this unique capacity to express themselves so clearly in language. It has a lot to do with their success over the years. The US naturally adopted much of it. It continues now to spread around the world.

Reader: It could also be due to the Editors skill in presenting the letter

Response: Yes, the editors appreciate letters of high quality, especially in terms of content as it relates to the article that was written. The editors then highlight those articles; making them stand out. The editors thus have high standards for the public, just as they have high standards for their own writers.

The editors also appreciate when the commenter stays on topic. Most people tend to drift off into sidelights that take them far astray from the original issue(s)being addressed. The human mind is like

this. It has trouble staying on topic; even staying close to it. It is the ego in the mind, ignoring the important issue initially raised for the sake of what excites one mentally.

To Be Titled

In normal life you solve a problem by addressing and then tackling it. In supramental life you resolve the issue by consciously ignoring it. It then self-corrects.

Response: Example: an individual wanted his spouse to gather together and remove a number of books that were scattered about the house. However, instead of complaining, he withdrew all such thought and feelings. The next morning the man noticed that his spouse had gathered together a number of those books in anticipation of returning them to the library.

To Be Titled

It is useful to recognize patterns in your life - so you'll know what to continue doing in future ... and what things to avoid.

RK: As usual Sri Karmayogi gives a different perspective in observing the pattern. In a success or failure particularly when it repeats he asks to observe the pattern of behavior, attitude capacity, skill, opinion and prejudices. Though not exactly, the distant analogy is: When an official is acting based on power, delegation, skill capacity we see only him – we don't see the power of the entire organization that gave power to him, is behind him. Similarly, we don't see what made us to do that or behave or express skill or capacity in particular way. As a surface man, we see only our own action.

Sri Karmayogi says, Man rarely knows what he wants. He aims at one thing, but actively drives at another. Observation of patterns of life will be a great moment in his life to know what he really wants, because that knowledge will help him to achieve it., by avoiding the weakness and enhancing the strength.

To Be Titled

One definition of consciousness is the capacity to learn from one's past experiences. Unfortunately, there are many individuals who would not pass this test.

Music & Dreams

People who are close to me know that I am secretly a composer of music. For decades I have been writing and playing my own compositions.

It turns out that a tiny fraction of my pieces came to me in dreams, some of which I have carried over. If I remained very still when I awoke, the music transferred intact from the ethereal plane to ours. However, the most magnificent of that music I was unable to bring into this world.

It turns out that we can take this same basic approach of stillness to remember our dreams in full upon awakening. Mother explained this technique in Agenda.

She also explained in Agenda the spiritual approach to sleep. She said that if we lay flat, relax and become like a dish rag without thought, quietly drifting into sleep, we can enter a dreamless state of spirit that Indians call Satchitananda. She indicated that if we experience that for one single minute, all of our energies would be restored, without the need for the normal 7-8 hours.

Mother Herself would go in and out of this state in later years and reached the point where she hardly slept all. She had harnessed a titanic energy that simply carried over from day to day. She had brought the power of the conscious-force Within to affect her body without, just as I had the pleasure of doing several times through music.

Reader: Nice musical experiences Roy Sir. Thanks for sharing

To Be Titled

The Lord comes immediately, without delay to one who makes a fundamental shift from skepticism to Belief.

Further comment: A young man was skeptical of the power of a great being who was capable of bringing both practical as well as divine-like gifts to his followers. The young man stood in a vast crowd of thousands of helpers who were devoted to that divine-like personality, and there felt alternately skeptical and hopeful.

At one point something deep inside him awoke, releasing a profound faith in that spiritual being. An instant later, in a mirroring-like device he held in his hand, the young man was stunned to see the reflection of the divine leader right behind him, about to address him alone and impart his wisdom and grace.

To Be Titled

When you take action that produces a result that has no apparent reason for existing in the present, but proves very useful in the future, you are subconsciously living in supramental time.

Token Effort to Improve Things Attracts

If you make a small token effort to overcome a seemingly insurmountable problem, life will soon reward you by presenting a relatively easy solution to the entire matter.

A friend asked me to retrieve a very difficult to get at important device held in storage. For months we discussed ways to dislodge it from its location, and then have it shipped back and returned. Then one day I took it upon myself to make an effort to retrieve the item, even if I had to climb over heavy, difficult to move boxes and other furniture-based obstacles. After making a small, yet strenuous effort, I soon realized that I could get to the desired item much more easily than I had thought. And so I was able to quickly retrieve it and then return it via airlines to my friend who was ecstatic when she received her beloved sewing device. Months of anxiety on her part had now come to an end due to one small token effort on the part of her friend.

To Be Titled

All our difficulties are utilities to spur us toward greater personal growth.

To Be Titled

Startlingly, according to some statistics, America is the most religious country in the world! It may be wide, but is actually quite shallow.

To Be Titled

In general the practical cannot achieve at the highest level without the involvement of the subtle. However the subtle alone can.

Eg an individual will not ordinarily accomplish at a very high level by merely developing a plan and then carrying it out with gusto. He requires one or more of - higher attitudes than he has now, application of deeply felt personal values, capitalizing on changes occurring in society, utilization of the power of spirit, etc. - to take him to the highest heights.

However, one application of the right, subtle element at the right time in the right place can attract results that take him to the pinnacles of success.

To Be Titled

In normal life we view the world from our own individual perspective. Thus separativeness and ego are its hallmarks. In Supermind one perceives life from the perspective of each of the other parties or influences simultaneously. Thus it is an ultimate, Unity consciousness. The method of taking the other person's point of view is one step in that direction.

To Be Titled

RK: Roy Posner Sir,

Yes! It is intriguing me for quite some time. Probably that is theme we can concentrate this year. Though we all try to live Mothers path after certain stage we level off – the plane being our unavoidable comfort zone which we are afraid of leaving. Though maximum we live on what we know as principles, values etc., I think that is the point our ego is getting saturated.

For example, I compromise many things for my family members in the name of harmony which is actually border comfort zone of other man point of view , freedom and exploitation of my attitude. Similarly I fought a lot with lower officials in government departments and against corruption but I was bit “flexible” in case of ministers and higher officials which is again a comfort zone. I am happy to get name like I am straight forward person, I keep my word, financial integrity and in the process I maintain the level of comfort zone within in quality and perfection . If the payments get delayed beyond my capacity I get into corrupt practices. I keep harmony only till my ego is not touched – even fighting for Appa or MSS is satisfaction of the ego , a comfort zone on not taking higher principles to solve the problem like silent will or inner outer correspondence.

If I analyze every moment I am having comfort zone – may be at higher level than others. This is actually contrary to Mothers words – Truth or Abyss . Also it is contrary to Life Divine’s basic formula – you cannot stop in the middle”.

Mother asks us to make the maximum possible progress through Spirit at any given moment without seeking for comfort. She says, Grace instantly moves in and accomplishes the Divine intention at that moment.

So I think (Based on Sri Karmayogi’s Advices):

- As a devotee our effecting physicality, venturing vitality, curious mentality – all no doubt seeking a higher consciousness in their own ways. But they are seeking the Divine in their own domains. But coming out of comfort zone is seeking Divine through Spirit.
- So we should not - particularly seek psychological comfort.
- To come out mental comfort –c heck ourselves on what we call as our rational decision all the time. Even if it is right based on our known ethical, values, conscience etc., Only question we have to ask is whether Mother likes it or not.
- Every moment we have to evolve and expand in the aspirations of the Divine.

Response: I had the thought after reading this that The Comfort Zone for an Aspirant is one where one is unable or unwilling to make the corresponding Descent to any Ascent in consciousness. I.e. he does not implement his higher consciousness aspiration (ascent) in the details of his life so it is accomplished (descent). He is happy to remain where he is in a kind of "static" ascent, not completing the process.

RK: Yes that is what I am trying to elaborate from the Chapter “Delight of Existence” - Infra-ethical, Ethical, Supra-ethical - Levels.

Response: (to continue my thought from above) On the other hand, the true Aspirant is continually releasing his aspiration for improvement (Ascent) and then manifesting it in the details of life (Descent). His Comfort Zone is eliminated, at least for now.

And yet we can identify a further stage. Interestingly once you descend and apply the higher in the lower, you are likely to discover additional Highers to aspire for, as you perceive new limitations in your being and therefore new ways to elevate your nature. Then growth becomes never-ending. Comfort Zone is transcended.

Eg in Gary Jacob’s book The Vital Difference he discusses how one man can make a great difference by improving one aspect of his life. In the example a man decides to conquer his lack of Punctuality. This is his ascent. The descent is to do all of the things necessary to make that happen. Eg create a firm time-bound to do list, garner the cooperation of his family, etc. etc. Well in the process of carrying out those details he realizes several other deficiencies in his being. Now he wants to conquer these as well! So he ascends to carry out each of these, which in turn requires their corresponding descents, ad infinitum. Now he has risen very rapidly in the company. In fact, changing it (and himself) forever. He has long ago passed his Comfort Zone, replacing it with his never-ending Evolution Zone.

To Be Titled

On the surface we perceive contradiction and division. In the depths we perceive these as Complements on the way to a Higher Harmony.

Ascent & Integration beyond Our Comfort Zone

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To Be Titled

Sometimes the Ignorance also serves a purpose as it conditions us to evolve our being. As Darcy did in 'Pride and Prejudice' ignorantly proposing to Elizabeth, which exposed his hidden weaknesses, compelling him to transform his nature. It is the Divine who enjoys the process of self-discovery from the Ignorance. We are not aware of that since we are exclusively concentrated on ourselves. (recollected from Garry Sir's speech) --paraphrase of SM

To Be Titled

Misunderstanding can be a great first step toward understanding.

Reader: can you explain further.

Response: A man was having trouble getting the right information from another person. He persisted but things just seemed to go in circles. Finally he drew up a list of examples for the other person to follow. In doing so the first man now had sample data he could now send to a variety of other users. It also compelled the second man to forward a paper revealing much information about himself, something the first man did not ask for, but helped him understand the second man's mind. The whole misunderstanding had the net effect of creating better understanding about the process and data required. Life evolved quickly through a conflictive unfolding that secretly had a higher purpose.

Reader1: How does misunderstanding in a relationship makes the first step for understanding. In all cases it leads to problem only

Reader2: Gaps in knowledge or lack of communication too may lead to misunderstanding.

Response: Misunderstanding if pursued in the right spirit can reveal much that might have never come out, which can strengthen the relationship, or at least create a better one for the future.

It is another form of the journey from Ignorance to Knowledge, so key for the evolution.

Suggestions for Happy Harmonious Relationships

(each when taken up will also evoke positive conditions from life for you)

1. Complaining aggravates the behavior it seeks to cure. Lose the ability to complain.
2. The less you react, the less cause and provocation you will have for reaction.
3. Disengage yourself from every conflict as soon as possible.
4. Give your partner the benefit of the doubt, always, at all times.

5. A touch of patience dissolves disharmonies. Genuine patience comes from knowing oneself.
6. Avoid cynical humor, teasing and sarcasm in the guise of being funny. They are like acid rain that poisons the flowers in a luxuriant rain forest.
7. Never attribute ulterior motives to your partner, even when you feel justified.
8. The capacity to completely forget a problem is the way to overcome it forever. Let go of the grievances of the past without trace.
9. Whenever you are very sure you are right, take your partner's point of view. You will always discover a truth in it that should be honored.
10. Being right and having your way are the triumph for ego, which destroys relationships. Be generous, considerate, loving and self-giving
11. The more you try to improve yourself and the less you try to change your partner, the better your relationship will become.
12. Acknowledge your partner's feelings and perceptions, without judgment or criticism.
13. Undivided personal attention fosters intense affection.
14. Taking 100% responsibility for making the relationship better without expecting anything of your partner is the best way to evoke your partner's fullest cooperation.
15. Learn to cherish the differences between you and your partner.
16. No act is too small or insignificant to serve as a means for expressing affection.
17. Don't take anything for granted. Give full credit to your partner where it is due, even for the smallest happy occurrence.
18. Silent Will is more effective than the spoken word. When you intensely want something from your partner, will for it silently rather than asking in words.
19. Listen to your partner's silences. Respond with understanding, acceptance and affection.
20. Gratitude is a spiritual emotion that brings more of what we feel grateful for.

To Be Titled

Mother's New Year Message:

"Blessed are those who take a leap towards the Future."



2015 ENTRIES

To Be Titled

Shifting from unwillingness to willingness - such as becoming willing to take a particular, required action - instantly attracts favorable conditions.

To Be Titled

People reflexively jump to conclusions based on what they learn in the media, speak it out, and then sheepishly feel like fools after it proves to be false. This is the excited, surface mind that has not developed an inner poise of calm, patience, and wherewithal to perceive the actual truth.

To Be Titled

Those who hold back expression - whether in speech, opinion, urge, action, etc. -- are often the ones who prevail in the end.

To Be Titled

Many hundreds, perhaps thousands of Mother's miracles have I witnessed over the years.

"Complete Act" Attraction Power

Sri Karmayogi tells us that any act - even the smallest, such as writing a check, or cleaning a carpet, or eating a meal, - if done to perfection can instantaneously attract good or great fortune.

To perfect an act is to make it a "Complete Act," where we have an aspiration for its accomplishment, the inspired will to make it happen, and make the persevering effort through right skills, positive attitudes, and high personal values. Doing so will achieve our goal and much more, as the infinite will emerge from that finite, putting in our hands the same capacity as the Lord.

Additional comment: This once again shows that the infinite can emerge from the finite, as Sri Aurobindo explains in *The Life Divine*. It is so because every finite thing in creation has its source in a Divine Infinite. However it is hidden from us in life. And yet if we make any life activity a Complete Act, the infinite reemerges as life responds out of all proportion.

To Be Titled

For a smaller or greater goal, there is often one great obstacle to its achievement, and it often resides in one's attitudes and feelings. When that limitation is identified and overcome, accomplishment of the goal comes quickly; often through commensurate positive response from life. When the wanting quality is not overcome, one can still achieve the goal, but it is often accompanied by difficulty and pain.

To Be Titled

Restraint on our part builds up energy inside, attracting positive conditions outside.

To Be Titled

Passivity is not the same as Restraint. The former is a form of uninvolvedness, bordering on obliviousness. The latter is practicing self-control that builds up energy, invariably attracting positive conditions.

Infinite Power of the Finite

To know the significance of the infinitesimal is to discover the power of the Infinite. All that we see as finite, limited, ignorant and impotent is in reality a frontal appearance of the Infinite. Behind every finite appearance lies an infinite potential. It means that every individual, every circumstance and every moment possesses infinite possibilities. (Garry Jacobs of MSS)

Reader: It is then up to the individual to reach the infinite possibilities through consecration

Response: Yes, very much so. As well as in combination with other methods, such as practicing higher levels of cleanliness and orderliness, non-wastage of resources, overcoming negative attitudes, practicing non-reaction towards others' intensities, not blaming others, taking responsibility, making a decision overcoming ego and selfishness, feeling goodwill toward others, gratitude, making the mind silent, silent will, taking the other person's point of view, seeing negatives as an opportunities, creating greater harmony with others, etc. etc. All attract powerful positive response, especially in tandem with consecration to the Mother's Force, which in effect is evoking the Infinite from the finite.

To Be Titled

Excellent decision-making begins by bringing to bear the right Consciousness to the situation - in terms of attitude, awareness, knowledge, energy, will, values, spirit, etc.

To Be Titled

What fresh, new resolutions have you made for yourself for the New Year? Would they truly be helpful if accomplished? Most importantly, are you sincere about carrying them out? Sincerity - as opposed to mere thought or talk - is the critical psychological state that truly moves one forward.

Reader: My father asks me to take resolution for every New Year to giving up unwanted attitudes. Honestly I am not very sincere about to keep that up. Hopefully in 2015 it will work.

Response: Once you are clear about what they are, you can make it part of your everyday routine to rid them, through specific to dos. Doing so will tend to quickly attract positive conditions. Are you interested in obtaining these results?

Reader: Yes of course, I try to practice silent will and ' non-reaction'

To Be Titled

Today is tomorrow's memories.

Tomorrow is today's dreams.

Yesterday is faded - memories and dreams.

To Be Titled

If I have witnessed thousands of Mother's miracles along the way, then I have also experienced ten thousand synchronicities, simultaneities, parallelisms, and related in that time.

To Be Titled

The happiest people are often those who happily make others happy.

To Be Titled

If you consistently identify and then try to improve several weak points in your being, you will always be riding the fast train to greater success. On the other hand, those who are self-satisfied, who are happy with where they are now will remain stuck at their current "station."

To Be Titled

When two individuals realize that they have had the very same thought, though they have not been in communication long or short term, they have in essence been locked into the same thought-wave passing over them.

To Be Titled

There is a gradation of Reacting among the ascending planes of our being: Physically it is with reflexive material force, Vitally it is with uncontrolled emotion, Mentally it is through counter-argument, Spiritually it is by not reacting at all.

Reader: Mother advises us to learn to be quiet and silent. When we have a problem to solve, instead of turning over our head all possibilities, all consequences, all the possible things one should do or should not do, if we remain quiet with an aspiration for goodwill, if possible a need for goodwill, the solution comes very quickly. And as we are silent we are able to hear it.

To Be Titled

For any problem you have, intensely ask Mother to resolve it. Then let go, offer it up, and say "let Thy will be done." Have Faith in the answer, in what She brings, yet without expectation or demand.

Reader: So you mean every problem we have we just bring to mother and it will be solved. I had a lot towards end of 2014 even among family .My house vandalised by a jealous relative and my brother not talking to me

Response: Had your been regularly consecrating, it would have given you protection from such things. At another level what happens on the outside is a reflection of something inside yourself or someone close. Discovering the correspondence -- usually found in our negative attitudes; towards others life, self, work - recognizing, and consecrating it will eliminate these sorts of outer events from occurring in future. If it involves the wider community, then you can consecrate on behalf of the collective as well, and things will improve there too.

To Be Titled

The deeper we go in our own consciousness, the more we perceive the Infinite Consciousness that is the source of, that permeates, that makes up (through forces and forms) creation.

To Be Titled

Quantum entanglement proven by science indicates that if a particle on one side of the universe changes its spin, direction, etc. a corresponding particle on the other side of the universe will instantly do the same. This indicates that the law that nothing can move faster than the speed of light -186,000 miles per second,- is false, as things can move a trillion times faster; and it proves that the instantaneous miraculousness of Life Response is a reality.

To Be Titled

Quantum laws of physics indicate that the universe cannot exist unless it is being observed. Who is then doing the observing? It is the Infinite Consciousness, that is its source. And it is also we who are increasingly coming into a higher consciousness.

To Be Titled

An empirical Science says consciousness emerges only from life, i.e. through higher life forms in the evolution. However, the laws of spirit indicate that consciousness is previous to matter, and is its source. In fact, the consciousness that emerges at each stage of the evolution - from matter to life to mind - is already there, hidden, involved as a kind of seed of consciousness ready to come out, as it was formulated previously in the involution.

To Be Titled

Involution is the process by which the universe was created from a Divine Source through a process of self-absorption of consciousness. Evolution is the process by which the universe emerges in ever higher planes through the reemergence of the involved, hidden, absorbed Consciousness-Force.

To Be Titled

Recent discoveries in quantum physics indicate that nothing fundamentally exists in the universe; that the underlying quantum particles have no material reality and exist only as mathematical potentials. Then what binds the universe; what is the truth behind these quantum particles? It is Consciousness. The Conscious-Force of the Infinite Divine is actually what we recognize as quantum particles that is the basis of all existence. That would make everything in the universe Divine in essence.

Unifying Subject and Object

In higher Consciousness subject and object fuse and become one. E.g. the lover is one with the beloved; the thinker is one with the thought, etc. In lesser consciousness they are separated; e.g. the lover seeks, longs for the beloved; the thinker strives to know/understand the thought, etc.

In normal life we are in the second category. However, as we rise in consciousness, we move to the first, making life blissful, filled with ease and inner fulfillment. All is unified and one. It reaches its apex in Supermind which is complete Unity consciousness where all subjects and objects are experienced in Oneness, including the unity of Spirit and Matter.

We however live in Ego consciousness, where subject and object are very much divided and separated from one another. My concerns as opposed to yours; instead of mine and yours. My superiority as opposed to your inferiority. To bridge this gap we need to make the journey from ego to oneness. It occurs through elevation of consciousness, which moves us to the depths within, and the universal without. There subject-object pairs move into alignment, creating harmony of purpose. Oneness and the Joy that issues from it are the result.

To Be Titled

If you are tired when doing a work, take time out to replenish your energies by resting, eliminating thinking and if possible connecting to or melting into the Divine Mother. When your energies return and you resume the work, the results will tend to be extraordinary.

To Be Titled

Nothing in our human nature evokes powerful response from life more than our attitudes - whether negatively or positively.

To Be Titled

Concept waves emanating from the Infinite Divine, called "Real Ideas" by Sri Aurobindo, establish the underlying purpose and destiny of the material universe. Among the Real Ideas are Silence, Peace, Being, Knowledge, Truth, Goodness, Creativity, Beauty, Love, Delight, Timelessness, and Infinity. Waves of these spread through the Involutionary process that establishes mind and energy, but are hidden at the birth of the material universe. Through our evolution we reintroduce them and make them real in the world. We actually experience them as Values, which are combinations of Real Ideas that we manifest in life. Thus, what the Divine intended in the involutionary process, we help fulfill in the evolution.

Reader: Thank you Sir.

Does evolution always happen in an ascending scale? For example, if we learn a good value (or reversed a negative value) in this birth, will we remember that in the next birth such that it would be an asset for us and we progress further or we may have to go through life experiences again to find out that.

Similarly, how do we know that what are the values which we have learnt from previous births, but we may not aware of our potential and we might be doing exactly opposite of what we had perceived as life experience before? Thank you Sir.

Response: First of all I don't believe it is the normal I that is reborn in successive births. It is rather our evolving soul and psychic being. On the other hand, if we identify with our soul, then the soul and I are same.

The evolving soul (psychic being, true self) is that which learns from the life experiences of the person it inhabits, and carries over to its next birth so it can continue its journey from Ignorance to Integral Knowledge. So yes each rebirth of the soul is a progression; and the newest birth is to discover something it has not yet realized through the experiences of the individual it now inhabits.

As for knowing the values of previous births: If we are in touch with our soul, we can sense the values the soul has already realized, that is a part of "ourselves," plus perhaps what it seeks from us in this life through our personal growth and development experiences.

Does the rebirth succession happen in an ascending scale, without regressions? I am not sure. I believe the psychic being prepares between births whose body to enter in the next birth, so it might avoid regressions, barring something unexpected.

It's interesting to note that Mother said she was able to experience her past births when She connected to Her own psychic being which enabled a kind of portal of awareness into key events in Her past life. Eg She saw herself as Egyptian queen Hatshepsut at a key moment of that life, and similar with her births as Catherine the Great, Mona Lisa, and others. She said in Agenda that she hoped to be reborn as an ordinary person in the next birth as it would be easier on Her!

To Be Titled

In Consciousness subject and object are One. Eg the lover and beloved are one. The seeker of knowledge and the knowledge are one. However with limited consciousness subject and object are divided, separated. Eg the lover tries to love the beloved. The seeker tries to know the knowledge. As we rise in consciousness all dual pairs in creation move from a divided state of incapacity to a unified state where subject and object are one. It culminates in Supermind which is Unity consciousness.

To Be Titled

There are two formations of Brahman. One is the Divine Brahman, the transcendent, the Infinite Consciousness that is the Source of all. The Supreme. All things in creation originated in it, are formations of it. There is also Brahman that is the All, the Reality. It is both spirit and matter; the One and the Many; all in creation and all behind it. It includes the Infinite Brahman, plus everything in the universe. It is the All; the Omnipresent Reality, the highest conception of existence given to Man. In Supermind it is glimpsed and realized.

To Be Titled

When one rests in the Spirit, each failure is only temporary, and leads to an even greater success. Eg after failing to secure a loan, one obtains an even larger one from another source. Or one who longs to be a distributor of a product fails to do so, but becomes an executive for the manufacturer. Consecrating or otherwise bringing the spirit to bear has this exceptional life response power. (paraphrase of Sri Karmayogi)

What Comes To You Spreads & Astonishes

There is a difference between what you initiate and what comes to you. The latter is alive, filled with a kind of will, that when embraced will invariably be successful, and will also surprisingly connect with others' interests thereafter.

They will say that it is an astonishing coincidence that you brought up that matter just at that particular time when they were experiencing the same or they found it helpful, but the deeper truth is that you have caught a vibrating wave of knowledge or information, have recently been its caretaker, benefitted from it, and then it moves and passes on to others. Their interest and yours are simultaneous and synchronous. It is the Force in action, moving in the world.

The Power of Ignorance

Sri Aurobindo tells us that the Ignorance we experience is a power of the Infinite consciousness; that it serves a purpose to hasten the evolution.

He also says that Ignorance is a greater power than knowledge. Through all of the false and mistaken feelings, thoughts, behaviors and actions of our lives, we learn key lessons that hastens our knowledge and hence our progress. Even moving through knowledge alone would not so speedily and in such depth reveal the profound life lessons we can garner and therefore the progress we can make as through the Ignorance.

Thus we could say that the power of Ignorance is one that enables Self-discovery in the world, as well as the Joy we have in that discovery. If that is so, then Ignorance is helping the Divine Life unfold in the universe

To Be Titled

White is all colors reflected. Black is all colors absorbed.

To Be Titled

Impatience extends illness, short-circuits success, creates errors in judgement, delays funds, attracts accidents, compounds a problem, wastes resources, causes friction, delays outcomes, and makes one seem foolish, to name several.

Rishi Wisdom of India Applied Now

Q: The ancient Rishis of India discovered the spiritual Reality behind existence, and was able to intuitivize it, as captured in the Vedas and other sacred texts. Then why didn't the great spiritual insights of the Rishis take hold back then, 2000 years ago? They had discovered the Spirit at its source, and explained it in detail. Why didn't India and the world take heed?

A: In essence the world energies shifted from the Rishis to the rest of the globe -- i.e. development of Europe, America, and now Asia, -- so that their added experiences, ideas, cultures, positives, negatives, etc. could later be gathered up and spiritualized through the insights of what the Rishis had discovered. In other words, Life had to wait till now, after these historical developments and evolution at the material level, before Rishis wisdom could be applied to the details of life. That would give it a far vaster and multi-faceted reality to apply it to.

Sri Aurobindo and The Mother have come to bring the Rishi's wisdom to the world, at the dawn of a new psychological and human-centered spiritual age. And yet they have also incorporated the evolutionary insights of the West to the direct spiritual intuitions and insights of the Rishis, giving it a far greater power. This is fully embodied in Sri Aurobindo's metaphysical opus 'The Life Divine.' Also they have brought down the Supramental Force in the earth's atmosphere, providing a direct conduit for people to apply the spirit into the daily lives, evoking instantaneous miraculousness.

Discovery of Supermind & Other Traditions

Q: Why isn't the descent of Supermind explained in other traditions, religion or philosophies?

A: The ancient Rishis of India had kind of discovered Supermind 2000 years ago, but Sri Aurobindo went back to those teachings and realized it at a deeper level, and then worked to bring it down to earth plane for humanity. Other traditions do not have the depth of experience to perceive what the Rishis experienced, let alone what Sri Aurobindo and the Mother had realized and then embodied for the world thousands of years later.

Also, other spiritual traditions have little knowledge of the involutionary and evolutionary process as described in 'The Life Divine.' I.e. a comprehensive theory of Creation, which includes the key role of Supermind in that process.

Sri Aurobindo had a vast integral knowledge of all philosophic, religious, and spiritual traditions. From these he was able to glean his own unique, comprehensive, integral, and thoroughly original view, including his apprehension of Supermind in the scheme of things. It was ultimately based on his own spiritual experiences, not mere philosophy that gave him the depth of understanding. No one had the spiritual, let alone the intellectual capacity to come to such a profound understanding.

To Be Titled

When you energetically come around and do what you were hesitant or reluctant to do, you garner immediate positive response from life - such as very quick service when you expected a long wait, a much simpler process to go through, and benefits beyond what you expected

To Be Titled

If you observe life very closely, you will see small, seemingly insignificant circumstance around you that subtly mirror, reflect a significant event in the world occurring at that time.

To Be Titled

We live cloistered behind our skin, focused only on our own small affairs, not realizing that at every moment the entire universe is inside and available to us.

Reader: Sir, Thank you. Normally our mental chatter & imagination is negative, if we shift it to +ve , situations will be favourable

To Be Titled

If you have a pessimistic view that negative things are going to happen to you, they generally will. Best to reverse such self-fulfilling attitudes.

To Be Titled

Over-expectation or over-anticipation have roots in psychological incapacity garnered genetically, from childhood, socially, or otherwise.

To Be Titled

Everyone wants to get something from God, the Divine. Yet no one wants to Surrender to It; to follow Its Guidance and Will. It is the difference between ordinary and spiritual life.

To Be Titled

If you consecrate a serious problem and Mother does not solve it, look for deeper causes.

To Be Titled

"Initial occurrence portends future outcome."

It is one of the great principles about the Nature of Acts offered by Sri Karmayogi: Here are two true life experiences:

Example (positive) From seemingly out of nowhere two well-dressed women approached an executive to do be an instructor for their training company. For the next 25 years people would contact him regularly unsolicited to do training for their organizations without him having to pursue them at all.

Example (negative) A man was trying to find the location of a small business in the suburbs that would give him a chance to participate in the most important and profound work of his life. On the drive there he got very lost among the endless streets of hundreds of suburban homes. After being in deep anguish he finally made it there by consecrating the situation. Seven years later after working with the company and founding his own to continue that relationship, his company went out of business, which too created great emotional pain.

To Be Titled

As long as I avoid a bad person, my inner knowledge keeps the inner Ignorance at arm's length. Avoidance is austerity; acceptance is prosperity. Ignorance does not transform into knowledge as long as we avoid it or avoid the person in our life who represents that Ignorance. He is there for us to make

a progress. When we make that progress, mysteriously he vanishes. He tells us by his jealousy that there is jealousy in us. We are not aware of it, or we are unwilling to concede it. That is the positive value of a negative person. The moment we recognise it and exhibit a willingness to give up the bad trait, that man disappears. (Sri Karmayogi)

Reader: this was an excellent post by RV

sir, after reading his post, tears were rolling from my eyes . i hv avoided so many people if i dont get along well with them. Now i came to know it is for us to change mother sent all those . now i am doing past consecration to mother that " Pl convey the lessons / progress to my soul , i should have made, if i accepted them ,during my earlier days . i hv realised the mistake now after so many years. Without meeting the same kind of person again, pl give me the knowledge to my soul "

To Be Titled

Terrorism represents a complex, even subtle problem that demands corresponding solutions from the society, requiring enormous, detailed cooperation of all nations. It thus ironically serves the cause of furthering Harmony of Purpose and Human Unity in the world.

Reader: yes that's true....but why do we need terrorists to make progress...why do we learn only after a terrorist attack?

Response: It is due to unconsciousness. Why did it take WWII before the UN, the EU, etc were made possible? It was in order to shatter the physical ego of the society to bring out the sincerity of the all parties to cooperate. Before that nations pulled in their own direction, all puffed up with sense of self.

Terrorism is very minor compared with those times, but requires even more subtle cooperation amongst all nations because the problem is more subtle.

The nations of the world are still ruled by Ego, though they are slowly evolving.

We can progress rapidly without violence through higher harmony, but that is not in the cards due to the ego of ALL nations. That is the way of Purusha. Man still progresses through Nature's slow and difficult way (Prakriti). Each nation getting rid of its Ego that allows for greater, more subtle cooperation and collaboration is the shift from Prakriti (Nature) to Purusha (conscious being and self awareness - soul).

Higher education, internet, and perceiving the deeper laws of life can reveal the way forward. Mere mental good and evil view will lead only to confusion, anguish, etc. That is where we are now.

My own view is that terrorism is mostly an economic issue. It grows out of unemployment, low wages, and poverty, which leads to frustration. As people become prosperous and buy material things they lose the fundamentalist edge.

Will the world work together to create a new Human-centered Economics that helps all, not just those with monetary power? A degree of World Governance can eliminate the roots of terrorism by developing better economic, educational, and social realities for all nations. Internet can help implement it very quickly.

In the meantime a World Army, a global rapid reaction force would also help at the security level; to address immediate threats to the peoples of the world.

To Be Titled

Things that are normally perceived as being in contradiction and conflict are recognized as moving towards a Higher Harmony in Supermind (Unity consciousness).

To Be Titled

Though we recognize the material, empirical, mechanistic causes at work in a tragedy, there are also the subtle, attitudinal, vibrational, atmospheric factors that attracted that misfortune as well. Knowing them is wisdom.

To Be Titled

Sri Aurobindo indicated that Truth had to manifest first before the power of Love.

Additional comment: Mother said that were divine Love to manifest now, it would crush us. However, in an environment where the atmosphere of Truth was established - as opposed to falsehood, disharmony, and ego, - Love would manifest more stately, sweetly, purely, without any opposite reaction.

To Be Titled

Accepting the other person's points of view, instead of insisting on what you already know, leads to new understandings and bursts of creative insight along lines you hadn't considered before.

To Be Titled

Life responds to mind's interest with information. It responds to mind's decision by moving toward us. It responds to the vital's consent and commitment with action. When the enthusiasm becomes vital commitment and determination, action of life is inevitable. When the movement touches the subconscious (physical), it brings instant results. (MSS)

Additional comment: Life responds to mind's interest with information.

You as salesperson think about a product you are interested in selling at the store you work at, and you see an ad for it just as you turn the page of a daily newspaper.

--It responds to mind's decision by moving toward us.

As salesperson I decide to overcome my reluctance to work weekends; and the person who can give me an enormous response decides to shop at our store that weekend

--It responds to the vital's consent and commitment with action.

When I as salesperson make this commitment, the potential shopper decides that he wants to purchase a number of goods, which will be an overwhelming response for the salesperson if purchased.

--When the enthusiasm becomes vital commitment and determination, action of life is inevitable. With my commitment and the customer's aspiration to buy, we too are in alignment for great results.

--When the movement touches the subconscious (physical), it brings instant results.

When as salesperson I enter the store on the weekend I recommitted to, the customer appears at the door, the only one to enter the store, ready to buy, which he then does; an overwhelming response for myself as salesperson.

(another example) Darcy appears at Pemberley from out of nowhere to Eliza has fully changed her psychological view of him at all levels down to the physical.

To Be Titled

We can progress by taking up opportunities that come to us on their own, or by overcoming challenges and difficulties presented to us in the right spirit, with the right consciousness and its application. Both will attract the cooperation of life, bringing favorable results, enabling our further growth and success.

To Be Titled

All achievement originates inwardly, not outwardly. The outer success is the result of the right consciousness inside.

Vision, aspiration, will, decision, commitment, right attitudes, right motives, high values, deep knowledge, inner strength, level of energy, right perceptions of obstacles, use of the spirit are among them.

Collaborating With the Determinates Of Evolution, the Force

There are fundamental aspects and attributes of the Spirit that are trying to be realized in life. They are the determinates of all human existence, including our own lives. Those who identify and then consciously choose to collaborate with those spiritual aspects will ride the tide of progress and evolution forward. Those who swim against it will be drowned by the Force of progress.

Example: In *Pride and Prejudice* there is a force that is trying to create collaboration between the middle and upper class. Rather than have violent revolution as in nearby France, England took a quieter, more harmonious tact. All those who participated in it, like Eliza, Darcy, the Bennet family, greatly benefitted with it. Those who opposed the union of the two classes, like the effete aristocrat Lady Catherine were washed away by the tide of history.

There is thus a Force of movement forward. It contains one or more of the cosmic determinates, such as equality, freedom, peace, silence, harmony, light, truth, creativity, beauty, love, delight, etc. These forces are there in the Supreme Consciousness and moved out as waves in creation, moving in infinite directions as needed in the evolution. Those in touch with these waves, with that Force will be successful. Those who oppose will be washed away by the tide of history.

To Be Titled

We have free will within the bounds of what the Infinite consciousness seeks to manifest in life. We can choose to collaborate with that Divine Intent, and if we do, we will be lifted up by that tide of progress.

Make a list of several negative things in your life. Now find the corresponding wrong attitude, habit, belief, behavior that precipitated it. Once you discover and reverse it, the outer negative will quickly disappear, often instantaneously.

To Be Titled

Try to remember the Mother before you engage in any important activity. Each time you do, life will fully cooperate with your intensions.

To Be Titled

Sometimes you need a fresh, new perspective to perceive the true nature of a thing - whether a different vantage point for a physical place, a new experience for one's emotional relationship to some entity, or a new understanding to perceive the deeper nature of a concept.

To Be Titled

From out of the regression of religion and its dogma, rituals, superstitions, and control comes the progression and freedom of individualistic, personal experience of the Spirit.

The universe has Spirit or Soul, as do we humans. Even objects have an Essence. Therefore our relationship to those objects has consequences. Positive relationship to them will bring about their cooperation, while negative will attract their malfunction or other forms of non-responsiveness or non-utility. So never blame or complain about any object or any person or anything in the world; instead take responsibility when there is a problem, and always try to feel goodwill and gratitude toward anything and anyone around you. That way you will continually attract positive conditions from all that you encounter in life.

To Be Titled

There is no greater power for great, sustained success than Oneness of being – whether in in a mutual relationship, an organization, or any collective of life.

To Be Titled

At the point there is insufficient physical, vital, or mental energy, the body and its health will tend to break down. Best to restore the energies before resuming work or other aspects of life; otherwise the breakdown can worsen.

To Be Titled

The subconscious holds many negative feelings and attitudes that we are not conscious of, such as a deep-seated ill-feeling towards someone, or a racial prejudice we are not aware of, or an aversion to

having a child, etc. etc. Through personal growth we become increasingly conscious of our subconscious, including its wanting qualities. When we become aware of one or several, a feat in of itself, and then consciously reverse it, life responds out of all proportion.

To Be Titled

If you learn the lessons failure has provided, life will lift you to the heights. Failure to learn from past failures will keep you in the same place, or worse.

To Be Titled

If one feels intense contrition for a serious mistake, a solution that resolves it tends to well-up from life.

To Be Titled

Gratitude and appreciation are spiritual attitudes of the heart that have a special power to attract instantaneous positive response. E.g. a man greatly appreciated how well his car now ran after his friend brought it into the shop, had it worked on, and paid for it. Immediately after expressing his gratitude to her, he learned that the bill was considerably less than he expected. That is a small example of the enormous life response power of gratitude.

To Be Titled

May I be open and tolerant and humble and patient to see the validity in every person's point of view -
- whatever the level of merit. That act alone tends to quickly attract good fortune for involved parties.

To Be Titled

When you take care of something that you were hesitant to take up, important content for the undertaking suddenly, synchronously appears out of the blue.

To Be Titled

Gratitude will tend to attract more of what you feel gratitude for.

To Be Titled

Present information to another not just when you want to give it, but when they are ready to receive it.

Roundabout, Yet More Substantial Response from Consecration

Ordinarily we perceive that consecration -- offering of circumstance to the spiritual Force -- will evoke positive outcomes in relation to the immediate aspect, matter, et al we consecrating. Often the correlation is obvious and we see the direct answer to our inner evocation. However, sometimes the positive response from life comes to us indirectly, more roundabout, yet can be more integrally effective.

A man consecrated for physical comfort, and received a limited response by calling to the Divine. The next day however he received instructions on the psychological nature of his underlying problem. Only a while later did he realize that the knowledge coming in was a life response to his consecration, substituting for the direct relief he sought. Instead he received a more powerful insight about the way forward; i.e. filled with integral truth and knowledge that if he were to act on it would greatly benefit his life, far beyond his immediate concern with resolution of his physical discomfort. The final irony was that his affirmation of the insight brought the physical relief, at least for the interim. The even greater longer-term issues were now plainly in sight and ready to be resolved.

The moral is to observe closely the events that occur in the wake of consecrated effort. It can come in subtle forms, or ways you did not anticipate. As a result, you are now able to take the power of consecration to a broader, deeper level.

To Be Titled

People who complain about others will increasingly attract people and situations whom they will feel compelled to complain about.

To Be Titled

While one can offer a benefit to another with a particular conscious intent, there is often a subconscious intent that is also being broadcast, that can produce a detrimental effect.

To Be Titled

Money coming to you or not coming to you is a reflection of who you are.

To Be Titled

All progress - whether technical, social or others - is the result of being not content with 'what is'. (Garry Jacobs)

Additional Comment: Yes, it is continuously wishing to move things forward to what we perceive it should be, as well as continuously going beyond our Comfort Zone.

To Be Titled

"Hold Infinity in the palm of your hand
And Eternity in an hour." (William Blake)

This is what occurs through instantaneous miraculousness; aka Life Response phenomenon. Infinity in terms of space; eternity in terms of time; both overcome.

To Be Titled

Vedanta is the essence of Hinduism, as experienced by the Rishis who saw into the nature of Reality, including its spiritual Source. Sri Aurobindo took it much further into the modern age. He explained in great detail the involutionary process from spirit to matter culminating in the universe, as well as the evolution from matter to spirit that can culminate in a divine life on earth. Between these two processes, Supermind created space-time, subject-object, the spiritual values of creation, etc. and it now serves as the (the Mother's) Force we can evoke to bring about sudden good fortune in our lives and the spiritual transformation of life on earth.

To Be Titled

Your greater future always lies at the point you decide to change some limiting aspect of your being.

To Be Titled

Mathematics can be viewed as the formulations of reality at the conjunction of space and time; extending to infinity and eternity.

Mathematical Formula of Life (& Life Response)

Mathematics is the Queen of Sciences.

There is no object in life that cannot be described mathematically.

The path of a stone thrown into the sky -- projectile -- follows a formula of mathematics.

Astrology has reduced all events of Life into formulas that can be defined in mathematics.

Computer follows the rules of grammar because they are represented mathematically.

Zero is a wonderful conception of mathematics when it captures the secrets of creation.

Einstein discovered the mathematical equation of Energy that is matter, which enabled science to predict the movement of objects.

Sri Aurobindo speaks of a mathematical formula of creation -- one in terms of yoga -- and says it is intelligible only to Him.

By applying Sri Aurobindo to all other sciences as well as life, that field can be reduced to a formula.

Life Response represents that idea about the movements of life.

Sri Aurobindo mentions the route of life from the finite to the Infinite in various ways of which mathematical architecture is one.

Life events lend themselves to prediction because they are movements according to measurable rules.

In a planned work in a factory or administration one can predict what will occur at a given future date or time.

Production is a controlled activity confined in Time and Space. Life is in widening Space and in limitless Time.

Mathematical knowledge brings the limitless into limit.

Invoking the Spirit raises one's power to act.

Knowledge has a clarity which power does not have.

Moving from will to knowledge, one lands in mathematics.

That mathematics in the field of life is Life Response.

We know all the rules of Life Response.

Would they all abridge themselves into a Formula? (Sri Karmayogi)

Reader: roy sir, here is one formula for becoming infinite , it was the heard in my first speech attended in mss p&p session , some 5 yrs back

$1 \div 0 = \text{infinite}$, i could not find infinite symbol in my tab

meaning:

man with ego =1

when we approach others without ego , that is zero

we both becomes infinite

this formula is embedded in my mind very deeply .

To Be Titled

Rather than instantaneous sometimes a response to your consecration effort will come days and even weeks after. In that case you may enjoy the reward but have forgotten the source consecration that brought it about. It takes a little mental effort to associate the result to the source self-offering moment that occurred earlier, but is well worth it, as you now know what aspects of yourself can trigger the wondrous life response results in future.

To Be Titled

Integral Yoga puts up with things that normal human life cannot; that humans find intolerable. Yoga deals with it through high consciousness instead of running from it, and thereby transforms it. Note that He (Sri Aurobindo) says ALL life is yoga, including all that humans find troubling; that can thereby be overcome and transformed through the yogi's higher consciousness.

To Be Titled

The tiniest circumstance can be the one and only opening to the next stage of success, so do not take anything for granted, and don't believe that only the very obvious is the doorway to a new or heightened future.

To Be Titled

For instantaneous results, catch the thought as it enters and consecrate it. (Sri Karmayogi)

Additional comment: It would be a growth for me to practice this. To catch the urge to think and offer it is a tremendous feat. We can try it, and look out for the instantaneous results.

Shedding Our Biases for the Integral Truth of Things

Examine our political parties, the newspapers, the government, the companies, etc., and you will see that each are biased in certain directions; have predilections for a certain social philosophy or at least social, political, and economic beliefs. As a result, each is stationed far from the integral truth of things, while fervently asserting its own limited point of view.

It turns out that as individuals we do the very same thing, as each of us are prejudiced in our opinions, attitudes, and beliefs that in turn keep us at a distance from the true truth of things. As a result, we take to questionable behavior and actions, and therefore experience many difficult, painful, surprising, and most unexpected circumstances in our lives that reflect these limitations. And yet if were to develop a deeper center of awareness, we would be open to the multi-sided truth of things; shedding our ego-dominated moment-to-moment world view, and as a result avoid error and therefore much of the distress that life presents us in response.

Sri Karmayogi says we can begin this transition from ignorance to integral knowledge by taking the other person's point of view, by shifting from our opinions to the other person's conviction. We can also transition to a consciousness of truth by developing a deeper center of awareness, where we are more amenable to the multi-sided, integral truth of things; not just our mind's partial, exclusive, and therefore ignorant view. We can develop that deeper center by constantly self-offering events in our lives through consecrated effort. As a result, over time we develop a deeper center from which we can more accurately gauge the world.

In tandem with seeing things from the other person's viewpoint and continually stilling the mind of its rambling opinions and biases, we can develop a new center of awareness in our lives that sees existence, Reality for what it really is, instead of what we believe it to be.

To Be Titled

Each time an individual takes a step beyond his current level of consciousness -- whether shedding a negative attitude, having a deeper aspiration, implementing a higher value, raising his skill, making a new important decision, taking a firm action, etc. etc.-- the world also benefits, not just himself. If significant and intense enough, it will have vibrational power, reverberating through corresponding events in the world.

Our conscious mind might fully endorse a reality or truth, while still not gaining the endorsement of the vital being (our emotions, will of action, etc.). In that way it is only half-embraced and therefore may lead to outcomes not intended.

Intense disagreement and anger between people can evoke natural calamities, like a fire that destroys a good part of one's town. It can also vibrate forward in time and repeat under different circumstances in future.

To Be Titled

When we are too quick to react, having not taken the necessary time to contemplate the situation, we can set loose confusion and complications, including ill-will. Best to take the extra time to more fully grasp what is at hand before responding.

To Be Titled

Wait for the world to seek you. (Sri Karmayogi)

Additional comment: When the thing comes to you it almost always succeeds when taken up. On the other hand, when you go after life, success occurs far less often.

Reader: That explains a lot - and I'm not saying that in jest. Just this morning, I had a feeling of exhaustion for "thinking" so hard about what I'm trying to accomplish, and although I have made strides, I'm also feeling myself slide backwards a bit lately. So, I just decided to stop thinking so much about what I want. Interesting.

Response: Yes, it is the power of giving it up. Let the mind go silent, no strain, offer up the issue, forget about it, and see what happens. I.e. be patient and wait for the world to seek you. In a silent Mind the Force can move rapidly.

To Be Titled

Opinion, good or bad, will constrict the field of action for the Force. Opinion expressed will destroy the field. (Sri Karmayogi)

Reader: Is this why Zen masters usually not say much or anything? They remain Silent.

Response: You could say that; that the goal of some schools is cessation of thought in any form

Opinions are egoistic expressions of one's belief. They block chances of good things coming in through the spiritual Force when they are formulated in the mind; and when actually expressed they attract negative outcomes.

To Be Titled

If someone has abused you, you can be certain that there was a certain negative quality in your being that enabled it to happen.

To Be Titled

Seeking after result is to exclude realisation with a vengeance. (Sri Karmayogi)

Additional comment: A variation of the same idea: "Attention to positive results makes it negative." (Sri Karmayogi)

In other words don't focus on the results that will come at the end, which will negate them through negative life response. Instead focus on the process, the work at hand, and perfect that. Then great results will come.

To Be Titled

Self-giving matures when one enjoys the receiver's joy. (Sri Karmayogi)

Additional comment: Normally the individual does not like it when another succeeds. It's a perverse, primal reaction. Sri Karmayogi's comment describes the reverse; a spiritual-like quality.

To Be Titled

Absence of reaction renders the opposition lifeless. (Sri Karmayogi)

Additional comment: Absence of reaction is Appa's great spiritual method of "Non-reaction." When you do not react to others' action, including that of an opposition, their power over you fades away; i.e. life creates conditions where their influence is rendered lifeless. Eg a man tried to destroy a member and his cohorts of an organization through his bureaucratic action. The member remained silent and did not react to this harmful tactic. Within a short period of time, the man lost his power in the organization, while the member soon rose to the very top.

Reader: Thank you Sir.

When we react, we miss the opportunity of seeing other man's point of view. Hence, both principles works in tandem.

In P&P, Darcy went one step further. When Elizabeth abused him, he didn't react and finally he wished her for her health and happiness.

Even if he would not have written the letter later to justify his action to her, the moment of wishing might sure create a spark in her heart and make her to reflect on her mistake, just an analogy.

Response: Yes, the goodwill in spite of his rejection and pain was an indication of his higher nature which she would later discover when she visited Pemberley. It was a form of non-reaction on his part to maintain that civility. He even accepted her viewpoint later on; perhaps even starting with her reaction to her proposal and the letter that followed. As you indicate a number of these qualities and potential higher methods intersect and are at play here.

To Be Titled

Be open to everything that comes your way. Then the things that are unnecessary will naturally, spontaneously fall by the wayside.

To Be Titled

If you want to change the world, change yourself, and the world will quickly follow. E.g. say you want to decrease the amount of garbage in society or in your neighborhood. If you clean up your own space to a higher level, you are likely to see corresponding positive developments in the outer world. This is especially true when you also consecrate the issue; i.e. self-offer the situation to the Divine, the Mother.

To Be Titled

Nothing attracts positive response from life as quickly and dramatically as taking to higher levels of cleanliness and orderliness.

Additional comment: Very often we have seen that by cleaning in filthy areas not attended to, straightening out a desk or closet space or tools area, reordering paperwork and folders, scrubbing an area never attended to (such as an oven), removing stuffs and cleaning a grimy refrigerator to a shine, etc. evoke instantaneous response from life bringing benefit in terms of work, money, and similar.

Even if you things are very clean and orderly in these areas, increasing by another 10-20% can also evoke that response.

Also along that line it is best to practice giving objects (appliances, computers, machinery, etc.) the necessary attention they deserve (repair, cleaning, updating, etc.), as well as practicing non-wastage of resources (materials, money, time, effort). Each time you do, life tends to respond.

The physical plane (including cleanliness, orderliness, giving attention, non-wastage, etc.) is best to start a life response approach, as it is the most fundamental. From there you can go to the vital plane (mainly negative attitudes), mental (lower to knowledge), and spirit (e.g. consecration and silence).

To Be Titled

A current small negative situation can offer an important lesson for a current important positive one.

Example: You have had a difficult experience with an employee of a former client who has royally abused you. Her behavior is intolerable. And yet you also realize that had you taken a little more time to analyze her situation when she first contacted you, you would not have received that emotionalized abuse. Now when you are in communication with an important current client, you are much more careful in ascertaining their needs, enabling you to react in a very positive way that has the effect of building more success with that party.

To Be Titled

From your lower consciousness you perceive difficulties and problems as conflictive, frustrating, painful, and sorrowful. When you are in your higher consciousness, you tend to learn from them, see into their deeper truth, which you can then apply in future to great benefit. You can even see them as opportunities that can take you to a whole new level of success in life.

To Be Titled

Most of our negative attitudes are subconscious to us, making it difficult to connect the negative conditions outside ourselves to our inner qualities that precipitated it. Only a sincere commitment to a minimum degree of personal growth and conscious evolution (yoga) will reveal and make conscious what is now subconscious.

Subtle Inner Power Over the Outer Physical

The subtle - which includes the realm of our emotions, thoughts, and spirit - have progressively more power over physical reality than our mere physical actions.

E.g. an individual tried and tried and could not get the software on her computer to work; frustrating her to no end. She then realized the error of her ways (i.e. negative attitude) and trying to force things, in which case she decided to completely give up and forget about it. Out of the blue and less than ten seconds later she discovered the way to make the software work. She tried it out and it did!

It is the subtle inner power we possess over the outer physical life.

To Be Titled

Consciousness is the original self-awareness of the Infinite Supreme whose energy became the source of the material universe. Consciousness is also that which we are rediscovering through our experiences, and our personal growth and evolution.

To Be Titled

Concentrate on perfecting the work, not seeking praise.

Additional comment: Seeking praise spoils the work.

It is cart and horse in wrong sequence and relation.

To Be Titled

Mother said in Agenda that it would require the full yogic efforts of ~10 individuals to make the necessary transformation ushering in a new, supra-mental age. Surrounding this core would be hundreds, thousands, and more devotees who are taken in by Sri Aurobindo's vision of a divine life, even if they do not take to an integral yogic effort of transformation. They would live a normal, educated, cultured life, but remain in awe of His Vision. (Sri Karmayogi has offered devotees and others a wide variety of methods to make that a successful and harmonic one, while maintaining the connection to the Supramental power Sri Aurobindo discovered, which we engage through Mother.)

To Be Titled

As soon as you gleefully narrate or boast about a special benefit you have been given, life tends to quickly take it away.

To Be Titled

A man slightly egotistically told his friend how lucky he was to have fast security processing at the airport when he flies. The next time he prepared to go through security for his flight, he discovered that he had lost those special privileges.

To Be Titled

Gratitude becomes sincere and full-bodied when that thought is emotionalized. It is then a Higher Emotion, which is a spiritual quality, felt inside as richness and peace, with a tendency to attract.

To Be Titled

I continue to experience Mother miracles in a continuous stream. Eg just made a fb post while in airport concerning our capacity to follow His Vision, Her, and Karmayogi, when I turn to the left and serenely sitting next to me is a young Indian woman, the only Indian out of hundreds of people I have seen today at this California airport. A confirmation, symbol of Mother. So startling, so wonderful.

Double Synchronicity at the Apple Store

It is my ongoing and quite constant experience that whatever my mind intently focuses on, quickly and startlingly returns to me in new forms. I'll give you the most recent example:

While at a busy, state-of-the-art outdoor shopping area in Emeryville, California, I walked into an Apple store and had a lively conversation with a young rep, discussing all sorts of technical issues. At the end of the discussion, I recalled that I used to have a friend working at the store, though after all this time

I doubted she still was there. And so I asked the rep if he knew of her, and he told me he did. Moreover, he mentioned that she still worked there, which really surprised me. I then went to the back of the store to see if she was there, but I did not find her.

I then left the Apple store in this modern indoor/ outdoor complex, walked to a book store and spent some time there, and then began to return to the parking lot at the other side of the complex. Suddenly the friend that I longed to see appeared right before my eyes! And amidst a busy shopping area, the only person coming in my direction! I happily greeted her and we had a brief discussion.

On the way back to the parking area, I wanted to capture the startling synchronicity that just took place. As I was about to type in the story about the rep and the friend, I suddenly saw the Apple store rep all alone across the street at a stop light coming from the opposite direction! I was flabbergasted that he was there, and the way he was coming from the other way around. It was as if Life choreographed the whole scene for my amazement!

At this point I knew I had experienced a double simultaneity or synchronicity, demonstrating the startling life response power of focusing your attention on something or someone. When you do, you get more of it, often in the most unusual ways. And not only can it bring new forms of it to you, but it can also vibrate out in another direction and happen again and again.

Motel Room Miracle

The principle is "that which is reported as horrible, miraculously turns out quite fine after being consecrated." Here is a recent experience of mine that demonstrates this law.

The reviews for a motel I was to stay at were about as poor as a lodging can receive. And that same horribleness was reported by a number of online sources. It seemed a daunting situation, but I was determined to see it through. In addition I remembered to consecrate the problem, offering it up to the Divine Mother and Her supramental Force.

Well it turns out that when I arrived at my room, I was startled to see how nice it looked! Fortune had it that the room had recently been completely revamped and everything I needed was there, fresh and new! I was astonished by this remarkable turn of events. It was surely another miraculous instance of Her Force at work.

To Be Titled

He who seeks to convert others would benefit from his own conversion.

To Be Titled

Pain among devotees is the result of deflection of the Force. Deflection of the Force is due to lack of receptivity at some level.

To Be Titled

Consecration changes reality; rapidly reorienting it to a much higher status.

To Be Titled

You cannot expect others to behave or act perfectly. But when you consecrate - self offering the conditions to Mother - they do.

Reader: Normally we expect perfection from our kids.

Response: Yes. We should aim to be more perfect parents instead. If we do that then our children will become more of what their own Being longs to be.

To Be Titled

The Hippy movement and vibration of 1960s, including social and psychological values, evolved and became the pc, internet, and smartphone generations. The Force pushing from above spurred it on. Its full representative at each stage was/is Apple.

To Be Titled

The continued evolution of the earth can be seen as the sum of all evolutions of consciousness of each individual from some psychological incapacity to that capacity fulfilled.

To Be Titled

Through detached consecration a co-worker irritated with you will soon turn pacific and cooperative.

To Be Titled

A hum-drum job position becomes thrilling when one perceives and experiences the laws of life response unfolding. As a result, both grow inwardly and outwardly by leaps and bounds.

To Be Titled

According to Sri Aurobindo the Infinite consciousness through the involutionary process (from spirit to matter) allows for all variations and possibilities in creation,-- including Ignorance, Falsehood, and Evil; the large and small; positive and negative; all variations of human personalities; etc. -- to allow for infinite variations of Discovery of higher consciousness by each form for the purpose of infinite variation of experience of Delight.

To Be Titled

Patience is spiritual as it is a step towards timelessness.

To Be Titled

The Great Recession has shocked many Americans into new social and economic values.

To Be Titled

Sri Karmayogi - the great multi-dimensional, integral, Original Thinker and Spiritual Personality in the world.

To Be Titled

"Change yourself and the circumstance will change." (The Mother)

Change as necessary in terms of motives, behaviors, attitudes, habits, values, beliefs, skills, capacities, knowledge, actions, etc. Doing so will evoke new positive circumstance.

To Be Titled

The highest Goal one can have is to be transformed into a New Person. It is the end result of Integral Yoga (conscious evolution).

To Be Titled

Constant Self-givingness without expectation of reward is a sign of an evolved personality.

The individual on whom you shower Goodwill will likely come into wonderful new opportunities or other great improvements in their lives.

To Be Titled

Ignorance, Falsehood and Evil often help evolve the world when there is a deficit of consciousness among the remainder. WWII and its aftermath is a prime example. It also occurs in our own individual lives through physical or psychological suffering and pain.

To Be Titled

When the devotee's affairs are caught in a tangle and are spoiled and news comes to him after the loss is incurred, if he can bring himself to pray to Mother to save the situation that was already lost, Mother will act in a unique way. She does save the situation. The faith of the devotee to pray to her after the work has been spoiled, is no ordinary faith. It is extraordinary. (Sri Karmayogi)

An example: Once Sri Karmayogi had a visitor who told him that something bad had occurred in the town. This fact had been passed around and many recognized it as so. However, Sri Karmayogi did not believe it to be true. Perhaps he consecrated the circumstance at that point. I do not know. Soon after, it was discovered that the bad thing had actually not taken place, just as Appa had believed!

(This is but a fragment of my knowledge of the story. Perhaps someone knows the more precise details of the incident.)

Reader: Once I received a phone call that my close relative got an accident and injured severely and the doctor advised to take a few months rest and should not go to work. I at once called Mother and consecrated to Her. Soon after a few minutes, I once again received a phone call from the same person that the injury is not so severe because a friend suggested to consult another doctor, who said a few days rest is enough to cure the injury. So Mother gives us what we believe in our life.

Response: Very fine application of the principle.

To Be Titled

When the Mother's Force is called upon, not only will it uplift our own work and that of our colleagues, but it can spread and raise up the entire industry one is a part of.

To Be Titled

When we feel gratitude for each of our past misfortunes, then we will have the psychological clarity that will enable the Force to take us dramatically forward.

Additional comment: We feel gratitude after recognizing that each of our misfortunes were/are circumstance that were necessary in our journey to greater personal growth and success. E.g. a poor Indian child who was forced to flee his beloved village, a very painful reality, was grateful in hindsight as he saw it as the key element that enabled him to later become a great success. That realization when fully emotionalized can actually attract great fortune in one's life.

To Be Titled

In Mothers view, the greater the difficulty, the greater the opportunity.

Additional comment: This does not mean we should seek out problems, but instead recognize the pent up energy for opportunity that difficult problems and circumstance present. If we understand that a negative is actually an intense form of a positive, then we will recognize its value.

Fascinating Relationship Between Good And Evil

After indicating that both Good and Evil serve positive purposes in the progress and evolution in the world, Sri Aurobindo in *The Life Divine* tells us that Good and Evil aren't simply polar opposites without relation between them, but are deeply related. In fact, he makes the remarkable assertion that Good can come out of Evil, even as Evil can come out of Good. Let's explore these two concepts.

Good Out of Evil -- Sri Aurobindo in various places indicates how the negative is often the greatest power for accelerating the evolution and contributing to the Good. Evil is the same; playing an unseen constructive role in Nature, in the evolutionary unfolding of life. E.g. though horrific, WWII brought about true liberal democracies as well as the European Union, developments that might have taken centuries to occur, if at all.

Evil Out of Good -- To explain how Evil comes out of Good, Sri Aurobindo resorts to a powerful analogy. He says that just a shadow depends on light for its existence, so Evil depends on (an unseen) Good. E.g., the good intentions of the Europeans to placate the Germans strengthened and emboldened the

latter at the outset of WWII. Likewise, Gandhi's attempts at non-violence, an apparent Good, delayed Indian independence and led to the partition with Pakistan, who till this day remain acute enemies, with nuclear arsenals pointed at one another. Likewise, in attempting to release the power of the atom for scientific inquiry, an apparent Good, the atomic bomb was created, the greatest Evil ever known to Man. Additional comment: We can see this same basic dynamic in our own lives. That many good things happened because of the bad; and many bad things came out of the good.

(Good out of the Bad) Eg as a result of falling to the depths of poverty, we make the great effort to emerge from it, which sends us to the top. Or because of the ill-will of another party we are dropped to the bottom of the organization, but then others rally around us, and we are taken to heights we would never have dreamed of. Because of a breakup in a relationship our spirit is released to achieve our greatest life's work. Etc.

(Bad out of the Good) We have a very solid success, but then enjoy it so much that we become complacent and fall down sharply like chutes and ladders. Or in our munificence we are self-giving to the wrong, bad people, which comes back to haunt us. Etc.

Reader: Thank you Sir.

The Falsehood and darkness exist because of ignorance and ego. At the same time, Good can come out of Evil because there is a moment of Truth in it, how contrary and difficult the experience we perceive that might be.

In P&P, Wickham continued to appear at all the critical moments of Darcy's life, finally the scandal he made became the path of transformation for Darcy. There Darcy transformed from ego to self-giving.

In the count of Monte Cristo, Dantes was put in prison because of evil acts of others because he was ignorant. At the end, the prison became the learning ground for him through Abbe Faria and he learnt the valuable knowledge which he would have never get from outside. There he transformed from ignorance to knowledge.

Similarly, the good acts bring bad results when we take ego or ignorant initiatives. In P&P, Collins good intention of marrying one of Mrs. Bennett daughters brought humiliating result to him

Yet, Life evolves through all those various combinations. The acknowledgement of every life experience comes to us for a purpose and aspiration to learn from that will help us to progress.

(perceived from Garry Sir speech/writings)

Response: Excellent post S with fine examples. It is true to Sri Aurobindo's insights in Life Divine. I.e. that the positive and negative both serve a purpose in the unfolding. That there is truth in both.

It is because they are simply variations of the one Reality. The vision of Brahman, the Reality is to see the utility of all things, and see everything in its right place, good or bad, positive or negative, large or small, etc. etc. So in our daily lives we can see the utility of all things, not just what we prefer or like or know about.

In Supermind we see the utility of each thing within the All, and we also perceive the integral nature of all things that make up the Reality. That is why it is called the "Truth Consciousness." It sees the truth in everything. And the more we consecrate the more we move to the state of observing and embracing all things, this All that is the integral Reality. We recognize the contractions of life, and also see beyond them to their resolutions, and the role they serve in the further progress of life

To Be Titled

From one perspective, illnesses we experience are the result of Ego. Actually, each illness is the result of a particular type of Ego movement in our being. Thus, healing the illness occurs very rapidly when we discover and overcome that corresponding psychological form of Ego. E.g. the way out of diabetes is shifting out of insecurity and fear of future. The way out of cancer is overcoming selfishness, greed, and vital depression. And so forth for the dozen or so major illnesses we have identified.

Synchronicity at the Airport Terminal

One principle of life response that we have seen quite often is that when you intensely focus on a matter you can attract further iterations of it. That also applies to recollecting significant events of your past. Here's a recent example:

I was in the terminal of the Oakland, California airport terminal that many Silicon Valley people use. When I passed the first gate, I thought I recognized a man around my age who was a well-known technology pundit and reporter. I did not greet him, and instead continued to walk through the busy terminal.

For some reason I imagined having a conversation with him. In the vision I told him about several very interesting things that happened to me during the decades in the tech field, including life response type situations. The high point was my narrative to him about how I came within two feet of handing Karmayogi's booklet 'Consciousness Approach to Business Management' to Steve Jobs of Apple. I briefly explained this experience to the tech reporter in my mind.

However realizing that I was in a busy terminal with people coming rapidly from the other direction, I cut off the fantasy. Well it turned out that the very instant I did so, I looked up and saw a man who looked practically identical to Steve Jobs!

I was startled and amazed, though I have had such experiences many times before. Still this experience was a wonder to behold, and as I walked on I felt like I was practically walking on air.

To Be Titled

When you fail to appreciate another's great achievement, you can be sure Ego has gotten in the way.

To Be Titled

Complaining about a challenging situation tends to attract greater difficulties, while addressing it with a positive attitude attracts dynamic or simpler solutions, or reduces the scope of the problem to begin with.

To Be Titled

When you overcome your reluctance and do what another person asks you to do, the whole world opens up.

To Be Titled

Energy is never lost. It just seeks other avenues for expression when the form utilizing it decays. E.g. when a bulb goes out, it does not reduce the energy that provided the light, but that power is now able to flow and be utilized elsewhere, through other forms. Thus, if an organization loses the high business and social values that made it a great success, its energies tend to move out and discover another entity to manifest them, with similar successes.

To Be Titled

When you come around and make a firm Decision for something particular to come about, life will soon support that effort by bringing forth circumstance to move you forward in that direction.

Additional comment: Making a decision has great life response power.

A Whale of A Story (Predicting Life Response)

Yesterday I had a rare opportunity to predict a life response before it happened. I was with my friend in the hills above the ocean in Palos Verdes, California in the Los Angeles area. It has a spectacular view from the top, and this time of years many are gathered to engage in whale watching.

My friend asked me to look out for whales, which I did, though I enjoyed hiking about the area even more. At one point a family from another country asked me to take a photo of them, which I did, and then they called out that just behind them they saw a whale emerge spouting water. I barely saw it. So over the next five or ten minutes I intently looked for a whale to emerge. Then I saw the sea glisten in a rectangular area, a spout of water emerge, and saw the dark area that was the whale, with it then descending into the water with its magnificent tail showing.

When I went back and greeted my friend she was deeply disappointed that she had not seen any whales. I then briefly thought about the issue, and said to her, "if you change your attitude away from disappointment to a positive feeling, you will instantly see a whale."

My friend then took my advice and calmed herself. About one minute later there was a magnificent glistening of the sea, a perpetual spray of water emerging from the surface, and the whale then emerging with dramatic flair. The spouting continued unabated for quite a while providing us with a magnificent show. We were so excited that even the whale watchers stationed there with their super lenses on their cameras heard us and pointed their devices in that direction to see the whale we had sighted. Needless to say my friend was ecstatic to no end.

I too was so happy to predict a response from life, and watch it occur in all its glory. It was another reminder that when you shift your attitude from the negative to the positive, the magnificence of the world instantly unfolds before you.

Additional comment: This was such an enjoyable moment! A shift from subconscious to conscious self-willed life response. Karmayogi once explained to me that once we truly know its laws we can learn to predict life response. The one caveat is that don't let the Ego get in the way. This incident was then a wonderful little application. With the ability to predict a life response you feel somewhat like a magician, who explains his trick before it occurs. Except in this case it is real!

Harmony of Purpose Power

Baseball Hall of Famer Ernie Banks was a great player of the 1960s and 70s, famous for his unbridled optimism. Though his team was often near the bottom, he would always maintain that positive outlook. Once he remarked that it was such a beautiful day that they should play two games that day instead of one!

A question that naturally arises is if he was so optimistic, and a positive attitude is a condition that tends to elicit great response from life, how come his team, the Chicago Cubs, is so well known for its utter futility over the years? Shouldn't life respond to his unbridled optimism with division titles and World Series victories?

One answer is that it takes a team to create success; in particular great team work married to that same optimism that Ernie banks embodied. A perfect example of this has been the three world championships recently achieved by the San Francisco Giants baseball team. Though perhaps not quite as talented as some of the other best teams, they have achieved near greatness through an exceptional sense of Esprit de Corps, of unity of purpose, as well as a belief that no matter how difficult the situation they find themselves in during a game, they will somehow prevail. This form of collective optimism releases a titanic energy that elicits response that have consistently taken them to the top; and often in the most extraordinary ways.

Other teams may have great players. Other teams may have enthusiastic and very positive individuals. But it is only when a team, -- or an organization, or any collective -- aspires for and experiences deep harmony of purpose that it will rise beyond all limited expectation, and reach the very pinnacles of success.

Startling Consecrated Visit to the Doctor's Office

Consecration attracts the very best conditions in terms of space and time, including the unexpected arrival of joyful, helpful people to a challenging situation.

Today I went to visit the doctor for some routine lab work. Well before that I consecrated the event, offering it to Mother and Her Force in the hope all would work out for the best. When I arrived a bit early for the appointment I was a bit surprised that the office waiting room was all filled up, plus the people there seemed a bit amiss. I sat down knowing they were all ahead of me, and that the wait could be a half hour or more. A small part of my mind had thought that a consecrated effort wouldn't have created such a condition. Still I remained still and content.

Not a minute or two a minute later a smiling medical assistant burst out from behind the door and informed me that I was up next! I was a bit startled, yet obviously quite willing. I then went in, leaving the other patients behind. It seemed no less than a miracle.

But there was more. When I arrived in the lab room the technician was beaming and full of enthusiasm. Her vibe was completely positive, joyful, filled with good will. For a second, I thought she might have been putting on a show for worried patients, but that wasn't the case at all. Her demeanor was actually another manifestation of the consecration effect.

Half hour waits turning into one minute. Joy-filled workers in a normally gloomy environment. It was as if I were on a magic carpet ride sweeping me forward. That was further proven by the fact that the lab test themselves took only two or three minutes, and I was quickly zoomed out of the office and onto the street before I knew it!. I was stunned by all of these rapid-fire events, so that left me in a state of quiet ecstasy. After all, so many positive responses in such a short period for one simple consecrated event! It was a joy to behold.

To Be Titled

An ego movement against another will attract a corresponding negative upon one's self. E.g. an individual who bitterly scolds another for alleged wrong attitude may soon be informed that he has deeply upset others because of his incompetent actions or similar.

Motel Room Miracle

A paraphrase of one principle I have learned over the years is "that which is reported as horrible, miraculously turns out quite fine after being consecrated." Here is a recent experience of mine that demonstrates this idea.

The reviews for a motel I was to stay at were about as poor as a lodging can receive. And that same horribleness was reported by a number of online sources. It seemed a daunting situation, but since the reservation was already made, I was determined to see it through. In addition, considering the situation, I remembered to consecrate the problem, offering it up to the Divine Mother and Her Force.

Well, after exhaustingly carrying up my luggage to the top floor, I opened the door to the room, looked around, and was startled to see how wonderful it looked! Fortune had it that the room had recently been completely revamped, and everything I needed was there, fresh and new! I was astonished by this remarkable turn of events. It was surely another miraculous instance of how Her Force can take the worst of situations and turn it into its opposite.

Reader: When I travel by share autos people say that share autos are not safe, due to many reasons. But it turns out that if I look for town bus, I have to wait longer. So I took to share autos after consecrating to Mother. Many negative incidents about share autos stopped. So Mother not only protect our lives but also the transport vehicles in which we travel !

Response: MS, thank you for sharing that story.

Mother's power is not just individual, but universal as well. Also devotees are not just individual beings, but universal ones who are instruments for the world around them, including the society. Thus when we consecrate for our own individual situations, benefits not only comes to us, but spread to the collective.

Reluctance to Willingness Attracts

A man was reluctant to purchase a tool because he didn't care for the neighborhood the store was located in. However, after reconsidering, he overcame his hesitation and went ahead to secure the item.

On the way out, he passed his car. Suddenly he thought of the remote possibility that the tool he wanted was in the emergency kit of the car, though he seriously doubted the fact. Still he persisted. When he began digging through the bag, he suddenly noticed a small utensil near the top. He looked closer and saw that it was the obscure tool he was looking for! It was practically calling "take me, take me!"

As he made the return trip of only a few yards to his home, he quickly realized that when he shifted from unwillingness to willingness, from reluctance to acceptance life moved into alignment with his wishes, and gave him what he wanted without having his having to go to the required destination. In fact, he hardly went more than 15 yards!

Shifting from reluctance to acceptance nearly always attracts sudden good fortune. It is a movement away from the physical consciousness of the body that does not want to change; that is content to

remain fixed in its routine. Then he thought to himself: 'How many times have I experienced this phenomenon in my life! It is a lesson I seem to be learning again and again!'

Reader: you say he didn't like the neighborhood the shop was located in--i wonder if that is not just the mind trying to find a 'reason' for something it intuitively already knows is not going to work/happen...myself i notice this often to be the case...i sense a blockage, and then mind tries to find a reason to justify it...which often turns out to be wrong...not that it is very important, nor am i trying to be 'right', just interested in the mechanisms of mind--and wondering how to reconcile it with your approach--i guess that sensing the blockage itself would/should be reason enough to closely look at what is going on and if not a better solution is available...then, the INTENTION of sincerely wanting a solution would guide me to the idea there may be a tool in the carkit...the intention being the equivalent of your man taking action despite his reluctance

Response: You are on the right track.

-Such situations work on a number of levels simultaneously. In this case, shift from reluctance to willingness, overcoming a limited attitude, onset of intuition and subconscious influence, willingness to take another person's point of view (another individual suggested it), power of intention, etc etc.

-In most life response events there are four general determinates at work: Attitude, Intention, Decision, and Action in various combinations, weights, and orders...

To Be Titled

Mother's power is not just individual, but universal as well. Also devotees are not just individual beings, but universal ones who are instruments for the world around them, including the society. Thus when we consecrate for our own individual situations, benefits not only come to us, but spread to the collective.

To Be Titled

Sri Krishna knew all things that needed to be known at any given moment. Thus he knew exactly what to do and what to avoid. This is Universal Consciousness, also called Overmind by Sri Aurobindo. It is a vast state of cognition far beyond Man's normal mental capacity. Stages before it are Intuition, Illumination, and Revelation; beyond it is Supramental perception and power.

Sri Aurobindo attained the universal consciousness, as Sri Krishna's being entered him. Then He discovered, embraced and brought down Supermind; the truth and unity consciousness containing the Power of Creation.

For us we connect to Supermind through Mother, who is its instrument and conduit. It is not just a current or wave of ultimate, integral Knowledge, but a Creative Power that in each instance sets the world anew.

To Be Titled

In the Gita we see how Krishna as the Preserver (incarnation of Vishnu) comes to save the world by allowing the playing out of the great war so the world could be preserved. He even told the great Bhishma not to interfere in the dice game that sent the Pandavas into exile. Yet after 13 years the Pandavas returned to defeat their enemy, as Krishna implored Arjuna to fight his own relatives to win the war and preserve the earth. That was the Truth of existence that Krishna foresaw and enabled to come into being. He had the universal consciousness to perceive such things; seeing each and all things in their right place. Sri Aurobindo and Mother called this the Overmental capacity.

Reader: Thanks Roy

A question. Why didn't Krishna prevent the war? He could've prevented all that violence.

I realize that I'm asking this question using what little I know. I'd love to see more.

Response: He actually tried to prevent it in small ways, but saw that it did little good. He saw that it had to occur in order to purify the world by letting the darkness rise and then overcoming it. If He had supramental power He might have had the power to prevent it, but his was one powerless. E.g. Mother prevented WWII between the US and the Russians. And in WWII Sri Aurobindo stopped the Germans at Dunkirk by evoking the fog, and Mother caused them to split their forces into two fronts, both events

directly leading to the eventual Germans defeat. Indeed Mother and Sri Aurobindo had supramental power at their disposal, though I believe Sri Krishna did not.

Reader: Thank you Sir.

Just an analogy, I might be wrong. Sri Krishna had done many things which were against the moralistic view perceived by the human mind; He was above from all that view, since He was from the Overmental plane. At the same time, He could have done many things to bring back Dharma instead of war. For an example, he could have simply influenced the play of Dice game (though He was not there physically, when it was played the second time) to favor Pandavas and send Kauravas to exile. However, all the characters except Sri Krishna belong to the plane of Life. Hence, both Kauravas and Pandavas were subjected to the rules of Life Response (both positive and negative) which had played in their life and brought them the results accordingly. During the war, He had stood on the side of Pandavas as Grace to them and the ruse He had played brought defeat to Kauravas. But all such ruse could be explained by life response from the individual character point of view like negative attitudes, actions and so forth. At the end, as the war was over, as His mission was established, He subjected himself to the law of life and embraced the curse of Gandhari without any resistance.

Response: Yes, we see life response from the individual human's feelings, behaviors, and actions. Yet that can exist simultaneous to the view of Truth that Krishna embodied by practicing detachment and non-interference of the dice throwing events. Even detachment that is non-reaction is a means of evoking life response.

We can speculate that had the dice game not occurred, there would have been other means of starting the war as the hate of the Kauravas was so great, and their falsehood and evil was building up. However, when the dice game came about, it was a Life Initiative that Krishna recognized, and then realized was the means to restore the society through war. Even Sri Aurobindo and Mother did not stop the onset of WWII and the Cold War, though they helped end it.

Universal Consciousness (Overmind) as embodied by the Gods including Krishna did not have the instantaneous miraculousness power of Creation, to recalibrate and create a new life conditions as in Supermind. It is why Sri Aurobindo and Mother rejected Overmind as the ultimate goal of their yoga and instead made the Supramentalization of themselves and the world as a means of ushering in a Divine life on earth, their great spiritual Mission.

To Be Titled

There are hidden Jewels in the world. If our Being is open and awake, we will continually find them.

Additional comment: creatively, artistically, truth-wise, success-wise, enjoyment-wise, etc.

To Be Titled

Cynicism is lack of positive mental and vital energy.

To Be Titled

When you remove the worry, the difficulty tends to rapidly withdraw.

To Be Titled

We constantly jump to wrong conclusions before having the facts. It is the eagerness and impatience of the limited, surface mind.

To Be Titled

Increased energy and large sums of money will often arrive together.

An individual was owed a good sum of money, which he did not expect to arrive for a week or two. On this particular morning, he felt a tremendous surge of energy, something he had not experienced for a long time. A few hours later that large sum of money arrived -- far earlier than expected. As we see, the energy reflected the money, and vice versa.

To Be Titled

Embracing a change of routine, rather than being troubled by it, speeds up benefits due.

Example: A man was due a large sum of money for services rendered. However suddenly the process by which the invoice was to be processed had changed. He could have easily been bothered by the development, but instead held steady. The following week he was quite surprised when the money due arrived far earlier than expected.

To Be Titled

Obliviousness deflects opportunities and potential benefits.

Being Attached and Unattached To a Problem

There are times we are overly attached to a problem, and need to detach from it. There are other times we are uncaring about a problem and need to care. We can see a scale for improvement in addressing either scenario.

We can identify three levels of over-attachment to a problem:

1. Completely being overwhelmed by it (physical)
2. Being overly emotionally attached to it (vital)
3. Being overly mentally focused or interested in it.

We can move from 3 to 2 to 1 in the attachment dissolving process. The difficulty will then increasing recede, as life responds.

On the other hand, if a person is oblivious or otherwise does not care when a problem presents itself, he should move toward greater concern. He can move from level 1 (mental) to 2 (vital/emotional) to 3 (physical) in being increasingly more concerned and attached to the problem. That will also attract the corresponding positive.

It is an inner skill to know when to detach or when to attach. And then there are various points in between.

When rain would not come through deep prayer mixed with intense desire for it, Karmayogi suggested forgetting about rain to bring it about. I have seen that work.

In Southern California they are now too caught up in the superficial and are oblivious to rain during current severe drought conditions. If they get serious through the mind's interest (1), and then start feeling it in their emotions (2), rain will come. If they are spontaneously interested in rain and water levels in future (3) , rain will come non-stop for years on end. If they take no interest, Life/Nature will force them to grips with it through harsh measures.

To Be Titled

Though we may not wish it so, life never stands still. It keeps moving forward and changing. Our ability to keep up, embrace and navigate that change is key to our level of success, including our ability to attract new opportunities from out of nowhere.

To Be Titled

Normal human knowledge cannot explain why intensely positive or negative circumstance suddenly happen, but Life Response knowledge can. In other words, Black Swans can always be understood.

To Be Titled

Even the seemingly most innocent bystander and victim had some opening in their being that attracted the darkness.

To Be Titled

Speaking conveys the thought; but so does Silence.

To Be Titled

The Divine does not seek or desire Ignorance, Falsehood, and Evil, but accepts it in the greater scheme of things; as part of Life's forward movement. It does however seek and desire the manifestation of their opposite in the world; i.e. Integral Knowledge, Truth, and Goodness.

To Be Titled

That which is disorganized in our lives needs to be organized into a habit. That which has become a dry, fixed habit needs to be obliterated in order to open up the future.

To Be Titled

The world is ready for global governance -- such as a World Parliament -- to understand the multifaceted issues, set policies, and implement strategies to rectify the earth's problems that no individual nations has the capacity to self-correct. At the heart of this endeavor are human centered values that can be the basis of every agreed upon action. This overall approach could be a next decisive step on the way toward Human Unity.

To Be Titled

Threat of terrorism offers the nations of the world the perfect opportunity to ban together and solve the world's problems - economic, social, environmental, political, etc.

To Be Titled

The Infinite Source Consciousness of the Involution is buried as potential in the forms of the Evolution. And it is through our personal progress, evolution, and transformation, we bring that involved, buried consciousness to the surface of life.

Additional comment: This is the metaphysical basis of Sri Aurobindo's Integral Yoga.

To Be Titled

Each of us have different interests, perspectives, backgrounds, heritages, capacities, etc., and we should genuinely respect that in one another.

To Be Titled

Never think of a difficulty - you give it strength. (The Mother)

Additional comment: Think of Mother instead, or nothing at all, or both. The problem will then subside on its own.

To Be Titled

To be young is to be always ready to give up what we are in order to become what we must be. (The Mother)

Additional comment: Profoundly true, and applies to our motives, attitude, habits, behaviors, values, beliefs, understanding, skills, etc.

To Be Titled

Offering an inspirational post has most power when you have recently experienced the truth of it and it is alive in your nerves. That will convey its power to others consciously and subconsciously.

Our Increasing Mentality

As we evolve as a race, we increasingly value and express compassion, goodwill, and other forms of self-givingness. And yet interestingly we haven't acknowledged the fact that we are increasingly

becoming Mental beings with an accelerating capacity to understand existence; including the true nature of ourselves and of life.

The fact that the Internet came about reflects our increasingly developed mentality, as we value facts, information, and knowledge easily at our disposal. Our mentality is in fact accelerating in recent decades, becoming perhaps the means by which human are rapidly evolving.

And yet simultaneously we have reached a point that we can no longer fathom and resolve the problems of life through our mental functioning, and that something else is needed. It is Spirit, or rather, the capacity to know directly without thought that which needs to be known through spiritual means of intuition, light, and revelation -- providing one with deeper, more subtle solutions to life's problems, as well as all the salient facts in a given moment.

We are thus in the very early stages of moving from Man the Mental being to Man whose center of mentality is in Spiritualized Mind.

We are rapidly moving beyond mere physical effort of the body to increasingly use our mind to engage in services and other forms of work that enrich the world. When Mind then moves from its current rationality to true and deeper knowledge through intuition and other spiritual means we will have moved to an even higher state in our evolution.

To Be Titled

By changing yourself first, you will have the greatest power to change the world.

To Be Titled

Mother can help us become a better person in every conceivable way.

To Be Titled

Judge another not by how they flatter you or give you pleasure, but by what they feel about and how they treat others.

Reader: or not judge at all?

Response: By judging here I really mean discriminating between people; between the right type of people to associate with and those that aren't. No one wants to be associated with people who do great harm but we don't perceive it because they charm you on the surface or they are simply nice to you. The context of this remark is our Ignorance and the ways we express it.

To Be Titled

Goodness is doing what is true in each circumstance.

To Be Titled

Good and Evil are constantly shifting entities that depend on what the individual or the society believes in. Truth lies far beyond.

To Be Titled

Goodness is to have good will toward everybody, not just those we favor.

To Be Titled

Truth is not a mental rule, but a Spiritual one. It has an extraordinary flexibility based on conditions.

Additional comment: Mind says this is true and this is false, but someone else sees it the opposite. A third person sees it in-between. A fixed mental rule cannot be applied as it is a shifting target. However, a spiritual rule has a broader, more inclusive Truth that embraces the needs of each situation. When we move to Spirit we are in identity with that Truth and its correlative principles, giving us that discriminating consciousness.

To Be Titled

Truth, including Good and Evil, can only be known from our deepest consciousness, culminating in the Psychic being. Whereas when we are on the surface, we are left baffled at what is true; gazing out on shifting sands.

Additional comment: In the Psychic, the true self and evolving soul we are open to the universal influences; the superconscious that brings us all of the necessary knowledge and reveals life's deepest principles. One of those is Truth, including its movements and laws. From the Psychic being we also know peace, silence, harmony, knowledge, wisdom, goodness, beauty, love, joy, infinity, and timelessness. Constant consecration will take us there.

Ego cannot discriminate between true good and bad or evil, as it constantly takes one for the other.

To Be Titled

One's actions or inactions based on our Ignorance can lead to unintended consequences of falsehood and evil.

Additional comment: Eg a woman is smitten by a handsome man, who turns out to be a bad person who almost ruins her family. We believe X is the solution when it is X, Y, and Z, causing the machines to seriously malfunction. We believe a certain person is proud and haughty, when he proves to be a good man, and we've lost a vast financial opportunity to be connected with him. There are infinite ways we express such Ignorance in our lives. We are even Ignorant of our Ignorance!

To Be Titled

Unless we conquer our Ignorance, Falsehood and Evil will persist.

Additional comment: Our Ignorance opens the door to falsehood and evil; whether Ignorance of the facts, Ignorance of the Truth, Ignorance of the current conditions, Ignorance of where things are headed, Ignorance of others' nature, Ignorance of our own nature, Ignorance of our deeper consciousness and the spirit, etc. Acting from out of those Ignorances attracts negative circumstance that we can measure as Falsehood and Evil.

Reader: Thank you Sir.

Ultimately, the resulting ordeals out of ignorance serve as knowledge to find the greater truth.

At the same time, we had learnt lessons from many problems and also forgot many of them since often we are in physical and vital consciousness. Only when we rise to mental consciousness, we learn the knowledge at the first occurrence of the mistake. When we live in spiritual consciousness, we learn the knowledge by themselves. We do not have to make the mistake to realize that knowledge.

Hence, it is important not only to come out from ignorance to knowledge, but also to remember the knowledge and apply in future circumstances.

(perceived from Garry Sir Speech)

-Understanding this knowledge itself is just a first step. Try to implement them in the midst of physical habits, vital attachments, social conditions there exist infinite number of steps for me to cross. Thank you Sir.

Response: Yes, from an even higher plane, of the Reality, Ignorance is perceived as a great spur to Knowledge. In fact, He says that Ignorance is a greater spur to Integral Knowledge than Knowledge itself. And from that perspective looking back we can see our own Ignorances, our failings, our pains as really Graces.

Naturally, as you point out, we want to be able to learn from our negative experiences; our mistakes; our Ignorances, and thereby avoid them in future.

And yet it would be preferable to move toward the Truth through positive means instead of negative: through higher and deeper consciousness (Purusha), rather than the slow, difficult, painful way of Nature (Prakriti).

So we can see that these issues can be understood from a number of perspectives. The real power is when we have particular experiences and corresponding understandings that bring out each of these shadings at once. That everything in our lives, positive and negative becomes a means of our growth.

The Miraculous As Commonplace

Miracles are actually the norm in life. E.g. when the conditions around us suddenly turn positive due to a shift in our attitudes, a miracle has taken place. Space and time have instantaneously been overcome when the result appears before us. What is more miraculous than that?

Moreover, such miracles occur hundreds of thousands if not many tens of millions of times a day in the world. It also occurs negatively, which is also miraculous.

The problem is that our ability to perceive these events is infinitely limited by our level of consciousness. Living on the surface, we do not see the subtle yet stunning causality at work. In other words, we miss the Wonder of Existence.

And because we miss the daily miracles of life response, there is no inner compulsion to CONSCIOUSLY evoke it; to make it happen at our beck and call. Instead we wait on fate, hoping that the fruits of our efforts will lead to some level of happiness and success in life.

And so the miracle-generating apparatus within us lays dormant, unused, waiting for the conscious among us to pull the levers that evoke instantaneous miraculousness in life.

Then who will make the decision to consciously evoke these miracles on a regular basis? Is it you? Is it something you see the value in? Are you sincerely ready to take it up in full, or is it a mere passing fancy. The difference between these two dynamics is a life of the ordinary vs. the Life of the Extraordinary. The choice is yours.

To Be Titled

If you keep trying new things, new vistas will continually open up before you.

Becoming Infinitely Unique

If we honestly evaluate ourselves, we will see that each of us are basically 99% the same as everyone else in our human functioning. We are driven by Nature, with little that truly distinguishes ourselves from others.

At the lowest level in a scale of human Personality we observe people who simply ape others; where a sense of individuality is not at play. At the next highest level, we observe people who have a slight sense of self, but behave and act mostly unconsciously. Higher still, there are those of us have formed characters, distinguishable and identifiable to others, but still quite limited in the greater scheme of things; in their level of self-awareness and purpose in life.

True individuality, a leap forward in our scale, where one demonstrates a truly unique nature with an equally distinct, high purpose and mission in life is exceedingly rare. Here a person is truly unique, individualistic, and self-aware of the fact.

And finally there is Spiritual Individuality where that person takes their cues directly from their Soul within and Spirit above. It is the pinnacle of human Personality, and is virtually unheard of.

To Be Titled

The overwhelming majority of us experience life very much the same as everyone else, despite our apparent surface differences. We think we are special in many ways, even unique, but that is a misperception relative to the whole of possibility of what we can become.

How then to become a member of that rarified 1% is the Great Question that the Force of Life, of the Evolution waits upon. For It knows that such infinitely unique individuals will shape the course of human existence, enabling the Will of the Infinite Consciousness to be realized on earth.

Who then will take up the challenge of the Evolution? Who among us are driven to become infinitely unique individuals, with some great mission and purpose in life, using the power of Soul within and the spiritual Force around us to lead the world forward?

Obama – Solyndra – Solar City Synchronicity

If we look deep enough we will find synchronicities, also called “parallelisms” everywhere in life, which are linked phenomenon that on the surface don’t seem to have anything in common, yet are really deeply connected. With a little effort, we can see this phenomenon at work every day. E.g. here is one I noticed today.

Five years ago US President Obama took up an initiative to support the growth of alternate energy in America. Part of that initiative was to fund several up and coming wind and solar companies with big cash infusions. One of them was a company named “Solyndra.” Unfortunately after a great start and mass infusion of funds by the US government, the company failed. It closed its doors in Silicon Valley, and the giant facility has remained empty since then. Detractors lambasted the president for this effort, as they were always ready to debunk his efforts. Even support from his own party was withdrawn after the apparent Solyndra fiasco.

Yet in the years that followed something very opposite occurred as a boom in alternative energy occurred amongst the emerging startups in the Valley, far surpassing all expectations. In fact, Obama’s initiative seems to have turned on an entire new segment in Silicon Valley, with expanding innovation and jobs. Still gratitude for his efforts was shortcoming.

Five years later – i.e. today – President Obama appeared in Silicon Valley (San Francisco Bay Area in California) to discuss the important issue of cyber-security. He had made the concerted effort to come out to SV to inform business of the common threat they share with government in overcoming cyber-crime, from within the county and without.

Well as it turned out that not an hour or two after completing his remarks, it was announced from that the empty former Solyndra facility has now been taken over by another company Solar City, a very successful solar energy company in the Valley. It was in essence the final vindication of the Obama initiative, cancelling the last traces of failure in the president’s efforts. To me this revelation was a startling “coincidence” coming just after Obama made his intense plea for companies in the Valley to cooperate with him on this thorny security issue. These two events, seemingly separate and apart, with little to do with one another on the surface were at a deeper level aligned in space and time, as they both together served multiple purposes in Life.

If we focus our attention and closely examine events around us, we will begin to observe all manner of synchronicities and parallelism occurring. We only have to identify the subtle correlation between these seemingly unrelated events. Once you perceive one such correlation, more will appear before your eyes. Eg you think of a singer and instantly his voice appears on the PA, though you haven’t heard his voice in that location in two decades. Or you discuss with someone a person you had met decades ago, and within ten seconds someone walks by who looks exactly like that individual. And so on and so forth for any and all circumstance you come in contact with.

It is another indication that all things in the universe have a subtle internal connection and relation that is unseen on the surface. That when one thing occurs in life, other subtly related things also come into play. To be able to see such seemingly disconnected circumstance as deeply related requires a capacity for subtle observation of life conditions.

It is also to understand that there is an essential Oneness in life, instead of the division and separateness we see through our surface view. It is to increasingly comprehend that no matter how separate, apart, disconnected events and circumstances appear on the surface, they are secretly, integrally related in the depths. Synchronicities, parallelisms, and similar phenomenon are subtle reminders of the Oneness of life, including the spiritual Source behind all existence.

To Be Titled

We like what we already like, not what we could like.

To Be Titled

We can make incredibly foolish remarks when we are ignorant of the truth.

To Be Titled

Goodness comes out of Knowledge and Truth. Evil comes out of Ignorance and Falsehood.

Thoughts on Competition

--Competition is fine if it spurs you on to improvement, and your lower ego isn't aroused by the competitor. If however it is merely an Ego movement, then it is false and best to avoid.

--We can contrast that with an Inner directed person who is self-motivated to improve; who does not concern himself with the competition -- whether to compete with or spur him on. In fact, the most successful people and organizations have this Inner-directedness tendency; an indicator of True Individuality.

--From a wider perspective we can say that competition is Nature's way of compelling forms to move forward. It is not however the way of Spirit and Soul, which compels progress from within.

To Be Titled

If you cannot say something positive about another person, it is best to avoid speaking about them. (You may get a negative life response reaction if you do.)

To Be Titled

The journey from Ignorance to Integral Knowledge and Truth is the dominating subject of the second half of sage and seer Sri Aurobindo's metaphysical opus 'The Life Divine.' It is also the essential dynamic of His Integral Yoga.

Positive Response to Understanding a Negative One

If you recognize a quality that led to a negative life response, you tend to quickly evoke a corresponding positive one.

E.g. an individual watched a silly comedy version of a quiz show in which contestants were perpetually in the negative in their earnings. He took pleasure in the foolishness of it all. As it turned out, five minutes after he watched the show, he opened an envelope with a payment against one of his invoices. It turned out that the amount was lower than he expected.

Fortunately, he realized the correlation between his enjoyment of the ridiculous show where money went negative and receiving the paid invoice with the lower-payment amount. The silliness lowered the consciousness, which aligned with another, related negative condition.

When he then went online to observe his bank balance, he noticed that it had suddenly gone up by a significant amount as a result of an unexpected payment from one of his income sources. He was elated by this serendipitous development.

As we see, when you realize the truth of what attracted a negative to you, life trends to respond by bringing forth a new positive. In this case it involved money, but it can happen in any area or field of life.

To Be Titled

--When you forget a disappointment involving money, you may very well be rewarded later with that very same amount.

--When you believe you have been short-changed in monies due, but then release that emotional angst, new moneys often arrive from out of nowhere that surpass the original concerned-about amount.

Additional comment: In both cases a movement out of the lower vital attitudes opens the portals of possibility.

To Be Titled

When you receive financial gifts, or borrow, or otherwise receive money from others, it carries a vibration with it - positive, negative, or in-between - which can produce unintended consequences.

To Be Titled

Not reacting to a person's anguished expression will tend to soften their difficulty, or even attract its disappearance.

To Be Titled

As a devotee of Mother, life will continually bring forth a procession of events that all you will need do is follow.

Reader: Sir an example please

Response: Everything coming to you as a devotee will be things you should embrace -- whether work, relationships, duties, etc. etc. - as not only Life is behind it, but so is Mother, who is behind Life.

Even in the course of a single day you can recognize a flow of events to embrace (as well as messages of what to avoid) when you are in the right consciousness. That also extends over longer time-frames.

Events, circumstance, situations, etc. are constantly arising with possibilities and opportunities to guide you forward; that She and Life fully are fully behind and embrace, knowing they are necessary and helpful for your personal growth and progress.

To Be Titled

Every reversal out of Ego attracts a commensurate positive from life. The deeper or more intense the change, the greater and longer-lasting the response.

Sarcasm is an Ego movement that shelters corresponding Ignorance.

Additional comment: Example: A man had been to a facility a number of times and he had to go there again. His spouse asked him if he knew where the facility was. He answered sarcastically that he had been there many times already so it makes no sense to ask him such a question. A few minutes before leaving, he told her which street the facility was on. But it turned out to be wrong one and she had to correct him! "Of course, that's it" he exclaimed, and at that moment he felt royally foolish of with his Ignorance now exposed.

To Be Titled

New stores of energy that are unharnessed, left unbridled can quickly lead to Ego movements on our part.

Additional comment: We see this in many types of situations. Eg someone is sick. Then that person feels much better, but wastes the energy - engaging in unnecessary conversation, where they needlessly recollect and narrate unimportant, even trivial moments of his past, with a certain type of self-congratulation. With the surge of energy, the Ego has taken over, and as a result the energy normally gets depleted in the process.

We see this often in young people, when they feel a surge of energy, but then waste it engaging in questionable activities that satisfy the lower Ego. They often haven't even a modicum of self-awareness of their energy status, let alone control it. If they had, the energy would have sustained, even built up further, with added power to attract enormous opportunities.

Thus remembering to stay balanced and humble will also keep new stores of energy flowing and expanding.

The problem is that we are normally too unconscious to see these aspects of our being -- whether in relation to energy or to ego or to humility.

To Be Titled

If you have a real insight or idea, but then refrain from broadcasting your view, holding it deep inside, - silently, quietly, without expectation, - it will likely be realized in due time.

Additional comment: Holding it within builds up energy and power to attract its manifestation.

To Be Titled

On this occasion of Mother's birthday, let us adore Her; feel gratitude for all She has done for us and the world; and open and surrender to Her Divine Presence.

To Be Titled

It's helpful to spend less time criticizing others and more time Understanding the underlying conditions, which will bring one much closer to effective solutions.

To Be Titled

Western philosophy is mainly concerned with the workings of Life. Eastern philosophy is mainly focused on the Spirit, apart from Life. Integral philosophy, as devised by Sri Aurobindo instead focuses on the nature of Spirit and its subtle functioning in the details of Life.

To Be Titled

Profound Insights that have inspired and energized us are normally absorbed and forgotten by the routines of life. However, continually thinking about and experiencing such Insights will cause them to lodge in the subconscious where they spontaneously activate depending on the conditions.

To Be Titled

The consciousness is content to go on repeating the same habits ad infinitum. Mother wants you to come out of habit, open to Her and Her Force, and observe life that's now been created anew.

The Reality, The All That We Can Realize

In the aftermath of the battle of Kurukshetra in the Gita section of the Mahabharata, the blind Gandhari, wife of Dhritarashtra who is head of the evil Kaurava, anguishedly blames Krishna for the death of her sons, as he did not prevent the war, even encouraged it.

Remarkably, Vyasa responds that only Krishna himself has actually suffered in the war! He explains that Krishna is the Reality, which is All things in creation and beyond it. And therefore the sons and all soldiers who died in the battle is actually the destruction of parts of Krishna Himself.

In Vedanta, the Divine is not simply something beyond creation, but includes all things, all forces and forms IN creation. Thus all things in life are necessary, important, play a vital role in the unfolding: even the undivine, the negative, and the insignificant. It is this Reality, this Brahman, this All that is that what Krishna embodied.

Sri Aurobindo says that to have this ultimate view of existence - this All, where each thing, force, form, plane are simply infinite variations and shadings of the one Divine; each playing a vital part - is to have the Vision of the Reality. He tells us that this integral view of existence can only be experienced, realized in full through Supramental perception, which is Unity consciousness that can perceive the necessity and purpose of all things. The ordinary human mind is not able to have this experience.

How can one begin to see the see the necessity and interrelation among all things in and beyond creation? Karmayogi says that through constant consecration and constantly taking another's view, our mind vastly expands and we increasingly experience the utility and interconnection of all things, which gives us ultimate power of knowing, decision making, and action, which in turn evokes the infinite from the finite in no time at all.

To Be Titled

When we do small things, we don't ordinarily see how it leads to big things, such as a new opportunity or an opening unimagined. That's why small things are precious, as they are doorways to the infinite. So let us perform every act with our highest consciousness so that it results in perfection that draws out the infinite from the finite.

To Be Titled

We know and act through human mental logic; i.e. of the finite. It is linear, constricted, inflexible. Mother knows and acts through Supramental logic; i.e. of the Infinite. It goes in all necessary directions that serve the emerging truth. To move from one to the other gives us great understanding and power in life, accelerating success, while enhancing our personal and spiritual growth.

To Be Titled

To practice Sri Aurobindo's Integral Yoga, -- which is essentially giving up normal human life, even devotee life -- one Surrenders one's very purpose and existence to the Divine Mother and Her supramental Force.

However, to qualify for Surrender, the Ego and its negative movements will need to have been overcome for the most part, replaced by the Psychic being within, including its expressions of harmony and oneness.

To Be Titled

Reader: Sir, if we give up ego, people like to control us thinking that we obey everyone. How to handle this problem in life?

Response: One can give up ego and still maintain inner strength. I would need to know the details to comment further.

Reader: When i accept my surroundings and situations, however critical it may be, and don't fight for my wants or needs, people take it for granted. I had to struggle very hard to gain my faith towards Mother and follow Her in daily life. Should I ask Mother to give more psychological strength?

Response: Yes, and clear out any negative feelings you have about your environment; others. Life will then tend to respond in your favor.

To Be Titled

Each time we control an Ego movement, we move closer to the Psychic being, and its attributes of Harmony and Peace.

To Be Titled

An individual perceives one aspect of a situation; a second person perceives another, and so forth for others involved. "Truth" however lies beyond these; is all possible perceptions combined, integrated, with misinformation burned away; and with the Essence shining through.

To Be Titled

When the Ego is engaged when communicating thoughts to others, it readily leads to misinformation, exaggeration, distortion, and other forms of mental error.

To Be Titled

A Devotee is one who seeks to obtain whatever he wishes through Mother. A Sadhak is one who attains whatever Mother wishes for and through him.

Reader: does Sadhak = monk-type person? or could a householder be a Sadhak?

Response: A householder can be a devotee. A sadhak is a yogi, practicing (e.g.) integral yoga. (I.e. total surrender to Mother.)

To Be Titled

With greater education, Internet exposure to all manner of knowledge, Financial Crisis shock, emerging higher values, self-awareness consciousness spreading, etc. Americans are gradually growing out of their superficiality, their surface/material view of existence into a more complex relationship with the world. Amidst the younger and mid-range generations, you can subtly perceive this coming about.

To Be Titled

The more you are bothered or anguished about something that is true, the more it will be.

Additional comment: We forge a stronger relationship with that which we are bothered, irritated, angered by.

To Be Titled

A devotee from the outside, without any material interaction, using Mother's force, and knowing when to implement silence and withdrawal power, can guide any organization -- such as a sports team or a competing company -- to the very pinnacles of success in an extraordinarily short period of time. The experience unfolds like a miracle of the highest order.

To Be Titled

We can change our entire life in a single minute by committing to doing something we know should be done.

To Be Titled

Truth is the objective status of Reality. It defies comprehension by ordinary mind, but not by spiritual Mind of (progressively) intuition, revelation, and supermind (truth consciousness).

Additional comment: Truth and Spirit are the two aspects of Reality. Both emerged from the Absolute, the Infinite Divine. The Supreme.

Truth is the objective facts of existence in the Reality (visible or invisible). It is the integral nature of things that we can perceive as an integral knowledge.

Spirit is the divine reality in its pure state that we experience. It is subjective, as it cannot be readily experienced or expressed as facts.

Perhaps we can say that Truth and Spirit are two sides of the same coin: two expressions of the One Reality.

In Supermind we experience both Truth (as an integral knowledge) as well as Spirit.

For the Mind to open to its spiritual dimension of Supermind. For that to happen, our center of consciousness needs to move toward our true self. Anything that moves us away from Ego and toward Harmony will bring us there, such as taking the other person's point of view, humility, silence, self-givingness, and consecration. From that poise we experience the true nature of the Reality (Truth) as well as experience the Spirit behind things. The objective and subjective aspects of the Reality.

To Be Titled

Ego is absorption in self, with separateness its hallmark. Non-ego is expansion of Self, with connectedness and harmony its hallmarks.

To Be Titled

One can embark on a great journey from Ego to Non-ego, experiencing and overcoming its myriad of expressions, thereby landing in a state of harmony and oneness, centered in the True Self.

To Be Titled

According to Karmayogi true meditation occurs only when the mind has gone silent - i.e. where there are no thoughts.

To Be Titled

We ask the Mother for boons such as prosperity, success for our children and in our careers, etc., but infrequently do we ask Her to remove the deficiencies in our nature - including negative attitudes, habits, beliefs, et al. - that prevent these and other aspects of our lives from being fully realized.

To Be Titled

Chances are that the intense complaint you have about another corresponds to something in yourself that is worthy of being complained about.

Additional comment: A tv show host and pundit was outraged that a company was selling low cost computers with software in it that culled personal information from the user for advertising purposes, even though he was eagerly, somewhat greedily waiting to receive a free smartphone from that very same company!

To Be Titled

Often what seems difficult, daunting becomes much easier once you begin making the effort.

Additional comment: This is a very common experience of mine.

To Be Titled

Being strong and sensitive CAN go together, leading to great things.

To Be Titled

Often the opening to the Large can only happen by going through the Small

Additional comment: Often life will require you to undertake something seemingly trivial, yet it is only by making the effort to go through that (rather than avoid it) will life reward you with a big opening, opportunity, and such. The Small thus becomes the doorway to your future. It's also worth noting that the greater the resistance overcome, the wider the opening.

To Be Titled

The tone in which you deliver your message can be as important as what you have to say.

A Happy Man

(Non-ego attracts reduction in work effort)

When you shift from selfishness to self-givingness, substituting another's precious time for your own, life cooperates, facilitating the conditions of your own life.

I was working on a project of organizing complex material into a more readable whole. It was a work that was taking somewhat longer than I anticipated, and in fact seemed to have no end. At one point I left the office to take a drive, but a friend of mine also needed to use the car. However, because I felt the need to air myself out, I stuck to my guns. As I began the drive, I realized that I was acting egotistically and selfishly, and so cut it short from several hours to a half hour, and also brought back a treat for my friend.

When I then resumed work on the knowledge organization project, I suddenly realized that the important phase I was now engaged in was going MUCH FASTER than I had anticipated. In essence, I reversed from being overwhelmed by the never-ending quality of the work to a situation where time was cut by 90%!

When you shift from your own ego needs to that of the needs of others, life returns the favor, and creates positive conditions, including the facilitation of time. Because I reduced my re-energizing time in order to accommodate my friend, life radically reduced the time for my own precious project to be complete.

To Be Titled

Individuality and the separateness of Ego are not the same thing. The former is fully positive; the latter fully negative.

To Be Titled

The Source Consciousness seeks infinite variation of Itself through the development and expression of higher consciousness of each individual.

The Consciousness of the Supreme was there before humans came to be and evolved their consciousness. Thus we could say that as we become more conscious, we are simply tapping into the Consciousness that is already there. That our purpose is to give it more varied expression through the details of our lives.

To Be Titled

Science has mistakenly believed that consciousness began in earnest with the human race; i.e. through the development of brain function. But Consciousness was there before creation; was there, is, and always will be. Now scientific breakthroughs in understanding -- like quantum entanglement and non-locality - aka Life Response; that all things are instantly linked across space-time -- are shattering the old reductionist view and scientific order.

To Be Titled

For years we hold to certain beliefs about certain things only to find that when we go to such easily-accessible online sources as Wikipedia that we were mostly wrong. Such widely available knowledge is Nature's way of putting the truth of things before us, something we as increasingly mental beings subconsciously yearn for. It is one reason the Internet and such have come into existence; i.e. a response to that subconscious aspiration.

To Be Titled

We can break the tyranny of Nature that wishes to repeat the same things over and over - including certain negative aspects of our lives - by rising in consciousness at that inflection point.

Negotiating the Transitions of Life

Life has a rhythm which we are challenged to embrace. E.g., you are actively engaged in circumstance for days, weeks, months on end; and then there are quiet periods or quiet time where little of significance occurs. And then just when you are settled in, life bursts forward with activity; often overwhelmingly so. For many, such transitions are difficult and trying.

However, if we develop an Inner Life we can more easily negotiate such undulating change. With that subtle consciousness, life becomes smooth for us; no matter how sharp or intense the transitions or the flow.

To Be Titled

Most illnesses are due to psychological resistance of various sorts. Eg diabetes is due to insecurity and fear of future. Cancer is due to vital depression, selfishness, greed. Chest pain like angina is due to a tight unyielding and inflexible personality. Etc. Overcoming the psychological deficiency will eliminate the illness.

Elevating Your Romantic Relationships

Among the factors that make for a happy relationship are:

- true and abiding affection
- being self-giving
- not expecting, demanding from partner
- not complaining; criticizing
- taking responsibility, instead of blaming
- elimination of ego
- not asserting one's point of view
- taking the other person's point of view

- not trying to change the other person
- tolerance and patience
- not squabbling

What are some of the others?

Which ones are you deficient in?

Reader: feeling and showing unconditional love for them. accepting them as they are

feeling and showing unconditional love for ourselves. accepting ourselves as we are

feeling and showing unconditional positive regard (psychological term)

letting them be. not possessing

being open. engaging in what they like and in what we like

being honest no matter how easy or difficult the topic is

being compassionate

forgiving

resolving conflict smoothly, quickly successfully if conflict arises

being independent and self-sufficient

finding and sharing positive humor, joy and ecstasy in everything

spiritually evolving consistently

feeling a oneness

losing track of time

Reader: Accepting them as they are.

To Be Titled

You can accomplish 5-10x more in a given day by opening to Mother and Her Force, which quickly sets right life's conditions, while opening up great opportunities on your behalf.

Additional comment: This will ordinarily resonate with us once we see it happen several times in our lives. Then if we are likely to be energized to pursue it regularly throughout the course of our lives. If we do, we will enter a most unbelievable success-generating realm of existence.

To Be Titled

At least 50% of our everyday speech is unnecessary, dramatically reducing our life response attracting power. And to the degree we speak less, that "emptiness" will be filled by unexpected good fortune.

Reader: Sometimes or in case Many times 'emptiness' space quite NOT EMPTY.

Response: Yes.

We can think of Emptiness as Silence. There are various levels of it: Silence of thoughts (of the mind), silence of the emotions related to the thought or otherwise (of the vital), silence of the speech; of speaking out the thought (physical), and the silence of the urge to act based on a thought or otherwise. True Emptiness or Silence occurs when all of these are occurring simultaneously.

Eg one can control one's speaking (as referred to in the original note above). That is easy if one can control the urge. But then the thought is likely to still be active in the mind. So we can learn to control the thought. But then it may still reside in our emotions; including desire to speak or think about it And there too we can control the feelings. Yogic effort is able to control all these on an on-going basis. Most people simply speak, think, feel the thought, and act, without giving any of it attention. We are mechanical, driven by nature's urge built into who we are. The yogi on the other hand controls all of these, knowing when to engage any of them, and when to hold back.

In that sense most humans are closer to animals - like a chimp - than the yogi, who is really a super-human, especially if he transforms all parts of his nature.

To Be Titled

The goal of creation is for every force, idea, particle, formation, person, collective, etc. to possess the Consciousness of the Infinite, the Eternal, the All Powerful. (inspired by the Mother)

Additional comment: We can help make that happen through continuous Consecration.

Acceding To the Truth Attracts Overwhelming Good Fortune in Downton Abbey

One powerful principle of life response is that when you accept, embrace, and communicate the truth instead of holding onto it out of fear or other negative emotion, life will suddenly open up and present you with overwhelming good fortune. Here's an example from film:

Downton Abbey is a British TV series set in the fictional Yorkshire country estate depicting the lives of the aristocratic Crawley family and their servants in the post-Edwardian era. As we pass through the 5th season, there are two daughters of Lord and Lady Grantham Crawley -- Mary and Edith. Edith has had a romantic relationship with a distinguished newspaper editor which produced a child Marigold, though the editor never got to see his daughter as he disappeared and was then reportedly killed in Germany. Though the child was put up for adoption in order to avoid scandal for the Crawley family, Edith eventually gained custody of the child, brought her to Downton Abbey to live, though several members of the Crawley family did not know the child was Edith's.

It turns out that Lord Grantham eventually discovered that the little girl was Edith's, though he did not mention that fact to her. It also turns out that about the same time Lord Grantham was having health problems and therefore checked with a doctor to investigate about the issue. Several days later Lord Grantham confessed to his concerned wife with that he likely had Angina, and therefore was at risk of having a heart attack.

Now fearful for the end of his life, Lord Grantham decided to talk to his daughter Edith about her daughter Marigold. And so that evening Lord Grantham came into his daughter's room and confessed to her that he knew that Marigold was her daughter, and, more importantly, that he fully accepted the little girl into the Crawley family. As a result of his gesture, Edith was ecstatically happy.

Most interestingly, a day or so later, Lord Grantham reported to his family that he had gone to the doctor again for further tests, and discovered that he did not have Angina at all, but merely had an ulcer. Now all he had to do was eat modestly and he would be fine. It was a tremendous relief for himself and his wife.

Can we not say that as a result of being fully truthful with his daughter about his knowledge of the situation while fully accepting his granddaughter into the family, life responded and altered the conditions of his health?

When we give up our fears, and face the truth, admitting it as necessary, not only will we feel an inner relief, but life response with good or great fortune in the same or an entirely different area. When Lord Grantham gave up his fears and confided with his daughter about his true feelings, life responded and literally gave him a new lease on life. We can do the same in our lives by not holding on to our fears and admit to ourselves and to others that which is truly true.

Reader: Very nice story to clearly understand the message Sir. In my life, for the past 3 years, I was forced not to read Mother's books. This was due to some of my close relatives. But I did not lose hope in Mother's Grace. Suddenly from where I thought I will not receive support, from those relatives, I received great support. You also advised not to blame anyone but to think positively only. Suddenly I regained myself and said I can't take it anymore like this and said I will continue to follow Mother's path whatever comes. I prayed to Mother to give me strength. Mother blessed me and my family somehow accepted me and the very next day, that is yesterday, Mother's Grace showered as rain.

Response: You have seen and garnered inner strength; inner power. Congratulations!

To Be Titled

Some people believe that Silicon Valley is rich because it is greedy, when in fact their great success is due to decades of humility, and quiet, visionary, individualistic work.

To Be Titled

If there is the slightest bit of irritation or anger on our part, then we are likely partially or fully in the wrong, though we may have to dig deep to discover why.

Reader: You mean face it with inner calm and be cool?

Response: Yes, if you can.

It is also helpful to know why you are really angry or irritated, which requires one to dig deeper, and there you will find the negative aspect. Eg a man was very angry that his wife spoiled all that he had worked on, but never considered that what he had desired to occur was extremely harmful to others, and undertaken with the lowest values.

In another case a man was always irritated that his spouse would not listen to him, though he did not have the full capacity to speak to her when she was ready to listen, not just when he wanted to speak.

This irritation and anger have immediate cause, but also have deeper causes in one's wanting attitude, beliefs, and behaviors.

In *Pride and Prejudice*, Eliza Bennet was unhappy and irritated when Wickham, a man she was infatuated with, did not show up at a party. What she did not realize was that this man was duplicitous and a scoundrel.

To Be Titled

Each wrong attitude in our being - whether towards others, life, work, or self - attracts corresponding negative circumstance.

To Be Titled

We can understand the aphorism "one good turn deserves another" in a new light in terms of the miraculous phenomenon of Life Response.

The Future Ahead

There are often small signs up ahead of things coming but which we miss until they come upon us and suddenly become huge. When we develop a deeper consciousness, we perceive the current tiny and small as potentially vast, and are thus able to capitalize on it by giving it special attention, enabling us to stay ahead of the game.

Today's tiny is tomorrow's gigantic is another expression of the idea that the infinite is buried in the finite. It is our right perceptions of the unfoldings of life that brings that infinite possibility to the surface; to the attention and concerns of the Now.

To Be Titled

The more you are irritated by or get angry with a situation, the more the issue will sustain itself, or even get worse. On the other hand, the more you hold back and do not react - especially in your emotions, - the quicker outer condition will improve.

To Be Titled

In the current way of life success is mirrored by failure, pleasure with pain, good with evil, knowledge with ignorance, and life with death. These divisions and dualities almost seem inevitable, never-ending. However, in the Divine life that is to come on earth as envisioned by Sri Aurobindo there will predominantly be the positive, without the dark complement, both in our experiences and in our way forward.

Integral Knowledge is the Knowledge of the Integral Reality.

Additional comment: The Integral Reality is the totality of all things visible and invisible, - forms, thoughts, emotions, forces, planes of being, circumstance, etc. -- and their subtle inter-relationship.

Integral Knowledge is to know this from moment to moment as necessary. Ordinary human knowledge is hardly any of this; not even a billionth of it. Thus it is Ignorance. The goal then is to move from Ignorance to and Integral Knowledge of the Integral Reality - the All.

We can begin that process by Opening to Mother by taking the other person's viewpoint, etc. which deepens the consciousness, culminating in the True Self, which in turn widens our mind beyond ordinary human thought and knowledge to intuitive, revelatory, and supramental perceptions, where we more readily perceive the true nature of existence -- the Integral Reality.

To Be Titled

Even bad people can attract enormously positive conditions when they do the right thing.

Additional comment: Eg Nixon – Mother called him a brute - goes to and helps open up China in the 1970s. Another: a corrupt politician changes course and allows for proper funding of disaster relief, and the hurricane about to hit suddenly and most unexpectedly veers away from land and heads out to sea.

To Be Titled

What we believe in reflects the essence of who we are. Otherwise, we are not very much of anything.

To Be Titled

Negatives have hastened the evolution in the physical and vital ages humanity has passed through. Now somewhat in the emerging mental age, accelerating in the coming spiritual age, advancement for the individual and society will take place through the Positive. It will be a decidedly different orientation to human existence.

To Be Titled

There is what you want, and then there is what the Divine via your Inner Self would like of you. It's the difference between normal and a spirit-oriented existence.

To Be Titled

True devotion is not so much to ask boons of the Divine, of Mother, but to surrender to Her Will and Purpose whenever possible. When we do, we will regularly attract the miraculous.

To Be Titled

Q: Can we consecrate past mistakes and failures?

A: The answer is yes. If we do, their negative impact on the present will be dissolved, or we will simply evoke new very positive conditions as a result of our contrition on that aspect we consecrate. We call this "Past Consecration."

Each of us is born into this life to further the evolution of the soul that inhabits us. It is through our growth and experience that the True Self, the psychic being grows in consciousness in its journey through time via multiple births.

This is also true for the poor, the destitute, the deformed, and the like. So though we can feel compassion for their situation, we should avoid pity, for they too have the opportunity to grow in consciousness, at their level, for their own growth and that of their soul.

To Be Titled

At any given moment you can do something to elevate the consciousness of the situation. The results will be marvelous.

Book Review Surprise

If we observe ourselves closely, we will see that our Ego constantly takes control of us during the course of our day. Our obligation then is to catch it each time it presents itself and then suppress it, which will

enable us to maintain harmonic relationships with others and life, as well as avoid negative life response consequences. The other benefit of suppressing our ego movements is that it can instantaneously attract positive conditions. Here's a recent example:

A man was thinking about his communications with a fellow business associate. In particular, he dwelt on the response he received to an email he sent to that colleague. Thinking about the content, the man got a little irritated, believing that the associate was restating the obvious. He then began to rationalize his viewpoint to such a degree that his higher self came to the fore, enabling him to recognize that his Ego was getting the best of him. Now clearly perceiving that fact, the man stopped his egoistic thoughts in its tracks, and as a result, his mind resumed its normal quieter state.

When he then opened his email to begin his work day, he saw a message from a journalist that the book he had written about a famous spiritual sage had been favorably reviewed; the first such response since he had published the work.

In other words, by catching an Ego movement and halting it in its tracks, the man instantaneously attracted a ray of good fortune from out of nowhere.

Energized Instructor

When you take on your current work with great enthusiasm, interest, and perfection, another project you have been working on, including a great one, may suddenly be elevated to unimagined heights.

Example: though it was in one sense a small, insignificant class, an instructor decided to put his all into it. He then expended an enormous amount of energy, making sure the students received all necessary information, and with great clarity. The next morning on examining his email he discovered that one of the books he had written suddenly and most unexpectedly received a very favorable review at an international news site; the first major critique of that work since its publication.

To Be Titled

Whenever possible lead by example rather than by command, and others are bound to follow.

To Be Titled

The visible is far less powerful than the Invisible to affect the visible.

Additional comment: Life response results of consecration, overcoming a negative attitude, non-reaction to another's hostility, and being silent inside etc. are proof.

To Be Titled

While the Source is infinite, material existence is finite. And yet the goal of creation is to make the material and all other planes infinite-like through the invocation and action of the Source.

To Be Titled

Negative circumstance will be understood as a positive at a later time.

To Be Titled

When we are able to recognize and catch ego movements when they arise, it indicates that our relationship with our soul is alive.

To Be Titled

When a bad person transforms themselves, they tend to reach a higher level than a good person.

Additional comment: It is because a negative is really a more intense form of the positive. It has more energy in it for transformation.

Reader: Yes it is often seen in our Bollywood movies that when a man who is into drugs, alcohol, women decides to improve himself, he does it better than anyone else

Response: Nice observation.

To Be Titled

What we are in apparent contradiction or conflict with, we are from a higher perspective actually complements to, as each side is secretly helping the other grow. Life/Nature/Prakriti has put them together in dual pairs, so we each can learn from the other; so each can progress beyond their current limited consciousness and status.

Additional comment: We see this quite clearly in the Middle East in the conflict between the Israelis and the Palestinians. The question there is whether they will be compelled to make the necessary change.

Naturally, we can see this dynamic in every conflict we have with others and with life. That conflict is what Nature set up for you so that you can learn from the other party or through the experience so you can grow. The key is to give up ego and accept the lesson that life is trying to offer you.

To Be Titled

Without the interaction of the good with the bad, the positive and the negative, or any other forms of contradiction or conflict, there is ordinarily no progress in life.

Additional comment: Eg in Pride and Prejudice Mr. Darcy would not have been able to grow in consciousness without the misdeeds of the negative Mr. Wickham, and his association with him. Likewise, he would not have been compelled to grow without the rejection of his marriage proposal by Eliza Bennett who thought he was prideful.

To Be Titled

Every negative that comes to us is a means to help us grow.

To Be Titled

We are all divine, even the negative amongst us, as each of us are a seed that can change and reach the highest heights.

To Be Titled

Mother comes to us most powerfully through the people who give us the most trouble. (MSS)

Additional comment: It is the Ego view that sees them as giving trouble. The higher view is that they are actually bringing Grace. The ego view sharply divides good from bad. It wants good, but not the bad. But the Integral View sees them both as necessary; including necessary for our growth and progress.

It is the essence of Sri Aurobindo's insight about attaining the Integral Knowledge. Dividing good and bad sharply is the view of the Ignorance, which is the normal human view. It is the opposite of the view of one who has attained the Integral Knowledge.

From a deeper consciousness we have the undivided view; the Integral View that everything serves a purpose, that the negative helps us grow to a higher nature, just as the positive can. Constant consecration will bring us to those depths to have this soul-based supramental view.

In the end it just depends how committed we are to seeing the world this way. To moving deeper within so we can embrace the negative as Grace; which will help us reach our highest nature and experience ultimate delight.

And when we overcome the trouble, we rise to the highest heights. Far higher than if there were no trouble. I know of many examples of this amongst friends and colleagues. Eg one mid-level member of an organization was threatened to be ejected by a hostile colleague, but instead he rallied and soon rose to the very top. It's because he perceived the negative as an opportunity and then made the right decisions

The negative people, situations et al that come to us represent negatives inside ourselves. Therefore know what that correspondence is, and make the necessary change within. When we do, the negative will disappear, and we will grow immensely through the experience.

To Be Titled

When a negative comes your way, ask yourself, "What can I learn from this situation? What does it represent in me? How can I grow through this circumstance?"

To Be Titled

We believe we are separate from others, but that is the view of the Ego. We are actually One with others and life in every conceivable way.

The ego-sense blocks us off from others' experiences, knowledge, insights, even who they physically are, and yet we need them as much as we need ourselves, and in every conceivable way.

From the perspective of the Integral Reality all things reside in perfect Oneness. At that true level of being we are one with all things; not just with what we like, as the Ego view dictates. And yet to shift from ego to that Oneness we need to discover a deeper center within us that feels deep connection and harmony with others and the world around us.

How can we make that transition? Through consecration, taking the other person's point of view, and non-reaction we can build that deeper center within where we experience that Oneness with others and life. There we transcend the separateness of the ego, replacing it with the harmonic, unitarian view; the same perspective the Integral Reality has of Itself.

To Be Titled

People who continuously express their unsolicited opinions are highly susceptible to the Truth of things.

To Be Titled

Ill-will, resentment, jealousy, and dishonesty -- toward friends, colleagues, family members, renown individuals, etc. -- are several of the common banes of our daily lives. No wonder why we continually attract the negative.

To Be Titled

One minute of feeling Mother inside as deep richness or golden light or similar can change the course of our lives.

The Process of Accomplishment:

Know what you want, consider the details and the right strategies, including time-bound actions. Commit to it in full. Make an exhaustive effort, executing it with energy, fully positive attitudes and skill. Follow the flow of things for next step indicators. At no point should you feel impatient or disappointed. Consecrate the entire matter to the Higher Power.

As a result, Life will cooperate with you in full, bringing about what you want, and so much more. You will be amazed how at each step life cooperates with your intent. It is a wonder to behold. The process of accomplishment mirrors the same process by which the universe emerged from a Divine Source.

Signs You Have Followed the Process In Full:

The work, project, task, etc. works out much better than you thought, in far less time, with less effort, while energizing you to no end. The ultimate product is not just the fulfillment of your intention, but a power of Knowledge of the Process for the future, as well as ecstatic Joy.

To Be Titled

We inherit negative propensities through genes from the parents or grandparents. It settles in our subconscious being, which means we are hardly aware of it. However as we become more conscious, we begin to perceive that when we think or act falsely, we are aping some aspect of one or more parents. Which means we can become conscious and stop those negative aspects in their tracks.

To Be Titled

When you accept what another person wants (instead of what you want), they often end up embracing what you (secretly) wanted to begin with.

Additional comment: It is a form of Silent Will.

To Be Titled

When you focus on the money being earned in a work instead of the benefit the work provides others, that or other funds will recede from your account.

To Be Titled

To see the beauty behind the ugliness, the truth behind the falsehood, the light behind the ignorance is a sign of a rising consciousness that is in tune with, one with the Integral Reality.

Additional comment: Eg to see the wisdom of life in the individual who abuses us, such as the nasty boss. We can learn he is there to teach us psychological strength, or to develop non-reaction power, etc., which can carry over into the future. It is to see the truth behind the falsehood.

In the play and film 'The Elephant Man' based on a true story, a horribly disfigured Englishman turns out to have a great intelligence, be eloquent beyond compare, and creates objects of art (such as a model of a cathedral) of exquisite beauty. He serves to inspire the entire society.

To Be Titled

There is a time to focus on a problem, and there is a time to withdraw all attention to it. Each done on the appropriate occasion will quickly evoke the resolution.

To Be Titled

To be aware of the omnipresent Reality inside is spiritual awakening. (Karmayogi)

Additional comment: It is to perceive the utility of all things in the Unfolding, which is the perception of spiritualized mind.

To Be Titled

Internet is very good. INNER-NET is Infinite.

Additional comment: What is Inner-Net?

-it achieves vastly by opening to the Divine, Mother (i.e. inner achieves in the outer through consecration.)

-we can take to inner silence that brings the exact necessary knowledge from out of nowhere.

-it is deep inner connection with others across the earth, marked by our capacity to broadcast deep goodwill towards others from within that spreads and brings good or great fortune to others and ourselves quickly from out of nowhere.

-it is shedding negative attitudes inside, that quickly attracts vast success outside.

-it is recognition that the entire universe is held inside us, and from there (the inner, the Inner-net) we can take to inner means to affect the outer in infinite ways, overcoming limits of space and time, of causality and reality.

-it is as Mother indicated a vast invisible web with trillions of strands, and when we pluck a the right ones, it vibrates to other corresponding ones, influencing them, having a power over them, bringing good or great fortune to others, the world, including ourselves.

-the Inner-Net is many other things we can define, indicating its infinite nature and capacity.

To Be Titled

All progress originates inside, not outside.

Additional comment: Inner is aspiration, values, silence, and spirit (consecration). These have ultimate power to evoke outer results.

On Social Interaction

Much of the social interaction we have with others is vital, placating the emotional needs of our lower nature. It stimulates us and keeps the conversation going and the interaction lively.

On the other hand, when a spiritual person connects with others in a social situation, he aims to share experiences, help others with their problems, seeks to improve their life condition, and in general seeks their happiness and fulfillment.

The inner-directed person of the spirit substitutes deeper purpose and connection for emotional titillation, silliness, and other forms of amusement that stimulate the vital being.

Naturally, unbridled social interaction and the stimulation that is felt is quite difficult to control, let alone think about. It wastes energies instead of conserving them, allowing for short-term emotional gain at the expense of on-going happiness and joy. Only when we develop a deeper center do we transition from social amusement to harmonic interaction.

Sri Aurobindo says it is the Hour of the Unexpected.

Additional comment: "Nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected, the incalculable, the immeasurable." (from The Hour of God)

Eg who would have expected the sudden, unexpected end to the Cold War just as tensions were overwhelmingly high and could break out into WWIII? Mother and Her Force enveloped Gorbachev who brought it about.

And who would have imagined a personal computer, or the vast power and influence of the Internet, or the smartphone.

Who would have imagined the ancient Upanishadic idea of Oneness and the power of attraction (life response power) breaking out amongst the masses.

And who would have imagined in 1950 and beyond the stunning rise of Asia, of China, and now of India when they seemed destined for decades, perhaps centuries of dire poverty.

And now we are on the cusp of a New Paradigm in so many areas of life and society - such as a human-centered economics and the possibility of world governance and much greater collaborations amongst nations.

And who would have imagined the breakout of the entrepreneurial spirit that empowers every individual in the world to fulfill his potential.

And this is only the beginning of what is possible in this Hour of the Unexpected. Especially so if we were to make use of the Supramental power which has fully enveloped the earth and its power to bring about instantaneous miraculousness whenever invoked.

To Be Titled

What is Truth? It is the objective status of Reality. Of what truly is, whether visible or invisible; whether material, subtle, or causal. It is all things in all planes from spirit to matter. It is the nature of the omnipresent, integral Reality.

Reader: Thank you. That was Mr. Albert Einstein tried to establish thru 'Relativity Theory'

Response: Yes. And Quantum theory has extended that much further.

But still Truth is not understood in science as they are obsessed with the material only. How can you understand anything about Truth unless you understand that Consciousness is the ground of all being, is the source of the universe.

Quantum theory is beginning to show that, especially in the math. Even there the scientists say there must be a material basis for the universe and no other cause. They are still mired in the Ignorance about the nature of the integral Reality. They only know matter. Hence they go round and round in circles when trying to discover a Theory of Everything. For them understanding of Truth is very far away.

Reader: The same with Religions. Each one claims they represent the Truth and one has to follow them. But obviously they manipulate the Truth about 'God' and its intrinsic Universal Laws of Creation to gain power over humanity. The TAO claims it is the root of all Religions. Hmmm

What about exhibiting integrated positive values and passion and enthusiasm to unfold ones live according to one's unique Potential to serve humanity without being attached to a Religion? Is there not instant peace and harmony on our planet prevailing? As a consequence we would also care for mother nature instead of to exploit her for profit maximization. There would be no 'designed' terrorism that creates worldwide calculated conflicts and lead to more and more power of the 'Elite' and suppresses the birthright of each human being to be happy and fulfilled in Life. etc. etc

Response: Yes, it is very true what you have said about religion, W. I would like to add the following.

There are great teachings that are the roots of certain religions that are filled with great wisdom, though they are not the religions themselves that came after - including tao te ching, the vedas, the upanishads, vedanta, etc.; in addition to the wisdom of the avatars, rishis, saints, spiritual philosophers and others. In my view there are also teachings that now incorporate and exceed these, including the teachings of Sri Aurobindo, the Mother, Sri Karmayogi, and many others to a lesser or greater degree.

The era of religions themselves is clearly coming to an end as they are stultified and twisted, or in some cases even adopting higher spiritual values, making them almost unrecognizable from their earlier form. Though religion has served a great purpose in the past, providing a glimpse to many of the higher spiritual reality, as well as a moral sense, we are moving into the realm of personal experience of spirit and truth without the need of organized religion, yet holding on to certain deep wisdom at the source of some of them. The Spiritual Individual and the capacity to be such is now clearly on the horizon.

To Be Titled

In the course of your day try not to see others as adversaries or even separate beings, but as true extensions of your own self.

Comment: Actually, that is the true status of our relations with others: Soul extended to, interrelated and intertwined with other Souls. It is the separative Ego that blocks out that harmonic awareness and feeling.

To Be Titled

Over expectation and over anticipation of an outcome is foolish and cancels success. It is like stirring the coffee before putting in the crème and sugar.

To Be Titled

In one sense our greatest guru and teacher is our spouse; especially in our conflictive moments with them. In those situations they "teach us" about our limited consciousness, -- whether our closed-mindedness, our complaining nature, our negative attitudes, and above all our Selfishness -- so long as we are willing to embrace the truth that life is presenting us.

To Be Titled

Searching for love and struggling to find it is the human way. The more conscious way is to paint a picture, develop a profile in one's mind of what we would like from a potential partner, especially in terms of one's highest psychological relationship, and then silently aspire for it, until the day it comes.

To Be Titled

In the past, technologies supported and strengthened existing industries. Now tech companies seem to be enveloping them and in some cases swallowing them whole, integrating them into their ecosystem. Is this the evolving power of mind in action; of higher intelligence brought bear? A new form of economic organization? Reflective of a new orientation and organization of existence?

To Be Titled

It is often best not to interfere in and try to change another individual's false behavior, as it can short-circuit important life lessons that can be learned when corresponding negative outcomes present themselves.

Additional comment: On the other hand, if they take the initiative and seek your counsel, you can evaluate whether you have something helpful to offer them, and if so, proceed with caution.

To Be Titled

There is a very highest plane of consciousness where one perceives that all things in creation serve a purpose in the evolution, including the positive as well as the negative (such as ignorance, falsehood, evil, suffering, pain, illness, disease, and death). This is from the perspective of the integral and omnipresent Reality.

From a slightly lower plane of awareness one realizes that all such negatives should be eradicated and be replaced with their positive spiritual equivalents in the universe (including peace, silence, harmony, wisdom, knowledge, truth, goodness, beauty, love, joy, timelessness, and infinity). It is the plane of the soul's aspiration.

Far below this is the normal human plane of consciousness where one is subject to and fully immersed in the dualities of life - including pleasure and pain, ignorance and knowledge, happiness and unhappiness, etc. It is the plane of division, duality, and conflict, where one is at the mercy of Nature's slow and difficult ways.

To Be Titled

The life that is there in this Force is not there in the very best of the past. (Karmayogi)

Additional comment: When via Sri Aurobindo and Mother Supermind descended into the earth's atmosphere in 1956, everything changed as there was there no a power never available on earth before to enable instantaneous miraculousness. I.e. instantaneous knowledge along with instantaneous change in the life conditions when evoked. We evoke the Force, this Power through consecration, i.e. self-offering of life circumstance to Mother.

To Be Titled

Hope comes from faith in the Infinite; hopelessness in faith of the finite. (paraphrase of Karmayogi)

Additional comment: When we arrive at very difficult moments, where we seem to have no power or control, the human way is to be overwhelmed by circumstance which leads to feelings of hopelessness. It is in those key moments when we can draw on our faith; faith in the Infinite power of Mother, which will give us hope ... plus it will normally lead to enormous life response results, which will further enhance our faith in the Infinite.

To Be Titled

The Indian subtle knowledge can accomplish a month's work of the American in one day, especially because of his excellent organisation. (Karmayogi)

Additional comment: In this way India can outrun the previous historical norms and methods of accomplishing. What a different world that would be, with India out front as success leader!

To bring this about they can be more conscious of and utilize their subtle knowledge about the nature of reality, how life flows, and utilization of spirit and other inner psychological methods to quickly attract the very best outer conditions; abridging space and time; eg accomplishing in one day what it takes others 30.

To Be Titled

It is not Indian spirituality, Russian mysticism, German discipline, French ingenuity, or British character that will lead the world. It is the American who is devoid of all these who will lead the world by his Quest – evolutionary quest. (Karmayogi)

Additional comment: As an American, this makes me smile. We are devoid of the essential qualities of a cultured person, yet we will be making the evolutionary change first. What a paradox; and yet it also makes complete sense, knowing the "Questiness" of Americans, like when they came to and overcame the obstacles of the virgin land four hundred years ago, or when they made their way across the Big

Country, or made the Gold Rush, or Edison's inventions, or the Internet, or all forms of the entrepreneurial spirit, etc. etc. We have been surface, material explorers, who are mostly unconscious pioneers for later-to-come world of deeper depths.

Reader: Yes. Quest or to Question is the Root of all evolution to the MANKIND.

To Be Titled

Be vigilant in the course of your day and try to turn any negative feeling you experience into a smile. Make it a habit. If you take this approach, your inner being will start automatically reminding you to do so. Good fortune is bound to follow each time you take that advice percolating up from within.

To Be Titled

Often the person doing the complaining is more in the wrong than the person allegedly deserving complaint.

Eg a woman vehemently honked her car horn at the person in front of her for allegedly going to slow. The driver of the car in front was trying to figure out which way to turn, and so cautiously moved ahead. The woman in the second was impatient and filled with anger at the slowness of the first vehicle. It only added to the already agitated environment, causing it to spread.

Here we see how negative complaining can be, especially when combined with impatience, anger, ill-will, and ignorance. We can see the same dynamic in our own lives every day in the way we complain or blame, etc.

Additional comment: Even seemingly justified expressions of complaining like "righteous indignation," for say a wrong done by another party, can itself become false when tied to vehement negative attitudes and feelings like ill-will and hate. Such intensities can make the situation much worse.

A deeper center of awareness of the drive behind would allow for greater calm that would not be so reactive. It can be achieved by practicing non-reaction and consecration (in this event or otherwise).

To Be Titled

Every problem in society is an opportunity for a new, unique form of harmony to emerge that would not have been there had the situation not been uniquely negative to begin with.

Additional comment: That is why Sri Aurobindo says that the world was created in infinite shadings of the positive and negative so to enable infinite variations of discovery of the truth of things beyond the problem, elevating our consciousness, and therefore causing us each to experience a unique form of delight. Through infinite variations of both the positive and the negative the most comprehensive integral evolution can take place.

Like every opportunity, every problem offers us a quick road to success when it is seen and engaged in as an opportunity as well.

To Be Titled

Westerners tend to question everything and thereby often miss the Essence, as their minds do not trust in the insights of others. They have a too active and aggressive mentality that deflects deeper truth. Indian on the other hand tend to be deferential to others' knowledge, and are therefore less inclined to originate ideas, or at least express them.

To Be Titled

Man initiates, organises and executes. The yogi refuses to initiate, lets the work organise itself in him and be executed. (Karmayogi)

Additional comment: Devotees can take a middle course [between Man and the yogi] and be open to opportunities that come in and take them up as they have Mother's sanction. They will succeed almost always. Self-initiating succeeds far less often than the initiative first coming from life to one's self.

To Be Titled

Mother and Her Force can solve ANY intractable problem, and does so in the most dynamic, creative, and unexpected ways.

To Be Titled

When the individual intent is in sync with the cosmic intent, life response results burst forth. When the individual intent only serves itself, conditions remain in stasis or fall back.

To Be Titled

From the perspective of the Highest Consciousness and Reality, all of life and beyond fit together perfectly like a Cosmic Puzzle; including the positive, negative and in-between. They are all necessary for the unfolding and evolution. From the view of human consciousness, the pieces do not fit correctly, as the positive and negative are perpetually at odds.

To Be Titled

Good health is the exterior expression of an inner harmony. (The Mother)

Additional comment: Eg, as Appa has said, Steve Jobs was unable to maintain the inner harmony and so he became ill and left us. In his case his work was not in harmony with a more developed spiritual life which he was ready for but did not take to. Life was out of balance and he fell ill. He could have taken to business management oriented life response, but shunned it when I offered it to him.

Inner harmony is the right balance of energies inside us and in relation with the world. Where there is illness it indicates a particular psychological deficiency which is the basis of disharmony. Eg selfishness and possessiveness can cause cancer, which Jobs succumbed to. Insecurity and fear of future leads to diabetes. Fixed nature to heart and stroke problems; Etc.

When we develop the right balance of energies, including having the right attitudes and habits -- overcoming any negative ones -- good health will be our natural state

To Be Titled

In the period after you have consecrated a challenging situation, focus less on the ongoing results, which can go this way or that, and more on maintaining the inner relationship and your Faith in Her. That way the energy released through consecration keeps building, generating ever-increasing positive results.

Additional comment: This is an important new understanding for myself; practicing it, seeing it in action. Utter stillness and silence is a hallmark of Mother's action.

To Be Titled

He who is centred behind the heart and acts from there will never lose the Remembrance for a moment. (Karmayogi)

Additional comment: Behind the heart = psychic being

To Be Titled

Inner awakening is the world's awakening in us. (Karmayogi)

Additional comment: Magnificent.

To Be Titled

As devotees we are increasingly learning to follow the Logic of the Infinite, not the finite. It is Mother's very special and extraordinary ways of unfolding, replacing our ordinary mental view of things.

To Be Titled

Shift your consciousness from "whatever is best for me" to "whatever is best for everyone." Doing so will move you to a more universal status that can attract results at the next highest plane in your life.

To Be Titled

Stay as positive and calm as you can in difficult situations. Life will then smooth out.

To Be Titled

In life the negative serves to bring about a more integral positive outcome. Without Wickham's duplicity in *Pride and Prejudice*, Darcy would never have had a chance to prove himself, change his nature, and thereby win over Eliza. The negative thus serves a critical role in the unfolding of Reality.

To Be Titled

Life is constantly presenting you with those things that require your attention, including what needs to be done (or not done). However the mind and the emotions interfere, causing one to stray here and there, causing us to miss the direct path to on-going, ever-increasing success. If they are silent however, one will be precisely in tune with the unfolding and flow of life, making each moment an expression of the miraculous.

To Be Titled

Often life's future direction will not reveal itself to us until we take care of what is demanded of us in the present. It is as if there was an opaque wall before us blocking our knowledge of what is to come. However, once we have taken care of business and done what is required in the present, the wall quickly dissolves, and the near or longer term future reveals itself. This is my constant experience.

To Be Titled

Difficulties test our balance and faith. But if we see them as opportunities, as intense positives that widen the scope of possibilities, then we are no longer at the mercy of life, but are engaged in a great learning experience; an adventure of consciousness and joy.

To Be Titled

Difficulties such as we encounter in work ordinarily test our nerves, our patience, our faith and balance. But when we perceive a higher purpose behind the problems, while remaining calm and open to Mother, the journey becomes quite tolerable, even enjoyable. It blossoms into a true learning experience; a journey of discovery; an Adventure in Consciousness.

To Be Titled

Proper handling, attention, and right attitude to an intense, small problem one is challenged by may be discovered in hindsight to have prevented a wider, multi-faceted catastrophe. It is an example of collaborating with the Grace that is at work.

To Be Titled

We can imagine deeply from within what we want to achieve and have it be so without any initial outer action. We can develop the intense aspiration for the goal(s) to be achieved, the right motives, eliminating wrong attitudes, and deeply feeling the values we believe in. We can project it out into the earth, and if the universe is in agreement, it will return as an opportunity that we can embrace and fully realize.

To Be Titled

Taking the Other Person's Point of View (instead of insisting on your own) is a key to spiritual progress. It is startling what happens when you take this harmonic tact. E.g. you suddenly learn something of importance you never knew before. Or the other person actually comes around and embraces your own viewpoint. Or a state of harmony and peace suddenly presents itself. Etc..

Taking the other person's point of view also deepens your center of being, enabling a variety of positive spiritual capacities to develop inside – including silence and peace, deep feelings of harmony, newborn affection toward others, sudden descents of insight and knowledge; and a deep, abiding joy in being alive.

Reader: Sir. will it be a start to read other's mind also ?

Response: If you could know another's mind that way, then it is worth taking that point of view, especially if there is a tendency on their part to want to express that information to you and influence you, as taking the other person's point of view is a method when one's own position may be opposition to another's viewpoint, and you should take theirs, or the other person wants to otherwise convey or help you with their advice, which according to the principle you should listen to.

By taking to another's point of view I am referring to when they express their view to you verbally or in writing, etc., and that it relates to your situation or condition, not psychically; though that too is a possibility if it meets the criteria I have just mentioned.

Realization of Divine Values In the World

The Infinite Divine has intention for its own spiritual aspects to be recognized and realized in the cosmos and amongst the people of the earth. It includes Peace, Silence, Harmony, Truth, Goodness, Beauty, Love, Joy, Infinity and Eternity.

We could say that all of life exists -- its unfoldings, history, events, circumstance, issues, conflicts, progress, etc. -- as a means of bringing about these "Real Ideas" as Sri Aurobindo calls them throughout the universe.

When we take to Higher Consciousness, instead of waiting on Nature's slow and difficult way of progress, we help facilitate this unfolding in the world. Or to put it another way, when we take to high human values, we help facilitate the spiritual values that the world is destined to realize.

To Be Titled

So far in the evolution everything that IS always becomes a WAS, but in the future everything that IS will remain an IS for as long as one chooses.

Reader: This is little confusing.... can you pls explain in detail

Response: In ordinary life, things die off. In future life, one can be immortal; being, living as long as one wishes.

To Be Titled

If you cast out what you don't want with intense negative emotion, it will keep returning in some form to test your sensibilities until you have overcome it.

To Be Titled

Sri Aurobindo says it normally takes multiple births to shed our essential Ignorance born of creation and attain Integral Knowledge; i.e. become a realized, divine-like being; a ripe soul. However, by discovering the psychic being, the true self behind the heart, and opening to and evoking the supramental power around us via Mother, it can happen in one birth, this one.

Unconventional Forms of Gratitude

People can feel gratitude for their home, their family, their friends, their careers, their success, their money, their luck, etc. We have seen that deeply and sincerely feeling gratitude for any of them can quickly attract positive conditions in our lives. Here are a few other, less conventional forms of gratitude to consider offering as well:

-Gratitude to the society that we are born into; that provides so many things that people of the past accomplished or fought for.

-Gratitude to the Spirit for enriching us, enabling to see beyond the normal, and on many occasions saving us from the worst circumstances.

-Gratitude to the deep knowledge that others have revealed to us that we have used to make life far more special than we might have ever imagined.
-Gratitude to the wise ones -- living and of the past -- who have showed us the way.
-Gratitude to the difficulties we have had in life that often served to secretly open up many new opportunities.

To Be Titled

When you do all of the right things during a certain period of time, applying your best attitudes and deepest values, instead of falling back into old bad habits, life will unexpectedly reward you with a great opportunity that can take you to the stars

To Be Titled

The Divine always responds when you do for others, not yourself, first.

To Be Titled

If we do a simple/small work with the same attitude of doing a big one, it becomes perfect, life responds, and we take a step toward fulfilling the Integral Yoga.

Reader: An Income Tax Opinion provided to a Co-operative society for a fee of Rs 1000 with due genuine consideration to benefit the members of the society, brought a life response of 300 such opinions and revenue flow of say Rs 6 lacs. The opinion got circulated throughout the state to 3000 such societies.

Response: Wonderful example.

To Be Titled

When evoked, Mother and her supramental Force tends to eliminate the source of any conflict.

Additional comment: Not only smooths things over, but resolves it at the root level, often through unexpected, unprecedented, and infinitely creative means. That's the nature of the Supramental Action.

To Be Titled

By allowing others to have their way short-term, you are more likely to have your way longer-term.

Additional comment: as life will tend to respond that way in your favor.

Reader: I think I HV understood this but can u give an example so that I can fix this in my mind in a better way

Response: It can happen in the most trivial circumstance or the most important.

-Say there is a conflict between two parties. Neither gives an inch. However, one makes a small concession, and as a result surprisingly the other party makes a much larger one a short while after.

-Or you are the boss and you restrain yourself from complaining about a staffer, and later in the day you discover he has made a great sale.

-Or two people are vying for a place on line, and I defer to the other person allowing him to go ahead of me. A short time later a new checkout station opens and I am invited first to be checked out.

-Etc.

The opportunity is there often in the course of your day. And Life responds wonderfully each time you take this small deferential or compliant approach.

Reader: Yes true! But the practical problem that I face is that when I do such a gesture I am considered weak by the people around and they think that the other party has won But I still believe in doing this

Response: How life responds is all that matters. If you get the results they will admire you.

Not asserting and deferring - especially when done consciously - is an indicator of great inner strength, as it has a vast power over life.

A true individual does not worry about what others think, instead taps his inner resources that enable him to make decisions that evoke powerful results. His orientation is inward that makes life outwardly move.

To Be Titled

A true devotee is constantly consecrating all major activities engaged in, and experiencing the startling results.

To Be Titled

Very often our first visual perception of a matter is a mis-perception. It is because the mind is not engaged in rational thought, deferring to sense mind of the visual and auditory streaming into our surface consciousness. It leads to many errors in judgement on a daily basis, which ironically we are almost completely oblivious to!

Fortunately, there is a solution: From a deeper center of awareness this problem is dramatically reduced, as rational thought overrides the impulse of sense domination and surface thought. Regular consecration, non-reaction, and taking the other person's point of view deepens our center of being, replacing our surface mis-perceptions of reality.

To Be Titled

Where Do You Stand Along these Attitudinal Scales of Being?

(remember: overcoming negative and taking to positive attitudes quickly attract good fortune, while maintaining negative ones attract ill-fortune.)

- Unwillingness to Willingness
- Arrogance to Humility
- Self-Importance to Respect for Others
- Impatience to Patience
- Suspicious to Accepting/Trusting
- Doubt to Faith
- Unreliable to Reliable
- Pessimistic to Optimism
- Defensive to Expansive
- Insecure to Self-Confident
- Closed Minded to Open-Minded
- Self-Satisfied to Aspiring
- Resentful to Goodwill
- Sarcasm to Sincerity

(from 'Life Response in Work' by Roy Posner)

Additional comment: (from this list)

Where are your strengths, and how can you build on them?

And where are your weaknesses, and how can you practically eliminate them?

To Be Titled

Mother's Life and married life do not ordinarily fit together. We also know that romance often decreases, if not ends with marriage. Yet for those already married, one can live Her life and follow Her ways as householder, and experience a happy, spiritual existence. One can even increase romance in marriage by rising up that scale. Other devotees may continue their marriage, but only as a formality. Others still will abandon it. The decision of which path to take wells up from our true self and soul within.

To Be Titled

Adventure of Romance can be a great spiritual path, as soul and soul can increasingly connect.

To Be Titled

The quality of our sleep depends on the plane of consciousness we descend into. Mother offers the method of being still and laying ourselves out like a dishrag, without thought, silently drifting off to sleep. When consecrated one descends into the plane of Satchitananda, and when one awakes we are completely refreshed.

Additional comment: Mother says in Agenda that one minute in Satchitananda in sleep can fully replenish one's energies for the next day.

Mother who worked for years to improve Her sleep got to the point where She needed less than an hour of sleep per night. She had accumulated vast energy by opening to Satchitananda at night and to the Supramental Force during her days enabling this to occur.

When an individual is willing to change, very good things happen. When members of two interrelated groups each change concurrently in their own unique way, then magnificent things descend on that collective from a variety of angles.

This is demonstrated in the recent, very inspiring French-Indian film 'The Hundred-Foot Journey.' There two sets of individuals overcome their prejudices and fears, interlink in the most harmonious ways, evoking startling positive outcomes for all parties.

To Be Titled

I continually dream the night before what I or the world experiences the very next day.

To Be Titled

Sri Aurobindo's great dictum is that "Contradictions are Complements." I.e. all whom we are in conflict with are secretly our complements who are helping us grow.

Therefore, discover the lesson life is trying to present to you through the contradiction you are having with the other party, and then change accordingly. In that way, you will come to perceive them as your teacher, even as a blessing in disguise.

Not Yet Titled

The greater the negative, the greater the opportunity that follows.

Not Yet Titled

Tolerance expanding is a sign of the psychic being, the True Self moving to the fore.

Reader: Very true!! So if a person can tolerate others with all their faults and weaknesses and that too without showing his greatness or having anger within but pretending to be calm outside then I guess his psych is in dominating his personality

Response: Yes, the psychic being (evolving soul) opening is indicated by increasing affection for and harmony with others. Tolerating others despite their flaws is one step and indicator. Seeing beyond their weakness in a state of undisturbed equality of being is a step higher still. Seeing one's own faults manifesting through others that needs to be changed in one's self is beyond that; a great yogic view. Pure oneness with others in a soul to soul relationship is the supramental ultimate Unity view. With each succeeding stage the psychic being, the true self and soul, has opened further.

Not Yet Titled

Problems are opportunities in disguise.

Not Yet Titled

The negative is just as useful in the evolution as the positive; maybe more so, as it speeds up human progress through our attempt to overcome it.

Comment: This has been Nature's slow and difficult way till now, and will serve us well until we rise in consciousness by which we are able to progress from positive to greater progress. For most of the world that time is not at hand; only to a limited degrees for a small number that is gradually expanding. Connecting to Mother and Her supramental Force is a concentration of that new movement which we are all invited to partake it.

Not Yet Titled

Nothing preoccupies the psyche of man more than the yearning for Love.

Not Yet Titled

90% of people are centered predominantly in their Vital being - of emotions, feelings, social associations, life energies, etc. Perhaps 10% are centered in the Mind - of logical and rational thought, mental focus, idea creation etc. Only a handful on earth are centered in the Spirit - of soul feeling and connection, higher emotions of the heart, of vision and intuition, of transcendence, etc.

Not Yet Titled

Above all, the one quality that stands out for each of us is our utter Selfishness. We do not see ourselves that way, thinking only others are like that, but the truth is we are preoccupied with ourselves above all other matters, including other people.

In fact, when individuals come to the Spirit, one of the first things they realize about themselves is their utter Selfishness, which is followed by their intense aspiration to change that condition.

Beyond Mind's Single Tract Thinking

The mind is exclusive, restricting itself to only one line of thinking on any matter, when there are many perspectives and truths about what is unfolding. In that way mind is like a peephole into the truth, when there is a hemisphere of multi-faceted knowledge related to any moment and occasion.

It is why intuition is so powerful, as it gives just the right lines of truth about the thing we engage from moment to moment, whereas ordinary mind misses most of it, lost in its single-tract blindness.

Constant consecration deepens the consciousness, increasingly revealing the ever-changing, multi-faceted hemisphere of light and truth available about any given moment in time.

Not Yet Titled

The body often does not want to move, and so one needs to "kick it" like a mule.

Comment: I recall Mother mentioning something similar several times in Agenda, and from time to time, in my own experience; I am reminded of this fact!

Not Yet Titled

The depth, sincerity, and degree of implementation of personal and business Values determine the level of energy, and sales and profit capacity of one's products and services.

Not Yet Titled

Mother engaged in the most difficult of all forms of transformation - that of the body. For Her the mind was fully conscious, and so she could easily change a wanting thought to its opposite. The same for the vital: though filled with fears and wrong attitudes, she could easily make that change. (No ordinary human has this capacity.) But the physical BODY and its pain, illness, and mortality was the most difficult to change; and hence her central Mission in life: to bring bringing about transformation of its cells, to make them responsive to the Force, eliminating all forms of pain and disease, transforming the current

basis of physical functioning (replacement of physical organs and processes) with centers of consciousness, on the way to a divine-based, on demand, willed Immortality.

Not Yet Titled

Often the best way to solve a problem or conflict is to forget about it; or consecrate it and then forget. The issue then tends to dissolve on its own, often through surprising circumstance.

Not Yet Titled

Human beings are the world's next (and future) "killer app."

Not Yet Titled

Whenever something substantial comes to you on its own, Cosmic Intention is bound to be at work. The question then is will you then embrace it, fulfilling Its Intent?

Not Yet Titled

Mind is somewhat responsive to an emerging possibility, so long as it understands, which is often not the case. The vital/emotional being only gives its sanction if it feels in the mood, which is unpredictable. The body does not want to change or move at all, and is unresponsive. Only the Spirit is fully responsive and in identity with that emerging possibility, and spontaneously puts out its all to make it happen.

Not Yet Titled

When you communicate your dislike of something, you tend to attract more of it.

Comment: Eg, a man communicated his dislike of a particular film character to a friend. She then surprised him by informing him that she had ordered a film with that very same character!

RK: From the theme of opposites attracts – contradictions are complimentary, we can also say Disliking is actually stronger liking – because its quotients are recognized by comparisons, giving energy for both.

Karmayogi Says, resentment is even more dangerous – as it is well organized dislike, which is sure to attract the same.

Response: Thank you R for your comments.

Proof that disliking is stronger liking is that -- at least for a mental person -- when discovering the truth that the person is very kind they will reverse and suddenly very much like them, even deeply admire and perhaps love them! Eliza had just that experience for Darcy at Pemberley.

Your point on resentment is very powerful, for it goes deeper into the vital than disliking. Even a clear mental understanding of the truth may not rectify and reverse their attitude. Resentment is almost physical, unforgiving, and often takes a shock to shake them out of their intensity.

Or if they are lucky they attract something positive from life that is so wonderful that it takes them away from their resentment. It can only come when that person has changed some other negative aspect that has equal power to resentment. It can also come through intense negative situation drawn. I say this para in theory only, as I have no examples I can think of that verify.

Not Yet Titled

Moving to Silence from thought in waking invites the Force to act. (Sri Karmayogi)

Comment: This is currently a key in my life.

Not Yet Titled

Just by making the extra mental effort to understand the source of a problem can cause it to suddenly disappear.

Comment: This dynamic can occur for the most mundane acts all the way up to the greatest problems in one's life.

Eg a man was trying to fill a dispenser with more sugar. However, he could not get the cover to come off. He tried and tried with ever-increasing force, but to no avail. He then took the dispenser and looked at it in the light near a window. He noticed that it might have been closed the wrong way. He saw that the cover was attached in an uneven fashion. He thought he might now have to make a mighty effort to open it. But then when he gave it a very mild twist, it suddenly came open! He was baffled as he hardly exerted any force, even though he did not unscrew it any differently than before.

His mental effort to further understand the cause put him in alignment with the easiest angle to open the jar. This dynamic is true at any level of life, from the tiniest act to the greatest difficulty in one's life.

Not Yet Titled

When you make the decision not to think, replacing it with mental silence, life responds through others who you quickly discover have done considerable thinking or thought-related work on your behalf.

Not Yet Titled

Every Soul comes to experience something particular in Life. Meanwhile, the Divine is guiding our lives so that ultimately we find the path for the Soul's quest. In fact, most of the time we hardly notice the subtle hints, the guidance etc., since we are preoccupied with surface life happenings.

And yet sometimes, during intense periods, Life hits us with problems, failures, and disappointments, including adversarial situations. From a deeper perspective, it is the best thing for our Soul's growth; especially when we take those challenging experienced in a positive spirit, rather than dwell on the problems and failures. Indeed, the failures and adversarial conditions perceived on the surface are understood as pure Grace in the Truth Consciousness - i.e. Supermind. (paraphrase of S)

Not Yet Titled

People with whom you have spent considerable time explaining higher principles will gladly learn them, even practice several, but then several months later will go back to their old ways, the same limited tired beliefs, even broadcasting them gleefully as if nothing had transpired in between.

Comment: It is the reassertion of the Physical consciousness that does not want to change. Sometimes it is merely part of a cycle, and they will resume the higher movement they earlier learned. But for many they are locked down in the old ways, rhythms, world views, shedding the essence of most of the profound wisdom they have required. It is a subconscious process.

Not Yet Titled

Opinion disseminated wastes the energy and thereby destroys an intended goal. Opinion withheld (and even forgotten) attracts and manifests the intention, and then some.

Not Yet Titled

Obnoxiousness wastes one's energies, attracting forgetfulness and other negative consequences.

Not Yet Titled

Atheists often believe in the power of Love, which is a spiritual quality; a vibration of the Divine.

Not Yet Titled

Merely asking the Divine (or Mother) for boons is not really spiritual life, but more like ego extended to the Infinite. Faith in, guidance from, and surrendering to the Intent of the Divine (or Mother) is the truer life of the Spirit.

Not Yet Titled

Sweetness of expression is a sign that Mother has entered the vital center of our being.

RK: Sweetness is because of - Beauty, Love and Joy - the three expressions of Ananda that is spiritual. Sweetness is the result of - Truth expressing through love.

Sweetness is - noble expression of character of spiritual individual - on not being disturbed inwardly by any outer circumstances.

Not Yet Titled

In the modern world, poverty and religion tend to go together; as do wealth and empowerment. The latter leads to individuality and, in a number of cases, to spiritual pursuit and realization.

When there is disagreement and conflict between nations at the political level, focus on the next highest level - the Economic - which will tend to foster agreement at the lower.

Comment: Likewise when there is economic conflict, go one level higher to the cultural; and when there is cultural conflict go higher to the Social; and from social to spiritual.

The ascending scale is:

Political > Economic > Cultural > Social > Spiritual

Eg there is periodically acute political division between India and Pakistan, yet economic development and cooperation between the two over time can soften the political divisions. Similarly there are on occasion economic frictions between US and China, which can be smoothed over by deepening cultural ties.

In the Middle East and Arab world acute religious differences that create conflict can be smoothed out by more economic success. When people have gainful, employment, and have money to spend and going to malls, they are less likely to take to fanatical views and take to violent, war-like behaviors. It is a movement from religious-political to the economic. By developing and taking to new strategies of economic development this process can be enhanced.

Not Yet Titled

We take everything for granted. Where is the Gratitude?

Not Yet Titled

When terrible things happen in a conscious society, it is ordinarily followed by great improvements.

Not Yet Titled

Inner strength that leads to practical action for the sake of the people and the land garners the cooperation of Life, including Mother Nature.

Recognition from the Universe

Over the years I have had some fascinating experiences in evoking powerful life response for the collective. Eg one involved altering the course of the weather in the state of California when it was in dire need of a change because of grave fire danger. My effort proved a success when the next day the weather inexplicably changed, saving the state from an accelerating catastrophe.

Recently I've had some interesting similar experiences in trying to overcome the severe drought currently being experienced in California by evoking rains when there were none in sight.

But now I'd like to tell you about an extraordinary experience that happened recently. A few days ago I visited a local McDonald's restaurant in Long Beach, California where I live and noticed when I walked through the front entrance that they were pulling out plants in what seemed like an attempt to re-landscape the area around the building.

This is at a time when I was taking deep interest in the severe drought that had overtaken the state. I have been thinking deeply about this issue, had some recent success in evoking rain as in the past, and

just a few days later was happy when it was announced by the governor that there would be huge cutbacks in water use and wastage around the state in an attempt at conservation.

The day after the announcement and my visit to McDonald's I watched the national TV news about the governor's plan to radically reduce water outflows in the state. At one point in the video the announcer showed a McDonald's that was altering their landscaping from grass to succulents and such in order to save water. A few seconds later the announcer said "here is an example of what McDonald's is doing in Long Beach, California in trying to adapt to the governor's new order mandate."

When I looked closer at the video I noticed that that they were showing the very same McDonald's that I had had been in and walked across a few hours earlier! In fact, they were showing the very same workers altering the shrubbery that I saw only a few hours earlier!

To appreciate the enormity of this cosmic response, one needs to know that this was a live national news broadcast and that there are also nearly 10,000 McDonald's in the world of which 7000 are in the USA, and yet they managed to show the very one that I had just frequented!

It shows when you make an effort to help the collective - in this case taking deep interest in and trying to evoke rain during severe drought conditions - the collective responds and recognizes your inner contribution in the most astonishing way! You and your locale are broadcast to the world!

Not Yet Titled

A growth in consciousness that overcame a limitation -- of attitude habit, et al -- in the past may now be a bar to one's further growth. Eg a man learned not to be dependent and instead stand on his own, taking responsibility and determining his own life. However, then he became a person of the spirit and realized that self-initiative can be a bar as it often leads to failure; whereas following Life and the Divine initiative of the Mother behind it has a greater power of affectivity, and ordinarily leads to success. Now his attitudes and values need to be focused in the direction of this new understanding. In that way, it is a never-ending journey of progress through ever-higher attitudes, values, and beliefs.

(thanks to [RK](#) for inspiring this)

Not Yet Titled

Backwards journalists, broadcasters, and such serve Nature's ends, as they say foolish, ignorant things that energizes the population to think and feel in the opposite direction.

Not Yet Titled

There are so many truths and methods of higher consciousness and the spirit described by Sri Aurobindo, Karmayogi, Mother, and many others. How then does one access them on demand and thereby determine which one to use in a given situation?

Most of us will simply let the points pass after learning and being inspired by the idea, which means forgetting it very quickly, while hoping we retain something of their content when needed.

But a more reliable approach is to organize the knowledge in a way that fits our temperament so that the ideas, principles, and powerful methods are easily available as situations dictate. Otherwise individuals new to a consciousness approach to living their lives will simply lose out.

What then are the best ways to organize the spiritual principles that come into our field of awareness so that we have easy access to their inner power?

Reader: I do the following.

- reflect on them
- remember them
- practice them every day whenever the opportunity arises
- look up Roy Posner's profile updates
- check out romance eternal

Response: Very good. By practicing them every day you can keep those particular thought alive in your consciousness. (Eventually it can settle in the deeper in your being, making them more spontaneously available as needed over time.)

RK: Though only individual can design the plan to evolve in consciousness based on their level of aspiration – It can be of some of basic – “Must” – steps.

- Try doing any act (Token Act) fully with the divine principles you know.
- When it is success (based on your parameters) don't think that Mother has done this – as this may lead to devotion – particularly for Indians will lead to methods, rituals of different forms.
- Instead think Mother is Supramental force helping all that we do to evolve in consciousness.
- Try to understand the process of its working or the force taking anything as its instrument or channel – to convey that to you.
- Every moment, every happening, every person we come into contact , every thought that arises, every feeling, desires and wanting, every movement of the body however trifling should be is used for this work, to see the corresponding planes and points, connection between the events, our acts, attitudes and motives.
- Accurate perception of the events on what higher knowledge is trying to give.
- Divine Clarity on that as “Whole knowledge”- not seeing in parts or not leaving any parts.
- It is a gathering up by concentration of the movements dispersed and loosely combined in the involution.
- Getting the psychological perfection, based on all above in personality.

Not Yet Titled

These stages of efforts are ways of self-awareness that we are the divine and we are capable of divine perfection and therefore of right completion in the individual.

Response: I believe two keys are Aspiration and Sincerity - both in their spiritual sense. When they are both there in good measure for the devotee, all necessary knowledge will be there as needed, which will build itself spontaneously in the right form.

Not Yet Titled

A mental person will find a proper means of organizing the wisdom. Perhaps he'll build up a written or mental framework. A more vital person will consider his more intense experiences, and revisit them in his emotions when necessary.

However, without aspiring for higher consciousness and making the sincere effort to attain it, retaining the wisdom may become a moot point.

(re: RK's comment) It is a great approach for gathering, retaining, and reutilizing the higher Knowledge through keen observation at every point. It is an extreme, spiritual version of the Western dictum "Know Thyself." Here is to know thyself in every conceivable way, gather that knowledge, and use it, repeating its use again and again! Transformation and never-ending Joy (i.e. constant living of Mother's Life) would be the result.

BTW: You (via Karmayogi) are the first I know of to mention the idea that Indian devotees tend to turn things into devotion, which though very sweet (say compared with Westerners) can be a bit limiting, as they sidestep the multi-faceted processes involved; even the nature of the (Supramental) Force, always returning in a devotional fashion to "Mother did this, Mother did that, etc."

Perhaps we can say that devotion alone can block out the truths known through the Mind. After all Sri Krishna speaks of the four yogas as one; knowledge, devotion (heart), works, and action. Sri Aurobindo has merged these and also added supramental and psychic and evolution. It's an infinity of consciousness that can be experienced from the physical to the vital to the mental and up, and from the surface to the depths. Traditional spiritual devotion alone is not enough in Bhagavan's worldview. It can even border on a kind of childishness.

"Tech" Incident

Today upon waking I thought of the fact that my father went to a technical high school in the 1940s. In fact, it was called "Brooklyn Tech," a startling name to me considering it is from the 1940s and how the term "tech" is so widely used today. I had not thought of this fact ever in my life.

I then started thinking about the importance of technical schools, especially in higher education. When I then got out of bed, started up my computer, and opened the New York Times online, there was at the top of the first and main page a huge picture of students entering their school with the following caption: "Dante de Blasio towered over his schoolmates on the first day of his senior year at Brooklyn Technical High School, in Fort Greene." (The article then goes on to explain the importance of higher technical education.)

The coincidence of "Brooklyn Tech" suddenly showing up on the cover of the NY Times was astonishing. And yet at the same time I was reminded for perhaps the thousandth time that when you think of something - a matter, concept, person, organization, etc. - with great interest and enthusiasm, the universe sends you more of it very quickly.

Even on the cover of the New York Times!

Not Yet Titled

Nature and society compel us to marry, procreate, raise children, engage in family life, have property, and so forth. Spirit makes no such demands.

Not Yet Titled

To put it in simple terms, we can see two sides to the Path forward; one negative, one positive. On the negative side it is becoming aware of and changing our wanting attitudes, habits, and beliefs. This purifies our being and makes us fully receptive to the Spirit. On the positive side it is opening to The Mother's supramental power, which transforms our lives in every conceivable way.

Not Yet Titled

In a surrounding positive atmosphere our own negativity tends to be absorbed, even transformed.

Comment: Eg in *Pride and Prejudice* despite Mrs. Bennet's petulant, boorish behavior, she gets everything she wants (marriage of her daughters) because the atmosphere is relatively harmonic between the upper and middle class. There also Darcy is given the opportunity to be transformed into a new man because of the love of Eliza. The positive atmosphere makes this and other such things possible. Even a silly fool like Collins and a dangerous, duplicitous individual like Wickham are rendered harmless.

Not Yet Titled

Americans tend to seek individual fulfillment at the expense of the group, whereas Indians are often happy to be lost in the group at the expense of individual freedom.

Not Yet Titled

Smartphones, tablets, and the like are small portals to the everything and the everywhere.

Not Yet Titled

How do you conjure up work, or anything for that matter? You have to be seriously be interested in it, and really want it, which will give you inner power to attract it.

Reader: Sir can you please explain the word Conjuring/conjure. The related movies here under the ' Title' are like 'sundae cream' to Kids! THANK you.

Response: Conjure has various meanings. It can mean to bring about, to summon up, to call up, invoke; or to charm or mesmerize; or in magic or the occult to bring about from seemingly out of nowhere. In my quote above I actually probably mean all of these simultaneously (!); particularly how to evoke a development on the outside -- here the sudden rising of work -- simply from within one's self and consciousness. I.e. evoke a response from life.

Background To Writing My Book On 'The Life Divine' (And A Wonderful Response)

Though I had read the book several times before, in 1999 Garry Jacobs held a small weekend seminar I attended at his home in Napa, California on the subject of 'The Life Divine' by Sri Aurobindo. I began then and there to understand the contents of the great spiritual tome in new, unimagined ways. And so around seven years ago I plunged into the book in earnest, carefully gathering the most salient point of each chapter.

A few years after that I embarked on writing my own chapter-by-chapter analysis of Life Divine, working on it in my spare time, mostly during the Christmas and New Year's season when there was some quiet time.

Along the way I read Garry's wonderful book 'Lectures on Life Divine,' which was a more advanced version of the fine presentations he gave in the late 90s. Then in the years that followed I regularly reviewed Karmayogi's online notes on Life Divine and Pride and Prejudice, and occasionally dropped in on Garry's nightly online discussions of that content with a small group of devotees. In recent years I listened to Garry's monthly lectures on each chapter that he continues to present till this day, and regularly perused Karmayogi's accompanying vast, detailed notes. I also went through and gathered important statements related to Life Divine from Garry's great novel The Book for more clues into Sri Aurobindo's vast, cosmic work.

And so after all these years I finally finished a first solid draft of the book 'An Analysis of Sri Aurobindo's The Life Divine.' It happened yesterday.

My book is now approaching 500 pages, though I know it could easily be double that if I were to delve into many of the other principles Appa has revealed from His book, or even if I were to flesh out the ones I have already addressed. It is an on-going project and work that I hope to enhance over time.

Secretly, the book was actually written for myself, so I could understand the concepts more clearly, and hopefully at some point apply them in my life. If others read the book, so much the better, but I didn't have any great expectations in that regard.

It turns out that I also had a wonderful little life response related to this subject. Yesterday, on the very day I felt the first draft was complete, I received a call from a friend who I had not spoken to in a while, but who surprised me at the outset of the conversation with his remark that he has been utterly thrilled by his first reading of The Life Divine. Rather than talk about his family, his new business, etc. he was just bursting with enthusiasm about his experiences reading the book.

It was naturally a startling response for me having just finished my first full draft after all those years just a few hours earlier. It was doubly remarkable because this individual hadn't shown any inclination to read any of Mother's or Bhagavan's works. And yet on that same day of completing the book, someone called to narrate their thrilling first encounter with Sri Aurobindo's master work. It was gratifying to say the least.

The Old House

Here is a life response experience a devotee recently referred to me.

"I would like to share my life response experience. My father in law who is in India wished us to receive from him a property for investment purposes. But my husband and I didn't like that previously-built, old house. For one, we realized that the home's worth was not going to be much of an investment. And yet we were both being pressured to buy it.

Though the house didn't seem like much of an investment, my father is in his 80s, and so I told my husband that money is not everything in the world. If buying the house would make him happier in his old age, then that was fine for us. At least we would get the chance to make him happy. That was my exact statement.

We thought of calling them to India the next morning. But after 30 minutes we received a call from India and the message was that they had dropped the plan. They decided to go with our own wishes, and therefore told us not to bother ourselves any more about it anymore. As you can imagine I was shocked by this development.

Though response is always playing a very big role in life, this was the very first time I noticed a life response; mainly because of your writings and postings. At the time my husband hesitated to take the house, I made that decision whole heartedly without having a trace of frustration. And life responded for us!

It was truly amazing. I couldn't believe how the results turned out to be favorable for us. Thanks much for your guidance."

My Comment: The response was due to your act of Goodness, taken on the elder man's behalf, which built inner positive energies that attracted these fortunate conditions back to you. Also because you took other person's point of view, instead of holding onto your own despite the validity of your argument (valuelessness of the old house), you attracted that which you wanted in the first place (not having to take the house).

Strategies to Evoke Positive Life Response through Our Attitudes

Here are several attitude-related strategies to help you evoke sudden good fortune in your life:

- Examine one or more lists of personal attitudes, focus on several you are weakest in, and make the commitment to improve on them.
- At any given moment become aware of your thoughts and feelings, determine if anything is negative, and reverse it.
- Take any negative condition that has occurred, is occurring, and relate it back to one or more corresponding negative attitudes you have, and then reverse it.
- See the difficulties you are having in life as opportunities to grow. Try to understand what higher attitude life is wanting you to adopt, whether related to others, work, or yourself/life.
- At any moment when a decision needs to be made, take the path that is of a higher consciousness, rather than a lower one.
- Try to feel as positive as you can in any given situation. Make the effort to feel optimistic and cheerful.
- Ask the Universe to help you identify and rid you of any particular negative attitudes.
- If life conditions are positive to you, think about what inner attitudes made that possible. Now go to the well and feel that positive quality again and again.
- Examine the higher attitudes that others have that you do not and try to emulate them in your daily life.
- Each time a positive life response occurs due to a change in or higher attitude, write it down, and review it often to remind yourself how to feel in future.
- Identify and feel genuine contrition for past wrong attitudes that have led you to your current difficulties.

Not Yet Titled

A spontaneous thought that rises in my mind from within on awakening almost always leads to abundant success when acted upon.

Not Yet Titled

In Mother's Life everything you think about with intensity will quickly come back to you in new forms, even though you have communicated with nothing and no one about it.

Not Yet Titled

Once you have devised a System and put it in place, your ability to function in the world becomes so much easier. It is a power of Mind that establishes this orderly foundation so life can Thrive. Supermind is an even greater Spiritual System that created the universe AND can instantaneously organize the details of life each time we open to Its Force.

Not Yet Titled

A first suggested step to take when there is a problem is to be as still, silent, and calm inside as possible. If you are also able to maintain cheerfulness and optimism, it will be a great added support that will enable the problem to soon self-correct.

Not Yet Titled

People are inspired by a profound idea, only to quickly forget; and yet are dazed when they actually experience it.

Comment: It shows that most people are not fundamentally mental, but vital (emotional, experiential). On the other hand, mento-spiritual individuals are dazzled by the idea in the first place and keep it in their active consciousness and memory. Thus they grow much faster as individuals.

Not Yet Titled

We live in our small, individual worlds, but when we come to the Mother, we move to the wider Universal plane, and can even have a power and influence over it.

Not Yet Titled

Do not be deceived by the apparent objective "facts." Instead make the conscious effort to discover the deeper Truths behind.

Not Yet Titled

One true measure of the level of your consciousness is not just your ability to remain stably happy in the course of your day, but your capacity to not go off the rails when something goes wrong.

Reader: Excellent message sir, the energy require for identify the wrong and stop us not to go in that wrong way is more than feeling happy for the right

Response: Yes, very true.

It also has to do where your center of consciousness lies: on the surface where it is easy to be reactive, or deeper down where you are more likely to be "silent witness."

Not Yet Titled

When you claim a theory, be prepared to be quickly challenged by life to prove it.

Comment: Eg today I wrote the idea about not going off the rails when something goes wrong, and then something went very wrong a short while later, but I did not react to what that person told me, kept my composure, and so had a positive response when the same person just moments after gave me unexpected news that was quite encouraging. ☺

RK: This can be seen as conviction of vital is more powerful. We guarantee a theory, when we are satisfied in all known angles to us, particularly if the conviction is based on higher values or higher ethics, with no known admixture of falsehood at any level before coming to that theoretical conclusion.

In those cases, Appa says, life will take initiative to show the holistic truth. He asks us to see this in property matters and job matters. Whatever we feel right or wrong, justice or injustice - life will bring the circumstances so that - The truth in them will stir in favour of the truthful man or in which side the truth is.

Response: In other words, assertion of an idea is an occasion for Life to act and present us with gaps in our knowledge and consciousness.

Not Yet Titled

When a person has gaps in his understanding, it shows up as corresponding untoward events in his experiences.

Not Yet Titled

We are mostly ignorant of what is really happening in our lives; of what is truly trying to be established in our being over time. Ordinarily we only come to understand it in hindsight; but even that is not guaranteed. However, if we consciously contemplate the arc of our existence, we can come to realize its truth now, which will help us see much more clearly as we take each step into the future.

Not Yet Titled

Every time you experience a negative thought or feeling, quickly push it away to avoid further life complications.

Concentration, Consecration Symphony

In one sense spiritual concentration and spiritual consecration are movements in opposite directions.

Imagine a funnel. At the wide end is our normal consciousness. Through an all-inclusive concentration we can shift from the wider end of our limited surface consciousness to the narrow, deeper one which is our inner being, culminating in the psychic entity.

Consecration on the other hand is like starting from the narrow end of a funnel where our limited consciousness lies and opening to the wider end which is the vastness of Mother, the Supramental power.

And yet constant consecration can eliminate the need to concentrate on the inner being. Through constant consecration, we not only evoke the best life conditions, but we deepen our center of awareness. It thus works to concentrate us. Now from that deeper center we are more focused in the inner spirit which creates an inner aspiration to consecrate more deeply and more often, even creating the possibility of surrendering our entire life and being to Her.

A circular rhythm is thus established of consecration, concentration, consecration. A cosmic symphony plays itself out among our True Self/Psychic Being, the Divine Mother, and Life. Non-stop, ecstatic Joy and Delight is the result.

Nature's Way & Beyond

We see how Nature works on many fronts simultaneously in relation to common circumstance. It is its profound, but difficult method of progress.

Eg a big conference is scheduled and one of the participants is struggling to get there as it is very far away and his visa has not yet arrived. He did not know what was required as it was his first visit there. Another party responsible for receiving this man and others was not aware of the man's lack of knowledge about the travel needs. A third part was supposed to interact with the man at the conference itself, but had assumed all his travel arrangements were fine, and did not check with him till the last moment.

In the end, each of these (and other) parties were amiss in their understanding and knowledge, revealing a gap; each gap being different for each individual; reflecting very different parts of their character. Thus through this single event, three people have been compelled to change in three different ways. It is Nature's way of progress through multiple fronts simultaneously, which is profound, but slow and difficult.

The way of Soul/Spirit (Purusha) which can come through Mother and all other means of higher consciousness can substitute for Nature's Way (Prakriti) as we rise in our personal growth and sadhana. In this way all problems are avoided in the first place. However, the fullness of this divine-like approach lies in the future when our consciousnesses are far more evolved.

Not Yet Titled

For a devotee to see every collapse, failure, illness, impoverishment, etc. in his life as Grace - to the point of expressing Gratitude for each difficulty - will take him to a level of success he has never attained before

Not Yet Titled

Every idea you focus on is simultaneously being echoed, expressed by someone or something else around you, though we are normally completely unaware of it. However, if we observe and listen with subtle eyes and ears, we will be astonished how life is constantly, instantaneously reverberating back to us every idea we focus our minds on. It's an absolute miracle of life playing out every minute of the day.

Comment: I have seen this phenomenon many hundreds if not thousands of times over the years, -- at least several times a day -- and each time it startles and amazes. Most people have perceived it at least on occasion, but generally pay it no heed. Devotees perceive it at least fairly frequently and are

generally conscious of it when it happens. for others till it is in fact a very part of their modus operandi, their way of life.

Some call this phenomenon "synchronicity" or "parallelism." Some, an aspect of life response. I have described a number of instances of it at this Facebook site over the years.

Not Yet Titled

By yelling at your children, or for that matter anyone, you may win the battle, but you will likely lose the war.

(By "war" I mean a loving, trusting, harmonic relationship that endures.)

Matching People to Great Jobs in the World

There is an imbalance of economic prosperity in the world. What would help is gainful employment in areas that is satisfying to each and every person on earth. There are jobs available, with new types emerging every day, yet there is a disconnect with them because of the lack of skills of workers to meet the requirements of these jobs. Skills of course depend on knowledge which comes from education that provides it.

LinkedIn as a social network for the professional is trying to link all of these factors together in a system to enable right jobs to be in the hands of the right people who have the necessary skills and knowledge through cost-effective education to fulfill them. This would enable abundance to spread around the world. LinkedIn's 'Economic Graph Challenge' seeks to coordinate this for all of us.

Interestingly about seven years ago out of my involvement with the World Academy of Art and Science I was interested in creating a massive database-like system to do this very thing of coordinating companies with jobs with people with skills with education outlets; and now I see a great business organization moving ahead with a very ambitious plan to make this real. It is very satisfying to learn of this development.

Not Yet Titled

We contemplate what the future will bring by what is now before us, and then project that forward. However, the future invariably will be something unexpected, unintended

Comment: Recall that Sri Aurobindo said "nor let worldly prudence whisper too closely in thy ear; for it is the hour of the unexpected, the incalculable, the immeasurable."

Power of the Subjective

Unless you consider the subjective aspect of things beyond the objective, you can never understand the integral Truth of any matter.

Eg when the Great Depression took place in the US in the 1930s, President Roosevelt did not focus merely on the statistics of failure, but also on people's Fears. He asked them to overcome that fear and deposit their money back into their banks; a focus on the subjective state of the people. He said memorably "The only thing to fear is fear itself." It worked wonders and the country was saved from further decline.

Thus in each situation, consider not just the hardcore, material objective facts but the subjective qualities as well; i.e. the feelings, attitudes, perceptions, temperament, motives, values, subtle/spiritual aspects, etc. of that which is under consideration. That knowledge will help work wonders in terms of fostering energy, aspiration, success, harmony, and delight.

Not Yet Titled

We often ask Mother for help when there is a big problem, but less so when there is a great Opportunity. We should not forget Her Supramental power to elevate the opportunities that come our way into enormous multi-faceted successes.

Not Yet Titled

We often feel gratitude for what others have done for us outwardly, but little for what they have given to us inwardly.

Not Yet Titled

Americans are unprecedentedly dynamic on the surface; mostly unconscious in the depths. Indians are often sleepy on the surface, yet there is light in their deeper parts.

Not Yet Titled

When you embrace difficulty and responsibility in the right spirit, life quickly responds, causing a heavy workload or other burdens to unexpectedly ease.

Not Yet Titled

Faith attracts positively, turning worry and tension into stillness and ease.

Not Yet Titled

What we call rational thought is not so, as just below the veneer of rationality lurk our prejudices that taint the logic process.

Comment: True rationality therefore lies beyond our own predilections. It is logical, truth-filled thought unencumbered by our prejudices.

Not Yet Titled

When you consciously avoid a resource-wasting activity, that thing desired quickly returns to you in a new form.

Not Yet Titled

The unconventional becomes the exceptional when given a chance to express itself.

Comment: corollary: The unconventional individual when accepted by others at face value releases his exceptional capacities, greatly benefitting them and the world.

Not Yet Titled

A single gesture of heartfelt goodness can attract the revelation of a solution to that which seemed unsolvable.

Comment: A man was in an awkward social situation given his withdrawn demeanor. However, a good friend recognizing the circumstance made an effort to assuage conditions. They had both been part of an important security team. It turns out that less than a minute after the heartfelt gesture towards his awkward, but genius friend, they were informed of a method that instantly solved a problem that had eluded them for two years. As a result, a great benefit came to them and to the entire world.

Reader: To get good friends is a Big Grace in our life. True friends never let us down, whatever difficult our situations may be.

Response: Yes it is a blessing to have such good friends. Even better is to be a true friend to another, helping them, never letting them down, evoking positive response and benefit all around.

Not Yet Titled

Each time you needlessly assert your thoughts, opinions, feelings, etc., catch it and hold it back from further expression. Life will then move to smooth flow and greater cooperation.

Not Yet Titled

When life response incidents come to you in gusts of multiple events, then you know you are well on the Path of the Mother.

Not Yet Titled

Often when we get angry or are irritated about something, we are actually already bothered by another matter that creates the negative energy just waiting for the new situation to arise in which we get upset.

Not Yet Titled

If you withdraw agitation about something you would have liked revealed to the public but has not been, you will soon discover that everything you hoped for will have been communicated to that collective on its own. It is the life response power of letting go of a bother.

Not Yet Titled

Withdrawing all negative emotion from a problem moves it towards its resolution. Increasing that emotion attracts the intensification of it.

Not Yet Titled

It would be wonderful if there were serious training on how to read the signs of life and the knowledge of how to proceed; how to perceive the outer conditions of life as reflective of our consciousness within and how to make the necessary change; to know the many principles by which Life is guided and unfolds, enabling vast accomplishment and success; etc. It would truly be a New Education that can move society rapidly forward toward a new evolutionary stage.

Not Yet Titled

Women are oppressed by social pressure to get married, which they subconsciously embrace with little question.

Not Yet Titled

Romance is the yearning for and discovering of deep connection between two. It is never truly fulfilled as there is always a higher level to be attained. And yet that does not deter us from trying. Romance is thus an unpredictable, unstable journey; an Adventure of the Heart connecting soul to soul.

Marriage is a social convention, not something intrinsic to life. Romance is more fundamental, inherently real, expressing ever-deepening values that can touch on the spiritual.

Not Yet Titled

You can consecrate the mistakes of your past that are influencing your present so you can have a glorious future.

From Conflict to Higher Harmony in Relationships

Partners often demonstrate mirror image conflictive pairs in their relationship that Nature seeks to harmonize through their higher consciousness.

Eg a man gets irritated when his spouse does not pay attention when he expresses a thought or shares some content. Meanwhile she complains that he talks too much or too loud, interrupting her activity. It is two side of the same coin, and the clear means by which each person can evolve. He has to learn mental and verbal silence, and she must learn to be more responsive.

This can in turn lead to further progress: eg he can also appreciate her thoughts and feelings instead of focusing on his own, while she can learn to be less insecure. And so forth.

Through the conflictive elements between them, Nature offers them an opportunity to develop in consciousness on many fronts simultaneously.

Reader: Mother's Grace Thank you Sir. What a coincidence! Yesterday we were discussing about this in our monthly meeting.

RK: Interestingly I mailed the same question to Appa today. When the disharmony is because of ethics and principles vs. social norms and popular methods (particularly with business partners) how long you can compromise by saying were same, other man point of view, inner outer correspondence etc., with more and more of false hood coming in. Where is the line for perseverance and assertion? I am bit confused.

Response: One approach is you can do a test and observe. Eg for taking the other's point of view. If it is genuine inside on your part, at least devoid of any emotional block, and that approach attracts the other person suddenly agreeing with you on that point or some other positive development, then you can take a further step forward. (Not unlike the children's game "May I?") Then we go further. If things get much worse as a result of the effort, then we can withdraw from the game.

Perhaps an original dividing line is ill-will. If that is there on the other person's part, then we don't even play the game. Even there we can discover if the ill-will is a result of our abusing him in the past, and can take appropriate action. If the ill-will is too hardened, then we can withdraw all effort.

For the game to produce the knowledge of what we should do (or not do) next, we need to be very steady, calm, no emotional stirrings inside, without any ill-will on our part. It's kind of like a token project, but in reverse; i.e. to discover any negative elements.

One other point is that we know that partnerships in business can be problematic. Perhaps Appa has guidelines in this area.

Not Yet Titled

Traditionally women seek physical security in men, while men seek psychological dependence in women.

Comment: It is one reason why when their husbands die in old age before them, women feel a degree of liberation.

Not Yet Titled

If there is great pressure from life to do a certain thing, and you unhesitatingly take it up, it is likely to unfold a lot quicker than you imagined.

Comment: (Life responds quickly and positively to pent up energy directed toward us that we fully embrace.)

Not Yet Titled

There is a Higher Intention flowing through our lives that we ordinarily do not perceive.

Not Yet Titled

By engaging in any of your routines in a fresh, new way, you can attract fresh, new circumstance and opportunities into your life.

What We Can Consecrate to Mother

Among the aspects of our lives we can offer to Mother (i.e. consecrate) on a daily basis and receive powerful response are-

- the major activities we engage in
- important events, occasions in our lives
- problems we are having with work, relationships, money, etc.
- opportunities that have come to us
- negative qualities in our being we recognize and want to rid
- false attitudes, behaviors, beliefs of the past affecting us in the present
- minor daily activities and routines

- entire projects we are working on
- unsolvable issues
- crossroad decisions; making a decision
- others?

Reader: life itself.

Our purpose and meaning that we seek in life

Response: Yes, we can ask her for direction, purpose, and meaning. I wonder if someone has had that result after calling to her for that purpose.

Not Yet Titled

Human consciousness is to watch film, media, theater, presentation, etc. for vital pleasure, titillation, stimulation; in other words, for the entertainment value. Higher consciousness is to see its purpose and meaning, to learn from it, so it can become a means of one's progress.

Comment: (one can still experience great joy when learning from something; even be entertained by the scenes that deliver these helpful insights.)

Not Yet Titled

People drink, take drugs and such to cope with the pressures of life, instead of creating the inner space that would create the same or far greater benefit, and without the negative consequences.

Not Yet Titled

Ten seconds of consecrating (opening to The Mother and Her Force) before a medical exam can have a hundred times greater effect compared to normal life of constantly visiting doctors requiring one to take a stupefying variety of pills or engaging in other physical treatments over decades to cope with and overcome various illnesses.

Response: Eg one women who had several ailments consecrated her first visit in several months, and as a result all her tests unexpectedly proved excellent, a complete reversal from the earlier period. A few seconds of consecration potentially negated problems and therefore years of perpetual medical visits and treatments.

Not Yet Titled

Mother used to take medicines even though she did not believe in them! She felt they had no effect, or if they worked, another ailment would crop up in its place. Still She took medicine to keep the cells of her body from panicking and saying "we will fall apart without them." So She took the drugs just to keep them quiet, and meanwhile cured herself of a wide variety of illnesses by using the Supramental Power.

Not Yet Titled

Hourly consecration, on the dot at the very top of the hour, has a great power to overcome illness.

Reader: wow. I have had a reminder on my phone to help me with hourly consecration for about 2 years. Thanks Roy. Why does hourly consecration have a great power to overcome illness specifically?

Response: It's a very good question. Some possibilities include-

- it's the power of a very organized discipline (in terms of regularity of time) utilizing the Force
- it's very challenging to do and thus tests and brings out the concentration of your higher nature
- the fact that many are doing it at the very same moment
- it builds up a great concentration (in terms of focus, sharpness, and summation) of the Force
- the possibility that the cells feel comforted by the regularity of the Force entering
- that it keeps Mother in your mind and indicates a building faith
- that the Force intersects with work activities, giving a new orientation to those energies

-etc.

Perhaps others have additional perspectives on this subject.

The Mother actually communed with, spoke with, and coaxed a number of the Gods to embrace Her integral approach, and succeeded with several.

(Her astonishing conversations with them are given in detail in Her 7000 page, 14-volume dialogue with her main disciple Satprem known as 'Agenda'.)

Not Yet Titled

It's so easy to get caught up in the Tide -- of daily routines, others, emotions, media, et. etc. -- causing you to lose connection to the higher consciousness you have built up over the years. And yet with one, solitary minute of silence, it can all return!

Science says only matter is real. Shankara and others say only spirit is real. Sri Aurobindo indicates everything is real: i.e. all things are just different shadings of the same One Reality.

Not Yet Titled

There is no greater victory than that of controlling oneself. (The Mother)

Comment: This -- along with opening to the spiritual Force -- is our moment to moment, evolutionary challenge.

Not Yet Titled

Spiritual faith is trust in the Divine that no matter what the current condition - positive, negative or in between - all will work out for the very best.

Not Yet Titled

The hippies (who became the baby boomers) abandoned marriage, property, money, religion, conformity, etc. for love, communality, free exchange, spirituality, individuality, etc. They burned brightly, with a quarter of the youth of the Western world, and then just as quickly disappeared. Mother said in Agenda that they were embodied the Supramental force, but then dissolved with the changing times. Their drug interest also heralded their demise. Mother also said indicated they were a kind of harbinger of the New World, the supramental life.

Interestingly, several of their other legacies is their introduction of the personal computer, which in turn fostered the internet, tablets, smartphones. etc. (Eg Apple, founded by Steve Jobs, is a hippy legacy company.) Thus the non-materialists created greatest material reality known to man.

Now we can take their vision and accomplishments further, embrace many of their profound values, rather than the ordinary social values, and thereby become the harbinger of the next human species.

Comment: --The fact that the Hippies arose so fast among a huge quantity of the world's youth indicates how quickly society can change. Sri Aurobindo said that we should be vigilant to the potentiality of change, as it is to quote Him, the "Hour of the Unexpected."

--Mother said that the Hippies could not hold the Force correctly, which led to their excesses, and thus their inability to sustain themselves. From a strong economic and stable basis without the excesses of youth, we can collaborate and rapidly bring the world forward.

Not Yet Titled

The more you worry now, the more you will worry in the future.

Not Yet Titled

When you take the other person's point of view - no matter what that is, - they are likely to soon take a view that actually or closely corroborates your own.

Comment: It's a startling life response phenomenon that is supramental (truth consciousness evoking) in nature.

Layers of Success & Perfection In Work

We can imagine success and perfection in one's individual work as a kind of globe, with the outer, Physical visible layer of excellent skills and full persevering effort; influenced by a deeper layer of the Vital's enthusiasm, will, and right attitudes; itself determined by a deeper layer still of Mind (of understanding, organization, planning including envisioning new possibilities, and personal values), affected by and radiating a deepest, core level of Spirit (peace, silence, patience, equality, faith, Force, goodwill, self-givingness, etc.), all leading to perfection and therefore infinite-like response and success.

Comment: Based on Sri Karmayogi's insights, Ramesh Kumar explains it from a somewhat different perspective, including how each plane/layer in the work builds up in the first place:

Making Higher plane working on lower plane:

- Pure physical work, gives skill.
- Vital work, emotional involvement, builds capacity and gives agreeable attitudes towards that work.
- Mental comprehension of physical skill and emotional experience results in good understanding of all that is related to work its persons and environment.
- After raising oneself to the Spiritual values and consciously introducing these values in physical, vital, mental plane - makes us to understand the intent of the Divine.

Practically this can be done as:

- When we do any work-as we know-is doing in physical/matter.
- When we bring bit of emotion/vital -like doing it with interest, an artistic or any other lateral view of the work is exposed, and way to perfection is found.
- Then if we think that "is there any way to improve this" by using knowledge/mind - this bring out the innovation, creativity etc. To give a new perspective to the work we are doing.
- If all the above are subjected to spiritual values we know, we come to know the purpose of the work being entrusted to us and Divine intent behind that.
- So this can be construed as- higher plane acting on a lower plane of work.

Not Yet Titled

Everything in the universe is Becoming. Becoming what? Becoming increasingly more evolved by embracing the higher consciousness, the spirit, the Being in all forms. Thus the purpose of existence in the universe is to progressively bring the Being into the Becomings of our lives, so they are eventually fused and One.

Comment: (The Divine is One, and now the goal of creation is to reestablish that Oneness, as the Being and Becoming become fused.)

Not Yet Titled

It would be very helpful to maintain a high consciousness Barrier between our negative thoughts and feelings, and the world around us. Thus each time we sense a negative thought, feeling, behavior, action emerging inside us, it is blocked from taking shape or driven out if already under way. It is to practice the yogic power of Self-control; a key to personal growth and the development of our higher nature.

Overcoming Negative Repetition Attracts Overwhelmingly

Some of us may be familiar with the principle that life's acts tend to repeat over and over. Eg we will make the same foolish mistake periodically, or have the same disdainful boss repeatedly no matter where we work, or see the same disaster for a nation re-occurring over time, or we repeat the same dead habit of our own, or we move in the same foolish direction ad infinitum, etc.

It is the "physical consciousness;" the regressive, inertia-inducing part of our being that does not want to change, that assures the repetition of negative acts. However, introspection and self-analysis that identifies our repeating negative acts and then makes a sincere concerted effort to overcome them, will not only break this long-term dynamic, but opens the doors to enormous positive, even life-changing response from the world around us.

One man met an associate every few years at a restaurant. One thing that never failed was that his friend was always late. It happened at least half a dozen times over the years. However this time he said to himself that he did not want it to happen again. And so while sitting in his car in the restaurant's parking lot, he called to the Spirit and asked that his friend not be late this time. When the man walked into the building, he did not expect much of anything; yet when he looked into the distance of the large room, he saw his friend sitting there. It runs out that this time the man was late, not his friend! When he then sat down in amazement, the friend told him that he decided not to be late anymore. He also narrated some startling new developments in his life, each of which was miraculous-like.

Because the man sincerely wanted to stop the repetitions, and opened to the Force to make it happen, life completely turned around. The world had changed right before his eyes!

Not Yet Titled

In the spiritual life we exchange ambition for aspiration.

Comment: (Ambition being the naked desire for money, power, prestige, and the like as end goal, which is in essence an ego movement. Aspiration on the other hand is the desire to improve one's lot in life for the purpose of raising up one's life and personal growth. In its highest forms, it is the yearning for the higher consciousness and the spirit -- including its various expressions -- to enter one's life.)

Not Yet Titled

Instead of asking the Divine, Mother for more money, possessions, etc., ask her for more Capacity - such as more knowledge and skills; right attitudes, motives, and beliefs; etc. That will give you a much more solid foundation for even greater future successes.

Not Yet Titled

One of the first great spiritual realizations is that we are selfish, greedy, and egotistic. This is an excellent starting point for those embarking on the spiritual quest.

Not Yet Titled

We each have several specific negative attitudes that are blocking our way to the next level of success and fulfillment in life. Thus, identifying what that is and reversing or consecrating it may be the most important act of our lives.

Reader: awareness, alignment, achieve

Response: Yes exactly. And the achievement in such cases often occur through life response phenomenon (i.e. instantaneous miraculousness).

Not Yet Titled

Each major illness is directly attributable to a specific wrong attitude in one's being. Discover that attitude, change it, and the illness will quickly vanish.

Not Yet Titled

Perpetual silliness or triviality indicates lacking spiritual energy.

Not Yet Titled

In a large group, only a handful are on a quest to improve themselves. The rest are mostly asleep.

Reader: In evolution, if even a single man change, whole world changes. so even if a handful people change, rest also will change.

Response: Yes, it's very true. Eg Steve Jobs changed the course of societal history in our times with introduction of Mac, iPod, iPhone, iPad, etc. Through extreme individuality and aspiration one person can have that impact on the world. And, as you suggest, there can be a number of such world-influencing people, such as Appa and the institutions under his care.

Individuals can also use Her power to bring this about through the shortcut of higher consciousness and Her Force, meaning we have the power to be not just true Individual beings, but Universal ones as well. In The Life Divine Sri Aurobindo says that the ultimate, gnostic, supramentalized individual will live amongst and harmonize with regular people. Yet these regular people also will be more sophisticated, educated, aware, etc. than today's people. So he has invited the whole world to uplift themselves. This means that those asleep need to wake up to collaborate in the New World.

'Twilight Time'

Thoughts circulate. We think they are our own when we have them, but that's often not the case. The thoughts are simply being passed around through the ether. It's actually a very common experience that all of us have, yet invariably miss.

Eg I quietly started singing the song "Twilight Time" to myself in the morning. A friend simultaneously came by, overheard me, and said that throughout the night she heard that very same song in her own head. And yet it was when she appeared before me that I started actually singing that song. In other words, my thoughts of singing the song were actually my friend's earlier thoughts circulating through the atmosphere that I then caught onto and expressed.

That's how thoughts, including such things as songs and music, often come to mind. It's a startling phenomenon that can at once make us humble, while also astonishing.

Not Yet Titled

The more we assert our position, the more life will rush towards us with the opposite point of view.

Not Yet Titled

A true listener continues the conversation on the other person's terms, not his own.

Not Yet Titled

Whereas many of the religions of the world indicate that the process of creation of the universe from a Divine Source cannot be known, Sri Aurobindo has explained it in great detail in 'The Life Divine.' His revolutionary insights are a leap beyond the religions of the past, as well as the most modern discoveries and theories of science.

Not Yet Titled

How can you truly evaluate something when you already have a predisposition against it?

Comment: Truth lies beyond our prejudices.

Not Yet Titled

Gandhi's greatness led to the liberation of India. Yet, Gandhi's errors of ahimsa (non-violence) led to delay and therefore partition of India with two nuclear countries pointing at one another.

Comment: Now the re-Federation of these two nations, India and Pakistan, as well as surrounding countries formerly part of India can begin to take shape.

Further economic alliance among them all will surely help.

Reader: Yes the only safe and reliable country in this region is India and these small countries have no existence of their own for eg anything that Pakistan does it always compares it with India it has no individuality

Response: Yes, it is true, but India must have a positive attitude, not a hostile one; even if Pakistan seems hostile. That will attract positive conditions. India must focus on being more prosperous, overcome all of her negative tendencies (bribery, corruption, laziness, lethargy, filth, Hindu fundamentalism, ritualism, dowry, ill-treatment of women, arranged marriage, rape, gold and jewelry hoarding, dependence, victimhood, etc.). Mostly she needs to get out of her poverty consciousness. That will attract better circumstances from the counties around her. The outer conditions are negative to her

because India itself has so many negatives. That is what must change to attract the outer to be more positive. She can advance that cause even more by taking to her ancient spiritual wisdom, including the revolutionary new ways set out by Sri Aurobindo, Mother, and Karmayogi, discarding her religious ritualistic attitudes.

Not Yet Titled

When a businessperson stubbornly resists the insightful suggestions of others, the organization tends to stagnate, leading to royal disappointment. However, when that person relents and heartily embraces those truths, the organization tends to quickly take off and boom.

Not Yet Titled

Often the individuals who are most empirical - i.e. not believing in any existence other than the material - are those who evoke some of the most startling responses from life. When you then explain the experience to them, they gaze at you with blank expression, not comprehending a word you are saying.

Not Yet Titled

When you restrain yourself from vehemently countering another's argument, and instead are gracious, easing into your point of view, life will respond and provide you with the time and mindspace for your point of view to be clearly explained and understood.

Not Yet Titled

We enjoy what we enjoy, but not others' enjoyment.

Comment: (Another expression of separative consciousness, i.e. ego, plain and simple.)

Reader: Roy, many times, i enjoy other's enjoyment. What does that mean when i enjoy others' enjoyment?

Response: -When another person succeeds we are often jealous.

-A child is enjoying a game. When another child wishes to take the helm of the game, the first child stubbornly refuses, as she is enjoying it so much.

-We are so happy to express our successes to another; less happy to discuss other person's success.

-We thoroughly enjoy our emotional highs, but only mentally acknowledge another's with perhaps a bit of emotion.

-A Muslim experiences joy in his God. A Christian disdains it, but loves his God.

-Etc.

On Prestige

"Whether it is a high placed person or low placed person, [man's] whole functioning will be guided from the salient point of guarding his hard won prestige. Everyone jealously guards his prestige. "(Sri Karmayogi)

Karmayogi also indicates that we value prestige even more than money or power. We long to be honored, recognized, respected, acclaimed, renowned, influential, helpful, having succeeded, accomplished, etc. etc. They are various shadings of prestige. When prestige lessons or it is somehow lost or taken away from us, we sink down into a morass. Life is hardly worth living. "I get no respect" is one modern version of it. We feel humiliation, and may fall into depression.

On the other hand, when we are in touch with our own true self, our real identity, our soul within, we no longer depend on social prestige for our peace of mind. We have an inner relationship with ourselves, making us a true Individual. If further still we take our cues from the Divine, whether from within or without, then we become a true Spiritual Individual. Prestige then turns into humility before the infinite power and joy of the Supreme.

Not Yet Titled

Intense jealousy can attract the very worst of circumstances.

A man was jealous and distraught that his boss's son was picked over him to run a significant part of the operations of a large retail concern. He manipulated circumstance to try to put the boss's son in serious trouble. As it turned out, not only did his scheme fail, but the next day he found out that his wife was tragically run over and killed by a delivery truck.

Not Yet Titled

Retaining a positive attitude when negative conditions present themselves will always attract better circumstance. Adding consecration to the mix will reverse it completely.

Not Yet Titled

Asserting your side, quickly attracts the other side's position. On the other hand, embracing the other side's view, causes the other side to soon embrace yours.

Not Yet Titled

When certain people appear on the scene, things seems to go wrong. When others with a higher consciousness appear, life seems to move into smooth flow, evoking the most positive conditions.

Eg, when the former appear, bad news arises, there is a certain tension in the air, anything helpful and progressive gets squelched, people fall ill, etc. The opposite for higher consciousness individuals.

Not Yet Titled

That which you obsess about, you energize.

Embracing Change

Human beings don't take well to Change. Our physical consciousness, inheriting the bedrock of unchanging material existence, reacts to change as if it were an affront to our very being. But change is the order of things, though it might appear good or bad to us.

To the Higher Consciousness that sees beyond the material, change is welcomed with open arms. It is not burdened by attachment to the security of previous conditions. That consciousness is also in touch with the future, intuitivizing positive outcomes as a result of the current change-demands. It smiles at these possibilities, and thus embraces change with an open heart.

Not Yet Titled

For most people thoughts and ideas alone rarely make lasting impressions. It is only our real life experiences that have that effect.

Comment: (Only a few are able to learn directly from the Idea, thus avoiding the long-term journey of experience.)

Who We Are

We are not just our physical bodies, our sensations, our emotions, our thoughts, our behaviors and actions, but there is also a life around us of other people and our relation with them, as well as the influence of the wider society surrounding us.

And then there is our purpose, the context of our lives, why we are here, and what we are challenged to do. There are also the secret movements of Nature in which we are partaking, for ourselves and for a wider purpose beyond our own.

And then there is our essence and soul being, and its purpose relative to our normal surface existence.

And moving outward there is the universal and transcendent reality that we are part of, whose intentions seeks expression in the world through our collaboration.

And finally there is the divine Force moving in the world that we can collaborate with to create an ever-more conscious and responsive world; to help build a divine life on earth.

To bring these together into a dynamic, integral whole is to become one with life; to experience the wonder and joy of the integral Reality.

Not Yet Titled

If instead of making a verbal request for additional resources, you make use of the very last remaining ones, the provider will bring forth unprompted that which you inwardly desired. It is one expression of the life response method of Silent Will.

Not Yet Titled

The ability to quickly shift in any given moment from what you want to what life requires is a spiritual-like skill.

Comment: (It is spiritual because you shift to a wider field of existence, which is a spiritual quality.)

Consecration Power to Overcome a Problem

Recently I had a very difficult, complex, and seemingly intractable problem trying to sync my technology devices. I tried everything I knew to resolve it. Finally, today after trying one more time I gave up and asked the Mother for Her help. Five minutes later a screen suddenly popped up with information that helped me realize that I had faulty data in the system. It was as if She brought it up just for me to see. Now realizing what the problem could be I changed a bit of information (overriding an outdated email address in the log in) and the entire system suddenly began to work! Not only that, but another related intractable problem I had a week ago got resolved! Once again I had witnessed the astonishing power of Mother and Her Force to quickly overcome the impossible.

Foreshadowing Phenomenon

There is always a sign indicated before a negative (or positive) occurs.

For example, one man was about to place an order at a restaurant when he noticed that at the order counter the overhead signage for the food he wanted to purchase was not visible. He pointed it out, and the order taker then made it available for viewing. When the man then ordered his food from that particular signage, it turned out to be overcooked and unsatisfying.

As we see, the unavailable signage was a sign of things to come.

Comment: Interestingly, if you consecrate at the point you notice the sign, the negative will not occur.

Not Yet Titled

Ignoring and consecrating word that a certain individual is difficult to deal with causes them to adore your work and be fully grateful for services rendered.

Fully devoting yourself to a work with self-giving emotion causes another problem - such as a spouse's worry about a medical condition or a child's fear of not doing well in an exam - to completely disappear. The positive energies you produce move out into the field of life, releasing others of their burden.

Comment: As Karmayogi has pointed out, nature works on many fronts simultaneously. But Nature is a slow and difficult method of progress. However, a Higher Consciousness movement will not only bring good fortune to you, but also to others whose circumstances are seemingly unrelated, indicating that this Higher Power movement - like being fully self-giving in work or consecration - has the same capacity as Nature to work on many fronts simultaneously, but do so through Quickness, and without any of the difficulty, struggle, pain, etc.; rather the opposite.

Not Yet Titled

Like Nature, a Higher Consciousness movement works on many fronts simultaneously, has effects in multiple dimensions, but without the negative aspects of slowness, struggle, and pain.

Not Yet Titled

The Civil War divided the US, and then reunited her in an unprecedented manner, releasing stupendous energy that made her the the most powerful, dynamic, prosperous nation in the world.

Comment: (It is another reminder that negatives are secretly great spurs to further progress.)

Not Yet Titled

All the great problems of today will be the spur to the powerful solutions of tomorrow.

Not Yet Titled

The ever-increasing, ever-more complex problems facing the world indicate vast opportunities for society to move ahead.

Not Yet Titled

Life response overcomes the eternity of time by instantaneously bringing before us just the right thing from the infinite expanse of space.

Purification of the Planes of Our Being through the Force

In Sri Aurobindo's yoga we open to the supramental force which enters our being at the mental or higher spiritual mental level and then gradually moves to the emotional vital center and then further down to the physical.

In His integral yoga, the least conscious elements of the lower vital and the physical are not addressed first, which would be too conflictive and radical a change. Rather first we make a connection with the Force through the higher, spiritualized mind, which opens and purifies the surface mentality and the intelligence centers; which is followed by the purification of the vital being and its limiting attitudes and lower emotions, as well as opening of the heart center; which is then followed downward by the purification of the sensations and the very physical substance, as well as the negative subconscious plane which is its support.

There is also a gradual awakening of our true selves, the spirit within us, the psychic being, which enables us to further surrender to the Force, the Mother, and its transforming action.

Comment: Actually, to the descent of the Force, there is a corresponding ascent upward. For example, when the Force purifies the mind, there is a corresponding upward movement from mind to higher forms of mentality including intuition, light, and supramental perception. Likewise when there is the descent of the supramental Force into the vital, the negative aspects are purified, but there is also an ascent to the higher vital called the "heart center" where one expresses self givingness toward others, engages in acts of goodness, feels gratitude, and so forth.

Receiving Stations

Thoughts that we think are our own are actually constantly streaming into our minds from elsewhere. The same with our feelings, desires, willfulness, joys, and so forth. Thus we are less an originator of these mental and vital formations of consciousness as we are a receiving station of them.

Necessity of Global Environmental Change

What if what we call global warming is simply the natural order of things; the inevitable change the earth is going through? While we must do everything in our power to overcome its abuse so far and prevent further deterioration of the environment in future, we can ask ourselves if the changes occurring to the earth - whether all or in part - are natural, and even inevitable.

The Mother once remarked that one day it would snow in Auroville, the very warm, once desert-like international spiritual community in Southern India. If this change is inevitable, then various sections of the world could see radical shifts in the weather, in the jet stream, in the ice flow, etc. etc.

Perhaps we can say that Mother Nature, which is in touch with its parent Nature (Prakriti), has its own agenda that defies our current understanding.

Moreover, the apparent crisis of the environment can also be understood as a vast opportunity for human resourcefulness; to develop new technologies, or have new insights into the nature of reality.

Perhaps that is what Nature and her material daughter Mother Nature have in mind for us. As this child of Nature changes, so shall we, in new ways that bring us deeper into our journey toward ever-increasing consciousness, ushering in a new spirit-based life on earth.

Life, Nature, and Soul

Life is the offspring of the Infinite consciousness. The children of Life are Nature (Prakriti) and Soul (Purusha). They are divisions of Life. A material child of Nature is Mother Nature. We humans are children of both Nature and Soul, showing far more of the attributes of the former, on the way (through our higher consciousness) to the latter. When we fully emulate our parent Purusha in the details of life, then we will fulfill the intent of our great ancestor, the Infinite consciousness, who is around us, always has been, and always will be.

The End of Time

Once I was driving across the endless expanse of farmlands of the Central Valley of California and suddenly experienced something extremely unusual. I looked into the white-bleached, sun-drenched sky and had the experience in that moment of a future where time no longer existed in the world; not just for me, but for everyone; in fact, for the entire universe. It was the end of Time in the world. And yet life however would still go on.

After several minutes I came out of this startling experience.

I mentioned this very powerful event to Karmayogi and he legitimized my experience. He also acknowledged that it was good that I had made the distinction that in this future existence there would no longer be TIME, and yet SPACE would still exist. Till this day I wonder if this startling reality will be the true course of things in some distant future.

What Emerges Was Concealed as Potential

Nothing can be taught to the mind which is not already concealed as potential knowledge in the unfolding soul of the creature. So also all perfection of which the outer man is capable, is only a realizing of the eternal perfection of the Spirit within him. We know the Divine and become the Divine, because we are That already in our secret nature. (Sri Aurobindo)

Comment: This is key to Sri Aurobindo's central view of Involution and Evolution. In the involution the higher consciousness is buried, hidden, involved in all forms at the dawn of creation. When we evolve, or there is a new knowledge, it was already there in potential, as a seed of consciousness waiting to come out. When it actually does emerge in the evolution as new consciousness through our inner and outer actions, it was already there before creation, but secretly hidden in every form waiting to come out. Thus we say that the conscious-force (chit) - the secret divine energy - involved in forms in the involution reemerges in the evolution.

Not Yet Titled

Embrace, do not be discouraged by the accelerating problems in the world. It is a sign of unprecedented leaps in human consciousness that are on their way.

Getting at Deeper Causes

When a bothersome situation occurs in the course of our day, such as an object not doing what we want it to, we try to quickly remedy the situation. However we rarely are able to take a step back, examine the situation, and get at the deeper cause so we can have the right knowledge to easily prevent such situations from occurring in the future.

It is because the physical consciousness of our being, that which control habit and the movement of our bodies, is unwilling to learn in a given moment; is only willing to do what is facile, simple, surface in order to remedy the situation. When the physical habit and the vital's emotions rule us from moment to moment, the mind with its rational capacity to ascertain, to probe, to consider more deeply is not allowed

to gain entry. It is only when we bring to bear a deeper consciousness that we have the wherewithal to hold at bay the physical and vital's thought-squashing power, and see into the truth of things. It is in that "silent witness" state that we have the patience, the power of observation to gain entry into deeper causes beneath the surface view of life's conditions.

It is also my observation that when we gain this control in a given moment, and make the effort of deeper discovery, life responds and gives us new insights we would never have imagined before. It is a life response power that has gained entry into the mind.

Not Yet Titled

Reflecting deeply on the tiniest act can reveal the secrets of Creation.

Comment: We can take any act we engage in and see the process involved and whether or not it meets the requirements that brings success. Eg do I really understand what I want to do; do I really want to do it; do I know the best methods to carry it out; do I have the will for its execution; and did I really execute it with right skills, serious effort, and right attitudes. This is what Appa calls "The Complete Act" and when followed perfectly it leads to perfection and life response results. It also turns out to be the very same process that the Divine itself follows/is following in the on-going creation process.

"The Complete Act" that we can engage in is equivalent to the Ishwara's (Creator's) ultimate act creating this universe of forces and forms. In The Complete Act we perceive what we want to accomplish, we figure out ways to do it, are energized to carry it out, and do so with the necessary effort, skills and right attitude. The act being complete leads to perfection results, which further evokes enormous positive conditions.

Likewise, the Ishwara, the Creator aspect of Satchitananda perceives the purpose for creating a universe of forms from out of the Conscious-Force of Infinite consciousness. It has realized the goals and the real Ideas it wants to see manifest in creation (such as peace, wisdom, goodness, love, beauty, joy, etc.). It then uses the power of Supermind to render a universe of forces and forms to accomplish these Real Idea goals. It takes the energy of the Conscious-Force and renders the forces and forms that are the basis of the created universe.

Like the individual who has engaged in The Complete Act the Ishwara too has moved through the process of Direction, Organization, Willfulness, Execution, Results. It is the Complete Act of the Infinite Divine to extend itself as forms in the universe. Whether a tiny act in our lives or the mission of the Ishwara, they both follow the same process of creation. This is what Sri Aurobindo has explained to us in great detail.

Not Yet Titled

In yoga you deconstruct yourself and then rebuild yourself anew.

Not Yet Titled

Mother said that if Sri Aurobindo's teachings became a religion She would be the first one to leave.

Comment: (It is not more religions that we need - we actually need less - but direct experience of the higher consciousness in all its facets, in order to evolve our lives and life on earth.)

Trace Backward

One of the most powerful life response techniques worth practicing is something I call "Trace Backward." It is actually quite simple. Every time you come across an instance of good fortune, -- such as a client calling after years of being out of touch, or the sudden, unexpected arrival of money, or an opportunity arising out of nowhere -- trace it back to a recent shift in your behavior, such as a change in attitude, or a decision made, or an action taken. That way you will consistently connect the life response outcome with the change in consciousness that precipitated it. (You can also do the same when you watch a film or read a novel or review news events in the media.)

Taking this approach will enable you to see life response more often and more clearly. As a result, you will tend to take to these corresponding right behaviors more often, which means you will experience life response more frequently, leading to greater success and fulfillment in life.

By the way, the same approach can be used with negative life response. If a negative event occurs in your life and you trace it back to a wanting inner or outer behavior -- such as a lack of inner strength - you will be more motivated to avoid it in the future (and thus avoid additional negative response).
(from the book 'The Miraculous Phenomenon of Life Response' by Roy Posner)

Not Yet Titled

To achieve something you've never achieved before, you must become someone you've never been before. (Brian Tracy)

Comment: Examples:

-In order to find Love, something he never expected, and seemed beyond him, Mr. Darcy in Pride and Prejudice changes his nature, becomes an entirely new person, and thereby attracts the woman (Eliza) of his dreams.

-In order to break out to a vast new level of success, Apple changed its way enabling connection of its iPod music players to run on PCs, not just Macs, propelling the company to the stars.

Our Journey from the Part to the Whole

Any partial truth ultimately hits a wall where you can't go further with it. So whenever we come upon a problem that we can't solve, we should know that the truth we are living by is only partial. We therefore have to broaden the truth and come closer to the totality of the reality of the situation. Then we can more readily understand the full nature of the issue and more easily solve. (paraphrase of Garry Jacobs)

Comment: Example: For Darcy and Pride in Prejudice his whole life is bound up in his prestige, his pride of his class. That's his very partial perception of the world. But then he meets Elizabeth and discovers Love, and as a result an entire new side to his life reveals itself that he had never known.

We are all like this. We only see our life in a very partial, limited context, until we are exposed by life to much more. We feel our current existence is the way life is, and then if we are lucky we discover many other sides to existence we were blind to. It is the journey from the ignorance of the part to the knowledge of the whole. From partial truth to the totality of Truth that is the Integral Reality of existence. This is the great insight Sri Aurobindo and Mother and Appa have given us.

Not Yet Titled

Life slowing down or speeding up is affording you the opportunity to be in the Right Flow of existence beyond your limited, fixed rhythms.

Not Yet Titled

Regularly scan yourself, identify, and remove any negative thought, feeling, behavior, action from your being, and life will continually respond in your favor. Your existence will become a never-ending procession of wonder.

Not Yet Titled

When seekers truly seek, they truly find.

Not Yet Titled

On those rare occasions where we are in Right Flow, everything dovetails perfectly. When we live the supramental life that is ALWAYS the case.

Not Yet Titled

All the underappreciated, unembraced Grace of the past is still accumulated and can be released now in the present by focusing on doing what is necessary in the current situation.

Not Yet Titled

When you communicate a helpful insight about another's situation, it tends to be synchronous with others who find themselves in that very same circumstance. They then marvel at the coincidence and are overjoyed to learn of your solution.

Not Yet Titled

When you offer an opinion, a comment, a response to others' remarks, etc., consider your level of consciousness. If your feelings are devoid of ego, it is ripe for dissemination or discussion. However, if there is ego involved, i.e. separative consciousness in the form of pride, sense of superiority, irritation, anger, reflexive reaction, insult, vindictiveness, sarcasm, cynicism, etc., it is best to hold back. Words contain a great life power, and when we express them negatively, we tend to quickly attract negative conditions from the world around us.

Not Yet Titled

One great cosmic insight is that we are on a path of spiritual realization that progressively occurs in this life and continues in lives to come.

Comment: It is the evolving spirit, the psychic being within us that is on a Journey of discovery of higher consciousness through the experiences in our own being and current life, which continues in future births. It is a transformative Journey from Ignorance to Integral Knowledge.

Not Yet Titled

The Divine has rendered this material universe so that the Infinite consciousness can manifest all its spiritual attributes in our lives.

Not Yet Titled

The Infinite Divine's intention is fulfilled when we, its creation, evolve to become divine in every aspect of our lives.

Not Yet Titled

Often we need to first recognize and cast out a negative aspect in ourselves - whether a wanting attitude, habit or belief - in order to set a new direction in our lives.

Comment: Eg an individual has failed to find his calling. He drifts aimlessly. Then as things get acute, he realizes that he has the wrong attitude about work. I.e. he is not serious about it. Now he remembers an opportunity offered to him by a family friend. He firmly decides to take it up. He has direction. When he takes up the opportunity, an astonishing positive response occurs and his life is changed forever. By shedding his unwillingness about working, it paved the way to set his direction which led to the greatest response of his life.

Attitude, Aspiration, Decision, Action: Four Determinates That Evoke Great Response from Life

One quality I have noticed about evoking a great or life changing life response is that one or more of four General Determinates are usually at work; often involving all of them working in tandem. They are a shift away from a negative Attitude, an Aspiration/Intention to go in a new direction, the Decision/Commitment to make it so, and the physical Action to execute it, to make it real. As a result, of embracing these aspects, life responds overwhelmingly.

In the one incident when I returned from wandering around the world and came to accept work that was offered me, attracting the biggest response of my life, I realized the fallacy of my Attitude, set a new direction (Aspiration/Intention) as a result, made the firm Decision to take up the opportunity and work, and executed it as Action by returning to California and working in a lumber yard that I was invited to. As a result, shortly after I met the people who would shape the course of my life.

In another experience (which is described in my Life Response book) I was asked by my boss to work weekends in my sales position but I refused. However, then I examined my Attitude and changed it, focused my Aspiration/Intention on coming in that weekend, made a firm Decision and Commitment to do so, and then took the physical Action to actually come into the store that weekend to make it real. When I did, I attracted the biggest sale of my life by far, ushering me into a 30 year computer-related career. Once again it involved the determinates of Attitude, Aspiration/Intention, Decision, and Action.

I have seen this dynamic repeatedly over the years for evoking startling life response. We can even see it in literature. In Jane Austin's 'Pride and Prejudice' it is precisely what Darcy does, following the path of those four determinates, and as a result attracts the woman of his dreams, Elizabeth Bennet. It begins with the realization that he can't have her unless he changes his attitude of pride. He does that and then follows the other determinates, which leads to Elizabeth's unexpected confession of love for him.

The four general determinates unfolding this way can be seen as the movement from out of Ignorance to Knowledge. We start with the wrong or limiting understanding, feeling, attitude, habit, etc. -- which we can put under the general category of Attitude. Then we realize how that attitude is wrong and change it. As a result, we see the world in a new light, which focuses our Aspiration/Intention of what we need to do. But that doesn't guarantee we'll do it. We do it by making a firm Decision and Commitment to make it happen. But that is ordinarily still not enough as an Action is required in the field of physical life, which now has the capacity to evoke the startling response.

It often begins with the Attitude change because our feelings and beliefs are so interconnected with life events and life energies. As soon as that Attitude changes, those energies move out into the field of life looking for corresponding elements that return to us in the form of vast response. The Aspiration/Intention, Decision, and Action then follow and fulfill this dynamic.

We have even seen that by merely making a Decision one can evoke the startling response; i.e. without even taking any physical action! In rarer cases still, the life turnaround occurs simply by changing the Attitude alone. In other words, whatever the intensity required of moving from Ignorance to Knowledge for that particular person for that condition and incident will evoke the powerful positive response.

There is also of course the ability to have the goal in mind from the outset and then follow its process to fruition. That is powerful too, ultimately so, but most people do not have that inner capacity to follow that process. In essence, they haven't that knowledge, though it can be learned. If they do, such as following a 30 day process of focused goal to strategies to execution to realization, it will ordinarily lead to a powerful response, especially if consecrated at all steps along the way. On the other hand, often it will not work because the life energies are not right and something more is needed: usually a change or adjustment in attitude, or an intensity of desire for the result, or greater clarity or focus one is not able to muster. Sometimes taking an initiative in the wrong situation or context will also leave one frustrated.)

There are obviously infinite variations for evoking the response. We each can choose our entry point: through the Four Determinates or subsets, through a formal process of goals setting and realization, etc.

Not Yet Titled

Perhaps the most powerful way to evoke success is to consider a possibility, intensely want it, offer it to Mother, do everything one can to make it real, even a token effort, and see it suddenly move forward to fruition. This is the spiritual method of accomplishment. It can also begin as contrition for a wrong attitude or behavior in the past that is affecting our present that is offered to the Divine, the Mother, and then She simply opens the Path for us to move forward for its realization and our ultimate success. There is no faster way to evoke the infinite potentials of life from the current finite!

Not Yet Titled

- There is only one Reality. The Divine, God is one form of it. We are another.
- God, the Divine didn't so much create the universe, as He became the universe.
- We are God too, only in a different form.
- The totality of God and the universe is the Reality.
- The All is the Reality.
- The Individual, the Universal, and the Transcendent is the Integral Reality.

- If God has extended itself to us, and we are evolving, then God is evolving.
- God is evolving through our soul's multi-birth journey of never-ending progress.

Not Yet Titled

Catch each ego movement as it arises, and cast it aside. You'll avoid perpetuating, attracting the negative.

Not Yet Titled

One consistent theme of very successful people is when confronted by serious difficulty somewhere downstream, rather than give up, they manage to push through it, and as a result their careers take off. It is Nature's critical test of one's inner strength in life. Those who pass it fulfill their soul's purpose while realizing their fondest dreams.

People will fiercely defend the position they have staked out, even in the face of evidence to the contrary. It is the Ego out in full force.

Not Yet Titled

When the One became the Many, it never ceased being the One.

Comment: We - a form of the Many - do not see the Oneness; only division, duality, conflict, and separation. Yet from the Divine's perspective all in the Many is One. I.e. all negatives are seen as positives in disguise; while contradictions are perceived as complements.

Not Yet Titled

That which we are in contradiction with is secretly the means of our greatest progress

Comment: Whether contradiction with other people, organizations, with life circumstance, between parts or planes of our being, between different ideas or thought or beliefs, etc., etc.

Not Yet Titled

Evil arises not just from acting on false, harmful intentions, but through collaboration with dark unforeseen forces.

Not Yet Titled

Ignorance, Falsehood, and Evil are three progressions of negativity in the world. Ignorance is missing or wrong knowledge; Falsehood is emotionalizing that Ignorance; and Evil is acting on it with hostile intent.

Not Yet Titled

From one perspective even Evil advances society, as it builds up unprecedented, harmonic counter-resistance in the surroundings.

Not Yet Titled

Trying to help another person who is experiencing difficulty can be very helpful. It can also be completely at odds with their intention.

Reader: Can u help me understand this with an example please

Response: In a restaurant, a woman was making her way to a seat with her tray in hand. Another woman seeing her heading toward the exit to dine outside, called out to the first woman, and told her of an available seat nearby inside the restaurant, as she thought the place was so busy that the woman with the tray could not find a place to eat. However, after the second woman called out to her, the first woman with the tray in hand turned around and said to her that it was ok; that she wanted to go outside and have her meal in the fresh air. In other words, the second woman misread the first woman's motive.

With greater thought or insight, the second woman might have considered the possibility of the first woman dining outside, and therefore might have been more patient to see where the first woman was going.

Better still, a developed intuitive sense would have instantaneously known what or what not to say or do, as the knowledge of the truth simply appears in one's mind.

Not Yet Titled

To the Spirit good manners has no particular value. In life, however, it can be very helpful.

Reader: True! Good manners is a mask that everyone wears and we don't know what's really going through their mind

Response: Yes, we cannot know their underlying motive. We can be fooled by their manners. That is why higher consciousness does not perceive it as a fundamental Truth. And yet we have seen that when we ourselves practice good manners it can be very useful for creating a level of civility that enables positive energies to enter that interaction.

Karmayogi advocates good manners, not because of its inherent Truth, but because for a devotee it tends to more readily usher in positive circumstance in its wake. On the other hand, being ill-mannered can release negative vital energies that can quickly attract negative conditions.

So let us see beyond others' manners into the truth of things, but let us practice it our own daily lives to help establish the best life conditions, knowing very well that our deepest values and beliefs mean so much more.

Not Yet Titled

Over-excitement about an unfolding positive outcome tends to quickly dilute it. However, in the silence of the mind and the calm, equal poise of the heart, it accelerates and intensifies.

Not Yet Titled

Each time you restrain yourself from broadcasting an accomplishment, it gather power and expands.

Not Yet Titled

Over-celebration of an accomplishment such as for a hard-won success or victory causes unforeseen negatives to suddenly arise.

Comment: Calm, silent, grateful recognition of the success causes it to breed new opportunities and successes.

Not Yet Titled

The fact that we can consecrate and evoke response for the Collective -- whether family, community, nation, world, etc. -- shows that we are not just Individual beings, but Universal ones as well.

Not Yet Titled

What if Life were simply an endless series of learning experiences for one's Soul?

Not Yet Titled

Each of us are apertures in the universe looking out on Itself.

Not Yet Titled

Though we normally think it's the opposite, Silence always energizes accomplishment.

Not Yet Titled

Many successful people want others to succeed. Many unsuccessful people want others to fail.

Not Yet Titled

Though very true, it is not often easy to perceive that negatives are actually positives or opportunities in disguise. One relatively easy way to demonstrate this is in sports. For example, a star player gets hurt, which is perceived as a devastating negative to the team. But then what actually happens is that other players on the squad are given an opportunity to shine. Now as the season progresses, with the return of the star player integrated with the success of the players given a chance, the team is now much stronger than before, leading to considerably more success.

The once perceived negative is now viewed as a golden opportunity that came to the organization. A few of the players and managers may even regard it as Grace.

The Choice That Aligns Us with the Luck of Our Lives

"-Looking back on their flourishing career, anyone can locate an event, a choice, an idea that had set them on this course of luck.

-Often we see impossible circumstances converge to confer a great favour on us. At that moment, our choice decides.

-In such cases if one tries to know all the attending circumstances, it will be amazing how the entire Life has conspired to deliver Luck to us. We may have accepted it or not, but the fact remains that life was at pains to do it." (Sri Karmayogi)

Examples:

-In 1974 I decided not to continue travelling through Europe and on to Egypt, and instead made the decision to return to America and focus on earning through a paying job of which I was given an opportunity. As a result of taking that division and action, I met the people who would change the course of my life, and continue to do so.

-In 2003 Steve Jobs decided to allow the iPod to run on iTunes for Windows, a far faster market, and something said he would never do (the "Hell Freezes Over" episode). As a result, the iPod sales suddenly boomed, which led directly to the iPhone, ushering Apple into vast, unprecedented success, changing the course of Technology and even world history.

-In the 1980s Premier Michael Gorbachev decided to change the direction of the Soviet system via Glasnost and Perestroika to improve the faltering nation, and instead the entire system came crashing down, bringing about the end of the world threatening Cold War.

-In Pride and Prejudice, Mr. Darcy decided to take personal responsibility to catch the duplicitous Mr. Wickham in the elopement episode. and quickly attracted his marriage to the love of his life, Eliza Bennett, a fulfillment of everything he had dreamed of.

Governor's Strength Attracts Response from Mother Nature

One recent discovery is that when human intention shifts from weakness to strength in relationship to the physical environment, it can attract the sudden cooperation of Mother Nature.

Here's a recent true-life example:

California has been suffering through its greatest drought in hundreds of years. It was now past the rainy season, and well into the six-month dry period. The Governor had recently ordered cutbacks in water distribution for all regions, but in the months that followed many did not cooperate, as reservoirs dried up and there was virtually no snow-pack in the high mountains.

He then got tough and ordered very specific cuts for every town in the state. This not only got the attention of all municipalities, but suddenly during this onset of the dry season rain started coming down profusely! Even the mountains were unprecedentedly covered with snow in this dry, warm, very sunny part of the year; an almost unheard of phenomenon. People were startled by Mother Nature's sudden change in course.

And yet very few if anyone perceived the deeper causality that was at work instigated by the Governor's strong, bold actions.

Not Yet Titled

Rather than try to control your life, to control the universe, give up control and have trust in what life brings you, following its path and direction.

Not Yet Titled

"The events of our lives appear to lack coherence due to a limitation in our understanding. Those who perceive the true character of life realize that it has a complete connected significance."

(from the Book inside the novel 'The Book' by Garry Jacobs)

Comment: This is echoed here:

"Our outward happenings have their seed within,

And even this random Fate that imitates Chance,

This mass of unintelligible results,

Are the dumb graph of truths that work unseen:

The laws of the Unknown create the known."

(from 'Savitri' by Sri Aurobindo)

Not Yet Titled

People readily value self-givingness in individuals. Less valued is the power of inner, psychological strength. And yet the combination of the two, which is indeed rare, enables extraordinary accomplishment, and the great admiration of others.

Not Yet Titled

Western religions see God and the world as two separate entities. But the Indian view may be nearer the mark when it says that It is God who has become the world. (N. Asokan, MSS)

Reader: When you get free from certain fixed concepts of the way the world is, you find it is far more subtle, and far more miraculous, than you thought it was. - Alan Watts

Response: Yes, exactly. Sri Aurobindo says that as mind is free from the domination of the senses and surface living, as well as the pull of the lower vital nature which distorts and prejudices our thinking, it widens and expands, and is able to increasingly perceive the true nature of the Reality in all its facets. It is thus a journey from Ignorance to True Knowledge of the nature of existence.

Not Yet Titled

It would be helpful one day to be able to know the relationship between the Psychic Being, the Divine, the Supramental plane and power, Involution, Evolution, our own Destiny, Rebirth, Ignorance, etc. And all of these in terms of the Reality.

Not Yet Titled

We are mostly stuck at the alleged division between God and Man, and are unable to see much further. But there is a way forward, which Sri Aurobindo has discovered and revealed to the world.

From Novel to Film

Each generation creates its own film versions of a great novel. In each we see a different shading, but also the influence of the times, including the values, the language, interests; even the technologies of those days. Sometimes we have magnificent, enriching versions such as the British presentation of Pride and Prejudice of the 1990s. Because it was a serial and therefore extended, it could bring out the nuances of the character, plot, and values.

And yet even a lengthy serial version does not guarantee success as it did here. Someone has to have seen deep into the novel, bringing out its purposed shadings, and then reveal through a great script and the most appropriate actors the very best of what the novel offers.

Not Yet Titled

How can we know the true nature of the Reality if the lens of our consciousness is clouded over and distorted.

Reader: By looking and listening within, all the answers are waiting to be awakened.

Not Yet Titled

Life Response phenomenon proves that the inner me and the outer world are One. That there is only Oneness in the universe and beyond.

Reader: The Law of One. We are all connected.

Response: Yes, which indicates we are all constantly evoking response from one another, though it is mostly subconscious to us.

Not Yet Titled

The Mind can't "see around corners." But Intuition can.

Comment: It knows the truth of things without the need for sense input, or even thought itself, as the knowledge just appears in one's mind.

Not Yet Titled

When we listen to another, we tend to quickly jump to conclusions, even though we have not given the other party the chance to complete their thoughts and rationale. More patience on our part, a degree of mental silence, and respect for others' points of view -- all spiritual qualities -- will rectify that problem. Now the interaction will become elevating and deeply rewarding.

Detachment Power

Recently I have been developing presentation materials for the topic 'Life Response in Work.' One of the modules is how to evoke it through Spiritual means. But spirit is a vast topic, and one may not know where to begin.

Spirituality in one sense begins not in action or even Force, but through stillness and silence. And they can be viewed as the expression of non-involvement or non-attachment at various levels. In other words "Detachment."

All forms of Detachment issue from "Silent Witness" consciousness where we stand apart from and gaze upon the world. We can detach ourselves from a thought, an opinion, a sensation, a desire, an obstacle, etc. In all of these we can withdraw and become Silent Witness to circumstance.

If we think about it we may notice that our very existence from birth onward is one of Attachment, - to our mother's sustenance and care, to achievement in school, to move ahead in our careers, to set and make real our goals, to actively support our family, to try to improve our lives, even to change the world.

And yet the Spirit begins with Detachment, which is the very opposite: the negation of any action at any plane - physical, vital, or mental. Through physical dependence, emotional dependence, even mental dependence our days are filled with attachment. Moreover, habit fixes these in our consciousness and we repeat them over and over. And yet at each point we learn to detach, we will have discovered a higher means of accomplishing the same or greater result, but with far less effort in a much shorter period of time. Detachment thus enables us to overcome the limits of space and time. By being still in the face of life's exigencies, our energies concentrate and attract, align with marvelous circumstance.

As human beings we have been trained to be attached in every conceivable way. Now as spiritual beings we can reverse again to be detached Silent Witness to the circumstance of our lives. Not uninvolved, not not caring. But keeping still inside so we have the wherewithal to perceive the true truths unfolding around us.

It is to mimic the Divine Itself, who Silently looks out upon the universe that has unfolded from His being. Similarly we can live from a poise of silent observer, releasing the energies that enable life to blossom in a thousand ways.

Reader: Roy this has happened to me today! I received an email from our marketing department explaining why they hadn't started a very important campaign for me (short staffed illness etc.) and that it would probably be July at the earliest to start the campaign now. I accepted this without judgement, frustration, anger etc. and sent them a nice email back explaining that I understood. Within 1 hour I received an email from my business development manager asking If I could do a financial surgery for a group of NHS workers (these usually result in home visits and financial planning) this is a full day event! I of course said yes! This is life response in action.

Response: Yes M, non-reaction and equality of being in the face of difficulty - two forms of detachment - are very powerful, and can evoke powerful positive response in their wake. Congratulations!

Not Yet Titled

There is a great difference between consecrating and worrying about a problem or issue, and consecrating and letting go and having complete faith in the Mother without further thought. The quality of the results will be indicative.

Not Yet Titled

All other factors aside, those who are without work will attract work by really wanting to work.

Comment: I have often seen that when a person with a deficiency of work makes the intense Decision and Commitment to want to work, new work suddenly presents itself from out of nowhere.

(Often only a small token effort in a particular direction will evoke the response.)

Not Yet Titled

When there is a serious challenge before us and we demonstrate the strength and courage to see it through, we tend to quickly attract unexpected positive developments.

E.g. an individual's business had recently not been doing very well. On top of that he had an appointment with the doctor that he was not exactly looking forward to. It seemed like life was piling on too much at once. However he gathered himself and developed the inner strength and faith to see it through. A few minutes after seeing the doctor and the results, a client suddenly and most unexpectedly appeared out of nowhere after several years with a new, lucrative business opportunity.

Not Yet Titled

Sri Karmayogi has been likened by several of his closest followers to Abbé Faria the priest in Count of Monte Cristo who reveals the infinite potentials of life to the at first unbelieving, fellow prisoner Edmond Dantes.

The latter learns these life laws, escapes from the prison, and then discovers, as Faria promised, the greatest wealth on earth, enabling him to become the world renowned Count. Dantes has thus undergone a complete metamorphosis, becoming a very different person. Sri Karmayogi offers the same to his followers. Will we rise to his transformational challenge?

Reader: Yes he awoke from the imprisonment of being spiritually asleep and once spiritually awake recognised the beauty of all of the treasures of life that had always been there.

Response: Beautifully said.

Not Yet Titled

It is said that "he hesitates waits." But spiritually he who waits -- who does not initiate but waits on life's initiative in order to act -- truly accomplishes.

Comment: A man initiated and asked for and received a job at a printing center. It went well for a while, but then after six months everything fell apart due to internal disharmony. Yet one day while there two women appeared and asked the man if he was willing to participate in their software training company. He agreed, and it launched a 25 year training career.

His initiative succeeded for a while, then failed, while life's initiative through the two ladies succeeded 100%.

Not Yet Titled

Complaining about something attracts more disappointment from it.

A man was complaining to a friend about the problems that occurred in the local post office with people arguing with workers about money, bad service, and other issues. When he then went to the post office that day to get stamps, he was further disappointment when he discovered the office was closed!

Not Yet Titled

It is a universal truth of life that with rare exceptions people who help others are hurt by the people they help. The ego of those who receive help feel the humiliation of being dependent on others for their support. That ego seeks to overcome the sense of humiliation by pulling down the person who condescended to help them. (MSS)

Reader: yes this is true! but what is the solution to this

Response: Those who would normally receive should try to do everything in their power to move forward without asking for the help of others. They can learn to be self-determining and self-sufficient. If one has already garnered help from others, they should watch for ego reactions such as disdain and resentment due to feelings of humiliation and such and stop it, or better yet change it to deep gratitude for the received help.

From the helper's side he should only help those who seem genuinely appreciative and are deserved in consciousness of receiving help. Also helpers should never help out of an ego sense, such as pride or prestige, but rather out of a sense it can do genuine good for the recipient.

Being aware of and keeping in mind the rule above in the original post will always be helpful each step of the way.

Reader: This is almost like a rule except for few conscious people with right knowledge and wisdom.

Response: Yes

Reader: I have helped lots of people during my lifetime and never been hurt.

Response: Yes, that is often the case in a business relationship, as the goals and agreements are relatively clear. (It is also especially a sign of the organization having high values which is reflective of harmony with the recipient.)

Even of course in business we witness gross ingratitude by the recipient people/customers, as eg when a hateful article is passed around about an Apple or Google or Microsoft on a trifle, whereas those companies have brought so much benefit to them.

However, in social relationships outside of the contractual and the like (as in business and other organizations), where people extend themselves out of the ordinary, MSS's principle at the outset of this post can readily be demonstrated, as in-

-helping the poor, when they are not trying or able to help themselves as well. (eg In Africa they are very resentful.)

-offering a loan to a friend or relative

-offering to help another in a dangerous situation

-etc.

Sometimes the Benefactor being hurt by the Beneficiary is just the natural way of things in our current life. Eg Gorbachev ended the Cold War and the misery of the Soviet people and is to this day reviled with almost universal contempt by the Russian public.

By "natural way" I mean in the current makeup of society that lives in the Ignorance. There are many examples throughout society.

We know that Ingratitude is a universal negative attitude throughout society.

Reader: As they say, "No good deed goes unpunished." You are right Mr. Roy, that many people who receive help succumb to pride, humiliation, guilt or just feel the burden of having to repay a debt quid pro quo. And lord knows, it is very dangerous to try to help two opposing people or groups! More often as not, they will both turn on you for butting in. Bad habits and vendettas are often so deeply entrenched that they define a person's reason for living, provide justifications for feeling victimized and in the most

extreme situations where problems expand to the level of crises provide a "rush". People love the familiar and hate to face the void of unknown possibilities. Sometimes "help" can be construed as being "made wrong". It also ties back in with the (deluded) comfort of feeling the victim; no responsibility is therefore required. So, "Thanks a lot for your help, you bastard!" Words are powerful thought missiles. Assisting someone has far less of a charge than "helping". Bueno

Response: Fine psychological insights on the subject Ken. Blame, complain, raging against "Other" - whether the benefactor or anyone or anything else - indicates little development of their true self and being, as they are lost in the vital/emotional/ego center that is the foundation of Ignorance and Falsehood. It continues on until (if they are lucky) they break through into a new perspective of life. Personal and spiritual growth is the result. True knowledge of life follows.

Not Yet Titled

What is outrageous to one generation, is natural to the next.

Reader: Ok. Whether right or wrong?

Response: Yes. Most of the time, not always, the new generation knows better than the old, but there can certainly be excesses or certain regressions among the better new.

Not Yet Titled

Current conditions are always indicating future outcomes, but we don't have the wherewithal and subtle sense to perceive it. Therefore, if a negative presents itself in the present, it's best to consecrate it to avoid negative permutations in the future. If a clear positive shows itself now, one can offer that too to the Mother so that it's redoubled again and again in the course of time.

Not Yet Titled

The more you are bothered about something, the more there will be to be bothered about.

Comment: Or to put it another way, to be bothered by something energizes it, which causes it to spread.

Best to be calm about the matter, offer it to the Mother, and then forget it. Positive developments related to it will ordinarily soon follow.

Not Yet Titled

Detachment is a spiritual movement that can occur at the physical, vital, and mental planes. In the mental plane detachment is the deconditioning of mind by neutralizing our likes and dislikes; by detaching from our prejudice, formed opinions, preferences, and expectations. This enables right perspective that leads to life-supporting positive action and results. (based on comments of Ramesh Kumar)

Not Yet Titled

Let's not be burdened by unnecessary thoughts, feelings, and influences of the past, except those that can be of value in the present to create a more dynamic future.

Not Yet Titled

Looking at the same thing from new perspectives reveals untold possibilities and opportunities.

Comment: It can be as mundane as physically looking at a table from an angle at floor level, revealing dirt that has not been attended to in months and should now be cleaned, to mentally considering a software service from the view of the needs of the society beyond the individual that leads to new code that addresses that need. In either case, it opens up new possibilities and their means of manifestation, whether through action, inspiration, analysis, or even spirit.

How then can we look on what we do in our work or otherwise with new eyes? What will give the new perspective? And once we perceive such new angles, what will we do to accomplish it; to manifest it as real in the world.

Not Yet Titled

The brain is somewhat analogous to a radio that tunes into various planes of Mind, its array of stations, and their infinite content of Knowledge.

Not Yet Titled

Involution is the process by which Spirit became the Universe. Evolution is the process by which the Universe becomes Spiritualized. The Supramental plane and force plays a central role in each.

Sri Aurobindo has revealed this ultimate Knowledge to the world. Now science, philosophy, psychology, etc. can catch up.

Not Yet Titled

One's own daily lives can be a living laboratory of the principles of higher consciousness Sri Karmayogi has given to the world. We can observe ourselves at each point and keep a journal of our progress. It will be a great learning experience, like no other.

Not Yet Titled

The predominant negative trait we express in the course of our day is Ego. It is persistent and frequent, and expresses in a myriad of ways. Learning to look within and catch Ego at each point in the course of our day is a critical aspect of personal and spiritual growth.

Life Repeats Negatively

Life repeats negatively again and again until we get it right.

Examples:

-A man leaves the country to escape the mistakes of the past, but then life presents it in a new form, and then later once again, until he gets it right.

-A woman feels abused by her boss, does not know how to handle it, and goes to work somewhere else. But then it crops up again. It repeats until she develops the inner strength to overcome it

-A man repeatedly gets involved with the same type of woman with the same types of problems, until he chooses something higher.

-A man is constantly late when he meets with a friend at a restaurant periodically over the years until one day he decides to make a change, and as a result he suddenly attracts astonishing developments at that on-time meeting.

(Or to put it another way, when you break the chain of the negative repeating, life issues forth astonishing results in response to that higher consciousness movement.)

Each of us have our own unique repetition patterns. To recognize what they are and then overcome them enables growth in one's consciousness, accelerated success, and fulfillment in life.

Applying Custom Inner Strategies to Overcome Each Problem

You can solve any outer problem by the right combination of inner oriented strategies.

Eg if a neighbor has a very messy yard, you could confront them directly, but that is a conflictive solution liable to do more harm than good. Instead you can take an inner approach and-

1. Clean up your own environment
2. Not be bothered by the neighbor's mess; i.e. practice non-reaction and detachment
3. Consecrate to the spiritual Force and then forget the entire matter.

As a result of implementing these strategies together, a completely unexpected solution may soon present itself, such as another neighbor suddenly coming forward to express complaint with higher ups about the messy first neighbor bringing about a substantial tangible outcome.

Not Yet Titled

One of the Mother's specialties is that when you offer a problem to Her, She doesn't just solve that issue, but reveals others and solves them as well.

On the Utility and Limits of Mind

-[Mind's] role in the creation has been, as a matter of fact, to make things precise, to explain them, and at the same time to limit them.

-It's quite certain that when the Supramental manifests, it will replace the ... restricting mental precision [of the Mind] – a precision which limits, and therefore partly warps things – by a clarity of vision, another kind of precision that will not restrict. (the Mother, from Agenda, September 25, 28, 1968)

Higher Consciousness Perceives Multifaceted Nature of the Reality

"We don't see things as they are, we see things as we are." (Anais Nin)

It's very true. The challenge is to see things as the Reality really is. Sri Aurobindo's The Life Divine explores this very topic -- i.e. the nature of Reality, and what it is, and how we can come to perceive its true nature in 1000+ pages of metaphysics of cosmic insight. His views on the subject are unprecedented in spiritual history and if we can even have the smallest glimmer of his Knowledge, we will begin to see Reality beyond our small portal view. It requires the complete transformation of our being, including the experience of our psychic/soul nature within, so we have the supramental view of the integral Truth of things that perceives the Reality for what it truly is.

Relative Experience of Time

It is well known concept that space is absolute, but time is relative. Eg when we are busy time appears to move rapidly, whereas when we are bored or otherwise unoccupied it seems to move at a snail's pace. When we move to the spirit there are even more dramatic experiences of time. Eg when we consecrate (offer to the spiritual Force) an activity, life presents us very quickly with results that might have taken days, weeks, months, if at all, to occur. We call it "instantaneous miraculousness."

It is also said that when you connect with your psychic being, the evolving soul within you, then past, present, and future are not three separate divisions of time, but are one continuous arc of being. From that deepest poise within you can affect the past in the present, and similarly know the future in the Eternal Now.

In Her 14 volume Agenda diary we are privy to Mother's startling array of time-oriented experience; where e.g. She suddenly stopped all motion, was still for 20 minutes, and confessed to Satprem her disciple that one second had passed in her consciousness. Likewise, in a few seconds she experienced hours and days of time. It shows that through higher consciousness of the spirit we can have the relative experience of time in the extreme, something that science has only begun to recognize.

Accepting the Limitations of Others

I was reading in Mother's Agenda where She said that there is no point condemning the ignorance of other individuals, as they are in one sense doing the best they can, which is a reflection of who and what they are. If we look out on life and accept the world and others this way, it will be very helpful for one's self in our view of life, and can also have an influencing effect on others to do better.

This approach is the recognition of the Reality for what it is, which includes all planes from spirit to matter, of all forms, of positive and negative, large and small, etc. etc. When we perceive the Reality, including the necessity of all the flaws of existence within it, we have the True View of life, which in turn serves a great purpose in the world, particularly in our relationship with others, as well as the development of our own consciousness.

Not Yet Titled

Positive developments often come in bunches at exactly the same time, and from completely different, unrelated sources.

It is Synchronicity and the Interconnectedness of life.

In addition, though on the surface each appear to be unrelated to one another, from a deeper perspective one discovers profound connection, correlation among them; as well as deep indicators and prophecies of great good in future.

Not Yet Titled

For devotees the swiftness of their personal growth and evolution is dependent on how frequently and intensely they open to the supramental power via the divine Mother.

Not Yet Titled

Truly conscious individuals are constantly perceiving Synchronicities occurring around them; perhaps a dozen or more times a day.

Not Yet Titled

Inspirational Slogans we share with others are most powerful when they come directly out of our own recent or otherwise memorable personal experience. Otherwise, they tend to be brittle, evanescent, easily lost by others in passing.

Reader: Evanescent?

Response: fleeting, temporary, momentary, transitory, not solid, easily lost. In other words, the shared item has no lasting effect on the reader because it is just a fleeting mental idea rather than a deeply lived experience.

Not Yet Titled

I believe that the view of "the Reality" (as explained in Vedanta, Sri Aurobindo, et al) is the most profound conception of existence afforded to Man. And it is this that is the center of a true "Theory of Everything," that currently eludes science. If they were to truly perceive the Reality, which is the interrelated, integral All, they will have the right basis for understanding everything in their purview.

Not Yet Titled

The more we are bothered by the service we are getting, the worse the service we will get. Detachment and non-reaction has the opposite effect.

Not Yet Titled

The REALITY can be viewed as any one of these sums:

- The universe and the source of the universe
- The Being (source) and the Becoming (creation)
- The One (Divine) and the Many (forms and forces)
- All planes from matter to life to mind to spirit
- All forms and forces in and beyond creation
- The Absolute and the Relative
- The Involution and the Evolution
- The Creator and Creation
- The positive, negative, and in between
- Good and evil
- The large and the small
- The macro and the micro
- Every variation of personality
- All circumstance, events, unfoldings

- Space and time; Spacelessness and timelessness
- The objective and subjective
- The false and the true
- The ignorance and the knowledge
- Prakriti (Nature) and Purusha (Conscious Being)

In other words, the Reality = the ALL, the EVERYTHING, including their integral Connection and Oneness. All things are just different expressions of the Reality, the All.

This conception of existence can be the foundation of a so far elusive Theory of Everything. Sri Aurobindo provides that theory of everything, which is his theory of Creation - mainly the Involution from spirit to energy to matter and of Evolution from matter to life to mind to spirit.. Science is slowly and awkwardly moving forward toward what Sri Aurobindo has already posited.

Not Yet Titled

Sri Aurobindo has given the Theory of Everything that has so far eluded science. It begins with an understanding of the nature of "the Reality."

Our Illusory View of Reality

For our entire lives we have been looking in the mirror, thinking that is what we look like. But that is actually a reverse view, what is called a "mirror-image." That is an example of a physical distortion of reality. Then there is the psychological distortion, where we think we are a certain way, but others see us quite differently; in terms of our nature and character.

Then of course there is our entire conception of reality itself, which we think is one way, but is far different and more comprehensive than we think. We can only garner that view by developing a much deeper and higher consciousness. Our view of existence is therefore in many if not most ways illusory, while the true nature of the Reality in all its infinite facets is really real.

Eg Mr. Darcy in *Pride and Prejudice* has at the start a view of life that is of privilege, class, and sense of superiority. He is immersed in this life and existence. Then he meets Eliza, and discovers that love is a side of reality he never perceived before. It is a new dimension of existence.

Likewise the people around us have different views of reality that we do not have, and we are surprised when we learn a new aspect from one of them or from life. There are actually hundreds, thousands, infinite sides to existence, but we only perceive one, our own. It is as if we believe bread is the only food that exists, and continue to eat it, not knowing that there are infinite types of foods and tastes.

When we rise in consciousness, we experience more "tastes," progressively adopting additional perceptions of existence from among the infinite variations. When we reach the peak, it is called Universal Consciousness, as we perceive and embrace all aspects of being. Supermind is beyond that still. It sees the multiple even infinite sides and aspects of existence in integral unity. It is the very opposite of our extremely narrow, separative view of life, of our single side, therefore mostly illusory perception of existence.

Perceiving the True Nature of Reality

The human mind that we are born with has an extremely limited capacity to perceive the true nature of reality. Only when we move to intuition of knowledge without thought, to illuminations and lights of truth, to revelation and supramental perception -- spiritual formations of mentality -- do we develop the capacity to perceive the multi-faceted view of existence, the true nature of the Reality.

Through constant consecration, taking the other person's point of view, non-reaction, self-givingness, et al, we begin to develop an inner life, plus an opening into these higher spiritualized planes of mind, where we increasingly perceive newer facets of existence, including their integral relations.

Fulfilling the Human Aspiration

Sri Aurobindo in the first chapter of *The Life Divine* says that we are unable to fulfill the Human Aspiration for Light, Love, Joy, and Immortality because our nature is divided, which expresses through an inability

to perceive the true nature of Reality. We don't know who we truly are, and what existence truly is. It is our Ignorance born of creation. If however, we develop a higher consciousness, we overcome that division, see existence for what it really is, in all its variety and integration and oneness, and are therefore able to fulfill our Human Aspiration for Light, Love, Joy, and Immortality.

Not Yet Titled

When you are strong and do the right thing, taking the necessary action for that condition, completely different benefits will come to you that are perfectly in sync -- down to the minute -- with further positive developments on the original matter.

Example: A man had taken strong action behind the scenes in conversation with the owner to discuss the perpetual inaction of the hired property manager to deal with issues in the home complex. Several days later the owner of the property called to further discuss the issue, in which he agreed to take action as the man earlier suggested, and at that exact moment a significant check arrived in the mail that enabled the man to pay on a number of his pressing bills.

The man's strength of action in one area, not only helped solve the situation involving the property, but was synchronous with benefit in another area in the form of the payment. It was perfect synchronicity of life response down to the minute.

Embracing What Life Brings that Attracts the Miraculous

People like what they like, not necessarily what life presents them - positive, negative, and in-between. Conscious individuals see the necessity of all these things coming, and learn from it. They especially see how each negative is a reflection of something wanting inside, and therefore discover what that is and overcome it. Good or great fortune then follows. Also they seek to know what inside them attracted the positive, and they then make the effort to accentuate that quality, causing more positive to arrive, often miraculous-like from out of nowhere. Thus, everything that life brings becomes a learning experience for that individual and the basis of a higher existence. A life of wonder and joy follows.

Not Yet Titled

From our viewpoint, only the Divine is divine. But from the Divine's perspective, everything is divine.

Perceiving That Opportunities Can Emerge from the Negative Causes It to Happen In Software Incident

If you have a very difficult problem and take the right attitude about it, not only will that problem get solved, but other legacy problems that have been there for a while will also miraculous-like self-correct.

The other day I needed to upgrade my Microsoft Office software application from the 2010 to the 2013 version. In the middle of the installation the system froze. I tried to reinstall, but to no avail. Though I was not pleased with the situation, I remained steady. I even suspected some additional good could come out of this problematic situation. I then contacted Microsoft technical support, and spoke with someone who was very pleasant and supportive, but after two hours of trying also could not resolve the problem. The case was then forwarded to a higher-level expert there.

On a second call the next day, the tech took over my machine remotely and continued to try to resolve the problem. At one point they asked if I had the computer tuned recently as I had a number of issues with it. I said I hadn't, though I had noted to myself that the system ran slow on occasion, and occasionally froze.

At one point I consecrated the problem and also did my best to forget the issue, putting the entire matter fully in the technician's and the Divine's hands. A little while later I saw that the system was beginning to install properly. When it completed, I thanked the technician and began to use the upgraded software. It turns out that not only was the upgrade now running very well, but I also noticed that the entire computer was also running faster! When I explored further I saw that many software add-ins acquired along the way had been removed, one of several reasons why the systems now ran so much better!

I was startled by this turn of events but somehow not surprised as I knew of the wonders of the spiritual Force, as well as the power of not reacting to a negative situation. Actually there was more in this case,

as I had consciously thought about the fact that additional positive outcomes can come out of a negative situation beyond resolving the immediate problem, which is precisely what happened when in essence I practically acquired a brand new computer!

Not Yet Titled

"The rival outwitting you announces that you need a better strategy, rather a positive one." (Sri Karmayogi)

E.g. let's say a person who is negative in our relationship with them rises to the top, leaving you behind. That negative can serve as a positive spur to respond, not just with a better strategy, but with a more positive one. A more positive one is one enriched by an appropriate higher value, or a deeper spiritual method, -- such as harmony of being, re-commitment to the ideals of the organization, patience, cheerfulness, non-reaction, consecration, etc. -- which evoke a response that will take you beyond the other difficult person's status, depositing you at the highest levels of success.

Not Yet Titled

On the surface the spiritual aspirant appears to be on the way to great achievement, but in the depth he is actually on the way to profound transformation

Reader: Mind is surface?

Response: The mind can be on the surface or in the depths. On the surface it has a superficial understanding of conditions; not penetrating into the truth of things. In the depths, the mind is aware of a deeper causality, purpose, meaning behind things. Through a rising consciousness, the deeper understanding comes.

Not Yet Titled

Ordinarily, it's best to avoid direct confrontation when there are problematic issues. Better to work with back channels, and more measured, thoughtful approaches. Best if one can change the outer situation through inner means, -- such as greater psychological strength, non-anger, non-reaction, seeing negative correspondence to one's self etc.; whatever life is requiring of you -- if you are capable of doing so. The outer, life response results will prove which is the best strategy in your situation.

Not Yet Titled

The mind can be on the surface or in the depths. On the surface it has a superficial understanding of conditions; not penetrating into the truth of things. In the depths, the mind is aware of a deeper causality, purpose, meaning behind things. Through a rising consciousness, the deeper understanding comes.

Not Yet Titled

Capacity for expectation will cease if the capacity for initiative ceases. (Karmayogi)

There are those who constantly have expectation about the outcome of the matter they are engaged in - whether a work, romance, venture, project, meeting, act, etc. They cannot control their urge, as they get ahead of themselves; and worse still, their expectation delays or cancels the potential outcome.

We can overcome this urge through self-control, but that is not so easy when one has lived like this all one's life. Here Appa offers a way out by asking us to practice non-initiative. I.e. wait on life to come to you, instead of initiating on your own. If you are able to do that, then expectation and its various symptoms (including impatience, verbalizing the outcome too soon, asserting that it will happen, etc.), as well as the negative life response that normally follows will naturally fall by the wayside.

Reader: Question: If we are involved in sales, how does waiting for life come to us work? In terms of outreach, etc. Or is this the genius of inbound marketing?

Response: In a practical sense waiting on life's initiative is not normally for sales because that is the job itself - to be self-starting and get customers. Likewise, garbage collectors don't wait for a request to collect; it is their job to collect, just like sales to sell.

However, even in sales we can learn to attract the market from within. We can eg intensely focus our goal, offer it to the higher power, forget it and see if that attracts a life response result. In many companies over the years we have advocated that they increase their level of cleanliness and orderliness internally to attract the market, i.e. evoke customers. It works almost unfailingly! There are other means as well. It is a shift from outer initiative to its inner form. Any organization is fully capable of doing things internally that can bring the market to them, without spending a dime, on say advertising.

In sales for the entrepreneur she can discover all those things inwardly that have the power to bring her top, breakthrough clients and customers. Eg a single change in a negative attitude - toward others, work, or life - can have that effect. Developing inner strength, inner commitment to high values, focus, faith, etc. can do the same.

Thus inner strategies can to be devised for each entrepreneur or each company that can evoke a response, which returns to us as Life's initiative and opportunity that we can respond to.

Additional:

We often advocate that the company seriously examine the changes in society and try to catch that wave by targeting new services to meet it. If we took a deep Interest in discovering that and focusing it as a goal and consecrating it, we can attract perfectly appropriate customers in that area. It is a profound concentration on the Idea that can bring the world to us.

Man's Inner Effort Enables New Regulations To Spread To The Collective

We know that when there is a big problem and we give it due diligence while consecrating the matter, Mother will act and help us resolve it. In many cases, not only will that happen, but the result can spread to the collective, having that same effect on a number of people around us; even to the entire community.

A tenant noticed that his living complex had become filthy and overgrown due to the inattention of the manager of the property. However, rather than confront him, he narrated the information to the owner, and even picked up a bit of the litter as a token gesture. Several days later, it was clear the manager got the word, and people were brought in to help clean up the mess. The tenant was pleased with this outcome ... but there was more.

The very next day he opened the major newspaper for the region and saw a headline that indicated that the city the man lived in (Long Beach, California) had finally decided to consider instituting regulations for upkeep of all rental apartments by their owners, -- including electrical, plumbing, heat, trash, general upkeep, etc., -- something this city alone had been lax to do and wholly negligent in. Now suddenly there was a public outcry and movement in the community to institute these fundamental regulations; something hardly ever mentioned before.

Because the tenant had consecrated the problem, did not react negatively to the difficult situation, made use of the right channels, and even made a token gesture to clean up the mess, the solution spread from his own small living enclave to the city of half a million!

Conscious-Force

At each point we become more conscious, we are simultaneously unleashing a bit of the absorbed, involved, hidden Conscious-Force within us. The Conscious-Force (chit) is the cosmic energy that has its origins in Supreme, and has become buried in life through the Involutionary (creation) process. At each point that seed unfolds, there is growth in consciousness; even evolution; for ourselves and the world.

Comment: The compulsion for the seed to come out is two-fold: through our higher consciousness, as well as from the influence of the supramental Force above. In essence, we re-embody in life the Conscious-Force of the Supreme, the Divine that is the origin of existence. The universe filled up with Conscious-Force is therefore the purpose of existence.

Not Yet Titled

The universe filled up with Conscious-Force is the ultimate purpose of existence.

Comment: Sri Aurobindo says it is in fact our, the universe's Destiny.

Reader: Our universe could also be a sub conscious to somewhere existence in a billions of galaxies!! (time 8.30 pm) thank you for a propelling thought.

Response: I believe knowledge of All aspects of the Reality, not just the material, are subconscious to us.

Not Yet Titled

Contrary to many people's view of things, the Ideal can be looked upon as the ultimate Practical.

After all, what has had more practical effect than such Ideals as freedom, liberty, democracy, true individuality, entrepreneurial spirit, women's right, and dozens of others?

And what of the ideals today that seem to be only wishes and values that can become tomorrow's ultimate forms of the practical; such as Human Unity or Spiritual Realization and Transformation? Imagine their practical effect on the world.

Not Yet Titled

Consciously restraining ourselves from taking a particular action can have an effect on others to come forward and take on that very same effort. And it can surprise you just how well they do it.

Comment: An individual had participated in a public forum on spirituality in life for a number of years. He often read what the leader posted and then occasionally would provide his own detailed comments on that subject matter.

One day the chief contributor posted a new essay, but this time the man consciously decided to hold back and not give his comments. A couple of days later he went back to the site revisiting that particular post and discovered that another very informed individual had given his own extensive comments on the same subject. In fact the way he arranged his comments were very similar to the way the man ordinarily did, plus his words were exceedingly insightful.

The man understood that by withholding his response, it attracted someone else to step forward and provide rich, penetrating insights that were equal to if not superior to his own.

Not Yet Titled

Karmayogi asks us to have Patience as if we had all Eternity to bring about our aspiration, yet practice those inner behaviors that attract such results to us very rapidly. It is a wonderful challenge to develop this right relationship to Time and Accomplishment.

Not Yet Titled

True measure of successful work in one's day is the degree to which we evoke positive response from life. No evocation is pretty much a wasted one.

Not Yet Titled

We humans are for the most part adept at getting at the physical/material root cause of problems; less so of the psychological and spiritual sources. This indicates the scope in front of us for creating a better world, including our growth in consciousness as a species.

Not Yet Titled

Behind the physical/material cause is the psychological, and behind that is the evolutionary, with the Spirit (self within and transcendent beyond) being life's ultimate determinate.

Right Crossroad Decisions Attract

There are dozens of tiny crossroad decisions one negotiates in the course of the day. If in any given instance you take the positive path, as opposed to the negative, life will quickly respond in your favor.

For example, you are walking down an aisle in the store. There is a clerk loading goods who is in your path. You can decide to be irritated by that person or not. Better than that you can say "excuse me"

with positive intent when you walk by. When you do so, you immediately discover that what you had hoped to be available is. In fact, it far exceeds your original expectation.

A day filled with right crossroad decisions will convince you of the power we have within us to make life respond on a continuous basis.

Restraint from Meeting with Friend Attracts Conference's Enormous Success

An associate of mine was about to participate in an important conference in a nearby city. Normally he travels throughout the world to give his presentation, but this time he happened to be participating in a gathering nearby.

I had not met with him in over a year and could have easily been overeager to see him. Though he emailed me and left his hotel information, I held back and practiced restraint, since there really was no other compelling reason for our getting together. In light of additional time constraints and other factors I thought this was the best approach. Plus I felt this could lead to positive consequences.

A week or so later my colleague informed me that the conference had gone exceedingly well; far beyond his expectations. He energetically told me that he had met a number of very interesting and influential people who were deeply sympathetic to his own aspirations in his field. He went on to tell me about other marvelous and most unexpected developments at the conference.

In retrospect I felt that my restraint helped evoke these wonderful results, reminding me once again of its extraordinary life response power.

Not Yet Titled

You rise to the heights of your self-giving.

Self-giving raises one to its maximum. (Karmayogi)

Reader: Sir an example please

Response: The more you give to others, the more you get back; ie the more life returns the favor with good fortune.

Eg instead of merely servicing your customers, you think about what they really could benefit from. You then develop a strategy to make that happen, and then execute it. That evening after the first day of implementing your plan you unexpectedly receive a call from a new client that has the eventual effect of doubling your income.

Reader: Thank you Sir. But there is a saying don't help others unless they ask for it.

Response: That is also true in many instances. But only taking that approach with say our clients, can be ruinous; as others can swoop in with better, more active service. Going the extra mile is an example of this.

Self-givingness is a movement of the heart and soul, where one thinks of others before one's self; of benefit to others rather than benefit to one's self, though ironically it attracts great benefit to ourselves as well as well, as Karmayogi indicates, and which is my common experience.

Mostly we live in selfishness and ego; concerned about ourselves and our own issues alone. Just becoming aware of such negative propensities and overcoming them will increasingly move us toward self-giving behavior. In the meantime we have a lot of work to do; both on the negative and positive side!

Not Yet Titled

In a conflictive situation with another if you withdraw your position or assertion or action, and accept the other person's point of view and then forget the matter without any emotional attachment, at some point soon thereafter the other person is bound come around to your point of view, even acting as you would have in the first place. It is the life response power of non-assertion, taking another's viewpoint, withdrawing attention, and silent will all wrapped up in one.

Not Yet Titled

Education is rapidly making us more mental and psychological in nature, instead of merely physical and vital (which is where most people are centered). Education that offers deeper insights into the Character of Life and the nature of Reality can also make us spiritual in nature. That New Education and knowledge is just starting to arrive on society's shores.

Not Yet Titled

The great tragedy of the modern era is that with the end of the Cold War the world has not taken advantage of that vast opening for positive change.

The Web of Life and Life Response

The Mother here describes the essential makeup of reality and the interconnectedness among things that enables the phenomenon of Life Response to take place:

"I have a curious impression of a kind of web -- a web with ... like very loose threads, I mean not tightly meshed, connecting all events, and if you have power over one of these webs, there's a whole field of circumstances that apparently have nothing to do with each other but which are linked together there in such a way that one necessarily implies the existence of the other ... And I have the impression it's something that envelops the earth.

And it's not mental. They are circumstances that depend on one another, in a completely invisible way outwardly, without any mental logic, and yet as though connected to one another.

If you are conscious, really conscious of that, that's how you can change circumstances."

Not Yet Titled

We rarely consider that the past has determined our present, even as our present is determining our future. We are too caught up in our current moments to consider it.

Not Yet Titled

Through consecration we can reverse the negative influences of the past on our present, as well as assure positive outcomes in our future.

Not Yet Titled

Society's problems are rapidly accelerating, and yet there is no one in control. A degree of global governance - such as a World Parliament - can begin to solve the problems of society collectively.

Comment: -Individual nations cannot solve their problems because they are increasingly global in scope.

-A degree of World Governance is a critical stage that Sri Aurobindo advocated on the way to World Unity and a Divine Life on Earth.

-Global governance would have teeth to pass legislation for the world that is binding, like one would see in an individual country.

-it could tackle issues like mass poverty, disease, unemployment, stagnant wages, radical income disparity and distribution, nuclear proliferation, weapons proliferation and profiting, financial speculation, ecological disaster, global security, terrorism and fundamentalism, etc.

-Such Global governance would not mean the end of the identity of each nation. In fact, the first law of global governance would be the sovereignty, integrity, and true individuality of each nation.

-In toto that is expressed by the deep spiritual value "Unity in Diversity", extending India's motto to the world.

-That body can have as its fundamental value a Human-centered economics, not money-centered as it is now

-Money should serve humanity; not the other way around as it is now

-A Human-centered economics and world would be the New Paradigm of existence

-It is a progressive stage on the road to Human Unity, which itself can usher in an infinitely creative and dynamic spirit-based life on earth.

Not Yet Titled

Money should serve humanity; not the other way around as it is now. The financial crisis that almost brought down the world economy is proof of concept. Moreover, it can repeat in future, though in different forms. When we develop a Human-centered economics instead of the current money-oriented one, such convulsions can be avoided. This is the New Paradigm of economic and social existence now offered to the world.

Reader: And heart centred!

Response: Yes. Heart centered is Human centered in its higher forms.

Human centered serves human needs - like right to a good job, health care, real opportunity in the society, environment of individuality, security from harm and a stable economic life, etc. etc. It is the human being at the center of life, which should come first, rather than money, power, materialism, etc.

Heart centered is a higher emotion, a spiritual quality that can foster human centered life, bring it to its full flowering. Heart centered is ultimately spiritual in nature as there is deep identity with others, feelings of compassion, self-givingness at all levels without expectation of anything in return; as well as humility and reduced ego, which are all spiritual values.

Human centered may very well begin as a shared mental value, an expression of a powerful idealism that can mature into its ultimate form through a heart-centered, self-giving, spirit-based environment.

Not Yet Titled

The problems of the world are too great to be solved by any individual nation. Since they are global in scope, they need a global, collective response.

Not Yet Titled

Inner stillness is the solid basis for attracting great success when engaging in outer action.

Not Yet Titled

We live on the surface of life; not in our soul, our immortal being. Therefore we are unable to perceive the true nature of Reality.

Not Yet Titled

All of our past is with us now, including all that has been learned from our past lives, which we take with us now for our further growth in the future.

Comment: When we connect with the depths, our true self and being, we come in touch with all the accumulated knowledge that our psychic entity has acquired through multiple births.

Not Yet Titled

It is the aspiration of our Soul that is creating the circumstances of our lives.

Comment: The evolving soul (psychic being) has entered ourselves in this life/birth so it can continue its Journey to evolve; learning something uniquely new through our experiences. Thus this True Self within us is urging, compelling us to move in certain directions, meaning that it is a great determinate of our existence.

And yet that entire process is normally subconscious to us. However, when we discover our Deeper Center we more clearly perceive this cosmic dynamic. Now we have truly awoken to life.

Not Yet Titled

Living on the surface we think we are determining our lives, but the real action is occurring in the depth of our being, in our evolving soul, which is truly influencing, even determining our existence.

Reader: If we carefully observe then we can also generalize the thought patterns, behaviour patterns of people and categorise them however people at individual level think that they are unique which is not true for most people.

I guess we are a part of a bigger movement just like small particles floating on tidal waves

Wow I am thrilled just after writing this I saw your post "we think we are a stream.....". Is thus what u mean by synchronicity??

Response: When we are in Ocean consciousness - as opposed to stream - we perceive an infinitely deeper and wider existence, which enables us to perceive subtle unfoldings including a continuous flow of life responses, synchronicities, parallelisms, etc. Our wider existence thus moves into identity with the infinite existence that is the Reality, which is Ocean consciousness.

Not Yet Titled

Every person's ignorance, wrong attitudes, bad habits, misguided beliefs, etc. serve a purpose in the evolution; as it's a starting point and basis for us to go forward.

That way we can be more tolerant of others. Not so much to admire their ignorance and other negative qualities, but to realize it serves a purpose, is a condition and basis for their further growth.

Not Yet Titled

We think we are the stream, but we are really the ocean.

Not Yet Titled

When we are in Ocean consciousness - as opposed to stream - we perceive an infinitely deeper and wider existence, which enables us to perceive subtle unfoldings including a continuous flow of life responses, synchronicities, parallelisms, etc. Our wider existence thus moves into identity with the infinite existence that is the Reality - which is Ocean consciousness.

Not Yet Titled

Very often pending work instantaneously becomes booked work when previously booked work is undertaken; not a second before.

Not Yet Titled

Irritation towards another's alleged misbehavior leaves one prone to absent-mindedness and therefore physical mistake.

Not Yet Titled

Increasing awareness of negativity in one's thinking and feeling is a sign of a rising consciousness.

Not Yet Titled

(a poem of mine from 2008)

Carrying Forth

We all live on the skin of the earth.

We all dream in the sky of mind.

Down the dark corridors, and up the white path,

We journey on roads to unknown places.

On the chapel hill, beside the broken urn,

In the hourglass of eternity, we slip through forests of dreams.

Incalculable unknowns, incandescent notions,

We carry forth the ideal of the past,

Discarding it at the foot of the Golden Hill.

Beyond Eye for an Eye to Global Collaboration

Is the world still in eye for an eye mode?

I believe that most of the democracies are not, which is over 90% of the nations. That tit for tat mode more or less ended after World War II.

The problem is that Middle Eastern and parts of North Africa have not evolve over the last 500 years, personified by their backwards ways and lack of democracy.

That multifaceted conflictive condition there can easily be resolved if the countries of the world work together to overcome it. The truth is that the powers that be have not taken advantage of the end of the Cold War which opened up a great window of opportunity. Instead nations drew inward and then became oblivious. The problem lies there amongst the great powers, as much as with backwardness in the Middle East and environs.

The world is rapidly moving towards higher harmony, but it is not readily seen on the surface. In part that is due to the fact that media only presents conflict, avoiding the facts. We now know that Violence is down 90% since World War II, 50% in the last 10 to 20 years, and continues to radically decelerate. Media only accentuates the negative, even as the negative is actually decreasing over time.

Other problems like unemployment, poverty, financial speculation, environmental degradation, nuclear and other weapons proliferation, etc. are still outstanding, pressing issues. And yet all can be successfully addressed through collaborative effort of the nations.

The Internet is sign of an evolving consciousness, which is accelerating behind-the-scenes, as we are becoming more mental beings. As we continue to educate ourselves and work collaboratively to solve global problems, progress will follow. The problem just now is that the problems are increasing, yet no one is in charge. A form of active world governance with teeth would help legislate change in the world. It's time to truly become a global society, one that deeply respects the individuality of each nation. Unity in Diversity can thereby become the global motto.

Comment: "What is the fate of these non-evolved religious nations?"

Prosperity that moves them away from fanaticism and towards rationality. Education is the topper. The nations of the world working collaboratively, devising plans for improvement can help create that prosperity.

Not Yet Titled

People often think with their emotions, which invariably leads to faulty logic.

Not Yet Titled

Each time you accept what you were reluctant to do, life will respond in your favor. And each time you "go to the well" and utilize that new thing again, it will continue to respond positively. In addition, if you harvest more of that thing - whether it be new types of people, resources, actions, etc., - it too will evoke that same powerful positive effect. It can be summed up as the life response power of embracing needed change, instead of thwarting or ignoring it.

Not Yet Titled

Argumentativeness energizes opposition. Silence energizes agreement

Not Yet Titled

Sri Aurobindo indicated that human unity and further on a divine life on earth are a fact and certainty that are bound to occur. It is the plan, purpose, and eventuality of evolution. It is then only a matter of time; of how quickly we embrace that outcome.

Even there the supramental Force can act ON ITS OWN and create those positive conditions without human collaboration. New developments can suddenly burst forward, as the hippies suddenly did in their time or the Renaissance in theirs. Internet is an example in ours. Another unexpected development

power of Attraction interest; aka Life Response phenomenon awareness and experience. New, untold possibilities and realities will constantly reveal themselves, as we stand back in wonder.

Sri Aurobindo tells us not to listen too closely to the naysayers, the soothsayers, the doom and gloomers, even the blind optimists for "It is the Hour of the Unexpected."

Not Yet Titled

"Offer the opportunity, patiently wait until it is asked for" seems to be the formula. (Sri Karmayogi)

Yes, when the opportunity comes offer it up to the Force, the Mother. Then patiently wait, rather than pursue, allowing the opportunity to materialize into something real that is requested of you. You will be informed of that reality, work, etc. at the appropriate time. This overall approach creates maximum results. Life response dynamic (sudden good fortune) will constantly be there.

Not Yet Titled

That which bothers you now will bother you more in future as a result of your current bother.

Not Yet Titled

Restraint from action that is also without expectation evokes supramental-like results.

Karmayogi's Comments on Affecting The Collective

In response to my efforts of consecration that evoked a response that helped end the energy crisis of over a decade ago in California (2001), Sri Karmayogi added these powerful insights at the time:

1) Mother's Consciousness is universal. Any act done in it spreads. That can be our understanding. Even to confirm that understanding one has to look at his life earlier.

-- As a thought, it becomes public opinion.

-- As an emotion, it stirs up the population.

-- As an action, Govts. act accordingly.

2) It is worth listing all such correspondences on the discussion forum as one man's action is really collective action avoiding personal reference.

3) In a country of general abundance, shortages quickly correct themselves. Good health fights diseases better. The whole pulls up the part as water level disturbed by depression at one point quickly restores itself

4) Bush is voted for. He represents wealth, not only that side of wealth that is abundance, but that which measures its own greatness by the distance between the poor and rich.

5) Fighting -- confrontation -- for rights raises the spirit of the cause

6) This is really not a shortage. It is a symptom of prosperity. Shortage arises from the confrontation between administration of several states, a problem of growth, not scarcity.

7) The dramatic response is:

-- California's response to Mother.

-- USA's response to social evolution.

-- A response to the website of Roy evoked from life.

-- a direct consequence of Roy's consecration.

8) It is an occasion to study the process of life responding:

-- it responds to existing structures.

-- it responds by modifying the existing structure

-- it responds ONCE through an inconceivable circumstance created by Mother for this occasion (Supermind does not repeat).

9) In time, this Forum [Growth Online] can become a SITE available to all and serve as a centre to evoke the response of humanity to Sri Aurobindo and The Mother.

--brings the benefit, with hardly any effort on our part. (I.e. life cooperates fully.)

Not Yet Titled

Unwillingness to make the required effort keeps the benefit away. Giving up the unwillingness and acting, quickly

Utility Of Conflict For Progress

Conflict secretly serves to enable greater unity and levels of success that had never existed before. That transition can occur slowly through Nature's difficult path or more rapidly through growth of consciousness of one or more of the parties amidst that challenging situation.

Examples:

- Problem with Greece can secretly serve to strengthen and deepen the European Union.
- WWII served to accelerate new forms of unity among nations, democracy spreading around the world, and the end of colonialism.
- California Energy Crisis of 2001 led to greater awareness of and dramatic rise in alternate energy supplies.
- Darcy and Eliza's deep conflict in *Pride and Prejudice* enables their deepest fulfillment through love of one another.
- Financial crisis in America and world (Great Recession) can serve to usher in a new human-centered economics.
- In Garry Jacobs' novel 'The Book,' the trials and tribulations of the main characters leads them to enormous, unprecedented success.
- A man's conflict with his boss enables a middling sales rep to become the top performer amongst a large group of his peer sales professionals
- All of our own personal difficulties and conflicts can be seen in retrospect as key stepping stones to our greater successes and fulfillment.
- Etc.

Note: The conflicts, contradiction turn to unity, complementarity when there is a rise in consciousness of one sort or another among the parties brought to bear.

Not Yet Titled

Negatives tend to vibrate forward in time producing new iterations of itself. And yet a higher consciousness can be brought to bear that cancels such repetitions, eliciting the light.

Not Yet Titled

As life organises and spreads its mastery, it will do so in many concentric circles, particularly two – the inner one where there will be no flaw and the outer one where flaws exist but in diminishing fashion. (Sri Karmayogi)

Yes, the inner is the psychic being, the soul and spirit in Man, which is flawless. The outer is the material, the life we perceive and experience around us, which is filled with the positive and negative together; but through higher consciousness we bring to bear becomes increasingly more conscious over time.

New Global Values that Can Save the World

The fact that American society is polarized into two political camps and are fixed there indicates it has not yet found the higher harmony of the way forward. This is true of many other nations as well.

Each side has a part knowledge and a part ignorance that can be resolved with new ideas, new values that transcend both.

It also indicates that individual nations are not capable of solving their problems as they are really global in nature and therefore require global-oriented solutions. That would suggest global society needs to develop higher values that can serve as a basis for progress of the world.

It can begin building that New Paradigm of existence by entertaining the idea of a Human-centered economics and society instead of a money and power oriented one. It would be the beginning of the development of a marvelous new world; for each individual nation and society as a whole.

Not Yet Titled

As the center of our consciousness shifts from the surface to the depths, the hidden Conscious-Force (Chit) of the Divine within us emerges on the surface.

Not Yet Titled

Let's not be too eager to condemn others because from one perspective they are simply what they are, steeped in their own particular brand of ignorance (just as we are), which is in one sense their own current best.

Not Yet Titled

Compassion is in one sense the capacity to accept the ignorance of others.

Not Yet Titled

The intersection of the macro and micro is our own individual Soul. It is the cosmic Spirit embedded in us; a ray of the Divine at our center; the Psychic Being and evolving entity within.

From that profound inner consciousness, Life is experienced as a never-ending wonder. From that nexus of being we experience a myriad of spiritual qualities - including peace, truth, goodness, knowledge, joy, love, timelessness, and infinity.

Not Yet Titled

We humans exist in infinite variation so that we can each have our own unique experiences of Spirit's infinite variety of expressions.

Not Yet Titled

Human potential is infinite because we are in essence Divine, which Itself is infinite.

Not Yet Titled

The goal of life is a progressive unfolding and an ever-increasing experience of Delight of existence

Not Yet Titled

We experience the intermingling of Spirit's infinite variety of expressions as Human Values.

Not Yet Titled

It is much better to Become than to worship - whether deities, divine beings, even Mother. It's out of laziness to change that people worship others. (The Mother, paraphrase)

Not Yet Titled

The body knows the positive or negative outcome of upcoming circumstance before the mind does, which has to wait. It indicates what is to come through well-being or ill health.

The more complicated a problem, the greater the urge and capacity of a technology to move forward.

Not Yet Titled

We admire great physical feats we observe, but we ignore great mental feats and ideas that have ten times the effect on the world. It's because we are predominantly physical in nature, -- i.e. surface and sense-dominated, - plus vital; not truly mental and ideative.

Reader: That is why a sports person gets more footage on television than anybody else

Response: Yes, physical possessions, as well as a physical outlook on life.

Reader: We need to focus on the inner and the outer will change in line with our focus.

Response: Yes

Not Yet Titled

Catch and consecrate any feelings of impatience or failure or despondency or others' alleged indifference. Life will quickly turn around in your favor.

Not Yet Titled

If you follow the subtle signs life is presenting, you will always be taken to the right place.

Comment: i.e. with the best outcomes.

Not Yet Titled

A negative situation seriously probed reveals additional negative conditions, which means greater opportunities for improvement. Thus, negatives are truly great positives in disguise when addressed in the right consciousness.

Complete Knowledge Now

In ordinary life to know something in full you can draw on your own limited knowledge, or ask others about it, or discover the information from other sources, etc. etc. With all that effort you might still only know a fraction of the truth of that issue or matter. In Supermind you know all of that matter, all you need to know in a flash without thought as it simply appears in your mind intact. It is A New Way of Living that Sri Aurobindo says awaits us; a leap beyond our current capacities to cognize the truth. Consecration of the matter or issue -- opening to the divine Mother and Force -- makes that possible for us now in the interim.

Not Yet Titled

Life does not ordinarily come to a person with a vast opportunity, which one takes up, after which we are quickly propelled to the heights. Rather it often comes in a modest way; through a relatively small opening that we may or may not appreciate; that we are secretly implored by life to respond to; and if we do, it can suddenly blossom into something enormous. The universe is thus testing our consciousness at the front door to see if we are a candidate to be taken to the stars.

Not Yet Titled

Life is always, above all seeking to bring about our further growth of consciousness. To the degree we make the necessary change in our nature, we fulfill life's intent, and in that process move up to the next level.

Not Yet Titled

US president Franklin Roosevelt was simultaneously idealistic, optimistic, practical, and strong, making for great character and leadership power that enabled the country to overcome the Great Depression and win the Second World War. How many of us can say we have all four of these qualities, let alone one?

Not Yet Titled

To live in the moment yet still be conscious of the eternity of time is one expression of divine existence.

Not Yet Titled

Supramental consciousness is to perceive any particular thing, idea, or activity in relationship to its wider existence; to its Source. It is analogous to perceiving the stream, not just in of itself, but in relationship to the infinite ocean of which it is a part.

Not Yet Titled

It is ironic that Patience, which allows for the widest unfolding of time, elicits the shortest path to our goal.

Comment: I.e. life always responds quickly and positively to patience.

Reader: I can certainly testify to that!

Response: Impatience can be due to one's obsession with achieving one's goals. "Obsession" should be for positive consciousness we bring to bear each moment along the way. Or to put it another way, to live fully and positively in the present moment without negative interference is the True Goal. Hence the famous expression "the Journey is the reward." Everything then takes care of itself, including the original goal, which is royally fulfilled, or leads to something much greater.

Consciousness Responsibility

Taking responsibility for a problem we are directly related to instead of complaining about or blaming another person is always a helpful tact to take. And yet there is an even wider, more universal form of this approach. We call it "consciousness responsibility."

In this form we take full responsibility for conditions beyond our own selves to those of the group and wider collective -- such as the family, community or organization. When we take such responsibility, taking the appropriate inner or outer action to rectify the problem -- such as intense aspiration for improvement or consecration, -- life quickly moves on behalf of all.

One example is a high level executive in a company who takes consciousness responsibility for a serious problem that crops up in the organization; including those outside of his level of authority. When he makes the right inner or outer effort - such as an aspiration to improve the situation or actively takes a physical action -- the problem is solved for all.

Consciousness responsibility can even go back in time, to problems from the distant past. When we take responsibility for solving a collective problem from long ago, we too will attract positive conditions, including the cancellation of the negative influences of the past on the present lives of the group.

Thus, consciousness responsibility enables us to become more universal in nature. We shift from our limited selves to a wider sphere of existence. As a result, we gain access to enormous inner power over the collective life.

Not Yet Titled

Impatience can be due to one's obsession with achieving one's goals. "Obsession" should be for positive consciousness we bring to bear each moment along the way. Or to put it another way, to live fully and positively in the present moment without negative interference is the True Goal. Hence the famous expression "the Journey is the reward." Everything then takes care of itself, including the original goal, which is royally fulfilled, or leads to something even better.

Not Yet Titled

Mother knows our past, present and future, and their integral relationship. Thus, She perceives exactly what is right for us and what we should do at any moment of time. On the other hand, we barely know our present, which means we have little insight on what to do next.

However, through consecration (opening to Her supramental Force) and the development of a deeper consciousness, culminating in our soul and psychic being, we can begin to develop our own mother consciousness, which will reveal the secrets of our past, present, and future, giving us an extreme capacity to do the right thing.

Technology is a means, not an end. We often get more excited about developments in that area than the Deep Values that drive life and have real sustaining power over human existence. To reach that point of understanding and realization requires us to make the evolutionary journey from the material to the Real and Ideal.

Not Yet Titled

Not always, but very often true Love comes not when you're looking for it, but when you aren't.

Unintended Consequences of Ignorance and Hypocrisy

One principle of Life Response is that if you undertake an action with good intentions to solve a problem or improve a situation, but make things worse, it is an indication that you have that same or similar issue within yourself.

A good example of this has been US attempts to improve things in the Middle East and elsewhere, that too often ends in confusion, failure, and unintended negative consequences. The reason? The US has over 200 million guns in the people's possession. How can a country eradicate violence elsewhere, when at its very foundations is rooted in the instruments of violence?

Ignorance and Hypocrisy only attract the opposite of one's intent. It is a cruel lesson that every people must come to understand, as well as every individual.

Comment: We see instances where life responds negatively even when we have a positive intent. It is because, as the above post points out, our own consciousness is at odds with our intention.

(From another perspective, Nature compels us to act in error so we can become self-aware.)

Not Yet Titled

The recent murders of the blacks in the church in South Carolina (which precipitated the post) is another reminder of how guns lurk behind the consciousness of America. Each time such tragedies happen, it reminds us of the vast problem USA has with guns, not to mention weapons proliferation.

Not Yet Titled

One remark Garry Sir or one of his aides have said of late is how US can lead the world in nuclear weapons reduction, when it maintains a vast cache of gun supply in the country. Other nations subconsciously take note of the fact and therefore wish to have those horrific weapons as well, as they feel no moral compulsion from USA.

Thus we see how life response happens – positively or as in this case negatively – in response to our negative proclivities; and how it acts counter to our intention.

All of history can be explained this way, as also can be seen in literature and film, in companies, in families, in any collectives, as well as in our own individual lives.

Not Yet Titled

When we have a number of pending activities to do, and we make a firm decision to do at least one, Universal force will provide us with the energy, power, positive atmosphere, wherewithal, etc. to do the other activities as well. Life starts moving on our behalf if we start doing at least one. (paraphrase of KL)

Not Yet Titled

The world, society demands of us that we move faster and faster. How can we keep up? If we practice spiritual methods like consecration and overcoming negative attitudes, the future will move into the present, and we will accomplish a month's worth of work in a single day. That way we keep up with society's demand for quicker movement; even far exceed it!

Not Yet Titled

Man wants to be successful somehow.

Instead, he can try to be HAPPY at all costs. (Karmayogi)

Comment: Happiness, Delight is the reason for the universe. It is the reason for Life, for our being here; to experience Ananda, Joy, Delight of being in all aspects of our lives.

We think happiness will come about by being successful. But success, though certainly a good thing, guarantees no happiness at all, or even fulfillment. It offers no guarantee of fulfilling Life's and the Divine's purpose, which is the experience of Joy, Delight of being.

And yet to achieve such ongoing happiness and Joy requires elevation of consciousness on our part. It requires us to change our wanting ways, which will shift us out of the Ignorance and into the light of Knowledge and Truth. That will enable us to perceive the world from the highest perspective, to see the Reality for what it is, which energizes us and gladdens our heart.

For devotees, opening to Mother on a regular basis creates constant Joy, especially when it leads to the development of an ever-deepening center of our being. Calling Her from there brings continuous experiences of Ananda, even Ecstasy, which no work, even a very successful one can match in intensity.

Not Yet Titled

Problems ignored will compound.

Comment: Example: US never collectively addressed the problems of poverty, unemployment, stagnant wages, et al for the Lower Class. As a result, not only has it festered, but via the financial crisis (Great Recession), the problem has revealed itself to have spread to the Middle Class as well. Their wages have also stagnated over the course of the last 20 years with NO increase when taking inflation into consideration; an astonishing fact. Now the US Middle Class does not so much worry about rising to the Upper Classes in terms of wealth, but not falling into the bottom; a great reversal in attitude.

That is what happens when a problem is ignored. It festers and spreads. It is a negative life response to inaction; to lack of collaborative effort of the society to solve an egregious, festering problem.

Reader: in our regular life also, problem ignored will come back with more force

Response: Yes, it's true. There are so many examples. E.g.-

-In Pride and Prejudice Mr. Bennet over time ignores the rearing of his daughters and thereby invites the elopement scandal of his youngest daughter.

-In schools we allow bullying by students, which over time causes the bullied child to lash out and go on a violent rampage.

-We don't address the debts that pile up in our lives, until one day when income becomes scarce, our entire financial position collapses.

-We ignore the lies of our spouse, until one day it overflows when we discover that he has betrayed us.

-We allow our children to engage in the most egregious behavior, until one day a serious incident occurs at school that is embarrassing to all parties.

-We do not address our poor eating habits, lack of healthful exercise, which causes our physical condition to deteriorate over time until it becomes something serious.

These ignored, compounded problems are due to the inertia of the physical consciousness; or to fear, procrastination and other dark qualities in the vital; or to the foolish or stupid ignorance of the mind.

Not Yet Titled

How the US and the West in part responsible for WWII and the Cold War:

-Financiers in America speculated wildly, which led to stock market crash, the onset of the Great Depression, the destabilization of the world economy including the democratic German Weimer Republic, which caused Hitler to come to power. In other words, US financiers' greed evoked the evil.

-The West interfered, meddled in the Russian Revolution, causing the authoritarian wing of the Soviet to take over, reinforced by the rise of Stalin, and the great economic, social, and nuclear divide of the Cold War.

It demonstrates a cardinal rule of Sri Aurobindo: that good comes out of evil; and that evil can come out of good as we see in these two historical cases.

Not Yet Titled

Man wants boons, blessings from his God or deity, but does not want to change his own nature. It can this be thought of as selfish Spirituality.

Comment: Even when opening to Mother, Her Force comes to us to the degree we are receptive. Receptivity is enhanced through growth of consciousness. Thus, boons, benefits coming to us from Her are inextricably tied to our level of inner development.

The seemingly intractable problems of the world are not that of scarcity, but of right association and distribution, which can come about through the value of Harmony. E.g. there are an estimated \$250 trillion in liquid financial assets in the world; yet they are in the hands of a relative few. Let us recall that Sri Aurobindo said that all problem in life are problems of harmony. Reaching beyond the bounds of our own self-interest to that of Other engenders Harmony, and hence can be the basis for solving any social problem on earth.

Not Yet Titled

Every day you will see several indications of inner-outer correspondence dynamic in your life, whether positive or negative, if you just take a moment to examine the circumstances. If you perceive and learn from those experiences, -- i.e. identify what is negative inside you that precipitated its outer manifestation and change it; and discover what in you is positive that attracted its outer realization, and enhance it -- you are all but guaranteed a successful and happy life.

Not Yet Titled

Putin and his somewhat authoritarian, even brutish regime is a product of the West's callous humiliation of Russia after the end of the Cold War. In its wake, the Russian people have looked to him to restore the nation's self-confidence and psychological strength. It may seem foolish and very troubling to outsiders, but there is logic to his ascent.

Comment: Russia and US can come together to help solve the problems of the world. This was the point of the end of the Cold War, not just the West's "victory."

Not Yet Titled

For those with a developed consciousness, Mental initiatives can block Life, the Force from acting and presenting new opportunities.

Reader: Example?

Response: A man was well developed in mental knowledge about Life, Spirit, etc. though his paying workload was slow. He was told by his spiritual teacher that Life will begin to move for him when he stops taking mental initiatives -- like reorganizing his essays into a book that is just for other's knowledge without compensation; developing a vast, multi-level presentation for a 5-day seminar though no one had asked for it, nor did he have any contract for it., and others.

He noticed that during the time he absorbed himself in these unsolicited mental projects that had no guarantee of pay, his paying work dwindled. Now with his income so low and no major work in site, he decided to take up his teacher's advice and ceased all major non-paying mental projects, whether ongoing or any new ones that came his way. He wanted to earn through work, which was needed.

Within one day of taking this tact, he received an unsolicited call from out of nowhere for a substantial paying project. Feeling a bit secure now, he started up with his non-paying mental work again. However, after quickly getting headaches, he saw the light and said "no more" to himself. This time he seriously recommitted to paying work; now and forever.

The next day another substantial unsolicited paying project came in, again coming from out of nowhere. Both were the type of higher paying projects he hadn't had in a year or two, but that he so much needed. Now he knew the process to attract the paying work that he so much desired.

Further comment: Generally speaking life responds with work and money to willfulness, intention, decision, urge; as opposed to ideas. Ideas can be behind the intention, but it is that inner want, willfulness, decision and commitment that attracts.

Another way of putting it is that the response is equal to the plane from which it was originated. So mental thought attracts more knowledge or thought, which is at the mental plane; whereas intention, desire, want, urge, decision, commitment are of the vital plane of our being, which attracts corresponding results at the vital plane, which are life movements like work engagement, money exchange, interchange in relationships with others, etc. Giving up mental initiatives opens the door to such vital Life movements.

Generally speaking, for most people, an Idea given by another does not truly become real until one has had the experience of it.

Comment: (Through experience the Idea shifts in the descent from the mental to the vital plane; i.e. from thought to emotionalized concept. It becomes fully real, when it descends further and penetrates the physical consciousness where that idea is spontaneously experienced; i.e. it becomes second nature.)

Not Yet Titled

To fully accept each person for what they are is one definition of compassion.

Not Yet Titled

Interference in a matter often leads to error of fact or similar. Best to restrain one's self as much, as long as possible, if not completely.

Not Yet Titled

Add expression of a negative attitude to an already low energy condition, and the response from life will expand negatively in many directions.

Not Yet Titled

What the mind sees is true, even if it is partial. When it begins to insist on that as the only truth and goes on denying what others have seen, it becomes false. (Sri Karmayogi)

Comment: Yes, the limited perception of the truth is Ignorance of the Mind. When there is insistence on that partial truth, it further degrades into the Falsehood of the Vital. When one forces others to believe in that falsehood it becomes Evil of the Physical.

Ignorance (Mental) > Falsehood (Vital) > Evil (Physical)

Not Yet Titled

Needlessly reminiscing about a past negative - whether failure, foolish action, etc. - can quickly re-evoke it or something similar. Therefore, avoid such discussion unless absolutely necessary.

Not Yet Titled

The full truth revealed humbles one who only perceived a part.

Not Yet Titled

An aspiration held and felt deeply within can attract success ten times faster and to a greater degree than mere outer action. This is especially true if that aspirational intensity is also consecrated; i.e. offered to the spiritual Force. In that condition, the Life Response power is enormous.

Not Yet Titled

Our surface or emotionalized mind tends to reject things that are New, as the reactive part of our nature is normally in ascendance. And yet when given time to settle in, when there is wherewithal to reason, contemplate, and learn other aspects of that matter, the more rational part of our mind takes over and is more likely to now embrace that New.

On the other hand, a spiritualized mind - i.e. one steeped in silence and intuitively open; which reflects a deeper consciousness - normally accepts the New without hesitation or reservation. As a result, it gains tremendous advantage for right functioning and for being highly successful in the world.

Not Yet Titled

The spiritual approach to time and success is to have endless patience, as if one had all eternity for things to arrive, while inwardly evoking response that rapidly brings the future into the present.

Not Yet Titled

Each time you detect you are being impatient, it's best to stop it in its tracks, and then consecrate it so it won't occur in future.

Not Yet Titled

South India rarely has temperatures below 60° F, day or night, yet Mother said in Agenda that one day it would snow in Auroville; i.e. there would be temperatures under 32° F. In other words the perpetual heat there would be brought under control. Could this be Her interpretation of what we now call "global warming?" Or is it simply the fact that in the future She will exercise or perhaps delegate to us a Power over Mother Nature?

Physical, Vital, Mental, Spiritual Planes of Our Lives

There are various planes of being. They range and ascend from the physical plane to the vital to the mental to the spiritual. Among these there are further subdivisions in an ascending scale, as well as from the outer to the inner.

-The athlete functions and is centered at the physical plane.

-The Politician evokes interest and the sympathy of his followers at the vinyl/emotional plane.

-The thinker organizes and clarifies ideas at the metal plane.

-The sadhak and seer evokes peace, harmony, truth, wisdom, goodness, joy, love, timelessness, and infinity at the spiritual plane.

We exist at all of these to a greater or lesser degree. Evolution is to move upward and inward among these planes.

Society, even Life itself exists all of these planes, and is also progressing, evolving slowly among them over time.

Humanity is now especially evolving at the mental plane, which is in fact accelerating in recent decades.

Not Yet Titled

In addition to the challenges of work, spousal relationship offers the widest scope for personal growth. Every complaint, blame, reaction, ego movement, inflexibility, insensitivity, et al can be turned into its opposite, enabling vast growth in consciousness.

Not Yet Titled

What we seek is Karma while GRACE is after us with an evolutionary vengeance. (Sri Karmayogi)

Comment: We are here to grow in consciousness beyond our current limitations. That is the opportunity we are afforded for our evolution.

Knowing the status and aspiration of our souls to grow further, Grace comes intensely to us through It's initiatives. Therefore we should be vigilant and open to those initiatives when they arrive.

It is the direct means of our deepest progress; as opposed to a mere drive to accomplish, to be successful, which alone only builds up new karmas.

Not Yet Titled

In an atmosphere of humility and eager interest in others, unexpected positive conditions, solutions, and opportunities present themselves.

Not Yet Titled

One quality of a rational and hence successful organization is the capacity to quickly reverse course when it has made a mistake. Holding onto, maintaining that error normally brings stagnation and can lead to disaster.

Comment: One championship professional sports club was continually reluctant to make a change when things were going bad. But invariably as things got worse, they learned the lesson, saw the light, identified the mistaken area, and made the necessary change. Each time, that very thing would be the method that propelled them to three world championships. We see the opposite for teams, organizations, even individuals (!) who hold onto their mistake, whether out of ignorance of it or simply reluctance to change.

Not Yet Titled

It's never too late to reverse a mistake, especially when it is shifted in consciousness. Even when the period has passed and the damage has been done, a movement of contrite recognition of the past error can elicit unexpected positive conditions in the present.

Not Yet Titled

Outer expressions of psychological strength is not inherently egoistic if it's required by the conditions of life.

Reader: Can you please explain more Roy Sir?

Response: There are times when you may have to stand up to other people or conditions and assert yourself when they are causing you or others harm. (It may have even been created through your own weakness.) This is not really an egotistic movement, but something that is necessary for your sake in your life. On the other hand, Egoism is where e.g. you have disdain for another's opinion, action, station in life, etc. and only care about your own interests. One is a movement of psychological strength; the other is the separative consciousness of ego.

(It is also true that we can instead effect such outer change through inner movements of right, higher consciousness.).

Reader: Thank you Roy Sir. This is an interesting way to perceive things. I have always thought that this type of assertion is also a form of ego

Response: If you are required by life to assert your position, it can still be done with humility. Eg if a woman is constantly humiliated by her boss, she can shed her weakness and take it up with higher ups. Just the decision can attract positive results, such as an unknown person suddenly acting on your behalf, causing higher management to discipline the manager. Inner intention that shifts from weakness to strength can attract such a life response effect. If humility, patience, no ill-will, etc. is added to the dynamic, it will have even greater life response effect.

(Of course if one knows why one attracts an abusive boss, spouse, etc. and changes the corresponding limiting quality inside, it can also have a great Life response effect. Consecrating the problem will also help immensely.

As we see there can be various approaches to resolve such problems.)

Not Yet Titled

Running away from a problem only brings it back in new forms.

Comment: ... sometimes more fiercely in each iteration.

Not Yet Titled

A persistent, general connecting to Mother for no particular benefit, with the gentle self-offering to Her of "Thy Will be Done" is the essence of spiritual Surrender. For devotees there is perhaps no greater inner experience.

Not Yet Titled

Though problems are accelerating in the world, so are solutions, as we are increasingly able to tap into the infinite, spiritual dimension of our minds - including light, intuition, revelation, and supramentalization.

Not Yet Titled

The knowledge of what we could have done in the past is powerful enough to overcome Time. One who has that knowledge today, if he can do now what he had missed earlier will see all the results he had missed coming to him cumulatively. It is the infinity of Simultaneous Time. (Sri Karmayogi)

Comment: Simultaneous time is the experience of the past, present, and future as one seamless and undivided arc of time in the ever-present, the Now. (Mind on the other hand has a divided view of time.) That is why a heightened consciousness today can have the effect of undoing the negative influences of the past on the present. Life responds to our influences in the simultaneousness of time.

Sri Aurobindo says that when we are centered in the psychic being (soul) we continually have the consciousness of simultaneous time, with all that implies.

Not Yet Titled

We can perceive illness as Grace when we recognize its latent power to compel us to raise our consciousness and move our lives forward.

Not Yet Titled

Sincerely take an interest in another and their interests, and they will openly respond to you.

The Humiliation of Henry Ford

The great, enormously successful car builder Henry Ford was in the latter part of his career brought to trial by a Chicago newspaper who claimed that he was an ignorant individual, an anarchist, a fraud, and therefore completely undeserving of the universal adulation heaped upon him.

When he was asked while on the stand a series of questions about history, world events, and other matters, he failed miserably in his responses, thereby becoming the butt of jokes around the world. Eg he actually thought the American Revolution took place in 1814 instead of 1776. Many other commonly known facts he was also unable to account for. Now rather than being considered a genius of the age of mass production in America, he was looked upon by many as an ignorant farmer who reached the pinnacles of success through luck and manipulation of the public.

How could this great man ever have been put in this situation? The answer is quite simple when you consider what he had done before that ordeal. It turns out that he had often had fits of pride and ego, to the detriment of many around him, especially his son Edsel. His ego had become legend among those near him and because of that life responded negatively in kind through a famous trial in which he was utterly humiliated. It was Nature's way of restoring the balance of forces that had moved out of equilibrium through his frequent egotistical attitude born of his vast success.

Reader: Thanks sirsuch example really help us correct ourselves!!

Response: Yes, it's true. Henry Ford had the chance to correct his ego, but each time confronted by the challenges of life that asked him to change, he became even more petulant and egotistic. Until he almost ruined his company. Luckily his progeny guided it back to success.

Likewise, we can see what Life is asking of us, and in what ways we resist. Also we can see where any negative that comes to us is a product of our foolish attitudes of the past and present. We can correct it by acknowledging, feeling contrite for our mis-deeds, wrong attitudes, etc, and offer it to the spiritual

Force, the Mother which will create positive new conditions in that or related inner and outer areas of our lives.

Not Yet Titled

There are times when you just have to let go, and let Life take you where it wants. You'll then find yourself just where you should be!

Reader: Excellent and Timing message for us...Thank you very much.

Not Yet Titled

The ultimate source of most illnesses are psychological – mainly attitudinal – not physical.

Not Yet Titled

The more you broadcast, the more you dilute. The more you withhold, the more you concentrate. The former affects others superficially; the latter more deeply.

Not Yet Titled

Smugness attracts the reverse of one's belief.

Not Yet Titled

A product of impatience is looking foolish to others in hindsight.

Not Yet Titled

Taking the other person's point of view leads one from the part to the Whole

Reader: Depends sometimes though.

Response: Mary, please let me try to explain this concept.

We have seen that a willingness to take another person's point of view – whether they are right or wrong or somewhere in between – not only has a great power to open and broaden the mind, but also bring about good fortune.

Mind is almost always exclusive, focusing on what it knows, limited to one trend if thought, and can therefore be considered a "part." When the mind is open to another's viewpoint, no matter what the level of truth contained therein, it stretches to embrace a wider reality, greater possibilities. Through this dynamic we move from away from the part and move to the "whole;" i.e. the integral, multi-faceted truth of things. We move from the limited stream of our own understanding to the wider ocean of integral truth and possibility.

In addition, over the years we have seen an astonishing phenomena related to this principle. It is that when you embraces another's viewpoint beyond one's own, no matter what it is, sudden good fortune comes to us. It often takes shape where suddenly and astonishingly the other person comes around to our own original view on the matter! We have seen many cases of this dynamic over the years.

It's a little hard to explain, but a number of our friends and associates have experienced this "life response" dynamic. I've written about it various occasions here in this forum, as well as other places, which are often accompanied by true life examples that illustrate the phenomenon.

To experience it once is to be astonished at how life secretly works; confounding our normal views of cause and effect, and space and time.

It turns out that taking the other persons point of view is but one of several powerful methods of attracting sudden good fortune, while elevating one's consciousness in the process.

Reader: I understand! All good!

Thomas Edison and Steve Jobs

While watching the recent PBS documentary on the life of Thomas Edison I was struck by how many qualities he and Steve Jobs had in common.

They were similar in –

- gathering disparate technologies into new ones
- being in touch with the needs of society
- being fiercely independent
- being a self-starter in the extreme
- being curious to no end
- always pushing the envelope of innovation
- never being fazed by failure
- being very competitive
- not being in it for the money
- being a tremendous self-promoter for the organization
- creating whole new industries
- revolutionizing their worlds

Jobs struck me as being a bit more worldly; in touch with his generation and the issues and values that were circulating (hippy, boomer, et al). More of a Renaissance man in that way. Edison was more of an engineer, a tinkerer working at his craft, at the edge of hard science.

Not Yet Titled

We quickly judge something to be the case, only to soon discover that it is completely the opposite!

Reader: Happens often

Response: Yes it does happen VERY often. Such false snap judgements often issue from living in the surface consciousness, especially the visual sense. It is avoided when we develop a deeper center of being, where we more likely to think things through, rather than simply react to inputs.

Not Yet Titled

Limits are secretly potentials in waiting.

Reader: Sir, do you mean that we are only putting limits. But still, potentials are waiting to come out of our limits?

Response: Yes, exactly.

Not Yet Titled

We in the West perceive the coiled snake as a symbol of Evil. However, Sri Aurobindo indicated it is a symbol of our Evolutionary potential.

Not Yet Titled

The deeper you go, the wider the possibilities.

When in a crossroads situation you sincerely convey that you are interested in engaging in the other person's needs over your own, soon after yours will be fulfilled.

Not Yet Titled

Excitedly anticipating and communicating (especially verbalizing) to others the possibility of a good thing coming quickly dissipates it.

Not Yet Titled

It's difficult for us to hold onto the energy that comes with a newfound success. The first thing we tend to do is squander it by over celebrating or speaking too much about the matter, etc.; in effect preventing the buildup of the necessary energy for a next, even greater round of success.

Not Yet Titled

In the left vs. right, liberal vs. conservative philosophies, the best of each will be carried forward in human development, and the worst of each left behind. Thus a more integral view will emerge over time that transcends both.

Not Yet Titled

It's best not to be overly concerned about the future, instead focusing on the now. By perfecting what is happening in the present, your successful future is all but guaranteed.

Not Yet Titled

Each time it occurs make the effort to truly appreciate the small thing that someone has done for you.

Not Yet Titled

How can America lead the way towards non-proliferation when it harbors 200 million guns among the populace? There is a lack of moral center for such outer efforts to take hold. Life cannot respond positively to inner hypocrisy. Arms reduction can however come from a collective of nations with that common purpose.

Not Yet Titled

Truth alone can give to the world the power of receiving and manifesting the Divine's Love. (The Mother, from Agenda)

Comment: Mother often used to say "Truth first, then Love." Without a foundation of right knowledge, understanding, spiritual wisdom, high consciousness, we would be crushed if Divine Love were to descend into our being. But if we are receptive in the right way, not dominated by our vital nature as people normally are, pure, still, embracing the truths of existence, the descending Divine Love would be experienced in all its glory.

Stages of the Bull

Years ago as a young man while loosely practicing Zen and similar, I recall reading a version of "The Ten Bulls" story. Remembering it now, I offer here my own personal, abbreviated version:

In the first stage of the bull you see the animal in the far distance. This represents the first distant glimpse of the Spirit. Yet your life remains pretty much the same.

In the second stage of the bull you approach it gingerly. This represents your emerging interest in trying to connect with Spirit.

In the third stage of the bull you grasp it and then mount it. This represents your decision and commitment to utilizing Spirit in your life.

In the fourth stage of the bull you have tamed it and are possessed by it. Now you have manifested the Spirit in all aspects of your life and it is your one and only beloved Guide.

Not Yet Titled

Mother in Agenda says her center of consciousness was not only inside her, but extended outside too, beyond her bounds, perhaps even everywhere. There was thus no longer the sense of I or me, as her center of being was whichever way she turned, focused herself. She had an essence realized a kind of Universal consciousness, with Supramental the next vista to realize.

The Mother and Sri Aurobindo

"If Sri Aurobindo is an ocean of peace, Mother is an eternal spring of sweetness. But She loves to call Herself a Force in action endeavoring to evolve the next species.

Sri Aurobindo succeeded in bringing the Supramental golden light into his very physical body in 1950. All his life he was working for this Force to come down on earth to abolish suffering and death and evolve the first member of the next species.

Mother offers to all those who sincerely aspire a touch of this Force if they come forward to give an opening to the Divine Touch.

She assures us of the Presence of the Force that descended in 1956 and invites us to take a leap forward in the evolutionary march.

To know the Mother is to know the Divine; to let Her Force work in you is to evolve. Her sweetness, which is the sweetness of the psychic, invades our nerves when we call Her into our being."

(from the Spirituality in Life page of Mother's Service Society website)

Not Yet Titled

It is the experience of sadhaks and devotees that whatever they do consciously or unconsciously, it spreads all over the world after a fashion, maybe after the fashion of their own personality. (Sri Karmayogi)

Not Yet Titled

A devotee working for his organisation to make it prosperous by ways of Truth will be a channel for the Force to descend on his country as Prosperity. (Sri Karmayogi)

Not Yet Titled

Anger and resentment often issue from disappointment. It is a point where the ego has been pierced.

On Possessiveness

An important condition for living a spirit-oriented life is not being possessive, whether-

- of spouse
- of children
- of property
- of possessions
- of money
- of power
- of authority
- of affiliation
- etc

Possessiveness is not the same as being involved and diligently taking care of things. The former is an expression of ego, while the latter is an application of human values.

Not Yet Titled

Things are changing rapidly, on many fronts, and it is important not to cling to our old pre-conceptions of how things are, nor what they will become.

Opposition to a New Power in Society

When a power is born in the society, the previously established powers fully appropriate [usurp] it. Money, education, trade, communication, banking, transport are such social powers which are

appropriated by the society for its own purposes of survival and growth. Anything new has to meet the entire opposition of those powers. (Karmayogi)

Comment: Eg when Steve Jobs presented an easy to use, user friendly, graphic interface-based computer, the powers that be at Apple tried to destroy his efforts in the name of preserving the status quo at the company (the non-user friendly older Apple II, which was generating the bulk of the company's money).

Ironically they would oust Jobs from the company, after which the Mac became the overwhelming main source of their income!

There are endless such instances of such opposition to a new power of society in history, not to mention current events, and in the lives of those around us.

Behavior toward the Opposing Individual

Everyone will have a [traitorous, deceiving, harmful, hateful individual in some form, whether] in a partner, a brother, a wife, a friend, etc. There lies the key to man's existence in consciousness. A man can be precisely evaluated for his accomplishment in his behaviour towards that person. (Karmayogi)

Comment: If we recognize the opposition (who it is, what is the source) and have the calm inner strength to do the right things in consciousness, then we will be unaffected by the opposition; even gain from it, projecting one's self or group upward as a result. Examining one's corresponding attitude, practicing non-reaction, and consecrating the entire matter can be very useful in such situations. Also having the integral knowledge, and seeing the entire puzzle will give one the knowledge for right action in light of others' opposition. On the other hand, all negative reactions will deepen the opposition, forcing the solution to be more complex.

Three Banes of Human Nature

Love of a gravedigger [someone who is your undoing] is the outstanding virtue of falsehood. A far greater misfortune is the human capacity to avoid the source of luck, as its appearance is unacceptable or unintelligible. Love of a gravedigger and the conscious avoidance of a bringer of luck remains the bane of human nature.

Worse than that is the capacity to happily repeat previous errors. The architect of Ignorance prides in his loyalty to the past inherited ways. It is physical mind enjoying its ideals of tradition. (Karmayogi)

Not Yet Titled

In the absence of the rule of Truth, STRENGTH rules. (Karmayogi)

Comment: That is why negative people can prevail in life situations. It is because there is no truth, no rightness, no higher consciousness and vibrations in the community, and therefore the robber, the thief, the deceitful, the bullying, and the powerful can prevail.

We can see this in an Indian village where there is no real truth settled among the people; there is lack of organization, ignorance of the facts, etc. and therefore thugs and other mafioso-like powers can rule the streets. People think the problem is the outer negative, these harmful individuals, when it is actually the limited organization of the consciousness of the villagers that creates the condition. The strength of the brutes prevail in the absence of surrounding Truth amongst the people. On the other hand, when there is high consciousness among the people, then Truth prevails. The best values rise to the top and spread their influence in the community. Strength that is good then will serve that truth, while negative strength falls by the wayside.

Discovery of Cherished Quilts

When we shift from being uncomfortable with a new development involving another individual, to being neutral, to being fully supportive, then startling good fortune will suddenly come to that person.

A woman travelled far to retrieve years' worth of her quilt-based art work. When she returned, she came with a host of boxes that crowded out their living environment. The man was distraught to no end. The he thought about the matter beyond his first impression. The anguish began to dissolve. Later he accepted the piled up boxes for what it was; even beginning to feel it was actually a positive development.

A moment later the woman found among the boxes her key and perhaps best artistic creations which she had created over several decades, that only a few moments before she thought she had left behind and lost forever.

Truth First, then Love

The wisest of the wise say that we must first grow in consciousness, and then compassion and love will follow. If you start with the latter two, they tend to soon peter out or be only of the surface. There is lacking inner consciousness to sustain them. Also the love can go out for the wrong purpose, to the wrong people, etc.

That's why Sri Aurobindo said Truth first (ie higher consciousness, awareness, inner power, mastery over life, feelings of harmony, etc.), then Love. Then the latter when expressed will be deep. In other words, work on yourself before concerning yourself about the ultimately profound vibration of Love. In the interim we can shift from our normal state of ego and selfishness to concern for others, to expressions goodness and self-givingness. Love will then naturally flow. Love in fact is their natural product.

Comment: PS In the unfolding of the spiritual values, what Sri Aurobindo calls "real Ideas," Goodness emerges from out of Truth. And Love from out of Goodness (and those divine Aspects before it). The basic order is Peace, Harmony, Truth, Goodness, Love, Beauty, Delight, Timelessness, and Infinity. So we can first move to inner Peace quietude so we become silent witness to the world; come to know the deepest Truths of life as light entering the mind; express Goodness as expression of the right, truthful thing to do; feel the Love that emanates in the exchange with others and life; perceive the Beauty in everything; and Delight in the expression. The result will be instantaneous miraculousness (Infinite-like results coming in no time, instantly).

Nature Works on Many Levels Simultaneously (as in Greek Crisis)

Along the way we have come to learn of Sri Aurobindo's profound principle that Nature works on many fronts simultaneously. I.e. around one grouping of events, various nations, entities, collectives, individuals, etc. in their interrelatedness run into serious situations and are compelled to change at the same time; each for a very different reason. It is Nature's great multi-pronged Efficiency in space and time to bring about further progress in the world.

We can see the phenomenon in virtually any aspect of life. Take the current Greek economic crisis. We see blame with the Greeks e.g. for not collecting their taxes, of having a lax work ethic, etc. We can also blame the European Union for their insensitivity and fixed view of the problem, concerned with economics and finance alone. We can even blame the financiers on Wall Street whose financial speculation created the crisis beginning in 2008 that sent Greece reeling with debt and unemployment. Even the fate of the European Union itself comes into question through these events. (Or should we say that it can be a means of her even greater economic and social integration.)

All of these factors and many more converge over a single core issue so each party involved can purify themselves by rising in consciousness based on their current limited perceptions and beliefs. In this way Nature works on many fronts simultaneously, raising a whole host of problems at once, and also creating the possibility of all of them getting resolved at once through movements of higher consciousness among the various parties and situations. It is thus Her great Efficiency in space and time. It is her indomitable method of simultaneous, multi-pronged progress.

Not Yet Titled

The ultimate purpose in creation is the experience of Joy/Delight of being. And though there are others, Love is the ultimate power to make that happen.

Not Yet Titled

The happiest people in the world are those who are constantly self-giving to others. The unhappiest, those who heedlessly, shamelessly take.

Not Yet Titled

Above all things Man seeks to get ahead, whatever the means. He hopes for Luck in his life, not knowing he can create Luck from within, through Her supramental power.

Not Yet Titled

The Mother indicates that when the supramental action occurs one feels an absolute stillness in one's being, and a perfect knowledge of the situation at hand.

Scope for Greater Faith Incident

When you consecrate a situation and the results are not to your liking, it can indicate scope for greater Faith.

Example: A man had consecrated for a safe and successful journey of a friend to collect important valuables from a location 500 miles away. She had taken the same inner, spiritual approach. When she returned (much sooner than expected), she had brought back far more stuff than he ever imagined, which proceeded to clutter up their living space in the extreme. He became bitter at the result. Fortunately, a half hour or so later he began to cool off a bit in his reaction.

Then something marvelous took place. The next day, looking among the piles of new boxes, the friend joyfully discovered some personal artwork she had created things that she thought she had lost.

Now the friend understood that his reaction was not just premature, but filled with vital selfishness. Had he had true Faith, he would have accepted the piles of stuff that she had returned with, even if an apparent excess, as an expression of the will of the Mother to their common consecration efforts. It showed the limits in his faith in Her response, no matter what form it took, whether or not it was to his liking.

Reader: Perhaps it also indicates the presence of expectation that's diluting our consecration

Response: Yes it can be. What you have said is kind of what I meant.

Not Yet Titled

People will happily jump to conclusions, even though they haven't a handle on all the facts. They then look completely foolish in retrospect.

Not Yet Titled

Grace invites faith in our capacities, as when someone solicits our help. In Supergrace we give up all reliance on our capacities, and simply surrender to its Action. The result is of an even more astonishing order.

Not Yet Titled

If you regret something you discarded for good reason, it will suddenly begin to come back!

"Silent Will" Mini Example

I was moving a series of objects around to create more space in our living quarters. I had moved several items, and was ready to move the next, which was a stereo device. However, not sure if I should move it without the cooperation of my friend and not to disturb the atmosphere, I held back from acting, waiting to see what life had in store. Two minutes later my friend who was preoccupied in another area and was not involved in the moving just then suddenly looked at the pile of objects yet to be moved,

and then for some reason focused on the specific item I intended to move next, and then unexpectedly proceeded to move it on her own, and to the very spot I wished it moved to!

When you hold back from expressing your intention, the energy of that will moves into the atmosphere and is caught by another person nearby. They then either verbalize your intent or simply carry it out as if it were their own idea.

We call this phenomenon "Silent Will," of which the episode above is a tiny, mini instance. Silent Will can be practiced to create very important outcomes, enabling vast success -- whether for an individual, an organization, or any other collective. It is an indicator of the enormous power we have within ourselves to forge our vision of accomplishment into a living reality without having to take any outer action of our own.

My Mystical Experience in Greece

In 1975 after climbing up the Acropolis in Athens Greece, I came down to the streets to wild celebration. I wondered what it was. I later found out that for the first time in nearly 2000 years Greece had a democracy, overthrowing the monarchy.

In the years that followed I often wondered what I was doing there at that very moment; on that very auspicious occasion. When I ascended the Acropolis earlier that day, and looked out on the Aegean sea and the islands in the distance, I felt I had been here before.

And now I was there again at the very moment Greek society was changing to modern democratic governance.

And so today, as the Greek economic crisis unfolds, I hark back to that memory.

Reader: Sir which means the crisis is on the surface and a bright sunlight economy is behing this turmoil is that the reason that your past memories still giving you nostalgic pleasure,

Comment: Yes, that is a good way to put it. As you may know I believe all these events are harbingers of even greater European Unity, on the way to Sri Aurobindo's dream and vision of World Unity. After all Greece is the cradle of Western civilization, and even a great influencer of world civilization, including recently the East (as per individuality, the power of mind, rationality, democracy etc) which practically the entire globe is now sharing in.

Reader: Thank you Sir

Acts

Repeat:

In Garry Sir's "The Book", A mystical Book appeared at various significant revolutionary events in the world which brought greater good for the humanity. As the story progressed, The Book reached Dan when he visited the Moe's Book store. It was the Life Response for his Inner Aspiration and Equality of Being on the outer when he had encountered a difficult situation (Project rejection letter from NASA).

He happened to be visiting at the same location several years later, (chapter 102) with the same kind of experience at the inner and outer. On the outer, it appeared to be loss of The Book, yet he maintained his calmness and Equality of Being. His Inner Aspiration convinced him that The Book will not leave him until it finishes the work.

As a Life Response, The Book had reached him at both situations miraculously.

Not Yet Titled

The purpose of our lives is twofold: to discover our own true nature, and to discover the true nature of the integral reality. And through that process of discovery experience the Delight of being.

Not Yet Titled

If we are lucky we may have several epiphanies in our lives; moments of deep fulfillment and bliss. Sri Aurobindo says we are capable of having such experiences constantly, in every instance of our waking life.

Reader: How can we do that?

Response: By engaging in the effort to transform one's nature into a higher consciousness. By ridding ourselves of bad habits; by giving up wrong attitudes; by shedding false beliefs replacing them with true ones, including higher values; by shifting from taking to giving, from ego to selflessness and harmony; by developing a deeper center of being within us; by constant self-offering of all our activities to the spiritual Force (consecration), etc. etc.

In other words by seriously engaging in an effort of conscious evolution, then not only will we become a more developed person, but we will feel a fullness of life, a richness inside, a sense of oneness with others and the world. As a result such epiphanies will quite often.

Not Yet Titled

As consecration needs a lot of energy, when we are tired we wait patiently for energy to revive. Until then we relax. It rarely occurs to us that we can consecrate the tiredness. Such a thought will release the energy to do it. (Sri Karmayogi)

Comment : One interpretation: When we are tired, we can think about the idea that we have the capacity to consecrate one's tiredness in order to overcome it. That will release and give us the energy to actually make that effort. Now if we actually consecrate the tiredness, the Force will soon replace it with abundant energy.

Reader: sir similarly can we consecrate our ego and visualize that Divine Force is superimposing on it.

Response: Sure you can do that, but it might be better to consecrate the instances and particulars of the ego expression - such as an antagonistic attitude, or selfish action, etc. That way you identify it more clearly, which can focus the consecration effort, producing a more powerful positive result inside and without.

Not Yet Titled

Transformation of one's being is one product of growing out of a severe problem.

Discovery of Cherished Quilts Via a Changed Attitude

When we shift from being uncomfortable with a new development involving another individual, to being neutral, to being fully supportive, then startling good fortune will suddenly come to that person.

A woman travelled far to retrieve years' worth of her quilt-based art work. When she returned, she came with a host of boxes that crowded out their living environment. The man was distraught to no end. The he thought about the matter beyond his first impression. The anguish began to dissolve. Later he accepted the piled up boxes for what it was; even beginning to feel it was actually a positive development.

A moment later the woman found among the boxes her key and perhaps best artistic creations which she had created over several decades, that only a few moments before she thought she had left behind and lost forever.

Not Yet Titled

If you genuinely appreciate someone's fine effort of the past, while others out of Ignorance deprecate that individual, then at the right time he will step forward again and shine, quieting, even humbling all the naysayers.

Not Yet Titled

The greatest power we are given is not to express our own will, but to surrender to Her Will, the Divine, which will bring about the transformation of our nature, as well as the world around us.

Not Yet Titled

Merely recognizing a fault in our being does not indicate we have evolved our nature at that point. It requires us to actually CHANGE from that wanting quality to its opposite – in our thoughts, in our feelings, in our actions; in all aspects of our lives. Now with a complete reversal of those energies, our nature shifts to a higher plane, and powerful response from life follows.

Power of Aspiration

The mind and vital parts of our being want, need, expect things to happen. They anticipate, including over-anticipating. They thus have negative aspects. On the other hand, Aspiration comes from a deeper place. It longs to improve one's self, better one's life; and to evolve as a person through that process. It is really the Soul speaking through our awareness indicating what our True Self longs for; what we should aim for; what our deepest values are that we hope to realize. Aspiration is thus in these respects fully positive.

Not Yet Titled

When you understand how negative conditions foretell positive potentials, then it becomes somewhat easy to anticipate - even predict - future outcomes.

Synching with Synchronicities

There are constant miraculous-like synchronistic connections occurring between what we are doing and exact parallel situations, discussions, communications, etc. outside ourselves. However, our limited mind is too preoccupied and not expansive enough to perceive them.

I would say I have around a dozen synchronicities a day. In fact, a synchronicity I just had precipitated this post. I was scanning many articles on a wide variety of subjects in the world. Suddenly someone next to me mentioned Microsoft and instantaneously I saw an article on the company on my smartphone. (None of the many articles I perused had anything to do with Microsoft.) In fact this was a special synchronicity as I sensed I was about to see something on Microsoft!

I believe that in the Supramental life that is emerging, synchronicities will be as common as breathing in and out. (Remember dozens if not more are happening every minute, but we do not normally have the wherewithal to perceive them. And yet if we develop a more conscious inner life we will.)

Not Yet Titled

People receive emotional satisfaction when meeting with others, whatever the reason for gathering. It is the enjoyment of vital interchange; the exchange of social energies.

Comment: For the average person there is this need. For the developed person such meetings are scheduled or otherwise occur when there is a practical utility and need for the gathering. The spiritual person has no need for it whatsoever as the vital interchanges are unnecessary, even detrimental. He only communicates with other persons in order to lift them up.

Not Yet Titled

Mother's solutions are often radically different than what one might have expected. They are usually creative in the extreme.

We feel that time unfolds backwards in a receding line to the distant past. But what if all past time really exists as a single "moment" that is available to us in the present; whether it occurred an hour ago or a thousand years ago or more. The past then becomes a "wall of events" that is readily available to us in toto in the now; the Ever-Present.

Comment: (the same with the future)

Reader: Past to present/ NOW IS Future.

Response: Now is past, present, and future together; no separation. We simultaneously have power over all 3 in the Now. It is possible through consecration as well as by connecting to one's soul, both of which are connected to All-time in the eternal Now. Eg if a negative is affecting us now, we can consecrate which causes life to cease having that negative influence on us. Likewise we can consecrate an upcoming activity, which can cause what it would take six months to unfold to happen instantly. In this way in the Now we alter the effect of the past on the present, and bring the future into that same present.

Not Yet Titled

Calling Mother or reaching the psychic (evolving soul) can have this effect. I believe that once we reach it, the psychic can also call Mother enabling a super version of this dynamic.

Not Yet Titled

In terms of what is happening to us now, including specifics that have come our way, Mother is many steps ahead of us, as She knows what these mean relative to what is going to occur in future, while we have only the vaguest sense of what that will be.

Comment: I mean She knows the positive outcomes, while we suffer in doubt and anxiety in the present. However, if we connect with that higher consciousness we will sense the utility and good of the present conditions; that it is contributing to our further growth.

The First Step: Become a True Individual

The first step to take in order to rise in consciousness is to go beyond the way of the collective we are part of, the herd view, what other people believe, say and do, and instead think for ourselves. It is to look around, consider the possibilities, and do what is right. Thereby we begin to become a True Individual.

We can even go a step further by listening to our Soul within, to the Inner Guide that offers unique insights into our lives, indicates our purpose in bring here, and therefore what to do and which way to turn in the greater scheme of things. Now we become not just individualistic, but a True SPIRITUAL Individual.

Not Yet Titled

A True Individual is not just a person who thinks for himself relative to the views of others, but unlike others has a passionate desire to change all his limitations into virtues.

Not Yet Titled

The greatest achievers in life are those who think for themselves: who are not constrained by what others believe or say or do. They are their own person; immune from the oppression of the collective.

Going Beyond Our Wants

Ordinarily people want things from other people and from life. Sri Karmayogi indicates that instead we can practice Silent Will and not ask for what we want outwardly, but do so silently from within, which can cause the other person or life to pick up the vibration and embrace it or manifest it for us.

He then says better still we shouldn't ask anything of anybody - inwardly or outwardly! Instead we should be silent and let our soul and psychic being take over our lives and evoke whatever is necessary for our progress.

Alternately, we can offer the details of our lives, including our preferences, desires, opinions, and all to the spiritual Force, to Mother, saying "Thy will be done, not my will." It is a movement out of ego, and

a step into the spirit within is. Life invariably responds in our favor, enabling our progress -- i.e. what is best for us -- and the Joy that comes with it.

Not Yet Titled

Insistence is separative consciousness; ego and division; and as a result the spirit cannot work on our behalf.

Not Yet Titled

If you spend and thereby circulate funds for necessary improvements in your environment rather than hoarding or fearfully restraining due to low savings and the like, new unexpected funds will quickly arrive that more than offset the outflow.

Not Yet Titled

Disparate things arriving together may seem to have no obvious connection, but probing a shade deeper will reveal a profound association; often in multiple directions. It is known as synchronicity, parallelism, or similar.

Not Yet Titled

We seek security. Yet Consciousness seeks the adventure and benefits of insecurity.

Not Yet Titled

God, the Divine working in tandem with our souls has great things in store for us.

Not Yet Titled

Life is continually responding to our subconscious wants, needs, desires, beliefs as much as our conscious ones.

Not Yet Titled

The greatest expression of Individuality is the creation of something truly unique that emanates from the deepest part of our being that has the effect of lifting up humanity.

Not Yet Titled

Instead of criticizing or condemning others, we can try to improve ourselves. It can have a great, lasting effect.

Not Yet Titled

Every Great Soul has a mission for the times he lives in. That is one definition of an Avatar. E.g.-

-Jesus brought Love to the world and thereby humanized Europe.

-Buddha was the first to seriously question suffering on earth and then offered a way out.

-Krishna showed the way to the Transcendent and Imminent Divine.

-The Mother and Sri Aurobindo revealed the evolutionary way forward to a Divine Life on Earth.

Example of how a Negative is a Positive in disguise:

An insect infestation hits one's home. And yet it reminds us of the level of filth in our residence. As a result of cleaning, life often responds and good fortune follows, such as more money or sales or projects coming in. In addition, that experience is absorbed in consciousness, as greater knowledge for the future.

Henceforth we now appreciate the importance of having a clean and orderly environment, which of itself is conducive to success.

Comment: (As Sri Aurobindo points out in 'The Life Divine,' we very slowly move toward Integral Knowledge (truth consciousness) by going through the facets of our Ignorance. We rarely arrive there through knowledge. In fact, he says that the greatest power that brings about Truth is the experience and transition out of the negativity of Ignorance. Or to put it another way, Ignorance is the greatest power of Knowledge.)

WAYS OF CONNECTING TO THE EVOLVING SOUL

Sri Aurobindo says that the Soul, about the size of the human thumb, resides invisibly behind the heart. It is not just a static soul however, but an EVOLVING entity, which has entered a series of individuals in its cosmic Journey through time, and now lodges in our own being, hoping to learn new lessons through our experiences in this life.

How then can we get in touch with this soul, this "psychic being"? There are a number of specific ways, but the simplest general approach is that whatever deepens our consciousness brings us closer to the psychic. That includes such spiritual-like approaches as moving into harmony with others and with life, being selfless and self-giving, sensing the deepest truth of things, and creating beauty in the world.

Karmayogi indicates that regular Consecration, opening to the spiritual Force, the Mother before activities or events is the most powerful way to connect with the evolving soul. Consecration efforts not only evoke powerful positive conditions from the world around us, but deepens our being, taking us from the surface of life to a deeper poise within. Gradually we plunge deeper still to the inner being (the subliminal), culminating in the psychic, the evolving soul in the deepest depths of our being.

Another method of connecting with our True Self is by continually taking the other person's point of view, which is to accept at face value what others say and believe, no matter what its truth content. It opens the mind from its partial view to a many-sided truth of things, which also in effect deepens our consciousness, taking us to our True Self. Taking another's viewpoint melts away the mental ego and deepens our center of being. In fact, any movement that dissolves the Ego, whether a self-giving gesture or widening the mind to its spiritual capacities such as intuition and revelation will help create the psychic opening.

Then what is it like to experience the Evolving Soul? It is to experience all of the spiritual attributes of creation -- including Peace, Harmony, Truth, Goodness, Beauty, Love, Delight, Infinity, and Timelessness. The experience of the Psychic Being is one of stillness; it is to feel oneness with others and life; it is to perceive the deepest and widest truth of life; it is to spontaneously do things to please others; it is to perceive the majesty of creation; it is to find deepest meaning and purpose; it is to feel deep affection and compassion for others; it is the capacity to evoke plenitude out of current limitations; it is the ability to bring the future into the present in an instance by connecting to the supramental power from this deepest place within us.

The realization of the evolving soul indicates the birth of the Spiritual Individual, who will be the basis of a new type Being on earth, a Supramental Person, which itself is a harbinger of and will usher in a new Spirit-based Life on earth.

Equilibrium of Energies and Life Response

Karmayogi has explained the phenomenon of Life Response in terms of "Equilibrium of energies." I.e. I take an action or exhibit a positive behavior, like a change in attitude towards someone from the negative to the positive. As a result there is a change in the current equilibrium of energies. It has shifted to a state of disequilibrium. Now life responds to that change as it seeks to return to that state of equilibrium. It does so with a fresh act. That act comes in the form of a response from life; from somewhere across the universe in the form of say a new opportunity arising for that person or fresh supplies of money coming in. It is the life response. As a result, now the equilibrium is restored, albeit at a higher level of consciousness.

An analogy to this dynamic is explained here by Karmayogi at the surface material level. He wrote this to me (in 2006) when I was trying to understand his equilibrium energy dynamic when writing my book on Life Response:

"When a man stands up and reaches for a fruit and eats we understand his act as such. It is a movement of energy, the actions caused by the altered equilibrium. Here is a man whose stomach feels hungry (or his mind is desirous of eating a fruit – the variations are endless). It is a depression of energy. At a distance he sees a fruit. It carries energy in excess. The excess energy moves towards the point of the stomach of lower energy. It is a movement of energy caused by the disequilibrium. The legs that stand, the eye that sees, the hand that reaches the fruit are the intermediary instruments whose actions can also be similarly explained."

Cosmic Causality vs. Synchronous Alignment in Life Response

Quantum "entanglement" is the scientific explanation of the phenomenon of life response; i.e. sudden good fortune precipitated by one's shift in consciousness.

I had assumed according to the science if say an electron on one side of the universe changes its directional spin, another one on the other side of the universe in which there is an "inner relationship" will do the same. It is a cosmic cause and effect across space and time; infinitely faster than the speed of light, as it is instantaneous.

However, recent discoveries or at least theories in quantum entanglement indicate that the two electrons change their spin at the exact same moment, suggesting not so much a cosmic causality at work, but a simultaneous synchronicity. In layman terms, a perfect ALIGNMENT of the two. They do their cosmic synchronous dance at once and together.

So when in *Pride and Prejudice* Darcy and Eliza startlingly meet at the pond of his estate at Pemberley, it is not because she changed her ways and she thereby attracted his arrival, but rather because she changed her ways she became synchronous with him in space and time. In other words they moved in perfect Alignment.

This explanation is more in line with recent scientific understanding of entanglement, though science has a ways to go before it realizes the subtle causality perceived through a spiritual perspective.

There is yet another issue: how this Alignment theory squares with the Equilibrium of energies dynamic of explaining the life response phenomenon, which appears to lean toward cosmic causality (i.e. cause and effect, as between those two electrons or Darcy and Eliza) rather than simultaneity of Alignment!

On the other hand, maybe everything squares after all, but we don't yet know how to express it in mental terms. There is obviously still a lot to learn.

Source of, Breaking the Reigns of Conformity and Other Negatives

Issue: What is the cause of, the origins of our nature -- Swabhada in Sanskrit -- such as a tendency to conform, or for that matter any other positive or negative attribute in our being. Eg is it simply social conditioning; i.e. are we just a product of our environment?

Comment: Sri Aurobindo indicates our nature is actually shaped before birth; much of it inherited through the genes. These human tendencies are inherited from parents or grandparents. Even the tendency to conform. Eg in a conforming home, the child with the genetic tendency for individuality will break out and be his own person. It had to have been there at birth.

It is even deeper than that. It is in the soul, the psychic being influencing, based on what it seeks from the person in this birth.

The social scientists and psychologists who blame conformity and other negative traits of the child on the conditioning of society alone are seeing a truth; but only the truth at the tip of the iceberg.

Perhaps what we are really talking about is the ability to break the grip of "karmic conformity," or any other negative attribute, which exists collectively and cumulatively in our being at the social, the inherited, and the soul (i.e. previous birth) level.

And yet regardless of the cause, through a deeper knowledge of who we are and what we can become, we have the power within us to break the reigns of conformity, or for that matter any limitation in our being.

SOLUTION TO THE GREEK FINANCIAL CRISIS

(by Garry Jacobs, CEO World Academy)

The key to the Greek crisis lies in economy not finance, for any financial solution that results in further contraction of the economy will only aggravate budget deficits and debt servicing problems. Economy can restore financial stability, not vice versa. The solution lies not in successive rounds of external funding at concessional interest rates, no matter how crucial that may be in the short term, but in unleashing the productive forces of the Greek economy which has contracted by more than 10% in the last two years, 15.5% in December 2011 compared to December 2010. The most essential requirement for a quick turnaround and lasting solution is to drastically reduce the unemployment rate which has tripled since 2008 from 7.2% to 20.9%. Youth unemployment is nearing a totally untenable 50%.

The tremendously wasteful underutilization of precious human resources and productive capacity is Greece's most serious problem and also its greatest opportunity. This is not merely a Greek crisis. What happens today in Greece has relevance to all of Europe as well as other mature economies. Money that energized economy for two centuries has reversed its role and is acting to strangle the economic vitality of prosperous, productive nations. The immediate need is to reverse the shrinking economy, release energy and revive economic dynamism. Addressing the swelling unemployment problem is a key.

Research by Fellows of the World Academy of Art & Science points to a strategy which could reverse the downward spiral in a short time, while avoiding ever increasing amounts of foreign assistance, national bankruptcy, or an increasingly likely withdrawal from the Eurozone. The debt problem is starving the Greek economy of essential liquidity needed to reverse the deflationary contraction. The capacity for a rapid and dramatic turnaround was demonstrated in Yugoslavia in the mid-1990s, where introduction of a freely-convertible parallel currency stopped hyperinflation and reversed economic decline in a matter of weeks, while safe-guarding social welfare payments so essential for social stability. There are also countless instances in which communities and some local governments around the world which have introduced complementary currencies to successfully spur the local economy.

The introduction of a dual currency regime – a fully convertible national currency (drachma) in parallel with the Euro – will stimulate domestic production, employment and demand, while simultaneously enhancing the government's capacity to service its foreign Euro-denominated debt. Full convertibility of drachmas to euros at a floating exchange rate will ensure ready acceptance of the drachma domestically, while enabling Greece to remain in the Eurozone for all external transactions and improve the competitiveness of its exports, a critical requirement for a turnaround. Under present conditions of vastly underutilized capacity, the Greek Government could loan or spend drachmas to make idle national assets fully productive without generating inflation – restoring public services, stimulating public works, spurring entrepreneurship, implementing a jobs program to generate full employment, and investing in education and training to enhance human capital.

A growing Greek economy can support and service its debt obligations, a shrinking one can only become more dependent and insolvent. The dual currency will allow a natural and essential adjustment of prices between Greece and the other countries of the Eurozone without compelling the government to undertake the politically disastrous task of cutting salaries or jobs. Raising domestic production will reduce social welfare expenses and increase government revenues. Drachma bonds can be issued to mop up domestic savings for productive purposes. Public investment will promote growth. A small differential tax on drachma-euro exchange and savings accounts can incentivize savings in local currency. A tax on speculative investments can redirect resources to the real economy. The acceptance of the drachma for some forms of services and taxes would ensure immediate demand for the new currency, facilitating the transition. Government might also combine a mixture of euro and drachma currencies in equal or unequal proportions in its welfare and salary payments, thereby immediately reducing its euro expenditures and eliminating its euro deficit. Most important of all, this strategy would shift initiative from the international community to the government and people of Greece and restore in a matter of days their lost sense of independence, which is so essential for responsible action and human development.

Greek thought still leads the world today. Here is a thought that can lead to action. Greece's successful recovery can lead to European recovery and the world's. Let Greek thought become a leader of action too.

Genetic Code and the Mother's Quest for Immortality

Q: Has Karmayogi written about the Light of Mother having an effect on the genetic code when invoked?

A: Certainly Mother spoke of this sort of thing often in Her 14-volume diary The Agenda, as physical transformation of the body, including willed Immortality was her great life's work. She constantly spoke of bringing the Force into the cells of her body, which would imply the transformation of the genetic code of her being. Karmayogi has referred to Her efforts on this path in various places. They have naturally spoken of our own ability to do the same. Consecration is the primary means. It can affect the cells at the genetic level, the cellular level, and the atomic level. Even the subtle level.

I think Mother did not so much concern herself about the material formations (like organs, even genes), but directed the Force into the Consciousness of the cells, of the body, aspiring to have an effect there. If the consciousness of the cells changed (away from their fear, their belief in the necessity of decay, and opening to the truth that they are truly immortal in essence), the rest would take care of itself, including the material formations of organs, genetic and cellular and atomic makeup, etc.

Not Yet Titled

Many of our short term illnesses - e.g. lasting a few hours to a month - are the result of a subconscious reaction to a troubled, faulty, or otherwise negative relationship or connection to another party.

Comment: (in this way the body is instructive.)

Reader: Sir an example please. . does that mean we have to stay away from those people?

Response: It can. Or it can mean that you have to adjust your relationship with them, including your faulty attitude. Etc.

Reader: I guess illness is body's language to communicate to us a problem deep within us.

Response: Yes, deep within us, or originating in someone else outside ourselves, or both simultaneously. Eg we make a connection with another after many years, and suddenly we fall ill. It could be caused by ill-will of other party toward us, or our own inner need to get benefit from another which is wrongheaded, both together, etc. These sort of subconscious reactions will occur many times in the course of our lifetime, though we rarely if ever make the connection, perceive these deeper correlations.

As we rise in consciousness, we become more tuned in to our deeper, subconscious needs, faults, expectations, etc. Then as we experience these outer traumas or otherwise intense conditions we can connect it back to what is subconscious in us that is precipitating these events. Eg a man received a donation from another, which instantly caused his illness, as the donor had certain psychological needs behind the gift. When the money was returned to the donor, he quickly recovered. There are hundreds of these subconscious incidents we have been privy to over the years, which are themselves yet another dimension to our research on the subtle laws governing the Character of Life.

Not Yet Titled

Good will all around turns an opportunity that has met with limited success into a realization of great accomplishment.

Comment: Eg a copper mine had failed so far to produce any results. There had been long-term conflict among certain parties related to the mine - both business and personal. A Christmas gathering was held in which several of the parties got together, one of whom was a woman from a lower class that some might not approve of. However, because of her poise, humility, and beauty she was accepted by the gathered individuals, which then lead to other people's negative viewpoints about one another to

suddenly melt away. At the end of the gathering there was a remarkable feeling of goodwill among the parties whereas till that time there had been deep resentment. Now that had all cleared.

The next day there was a great stirring among the workers at the copper mine. Some arriving at the scene worried it was an explosion or fire. However it turned out to be an outpouring of grateful emotion as the miners had finally struck copper, insuring work and prosperity for themselves and the deep satisfaction of the owner who had utterly failed to produce results till that point.

In essence, the goodwill created the night before had evoked the sudden good fortune of great success at the copper mine. That is Goodwill's enormous power to evoke the very best of life in its wake.

Not Yet Titled

In the integral yoga your mind, heart, and body become a laboratory, a testing grounds that will bring great benefit to others.

Comment: Eg you go through a physical pain or a difficult situation, each of which is resolved through a movement to a higher consciousness - whether a deeper knowledge, a right attitude, a changed habit, a movement of stillness within, a consecrated effort, etc. You accumulate such experiences and knowledges over time and communicate it to others who benefit.

In yoga you are seriously and sincerely committed to working on these micro and macro problems that appear in one's life by applying right inner movements. This is the core of your life, and the result creates benefit for others when communicated, while bringing about personal transformation of one's own being.

Not Yet Titled

Taking strong action when in a weak position - instead of delaying, procrastinating, or otherwise shrinking from the situation, - attracts fast positive response from life.

Reader: Eg a man waits for a long while to find out the status of his scheduled classes; whether they will run on the established dates. Meanwhile he hesitates contacting his other potential clients about other potential work, as time gets increasingly critical. Finally, he takes the bull by the horns and acts, contacting the potential clients. Suddenly thereafter the scheduled classes with their dates are confirmed. When he gave up his hesitation and took to decisive action in one area, life rewarded him in another.

Not Yet Titled

Most people call to the Divine only when times are tough; otherwise He is allowed to sleep.

Not Yet Titled

What strikes the mind as questionable and doubtful, strikes the Spirit as infinite in potential.

Not Yet Titled

Man working hard expresses his skill to produce a human result. Man seeking Mother in work makes it possible for Her to express in his work so that SHE will fulfil Herself in life.

Incidentally SHE saturates him with HER consciousness through his work. He gets Mother's fulfilment, which means his being is filled with Mother and his life is filled with material results. Also, the material results are elevated from human products to divine creation. (Sri Karmayogi)

Comment: We are not just individual beings, but universal ones as well. Using Mother's Force gives us that opportunity: to help fulfill the universal purpose, as well as our own (materially and spiritually).

Not Yet Titled

Giving of one's self and earning money without money taint is service. Avoiding money taint by not earning is Ego. (paraphrase of Karmayogi)

Coordinated Effort to Solve Computer Problem

Making a serious effort to solve a problem rather than let it slide can quickly evoke an unexpected opportunity for its resolution. It is especially the case when people agree to move ahead and resolve it together.

A woman was having problems with her computer. There were apparent software issues that had been plaguing the machine for several days. She wanted to improve things and asked her friend for help. Though he was preoccupied for several moments, he then absorbed himself in her problem. He thought about the situation and the issues involved from several angles.

After a short while she mentioned that the computer was trying to shut down, which troubled and perplexed him. When he went over to look at the screen, he saw that it was actually the operating software installing fresh new system software on its own. Now the problems would self-correct, a solution coming from the software itself! It was a pleasant and most unexpected surprise!

When several people get serious about trying to solve a problem, rather than let it drift or complain about it, life can quickly cooperate with that harmonic effort.

Comment: The deeper you go inside, the more you aspire to connect with Mother. And the more you aspire and connect with Mother, the deeper you go inside.

Not Yet Titled

Solving the Greek economic crisis is a prelude to resolving the global economic crisis - including high unemployment, low wage growth, skewed income distribution, debt, poverty, vulnerability to financial speculation, etc. If we do one, - including development of fresh, new strategies and plans of action, - we can begin to do the other.

Not Yet Titled

If you needlessly discuss an inner power you have over life, you may be quickly tested to use it in a difficult situation. Unless necessary, best to keep such things to yourself.

Not Yet Titled

Money has been a great, positive power in the world, leading to two hundred years of ever-rising prosperity in the West and now the same globally. However, money - especially speculative financial transactions and other unbalanced approaches and instruments - is now threatening to destroy all that the world has accomplished.

Symbol Indicators in Life

People, objects, circumstance we experience around us are not just things in of themselves, but are symbol indicators of other, often larger things occurring or about to come.

A woman received a hand-delivered notice that the owners of her property had not paid their recent gas and water bill. The large prominent notice was placed on her door. It really felt like an intrusion. The next day it was reported that her city experienced a huge gas explosion that caused all the electricity to go off in much of the area.

Thus, we see that the earlier intrusion was an indicator of the much bigger event to come. If only we shifted more of our attention to the subtle unfoldings of life we would see this dynamic occurring all the time. It is truly one of the wonders of life!

Not Yet Titled

There are times when all attempts to solve a problem fail, and only by doing something dramatically different or taking a strong action brings about the solution. It can be startling to witness how effective that almost desperate approach and action can be.

Super-fast Computer Surprise

Just when things have virtually stopped functioning or are on the verge of collapse, and you consecrate and pray deeply for their return to how they were, things don't just revert back to their previous working state, but reach a new, extraordinary new level of functioning it had never attained before. It's a miracle of miracles.

Example: For the first time in the life of his four year old computer a man had serious technical issues, to the point where the system was hardly working at all. It seems like it could be the end of the line for the machine.

However, he and his friend consecrated deeply on the issue. He then had an inspiration and decided to unplug the router connected to the Internet. It was a dramatic step with unknown consequences. Several hours later he realized that not only was this computer running as well as before, but was actually running a double the speed it had ever functioned previously. He was overjoyed by the development. That things could shift from one extreme to the other. Not merely the resolution of a problem, but the attainment of a new level of performance that could not have been expected.

Not Yet Titled

Consecration, opening to the supramental/spiritual Force, feeds you with extremely creative ideas to solve a problem you might not of thought of on your own. When you then act on one or more of them, there is a startling turn-around in conditions.

Not Yet Titled

Quickly resolving enormous problems through unexpected, unprecedented solutions is a specialty of the Mother's Force.

Not Yet Titled

Extreme problems solved by unprecedented solutions at the very last moment without anything to hold onto but Faith in the spiritual Force, the Mother is one hallmark of Sri Aurobindo's Integral Yoga.

Not Yet Titled

When you accept a demotion with good cheer, you may soon find yourself in a situation where you become the hero of the organization.

Not Yet Titled

The difference between success and great success depends on our ability to identify, and our willingness and effort to overcome the limitations of our being. Life will respond overwhelmingly to such a conscious approach.

Not Yet Titled

Integral yoga and the transformation that follows is a hard-earned, unprecedented spiritual journey from a bit of faith to Total Faith.

Not Yet Titled

Sometimes the best thing to do when a situation is moving toward a finale whose outcome has not yet been determined, is not to "sit on it" and wait impatiently for the result, but to focus your mind elsewhere. Then when you return, you discover that things worked out just as you had hoped. By

releasing the attachment, you move in sync with the energies for the positive result. Over the years we have seen that many great things are accomplished through this inner, "detached" approach.

Not Yet Titled

The Mother and Sri Aurobindo intensely worked on themselves and became living laboratories for the emergence of a New Consciousness on earth.

Not Yet Titled

We are very wary of having to deal with a major hurdle in an important project we are working on. After all, who wants to go through the anguish and anxiety of something that could destroy our plan? However, in retrospect we will see that overcoming that hurdle not only enabled our project to succeed, but the knowledge derived from it was the single key that allowed several future projects to succeed as well. Now what we once called an "obstacle" was really a blessing in disguise. That's why all obstacles and hurdles should be looked upon as an opportunity, with a still heart and a silent smile.

Not Yet Titled

When a good thing is occurring try to keep still and avoid speaking about it so it can continue to blossom and then some.

Tesla, Energy, and Sri Aurobindo's Extension of Vedanta

Sri Aurobindo, extending Vedanta, indicated that Energy was the final operation of an original Conscious-Force (chit). However that Energy would continue to divide itself, losing its consciousness in the involutionary descent, which is the reason for ultimate breakdown, division into atomic existence, which is what we know as matter.

Thus the Involutionary process enables Matter to emerge from an essential Energy. In this sense we can see how Tesla perceived we could create matter and especially electricity from the universe. (Understanding of the big bang and Einstein are further confirmations that energy and matter are related and can be converted from one to the other.)

And yet in Sri Aurobindo's view Matter that comes from Energy is the result of an Involutionary process instigated by a Divine source. Then can we humans initiate the same process, as Tesla believed?

And you have to wonder if the scientist and the mystic are actually speaking of the same thing, when they each speak of Energy. Or are they really speaking of different degrees of subtlety in their views of Energy.

Interestingly, recent revelations about Dark Matter and more so Dark Energy in the universe seems to close the gap a bit further between the scientific and spiritual views.

And yet when one moves into, elevates one's self in Consciousness one can truly perceive the even-deeper shadings and meanings and source of and purpose of Energy, as Sri Aurobindo surely experienced himself.

Science clearly has a long way to go in understanding these deeper truths, even though we must commend Tesla for seeking out Vivekananda and others on the subject.

Not Yet Titled

There is no coincidence in the cosmos. All is subtly interconnected and therefore synchronous.

Comment: [in reference to the phenomenon of Synchronicity:]

"In the fourth century B.C., the Greek philosopher Heraclitus viewed all things as being inter-related, nothing is isolated and that all things are linked. Similarly Hippocrates said: "There is ONE common flow, a common breathing. Everything is in sympathy."" (Robert Torres)

Not Yet Titled

People enjoy holding onto their extreme views. It gives comfort and satisfaction in their ignorance. They will hold onto it tight until an extreme trauma - physical or emotional - wakes them up. It is one of Nature's ways of progress.

Not Yet Titled

When times change, certain segments will hold onto outdated, reactionary beliefs. They will pull in the wrong direction relative to the evolutionary movement of society. Ironically, the progressive forces are often energized by the ignorance of these regressive forces, propelling the evolution forward that much faster.

Not Yet Titled

Karmayogi is fond of saying that "education is the yoga of the collective."

On Atheism:

-Atheism is a necessary protest against the wickedness of the Churches and the narrowness of creeds. (Sri Aurobindo)

-So long as religions exist, atheism will be indispensable to counter-balance them. Both must disappear to make way for a sincere and disinterested search for Truth and a total consecration to the object of this search. (The Mother)

Faith in The Mother and Extra Effort are "Key" to Success

With the Mother one has the deep feeling that no matter how hopeless the situation that somehow She will prevail.

I had to search for a key in order to retrieve a computer from a locked drawer. I was asked as a favor to do my best and try to find the object. I then searched everywhere in the room, digging into the mass of objects and the many nooks and crannies, but had no success. Still I was determined to find it.

At one point, I consecrated the situation to the Divine Mother. Still I found nothing. As I was about to give up, I also had the thought that Mother could do anything, no matter what the situation. And so I tried once again, but again met with the same result. It now looked like a hopeless situation.

Then I checked my email message and was startled to see an entry from the person who was looking for the computer in the first place, who had now provided detailed information on where to find it. I followed his advice, and a few minutes later found the key! I then unlocked the drawer, and voila! there was the computer!

I understood that the feeling I had inside that Mother could do anything, no matter how hopeless the situation, attracted the email that enabled me to resolve the issue. In tandem with making the extra effort to find the key, life cooperated and I was able to prevail in the end.

Not Yet Titled

Supramental Life depends less on the thinking mind and more on the Knowing mind.

Not Yet Titled

Thinking is a transitional process on the way to direct Knowing of the truth of anything.

Comment: Intuition, light, revelation, and supramental perception are progressively higher and more powerful means of direct knowing of the mind. It is mentality of the Spirit.

Not Yet Titled

In one sense we are truly Immortal, as our soul and psychic being, our true self existed before us in others, exists in us now, and will continue to exist after us successively in the lives of new individuals to come.

Reader: A different character in a continuous story

Response: Yes. Exactly.

On Immortality

Physical immortality is something different from immortality of our true self, our evolving soul, our psychic being, which is the unending existence of our being through multiple births. Physical immortality is where we are able to live as long as we choose in the physical body. This will be possible when the cellular essence of our being is responsive to the descending or evoked Spiritual Force, and therefore the body's programming will change so that there will no longer be illness, decay, and death.

The Mother worked on this transformational issue for much of Her life, enabling the cells of Her body to be responsive to the incoming supramental power, forging a path for us to follow. She indicated that Sri Aurobindo or perhaps someone else would return with a New Body that is supramentalized with the capacity of willed physical immortality. That New Person would have centers of consciousness instead of the current organs, digestive systems, fluid and breath circulation, et al. She described this being as tall, svelte, sexless, emanating light, which would be an evolutionary change into a new-type of human species.

Mother had many visions and personal experiences in this area. For example, once She saw Her own body become the supramental being at the subtle plane. She actually, physically saw it. Dozens of these sorts of experiences of Hers are described in great detail by Her in Her 4000 page diary called Agenda.

We often think, "I should love to have a smooth life." Instead, it is better we develop a sense and a knowledge that is able to look on what happens WITH A CALM EYE AND SMOOTH NERVES. (Sri Karmayogi)

Comment: Or to put it another way, developing smooth nerves - eg through non-reaction, equality of being, respect for others, a silent mind, consecration, and deep faith - creates, attracts a smooth life.

Spirit and Success

Most of us don't ordinarily associate Spirit with accomplishment. The Divine appears to exist in one realm, and accomplishment and success in another.

And yet there is nothing that creates, attracts, aligns with accomplishment more than opening to the spirit, to the Divine, to the Mother's supramental power. This is especially true when also practicing spiritual methods like not reacting to others' intensities, taking the other persons point of view, and being selfless and self-giving.

These attract overwhelming good fortune - often instantaneously - indicating that Spirit and Success can be inexorably related.

Not Yet Titled

The Divine has become the universe for the sake of Delight.

Comment: It was to move from the static Delight - one ultimate form only - of the Infinite Consciousness to an infinite variety of experiences of Delight that can be experienced among a vast array of human individuals. Hence the universe emerged for that purpose. As a result of this development there is then a confluence: the Delight of the One and the Delight of the Many inexorably entwined.

Not Yet Titled

To relate to another so that Delight issues in both is the yogic aim in life. (Sri Karmayogi)

Comment: Comment: By bringing to bear our highest consciousness at every moment when interacting with others - through consecration, self-givingness, and other methods - enables this Delight to come about for each, fulfilling the Divine purpose for creation.

Not Yet Titled

Nothing speeds up the pursuit of Truth more than bold expressions of human ignorance.

Comment: It's a "recoil" effect.

Not Yet Titled

If you cannot express your point of you with calm and non-upsetness, it is best to wait until things settle down. Then at the right time later on your thoughts will be much clearer, and what your express will be far more helpful to others.

Not Yet Titled

Opportunity knocks at all the doors and windows too, all the time, once Life Responds. (Sri Karmayogi)

Comment: When we take to any of the inner methods that raise our consciousness, life quickly responds in the form of opportunities suddenly flying in our direction.

Not Yet Titled

She is the Force, the inevitable Word,
The magnet of our difficult ascent...
(Sri Aurobindo, from Savitri)

Not Yet Titled

Normal life is to ask, and then hope for the best. Spiritual life is NOT to ask, but to silently and patiently wait, attracting what is necessary from within.

Not Yet Titled

Anxiety turning into serenity is a product of inner, yogic effort.

Not Yet Titled

#1 rule for devotees is to remember Mother before doing anything of significance. The miraculous is bound to follow.

Not Yet Titled

Education is the most sophisticated instrument yet fashioned by society for its own conscious social evolution. (Garry Jacobs)

Not Yet Titled

When circumstance fully cooperates with your intentions, behaviors, and actions, then you know you are moving in the right direction.

Not Yet Titled

Being in sync with others' successes is a spiritual achievement.

Not Yet Titled

There is little question that creativity can come out of conflict, facilitating success. However it cannot compare to the powerful life response results that are attracted through movements of Higher Harmony. One is the result of Nature (prakriti) and its conflicting method of progress. The other is of the Spirit (purusha), which is of the Infinite consciousness, and therefore infinitely creative.

Not Yet Titled

When we think, we know; and yet it is only in part. However, when we stop thinking, we begin to Know in integral fullness.

Not Yet Titled

If we examine things closely, we can observe that the negative qualities our children express mirror the same or related qualities in ourselves. Therefore, rather than argue and fight with them, and constantly making demands, discover and change the corresponding negative elements in yourself. As a result, the children will respond positively, raising the level of domestic harmony in your life.

Not Yet Titled

A great spiritual change occurs when we shift from the activity of the mind to the still Presence within.

Not Yet Titled

When Ego enters a discussion, Truth takes a back seat.

APPROACHING QUIET GENIUSES IN INDIA (by Sri Karmayogi)

President Dr. Abdul Kalam has suggested that instead of waiting for a Hardy to discover an Indian genius, we should set about seriously searching for one. It is a laudable suggestion from an eminent personality. It is not a question of creating a genius but of searching for one who may be lost in the oblivion of obscurity.

India has witnessed a procession of spiritually realised souls, not in hundreds but maybe in thousands over the millennia. Genius is the penultimate stage where, deviating from his own avowed goal of moksha, the Rishi diverts himself in a subject such as astronomy, mathematics, medicine, music, etc. The spiritual realisation in one generation, it is said, is never lost after that. It will be mostly in their descendents or those kindred souls that have picked up the vibration of Spirit. That blessed soul may not be aware of its presence in him. But it will never be totally suppressed and buried. It will show itself to the discerning eye, expressing itself in another unexpected field.

All those who possess out of the ordinary talents in their own respective fields, whether it is tractor driving, building or public speaking are potential candidates to be approached. The team that is on the lookout for the ONE must be given the training to look for extraordinary talents in a graded scale. On the surface it will be talent par excellence. Behind, it will lurk as essence of talent, a conceptual comprehension of the field hitherto unknown. Such people would be ridiculed in their own work spot. The potential candidates will be, more often than not, QUIET and will be lost inside themselves.

To frame all the criteria for such a search and reduce it to workable administrative procedures that are most likely to land on the target is possible. Should the parents suspect such a latent possibility in their child, the very best method to help it emerge is to teach the child utter truthfulness.

Not Yet Titled

When a problem comes your way, look around the corner and you will see an opportunity following.

Not Yet Titled

People normally feel gratitude and appreciation for what comes unexpectedly, but rarely feel the same way about the routine. And yet the latter can overcome dullness and generate real freshness in our lives, making it gratitude's true frontier.

Each Thing is Indicated Beforehand

One of the profound principles that Karmayogi has revealed to us is that each thing that occurs in life is indicated beforehand. And there are no exceptions. A powerful positive or negative outcome in the future is always indicated by a small or large event earlier on. Thus, if we are conscious of the predecessor (whether or not we perceive it as such), any great negative can be avoided later on. I.e. We can simply consecrate the small negative condition that comes to our attention, and the larger problem will not arise in future.

Also when our consciousness is centered more deeply within, we will perceive such small indicators as pregnant with potentiality, whereas living on the surface misses these subtle warnings.

And yet even if we fail to recognize and consecrate such predecessors when they arise and were then effected negatively affected, we can still practice "past consecrate" to overcome its continued influence in the present.

In the Trollope novel 'Lady Anna' a young woman on a date with her cousin seriously injures her leg while walking across pods of stones on a pond. It would turn out to be a predecessor and harbinger of this man's later complicity in trying to murder her and her beloved.

This dynamic also occurs and is discussed several times by the team in Garry Jacobs' novel 'The Book.' There is no greater fool than someone who does not respond when Life compels him to take action.

Not Yet Titled

Dynamic, creative sage individuals breaking down the Truth of existence into a myriad of synthetic Knowledges taught through revolutionary new education systems and approaches are the way forward for the growth, development, and evolution of society.

Not Yet Titled

The Divine holds our hand through all and if he seems to let us fall, it is only to raise us higher. (Sri Aurobindo)

Life, the Physical Body, and Immortality

Life is immortal, but our physical body that contains it is unconscious and therefore is subject to death. And yet when we open to the supramental power the cells can become conscious so life can be immortal in the body.

Another way to put it: Life is immortal, eternal. If the universe were to disappear, there would still be Life, as it is Energy; the final operation of the Conscious-Force. Chit of Satchitananda. This is Life in creation, and the Life in us as living beings. And yet it is the limits of the body that prevent the life in us from being immortal in a material existence.

However, overcoming the programming of the cells through the Mother's supramental power makes this possible. That immortality of Life in the physical body is the basis of a Divine Life on earth.

The essence, consciousness, and energy of an object, thing does not desist, only the form breaks down, and so those life aspects enters another form. Think of a light bulb. When it burns out, the electricity is not lost. It simply goes into another receptacle. It is also true for we human beings. E.g. the essence of what we have created outlives us in new forms or formations. Even our soul and being continues on into

new beings in new births. It can however sustain itself in one life, in our current form when we learn to become physically immortal, something Mother worked on realizing in the latter decades of her life.

GROWTH ONLINE COMES TO AN END

After nearly two decades the Growth Online web site I founded has been taken off the air. It may re-emerge in future as a knowledge base of content for something greater. Growth Online has been a site that has organized and interpreted the teachings of Sri Aurobindo, the Mother, Sri Karmayogi, Garry Jacobs, and Roy Posner in the form of hundreds of articles and thousands of inspirational thoughts.

Growth Online peaked at 6000 viewers and 10,000 article reads per day in 2011. I want to personally thank those of you who have fervently supported and believed in the site. I also want to congratulate those of you who have greatly benefited from it. With very best wishes to all. -Roy Posner, Growth Online founder

Reader: Wishing you well Roy in all you do. Thank you for all of your timely advice.

Reader: OMG! Growth Online is my "go-to" for explanations and encouragement. I can scarcely believe it... Of course, I'm excited for you in whatever your endeavors are going forward, Roy... I will sorely miss your vast treasure trove of wisdom.

Response: Thanks Martyn. And yes Kathy it is a big OMG!

However,

Now that Growth Online has been taken off line, it should be noted that a good deal of that material is still available in the form of several of the books I have written. For example, the 20 or so main articles at Growth Online are what make up my book 'Essentials.' Likewise the 300+ shorter articles, called Essays, in Growth Online are what make up my 'A New Way of Living' book. Also a good deal of the knowledge base content of Growth Online, especially since 2010 is captured in my book 'Inspirations.' You can download any of these books at no charge at my personal website here: <http://royposner.weebly.com/>

Reader: You just keep giving and giving, Roy. I have your book on The Phenomenon of Life Response in my living room for me to pick up anytime I sit to relax. I'll be sure to visit your new site! Would you like me to change my link in my website to lead to the weebly site? I'll be sure to do that if you like!

Response: Yes Kathy, that would be nice.

Reader: This is very sad to hear about Roy Sir. Whenever I want to understand the reason behind the various happenings in life or whenever I would like to learn on how to change my behaviours i always refer to your website. Will be missing the site for sure frown emoticon

Response: Gayathiri, yes I understand your feelings. I share them. But now you have the option of essentially doing those same things but directly with me: smile emoticon
<http://royposner.weebly.com/for-the-individual.html>

Reader: Yes agreed Roy Sir and am very very happy about it:-)

Response: Also Growth Online content appears in my books, AND is likely to appear in new forms in future-- eg as part of an Artificial Intelligence system of sorts in new tools/software.

Not Yet Titled

Make a special effort to help someone else, and quickly thereafter you may receive an unexpected positive response from someone who has just helped you. (It's the life response version of "one good turn deserves another.")

A man overcame his reluctance and made an effort to explore the possibilities for creating a new web site for a friend. Immediately after making that extraeffort for her, he received an email from an

associate who had now reported that he had completed the voluntary work he had done for the man, but much sooner than the man expected!

It was a startling confluence of the man's self-giving effort with his friend and the self-giving associate's sooner-than-expected completion of the voluntary work. It was Life Response phenomenon in action.

Our Experience of Existence, Conscious Force, Delight (Sat-Chit-Ananda)

According to sage and seer Sri Aurobindo the reason for life on earth is for all sentient beings to express infinitely -varied and intense expression of Joy and Delight of Being. (Ananda in Sanskrit) What then makes this possible?

Sat-Chit-Ananda is the Divine Reality's makeup on the way from its unknowable, ineffable, immutable state to its manifest state in the universe. Sat is the first step out of the ineffable that the Divine takes on its way to creation of a universe of forms. Sat means that the Divine now Exists as Self-Aware infinite spiritual being.

Chit is that that His self-awareness as Infinite consciousness and being generates a Force -- a Conscious-Force -- that will become the basis of the energy and forms of the universe.

Together that Self-Awareness and Conscious Force of the Divine generates a Joy beyond all Joys, a Delight beyond all Delights in Himself. (This is Ananda).

We too are capable of experiencing these same three aspects of Divinity in our own lives, in infinite variation and possibility. In fact, discovery and increasingly experiencing our Higher Nature -- including our True Self and Existence, our Consciousness and Power, and the Delight that follows -- is our very purpose in the cosmos.

(Peace, Harmony, Truth, Wisdom, Knowledge, Goodness, Beauty, Love, Delight, Infinity, and Timelessness are among the spiritual values that we can increasingly experience in this process. They emanate from Sat-Chit-Ananda.)

Not Yet Titled

When you are struggling to find answers, or your mind is simply overloaded, best to stop thinking about the matter, or not think at all. Not too long after you may be startled by the insights a rested mind conjures up.

Not Yet Titled

-Everything you see around you is a formation of Spirit. So are your and everyone else's thoughts and feelings and spiritual experiences.

-The universe and all its aspects are variations, different shadings of the One Reality, as is the Divine itself.

Not Yet Titled

If you eliminate something once great that has now stagnated, life will quickly move forward and present you with Opportunities of a Lifetime.

Not Yet Titled

Instead of feeling overwhelmed that you have been given too much work, or too many things have taken over your life, be still and feel gratitude for it. See it as an opportunity to grow in new directions through these emerging fresh energies. Life WILL respond to such a thankful attitude: as peace, as ease, as fulfillment of your heart's desire

Not Yet Titled

The conscious individual is continually shifting from "Attitude" to Gratitude.

Not Yet Titled

If you are on a line at a restaurant or such and an inexperienced server makes several mistakes that include messing up your order, rather than being upset with that person and condemning their incompetence, consider what karma brought you to that situation in the first place. Whatever the cause, realize that the universe has brought you there to once again learn and truly appreciate the spiritual values of tolerance and patience.

Not Yet Titled

Things break down in order for new things to build up.

Not Yet Titled

Each person goes through a unique set of circumstance and challenges in Life in order to accelerate their growth, progress, and evolution.

Making Change at Four Levels of Our Being

It is very difficult for one to overcome the body's illness and decay, as the physical consciousness is virtually fixed. It is somewhat easier to alter one's emotions and feelings from negative to positive in the Vital being, as there is more fluidity there. It is much easier but still not simple to switch one's attachment from one idea to another in the Mind. In the Spirit all is possible, easily shifted and changed, as its dynamic is infinitely fluid and creative.

On India's enormous response to the passing of Dr. Kalam:

It's a great outpouring of affection for what he did, and moreso for the values he stood for. Along with the movement out of corruption, women standing for their rights, and the country taking to technology, India is gradually awakening. Her Spiritual reawakening is another step beyond. Then she can begin to fulfill her destiny as Guru of the World.

Not Yet Titled

Each movement from unwillingness to willingness attracts a new benefit.

Not Yet Titled

Today I was sitting near the beach and had the following experience:

"On a very pleasant day, a very few rain drops fell from the sky. Several fell on the screen of my iPhone. One burst into eight mini drops, each about the size of an ant's head. Each glistened in the sun creating a magnificent rainbow effect! Also each had its own color combinations that were constantly shifting and glistening. And equally astonishing the 8 were in the form of a lovely smile! It was a magnificent mini necklace of ever-changing beauty."

Not Yet Titled

The greater the problem, the greater the opportunity.

Not Yet Titled

While Self-reliance at first glance seems to separate yourself from others, it actually has the effect of attracting the world to you; especially when it is the True Self you are relying on.

Not Yet Titled

Disappointment is a product of expectation, which arises out of impatience and/or desire.

Not Yet Titled

In strained situations shifting from our capacities to Mother's Capacities reduces tensions substantially, while attracting marvelous conditions.

Not Yet Titled

Americans are very fast and free to express their opinions, sometimes startling people from other lands. And yet Americans are also often ready and willing to pull back and change their points of view when they learn the facts. Wouldn't it be better for them to be silent in the first place and wait till they have all the details, and then offer their opinions; or better still not express them at all? Then other peoples would rush to and be absorbed in their profound wisdom!

Not Yet Titled

Restraint from expressing one's opinions in a social situation requires self-control and humility. It is essential for conscious living.

Not Yet Titled

The need to be constantly humorous often masks underlying pain.

The Missing Piece of the Puzzle

You can do everything right in your life, in your organization and company, and yet just one quality can trip you up; can block success; even be the cause of failure.

And yet from a cosmic perspective it is one reason you have been born into this life: to discover what that missing piece is, - whether a wrong attitude overcome, an ill-suited habit or belief now understood - completing the puzzle of your existence. Life then responds to that higher movement and blossoms in every way possible.

It is also why you're Soul, the Psychic being within has taken birth in your body; to uncover a higher knowledge that has been missing in its existence, but now discovered through your advance in consciousness. By discovering the chink in your armor that you have now overcome, your True Self has attained a new level of Satisfaction in its cosmic Journey through Life and beyond.

So what is the missing piece of the puzzle in your life? And once you discover what that is, are you willing to make the full effort to overcome it? It is after all the main reason why you are here.

At each point we embrace change, success turns into more or greater success. However, at each point we are unwilling to change, or are self-satisfied, we tend to fall back into the pack, or worse. Interestingly, this dynamic and requirement appears to be accelerating in the world.

The Domination of Our Physical/Material Being

We know that matter does not change of its own volition. The stone doesn't change because it wishes to do so. And that physical nature, which expresses as in the form of our own physical body inherits that fixed nature of matter, limiting are various capacities of being.

In fact each of the planes of our being are held back by the bedrock of our physical/material makeup.

Our life force and VITAL being cannot continue on indefinitely because the physical substance in which it dwells is unable to maintain itself, decays and eventually dies. Thus the life plane is subject to the limitations of the material substance of our body.

The MENTAL consciousness cannot fully know The truth of things and lives in ignorance because the mind lives on the surface of life, seeing the world through the material senses of the physical body; the eyes that see, the ears that hear, dominating our thought processes, keeping us from rational thought and knowing the true truth of things.

Even the SPIRITUAL nature is held back by the physical/material layer of our being because when one rises through elevation of consciousness, thereafter the physical being and its fixed, unchanging nature

pulls one back down to our old ways, our limited, fixed habits, to the predictability of routine. As a result the spiritual experience some fades, we are forced to try once more.

Only through intense development of our consciousness, including coming in touch with our Deepest Being and by opening to the Spiritual Force can we overcome the regressive physical/material domination over us; over the its stranglehold over the planes of our nature; releasing us into an entire new world of infinite consciousness and infinite possibilities. This is one aspect of the integral yoga that Sri Aurobindo asks of us in order to make the transformational change.

Not Yet Titled

The constant contradictions, conflicts, divisions of life is the difficult method of Nature's progress. At first glance it can seem without purpose, or if purposeful, then painful.

Yet the resolution of contradictions enable greater subtlety, complexity and puissance to emerge in the world, which means greater organization, which is higher consciousness; furthering, accelerating human evolution.

Not Yet Titled

Efforts of Transformation of our being as Sri Aurobindo and Karmayogi have devised it is no easy undertaking; is not not for the meek of heart. And yet it is infinitely rewarding; beyond anything else we can possibly experience in life.

Not Yet Titled

One false attitude about money is to only care about what you receive, not thinking about the other person and what THEY deserve.

Not Yet Titled

Nature evolves by turning contradiction and conflict between dual pairs into resolution through higher harmony. Thus, secretly they are not really contradictions at all, but are actually complementaries that need one another for their individual growth.

Not Yet Titled

If Life wants to move, there is almost nothing you can do to stop it.

Not Yet Titled

In this age of nonconformity and individuality, nearly everyone conforms.

(I.e. compared to the Conscious life we can live, we are content with an ordinary existence that for the most part is in lock step with others.)

Not Yet Titled

If you don't give objects the attention and respect they deserve, they may cease cooperating and operating properly when being used. They may even lash out at your indifference and disrespect.

Not Yet Titled

Depend not on your skills, your energies, your wherewithal, brilliance, expertise, etc., but on Her. You'll get to where you are going much faster, with greater ease; in stillness and silence; with richness and deep inner pleasure.

Not Yet Titled

Holding back expression of insightful solutions inwardly compels others to come around and make the changes you silently withheld. It is a version of what Karmayogi calls "Silent Will."

Not Yet Titled

Lost in, absorbed in, and acting from Mother is the ultimate form of Individuality.

Reader: All our outside becoming inside!

Not Yet Titled

Let go of fear of future events and circumstance. Depend on Her instead, and all will work out magnificently.

Not Yet Titled

If we rise to a challenging situation with calm and unshakable faith in the spiritual Force, the Mother, the results are bound to astonish.

A trainer had a very difficult situation in front of him. It involved a very critical client for whom he would provide materials for a series of training sessions. At first he panicked, working feverishly with all his skill to develop the content. However, he was still overwhelmed by the situation; as he had limited information and resources at his disposal. It was as if he had one hand tied behind his back.

Perceiving the enormity of the situation and the great pressure he was under, the instructor suddenly switched direction and decided to give up depending on his capacities and skills, and instead relied fully on the spirit; in his case the Divine Mother.

From that point on everything worked out perfectly! Not only the development of the all-important materials, but the magnificent unfolding of the class itself. He had travelled a road from confusion and pain to one of clarity and bliss.

Comment: A trainer had a very difficult situation in front of him. It involved a very critical client in a series of training sessions. At first he panicked and worked hard with all the skill to develop the materials. However, he was still overwhelmed by the situation; as he had limited resources and therefore one hand tied behind his back. Perceiving the normative the situation and the pressure he was under, he suddenly which directions and decided to give up depending on his own skill and wherewithal, and instead rely fully on Mother. From that point on everything worked out perfectly; not only the development of the all-important materials but the beautiful unfolding of the class itself.

Not Yet Titled

Modern life is moving at ever-increasing speed, and it is difficult for us to keep up using normal human methods. However, by opening to the supramental Force, to Mother we are not only able to keep up, but we often move AHEAD of life, which is a wonder to behold.

Not Yet Titled

Whenever possible, do not insist on your suggestion. Instead state your case, be patient, and let it go. If the other party comes around to your position, Life will respond and things will tend to work out for the best.

Example: A man suggested to his colleague that she upgrade to a new version of the computer's operating system software. She reacted with some degree of irritation. Recognizing the situation, the man withdrew his emotions and forgot the matter entirely. A couple of days later, the colleague came around and was now eager to install that very same software. When she did, it all worked out splendidly!

Not Yet Titled

As we move forward, what are we to do? We have to continually be vigilant and alert, and make the right decisions based on the conditions. We will know those things, look into what is necessary, when our Consciousness has risen; when we are in a deeper place that spontaneously looks out onto the world as Silent Witness. Then we will know how to proceed, and thereby journey forth and help bring about the Wonders of the world.

Entryway to Love

People want Love from another or others. But Love is not something you take, but something you GIVE. Because of our inherited animal nature - desire, need, want, etc. - we are not wired to think that way. However, we can change.

Giving love and affection to others in the many details of our daily lives is a way to build up Love. A simpler way still is to stop being Selfish. When we realize how often we are selfish, acting out of Ego in the course of our day, unconcerned about the needs and feelings of others, then we will begin to understand the nature of Love. Ridding ourselves of that selfishness and ego each time it arises is the entryway into Love. Love is to give Love, not to take it.

Not Yet Titled

From one perspective love of children and parents and family is for the most part a form of Ego. It is self-love extended to our extended body. On the other hand, True Love is for anyone you normally interact with. Being genuinely affectionate toward each person we encounter in the course of our day is a powerful way to express our Love in life.

Not Yet Titled

Property is ego. What we call love is mostly ego. Our ambitions is ego. Our negative attitudes, habits, and opinions are ego. Many of our values and beliefs are filled with ego. In one sense we are an ego being, Ego Man.

Reader: Property is a key to ego and to empires..... And to poverty and starvation. Realising that is the beginning of equality in my opinion.

Response: "Ego is duality and predominantly in control, until awareness of truth floods in light." very nicely put.

Yes, property goes back to animals vying for territory. In general, defensively it was somewhat less an ego movement of preservation, unless there was selfishness. The aggressive pursuit of property is more likely to be ego-oriented.

Not Yet Titled

We humans do nearly anything now to collect things and strengthen our property that we are so attached to. In the spiritual age beginning to emerge the attachment to possession of property begins to wane. We value it far less. Ironically we may reach that state by first having the property attachment instinct.

That's how Nature progresses; from Ignorance to Knowledge, with Ignorance necessary as a spur to attaining greater Knowledge/Truth.

Not Yet Titled

Rather than condemn a person's questionable opinion, if you politely and sincerely accept it for what it is - at face value without judgment, - often, on their own, without any prompting from you, the other party will soon come around and embrace your deeper perspective of things. It is yet another form of Silent Will in action.

Sri Aurobindo's Birthday - today, August 15th

Sri Aurobindo worked for Indian Freedom in the field of politics between 1906 and 1910. His inner voice told Him that Indian Freedom was achieved and HE was meant for other work. Indian Freedom arrived on His birthday. When Mountbatten was asked why he chose August 15th, he answered that was the day on which Japan surrendered. Sri Aurobindo fought the World War in the subtle plane and that victory too came on His birthday. He prophesied that India would become the Guru of the World. (Sri Karmayogi)

Not Yet Titled

Blaming indicates powerlessness. Taking inner responsibility instead, moving life, improving that condition from within is true Power.

Not Yet Titled

On Sri Aurobindo's birthday, August 15th, the following occurred through the years:

- Date of Sri Aurobindo's Birth (1872)
 - Date of India's Independence (1947)
 - Date of Pakistan Independence (1947)
 - Date of end of WWII in Asia, which ended entire war (1945)
 - Date of the birth of Napoleon (Sri Aurobindo in previous birth, Mother wondered?) (1769)
 - The Beatles come to America, changing youth culture and beginning of hippies and baby boomers, many of whom advocated New Age teachings (1965)
 - Date of Woodstock Music Festival; Global hippie movement central event (1968)
 - Date of Feast of Assumption ("Mother" Mary taken to heaven. The Divine Mother was adopted by Catholic church (30 AD).
 - Panama Canal opens, as opening to global trade and internationalism (1914)
 - Apple launches iMac and the rebirth of the company with Steve Jobs returning. Apple is vanguard of tech revolution. (1998)
- (all are openings in the world, with Sri Aurobindo leading the way from within; ushering in a New World.)

Not Yet Titled

In Sri Aurobindo's view, Nature progresses from Ignorance to Knowledge, with Ignorance as a necessary stage and spur to attaining greater Knowledge and Truth.

Not Yet Titled

For those of a more mental bent it is worth noting that if you read something that is clearly not true and is not to your liking it is best to withdraw all attempts to respond, such as typing in a comment at a web site, instead holding inside your thoughts and feelings. As a result, a short time later, e.g. a week's time or so there may be news reports that completely validate your point of view. The more you hold it within and detach yourself emotionally from the issue, the greater and faster the response of life validating your own truer understanding.

Reader: I read that one prominent Lama has stated that the burning sensation we feel when we try to contain anger, burns up negative sanskaras. It probably applies to any area we are trying to transform.

Response: Yes, withholding of one's point of view often also involves the holding back of irritation or even anger. It is interesting that, as the llama says, controlling them can also overcome other accumulated negative baggage.

Not Yet Titled

Sri Aurobindo's Silence and Peace can be tangibly felt on his birthday August 15th.

Opening of Mind at the Outset of Sri Aurobindo's Path

In Sri Aurobindo's path, often the first opening is not of the Heart, or in the substance of the physical Body, or even the radiance of the Spirit, but rather in the higher experiences of the Mind; i.e. in the expansion of Mind to garner Knowledge and Truth through light, intuition, and other spiritual powers of Mind. That begins the process of lifting one out of one's essential Ignorance born of creation towards a many-sided and deep integral Knowledge of ourselves and the nature of Life.

Now that the Way forward is charted and understood, the follower of His path can open to the supramental (Mother's) Force above and to the psychic entity within, which along with personal inner effort slowly perfects and transforms the parts of the being - including the lower emotions, negative attitudes, and outworn habits of the Vital plane; the opening and blossoming of the Heart and its centers, including the active experience of higher emotions of self-givingness and gratitude; and culminates in the transmutation of the very material essence of the physical body to create the beginnings of unending physical life on earth.

Comment: This was similar to my own experience. At first I had intuitions of the higher, divine life on earth Sri Aurobindo and Mother laid out for us, and only later was I able to regularly open to Mother's Force and bring about powerful life response results. There continued the inner effort of the recognition and overcoming of the negative attitudes and such, as well as a deepening of the consciousness within, and further expansions of the Mind to more revelatory heights (including subtle perceptions, perceiving subtle life laws, perceiving signs and portents, etc). Along the way life has been sprinkled with powerful meditations, deep feelings of peace and experiences of silence, feelings of divine Presence within, perception of the Transcendent Reality, powerful inspirations and revelations, and so forth. Perhaps most significantly, the miraculous has increasingly become the commonplace.

Making a Cross-Road Decision

Often we are compelled to make a cross-road decision, such as whether or not to do a particular thing. As we all can attest to, sometimes it is not easy to decide. And yet we can make the best decision if we follow a process, which goes something like this:

In two columns think about and write down the positive and negatives involved in the situation. Think of the positive and negative both as it relates to your own consciousness within, the Internals, as well as the External conditions, atmosphere. Whichever one dominates, - positive or negative -- choose in that direction.

Eg a man wasn't sure if he should go on a trip. He wrote down the positive as it relates to his own consciousness and the positive externals. He did the same for the negative side. He saw that the positives outweighed the negatives, and decided to go on the trip. The trip went splendidly. Life responded all around in the positive.

(What I am narrating is essentially the 4-Quadrant approach of Karmayogi. That approach also indicates whether a potential decision taken would have short or long term success or failure.)

Love and Hate

Hate is the inversion, perversion of Love. You normally cannot have hate without an origin of Love. E.g. in the legend of King Arthur, Mordred hated his father because he wasn't acknowledged by the king as his son. He therefore spent the rest of his life in hate trying to destroy his father. We see similar things in the Middle East between the Israelis and Palestinians (who have common roots and origin of homeland), between Sunnis and Shiites, between Indian Hindus and Muslims in Pakistan, in every imaginable form of relationship between individuals, etc. etc.

Reader: That's because we have been conditioned to believe in polarity when in reality there is only oneness. We've just forgot!

Response: Yes, it's true. Ego and our deep attachment to the belief behind it dominates. However, later generations tend to evolve out of the past influences as their interests are different - e.g. emerging into prosperity - and as a result the past conflicts begin to loosen and then dissolve. This is one path of Nature.

Other paths are War, and in the case of an evolutionary movement, a recognition of one's foolishness and falsehood. But even in the latter case it often comes after the Physical (animal-like) Consciousness is shaken to its core through a great trauma, thereby opening one to change. Very rarely will it come through sudden shifts to Higher Harmony (such as the Egypt - Israeli agreement years back; or the sudden end to the Cold War.)

And yet with the Supramental Power this is very possible. One man can practice it, and sudden good fortune will follow for wider collectives. Hate then dissolves, and harmony and common interest, and even love can take their place through the action of the Spiritual Force, the Mother. This is of course for an enlightened world, which we have barely begun to realize. In the meantime, we can do our very best in our individual lives to bring about more harmonic conditions. Sri Aurobindo says that one man can [from within] change the world. We can prove him right!

From Immortality to the New Body and Species

In Her 14-volume Agenda Mother explains in vast detail the physical change She was undergoing by opening to the supramental Force for the purpose of transmuting the programming of Her cells. Near the end She said Sri Aurobindo could return in a new birth with the New Body; i.e. with the organs replaced by Centers of Consciousness. Still She wasn't entirely sure He would be the one.

She describes this new person as very tall, svelte, sexless, devoid of the major biological systems (digestion, breathing, etc.) with a great illumined head. In Agenda She narrates how She became this New Being in the subtle physical in one of her many extraordinary supra-physical experiences.

Then how does a material organ of substance turn into a center of consciousness? She said it begins when the cells are convinced of their immortality. And being non-decaying, immortal, unending would then serve as a foundation for a change of the material substance into centers of Consciousness, replacing organs and such. In other words, the cells becoming more conscious would evolve new, more subtle structures, formations culminating in non-material centers of consciousness and being. In that way a new human species, the Supramental Being, would be born.

Not Yet Titled

Sometimes the best addition comes through subtraction.

Reader: Sir can you please elaborate on this

Response: Example: A sports team was doing terribly. The coach couldn't figure out what the problem was. He tried everything including bringing in new players, but nothing worked. Then he came to realize that one particular member of the squad was causing dissension on the team and in the organization. At first the coach and management did not take action against him. Problems persisted. Then one day they took action and rid themselves of this one player. Suddenly everything started going well. During the next several weeks they went from the worst team to the very best in their division, an incredible turnaround, all due to "addition," i.e. improvement through subtraction by ridding themselves of a troublemaking individual.

Other

examples:

- Accumulating too many possessions
- Eating less when obese
- Remaining silent instead of hogging the conversation
- Taking up too many projects at once, or reducing scope when bloated
- Shedding a hostile friend
- Reduced, slimmed down content in an article
- Slimming down the organization when it is too bureaucratic

- Reducing the number of tasks on a bloated agenda
- Less thinking
- Applying Values like simplicity and ease of use

Mother on Food and Nutrition

Some of the things I recall Mother saying or implying about food from a spiritual perspective are:

- Essentially eating is for nutrition, upkeep of the body; not for pleasure.
- The more subtle the forms of food, the better that serves this purpose.
- She commented how vitamins are examples of one efficient way to ingest nutrition; is but one example of more subtle foods that can be developed in future.
- She was not anti-meat eating, as it was a source of protein, energy, etc.
- Part of Mother's mission and focus was on the transformation of the body where there would be no need for the gross, material digestive system in the first place.
- "Food" too would evolve new subtle forms.
- That one could even learn to absorb Energy directly through the ether was another of Her hypothesis that she experimented on.
- She essentially believed that if people spent 1/10th the time elevating their consciousness compared to time spent obsessing and focusing on food, it would be a real progress.

Reader: I saw a documentary on this guy who promotes sun gazing as a form of nutrition and self-development; he got the initial inspiration from the Mother.

Comment: Very interesting.

In Agenda Mother narrates how as an experiment She tried to gain Energy by absorbing it from the atmosphere, but then She kept losing weight! So She stopped.

Not Yet Titled

Best to avoid acting superior to any person, for that individual may hold the key to your future happiness and success.

Not Yet Titled

To clearly perceive the situation at hand and know precisely what to do at every moment is an indicator of an evolved consciousness.

Not Yet Titled

Truth of facts silences opinions.

Not Yet Titled

Detachment is non-reaction to the intensities of life around us, which has the effect of resolving the issue at hand or eliciting another positive outcome.

An Unexpected Financial Delight

A management consultant friend of mine got involved in a new burgeoning enterprise. At various points he switched from being a consultant to one of the investors and partners, and then to consultant once again.

At one point he got very upset with the other partners who at that point were unwilling to invest their funds and move the project forward. As a result in the days that followed there was much tension and anxiety; especially for him.

One day he came to realize that he was pushing so hard on the money issue because he wanted to buy a special boat that had become available. After receiving condemnation from one of his trusted friends, he realized his false behavior, and as a result consciously decided to detach himself from the whole money issue.

A couple of weeks later he was astonished to discover that the other partners had decided to lend him the money so that he could now be one of the investors in the company, thereby promising him big potential returns in future.

As we see, when we shift from desire for and attachment to money and what it can bring, we can suddenly attract money from out of nowhere; often from the most unlikely sources; and often in the dearest and most precious ways. It is yet another instance of the life response power of coming to grips with and overcoming one's unconscious, false behavior.

Not Yet Titled

Management of an organization cannot just advocate high corporate Values for the company without implementing it at every level, from the very top to the smallest details of the lowest paying jobs. It is key to Values implementation in the organization and the vast success that issues from it.

Not Yet Titled

Karmayogi indicates we need to capitalize on the inner resource -- whether detachment, goodwill, shedding a wanting attitude, consecration, etc. -- that brought about a magnificent positive response from life by continually reusing it as well as expanding it in new directions.

Not Yet Titled

I am enamored and in awe of how easily Krishna shifted back and forth between his human poise and his true being as divine Lord of All. What makes the transition smooth is his utter humility, self-givingness, service, and love in his human status.

Not Yet Titled

Unnecessary speech – in terms of words spoken, volume, etc. – distances you from success. Verbal silence has the opposite effect.

Sincerity and the Secret of Creation

Knowledge gains power when it moves from thought to action. When the Idea turns into a strategy that we act on, then knowledge is empowered. Another way of putting it is that we can move from superficial interest in the idea to true Sincerity of application through strategies and action. As a result, we generate an irresistible force that attracts the successful accomplishment of the idea. It comes as an unexpected, unprecedented, powerful Response from life. This is the Secret of Creation; of manifestation and accomplishment in the world.

Not Yet Titled

We are not just "consumers" as the economists say; rather we are human beings with human needs. Let us measure the success of our economy based on such values alone.

Not Yet Titled

If a problem seems to be developing up ahead, don't assume it will continue that way. Holding back that negative expectation will quickly free up conditions to your benefit.

Example: you're driving your car on a busy highway and suddenly the traffic up ahead is coming to a standstill. You assume that you are at the beginning of a long traffic jam, and therefore a long wait. Instead you catch yourself and assume no such thing. As a result only a few minutes later traffic starts moving, flowing, and the backup completely clears out! It's a complete reversal from your earlier

perception. That is the power of not giving in to a negative expectation. Life takes over and you are once again aligned with the very best conditions.

Not Yet Titled

Our apparent separative individuality is only a surface movement and behind it our real individuality stretches out to unity with all things and upward to oneness with the transcendent Divine Infinity. (Sri Aurobindo, The Life Divine)

Reader: The mirror has a lot to answer for!

Not Yet Titled

Sincerely owning up to and apologizing for a wrong behavior can evoke an instantaneous, startling response from life.

Piano Synchronicity and the Power of Intention

A long-time friend of mine who was staying with his elderly parents decided that he wanted to take up the piano after many years of guitar and other music playing. He would start from scratch. His strategy was to pick out 10 songs he was familiar with and then try to figure it out on the piano.

At the residence there was a recreation area where others could come in and play the instrument, though the piano itself was hardly ever used, especially during this particular season of the year.

Just as the man dedicated himself to learning the first song on the instrument, giving up all hesitation and taking an action, a couple walked into the condo music room and b-lined it straight for the piano where he was sitting. No one hardly ever came to this area, yet right at the moment he decided to practice the composition the couple arrived. When the man asked the woman (who was approximately the same age) why she marched over to the piano, she said with smiling enthusiasm that she'd just finished her 5th piano lesson and was excited about learning to play more of the piano when she retires from work shortly!

The man was startled at these turn of events; that just as he was making this new beginning to learn the piano someone else had come over who also had decided to take up the piano and had now progressed to her 5th lesson.

When you truly focus your interest and attention on doing something, life has a funny way of cooperating with that intent and bringing forces and forms that substantiate your intention. The man's intention, including his decision and action to get started, was mirrored by woman suddenly arriving with virtually the same intent; and doing so synchronously to a place at a piano that was nearly always abandoned. That is the power of giving up all hesitation, fixing your intention, and acting on it. Life cooperates with corresponding positive conditions. An abandoned piano suddenly attracts more users in a joyous occasion of synchronicity among the parties.

Not Yet Titled

Magnificent irony: the greatest form of individuality is when that person's Self uplifts the collective.

Comment: Eg Steve Jobs, Leonardo de Vinci, Krishna, etc.

Not Yet Titled

Every outer problem can be resolved inwardly.

Comment: This a concept foreign to humanity, as it believes the way to solve the problem is to attack it head on- i.e. outwardly, materially; as opposed to movements in consciousness, where no outer connection is initiated between parties. I.e. where we raise our consciousness - through inner methods of silence, non-reaction, consecration, overcoming wrong attitude, habit, motive, belief, - and then Life

instantly responds positively on its own, SELF-RESOLVING the problem. And yet this will increasingly be the way for humanity to resolve its problems in future.

Not Yet Titled

When we ask for something through prayer, the response is limited to our level of intensity, sincerity, receptively, etc. Consecration however as we know it in its purity of "Thy Will be Done," and even more so as yogic movement of Surrender in life, has no limits. It is the Force acting unencumbered, doing precisely what It (the Mother) wants.

Changing Genes through Higher Consciousness

While an international debate focuses on whether we should modify the human genome to create more perfect children who are less susceptible to disease and of a higher intelligence, many know that can be accomplished through various methods of elevation of consciousness; and done so without potential negative side effects.

Just taking to a more silent mind; and shedding negative attitudes and habits; and opening to the spiritual Force can readily bring about those hoped for positive effects. (Eg the woman known as the Mother spent decades calling in the Supramental Power to alter the programming of the cells of Her body.) Moreover, those powerful results can also be passed down through the genes to future generations, who can take further steps still.

While society focuses on the ethical issues surrounding gene-manipulation to create enhanced humans, they miss the deeper potential to make real what the material-oriented scientists hope to achieve, but not through their one-dimensional physical approach.

Not Yet Titled

The greatest technology we have to move life lies within.

Not Yet Titled

Everyone blames everyone else when things are not to their liking, but only a very few take inner responsibility instead. It's too bad, because that is where all the inner power lies to attract outer positive conditions (that one has unsuccessfully been trying to resolve through outer means of blame)....

Not Yet Titled

The best way to converse with another is to connect with their Soul and Essence in a conversation. It engenders goodwill, harmony, and sparkling interaction.

Soul of the Family

Each family is uniquely constructed so that through their interaction and contradiction each member has the opportunity to grow to a higher level; individually and collectively. We can perhaps call it "Soul of the Family" that has been born into this life through its members, just as there have been past births and there will be future ones. Families are therefore constructed by the Divine and manifest in life for an evolutionary purpose: to grow its members out of its Ignorance toward an ever-increasing higher consciousness.

Comment: Between births the soul retreats into a nether realm and figures how to reenter the universe; through which person it will profit from inhabiting. This psychic entity collaborates with Nature and the unfoldings in the universe it will reenter - determining where one is born, which is the appropriate family to enter to enable Its growth and the growth of the person who hosts the soul.

Not Yet Titled

By studying human nature as it unfolds around you, you can truly begin to understand the Psychological conditions of life. By perceiving the subtle unfoldings of life, including the flow of activities and events around you, you will learn the deepest laws and principles of Nature, of Existence. Together the Psychological and Universal knowledge and power will flow and grow within you.

Not Yet Titled

An open soul will readily respond to suggestions for improvement in their nature. Souls tinged with ego will battle and battle against the truth of things until they eventually relent and the barrier breaks down. Often it takes a psychological or other form of trauma for their physical consciousness to loosen its grip, freeing them of ego, and thereby creating an opening to others' suggestions for improvement in their nature.

Big Life Lessons from a Big Tree Branch

One life principle that periodically presents itself is that one should avoid reminiscing about past mini-disasters; otherwise, new ones will suddenly descend on you.

Recent Example: A man reminisced with his friend about small negative experiences each had in their childhood. Both exchanged several stories about troubled events.

A little while later the man went for a drive. When he parked his car, another car - a craftsman's truck, - drove into an empty space just in front of his car and nearly banged into it. When the worker got out of his car, he grimaced as his wrist suddenly hurt.

The first man then walked around the block for some exercise. When he returned near his parking space on the street, he saw that a gigantic tree overhead had collapsed and fallen on the three cars behind his! He was very lucky that the huge eucalyptus tree branch didn't destroy his own vehicle.

There are two points to note here. One is that a small event will indicate a much larger one to come. When the worker man nearly knocked into the first man's car and then indicated pain in his wrist, it was an indication of the big tree collapse to come.

Second, as mentioned at the outset, blithely discussing earlier disasters invariably attacks more of them soon after.

One other point: Had the first man recognized the situation from an inner perspective and consecrated the near collision of the worker's car into his, the tree falling incident never would have happened.

Not Yet Titled

According to Sri Aurobindo to overcome the Practical Ignorance of not knowing what is truly going on in our lives, what we should do next, and where we stand in the scheme of things, we would need to overcome all the other Ignorances. I.e. we would need to consciously experience all of the parts of our being, commune with the Divine, and be one with, in identity with the omnipresent Reality itself to truly know how to carry out our moment to moment lives in the Light. That is the evolutionary challenge before us.

thanks to Garry

Not Yet Titled

The more you hold back from boasting about an accomplishment, or letting others know of your fine result, etc. the more life builds upon and expands it. On the other hand, impulsively, impatiently, or gleefully expressing the result can quickly diminish what has already been attained.

Not Yet Titled

Think about the companies you're familiar with, and the deepest values that underlie their success. Then think of the individuals around you, and the deepest personal values that are the basis of their

accomplishments. Now consider all these values in total, and you will begin to understand the essence and power behind the heartbeat of life.

Nature of Money and Our Capacity to Attract It (updated)

Money is a Social power; ultimately a Divine power. It exists primarily through human Trust; and in ever more subtle forms:

- barter of goods
- gold for good
- coin for goods
- bills for goods
- checks
- credit cards
- transfer through pulses of electricity

The greater the Trust the newer and more subtle the forms of money.

Eventually through highest trust and social progress money starts self-multiplying. Money is then available in vast quantities, approaching infinite.

There is vast amount of money in the world; much of it unused and uncirculated. Pressures of society and higher consciousness can rectify this.

The more money circulates, the more of it is produced. Eg bank deposits are loaned out by banks, causing 6 to 1 boost.

The more society evolves, the higher the consciousness, the more money SELF-replicates. Apple has \$200B it doesn't know what to do with, an indicator of self-replicating money emerging in society.

Money enables development in society, even as development produces more money. They feed off one another.

However, Man is a slave to money. At its worst it becomes Black Money that can destroy, individuals, parties, and the entire society.

He who works for service of others, with money a distant thought can attract the most (as in Silicon Valley).

Highest consciousness brings out the social utility and divinity of money.

As Man evolves in consciousness money is increasingly available in right quantity, time, and place. It self-distributes exactly as necessary, needed.

The more Trust in the world, the more new forms of money and distribution models are created in society.

There are many laws we can practice to attract money via life response phenomenon, including-

- higher levels of cleanliness and orderliness
- shedding negative attitudes, habits, and beliefs
- collecting all monies owed to you
- paying off every debt you have
- circulating rather than hoarding it
- service and self-givingness as goal, not money
- soft speech and fewer words
- intention, decision, action to achieve a goal

The devotee thinks of the spiritual Force, the Divine in all money transactions. As a result money functions and flows in just the right way.

The sadhak of integral yoga has no interest in seeking and accumulating money, and it thus can fly to him when it is needed.

At one level Money is a neutral force, dependent on the consciousness of the holder.

Ultimately however Money is a vast social power available for the benefit of society, reflecting its ultimate and true nature as a Divine force and power, carrying out the Intent of the Infinite Consciousness through its infinite circulation in the world.

Not Yet Titled

Each of us are here to go through a particular and unique set of challenging situations in order to further our own personal growth and progress.

Not Yet Titled

Shifting from dependence on your skill, capacity and wherewithal to Mother in a challenging situation not only elicits great positive results, but causes one to be engulfed by a profound spiritual peace.

Faith that Brings Courage

Courage is not just a physical attribute, but a psychological one as well, like when we dig deep and summon the inner strength to face a life challenge. Fortunately we have Mother to rely on, to have faith in, providing us with the inner strength and fortitude to face any situation. When we then act in that context, we discover to our surprise that everything actually moves quite smoothly; far more easily than we might have imagined. Then we come to realize that such strength-demanding life challenges are actually adventures of consciousness and joy when supported by the the power of the Spirit.

Not Yet Titled

All problems have come to teach us life lessons, so we can grow.

Not Yet Titled

The Divine is constantly presenting us with situations that we can learn from. However we tend to cherry-pick what is convenient instead of eagerly harvesting that vast abundance of Truth and Knowledge.

Not Yet Titled

From a Higher consciousness we perceive all events around us as perfectly flowing and unfolding in a symphony of interrelatedness.

From a highest consciousness perspective, the only one who can disturb your current psychological status and well-being is your own self.

Not Yet Titled

Cleverness is a gift; kindness is a choice. (Jeff Bezos)

Comment: It's a beautiful remark.

To be kind requires a kind of conscious awareness of a situation, a momentary movement within, and then a reaching across the chasm that divides us in order to help or be of service to another. It is a conscious choice; which is really a divine-like choice. It puts aside our focus on our own needs, concerns, and agenda, - encapsulated as Ego - and enjoins Other in a sweet gesture of momentary soul embrace.

The Role of Mind and Self-Reflection on Sri Aurobindo's Path

In Sri Aurobindo's integral yoga, even in the general approach, Mind or mental understanding leads the way. The context of all methods is a mental awareness of the truth of things, including one's level of knowledge and consciousness even if very limited at the outset. He is not looking for devotees who merely have great enthusiasm and devotion, but do not know what the purpose and context they are practicing it in. He wants reflective individuals who are self-aware of their strengths and limitations even as they are on a journey of progress.

And yet ironically at a further stage of His path rational mind will be increasingly shed in deference to mental silence, intuition without thought, and even higher formations of understanding of spiritual mind and the guiding influence from our deepest depths. It peaks at revelation and then supramental perception where there is complete multi-sided knowledge in that context along with a power for that Truth manifesting as something real in the world.

As defined in Life Divine book ours is a journey from Ignorance to Integral Knowledge of the true nature of ourselves and the universe, spirit, the Reality. The Mind and its understanding plays a vital role in perceiving our Ignorance and the road we have to travel to reach the Integral Knowledge and Truth of existence. Knowing who we are and what life is is the mind, mental yoga that needs to complement the yoga of the heart, devotion, and that of works. They are together seamless in his evolutionary path, though mind and efforts of being self-aware of our strengths and limits leads the way.

Not Yet Titled

Sticking with the tried-and-true can prove to be a very good strategy provided that subconsciously it is not blocking the emergence of the Dynamic and New.

Not Yet Titled

Capacity to restrain ourselves from speaking ill of any person in public garners a great power to attract success. Goodness and humility are the spiritual values behind such positive behavior.

Not Yet Titled

At each moment consider the situation, and then try do the right thing in consciousness. Each time you do, life will respond in your favor.

Not Yet Titled

The essence of 'The Secret' is that negative thoughts and emotions attract negative circumstance, while positive thoughts and feelings attract positives ones. It is a simple yet profound truism; indicating that the inner and the outer are One, without separation; a single continuous stream of existence.

Psychic Being is Spirit in the Ascent

Sri Aurobindo says in The Life Divine that we know God in the descent, but we do not know God in the ascent. God in the descent is the Parameshwara who has willed the creation. But what is God in the ascent? It is the godhead concealed in Matter that is evolving from Matter and progressively manifesting itself. That is the psychic.

It is not outside of the evolution. It is the seed of spiritual consciousness that is awakening through our conscious experience in Prakriti (Nature).

When we talk about the soul that goes through the experience of life after life and evolves and gains knowledge, we really mean the psychic. (Garry Jacobs, Lectures on Sri Aurobindo's The Life Divine)

Not Yet Titled

"Romance is the ultimate adventure and the greatest mystery."

It is an adventure because it's an adventure in consciousness; that is, through your interrelationship you are afforded the opportunity to grow as an individual, and together. It is a mystery because you have taken to the unknowns of Love, whose majesty is constantly being revealed, even as it can never be fully realized.

Not Yet Titled

It is said that the more intense our romantic relationship is on the surface, the more brittle and likely it will fail. On the other hand, the more affectionate, self-giving, and deep the connection, the more likely it will last: even last forever. It is because such a bond engenders so much joy that neither party would ever want to extricate themselves from it.

Then where do you stand (or wish to stand) in the scale of romance? Here's a range that RomanceEternal has developed to help you come up with an answer:

<http://romanceeternal.org/article/ten-levels-romance>

Not Yet Titled

The trend of Evolution is increasingly to accomplish the outer from within.

Not Yet Titled

Within discretion it is best for the devotee to be very responsive to what others ask of him, as it ordinarily has the sanction of the Higher Power.

Not Yet Titled

As soon as you give up your reluctance, the world opens up.

Example: A man was reluctant to address what he thought was a minor request from his business friend, as he felt the other person was not seeing the bigger picture. After seeing that his own perspective was not penetrating the mind of his business friend, he gave up his reluctance, took the other person's point of view, and accepted in full the associate's request. As a result of working on that task, the man now clearly saw a way forward for their future collaboration on a great major project in the life of both.

Not Yet Titled

Allowing yourself to be pushed one step beyond your physical or psychological breaking point shatters limits and opens up a world of new possibilities.

Reader: moving out of the comfort zone

Response: Yes

Not Yet Titled

Not to feel the challenge is one trait of equality [of being]. (Sri Karmayogi)

Comment: Suppose there is a request for you to perform a class within a week, and you have no materials, nor any obvious way to attain such. Normally this hits one as a challenge as the mind and vital react. On the other hand, Equality of Being is to be absolutely undisturbed by the challenge, to be utterly still, and in that context know how to proceed. If one has deep faith, then one also knows it has come for a purpose, which helps build and sustain that equal state.

Not Yet Titled

Detaching fully from money while being truly self-giving to others in the work attracts more opportunity, thus more money.

Not Yet Titled

We are not here to do good in order to go to heaven, but rather we are here to bring down heaven and it's Divine values and attributes to help establish a more evolved humanity and thereby a divine life on earth.

Not Yet Titled

Indian sages discovered the Infinite Brahman and devised various yogic disciplines to reach him. The main condition is to give up life. In a world where rationality is not yet the ruling force, Sri Aurobindo saw that Man can evolve into the next species, the Supramental Being, if 12 yogis attain the Supramental consciousness. In their absence, HE decided to achieve that goal by working in the subtle plane, left the body in 1950 and achieved it in 1956. The Divine Mother continued His work and reached further spiritual heights.

Sri Aurobindo added a new dimension to yoga: the Infinite Force above can descend into our finite life and flower as Spiritual Prosperity, which includes material abundance. Yoga is not for all, but the yogic force is available to all for progress in life. One who invokes this Force can witness his life endlessly expanding. What the West has achieved in the last 500 years using the power of Mind, Indians can achieve in a very short time if they know how to express the Spiritual Power in daily life.

(from the preface of booklet 'Spiritual Opulence' by Sri Karmayogi)

Life Response Book and the Check

I had a number of bills coming up and was dependent on a large check coming in the mail to cover the expenses. I gently asked the client if they could rush the payment a bit, which they were more than happy to do.

However for five days, far beyond the time I hoped to receive the check, I still did not have it in hand. And I didn't know if the client had even sent it.

Meanwhile I have been working on a major project of gathering together four hundred plus life response incidences that have taken place over the last 15 years. The compendium book is called 'A Life Response Reader.' I have been working on the document for several months straight. On this day however I realized I was coming to the end of that work and mentioned that fact to a friend.

A few minutes later, it was all done. Finally I had a completed the first draft!

However just as I lifted my head in a moment of exultation and relaxation, I saw the mailman walk to my letterbox.

I then went to the front door, leaned out to the box and found a lone envelope. It was the check that I longed for; something I did not expect to receive for a while!

I understood that there was great power in the project I had been absorbed in. The gathering and categorizing of life response content creates enormous psychic energy. And the proof was that within one minute - actually one SECOND - of completing that months-long work I received the payment that I had dearly longed for.

It was a wonder that the check arrived synchronous with the completion of the project, but it was really astonishing that it happened within a second of completing the work.

A book of Life Response incidents had itself evoked a magnificent response from life. Like the contents of the book, it was another chronicle of "Instantaneous Miraculousness."

Not Yet Titled

Why is everything interconnected (as we see in life response, attraction, synchronistic phenomena)? It is because the Source is One, and therefore the Many that is the body of the Source is secretly One as well.

Not Yet Titled

Mother's Service Society leader Garry Jacobs has written a magnificent novel that encompasses many of his experience as global thinker and speaker on social development, as business management consultant, and as student of Life Response phenomenon. It's called 'The Book.' Find out more at this Facebook group site I am leading.

<https://www.facebook.com/groups/140220262753364/>

On Trust

- What makes human life sweet is implicit trust. Trust grows in a soil where suspicion has no roots.
- Intelligent unselfish trust between two people makes that moment divine.
- Frank trusting relationship makes the emotions rich and life expand.
- Capacity of man to trust his arch enemy – the boss, the priest, the wife, the parents, the rival, etc. – is endless. (Karmayogi)

Willingness to Make Small Correction Opens Up the World

A swallowing of ego and willingness to correct the slightest mistake suggested by another can open up an entire new world of possibility.

A partner suggested that a small error was there in the training materials of a workshop the other partner had developed. The second partner took umbrage that the first partner was focusing on a minutia as opposed to the overall presentation. Still he pushed the troubled feeling aside, did not give it voice, and went ahead and made the small change anyway. Suddenly a moment later for the first time the two were considering working together to market the entire 7-day workshop!

Thus we see that the small, even an apparent negative small, taken in the right light can open to the door to the very large. In other words, the micro is an opening to the macro when embraced in the right way. Why is this so? The tiny is great because it is one with everything else. From the perspective of the highest consciousness there is no distinction between the small and the large, the micro and the macro. Pull the string on the tiny, such as embracing it rather than being hostile towards it - and the universe will quickly open up!

Our Subtle Connection to Corresponding Elements in the World

Each of us are subtly related to a unique set of circumstance, conditions, people, places, and things throughout the world. And when we shift our consciousness to a higher level, we can instantly have an influence over any of them without even knowing they exist.

For example, if we shift away from a negative attitude, such as from ill-will to goodwill; or we make a change from uncleanness and disorderliness to their opposite; or make a breakthrough of some kind in our understanding and awareness, we may quickly learn of a positive development somewhere in the world among those elements we are secretly related to.

Eg we may read the news and read a just-breaking headline, and in amazement say to ourselves "oh I see: I gave up a negative attitude, and now suddenly there's a breakthrough in Paris concerning peace among these two nations, who on further analysis had each backed down and given up their ego a bit in the negotiation." Or we otherwise take notice of some other occurrence in the world that seems inexorably related to our own new-born inner change.

In this way we begin to see that everything in the world, in the universe is interconnected; or as described in science is "entangled." And that each of us seem to be entangled to certain specific things in the cosmos. And when we make a certain change in consciousness, we align with corresponding emerging conditions elsewhere in the world. In this way, we have an enormous power to alter the conditions of life.

The Mother explains this astonishing phenomenon this way:

I have a curious impression of a kind of web -- a web with ... like very loose threads, I mean not tightly meshed, connecting all events, and if you have power over one of these webs, there's a whole field of circumstances that apparently have nothing to do with each other but which are linked together there in such a way that one necessarily implies the existence of the other ... And I have the impression it's something that envelops the earth.

And it's not mental. They are circumstances that depend on one another, in a completely invisible way outwardly, without any mental logic, and yet as though connected to one another.

If you are conscious, really conscious of that, that's how you can change circumstances."

Not Yet Titled

Very few of our thoughts are original, come from within ourselves. Rather they originate from others, circulate invisibly in the atmosphere and we catch onto it, or come from universal Mind or planes of consciousness further beyond.

Not Yet Titled

Uninvited criticism of another will not help change them nearly as much as restraining from criticism and consecrating, which has the power to draw them out and ask for your help on this or another matter, or they may simply change on their own.

Not Yet Titled

Our destiny is to become the Divine, not just worship the Divine.

Not Yet Titled

Ego dominates our lives, from every angle, in so many ways, even as we believe only others in their negativity express it.

Comment: (I am tempted to say that there are 25 to 100 individual expression of Ego each day by the average person. And we are normally completely unaware of the fact, rarely take note of them, let alone attempt to halt them in their tracks as they arise. It is part of what Sri Aurobindo calls our essential Ignorance born of creation.)

Reader: Can you please give examples of such expressions Roy Sir as that would help us to become aware of them and take note of them?

Reader: It's in every sense of separation (or the separate self-negative or positive).

Response: As Nora indicates all expressions of separative consciousness is Ego. Separation and division from others, life, work, even self. There are dozens if not hundreds of types of expressions.

Among them are –

Feeling proud and superior to another

Feeling jealousy about another's accomplishment

Wanting to get the raise before one's competition

Feeling anger, irritation, hate, etc.

Wanting to assert one's opinion above another's

Wanting a romantic partner and being disappointed when he fails to appear

Feeling sorry for one's self

Concern for your own children at the expense of others

Being overly fond of one child over another

Overly admiring one's beauty

Proud of one's new possession

Impatience, over-anticipation, and over-expectation

Pride of one's association with a higher up

Unwilling to change a bad habit

Not listening and asserting one's own view

Concern about your side of the issue; not the other person's

Unwillingness to be involved in the rearing of one's children

Constantly blaming others

Unwillingness to take responsibility

Hostile feelings towards another
Disappointment one has not won a prize
Frustration in one's current situation
Boorish and related behavior that is offensive to others
Not being concerned that you are disturbing others
Taking advantage of another person.
Feeling of insecurity and incapacity
Lying for expedience sake
Unwillingness to share with others
Unwillingness to change
Unwilling to listen to advice, suggestions of others
Any bad habit that affects others negatively
Selfishness of any kind
Etc.

PS If you catch yourself and consecrate that egoistic inner or outer thought, emotion, or act, you are likely to elicit a powerful positive response from life.

Reader: Thank you Roy Sir smile emoticon the ego is a false centre within ourselves to which we shouldn't fall prey to

Response: Yes, we should constantly be vigilant for any expression of ego. Every hour it will express at least several times. Let's start today. Even right now. Life will respond each time we observe it, catch it, stop it.

MONEY PROBLEMS AND EGO

- Money issues can dog the best of people, as they have never become conscious of its underlying laws.
- Lack of money is often tied up with detrimental attitudes we have in relation with others, ourselves, life, and work.
- While we correctly acknowledge that ego can dominate the lives of the rich, we don't see how negative attitudes, including Ego-sense interferes in the lives of the poor, as well as others who have financial problems.
- The small little things that we miss over time build up and create our financial woes.
- Usually we are glossing over small details that facilitate an issue by serving our ego-sense, instead of adhering to truth.
- All of this can be reversed by identifying our wanting history in relation to money, and consecrating it. Life WILL respond to such efforts.

Mistake of the "Practical Ignorance"

It is said we should not assume anything to be the case until we know the truth of things, i.e. the facts. Otherwise we will seem foolish for having rushed to judgement. It is one expression of our "practical ignorance."

A man saw his friend interact with a group of people ten meters away. Based on recent serious events he assumed she was discussing these circumstance with certain members of that party. However, when she returned, she presented a completely different narrative. It was not the serious problem she had been discussing, but rather she had a pleasant interaction with a new individual who would become our neighbor.

Our mind is not calm and patient enough to wait on the truth of things. Instead we defer to the faulty and superficial input of the senses including the visual and auditory; or too heavily lean on the logic of the past that our mind projects into the future. Mind being brittle in this way, one tends to be error-

prone and mistaken in one's conclusions. A higher consciousness and deeper poise needs to take its place to eliminate such common mental errors.

In his metaphysical tome *The Life Divine*, Sri Aurobindo tells us that this sort of condition is the result of our inherent "Practical Ignorance" born of creation. It is but the first of 7 great forms of Ignorance that Man is ensconced in. And yet He tells us that through an evolution in consciousness we can shed all forms of Ignorance, come to an Integral Knowledge of the true Truths of life, enabling our highest consciousness and divinity to emerge.

Not Yet Titled

Mother puts everything in the exact right order of unfolding. It is because it is the supramental Truth Consciousness at work.

Not Yet Titled

Consecration is to give up our will, replacing it with Her Will.

Major Themes Of 'The Book'

(The following are some of the broad themes and undercurrents of Garry Jacobs' epic novel of human consciousness 'The Book')

AI's Need to Discover the Laws of Life

Artificial Intelligence has succeeded to the degree it is able to understand the physical laws of existence. However it does not know the underlying Laws of LIFE that the MAI team discover from The Book, and incorporate into their AI system making it so powerful and profound for all the world.

Change One's Self to Change the World

The MAI team are seeking to change the world, but over time realize that to do so they must first change themselves. Thus progress and evolution in the world comes not just by individuals trying to improve the collective, but by raising their own consciousness and become more self-aware. Such wisdom incorporated not only gives power to the AI system itself but provides the knowledge for the team to function optimally and attract positive conditions from life.

Relationship Between the Team and Professor Stearne

Professor knowing the ways of The Book that he first discovered in Budapest in 1958 (after the descent of the Golden Light of the Mother) is the wisdom behind the MAI company. Yet it only the team that can fulfill his vision. He and his knowledge depends on them and the execution of the principles, just as they depend on him for their self-knowledge. Dan stands in between as the group interface to the wisdom, and in the other direction, the executor of the vision by leading the team.

Individual, Universal, and the Transcendent

There is a confluence of the individual, the collective, and the higher consciousness or transcendence in life. The Individual serves the role of fulfilling the intent of the collective, of society, i.e. the universal. And the universal; i.e. the movements of life serve to fulfill the intent of the Divine or transcendent. The true individual is thus the person who connects with the flow of life to produce benefit for himself, the collective (including the society the group, the team) bringing about change, development, evolution in the world.

Conscious Life Response

At each point that the team gain a higher knowledge and apply it, life responds. It is actually continually responding both positively and negatively, though as they become more conscious they can direct events and evoke response at will. This is true for themselves and for the AI system that advocates solutions to the problems in the world.

Not Yet Titled

Supramental life is to accept and embrace every shift in the flow of events.

Reader: Even the painful event?

Response: Yes. To see the painful event in relation to other circumstance; to the totality of conditions. Supermind perceives the integral relationship of all things, including the good with the bad.

By "embrace" I don't mean desire the negative, but to accept its purpose and role in the greater scheme of things. In that way the negative can be a great teacher. We can view every negative around us as a reflection of a corresponding negative quality - often a poor attitude or limited belief - inside ourselves.

This is from the spiritual perspective. From the ordinary human perspective the negative is simply division, conflict, and pain.

Not Yet Titled

At the instant you even make the Decision to go the extra mile for others, life does the same for you.

Embracing Change in Training Class Attracts

Over the years we have seen that fully cooperating with the Unexpected can evoke startling positive conditions. Here is a recent personal experience of mine that demonstrates this truth of life.

I was conducting a training session in a conference room for 14 participants at a Logistics company in the port city of Long Beach, California. Things were moving along quite smoothly.

But then towards the end of the session out of the blue a higher up suddenly arrived on the scene and suggested altering the direction of the instruction. Though initially put off by the radical change in the agenda, I soon went along with and embraced this very different direction of things.

Despite my earlier fears and misgivings, suddenly everything started moving to a higher level. There was more energy and enthusiasm among the students; more involvement and participation; and more practical accomplishment at each step of the way. By the end of the session, nearly everyone was practically dancing on air!

The class had risen to a much higher level because I had given up my trepidations about the unknown, cooperated fully with the change in the flow of events, and as a result life responded, as we were carried on a wave of great success!

Lack of Organization in Life

Lack of organization - whether personal or societal - creates so much needless suffering in the world. Here are but a few examples:

- Safety suffers when improper things are held in the wrong place or are otherwise disorganized
- People have accidents or take to illness because things are not properly organized in the home
- Wastage of resources, like water, electricity, etc because systems are improperly distributed, organized.
- People lose jobs, money is lost, etc because companies have any number of deficiencies related to the organization of activities, systems, manpower, projects, operations.
- Because our schedules are disorganized we create needless suffering for ourselves and others
- Breakdown of public systems occur because of improper maintenance, attention due to lack of organization such as poor planning, bad scheduling, etc.

Organization and Consciousness

Sri Aurobindo indicates that Organization is Consciousness. The greater the organization, the greater the consciousness. The greater the consciousness, the greater the organization. This applies to the individual or the collective.

Eg. as we as individuals become more conscious, we in essence organize our Consciousness at a higher level. That includes such things as-

- the right organization between our thoughts, feelings, and action
- the right organization between our health, well-being, food, diet, exercise etc
- the right organization (balance of life) between our personal life and work
- the right organization between what is required of us in the world and our coordination with that intent
- even the right coordination between our soul's aspiration and our own individual goals in life

As we become more self-aware, we consciously organize the various aspects of our being, our life to a higher level, which translates as higher consciousness.

Incidentally, efforts of greater organization -- such as taking to higher levels of cleanliness, orderliness, systemization, etc. -- tend to quickly evoke positive conditions from life. It is because such movements are expressions of higher consciousness.

Not Yet Titled

We are each RIGID, FIXED in our own unique way. Identifying such qualities as they arise in our nature, letting go and allowing for change, while offering it to the Higher Power puts us squarely on the road of personal progress. Also, by giving up that rigidity, fixidity, the world opens up in its wake.

Comment: Ways we can be rigid:

- We don't want to be bothered and taken away from what we are doing. (the routine)
- We don't appreciate the involvement of others. We'd rather do it ourselves.
- We don't want change from the way we planned things.
- We hold to our point of view and opinion no matter the contrary evidence.
- We insist on our point of view alone. We ignore or disdain others' opinions
- We repeat the same viewpoint over and over insisting on our position.
- We believe in our own tradition, religion, etc. alone, and are closed to an infinite variety of other positions, aspects.
- We insist our children should do things a certain way.
- Since this was helpful to us in past, we insist it has to be helpful to others.
- We are unwilling to take to higher levels of organization - eg cleanliness, orderliness, non-wastage, etc. as the old habit persists.
- We do not want to budge an inch in negotiation.
- We demand to raise our children as we were raised, physically and psychologically.
- We don't appreciate it when others make suggestions for improvement.
- We think our generation is the best, and the new ones are a degradation.
- We insist on our cultural ways, social, artistic, musical, etc. - deploring new changes in the world.
- We insist that because things went a certain way in the past, they will continue to do so in the future.
- We are intolerant of new ways of thinking.
- We do not appreciate when someone suggests a different way to accomplish a task or resolve a problem.
- We insist that things must be done "according to the rules" and no other way.
- We expect others' allegiance to authority without exception.
- We are bothered by any change in the plans, whether it is caused by life circumstance or someone's suggestions.
- We want to follow the agenda without deviation.

-Others?

Not Yet Titled

Complaining about someone is in one sense not truly loving them. And yet withholding complaint - down to the level of one's feelings - can stir the seeds of Love.

Not Yet Titled

The Divine Intent is for the Creator power of the Infinite consciousness to be in the hands of each individual. Each person becoming the Ishwara (Creator) in their own unique way is the intent of the Divine, enabling an infinite-like human existence.

The Key to 'The Book'

The key and "hook" to the story presented in Garry Jacobs' epic novel 'The Book' is that the MAI team has created an artificial intelligence system that is capable of making recommendations to solve any known problem in the world. As a result of its astonishing success in doing precisely what it claims, the world embraces it in full.

And it is able to solve any difficulty on earth because its logic and source wisdom is based on a long-lost BOOK that contains the most profound knowledge of existence ever devised by man. That book is actually 'The Life Divine' by Sri Aurobindo and the endless extensions of it by Sri Karmayogi and others, though it is not identified as such in the novel.

Not Yet Titled

Restraint from pursuing the object of desire tends to attract it in one form or another

Not Yet Titled

Sri Karmayogi has revealed hundreds of profound principles of life, including countless ways to evoke the miraculous. We, or rather the entire world are indebted to Appa for his extraordinary insights into the nature of existence and his tireless efforts to express the infinite ways we can evoke sudden good fortune. It is a knowledge that when implemented has the capacity to change the course of human life on earth.

Not Yet Titled

Meddling in other's affairs, even with the best of intentions negatively compels one to meddle some more, resulting in alternations of emotional highs and lows that invariably lead to disappointment.

Not Yet Titled

The Divine's purpose and goal is to manifest or realize some aspect of its Infinite power and glory in each individual, to give birth to the Divine in man. (MSS)

Not Yet Titled

We each possess the creative power of the Infinite to manifest Infinity in our own lives. (MSS)

Not Yet Titled

One deep, sincere, heartfelt apology can set a series of positive developments in motion.

Reader: wow, just now , i said apology to my house owner. Let be briefly explain, I stayed in a room which was vry comfortable. he askd me to move to a small room so that he can fetch more income from the big room. initially i said it is not ok for me, then I remembered the quote "Accept the given life puts

before u". after shifting, now i went & told my apology for saying no to him initially. After the meeting with him, opening my fb , msge related to that act

Response: Nice Kosalai.

Apology unburdens us from the previous recognized false or limited attitude or action, and has a power to respond in reverberations. Eg your synchronicity to my message is yet another reverberation of several from the same apology I made several weeks ago.

Not Yet Titled

As soon as you think positively with affection, i.e. appreciatively about anything, such as something wonderful in your past or present, instantaneously more if it may appear before you, even though you've seen or heard nothing of it for weeks or months on end.

Not Yet Titled

Restraint from correcting another on a minor point is a sign of culture, i.e. cultured behavior.

Reader: Roy sir, thanks for sharing the message. i used to always correct others minor mistake . Will correct myself

Not Yet Titled

We gain the Creator's (Ishwara's) infinite-like power to create by connecting to our True Self (psychic being) within and from there calling in the Supramental Consciousness and Force

Not Yet Titled

In one sense, life and its outcomes is about the shattering of one's Ego and the Purification of one's being.

Not Yet Titled

People ferociously hold onto their political and social views, with little scope for change. In that way Truth becomes a victim.

Not Yet Titled

Before explaining something to someone, make sure you have their attention. Otherwise your effort may prove to be in vain.

Not Yet Titled

One interesting phenomenon is that when you think about a particular attitude or value or virtue, suddenly out of nowhere the one person out of dozens of friends and colleagues who most expresses or is associated with that quality suddenly appear in your life!

Not Yet Titled

The more you get aggravated about a matter, the more likely it will re-present itself in future.

Not Yet Titled

We believe Consciousness occurs exclusively through the evolution of human beings. And yet consciousness was there before the universe existed. We are not only late to the cosmic party, but think we are the party, when in fact it has been going on Forever.

Not Yet Titled

The Divine has surely blessed America. If only she can rise to the occasion.

Creating an Endless Stream of Interest-Induced Response

If you take a serious interest in something, you tend to quickly attract more information about it from out of nowhere. If you then take an interest in the miraculous-like iteration result, you will tend to suddenly attract yet another response directly related to it! And so on ad infinitum.

In this way, on any subject or matter, you can attract an endless stream of knowledge or other useful result related to it, without having to take any outer action.

Example: A man associated with an individual who had a very unusual quality. It was a fascinating and interesting experience for him. When he then left that individual and turned on the radio of his car he immediately heard discussion about a person who had this exact same unusual quality. The chance of that happening seemed one in a million.

But there was more. The next day he told a friend about this startling response. When he then pulled out of his driveway in his car, the first person he saw once again had this same very unusual quality!

He thought that the chances of this triple happening were a hundred million to one. Instead it was one to one to one!

He understood that through continued interest in a matter and its responses one can continue to evoke response on that issue ad infinitum.

Not Yet Titled

The Truth of the Absolute, including Its attributes and values is constantly translating itself into the Relative at every moment, in every event, in everything that happens. (paraphrase of MSS)

Not Yet Titled

Everything is part of the movement of Evolution. Nothing is outside it.

Not Yet Titled

The aspects, values of the Spirit, the One - i.e. Peace, Silence, Truth, Knowledge, Goodness, Beauty, Love, Joy Timelessness, Infinity - are progressively emerging in the unfolding of the Many. This is what we mean by the Evolution. And it is through our higher Consciousness that we collaborate in this process and help bring about the evolution.

Not Yet Titled

While Silent Will is a great inner power to evoke response from life, Karmayogi asks us to give up our will entirely, which is of Ego, and substitute the will of the Divine, Mother, the supramental Force. I.e. take to Consecration. (paraphrase of MSS)

Not Yet Titled

Knowledge is involved, absorbed in ignorance; consciousness in unconsciousness; life in matter; mind in life; and spirit in mind, life, and matter. Through our elevation of consciousness we help awaken the involved higher in the lower, enabling it to emerge on the surface. In that way we participate in the evolutionary process.

Not Yet Titled

Ego expression now means pain - psychological or physical - up ahead.

Startling Simultaneity on a Working Contract

A consultant friend of mine had been working for a contractor providing management advice for the client, including the development of a plan for its future expansion. However, the consultant had not asked for any payment in return for his efforts. One day he decided that this was no longer feasible and prepared a contract where he would receive a monthly stipend of \$500 for his efforts.

At the very instant he completed the contract and was prepared to tell the contractor of his new financial arrangement, the consultant received a call. It was the contractor, who proceeded to explain that he was writing checks for his vendors and employees and thought that it is only right to start paying the consultant for his business. He decided that \$500 a month was a proper figure. So on the phone call the contractor informed the consultant that he would like to implement this new arrangement.

The consultant was dumbfounded! The contractor had decided to take an initiative that exactly matched his own, even though the contractor had no idea the consultant was doing the same, or even interested in wanting to work on a payment basis! In other words, they were exactly in alignment on their intention though neither knew the other had any intention in moving in that direction whatsoever. Plus the amount was exactly the same! Not to mention that the incoming call from the contractor came at precisely the moment the consultant finished writing up the contract.

How could this amazing confluence of events have happened? When two people are deeply on the same wavelength in their normal interactions, such astonishing synchronistic events are made possible. From another perspective we know that many of our thoughts originate elsewhere, and that we are often expressing the thoughts of others, even though we think it is our own. In that way each side was picking up the thought waves of the other. As a result of these inner cause, two parties aligned in a way that seems utterly impossible, but actually did happen. A perfect confluence of objectives in space and time had taken place, all emanating from within.

One other point. From the side of the consultant, it was the very best thing for him to ask for payment. He was at a point in his life where he could not afford to work gratis. And so when he made an effort of psychological strength to ask for payment, he attracted that very thing instantaneously from the contractor.

And what of the contractor? We can only imagine that the contractor was expressing a higher value to compensate someone deserved of it, rather than continue to accept the consultant working on his business for free. His concern for the consultant attracted the fact that the consultant had actually wanted the same arrangement, though now the consultant hardly needed to the compensation as it was already a done deal!

Not Yet Titled

People want to be blessed by Gods and receive their boons. Too bad they don't have the same aspiration to rise in Consciousness, which is what the Gods really want of us.

Not Yet Titled

The advent of open-minded Pope Francis is yet another movement away from the strictures of religion and toward the individual's multi-faceted experience and realization of the Spirit in life.

Comment: In the 60s and 70s Mother worked inwardly to try and change the Catholic Church; away from its narrow-minded dogma. She felt this reversal would provide a more solid base for enabling a New Consciousness to emerge in the world. (Perhaps Francis's emergence is a sign of Her efforts.)

Not Yet Titled

Forgetting, even if it is out of unconsciousness, helps the Force to act. (Sri Karmayogi)

Comment: When we are too attached to a difficult situation, we energize the problem. By detaching from it psychologically we allow the Force to move into play and resolve conditions. Consciously forgetting is a further step still; where there is no mental or emotional interference to the Force. Even memory of it is gone. Also, even when we unconsciously forget the issue, the Force will act, as it too is a form of non-interference.

Not Yet Titled

My aspiration is to have no resistance to what Life, the Divine wants of me.

Reader: path of least resistance

Response: Yes exactly!

Physical Objects are Conscious

Mother's Service Society teacher Garry Jacobs recently had a very interesting experience that he narrated to his monthly audience. He told the group that he regularly used two computers; one for normal work and another for travel. He then said that recently one of the computers started malfunctioning. As a result he had to give it attention in order to fix it. However, soon after, his other computer suddenly stopped working properly as well!

Needless to say, he started wondering what was going on. However, being a very conscious individual he sensed that the situation was no mere coincidence.

When he then brought up the issue to his teacher Karmayogi, Appa told him that the reason the second computer stopped functioning properly as well was because it was jealous of the attention Garry was giving to the first one!

We are here reminded of the fact that seemingly inanimate objects really do have an Essence and Being, and if we're in touch with It, we can bring out the best in that object. We can even learn to become sensitive to the subtle relationships they have among themselves!

Activities for Remembering Mother

A standard operating procedure for a devotee is to try to remember Mother before any activity, such as-

- before a meeting
- before engaging the client
- before conducting the class
- before preparing the meal
- before the show begins
- before the social reception
- before the match or game
- before the swim or other athletic activity
- before reading the sacred book
- before using the computer
- before explaining the idea
- before asking a question
- before closing the sale
- before going to sleep
- before rising up to meet the day

The result will be constant positive outcomes, and a new orientation and way of living. A liltling, enchanting, deeply enriching, never-ending life of Joy.

Reader: Also before speaking in general...this gives an opening in the vital.

Response: Yes

Subliminal Openings that Shape Our Lives

The Subliminal being is the inner consciousness that guides you in life, often opening up doors to the unexpected, fulfilling conscious or subconscious intentions.

Eg one day you feel compelled to go to a spiritual center. When you arrive there you simply want to enjoy the experience. Instead someone greets you and tells you about an opportunity that will change the course of your life. Your subliminal was open to the universal. the superconscient that knew of your deepest aspirations and how to fulfill them subtly urging you to take the action to go to the center.

Not Yet Titled

If you don't have an inner life, a spiritual life, but only a psychological and emotional and mental existence, you are missing a great piece of the puzzle for attaining true happiness and fulfillment. In fact, we ordinarily place spiritual life last, but it should come first, enabling ultimate fulfillment at each of the other planes of our being - mental, vital, and physical.

Not Yet Titled

Shift your consciousness from wanting to personally succeed to wanting success for your company or organization. By moving to a wider plane of existence, both you and the collective will tend to experience powerful positive response from life.

Not Yet Titled

A photo I took today of a Blue Dawn flower, very similar to Morning Glory.

The Mother had given the spiritual significance of many flowers. The meaning She has given for this flower:

"Artistic Taste

Is pleased with beautiful things and is itself beautiful."

... and a paraphrase of a poem/song that has been in my mind for many years that relates to the Dawn:

"Who among you who has not laid his head upon some Holy Awning would have dreamed that such a tortured evening would bring such a Glory Morning."

Comment: Mother used to say in Agenda that tending to and interacting with flowers was the one thing that gave Her "pleasure" in life.

Not Yet Titled

When you consciously hold back from doing something you would like to accomplish, others tend to step forward and do it for you.

Supramental Creation Power in Our Hands

Sri Aurobindo discovered that the supramental Truth Consciousness enabled the universe to emerge from a Divine source. From the ethereal realms, He then concentrated that Force, and then the Mother called it down fully into the earthly realm in 1956.

Now that power is available to each of us, so that we too can evoke the infinite, on-demand, as instantaneous miraculousness.

It is in fact the destiny of Creation for each of us to become infinite Creators just like the Infinite Divine Source.

Not Yet Titled

Continually opening to Mother - to the supramental Truth Consciousness and Force - is the only method one needs to follow to live an ecstatic and abundant life. Other approaches may get you there, but you will likely have to go down a long and winding and often painful road. Mother's is the Sunlit Path of instantaneous miraculousness.

Not Yet Titled

If you consecrate someone else's upcoming important event, you will help evoke positive conditions for them as well.

Walt Disney's Great Effort and the Response from Life

Often when we make a monumental effort in one area and do not produce any tangible result along that line, we create a wholly unexpected positive outcome in another area.

I was watching a detailed biography of famed cartoonist and mass entertainer Walt Disney. At one point early on in his career he came to New York City to try to obtain funding for a new innovative cartoon series he had produced. He met with utter failure in raising capital, though he did manage to secure a theater where he could present the series to the public. It seemed only a slight salve to his disappointment.

However, the series (the same one he failed to get funding for) received glowing reviews from several critics who attended. As a result his career suddenly blossomed and he was suddenly launched into the mega-successes that changed the course of entertainment history.

It just shows that making an all-out willful effort to achieve something will always attract results, though it may not be in the way or from the direction we expected. In addition, the result that comes by making that exhaustive effort often comes through a small opening, rather than the obvious, showing that the tiny, the finite can be an opening to the infinite potentials of life.

Recent Historical Context of Life Response

Historically I found it interesting that just as I was completing my book 'The Miraculous Phenomenon of Life Response' and Garry Jacobs was completing his novel 'The Book,' which covers Life Response and much more, the film/book 'The Secret' was released, which is essentially life response as well. This all happened circa 2007.

I was very surprised when The Secret arrived on the scene, even taken aback for a few days; but then clearly felt that this new global spiritual phenomenon came in one sense as a response to Garry and my efforts, which itself a product of Karmayogi's untiring devotion and revelation of life response philosophy and practical application over the last 50 years. (which itself a product of Sri Aurobindo's revolutionary spiritual realizations now beginning to take root in the world.)

There is yet another point I find interesting. It is that the Global Financial Crisis came almost precisely in the footsteps of our three literary releases. We know of the principle that as soon as something of a higher order or consciousness arises in the world, a countervailing force immediately takes root to oppose it. With a great opening to life response/power of attraction revelation for society, a near catastrophic financial development, based on human ego and greed came for the purpose of negating the chance of this New Power to take root in the world.

And yet we also can philosophize that this great negative development came about for the purpose of forcing society to take to higher values related to finance, economics, social stability, human unity, etc.

With that in mind, let us see what further developments await us through our dramatic experiences of life response phenomenon, even as people's awareness of it continues to slowly (or quickly?) spread throughout society.

We can especially experiment by utilizing the Supramental Power, Mother's Force to bring about ever-new unfoldings of instantaneous miraculousness in the worlds. It can be an exciting, a spiritually thrilling time all around.

Not Yet Titled

As soon as you lower your resistance to a suggestion, life opens up with new possibilities. Until then one is locked in at the current plane of belief.

Not Yet Titled

Debates between two parties are often simply about not understanding one another as much as disagreement on a particular points of view. When we are immersed in Ego and are not listening or caring about what the other person is saying, we tend to fortify mis-communication. Truth and Knowledge then take a back seat to the negative waves of our emotions.

Return Trip & Miraculous Power Of The Force

We have continually witnessed the power of the supramental Force, i.e. Mother's Force, to quickly set right the conditions of life. In a recent episode, I experienced this phenomenon at work multiple times in succession, defying all human logic and possibility. Here is my story:

I was scheduled to do a training class at a major corporation in Sunnyvale, California in the heart of Silicon Valley. I had to fly up from Southern California to the San Francisco Bay Area late one evening, rent a car at the San Francisco Airport, drive to the motel in Sunnyvale 38 miles away, get up the next morning and do the class, and then in the latter afternoon begin my return journey to Long Beach in reverse order. Considering the fact that the highway system is now completely jammed in Silicon Valley these days because of the boom there, it was a daunting prospect. A 30 mile drive could take over 2 hours or more during rush hour.

As it turns out, my trip from Long Beach to the Bay Area, though somewhat intense, went smoothly for the most part, more or less as I expected. However, the trip back was a different story. It was filled with adventure, the unbelievable, and the miraculous. Here is what happened

I knew the return journey would be difficult, as I was going to be driving in the midst of the rush hour from Sunnyvale to the San Francisco Airport. However, I caught my anxiety, detached from focusing on any particular outcome, and consecrated that upcoming trip.

My driving strategy from Sunnyvale to SFO was to avoid the two main highways going south to north because they would likely be jammed. Instead I decided to take the El Camino Real, a 50 mile long street that runs all the way from Silicon Valley through San Francisco. Often in the past when I lived in the Bay Area I used it as a shortcut to get back home. I called it "a slow boat to China," but at least it moved. And yet I knew in the back of my mind that these days in this latest Silicon Valley boom even this 3rd or 4th choice of passage, the non-highway El Camino, could be log-jammed. Still I remained positive. I also had my map app on my smartphone to inform me where the log jams were appearing on the El Camino in real time.

And so I left the client's facilities in Sunnyvale ~4:20 pm and headed over to the El Camino, with its endless shopping centers, motels, residence, etc. So far so good as I steadily navigated through the towns of the "South Bay." However, after a short while I realized that I was moving forward in fits and starts, which was verified by my Smartphone Maps app red-dotted street indicators. I also discovered that there was the possibility of a big rain storm hitting, which I actually took as positive as it could put out the fires raging north of San Francisco.

In any case, I remained calm. And yet an hour into the ride I realized I was only half way to my destination, and there was a legitimate chance that I wouldn't make the 7pm flight. Also there was the possibility that the storm would cancel the flight anyway. Though I was ready to inform my roommate down in Long Beach of these possibilities, I held on and kept silent. I continued to consecrate in the back of my mind.

Now here is where the story gets interesting. Time for the flight is ticking down. After two hours on the El Camino I got off the street and drove over an overpass that took me to the extremely busy Hwy 101 heading directly for the airport. Was the highway also going to be jammed? Fortunately, it turned out not to me. Another good sign. I then drove a few miles and came to my first stop; the car rental area where I had to return my rented vehicle. When I arrived on the 3rd floor, there was a big backup, and I was all the way on the back. However I remained calm and did not emotionally react. Then suddenly out of nowhere a check-out attendant greeted me and quickly processed the checkout of the car. That was a startling change, I thought! Actually, I was amazed, yet subtly tuned into the fact that the Force was behind these outcomes.

But now I had to get to the airport via the AirTram, the overhead driverless rapid transit system that went two miles or so deep into the airport terminal system. At this point I recalled the vast effort I had to make the day before upon arriving at SFO; the exhausting situation; the fact that I had to stop every few minutes because of the strain; and now once again my bags were getting very heavy. With these

thoughts in mind, I felt even more exhausted and barely had enough energy to walk to the escalator still 100 yards ahead. And so I stopped in my tracks, and then took a deep breath.

But then I quickly noticed that there was an elevator that could take me more easily to the AirTram above me. I pressed the button and hopped in. When in the elevator I immediately encountered a young, friendly, well-dressed young man leaning on his luggage cart containing his own baggage. I asked him where one could rent one of these and he informed me that it was actually free, provided by the airport. "I could really use one of those right now" I thought, and I could see he had the same idea in mind for me. We then got off the elevator and began to wait for the AirTram. However, within a few seconds the young man pointed to a single, lone unused luggage cart on the platform that was almost directly in front of me. Needless to say I immediately grabbed onto it. Wow that was incredible, I thought! No more schlepping my luggage to the far end of the huge airport. Not only had the baggage been heavy, but the weight was slowing me down, as time was ticking away and the departure of my flight was imminent!

A moment later I hopped onto the futuristic-like AirTram that circled the airport, and two minutes later I was getting ready to exit at the International terminal. As I was getting off I looked to my left and there was the young man who pointed out the cart now winking at me as if to say "I am happy to have found the cart for you and good luck the rest of your way!" As I wheeled the cart through the terminal I thought about him as a kind of guardian angel: the wink and smile he gave me being the confirmation. It was yet another opening of light on this dizzying path toward my goal; even as time still seemed hopelessly stacked against me.

But now before I could get to the end of the terminal which was still a long distance, I had to get through security! Again I wondered how in the world I would get to the flight in time. I imagined that it must be lining up for departure now, etc. However, I still kept my faith; and so far, in the past half hour or so, life had cooperated fully.

In the past when I went through airline terminals I had special privileges to move through TSA security rather fast. Recently I had apparently lost those privileges. And so as I approached security, I prepared myself for a long wait at the back of the line. However, when the guard looked at my ticket, he waved me through for fast processing, enabling me to avoid any long line. Not only that but I was the only one at the checkout, plus the security requirements were next to nothing! This all seemed just too unbelievable; yet I knew the Force was working for me in every conceivable way

After less than two minutes of security check - by far the fastest I had ever experienced - I was on my way to the end of the international terminal; past British Air, Japan Air and dozens of major airlines. Yet my airline, JetBlue, was a domestic carrier, the only one in the international area. Plus it was stuck at the very back of the International departure gates! Life was surely testing me to the limit. However, now with the baggage cart I could move more rapidly, and in conjunction with the people-mover I was now gliding toward my destination. Still I wondered if the plane had fully boarded and I would be left out.

When I arrived at the very far end of the international terminal, I was able to make out the voice of the announcer at my gate, and he seemed to be indicating that boarding had begun for my flight. I had apparently made it; and just barely in time! Life had in the last half hour or forty five minutes magically cleared a path for me. It could only be the result of the spiritual Force to create these wonder of wonders when life seemed so stacked against me. Consider that-

--I was stuck on the El Camino with less than an hour to my flight, and suddenly things opened up when I veered off and got on the highway leading to the airport

--When I arrived to the car rental it looked like a twenty minute wait with many people ahead of me, though it turned out to be just two minutes

--When I was exhausted and thought I had to drag my heavy bags to the escalator far away, there was suddenly an elevator before me to help me more easily get to the AirTram.

--When I thought I would have to carry my heavy bags to the far end of the international terminal, a man appeared on the elevator with a cart and then pointed out an available one that helped make my day

--When I got to security check out which normally takes 15-20 minutes, it happened in just two.

--I sailed through the very long terminal with the aid of the cart and a fast-moving sidewalk trajectoring me rapidly forward, enabling me to arrive in the gist of time.

Life had cleared the way at every point. It had cooperated with my faith that was the guiding light at my side. It became an occasion for one miraculous-like event to dovetail into the next in a symphony of the Unimagined.

As I shook my head on line for departure of my flight, I took breath and recognized the magic carpet ride I had just been on. "Wouldn't this make for a fine life response story?" I thought to myself as I handed the pass to the attendant to step into the plane that would now take me home.

Comment: (from a reader)

The beauty of that is, all that various circumstances you have faced like traffic, car rental and so forth needed to synchronize in order to achieve the outcome.

On one side it is a constant reminder of keeping up the consciousness, not to react to the resistance or attached to it in one's vital emotions, and most importantly consecrating and keeping Faith in the Mother which enabled that incident to progress forward.

From another side, life administers a mini-test, and we may continue to progress by keeping up the consciousness, or we may 'hold' at any point.

Also, we may consciously decide to experience miraculous unfolding of events and experience the delight of unfolding. It's human choice.

I think, your conscious decision made the people you interacted with align subconsciously to achieve the final outcome. And the most beautiful thing about that part is that you narrated this in such detail with patience; I believe that will help all of us understand the process!

Comment: "A great day and a great lesson!" (Garry Jacobs)

Not Yet Titled

People may be bothered, irritated by a small kind gesture towards another that e.g. causes a slight delay. However, if they have the patience to look around, they would see the positive benefit that soon comes as a response for all parties, including themselves.

On the other hand, the conscious individual who appreciated the original caring gesture of another will have the pleasure of partaking and enjoying the positive response that comes about. Through that process he has now also developed more inner awareness and power to pass such goodness along.

Not Yet Titled

Movies, serial videos, and the like are increasingly becoming the Literature of today. Global contributions are only accelerating this development.

Not Yet Titled

Long term initiatives that seem too far in the future to care about often turn out one day to be your saving grace. That is why we should care about and feel gratitude for every planned development that will affect our lives.

Life Response and Coincidence

Q: How do we know that what we are calling "Life Response" isn't just simply Coincidence?

A: One reason is that in life response you can consciously be evoking the response. E.g. if you know that changing a bad attitude can overcome a problem or otherwise bring good fortune, and you consciously make the decision to change with the idea that something good will happen, and then a minute alter something does, it is surely not Coincidence. It is more like science, with cause and effect very clear.

Also we have systematically examined these life response incidents, and the laws that govern them, and the principles seem virtually infallible when followed.

When we truly perceive the interconnectedness of life, including at the subtle level, then we see what others call coincidence occurs through a perfect, infallible causality; not the randomness of coincidence.

Not Yet Titled

We keep relying on our own capacity, which is minuscule, limited, finite, instead of depending on the Divine Capacity, which is Infinite.

Not Yet Titled

For the Divine Consciousness, the negative is just as important as the positive for the movement forward; maybe more so.

Not Yet Titled

Often Life requires you to spend certain funds before fresh, new ones can arrive.

Widening Perception of One's Limitation

It is one thing to change one's behavior because the boss wishes of you in the working context. It's another to take what your superior says and see how it pertains to related aspects of one's life, and then change from there. That brings a result far beyond anything the manager or yourself might have imagined. Infinity-like results can now break out - for you, your personal life, and the organization you are working for.

Romantic Adventure as the Marvel

All life is a romantic adventure. Every person, circumstance and event life presents to us is a complement that comes to us for our growth. When we meet life with this attitude, it reveals its ultimate secret as the marvel. (MSS)

Perceiving the Utility of All is the Marvel

The Marvel as revealed in Sri Aurobindo's *The Life Divine* is the capacity to perceive the Reality, the All. It is to perceive the necessity of all things in the unfolding. In this way we can look out on life and see that everything that is happening to us - positive and negative, big and small, pleasurable and painful - is necessary for our progress. To engage life this way is to perceive the Marvel and to participate in the Adventure. It is the romantic view of life; Romance itself.

Not Yet Titled

If someone makes a claim whose content is counter to your interests, it is best to remain still and not react. The opposite to that report is likely to soon present itself.

Beyond Faith in the Material

We place much of our faith in material solutions to a problem - e.g. a doctor's pills, a mechanics tool, etc. But the Force picks out exactly the right material, as well as subtle, non-material solutions that solve it. It is because the lower, physical consciousness dominates us, compelling us to have faith in material solutions alone that the surface mind perceives as worthy. In that way, we are more like the instinctive animal than the evolved, supremely rational person, let alone the spirit-oriented individual.

Other Books by Roy Posner:

The Miraculous Phenomenon of Life Response

A New Way of Living

Analysis of Sri Aurobindo's The Life Divine

Essentials
The Journey